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KARATE - AIKIDO - KENDO

# JUDO

INCORPORATING BRITISH JUDO ASSOCIATION NEWSLETTER

Price 35p

March 1977





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## THIS MONTH'S FRONT COVER

Kawahara of Japan scores yuko from kosotogake against Reme Berthet of France. Kawahara won the contest with a hold down and went on to defeat Angelo Parisi in the final of the under 95 kgs category, during the 1976 Paris Multi National Tournament.

Photo by David Finch

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# JUDO

MARCH 1977  
VOL. XIX No.9

Published by JUDO LIMITED, 28, HIGH STREET, TOOTING, LONDON, S.W.17

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Offices/Circulation & Advertising: Telephone: 01-672 6545

Production: Roland Gross Telephone: 01-253 4565

Subscription Rates £4.20 per annum post free



# IN AND AROUND THE DOJO

## SPRING HIP—ONE OF THE BIG FIVE

by Tony Reay

Photographs by David Finch

In my training days in Japan reference was often made to the "big five". These were the five powerful body-contact throws which were then in popular vogue. Every competitor of note from 2nd Dan upwards possessed one of these throws and included it in his range of technique. Some were lucky enough to possess more than one. The big five were seoinage (shoulder throw); osotogari (major outer reaping); haraigoshi (sweeping loin); uchimata (inner thigh) and hanegoshi (spring hip). With regard to seoinage there were those who favoured the more powerful morote



(both hands grip) variety, many who used the ippon (one arm) variety and a few who were most impressive with the seoiotoshi (shoulder drop) variety.

Hanegoshi was very popular at the time and I knew one Kodokan high grade who did nothing else. He even wrote a book about it in which he described five different styles. Imagine a book about one particular throw, but then that's how he felt about it, such is the magnetism of this throw once you become involved.

Hanegoshi is to me the most fascinating of all the big body-contact throws. When I see a good hanegoshi in contest it exemplifies all the qualities in judo which to my mind raises the game high above all the other wrestling sports. It has all the ingredients, skill, grace, dynamic power and beauty. Unfortunately, at the time of writing, it is a very rare throw indeed — certainly so in this country. But if the pattern of judo over the years is anything to go by we should be seeing it in vogue again before long.

A good "opener" for hanegoshi can be an attack with kouchigari (minor inner reap). As the opponent momentarily stiffens against this thrust to his rear, tori (person attempting the throw) can "blast" in underneath transferring his weight from the right foot to the left — as with migihanegoshi (spring hip on the right) depicted in the photographs — ensuring that the left foot is well planted between uke's (person being thrown) feet. To get the "feel" for this throw the entry should be practised many, many times and time and time again. Here there is really no substitute for uchikomi (repetition of the entry with a partner). Initially the support leg needs to be fairly bent and therefore the leg has to be trained to support all the weight. As soon as the left leg has taken over the support from the right leg the right leg takes over the role of the "working" or "throwing" leg. With the right knee brought well out to the side at right angles, the right leg bent to nearly forty-five degrees and the instep of the right foot brushing the inside of uke's right calf, tori is ready for the







"spring" action which actually throws the opponent. Whilst all this is going on however, one must also be using the arms to draw the opponent's upper body onto the throw. This is the difficult part to master with any throw and complete co-ordination between the upper part of the body and the legs is absolutely necessary. In breaking uke's arm defence a slip action is a "must" and this is best depicted in the side views of the throw in photographs 6 and 7. Here tori, with a strong and secure grip on uke's right sleeve, has "jerked" uke's arm up and past his own chest and in moving in has rolled the arm around and past him.

At the same time the right hand pulls towards tori's own right ear and with right arm well bent locks the left side of the opponent's chest against himself. Tori needs absolute body contact all the way up his right side in order to throw with the "spring" action.

Study photographs 1 to 5 for the overall action. Once having got the parts right one has to then weld them into one single bodily action constantly building up the power of the action and the speed of the throw. This takes time — as I once read in a book, to perfect a throw one has to practice it 500,000 times.

## ARMY JUNIORS INDIVIDUAL JUDO CHAMPIONSHIPS 1977

By Major R. M. J. Gent, RAEC

Fifty-one Juniors from ten units arrived at the Infantry Junior Leaders Battalion, Shorncliffe, on Jan 28th to take part in the 1977 Championships. Although the Championships were dominated again by competitors from A.A.C. Chepstow and IJLB Shorncliffe, the Star performer was undoubtedly Armstrong, the only finalist from A.A.C. Arborfield.

Armstrong, a recent silver medalist in the European Junior Judo Championships, with all due respect to other fine competitors, was in a higher class altogether, demonstrating a wide repertoire of throws and groundwork moves. In the middle-weight group with no less than 24 entrants, Armstrong won all his preliminary contests and his semi-final with consummate ease. His opponent in the final was McLelland, who only scraped through a close semi-final bout with a scrappy throw for a yuko (5 points). Despite this McLelland proved a worthy opponent for Armstrong in what proved to be a very good final. It took some very subtle groundwork moves before Armstrong could produce a Jujigatame (straight arm lock) to gain a prompt submission.

In the Open Championship Armstrong again met McLelland, this time in the Semi-final, and once again gained ippon (10 points) with a submission. In the final he came up against a much heavier and stronger opponent in Debic, a light-heavyweight. Early in the bout Debic made a determined effort to strangle his opponent, but Armstrong escaped. Armstrong then gained a koka (3 points) with a morote seoinage (shoulder throw), which proved sufficient to win this close contest.

Probably the most entertaining match came in the lightweight division. The finalists were Thompson and Deeks, either of whom would have made a worthy champion. Whilst Thompson had an attractive style, it was Deeks who showed more aggression, taking a koka early in the contest and eventually producing a convincing strangle from the rear to win by an ippon.

The welterweight final also produced a good contest. Hewlett, who won with a kesa-gatame (scarf hold) in his semi-final, met Killoh, who had a very tough semi-final against his team-mate from Chepstow, Crow. This all Chepstow final was won by Killoh after a series of kokas and a yuko, all achieved with his excellent ippon seoinage (shoulder throw).

As is often the case in Junior Championships, the heavier weight groups produced only a few contestants. The heavyweight championship was won by Petrovic, who had a bye in the semi-final, there being only three competitors.

The light heavyweight group produced only four entries and was duly won by Debic who proved far too strong for his opponents. In the final he produced an excellent left-hand kesa-gatame from which his opponent Vernon never looked like escaping.

The lasting impression of these Championships is one of improved all round quality. There were very few weak contestants. Although, as a spectator one would hope to see more throws, their usual absence was compensated for by much improved groundwork, where a great deal more imagination was shown than in previous years.

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# PARIS TOURNAMENT

## FIRST DAY

*Report and photographs*

by DAVID FINCH

The International Paris Tournament is a prestigious event sponsored annually by the French Judo Association. The tournament precedes a week's training for the full French Senior Squad of 52 players with most of the foreign teams that have taken part in the competition.

This year due to the additional weight categories the event was to be spread over the weekend of the 15th and 16th January, 1977.

The venue as always was the impressive Pierre de Coubertin Stadium with a capacity of 4,500, just the right size for a competition of this nature. Ten teams of seven had been invited by the French. They were Great Britain, Belgium, Japan, East Germany, West Germany, Austria, Holland, Russia, Poland and Yugoslavia. A fair sprinkling of some of the world's best judo nations to be taken on by the French.

The French fielded eight in each weight category apart from the heavyweights which contained five. Their team included Rouge, current World Champion, Angelo Parisi, late of Great Britain, current French Champion and Patrick Vial, Olympic bronze medallist.

The British team consisted of Andy Hough, Ray Neenan, Neil Adams, Chris Adams, Bob Diebelius, Paul Radburn and Peter Donnelly. Generally speaking a young team by previous standards. Bob Diebelius was the most experienced having fought in the 1973 World Championships. Peter Donnelly, at 24 the oldest, making a welcome return to

international competition after a niggling leg injury. Dave Starbrook was the team manager and Colin Gilbert the invited referee.

The remaining teams generally were experimental and young, apart from East Germany which included its full Olympic team. Japan had seven players with only Moriwaki a previous known name, having won at lightweight in 1976. Barkalaev of the U.S.S.R. was the most experienced Russian and Talaj of Poland was an Olympic bronze medallist.

The contests were to start at 2.00 p.m. on the Saturday with the eliminations to be carried out by the pool system. Two from each pool to then go forward to the quarter finals. The first day's weights were under 65 kgs, under 71 kgs and under 95 kgs.

### Eliminations

#### 60-65 kgs category

Ray Neenan represented Great Britain at this weight fighting in a pool of five. His first and best contest was against Dagenbach of West Germany. He scored yuko in the opening seconds with seoinage and then consolidated his score with a koka from the same technique. Ray constantly attacked with dropping seoinage and uchigari so much so that the German had to rest for a while with an injury that he had received in the contest. At time Neenan won by a yuko and koka—5 points. His second contest was exceedingly close against Jarzyck number seven in the French Squad. At time it was a split decision with

the Frenchman winning by one point. Next was the Pole Alsknin, here Neenan again used seoinage to good advantage scoring yuko at 2 mins. 10 secs. He then held onto the lead and again won by five points.

His last contest was to decide if he went through to the quarter finals. It was against Colleuil of France—number four in the French squad and number one in the pool with 24 points from 3 contests.

Ray pulled out all the stops knowing that he had to beat him to follow on. At 2 minutes 54 seconds he scored a yuko with seoinage but 30 seconds later the Frenchman answered back with a good seoinage that sent Neenan spinning to the mat forcing him to land on the top of his head and feet. Yuko was given for the throw. At time it was a split decision with Neenan getting the nod and one point.

Unfortunately for Ray there was a tie for second place with Jarzyck also having 11 points. Jarzyck went

through due to his wazari win against Ray's yuko.

