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JUDO

VOL IX

OCTOBER 1964

No. 1



Inside

Inter Area Championships

2/6

Forthcoming Events

OCTOBER

10th	JUDO LEAGUE CONTESTS	Staffordshire
16th—18th	LILLESALL HALL COURSE	Shropshire
23rd—25th	COACHING COURSE MEN & WOMEN	Skegness
24th—25th	QUARTERLY GRADING EXAMINATION	Midlands
31st	BUDOKWAI SHOW	London

NOVEMBER

6th	BRITISH ARMY CHAMPIONSHIPS	Aldershot
7th	AUTUMN DANCE	Leicester
21st	MIDLAND JUNIOR CONTEST	Derby
21st	MIDLAND AREA JUNIOR COURSE	Leicester
27th—29th	LILLESALL HALL COURSE	Shropshire

DECEMBER

4th	DINNER & DANCE	Halesowen
12th	MIDLAND AREA DINNER & DANCE	Birmingham

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THIS MONTH'S COVER

Oughton, scoring on Kelly in the final pool of the Middleweight category.

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A. R. MENZIES, 1ST DAN.

JAPANESE BOWL TAKEN TO CALEDONIA

ALAN R. MENZIES

Additional Photography MAURICE KILLEN

The 1964 Inter-Area Championship for teams was won by Scotland, the first time in its nine years' history that the title has been taken over the border. Scotland were firm favourites last year, when they succumbed to the North Eastern Area in the final. This year they improved in every match until in the final they won every contest.

First Time in London

This was the first time the competition has been held in London and full use was made of the wonderful National Recreation Centre at the Crystal Palace.

This was the fourth time that a National Judo event has been held at the Centre since it opened early in the summer. By now some of the shortcomings are becoming apparent, none of them really bad, but nevertheless irritating omissions which make it hard work for the organisers. One glaring instance of lack of foresight is that there is no lift provided to move heavy and bulky equipment from the downstairs storerooms up to the Sports Hall. The General Secretary and a few helpers had their work cut out on the Friday before the Championships carrying Tatami up the stairs. A lift would have made it so much easier.

Lack of Good Accommodation

The Queens Hotel, the only one left in the area since the Glass

Palace burnt down in 1936, was the place where most of the competitors and officials stayed for the weekend. A more modern hotel is very badly needed if visiting athletes are to be well looked after when using the Centre. The hostel in the Centre's grounds is not much use for weekend competitors as the accommodation is fully booked by weekly students.

The programme was fairly heavy, starting early Saturday morning and continuing, with two breaks, until nearly eleven the same night. The Technical Board provided all the referees and judges, members of the Timekeepers and Recorders Panel manned the control tables and, once again, provided a first-class service. This year, for the first time, there was a Championship Umpire, Mr. Charles Grant, 4th Dan, who was the final arbitrator in any dissent.

Each team arrived at the Centre complete with Team Manager, and in some cases a trainer as well. Teams are still restricted to a top grade of 2nd Dan, and in many cases all the members were of this grade. One reserve was allowed and he could be used at any time throughout the competition.

London Favourites

One of the strongest teams was the London side, and they started as favourites. Last year's cham-

pions, the North-East, were stronger than when they won last year and they had high hopes of taking the crown back for the second time. The British Universities side, with Scotland, had the best outside chance of winning.

Thirteen teams had entered and these were divided into four pools; three of three teams and one of four. The two highest scoring sides from each pool went forward to the quarter-finals, where a straight knock-out system decided the winning team.

Pools 1 and 4 were fought in the morning, and pools 2 and 3 were fought off in the afternoon. This meant that the teams were on call for only a limited time during the day instead of being in a permanent state of readiness during the whole of the eliminations.

British Army Have Bad Start

The British Army side met Scotland in the first match of the day and ended up by losing every contest, a good omen for Scotland. Mitchell, of the Army, did exceedingly well against a much bigger opponent, Thomas, of Scotland, and probably had the lead until Thomas scored. Surprise member of the Army side was Wellings-Thomas, a tall, fairly strong player, who gave John Young, Captain of the Scottish side, a very hard time of it. Wellings-Thomas suffers from inexperience at the moment but a few more contests after the style of these and he will make a very useful addition to the Army team. Young only won the contest by a decision.

Scotland's second match was also a four nil win when they defeated the North-West by 27 points to nil, this time, however, only Young scored a full point, the other three contests were won with two Yuseigoshi and a waza-ari. Match number three gave Scotland their hat-trick when they took all four con-



Triumphant John Young, Captain of the victorious Scottish side holding the magnificent trophy donated by Japan Air Lines.

tests against the Western Area. This time Thomas scored their only full ippon, Kane and Young getting superiority decisions, and Cocker winning with waza-ari.

In this pool the Army joined Scotland in making the quarter-finals. They had a very narrow win over the Western Area by three points, with contests even at two each. Wellings-Thomas saved the Army here when he defeated Askey of the West in the last contest. Against the North-West, Wellings-Thomas once again won the last contest to put the Army in the lead, this time they won by the odd five points in a two to one lead on the contest results.



Gerald White Defeated Twice

In the next pool there were only three teams. The North-East, 1963 winners, dominated this pool with a four nil win over the Northern Area, but only just scraping home against a strong Midland side by 12 points to 10 with two contests each. Surprise win in the last match was Peake taking the decision from Gerald White, the Olympic Middleweight reserve, who captained the Midland side.

The Northern Area also defeated the Midlands, although once again it was a narrow victory. In this match also White was beaten, this time by Hawkesby who scored a clean ippon.

In the first pool fought in the afternoon, the B.U.J.A. led the field with a win over each of the other teams, but Northern Home Counties scored more points, although they only won one match.

Harpell saved the Universities and proved to be a good end man. Nash, a seasoned player, was very disappointing, losing the decision to John of the N.H.C. and Manuel of the South. Gillot of the N.H.C. had a hard fight with Gray of the B.U.J.A. before getting the decision at the end of the contest, but he won against Penny of the Southern Area in just over half a minute, most of the time being taken up in a holding.

Injury to B.U.J.A. Player

Two brothers were involved in this pool, which was something of a coincidence as they were in dif-

ferent teams, but an even stranger coincidence was the fact that they met each other in contest. J. Goodger of the Universities side won by a decision on his brother B. Goodger of the Northern Home Counties.

In the Southern Area versus the B.U.J.A. contest, Baker-Brown of the South threw Goodger off the mat and in doing so Goodger sustained a bad split in the back of his scalp. He was unable to continue and the contest was declared a draw.

The South ended this match without scoring a point, and having already lost to the N.H.C. were eliminated from the competition, leaving the N.H.C. and the B.U.J.A. to make the final rounds.

In the second of the afternoon's pools, London carried the day fairly easily, winning by three contests to one against Wales, scoring 25 points to 5. Bowen and Abbott scored very good ippons for London. Watson managed to get the decision from Trick, one of the hardest fought contests so far. Lewis took the last contest for Wales when he received the decision over Martin.

In their contest with the Eastern Area, London won the first three contests with ippon, and lost the last one on a decision when Hart made a great showing against Martin.

In Wales versus the East, Wales won three of the four contests, all decisions, and drew one; the second draw of the day, and the first where both contestants had fought throughout.

Scotland Top in Preliminaries

In these preliminary pools Scotland had scored 89 points and won every contest her players had engaged in, which was a good indication of their strength, although London were probably still the favourites for the title at this stage,

OPPOSITE :

Above. General view of the contest area with the teams lined up at the beginning of the evening performance.

Below. Time keepers and recorders at the control table, from right to left, Bob Ainger, Len Evans, Brian Perri-man, Captain Tate and Umpire Charles Grant talking to Tony Sweeney.

with Bowen, Abbott and Watson very much on form, even though their last man, Martin, was not doing so very well.

The usual ceremony attached to evening shows was duly performed before the teams got down to the serious business of the day.

Wales versus the North Eastern Area was the first of the quarter-finals. The North-East won the first contest when Peake hammered Bennett of Wales, a reserve in place of Williams, for a very good ippon. Wales promptly took the next three contests, and provided the first surprise of the evening. Evans threw Booth with O-guruma; Trick had a hard contest with Littlewood but got the decision when the contest went to full time; and Russ Lewis scored waza-ari on Barraclough to win the final contest.

The B.U.J.A., not surprisingly, defeated the Army, although Cousins took the decision off Nash. Rudden came in place of Goodger for the Universities and proved a formidable opponent when he easily beat Mitchell.

