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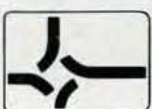
JUDO MONTHLY

INCORPORATING 'MIDLANDS JUDO' & 'N. H. COUNTIES NEWS' * Vol. 1, No. 2, September 1980



INSIDE JUDO MONTHLY

- * OLYMPICS REPORT AND PICTURES
- * JOHN BEARD 'TALKING SHOP'
- * RETURN OF 'COACHING SPOT'



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FRANKLY

With this, the second edition of *Judo Monthly* we have the first comprehensive story of the British Judo Team at the '80 Olympics, with our grateful thanks to Phyllis Elliott and Colin McIver, *Judo Magazine*, who provide the details.

In compiling the story from their reports I was getting so involved I couldn't wait to read what I was going to write next! Wish I'd been there.

Which, in its own way, brings me to the point of this month's Editorial . . .

I am always surprised at major National and International Events by the lack of interest taken by Coaching and Technical Advisors to the BJA. I meet the same people who on the whole watch every contest with great attention and obviously retain and remember some of what they see and in turn convey it to their Members. Others see the Judo but do not see any technical detail of grip changes, moves to enter into holds or locks, etc, all they see is the end result and often cannot show how it was achieved. But what of Senior Coaches, National Coaches, County Coaches and Club Coaches who should be at the forefront of technical progress and innovation? Where are they? Where is their video film of the World Championships or Olympic Games for other Coaches to study and learn from and so improve the skills of the Membership?

If there is any, they were taken by enthusiasts who realize that to succeed, one must learn from the best, not just from a coaching manual. Only Colin McIver, in *Judo Magazine*, and Roy Inman in various courses have tried to pass on information gained in Paris, and if these two seasoned internationalists still think they can learn from watching, then our Coaches should pay attention.

In *Midlands Judo*, within the space available, we have tried to show one or two of the more descriptive photographs of current contest techniques and these have received enthusiastic response, as have Colin's articles. Calls for more articles on technique have been numerous which makes the void in teaching skills all the more obvious.

A final indictment of the system is that I have just heard that in BJA Head Office, there is a video tape of the European Championships held at Crystal Palace when the British team came second to Russia. It contains all the medal fights and all the British team fights through to the final yet no-one has ever looked at it!

I would dearly love to see exactly how Remfrey scored his last-second Ippon or how the Russian fought Jacks for ten minutes and never let him get hold with both hands at once, etc, but no-one is interested enough to show us. Come on Coaches, forget your methods, plans and systems. Join us in the 80's and get out and see what is happening.

★ LATE NEWS ★

Gillian Kenneally was appointed C.E.O. at the July Management Committee Meeting.

JUDO MONTHLY

Judo Monthly is published by MAM Co., the Commercial Division of the BJA Midland Area on behalf of the Midlands and Northern Home Counties administrative regions as a non-profit making informative magazine.

It is distributed throughout all Member Clubs in the Areas and has a substantial National Mailing list.

No material contained in this magazine may be reproduced without the prior permission of the publishers.

Compiled and Edited by Frank Smith. Copy for inclusion must be received by the 1st of the preceding month.

Correspondents . . . John Beard, Maureen Sutton and AMA

Photographers . . . Karl Bacon and Frank Smith.

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Cover picture: Adams (GB) turns over Picken (Australia). Moscow Olympics 1980. Photograph: David Finch.

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DIARY OF EVENTS

Sun 21st Sept: Dan Grading, Worcester. Senior Men and Women 9-30am. Kyu grades also at 9-30am. 1st Kyu and up 1-00pm. Fees: £1 Kyu grades, £2 Dan grades.

Sat 27th Sept: Midland Area Girls Championships, Haden Hill Leisure Centre. Entry forms in this edition.

Sat 4th Oct: Midland Area Boys Championships, Haden Hill Leisure Centre. Entry forms in this edition.

Both the above Events are 'Closed' to Midlands Area members. These are the qualifying Events for the National Junior Championships in November and are for players under 18 years of age on 31st December 1980. Armlocks and strangles are permitted for Boys over 55 kilos and Girls over 52 kilos. Make sure the weight range you enter can be maintained until the Nationals. Make sure your weight is checked before entering, weight changes will only be allowed on payment of a further entry fee.

Sun 7th Sept: The Annual General Meeting of the BJA, at the *Euro Crest Hotel*, Wembley. This is the time to voice your opinions. Remember you need your licence and a Club authority to vote.

Sun 7th Sept: Boys Open Championships staged by the Sumo Keido Kwan Club, Newton-le-Willows, North-West Area. Details from Bill Paton (tel N-le-W 7433) or Chris Purcell (tel N-le-W 7316). Normal weight categories.

Sept 7—Date to be fixed. Humber Bridge International Events. Details from BJA Yorkshire and Humberside Area.

Sat 4th Oct: All England Judo Championships. Entry forms from BJA Head office.

Week-end 4th 5th Oct: National Referees Course, Crystal Palace. Details from BJA Head office.

Sun 5th Oct: Northern Area Open for Boys and Girls. Details from c. Symm, Consett Sports Centre, Ashdale Road, Consett, County Durham.

Sat 18th Oct: British Open Championships for Women, Crystal Palace. Details from BJA Head office.

Week-end 24th 25th Oct: Midland Area Residential Coaching Course, Lilleshall National Sports Centre. Details in this edition, plus entry form. Coach in-charge: Peter Barnett.

CENTRE OF EXCELLENCE SQUADS Midland Area

Sun 14th Sept: Men, at Haden Hill Leisure Centre, 11-00am

Sun 21st Sept: Boys, at Hardy Spicer Judo Club, 11-00am.

Women: To be notified. Girls: No September Session.

PROMOTION EXAMINATIONS Midland Area

Sun 7th Sept: Girls All Grades, Wellingborough, 10-00am. Womens Kyu Grades, Wellingborough, 12 noon. Boys All Grades, Midland Arts Centre, 10-00am. Girls All Grades, Midland Arts Centre, 12 noon.