Elsewhere in this category there had been few surprises. Sahara of Japan reached the head of his pool followed by Yves Delvingt of France—the man who had destroyed World Champion Minami at the Olympic Games. Ex European Champion, Werner of East Germany was through second to Guy Delvingt of France. In the remaining pool Hansen the French No. 8, followed Reissman of East Germany after defeating the spirited Algisi, his country's number two.

#### 65-71 kgs category

Neil Adams flew the flag for Britain in this category scraping through to the quarter finals with a number one position.

His first contest in the four man pool was against Daniel Veret the French number 5. Neil hit Veret with uchimata immediately they took hold, lifting the Frenchman several

The Pierre de Coubertin Stadium before the spectators arrive.







Neil Adams fought well against Gotanda of Japan in their quarter final contest but lost after receiving *keikoku* for 'pushing' the Japanese from the area.

feet into the air. The crowd gasped with approval at the speed of the technique but the Frenchman was released to land on his feet. Neil has been working on increasing his entry speed by grasping with one hand only, it un-nerves his opponent but with one hand rarely scores. Half a minute later Neil scored *koka* with *kosoto gari* to go in the lead. A second *koka* from the same technique came with five minutes left on the clock. After this Neil Adams slowed the fight down defending against the Frenchman but being knocked to the ground for no score for *uchimata*. Two thirds through Neil opened up and attacked a couple of times with *taiotoshi* but the technique lacked impact. A final *Koka* was clocked up with *ouchigari* and Neil won by three points.

Neil's second contest was against the Olympic Medallist Talaj of Poland. Talaj had beaten the Korean at Montreal to win a bronze medal and was a particularly capable judo

man. This contest again started with Neil's fast *uchimata* but he let the Pole down onto his feet. This frightened Talaj and Neil trapped him in the corner causing the Olympian to put in a dummy *seoinage* to avoid trouble. The Pole started to come back with leg grabs and *seoinage* attacks causing Neil to defend. The onslaught unsettled Adams and he was given a *chui* for passivity with two minutes to go. Talaj clinched the contest with a *koka* for *seoinage* at 4 minutes 15 seconds but Neil fought on, unfortunately not finishing his attacks with the total commitment which he usually demonstrates. Adams lost by three points. Adams then fought Landart the French number three and a bronze medallist in this event in 1976. Talaj had earlier beaten him by five points. Neil started the attacking and scored *wazari* after 17 seconds with a superb *ouchigari* and then scored a *koka* from *tai otoshi* with 4 minutes 35 seconds left on

the clock. The Frenchman hit back with a *koka* scored from *tai otoshi* but could not raise his standard further to improve on this score. Neil won by seven points.

At this stage Talaj had one contest in hand against Daniel Veret. They started with Talaj attacking with his *seoinage* but after two minutes Talaj stepped out of the area and was unable to make up the deficit.

Talaj and Adams both finished with ten points but Neil had the better technique and was first in the pool to fight Gotanda of Japan in the quarter finals. The other pool winners were Vial (France) followed by Vujevic (Yugoslavia) Woess (Austria) with Danielli (France) and Gotanda (Japan) followed by ex-European Champion, Kruger (East Germany).

Earlier Gotanda had fought and beaten Gautier of France but only after the referee had made a mistake and stopped the contest when Gautier was about to armlock the Japanese with *jujigatame*.

#### 86-95 kgs category

Paul Radburn started well by beating Bonelli, the French number five at this weight, he scored *yuko* with *ouchigari*. From then on Paul constantly attempted to get his arm over the Frenchman's back to his belt for his usual left *ogoshi*. Their styles clashed for the Frenchman was trying right *taiotoshi* and something had to give. It was the Frenchman's knee and he had to receive medical attention but was relieved to be away from Radburn's strong arms. The contest finished with a five point win for Radburn.

Next, Radburn fought Donzel who was second to Parisi at the French trials. Donzel had too much technique for Radburn who soon found himself a *yuko* and *wazari* down. Radburn, however, kept at the Frenchman who was given a *shido* for passivity. After the contest Donzel lay down at the edge of the mat exhausted.



Above: Top. Neil Adams attacks Daniel Veret of France with *uchimata*. Above: Ray Neenan scores *yuko* against Dagenbach of West Germany with *seoinage*.





Left: Paul Radburn defends against Khou Boulouri of the USSR. Right: Angelo Parisi of France throws Willinger of Austria for ippon with moroteseoinage.



Paul's third contest was his most interesting against Khou Boulouri of Russia. Several times the Russian turned Radburn over but was unable to score with his harigoshi as the Briton kept falling on his hands. Towards the end of the contest Radburn was knocked to the ground for a koka while attempting kani-basami. The Russian won the contest and led his pool with 18 points followed by Donzel with 10 points and Paul with five.

In the other pools Kawahara (Japan) went through with Roland Delvingt (France) and Dietmar Lorenz (East Germany) led Vachon (France) through. Angelo Parisi of

France proved to be the star of the day when he won every one of his preliminary contests with ippon usually from Seoinage. He was followed by Pujzo (Poland) from their five man pool.

#### Saturday's Finals

The quarter finals started at six o'clock with the under 65 kgs category. Sahara (Japan) beat Jarzyck (France), Yves Delvingt (France) beat Colleuil (France), Werner (East Germany) beat his fellow countryman and ex-European champion Torsten Reissman and Hansen (France) beat Guy Delvingt (France). From those four the

finalists were Yves Delvingt and Sahara.

With 9 mins. 38 secs. remaining on the clock, the final was brought to an abrupt end when Delvingt was thrown for ippon with toemonage.

The next category was the under 75 kgs. Danielli (France) beat Olympic medallist Patrick Vial (France), Talaj (Poland) beat Kruger (East Germany), Woess (Austria) beat Grosperin (France).

Next it was Neil Adams against Gotanda of Japan. Neil started well by frustrating the Japanese with his constant grip changing and ashiwaza attacks eventually scoring koka after 90 secs. with ouchigara.

The Japanese started to fight back attempting toemonage to no avail. At one stage he threw Neil with seoinage but it was outside the area. By the threequarters distance Neil had been warned for passivity but then Gotanda stepped backwards out of the area after a flurry at the edge. To the great disappointment of the audience Adams was given a keikoku for pushing, but earlier in the day Gotanda had been penalised for exactly the same mistake and was destined to do so again in the final. There was nothing Neil could do to make up the lost ground and at time lost by 7 points.

The semi-finals saw Talaj emerge to fight Gotanda. As mentioned earlier the Japanese again stepped out and received his second penalty

of the day. The fighting went back and fourth with first Talaj scoring yuko from seoinage and then Gotanda duplicating the score and technique. Talaj had medical attention after twice falling on his head from toemonage. He then stepped out of the area and was penalised and shortly afterwards he was dispatched from his misery when he was thrown for ippon with a further toemonage.

The remaining division was the under 95 kgs with Parisi (France), Lorenz (East Germany), Kawahara (Japan) and Khou Boulouri (U.S.S.R.) emerging as the semi-finalists.

Parisi dominated Lorenz to win the first semi-final and Kawahara held the Russian down to ensure his place in the final.

The final was a rather noisy affair with the crowd booing and whistling at the referee who kept hindering the two fighters. The Japanese just scraped through with a koka from left hizagaruma.

The second part of this report will follow next month.

Read how all four Britons go through to the finals. See how Bob Diebelius defies gravity to land squarely on his feet and read how Peter Donnelly succumbs to "Cheyenne Body's horse".

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## OFFICIAL NOTES

Vic Davis

Members who attended the highly successful National Championships, held at Redditch, told me that an occasional series of biographical studies on leading players would be appreciated, and with the Editor's permission, I propose to try this to see what the wider reaction is from within the association.

I am sure few will quarrel with my first choice of subject — **Ken Broome, 3rd Dan**, of the Aikidokan, Clapham, who has been practising aikido for ten years and coaching for four years, which must make him one of the B.A.A.'s greatest assets.

A high standard of performance and of conduct on the mat are things one takes for granted from an experienced black belt. Nevertheless, competition referees pay high tribute to Ken for his impeccable behaviour and sense of sportsmanship, and he sets a fine example to all who aspire to championship honours.

At the last National Championships he successfully defended his randori kyoghi title, beating Ray Ziel, the overall national champion from Stratford-on-Avon, in the final.

By common consent, Ken was head and shoulders above the field in this event, and it will certainly be a sad day for British aikido when he no longer has the time, or inclination, for this class of competition work.

In case you think I am going to "flannel" my way through the whole of this article, perhaps I had better

produce the few facts I gleaned about this quiet and modest character during a brief interview at the championships.

Ken earns his living as a partner in a commercial photography business, coping with a variety of trade, industrial and press assignments from a studio in Epsom. (I hope he won't be too rude about the accompanying snap of him, taken with a borrowed camera, but it was the best I could do.)

Those with good memories will remember that Ken was overall national champion in 1975, when he took first place in both randori events and was second in the ninin dori with Pat McGilly and Paul Alexander. In 1976 he was prevented from repeating this success when he lost in the tanto randori to Dave Perry, of Stratford.

I can wind up this brief pen portrait by saying that Ken is married (all the best men are, girls!), and he and his wife, Christine — a former judo player — live in Wimbledon with their son, aged four, and daughter, aged two.

**\*Next: Pat McGilly.**



Ken Broome, 3rd dan.

# LOOK BACK 1976 LOOK FORWARD 1977

Jim Elkin

We commenced the year with a visit by Oba Sensei, although here privately, he visited a number of our Dojo's giving his own particular forms of Instruction. The pity was that his time spent on the mat was short, except for one or two dojo's. However, Oba Sensei will be remembered as a true example of man dedicated to Aikido.

