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JUDO

VOL X

OCTOBER 1965

No. 1



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OPEN NATIONAL TRIALS

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Forthcoming Events

OCTOBER

9th	INTER AREAS CHAMPIONSHIPS OF GT. BRITAIN	Crystal Palace
14th—17th	4TH WORLD JUDO CHAMPIONSHIPS	Rio de Janeiro
24th—26th	BRITISH UNIVERSITIES V CZECH UNIVERSITIES	Prague

NOVEMBER

6th	48TH BUDOKWAI "BLACK BELT" SHOW	London
27th—28th	NATIONAL TECHNICAL CONFERENCE	London

DECEMBER

9th—14th	VISIT OF NATIONAL COACH	Southern
11th	DAN PROMOTION EXAMINATION	London

JANUARY 1966

20th	BRITISH UNIVERSITIES CHAMPIONSHIPS	
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FEBRUARY

25th—27th	WOMEN'S ZADANKAI	Bisham
25th—27th	PERSONAL PROFICIENCY COURSE	Lilleshall Hall
26th	BRITISH COLLEGES CHAMPIONSHIPS	

MARCH

19th—20th	NATIONAL TRIALS	
25th—27th	PERSONAL PROFICIENCY COURSE	Lilleshall Hall

APRIL

1st—3rd	PERSONAL PROFICIENCY COURSE, WOMEN	Lilleshall Hall
29th—May 1st	PERSONAL PROFICIENCY COURSE	Lilleshall Hall

MAY

7th	MIDLAND AREA CHAMPIONSHIPS	Birmingham
27th—30th	ZADANKAI	Lilleshall Hall

JULY

16th—24th	NATIONAL COACHING COURSE	Lilleshall Hall
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THIS MONTH'S FRONT COVER

Tatsuo Suzuki 7th Dan avoiding an attack by Atsuo Yamashita 5th Dan.

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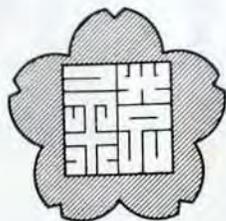
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Editors: G. A. EDWARDS, F.C.C.S., F.I.A.C.
A. R. MENZIES, 1ST DAN.

OPEN NATIONAL TRIALS



CRYSTAL PALACE

August 7th 1965

Report & Photographs

ALAN R. MENZIES

Additional Photography

MAURICE KILLEN

These were the second National Trials to be held this year, and the main reason was to select a team for the World Championships being held in Rio de Janeiro during October. The three weight categories used in the Olympic Games are being used for the World Championships, but it will probably be the last time these categories are used, as the European five-weight category system is almost certain to be adopted throughout the world in future.

Although there was a very large entry of players hoping to make the team which will carry the British emblem in Brazil, some of our better-known competitors were missing from this trial, but there were more than enough new faces to take their places.

John Capes, the General Secretary, and Miss Pam Hogg made the necessary arrangements for the National Recreation Centre to be used, and they also personally handled the seven tons of mats used to make up the three mat areas and the safety surround. This is one chore that should not be included in their programme in the future. Personnel are available at the centre for this sort of job and someone somewhere should see to it that the job is carried out according to the instructions issued.



George Kerr attacking John Bowen in the final pool of the Middleweight category.

More Officials Required

This time there was a dire shortage of officials to handle the recording, timekeeping, refereeing and other duties which must be efficiently carried out if the trials are to be run successfully. Of

course, having to arrange the trials in the middle of the holiday season was unfortunate, and we hope that in the future this will be avoided. There is the possibility that a special recruiting campaign will be made for people to do these special tasks at future events. Finding the right sort of people is not easy,



Charles Mack 5th Dan photographed at the Trials. Mr. Mack has only recently returned to this country after an absence of nine years.

they must be intelligent, diligent and reliable, but they do not have to be experts at judo, and some official recognition will probably have to be made to indicate the responsible job they do for the Association.

Only Three Weight Categories

With the announcement that the World Championships were to be held in three weight categories, a great re-shuffle was made by the respective players taking part in the trials. The Light Middle and Light

Heavyweight categories being dropped, the players in these events had to choose one or other of the categories above or below, and we had some complete changes in weights for many well-known players.

The Lightweight group was particularly strong, although Brian Jacks was now competing in the Middleweight class with one or two other players who had previously been in the Lightweight category when three weight categories were in force. Altogether there were thirty-three competitors in the Lightweight group, divided into eight pools, seven of four and one of five.

One player who was particularly welcomed back was Alan Green of the Renrukan. After winning a Gold Medal in the Junior European Championships earlier this year he had the misfortune to break his arm at the National Trials held in March at Aldershot. Now he returned, looking the same as ever and with his arm well healed, at least he insisted that it was. In the first round he demonstrated forcibly that he had not lost his touch by easily topping his pool.

Other first round winners were George Glass of Edinburgh with maximum points, Eddie Cassidy, also from across the border, and Eddie Brockbank of the Budokwai who also won every contest. Dennis Penfold, John Trick and Tony Orton all got through, but had some difficult opponents to eliminate on the way.

The second round was the real decider, and it was at this stage that any weakness showed up. No-one got through easily. In the two pools made up of one player from each of the first round pools, two players from each would go through to a final pool to be eventually placed 1st, 2nd, 3rd or 4th.

Brockbank and Green Outstanding

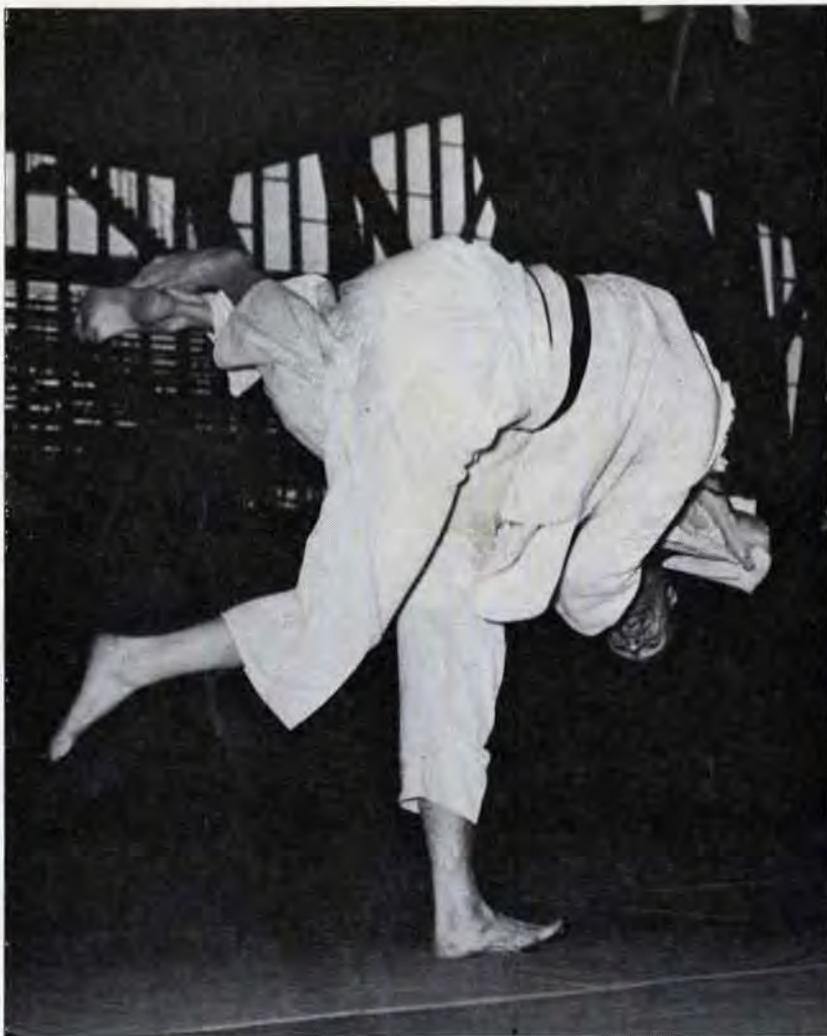
Most successful were Brockbank and Green, who although not winning all their contests with techniques did get through with top marks. Green in particular was very much on form and as the day wore on instead of getting weaker he seemed to grow even stronger. Trick and Hunter were the other two players who succeeded in getting through to the final pool. In this final fight-off Green and Brockbank drew with each other but managed to defeat the other two. Trick came third, and Hunter lagged at the end retiring with an injury.