Sun 14th Sept: Boys All Grades, Pontesbury, 10-00am. Girls All Grades, Pontesbury, 12 noon.

Sun 21st Sept: Boys All Grades, Wellingborough, 10-00am. Boys All Grades, Bingham, 10-00am.

Sat 27th Sept: Boys All Grades, Jukuren, 2-00pm.

Sun 28th Sept: Mens Kyu Grades, Coventry, 2-00pm.

Sun 5th Oct: Boys All Grades, Grantham, 10-00am. Boys All Grades, Kidderminster, 10-00am. Girls All Grades, Kidderminster, 12 noon. Mens Kyu Grades, Pontesbury, 10-00am. Womens Kyu Grades, Pontesbury, 12 noon.

Sat 11th Oct: Mens Kyu Grades, Jukuren, 2-00pm.

Sun 12th Oct: Boys to 6th Mon, Derby, 9-30am. Boys 7th Mon and above, Derby, 1-30pm. Girls to 6th Mon, Derby, 9-30am. Girls 7th Mon and above, Derby, 1-30pm.

SPECIAL GRADING

Sun 26th Oct: Owing to the difficulty of top Womens Grades and top Junior Grades in getting examined at Examinations where not enough high Grades turn up it has been decided to hold a special Examination at Derby Judo Club. Women: 4th, 3rd and 2nd Kyu Grades 10-00am. Boys: 14th Mon and above 12 noon. Girls: 14th Mon and above 12 noon. This is your opportunity to take that elusive Grading.

NORTHERN HOME COUNTIES EVENTS

Sun 21st Sept: Hertfordshire Open Championships for Men and Women, at the YMCA, Watford. In the normal weight categories split into three sections. Section A for Men up to 3rd Kyu. Section B for Men 2nd Kyu and above. Section C for Women all grades.

Tournament licence applied for. Details from W. Gilbert, 26 Kingsfield Road, Watford, Hertfordshire.

Week-end 27th 28th Sept: Northern Home Counties Area Referees Award.

There are still vacancies on the Course at Fairholme Judo Club for which there is no charge to NHC members. Qualifications: Green Belt and above, and minimum 16 years of age. For BJA Referee 3rd Kyu and above and 21 years of age. Applicants must be current members. Theory and practical Examinations for both the Area and the BJA Award will be held on the same day.

Applications to Maureen Sutton, 107 Colvin Gardens, Hainault, Essex.

JOHN BEARD TALKING SHOP

There seems to have been a considerable amount of hassle in Moscow during the Olympics, notwithstanding the millions of pounds spent by the struggling Russian Treasury, there is no doubt that the Russians are relieved that it is all over.

In America, from where I have recently returned, there is a story going round that Jimmy Carter telephoned Brezhnev and said: "If you don't get your troops out of Afghanistan, we'll

make you host the Games in 1984 as well!"

A Cinema in Chicago was showing a film entitled...*God Wears A Black Belt!* I wonder whose life story that might be?

Here is a copy of a memo, reproduced with permission from the writer and the recipient, which just shows that even the folk at head quarters have managed to retain their sense of humour.



BRITISH JUDO ASSOCIATION
70 Brompton Road
LONDON SW3 1DR
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Telex: 917634 AGFIJF

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TO: C.S. Palmer O.B.E. President

I write in my capacity of Membership Secretary's Assistant and as the owner of the novel 'The Amityville Horror'. I believe that on the evening of Tuesday 3rd June you, with the assistance of Mr G.D. Perkins Chief Executive Officer, did wilfully remove the aforementioned book from the desk of Miss Z. Hotobah-During (late of this Parish), and did give it to Mr John Beard, member of the Finance Sub-Committee to read on 8th June in Exeter. Stealing is a very serious offence and could lead to immediate dismissal, but due to your outstanding record in the past this matter will be overlooked if you return it (we won't look) because I want to lend it to the Dev Off.

TRACEY

P.S. It cost me £1.50

Sorry partner!!
g.o.d.

THE JOHN BEARD CALENDAR OF EVENTS FOR SEPTEMBER

2nd: Coventry Judo Club versus The Boiler-makers Union: Sheep Shearing and Glass Eye Rolling Contest.

8th: Smethwick Elsteddfod: Tandori Steel Band, Athletes Foot Catching, and a march-past of the Handsworth Discharged Police.

9th: Winson Green Agricultural Society: Annual Wife Swapping Rally.

14th: Birmingham Town Hall: Vera Lynn sings Led Zeppelin (With Donald Soper... Kazoo, Roy Inman... Triangle, Bryan Perriman... Knife, fork and spoon).

17th: Balsall Heath Mosque: Mock EJU Examination. Course instructors: Ayatollah Khomeni and Moshi Blumenthall.

19th: Co-op Undertakers and Funeral Directors KATSU Course...and barbecue.

23rd: Licensed Victualers Unarmed Combat Display: St. Martins Cathedral Bell Tower. Sponsored by the Jewish Chronicle. (No transistor radios).

25th: Sinn Fein Boxing Day Dance and Mon Grading, followed by the Brian Regan or Kenny Everett look-alike contest.

28th: The Herman Goering Anti-Nazi League (West Bromwich Branch): Sponsored Throw and Cat Strangling Contest, against the clock.

31st: KKK Funny Walk Open Day and Vintage Biscuit Tin Rally. Free eye test by Brian Roberts. Plus the famous Dirty Vest Competition and Charity Wife Beating Event.

COACHING SPOT

This month we take a look at an entry into the most popular armlock in modern contest Judo ... JUJI-GATAME, and will continue over the next two or three editions to show various other methods to secure this effective technique.

Photograph One: This entry demonstrates a Juji-Gatame attack against a defensive opponent who is well aware that Tori may roll forward to create a turn from which the technique can be obtained. As a consequence rather than go for the obvious arm roll which might get her into difficulties, here we see Midland Area Junior Champion Linda Hughes, pushing back into British International Sandy Fry's attack, although Sandy has burrowed her right arm underneath Linda's to secure it by grasping her own lapel.