Our Annual General meeting saw changes in various positions. The resignation of Len Mockford as Chairman of the B.A.A. saw a person who had served well and long in an Executive position since the B.A.A.'s formation. Len had an excellent knack of changing a stormy argument back to logical discussion. I suppose one could say he acted like oil on rough seas, without leaving any pollution. However, we have not lost him altogether, because he remains in close contact with our affairs as Vice-President. I was "shifted" upstairs to the Chairmanship, which I guess was a kind way in getting me to relinquish the other positions of General Secretary and Tomiki National Coach. The position of General Secretary was taken over by the very capable Ray Taylor who had been, and still is, very active in the Northern and Midland Administration. Ray has the capability of coping with the responsibility of the job, with what seems like comparative ease.

Brian Eustace, took over the unenviable job as National Coach, he has as every B.A.A. member knows worked long and hard developing Tomiki Aikido in the Midlands, and continues to do so Nationally. I hate

to think what the Association owes him in time, effort and money. He is also responsible for the Coaching of our Police forces in Aikido self-defence, another task that bites into his valuable time and energy.

Not often mentioned are the hard-working members of our E.C. who travel to meetings, some over quite long distances, giving their time and wisdom, but very rarely claiming any expenses.

During the year we were fortunate in having Mr. E. J. Yu, 4th Dan, European representative of Yoshinkan Aikido come within the jurisdiction of the B.A.A. as technical director for Yoshinkan Aikido. It has been pleasing to see the interest shown in this style, we wish Mr. Yu and his students all success and a continued happy relationship with the B.A.A.

Mike Smith, reluctantly accepted nomination on to the E.C. and his efforts do not go unnoticed. I should think that in travel for the Association he comes close to Brian Eustace in knocking up the miles, to attach a label to him we would say: New Club, Mike travels.

Regional Committees and Coaches all worked hard organising their Championships, and the standard of Aikido displayed was very good. The Nationals, held at Leys Sports Centre Redditch in '76, were well organised, with the general standard improving technically upon past years. Perhaps the format in some events will have to be adjusted to add more variety to the programme, but all in all they went very well.



Another important issue that happened was the B.A.A.'s involvement in getting the Martial Arts Commission off the ground. The B.A.A. considered that this Commission could only be of benefit, not only to our membership and the whole of Aikido, but to the practitioners of the Martial Arts as a whole.

Following this leaning towards unity, discussions started with other Aikido groups outside the B.A.A. whereby they also could get recognition by M.A.C. There are, of course, a number of problems to be overcome before fruition comes about in terms which are acceptable to all parties concerned. Most of what I have written has been on the bright side, but perhaps it does suggest that everything has progressed without incident. This, I regret to say, has not been so, we have had to remove from our membership some who disobeyed our Bye-laws, which was a great pity; but we cannot allow anyone to either promote themselves or get a quick promotion on the side, otherwise our whole technical structure, would collapse. It is realised how disappointing it can be if one's rise through the various grades seems slow and to some individuals undeserved, but standards have to be maintained and promotion earned. After all, what satisfaction is achieved by promoting one's self?

During the last few months I have got the impression—I hope that I am wrong—that not every suggestion proposed about unification, is made with clear cut motives; that the growth, progress and development of all styles of Aikido is the paramount purpose behind some groups' thinking. Various actions and utterances have created in me this impression. I would like to make it crystal clear to all concerned that the British Aikido Association will continue in its task and aims in this growth and development of Aikido, and to see that all practitioners have

every opportunity to practise under qualified instructors and in decent and reasonable facilities. There is no chance of the B.A.A. losing its identity for the sake of unity, and anyone who thinks otherwise are wide off the mark in their conclusions.

**Look Forward 77**, we do this with the promise that every effort will be made to improve the lot of our members, and we hope to provide better facilities and opportunities for our coaches and potential coaches. From our membership we ask that they practise harder, and play a greater part in the Association's affairs. To give every support to the Martial Arts Commission, and help us to achieve unity amongst all styles of Aikido.

Negotiations have taken place, with Mr. Kogure, 5th Dan, International representative for All Japan Aikido Association, regarding another Technical Adviser for Tomiki Aikido. Also it is hoped that we will be in possession of films on this style which have just been produced in Japan. Various other issues were discussed at this meeting, and information on these discussions will shortly be distributed. Mr. Kogure's one regret that the short time he was able to spend in this Country made it impossible for him to see many of his old friends in the B.A.A. He wishes to be remembered to you all, and hopes for your continued success.

May I conclude this review, with the wish that you all have a very successful '77, I look forward to seeing you at the A.G.M.

---

**Jim Elkin is Chairman of The  
British Aikido Association**

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# THE BRITISH JUDO ASSOCIATION

## Newsletter Supplement

### AS I WAS SAYING . . . . .

By TONY REAY

In the last issue of *Judo* magazine we published the new Senior Men's squad for 1977 which were the result of trials held just before Christmas. Since then on the weekend of the 5th and 6th of February, trials were held at Crystal Palace for the remaining squads. On the Saturday there was a great amount of exciting judo and high-score results among the young men, the Juniors (18 to 20 year olds) and the Espoirs (16 and 17 year olds). The results were as follows:

#### MEN'S JUNIOR SQUAD FOR 1977

##### Under 60 kgs

1. Jack Nixon, 1st Dan  
Yorkshire and Humberside
2. Mark Roomes, 1st Kyu  
London
3. Kevin Brooks, 1st Kyu  
South
4. Stephen Chadwick, 1st Kyu  
North-West

##### Under 65 kgs

1. Thomas Wynter, 1st Dan  
London

2. Hugh Syme, 1st Dan  
Scotland
3. Robert Reed, 1st Dan  
Yorkshire and Humberside
4. Stuart Smith, 1st Kyu  
London

##### Under 71 kgs

1. Neil Adams, 2nd Dan  
London/Midlands
2. Michael Foster, 2nd Dan  
Northern Home Counties
3. Simon Woods, 1st Dan  
South
4. Richard Armstrong, 1st Dan  
Northern Home Counties

##### Under 78 kgs

1. Christopher Bowles, 2nd Dan  
South
2. Mark Fricker, 2nd Dan  
Northern Home Counties
3. Kirk Isichei, 2nd Dan  
London
4. Edwin Hughes, 1st Dan  
London

##### Under 86 kgs

1. Grafton Whyte, 1st Dan  
London



2. Paul Knight, 1st Dan  
Northern Home Counties
3. Martin Lydon, 1st Dan  
London
4. Julian Hellebrand, 1st Dan  
South

#### Under 95 kgs

1. Thomas Limerick, 2nd Dan  
Scotland
2. Peter Mitchell, 1st Dan  
Yorkshire and Humberside
3. Henry Prow, 1st Kyu  
Scotland
4. Kevin Holt, 1st Kyu  
West

#### Over 95 kgs

1. Edward Ferrie, 2nd Dan  
North-West
2. Colin Head, 1st Dan  
Midlands
3. Marvin McLatchie, 1st Kyu  
South
4. Bryan Pestell, 1st Kyu  
South

Comparing this squad with those of the two previous years I am fascinated to see the steady progress of the more dedicated and those who are known to work hard in their training. Just as with the seniors the new weights have resulted in an overall stronger squad. It is also interesting to note the parity of grades with the squad positions, this must speak well for our grading system with the men. These young men have performed exceedingly well to fight their way into a national squad and should be congratulated, but I think a special mention should go to those who live, work and train in what can be considered the less prominent parts of the United Kingdom. Young men such as Simon Woods of the Isle of Wight. One must also admire the efforts of people such as Kevin Holt of H.M.S. Raleigh, East Cornwall who must always put their service duties first. There's nothing wrong with the old bull-dog breed when we still have plenty of young lads prepared to travel, sweat and take a fair share of knocks in order to one day represent their country.

### MEN'S ESPOIR SQUAD FOR 1977

#### Under 50 kgs

1. David Rance, 6th Kyu  
Northern Home Counties
2. Stewart Hough, 12th Mon  
North-West
3. John Holliday, 16th Mon  
Northern Home Counties
4. Stephen Bell, 16th Mon  
Yorkshire and Humberside

#### Under 65 kgs

1. Andrew Marcroft, 2nd Kyu  
South
2. Eric Holland, 3rd Kyu  
Northern Home Counties
3. Ken Harrison, 18th Mon  
North-West
4. David Hewitson, 2nd Kyu  
Scotland

#### Under 75 kgs

1. John Neilson, 4th Kyu  
London
2. Stephen Hitchen, 2nd Kyu  
Yorkshire and Humberside
3. Danny Wilkinson, 2nd Kyu  
South
4. Richard Hellebrand, 1st Kyu  
South

#### Under 85 kgs

1. Steven Callender, 2nd Kyu  
London
2. Gregory Wilkinson, 2nd Kyu  
North-West
3. Graham Campbell, 1st Kyu  
Scotland
4. Stephen Hawkins, 1st Kyu  
Northern Home Counties

#### Over 85 kgs

1. Mervyn Bowditch, 1st Kyu  
West
2. Martin Reidy, 1st Kyu  
South
3. David Manning, 2nd Kyu  
London

### WOMEN'S SENIOR SQUAD FOR 1977

On the Sunday it was the turn of the women to compete for squad status. Jane Bridge, 1976 British Champion and European Champion in her weight just had to secure for herself the number one position, and despite being a junior — she won the top spot in the Senior Squad.