Although several of the Lightweight competitors have won international honours there are a great many who are very nearly at this stage and any elimination in this weight class produces a great many strong players, with a lot more knocking on the door, so the future requirements of the Association seem well assured at this end of the scale.

The Middleweight category remained numerically the strongest with forty-nine competitors divided into eleven groups of four and one of five. There were no prizes for working out who was liable to finish up in the final pool of four, practically everyone could have won a bet on it if they had been

Ray Ross securely holding T. O'Brien in the preliminary rounds of the Middleweight group.





Sid Hoare scoring on T. Bowen in the preliminary pools of the Middleweight division.

able to find anyone to give them odds.

Ray Ross, John Bowen, Brian Jacks, George Kerr, David Barnard, Gerry White, Sid Hoare and Mike Leigh all scored maximum points to pass safely through to the

second round. Barraclough, Kelly, Kane and Oliver joined them in the four pools of three which made up the next group of contests. Nothing surprising happened here, all the strong men got through without trouble except Ray Ross in his contest with Brian Jacks..

As far as possible the leading players were seeded in the preliminary rounds but by the time the second series was reached they had to take their chance on who they met and this is what happened in this case. With five favourites and four pools two of them had to meet and it happened to be Ross and Jacks. Charles Palmer decided to referee the contest because of the possibility of doubt at the result should neither player score; whether this was a wise move is now in some doubt.

Both players started the contest with some caution and without any noticeable success. As each player got the measure of the other the attacks and counters increased in quantity and quality, but neither was in much difficulty. However, Ross seemed to be the more

anxious of the two and by the second minute it would have seemed that there was some advantage on the side of Jacks. Ross probably felt this too and he started to put more force and verve into his attacks, but Jacks managed to hold on to that nebulous lead and as the time passed Ross was not doing enough to make it up. Then in a flurry of attacks a particularly strong Harai-goshi from Ross had Jacks defending hard. There may have been more danger to Jacks than appeared to the spectator, at any event Jacks stuck his left foot across the front of Ross's left foot in the traditional blocking method, but instead of just blocking, Jacks hooked Ross's feet away from underneath him. A foul, but whether deliberate or not it was hard to say.

T. Macconnell holding I. Bishop, Heavyweight category preliminary round.





Referee uses wrong rules

Charles Palmer stopped the contest and we expected to see Jacks get a warning, which is what would have happened under B.J.A. rules; instead the referee either had his venue confused or his rules, one way or the other he gave Jacks a public warning, and then instructed the recorder to award a waza-ari against Jacks. This is the system under the E.J.U. rules, but certainly not under B.J.A. rules and the Trials Umpire should have been informed and the score deleted. In any case even under E.J.U. rules it is usually on the third breach of the rules that a competitor is penalised in this manner and not on the first.

At the close of the contest Ross was given the decision and Jacks eliminated from the competition by the narrow margin of ten points to twelve. Barraclough the other competitor in the pool with Jacks and Ross lost to Jacks from an ippon, but only lost to Ross on a decision.

I feel bound to say that should Ross and Jacks meet again Ross would probably win. Having once met the giant killer his teeth are blunted somewhat but on this occasion there seemed little doubt who was superior.

The final pool of the Middleweight category contained four of the best middleweights in the country, Kerr, Hoare, Bowen and Ross. Each contest in this final

OPPOSITE:

Above. Alan Green scoring brilliantly against A. Jones in his first contest since his unfortunate accident in the National trials at Aldershot earlier this year.

Below. Ken Maynard the Northern Home Counties Coach, taking a tumble from a determined O-soto-gari.

pool was an unforgettable experience and here Ross showed his most brilliant contest ability. He scored superbly on Bowen, took a waza-ari from Kerr and drew with Hoare after a tough fight. Both Kerr and Hoare ended up level with a win each on John Bowen and a draw between themselves. Bowen came out a three time loser but he is still one of our best young contest men nevertheless.

Dearth of Real Heavyweight Players

The Heavyweight category included practically all the Light Heavyweight players from the last Trials for the European Championships earlier this year. There were three pools of five and five pools of four in the preliminary rounds. From these two; two pools of four made up the second round. The players who got through the first round with extraordinary ease were Macconnell, Sweeney, Maynard, Bergwarf, Peake, Gallon, Young and Martin. We certainly do seem to lack any really outstanding Heavyweight competitor as most of the players who got through are really Light Heavyweights.

The second round was remarkable for the lack of opposition which the final four players met. John Young of Scotland, a pretty well-seasoned competitor, went down with three losses in the second round, not scoring a point. David Peake did not do much better; he took a waza-ari off Young and lost to the other two in his pool fairly easily. In the second pool, Sweeney cruised through the opposition with three straight wins, and the rest were hard to choose between. Gallon eventually made the final pool by a decision over Martin.

Finalists were Maynard, Macconnell, Sweeney and Gallon. Up to this point Maynard had been



John Kerr making a good score on C. Carter in the first round of the Lightweight category.

making a fairly strong come-back, only losing to Macconnell in the second round. In the first round he had some excellent wins with his powerful Harai-goshi, and in the second he finished off both Peake and Young. Now, however, he seemed to have shot his bolt and

against Macconnell he went over like a log within the first half of the contest, and succumbed nearly as quickly again to Sweeney. Gallon suffered the same fate, he and Marynard drawing with each other. The only really exciting contest was Macconnell against

Sweeney which went to full time with Macconnell winning with a waza-ari scored during an exceptionally strong attack half way through.

Golden Opportunity

These trials have once again emphasised our weakness in the Heavyweight category. At one time, when weight categories were first introduced, it seemed that we would suffer from a lack of lightweight players. This did not happen and since then we have become even stronger at this weight level than could have been expected at that time. Our Heavyweight players though have virtually disappeared and there are very few new faces at the trials in this division, and so far those who have appeared have not been up to the standard of the

European competitors. It does seem that either our clubs do not attract the heavier and bigger player, or that those people who are practising in this division are not willing to take part in the trials. At the moment there is a golden opportunity for a bright, up and coming heavyweight star, the door is wide open for the right man to achieve international honours this coming year. Players of six foot or more and upwards of seventeen stone get cracking now for the next trials being held early in the New Year.

The team has already been announced for the World Championships and by now some of them may already be on the way to the venue in Rio de Janeiro, Brazil. Anton Geesink the 1961 World Champion and the Olympic Open Gold Medallist is taking part, and he must be the favourite for the open title.

FIRST ALL BRITAIN KARATE CHAMPIONSHIPS

SATURDAY, OCTOBER 16th

Commencing 2.00 p.m.