Photograph Two: Here Sandy transfers her weight to her left leg and throws her right leg over Linda to hook her foot behind the right leg where she can apply leg-lift into Linda's groin. **Photograph Three.**

The movements so far are, of course, continuous and not in three stages as the photographs suggest, though these five demonstrated stages are quite suitable 'break down' intervals for coaching or practising the technique.



Photograph Four: Shows Sandy throwing herself back through a roll off her left shoulder whilst she uses her right leg to help turn Linda until she has now reached the point where she can move her left leg across Linda's throat, bring her right leg up across the chest to grip the arm and control her opponent's body whilst she applies the lock as in **Photograph Five.** Note that throughout the attack Sandy keeps Linda's right arm completely trapped.



BITS AND PIECES

...NEWS AND COMMENT IN BRIEF

The Midland Area Committee gratefully acknowledge the generous donation to Area Squad Funds made by Hardy Spicer Judo Club.

The Annual International Festival of Sport—between Chatelleraut (France), Velbert (West Germany) and Corby—this year had Corby as the hosts, with Dave Kennedy staging the Judo section.

With all the team members supposed to be limited in grade to 1st Kyu, it was not unexpected that the Velbert team should win as they came with two internationals, a 4th, two 3rd and three 2nd Dans. Chatelleraut stuck to the rules admirably, even to the extent of fielding a couple of underweight players in order to conform and as a consequence only managed four wins all day.

At the end of the contest Velbert won with eleven contest wins and Corby came second with eight contest wins, the young Team of Gerry Flood, Joe Szalaz, Alan Thain, Fred Paterson, Joanne Kennedy, Tony Gray, Gail Munn, Angela Belton, Jo Feeley, Graham Law, Isobel Houston and Bob Inglis, doing extremely well against the strong opposition.

The rest of the week-end was filled with 'fun, frolic and alcohol' and everyone had a very enjoyable time and look forward to next year when Velbert are the hosts.

GUINNESS AND NORTHAMPTON SCHOOLS OF SPORT

Roy Inman was kept busy as the Coach on the two Residential Courses in which the Midland Area participated in July and August. The *Guinness School*, at Lilleshall, was for selected young men from the Centre of Excellence Squads and comprised of Denzyne White, Kerrith Brown, John Swatman, Tom Brindle, Nick Wilkins, Dave Riley, Mark Bowater, G. Purcell and Martin Vale, who had a week of training and technical instruction, some of which we managed to photograph and will show in the *Coaching Spot* in the coming weeks with Roy Inman's comments.

This year the *Guinness School* was operated by the East Midlands Sports Council who take it in turn with the West Midlands organisation, and provided a very efficient, yet friendly, set up for the Course.

Directly following the Lilleshall Course Roy had a day off to visit home and have his washing done and then back to Nene College, Northampton, for their part-sponsored School which this time we had reserved for Young Women under 18 years of age, with the exception of Yvonne Collins, who stepped in at the last minute to fill a place left vacant by a withdrawal.

Those taking part were Karen Hewitt, Anne-Marie Hall, Diane White, Jackie and Linda Stuart, Sandy Fry,

Linda and Stephanie Hughes, Julie Dyke, Rachael Evans, Denise Fiddler, Celine Dufficy, Denise Jackson, Janet Cook, Kim Elleman and Yvonne Collins.

Pat Hewitt went along as chaperone and seemed to enjoy it as much as the girls who were a bit reluctant to come away at the end of the week. The *Coaching Spot* this month features some technique practise from the Course which once again was based on technical expertise rather than just training.

Congratulations to Kenneth May, Course Organiser, and everyone concerned for a well run school in superb surroundings with excellent facilities.

Interviews of a short-list of five applicants from over 100 enquiries were made last month for the post of Chief Executive of the BJA, to take over from Graham Perkins who at the moment is working his resignation notice.

Of the five, four were men and one was a woman, the lone lady being Gillian Kenneally, who was Charles Palmer's Secretary/Assistant during his period as President of the IJF. With the election of Mr Matsumae in 1979 this meant that Gillian's job became non-existent and since that time has been unemployed.

The selection panel at the interview indeed selected Gillian as the next CEO and have recommended her appointment to the Management Committee, who at the time of writing have not yet met to discuss it. It is, however, known that there is some resistance amongst Management Committee Members to the appointment.



Guinness School of Sport practise session.



Midland Area Girls at the Northampton School of Sport.



Chatelleraut, France, Velbert, West Germany and Corby team and officials.

LETTERS

Dear Editor,

In your August edition I see you have a report on the Redbridge Sports Centre Championships held on 5th/6th July 1980. One of our senior young ladies took part in this Event after travelling from Suffolk to London for the Championships. Her name is Elaine Ward, and she did in fact win a Gold Medal at the Championships, but her name was not mentioned in the report. Could you please rectify this next month?

May I say how much all the Members of the Haverill Judo Club enjoy reading your magazine...

Mrs S. F. DEARLE, Secretary, Haverill JC

Editor: Thank you for your letter correcting our omission and thanks for your kind words. I am a bit distressed, however, that all the Members of Haverill Judo Club read your magazine! Tight lot! If you could persuade five of them to risk 45p per month in buying their own copy, then you would get yours free and it wouldn't get so dog-eared.

Dear Editor,

This is a tribute to my friend and counsellor, Roy Clough, 100th Dan grade in this country. He was pioneer and founder member of Coventry Judo Club.

Roy (Professor) Clough followed in the tradition of the illustrious Gunji Koizumi, founder of Judo in Great Britain and won his black belt the hard way by beating a line-up of ten brown belts, all by Ippon and then demonstrating two Katas. That was in the 1950's.

I first met Roy in 1958 when he became my instructor, teaching me numerous techniques which he executed expertly. When Roy threw anyone there was never any doubt about it being Ippon, and I had the privilege of being in the 1964 Coventry Team with Roy, Bryan Perriman and Gerald White, when we won the Midland Area Championship.

Roy was respected by all who came into contact with him, both at Judo and socially, and his ability to turn a simple experience into a hilarious incident would have everyone rolling around in laughter.