Which brings me to an apology to Jane and to readers. In the January issue I said that Jane is eighteen years old; in fact she is still just sixteen which makes her successes even the more remarkable. The results of the trials for women was as follows:

#### Under 48 kgs

1. Jane Bridge, 1st Dan  
North-West
2. Carol Brooks, 1st Dan  
Wales
3. Kerry Johnson, 1st Dan  
West

#### Under 52 kgs

1. Connie Armstrong, 1st Kyu  
Northern Home Counties
2. Margaret Caldwell, 1st Kyu  
Northern Home Counties
3. Amanda Bell, 1st Kyu  
South
4. Hilda Callaghan, 1st Kyu  
Midlands

#### Under 56 kgs

1. Nicole Coleman, 1st Dan  
London
2. Dawn Netherwood, 1st Dan  
Yorkshire and Humberside
3. Julie Clarke, 1st Dan  
Midlands
4. Joyce Emens, 1st Dan  
Northern Home Counties

#### Under 61 kgs

1. Valerie Beckum, 1st Dan  
Northern Home Counties
2. Eileen Brown, 2nd Dan  
Northern Home Counties
3. Christine Barwick, 2nd Dan  
North
4. Elaine Williams, 1st Kyu  
South

#### Under 66 kgs

1. Maureen Bennett, 2nd Dan  
Yorkshire and Humberside
2. Maria Djumic, 1st Dan  
South
3. Miranda Hicks, 1st Dan  
West
4. Patricia Foster, 2nd Dan  
Northern Home Counties

#### Under 72 kgs

1. Geraldine Harmon, 1st Dan  
Midlands

2. Avril Malley, 1st Dan  
Northern Ireland
3. Heather Ford, 2nd Dan  
Northern Home Counties
4. Carol Sturgess, 1st Kyu  
Midlands

#### Over 72 kgs

1. Ellen Cobb, 4th Dan  
South
2. Moira Howard, 1st Kyu  
Midlands
3. Ann Johnson, 1st Dan  
Yorkshire and Humberside
4. Sheila Croton, 1st Kyu  
Northern Home Counties

### YOUNG WOMEN'S SQUAD FOR 1977

#### Under 47 kgs

1. Bridgette McCarthy, 18th Mon  
London
2. Tina Patterson, 9th Mon  
South
3. Janet Cook, 11th Mon  
Midlands
4. Bernadette Tyrer, 14th Mon  
North-West

#### Under 50 kgs

1. Karen Hewitt, 15th Mon  
Midlands
2. Laura Rafe, 3rd Mon  
London
3. Mary O'Shaughnessey, 13th Mon.  
Northern Home Counties
4. Loretta Doyle, 16th Mon  
London

#### Under 53 kgs

1. Diana Hale, 16th Mon  
North-West
2. Debbie Clewes, 15th Mon  
Midlands
3. Kim Harper, 7th Kyu  
Surrey
4. Debra Wharton, 12th Mon  
London

#### Under 56 kgs

1. Lorinda Gordon, 16th Mon  
London
2. Barbara Fleming, 7th Mon  
South
3. Irene Quinn, 16th Mon  
Scotland
4. Lisa Forbes, 13th Mon  
South



#### Under 59 kgs

1. Rhonda Gilmour, 16th Mon Scotland
2. Suzanne Allin, 8th Mon Northern Home Counties
3. Jane Hudson, 6th Kyu Northern Home Counties
4. Sandra Collum, 6th Kyu London

#### Under 64 kgs

1. Victoria Taylor, 1st Kyu South
2. Carroll Spiers, 16th Mon Midlands
3. Joan O'Brien, 12th Mon North-West
4. Sharon Lovell, 10th Mon Northern Home Counties

#### Over 64 kgs

1. Susan Oxford, 12th Mon North-West
2. Susan Johnson, 1st Kyu Yorkshire and Humberside
3. Joanna Cooke, 2nd Kyu Yorkshire and Humberside
4. Theresa Vealey, 10th Mon East

#### MODIFICATIONS TO RULES

With the use of the modified I.J.F. Rules at these Trials the competitions over the day were found to take up to a third of the time longer. Obviously there will have to be changes for the next national events and in particular for the 1977 British Open Championships for Men. Possibly the best way to get over this problem will be to schedule the contests for a shorter duration. The main reason for the extended length of time it takes in such competitions is the fact that now when the referee calls "matte" which means a temporary break, the timekeeper must stop the clock from the moment "matte" is called and the count-down is resumed only when the referee calls "yoshi" (continue) or "hajime" (begin). Before these modifications came into effect the timekeeper would stop the clock only when the referee called "jikan" (time out). Now the clock is stopped for both

call of "matte" and "jikan". Another reason for the extended time at national events is because there are now seven weight categories to contend with whereas before there were five for the men. With the five weights there was little disruption at Crystal Palace when the five contest areas were laid down. I mention all these points for the benefit of club and area organisers who might be organising a competition to take place in the near future, be careful that you have taken into account these new modifications to the rules and don't allow yourself to run over time. There is nothing worse than having frustrated and weary competitors, officials and spectators at the end of an event that otherwise could have been enjoyable and highly successful.

#### FULL-TIME TEAM MANAGERS

Twice Olympic medallist and world medallist David Starbrook, M.B.E., and Tony MacConnell, a former British international and for four years manager to the Swedish judo team, have been appointed by the British Judo Association as managers of the men's national squads.

Support for these posts has been given by the Sports Council for which the British Judo Association is most grateful. It is only regretted that this support was not sufficient at this stage to enable the Association to give employment to other applicants in order that all our squads could have benefited individually from the wealth of judo talent and experience which is currently available.

#### MARTIAL ARTS COMMISSION

To celebrate the formation of the new Martial Arts Commission a Press Conference and Cocktail Party was held on the 1st February at New Zealand House and the General Secretary and myself were invited to attend as observers representing British Judo. This new Martial Arts

Commission is a kind of extension of the role that the British Karate Control Commission played for four years in attempting to combine all the karate organisations into one umbrella organisation. With the formation of the M.A.C., the B.K.C.C. will be dissolved and karate is now joined by various aikido, kendo, kung-fu, Korean martial arts and what have you. Although certain overtures have been made judo is so far not involved with M.A.C. and Walter Winterbottom, Director of the sports Council, suggested in his address to the Conference that stronger overtures might be further made. Rt. Hon Denis Howell, Minister of State for Sport and Recreation, who was scheduled to address the Conference himself did not appear and the leading sports journalists from Fleet Street were also noticeable by their absence.

The opportunity was taken at this conference to make a presentation to Bryn Williams who recently resigned his position as General Secretary to the B.K.C.C. Bryn's new job will be Assistant Director to Jimmy Hill's company which recently landed a twenty-five million pound contract to develop sport in Saudi Arabia.

#### Uncollected Points Cards

The following competitors failed to collect their points cards after the events at Crystal Palace on 5th/6th February 1977. Any who wish to retrieve their cards should send stamped self-addressed envelopes to Dr. P. Elliott, 35 Fountside, Oakdale Road, Sheffield, S7 1SN.

Please remember that even if you fail to gain any points, the fact that you have entered a points-scoring event is recorded in your points card as proof of activity — and proof of activity is necessary when satisfying the time requirements for promotion to the next grade. At National events, points cards are ready for collection within a short time of the pool sheets reaching the control

table, and should always be collected before you leave the event. If it is necessary for you to leave before your card is available, please leave a stamped self-addressed envelope with the points recorder.

#### National Young Men's Trials

Bowles, C.  
Brown, K.  
Bryan, W.  
Campbell, G. H.  
Cullen, T.  
Davies, A.  
Earle, S. W.  
Gannon, M. J.  
Gardiner, P.  
Jason, D.  
Kane, B. J.  
Keech, D.  
Lynch, P. (Liverpool)  
Lynch, P. (Brentford)  
Moore, C.  
Morris, R.  
Prow, H.  
Reidy, M.  
Roomes, M.  
Sampson, S.  
Smith, S.  
Stroud, V.  
Watkins, D.  
Webb, C. A.  
Wheeler, C. J.  
Whyte, G.  
Young, J.

#### National Young Women's Trials

Taylor, V.

#### Senior National Trials For Women

Barwick, C.  
Bradley, L.  
Clarke, J. M.  
Clayton, B.  
Earlam, D.  
Emens, J. E.  
Evans, S.  
Hiskey, D.  
Kane, K. H.  
Priston, C.  
Tantrum, P. A.

*(This list was compiled on 8/2/77, so if your name is still on the list, but you have already retrieved your card by the time this is printed, please ignore this list.)*



# **B.J.A. NATIONAL DAN GRADE REGISTER**

## **Appendix Twenty**

### **Promotions confirmed 26/11/76 to 31/12/76**

MEN TO 1ST DAN	CLUB	AREA	DATE OF PROMOTION
Bateman, S.	Watford	NHC	4/12/76
Binnington, D. R.	?	NHC	28/11/76
Campbell, P.	Edinburgh Club	SJF	19/12/76
Carswell, J. F.	?	SJF	7/11/76
Cottis, J.	Archer	NHC	14/11/76
Crossley, S.	Dewsbury	Y/H	19/12/76
Daly, B.	Ren-Bu-Kan	NI	28/11/76
Gass, W.	?	We	6/12/76
Gittins, P. J.	Winchester	S	29/10/76
Hall, R.	Bridgend Y.M.C.A.	WJA	18/12/76
Hall, R. E.	Arndale Judokwai	S	5/12/76
Magennis, J.	Glen	NI	4/12/76
Marshall, A.	Bacup	NW	19/12/76
Mills, F.	Rochdale	NW	19/12/76
McDonnell, M. J.	Polytechnic	NHC	6/12/76
McGranachan, J. F.	Hamilton	SJF	7/11/76
McMinn, G.	Glen	NI	19/12/76
O'Neill, E.	Stoke	M	19/12/76
Park, J. S.	Allan	SJF	19/12/76
Rea, J.	Glen	NI	4/12/76
Redman, P. W.	Glen	S	12/12/76
Robinson, L. Q.	Liverpool Y.M.C.A.	NW	19/12/76
Sales, D. P. T.	L.J.S.	L	12/12/76
Swann, P. B.	Denton St. Lawrence	NW	31/10/76
Tee, J. C.	L.J.S.	L	20/12/76
Nanderbrink, G.	Carmarthen	WJA	7/12/76
Walton, P.	Scunthorpe	Y/H	19/12/76
MEN TO 2ND DAN			
Burn, A. F.	Newcastle	N	19/12/76
Foster, J. R.	Kodokwai	N	19/12/76
Fricker, M.	Bracknell	NHC	27/10/76
Green, M. G.	Romford & Hornchurch	NHC	14/11/76
Hatcher, R. J.	Olympic	S	5/12/76
Linford, P.	Shin-Wa-Kwai	Y/H	19/12/76
Lynas, J.	Hamilton	SJF	28/11/76
Nolan, L.	Yarborough	M	7/11/76
Ogden, H. E.	Port Talbot Y.M.C.A.	WJA	24/10/76
Pumfrey, T. H.	Kensington (Newham)	NHC	14/11/76
Reilly, D.	Edinburgh Club	SJF	7/12/76
Tiley, P. J.	Bath Judo Society	We	11/12/76
Tolson, B.	Huddersfield	Y/H	19/12/76
Wall, G. J.	Olympic	NHC	5/12/76
Webster, M.	Ryecroft	M	19/12/76
MEN TO 3RD DAN			
Jackson, M. R.	Leicester Judokwai	M	19/12/76
Julian, D. A.	Commandokwai	NHC	28/6/75
Kane, E.	Hamilton	SJF	24/9/76