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OCTOBER 1965

CORRESPONDENCE

The Editor invites letters on any topic whatsoever for publication. Anonymous communications cannot be printed but, if requested names and addresses will not be disclosed.

Sir,

I have read with considerable patience and tried hard to understand the articles on Coaching Series written in the Magazine by the different area-coaches. I am sure they mean well by their various ideas and methods, but I think they are creating problems which do not exist. Are they looking for an easy way with i.e. "The project Method", "Links", "the quotings of 'Bacon' (as in the September issue)", "Throw off Straight Legs", "Group One Techniques, Group Two Techniques"?—all very well, but I am sure that if there was such a way to be found someone would have discovered it many years ago.

I think basic technique should be taught as it has been taught in every country all over the world. The rest is daily Randori, a lot of hard work in Contests and left entirely up to the individual the degree he wishes to punish himself. In short, I think a lot of people are trying to make our sport more difficult and more complex than it really is. Judo, to my mind is a few simple movements of the body repeated and repeated daily with or without resistance until the personal satisfaction of gaining IPPON in contest or randori is reached.

T. MACCONNELL

Sir,

I don't know about the rest of your readers, but I for one am getting rather tired of the constant belittling of the way women practice Judo. Before any more resolutions are put through the National Womens Council, I suggest that a referendum of the women now practicing throughout the

country be taken to find out just what proportion of the women the council represents.

It is all very well saying that they are the elected members, and that if we disagree with them then we should have made sure that we were there to cast our vote. When was a vote taken? How were the women players of this country represented?

It is obvious that a small group of people are making rules and regulations that affect a large number of people, and that no account is being taken of the opinions of the majority.

Mr. Gleeson, I have heard, thinks that women physically and physiologically are unable to practice judo competitively. How does Mr. Gleeson know? He is a man.

S. A. M. Essex.

Sir,

I believe that at the last Technical Conference, Mr. Woodlam, late Chairman of the B.J.A. said that there would be a publication, covering all coaching matters, available at the beginning of this year. So far although I have made several enquiries there does not appear to be anything of this nature in print yet. It does seem a long time to wait before the members of the Association are able to obtain their own books or pamphlets dealing with the coaching system and its branches, after all the coaching award has been in operation for some years now.

Now that there is a panel of coaching examiners perhaps the National Coach could find the time to provide us with some official publications on this matter.

J. L. W. Surrey.

(The Editor does not accept responsibility for views expressed by correspondents, and does not necessarily agree with statements.)

Area || News

NORTH EASTERN AREA *D. W. Johnson*

The main event in October will be our 8th Annual Show and Champion ships. These are being held on 23rd October at St. George's Hall, Bradford, at 7.30 p.m. Tickets are available from *D. W. Johnson, 49 High Street, Thornton, Bradford, Yorkshire.* Prices 7/6d., 5/-d., and 3/6d. At the moment sales are very encouraging.

A special item this year will be a display of Gymnastics by leading Yorkshire exponents.

The monthly Area Coaching sessions run by the Head Coach Mr. K. Ellingham, are now averaging 25 people per session. Mr. Ellingham and Mr. L. A. Smith, 1st kyu C.A., have been successful in getting Judo into a school in Halifax as a subject. This is, I think, the first school in Yorkshire to have the sport on its list of subjects.

The English Electric Judo Club Bradford, have been having extensive alterations made to their premises during September, but it is hoped that they are now back to normal.

NORTHERN HOME COUNTIES AREA *V. H. Maynard*

The first Area Technical Conference was held on Sunday, September 5th at the new Youth Service Training Centre at Aston Clinton near Aylesbury. The facilities at the Centre were first-class and thanks are due to the director Mr. L. W. Sebright for the help he gave us in making the Conference such a great success. Subjects of the lectures some of which were illustrated with film were Club Management, Advertising and Finance, Judo for Women, B.J.A. Coach Exams, and Contest Techniques of the 1965 British Team for the European Championships (Loop films). Useful exchanges of ideas and information on all relevant subjects were made during the day. Plans are already going ahead for a two-day conference next year and we hope it will be possible to hold it at the same venue.

Two courses dealing fully with Nage-No-Kata will be held on five consecutive Sunday afternoons from the 31st October. One will be held at G.E.C. Research Club, Third Way, Wembley, and the other at the Wadham Lodge J.C., Brookscroft Road, Walthamstow, E.17. A conference sponsored by the C.C.P.R. for teachers and youth leaders will be held at the Harlow Sportcentre on Saturday afternoon, 23rd October. Film will be shown and demonstrations arranged on the Introductory Group Teaching Method by the National Coach, the Area Coach and the Southern Area Women's Coach.

A grading up to 1st Dan will be held at the Reading Judo Club on Sunday, 31st October. Area gradings in the near future are at Glacier Judo Club, Ladygate Lane, Ruislip (Seniors only) on Sunday, 7th November at

10.30 a.m., Vauxhall Motors J.C., Luton (Juniors only) on 28th November and at Bedford Judo Club, Conduit Road, Bedford (Seniors only) on the 11th December at 1.30 p.m.

The team which will represent the Area at the Inter Area Championships at the Crystal Palace on October 9th will be as follows: S. Kelly (Renrukan, capt.), G. Gillot (Renrukan), W. Outten (South Bucks, J.S.), B. Borrow (Oxford City), P. Keane (Renrukan). Come along and give them your support.

Further Information on any of the above items can be obtained from the Area Coach, telephone KNightsbridge 3530.

MIDLAND AREA *Keith Brewster*

On Saturday, 28th August the combined clubs of Handsworth, Kidderminster and Dudley held a farewell party and presentation for Graham Pembrey, 1st Dan, and his wife who are emigrating to Australia. The type of friendship which exists within and between these clubs will do much to further our sport. The spirit of an Association and its success are literally made and maintained in this way. I am sure that we wish Graham and his wife every success in their new life.

On October 3rd at 2.30 p.m. the next Area Junior Team contests (Mon grades) will be held at the Judokwai-Leicester. Junior and Young Men's courses will be held at a venue in Birmingham (venue to be circulated) on October 17th, 10-12 midday. The young men's contest course scheduled for October 31st has been cancelled and will now be held at Solihull J.C. on November 7th, 2.30 p.m. The instructor will be the National Coach. A further Area Junior Team contest will be held at Nechells Judokwai on November 14th at 2.30 p.m.

At the Area Young Men's contest course held at Hadley Playing Fields, Smethwick, on September 12th, the following were chosen to go from the Midlands to the course at the Crystal Palace on October 1st-4th. Keith Cannaby of Coventry, John Griffiths of Dudley and Melvyn Freer of Leicester.

For some time there have been grumbles that there were not enough prep courses and examination for instructors in the Area. Fair enough we thought lets plan them for this year and next. This was done and the information sent out by the Coaching committee. I also sent it out in my Diary of Events in June to all Secretaries and P.R.Os. Result beginning of September, examination in Derby—one turned up, prep course at Hadley Playing Fields—the coach had a class of no one. This cost the Area, that is you, £4 for the hire of the gymnasium. Should anyone else like to have a little moan to me about lack of courses, I can recommend an excellent taxidermist.

Promotion Examinations for Kyu grades will be held at the following centres at 2.00 p.m. on October 9th. Men: Shin-wa-kwai, Grimsby, Ryecroft Judokwai, Nottingham. Women: Premier Judo Club, Kettering. Juniors: Stafford Judo Club. On October 17th there will be an examination at the Judokwai-Leicester for beginners and 6th Kyu only. On the same date at Boldmere Judo Club, Sutton Coldfield, there will be a Dan promotion examination. On November 6th grades up to 4th Kyu will be examined for promotion at Derby Olympus Judo Club and all Kyu grades, men only, on November 13th at the Premier Judo Club, Kettering, and Bennetts Bank Judo Club, Wellington.