Roy and I shared much more than Judo, for shortly before he died, whilst still instructing in the Sport he loved, we shared our faith and the acceptance of Jesus Christ from whom the award is not medals but eternal life.

PETER ASH, Coventry JC

British Judo Association...Midland Area GIRLS INDIVIDUAL AND TEAM CHAMPIONSHIPS

SATURDAY 27th SEPTEMBER 1980 HADEN HILL LEISURE CENTRE, BARRS ROAD, CRADLEY HEATH

The Midland Area Girls Championships is a 'Closed Area' Event which once again includes a Team Event in which everyone can have a fight and the Individual Events are in the National weight categories, so try and enter all your Under-18 girls. This is the qualifying Event for the National Championships with all Medallists receiving authority to enter.

This is a BJA Four Star Tournament, rules as per Tournament Handbook. All entrants must be members of the BJA and Licences must be produced or a fine of £1 will be imposed, which is non-returnable. Armlocks and strangles will be permitted above 52 kilos. Telephone or late entries will not be permitted and weight changes on the day may not be allowed.

Booking in: Individual Events 9-00am at the bar, Team Events 1-00pm in the foyer. Team members need not necessarily be from the same Club but may not fight in more than one Team.

Entry fees: Per Individual Event £1.50, Team Events £3 per Team. Fees are non-returnable. Closing date for entries 20th September. Please enclose a stamped, self-addressed envelope and make cheques/postal orders payable to the BJA Midland Championships Account. Entries to Frank Smith, 6 Wood Green Road, Wednesbury, West Midlands, include entry fees and entry form.

★ ENTRY FORM ★

Name and address of person to whom Competitors Cards should be sent

Club.....Team Manager.....
Only the named Team Manager will be allowed into the Competition Area

EVENT 1—UNDER 28 KILOS

EVENT 2—OVER 28 KILOS UP TO 32 KILOS

EVENT 3—OVER 32 KILOS UP TO 36 KILOS

EVENT 4—OVER 36 KILOS UP TO 40 KILOS

EVENT 5—OVER 40 KILOS UP TO 44 KILOS

EVENT 6—OVER 44 KILOS UP TO 48 KILOS

EVENT 7—OVER 48 KILOS UP TO 52 KILOS

EVENT 8—OVER 52 KILOS UP TO 56 KILOS

EVENT 9—OVER 56 KILOS UP TO 60 KILOS

EVENT 10—OVER 60 KILOS

EVENT 11—GIRLS LIGHTWEIGHT TEAMS

Under 28k

28k/32k

32k/36k

36k/40k

EVENT 12—GIRLS MIDDLEWEIGHT TEAMS

40k/44k

44k/48k

48k/52k

EVENT 13—GIRLS HEAVYWEIGHT TEAMS

52k/56k

56k/60k

Over 60k

British Judo Association...Midland Area BOYS INDIVIDUAL CHAMPIONSHIPS

SATURDAY 4th OCTOBER 1980 HADEN HILL LEISURE CENTRE, BARRS ROAD, CRADLEY HEATH

The Midland Boys Championships are 'Closed' to the Midland Area and are the qualifying Championships for the National Under-18 Championships in November—All Medallists will receive authority to enter. Make sure that the weight category you enter can be maintained through November and that you will be Under 18 years on 31st December 1980.

This is a Four Star BJA Event, rules as per Tournament Handbook. All entrants must be members of the BJA and Licences must be produced or a fine of £1 will be imposed, which is non-returnable. Armlocks and strangles will be permitted above 55 kilos. Telephone or late entries will not be accepted and weight changes on the day may not be allowed. Be sure you are entered in the correct category. Contests will be on a First Round Pool into Knock-Out and Repechage basis.

Booking in at 9-00am prompt, in the bar. Entry fees £1.50 per competitor. Fees are non-returnable.

Closing date for entries to be received 29th September. Please enclose a stamped, self-addressed envelope and make cheques/postal orders payable to the BJA Midlands Championships Account. Entries to Frank Smith, 6 Wood Green Road, Wednesbury, West Midlands, include entry fees and entry form.

★ ENTRY FORM ★

Name and address of person to whom Competitors Cards should be sent

Club.....Team Manager.....
Only the named Team Manager will be allowed into the Competition Area

EVENT 1—UP TO AND INCLUDING 28 KILOS

EVENT 2—OVER 28 KILOS UP TO 31 KILOS

EVENT 3—OVER 31 KILOS UP TO 34 KILOS

EVENT 4—OVER 34 KILOS UP TO 37 KILOS

EVENT 5—OVER 37 KILOS UP TO 41 KILOS

EVENT 6—OVER 41 KILOS UP TO 45 KILOS

EVENT 7—OVER 45 KILOS UP TO 50 KILOS

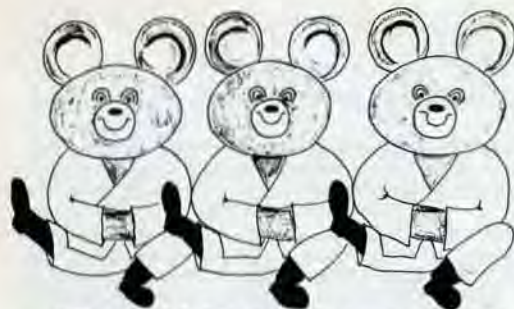
EVENT 8—OVER 50 KILOS UP TO 55 KILOS

EVENT 9—OVER 55 KILOS UP TO 60 KILOS

EVENT 10—OVER 60 KILOS UP TO 65 KILOS

EVENT 11—OVER 65 KILOS UP TO 71 KILOS

EVENT 12—OVER 71 KILOS



OLYMPIC JUDO MOSCOW STYLE

Report based on material supplied by
Phyllis Elliott and Colin McIver (JUDO Ltd).

Photographs by courtesy of
Colin McIver and JUDO MAGAZINE.

There is little doubt that the one commodity of which Russia has an abundance is people, and, as the state is the sole employer, the availability of labour and skills of all kinds to stage the Olympic Games was never in question. In fact, if these games were to suffer from labour problems at all, it would be from having five people doing the job that should be done by one person.

