

Judo

THE NEW MONTHLY
MAGAZINE

FOR JUDOKA
BY JUDOKA

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JUDO

VOL. I

OCTOBER 1956

No. 1



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JUDO

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EDITORS' OFFICE

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Dear Reader,

It is with great pleasure that we introduce to you the new national monthly magazine "JUDO".

For some considerable time it has been felt that there is a large and growing demand for such a publication, and the publishers (who are themselves judoka) are convinced there is a definite "want" to be filled. Hundreds of Judo clubs have sprung up throughout the country during the last few years.

Briefly, the objects of the magazine are two-fold. Firstly, to cater for the experienced judoka by a series of technical articles and, secondly, to bring directly to the notice of the great number of potential followers all over the country full information regarding this ever increasing activity. The policy of the paper will be guided by a band of experienced enthusiasts in order that the high standard aimed at for the magazine shall be maintained, and such experts as Mr. Koizumi, Mr. Harrison and Mr. Leggett will be invited to contribute articles—as well as exponents in Japan.

The subjects to be covered are all-embracing, and will be fully illustrated. Technical articles; news and reports of all Judo activities and contests both at home and abroad; the publishing of all club information free; these will form the basis of each month's issue.

This enterprise has received the blessing and support of The Budokwai (the leading Judo club in this country), and thanks must be given to the founder of Judo over here—Gunji Koizumi, 7th Dan.

"JUDO" has also been honoured by the British Judo Association by agreeing to regard the magazine as their official mouthpiece for the dissemination of their affairs (both head office and area announcements), including the publication of grading results.

Whilst the above two organisations represent practically the whole of the Judo movement in this country, "JUDO" is not controlled by them, and wishes to retain complete independence. For this reason Judo matters of any kind will receive the same publicity from whatever source.

In addition, "JUDO" offers a complete service. All Judo literature, kit and equipment can be obtained from this address; and readers are invited to make use of the magazine as a clearing house for all their queries. A comprehensive Judo insurance is also offered.

Our domestic arrangements are first-class—a suite of offices in Croydon incorporating Judo facilities, i.e. dojos, showers, etc., and a resident judoka caretaker. Callers will be welcome at all times.

Club secretaries particularly are asked to submit details of all their special arrangements and activities, and such items of local as well as national interest which they would like circulated. "JUDO" wishes to make a big feature of this section, as it will enable clubs to distribute their news over a much wider area, and foster that atmosphere of friendliness and co-operation which the editor and publishers wish to achieve.

Although "JUDO" will be on sale at all bookstalls (price 2/-), it will help us far more if you would take out an annual subscription. Will you do this please, and fill up the form on page 47 and post to us at once? If you prefer to purchase from your newsagent please order from him in advance—which will help us considerably in estimating probable future requirements.

Small advertisements of a purely domestic nature such as "wants" or "for sale" will be inserted at a nominal charge. Commercial advertisements (large or small) will be accepted—rates on application.

The encouraging and congratulatory messages we have received are reproduced elsewhere, and we cannot help but feel optimistic as to the success of this new journal. Your help in making it so by submitting ideas, suggestions and/or criticisms would be much appreciated.

Finally, may we express our sincere thanks to all who have so kindly helped in the launching and production of this first issue.

Yours faithfully,

THE EDITORS.





KODOKAN

JUDO INSTITUTE

MESSAGE

It is a great pleasure for me to know that Judo is flourishing in many countries of Europe. In England, the Judo movement has made a rapid progress, centring around the Budokwai, which, keeping in close touch with the Kodokan, have sent some good Judomen to this Institute for special studies. Thus the relations of Judo circles of these two countries have yearly gained in intimacy.

When I visited the Budokwai in 1951, I was much impressed by its warm friendly atmosphere, the memory of which was refreshed anew when we welcomed Mr. G. Koizumi, the founder, on the occasion of his visit to his native land in 1954, after fifty years' absence.

Now I am highly delighted to hear that Mr. G. A. Edwards, a member of the Budokwai, intends to publish a monthly magazine, "Judo." I feel sure he will surely render a great service for the propagation and progress of Judo in Great Britain.

I express my congratulations on his plan and wish him success heartily from this Homeland of Judo.

Tokyo, September, 1956.

RISEI KANO,
President,
Kodokan Judo Institute.

MESSAGE

The spirit of adventure is the spice of life. I must congratulate Mr. G. A. Edwards for his venturesome and ambitious undertaking, the task of providing the growing Judo community with a monthly organ, a vital implement for the organised movement.

Mr. Edwards has been connected with the Budokwai for some years and since 1951 he has given his admirable service unremittingly as a member of the executive committee and treasurer. Also he has founded a flourishing club—the Croydon and District Judo Society.

Judo is like food, it must be digested. It is not a mystical charm to be carried in the pocket, nor an adornment for self-glorification. The fact of the editorial board being composed of seasoned Judoka and proved servants to the cause of Judo, is an assurance that the presentation of the journal will be equal to the recognised standing of Judo, and be safe from exploitation or undue sensationalism.

I wish "Judo Ltd." and its organisers God speed and lasting success.

J. Koizumi

GNOTHI GEAUTEN — KNOW THYSELF

by James Fulton, M.S.F., M.S.S.CH.

