

JUDO



OCTOBER
1982
NUMBER 27
85p

& OLYMPIC SPORTS SCENE



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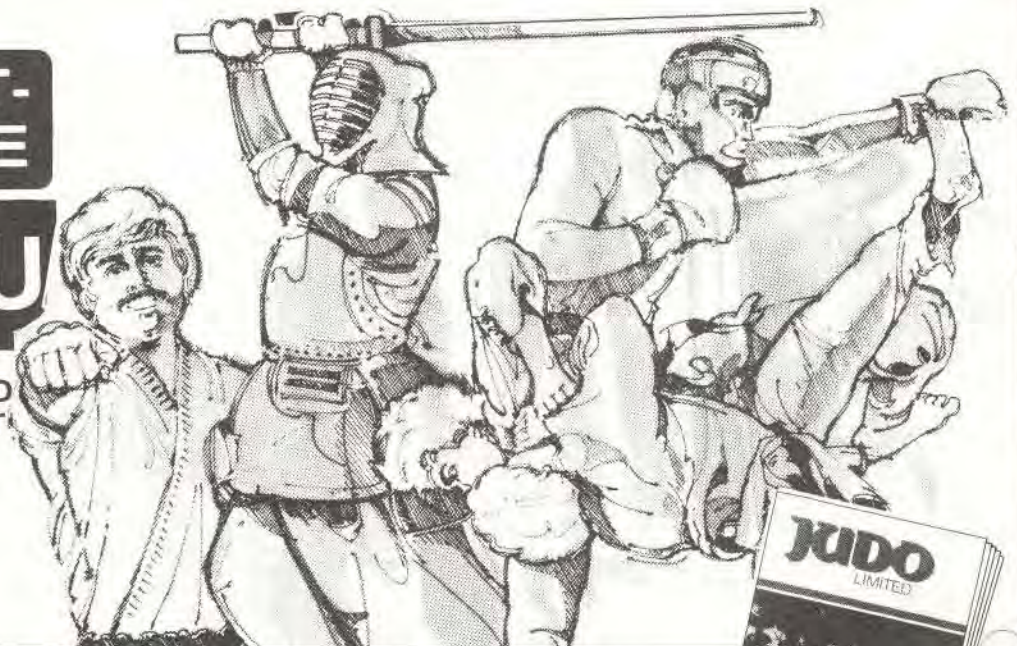
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The October Edition follows hard on the heels of the September Edition which was late due to several contributory factors for which we apologise. The faults have now been remedied and we should now be back on course for publication on the first of the month.

In this issue our main Judo feature is the British 'Closed' National Championships for Men from Stretford with a five-page report from Peter Holme, pages 5 to 9 and this backed up by Carl Bacon's story of the First International Team Event for Young Women from Redbridge Sports Centre. On pages 10 and 11 Tony Matthews researches the Decathlon and Pentathlon, reputedly the most demanding of all the Olympic disciplines and Eric Woodward writes his last article for *Judo* having now resigned as Press Officer to the BJA following his appointment as General Manager of Wolverhampton Wanderers Football Club (1982) Limited (page 30).

Once again, the second month of a trial period of three months, we carry the British Judo Association's Newsletter (pages 15 to 18) and Frank Smith has another interesting conversation with a National Team Coach. This time Roy Inman, Womens National Team Coach pulls no punches in his reply to Frank's questions on pages 23 and 24. The *Diary* is on page 4 as usual, *Round and About* is on pages 12 and 13, and



COVER PICTURE...
NOWAK, France, against TAKANO, Japan,
in the Paris Centenary Tournament.
Photograph: David Finch.

JUDO Contents

& OLYMPIC SPORTS SCENE



David Finch reports on the Paris Centenary Tournament on pages 26 to 28.

Club Secretaries are asked to pull out the centre Club Newsletter for display on the Club Notice Board and also to write to us with any features on their Club (with photographs) and let us know what you think about the BJA's decision to include the Newsletter in *Judo* magazine.

Remember, Club and Press Officers... if you want your events featured or publicised in *Judo* and *Olympic Sports Scene*, you must send us your material. Copy should be received by the Editor for the first of the month preceding the month of publication and photographs should preferably be in black and white. In the November issue we hope the feature the French Invitation Tournament for Women and the European Team Championships for Men.

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JUDO & OLYMPIC SPORTS SCENE is published by Judo Limited, Publications Division, Candem House, 717 Manchester Old Road, Rhodes, Middleton, Manchester M24 4GF.

Subscription, distribution and advertising enquiries should be addressed to the Manager, Judo Limited, at the above address.

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 Editorial contributions and letters should be sent to the Editor, Judo and Olympic Sports Scene, c/o Photodesk Photography Limited, 67 Union Street, Wednesbury, West Midlands WS10 7HB.

Designed by...
Photodesk Photography Limited

Printed by... Peerless Press Limited Spon Lane, West Bromwich.

Edited by... Frank Smith
 Photographs in this issue... David Finch, Karl Bacon
 Photodesk Photography Limited

Subscription rates...
 United Kingdom — Six Issues £4.50, Twelve Issues £9.00
 Overseas — Six Issues £6.20, Twelve Issues £12.40
 Airmail — Six Issues £10.50, Twelve Issues £21.00

JUDO DIARY

NATIONAL AND INTERNATIONAL EVENTS

- Saturday 2nd and Sunday 3rd October**
European Team Championships for Men—Italy
- Saturday 9th October**
NIJF Under-18 Boys and Girls Championships—Maysfield
British Open Championships for Women—Crystal Palace
- Saturday 16th and Sunday 17th October**
Austrian Tournament for Women and Men
- Sunday 24th October**
Y&H Junior Boys Selection Trials—Concord Sports Centre
- Sunday 31st October and Monday 1st November**
European Young Mens Championships—Romania
- Saturday 6th and Sunday 7th November**
National Under-18 Boys and Girls Championships—Crystal Palace
- Thursday 11th to Sunday 14th November**
Kano Cup Tournament—Japan

AREA EVENTS

- Sunday 10th October**
Eastern Area Senior Promotion Examination—Cambridge
- Saturday 16th October**
Northern Ireland Queen University Open Championships—Queen University
- Sunday 17th October**
Eastern Area Promotion Examination—Maverhill
- Saturday 23rd October**
Southern Area Closed Under-18 Trials for Boys—Crystal Palace
Midland Area Junior Boys Championships—Haden Hill
- Sunday 24th October**
Eastern Area Junior Championships—Thetford
Southern Area Closed Under-18 Trials for Girls—Crystal Palace
- Sunday 14th November**
Southern Area Open Orange and Under Championships for Boys—Crystal Palace
- Saturday 20th November**
NIJF Kyu and Dan Grading Promotion Examination—Maysfield
Midland Area Open Championships for Men—Haden Hill

MIDLAND AREA PROMOTIONAL EXAMINATIONS

- Sunday 3rd October**
Boys All Grades—GKN Sankey, 9-30am
- Sunday 10th October**
Mens Kyu—Derby, 9-30am
Boys All Grades—Ivanhoe, 9-30am
Mens Kyu Grades—Bicton, 9-30am
Womens Kyu Grades—Bicton, 11-00am
- Sunday 17th October**
Girls 10th Mon and Above—Leicester, 9-30am
Boys All Grades—Pershore, 9-30am
- Sunday 24th October**
Boys All Grades—Wellingborough, 9-30am
Girls up to 9th Mon—Derby, 9-30am
- Sunday 31st October**
Boys All Grades—Tamworth Judokwai, 9-30am
Girls All Grades—Tamworth Judokwai, 12 noon
- Sunday 7th November**
Boys All Grades—Kettering, 9-30am
Womens Kyu Grades—Pershore, 9-30am
Mens Kyu Grades—Pershore, 12 noon
Boys All Grades—Bicton, 9-30am
Boys All Grades—Windmill, 9-30am
- Saturday 13th November**
Boys All Grades—KKK, 9-30am
- Sunday 14th November**
Men Kyu Grades—Aston, 9-30am
Girls up to 9th Mon—Wellingborough, 9-30am

NOTICE TO MIDLAND AREA CLUBS—GRADINGS

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BRITISH NATIONAL CHAMPIONSHIPS for Men 1982



The entry for the British National Championships for Men, held this year at Stretford, Manchester, was guaranteed to be of the best Great Britain could offer when newly elected National Team Manager for Men, Colin McIver, wrote to all squad members telling them he was using this event and the Welsh Open to help evaluate the current squad with the intention of selecting a team for the next round of International Competition.

This letter, with the obvious inference that a good performance could place a fighter high on the list for selection to the team, to represent the B.J.A., at the November international tournament, celebrating Judo's centenary, in Japan, ensured that the competition was of top quality and the large number of selectors helped create a tremendous atmosphere which lasted from the earliest rounds right through the day to the Over 95 kilo final. They were rewarded with some of the best judo, particularly in the Under 78 kilo category, seen for a long while.

Interest, before the day, centred on the possible clash between Neil Adams and Densign White who had come down to Under 78 kilos from his 'normal' squad weight of Under 86. Unfortunately a spate of minor injuries, including a septic foot, sidelined Neil and the major interest faded away along with him.

There was no fading in the Under 60 kilo weight though which had a host of fighters for Colin McIver to take a close scrutiny. Scotland's Gavin Bell, Peter Middleton from Yorkshire and Humberside and John Swatman of the Midlands were the main contenders but Steve Chadwick (NW) still recovering from a long lay off with a back injury, Graeme Piper from N.H.C. and Michael Bowmer (Y & H) were in with a chance.

The best weight, on paper, from a spectator's point of view was the Over 95 kilo category. With Clempner (NW) recently returned from wrestling successes, Gordon, last year's Championships winner and Carnegie in one pool and McClatchie, Davies, last year's Silver medallist and 1980 Champion and Webb in the other pool some good men were not going to see any medals, which made for some very close and exciting contests.

With the presence of Colin McIver as team selector, the organisers decided to use first pools followed by Knockout and normal Repechage and the first rounds started almost on time at 9-30am with a large contingent of spectators already gathered around the four mats to cheer, encourage and help their club mates to success.

UNDER 60 KILOS CATEGORY

Peter Middleton (Y & H) started comfortably winning both contests in his pool by Ippon. This gave him a first contest in the Knockout against his Area Squad mate Bradley and their familiarity was obvious and it needed a show of flags at the end of the four minutes to give Peter the contest. Against Steve Chadwick (NW) a Koka knockdown was all he could manage on a player still trying to find a competitive edge after such a long lay off. After these two he found the going easier with an Ippon hold against Cameron (Scotland) and a lock against Bowmer (Y & H) to get into the final.

John Swatman (Midlands) never really looked troubled with Ippons in his pool. Then an armlock against Finney (NW) and an Osaekomi-waza for the full point against Callan (NHC) gave him a semi-final contest with Gavin Bell (Scotland) as his opponent. A Waza-ari throw to John and a Keikoku penalty to the Scot made the final a repeat of the British Open earlier in the year.

In the fights for Bronze, Michael Bowmer (Y & H) had Gavin Bell (Scotland) armlocked his way to victory against Finney (NW).



REPORT BY PETER HOLME

Above, left to right:

1— JOHN SWATMAN, Midlands
Under-60 Kilo Champion

2— FITZLLOYD WALKER, North West
Under-71 Kilo Champion

3— STUART TRAVIS, Midlands
Under-86 Kilos Champion

UNDER 65 KILO CATEGORY

Kerrith Brown (Midlands) had a little struggle in his second fight in his pools. Having thrown Fazackerly (NW) for Ippon he could only manage a Koka win against Savage (N.Ireland). However once into the Knockout he took a strangle hold of the competition, literally, beating Banks (South), Bowater (Midlands), Adshead (NW) and fellow national squad member Reed (Y & H) all with Shimewaza.

Steven Ravenscroft (NW), on the other hand gave away a good start by losing, Hansoku Make, to Mosley a 1st Kyu from Yorkshire and Humber-side. However Williamson (London) returned the favour by stepping out for a Keikoku which let Steve scrape through to the Knockout as number two in his pool. In the Knockout he beat, up and coming NHC 2nd Dan, David Rance by a Koka. Threw Howell (Wales) for Ippon and against North West player Liptrot he scored a Yuko. Then in a very close contest against Paul Sheals (NW), who had earlier gained a Hantei win over a rather off form Steve Gawthorpe (Y & H) in a contest dominated by ground work, Ravenscroft just got the nod from the judges.

A Bronze went to Paul Sheals over David Rance (Hantei) and Robert Reed threw Mark Adshead for Waza-ari and the other Bronze.

