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JUDO

INCORPORATING BRITISH JUDO ASSOCIATION NEWSLETTER

Price 45p

October/November 1977



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THIS MONTH'S FRONT COVER
Brian Jacks during the 1973 Southern Area Championships at Crystal Palace.
Notice Brian's total commitment to the uchi mata.

Photograph by David Finch

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JUDO

OCT/NOV 1977
VOL. XV No. 2

Published by JUDO LIMITED, 28, HIGH STREET, TOOTING, LONDON, S.W.17

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ALL ENGLAND JUDO CHAMPIONSHIPS

1st October 1977

For many years Scotland, Wales and Northern Ireland have had their own championships but it was only last year that two English Area committees got together and organised the first All-England Judo Championships. The first was so successful that the event just had to be repeated again this year and in a marvellous effort of co-operation and co-ordination Northern Home Counties and London staged an event so spectacular and attractive, it would be difficult to surpass by any national standards.

The number of competitors who entered equalled that of a British championships. The event was sponsored admirably by Philips who by their support were able to lift the event to a totally attractive level for both spectators and competitors alike. But the added bonus must surely be that BBC Grandstand, for the second year running, saw fit to bring the event into our homes a few days later with a perfectly suitable presentation—something that we have not yet been able to achieve for a full British event.

Just weeks earlier, the senior British squad, after a gruelling week's training at the Royal Marines camp at Plymouth, had been told on the last day that the main event for which they had been training—had been cancelled. Unlike the In-

ternational Olympic committee one year earlier at Montreal, the International Judo Federation refused to bow to political connivance, and because Spain who were to host this year's World Championships, would not issue visas to competitors and officials of the Republic of China, Taiwan simply said '... all countries take part—or none at all'. The Spanish Judo Federation, no doubt under pressure from their government, went back on the word given earlier that all countries could take part, and so destroyed so many years of admirable work promoting and supporting international judo competitions. I doubt if an international event will ever be held there again.

The Olympic Team Managers needed an event for the squad they had honed to international perfection, and the All-England event was the saving factor, at least most of the squad would qualify and could unleash the benefit of that training.

We saw some first class judo with some surprising and exciting results. The prizes supplied by Philips for the winners must have surely been a great incentive. Though modest by comparison to other countries and well within the Olympic maximum for value, the radio cassette recorders were a glittering goal to the eager eyes of the prize-starved English competitors. Organisers are usually tempted to spread the value of prizes amongst the medal winners. But shrewdly, the organisers of this event, decided that the sum total of the prize value should be received by the hands of the gold medal winners only. Thus ensuring that right up to the final second of the last min-



Bill Ward (London) defends against an attack by Mike Piggot also of London.

ute of the final contest—there would be out and out competition. And such was the case in every final which had resulted from a fine competitive day of judo fighting.

Of the seven new weight categories the Under 60 kgs event was first of the finals. This was a classic contest between the experienced veteran and the teenage lion. Twenty-nine-year-old Tony Wade and seventeen-year-old Martin Marcroft, both of Southern Area, met to do battle with no quarter given—subject to the IJF rules of course! The contest opened with promise of a lively bout. Tony scored first with a drop seoinage scoring koka. Attacking with the same technique again, Martin was stung to action and attempted harai-makikomi which did not score but took them both to the ground. On his way to the final Tony had already set his stamp on the seal by beating the hot favourite Keith Cannabby of the Midlands. In the groundwork sequence that followed

Martin secured a hold which was broken at nine seconds, but even then Martin pressed home his advantage and very nearly secured an armlock. Good stuff this and plenty of action. Tony however was far from giving up and continued to attack with sukui-nage which took both of them off the mat and resulted in an unfortunate injury to Martin. This attack brought Tony to another koka score but it could not have been much satisfaction to him as minutes were spent as 'Doc' Kingsbury once again worked miracles—this time to Martin's knee. At times Tony was clearly the winner, and what a winner. He certainly had earned the accolades that followed. The medals and the handsome prize were presented by Michael Wallbridge of Philips.

In the Under 65's Tom Wynter, a member of the British squad scored in the early seconds with a seoi-otoshi which proves the old adage, 'the man who gets in the first

Report by

TONY REAY

Photographs by

DAVID FINCH



Brian Jacks recently remarked that he is now enjoying his judo more than at any time during his career because he no longer has any international pressures.

punch is the winner'. Tom went on to wrap up the match with a firm *osaekomiwaza* on John Howe. The medals were presented by Alan Zip-puere, Ex British International and in the early fifties Development Officer to the British Judo Association, who incidentally both designed and cast the medals that were being presented, which just goes to prove that the 'old uns' are still around and still doing their bit for the firm.

In the Under 71 category Neil Adams set the centre alight in the opening seconds with a brilliant *uchimata* scoring *waza-ari* against Kirk Isichei. However, Isichei from then on proved to be a very difficult opponent indeed, a left-hand defence and playing the edge to a really fine art, so much so that at one point the referee and judges just could not decide whether or not he had stepped out of the area. He was so clever in fact that the referee indicated to Neil that he wanted to

see more action from him when it seemed that Neil was really doing all the attacking. At time Neil most definitely was the winner but one was left with the feeling that Isichei had just never heard of Neil Adams before and had just marked his card as being just another opponent he had to deal with. The medals were presented by yours truly who was called upon at the last moment but nevertheless—I felt greatly honoured.

In the Under 78's I suddenly realised that the Team Managers have been really working on a fault that was apparent up to a few months ago with our lads—(see my report on the Coventry International). Right from the word 'go' this time they were coming out attacking. Such was the Vass Morrison/Chris Bowles battle. And what a battle this was. In this battle Chris certainly proved to me that he is well on his way to exceeding his former glory.

We all suffer set-backs and I think Chris has lived through his particular problem—but in coming back upon the scene Chris has acquired a certain new quality. He certainly gave the experienced Olympic team man a run for his money—and the Philips radio/recorder. It was only the immense strength of Morrison that got him out of trouble when Chris seemed to have the perfect hold. Relentlessly Chris chased Vass around the mat after this episode. Vass simply hung on by his fingertips and was a very lucky man indeed to get the decision. In my book Chris won this contest—but then—probably that's why I would never make a good referee. Having said that Vass proved once again that experience really does count and he was a worthy winner.

Where would British judo be without the incredible Brian Jacks? A great welcome was given him as he stepped onto the mat for the final of the Under 86 kgs. In his first contest of the day Brian had sustained rib injuries and his chest was heavily strapped. I doubt if Brian in his fourteen years of international judo competition ever found an opponent more difficult than Nicholas Kok-tayo. Brian attacked first with left *kouchigari* scoring a *koka* which was really a harsh judgement in my opinion. Time and again Brian seemed to be 'setting up' his opponent but the chemistry was just not there for the final 'killing'. Knowing he was well in the lead Brian seemed well satisfied and with the bruised ribs was not going to push his luck. We did not see him fully extend himself as we have seen him do in the past. His opponent seemed to be happy to come away from it all content with the knowledge that he had stayed the distance with the great Brian Jacks. Brian emerged as the true winner and he was well received as he stepped to the winner's rostrum. Perhaps the most fitting tribute that day for Brian was when David Starbrook came out to present the



Neil Adams (London) attacks Bruce Newcombe (Midlands) in the under 71 kg category.

medals. When asked if he would present some medals Dave had agreed so long as he could do so for this category.

The Under 95 kgs final was not a very exciting one but the result was a surprise with Alex Ives losing by a *chui* penalty against Glen Waters.

A really great battle was the final of the Over 95 kgs between Bob Bradley and Arthur Mapp. Not for a long time have I seen a heavyweight final so exciting as this was. Bob had beaten some powerful opponents on his way to this final and one of his wins was against Ian Thompson of the Midlands. Arthur looked superbly fit having shed a few stones since joining the army, certainly the army training seems to be doing him the world of good. This was a contest of constant attacks from both men, fast-moving and text-book techniques so rarely seen in heavyweight competition. Arthur's Redbridge fans which in-

cluded the Sutton clan, the Russell clan—several of them national schoolboy champions—were all there to cheer Arthur on and they roared themselves hoarse when he appeared to pull off a classic seionage. However Bob was able to twist out and land on his feet. There was plenty of action between the two of these super heavyweights but it was Arthur who scored with a tremendous counter technique right in the last seconds of the contest. Bob attempted haraigoshi and Arthur was ready poised to pull off a brilliant kosoto variety counter. But even then Bob twisted out skilfully and by so doing was able to limit the score to a koka, however this score—right at the end of a thoroughly good contest—was sufficient to give Arthur the All-England title. Without taking anything away from the other finalists this was without doubt the most interesting final for pure skill

and tactics. Keith Remfry, Manager of the Harrow Leisure Centre and Development Officer to the British Judo Association, presented the medals for this category.

Other medal presentations were made by Roy Inman and Tony Macconnell. The medal results were as follows:

Under 60 kgs:

1. Tony Wade
2. Martin Marcroft
3. Keith Cannaby, John Holliday

Under 65 kgs:

1. Tom Wynter
2. John Howe
3. Lloyd Mentor, John Benamore

Under 71 kgs:

1. Neil Adams
2. Kirk Isichei
3. Bruce Newcombe, Tom Lowe



Under 71 kgs medallist; Gold — Neil Adams (London) Silver — Kirk Isichei (NHC) Bronze — Bruce Newcombe (Midlands) and Tom Lowe (Midlands).