There is also little doubt that the magnificence of the opening and closing ceremonies which featured four thousand male and female gymnasts in the mass display could only have been achieved in a Socialist Country where this one Event was probably the most important piece of sales propaganda with which the Politburo has ever been presented.

So, whatever the arguments were about whether the Games should go on or not, that they were staged to almost total acclaim as the best organised and presented of recent years brings great credit to the Russian Organisers which was only spoilt by the laborious machinations of the bureaucracy in petty documentation and security.

Having said that, the security was of the annoying oppressive sort rather than the aggressive display of arms evident in Montreal and this could be best demonstrated by the experiences of John Goodbody (UPI Correspondent) who was required to move to and fro amongst the activities reporting on various Sports. In one day, John was searched no fewer than forty-seven times which one imagines can get rather monotonous, especially when trying to make telephone deadlines. For anyone carrying bags or camera cases, entry into the Judo Hall required on average three searches a day and travel to and from the Hotel was always in the company of a Courier.

On the whole the Couriers were articulate, English speaking students who were extremely helpful and would go on to great lengths to see to each visitor's needs. Most of them also went to great lengths to see the Judo which was no mean feat as none of them had tickets for any of the Events. If unsuccessful in their bid to sneak into the Sports Hall they were consigned to a day of boredom sitting in the car park waiting for their charges to re-appear. Every morning buses would ferry the tourists to their destinations which proved quite entertaining for Arnold Humphries and Colin McIver of JUDO magazine who had the rare privilege of a private car just to themselves as they were the only Hotel guests destined for the Judo Events.

Access to the Hotels was also subject to prior application and the necessary pass which Phyllis Elliott in her usual unobtrusive way managed to avoid by turning up quite freely every night at Colin's Hotel without difficulty as did John Lawrenson, but to a lesser extent.

John went so far as to make his way home every night after 11pm on the Metro which he swears that even at that time had trains running every few seconds.

Phyllis has got to be some sort of agent in disguise. In the last Olympics, not only did she manage to gain access to the secret Russian training sessions but actually finished up on the mat with them having a quick practise. However, whatever her secret, it works, and we are indebted to her for the detailed report of the contests on which this article is based.

Phyllis did have her fair share of problems, being in a Hotel obviously thrown up for the Games, with 10,000 bedrooms and no staircases or fire escapes, and in developing a chest infection which confined her to bed for a short while which meant she missed part of the second day of the Judo.

Talking of Hotels, it is interesting to note that in the land of socialism which spawned our Union mentality, the Hotel Staff were required to work 24 hour shifts with no set meal times or breaks, everyone just grabbing some food whenever they were able. One dreads to think the reaction if any British employers suggested that!

Moscow itself is a beautiful city which had been totally changed and presented for the benefit of the Games. All the streets and squares were decorated with Olympic posters and hoardings beseeching love between nations and other messages of brotherhood and all the shops on the tourist routes were adequately stocked even to the extent of having Coca-Cola available for the decadent Western appetite. Shoe shops were non-existent and whilst there was quite a bit of consumer merchandise on show, quality was poor and generally unappealing to Westerners.

The Public transport is efficient and impressively reliable and frequent and the streets were clean and tidy with vandalism and graffiti non-existent. There is no truth at all in the rumour that Colin McIver used his aerosol paint to scrawl 'Margaret Thatcher for President' in Red Square just because he couldn't buy any oranges. Nevertheless it must be an entertaining temptation.

Red Square was the scene of the only excitement when it was sealed off for one day by a phalanx of soldiers so that non-Russians couldn't get in. Unfortunately all hopes of an exciting story were dashed when it was discovered that they just washing it!

And so to the Judo, which, despite the withdrawal of several Countries produced 54 more fights than in

Montreal and despite some atrocious refereeing, some excellent Judo. More about the Refereeing later, but it is interesting to note that even those Countries that had withdrawn their Teams still sent the Referees! Including Japan. Even Mr Matsumai, President of the IJF who led the vote against Japan competing, was there presenting medals. Obviously Russian double standards are infectious.

The Judo Hall was an ideal venue, with just one mat area and usually two categories on view each day which meant that Journalistic coverage was excellent with the massive electronic scoreboard announcing fights and scores as they occurred making the following of the contests child's play.

Day One, 27th July had the Over and Under 95 kilo classes on the mat and also the Draw for the Open which was to be held at the end of the week. This was quite unusual and led to several Teams, including Britain, making Official protests as the 'Open' category player is not usually named until the night before the Event. This meant that any ideas of putting Paul Radburn in, once he had got through the weight Event in safety had to be abandoned and Arthur Mapp was nominated for the place he hadn't expected to get. So Radburn in at Over 95 kilo getting a bye in his first fight but with previous European Champion Adelaar and ex-Team mate Angelo Parisi in the same side of the table. In his second contest Radburn met Cioc of Romania with Paul scoring a koka within 10 seconds and then a wazari until at about halfway through the contest, the Officials decided that the wrong fight was on the mat and stopped it and told the players to leave the mat to re-fight at another time. Cioc, understandably, complied very readily whilst Paul was not so enthusiastic about the idea and sat down and refused to budge!

With the table Officials, IJF Officials and the Team Managers joined in discussion, ten minutes passed with the audience growing more and more restive until to great applause, the Rumanian was recalled and the fight went on. The rest had done Cioc good and he scored a yuko but could do nothing, with or without Official help, to upset Radburn who won on the wazari.

This put him in against 1978 British Open Champion, Zinnecker of Switzerland which went into the last minute before Radburn scored a koka. Zinnecker had already received a passivity warning and had to open up a bit with Radburn getting in with utsuru-goshi for a spectacular ippon just on the bell which also resulted in a dislocated shoulder for Zinnecker.

Next came Parisi, now a naturalised Frenchman which proved to be a fairly inactive contest with both players progressing through the penalties for passivity warnings with Paul eventually losing out with a keikoku against Angelo's chui. This put Parisi in the final with Radburn just one repechage fight for a Bronze medal.