UNDER 71 KILO CATEGORY

Ever since I first saw him fight as a blue belt at Consett I've always thought of Paul Ajala (London) as an exciting fighter and the variety of his techniques used in getting to the finals of this competition shows the improvement in his skills is still progressing. In his pool he threw Goodwin (NW) for Ippon, armlocked McKeon (NW) and strangled Clynes (Y & H). In the knockout he met and armlocked Brady (NHC), threw Diggins a 3rd Dan from the South for Waza-ari then followed down to hold for a Wazete Ippon. His contest against Kirk Isichei (NHC) was very close. The advantage first going one way and then the other. Finally at the bell the judges agreed that Ajala had done enough, just, to gain the decision.

Fitzlloyd Walker (NW), who has just been selected to wrestle at the Commonwealth Games, showed that the two sports can mix and his two pool wins came from Osaekomi Waza against Bullus (Midlands) and D. Davies (Wales). 'Fitz' showed he could win on his feet by throwing F. Davies (Midlands) for Waza-ari in the first round of the Knockout but went back down to the ground to hold Clynes (Y & H) for Ippon. A three point win against Earle (South) then Barber (NW) gave him a Chui penalty win to put him in the final against Ajala.

The Bronze medal fights started with a tremendous throw for Ippon by Kirk Isichei over Diggins. A slow one point decision gave a second National Medal to the Earle family to join the one Mark's new wife Bernie won at the Womens 'Closed'.



Fitzlloyd Walker (NW), Gold Medallist. Kirk Isichei (South), Silver Medallist. Paul Ajala (London), Bronze Medallist.

UNDER 78 KILO CATEGORY

For the spectators this was the category of the Championships with a great number of wins coming from throws and very few going to decisions. However there was no real doubt as to who was going to be the finalists.

Densign White (Midlands) strangled his way out of the pools then threw everyone else on his side of the Knockout. Joyce (Scotland), Fraser (London), Reynolds (Wales) and Rae (Scotland) had no real answer to the strength and variety of attacks and the spectators really enjoyed the spectacle and entertainment that was coming from this weight.

Wyndham Williams (South) also varied his method of victories. He threw, armlocked and strangled for his number one place in the pool. Moriarty (NHC)—choke, Stevens (NHC)—lock and Goody (London)—hold have him a fairly easy passage through the Knockout into the final.

In the Bronze medal fight James Rae beat Reynolds with a Koka knockdown and Ray Stevens held Goody for Ippon.

UNDER 86 KILO CATEGORY

Except for Densign White who had moved down a weight all the Under 86 kilo membership, junior and senior, of the National Squad had entered so there was bound to be some interesting confrontations.



Erroll Carnegie holds Gwyn Davies for Ippon.

Bill Ward (NHC) was one of those who had the roughest ride. Having had a fairly easy course through the pool his first Knockout opponent was long time Squad member Ron Knight (Midlands) who he beat by a Koka but it was a long hard battle. Another three point win against Denby (NW) should have brought him up against Terry Watt (N.Ireland) but Terry had, unexpectedly, gone out on a Chui penalty to Keech (NW) who Bill strangled with comparative ease. He then came to face Stuart Travis (Midlands) who had had an Ippon series of victories beating Evans (Wales), Carter (NW), Buckley (N) and Davies (Wales). Travis' freshness showed and Bill Ward could not produce anything to upset the Midland player and eventually gave away a Chui to let Travis through to meet Paul Tiley (West) who's hold against Vassallo (NHC), Waza-ari throw on Mason (NW) and armlock on junior national squad member Ray Williams (South) was a far more direct entry to the final.

The two losing semi-finalists became the Bronze medal holders. Ray Williams beat Pete Mason and Bill Ward got his huge medal simply by stepping on the mat as his opponents in the repechage failed to show up.

UNDER 95 KILO CATEGORY

The least attractive weight with Kokotaylo (NW) going to ground to beat Barrett (West), Couling (NHC), Galey (Y & H) and Daly (London) to meet Dennis Stewart (Midlands) whose victories against Daly (London), Smale (West), Hibbert (NHC), Southward (NW) and Davis (NW) did include some throws. The two Bronze medals went to Gary Davis (NW) and Nicholas Gale (Y & H).

OVER 96 KILO CATEGORY

There was a quite murmur as this weight was called to the mat and the anticipation was well justified for only four of the twenty fights to the final went the full distance.

Paul Neatis (NW) had the misfortune to lose an arm in his first contest and took no part in the event and the first pool became a contest to see who between Elvis Gordon (Midlands) and Erroll Carnegie (London) would come out top of the pool. In a tremendous last fight in the pool Elvis was well up against Erroll with three scoring knockdowns but then with just seconds to go a small slip by Elvis let Erroll in for an Ippon hold.

**BRITISH NATIONAL
CHAMPIONSHIPS
PHOTO-ACTION PAGE**



*Photos 1, 2 and 3: John Swatman scores a Yuko on Gavin Bell with Side Tomoe-nage.
Photo 4: Kerrith Brown, Under-65 Kilo Champion.*

*Photo 5: William Bell scores with a hand assisted Ko-ouchi-gari.
Photo 6: Kerrith Brown noses with a Uchimata attack.*

In Pool Two Marvin McLatchie was slow to start which left Gwyn Davies (Wales) and Jim Webb (London) fighting out who was top dog again in the last fight of the pool. A superb throw by Gwyn gave him the Ippon he needed. The semi-finals had Webb give away a Keikoku penalty and Gordon show his marked weakness on the ground when he allowed Davies to hold him for Ippon.

THE FINALS

UNDER 60 KILO

Middleton (Y & H) v Swatman (Midlands)

In a repeat matching of the British Open Championships had John Swatman repeatedly trying his Tomoe-nage finally succeeding close to the edge of the mat for a Koka. About half-way through the contest Swatman managed another Koka but almost allowed Peter Middleton in for a strangle. Fortunately the edge of the mat intervened and at time John Swatman had managed to reverse the Crystal Palace result.

UNDER 65 KILO

Ravenscroft (NW) v Brown (Midlands)

Ravenscroft did not seem very overawed by Kerrith's reputation and was by far the most aggressive in the early stages. However it was Brown who scored first with a leg grab for Yuko. Steven was obviously very reluctant to go to ground but he showed considerable skill and courage when trapped by a San-gaku gatame attempt by Brown. Unfortunately his escape did not help very much for he could not regain the Yuko and had to be content with the Silver medal.

UNDER 71 KILO

Ajala (London v Walker (NW)

After such entertaining judo during the preliminaries, great things were expected of this contest but Ajala seemed to seize up solid and his flair earlier on disappeared. Early on in the contest Ajala was penalised—Shido—for holding the leg of his opponent. This was changed to a Chui for holding the end of the sleeve for such a long time that I thought the referee was going to ignore the new rule. It was a bit silly on Ajala's part as well for he wasn't getting anywhere with this defensive approach. A brief scramble on the ground increased the penalty to Keikoku for an obvious although unnecessary dive out of the area. On the other side Walker wasn't really doing much either and eventually received a Shido for passivity. In the last minute the fight started to liven up but there was nothing Ajala could do to get the penalty back.

UNDER 78 KILO

White (Midlands) v Williams (South)

This contest started at a much livelier pace with Densign gaining a Koka from a unique

technique that he picked up in Sweden on a recent trip. However his lead was short-lived as he came on the receiving end of a Shido for end of sleeve holding. The pace kept up and Williams did well to escape from Eri-jime. A blow to the side of the head stopped Densign for a little while but Williams could make no head way. Neither could White although he was far more dominant on the ground. Surprisingly at Hantei the judges gave a split decision but the referee had no hesitation in raising his hand on Densign's side of the mat.

UNDER 86 KILO

Tiley (West) v Travis (Midlands)

Straight from the start a Koka score with KoUchi Gake by Tiley but Travis came back to score what looked like a good equalising throw right on the edge of the mat. However the judges over-ruled the decision and it was another minute into the fight before Travis managed the Koka necessary to bring them level. Following a non-scoring knockdown Travis easily slipped into Yoko Shio Gatame which changed to Kuzure Kami Shio Gatame for Ippon.

UNDER 95 KILO

Kokotaylo (NW) v Stewart (Midlands)

Like the whole of the category this was a slow contest. There was a great deal of grip fighting which got neither player anywhere. What few throwing attempts there was came from Kokotaylo but it was a horrible push down leg grab by Stewart which allowed Kokotaylo the first positive action when he held Stewart with Kuzure Yuko Shio Gatame for nine seconds. Just when it looked as though the home player was going to get another Hantei win Stewart scored a good Koka with Seoi Otoshi and there wasn't enough time for Nick to get the score back.

OVER 95 KILO

Davies (Wales) v Carnegie (London)

The big men moved surprisingly fast although without much attempt at actually throwing. Davies was the most adventurous with the occasional attack, one of which, an Uchi Mata nearly succeeded. Eventually Carnegie earned a passivity warning and the next time the two players went to ground Davies was turned onto his back into Kuzure Kami Shio Gatame for Ippon.

I heard someone remark in the audience "Why can't we have the finals at the start of the day. Then, having got them out of the way, we can sit back and enjoy the good judo for the rest of the day." The old argument that 'one mistake and he's probably lost the Gold medal' doesn't really hold much water. With the possible exception of the first round pools,



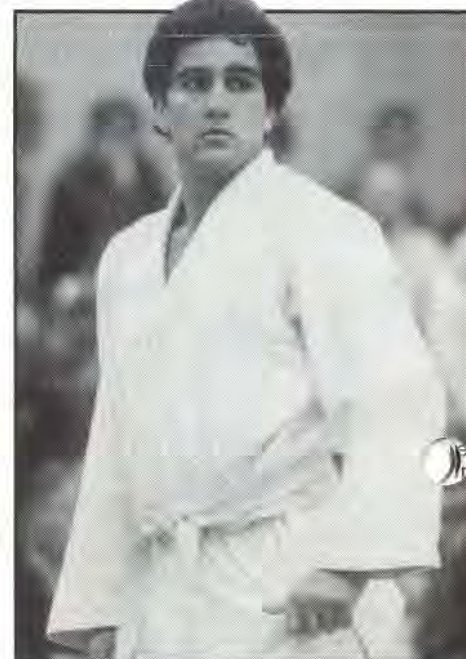
Top: Densign White, Under 78 kilos Champion

Bottom left: Another Swatman Tomoe-nage
Bottom right: Wyndham Williams, Silver Under 78 kilos Champion.

if you lose ANY contest you've lost the Gold and a great number of the Knockout contests, including the semi-finals were exciting, adventurous and entertaining. So why not the finals???

A final word about the spectators. You can run a competition without them but it would be a cold clinical and uninspiring event. The atmosphere generated by the spectators at the 1982 British Championships at Stretford really made the event one of the best I've been to for a long time.

The medals were presented by Mr Charles Palmer, OBE, President of the British Judo Association and the prizes by Arnold Humphries of Judo Limited the most generous sponsor our sport has ever known.



BRITISH CLOSED FOR MEN—RESULTS

UNDER 60 KILOS (28 entries)

GOLD—John Swatman, 1st Dan, Wolverhampton, Midlands. **SILVER**—Peter Middleton, 1st Dan, Hedale, Yorks and Humberside. **BRONZE**—Michael Bowmer, 1st Dan, Bradford, Yorks and Humberside. **BRONZE**—Gavin Bell, 1st Dan, Centaur, Scotland.

UNDER 65 KILOS (31 entries)

GOLD—Kerrith Brown, 2nd Dan, Wolverhampton, Midlands. **SILVER**—Steve Ravenscroft, 1st Dan, K.N.K., North West. **BRONZE**—Paul Sheals, 1st Dan, Samurai, North West. **BRONZE**—Robert Reed, 2nd Dan, York R.I., Yorks and Humberside.

UNDER 71 KILOS (36 entries)

GOLD—Fitzlloyd Walker, 2nd Dan, Davyhulme, North West. **SILVER**—Paul Ajala, 2nd Dan, Budokwai, London. **BRONZE**—Kirk Isichei, 3rd Dan, Chalkhill, Northern Home Counties. **BRONZE**—Mark Earle, 2nd Dan, Budokan, South.

UNDER 78 KILOS (35 entries)

GOLD—Densign White, 3rd Dan, Wolverhampton, Midlands. **SILVER**—Wyndham Williams, 2nd Dan, Bexley, South. **BRONZE**—James Rae, 2nd Dan, Burnhill, Scotland. **BRONZE**—Raymond Stevens, 2nd Dan, Veraloy, Northern Home Counties.

UNDER 86 KILOS (28 entries)

GOLD—Stuart Travis, 3rd Dan, Kettering, Midlands. **SILVER**—Paul Tiley, 2nd Dan, Bath, West. **BRONZE**—Raymond Williams, 1st Dan, Bexley, South. **BRONZE**—William Ward, 3rd Dan, Romford, Northern Home Counties.