McAree, H.	Baillieston	SJF	28/11/76
McLaughlin, M.	Baillieston	SJF	2/12/76
Newcombe, B.	Coventry	M	26/6/76
MEN TO 4TH DAN			
Shelton, D. W.	Doncaster	Y/H	19/12/76
Topple, R.	Ryecroft	M	19/12/76
WOMEN TO 1ST DAN			
Clayton, B.	York RI	Y/H	19/12/76
Hicks, M. K.	Judokwai Bristol	We	7/11/76
Lancaster, L.	Budokan	N	16/12/76
Manship, S. L.	R.S.K.	NW	19/12/76
Netherwood, D.	Huddersfield	Y/H	19/12/76
WOMEN TO 4TH DAN			
Wildman, C.	Ryecroft	M	9/11/76

# **B.J.A. NATIONAL DAN GRADE REGISTER**

## **Appendix 1/77**

### **Promotions confirmed by the Executive Committee 1/1/77 to 31/1/77**

MEN TO 1ST DAN	CLUB	AREA	DATE OF PROMOTION
Bretland, P. M.	Loughton	NHC	8/1/77
Brown, M. J.	Croydon, Bromley, Beckenham	S	23/1/77
Hayton, L. C.	Liverpool Y.M.C.A.	NW	30/1/77
Hellebrand, J.	Hastings Judokwai	S	18/1/77
Hodder, M. J.	Yeovil	We	16/1/77
Hughes, E. R.	Croydon	L	11/1/77
Hughes, R. W.	Judokwai Weymouth	We	8/1/77
James, B.	Woolwich Meopham	S	8/1/77
Mighty, R. A.	Star	We	8/1/77
Roberts, S.	Keidokwai	NW	30/1/77
MEN TO 2ND DAN			
Adams, C.	Solihull	M	27/1/77
Downey, J.	Leyland Motors	NW	30/1/77
Jackson, R. A.	Liverpool Y.M.C.A.	NW	27/1/77
MEN TO 3RD DAN			
Slater, R. B.	Aldershot Services	Army	8/1/77
WOMEN TO 1ST DAN			
Fox, M.	Sheffield	Y/H	8/1/77

## **FINAL DATE FOR COPY**

The Publishers ask contributors to kindly note that copy for the JUDO Magazine must be received by them not later than the 10th of the month if intended for inclusion in the following month's issue.



# AREA NEWS

## NORTHERN HOME COUNTIES

R. C. Revels:

Bedfordshire county junior activities of 1976.

During the year a number of county junior squad training sessions were held, some were well attended, while others were not. Brian Jacks 5th Dan took one in the autumn, which was a great success, and we hope to have him again this year.

In the spring we held the counties 6th Junior championships which was well attended. The cup for the best performance of the day was won by David Watson.

Medal distribution in the 6th Bedfordshire Boys and Girls Championships.

	Gold	Silv.	B.
Biggleswade J.C.	10	6	8
Bedford J.C.	3	3	9
Vauxhall	1	3	11
Electrolux	—	2	—

In May a boys team event was held, being sponsored by Pye Connectors Ltd. Eight teams were invited to take part, but only seven turned up on the day, however, the event was a success. The Pye Shield was won by the Biggleswade boys, with the Bedford lads runners up.

Due to the high cost of hiring transport no coach visits were made to other areas or counties, but several lads were taken by their parents to various open championships, and in all except one, they came back with some medals.

In 1977 we hope to travel about rather more, so if any club or county plan to hold a championship (team or individual) please let me know;

my address is Top Field Farm, Dunton Lane, Biggleswade, Beds. SG18 8QU.

## NORTHWEST AREA

Well over one hundred juniors from all over the North West Area converged on Thornton Cleveley's Sports Centre on Sunday, 16th January to help start the North West's competitive year and, in doing so helped to send forty under-privileged children on a holiday.

Organised jointly by the North West Area of the British Judo Association, Toc H and the Y.M.C.A. the "Tripartite Tournament" attracted some of the best Juniors in the North West, and to quote one of the spectators produced some of the best judo he has seen for a long long while. The proceeds went towards sending Lancashire children to the Toc H holiday home at Rhyll, North Wales.

The Trophy for the best of the day went to Kenny Harrison of Droylesden Judo Club. Normally this trophy is presented to someone who is not among the medal winners but as Arthur Blackburn, North West Area Secretary, who presented the trophy, commented Kenny's performance throughout the day and his attitude to his fellow fighters on the mat exemplified what our sport is all about and the trophy could not possibly have gone to anyone else.

Although there are quite a few club organised competitions in the next couple of months, Waterloo Boy's Championships (20th February) and R.A.F. Sealand's "Olympic Appeal Trophy" (27th February) to name but two the next major Area organised event is, of course the National Team Championships which are being held at Kirkby Sports Centre on 26th March. Why not get your club to organise a coach and bring the whole club to what is usually the best and hardest fought competition during the year.

(See Area and Club Results Page)

## SOUTHERN AREA

Cliff Baker-Brown

The Second Southern Area Open Schoolboy's Championships will be held on 2nd and 3rd April at the Crystal Palace N.R.C. Those of you who came to last year's great turnout will not want to miss this occasion. Many special prizes. Closing date for entries 21st March, 1977. All enquiries to Ellen Cobb, Flat 3, 21a Southampton Street, Farnborough, Hants. Telephone 1252 45837.

Congratulations to all our Espoir and Junior players for their grand efforts in the National Trials. This must be one of our best ever results. Several people told me they thought

the residential training weekends in the build up to the trials helped them a great deal. At the end of the day they found they had that bit extra left.

Our next residential training course will be held on the 22nd, 23rd and 24th April for Espoir, Junior and Seniors (male). Keep this date clear.

The Southern Area Young Men's Championships will be held on Sunday, 1st May (Espoir and Junior) at Basingstoke Sports Centre. This will be the final look at players required for the Area Team v. France on Saturday, 28th May. 10 Espoirs, 14 Juniors and 14 Seniors will be required. John Gowland will be organising the event.

## SHEFFIELD MULTI-UNIVERSITY TOURNAMENT

By Pete McNamara

On Saturday 12th of February Sheffield University hosted a tournament for five man teams in two weights to which each British university had been invited. Unfortunately, the date clashed with the Scottish Universities Championships so they were unable to attend. Of the other teams twelve entries were received.

A late start and a badly marked area were caused by a mix-up in the new red mats which had been delivered which turned out to be the wrong size, but apart from that everything ran smoothly.

The competition was run in four pools of three with the top two teams in each going forward to the knock-out with repechage. Loughborough won Pool 1 with Manchester second; Southampton headed the second pool with Durham as the runners-up; Sheffield topped Pool 3 with Lancaster second and London and Newcastle qualified from Pool 4.

Loughborough	Loughborough	
Durham		Loughborough
Sheffield	Sheffield	
Newcastle		London
Lancaster	London	
London		London
Southampton	Southampton	
Manchester		

Continued Overleaf



So London took the gold medals and Loughborough the silver. In the repechage Lancaster beat Sheffield and Southampton beat Durham to decide the two third places. The other teams who entered were Liverpool, Leeds, Salford and Surrey.

The trophy and medals were presented by Phyllis Elliott and Tony Sweeney, the Chairman and Secretary of the British Universities Judo Association.

All in all, the event was very enjoyable and successful and should

provide both practice for the British Universities Championships and a basis for U.A.U., the governing body of university sport, to organize a judo competition as it already does for most other sports.

The British Student Championships will be held at Crystal Palace on 12th and 13th March and a team event on 17th April, (the day after the British Open), and all support would be welcome.

## AREA AND CLUB RESULTS

### NORTH-WEST AREA TRIPARTITE TOURNAMENT

U30kg	Gold	M. Somerville	Walkden J.C.
	Silver	C. Finney	Sumo Keido Kwai
	Bronze	P. Berry	Walkden J.C.
U35kg	Gold	D. Paton	S.K.K.
	Silver	K. McDonald	Wigan J.C.
	Bronze	P. Blood	S.K.K.
U40kg	Gold	A. Officer	Swinton J.C.
	Silver	S. Middleton	Droylesden J.C.
	Bronze	P. Sheals	Pendlebury J.C.
U45kg	Gold	A. Saddleton	Kendal J.C.
	Silver	S. Ravenscroft	S.K.K.
	Bronze	P. Farrimond	Saints J.C.
U50kg	Gold	C. Yates	Swinton J.C.
	Silver	D. Hughes	Waterloo J.C.
	Bronze	M. McNulty	Walkden J.C.
U55kg	Gold	M. Nuttall	Droylesden J.C.
	Silver	A. Hill	Wigan J.C.
	Bronze	J. Rooney	Droylesden J.C.
U60kg	Gold	P. Spencer	K.N.K.
	Silver	R. Berry	Swinton J.C.
	Bronze	D. Clayton	Kendal J.C.
U65kg	Gold	K. Ashcroft	Waterloo J.C.
	Silver	P. Hardman	K.N.K.
	Bronze	C. Middleton	Droylesden J.C.
O65kg	Gold	K. Harrison	Droylesden J.C.
	Silver	J. Nicholson	Kita Nisha Kwai
	Bronze	T. Lawrence	S.K.K.
O65kg	Gold	K. McGuire	Waterloo J.C.
	Silver	K. Scriven	Wigan J.C.
	Bronze	G. Nicola	K.N.K.
O65kg	Gold	G. Davies	S.K.K.
	Silver	C. McAllister	Wigan J.C.
	Bronze	G. Wilkinson	Walkden J.C.
O65kg	Gold	W. Massey	S.K.K.
	Silver	J. Nicholson	Waterloo J.C.
	Bronze	D. Todd	Kendal J.C.