In the under 95kg division Alex Ives (London) wonders how for the second year running he has missed the gold medal. Other medallists were; Glenn Waters (South) gold. Peter Edwards (London) and Phil Knight (South) bronze.

Under 78 kgs:

1. Vass Morrison
2. Chris Bowles
3. David Walker, Billy Ward

Under 86 kgs:

1. Brian Jacks
2. Nicholas Kokotayo
3. Ron Knight, Joe Donald

Under 95 kgs:

1. Len Waters
2. Alex Ives
3. Peter Edwards, Phil Knight

Over 95 kgs:

1. Arthur Mapp
2. Bob Bradley
3. Martin Clarke, Ian Thompson

The organising committee for this event were Peter Bent, John Higgins, Roy Inman and Keith Remfry. The main contest area was supplied by Kayfoam Sports Safety Products. The organisers wish to thank all the players and officials who took part and for helping to make this tournament a memorable and successful event.

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World Judo Championships

by John Goodbody

The cancellation of the World Judo Championships is both a pity for the sport and a justified, and long overdue, stand against politicians, who have increasingly regarded major international events as diplomatically expendable. Of course, it is important that sportsmen should have the chance to compete and in their most important event of the year. But I believe it is more important that for once they should give up their chance of fighting for a vital principle in sport — that all member countries of the International Judo Federation should be able to take part in the championships.

When Spain were granted the World Championships they had to agree to this. However, at last December's World Junior Championships in Madrid, the I.J.F. had to modify their code when the teams had arrived so that the event could continue. They had to comply with the insistence of the Spanish Government that the Taiwan anthem and flag should not be prominent. Because the teams had already arrived in Madrid and because this broke no regulation of the I.J.F. and only modified their code they agreed. Consequently no anthems or flags of any country were displayed.

But as a result of this situation the I.J.F. understandably required assurances that these compromise conditions would again be acceptable to the Spanish Government! However, the Spanish Government further altered these conditions when in the last few weeks before the Senior Championships were going to be staged they demanded that the Taiwan team could not wear their badges nor have the name of their

country (The Republic of China) displayed. Furthermore, when Taiwan applied for visas at the Spanish consulate in Hong Kong they were refused.

Taiwan are members of the I.J.F. Their members have often been prominent in major events and Charles Palmer ranks them as the second strongest country in Asia. Communist China are not affiliated and have never sought to join the Federation. Palmer believes that Spain had signed a trade agreement with Communist China, one condition of which is that Taiwan should be regarded as a province of China and not as a country in its own right.

Palmer after receiving supporting votes from eight of the ten members of his directing committee who answered his cables, cancelled the championships which would have attracted about 50 countries.

This issue, of course, goes far beyond judo. Last year before the Montreal Olympics similar demands were made by the Canadian Government. Since the teams had already arrived in Montreal the International Olympic Committee had to bow to the demands of the Canadians and renounce a basic principle of the Olympics: That the athletes of any country recognised by the I.O.C. may assemble in the Olympic city without hindrance.

Palmer at the time pointed out that the I.O.C.'s decision set a "dangerous precedent" for international sport. He urged the I.O.C. President Lord Killanin to cancel the Games. Subsequently he proposed to the General Assembly of International Federations, of which he is General Secretary, that as repercussion for the Canadians' action in Montreal

there should be no international sport in Canada for 10 years. Although he received substantial support from the other sports federations, he did not get the unanimous vote he required to implement his proposal.

But his action over Barcelona has shown that he will stand in the breach against the continuing encroachment on international sport by politicians. By chance, the day

after the I.J.F. decision, I was speaking to Lord Killanin who compared Palmer to Avery Brundage the former I.O.C. President. "Both refuse to deviate from their principles," he said.

I think that Palmer's action may not only inspire other sports to follow their example but also it is the most valuable move anyone has ever made in judo for the benefit of international sport as a whole.

N. H. C. Area Inter County Boys Team Championship

By Dave Butler

All seven counties entered and were split into two pools with last year's finalists (Essex and Berkshire) seeded into opposite pools. The 1976 winners, Essex, were drawn with Hertfordshire and Middlesex into a pool of three, and Berkshire were with Bedfordshire, Buckinghamshire and Oxfordshire in a pool of four.

In pool A the action opened with Essex v Herts, resulting in a 4-2 win for Hertfordshire who then took on Middlesex who scored a decisive 7-3 win. Middlesex then fought Essex and recorded their second win by 6-2 to finish top of the pool with Hertfordshire in second place!

In pool B, we started with Bucks v Oxford with the verdict going to Bucks 9-1. This was followed by Berkshire recording a 7-2 win over Bedfordshire and then Berkshire again this time beating Bucks 9-0. Bedford v Oxford followed, with Bedford winning 7-2, Oxford then lost 9-1 to Berkshire putting the Berkshire squad at the top of the pool and leaving Bucks and Bedford to decide 2nd place in the last contest of the pool. This went to Bucks who won 7-3.

This made the semi-final line up, Middlesex v Bucks, with Middlesex

winning 6-4, and Berks v Herts with Berkshire going on to meet Middlesex by virtue of an 8-1 win.

The final was a very tense affair with T. Robinson and D. Walker of Middlesex winning the under 30 and under 35 kilo contests. The U40k and U45k contests both resulted in draws and then D. Fletcher pulled one back for Berkshire. However, D. Kavanagh put Middlesex further ahead with a 10pt win. At 60k M. Mercieca and at 65k N. Smith both had 10pt wins to put Berkshire ahead on points. A. White then scored a 10pt win to put Berkshire in an unassailable position and even though J. Gorrie won the remaining contest to make it four wins each, Berkshire took the title with 33 points to 23, thus recording their first win after two years as runners up.

The Terry Adams Trophy and medals for the winning teams were presented by Heather Ford, Silver medalist at the Dutch Open.

Once again I would like to give my thanks to all the officials and helpers including the Bracknell boys and girls who spent most of their afternoon brewing coffee for the officials.

JUNIOR CORNER

Another thirteen year old to gain Schoolboy International standing is Trevor King of Woodford Green, Essex. Trevor was selected recently



for the Schoolboy's International competition against Belgium and being the lightest weight was "first onto the mat" for Britain giving his team a good start with a "koka win".

Trevor has been practising Judo for four years and his medal tally to date is nineteen. Just recently at a grading at the end of a course run by Brian Jacks at Deal, Trevor was promoted to 17th Mon (brown belt). Trevor trains at Tokei Judo Club and the Budokwai five evenings a week and travels to training sessions and competitions over the weekends. His instructors over the five days are: Ray Neenan, Brian Jacks, Syd Hoare, Tony Reay, Neil Adams and Malcolm Hopkinson.

EDITORS NOTE: If you have some-one in your family or practising at your club who warrants being mentioned in 'Junior Corner' send us a photograph and let us know all about him — or her.

UNIVERSITY JUDO

Squad selection and training is being planned on a regional basis during the Autumn Term 1977, by Richard Barraclough Team Manager. Selection is open to current students of *universities, colleges and polytechnics* and to students who will be enrolled for the academic year 1978-79 (having F.I.S.U. eligibility requirements).

During this term selection contests for eligible students will be organised in the North of England for Midland students and Northern students at Manchester on Saturday, 19th November 1977. In the South of England selection contests will be held for Southern students, Oxford/Cambridge and London on Sunday, 6th November in London. Students

from Wales and N. Ireland may enter either but not both of the above selections. Students in Scotland who will be seeking selection are invited to write to B.U.J.A. for information.

For Entry Forms and information regarding the above write, enclosing S.A.E. to B.U.J.A., 17 Moore Park Road, London SW6 2JB.

Fund for World University Judo

A *British Students Breakfall Week* is being organised by the Fund Officer for 7th-14th November 1977. Club officers can obtain the necessary forms and information from Miss Anne Swinton, 20 Battersea High Street, London SW11 3JB.

There will be a prize for the club raising the most money and the student completing the most break-falls.

B.U.J.A. Handbook

Copies of the handbook will be available during early November

They've Got Their Eyes On You

Photograph by
Dr. Ken Kingsbury

and clubs must send their completed application for Membership forms to B.J.A. by the 31st October 1977 in order that current member clubs and officers may be listed. For a copy of the handbook send 50p payable to B.U.J.A. to the address above.



Have you seen these two famous judoka looking at you like this? They are scouring the country for likely judo talent. They are looking for young players with potential who are prepared to work hard and train, who are prepared to devote all their time and energy to get into a national squad. Their aim is to build up a team for the next Olympic Games. Already they are co-opting 'possibles' and probables into the Senior National Squad. People like Martin Clarke of Sittingbourne who has just recently joined the Association. Martin 'had a go' in the recent British Open Championships. He showed great skill and talent but just missed getting into the medals. International competition these days is tough, fast and highly specialised. The two Team Managers, David

Starbrook MBE (Olympic Silver Medallist — Munich and Olympic Bronze Medallist — Montreal) and Tony Macconnell (Ex British International and former Swedish Team Manager) have the vast experience to show and teach Martin those little 'extras' which could make him a winner. Are you one of those people the two Team Managers could be looking at? It does not matter how young you might be — these men are on the lookout. They are travelling around the Areas and judging by the comments of Terry Taylor, Chairman of Western Area they are doing a fine job in cementing closer relationships between the Areas and the national organisation. So watch out — there's a Team Manager about.