UNDER 95 KILOS (13 entries)

GOLD—Dennis Stewart, 1st Dan, K.K.K., Midlands. **SILVER**—Nicholas Kokataylo, 3rd Dan, Denton, North West. **BRONZE**—Gary Davis, 1st Dan, Kendal, North West. **BRONZE**—Nicolas Gale, 1st Dan, York R.I., Yorks and Humberside.

OVER 95 KILOS (10 entries)

GOLD—Errol Carnegie, 2nd Dan, Lewham, London. **SILVER**—Gwyn Davies, 3rd Dan, Cwmaman, Wales. **BRONZE**—Elvis Gordon, 1st Dan, Wolverhampton, Midlands. **BRONZE**—James Webb, 1st Dan, Budokwai, London.



BRITISH CLOSED FOR MEN—STATISTICS SHEET

Entries: 219 of whom 181 actually fought.

Contests: 331 including the finals.

How the contests were won...

Ippon Throws (including Waza-ari Awasete Ippon from throws)	46
Waza-ari Throws (including Sogo Gachi throws)	39
Ippon Holds (including Waza-are Awasete Ippon from holds)	65
Waza-ari Holds (including Sogo-gachi holds)	11
Armlocks	30
Strangles/Chokes	34
Penalty Wins (does not include Sogo-Gachi)	
Hansoku Make	5
Keikoku	6
Chui	6
Shido	0
Superiority 5 points	31
3 points	32
1 point	26

Above: Densign White—Tai-otoshi attempt.
Below: Densign White attacking Wyndham Williams (Under 78 kilos).
Below right: Dennis Stewart (Midlands), Under 95 kilos Gold Medallist.

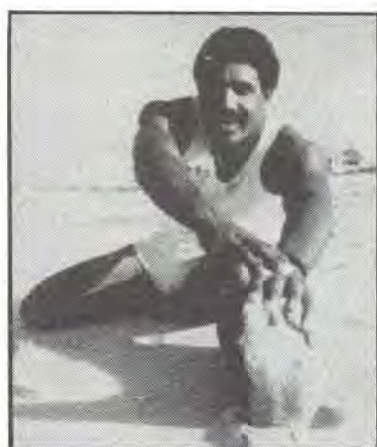
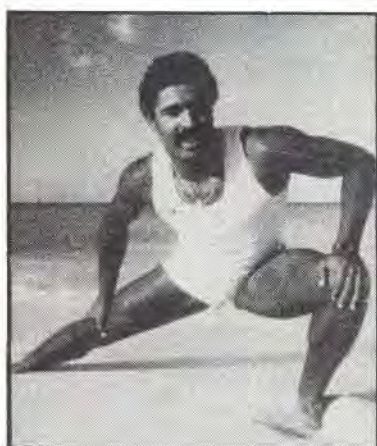


DECATHLON

&

by Tony Matthews

PENTATHLON



The *Decathlon* is for men, and features ten events; the *Pentathlon* is basically for women, and features five events.

The men have to run, jump and throw, while the ladies have to shoot, swim, fence, ride and sprint.

Daley Thompson and Kathy Taylor are two likely medal winners for Great Britain in these events in Los Angeles in 1984, and dare I say it, both WILL WIN GOLD MEDALS.

Confidence goes a long way in any sport, and both Daley and Kathy have got what it takes to become Olympic champions. Daley, as you all well know, is already Number One as far as the mens event goes. He won in Moscow two years ago, and is currently the reigning World Decathlon champion. Kathy, on the other hand, is a member of the fine Great Britain Pentathlon team which won in Paris earlier this year, and both she and Daley, are athletes of the highest possible calibre—good, honest contestants, who will fight all the way to the end, never shirking responsibility, and always giving 100 per cent in each and every event they take part in.

Twenty-three-year-old Daley Thompson trains—and exercises—six hours a day. His waist-line is trim and supple, and he keeps it so by doing a basic exercise movement. Standing with his legs apart, and his hands gently resting on his hips, and pulling his stomach and buttock muscles well in, he rotates himself in a circular movement, tilting slightly forward. He does this five times one way and five times the other way.

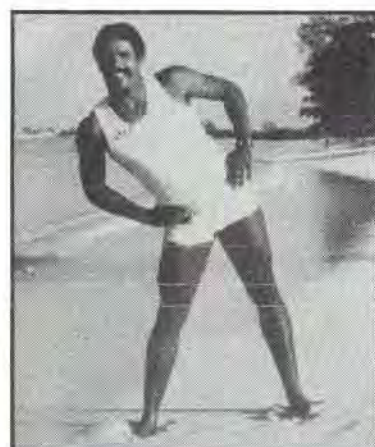
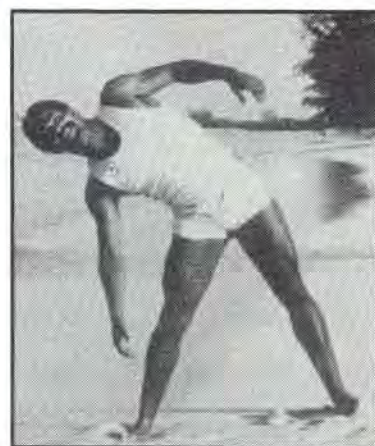
Strong legs are a main feature of Daley's frame. And to get the legs into shape he sits on the ground with his right knee well bent and turned 90 degrees to the body and his left leg straight out in front.

Keeping perfectly straight, he leans forward and tries to touch his left foot with his hands. He then lifts his hands and does the same exercise again. Daley does this five times with each foot.

Your stomach muscles must be in tip-top condition at all times, and Daley's workout here is based on a swinging technique. He stands up with feet a yard or so apart and his hands behind his head. He then whips his hands over and down towards his ankles, swinging to and fro, left to right, keeping both legs stiff at all times. This also helps your arm, shoulder and back muscles as well as acting as a stamina guide.

Daley also gets his back muscles in trim by standing upright and thrusting down his arms in sequence towards his knees without actually bending forward or bending at the knees.

Another exercise is to crouch down, stretching one leg away from you and the other bent in front of you, with a hand on each knee, pressing down very gently on the back knee. Swap over after three or four presses.



Also there is the stand-up legs together with arm exercise whereby Daley bends his arms in towards his chest and with fists clenched he pulls each arm back and then to in easy fashion and he does the outstretched arm exercise in precisely the same way...swinging away horizontally with arms pushed out to their limit.

Press-ups, squat-thrusts, running on the spot, step-ups and wheel pedalling are other major exercises Daley puts into operation during his weekly training stints. He copes well, and indeed, he's a super-athlete—one destined for honours in all competitions for a number of years to come.

In the last Olympics, Daley Thompson won the Decathlon Gold Medal. Yet many cynics, the world over, insisted that if the boycott of those Games had not taken effect, then the West German, Guido KRATSCHMER would have run away with the top prize and left 'Cockney' Daley to fly home with only a Silver medal to show for his bold and courageous efforts.

But once home in England, Daley was determined, more than ever, to show the rest of the sporting world who was the GREATEST DECATHLETE of them all—and he promptly went out and smashed the world record held by KRATSCHMER.

He did it in the picturesque Austrian town of Gotzis in May of this year—clocking up 8,707 points, to beat the previous best tally by 58.

But then, when getting ready for the European Championships in Athens, Daley's new World Record was blasted again—this time by the West German, Jurgen Hingsen. Not to be denied, the 23-year-old superhuman, took the bull by the horns and powered to an emphatic success over Hingsen in Athens to regain the World crown and also take the Gold medal, clocking up a massive 8,744 points—21 better than when Hingsen took the record from him only a month ago.

Needing to run the 1,500 metres—the last of the ten discipline events—faster than 4 minutes 26.5 seconds, Daley stormed across the line in 4 minutes 23.71 seconds and thus took the title from Hingsen. The former record-holder, Kratschmer was well down the field!

Said a delighted Daley afterwards: "I hope a lot of people were watching their TV sets back-home. Now, perhaps, they will not think the Decathlon is such a boring event after all.

"People have said I'm a bit flash—maybe they'll change their opinion of me after this performance!"

Daley has a superb athletic figure. He stands 6ft 1 1/4 ins tall and tips the scales at 13st 5lb. He's built like the side of a house, looks like a light-heavyweight boxing champ—or if you prefer, a dark-skinned British Hulk.

Heavily muscled, solid, and exceptionally fit, he used every solitary ounce of his tremendous strength when jumping, throwing and running towards that European title in Greece—and now his ambition is to smash through the 9,000 points barrier. And why not make it 1,000...

Steve Powell of *All Sport* wrote this about Daley Thompson—the World's greatest-ever all-round athlete...

"If Daley Thompson had been born a few hundred years ago his chariot would charge into the sporting arena garlanded with sweet smelling blossoms and bountiful beauties would kiss his feet.

"If he'd been born in America he'd be guesting on the Johnny Carson show, flicking through film scripts, beating back the use of free cars, clothes and condominiums and toying with a lucrative offer to try out as a quarter-back on the American Soccer field."

As it stands, Thompson was born in London's Notting Hill district and all the pundits, who a few years ago, thought that smashing the 9,000 points barrier in the Decathlon was quite out of the question, will I'm sure be eating their words in a few months time when 'Thommo' hits that jackpot.

Yes, indeed, Daley Thompson wants to become the first man in sporting history to chalk up that magical 9,000 points total in ten Decathlon events. And he'll do it. There's no doubting that. This man is a super-star and in Los Angeles in 1984 he will be billed as Mega-star.

PENTATHLON...

Twenty-two-year-old Kathy Tayler wants to win the World Modern Pentathlon title, an Olympic Gold medal—and she's also set her sights on a screen career, but that's a different story altogether...

Kathy is a member of the highly successful Great Britain Pentathlon squad which recently won the World team championships in Paris.

The Gold medal-winner for Britain in France was 17-year-old Wendy Norman, Sarah Parker, brother of Adrian Parker, the athlete, took the Silver prize, Kathy herself grabbed the Bronze and Teresa Purton sadly got injured and finished down the field.

These four girls are good—exceptionally good. And indeed the future in this event looks mighty rosy as far as Great Britain is concerned. All these girls hopefully will be in our team in Los Angeles in two years time—and if I had to select a winner then it would be raven-haired Kathy Tayler, there's no question about that. And she talked about the five events she will be attempting.

Despite being left-handed she has a masterful right eye, so she shoots right-handed in the pistol event! "I enjoy it, but I'm too excitable to be brilliant," she said. She uses her bulk (albeit not too much), strength and explosive muscle power in the 2 1/2 minute, 200 metres splash-up in the swimming pool, but said, smiling: "I don't require any of these assets when I'm fencing. I have to be alert, active, sprightly and my reflexes have to be spot-on. I feel swimming is soul-destroying."

She used to hate running. "It was painful," she said. But now it's part and parcel of the Pentathlon event, and Kathy has to put everything she has into the 2,000 metres race, knowing that points in every event are priceless at the end of the day. "Horse-riding is the last of the five sports I took up" recalled Kathy, "and for a time it was the one I liked the least of all. But now I thoroughly enjoy it, partly because of the slight element of danger in it.

"You have to draw lots for a horse and then you have just 20 minutes, and six practice jumps, to get to know the horse before going onto the course and tackling the 15 jumps which are set for you."

"I feel I have a good chance of gaining a medal but so have the other girls in our team, Wendy, Sarah and Teresa, all of whom are top-class pentathletes" commented Kathy.

Wendy loves running and riding, Sarah enjoys swimming and Teresa is also fond of running. They all come from the South of England, as does Kathy, so training together is no problem at all. And that is the operative word 'Training'—a past-time all athletes have to do if you want to succeed in the best possible company. These four girls will be going flat out in the coming months to ensure they're in tip-top form for those Olympics in America in the summer of 1984.

DECATHLON and PENTATHLON FACTS & FIGURES

The first man to hit the 8,000 points mark in the decathlon was Paavo YRJOLA of Finland, who reached 8,053 in 1928 when competing in Amsterdam.

The first Olympic decathlon champion was the Swede, Hugo Wieslander, who won the Gold medal in 1912 with 7,724 points. He had originally finished second, behind American ace, Jackie Thorpe (8,412 pts.). But Thorpe was subsequently disqualified for professionalism.

The first athlete to retain the Olympic title was Robert Mathias (U.S.A.) who did so in London in 1948 and Helsinki, 1952.

Americans held the Olympic Decathlon title from 1932 to 1960 inclusive. In 1964 the West German, Willie Holdorf took the prize.

Bill TWOMEY (U.S.A.), Olympic Gold medallist in the 1968 Olympics, is said by some to have been the greatest of all Decathletes. But figures show that he never topped 8,500 points—a figure Daley Thompson has already done, with ease! Bill's top figure was 8,417 points—achieved in Los Angeles, December, 1969.