This was against Kochman of Czechoslovakia with Radburn appearing to have it safely tied up when he went ahead by two kokas and a wazari. Kochman then began to come back and at two minutes before the end of the contest had scored three kokas with Radburn hanging on to the wazari by the skin of his teeth. Shortly after this the situation was changed abruptly when Kochman threw Radburn for ippon to steal the Bronze medal from almost within his grasp. Parisi in his final against Zaprianov (Bulgaria) saw the fight follow a similar pattern to that of the contest with Radburn with passivity penalties being shared out until with just 46 seconds to go Parisi scored ippon from harai-goshi to become Olympic Champion.

In the Under 95 kilo class Chittenden was the British representative who must have been as surprised as many British supporters to find himself in Moscow, but, quite undaunted, he started quite spectacularly by throwing Nikodym (Czechoslovakia) for ippon with tai-toshi in just 12 seconds. De Wet of Zimbabwe was his next opponent who was a master of inactivity and incurred a shido for passivity which Chittenden tried to emulate getting a warning with just about 90 seconds to go. This seemed to stimulate Mark who scored three kokas in quick succession to win the bout and be rewarded with a third round fight with Numan of Holland.

Numan is a much more experienced fighter than Chittenden's first two opponents but once again the fight was fairly slow with Chittenden incurring a shido for holding the belt and then being awarded a koka by the Referee with which both the judges disagreed. Thus Numan through to meet Van de Walle who not unexpectedly won to put Chittenden out of any chance of the repechage. Still, a good performance to progress almost to the medal stage which was improved upon when shoving a security guard out of the way to gain as much publicity as the medal winners.

Day Two, 28th July was just the Under 86 kilo category with Olympic Team Captain Peter Donnelly the British representative thought to be in with a good chance of getting amongst the medals which received a severe blow in his first contest with the comparatively unrated Cuban, Azcuy who threw him for ippon with uchimata rather speedily. The Cuban's ratings are now somewhat higher for he went on to beat Muhakatesho of Zambia, World Champion Utsch (East Germany) and Carmona (Brazil) whom he threw for ippon with a magnificent seoinage.

This gave Azcuy a place in the final against Roethlisberger (Switzerland) whom Donnelly had quite convincingly beaten in the World Championships and put Peter back into the repechage where he quickly atoned for his earlier defeat by throwing Muhakatesho for ippon with harai-goshi in just 16 seconds. Next was Utsch with good attacks coming from both sides without score and Donnelly incurring a warning for passivity about a minute from the end. At time both judges gave it to Utsch on hantel.

The final was a real comedy. After the fight had been going just nine seconds, the Referee stopped the fight to query the validity of the sleeve width of Roethlisberger's jacket despite the fact that all players had their jackets checked and measured by mat edge Officials before the commencement of the games with each jacket then being numbered to identify both it and its occupant!

Still, the Referee didn't like it and sent the poor chap off to change it ignoring his pleas that he had been wearing it all day and then when he returned Mr Yamasaki wasn't too keen on his new jacket either, so after some discussion sent him off to change that also.

Poor Roethlisberger was understandably getting a bit fed up by this time, after all, it's not normally what is expected in the final of the Olympic Games, so he returned in his original jacket and the fight was recommenced.

Mr Yamasaki however was not to be fooled, and once again, the contest was stopped for further discussion now involving the table Officials and the jacket! This went on for about five minutes during which time the Cuban had dozed off, until at last, the Referee was persuaded to put up with the jacket and once again fighting commenced. Within 30 seconds the Cuban had scored two kokas but bit by bit Roethlisberger got his

concentration back and scored a yuko from tai-toshi. Later on Azcuy gained another koka but the yuko eventually won it and the Gold medal went to Roethlisberger which everyone thought he deserved for his perseverance.

Day Three, 29th July started quickly for Chris Bowles at 78 kilo against Simo (Cameroun) with the decision going to Chris on hantei to put him in against 'Choo' Tchoullouyan (France) World Silver Medallist 1979 with Chris getting in first to score a koka in the first minute. Tchoullouyan equalised a minute later and this is the way it stayed until time, when both judges gave it to the Frenchman.

Tchoullouyan went on to win in impressive style with an ippon from harai against Andrade of Portugal but then lost to another of the fast improving Cubans, Ferrer and so ended Chris Bowles' hopes of a repechage fight.

Ferrer went into the final against the Russian Khabereli with great assurance and scored a koka in just 23 seconds but in a fast exciting contest the Russian edged ahead with the only yuko out of a collection of kokas. The Cuban squad have really made tremendous progress in the last four or five years and their performances in the World Championships and the Olympics must surely put them fairly high in the top ten Nations and most certainly no Cuban could now be considered an easy draw.

Day Four, 30th July at Under 71 kilo our great hopes were obviously pinned on Neil Adams who once again had struggled to make the weight and surely must now go to 78 kilo where he is current European Champion. To train as hard as is necessary at this level whilst eating the absolute minimum cannot be conducive to optimum performances and the player himself must be subconsciously aware of the struggle to qualify which in itself cannot be any boost to confidence. It would be interesting to hear some medical opinion on the question of dieting down to lower weight categories, as it is now quite prevalent amongst Junior contest players many of whom by no stretch of the imagination are overweight. Peter Donnelly has fought in five weight categories at International level, three of those in one period of twelve months when he spent most of the year either 'bulking up' or dieting down.

As it was, there was a wait before Adams was on the mat during which time Henderson of Ireland had a gift win when Puentes of Mexico did not appear and the audience were entertained by Hamaiko (Zambia) and Nkamden (Cameroun) who looked very much as if it was their first contest. Neither seemed very sure of the rules and after just 14 seconds Namaiko incurred keikoku for walking out of the contest area and seemed a little puzzled as to what was happening. Nkamden then scored a wazari, more by luck than expertise, and so won by sogo-gachi which left Hamaiko completely bewildered.

Then Adams against Picken (Australia) who submitted to the inevitable juji-gatame at one minute thirteen seconds which put Neil in against Mr Nkamden, previously mentioned. That Nkamden didn't appear, was perhaps, discretion being the better part of valour, but the bye put Neil through to meet Alksnin of Poland who was a different kettle of fish.