DAVID WHITE TALKS TO KEITH REMFRY

White: You were criticised recently by former British Team Manager Ray Ross for not always giving 100 per cent effort in your approach to Judo. Did you think this fair?

Remfry: I was very disappointed in the criticism. No-one is above criticism but heavyweights have great difficulty in training in Britain. There is a lack of opponents of equal status and skill, consequently it is very difficult and one has to compensate for this by doing other forms of training, especially increased weight training. But really there is no way of improving Judo without doing Judo. I think Ross failed to realise the problem when he criticised me for being calculating and not giving 100 per cent.

Q: Judo and the training is certainly more scientific today. I suspect most people have never really thought about the difficulties heavyweights face. Can you be more specific about the problems?

A: I train better by myself off the mat. I don't find I need encouragement from anyone. For my off-mat training I am up early every morning for a three mile minimum run, back for weight training or circuit training in the garage, shuttle running after the circuits. Then breakfast and work. At lunch time a shorter run and concentration on shuttle-running with weights and circuit training usually with heavier weights. In the evening, uchikomi training and Judo training. And this is seven days a week.

Q: Your job as manager of Harrow Leisure Centre wasn't really an asset to your training.

A: I have no set hours, some weeks I have to put in 70 hours. It is convenient in that I don't have travelling time to lose. At lunch-time it would be difficult to get to a sports centre if I had another job. But on the other hand the job must come first. I have lost a good career because of Judo already. I originally trained to be a solicitor. I had a choice between going to the European Championships and going to an assize court to represent some clients. I chose the Judo and had to resign from the job. I think I can speak with some conviction about jobs and training.

Q: How difficult is it to get 'bodies' for your uchikomi?

A: People are not masochists. They don't like being continually pounded by a 19-stoner. There is really no-one of my size to train with. If I have a go at people they won't be back next week. It's the same for Dave Starbrook. You have to temper your practice so that at least they come back. I noticed at my own club, Ealing Youth Judo-kwai, that every time I trained for a big event the senior section became depleted by injuries. Even in Japan there are very few people who could give me a good stratching. But over there you can compensate with sheer volume of judoka. I think in fact that training with light people made me faster, but when I met someone as big or bigger I was not accustomed to the additional weight and power of my opponent which would

have come from training with people of that size. Judo is of course a combat sport and you try to burn off the opposition. You don't let anyone get on your back who might rock it for you. So anyone you see who is looking a bit good you crunch in the early stages. Not a healthy attitude towards the sport perhaps but a realistic attitude to maintain your position in the sport. It's jungle rules.

Q: How can we improve the situation?

A: Nowadays society has conditioned people to think that it is not right to fight. If you are large and you fight you are a bully. I'm not advocating fighting in the streets but ours is a fighting sport just as much as boxing is. There is a dearth of heavyweights in boxing. And yet you can get big men in a team sport like Rugby. For some reason it is difficult to get them into an individual sport.

Q: You have an Olympic silver medal and two world championship bronzes, would it have made any difference if you could have trained full-time?

A: I'm a firm believer that you should have a job. I don't see any reason why the state should support you, but there could be more help.

Q: you could teach Judo full-time...

A: ... no, I did that. It is a very bad move. It makes you very slow. Rather than your classes coming up to your standard you go down to theirs. Nothing can be worse than when you want to train competitively that you have to teach youngsters who may simply be foisted on you by teachers who think difficult kids are best controlled by the Judo instructor. It is a great incentive to teach children who want to learn but that is different. The only way of teaching during the day is to take the youngsters, and you need the evenings and weekends for your own training. You have to come to grips

with the problem and accept that there has to be both mental and physical training.

Q: Some people don't have a cerebral approach. They do things intuitively or they just do as they are told and by sheer repetition are successful.

A: Perhaps those who are not so switched on mentally should become more so by going to college.

Q: How does an understanding of Euclid help your Judo?

A: At least you are doing something worthwhile. I have seen too many people turn into bums as a result of training for high level international Judo. I'm still hooked on Judo. I could take a less fulfilling job to enable me to train harder but I think anyone who is seriously considering a career in Judo can forget about it. Do Judo to fulfil yourself—do your own thing. I certainly didn't do Judo on the basis so many pounds would come my way as a result of winning an Olympic or world medal. If this was calculating then I'm calculating—but really I saw a mountain and climbed it, that's all.

Q: Have you retired a little early. Will we see a comeback?

A: I'm not prepared to lose my job—and I very nearly did last year as a result of training for the Olympics. There is no-one in Britain who can earn a good salary and do Judo at the same time. You can do it in France, which is why I would like to look more closely at the French system. They can't be too different to us. Perhaps it is the way they licensed their sport—and I stress that their instructors have to be licensed—is promoted over there. We have to get rid of the cowboys in Judo and indeed in Karate too.

Q: So circumstances forced you into retirement rather than the wish to pack it in?

A: Physically I am stronger now than this time last year in terms of

pushing weights. My mat fitness has gone down but I could get that back.

Q: Could you make an intense concentrated effort say three months before the next Olympics and reach a high enough standard?

A: I'm one of those people who believe so much in myself I really could do anything if I want to. I think attitudes have to change. Our top people are not appreciated enough—to put it mildly. I don't believe the Judo populace realise what they have got in this country. They have two men second in the world and another third in the world, with a sprinkling of people within the top five or six of their weights. There has been no Russian I have failed to beat. We are only now becoming more professional in our sport—I think this is partly because of the new administration and the new managers with their experience.

Q: At the moment you are Development Officer for the BJA. What does that involve?

A: I'm responsible for the general welfare of the squads and trying to obtain sponsorship for the BJA. I should like to be able to do more to spread the gospel of Judo. I find it really great to be able to go to a club and perhaps pass my Olympic medal down the line of kids. It's a great incentive for them to have our world-rankers along to a club to inspire them. One of the problems has been that we have had so many dissident adult organisations in the Judo world. If all the revenue going to them went to the BJA coffers and the new regional structure we would have a much stronger sport. We have also to accept that besides Junior Judo and International Judo there are a lot of adults who want to play recreational Judo. We seem to have forgotten about this latter category. From the promotional point of view we will only get sponsors if they can see that they are going to get some publicity coverage that will help them sell their

products. Poor spectator attendance at our championships doesn't help.

Q: In the past we allowed demonstrators of Karate, Kendo etc. at the Judo Championships and filled the venues. Palmer stamped on this a few years ago to push Judo as an Olympic sport. He deserves credit for this and I think he was right at the time because Judo needed to be separated from these other activities. But perhaps it is time now for us to widen the scope at our championships again. I think Judo has grown up enough, and is accepted now, and indeed is strong enough to let in other people to do an Aikido or Kendo demo.

A: But we must actually harrass journalist and the TV and Radio people to give Judo better coverage.

Q: Not easy to get people along to something they are not interested in.

A: They don't understand Judo.

Q: Judo can often be rather boring.

A: But people watch others running 10,000 metres or swim up and down a pool. This bores the pants off me.

Q: Judo is often more interesting in slow motion on TV isn't it.

A: What we need is coverage on TV once a month or once every two months. We have to educate people to understand Judo as a combat sport. You don't put on 'How to box in 12 easy lessons' programmes, you have boxing competitions. I should like to see the rules changed and cumulative scores would make contests more interesting combined with shorter contest times. This would create an 'instant' non-stop action sport. I would like to get sponsorship for a Junior Award scheme now we have the British Schools Judo Association within the BJA. I think this is important. I should also like to see a greater effort to raise money for the next

Continued on page 38



THE BRITISH JUDO ASSOCIATION

Newsletter Supplement

AS I WAS SAYING

By TONY REAY

Within just 104 days of the momentous AGM decision to change the ruling structure of the Association and replace the old Executive Committee with a smaller Management Committee, the results of a postal ballot throughout the United Kingdom were announced on the 1st October, 1977. The Caretaker Management Committee set up at that AGM certainly did their job well and in dealing with all the aspects of a mammoth postal vote cannot ever be accused of sitting on important matters and deferring business high on the agenda until a standing committee could be voted in.

By a clear indication from the AGM the Caretaker Management Committee were obliged to move quickly on the establishing of a properly elected committee but for every Member Club to take advantage it was perhaps not the best time of the year. Holidays and the fact that a good proportion of clubs are linked with schools and institutes means that many would not be

getting into full swing until the end of September when all the votes had to be in. Such are the possibilities and the ramifications run much deeper when the method is between that of voting by a show of hands in view of others or by the more direct and personal approach through the post.

The two Association scrutineers nominated to assist the Sports Council with the voting returns were Mr. A. Reed of the Southern Area and Major Pilley of the Army Judo Association. The Recording Officer and Chief Scrutineer was Mr. T. Wilkinson of the Sports Council. On behalf of the British Judo Association I wish to record in these official accounts our grateful appreciation to these gentlemen for giving up their valuable time and offering their help and assistance. Finally, our thanks and appreciation to the Sports Council for offering their valuable services and office facilities in order that the ballot may be properly dealt with.

The total number of votes possible from all The Member Clubs of the Association was 1,026. The percentage of votes cast was; President 40% Chairman 41% and the Management Committee 43%. Some people may consider this a low return but I am told that other organisations such as trade union bodies that have in the recent past started to use the postal vote system, have experience a change in voting returns and that 40% is considered by them to be reasonable.

VOTING RESULTS

Charles S. Palmer, OBE was unopposed for the post of President and was elected with 419 votes.