Irenie PRESS, the brilliant Russian lass, took the Pentathlon Olympic Gold medal for women in the 1964 Tokyo Games, pipping Mary Rand of Great Britain at the post. Mary, a weak shot-putter, was robbed of her chance to collect her second Gold medal of these games by a disastrous 'putt' in her final attempt at catching the crack Russian.

Mary Peters, bless her, powered through to win the 'Gold' for Great Britain in the 1972 Munich Games, taking the title from the Hungarian girl, Anna Toth Kovacs who had finished first in 1968.

Ingrid Becker (West Germany) was perhaps favourite to capture that Gold prize in Mexico, 1968, but Kovacs came through in splendid style and turned the forecasts inside out with a magnificent show, totting up 5,098 points.

ROUND & ABOUT

Competition Reports, News and Judo Information

JUDO IN ICELAND

If you are contemplating having a holiday in Iceland anytime, be sure to take along your judogi with you and call in at the Judodeild Armanns in Reykjavik.

I visited the club a couple of times in August while on holiday there and received a very friendly welcome and enjoyed a good workout.

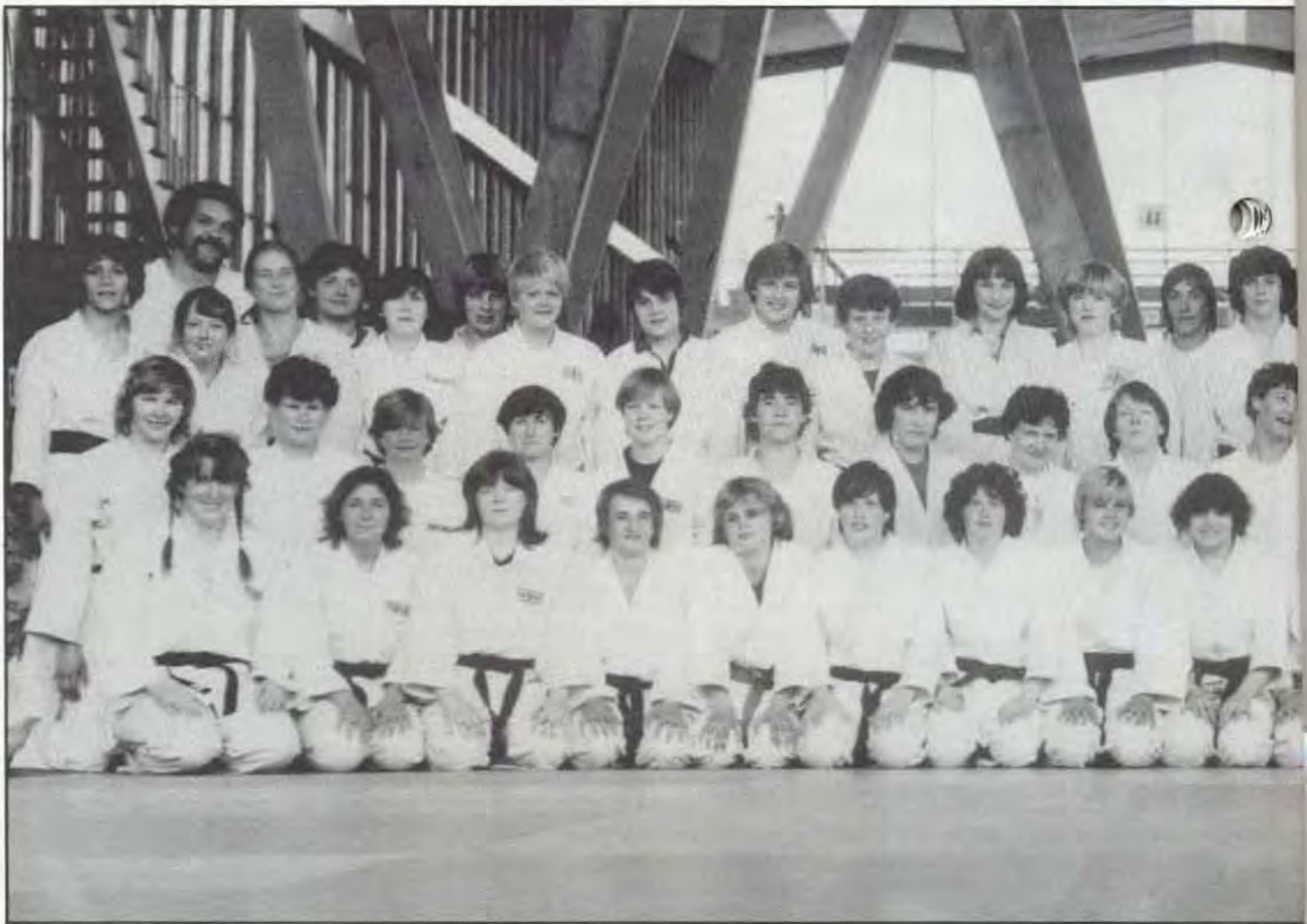
The club is on the third floor above a row of shops at Armula 32, and as well as being a dojo has a nicely furnished club-room and offers sunbeds among its amenities. The floating membership numbers about 150 they practice on Monday, Wednesday and Friday evenings from 7-00pm till 8-30pm and the instructor is Yoshihiko Iura 5th Dan (Kodokan).

At the time of my visit they had just completed their annual week-long summer training camp so numbers were down a little. There were about a dozen on the mat including Margrét Thrainsdottir, a 17 year old student who is making a name for herself in Scandinavian judo circles. She is a very strong Under 66 kilos player and took up judo about three and a half years ago just for something different to do. None of her brothers or sisters are judo players.

So far Margrét has had two international outings for Iceland and on each occasion returned with a medal—gold in the 1980 Scandinavian Open, and bronze in the 1981 Norwegian Open. A good prospect for the future I should think.

It is difficult for the Icelandic players to get international judo experience as travel is so expensive for them and there is little sponsorship available, but the club helps the players financially whenever possible. Several well-known high grade judomen have visited them over the years and they are always pleased to welcome foreign judo players to the dojo.

Marion Woodard



BRITISH JUDO ASSOCIATION ... NATIONAL SQUAD

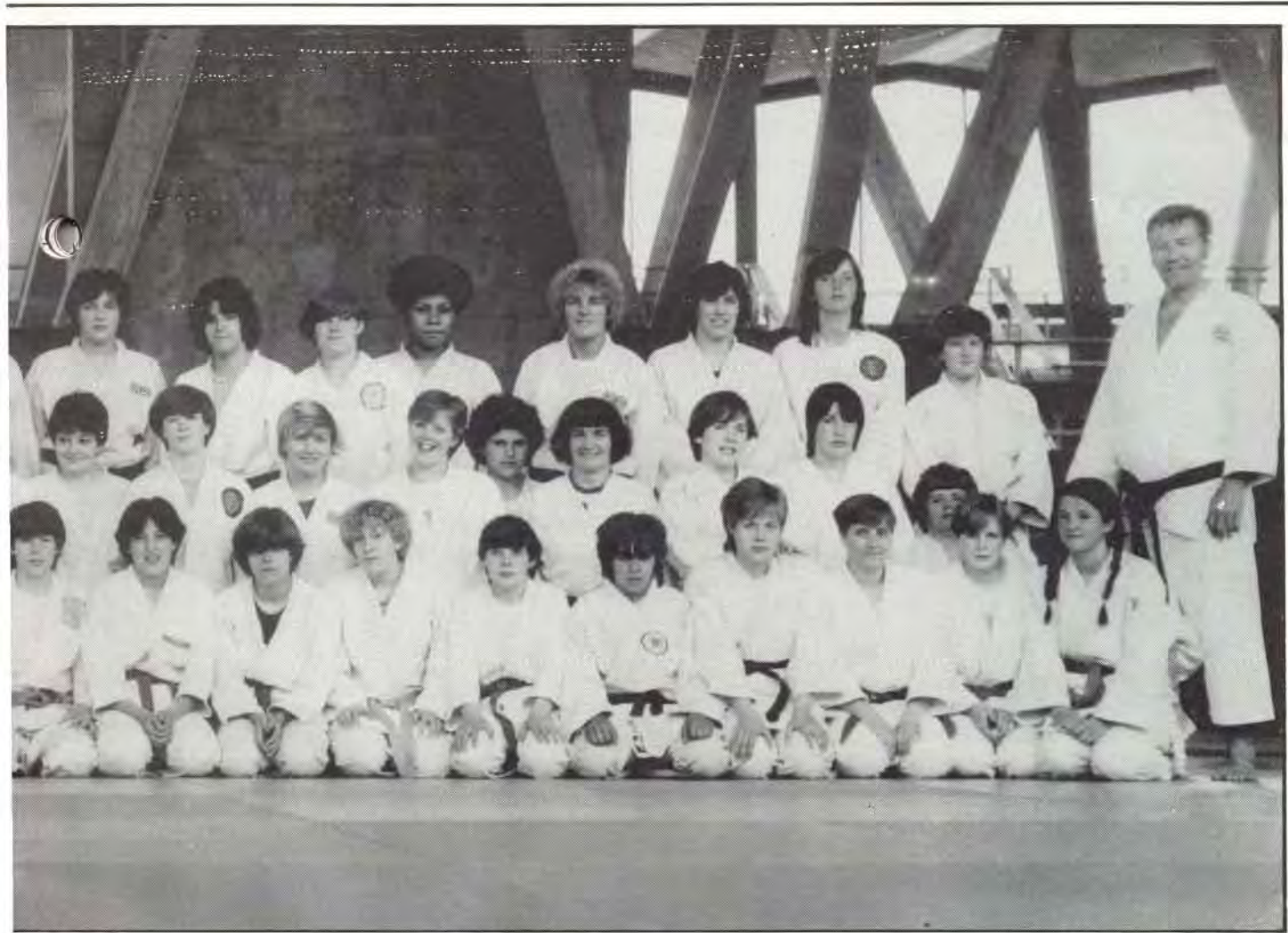
Back row: Winn Bolton, Arthur Mapp, Jean Hawkins,* Linda Bradley, Abigail Taylor, Amanda Bacon,* Sue Selling, Jenny Mather, Kay Greenhalgh, Theresa Hayden, Janice Turner, Carolyne Alford, Rosemary Scales, Marion Woodard, Gail Entwistle, Ann Newton, Susan Swanton, Caroline Greenway, Sandra Bradshaw, Maureen Bennett, Avril Malley, Ann Skillbeck, Margaret Jones,* Roy Inman.

Middle row: Dawn Netherwood, Teresa Griffin, Kim Elliot, Sandy Fry, Diane Bell, Katherine MacKay, Joyce Malley, Lesley Wood, Karen Gray, Claire Cossar.

MATTE!



Rob



FOR WOMEN 1982 ... Members listed from left to right

Sarah Ripsher, Laurie Noble, Christine Brennan, Janice Witty, Sue Merceica, Loren Gunn, Celine Dufficy, Eileen Boyle,

Front row: Heather Ford, Loretta Doyle, Ann Hughes, Karen Briggs, Deborah Snowdon, Susan Shaw, Jane Bridge, Elizabeth Jackson, Denise Jackson, Helen Taylor, Kim Jackson, Joanne Murphy, Sharon Rendle, Ann-Marie Briody, Androulla Blanchette, Deborah Sheldon, Stephanie Madge, Sheila Croton,* Theresa Mussett, Cymmone Inwood.

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BRITISH JUDO ASSOCIATION

NEWSLETTER

TO MEMBER CLUBS



Clubs are as old as civilisation. The word 'club' is derived from the old Norse 'clubbe' which eventually came to mean a 'knotte of persons'. The 'knotting' together of persons with the same interests is the foundation of every club.

The foundations of the peculiarly British institution of modern Club life were laid in the coffee houses which flourished in the eighteenth century. This type of Club life attracted the masses of the population during the Industrial Revolution in the form of Working Men's Institutes which now abound in all parts of the country. With people having the same political, cultural or sporting interest, other types of clubs also emerged in the complex English social system of the nineteenth century. Eventually, the 'knotting' together to form a club extended to the far corners of the world via the British Empire.

It is said that Gunji Koizumi, the founder of British Judo, was more English than an Englishman. Certainly there were many aspects of the British way of life which attracted him back to England after his visit and where he was happy to settle. The Club system attracted him enormously and it was he who formed the first Judo Club in Europe, initially as a place for Japanese residents in London to practise during the First World War (Britain and Japan were then allies).

The **ideal** present day Judo Club in Britain is the one using its own premises, open daily and catering for all groups. These places can be said to embody the old conception of what a British club really is. Judo is now universal and a Judoka can walk into any Dojo around the world and feel he is with his own kind, but the established British Judo Club still has that special 'club' atmosphere where, apart from being a place to practise Judo, the members have the club's interests at heart and there is the feeling of belonging to a group.