## ARMY JUNIORS INDIVIDUAL JUDO CHAMPIONSHIPS

### RESULTS 1977

Lightweight	Champion	A/T Deeks	AAC Chepstow
	Second	J/Ldr Thompson	IJLB Shorncliffe
	Third	J/Ldr Paterson	IJLB Shorncliffe
Welterweight	Champion	J/Ldr Weavell	IJLB Shorncliffe
	Second	A/T Killoh	AAC Chepstow
	Third	A/T Hewlett	AAC Chepstow
Middleweight	Champion	J/Ldr Curran	IJLB Shorncliffe
	Second	A/T Crow	AAC Chepstow
	Third	A/T Armstrong	AAC Arborfield
Light Heavyweight	Champion	J/Ldr McLelland	IJLB Shorncliffe
	Second	J/Pte Whyman	Jnr PARA Coy
	Third	J/Pte Kubath	Jnr PARA Coy
Heavyweight	Champion	A/T Debie	AAC Chepstow
	Second	A/T Vernon	AAC Harrogate
	Third	J/Gdsman Pooley	Gds Depot
Open	Champion	J/Ldr Gill	IJLB Shorncliffe
	Second	J/Tpr Petrovic	IJR RAC
	Third	J/Ldr Bartlett	IJLB Shorncliffe
Open	Champion	App Roberts	ACC Aldershot
	Second	A/T Armstrong	AAC Arborfield
	Third	A/T Debie	AAC Chepstow
Open	Champion	J/Ldr McLelland	IJLB Shorncliffe
	Second	J/Ldr Gill	IJLB Shorncliffe
	Third	J/Ldr Gill	IJLB Shorncliffe

## CLUB FORUM

**CROYDON JUDO CLUB.**—At a recent Committee Meeting of the Croydon Judo Club, Club Coach John Bushnell was nominated as Press Correspondent and Competition Secretary. Any Club wishing to organise a Junior or Senior match with Croydon should contact John via the Club on 01-688 0842 or on his home number 01-668 1999.

We would like to offer our congratulations to Club Members Edwin Hughes and Martin Brown on acquiring their 1st Dan grades.

Junior Boys and Girls are invited along to our Surrey Junior Squad Training Sessions to be held by Second Dan Danny Harper on Sundays, 13th February and 13th March from 2.00 p.m.-4.00 p.m.

We now have in Croydon a Girls and Ladies only night on Wednesdays, Girls 6.30 p.m.-8.00 p.m. and Ladies 8.00 p.m.-9.30 p.m.

Forthcoming Junior gradings at Croydon are:

Girls—Wednesday, 9th March at 6.30 p.m.—all grades. Boys (orange and over) on Friday, 11th March at 6.30 p.m. Boys (novice and yellow) on Friday, 18th March at 6.30 p.m. All Junior grading fees will be 25p.

Also a Senior Surrey County Kyu grading will be held on Friday, the 1st of April starting at 7.00 p.m. under Examiner Alan Rickard—Fee £1.00 each for Men and Women up to and including 2nd Kyu going for 1st Kyu.



### Three Members through to National Squad

Out of seven practicing members of Croydon Judo Club, three obtained places in the National Squad after the Young Men's and Young Women's Trials held on 5th/6th February at Crystal Palace.

Congratulations to 1st Dan Edwin Hughes and to Kyu grades Kim Harper and Sandra Collum.

Edwin had a good day and although he won various gold and silver medals in Surrey and Kent events last year, whilst a Kyu grade, found this to be his toughest event yet . . . in the Preliminary rounds he took on and managed to beat S. Jacks, the younger brother of Brian Jacks by a hold down, and was the only player throughout the day to be beaten by only three points by Chris Bowles of Tonbridge.

Sandra under 59 kilo, who won various gold and silver medals in local events last year, took 4th place in her weight group, Kim under 50 kilo, the youngest sister of 2nd Dan Danny Harper, entered her first major event and managed to take 3rd place in her weight group.

A very fine effort by all three.

LONDON JUDO SOCIETY—*Bill Barritt writes*:— The next Examinations at L.J.S. are as follows:—

**Sunday, 27th March** at 2.00 p.m.: 1st Kyus attempting 1st Dan. 1st Dans attempting 2nd Dan. These Exams are for Men and Women. The Fee is 50p for L.J.S. Members and £1 for visitors.

**Sunday, 3rd April** at 2.00 p.m. Novices, 9th, 8th, 7th, 6th, 5th, 4th, 3rd and 2nd Kyu Holders. This is also for Men and Women. As with all L.J.S. Examinations current B.J.A. Licences must be produced. The Fee for this Exam is 50p for L.J.S. Members and 75p for visitors.

As our contribution to Jubilee Year we at L.J.S. are putting up a Trophy. This will be called the Silver

Jubilee Trophy and will be raised by our Junior Sections. It will be fought for on Saturday, 4th June, and entries are limited to 15 seven boy Teams. With our three mat areas we feel that, as the success of the Southern Area Championships showed, we are able to run such an event smoothly and efficiently.

**BEXLEY JUDOKWAI** — from *Alan Roberts*: The club contest squad have ear-marked 1977 as a year in which to build up on the solid foundations of the past. For several members it will be their first "Espoir Year", and so a build-up programme, consisting of several club visits, has been arranged, leading up to the February National Trials.

Two visits have already been held, the first at the London Judo Society on 8th January. This was a rewarding session, and the L.J.S. had put up a trophy to be kept by the winning team. Our 10-nil victory secured this for us, and gave our squad tremendous encouragement.

The second visit was from Bracknell Judo Club on 15th January. This was a memorable day, packed with several hours of good, hard, judo. The contests held were extremely exciting, resulting as follows:

#### First contest —

Bexley	5 wins	32 points.
Bracknell	5 wins	19 points.
	5 draws	

#### Second contest —

Bexley	3 wins
Bracknell	0 wins
	2 draws

Any club wishing to arrange similar visits please contact me at 19 Vickers Road, Erith, Kent.

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**Items for inclusion in Club Forum are welcomed. Please submit typed copy which must be received NOT later than the 10th of the month for inclusion in the following months issue.**

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## DAVID WHITE LOOKS BACK AT 1976

**This year I am only reviewing U.K. Judo. There has been little attempt on the part of the editor or staff of Judo magazine to cover Karate and all its many problems in 1976. Aikido and Kendo are specialists subjects that I have never done justice to in the past and separate reports are being made on the year's activities by those better qualified than I.**

The highlight of the year was the U.K. team's showing in the Olympic Games in July-August. A silver medal to Keith Remfry, a bronze for Dave Starbrook.

Several times before the Olympics I suggested that any sort of medal would be an unexpected bonus — and then pressed my hands together in prayer. Really the performance of the "big three", and team coach Ray Ross, can only be described as remarkable. Against professionals in all but name they once more put together the best British performance in any sport — as they did in 1972 when you will recall Starbrook took a silver and Jacks a bronze.

The fact that the four of them have retired this year has been commented on elsewhere several times. There is really nothing I can add about their tremendous fighting spirit and courage. Make no mistake it takes guts to do what they have done over the years — against the sort of odds we create for them in Britain. Thank you gentlemen.

But let's look back to the beginning of 1976, leaving a few com-

ments on the B.J.A. and the way it is run etc. to the end.

In January a multi-nations tournament was held in Paris with eleven countries competing. At the beginning of Olympic year we fielded a young team with Dave Starbrook as manager. No medals came our way but Neil Adams demonstrated his promise as indeed he did throughout the year.

The British team looked a lot sharper in the Swedish Open — admittedly a second division tournament — when all five members of the side won medals.

The National Young Men's Trials in February demonstrated that "all is far from lost" in British Judo. Some good attacking Judo was seen. The same weekend the Women's Senior and Young Women's trials were held at Crystal Palace. The "old" faithfuls were well to the fore again in the senior event. During the year our top women judoka, Chris Child, retired from competition. She also resigned the B.J.A. Assistant Secretaryship about five months ago to concentrate on stunt work. Let's hope Chris will be tempted back for the Women's World Championship when it is eventually staged.

In April the British Open Individual Championships for men were held at Crystal Palace. Prior to this in the "quite months" the British Universities Judo Associations Championships and the Welsh Open Championships were held — I am told — but neither event was clearly worth reporting and I haven't found anyone who attended.



We expected the Russians to field a strong team at the Open but there was a "slight difference of opinion" over expenses and they and the East Germans did not arrive. This is not the place to go back and talk about the problem of amateurs competing with professionals — the subject had a good deal of space devoted to it during the year — but it all boils down to us needing a few more pounds, roubles or dollars to promote Judo. My, oh my, it all sounds so familiar doesn't it?

Despite this the contests were busy. I choose this word with care. John Goodbody was impressed by the standard, I was not nearly so impressed. Brian Jacks and Keith Remfry dominated, Dave Starbrook was injured. Vass Morrison and Neil Adams took first and second in the light-middles, Ray Neenan and Alexander (he has always been a handful as I know to my cost) first and second in the lights.