Watson Loses to Injured Northern Player

The Northern Area had the unenviable task of taking on London, and proved more than able to do the job. Hawkesby crashed Bowen down and then held him with an Osaekomi for ippon, which upset the London side no end. Abbott, their second man, reversed the situation when he did the same thing to Malloy, a knock-down and holding for the point. At this stage the two teams were level, with Watson to meet Fell and the balance of power definitely in Watson's favour.

As predicted, Watson was too good for Fell and it seemed only a matter of time before the Londoner would score. Watson particularly likes Tate-shiho-gatame, and any opportunity of getting it is pounced

on, which is what happened here. In the scrapping on the ground, however, Fell badly damaged his knee and the referee stopped the contest for medical aid to be administered. The upshot of it was that Fell could not continue and after a consultation with the Umpire, Fell was awarded the contest on the grounds that Watson allowed his legs to lock his opponent's in such a manner that injury could be, and was, caused. This was a fatal upset, as Martin the last man in the London side had not yet won a contest and was looking decidedly off form. On top of this he was scheduled to meet Alan Marr, the strongest man in the Northern side. Martin had to score an ippon to keep London in the fight, and even then he would have only evened the score, a fight-off being necessary. As it was, although he put everything into the match and looked much better than Marr, he was unable to make that elusive score, although he ended up with the decision. London were out of the running, and Scotland were now almost certain of the Trophy.

N.H.C. Lead Scotland Two Contests to Nil

The Northern Home Counties had Scotland in the last of the quarter-finals, and they were not giving up easily. Gillot won the first contest—what a formidable player this young man is—with a full ippon to put the N.H.C. in the lead, and to take the first point of the day off a Scottish player. B. Goodger followed up his team-

OPPOSITE :

Above. John Young, Captain of the Scottish side scoring the final point on Harpell of the Universities.

Below. Cocker of Scotland scoring on Cousins of the British Army in the preliminary pools.





The 1964 Inter Area Championship winners, from left to right, J. Gross, reserve, J. Kane, A. Bull, Manager, B. Thomas, J. Cocker and J. Young, Captain.

mate's win with a waza-ari on Thomas, which he hung on to to the end, and Scotland were two contests down. However, Cocker and Young both scored well to win the last two contests with maximum points, and Scotland moved into the semi-finals for the second year running.

The first of the semi-finals was between Wales and the Universities. Gray won the first contest for the Universities, scoring waza-ari first and then making a good ippon. Rudden, the Universities reserve, had a very surprising win over Evans of Wales, scoring with O-guruma, the biter bit as it were, as this is Evans favourite technique. Trick took the next contest from

Nash with a decision, and Lewis received the decision from Harpell after a hard tussle. Two contests each, but the Universities led on points and so they were through to the final.

North Fight with only Three Men

In the second of the semi-finals Scotland met the North. The Northern Area had two injured players and only one reserve so they entered the lists with only three men.

The North won the first contest when Hawkesby took a waza-ari from Kane, but the next three contests went to Scotland, including of course the default. Scotland moved one step nearer the title.

To break up the continuous fighting there were diversionary activities demonstrated by various people. George Kerr, 4th Dan, and young Ray Fleming demonstrated Kata and the methods of scoring points. Harry Walsh and Ray Mitchell of the British Army also demonstrated Kata, but in very slow time, a speciality of theirs, and the Juniors from the Croydon Club had a crowded five minutes showing off their ability at randori.

But the final match was the thing everyone was waiting to see, and although after the Olympic Trials the Inter-Area could have been rather tame, there was an air of increasing excitement as the teams came out to fight for the very handsome trophy supplied by the sponsors, Japan Air Lines.

Charles Palmer, 5th Dan, refereed, with John Newman and Dennis Bloss as judges. The first

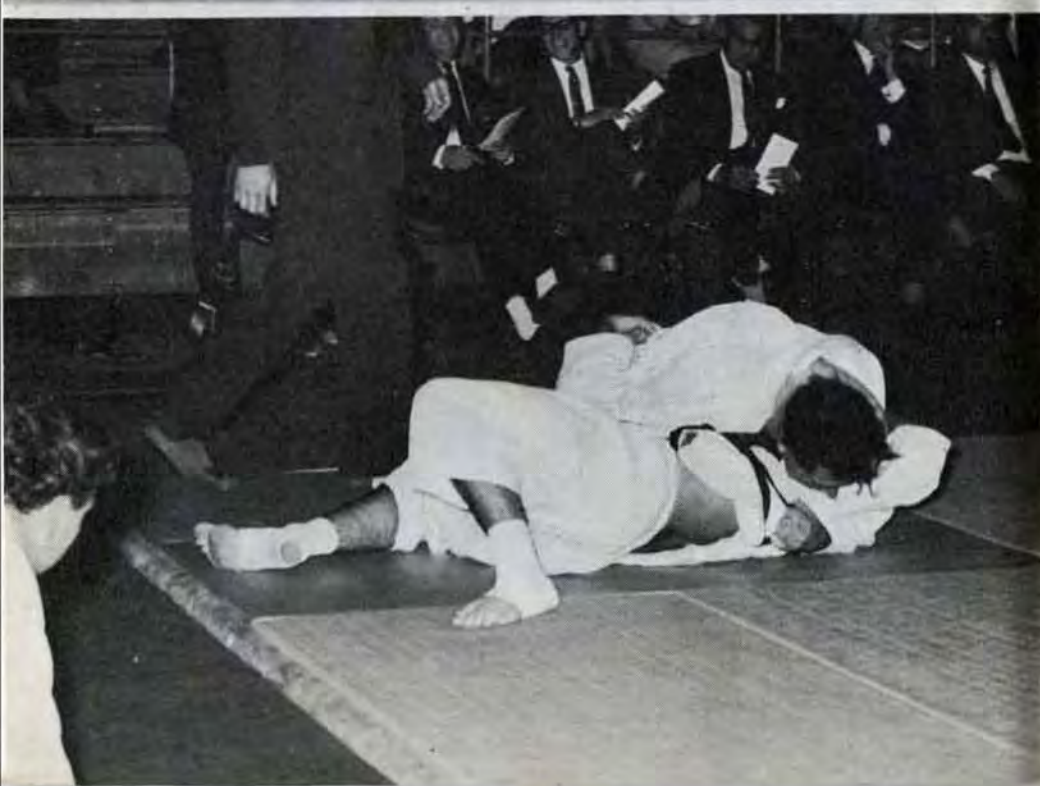
contest was between Gray for the Universities and Kane of Scotland. Quite exciting but not very effective Judo by either man. The contest went the full distance of fifteen minutes and at the end of this time Kane got the decision and Scotland crept into the lead with five points to nil.

Rudden Beaten by Thomas

Rudden, the reserve in the University side, mentioned several times in the past few issues of this magazine, along with his brother, for tenacity and fighting spirit, not forgetting their undoubted skill, rather let himself go too much in his attempts to score on Thomas, his Scottish opponent. Thomas had had a fairly good day and shown himself to be a steady and reliable team member. Rudden flung himself into the battle without hesitation and his initial impetus took the advantage away from the Scot



Lewis of Wales attempting to score on his opponent in the Eastern Area side



A flying mix-up in the North West versus the West, in the preliminary pools.

in the first minute or two. But, a little too eager for honour, he sailed into Thomas once too often, and the Scot picked him up cleanly and scored with Ushiro-goshi quite easily. Scotland went into the lead even further with 15 points to nil.

The third contest between Nash and Cocker definitely started with Cocker the favourite for he had won every contest he had taken part in so far, and all but one with a tech-

nique. Nash, on the other hand, had had a terrible day, losing nearly every time. Cocker went into the attack from the start and Nash quickly lost the advantage. Pushing Nash backwards, Cocker shot his leg between the University man's legs and scored with a perfect O-uchi-gari for ippon, a really good point, and one that clinched the title for his side.

Young Makes Last Minute Score

Although there was no doubt now who were the winners, neither Young of Scotland nor Harpell of the Universities were going to give up the struggle easily in the last match. Both men had had a very good day, scoring freely and never being really extended. Both battled

OPPOSITE :

Above. Thomas of Scotland scoring on Marshall of the Northern Area in the Semi-finals.

Below. Kean of the Northern Home Counties being held by Young of Scotland in the Quarter-finals.