GNOTHI GEAUTEN—These are the words that were carved over the entrance to the Delphic Oracle nearly two thousand five hundred years ago. They were the message to the people of that age, even beyond the pillars of Hercules and to this day they are still the same message to those who wish to teach the way of life that leads to the perfect understanding of nature. Know Thyself, this perfect machine of bone, muscle, blood cells, nerves and factory of chemical actions.

The human body represents a masterpiece of engineering design. Each component is fitted to do its own job and is in keeping with the principle of engineering that a hollow column is stronger than a solid one. For example, take the femur. It carries the whole weight of the body; on the outside it is built of a fine layer of compact bone strengthened on the inside by beams and cross-beams of cancellated bone in such a manner that the most skilful engineer can never hope to copy or build a pillar of equal strength with so little weight.

In the human body there are over two hundred bones of different shapes and sizes and their hardness is due entirely to the deposits of calcium and other mineral salts which are laid down by the bone cells. The hollow inside the bone is transversed by fine strands of bone so arranged that they help to bear all the stresses and strains to which the bone is subjected just like the girders in a bridge.

There are times when reference to somebody as being a "Lazy-bones" is stressed, but as regards the bones being lazy themselves, this is far from the truth. Our bones are thriving manufacturing centres which make the red and white blood cells. Every minute one hundred and eighty million red cells die and, if not replaced, we would die an anaemic death; so the bones continue their production twenty-four hours a day to replace the old by the young.

The red blood cells total up to about twenty-five million millions per person, and if they were spread on the ground they would cover three thousand five hundred square yards—that is about fifteen hundred times the area of the body surface, and there is one white corpuscle to each five hundred red.

Another major responsibility is the production of the white blood cells. These are the "Doctors" of the body and fight off infection. They also act as one of the storehouses of the body for reserve nourishment.

The marrow in the bones contains fats and proteins and also contains nearly all the calcium and phosphorus vital to the body. The calcium is used for clotting the blood, beating of the heart, contractions of muscles and the various functions of the nervous system.

The bones grow by adding new bone substance to the old, and when a break occurs, each broken end starts growing and reaching out in some mysterious way to bridge the gap. The connecting tissue cells become mineralised and hard, finally changed into true bone to repair the damage that has been received.

Microscopically, bone tissue is perforated with minute canals containing blood vessels and lymphatics for the maintenance and repair of the bone cells.

In adult bones, there is one-third cartilage to two-thirds mineral matter; in children the proportion of cartilage is greater, therefore there is a tendency for the bones to bend rather than break. In old-age, mineral matter is in excess therefore the bones are very brittle and easily broken.

These "Lazy-bones" are truly one of nature's wonders; their secrets are not yet fully known and only those who study in this particular field know that the findings of today are hints of the triumphs yet to come

... GNOTHI GEAUTEN.

DO YOU KNOW

THAT the tubes containing the blood, the arteries, veins and capillaries in the human body total about twelve thousand miles in length and would reach half-way round the world.

THAT the heart does the equivalent in work to raising one ton fifty feet from the ground in every twenty-four hours.

THAT three ounces of blood are pumped with each pulsation, which is equal to eighty gallons per hour or over two thousand gallons per day.

BASIC PRINCIPLES IN JUDO

by T. P. Leggett



the same principles in daily life, we can follow many of the Judo applications.

A walking man treads unawares on a banana skin. However big or small he is, he goes over. The Judo man duplicates this effect by a throw called *Ko-uchi-gari* (Minor Inner Reaping, Fig. 1), pulling forward the foot just as the weight is coming on to it. There is the same result as with the banana skin; the foot shoots away out of control and the man, with no support for his weight, falls down.

JUDO is intelligent application of a few principles—mechanical, physiological and psychological. Many people find it hardest to understand the mechanics; they will believe in nerve-pressures and the like, and concede the importance of mental poise, but they find it incredible that a big man can as it were have his strength taken away and be thrown by someone much smaller. Still, by examining



FIG. 1

Another case is where a man comes unexpectedly to a step down. His foot was braced automatically to meet the ground, but it is not where he anticipated, and he comes on to it very shakily. Even if he does not fall outright, the slightest push would be enough to upset him.



The Judo man cannot cut away the ground from under the opponent's foot, but he can sweep the foot itself a few inches to the side with the very fast throw called De-ashi-harai (Sweeping Advance Foot, Fig. 2). This accompanied with a little pull on the sleeve will throw a man heavily.

FIG. 2



Again, everyone has had the experience of reaching out for something almost out of range; when the fingertips finally touch it, there is no power to lift and bring it back, even if it is only a matchbox. The principle can be applied against an attack on the wrist (Fig. 3). It may be difficult to break the grip while the assailant's hand is still close to him, but if the defender abruptly takes a long step back, reinforcing his hand with the other one, the attacker is brought completely out of balance and his hand loses its power. (Fig. 4; in this, as in all self-defence tricks, speed and surprise are half the battle.) *(To be continued)*



FIG. 3



FIG. 4

THE BRITISH JUDO ASSOCIATION

by George Blackmore, Hon. Sec. and Registrar

WHAT are the benefits accruing to your club becoming affiliated to the British Judo Association? What advantage is this to the individual member of a club?

These and a few other observations are constantly being put to me—which I will try to answer as concisely as possible.