My old friend Roy Inman — who caused me more injuries than anyone else in the past — was ordered to retire from contest Judo. Conflicting doctor's reports (not unusual) and a build up of acid which produced painful arthritis in his hands forced him to retire half-way through the day. Roy is fortunately as active as ever on the organisational side.

Peter Donnelly had a difficult year with injuries and Diebelius, although he managed second place in the Light-Heavies has not yet quite realised earlier potential.

The Senior European Championships in Kiev, Russia, followed a month later. The British team was: Remfry, Bradley, Eales, Starbrook, Jacks, Diebelius, Morrison, Adams, Radburn, Neenan, Alexander. In case you missed it Angelo Parisi became a Frenchman during the year and frankly may never be a force in Judo again in my opinion although I wish him well.

The U.K. team got a bronze medal in the team event, only narrowly losing to the U.S.S.R. The

organisation except of the actual event was reported to be terrible, which does not surprise me having been to the U.S.S.R. several times — although I always think they of all countries should demonstrate efficiency.

The European event was dominated by the Olympics. It is an unfortunate fact that Olympic medals are so important that European and World Championships etc. just don't get a look in these days.

Two weeks after the Europeans a Four Nations Tournament, sponsored by Faberge, was held at Crystal Palace. West Germany, Belgium and Holland gave Britain a little trouble but not too much. The day after this Remfry, Starbrook, Jacks, Morrison, Adams and Donnelly travelled to Japan for three week's training.

They had cash and food problems — not unusual these days in Tokyo — and there must have been mixed feelings about the usefulness of such trips for our experienced fighters. Such short visits are of course — and will continue to be — vital for our up and coming youngsters.

Ray Ross named the British Olympic team: Lightweight — Alexander, Lt-Middle — Morrison, Middle — Jacks, Lt-Heavy — Starbrook, Heavy and Open — Remfry. Ray made it quite clear that the Team Manager's job is a full time one these days. His record is a remarkable one by any standards bearing in mind the available resources. I hope to talk to him about this shortly.

The National Team Championships for Women were held at Thornaby, Northern Area, in May and there was a good entry. Scotland took first place with the Midlands second and South and North West behind them.

The National Kata Championships were also held in May and reports suggest they were far from being an overwhelming success. The organisers must clearly be a little more flexible in future years. Kata is im-

portant but as we are only at the beginning of a "new era of Kata" some of the old rigid ideas about form and style will have to be ditched. Dr. Kano was always the first to demand dynamic change to suit ever changing conditions.

The National Team Championships for Men were held in June at Huddersfield Sports Centre. The Universities (as usual) failed to turn up as did London and the Police. Midlands and South met in the final — not for the first time — and eventually South deservedly took the title, with a little help from Brian Jacks. The North West and the Northern Home Counties got to the semi-finals — two often underrated areas with some promising judoka.

As a postscript to the Olympic Games I think it worth commenting on the Lightweight win by the Cuban Rodriguez. Some time ago I said that the day a non-Japanese wins a World or Olympic Lightweight title would be as significant as the day Geesink first won the World Title in 1961. I was in the Paris Stadium at the time and will never forget the cheer that went up as he beat his third Japanese. But in retrospect I'm not sure Rodriguez victory is quite that significant. If Minami had not gone out in an early round and Rodriguez had beaten him too then, yes, it would have been a fantastic win. As it was the Japanese still got three golds and the U.S.S.R. two, with Cuba's single medal being a gold. The eclipse of France, East and West Germany was significant. Britain came fifth in the medals table just below South Korea (Cuba were in third place because of their gold). The rise of smaller countries — in Judo terms — like Poland, Italy, Hungary, Yugoslavia and Switzerland has been noted before.

The All England Judo Championships in September at South Ruislip Leisure Centre may not have seen all our top men in action but the tournament was a notable addition to the

calendar and let's hope the top men — and even some of our retired "greats" (I nearly wrote retreaded greats) grace this tournament in 1977.

The 1976 Schoolboys Championship was held in October and the North West took most of the medals followed by Northern Home Counties. Great for the youngsters even if the big throws were notable by their absence.

The British Women's Championships in October — Tony Reay was particularly pleased by the high standard of "pure" Judo and overseas competitors outnumbered the British contingent — which must have some significance. The U.S.A. led the medals table with Holland second and Britain third, all with two golds each. Our Heavyweight winner, Ellen Cobb, said she would retire at the end of the year after a distinguished contest career.

On the same day at the Women's Championships a Scotland versus England Young Men's international was slotted in. Scotland won narrowly.

Two weeks later Roy Inman took the British team to the Junior European Championships in Lodz, Poland. Just how tough it is becoming to take medals at these championships was demonstrated by our two medals, Silver for Armstrong in the Espoirs Light-Middles and bronze for Neil Adams in the Junior Light-Middles.

The U.K.'s superiority in the women's events took a dent at the European Championships in Vienna in December. Little Jane Bridge got a gold and Ellen Cobb — in her last competition — a well deserved silver, but France in particular produced some strong fighters.

The Senior National Trials for men in December was a quiet affair with the placings going fairly predictably. It was interesting to see Vass Morrison stepping up to the Under 78 kilos leaving Neil Adams



to take the Under 71 kilo category.  
**Off the mat**

An M.B.E. for Dave Starbrook was the best thing that happened off the mat. "Yes you may congratulate me, I love it," commented Dave. And how richly he deserves the honour. I don't know about the "Being British makes you more deserving . . ." syndrome but it is good to realise that both Charles Palmer and now Dave have been honoured.

After a deal of grumbling from several people a few B.J.A. membership figures have become available. Firstly there are about 900 registered clubs in the U.K.

There are about 12,500 current Licence holding B.J.A. members in England. Figures for Scotland, Wales and N. Ireland are not yet available, and there are more members who have not yet been covered by the new checking system introduced by General Secretary Tony Johnson. The figures do not include British Schools Judo Association players (it is good news that they are to merge with the B.J.A.) because the youngsters are not required to take out individual membership so the final total will probably be in excess of 16,000.

Probably around a quarter of the membership will be women, perhaps more, and this is a significant figure.

In some ways 1976 seemed to be a transition year — not just because some of the well-known judoka retired — but because Tony Johnson has been trying to bring business techniques to bear on the B.J.A.'s organisation. I have been impressed by his friendly efficiency in an "impossible" job. It is easy to be critical of officials if one does not realise the problems they face.

The B.J.A. is by now well aware that they have to improve their communications with members — after all, most of them live outside the London area, a fact easily forgotten. "Give us a little time and a little money" might well be Tony's cry

as indeed it was the other famous Tony's.

Richard Williams is emerging as our expert on constitutional matters so I'm tempted to ask him to look at the "organisation in 1976".

However a few minor points — I was pleased to see Kata and theory re-introduced to the syllabus. I don't know whether I have been a slight catalyst in this or just a mind-reader but it must be right.

There will be an Open category in I.J.F. contests. Tony Reay managed to lose it in his October list of new weight categories. He had a few of us worried for a while there.

I was taken to task recently for criticising Richard Williams for demanding a five year plan and then almost in the next breath extolling the virtues of having a plan for the B.J.A.'s future. What I thought I had made clear was the fact that one must certainly have objectives — perhaps I should have used that word — but one must be realistic about them. A five year plan with our inflation etc. would finish up like most of the Soviet or Chinese Five Year Economic plans. The B.J.A. has been living a hand-to-mouth existence for years. We haven't the money or the planners available to spend the time looking so far ahead. But yes, we should know where we want to go even if we eventually have to compromise. One of the beauties of Judo is that it is an eminently practical activity. As with Zen, there is a place for the theorists and planners but doing it is 98 per cent important.

Judo Magazine will probably have been inundated by letters replying to Mrs. Cohen about the B.J.A. insisting on membership before practice. All that has to be done is for clubs to insist that British Residents have B.J.A. membership before they practice at a B.J.A. club. That leaves the door open to welcome foreigners. Let's be sensible and practical!

## Judo and another of the Allied Arts

by Tony Reay

with pictures by David Finch

From time to time and particularly in the older judo books we come across the odd reference to kempo. In the old days a judo instructor would every so often pull out from his bag of tricks a technique which had a suggestion of kempo, or so he would infer.

It seems that for many years kempo has passed us by as being something mysterious and allusive only to be hinted at and not to be taken too seriously. Certainly we shut our eyes to it altogether when judo was suddenly deemed to be a sport and no longer one of the so-called martial arts. In recent years we have been assaulted with wave

after wave of martial arts from the East, whether they be Japanese, Chinese, Korean or Okinawan origin, some of which have claimed to be something special above and beyond the rest. Collectively these arts have captured the imagination and interest of millions of people and given them something to engage in during their leisure hours. In judo it seems we are again looking outward to broader horizons after many years of what some people would consider to be stunted growth — when it seemed that judo was being whittled down to just a few competition techniques. With the re-introduction of theory we are being



The new London Judo Society dojo viewed from the main entrance and reception office.





A block, counter-blow and a wrist-lock into a throw follow in quick succession in this demonstration by Shorinji kempo high-grades.

reminded that there are many other techniques not in current competition vogue. Just to appraise them — but better still to analyse them — must be good for all of us and for the sport in particular.

The ancient art of Shorinji kempo it is claimed\*, traces its origin to India 5,000 years ago. Following in the wake of Buddhism kempo entered China some time later. Shorinji is the Japanese name for Shaolin-ssu, a monastery in China where kempo was practised as a method for training the unity of mind and body.

Introduced to Britain very recently by mainly Japanese instructors, Shorinji kempo has already caught the interest of martial arts enthusiasts. Techniques are divided into three parts; Goho — the positive way which includes kicks, punches

Twisting out of an ipponseoinage to land safely on the feet, but judo enthusiasts will note that this is not the powerful 'locking-on' style of ipponseoinage as used in judo competition.



and blocks similar to the methods seen in karate; Juho — the passive way dealing with Aikido-style defensive techniques and also including Judo-like throws; and Seiho — a system of massage for the treatment of muscular strain and fatigue.