Of the more than 1,000 Judo Clubs in Britain, there are those which are rather like the Japanese Machi Dojo (street Dojo)—purely a place to practise Judo. The Machi Dojo is usually a small business where a Judoka, getting on in years, has built a large extension onto his house, and offers instruction and Judo training for a fee.

In Britain, we have seen first the evening institute run by Local Education Authorities and then the sports centre complex become centres for Judo training. Such places have offered Judo to more people but very few have been able to acquire the 'club' atmosphere and, therefore, seem to have something lacking. It is possible to create a 'club' in such places and this has been done successfully at a number of them but they are, by their nature, multi interests or multi sports centres and, therefore, tend to limit the growth of any one group. Most sports centre managers want to be able to say that, in catering for the community, they provide facilities for many sports and not just one.

We have now arrived at the time of year when many of our Clubs will be preparing for the heavy autumn and winter season. With the fall in temperature and evenings closing in, many people will be looking for indoor pursuits. It is the time of year when most clubs have their biggest intake of new members.

In recent years, Judo has captured the interest of many and we have seen an overall increase of membership but, sadly, there is still too high a fall-off rate. What are we doing to maintain the interest?

Judo is a tough sport and obviously it is not everyone's cup of tea, but Judo can be enjoyable and can be made to be thoroughly stimulating. I cannot believe the old well-used comment that people are not tough enough these days. We know that, given the incentive and direction, young people in our Dojos can and do respond and are prepared to work. The Commanders of the Falklands Task Force have had nothing but praise for the young servicemen in their charge—under fire for the first time and in harsh conditions, they were superb.

Club officials and working committees can help a club to develop and prosper, but when it comes down to it, it is the central figure on the mat who is taken notice of and who is the main influence—the instructor.

Coaches and instructors doing the same job year in year out can become jaded and lifeless. This is what I suspect happens in some evening classes and sports centres, where the instructor has become dependent on a little extra income and, because the club atmosphere is missing, has resigned himself to simply carrying out a chore.

A good instructor in a Club should inspire and motivate his students. He should be able to both teach groups and coach individuals and he should make every class or session both stimulating and interesting. All of this is easier said than done. As with most things, there are many traps and difficulties that a Judo instructor can fall into—it takes experience to cope with them. The following advice is offered to help the instructor. The very experienced Judo instructor will be aware of the pitfalls and could, no doubt, add some tips of his own but all of us—no matter how experienced—should, from time to time, pause and take stock of the situation. There is always room for improvement and now is probably the best time for all of us to look at ourselves and see how we can improve not only the Judo of those we are teaching, but also our own.

Selecting the Instructor

I think everyone will agree that the instructor is the most important person in the Club. It is he who will be the focal

point in a student's eyes, it is he who will project the Club's image, it is he who the youngsters will breathlessly tell their parents about over their cornflakes, and it is he who will be discussed and quoted more often than anybody else by the seniors when they are in the Club room or over the work-bench.

Because the Judo instructor appears an important person, unfortunately there are many inexperienced or unqualified people who, very much aware of the glamour of such a position—would dearly love to be that all-important central figure. Having a class of some 30 or 40 people hanging on your every word can be heady stuff. Some people get carried away with such power. They would do anything to be able to stand for two or three times a week with such a captive audience. However, club committees or selectors will be aware that Judo is now a well-known activity—people are not now so easily taken in and a bluffer will soon be exposed.

There are very few 'all-round' Judo instructors—that is to say, instructors who can teach at all levels from beginner to international level. Some people can give a brilliant introductory session, leaving every onlooker with the desire to start Judo immediately, but the same person probably could not, or would not even want to, teach the same group throughout the year. These are just some aspects which a committee should consider. Usually, however, a good Judo instructor is self-selected. That is to say, he has proved his worth and the job is his for the asking.

Teaching Children

All too often, a club committee will give the junior beginner class to the good old reliable stand-by in the Club who may be limited in his teaching ability and grade but who is nevertheless prepared to do anything to gain the instructor Kudos. Such a person can be channelled and utilised both to serve the Club and give him the feeling of doing something important—but not to teach beginner juniors. It is my conviction that the Judo instructor for beginners is the most vitally important. The beginner stage is the crucial period when the student will absorb good technique, or poor technique, because he knows no different. The future make-up of a competitor is all down to that all-important first instructor. I have often heard a National Team Manager say, "Can't change him now, he learned that horrible method as a beginner, and now he's stuck with it." There are plenty of 'knock-down' Koka winners, but how many do you see winning the real prize? Only those with big Waza are really remembered.

The BJA advises eight years to be the minimum starting age but Clubs and instructors can include younger children in their junior classes if they so wish. The trouble is that, because those younger are generally not co-ordinated, the instructor is in danger of running a nursery class. Fine if they want to do this, but don't let us pretend that it is Judo.

The eight to ten year group is very receptive. There was a period when there was no theory in the junior syllabus and there was a distinct move by many to discourage that which we know as Dojo etiquette. No wonder Judo in Britain stood still during that period. Certainly people should not be forced to learn a language and to adopt foreign postures, but the truth of the matter is that Judo was originally Japanese and the kneeling and bowing is part of the discipline surrounding the sport. The strange thing about all this is that these are some of the things that attract people to Judo.

Dojo discipline is one of the features that appeals to parents and—introduced the correct way—the kids love it. There must be discipline in any training situation. Again, turning to matters military, it is good training and discipline that wins battles.

Judo is a tough combat sport and as such needs a certain discipline in order that accidents should not occur and competitive situations not get out of hand. Silly situations can happen in a Dojo where there is no control or discipline. The correct way to introduce discipline is to explain the reasons for having to have it. Most children are sufficiently intelligent these days to understand why it is necessary. To bark and scream at the mat edge sometimes alienates them and sets up suspicions in their young minds. The best way to introduce discipline is, for example, the older pupils and senior grades will soon follow suit, especially if an instructor recognises their efforts by bestowing on them some kind of responsibility such as 'mat steward'—not to bully but to guide the younger members, lower grades and beginners.

I myself have borrowed an idea from the Japanese University and Police Dojos. Adapted to our own way of life I find it works fine. They have the Sempai/Kohai system. The Sempai is the 'leader' or 'sergeant'; the Kohai is the beginner or first-year student. In the Japanese system the Kohai is treated almost inhumanly. In my own local club I use Sempais (but definitely not Kohais). From amongst the more experienced and those who show a responsible attitude, I appoint Sempais. There is a bit of a ceremony about this and it is made clear to all that the person selected is acting on the instructor's behalf. With up to a dozen Sempais I find that everything is managed for me leaving me free to concentrate on the teaching. As a result the mats are laid, fees collected, and the entire class is lined up kneeling on the mat when I enter the Dojo. At a signal given by the senior Sempai we bow and the Sempais take it in turn to run through the opening stretching exercises. When I am teaching the Sempais will admonish anyone who so much as whispers—and this includes any parents who might be watching. Beginners soon learn that there is a 'no wee-wees and no drinkies' rule during the 1½ hour session and if any of them have to leave the mat a Sempai is there to check that this is done correctly i.e. standing bow at edge of mat, stepping from the mat into Zori. If children learn Dojo etiquette it will stay with them throughout their Judo years. There surely can be nothing worse for a national team manager when a member of his squad leaves the mat when he likes and without even a request for permission to do so.

Although I try to make the training as hard as is reasonably possible there are many light-hearted incidents. Through the training games (not too many of them) friendly rivalry is encouraged and they help to build up a good club and team spirit. At the end of the session we have the Za-rei before which the Sempais give verbal reports and announcements. These range from recent club or individual successes to birthdays. Before the actual final Za-rei we even have 30 seconds Za-zen (meditation) which the kids think is great fun and woe betide any parent who so much as coughs during this brief silence. Does it work? Well, I formed this club four years ago and in the last three years we have had a waiting list for juniors.

Parents and other off-the-mat influences

I've heard many instructors complain that there is nothing wrong with kids—it's the parents who are the problem. I can well understand this sentiment, some parents can be an absolute pain in the neck. Usually they are people who think that their own darling little offspring are the only children in the world.

A good Judo instructor will show no favouritism to his juniors—they should all be seen to be equals, and should apply the same rule to parents. The one sure way to spread discord among children is for the instructor to be seen to be giving more attention to one set of parents than the others.

Readers might be surprised to read that I allow parents to watch during a session. This I do for four reasons:

(a) that they may accompany their children to and collect them after the sessions.

(b) that they may satisfy themselves that they are getting value for the fees they pay.

(c) that they may themselves become sufficiently interested to want to join the senior section.

(d) that they may help to run the club and organise trips if they so wish.

The other problem parent is the one who has attended several sessions and begins to think he knows it all and before you realise it—he is trying to do your job. I myself allow parents to attend on the strict understanding that from the opening bow to the closing bow they must not in any way confer with their offspring or indeed anyone on the mat. Again this rule can be enforced by the children themselves—they would not wish to be embarrassed by the wrath of the Sempai or the Instructor and would soon put their interfering parent in his place.

Such parents can easily be dealt with in a club. Under the rules of your club they can be shown the door, not that it need ever come to this. The problem is much more common at competitions. Other sports have long suffered the 'on the terraces expert' and they are beginning to creep into our Judo tournaments. People who could not normally throw their grandmothers are appearing at the mat edges screaming at and exhorting their young charges to do the impossible. By so doing they are damaging the very children they think they are supporting.

At sports centres and places where the Dojo is hired the problem of off-the-mat influences can be more acute. At such places other activities are going on and the noise and distraction can be a nightmare for the Judo instructor who is trying to retain the attention of his class. It is in these places that the instructor needs the full support of officials, stewards or 'helpers' to allow him to get on with his job properly.

Also at such places there is the Caretaker. In my experience Caretakers come in two categories—the very helpful or the most obstructive. The Caretaker can be your greatest friend or your worst enemy. There are those who cannot do enough for you or those who cannot do anything that might help you. In the evening institute you may think that it is the Institute Principal who runs things, in a sports centre you may think it is the Centre Manager who runs things—don't you believe it—it is nearly always the Caretaker. Get the Caretaker on your side and you will have no problems but if he happens to be one of those who is running a campaign against life and all humanity—forget it and try to find another venue.

Teaching seniors

Where is the dividing line between juniors and seniors? There isn't one. Teenagers come in all sizes and all types. The instructor has to concentrate on the teenager group more than any others. The transition from junior to senior is not an easy one and coaches in all sports face this problem. The job is made easier in an established club. The 'family' atmosphere of a club will help the teenager to adjust to the senior section. I have always found that in this we are very fortunate in Judo, there is always the older element who are prepared to help and encourage the teenager.

The competitor element, both junior and senior, gives a club its prestige, but we must always consider the men and women who do Judo for other reasons. They after all pay the subscriptions to keep the club solvent. They also have the right to practise Judo without every Randori turning into a contest.

Training competitors can be rewarding for the instructor, but teaching the older non-competitors can be satisfying and even relaxing. The range of Newaza moves

and techniques are boundless. There are so many areas that the more mature members can explore such as the following:

Kata training.

Study of the Contest Rules (with a view to becoming a referee).

Study of self-defence aspects and the possibilities of certain Judo techniques. Study of Atemi-waza.

Learning to organise and run a competition.

Coaching. Learning to be a support 'trainer' or studying leading competitors and their techniques.

A CALL FOR SECOND HAND JUDO MATS

Canons Judo Club was formed on the 1st March this year and immediately applied for British Judo Association membership. They have been borrowing mats from the Canons Community Association Gymnastic Section but because of increased membership and now a waiting list, they need more mats. However, they are not yet in a position to buy new mats and would welcome news of any club which might be disposing of their old mats. Help would be greatly appreciated. If your club has any second-hand mats to sell please contact:

J. W. BENN, Treasurer

Canons Judo Club

Canons Community Association

Wemborough Road

Stanmore, Middlesex.

BEDFORD JUDO CLUB ANNOUNCEMENT

Due to the recent decision of the Bedfordshire County Council, it will not be possible to continue our usual timetable of gradings, particularly in the winter months. Thus:

SENIOR TRAINING SESSIONS—Saturday 25th September 1982 and Saturday 20th November 1982 are cancelled.

December Gradings 1982

Dan grading—Vauxhall JC—Sunday 5th December 1982, start 10-00am. Kyu grading—Bedford JC—Friday 10th December 1982, start 7-00pm. Mon grading—Bedford JC—Friday 17th December 1982, start 7-00pm.

1983

All Dan gradings to be held at **Vauxhall Motors Judo Club** (PROVISIONALLY) on 6th March 1983, 5th June 1983, 4th September 1983, 4th December 1983 (Sunday mornings).