Finally a reminder that the first of the Autumn-Spring weekend courses at Lilleshall Hall will be on November 5th-7th, applications to myself. Also the National Technical Conference is at the Imperial College, London, on 27th-28th November. It is hoped that there will be a large number attending from Midland clubs as the conference promises to give food for thought. Anything which has the novel possibility of making anyone in the Judo world think beyond what they had for yesterday's breakfast has at least one person's undivided approval.

SOUTHERN AREA NOTES *Miss P. Hogg*

The Area Team have been training extremely vigorously, under the supervision of Mr. Ted Mossom, and this year we have very high hopes of success. We hope that members of the Southern Area will be present to support their team on this very important occasion. The Home International Trophy, being donated by the Area, will be presented to the 1965 winning team, England, also at the National Area Team Championships and the entire English team will be present.

Efforts are being made for a completely different week's stay in the Area for the National Coach in December. This will be purely an experimental week and comments from members after the event will be very much appreciated. Negotiations are under way to obtain the use of one of the gymnasiums at the Crystal Palace National Recreation Centre for every evening during the National Coach's visit, plus all day Saturday and Sunday, and the programme will include the normal pre-coaching sessions and the examination, but has been extended for a miniature Conference on the Saturday morning, and it is hoped that the films of the European Judo Championships 1965 and the World Championships 1965 (if ready) will be shown. We think that this is a worthwhile experiment and we hope that it will have good support. As soon as details have been finalised all clubs will be informed.

Our very sincere congratulations to our Area Coach, Ivan Silver, who won a silver medal in the middleweight category at the Maccabiah Games held in Israel during August. Ivan met his defeat at the very capable hands of Bregman, one of the 1964 American Olympic Team.

May I remind Sussex and Surrey licence holders that these two counties now have their own Licensing Officers:

SUSSEX: Mr. L. Paxton, 23 Deerswood Road, West Green, Crawley, Sussex.

SURREY: Mrs. E. Taylor, 30 Dane Road, Ashford Common, Middlesex.

Licences for Kent and Hampshire are still issued by Mrs. Jarnot of 76 John Newton Court, Welling, Kent.

POLICE JUDO CHAMPIONSHIPS

Police Athletic Association Judo Championships. Newcastle upon Tyne, Monday, 11th October, 1965. In conjunction with Northern Area of the British Judo Association, the Open Championship and Kyu grade Tournament will be held. Full particulars from Chief Inspector S. Mason, Police Headquarters, Newcastle upon Tyne 1.

MEDITERRANEAN NEWS

S. A. BONELLO

Italy. One hundred and eleven players representing forty-one clubs from all over Italy took part in this year's National Italian Black Belt Championship, held at the beautiful Sports Palace of Pesare.

Among those participating were forty-two players representing nine clubs from the Armed Forces.

A welcome reappearance was N. Tempesta of the Partenope Club of Naples who has resumed active Judo after an absence from the tatami. Tempesta who represented his country at the last Olympic Games is considered to be the number one player in Italian Judo.

Results

FEATHERWEIGHT:	1. G. Facchini	(Jigoro K., Milan)
	2. A. Del Bello	(Dop.Fer., Rome)
LIGHTWEIGHT:	1. T. Carmeni	(F. Yamato, Rome)
	2. M. Perin	(X1 Brg.Mecc. Cc., Florence)
MIDDLEWEIGHT:	1. A. Luzzi	(I 7 Samurai, Rome)
	2. A. De Luca	(FF.OO., Nettuno)
L/HEAVYWEIGHT:	1. G. Guerriero	(FF.OO., Nettuno)
	2. G. Benvenuto	(Genovese Judo, Genoa)
HEAVYWEIGHT:	1. N. Tempesta	(Partenope Club, Naples)
	2. L. Archetti	(X1 Brg.Mecc. Cc., Florence)

The Club Championship was won by G. S. Fiamme Oro of the city of Nettuno with Fiamme Yamato of Rome placing second. The new champions are a team representing a regiment of the Carabinieri (Police) stationed in Nettuno.

A Judo demonstration was given by members of the Armed Forces during the annual parade on Italy's national day in the presence of the President of the Republic.

A few days later Dr. G. Saragat, Italy's Head of State, again watched a demonstration of Judo and Unarmed Combat, this time held at the Training School of the Carabinieri (Police) in Rome. The seventy judoka who took part under the orders of their instructor, Sig. De Crescenzi, fully demonstrated the usefulness of the art of Judo.

The use of Judo is fully appreciated by Italy's Armed Forces, the Police and Customs and Excise Force. In Italy Judo is considered a must both for the Police and for the Customs and Excise Force, while the former sometimes have to use it in keeping the peace, the latter find it useful in trying to prevent smuggling on Italy's many frontiers with neighbouring countries.

It is no wonder then that many first class Italian Judo players are members of the Armed Forces, the Police or the Customs and Excise Force.



KARATE

Tatsuo Suzuki, 7th Dan

Chief Instructor of the Zen Nippon Karate-do Renmei, Vice-President and National Coach of the All Britain Karate-do Association.

What is Karate?

The word Karate is derived from Zen Buddhism doctrine. Literal meaning "Empty Hand". Ancient history shows that Alexander the Great, during his conquest of many countries in Asia, allowed his troops some relaxation in the form of contests between individual soldiers.

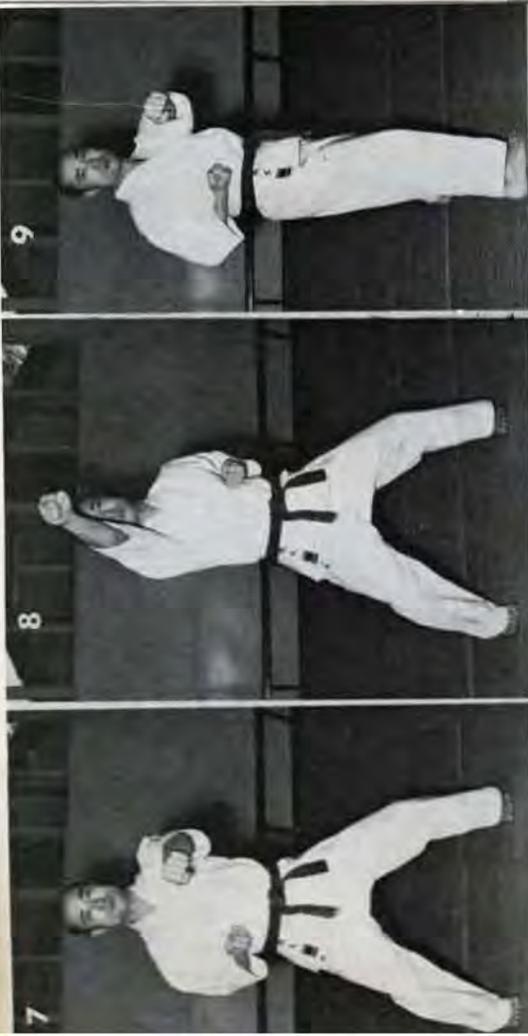
The contests took the form of armed and unarmed combat and

were an extremely popular pastime on the long marches through the many countries conquered.