Baker-Brown throwing Goodger of the Universities, Goodger sustained a head injury from this incident and was unable to continue.

away very hard for the first five minutes, with Harpell having a slight edge. Twice Young was brought down, and although no score was made it put the University man in the lead. Young made one or two good attempts, but Harpell avoided them fairly easily. The time went on and on, and Young did not seem to be getting the win hoped for by his supporters. A minute or two from the end Young made a really big effort, and had the tall Canadian nearly over. Shouts from all parts of the stadium urged the big Scotsman to redouble his efforts, while other voices ex-

horted Harpell to hang on to his lead. Suddenly in the last minute Young swept in with a Makikomi, a real last ditch effort and one upon which Harpell just gave up. Over he sailed to land thump on his back in the middle of the tatami to give Scotland a four nil win in the final match, a wonderful way to win the 1964 Inter-Area Championships.

The presentation of the magnificent trophy was made by Mr. G. Koizumi, 8th Dan, the father of our sport and guest of honour on this occasion. Each member of the winning team and each member of the runners-up team was presented

with one of the biggest medals ever given in the Judo world, by a prettily dressed hostess from Japan Air Lines, garbed in the traditional kimono.

Japan Air Lines sponsored the Championships and provided the finest trophies yet seen at these competitions so far. Sponsorship of this kind by commercial and industrial concerns is assistance of

a very material kind, and sporting bodies such as the British Judo Association are more than grateful for help of this nature.

Of course, it helps the sponsor to advertise his products or services. Therefore, next time you are travelling by air, try Japan Air Lines. You might be helping your Association.

Harpel of the B.U.J.A. scoring on Wellings-Thomas of the Army



OLYMPIC GAMES, TOKYO 10th—24th OCTOBER 1964

Schedule for the Judo Contests to be held at the Nippon Budokan Hall are as follows:—

Tuesday 20th October.	—	Lightweight eliminations and final matches.
Wednesday 21st October.	—	Middleweight eliminations and final matches.
Thursday 22nd October.	—	Heavyweight eliminations and final matches.
Friday 23rd October.	—	Open Category eliminations and final matches.

All Commencing 1.00 p.m. (Tokyo Time)

KENDO forum

by Musashi of the
Shinto Ryu

The Early Styles of Kenjutsu. The first of the styles, listed in September, was the *Nen-ryu*, and this was founded in 1350; authorities differ on the identity of the inventor. Some say it was *Kamisaka Hanzaemon Yasuhisa* a former priest of the Rinzaï Sect. However, in the records of the Higuchi family in which the *Nen-ryu* descended, it is said that the founder was *Somashi Yoshimoto*, a samurai from Soma, Mutsu province. He was a priest with the Buddhist name of Jion. This style was noted for its high quality at the end of the 16th century, and in 1635 a fencing match was held in front of the Shogun, Tokugawa Iemitsu in which Higuchi Jurobei fought and defeated a swordsman, Chujo Gorobei from Kai province.

A school that has exerted great influence on many leading styles of swordsmanship throughout the feudal period was the *Chujo-ryu*. The Chujo family held high positions under the Hojo Regents in the 13th and early 14th centuries but their kenjutsu was developed and established by Chujo Hyogonosuke Nagahide in the third quarter of the 14th century. Authorities believe that Nagahide received instruction from Jion (see above) but this is not certain.

The next style is the *Oda-ryu* founded by the Lord of Oda in Wakasa province, Oda Sanuki-no-kami Takatomo. It is known that he was related in some way with the powerful Chujo family. Takatomo founded his style after training and praying at the Ashio Sannichi Shrine in the late 14th

century. He died in 1416, and the school continued in Sagami Province. The last successor of the school was named Ujiharu; he committed *seppuku* at Tsuchiura Castle in Hitachi province during a war against Satake Yoshinobu, (around 1500 A.D.).

Kendo Kyoshi visits Shinto-Ryu Dojo. During his recent visit to London, Mr. Narita Sankichiro, 7th dan Kyoshi, of the Oita-ken Kendo Renmei, Kyushu, spent much of his time at the Shinto-Ryu Kendo Dojo teaching the *montei* (students). Mr. Narita is the leader of a party from the Nippon Kensei-Kai, (Young Men's Association for Japanese Reconstruction), who are touring many countries to meet youth groups.

In our dojo he paid particular attention to *suburi* and hard *kiri-kaeshi*, explaining several points of detail in the clearest manner. His critique of two mistakes made in the Nihon Kendo Kata were particularly interesting to Mr. Feltham, 2nd Dan, and Mr. Mathie, 2nd Dan.

Kendoka in this country will be interested to know that Narita Sensei is a close friend of Mr. Oura Yoshihiko, 7th Dan Kyoshi, who visited this country last July (1963).

Shinto-Ryu Kendo Dojo. Mr. Nakajima Yasuji, 3rd Dan, has now settled down to life in this country and is taking a major part

in the activities of the Shinto-Ryu dojo where his presence is greatly appreciated. He is at present arranging for a series of visits by Kendoka officers of various Japanese shipping lines.

Miss Horie Etsuko, 2nd Dan, has now returned to Japan after her stay of one year, we regret to announce.

Change of Postal Address of the British Kendo Association

Please note that the address of the British Kendo Association is now 34 Deronda Road, Tulse Hill, London, S.E.24. Telephone: TUL 4046.

The correct address of the Shinto-Ryu Kendo Dojo is St. Peter's Hall, St. Oswald's Place, London, S.E.11.

Kendo Publication in English. The first book devoted to Kendo in this language is to be published by Judo Limited. This will be Mr. R. A. Lidstone's *AN INTRODUCTION TO KENDO* due out this Autumn.

The author deals with his subject in broad terms to make the book of value not only to Kendoka but to everyone interested in the Martial Arts. The text deals in turn with the place that *kenshi* have taken in Japanese history and with many aspects of modern Kendo including the *Kendo-no-kata*. Appended to the book are descriptions of swords, armour, and some interesting notes on Tameshigiri (Sword-Testing) and *Seppuku* (*Hara-kiri*). Of the utmost value will be the glossary of Kendo terms. The whole book is very fully illustrated with both photographs and line-drawings.

Note: Dr. Gordon Warner, 6th dan, has finished his book *THIS IS KENDO* and it is due to be published by Tuttle & Co. in this coming winter. It is not expected that either of these books will conflict, but will give the English speaking reader a clearer picture of this ancient art.

A street fight in the 16th century. A scene from the film "River of Ruthlessness."



Area News

NORTH EASTERN AREA *W. R. Taylor*

As this is my first article as the new Area P.R.O. may I appeal to all club secretaries or P.R.O.'s to let me have information for publishing in this column.

Between the 14th and 24th of October, there will be an Exhibition of Hobbies and Handicrafts in Leeds, which has been arranged by the C.C.P.R. Leeds Judo Club have the job of arranging Judo displays throughout this period and as the expected attendance will be about 200,000 people this is an excellent opportunity to promote our sport.

Kata classes are now being held at the Georgian Judo Club, Sheffield, on alternate Mondays between 6 p.m. and 8 p.m., and at the Sheffield Judo Club on alternate Wednesdays at the same time. All visitors are very welcome of either sex.

Huddersfield Judo Club have successfully extracted fifty pounds from a local bookmaker to provide a trophy for an Open Team Championship. The trophy will be known as the Jack Pearson Trophy, and will be competed for by club teams from the Area. The teams will consist of five players and one reserve of any grade up to 3rd Dan. The competition will take place in Huddersfield each year, and the first match will take place either on the 18th or 25th of October at the Huddersfield Drill Hall.

The next Area examination will be held on Sunday at Castleford Judo Club on Sunday, 11th October at 10.30 a.m.

I am sure that all the readers of these notes will join me in wishing Mr. O. R. West the best of luck for his very good efforts in providing us with the information he did in the past.

LONDON AREA *Don Burgess*

So far Area Secretary, Tom Murphy has not had one reply to the fifty or more questionnaires distributed by him. Harry Boon, has also had little support to his request for information on Junior licences. We trust this state of affairs will not continue.

The Area A.G.M. has been arranged for 3.30 p.m., on Saturday, 24th of October at the Budokwai. This meeting is for all London Area Judoka, not just for the club secretaries. We shall be more than pleased to see you, whether you come to criticise, praise or just because you have nothing better to do.

G.K. has asked me to remind you about the training sessions held by Area Coach, Dennis Bloss, 5th Dan, at the Budokwai on the last Sunday in every month. Time 10.30 a.m. While on the subject, remember G.K.'s own class on Saturday afternoon, this is for all grades and both men and women are welcome.

Change of address, Harry Boon has moved to 122, Princethorpe House, Warwick Estate, London, W.2.

NORTH WEST AREA *Bill Treadwell*

Whilst on holiday this year, I met Mr. Tony Macconnell at Blackpool, and was invited to his club. He informed me that new premises are being opened shortly at 20, Lime Grove, Blackpool, where there will be two dojos open all day long. A special feature will be the early morning training sessions from 6 a.m. to 7 a.m. and weight training classes.