Kyu and Mon gradings—June and September to be held as normal at Bedford on 11th June 1983 (Kyu), 16th June 1983 (Mon), 10th September 1983 (Kyu), 17th September 1983 (Mon).

Kyu and Mon gradings—March and December to be held on Friday evenings at Bedford at 7-00pm 11th March 1983 (Kyu), 18th March 1983 (Mon), 9th December 1983 (Kyu), 16th December 1983 (Mon).

It is obvious that we cannot cope with the numbers who attend our Mon gradings during MARCH and DECEMBER so it is proposed to supply Examiners who will visit clubs and conduct gradings at those clubs which have in the past brought a lot of people to Bedford (expenses to be arranged).

Anyone who wishes to take advantage of this new arrangement please contact the General Secretary of Bedford Judo Club: Mrs S. M. Barton, Bedford 768702.

A CAREER IN SPORT AND RECREATION

In response to requests from a great number of sources the Central Council of Physical Education have published a guide to 'A Career in Sport and Recreation'. Copies are available at £1.00 per copy from: CCPR., Francis House, Francis Street, London SW1P 1DE.

WESTERN AREA RESIDENTIAL WEEKEND JUDO COURSE

The very popular annual weekend Judo Course held at Barton Hall Chalet Hotel, Torquay will take place this year over the weekend of 26th and 28th November. This course, organised by the Western Area of the British Judo Association is available to all Judo players of 16 years and over, no matter what standard. The Judo will take place at Stover School, Newton Abbot and will cover skill training, Randori, training for Judo in terms of fitness, specialised coaching and general squad training. Fee £32.00 per person (residential). Fees and applications should be forwarded by the 1st November to: Mrs S. Hayler, 87 Musters Road, Ruddington, Nottingham.

UNDERSTANDING REFEREEING

Written and prepared by Gordon Mortimer (3rd Dan) IJF Referee and Marion Woodard (2nd Dan) National Referee, the British Judo Refereeing Sub-Committee have recently published a booklet titled 'Understanding Refereeing'. This document contains everything a referee should know and is the first I have seen to give a step by step guide to would-be referees. Attractively presented in A4 size with many illustrations copies are available to callers at Head Office for £1.50 each. Postage is 38p per copy. Please make cheques or postal orders payable to the 'British Judo Association'. A stamped and self-addressed A4 size envelope will ensure service by return of post.

CHRISTMAS JUDO COURSE '82 (Non-Residential)

COACH: DAVE STARBROOK, MBE, 6th Dan
Double Olympic Medallist

From Friday 17th December 1982 until Monday 20th December 1982, 11-00am to 12-30pm, 1-00pm to 2-30pm. (Please note these times are off-peak periods to enable course members to travel conveniently).

VENUE: 'The Renshuden' Judo Club
St. Bedes Hall (rear of Police Station)
Albany Street
London NW1

Three minutes' walk from Great Portland Street Underground Station.

Boys and girls of any grade from ten years to sixteenth birthday **£14.00**
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On Monday, there will be a Promotion Examination for all who are eligible—the fee is included in the course fee.

For further details, send a stamped and self-addressed envelope to:

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Telephone: South Benfleet 56336

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AREA JUDO CALENDAR

Scottish Judo Federation Events for 1982...

Saturday 10th / Sunday 17th October...

SCOTTISH BOYS CHAMPIONSHIPS

Sunday 7th November...

SCOTTISH SENIOR WOMENS CHAMPIONSHIPS

Sunday 21st November...

SCOTTISH UNDER-18 and UNDER-21 CHAMPIONSHIPS

Sunday 5th December...

SCOTTISH SENIOR MENS CHAMPIONSHIPS

For further details please contact
THE SCOTTISH JUDO FEDERATION
8 FREDERICK STREET, EDINBURGH, SCOTLAND

Revised Programme of Midland Area Events 1982 at Haden Hill Leisure Centre

Saturday 23rd October

Midland Area Boys (Eliminations) Championships
(Closed to Midland Area)

Saturday 20th November

Midland Area Mens Championships (Open to all Areas)

Saturday 11th December

Inter-County Team Championships (Closed to Midland Area)

For further details of events, send a Stamped Addressed envelope to
Rowland Lee, 7 Ash Grove, Wem, Shropshire SY4 5RW

THE NORTHERN IRELAND JUDO FEDERATION

PROGRAMME OF EVENTS UP TO DECEMBER 1982

OCTOBER

9th Under-18 Boys and Girls Maysfield
16th Q.U.B. Open Queens University
23rd Squads Maysfield

NOVEMBER

6th N.I. Weights and Grades Maysfield
13th N.I. Referees Course Valley Leisure Centre
20th Kyu/Dan P.E. Maysfield
27/28th Club Coach Course Maysfield

DECEMBER

4th North West Championships Lakeland Forum
11th Mon P.E. Maysfield

Details from: Northern Ireland Judo Federation, House of Sport
2a Upper Malone Road, Belfast BT9 5LA—Tel: 0232-861222 and 216

1st Young Women's International Team Event

REDBRIDGE SPORTS CENTRE, FOREST ROAD, BARKINGSIDE, ESSEX

SATURDAY 4th SEPTEMBER 1982

Report and Pictures... CARL BACON

Great Britain came out on top in this first Multi-Nation team Championships taking Gold and Bronze. France taking Silver and West Germany the other Bronze.

There were seven teams entered, Italy, Belgium, France, Sweden, West Germany, and two teams from Great Britain.

They all assembled on Friday 3rd September at the Rossmore Hotel, Cranbrook Road, Ilford for the weigh-in and the draw. The draw came out as follows: GROUP 'A' — Great Britain 'A', Italy, Belgium, France. GROUP 'B' — Great Britain 'B', Sweden, West Germany.

POOL 'A' 1

Great Britain 'A' versus Italy, Great Britain 'A' overwhelmed the Italians by winning 6 to 1. In the Under 52 kilo weight category, Denise Jackson was having a hard fight with Annalisa Petralia, it must have been very frustrating for them not being able to score, then when they went to ground for the umpteenth time Petralia bit Jackson on the leg and arm and of course was penalised with a Keikoku giving Denise the contest at the end of time. The shortest fight in this pool was in the Under 66 kilo, when Jenny Mather (Great Britain) choked Frederica Parodi (Italy) in 35 seconds.

POOL 'B' 1

Great Britain 'B' was drawn against Sweden. The 'B' team didn't have it all their own way in this pool. We scored three good Ippons, Debbie Snowdon in the Under 44 kilo with a Choke, Androulla Blanchette in the Under 48 kilo with a hold down, and Janice Witty with a swift throw in 26 seconds with a smashing Hari-Goshi. Great Britain won by four fights to three.

POOL 'A' 2

Belgium versus France, France beat Belgium by 4 wins to 1 win. 'A' 3 was



Top picture: Great Britain Group 'A' Gold Medallists

Bottom: France Group 'A' Silver Medallists

between Italy and Belgium, the Italians were too good for the Belgians and won by 4 wins to 1. The best the Belgians could do was in the Under 52 kilo category where Christa Cordy (Belgium) held down Annalisa Petralia (Italy) for Ippon.

POOL 'A' 4

Great Britain versus France, I would have thought the French would have given us a much better contest than they did but Great Britain came out on top with 5 wins to 1. Great Britain scored four Ippons once again, Under



44 kilo Helen Talyor, Under 52 kilo Denise Jackson, Under 56 kilo Laurie Noble, Over 66 kilo Teresa Hayden.

POOL 'A' 5

Italy versus France, France beat Italy by 4 wins to 3. It was unfortunate that throughout the competition Italy fought without a Under 44 kilo player, if they did they could have pulled off a win. I gone through to the semi-finals instead of France.

POOL 'A' 6

Great Britain versus Belgium, Great Britain beat Belgium by a resounding 6 wins to nil. Belgium also came without a Under 44 kilo Young Woman. It seems a pity that countries who take the trouble to travel all the way to an International Team Competition cannot find a player to cover the full complement of weights.

POOL 'B' 2

Sweden versus West Germany (GFR). West Germany beat Sweden by 3 wins to 2. The three wins were all by Ippons. The fastest win in this pool was by Iris Scheider (3rd Kyu) who strangled Jeanette Snögren (3rd Kyu) in 27 seconds.

POOL 'B' 3

Great Britain versus West Germany (GFR). West Germany beat Great Britain 'B', equal wins by GFR had more points, 25 points to 13 points.

SEMI-FINAL 1

Great Britain 'A' versus Great Britain 'B'. Great Britain 'A' beat Great Britain 'B' by 4 wins to 1. Once again the 'A' team proved that it was the best with 35 points to 3, who can argue. That put the 'B' team into the Bronze position.

RED TEAM		GREAT BRITAIN 'A'				TEAM SCORE SHEET					FRANCE		WHITE TEAM	
Promotion Points	Weight	Grade	NAME	Legend	Points Value	Duration of Contest Mins Secs		Points Value	Legend	NAME	Grade	Weight	Promotion Points	
	-44	1K	Helen TAYLOR	(T)	10	2	54	0	L	Justine PINHEIRO	1K	-44		
	-48	1K	Joanna MURPHY	D	0	4	-	0	D	Catherine BAUDRY	1D	-48		
	-52	1D	Denise JACKSON	D	0	4	-	0	D	Sabine LEBBIHI	2D	-52		
	-56	1K	Laurie NOBLE	(H)	10	3	20	0	L	Ghyslaine LANDE	1D	-56		
	-61	1K	Susan MERCEIRA	L	0	4	-	3	S	Brigitte ALFONSI	1D	-61		
	-66	1D	Jenny MATHER	S	3	4	-	0	L	Aline BATAILLER	1D	-66		
	+66	1D	Teresa HAYDEN	(T)	10	-	6	0	L	Lawrence OZIEL	1D	+66		
					TOTAL CONTEST WINS	4	MAXIMUM CONTEST DURATION		1	TOTAL CONTEST WINS				
Print Names - Do NOT Use Signatures					TOTAL POINTS	33	4 MINS	3	Print Names - Do NOT Use Signatures					
CATEGORY:					WINNING TEAM					RECORDER: A. DONACHE B. JACKSON				
ROUND No.:					GREAT BRITAIN 'A'					TIMEKEEPER(S): (1) P. WORBOYS (2) S. JACKSON				
TOOL No.:										REFEREE(S): (1) GORDON MORTIMER (2) VANDUILLIE (3) LEE VAN DE WALLE				

SEMI-FINAL 2

France versus West Germany (GFR). France beat West Germany by 5 wins to 2, which put France in the final with Great Britain 'A'. The surprise win in this contest was between Laurence Oziol (France) and Dan and Astrid Iixenfeld (West Germany) 7th Kyu in the Under 66 kilo category when Astrid beat Laurence by a Koka.

FINALS

Great Britain 'A' versus France. The Great Britain 'A' team once again proved their superiority by beating the French 4 to 1.

FINAL Under 44 kilo

Helen Taylor versus Justine Pinheird, 2.54. Helen dominated Justine throughout this contest as she did in the pools, after trying to hold her down, and throwing her for Wazari, she succeeded in throwing her for a Ippon.

FINAL Under 48 kilo

Joanne Murphy versus Catherine Baudry, Full time. Joanne dominated Catherine on the ground and had her in an hold down a few times, this fight was fought the same as in the pools and ended in a drawn contest.

FINAL Under 52 kilo

Denise Jackson versus Sabine L... Although Denise armlocked Sabine in the pools, Sabine must have learned something from it and managed to hold Denise to a draw.

FINAL Under 56 kilo

Laurie Noble versus Ghyslaine Lande, 3.20. When Laurie fought her in the pools she didn't have any trouble in throwing her for Ippon which she did in 44 seconds, but in the finals it took her just a little longer.

FINAL Under 61 kilo

Susan Merceica versus Brigitte Alfonsi, Full time. Unfortunately Susan couldn't do much more against Brigitte than she did in the pools but at least she managed to avoid being held down, and only had a Koka against her.

FINAL Over 66 kilo

Teresa Hayden versus Laurence Oziol, 6 seconds. By far the best player of the day Teresa won her way through to the finals with a pack of Ippons. Her longest contest was 1.42 and her shortest was in the final which took just 6 seconds to finish off Laurence.

The first Young Womens Multi-Nations was the idea of Tony Jackson, because there had not been a Young Womens team championships staged in the past.



The BJA managed to get a little publicity on TV when the girls went for a practise at the Tokei Judo Club, and also actually got a few minutes on the screen by ATV. It was also put out over Essex Radio. After the competition the results were relayed by phone to Essex Radio's sports editor Roger Buxton by Roy Inman, who found himself being interviewed over the air.

The day was wound up by a disco in the evening at the Redbridge Sports Centre.