After a slow start Neil secured a good sleeve grip and with about a minute on the clock scored wazari from uchimata which was continued into kesagatame for ippon.



△ Tuero, Cuba, and Nilssen, SW.

▽ Kris, Czechoslovakia, shows total commitment in Uchimata attack.



Lehmann of East Germany was next on the list for Neil, with the German obviously not anxious to get caught with the uchimata which put him out of the 1979 British Open but his straight arm defence allowed Neil to get underneath for tai-toshi to score a koka which Neil tried to follow up with juji-gatame. Lehmann skillfully escaped this one but could do nothing about a similar attack with just two minutes on the clock and had to submit for ippon and a final place for Adams.

Neil's old adversary Gamba of Italy had secured the other final place with some impressive wins against Al-Farhan (Kuwait), Dyot (France) and Kim (Korea) and Adams would surely have loved to have seen anyone other than 'Silver' Gamba facing him. Gamba has won the Silver medal in just about every major Championship and Neil has in fact beaten him a couple of times in finals, but at their last meeting in the World Championships, Gamba's spoiling tactics really took the edge off Neil's skill.

Unfortunately this was the pattern which Gamba followed from the start with Neil quite unable to get his sleeve grip effectively working. The last minute contained most of the action with a flurry of attacks from both players with Gamba's looking the more effective and on hantei both judges gave it to the Italian with the Silver medal to Adams.

It seems ungracious to think in terms of Adams 'only' winning the Silver, but it was general opinion that this was a Gold medal lost rather than one won by the Italian and in terms of technique Neil is obviously far superior. It was however odds on, that sooner or later Adams would meet Gamba who showed in the World Championships that he had learnt how to blunt the Adams' skill and steal the contest yet Neil had nothing new in his repertoire with which to surprise Gamba.

Day Five, 31st July Ray Neenan has had quite a successful year internationally with some good wins that have been beyond his grasp in the past and he continued this in his first fight defeating the Junior European Champion Ocko of Yugoslavia quite convincingly with ippon from ushiro-kesa-gatame in just a couple of minutes which was almost repeated in his next fight against Rabary (Madagascar) this time the hold being yoko-shiho-gatame.

This gave Ray a fight against Reissman (East Germany) and Ray went into an early lead with a koka and then was given a passivity warning! In the third minute Reissman equalised with a koka and then Neenan got a shido for passivity and went further behind in the fourth minute by another koka. At time there was no other score and so a win to Reissman who went on to lose to Solodukhin (USSR) and so put Ray out of the competition.

Day Six, 1st August John Holliday is also becoming something of a juji-gatame specialist and in his first fight against Francini (San Marino) he appeared to be home and dry when he snapped one on after just 24 seconds. Unfortunately Francini's arm appeared to be made of india-rubber and quite used to being bent at an impossible angle. In the third minute John scored a koka and later on added a yuko which was sufficient to put him through into the next round.

Once again, after scoring wazari from seoinage Holliday engineered another armlock on Cypriot opponent Spyrou who quickly escaped from it only to move into ossekomi which he again escaped from. Halfway through the contest, John put a similar combination together scoring just a koka from the throw but gaining a submission from the juji-gatame.

Next came Rodriguez (Cuba) who is an all action fighter who scored very well in the World Championships with a variety of techniques and in the first minute he took three kokas off Holliday. At one minute thirty seconds the referee gave Rodriguez a wazari which the judges changed to ippon to give the Cuban a bout against Kincos of Hungary which Rodriguez won in just 51 seconds with ippon. This put him in the final against Rey (France) and gave John a chance in the repechage which he took very well to beat Elmajjar (Syria) with wazari-awaseti-ippou with seoinage and so got a semi-final fight for the Bronze. This was against Kincos of Hungary who was presented the medal when John stepped out to incur one of the few keikokus given, on which the contest was lost.

Nevertheless a very good performance by Holliday to get to this stage with only the penalty losing him a medal.

Day 7, 2nd August So to the last category, the Open, which with Sunio Endo missing, really was open with several players in with a chance of the title and Arthur Mapp carrying British medal hopes. Arthur did not have much time to think about with Adelaar (Holland) as he was the second fight of the day to take to the mat following a dull affair between Saari (Finland) and Carmona (Brazil).

Arthur proceeded to liven things up, throwing the ex-European Champion for a yuko after one minute and a second one 30 seconds later. Just two minutes into the contest Mapp scored wazari which he repeated on the third minute for a creditable win and a somewhat easier bout against De Wet (Zimbabwe). The African lasted two minutes of out and out defence, before



Henderson, Iceland, thrown for Wogain by Dyangue, Senegal.



△ Mapp scores an Ippon from Harai-goshi on De Wet.



▽ Zaprjanov, Bulgaria, against Mapp, GB, in the Open Event.

▽ Lorenz scores Yuko on Mapp in the Open Event.



Tuero, Cuba, picks up Nilsson, SW, with Kata-gumite to score Yuko.

giving away a yuko which was followed by a second one 30 seconds later. Arthur had him sorted out and with two and a half minutes on the clock scored ippun with a nice harai-goshi. Now Arthur had the very experienced Zaprjanov of Bulgaria but in the third minute Mapp scored wazari from waki-otoshi, and through Zaprjanov came back to score a koka in the last minute, it was another fine win for Mapp. This however put him against the formidable Dietmar Lorenz (East Germany) who scored a yuko after 28 seconds and continued it into osae-komi from which he sought out a strangle for a submission and ippun and a final place.

Arthur of course now had just the last fight of the repechage for a Bronze medal which to his great delight he won in two minutes fifty seconds by ippun throwing his Mongolian opponent Tsend-Auish with okuri-ashi-harai. So a Bronze medal to go with Neil's Silver and our Olympic success story continues.

Angelo Parisi made the final with Lorenz which he lost on harai to take back a Gold and Silver medal to his adopted country but it is nice to report that directly after his presentation Angelo posted a card to Albert Jacks (Brian's Dad) thanking him for the help and encouragement he had received from the Jacks' family in his early career and dedicating his medal success to this assistance.