The National Coach, is due in the Area for Coaching courses and examinations from the 14th to 22nd of November.

National P.R.O. Keith Brewster would like to hear from all club secretaries and P.R.O.'s. Details required, name and address of club, name and address of Secretary and P.R.O. and details of the clubs activities.

NORTHERN HOME COUNTIES *V. H. Maynard*

Miss Vivien Fryer has regretfully resigned her post as P.R.O. to our Area. A change of job has made it impossible for her to find the time necessary to maintain the high standard of Area public relations work which she originated. On behalf of the Area I would like to thank her for her great efforts in the past.

A great performance by our team was warmly applauded by the crowd at the Inter Area Championships at Crystal Palace. The team of John, Keane, Gillot and B. Goodger very nearly defeated (17 pts. to 20 pts.) the eventual winners, Scotland, in the quarter-finals.

The A.G.M. was held at Dennison House on the 23rd August. New-comers to the committee are Miss M. Jennings, 1st Dan, and Mr. P. O'Flaherty. Plans were outlined for the continued expansion of Area activities. We are going ahead with a publicity campaign to encourage people to obtain a coaching qualification. A series of pre-examination courses held in all parts of the Area will start in December and continue until the exams for both the Coach Award and the Club Instructor's Award take place in May, 1965.

Area gradings will take place as follows: Seniors, Glacier J.C. Ruislip on Sunday, 8th November at 10.30 a.m. Bedford Judo Club, Saturday, 5th December at 1.30 p.m. Juniors; Vauxhall Motors J.C. Luton, Sunday, 29th November at 10 a.m. For those who like to look to the future, Area Gradings have been arranged at Bedford Judo Club on the following dates, 6th March, 1965, 12th June, 1965, 11th September, 1965, 11th December, 1965. Applications for the honorary post of P.R.O. are invited by the Area Committee.

SOUTHERN AREA *Miss P. Hogg*

Coaching sessions have been arranged within the Area on the following dates:—

7th October	Croydon & District Judo Society.
14th October	O-do-ryu Judo Club.
18th October	Pre-coaching course by Area Coach and Deputy (Surrey).
15th November	Pre-coaching course by Area Coach and Deputy (Hampshire).
29th November	Pre-coaching course by Area Coach and Deputy at Crawley Judo Club, Sussex.

Anyone wishing to have further details of these should contact the Coaching Secretary, Mr. J. Pluckrose, 17 Ridgeside, Three Bridges, Crawley, Sussex.

The National Coach will be visiting the Area during the early part of December and a Coach Award examination will be held at the Croydon & District Judo Society. Candidates for this examination should apply via Mr. Pluckrose.

The Southern Area team which took part in the recent Inter-Area Championships comprised O. Baker-Brown (Captain), R. Manuel, R. Penny and M. Hill, with J. Challen as reserve. The Area Coach, Mr. Silver, acted as team manager.

We were rather unfortunate in being drawn in a pool with formidable opponents, British Universities and Northern Home Counties, and in spite of showing a keen fighting spirit the team were not successful in getting through to the quarter finals. Our congratulations, however, to Roy Manuel, representing the Area for the first time, for his outstanding contest with Nash of the B.U.J.A., which drew the first spontaneous applause of the day.

Would all member clubs please note that subscriptions are now due, and these should be sent direct to the Headquarters Office. In view of the recent change in the financial year of the Association, subscriptions for the year 1964/65 will run until the 31st December, 1965.

MIDLAND AREA *Keith Brewster*

It will have been a miracle if more than 50% of the Area's clubs had a representative at the Midland Area A.G.M. on the 27th September. It is not amusing. Any club not represented, with a few exceptions, should kick its committee out on its ear. Any group not capable of designating one person to attend a meeting is obviously not competent to do much at all.

The future dates for the Area Junior Team Contests are, October 11th at the Nechells Judokwai, November 21st at the Judokwai, Leicester, January 17th at Solihull Judo Club, March 7th at Nechells Judokwai and April 25th at the Judokwai, Leicester.

Of special interest is the course for young men of 15—18 years of age, this will be held at Lilleshall Hall on 28th to 31st December under the National Coach. Applications should be sent to C.C.P.R., Dept. B, 26-29 Park Crescent, London, W.1.

The Midland Olympic Contest Training Classes under the Area Coach at the Derby Olympus Judo Club are on the following Sundays at 11 a.m. October 11th, November 15th, and December 20th.

Lilleshall Hall courses are as follows. Personal Proficiency and Referees Certificate Training Course, January 29th—31st. Special Course for Coach Award and Instructors Certificate holders under the National Coach, February 26th—28th. Personal Proficiency Course for Women, March 26th—28th.

All applications to *Keith Brewster, 38 East Bond Street, Leicester*. It should be noted that although in the case of the men, their courses, when held at Lilleshall Hall, are invariably filled some months before they start, this has not been the case with the women.

For the past two years the womens courses at Lilleshall Hall have run at a loss, and have been subsidised by the mens courses. This state of affairs

is not going to continue. Should the next course for women not be filled it will be the last one run at Lilleshall Hall.

Congratulations go to Gerald White of Coventry on his selection as the first reserve in the Middleweight category for the Olympic Games. Little known fact is that the Heavyweight Olympic entrant Tony Sweeney, is also from the Midlands, he was born in Birmingham. He has been trying to conceal the accent ever since.

Promotions confirmed, are Stan Turbin, Malcolm Shilcock and Malcolm Jones to 1st Dan, and Geoff Rushworth, Alan Coles, and John Oliver to 2nd Dan.

Further dates of interest. The inter county match, between Shropshire and Staffordshire on October 4th at Sankeys Judo Club has been tentatively arranged. The Judokwai-Leicester will hold its Autumn Dance on November 7th, every one is welcome. Shropshire hold their County Championships on November 20th, and on the same day the combined clubs of Handsworth, Kidderminster and Dudley hold their annual Tramps Dance. Mr. Coffey will of course wear his best suit as usual. November the 28th is the day for the Dudley Judo Club Annual Show and Championship and also the visit to Judokwai-Leicester by the Samurai Judo Club, Swansea.

All my readers will be pleased to know that I have been appointed P.R.O. for the British Judo Association, and that the whole country now shares your good fortune in having my pen at their disposal.

COACHING NOTES

Coach Award Holders: R. Roberts; E. Shorlson; M. Heather; W. Norris; P. Howley; R. Brady; M. Whittam.

Women's Coaches: Miss G. McCutcheon; Miss J. Ellis.

Coach Award News. The North-Western Area Coach, Mr. Harry Welsh, had a busy weekend in August, taking a pre-exam course composed of 44 ladies, including four Dan grades, ten 1st Kyu's and nine 2nd Kyu's from all over the country! Why not write to your Area Secretary for information on these very important courses.

Bristol Festival of Judo—14th-19th September—had a very successful week when Association Coaches gave sample lessons on how judo is taught.

The film "TEACHING JUDO 1", which deals with the "Introductory" method, is only the first of a series leading to productions on "Intermediate" and "Advanced" methods of teaching judo. "Teaching Judo 1" may be obtained from: Sports Films, Eskdale, Totteridge Lane, London, N.20. Hire charges: First day 25/-, each extra day 7/6.

Please send news of Coach and Instructor Award Courses, dates, venues, name of coach to: P. J. O'Flaherty, 29a Collier Row Road, Romford, Essex.

Training Plan. The article on page 43 is the first of a series appearing each month as outlined by Mr. G. Gleeson, 5th Dan, National Coach, in the September issue.



THE BRITISH JUDO ASSOCIATION

OFFICIAL NOTES

National Inter-Area Championships. The 8th National Inter-Area Championships were held for the first time since their inception in London at the new Crystal Palace National Recreation Centre on the 29th August, and a total of fourteen teams took part in these Championships, which over the years has established itself as one of our major Calendar events.

On this occasion the Championships were very kindly sponsored by Japan Air Lines who, in addition to meeting the expenses, donated a magnificent silver trophy and individual silver medals for members of both winning team and the runners-up.

Although a full and independent report will be found elsewhere in this publication we should like to take this opportunity to congratulate the Scottish team on the success of their win, and at the same time extend our thanks to all the officials and helpers who in no small way contributed to what appears to have been a most successful day.

Coaching Notes. Hitherto the coaching notes have been included in this publication under this official heading and as such on many occasions in the past the contents of the coaching notes have been accepted as the official thoughts and policies of the Association generally, whereas strictly speaking this has not been necessarily so as very often a theme is introduced into the coaching notes simply for the purpose of promoting interest and enthusiasm amongst members.