The advantages of being a member of a B.J.A. club are numerous. A member can enjoy the facilities offered in instruction and grading—firstly in his area and secondly on a national basis; and the instruction he receives is given to him by an instructor who has been graded to the B.J.A. standard. In other words, he is a chosen instructor who has proved to his superiors that he is fully able to impart his knowledge and skill in theory and practice. All members of B.J.A. clubs are recognised and fully able to hold their own, grade for grade, anywhere throughout the world, including Japan up to about 2nd Dan. It is of interest to note that I have the key to records regarding several Judoka, who, holding a local Japanese grade, had much difficulty in reaching the B.J.A. standard; and further, there have been only two such Judoka who have continued to hold their Dan grading after being examined by B.J.A. examiners. The reason for this is that Judo in Japan is on a vast scale, similar to football in this country, and the lower Dan grades are invariably held by very young Judoka in their early teens, and it is not until they reach their 2nd or 3rd Dan that they really begin to learn Judo. In this country most people start Judo when they have already reached adulthood and they learn much more in their first two or three years than their Japanese counterparts.

B.J.A. members are able to use the facilities available at the Central Council of Physical Recreation's centres. Every year a series of courses are held at Bisham Abbey and Lillishall, two of the national centres run by the C.C.P.R. where B.J.A. club members can enjoy not only first-class Judo instruction by 4th Dans or above, but in lovely and peaceful surroundings in two of the most beautiful spots in Britain.

Being the only Judo association in this country recognised by the "Kodokan", the B.J.A. is fortunate in being able to send promising British Judoka out to Japan to study Judo at first hand from such masters as Teizo Kawamura, 7th Dan. At the time of writing there are four chosen Judoka of 2nd Dan and above who are studying at the "Kodokan" and one must not forget Miss Y. Myers, 2nd Dan—the only lady member of B.J.A. who has ever studied Judo in the country of its origin. She incidentally made her own arrangements and travelled there entirely by herself. These Judoka are in Japan for the direct purpose of benefiting British Judo, and are studying hard and for long hours to absorb the world's highest teaching in the art. When they return home British Judo will be greatly enriched by their teachings, and B.J.A.

clubs will have the advantage of their instruction, as they already have had from T. P. Leggett, 6th Dan, G. Gleeson, 4th Dan and C. Palmer, 4th Dan who were all trained at the "Kodokan".

The cost of sending these Judoka to Japan is borne by the B.J.A., and the Budokwai, and any Judoka belonging to a B.J.A. club can be considered for this special instruction at the "Kodokan" providing they work hard and appreciate the personal sacrifice in giving up their occupation in this country to travel to Japan for the benefit of improving their Judo. Upon returning to impart their knowledge to the ever increasing number of B.J.A. members, must have incalculable advantages with far-reaching affects for the good of the sport.

JUDO IN THE U.S.A.

by Philip S. Porter, Captain, U.S.A.F.

To understand the Judo movement in the United States, it must be remembered that America is a very large country, and that this factor has caused diversity and lack of communication between our Judoka up until the last few years. Therefore, there are several groups of Judoka practising almost independently of each other, and seldom meeting except at the national championships which have taken place only during the last four years. One of the largest and newest of these Judo fraternities, so to speak, is composed of members of the United States Air Force.

The Judo programme in the U.S.A.F. is only five or six years old, since it was started in the Strategic Air Command in 1950 by Mr. Emelio Bruno. Mel Bruno, as he is known to Judo men in S.A.C., has had a long history of excellence in athletics. He was a National Wrestling Champion of the United States in the thirties, and later an Olympic Coach. He was able to contest in Judo until he obtained the third degree, and subsequently has been promoted to fifth degree by the Kodokan. He was chosen in 1950 to start a Judo programme for the Strategic Air Command which was designed to provide at least one Judo instructor at each Strategic Air Command base in the United States for giving self-defence instruction to members of S.A.C.'s combat air crews.

At first, civilian instructors of shodan and nidan rank were employed by S.A.C., but it was soon determined that there weren't enough instructors available to staff all of the thirty or so bases needing them. So, in co-operation with the Kodokan, a training school was set up in Japan to give a ten week course of intensive training to Air Force men

with or without previous Judo experience. The first class, about fifteen in number, was sent to Tokyo for training in Judo, Karate and Aikido in the spring of 1952. Since then there have been about 100 graduates in several later classes.

Most of these trainees are men of good athletic ability, and have come back from Japan as second or first kyu, except for a few who had previous Judo experience and made shodan while they were there. They are spread out over the country at various bases instructing in combative measures (as our self-defence is called in the Air Force).