King Alexander entered India through the well known Khyber Pass and many of his troops remained in India, where ideas were exchanged on the most effective combat techniques.

In time many of the combined fighting techniques spread throughout Asia, and in China as an





Whenever students of Karate enter or leave the Dojo, a standing bow (Rei) is performed. Figure 1 shows the correct stance (*Kiotsuke*) to adopt. The bow is stiff, from the waist, and is carried out silently in the direction of the Master, if he is present, and if he is not, towards the centre of the Dojo.

It is considered a bad breach of etiquette to smoke in or near the Dojo, and to behave noisily during rest periods. If a student wishes to sit down on the Dojo floor during this period, he must sit cross legged as if in meditation.

example, Kempo (Chinese style Karate) a sport similar to Boxing, but using many foot techniques became, and still is, very popular. It was in Asia that Karate formed its very close link with Buddhism.

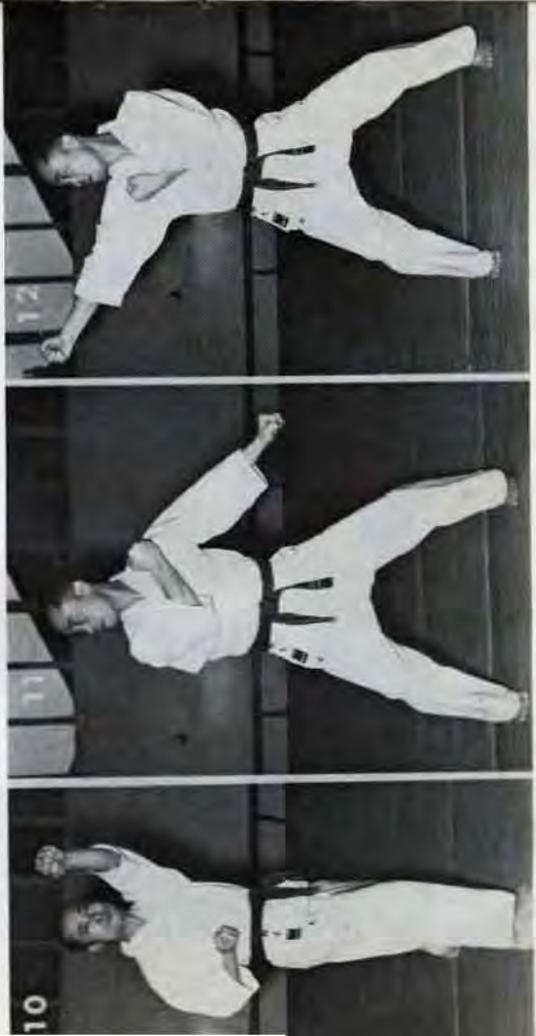
Some Kempo exponents developed other techniques and these found their way to Okinawa where modern Karate originated.

In the early 1900's, a famous Master of Karate Gichin Funakoshi was invited to visit Japan and he eventually did so, arriving in Tokyo in 1921 where he developed modern Karate, from his own

Okinawan techniques and Japanese Ju Jitsu. Karate is therefore a progressive development from an ancient sport and in its modern form, controlled by a stringent set of contest rules similar to those applied in Judo.

Karate Etiquette

As in Judo, Karate demands strict observance of Dojo etiquette and we must therefore start with some simple rules covering Dojo behaviour which must be observed at all times in the Dojo, with or without the presence of the Master.



The *Kiotsuke* stance is immediately adopted if one is addressed by the Master or visiting Masters (Shodan and above) and is maintained during the conversation, after which a standing Bow is performed facing the Master. (During training the eyes are always fixed on the opponent or imaginary opponent.)

When all students are assembled in the Dojo, the Master will indicate to a senior grade that exercises are to begin unless he wishes to

take the class himself. The exercises are usually a matter of personal preference of the Master and consist generally of loosening up exercises carried out in unison with the instructor.

After the exercise period the Master faces the class, takes a pace backward and he and the class adopt the *Kiotsuke* stance, the senior grade in the class calls "Seiza" and on this command the class and Master assume a kneeling position sitting on their heels with straight backs, in readiness for the next instruction, which is *Sensei*



ni Rei (a bow to the Master). Figure 2 shows the correct position. At all times even during the *Rei*, constant alertness is necessary.

The next command is "Otoga ni Rei" (a general bow to all present) this is carried out the same as the preceding one.

Then "Kiritai" is called and all adopt the *Kiotsuke* stance.

Fist Forming

When practising Karate many forms of punching are used with



considerable force, but of course the punch is stopped short of the target to prevent injury to the opponent, however, Karate is taught as if landing a punch was a requirement, and to develop and toughen the fist a punching block (Maki Wara) is used. It is essential to form a correct fist in any case as an incorrectly formed fist striking a Maki Wara with force can result in injury. Forming the correct fist is difficult for many students and therefore a special exercise is devoted to this in Karate. The exercise is performed in the *Kibadachi* stance shown in Figure 3.

The correct distance between the feet may be determined by kneeling on the right knee with the leg pointing along the line of stance, and placing the fist between the right knee cap and left foot.

Figure 4 shows the first position, note that the thumbs are nearly at right angles to the fingers at this stage.

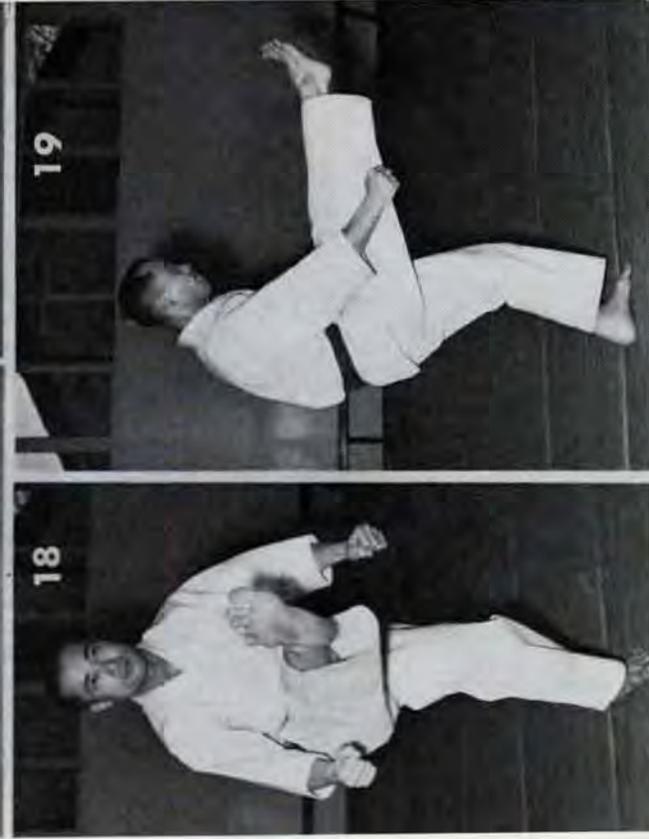


Figure 5 shows the next step, the fingers are "rolled" into the palm of the hand, and Figure 6 shows the completed fist. This exercise is repeated several times in unison with the instructor.

Punching Exercise

This particular exercise is also performed from the *Kibadachi* stance. Figure 7 shows the first movement, a forward punch, and this is delivered, as in all punches in this exercise, with maximum effort.

Figure 8 illustrates the next move which is followed by a punch to the right with the left fist,

Figure 9, and then a punch to the left using the right fist, the exercise is completed by a punch to the right with the left fist Figure 10, and by a punch to the left using the right fist after which the exercise is run through again thus giving plenty of body movement above the hips.