Therefore for the future and in order to avoid any misunderstandings, the coaching notes will appear under an entirely separate heading.

Headquarters. It will no doubt be remembered that some little while ago we published the fact that the staff and services of the Headquarters office would not be available to members on a Monday. This arrangement was found imperative in order that we might have the opportunity of at least one day per week to clear up outstanding work and attend to urgent items without interruption, and we feel sure that we can rely on the continued co-operation of members in this matter.

New Offices. Through the courtesy and co-operation of the Central Council of Physical Recreation the B.J.A. have been offered office accommodation in their new building in Park Crescent, London, W.1, and it is anticipated that we shall be moving to this new address within the very near future, the actual date will depend very largely on the present commitments of this office.

However, prior to the actual date of moving all member clubs will be advised of this and the full postal address.

WOMEN'S Week-end Course at Wrexham

Miss Eileen Davis

Photograph by Courtesy of F. B. Scott.

In response to numerous requests following the very successful North West Area Womens Course held at Wrexham last year, a further course was held on the 22nd and 23rd of August this year.

The fact that this course proved to be an even greater success, was mainly due to the very varied programme provided by the Area Coach, which not only covered all the usual items but also introduced a different approach to that normally used on Judo courses. In this respect we are fortunate that the N.W. Area Coach, Harry Welsh is also a full time physical training instructor.

We would like to express our thanks to the Wrexham Judo Club for allowing us to use their premises, and to Adrienne Coy and her mother for attending to the catering arrangements.

During the course a promotion examination and Kata competition were held. Winners of the Kata competition were Ann Atkinson and Adrienne Coy, the runners-up were Lori McCutcheon and Eileen Hughes and third place went to Gillian Spencer and Mary McKenzie. A Judo model made by Mrs. Ivy Armitage was presented to Ann Lawrence Smith for progress.

On both mornings the baths next door to the club were open and everyone enjoyed a swim before the more arduous business of the day got under way. On the Saturday evening films were shown including a revised version of the Ju-no-kata kindly loaned by Miss Elizabeth Viney.





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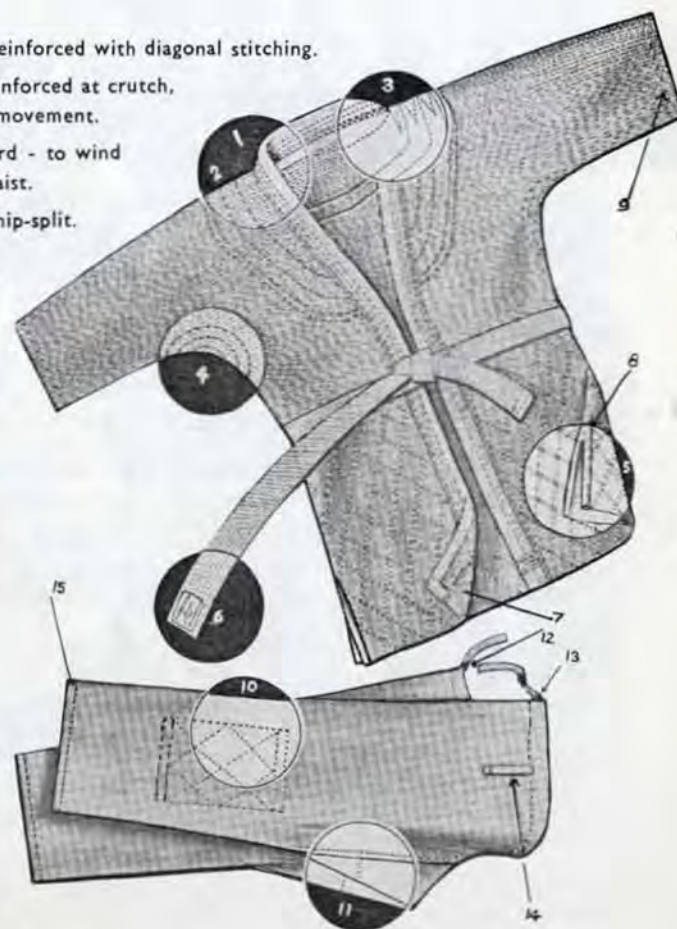
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Malaysia Judo Championship 1964

Ding Nam Seng

The second National Judo Championship of Malaysia was held in Negara Stadium, Kuala Lumpur, the capital of Malaysia, at 8 p.m. on 11th July, 1964. Several thousand gay spectators thronged the stadium, an ultra-modern structure, with a seating capacity of more than 10,000. The huge crowd was reward enough for the pains taken by the organisers, the Malaysian Judo Federation Championship Committee, headed by its generous and popular President, Dr. N. S. Chin, 2nd Dan, and its able Hon. Secretary, Mr. Khor Ghoon Hoe, 3rd Dan, one of the pioneers of Judo in Malaysia.

The Championship was doubly important this year as it is connected with the selection of the Malaysia Olympic Judo Team. In addition, a Championship for students up to 16 years of age was also featured.

The participating States were Singapore, Selangor, Perak and Penang. The referee was Mr. Masami Shirooma, 7th Dan, who specially made the trip from Japan to referee the contests and then to coach the Olympic team.

The panel of judges and officials comprised Messrs. Khor, Ghoon Hoe, 3rd Dan, Seet Wee Swee, 2nd Dan, Ng Jiat Choon, 2nd Dan, Wong Sik Poe, 2nd Dan, Oh Teik Toh, 1st Dan, Lim Lian Siong, 2nd Dan, Khoo Siew Boo, 1st Dan, and Dr. N. S. Chin, 2nd Dan. The scorer was an official of the Embassy of Japan, Mr. S. Yamato, a Yudansha, and the announcer was Mr. Choo Sim Hoe, 1st Dan.

The Championships were decided on a pool system and were very closely contested, providing a great deal of excitement.

STUDENT CHAMPIONSHIP (NO WEIGHT LIMIT)

	Y. T. Yee	R. Foo	Total Points
Yee Yue Thye (Selangor)	—	Waza Ari (Ippon Seoi)	8
Randy Foo (Singapore)	Lost	—	0

Winner : YEE YUE THYE (Selangor)

Runner-up : RANDY FOO (Singapore)

(There were no student contestants from Perak and Penang)



Choy Wai Kong of Perak (Runner-up, Light-Weight), throwing Georgie Lee of Singapore with tomoenage, not a clean throw but earned a waza ari.



Line-up of Malaysia Judo Champions, 1964 Georgie Lee (Light Weight), K. S. Moorthy (Middle Weight), and Ang Teik Bee, (Heavy Weight).

LIGHTWEIGHT (150 lbs. and Under)

	G. Lee	K. S. Yau	W. K. Choy	F. Ramasamy	Total Points
Georgie Lee (Singapore)	—	Waza Ari (8 pts.)	Ippon (10 pts.)	Ippon (10 pts.)	28
Yau Kum Seng (Selangor)	Lost	—	Lost	Lost	0
Choy Wai Kong (Perak)	Lost	Ippon (10 pts.)	—	Ippon (10 pts.)	20
Francis Samy (Penang)	Lost	Ippon (10 pts.)	Lost	—	10

In the contest Choy v. Georgie, Choy scored an initial Waza Ari with Tomoe-nage which nearly earned him an Ippon. Later Georgie scored an Ippon for left Hane-goshi. Before this bout, Choy was leading with 20 points against Georgie's 18 points.

Winner : GEORGIE LEE, 1st Dan (Singapore)

Runner-up : CHOY WAI KONG (Perak)

MIDDLEWEIGHT (over 150 lbs. and up to and including 176 lbs.)

	Moorthy	K. L. Lau	H. S. Koo	C. L. Lam	Total Points
K. S. Moorthy (Singapore)	—	Ippon (10 pts.)	Ippon (10 pts.)	Ippon (10 pts.)	30
Lau Kon Lin (Selangor)	Lost	—	Lost	Lost	0
Khoo Hock Seng (Perak)	Lost	Ippon (10 pts.)	—	Lost	10
Lim Chong Lam (Penang)	Lost	Ippon (10 pts.)	Ippon (10 pts.)	—	20

Before the bout Moorthy v. Lim, they were neck-and-neck with 20 points each. Moorthy nearly succumbed to Lim's left Tsurikomi-Goshi. In the third minute Moorthy came in for a right Makikomi Harai-Goshi to win an Ippon.