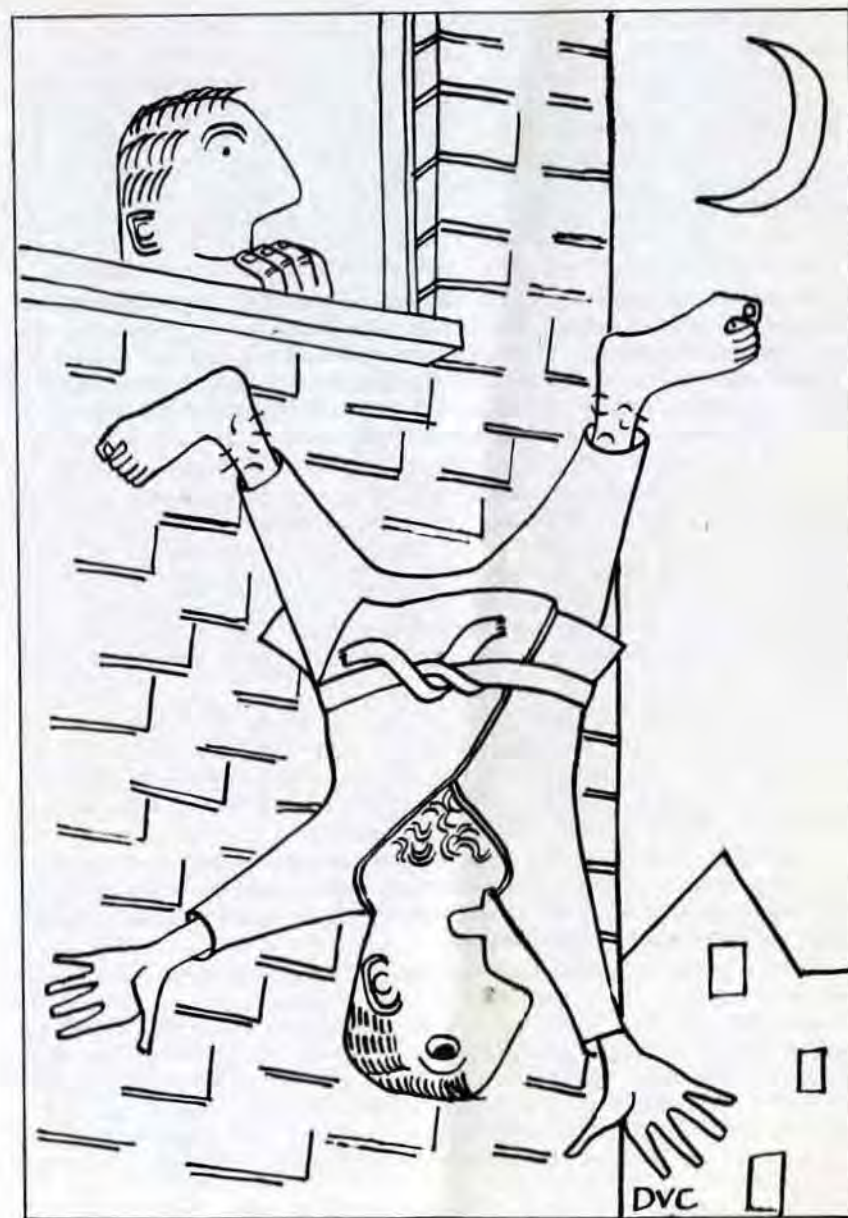
The sport Judo programme of S.A.C. and the Air Force is an out-growth of this combative measures training for combat crews. The Kodokan trained men of S.A.C. started sport Judo classes in their off duty time when they returned from Japan and began to compete in such local tournaments as were available, especially on the west coast near San Francisco, Los Angeles and Seattle. The actual Judo experience of these men is often quite limited; and, since they are out of touch with instructors, their skill does not increase as fast as it would in London, for instance, where large schools and good instruction is available. However, since 1954 annual Strategic Air Command tournaments have been held, and the overall champion in 1956 was a nidan, which will give you an idea what the state of skill is among the Judoka of S.A.C.

Today, most of the S.A.C. bases in the United States have Judo instructors who are conducting sport classes. The standard of Judo is rising slowly but steadily from what I can determine after having been out of the country for two years. There have been several training sessions which have brought instructors together, and each year a team is picked from S.A.C. to go to the National Judo Tournament. Many of the original Kodokan trained Judo men of S.A.C. are now shodan and nidan, but the skill of these men is highly varied, depending on whether they have been near enough to a civilian school to continue their Judo education. It is my estimate that there are about 500 Judo men in the Air Force of second kyu and above, but many of them are not actively practising. Here in England we have several good Judo students who do not practise due to lack of facilities or inability to get into London to the Budokwai or some other Dojo. As the Air Force continues to send personnel to the Kodokan, and instructors are brought to the United States for short visits, the standard of Judo will undoubtedly rise.

Lieutenant General Thomas S. Power, former Vice Commander of S.A.C., who gave much valuable support to the S.A.C. Judo programme, and who is himself a nidan, has been assigned as Commanding General of the Research and Development Command, U.S.A.F., and has been active in encouraging a Judo programme in that command. Therefore, Judo is spreading in the Air Force, and if it is introduced into the Olympics, further progress should be made. In future articles I'll try to give you a picture of the status of Judo in the various areas of the country where I have practised.

JOODLES

No. 1



TAI - OTOSHI (Body drop)

UNIVERSITY NEWS

by Colin Forrester

It is a matter for regret, though not for surprise, that the standard of university Judo in Britain has never reached that of other sports, or, indeed, that of many other clubs, although individual examples give good reason for hope. The fault does not lie with the enthusiasts themselves, but is due to the unusual difficulties under which they work—difficulties peculiar to the clubs themselves, and stemming largely from their university character. Later, in another article, I hope to go into these difficulties thoroughly, in the hope that at least a partial solution may be reached. At present, however, I will confine myself to the following suggestion directed to university club secretaries, and other members.

It has been proposed that a **British Universities' Judo Association** should be formed within the B.J.A. It would be organised by the universities themselves, with whatever assistance is needed externally. This would prove beneficial to both parties, giving the universities a more intimate control over their affairs, and allowing the B.J.A. to deal with matters which touch them more nearly.