The Chairmanship also was secured by Mr. Palmer with 237 votes of the total 427 cast.

Unsuccessful candidates in the voting for Chairman were recorded as follows: — Mr. C. Baker-Brown (63); Mr. P. Murphy (47); Mr. J. Hawkesby (42); Mr. A. Tomkinson (38).

The Management Committee was elected in the following order: Mr. R. Inman (350 votes); Miss E. Cobb (307); Mr. S. R. Hoare (280); Mr. J. Perrins (264); Mr. J. Hawkesby (224); and Mr. W. Thomson (205).

Unsuccessful candidates in the voting for The Management Committee were recorded as follows: — Mr. D. Gwillam (168); Mr. B. Daly (161); Mr. A. Tomkinson (146); Mrs. McGrellis (129); Mr. T. Taylor (125) and Mr. J. Stark (109). Spoiled papers received were: President — Nil; Chairman — 2; and Management Committee — 3.

The election of the Management Committee is effective immediately and I am sure that this committee will have held their first meeting by the time this issue of the magazine is published. There is much important work for them to deal with and I am sure they will want to prove to the membership that this new

streamlined system is workable and much more of an advantage to the Association.

Some of the results will be considered by many a foregone conclusion and other results are quite a surprise, but none of us need now complain — we have had the fairest of opportunities to elect the best people that are available for the job. Many of us would have liked to have seen other possible candidates put their names forward but the sacrifice of valuable time and effort must have been the biggest consideration in their minds. Perhaps the biggest surprise was the fact that Major R. J. Bricknell MBE, chief architect of our present system and our secure financial position today, did not offer himself as a candidate. In the comparatively short period he has served on the Executive Committee of old and his chairmanship of the Caretaker Management Committee in recent months, he has applied himself diligently and effectively to the job and never once wavered from his goal to see the Association set firmly and squarely on its feet. Such a person we need to keep a careful and steady eye on the finances of the Association, particularly these days when the turnover is immense in comparison to a few years back. It was hoped that he might stand for the new 3-man Finance Committee when it is formed by the Management Committee, but this he has graciously albeit reluctantly declined. In the skirmishes and battles of heated debate, John has always protested in his dealings with national Association matters, that he has never had any particular personal ambitions by way of high office or position in the Association — and he has been true to his word. John will be sorely missed but he has I understand promised that he will be available for advice and consultation — if needed — within the first six months that the new Management Committee will be in power.

GENERAL INFORMATION FOR ALL NATIONAL INDIVIDUAL EVENTS*

1. Venue

As specified on the supplementary information sheet for the event.

2. Eligibility

(a) Competitors must be current individual members of the British Judo Association, or (for the British Open Individual Championships for men or women) must be nominated members of the I.J.F. Member Federations. Overseas competitors must bring written permission to compete from their National Associations.

(b) Competitors must satisfy the age and grade requirements specified on the supplementary information sheet for the event.

(c) For all National Trials, competitors must be of British nationality.

3. Weight Categories

(a) MEN—SENIOR

Up to and including 60 kgs.
60 kgs. up to and inc. 65 kgs.
65 kgs. up to and inc. 71 kgs.
71 kgs. up to and inc. 78 kgs.
78 kgs. up to and inc. 86 kgs.
86 kgs. up to and inc. 95 kgs.
Over 95 kgs.

(b) YOUNG MEN JUNIOR

Up to and including 60 kgs.
60 kgs. up to and inc. 65 kgs.
65 kgs. up to and inc. 71 kgs.
71 kgs. up to and inc. 78 kgs.
78 kgs. up to and inc. 86 kgs.
86 kgs. up to and inc. 95 kgs.
Over 95 kgs.

ESPOIR

Up to and including 58 kgs.
58 kgs. up to and inc. 65 kgs.
65 kgs. up to and inc. 75 kgs.
75 kgs. up to and inc. 85 kgs.
Over 85 kgs.

(c) BOYS—(8-15 YEARS)

Up to and including 30 kgs.
30 kgs. up to and inc. 35 kgs.
35 kgs. up to and inc. 40 kgs.

40 kgs. up to and inc. 45 kgs.
45 kgs. up to and inc. 50 kgs.
50 kgs. up to and inc. 55 kgs.
55 kgs. up to and inc. 60 kgs.
60 kgs. up to and inc. 65 kgs.
65 kgs. up to and inc. 70 kgs.
Over 70 kgs.

(d) WOMEN—SENIOR

Up to and including 48 kgs.
48 kgs. up to and inc. 52 kgs.
52 kgs. up to and inc. 56 kgs.
56 kgs. up to and inc. 61 kgs.
61 kgs. up to and inc. 66 kgs.
66 kgs. up to and inc. 72 kgs.
Over 72 kgs.

(e) GIRLS (13-15 YEARS)

Up to and including 47 kgs.
47 kgs. up to and inc. 50 kgs.
50 kgs. up to and inc. 53 kgs.
53 kgs. up to and inc. 56 kgs.
56 kgs. up to and inc. 59 kgs.
59 kgs. up to and inc. 64 kgs.
Over 64 kgs.

4. Reporting and Weigh-in

(a) ALL competitors must first weigh-in before booking-in.

(b) If the competitor is within the appropriate limits for his/her category, he/she will be given a 'WEIGHT CATEGORY CARD'. Any competitor failing to make the appropriate weight will be given until the closing time of his/her category to comply with the requirements. If at this time he/she still fails to make the weight, he/she will only be allowed to change the category on payment of a further entry fee at the booking-in table. (NB Junior boys will only be able to change category if there is a vacancy in the appropriate weight category for their Area).

(c) After weighing in, each competitor must immediately book in, and on presentation of the 'WEIGHT CATEGORY CARD' at booking-in, will be given a 'COMPETITORS CARD', necessary for entry to the arena.

(d) Competitors who weigh in within the time allotted but fail to

book in will be required to withdraw from the competition.

(e) Evidence of eligibility (according to Rule 2 above) must be produced on the day when booking in. Any competitors from Great Britain unable to produce evidence of current BJA Membership for whatever reason, will be required to purchase temporary membership for the duration of the event only (cost equals full annual membership fee, and is non-refundable). Competitors unable to produce proof of their BJA grade will be required to withdraw from the competition.

Non-British Judo Association competitors must produce proof of membership of the official Federation to which they belong (IJF or continental union — eg, EJU.) Any foreign competitor whose membership is for a country other than that of his/her passport must also bring a letter of authority from the IJF Member Federation of the country which issued the passport.

(f) Points cards should be left with the official conducting the booking in. Please ensure that these are fully completed with your name, address, date of birth, etc. Points cards must be collected at the end of the event, or a stamped self-addressed envelope provide for their return.

(g) For weigh-in and booking-in times, see the supplementary information sheet for the event.

Scales will be available for unofficial use for one hour before the official weigh-in begins.

In order to ensure a prompt start, competitors **MUST** weigh-in and book in during the time allotted. Once the check sheets have been collected from the booking and weigh-in officials, no further entries can be accepted. The only exception to this will be made if a competitor is unavoidably delayed en route, and contacts a member of the Competitions Sub Committee by telephone.

In such cases the competitor will be allowed to enter if he/she reports to the Control Table before the pools for his/her category have been drawn. No entry can be accepted in a category once the pools for that category have been drawn.

5. Rules

The British Judo Association Contest Rules will be operative. For competitors under the age of 16 years, kansetsu-waza and shime-waza are **NOT ALLOWED**. This should be particularly drawn to the attention of competitors holding a Senior grade entering a competition for boys or girls under the age of 16 years.

6. Contest Times

(a) MEN AND BOYS

SENIORS AND JUNIORS (approx. 18 to 20 years)

Pools—all contests will be of SIX minutes duration.

Knockout with repechage — preliminary rounds will be of SIX minutes duration, semi-finals will be of EIGHT minutes duration (the last fight of each repechage constitutes a semi-final) and the finals will be of TEN minutes duration.

ESPOIRS (approx. 16-18 years)

Pools—all contests will be of FOUR minutes duration.

Knockout with repechage — preliminary rounds will be FOUR minutes duration, semi-finals will be of FIVE minutes duration (the last fight of the repechage constitutes a semi-final), and finals will be of SIX minutes duration.

BOYS (8-15 years)

Pools—all contests will be of THREE minutes duration.

Knockout with repechage—preliminary rounds will be of THREE minutes duration, semi-finals will be of FOUR minutes duration (the last fight of each repechage constitutes a semi-final), and finals will also be of FOUR minutes duration.

(b) WOMEN AND GIRLS

SENIORS

Pools—all contests will be of FOUR minutes duration. Knockout with repechage—preliminary rounds will be of FOUR minute duration. Semi-finals will be of FIVE minutes duration (the last fight of each repechage constitutes a semi-final) and the finals will be of SIX minutes duration.

Pools—all contests will be of THREE minutes duration.

Knockout with repechage—preliminary rounds will be of THREE minutes duration, semi-finals will be of FOUR minutes duration (the last fight of each repechage constitutes a semi-final) and finals will also be of FOUR minutes duration.

7. Method of Competition

(a) TRIALS

The pools system will be operative.

In the event of a competitor scoring maximum points in his/her pool and then, due to injury or other legitimate reason, being forced to retire, his/her place will be taken by the next highest scorer.