Winner : K. S. MOORTHY, 2nd Dan (Singapore)

Runner-up : LIM CHONG LAM, 1st Dan (Penang)

HEAVYWEIGHT (over 176 lbs.)

	T. B. Ang	P. C. Khoo	Y. S. Yau	K. C. Koid	Total Points
Ang Teik Bee (Singapore)	—	Ippon (10 pts.)	Yusei Gachi (5 pts.)	Ippon (10 pts.)	25
Khoo Phee Chin (Selangor)	Lost	—	Lost	Lost	0
Yau Yat Sau (Perak)	Lost	Ippon (10 pts.)	—	Ippon (10 pts.)	20
Koid Kheng Chooi (Penang)	Lost	Ippon (10 pts.)	Lost	—	10

Ang, with 15 points, met Koid, with 10 points, in the final match. It was at first declared a draw and if this had been allowed, Yau with 20 points could have been made the winner. However, the referee ordered an extension of three minutes and Ang scored an Ippon on Koid with Kesagatame to emerge the champion.

Winner : ANG TEIK BEE, 2nd Dan (Singapore)

Runner-up : YAU YAT SAU (Perak)

The above results show that Singapore's trio, Messrs. Teik. Bee, Moorthy and Georgie (last year's champions), are again "on top of the world," but this time only by a narrow margin.

The successful evening's competition was concluded by the presentation of prizes to the winners by H.E. The Ambassador of Japan.



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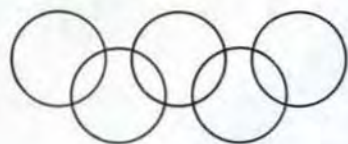
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Report and Photographs — ALAN R. MENZIES

Special Photographs — MAURICE KILLEN

continued

Sweeney in Fine Form

Taking the evening programme in the same order as previously, starting with the Heavyweight division. The first contest proved to be one of the most exciting and surprising. Petherbridge versus Sweeney. In their previous match at Aldershot, Sweeney had managed to score waza-ari on Petherbridge, with his fantastic Seoi-nage, and it was fairly obvious that Petherbridge would be taking the appropriate steps to avoid this, as far as he was able. For the first two minutes neither man gained any advantage, and it looked like a long contest, but as it turned out there was less than fifteen seconds to go. Sweeney tugged Petherbridge one way, took advantage of the natural reaction of his opponent to go the other way, put his foot up and tossed Petherbridge clean into the air and on to his back—his feet never touched after he was uprooted; with a terrific Hiza-guruma. A crowd-shaker if ever there was one to start the evening with.

Gillot and Macconnell had a pretty long contest. Last time they met Macconnell went over to Gillot's Tai-otoshi very easily. He took good care to avoid a similar result this time, although Gillot managed to make the pace somewhat hot for him on occasions. In the sixth minute Macconnell knocked Gillot down and secured Kesa-gatame for ippon.

Winn and Gallon had a fine match. Winn made most of the attacks in the opening stages, trying Uchi-mata, but Gallon, prepared for this, caught him round the back and twice had the tall Winn in danger. At the beginning of the second minute Gallon slipped past the long legs of Winn,

OPPOSITE :

Above. Sweeney just scoring on Petherbridge with his fantastic Hiza-guruma, in the first of the contests in the Heavyweight class.

Below. Petherbridge scoring on Gallon with Harai-Goshi.





Gallon throwing Winn with O-goshi in the third contest in the final pool.

his hands encircling his waist, and pulled him up on to his hip and sent him over the top for a superb ippon.

Macconnell Defeats Favourite

Having the strongest men meeting each other early in a pool of this sort, can lead to some disastrous results, and this was the case in the next contest. Sweeney versus Macconnell. Sweeney was the favourite in the pool, and his chances were certainly enhanced when he defeated Petherbridge in

the first match. Macconnell however, was determined to make every effort to top this pool which required him to beat both Sweeney and Petherbridge, his main rivals. Macconnell contained Sweeney so well that the University man was unable to make more than desultory attacks, and twice attacking strongly and with great power, knocked Sweeney's legs away from underneath him. Twice he only narrowly missed making his O-soto-gari, although Sweeney once came pretty close to countering him.

Less than half-way through, Sweeney had his nose damaged and some time was lost while first-aid was rendered. Both men were looking distinctly tired even at this stage, however Macconnell continued to press Sweeney with all his power. Sweeney in return made tremendous efforts to overcome the buffeting he was receiving. Then Sweeney tried his Hiza-guruma, Macconnell saw the danger but in avoiding the attack struck his head on the tatami as he went down on his face, and was knocked out. This was a considerable setback for Macconnell, as although he managed to continue after some first-aid, he was in a very poor state. Sweeney piled on the pressure as they resumed, but Macconnell managed to hold on until the bell when he got the unanimous decision of both judges.

A brilliant performance, the first time Sweeney has been beaten in this country this year, but Macconnell's victory had a bitter end, after the doctor had examined him thoroughly, he told him that he would have to withdraw as he was badly concussed. In fact he could hardly see more than a yard or two. Macconnell argued about it for some time but eventually bowed to the inevitable, a sadly disappointed man, having come so far only to be eliminated through injury after beating the favourite.

Injuries Reduce Competitors

In the meantime Winn had also retired injured with a foot badly damaged, once again the doctor advising against continuing.

Gillot now met Gallon, both having their second contest. Gillot had the edge for the first minute and Gallon had difficulty in getting in to his opponent for his obviously favourite hold, round the back. However Gallon took his time and sure enough Gillot made the error of letting his opponent reach under his arm and grasp him on his belt

Once there Gallon whisked Gillot over for a clean point, having taken two minutes, forty-nine seconds.

Petherbridge had a win by default on Winn and then Gallon was on again against Sweeney. This time Gallon had little time to try his skill, as Sweeney scored with an ashi-waza in under fifty seconds.

Petherbridge and Gillot had a fairly long contest with Petherbridge not taking any chances and biding his time. In the eighth minute he scored waza-ari with O-soto-gari and then finished the contest two minutes later with Tai-otoshi.

Macconnell appeared on the mat to take the decision over Winn who had withdrawn. But this was the last time he came out. Gillot now had Sweeney and went nearly six minutes before he went over to the well known Seoi-nage. Petherbridge had a win by default over Macconnell, Gillot the same over Winn, and Gallon over Macconnell. Petherbridge met Gallon for the last contest in the series. Once again Petherbridge was content to let the other man do most of the work, taking his time and picking the opportunities as they came along. Gallon had little difficulty in getting his arm round the back of Petherbridge but found it impossible to lift him, one attempt was very strong but Petherbridge avoided it well. Petherbridge made one or two attacks with Tai-otoshi and O-soto-gari without success until in the third minute he caught Gallon going the wrong way and flipped him over for an ippon.

The recorders having computed the position of the contestants, informed Petherbridge and Sweeney that they would have to fight again as they were both level on points. This was a five minute contest and Sweeney won the decision when the match went to time.



Sweeney and Petherbridge were never in any danger during the day, except when Macconnell took the decision on Sweeney, and both played excellent Judo. Macconnell was the most unfortunate member of the group as he was doing so very well when he was injured. Gallon also had a good day considering his opposition.

Welsh Club Members in First Contest

The Lightweight pool started with a hard fight when fellow club mates Trick and Jenkins met in the first match. Neither managed to gain any really definite advantage and the contest went the full fifteen minutes, an exhausting start to a long and hard series of matches. Trick received the decision.

Orton had an easy contest when he met Smith, although Smith kept him out for over four minutes, until Orton managed to knock him down and secure a holding for ippon.

The next contest also went the full time and a terribly hard fight it was between Jacks and Dennis Watson. Between really hard tussles on the ground they both often went outside the area in their efforts to score. The advantage swung between them as, one and then the other, tried a wide range of techniques. At the end Watson won the decision.

The contest between Trick and Orton was surprisingly won by Orton in the very quick time of one minute, fifteen seconds by a holding which Trick could not

break. Smith survived for two minutes against Jacks before being beaten.

The sixth contest was between Watson and Jenkins. Both of them had previously had fifteen minute contests, and once again they fought for the full time. Watson failed very narrowly to score early in the contest but Jenkins survived to get the decision at time.

The next contest also went to the full time, some indication of how well matched the Lightweights were. Trick and Jacks spent the whole time fighting hard and fast, neither had any technique to worry the other that could be seen, but Jacks got the decision at the end. Smith once more, this time with Jenkins, and he did well to last seven minutes before he went over for ippon.

Watson Contests for Sixty Minutes

Watson had yet another fifteen minutes battle in his contest with Orton and he came out the winner although by now he had actually been fighting for forty-five minutes, longer than anyone else in the trials.