The main work of the new body, if it were formed, would be to arrange the inter-*'varsity* matches, and to give greater coherence among the individual clubs. But more important in the long run would be the pooling of ideas in the face of the difficulties already mentioned. For instance, it might be possible to arrange a loan or hire service for jackets during the paralysing rush at the start of the new session. Only experience and co-operation could bring about such action, and only the students themselves have the first-hand experience essential for the task.

The work that has been done so far has been promising, but not enough information has been collected. Unfortunately, the break-up of the session at the period when this idea was under consideration meant that few of the secretaries could be contacted, and in many cases a change of officials further complicated the matter.

I therefore appeal to the clubs to send us information and opinions on the proposal. Further suggestions would be warmly welcomed, and if a strong enough body of opinion can be found, a more formal enquiry into the possibilities would result.

Letters on other topics from university judoka, at home or abroad, are also wanted. It is hoped to give these clubs a regular column in which they can read their own news and letters. But this would be impossible if no news is forthcoming! Later, circulars will be sent round to ease this task of news delivery. So far, several universities—Glasgow, Manchester, Aberdeen, Edinburgh and Liverpool—have volunteered to supply information, and we hope the others will do so as soon as the contact is established: the chain is of little use unless complete.

Would all letters be addressed to "University News", "Judo", 91 Wellesley Road, Croydon.

JUDO ORGANISATIONS IN TOKYO

by Richard Bowen

THE purpose of this article is to give you some idea of the various Judo institutes and clubs to be found in the city where Judo originated—Tokyo. The organisations, etc., where Judo is taught can be roughly classified as follows: the Kodokan Judo Institute, the Keishicho and police dojos, university dojos, and the street or *Machi* dojos.

The Kodokan. For many hundreds of years there had existed in Japan various schools of Jujutsu each with its own particular system of hand-to-hand fighting. The late Professor Jigoro Kano attended several of these small jujutsu schools and after a scientific examination of the techniques and guiding principles of each, he welded the best into one system naming it Judo. In February, 1882, he founded his own school, the Kodokan, which was situated in the grounds of Eishoji Temple, Tokyo. The present Kodokan is a large building in Bunkyo-ku, or the Bunkyo district of Tokyo. Inside, almost the complete ground floor is covered with tatami (tightly packed straw mats), altogether there are nearly five hundred of these mats, which when laid side by side and end to end, extend over an area of 4,500 square feet. This mat-covered hall is called the dojo and this is where most of the Judo training is done. On the first floor, a tiered gallery with seats surrounds and overlooks the dojo. This is the spectators' gallery and on most days there are as many as 100 to 200 people sitting there watching the Judo. The capacity of the gallery is sufficient for 2,000 or over spectators. The roof of the dojo is about 50 feet up from the mat, and the hall is illuminated with fluorescent strip lighting. On the third floor at one end of the main dojo there are several smaller dojos, one of these housing the ladies' section. There are many offices at each end of the building. The foreign section is housed in several rooms on the first floor which lead out on to the gallery. The Kensusei dressing room is likewise on the first floor. In the basement are the main dressing rooms and showers (cold!). There is no heating in most of the building, at least the portions devoted to Judo training.

At one end of the main dojo in a large recess there is a raised platform. This is the shrine and this is where the high grade teachers sit, but only on ceremonial occasions. Possibly few of you, until reading this article, knew that Judo was first practised in a temple, and still this spiritual tradition is cherished in every dojo. Whatever Judo or Kendo dojo you visit, at one end, where the teachers sit, there will be a wall painting or more usually a poem written in characters, this is the shrine. In fact, the word dojo signifies a place of meditation: a church or temple. And it is the custom to bow towards the shrine on entering or leaving any dojo. If you omit to do so it is a serious breach of good manners.

The Kodokan is open for general practice from 3 p.m. until 7 p.m., and during these four hours over a thousand people come to train. At the peak period, which is between 4.30 to 6 p.m., there are probably 500 judoka; from the masters of 10th, 9th and 8th Dan, the active champions of 7th and 6th Dan, and indeed, all the way down the line to children, training together. At 7 p.m. the training is ended by the booming of a large drum, but even after most of the lights have been extinguished there are often a few hardy souls fighting in the semi-darkness. The monthly fee for a Japanese is 300 yen (6/-); for foreigners it is considerably higher, but of course they have more instruction and other facilities such as hot showers. The enrolment fee is 200 yen (4/-). These fees may at first thought seem low to you but don't forget the average wage here is about 20,000 yen (£20) per month, so relatively it is quite expensive for the Japanese. Black Belts from 4th Dan up are not required to pay any fees. The grading contests are held once a month, each contest lasting for three minutes with one point to be gained. When a judoka has sufficient points (e.g., 16 points are required by a 3rd Dan to be graded to 4th Dan) he is eligible for upgrading providing other factors satisfy the examiners. All grades are rewarded by a grading panel rather similar to the B.J.A. National Grading Panel.

Apart from the monthly grading contests, twice a year a Red and White Team contest is held. All participating judoka are divided into two teams and it is the custom that if a judoka defeats five or more members of the opposing team he is automatically upgraded. But, of course, it is quite a feat; though recently one young 3rd Dan fought his way through a line of 12 other 3rd Dans! A Japanese beginner on joining the Kodokan is given instruction for three months and during this time he has to pay extra. After his initial instruction (incidentally, it is a class instruction, the class normally numbering over one hundred) he is "turned loose" in the dojo and from then on must either observe the "high grades" technique to learn or ask a Black Belt friend. If the beginner does well in the first couple of years then probably a high grade Dan will give him information from time to time and generally keep an eye on him. Or he might, if he is exceptional, be included in the Kenshusei. There is much more instruction given to beginners, or indeed all members, in the average British Judo club. The Japanese judoka has to learn the hard way but then, of course, he is prepared to work much harder at Judo than his occidental counterpart. A Japanese will do more Judo in two hours than most British judoka would do in ten hours. The training at the Kodokan comes under five headings: Adults or General Section, Boys' Section, Foreign Section, Ladies' Section and the Kenshusei.