Should two or more competitors in the same pool score an equal number of wins, the one with the highest number of points will take priority in placing within the pool. Should two or more competitors in the same pool score an equal number of points and an equal number of wins, a fight off will be held if this is necessary, to determine who shall go forward to the next pool.

Should a competitor withdraw or fail to appear when called for a contest, the points scored for and against that competitor up to the contest of withdrawal will count for promotion, but will not be considered in determining the final position in the pool. This includes points scored during a contest in which a competitor withdraws because of an injury.

Where two competitors meet in a given round and then meet again in any subsequent round(s), the contest result scored in their first meeting will carry forward to the subsequent round(s). Any points scored will count towards promotion only on their first meeting.

(b) Championships

The first round will be in pools, followed by knockout with repechage.

By the knockout system, two **FINALISTS** will be found. All the competitors defeated by the finalists during the knockout will take part in the repechage; the winners of each half of the repechage will be the **BRONZE** medallists.

Results from the first round pools will **NOT** be carried forward to the knockout with repechage.

If there is an Open category, the method of competition will be knockout with repechage.

8. Scoring

Points will be scored in the normal manner.

Where no visible difference in score is recorded on the score board, the referee and judges will decide the result of the competition.

In such cases the winning competitor will be awarded a **ONE POINT** win by yusei-gachi.

Obligatory decisions will apply throughout the competition.

9. Championships

Medals will be presented to the winners and runners-up. There must be a minimum of FOUR competitors for Gold and Silver medals to be presented and a minimum of SIX for Gold, Silver and joint Bronze medals to be presented. Where there are fewer than FOUR competitors in any one weight category, the title will be held vacant.

Finalists and semi-finalists must report dressed in judogi to table 3 in the main arena 15 minutes before

the commencement of the semi-finals to participate in the opening parade.

10. Entries

Applications with entry fees (payable to British Judo Association) must be received by the closing date specified on the supplementary information sheet for the event, and will be acknowledged. Applications received after that date will NOT be accepted. Entries will NOT be accepted by telephone, and will

NOT be accepted on the day of the competition.

11. In the event of any dispute arising which is not covered by these Competition Rules, or those on the supplementary sheet for the event, The decision of the competitions sub committee shall be final.

** This information is published for the guidance of competitors and officials but can also be used as a guide for regional and club events.*

B.J.A. NATIONAL DAN GRADE REGISTER

Appendix 8/77 — Promotions confirmed 1/8/77 to 31/8/77

		AREA & DATE OF PROMOTION	
MEN TO 1ST DAN	CLUB		
Ash-Porter, G.	Bedford	NHC	21/8/77
Benge, B.	Doncaster	Y&H	12/8/77
Bowditch, M. R.	Bridport	West	31/4/77
Chisnall, G. T.	Saints	NW	21/8/77
Dando, A. S.	Bedford	NHC	21/8/77
Falzon, D.	?	L	11/6/77
Gardiner, P.	Bury St. Edmunds	E	31/7/77
Harrison, D. R.	K.N.K.	NW	7/8/77
Ingham, T.	Shin Wa Kwai	Y&H	6/8/77
Johnson, J. W.	Grantham	M	31/7/77
Johnson, P. J.	A-S-J-C	WJA	13/8/77
Kirby, R.	Kodokan	S	31/7/77
Liffchak, T. H.	Maccabi	L	26/6/77
Loh Khee-Pean, D.	Ryecroft	M	7/8/77
Malyon, J. C.	Polytechnic	S	31/7/77
Mansell, P. D.	Aberamom YMCA	WJA	13/8/77
Middleton, A. F.	Hartley	L	7/8/77
Moore, R. A.	Hitchin & Bedford	NHC	26/8/77
Nye, R.	Bedford	NHC	21/8/77
Palmer, J. A.	Aireboro/Wharfedale	Y&H	12/8/77
Pestell, B. E.	Medkwa	S	31/7/77
Tatterton, K.	York R.I.	Y&H	12/8/77
Walker, S. C.	Judokan	RAF	21/8/77
MEN TO 2ND DAN			
Connor, W. J.	JLRRRA Bramcote	Army	17/4/77
Tavernier, D. H.	Renshuden	L	21/8/77
WOMEN TO 1ST DAN			
Keenan, L.	Preston	NW	31/7/77
Warren, J.	Wadham Lodge	L	31/7/77

CHANGE OF DATE FOR THE SENIOR MEN'S NATIONAL TRIALS 1977

It has been necessary to change the date of this event from the 10th-11th December 1977 to the following weekend, the 17th-18th December 1977. The venue will still be Crystal Palace National Sports Centre, will you, therefore, please note that this event will take place on 17th-18th DECEMBER 1977.

Referees who have indicated their availability to referee at the trials on 10th-11th December 1977 please notify Peter Bent immediately if they cannot referee now that the date has been changed.

AMENDMENTS TO SYLLABUS

Will you please note that the following three minor amendments should be brought to the attention of all your Members in relation to the current syllabus.

AREA NEWS

MIDLAND AREA

From Frank Smith

The Midland Area Ladies Individual and Team Championships were held at Rugby Sports Centre on Saturday, 10th September. The following women became the Ladies Squad for the Midlands for 1978. The Gold Medallists are the Midland Area Champions.

Under 48kg. Champion: Julie Piovesana, Judokan. Silver: Julie Wesley, Tamworth. Bronze: Lisa Merchant, Judokan; Vivien Groves, Erdington.

48-52kg. Champion: Hilda Callaghan, Bushido. Silver: Sharon Norman, Judokwai. Bronze: Bernadette Croke, Shin Wa Kwai; Sue Bagdaley, Aiton.

- 1. IN GO-KYO:** Section 5 of Katame-waza. Last technique to read kata-te-kata-ashi-jime (not kata-te-tata-ashi-jime).
- 2. IN GO-ON-SEN-NO-KATA:** 3rd Set. Haraigoshi to Ushirogoshi (not Ukigoshi). Hizaguruma to O-Uchigari (not ko-uchigari).

PROPOSED JUNIOR PROMOTION SYLLABUS:

It is anticipated that a Theory Section will be included in the Junior Promotion Syllabus as from February 1978. As a result, the Chief Executive Officer has been instructed to write to all Member Clubs with a request for any ideas on the content and/or implementation to be sent to him for consideration as soon as possible, but to arrive at Head Office not later than Friday, 21st October 1977.

52-56kg. Champion: Jane Skivington, Burton. Silver: Chris Brennan, Shin Wa Kwai. Bronze: Jean Scott, Hilary Warrington, Much Wenlock.

56-61kg. Champion: Anne Adams, Midland Arts Centre. Silver: Diane Hayes, Nechells.

61-72kg. Champion: Jackie Snee, Coventry. Silver: Bernie Ring, Nechells. Bronze: Belinda Atkinson, Judokan; Annette Coupland, Shin Wa Kwai.

Kyu Grade. Under Green Belt. Champion: Bridgett O'Hare, Nechells. Silver: Jean Scott, Much Wenlock. Bronze: Wendy Jones, Nechells; Hilary Warrington, Much Wenlock.

Kyu Grade. Green to Brown Belt. Champion: Liz Gittens, Loughboro. Silver: Lynne Garner, Stoke. Bronze: Anne Adams, Midland Arts Centre; S. Norman, Judokwai.

Open Category: Champion: Annette Coupland, Shin Wa Kwai. Silver: Bernie Ring, Nechells. Bronze: Anne Adams, Midland Arts

Centre; Chris Brennan, Shin Wa Kwai.

Team Championships, Champions: Nechells J.C. Silver: Midland Arts Centre, Bronze: Shin Wa Kwai, Grimsby and Judokan, Sheldon.

SOUTHERN AREA

From T. Bushnell

On Sunday the 18th of September, The Croydon Judo Club played host to the first Southern Area combined Referee / Timekeeper / Recorder Course. The Refereeing Course was run by National Referee Joe Rowe and had nine prospective and four qualified B.J.A. Referees in attendance. The Timekeeping and Recording Course brought over thirty people together from all over the South-East with people coming from places as far afield as Kent, Surrey, Sussex, London, Berkshire and Hampshire. The whole day was arranged by Competition Controller Jean McNaughton with assistance from Surrey Organiser Alan Rickard and Sub-Committee member Ian McCallum and Examination Panel members Alan Reed and Bernard Sentinella.

The Participants arrived at 10.00 a.m. and in the backs of their minds they were expecting to be somewhat bored with the proceedings but it came as a bit of a surprise when they found they were not going to be just 'talked to' but that they were going to be involved in discussions and also practical work later on in the day. The Course was attended by about 25% complete novice, 25% who had time-kept at Club level and 50% at Area and National Events. In the main hall at Heath Clark School, Waddon, the Timekeepers and Recorders were shown slides of all the Referee's signals and of all the appropriate paper-work and equipment involved in the Recording side and of the Crystal Palace Longline clocks. While, in the Dojo, Joe Rowe was holding the technical part of the Referees Course. After lunch, we

were joined by various Junior and Senior members of the Croydon Judo Club who put on a very good display of normal contests and simulated some of the more unlikely situations that are some times come across. This enabled the Timekeepers and Recorders to gain experience and help the prospective Referees to realise the need for good understanding between the Table Officials and Judges etc. While this was going on, Bernard and Ian took the already qualified Timekeepers and Recorders, again with the help of slides, for a more advanced study of Seeding and Senior Recording. The Groups then split up again with the Timekeepers returning to a 'Question and Answer Time' and the prospective Referees to take their Theory exam. When I asked the Participants, they said that they had thoroughly enjoyed the whole day and the Officials were unanimous in saying the Course had been a complete success and that it would now become an annual event in the Southern Area.