The withdrawal because of injury by Smith and Jenkins gave Trick, Orton, Watson (the only match he did not fight), and Jacks walk overs.

Trick now met Watson and yet again a fifteen minute contest before Trick managed to scrape home the winner by the decision. Watson had fought in actual fighting time for sixty minutes, longer by far than any other person at the Trials and probably a record contest time in this country in one series of matches.

The last and most epic battle was between Jacks and Orton. Orton was leading at this stage, both of them had won the same number of contests but Orton had the greater number of points, so

OPPOSITE :

Above. Hoare sweeping Kelly's legs away from underneath him in their contest in the Middleweight final pool.

Below. Jacks narrowly avoiding an attack by Trick in the Lightweight final pool.

this match was a decider to see who would probably get the Olympic place. With various sections of the crowd cheering for them the two men had a terrific match, each managed to gain the advantage and then lose it again. As the time drew on Orton was narrowly but certainly winning, until in the tenth second of the eleventh minute Jacks scored from an impossible position with Taiotoshi to win the match with a clean ippon, and head the pool.

Six of the eleven contests fought in the Lightweight Pool went the full time which indicates how closely matched the contestants were. There were injuries in this pool, as in the Heavyweight division, which was unfortunate for Jenkins in particular as he was well on form up to his retirement.

Middleweight Contestants Survived Without Injury

Only the Middleweight pool now remained. In this pool there were

no injuries and no withdrawals, and only four of the matches went to time out of the fifteen fought.

Sid Hoare, who returned to this country from Japan especially to fight in these trials, met Mike Leigh in the first contest. A hard contest from anyone's point of view, Hoare managed a waza-ari in the seventh minute and then knocked Leigh down and secured an Osaekomi for ippon in the tenth minute.

Oughton also had a hard fight with Kelly in the second contest. Kelly scored first with waza-ari in the opening minute. Oughton replied with waza-ari after six minutes, thirty seconds, to draw level, then launched a surprise attack and scored another waza-ari with Tomoe-nage in the ninth minute.

Gerald White from the Midlands and Brian Watson had a ding-dong battle for nearly twelve minutes, with White scoring waza-ari just after the start of the contest and

Sid Hoare scoring ippon on Gerald White in the Middleweight finals.



Hoare attacking Leigh in the first of the Middleweight contests in the final pool.

then adding another to it just about on the twelfth minute, to win the contest.

The first of the matches to go to time was between Leigh and Kelly, there was very little in it, but Leigh did manage to knock Kelly down, although no score, and this gave him the decision at the end of the contest.

Oughton very much on form, scored with a very good counter on Brian Watson in under two

minutes. Oughton proved himself to be very much of a dark horse, showing some surprising techniques and defeating some very experienced men.

Hoare was the only person to beat White in the pool and he managed it in just over two and a half minutes. A short contest for these two formidable players.

Leigh managed to get the better of Brian Watson with a waza-ari in eleven and a half minutes, but



White throwing Brian Watson, the third contest of the Middleweight final pool.

there was not very much to choose between them. There was no other score so Leigh won with the lead he managed to hold on to.

Oughton proved to be a hard fighter, Hoare had to go all out for nearly twelve minutes before he managed to score ippon.

White threw Kelly fairly early in their contest to score a very good ippon. Kelly made plenty of attacks but White just bided his time, and on the second attempt he had Kelly cleanly over.

Another contest for Oughton, this time against Leigh. Leigh scored waza-ari twice to take the contest, but once again Oughton made a pretty formidable opponent.

Hoare and White Defeat all Opposition

Hoare had Kelly thrown for ippon at the halfway stage of their match. Kelly had given Hoare a very close fight at the Aldershot eliminations, but this time Hoare was well on top.

White had been doing extremely well up to his contest with Oughton but since the Newcastle man had been making it so difficult for the rest of the players in the pool, it was not expected that White would fare better than them. However, the contest was over almost before it had begun, when White threw Oughton for ippon in twenty-three seconds.

Hoare also had a fairly short contest when he met Watson. He scored waza-ari within thirty seconds and then continued on the ground to secure an Osaekomi for ippon.

Both of the remaining contests in the pool went to full time. Leigh and White had a hard battle, neither managing to get much advantage, although as the time spun out White's attacks had more result than Leigh's, and this earned White the decision at the end of time. Kelly and Watson, the last pair, finished up as near equal as possible. Kelly got the decision.

Brian Watson who had done so well in the earlier preliminary pool against two good players, did not manage to score any points at all in the final pool ending up losing every match, which indicates the strength and calibre of the con-

testants taking part. Sid Hoare led the pool with the maximum score of fifty points, the only person in any pool to do so. Gerald White, who came second, lost only to Hoare and scored off everyone except Leigh whom he beat with Yusei-gachi.

To sum up, the day's events ran extremely smoothly and the co-operation that existed between the three associations indicates the closeness of the people concerned in our sport when it comes to a major event such as this.

Future Open Trials

No doubt the members of the A.J.A. and the B.J.C. were at some disadvantage, the tatami used are commonplace to B.J.A. members, but must have been an unusual surface for the A.J.A. and B.J.C. to practice on. The B.J.A. members

Hoare settling into position on Brian Watson for an Osaekomi waza.





Interior view of the Sports Centre showing the three mat areas laid in the centre of the floor.

have had many years of international competition, not perhaps all the B.J.A. personnel taking part, but those who haven't, do have the opportunity to practice with International players frequently. These things, however, can easily be overcome and if, as it is suggested, the British Judo Association Trials for the European Championships are made "Open" as were the Olympic trials, members of all the associations will be taking part and representing Britain internationally.

The National Selection Committee under the Chairmanship of Mr. John Newman, 4th Dan, convened on Monday, 27th of July, at the Eccleston Hotel, London, to select the British Olympic Judo Team, to go to Tokyo, this October. The selected players were, as follows:—

Lightweight category:
Brian Jacks, 1st Dan.

Middleweight category:

Sid Hoare, 4th Dan.

Heavyweight category:

Tony Sweeney, 4th Dan.

Open category (and captain):

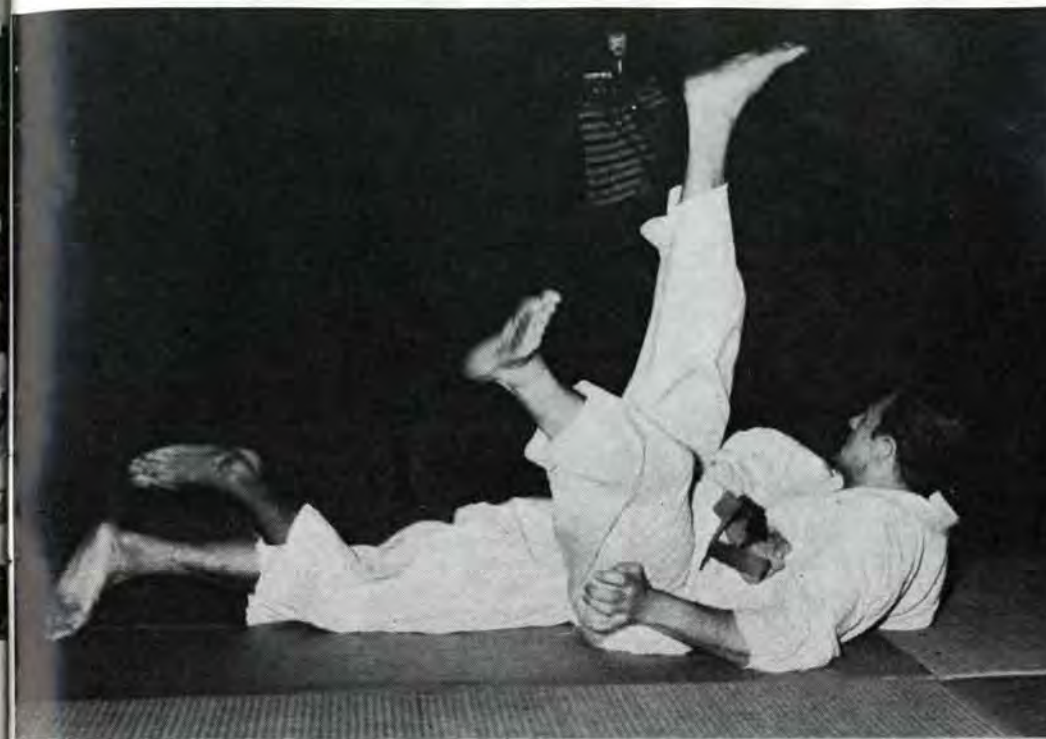
Alan Petherbridge, 4th Dan.