Just recently I was most fortunate to witness a demonstration of Shorinji kempo which had me — along with some 300 other spectators — absolutely enthralled by the skill and dynamic movement it contained. The occasion was the London Judo Society's New Year Opening Ceremony which is a common tradition in Japanese dojos at that time of the year and known there as a kagami-biraki.

Each demonstration performed by the various L.J.S. sections warranted academy awards. It was evident that much hard practice had gone into every display. Malcolm and Edie Wright performed nagenokata which

the programme boasted was particularly adapted for women. A traditional version of the same kata was then rendered by Mike Jay and Barry Griffin followed by an exhibition randori by Mike and Alan Sage. The junior judo section, not to be outdone by their elders, showed the audience how kata can be put into action led by John Hart and Norman Saints. The young at heart Len Hunt gave us a sample of his vast range of newaza techniques and his young junior charges then showed us how well he had taught them. John Waite reminded us that aikido will always be with us and as I watched I could not help going back over the years to those scintillating displays at the Royal Albert Hall with Senta Yamada. Steve Hope, Ziggy Boban and Richard Barker showed us what karate was all about and Mike Finn gave a display with his weapons.

It was the Shorinji kempo display which really rounded off the evening



The agility and skill which makes Shorinji kempo an impressive spectacle.



for me however, possibly because I have seen all the others so many times before. First we were treated to the normal activities of a Shorinji kempo club session. The meditation and oath chanted by the entire class attested to the strong Zen Buddhist influence that permeates Shorinji kempo. Most of us in judo would perhaps find this a bit too much especially when we look back on the formative years of judo in Britain. The oath or promise is repeated at each session and refers to the four virtues of love, wisdom, courage and health. The ultimate aim, I was told, is to reach the true Dharma spirit. We were then shown a randori session, or in Shorinji kempo jargon, an embu which is the traditional method of practice. Once having learned the techniques solo, they are then practised in "pair" form which is probably one of the marked differences to karate and kung-fu training. However, just like karate and kung-fu, Shorinji kempo contains very little competition in gradings, if indeed any at all. This we find hard to accept in judo, where competition has to be the ultimate test.

The highlights of the display came with Tameo Mizuno, 4th Dan; T. Uesaki, 3rd Dan and Toshi Yoshida, 3rd Dan giving a series of exhibition randori. I call it "exhibition randori" because in all honesty they could not be described as contests. However the displays were very real and I noted later the welts and bruises on the lower limbs. The agile twists and

escapes from throws such as ippon-seoinage and kataguruma were most impressive but frankly I just could not see such deft movements being very effective for long in a competition against a good judo competitor. In embu the participants wear the do protecting the front and sides of the trunk, the same that is worn in kendo. This does take such techniques one stage further to reality but even then limits such blows only to that area which is so protected. Tell a boxer he can't punch to the head and he would say you were mad for that's where most of the knock-out blows are delivered.

To sum up I would say that Shorinji kempo presents no real threat to judo but there are some aspects about it that could certainly be used by a judo enthusiast as periphery training. For example I have found some of the karate exercises very good for the knee and elbow joints and I know a number of judo instructors who employ some of these exercises in their introductory warm-up to a session. Shorinji kempo, by its very nature, is not desirable for juniors because of the kicks, punches and arm-locks. Certainly a judo club which is run as a martial arts school, which I know many of our clubs like to do, could well consider a Shorinji kempo section.

\*The history of Shorinji Kempo, by Japan Publications.

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## CORRESPONDENCE

Sir,—May we extend congratulations to Dave Starbrook for the honour awarded him in the New Year's Honours List when he was awarded an M.B.E.

Best wishes to him from all in the Western Area.

TOM CROWLEY  
P.R.O. Western Area

Sir,—Ever since the Association was formed any discussion on judo unity has centred on the Association and its relationships with other groups. This situation, however is changing; by virtue of the official status conferred on the Association the relationships with other parts of "the Establishment" e.g. Education authorities, are improving and developing. Because of this it is becoming increasingly unattractive for "local Mr. Judo" to set up groups claiming some sort of national/regional status or joining groups less choosy than the Association. Consequently, these characters are remaining with the Association and these outside, if they have (no) previous involvement, are doing their best to jump on the band wagon whilst those who left the Association, either voluntarily or involuntarily, are trying to wriggle back.

This, of course, is one way of achieving virtually 100 per cent unity, that is in name only. But if we desire genuine unity, that is, where the parts of the Association work together and are not in conflict, one with another, then we must ensure that, among other considerations, our organisational structure is appropriate in that it assists in the genuine unification and not disunification of the Association.

One development which has so far, it appears, caused little or no comment in the position and role of "National Association" within the

Association; the present units being the Army, Navy, R.A.F., Police and universities. The first four have, in my opinion, greater validity than the last group since I fail to see why this group can be regarded as more or less equal as far as the geographical Areas are concerned. However, it is the precedent which has been established which is cause for concern and the geographical Areas ought in their own, and the Association's interest (which I consider indivisible) consider this and do so, I suggest, as a matter of urgency.

Earlier I made the point that it is less attractive for the "dissident types" to break away. Now the characters whom I have in mind will hardly change attitudes and habits; they will however, adapt and one obvious way to achieve a fair degree of autonomy is to participate in a "national group", not as usual outside the Association, but *within* the Association in the shape of a "National Association".

It is too easy to say yes to the idea of granting National Association status with a separate organisation, and a seat on the E.C., particularly if faced with a ready-made organisation and even more so if, say, the Sports Council is trying to tidy up matters.

It is to be hoped that the E.C. with whom the power of decision on this matter at the moment rests and of course, the various geographical Area Committees who can influence the E.C. through their elected representatives are aware of friends and dangers.

Perhaps one solution would be to amend the Constitution so that Association in General Meeting has the final say; additionally this would strengthen the E.C.'s negotiating position.



We await the proposed new National Constitution with interest.

M. J. DARLOW  
Bedford

Sir,—If your correspondent David Finch is to continue to criticise refereeing standards, I would suggest that he should at least attend some sort of a Referees' Course.

I refer particularly to his commentary on Dietmar Lorenz in the January Magazine in which he says that a "poor refereeing standard"

beat Lorenz in his contest with Ninomiya. This is explained by comparing the nine tachi-waza attacks of Ninomiya with the twenty-one ne-waza attacks of Lorenz.

Mr. Finch will find on his Referees' Course that other than for "called" osaekomis, there are no attacks as such in ne-waza, and that one tachi-waza attack will prevail against any other ne-waza supremacy.

R. TOPPLE  
Ryecroft Judokwai

## CHARLATANS OF THE JUDO WORLD UNITE!!!

by Paul Eales

In view of the fact that the B.J.A. is now running courses for time-keepers and officials at tournaments everybody in the judo world who is interested in some form of official post is catered for, i.e. referees, coaches and the like.

However, I would like to suggest that there is one branch of our sport for which our governing body has not yet catered, these are the army of charlatans which now grace every club and major competition and I feel that they should be given some official recognition. I feel that the B.J.A. should have a series of recognised awards for charlatans. The obvious start would be to commence as a Club Charlatan working up to an Area Charlatan which would then be followed by the final accolade, National Charlatan. The examinations being conducted on the following basis:

### (a) Contest fabrication

Every good charlatan should be able to fabricate stories of fictitious contests he has participated in, in the past.

### (b) Blazer deportment

Here high marks will be given for those wearing the largest blazer badge possible. High markings to be given for padded shoulders and shiny blazer buttons. Obviously any candidate without a crease in his grey flannels will be heavily penalised.

### (c) Randori avoidance

This is obviously the most important part of the whole examination and upon this part of the exam the candidate will fail or succeed. The successful candidate will be able to simulate a succession of phoney medical ailments which prevent him from practising judo, i.e. bad knees, rickety collar bones, haemorrhoids, heart attacks, asthma, athlete's foot and galloping consumption. Any candidate who is tempted onto the mat to actually practice judo will immediately fail as this type of unruly behaviour will give charlatans a bad name.

### (d) 'Where did you get your grade?'

When asked this question the candidate will be allowed to cough and

mumble incoherently so as not to give the questioner any inkling as to how he got the belt he is wearing around his waist. Any sign of embarrassment or blustering would, of course, be highly penalised.

Obviously the advantages of being an official charlatan is that it avoids being hurled around for years by

ruffians to be graded when one can obtain the same and possibly higher grades by being a charlatan.

In writing this letter in praise of charlatans I hope I have not upset the mountebanks and fakers of judo as I feel they should also be given full recognition at some time in the future.

## JUDO PERSONALITY

RONALD BARLOW, M.B.E.

by John Goodbody

Ronald Barlow, MBE, who retired as Divisional Commander of Cambridgeshire County and City Constabulary last October, has been a leading figure in the Police's move towards insisting that policemen continue the judo training that they receive as cadets after they qualify. Often police in the past have been confronted with situations in which they needed to use judo but their skills were obviously not as sharp as they had been when they learnt them during training — unless they have been practising them regularly.

But, under the guidance of Training Officer Terry Welham (3rd. Dan), policemen have often had to do judo as part of their daily shift routine. In addition, they have had frequent 'refresher courses' on aspects of their original training including judo.

Barlow explains: Often training is regarded by harassed Divisional Commanders as a nuisance but my attitude has always been that I would rather have one good man on the beat than half a dozen indifferent ones. I once remarked to an Army Officer that I wished we were able to get as much training as they do and he pointed out that the difference between the Police and the Army was that the Police were in action all the time. Certainly police-



Ronald Barlow, M.B.E.

men are far more competent physically now than when I joined the Police in 1937. Judo is an excellent training both mentally and physically to prepare police for testing situations. And it also teaches self-control and good manners."

Barlow holds a number of honorary posts with judo clubs in the Eastern Area and is Vice-President of the BJA Eastern Area.



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