The stance is maintained throughout the exercise and each punch is delivered on the command of, and in unison with the teacher.

Punching Exercise with the back of the Fist

Again the *Kibadachi* stance is used, Figure 11 shows the first position for side punching, Figure 12 illustrates the completed punch which is achieved by first extending the elbow in the direction of the punch and then "snapping" the fist forward and to the right in a circular motion, parallel to the Dojo floor. This is repeated to the left. The same punch is used to the rear. Figures 13 and 14 illustrate this.

Kicking Exercise

The stance adopted for the front snap kick is shown in Figure 15. The kick is delivered by the near foot and this is brought up to the kicking position, Figures 16 and 17, very quickly. (Note the upturned toes.) Figures 18 and 19 show the completion of the kick.

The ball of the foot is the striking point and it is beneficial to students practising this kick to kick at something fairly hard as this soon causes the toes to be turned upwards out of harms way.

WOMEN'S NEWS

Mrs. I. M. Armitage

CRYSTAL PALACE FESTIVAL OF SPORT

Festival of Movement and Dance. On 11th August 16 girls from various parts of the country represented the British Judo Association in an item consisting of an adaptation of Ju-no Kata to the music of Debussy (namely *Clare de Lune*) and 1 minute Randori. There were two performances afternoon and evening. Firstly a very warm thank-you to all the girls who took part and especially to Mrs. Margaret Johnson and Miss June Outhouse who were the originators of the Ju-no Kata item, I myself saw the evening performance and have no hesitation in saying that the audience was very impressed, most of them had only seen the odd programme on television and this gave them a completely new look at Judo for women. I had the opportunity to speak to many of them and all the comments were very complimentary.

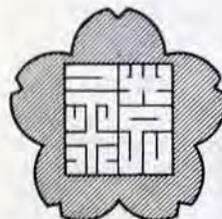
We were very pleased to see Ray Ross, 4th Dan, there to give us moral support, as also were the National Coach and his wife who both gave a great deal of practical help during the morning rehearsal as well.

To some of us who practice Judo the idea of Kata to a set piece of music seems very out of place, watching the originators of the above item it looked very nice, practising the same thing myself and then watching a group performing I found myself feeling that it just did not fit. When I tried to analyse my feelings I found that the main reason for my dislike was the following, (here I must emphasise that these are purely my own comments and personal views) when practising Kata once one has learnt the basic movements it is necessary to try and "feel" the Kata every single time it is practised and if you keep to one or perhaps two people to practise with then you develop a speed and rhythm which is entirely your own and naturally it does not quite match other peoples. To me this makes Kata a "personal" thing and as soon as you try and make a whole group keep to exactly the same timing and rhythm then they become a group of mechanical dolls who have no real feeling for the Kata.

The idea was good and needed to be tried indeed as a method of demonstration preferably performed by its originators it could be used a great deal, but as a method to be incorporated into training I think it would fail and many people do think that this will be done even though Mrs. Johnson and Miss Outhouse themselves have constantly stated that it was done for a special purpose, that of demonstration to a specialised audience, they are not advocating that every Judo practice should also be a record session.

The greatest good I feel, that will come from this "breakaway" idea is that it may encourage all women who practise Judo to *think* and think hard to try and develop new ideas, good or bad at this stage is not important, the bad can be discarded straight away, the not so good and good can be worked on and developed. The important thing is that we learn that tradition is O.K. but should not be a dogma to which we cling at all costs and in all its narrowness, it should be a basis, an anchor from which we can take flights out into fresh fields and if necessary to which we can return to replenish and renew our energies.

So ladies, if you have any fresh ideas on training or demonstration or indeed teaching, work on them and try them out, then send them to the National Ladies Council or to me and I will see they go to the committee, they will be discussed, pulled to pieces and put together again, changed beyond all recognition maybe, but if they contain even a germ of a good idea they will be tried out and used. Two of our ladies have shown the way now its also up to you.



THE BRITISH JUDO ASSOCIATION

OFFICIAL NOTES

Scotland. It would appear that some considerable confusion has arisen since the inception of the Scottish Judo Union in relation to the issue of British Judo Association licences to members living in Scotland.

In order to clarify the situation may we say that should any member of the Scottish Judo Union wish to attain a British Judo Association grade he must hold a current B.J.A. licence and enter an examination at which the examiner also holds a B.J.A. licence. Similarly anyone visiting England and wishing to take part in any official function during his stay must also purchase a B.J.A. licence.

To avoid possible errors, as have apparently arisen in the past, it has been decided that Scottish members should apply direct to B.J.A. Headquarters for B.J.A. licences and not to the previous Area Licensing Officers. Would clubs and individuals therefore note that any application for a B.J.A. licence should be sent direct to the General Secretary at 26/29 Park Crescent, London, W.1, where it is hoped all such applications will be dealt with, with the minimum of delay.

Club Membership. May we remind all Member Clubs that following upon the alteration to the financial year of the Association, annual subscriptions now fall due on the 1st January in each year.

Those clubs who have already forwarded subscriptions for 1966 have had their payment duly noted, but invoices will be despatched in the normal manner during December.

We would also take this opportunity to request that clubs advise Headquarters immediately of any change of address of the club premises or Secretary in order that our records may be kept as up-to-date as possible.

CLUB FORUM

NORTHERN IRELAND

YAMADAKWAI. *From A. C. Smith:* I am pleased to report that the dance and treasure hunt run by the Club were a great success. Undoubtedly, of those who contributed time and effort to the enterprise, Frank McMinimom deserves our thanks for the able way in which he carried out the organisation of the activities.

The Yamadakwai held a well supported Area Promotion Examination on the 27th August and the 1st September. The club members from beginner up to 3rd kyu all met with the success their diligent training deserved. However, of the twelve 2nd kyus' entered, only one achieved 1st kyu. This brought forth a comment from G. Neven, 2nd Dan. It was felt that less push and puff, and more relaxed movement on the part of some of the contestants could have improved their chances of success.

The Yamadakwai Ladies' Section also held a promotion examination and many of the thirty-five or more lady members were present. The ladies hope to send representatives over to England next year for a 1st Dan promotion.

Mrs. C. Castles, 1st kyu, and Miss M. Curry, 1st kyu, Miss L. Logan and Miss A. Cook both 2nd kyu, are all training with this object in view. We give them our full support and wish them every success.

LONDON

LONDON JUDO SOCIETY: Winners of medals at the 1965 Festival of Judo will remember that I asked them to return the medals for engraving. We have now engraved and returned all the medals sent to me by the winners. As it is now a considerable time since the Festival I regret we can accept no more medals for engraving.

The next promotion examinations at the L.J.S. have been arranged as follows:—

Sunday, 10th October, 10.30 a.m., up to 5th Kyu inclusive. 2.30 p.m. 4th to 2nd Kyu inclusive.

Monday, 11th October, 7 p.m., L.J.S. members up to 3rd Kyu inclusive. (2nd Kyu should attend on Sunday, 10th.)

Sunday, 31st October, 2.30 p.m., 1st Kyu and 1st Dan.

Will L.J.S. members please note that there will be no practice or Junior classes on 10th October and restricted mat space on the other occasions.

We have again been invited to demonstrate Judo daily at the Boys and Girls Exhibition at Olympia, which takes place in the two weeks after Christmas. As we will be using our own mats the lower dojo will not be available, but as there will be no beginners classes during the period practice will not be restricted.