In attendance was Mr. Sandy Duncan, of the British Olympic Committee and he intimated that the team would fly out late in September, although the Judo contests are not until the end of the games fairly well on in October, but it will give the team a good chance to acclimatise themselves to the conditions. Both Brian Jacks and Sid Hoare are familiar with

OPPOSITE :

Above. Oughton dumping Watson on to his back in their contest in the Middleweight final pool.

Below. Leigh attacking Willis in the preliminary three man pools of the Middleweight class.





Denis Watson receiving his commemorative medal from M. Ertel President of the European Judo Union, Vice-President of the International Judo Federation.

the country, both of them spending some time there during the past few years.

Our Medal Chances

How near will we get to the medals? It is sometimes unlucky to speculate, but our chances must be particularly bright in the Middleweight category providing the draw goes with us. Sid Hoare has only just returned to this country from Japan and has participated in contests with most of the Japanese who are liable to take part in the Olympics. Since they are the favourites for the gold medal, a silver may well be

within our grasp. In all categories we sincerely hope that we shall do well, all our competitors are European medalists, two of them gold medalists, and there are not many other countries who have competitors of this class.

The Judo competition commences on Tuesday, October 20th, and finishes on Friday, 23rd. During that time keep your fingers crossed and wish our men luck. It may just be what they need to get in among the medals, and if while they are out there they know we are thinking of them, even if we are 10,000 miles away it may make all the difference.

CLUB

FORUM

SUNDERLAND

SUNDERLAND JUDO ACADEMY from *Ron Canter*:—Karate sessions have now been commenced on Thursday evenings under the direction of Alan Marr (2nd Dan Judo) and are proving very popular. A new series of beginners' courses has also been started.

We hope to hold regular Dan gradings at the Sunderland Dojo in the future as it is felt that long lapses between Dan gradings in the past have been responsible for the loss to Judo of many promising 1st Kyu. George Kerr, now practising in Edinburgh, has promised his services. Other plans include training sessions for Judo players from the North East Area, and coach trips to other Areas for contest training and experience.

GRIMSBY

THE SHIN WA KWAI JUDO SHOW: *Hon. Secretary writes*:—The Club is organising its first Judo Show to be held on Saturday, 3rd October, at the Grimsby College of Further Education. For this event we have been extremely lucky to obtain the services of Mr. A. Wilde, as commentator and technical adviser to the Show. We have several guests who will also take part in the Show, namely:—

Mr. D. Penfold, 3rd Dan
Mrs. C. Penfold, 1st Dan

Mr. J. Challen, 1st Dan
Mr. G. Jenkinson, 1st Dan

Apart from the usual 15-minute Garden Fete type displays, the public of Grimsby have never really seen Judo, and we feel that in order to further the education of the public it would be a good idea to give a complete evening's show on the many different aspects of the sport of Judo. We are inviting local dignitaries and educational officials to attend, and also representatives of the C.C.P.R. (plus, of course, the National P.R.O. invitation accepted). Tickets for this Show (which promises to be an excellent evening's entertainment) are 5/- each and obtainable from:—Miss F. Wilson, 173 Stanley Street, Grimsby.

LONDON

LONDON JUDO SOCIETY. *Eric Dominy writes*:—I am writing these notes after three weeks holiday completely away from Judo. The club itself has been quiet although the beginners courses have continued to be pretty full, and the tougher members have wished for cooler weather under Ted Mossom's instruction.

Many of our members have been training for the British Police Championships, which took place on the 19th of September.

The British Army Championships take place on the 6th November, and the programme will include a match between the newly formed Civil Service Judo Association and the British Army. This will be the first occasion on which the C.S.J.A. has taken part in a public display.

Members of the Civil Service who are 1st or 2nd Kyu and are interested in taking part in this match please send details of their age and weight to me at the London Judo Society, 32 St. Oswalds Place, London, S.E.11. Similar details from Dan grades would also be useful although the match against the Army is restricted to Kyu grades.

Promotion examinations will take place at the London Judo Society as follows. Sunday, 11th October, 2.30 p.m. Ladies including 1st Dan. Sunday, 1st November, 10.30 a.m. 5th Kyu and below, 2 p.m. 4th to 2nd Kyu inclusive. Monday, 2nd November, 6.30 p.m. L.J.S. members only up to 3rd Kyu. Sunday, 8th November, 2.30 p.m. 1st Kyu and 1st Dan.

L.J.S. members should note that there will be no junior class on Sunday, 1st November, and that the intermediate dojo will be used for the examination on Monday, 2nd November.

We have again been invited to give Judo demonstrations at the Boys and Girls Exhibition at Olympia which runs for two weeks after Christmas.

MACCABIAH GAMES, ISRAEL, *August 1965*

As reported in an earlier issue. The Maccabiah Games, an international sporting event for Jewish Sportsmen and Women, will take place in Tel Aviv, Israel, next August, commencing on the 23rd and finishing on the 31st.

Judo, which is included for the first time, will be in a series of contests between 3 or 4 players, the winners going through to the final pool in each weight class. The competition will be under the direct supervision of the I.J.F. and the weight categories are:

Lightweight	Under 68 kg.
Middleweight	Over 68 kg. and Under 80 kg.
Heavyweight	Over 80 kg.
Open	No limitations.

Four entries per country will be permitted, with no reserves, and no contestant can participate in more than one category.

Entry forms for would be contestants are available from the Headquarters of the Principal Judo Organisations, or from Martin Lewis, 9 Weymouth Avenue, Mill Hill, London, N.W.7, to whom they should be returned when completed.

The eliminations for the Games will be held early next year, under the Direction of the British Judo Association in consultation with the other principal Judo Associations, and it is expected that they will be on similar lines to the recent Olympic selections.



COACHING SERIES No.1

H. WELSH
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A problem that faces the Instructor, is that of class interest, though in a considerable number of cases this is not as foremost in his mind as it should be.

All the technical knowhow of an instructor is of little value if there is not a class to receive this information, so the title of this first article might well be *No Interest No Class*.

How does the instructor go about maintaining this interest? Assuming he is truly interested, and this plays a bigger part than you would imagine, the following two points go a long way to achieving this:—

(a) Lesson planning.

(b) Progression.

These two points have one basic factor, that of common sense, so he will readily see that there is no magic formula for achieving at least two aims of a judo lesson.

Lesson Planning. A suggestion is:—

Prior to the class, the instructor outlines on paper what he intends covering that particular session. He then divides his intentions into say, eight items, spacing his time on each as desirable. This is then placed on or in a board or folder for easy reference.

The lesson plan should contain as much variation as possible, this itself goes a considerable way to maintaining interest. He may for example, decide that for a particular session a certain theme is desirable e.g. Re-action

or Linkage. He would then design each of his items around that particular theme.

The possibility of such a plan are that the instructor has a constant reference as to what he has actually taught at any previous lesson, which brings forward the second point of:—

Progression. "Off the cuff" instruction is not conducive to logical progression. This is a big failing on the part of the teacher, not only of Judo but of every other subject.

Throughout his teaching he should constantly bear in mind the need for progression. Area courses for Coach Award and Instructors Certificate should be attended for up to date knowledge on teaching judo.

One factor as an aid to progress is the realisation by the judo instructor that the principles that apply to the teaching of any other sport can be adapted to judo. Therefore he should bear in mind that the teaching of a judo skill should be as closely allied to the actual practice of judo itself. In other words do not create a false situation.

This first article has outlined a few basic principles to base your lessons on, though there is always the necessity for the instructor to think for himself, the National Coaching Committee feel that at least some guidance is essential for the club instructor.

There is a definite need for this progressive programme among club instructors, it is hoped that at least some stimulation will be achieved, and interest taken in the series.

BRITISH JUDO ASSOCIATION TO SHARE

NEW OFFICE BLOCK WITH C.C.P.R.

After 18 years in their present premises the Central Council of Recreation are moving their headquarters to palatial new premises in Park Crescent, London, W.1.

The building will also house the headquarters of several governing bodies of sport, included among these is the British Judo Association. The other bodies are the British Canoe Union, British Cycling Federation, British Amateur Gymnastic Association, The Hockey Association, All-England Rowing Association, Squash Rackets Association, British Sub-Aqua Club, and English Table Tennis Association.

The Amateur Athletic Association will occupy an entire floor in the new building.

By the time this is in print the C.C.P.R. will have already taken up residence in their new premises, but the sports bodies will not complete moving in for some time to come.

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