Above:
Joanne Murphy 1K v Catherine Baudry 1D
'Joanne attempts to hold Catherine'
Centre:
Teresa Hayden 1D v Simonetta Marcozzi 3K
'Teresa about to score Ippon with
right-hand Osoto-gari'
Bottom:
Liz Jackson 1D v Annette Toanz
'Liz Jackson scoring Yuko'



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RELAUNCHED PUBLICATION MAY 1980
Estimated Readership 20,000
PUBLISHED MONTHLY ON LAST FRIDAY
OF MONTH PRECEDING COVER DATE

COPY DEADLINE First of preceding month.
SUBSCRIPTIONS Great Britain and Northern
Ireland—six issues £4.50,
twelve issues £9.00. On
subscription cost 75p.
Retail 85p. Overseas—
issues £6.20, 12 issues
£12.40. Airmail—six
issues £10.50, twelve
issues £21.00.

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INSERTIONS	1	3	6	12
Whole Page.....	250	235	225	200
Half Page.....	140	133	126	112
Third Page.....	100	95	90	80
Quarter Page.....	80	76	72	64
Eighth Page.....	50	48	45	40

Column Centimetre£11.50

Classified50 pence per word (min £5.00)

SIZES	mm × mm
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Third Page.....	184 × 81—Horizontal 59 × 267—Vertical
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IN CONVERSATION...

Roy Inman
with
Frank Smith

Roy Inman, recently recommended for his 6th Dan by the Promotions Panel of the British Judo Association has been the Womens Squad Manager for five years and has recently been confirmed in the position, albeit with a different title, for the next six years until after the Seoul Olympics. Frank Smith travelled to Orleans with the Womens Team for the French International Tournament and took the opportunity to talk with Roy about the Squad, the Competition and his methods and hopes for the future.

Well Roy I suppose the best way to describe that set of results is 'unexpected.' Firstly I don't suppose many Nations could ever hope to get five girls out of seven into finals in such distinguished company as this, only to see them all come away with Silver medals.

That's true, but perhaps it is a blessing in disguise that it happened in this event and not in the World Championships. You've also got to remember that just a few years ago, we would have been grateful to

come away from a tournament such as this with any sort of medal.

That's so. In fact the only girl not to get a medal was the newest member of the Team, Joyce Malley and she was decidedly unfortunate.

Yes. Young Diane Bell did well to get a Bronze and Joyce has learnt that especially in France, one cannot rely on decisions going the way one expects. Some of the men had a lesson or two of a similar nature in the Paris Tournament and now it's the turn of the girls. You have just got to score to win.

As you mentioned, there was some pretty distinguished company in this event and our girls were amongst some of the most feared competitors. I remember when you took the unpaid appointment some five years ago you were particularly disappointed with the technical standard of your first squad and coined the now infamous 'flop and drop' description. Things have changed haven't they?

Yes, when we started, we were about 14th ranked in the World which is about as low as you can get in Womens Judo. Now we are in



Y.W. Multi-Nations 4th September. R.S.C. Wynn, Roy and Heather - shouting encouragement.

the top three and in fact this time last year on International medal successes we were the best in the World.

Everyone recognises that there has been a dramatic improvement, have you followed any particular basic method to achieve such an increase in standards?

I do believe that to achieve a good contest throw, women have to be more skilful than men because they haven't the physical strength to overcome any shortcomings. There are also some techniques that men cope with easily yet women will never be able to do them because of the physical differences. I have tried to bear these things in mind all the time and worked out how to teach a large majority of our range of techniques working with rhythmic movement rather than the explosive action which men seek. Rhythmic movements planned so as to catch opponents unaware often score well. This is especially true in the lighter weights and our coaching has been geared to this premise. I have also endeavoured to extend their range of movements and we spent a lot of time on suppling exercises. In the heavier range there has to be a different emphasis as the skill range is narrowed with a greater emphasis on Newaza.

With this superb recent record you must have become increasingly impatient at times with the lack of professional management within the BJA administration in our management of the Squads. Has this affected your ability to do the job in any way?

Well things could always be better but I can honestly say that in the time I have been in the job, improvements have been dramatic. Now I get a part-time salary, the National Squad all receive financial support and we get six or seven Internationals a year. There have been disagreements with previous and present administrations but this has never affected Squad performance and I try and place myself between administrative problems and the Squad members. The backing of the present Management Committee has been absolute and the new system of Advance Budgets and separate Administrative Management should work well if we can work out one or two teething problems.

Do you support the aims of the present Management Committee in introducing professional management in all facets of its operation rather than the amateur involvement of the past?

We are a Limited Company and as a company we should have a Product and our product is Judo. At Club, Area and National level. This Management Committee seem to keep this in mind and professionalism in the Sport has made France a World Judo power. We won't ever become a World power with amateur organisation and interference.

Getting back to your Squad, I have noticed that the average age of the Members has come down considerably in the last two or three years and the skill levels of the youngsters is far superior to that of the more adult players of a few years ago?

I'm glad somebody has noticed, because this has been deliberate policy. When I took over the Senior Womens Squad and the Young Womens Squad, they trained separately as if on different planets. Now we just have a National Squad and entry to it is by qualifying through the Womens or Young Womens Trials. Junior players showing promise are quite likely to get selected for Senior Internationals as has been the case on four occasions this year. Loretta Doyle was selected for the European and World Championships when still a Junior Squad Member. The Number One Junior Squad Heavyweight, Theresa Hayden has been selected for the 1982 World Championships and has been so informed.

Is there any difficulty keeping such a large group of talented players satisfied with their lot or are there problems keeping them interested when the promise of International status is remote?

Well compared with the Men, I am lucky in that respect. There are still plenty of International competitions for Young Women whereas since the ending of the Espoir Categories there is nothing for the Young Men other than the Junior Europeans. More Young Womens Events should be staged, as the age at which women stop competing is much lower than that of men. Say 23 to 24 compared with 28 to 29 for men. Younger players must be helped to peak sooner and they should be given as much experience as possible in International competition.

I have attended several of your Squad sessions which seem most enjoyable and not just a training session as some players have suggested that the Mens sessions have been in the past.

Squads are not for fitness training sessions though obviously there is some monitoring of fitness levels. Squad sessions are for the practise of skill with almost the individual coaching aspect so necessary. Ideally I am trying to get good coaching helpers so that we can have a coach for each weight category and this is where the help of Winn Bolton and Marion Woodard has been invaluable.

Well Roy, whatever you are doing, it seems to be working and hopefully at the World Championships we can see a few of these Silver medals turned into Gold and we can talk again on our way back from Paris with a couple of World Champions.

I hope so. I have now managed to get the World Championships Team living together for the period up to the Championships and I can supervise their preparation as they are training at my Club. There is also quite a hefty International programme before then, with the British Open and the Austrian Tournament which we have to compete in, and I don't really know how the Girls will take to this degree of activity. At the moment they seem quite happy, but as we have never been in this situation before, it's hard to know what to expect. The French probably will not use their First Team again before the Worlds' but give either their Second or Third teams an outing. I have been thinking along those lines also, but obviously we have to enter the British Open.

I understand there is a pretty big foreign entry for the OPEN, so it is bound to be a severe test for all the Squad Members, perhaps this is one that the World Championships Team should miss?

Perhaps so, but I am using the event to pick the Reserves for the Worlds', so every other Girl should be fighting hard for the place, because between now and December anything could happen which could give the Reserves a place.

I hope you get it sorted out and good luck to all our Girls in the Teams over the next few weeks and many thanks for your time during this trip.

COACH-IN WEEKEND

28th-30th JANUARY 1983 (inclusive)

The Midlands Area will be holding a special coach-in weekend, at the Europa Lodge Hotel, the theme which will be Improving Players in the middle to top ability range.

The course will be limited to 100 persons. Any adult engaged in the regular instruction / coaching of players is invited to apply for a place.

A group of nationally known coaches with international experience will be holding individual sessions throughout the weekend.

This will be a practical course—not a talk-in. The closing date for reservations will be mid-December.

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Dutch Open Championships for Women

Saturday 11th September



The Sporthal Ockenburgh in the Hague was the setting for this year's Dutch Open for Women, with twelve countries taking part including Australia and Venezuela.

Great Britain collected 5 medals: Gold for Karen Briggs, who retained her title; Silvers for Loretta Doyle, Ann Hughes and Avril Malley; and Bronze for Sandy Fry who also beat the reigning world champion Edith Hrovat of Austria.

The full team was:

- 48kgs Karen Briggs and Androulla Blanchette
- 52kgs Loretta Doyle and Sandy Fry
- 56kgs Diane Bell and Laurie Noble
- 61kgs Ann Hughes and Kay Greenhalgh
- 66kgs Dawn Netherwood and Maureen Bennett
- 72kgs Theresa Hayden and Joyce Malley
- +72kgs Avril Malley and Sandra Bradshaw

(for Androulla, Laurie and Theresa this was their first taste of senior international judo abroad).

Officials: Roy Inman, Marion Woodard and physio Ann Harrison.

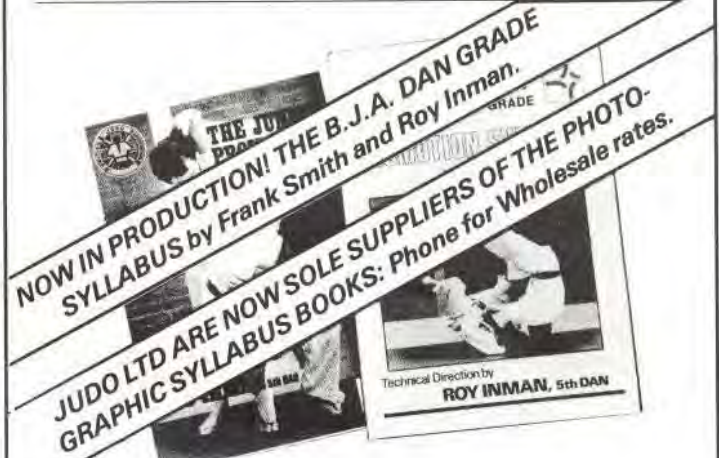
Above: Ann Hughes, Loretta Doyle, Karen Briggs, Sandy Fry, Avril Malley. Dutch Open Championships-1982. Ockenburgh Youth Hostels-Groups the Hague. *Below:* Under 52 kgs Gold—Ann Löf (Sweden). Silver—Loretta Doyle (GB). Bronze—Edith Hrovat (Austria), Sandy Fry (GB). Sandy beat Hrovat (current world champion) by Yusefjachi.



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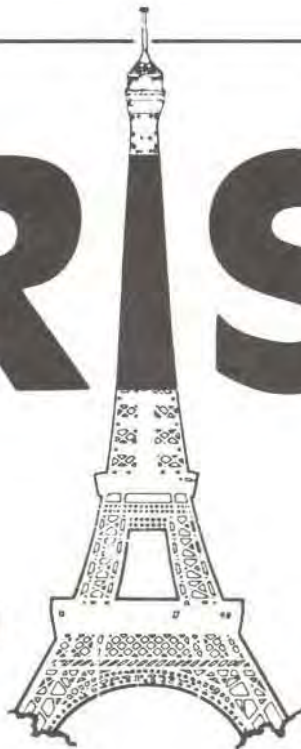
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REPORT AND PICTURES
FROM DAVID FINCH

PARIS

CENTENARY TOURNAMENT



To celebrate the centenary of Judo the premier French judo club, Le Racing Club de France in conjunction with the French Judo Federation brought together the three best judo nations in the world, Japan, Russia and France. The four teams—two from France—included five current World and Olympic champions, two World Silver medallists and three European champions with numerous lesser medallists.

Sadly the spectators did not number more than 800 in the impressive Pierre-de-Coubertin Stadium which hosted the two most memorable World Championships of 1961 and 1979. Television, however, took the competition live to millions.

The organisation of the competition brought the visiting teams in contact with the French teams in the first round with France 'A' fighting Japan and France 'B' against Russia.

France 'A' went down to Japan two wins to three with Japan taking two wins from the lower three divisions. Yasuiko Moriwaki, 1981 world Under 60 kilo champion led off with Ippon from Tomoenage. The top four weights were more evenly balanced with two wins to France from Michel Nowak against Hiromitsu Takano—both potential threats to Neil Adam's 1984 Olympic hopes—and Roger Vachon, 1981 European champion at Under 95 kilos. Seiki Nose, 86 kilo world Silver medallist clinched the match for Japan with Ippon from Uchimata and Fujiwara held of Parisi.

The second match between France 'B' and Russia resulted in a score line of France nil and Russia three. Determined fighting in the three lower weights finished in draws but Olympic 78 kilo champion Shota Khabarelli started the ball rolling for Russia with Wazari from Haraigoshi against Gibert. Junior World Champion Sacha Yaskevitch won the next contest by five points and anchor man Tiurine the final by Ippon.