The General Section comprises the majority of the Kodokan members. They can train six days a week but have only the instruction I explained above. The Boys' Section is divided into several classes, and they are given instruction several times each week. They pay only a small monthly fee, in fact, I believe the Kodokan doesn't worry unduly about this as they try to encourage youngsters to take up Judo and to keep at it.

Some of the boys are tiny little chaps of seven and eight years but they look most "professional" on the mat.

The Foreign Section is composed mainly of Americans, but there are also British, French, German, Canadians and one or two other nations. As I have mentioned before the fees are higher but there is much more instruction, not of course, forgetting the hot showers. As I believe Miss Y. Meyers is contributing an article on the Ladies' Section there is little need for me to say anything. Finally, the Kenshusei, or Special Training Section, this is composed of the outstanding Japanese judoka, 3rd, 4th and 5th Dans, most of them are students, several are university champions, and all of them are brilliant Judomen. These judoka are the future champions and teachers and are given special instruction, particularly in the various kata. Within the Kenshusei is a small section of foreigners, naturally considerably weaker than the Japanese half, but have been placed in the Kenshusei because they came to Japan only to study Judo and will be teachers when they return to their various countries. The Foreign Section of the Kenshusei receive special instruction twice a week from Mr. T. Kawamura. On Saturday afternoons the two sections of Kenshusei unite and receive instruction on Kata, the class being taught by various masters, sometimes, Mr. Mifune (10th Dan) or Mr. Samura (10th Dan) or other high grades assisted by Mr. Kawamura (6th Dan), Mr. Daigo (7th Dan) and Mr. Osawa (6th Dan). The Kenshusei numbers 22—13 Japanese and 9 foreigners. The foreigners are: J. Hatashita of the Toronto Judo Club, G. Saiki from America, M. Gruel and G. Baudot from France, and finally five British Judo Association members, G. Whyman (Budokwai), A. Grabher (Budokwai), D. Bloss (Budokwai), G. Hamilton (Budokwai) and myself (Budokwai and Judokan London). I feel I have now said enough about the Kodokan to give you at least some idea how it is organised and how it functions. Next year it is being moved to a new £270,000 building now under construction. This building will be seven floors high and the main dojo will be twice the area of the present one.

Police Judo. All the Tokyo Metropolitan Police Force members are trained in Judo or Kendo, each district police station having its own Judo dojo with one or two instructors. The head instructor being probably a 4th or 5th Dan assisted by 3rd Dan. Each weekday morning from 10 a.m. until 11 a.m. all their junior instructors gather together and train at the Keishicho, which is the Central Police Instructors Training College (apart from other functions).

The dojo at the Keishicho is a very large hall. Set in the middle of one of the walls is an enormous circular mirror. This is the shrine, the mirror being a symbol of purity. One half of the dojo is for Judo, the other half devoted to Kendo (Japanese fencing). Both are formal classes, that is they start and finish with the judoka (Junior Police Instructors) lined up in three rows facing the shrine, all, of course, kneeling Japanese fashion. Now everyone waits for the senior teachers (6th, 7th and 8th Dans) to enter and take their places facing the assembled pupils, then at a signal everyone bows, pupils towards their teachers and teachers to