NORTHERN HOME COUNTIES

Hertfordshire

From John Howe

The next gradings in Hertfordshire will be as follows:—

Junior: Sunday 27th November - 6th Mon & above at V & E (Cheshunt) Judokwai; Sunday 11th December - 3rd, 4th and 5th Mon at V & E (Cheshunt) Judokwai.

Senior: Sunday 18th December - Kyu Grading at Hemel Hempstead J.C.

All Gradings start at 10 a.m.

County Squad Selections (Juniors). Selections for the squad were held at Stevenage on Saturday October 8th. There are 11 classes from -25 kg to +70kg with 4 places per weight available, except -25, -30, -35 where it is 6 places per weight. The Junior Squad train every month at various dojos throughout the County. A new badge has been designed for the County Team which consists of the County Crest (Coat of Arms).

15th Warsaw Tournament—August 1977

by David Finch

The fifteenth annual Warsaw Judo Tournament produced some surprises this year.

Angelo Parisi (France), current European Open Champion was beaten into second place in the under 95kg division by the newcomer from Russia, Vladimir Gurin. Earlier this year Paul Radburn defeated Gurin at the Dutch Open.

European Champion at the 86kg division, Alexei Volosov of Russia dropped down a weight to comfortably win the 78kg title, defeating Adam Adamczyk (Poland) the current European champion at this category.

In the 86kg division, Zbigniew Beilawski of Poland, past Student Back Stroke champion, won every contest on the way to the title with an ippon.

Results

60kgs

1. Emisz (U.S.S.R.), 2. Stepanek (C.S.S.R.), 3. Meszaros (Hungary), Leinz (W. Germany).

65kgs

1. Tuncik (Hungary), 2. Standowicz (Poland), 3. Pogorelov (U.S.S.R.), Arndt (E. Germany).

71kgs

1. Talaj (Poland), 2. Krueger (E. Germany), 3. Sieminski (Poland) Molnar (Hungary).

78kgs

1. Volosov (U.S.S.R.), 2. Tchoulouyan (France), 3. Adamczyk (Poland), Gibert (France).

86kgs

1. Bielawski (Poland), 2. Frank (W. Germany), 3. Hane (Poland), Hairebedian (France).

95kgs

1. Gurin (U.S.S.R.), 2. Parisi (France), 3. Zausz (Poland), Barkalaev (U.S.S.R.)

Over 95kgs

1. Tjurin (U.S.S.R.), 2. Novak (C.S.S.R.), 3. Dworcynski (Poland), Ozswar (Hungary).

FAMOUS JUDO PERSONALITIES No. 7

ISAO OKANO

by John Goodbody

OKANO, Isao (1944-)

This supremely skilled Japanese fighter was the lightest man to win the All-Japan championships. Despite being only 5ft. 6½ins. tall and weighing a maximum of 13 stone 6 lbs., he scored victories in 1967 and 1969 against far larger opposition.

In addition he took the Olympic middleweight gold medal in 1964 and the world title the following year.

Born in Ibaragi-ken he was educated at Chuo University. Whilst studying Law there his talent for

Judo was noticed and he was called up for the Olympics; he took the Pre-Olympic middleweight title and the Tokyo Area championship.

Okano was an extremely impressive winner of the 1964 Olympics. He qualified for the quarter-finals easily enough where he strangled the Frenchman Grossain. He beat the Korean Eui Tae Kim in the semi-finals on a decision and in the contest for the gold medal held down

Continued on page 35

CLUB FORUM

RENSHUDEN NEWS — *from David Poole:*—Following the appointment of Dave Starbrook to Joint Manager of the British team, ex international Dave Barnard has taken over his position as Manager of the Renshuden Judo Academy in London. New manager Dave looks forward to continuing the high standard of Judo hitherto practised at the club and to improving on the club's facilities which already include weight training as well as Judo.

With instructors of the calibre of Dave Starbrook, Alex Alexander, Paul Eales and George Glass, he is confident that the club will be catering for all aspects of Judo from lightweight to heavyweight categories.

George Glass will be instructing Mondays and Wednesday, Paul Eales and or Dave Starbrook on Tuesday and Fridays, Alex Alexander on Thursdays, and Dave Barnard will be in attendance most evenings and Saturday afternoons between 3 and 5 p.m.

Dave looks forward to hearing from any club that would like to arrange a club visit—all grades are welcome. Dave can be reached at the Renshuden between 7 and 9 p.m. each week day. His telephone number is 01-387 8611.

GLASGOW UNIVERSITY JUDO CLUB—*from W. Littlejohn, 2nd Dan:*—The 200 people who attended the Martial Arts at G.U., display run by the dept. of physical education of Glasgow University on Wednesday 15th October, were treated to an exciting and highly entertaining programme presented by the four resident martial Arts clubs on the campus.

The programme opened with the massed participants bowing to the

audience and to the huge wall mounted Japanese characters Bu and Do roughly translated as the way of the warrior (or peace-keeper), which is the underlying principle of all the Martial arts.

Shorinji-Kempo took the mat first under the direction of 2nd Dans Wang and Nakamura with some of their pupils. The efficacy of their Za-Zen meditation was quite apparent in the principals calm under attack. Highlight of this spot for me was Mr. Wang's ability to reduce the distance (Mai) between himself and an opponent without apparently moving his feet.

Aikido followed, with a spectacular display ranging from basic techniques by the beginners, to advance defences against multiple attackers, clubs and swords. Sensei here was Mr. Coyle assisted by Black belts Pearce and Henderson. Coyle sensei's speed and dexterity approach the miraculous with an ability to be everywhere and anywhere at once, and always in command.

Karate was ably presented with a display of Kata, from very basic massed Kata, to individual performances of advanced Kata from the Clubs Dan Grades under the direction of Mr. Tulley.

Judo completed the bill, with a mass randori and explanation of scoring techniques by Kyu grades McConell and Mitchison, followed by an edifying display of combination techniques (renzakuwaza) and counters (kaeshiwaza) by 3rd Dans McAree and McLaughlin.

Messrs Wang and Nakamura closed the show with an amusing demonstration of capturing and restraining an attacker with one hand (without damaging him)

whilst dealing with a second attacker.

The appreciative audience were delighted, as evidenced by the many applications for enrolment in the sections after the show. The Clubs considered this get-together a very worth while co-operative effort which it is hoped to repeat on an annual basis.

CHALKHILL JUDO CLUB — *by Chris Read:* The five members of Chalkhill Judo Club who entered the recent 'All England' Championship fared extremely well.

In the under 71kg category, Kirk Isichei won a silver medal after being beaten by wazari in an excellent final against Neil Adams. Lloyd Mentor, despite suffering from a heavy cold, won a bronze in the under 65kg category, after being narrowly beaten for a place in the final.

Also in the under 71 kg category, Junior Alveranga did well, being beaten in the semi-finals by Adams and then losing his fight for the bronze, and Neville Hawkins was unfortunately forced to retire with a fractured bone in his ankle whilst wazari ahead in his quarter-final fight against Newcombe (who won a bronze). The fifth member of Chalkhill's 'team' was Steve Porter (over 95kg), fighting in his first major competition, who fought well but was beaten in the early rounds.

The competition organisers should be congratulated as, despite a very large entry which obviously stretched resources, they did an extremely good job. It was a pleasure to attend such a well organised event. Chalkhill Judo Club meets on Monday and Friday evenings and Sunday mornings at Chalkhill Youth and Community Centre, Poplar Grove, Wembley, Middlesex (near Safeways at Neasden). Visitors are always welcome.

TOKEI JUDO KWAI—*Doug Marks writes:*— Club life now shows signs of getting back to normal after a lazy summer, everybody is looking

forward to an active and rewarding winter. In spite of the idle summer months there still appears to be no shortage of youngsters wishing to learn judo and our beginners classes are bigger than ever.

By the time this contribution appears in print the 20 new G-mats on order should have arrived and our mat area improved even further. On the subject of improvements, the committee has appointed Joe Donald to the clubs teaching staff. Joe a 2nd Dan will be specialising in standing technique for both intermediate and advanced juniors every Wednesdays at 6 p.m. We look forward to a long and successful partnership with Joe for years to come.

We were delighted to receive a visit from the Ealing Judo Club towards the end of September, hopefully they enjoyed and gained as much from the practise as we did.

Some of the clubs youngsters returned to action during the month with a visit to Devises, collecting a gold and a silver medal for their trouble. Perhaps our best effort however was a gold and five bronze medals in the Bracknell invitation event.

Congratulations Bracknell J. C. and thank you Dave Butler for an excellent competition, first class organisation, first class facilities, and the toughest of opposition.

LONDON JUDO SOCIETY—*By Bill Barritt:*— The response to the Open Kata Tournament has been rather surprising, and we have had letters from as far afield as Liverpool. As stated, this type of Tournament is quite new and if it proves successful this year we shall continue it.

Examinations for Black Belts will continue to be the LAST Sunday in every month and not the first as stated by me in Judo Mag. Therefore, the next Examination at L.J.S. is on Sunday, 27th November. 10.00

a.m. Junior Boys and Girls. 2.00 p.m. 1st Kyus trying 1st Dan, 1st Dans trying 2nd Dan.