The fight off for third and fourth place resulted in France 'A' defeating team 'B' by three contests to two with Parisi unleashing his right Seoitoshi for a resounding Ippon against Besse.

The final was close run with Moriwaki for Japan opening with a Wazari win. Parchiev at 71 kilos defeated 1976 World Junior Champion Takahiro Nishida—the man you will remember thrown for Ippon by Neil Adams with Uchimata in the 1978 Tokyo Kano Cup—for a Yuko. The awkward Khabarelli matched his team-mates win and Nose countered Yaskevitch to even the score. David Shurov defeated Koji Watanabe with a brutal Juji gatame and the giant Alexei Tiurine clinched the match with a defensive draw.

The French organisation once again proved to be impeccable with no expense spared making this team tournament a fitting celebration to the first 100 years of judo.

France 'A'...Oge Pascal, Guy Delvingt, Marcel Pietri, Michel Nowak, Michel Sanchis, Roger Vachon, Angelo Parisi.

France 'B'...Patrick Roux, Jean-Pierre Hansen, Christian Dyot, Jean-Pierre Gibert, Bertrand Bonelli, Christian Vachon, Jean-Pierre Besse.

Japan...Yasuhiro Moriwaki, Yoshiyuki Matsuoka, Takahiro Nishida, Hiromitsu Takano, Seiki Nose, Koji Watanabe, Takao Fujiwara.

Russia...Hazret Tletseri, Petr Ponomarev, Petr Parchiev, Shota Khabarelli, Sacha Yaskevitch, David Shurov, Alexei Tiurine.



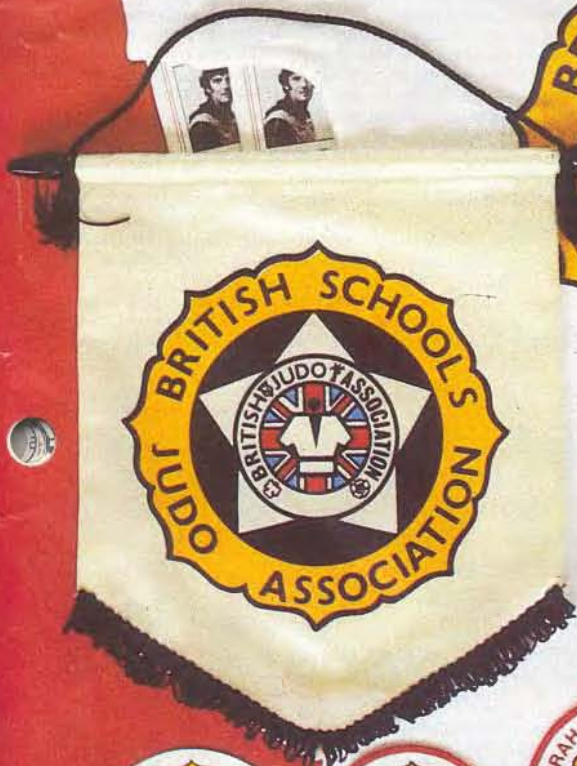


1—Russian Team: Under 60 kilo Hazret Tietseri, — 65 Petr Ponomarev, — 71 Petr Parchiev, — 78 Magomed Khabarelli, — 86 Sacha Yaskevitch, — 95 David Shurov, +95 Alexei Tiurine. 2—Japanese Team: Under 60 kilo Yasuiko Moriwaki, — 65 Yoshiyaki Matsuoka, — 71 Takahiro Nishida, — 78 Hiromitsu Takanon, — 86 Seiki Nose, — 95 Koji Watanabe, +95 Takao Fujiwara. 3—French 'A' Team: Under 60 kilo Pascal Oge, — 65 Guy Delvingt, — 71 Marcel Pietri, — 78 Michel Nowak, — 86 Michel Sanchis, — 95 Roger Vachon, +95 Angelo Parisi. 4—Gibert (France 'B') attempts to counter Olympic Champion Khabarelli — 78 kilo. 5—Under 60 kilo World Champion, Yasuiko Moriwaki v Pascal Oge (France 'A').



6—Alexei Tiurine-Russ anchor man. Sequence above: Seiki Nose (Japan) — 86 kilo World silver medallist counters Olympic Bronze medallist Alexander Yatskevitch, for Yuko to level the two teams.

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ERIC WOODWARD



FINALLY

It was about 5-23pm when the call came. A famous football team had been saved from extinction with only three minutes to spare, less than half an hour before, and I could hear the champagne corks popping in the background when I put the 'phone to my ear.

The call was an invitation to become General Manager of Wolverhampton Wanderers (1982), and for me, at least Summer Time ended on an early August day.

So to some extent, did my responsibilities as Press and Public Relations Officer of the BJA. I had clung to the possibility of trying to retain my link with people whom I have come to admire and respect, but it was hopeless right from the start, and I have now formally relinquished my post—with a heart-felt hope that I may be able to serve Judo in general and the BJA in particular in some future role yet to be determined.

This, then, is my finale. It has been impossible to attend week-end events with my new duties, especially since putting together a brand new club in barely a month takes some doing under any circumstances. But it has been done—and there's much, much more ahead.

So what do I say in this last piece? I haven't been in the job long enough to meet many people. That's a regret. So is my hope to spread the word throughout England. Suffice to say that I submitted a long and detailed report to the BJA Committee on 7th July in which I poured out my aims and beliefs which, incidentally, I still have, and I hope my successor will be kind enough to have a look at before, he quite properly, comes to his own conclusions.

The biggest surprise I have had is the fact that you don't have to have a profound knowledge of Judo to help the sport. The next PRO must know his craft; if he is a good professional, the officers and officials of the BJA will give him the kind of help that any journalist dreams of...and so will the players, who know how much the sport needs in self-promotion.

I have taken the liberty of outlining to you, dear reader, one or two points my report contained because I think it necessary in a piece of this nature to leave a few thoughts behind before departing into the night.

For instance...there does appear to be those among you who resent change. Progress is inevitable, and change is part of that procedure. The sport is growing. Hallelujah! Let that growth be controlled, but also never stop seeking what John F. Kennedy once called "The pursuit of excellence." In this technological age, it would be suicidal not to try to seek improvements. Some, maybe most, of your innovations will not succeed, but please do not stop trying for fear of failure. And what was right 10 years ago may not be right now. The media is changing so quickly, with new techniques, new outlets and new technology, that your ideas must be constantly up-dated.

Judo has become a professional minority sport, not only in the mind of the media but the players, too. There is a feeling that 'they' will never give us a bigger break—but this theory is wrong. The media are only too well aware that the playing and watching habits of the public are part of the changing sports scene. Nationals do not give sufficient coverage to Judo for two reasons: 1. They have insufficient space, and therefore the more popular sports get priority and 2. They don't know how to report Judo except in basic personality stories like Brian Jacks and Neil Adams. If that's what it takes to break through the barrier, then so be it—don't resent it. But do not, either, believe that the media begins and ends with national newspapers or the telly.

There are vast resources of growth, virtually untapped, waiting for help. There is already a sneaking suspicion that Judo's development is no accident. So help the media men—just as you helped me.

Another problem with a sport like Judo is that it is totally bewildering to all except those who play it. Remember that. Think back to your starting days and recall how

bewildering the language and scoring system was. My first venture into competitive Judo was like stepping into downtown Tokyo and there was I, four hours later, helping to present the prizes!

But success in anything is worth recording, so the local radio and TV networks, the provincial dailies and evenings, and the GROWING number of weekly newspapers, are all outlets for fighting the good fight.

And have you noticed how your local newsagent is deluged with different periodicals these days? He has so many, there is no way he can find room for them, so a little verbal support for this publication would not be remiss.

I also believe the sport would be well served by taking some of the major events out of Crystal Palace and putting them into provincial locations, where interest and support would be significantly stimulated by the interest it would engender.

Early in 1981 I was involved in helping a company develop indoor tennis, and was actively engaged in the promotion of Kings Cup tennis—a relatively minor event these days, but with the magic ingredient of international competition. The ties were played in various areas around the country—Birmingham, Huddersfield and so on—and the response by both the public and the media was excellent.

The nationals were greatly underwhelmed, mind you, but as I said before, they are only a part of the media package and not the whole. In some provincial cities, for instance, the local morning or evening paper is greater than the combined circulations of the nationals in that particular area.

It had been my intention, subject to your Management Committee's backing, to hold media seminars in various parts of the country during the coming months; teach-in's to Press Officers thrown cold into the job. Perhaps my successor, or someone else, will take up that idea, because I happen to believe very strongly in its basic benefit for the Judo community.

However, it's time to go. Thank you all for your patience, your kindness, your cheer and friendship. I have enjoyed them all immensely, and leave with real regret. I have offered to help the BJA whenever, and wherever, I can, so it may yet be "au revoir" rather than "good-by."

Finally? That's my time. Thanks you for yours.



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British Judo Association...Midland Area

MENS INDIVIDUAL OPEN CHAMPIONSHIPS 1982

SATURDAY 20th NOVEMBER 1982

HADEN HILL LEISURE CENTRE, BARRS ROAD, CRADLEY HEATH, WARLEY, WEST MIDLANDS

INFORMATION AND RULES...A licenced Three-Star Tournament. Points Scoring for promotion purposes—Please bring your Points Card. The Entry Fee is £3 per Event, which is non-returnable. Membership licences must be produced when booking in or a non-returnable fine of £6 will be imposed. Competitors may not change Weight Categories on the day of the Competition without payment of an additional entry fee. Cheques and Postal Orders should be made payable to B.J.A. Midlands Area. All other details as per the Tournament Handbook for a Three-Star Event. Closing date for entries Tuesday 16th November 1982.

Club.....

★ ENTRY FORM ★

Event 1—Up to and including 60 kilos

Event 5—Over 78 kilos up to 86 kilos

Event 9—Under 21 Years Open

Event 2—Over 60 kilos up to 65 kilos

Event 6—Over 86 kilos up to 95 kilos

Event 10—Kyu Grade Novice to 7th Kyu

Event 3—Over 65 kilos up to 71 kilos

Event 7—Over 96 kilos

Event 11—Kyu Grade 6th to 3rd Kyu

Event 4—Over 71 kilos up to 78 kilos

Event 8—Over 35 Years Open

Event 12—Kyu Grade 2nd and 1st Kyu

Event 13—Open

Remember to enclose... Your Entry Form and Your Entry Fee. Entries to:
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British Judo Association...Midland Area

BOYS INDIVIDUAL CHAMPIONSHIPS

CLOSED TO THE MIDLAND AREA

SATURDAY 23rd OCTOBER 1982

HADEN HILL LEISURE CENTRE, BARRS ROAD, CRADLEY HEATH, WARLEY, WEST MIDLANDS

The Midlands Boys Championships are 'Closed' to the Midland Area, and are the qualifying Championships for the National Under 18 Championships in November—all Medallists will receive authority to enter. Make sure that the weight category you enter can be maintained through November, and that you will be under 18 years on 31st December 1982.

This is a Three-Star BJA Event, rules as per Tournament Handbook. All entrants must be members of the BJA and Licences must be produced or a fine of that equal to the BJA Licence fee, i.e. Juniors £3 and Seniors £6 will be imposed which is non-returnable. Armlocks and strangles will be permitted above 50 kilos. Telephone or late entries will NOT be accepted, and weight changes on the day may not be allowed. Be sure you are entered in the correct category. Contests will be a First Round Pool into Knock-out and repechage basis.

Booking-in: Events 1 to 4 ... 9-00—9-30am, 5 to 8 ... 9-30—10-00am, 9 to 12 ... 10-00—10-30am. Entry fees £2.50 per competitor. Fees are non-returnable. Closing date for entries Tuesday 19th October 1982. Please make Cheques/Postal Orders payable to BJA Midland Area, c/o Rowland Lee, 7 Ash Grove, Wem, Shropshire SY4 5RW.

★ ENTRY FORM ★

Club..... Team Manager.....

(Only the named Team Manager will be allowed into Competition Area)

Event 1—Up to and including 28 kilos

*Not a Qualifying Event

Event 5—Over 37 kilos up to 41 kilos

Event 9—Over 55 kilos up to 60 kilos

Event 2—Over 28 kilos up to 31 kilos

Event 6—Over 41 kilos up to 45 kilos

Event 10—Over 60 kilos up to 65 kilos

Event 3—Over 31 kilos up to 34 kilos

Event 7—Over 45 kilos up to 50 kilos

Event 11—Over 65 kilos up to 71 kilos

Event 4—Over 34 kilos up to 37 kilos

Event 8—Over 50 kilos up to 55 kilos

Event 12—Over 71 kilos

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