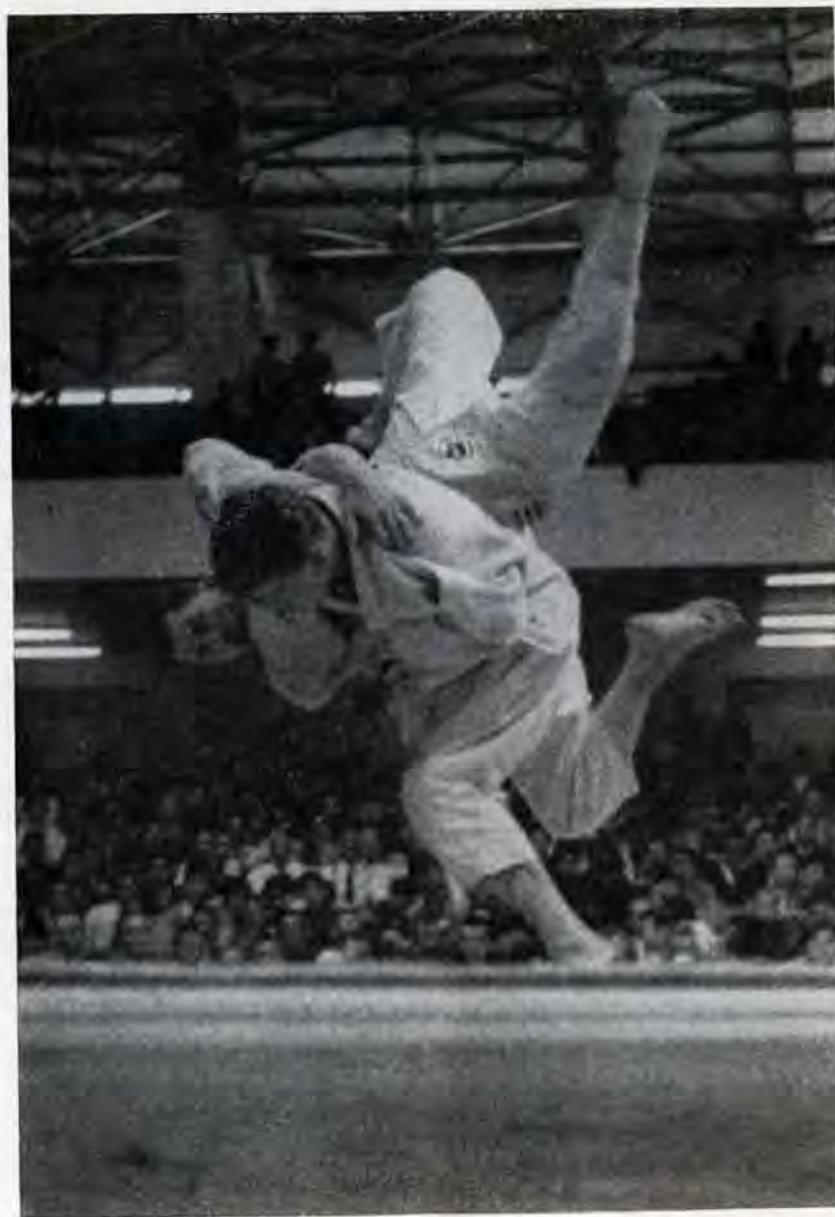
the pupils. At this point several of the pupils being cheerful types will yell out the Japanese equivalent of "What-cha!" to the teachers by way of greeting. Usually 60 or 70 pupils are present, the lowest grades being a few 3rd Dans, the only "outsiders" who attend this class are the British. The hour's training is ended by a large drum being thumped. An interesting feature of the Keishicho is that before they finish, by lining and bowing to the teachers, they have five minutes meditation in the Zen Buddhist style. "Showers" at the Keishicho are buckets of cold water! After this hour's training all the "students" go back to their respective police station dojos to instruct.

University Judo. Each of the Tokyo universities has its own Judo dojo. Instruction being given by a high grade teacher. At Waseda University the instructor is Mr. Tomiki, who is a 7th Dan Judo, and 8th Dan Aikido. Mr. T. Kawamura (6th Dan), who is very well known in Britain, teaches at another university. Training at these universities is very rigorous, half an hour's exercises followed by an hour's continuous randori and then another half hour's exercises, ending with a three or four mile run. The university's Judo captain making sure that no one slacks. In the late afternoon the keener ones, particularly the team members, will attend the Kodokan for another hour's training.

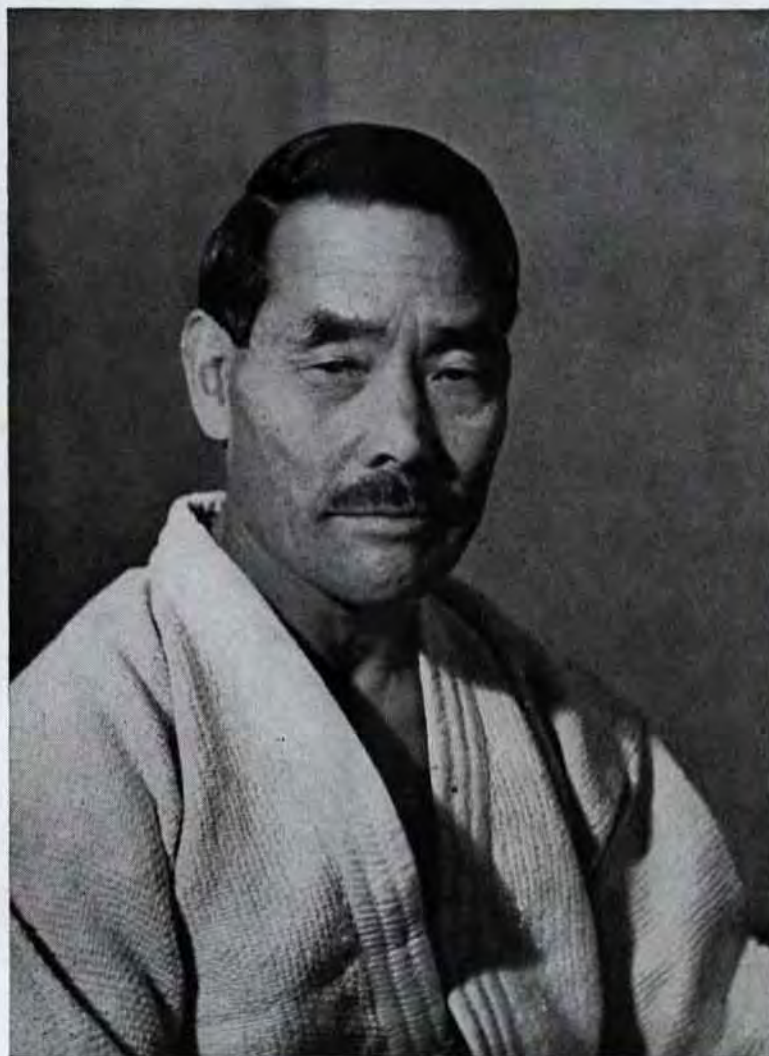
Machi Judo. The Machi Judo dojo or the Street dojo caters for the people who are not too interested in competitions, in other words, they like to do a little Judo to keep fit and they aren't anxious to reach high grades. The instructor will possibly be 7th or 8th Dan or occasionally a 3rd or 4th Dan, and the dojo will be attached to his home. Most of these Machi dojo have only 20 or 30 mats (each mat or tatami is 3 feet by 6 feet) and the members number 40 or 50, including many youngsters. Some, if the teacher has a big reputation, have many more members and in this case the Judo is much stronger, as he will have a following of 4th and 3rd Dans, possibly if he is an ex-champion several 5th Dans. The fee varies from 300 yen (6/-) per month to 2,000 yen (£2), again depending on the teacher. Training is usually fairly easy for most of the members under Dan grade, for the Dan grades it is slightly harder as they will have to practise continually with the lower grades. The last half-hour will be devoted to Uchikomi and to instruction. The evening ends at 9.30 p.m. or 10 p.m. with everyone lining up and bowing to the head instructor. Many have no washing arrangements, or at the best a well or pump in the courtyard. Even when I say the Judo is weak I think the average European judoka would find it hard going at first.