As with all L.J.S. Exams this is for Men and Women. Current B.J.A. Licences must be produced.

London Karate Kai. This Section continues to flourish. Regrettably Keith Atkinson, due to a hip injury, has left us, but we are fortunate to have secured the services of Len Earing, who is already known to most of the Members of L.K.K. He has already got off to a good start by organising Sunday afternoon Training Sessions, and extends an invitation to visitors to come along. Details from the Club.

Aikido: Mike Hines now runs the Thursday Session and numbers are on the increase. Once again, visitors are welcome.

Juniors: With the Holidays over the numbers in the Junior Sections are back to normal. The Special Training Sessions run by John Hart

and Norman Saints on Saturdays are still receiving enquiries for visits from other Clubs. These visits give Students the benefit of training with boys and girls from other Clubs. We are pleased to announce that the new Girls only Class under Mrs. Fiona Stanley has proved a tremendous hit with the girls. Fiona has introduced some very interesting ideas into her Class and they are going down well.

L.J.S. Silver Jubilee Trophy. As a result of approaches to L.J.S. it has been decided that the Trophy will be fought for by Girls in 1978, and thereafter every other year. We are announcing this now so that those Clubs who were invited to attend this year can start their training.

Shorinji Kempo: This fairly new Section at L.J.S. goes from strength to strength. Under T. Mizuno, 4th Dan, they meet here on Wednesdays and Fridays at 8.30 p.m.

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WITH OLYMPIC MEDALIST

Dave Starbrook, M.B.E., 5th Dan

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IN AND AROUND THE DOJO

'SCISSORS' CAN BE THE ANSWER

by **TONY REAY**

Photographs by **DAVID FINCH**

Kanibasami (or kanihasami) translates to read "crab pinch" in English, but I do think a much better description to the Western ear is the more common term — "scissor action".

Kanibasami is often seen in major competition and is a very popular move for the more experienced to

have available for the time when all else seems to fail particularly when dealing with a powerful opponent who possesses a rigid defence. This throw can rarely score an "ippon" (ten-point win) but often it is a "decider" in a very close fought contest. I have seen this throw employed in national, European and

world competitions and the men who use it are usually the champions who are thinking men with other more impressive throws and keep kanibasami for the occasion when it is necessary to pull off a surprise move.

Strangely though, I have found a number of people who are against the use of kanibasami in the smaller clubs and especially where juniors are involved. They say it is a dangerous action and causes leg injuries, some have even advocated banning the throw completely. This I think is not the answer and is only avoiding the real issue. Judo is after all supposed to be a tough fighting sport and removing techniques only serves to limit the range of throws and thus kill good tactical thinking.

I have found that the only reason leg injuries occur with this throw is when the technique has not been taught properly by a person with a complete understanding of the throw. I myself have never seen the technique result in an injury in major

competition where it has been accepted generally and appreciated as a good action. That is because everybody I have seen do the throw has been well schooled, and knows what he is doing — and is not using it out of sheer desperation. It is an aggressive and spirited action and has surprising results. Some people who it would seem are impossible to throw have been caught out with this one when it would have seemed they had the situation well under control.

A good "lead-in" for tori (person practising the throw) is from a failed attempt at taiotoshi (body-drop), but a good opening is always when tori has been able to position himself alongside his opponent. In figure 1 uke (person being thrown) has successfully blocked an attempt at taiotoshi in its early stage. Still maintaining his right-hand grip — and this is very important in order that tori can hang his weight on his opponent and maintain the impression that he is still going through



with taiotoshi or similar throw to the front — and dropping his left hand to the mat and as close as he can to uke's left foot, he swings straight his legs — the right leg up and into uke's chest and the left leg behind and trapping uke's right heel. The calf of tori's right leg should crash in to uke's chest and the instep of his left foot should be trapping uke's right heel in order that he cannot step or stagger back to regain his balance. Tori should swing his legs into the action absolutely straight — it is the mark of the inexperienced and timid when he is seen to keep his legs — particularly the left leg — bent up. Feet should be set wide apart — this technique will definitely not work if tori's legs are not set wide apart.

At the crucial moment that tori swings his right leg up to the chest of his opponent and his right leg around the back of uke's feet, tori must support himself fully with his left hand on the mat. In jumping in

to the attack tori should throw his weight in to his opponent and lock right in against uke's upper thigh for maximum effect. By locking in tight he also ensures that there is no messy entanglement of legs which could bring about an injury. If the action is carried out as it should be uke just cannot maintain his balance and is stumbled backwards as in figures 3 and 4.

As with most techniques a good contest man should also practice this one on the left and should train himself to react whenever an opponent snatches away from one of his grips. By dropping in under his guard he is momentarily vulnerable around the legs and a fast and determined kanibasami action can clinch the advantage in a closely fought contest.

Whatever happens though one should be ever alive to the traps in the ground and should be prepared to follow up with osawakomizawa (holding technique), kansetsuwaza (arm-lock) or shimewaza (strangle).

International Judo Summerschool—Arnhem

by Peter McNamara

As usual the summerschool was held at the Papendal sports centre near Arnhem in Holland and, also as usual, the cost had risen since the previous year. This, no doubt, was a contributing factor to my being the only Briton there out of over two hundred judoka and I think it highlights the need for a similar course to take place in Britain. There is one for women in Cardiff this Summer, a couple were arranged for Scotland one of which had to be cancelled through lack of applicants, and BUJA have organized one at Loughborough University which

might suffer the same fate. Yet in Holland many people enquired about the possibility of coming to such a course in England and I'm sure that with more extensive advertising than has been used for our courses so far there would be a great demand for places from both British and foreign judoka.

The daily routine in Papendal was four 1½ hour sessions each day with all evenings free. All training was optional and there was always a choice of instruction which covered ne-waza, tachi-waza, kata and randori. This year there was also an

Aikido demonstration followed by instruction and one day Tokio Hirano, recently awarded his 8th Dan by the Kodokan, demonstrated his own very impressive kata which is based on the various patterns made by flowing water.

Dr. G. F. M. Schutte, (7th Dan), was the chief instructor and, even at 76 years of age, was able to teach groundwork techniques which were both impressive and very effective. Possibly there was too much emphasis on leg techniques in the nage-waza classes, with very little attention being paid to the other throws until the last two days, but the quality of the instruction was excellent.

One coaching technique used by some of the instructors was to teach around a theme and then devise a short kata which incorporated all the aspects of the lesson. Wolfgang Hofmann, (6th Dan), has made up katas to demonstrate various techniques as they are performed in contest in such a practical way that even the most staunch critics of kata would probably approve.

Antoon Geels (4th Dan), gave excellent lessons on different methods of tai-sabaki and made the point that many people, even at international level, use a different turning-in movement in uchikomi from that which they use in randori or contest which reduces the value of the uchikomi.

Traditional kata was taught by Chiel Groos and this year he did a brilliant performance of Ju-no-kata as part of his successful grading to 5th Dan. Also successful in the promotion exam at the end of the week were Philip Morotti and Per Anderson who, at 17 years old, became Sweden's youngest ever 1st Dans. Both of them were fighting for Sweden in the Espoir match in Coventry the week after the course ended.

In addition to those instructors already mentioned there were

Waldemar Sykowski, coach to the Polish team and a newcomer to the summerschool, Gerhard Alpers (6th Dan), Erich Scherer (5th Dan) and Roland Kraemer (4th Dan), most of whom taught in both English and German.

The number of top level fighters who attend the course has decreased since three years ago when there were internationals from eight countries but there were still quite a few Dutch, including Adelaar, many of the Swiss women's squad and a few juniors from Germany and Sweden. The Dutch army team also attends for four days and they provide a very good practice.

For the more competitive judoka one of the main benefits is the wide range of people to practice with; it is quite possible to choose for randori opponents of roughly your weight and grade all week without ever fighting the same person twice. On the less competitive side many club instructors who gave up contest long ago attend the course and there is one man of 70+ who attends every year.

For those without a car the evenings are mainly spent in the bar at the sportscentre so it doesn't take long to get to know people. The atmosphere is helped by there being just enough accommodation for one major event so that for the whole week the judo crowd have exclusive run of the place. On the last evening there is a barbeque and party to celebrate surviving the week without major injury which, surprisingly, most people do.

It really is a good holiday if you like to have a solid week of judo in pleasant surroundings with great food and top-class instruction. To get the best out of it you need someone from your own club with you so that it is easier to practise the things you learn on the course back at home, but even without that you can have a great time.

3rd Annual Residential Judo Summer School Course for Women

National Sports Centre for Wales—Cardiff 14th to 19th August 1977

Report by Elizabeth Viney

Ask any of those who attended to say, in a few words, what it was all about, and you'd probably get . . . "It was hard work, lots of judo, learnt many new things, had good fun, lovely food, nice facilities, made new friends . . . and looking forward to next year!" . . . That was the sentiment at the end of the course.

Our thanks to the Welsh Judo Association for having made this course possible, and in particular to Dennis Nottley who handled all the applications and many queries on our behalf, also to John Perrins, Chairman of the Welsh Judo Association, for all his support and help.

The National Sports Centre for Wales must surely get a large slice

of our thanks. The Staff, as always, were marvellous, and we thank them all for having made our stay so enjoyable.