How refreshing for one of the Stars to acknowledge that success is never a sole achievement but the result of the dedication of many people along the way.

RESULTS

Over 95 Kilo
Gold Parisi (France).
Silver Zaprjanov (Bulgaria).
Bronze Kochman (Czech.), Kovacevic (Yugoslavia).
Under 95 Kilo
Gold Van der Waile (Belgium).
Silver Khubuluri (USSR).
Bronze Lorenz (E. Germany), Numan (Holland).
Under 86 Kilo
Gold Roethlisberger (Switzerland).
Silver Azcu (Cuba).
Bronze Utsch (E. Germany), Iatskevitch (USSR).
Under 78 Kilo
Gold Khabarell (USSR).
Silver Ferrer (Cuba).
Bronze Tchoulouyan (France), Heinke (E. Germany).
Under 71 Kilo
Gold Garba (Italy).
Silver Adams (Great Britain).
Bronze Lehmann (E. Germany), Davadalai (Mongol.).
Under 65 Kilo
Gold Solodukhin (USSR).
Silver Damin (Mongolia).
Bronze Neckov (Bulgaria), Pawlowski (Poland).
Under 60 Kilo
Gold Rey (France).
Silver Rodriguez (Cuba).
Bronze Kincses (Hungary), Emich (USSR).
Open
Gold Lorenz (East Germany).
Silver Parisi (France).
Bronze Mapp (Great Britain), Ozsar (Hungary).

So the end of the Games and into the magnificent closing ceremony with none of the British Squad being present and no sign of a Union flag in the final parade, which has got to be one of the strangest decisions ever made. One can understand not giving the Russians any opportunity for propaganda but there seemed very little point in denying the British medalists the right to show their pride in their country.

Within actual minutes of the closing ceremony and before the last of the visitors had left, the street decorations were down and the political signs were back up once again denying the Russian people from absorbing the taste of contact with outsiders or their ideals.

So once again, one of the most powerful and potentially rich Nations of the Earth has shown that whatever riches it possesses Russia is entrenched in an oppressive system that is so poor that it cannot allow its own people . . . free speech.



Club visit...

ROMFORD & HORNCHURCH



The Romford and Hornchurch Judo Club is based at Cottons Park, Romford, Essex and had the distinction of being one of the original founder Clubs of the British Judo Association.

The Club was first formed in 1948 and was based at the British Legion Hall, Romford with Reg Whiteford as the Instructor. Reg is still in the Sport having since become a full-time Judo Instructor at the Police Training College at Hendon and some of the early members who are still around are John and Bill Julier, Ron Dawson, Colin Gilbert and Ron Roberts.

The R. & H.J.C. have been in their present premises for 25 years and in that time have produced a fair number of talented Judoka. Amongst the earlier members, there were British Internationals Alan Roberts, Paul Eales and Albert Johnson and Olympic Silver medallist Dave Starbrook regularly practiced at the Club in his early days. Bill Ward, the British Open Champion in 1979 and Silver medallist in 1980 has been a Club member for the last six years and British Olympic lightweight John Holiday regularly attends the Sunday sessions and gives the Seniors a good work-out.

The Club attracts many Senior and Junior players from all over the Northern Home Counties and the Sunday training session usually boasts an abundance of Dan grades. Alan Cunningham and Mick Green are the present Club Instructors, their teaching being based on the

belief that every contest should be won by Ippon.

Not only is the involvement of Junior and Senior players in the running of the Club at a high level, so is the participation of parents and friends who do a great deal of work in raising funds and assisting in the maintenance and running of the premises. In the last few years, their efforts have combined to raise enough money to buy two separate Gee-Mats as well as all the other requirements of the Competitors and they are obviously an integral part of the success of the Club.

Junior Membership as in most Clubs these days is the mainstay of the Club and there are representatives in both the Essex and Northern Home Counties Squads. Boys like the Whitehead twins, Geoffrey Holgate, David Rose and John Levy have all had a great deal of contest success already.

During the last few months, the Club has benefited from several visits of the Olympic Squad and their final visit was the Thursday before flying out to Moscow for their latest success.

Practice times are, Monday 7-30 to 8-30pm for Juniors and Tuesday, 8-00 to 9-30pm for Seniors who also meet on Thursday at the same times. Friday 7-00 to 9-00pm Juniors and Sunday 10-00am to 12noon Juniors, 12noon to 1-30pm Seniors.

MIDLAND AREA RESIDENTIAL WEEK-END COACHING COURSE



The 1980 Residential Week-end Coaching Course is again to be held at Lilleshall National Sports Centre, A41, Newport, Shropshire, on the week-end of 24th/26th October.

This Special Course—Coach, Peter Barnett, National Coaching Co-ordinator—is specifically aimed at qualified Club Coaches in preparation for County Coach Examination and County Coaches in preparation for the Senior Coach Award.

The cost of £24 includes the course fee and week-end accommodation at Lilleshall—which also includes meals.

Examinations for County and Senior Coach Awards will be organized about two months after the Course and those interested will be notified of the details well in advance. There will be an additional fee for the Examination.

Closing date for Course places Friday 10th October 1980.

APPLICATION FORM FOR LILLESALL COACHING COURSE

I wish to apply for a place on the Coaching Course at Lilleshall National Sports Centre, on the week-end of 24th/26th October—Friday evening to Sunday afternoon.

I enclose cheque/postal order for £24, made payable to B. W. Rowland BJA Account.

Minimum amount to be enclosed with this Application Form is £5 deposit, which is non-returnable. Total fee must be paid by Friday 10th October.

Name (block letters)

Address

Telephone

Club & Area Grade

BJA Membership No. Signed

Applications to be sent, with a stamped self-addressed envelope, to:

B. W. ROWLAND, 34 DRAYTON LANE, DRAYTON BASSETT, STAFFORDSHIRE

Telephone: Tamworth 62315

Closing date . . . Friday 10th October 1980