I was delighted at the success of the two Sunday coaching courses taken by Joe Rowe recently. Everyone I have spoken to about them tells me that they were interesting and instructive. There will be a series of official Southern Area Coaching courses at the L.J.S. early in 1966. Southern Area clubs will be notified.

CIVIL SERVICE JUDO ASSOCIATION

The Civil Service Sports Association inform me that they hope to be able to open the Civil Service Indoor Sports Centre in twelve months time. It will be in London and contains a dojo which will be organised by the Civil Service Judo Association.

YORK

YORK RAILWAY INSTITUTE JUDO CLUB *from Martin Peake:* The club would like to thank Mr. John Ryan, 3rd Dan, for taking a course at the club from the 9th to the 14th of August. The practice and instruction was thoroughly enjoyed by everyone taking part. On average there were some forty players present at every session.

While Mr. Ryan was at the club he managed to see a little of the Yorkshire countryside with which he was very impressed. Although an open invitation had been sent to all the clubs in the North East Area very few outsiders turned up which was a pity.

BIRMINGHAM

NECHELLS JUDOKWAI *from Tony Underwood.* The Nechells Judokwai and all its sections are now three years old. The dojo at Nechells Community Centre, Melvina Road, Birmingham 7, has showers and a café on the premises.

The great attraction for visitors is the large permanent mat area, and the friendly atmosphere. Ladies practice Monday 7.30 to 9.30 p.m. The Juniors every night of the week and three times on Saturday. There instructor, Mr. Rodgers, now writes for the weekly Birmingham Planet. The Men have Wednesday and Friday evenings from 7.30 to 9.45 p.m., there are four 1st Kyu and many grades down to complete novice.

We will be holding a championship and display soon and more details of this are to be published shortly.

FINAL DATE FOR COPY

The Publishers ask contributors to kindly note that copy for the JUDO Magazine must be received by them **not later than the 6th of the month if intended for inclusion in the following month's issue.**

Black-belt Judo



Presented by the Budokwai at the Royal Albert Hall,
on Saturday, 6th November, 1965 at 7.30 p.m.



**Team contests — Budokwai v. Midland Area
Budokwai v. London Area**

**World Championship British Team Members
K. Watanabe, 5th dan; C. Palmer, 5th dan;
C. Mack, 5th dan.**



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KENDO forum

by Musashi of the
Shinto Ryu

Kendo on the Canadian West Coast. Before the 1939-45 war there was a flourishing Kendo community in Canada mainly in the Vancouver area, but in consort with other allied countries, government policy during the war years prevented any expression of Japanese nationalism in Canada. A few years back a Japanese/Canadian judo *yudansha* told me that just after the war he had seen over fifty complete sets of Kendo armour burnt by the army authorities in Canada. Now all this has changed and Kendo is fast reviving along with the other martial arts.

A recent issue of the "London Free Press Weekend Magazine" (26th June, 1965) carried news of the Kendo activities on the West Coast near Vancouver where one of the centres is the Steveston Kendo Dojo. The leaders are Mr. Frank Akuni, Mr. Harry Hyashi, and his brother Mr. Massu Hyashi. In this Dojo is also a Canadian of European extraction, Mr. Jim Murray, who holds the rank of *shodan* and is probably the first Canadian to do so.

Mr. Noguchi, *nidan*, a recent visitor to the Shinto-Ryu Dojo here, has also fenced in Vancouver. We hope to obtain more news of Canadian Kendo through Mr. Lorne Henwood in London, Ontario, who was a pupil of the Shinto-Ryu.

Butokukan Dojo, Brighton. Mid-August brought Mr. Vic Cook, *shodan*, down from Liverpool and he fenced at the Butokukan Dojo

together with three of the Bushi Budokai kendoka from Portsmouth. The same evening Mr. Maddams came over from the Reading Dojo with four of his group including his two young sons Royston and Mauryce. To round off the gathering we were pleased to welcome Miss Deborah Wolpe, 3rd Kyu, of the Shinto-Ryu, who came over from Lewes where she was on holiday with her family. Toby and Paul Wolpe were only prevented from coming by measles!

The extensions to the Brighton Boys' Club have now been fully completed and the dojo activities have been in full swing from the first week in September. Practice evening is Friday from 6.30 to 9.00 and there is another session on Sunday morning. Other evenings will be arranged from time to time. The dojo secretary's telephone number is Brighton 682786. Everyone is always welcome, especially children.

Shinto-Ryu Dojo. Kendo re-started at the Kennington Dojo after the August break with a display at Rochester organised by Mr. Keith Feltham, *nidan*. News of the Shinto-Ryu kendoka in Japan is most encouraging and Jim Mathie, *nidan*, is now studying at the Kyujo Saineikan Kendo Dojo (at the Imperial Palace), Tokyo, under the main instruction of Matsunaga *Sensei*, 6th *dan*, the captain of the Saineikan team. One of the first places that Mr. Mathie visited in Japan was the Sengakuji Temple



Naginata-no-kata demonstrated by great masters.

Sword: Sonobe Shigehachi *Hanshi*; Spear: Sonobe Asano *Hanshi*.

where are the graves of the famous samurai, the Forty-Seven Ronin. He reports that he found it a very moving place.

Takizawa *Sensei* and Matsunaga *Sensei* are to take Mr. Mathie to the Tokyo Police Kendo Taikai at the Nihon Budokan and I hope we shall shortly have a report on this for publication.

Kendo in Northern England. The Northern kendoka have put in some serious practice during the summer months and there have been several inter-dojo visits. In

Lancashire Mr. Vic Cook, *shodan*, is hard at work establishing an active Kendo community and his recent visit to the Bushi-Budokai and Butokukan Dojo's will have given him fresh ideas. Mr. Knutson, *sandan*, made a *musha shugyo* visit to the Budokan Kendo Dojo in Middlesbrough from the 3rd to the 5th September and everyone did some really hard training. Promotions now being due in the North, the Eikoku Kendo Renmei wish me to list the new ranks in the Budokan and Blyth dojos. These are:—

- W. Appleton, Budokan Dojo, 5th kyu, now 3rd kyu.
- J. Sparkes, Budokan Dojo, 5th kyu, now 4th kyu.
- M. Fish, Budokan Dojo, 4th kyu, now 3rd kyu.
- B. Muter, Blyth Dojo, 4th kyu, now 5th kyu.
- W. Prythech, Blyth Dojo, 4th kyu, now 5th kyu.
- P. Dawson, Blyth Dojo, 4th kyu, now 5th kyu.
- S. Worn, Blyth Dojo, 4th kyu, now 6th kyu.
- Mrs. B. Muter, Blyth Dojo, 4th kyu, now 6th kyu.

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COACHING NOTES

During the August Bank Holiday period this year, a two day training session for the members of the British Team, was held at the Crystal Palace recreation centre. The period was under the control of Mr. Gleeson, the National Coach.

On the first day Mr. Gleeson invited the Amateur Wrestling Association along, so that an exchange of ideas and techniques could take place. The wrestlers were very enthusiastic and turned up in large numbers, in fact most of the day there were more wrestlers than judomen. Two wrestlers were Olympic team members.

Various permutations were made, the judomen tried wrestling and the wrestlers tried Judo. Small groups were formed so that an exchange of ideas could be brought about in the most informal conditions. The wrestlers fight in a much more "closed" style than the judomen, and so they have developed many ways of combating these postures and techniques. The judomen had something to learn from this style. The knowledge they acquired will be beneficial when and if they meet such a style in Judo. We are very grateful to the Wrestling Association for coming along and giving so generously of their knowledge.