Our Staff comprised — Marie Fourt (2nd Dan) B.J.A. Senior Women's Squad Manager, National Referee and Former British International; Phyllis Elliott M.B., Ch.B., (3rd Dan) B.J.A. County Coach and National Dan Grade Registrar; and Elizabeth Viney (3rd Dan) B.J.A. Hon. National Coach and Former Senior Women's Squad Manager. . . . We worked together like clock-work . . . and around the clock too!!

BACKGROUND: Setting-up such a course is a challenge in more ways than one. For instance, an established event such as this, means a



Members of the course in action



A group photograph of those attending the Summer School
Photographs by courtesy of Studio 'J' Cardiff

number of players return each year (or they have so far!) . . . therefore course content must be lively, interesting and totally different from previous courses/years. This applies to all functions, both on and off the mat!!

So to start with we attempt if possible to introduce a new face on the staff each year. Phyllis Elliott, whose wizardry at groundwork skills is well known, has been on my list since the idea of a Summer School was first mooted. At last we managed to get her for the 77 event, so, as can be imagined, we all took the opportunity to learn from her coaching and a large number of sessions were given over to ne-waza.

Course members this year totalled 25 and came from eight different areas. They ranged in grade from 8th Kyu to 3rd Dan and included nine current Senior Squad and one member of the Young Women's Squad.

The course was unique in that it contained one of the first theory award exams held since the re-introduction of syllabus on 4th July 1977. Our thanks to Phyllis Elliott and

John Perrins, Senior Examiners, for conducting the exam, and congratulations to the ten players who took advantage of this facility, three 2nd Dans, two 1st Dans and five 1st Kyus. All passing successfully and convincingly. At the end of the afternoon John presented all course members with a small lapel badge to commemorate their visit to Wales. This was a really nice gesture which was very much appreciated by us all.

COURSE CONTENT: Much time was given to improving individual skills and performance, and to widening the range and scope of the player. Visual aids were used extensively during the week, and in thinking of films I should mention how grateful we were to the Centre for allowing us to see the 16mm. sound film "Living with Leisure" . . . an excellent 40 minute film on the work of the Sports Council for Wales. We were only a little disappointed to see it didn't contain any combat sports such as ours! But there, never mind. It's all part of our education to view and learn, and endeavour too, to understand some of the problems of other sports.

The week passed all too quickly with the course containing a packed and varied programme . . . something for everyone. Even so, time was still found to make full use of

the swimming pool and all the other excellent facilities within the centre, and with a little bit of luck we'll be back next year . . . from the 13th to 18th August, 1978.

BRACKNELL INVITATION EVENT 1977

by DAVE BUTLER

On Saturday, 3rd September, 134 invited competitors assembled at Bracknell Sports Centre to contest eleven categories, eight schoolboy weights and three Espoir groups.

Invitations had been sent to the following clubs, to enter up to two boys in each category.

Bracknell Judo Club (the host club); Bexley Judo Kwai; Devizes Judo Club; Fairholme Judokwai; Redbridge Judo Club; Tokei Judo Kwai; Wigan Judo Club; Wolverhampton Judo Club; Waterloo Judo Club; Yiewsley and West Drayton Boys Club.

In addition The Northern Ireland Judo Federation, The Scottish Judo Federation and The Welsh Judo Association were invited on the same terms (two boys per weight), and a small number of individual boys were also invited.

In the event Northern Ireland were unable to compete due to holiday disruptions and the Wigan, Wolverhampton and Waterloo clubs did not enter.

Our intention was to bring together many of the strongest clubs/areas in the British Isles and it was apparent, by the standard of the competition from the first round onward, that this had been successfully achieved. In addition to the usual Gold, silver and two bronze

medals in each weight group there was an additional inducement to win in the form of a prize of either a watch, calculator or camera outfit for the group winner.

The finals commenced at 7.45 p.m. and had plenty to live up to but it is true to say the spectators' interest was held throughout from the start of the under 30 kilo to the end of the over 65 kilo espoir final.

The complete list of results are as follows:

Under 30 kilo: 1. T. Robinson, Yiewsley & West Drayton; 2. C. Illingworth, Bracknell; 3. G. Vaughan, Bexley; S. Newby, Tokei.

Under 35 kilo: 1. M. Curran, Bracknell; 2. S. Steele, Bexley; 3. C. Kibble, Tokei; M. Walsh, Tokei.

Under 40 kilo: 1. T. Prescott, Tokei; 2. T. Williams, Redbridge; 3. D. Russell, Redbridge; M. Jones, Bracknell.

Under 45 kilo: 1. S. Fletcher, Bracknell; 2. R. Stevens, Veraloy; 3. R. Smith, Bracknell; T. King, Tokei.

Under 50 kilo: 1. D. Fletcher, Bracknell; 2. G. Law, Wales; 3. R. Oliff, Scotland; D. Marks, Tokei.

Under 55 kilo: 1. D. Kavanagh, Yiewsley & West Drayton; 2. M. Davies, Wales; 3. A. Parton, Newbury; D. Myers, Bracknell.

Under 60 kilo: 1. S. Wossner, Bracknell; 2. A. Morton, Bexley; 3. M. Mercieca, Bracknell; I. Dalziel, Redbridge.

Over 60 kilo: 1. N. Smith, Bracknell; 2. D. Naismith, Bexley; 3. J. McNeill, Scotland; J. Gorrie, Yiewsley & West Drayton.

Espoir Weights

Under 58 kilo: 1. D. Rance, Bracknell; 2. J. Holliday, Redbridge; 3. T. Gudgeon, Redbridge; M. Callan, Fairholme.

Under 65 kilo: 1. E. Holland, Bracknell; 2. T. Cullen, Scotland; 3. M. Lovell, Bracknell; S. Gadd, Tokei.

Over 65 kilo: 1. G. Campbell, Scotland; 2. S. Williams, Bexley; 3. D. Patterson, Bracknell; D. McGregor, Scotland.

The final medal table was:

	Gold	Silver	Bronze
BRACKNELL	7	1	6
YIEWSLEY & W.D.	2	—	1
SCOTLAND	1	1	3
TOKEI	1	—	6
BEXLEY	—	4	1
REDBRIDGE	—	2	3
WALES	—	2	—
VERALOY*	—	1	—
NEWBURY*	—	—	1
NEWBURY*	—	—	1
FAIRHOLME	—	—	1

* These clubs had been invited to send only two boys each and these medal wins are very creditable performances on their part.

To save themselves an early morning trip the Williams family of Redbridge became the first caravanners to take up our offer of parking at the sports centre and I understand that they will be recommending the idea to other club members when attending the Bracknell monthly mass training sessions.

The Welsh contingent stayed overnight locally and attended the September mass session. They then paid a visit to the Windsor Safari Park before making their way home down the M4.

We would like to thank all the coaches who produced their judoka, especially those who travelled long distances and made this event so successful. Also our thanks go to the referees and to the stalwarts of Bracknell Supporters Association who staffed the tables, and without whom the event would not have taken place.

FAMOUS JUDO PERSONALITIES, Continued from page 23

Hoffman (West Germany) with *Yoko-shiho-gatame* after 1 minute 36 seconds.

The following year he took the world title in Rio de Janeiro throw his fellow Japanese Yamanaka with his favourite *seoi-nage*. This throw which he used with *ko-uchi-gari* to such devastating effect also brought him his first All-Japan title in 1967 when he got a full point from Sato, dumping his opponent on his back.

Okano was unable to defend his world title in Salt Lake City that year. During the summer he severely

injured his arm in submitting to a Russian in a contest in Tokyo.

However by 1969 Okano was back at his best for the All-Japan championships. He met the 17 stone Maeda in the final and won with *Ko-uchi-gari* for *waza-ari*. He then announced his retirement.

His amazing range of techniques, precision and speed brought him the reputation of being the finest technician of the 1960's and when he took over training the Japanese team in 1972 he instilled his own brand of judo which restored his country's reputation.

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DAVID WHITE *Continued from page 14*

Olympics by sponsored throws or whatever starting now and not just a few months before the Games. A very encouraging thing is the new squad structure. A two-tier National squad with the first-tier as the Olympic Squad selected by the Team Managers, and these people don't go in the British trials. Then there is the National Squad selected from the British trials and the top four in each event are co-opted onto the squad. The reason is that we have found there is such a vast difference between the top boys' skill and fitness and those at the lower end of the squads. The idea is to feed into the Olympic Squad from the National Squad and thus six people in the country have the chance of training instead of the existing four. The Olympic Squad will go into the areas to train once a month and we need the contribution of the areas in terms of manpower at sessions as well as their financial help. Fifty per cent of mat fees will go to the area and fifty per cent to the squad. Anyone of 1st kyu and above can come along and

give perhaps five minutes of their time instead of five hours.

Q: How did you evolve your training methods?

A: The only trainer I have ever had has been John Higgins at our own Ealing club. I had to work out my own training schedule, contest tactics and optimum fighting weight by trial and error over a period of years. I varied between 16 stone 12 lbs. when I came third at one World Championship and 18 stone 12 lbs. at the other. The latter was my Olympic weight. As to contests I sometimes had to temper my performance by what I had to do for the rest of the British team. Sometimes I was told to save myself for a later match or go out for a draw to help the rest of the team in a match. Indeed, people seem to have a stereotyped idea that heavyweights are not really skilful—that only the lightweights have the skill. I suppose Judo has always been a small-man-throwing-the-big-one type sport. I do hope we can lay this bogey to rest if nothing else.

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