The second day was spent doing Judo. A free invitation had been issued to 1st Kyu and above of this association, over thirty turned up. It was quite a day, the shedding of sweat was punctuated only by the spasmodic roar of racing motor cycles. The Crystal Palace has kept its character of being a speedway, on such occasions as Bank Holidays it can be seen in all its glory. The two wheeled conglomeration of chrome and steel chatter their way round the circuit, like the jets of steam from the heels of Mercury. Exciting for the spectators, but disconcerting for the loquacious coach.

However despite this background sound, the training session pressed on, Mr. Gleeson tried to cover some aspects of judo training that are not usually catered for. These included the appreciation of rhythmic movement in a competitive situation, and the realisation of the passing of time, essential in the establishing of tactics, through inhibiting methods, the importance of pace control, again with its effect on tactics. Added to this was circuit training, running and recreational ball games for change of pace.

Most appeared to enjoy the day, particularly as they had a swim afterwards, even if many complained of feeling tired. The centre is a grand place for this kind of get together, because all the facilities are at hand and the officials of the centre are only too willing to help all they can. It is hoped that similar sessions can be arranged for the future with a more extensive range of activity than on this course.

After all the actual Judo training can and must be done at the individuals own club or centre, such get together as these should attempt to show aspects of movement and skill not normally covered on the "home ground". Too often Judo training takes the form of limiting movement experience rather than widening and this can only have a detrimental effect on skill development. By enlarging movement experience skill will improve.

Coach Award Examinations. Now that there is a panel of examiners for the above, it has become imperative that candidates correctly and completely fill in the application forms. Do not forget you must apply at least fourteen days prior to the examination.

Eastern Counties

Judo League Finals

DAPHNE KEY Hon. Secretary

Since its formation at the beginning of the year, apart from a few minor teething troubles, the Eastern Counties Judo League has progressed very satisfactorily. During the course of the year the fourteen member clubs have fought off the eliminations, culminating in the League "finals" which were held at the Y.M.C.A. Judo Club, Norwich, on Friday, 10th September, 1965. The three County finalists taking part were "The Sakura Bana Judo Kwai" of Cambridge, "Wisbech Judo Club", and "Cranes Judo Club" of Ipswich.

The "finals" commenced with Wisbech and Ipswich fighting in the first heat, which Wisbech won 20 pts to 10. Cambridge and Ipswich then fought off their contests—Cambridge gaining the lead by 10 pts. to nil.

After a ten minute interval, during which the B.J.A. Area Coach, Mr. J. Keith and Mr. M. Smalley skilfully demonstrated Combination techniques, excitement grew high with the supporters routing for their team mates as the battle for supremacy was fought by the Cambridge and Wisbech teams. Particularly exciting was the contest between the two Captains John Knoll and Tony Carter which after a terrific tussle John Knoll won, making Wisbech the overall winners by a score of 37. Cambridge 17 pts., Ipswich 10 pts.

The success of the evening was due in no small part to the behind the scenes work put in by the Chairman of the Y.M.C.A. Judo Club and all those who acted as officials during the finals. My grateful thanks to them, to the Sakura Bana Judo Kwai Cambridge for putting on demonstrations of Judo, Self-Defence and Aikido, to Chief Inspector Horton of the Mid-Anglia Constabulary who travelled all the way from Cambridge to Norwich to present a shield and silver and bronze medals to the winning team and runners-up and to all those people, contestants and supporters alike who turned out to be such good sports. With this friendly attitude the Eastern Counties Judo League cannot fail to flourish.

LONDON and SOUTH

versus

MIDLAND YOUTH

Keith Brewster

On August 14th the meeting and contests between "Young Men" under 18 from the Budokwai and Croydon Judo Society representing London and the South, against a Midland Team of twenty from a number of clubs who attend their Area Young Men's Contest Courses, was a further landmark in the progress of British Judo. Though there have previously been contests between Juniors, this is the first, of many it is hoped, which catered for the group who are no longer junior grades but need further experience to act as a bridge into adult Judo.

Hosts for the occasion were the Croydon and District Judo Society, whose officials did everything possible to ensure the day's success. Mr. Kisaburo Watanabe, attended, he did much of the refereeing and afterwards practised with the Young Men. Representing the B.J.A. was the General Secretary Mr. John Capes, who said how pleased he was to see the enthusiasm of the youngsters and how worthwhile the efforts of the adults in making it possible. Also present were Miss Pam Hogg and other

members of the Southern Area Committee, Mr. Malcolm Lister Manager of the Budokwai, with his wife Hazel who was very busy all afternoon taking photographs for the Budokwai Bulletin, Mr. G. A. Edwards joint editor of the magazine "Judo", Messrs. Peter Barnett and Jock Rogers respectively Coach and Organiser for Midland Juniors and Young Men, plus quite a number of club officials and parents from the various areas.

The Young Men played an excellent afternoon's Judo and their obvious enjoyment and win or lose attitude, would have put many of their elders to shame. It was made very obvious that there is a definite call for this type of inter-regional activity in this age group and it is hoped to arrange a return match in the Midlands in the not too distant future when the Budokwai and Croydon & District Judo Society will combine with the London Judo Society for the visit.

If there are any other Areas far sighted enough to want to arrange similar fixtures with others, I will be pleased to act as liaison for the purpose.

G.K. Memorial Scholarship Fund

The G.K. Memorial Scholarship Committee would like to thank the following people and clubs for their generous contributions to the fund. Personal letters of thanks have also been sent.

GUERNSEY JUDOKWAI	CAPTAIN W. TATE
WALTHAM ABBEY JUDO CLUB	MISS M. BOULDING
SUDBURY JUDOKWAI	MR. CHARLES PALMER
JUDOKWAI-LEICESTER	MR. ERIC LINGS
YAMADAKWAI, BELFAST	MR. CHARLES GRANT
BLUE BELL JUDO CLUB, CHESHIRE	THE MOUNTAIN JUDO CLUB, BRADFORD
JUDO AMATEURS	PETER N. STROLES, JNR., U.S.A.

North of England

Karate Championships

Walter Seaton

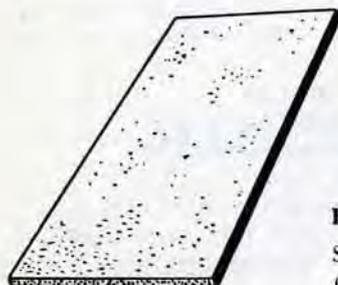
The first North of England Karate Championships were held at the Murton Welfare Athletic Club on the 18th of July. Three separate classes were competed for, up to 4th Kyu, 3rd Kyu to 1st Dan and an open class for all grades.

In the 4th Kyu class, Fred Maughan of the Middlesbrough club defeated fellow club member Stanford Whally to take the title. The 3rd Kyu to 1st Dan category winner was Brian Crossley of Newton Aycliffe who took the trophy after a hard contest with Trevor Overfield from Middlesbrough.

The Open championship saw two of the finalists from the previous classes fighting for the title. Trevor Overfield and Fred Maughan. Overfield managed to reverse the result of the last final he was in, to become the first Open Karate champion of the North of England.

High graded exponents who were present included Mr. Tatsuo Suzuki, Mr. Kono, and Mr. Toyama. A pleasant diversion from the contests was a demonstration and competition of kata won by Mrs. Mary Petty of Murton.

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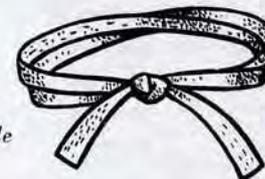
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