Concluding, I would say that the most skilful and keenest Judo is that of the students, probably 70 per cent of the Kodokan's members are students, university and high school. Police Judo is not quite so skilful but just as strong—Mr. Yoshimatsu, the last All-Japan Champion, and Mr. Nasui, the present World Champion, are both policemen. But whether students, policemen or ordinary working men they all work very hard at Judo. I shall never forget a young 3rd Dan at the Kodokan saying, "To become good at Judo you must train assiduously. The human body is like iron, the harder it is beaten the stronger it becomes."

BLOSS IN TOKYO



Bloss (Britain) throws Gautier (Canada) with HANE-GOSHI in a goodwill match



(Reproduced from the bulletin by kind permission of the Budokwai.)

JUDO PERSONALITIES

No. 1

President and founder of the Budokwai

Consultant at foundation of the European Union and technical adviser

National Coach of British Judo Association

Name: GUNJI KOIZUMI.

Born: 1885.

Business or Profession: Electrical Engineer, Artist and Art Dealer.

Age when started Judo: Started Jujutsu at 16, Tenshin Shinyo Ryu School.

Studied „ „ 18, Shin Shin Ryu School.

„ Judo „ 20, Akishima Ryu School.

Joined Kodokan, 1920, 2nd Dan; 1932, 4th

Dan; 1948, 6th Dan; 1951, 7th Dan.

Hobbies: Judo, the Oriental Arts.

WHISPERS IN THE WIND

THERE are possibly three reasons why you are reading this column in "JUDO". Firstly, maybe you have time on your hands and found something to read; secondly, perhaps you have heard about Judo or seen it practised at sometime and are just reading the new magazine to learn more about the sport; or thirdly; you are just "crackers" about the sport and spend all your time practising and learning more about it.

The object of this column is to try to help everybody who is interested in the sport. There are problems in every sport, personal problems too—perhaps you need more help, and haven't yet got around to seeking it. This column will do its best to help you, no matter what you need to know—about people in Judo, instructional courses, grading, starting a Club, the best books to buy, Judo supplies and **personal** problems, and so on. Oh yes, suggestions too.

This column will welcome your letters with any questions or queries, and it will be completely impartial in its answers. For a reply to your letters send a stamped addressed envelope to: "JUDO", 91, Wellesley Road, Croydon, Surrey. Mark the envelope "Whispers in the Wind". No letters can be answered unless a stamped addressed envelope is enclosed.

To start this column off your writer decided to see if any explanation could be given by B.J.A. for the exceptional increase of interest in Judo. A visit was made to the offices of the B.J.A., at 32, North Street, London, S.W.4, and the question was posed. I gathered that as yet no positive explanation can be given. So it's up to you to see if it can be answered. Why not write us a **short** letter telling us why you selected Judo as **your** sport, and what prompted you to make your first contact? This applies to ladies in Judo as well—don't be afraid to say why, it's going to be interesting!

As regards your questions on Judo, please keep them sensible, and don't ask anything like this (which was actually asked of an instructor after a display of self-defence): "What would I do if someone came up behind me and stuck a knife into my back?" The instructor's reply was brief: "You would probably die!"

All right then, off we go, and let's hope that you enjoy the first issue of "JUDO". Don't forget to place a regular order with your newsagent or better still send an annual subscription.

FLASH! Having just read that there is a rumour around to the effect that British Judo Association members are to be black-listed if they join the Amateur Judo Association, I hastened to enquire from Mr. G. Blackmore (the B.J.A. Secretary) if this was so. He assured me officially that this is most certainly untrue, and it was the first he had heard of it. He stated that there was no rule in the B.J.A. constitution which debar individual judoka from taking membership in other bodies; but that there is a definite rule about publishing in any way grades other than those registered at the National Grading Registry.

It is a great pity that small minds with no sense of Judo ideals have nothing better to do than to rush into print with any nonsense if they see half-a-chance of stirring up trouble on the basis of a mere rumour.

B.J.A. NATIONAL AREA CHAMPIONSHIPS

by our Special Reporter

After a lovely summer's afternoon on the front, a full house thoroughly enjoyed a very instructive evening at the Winter Gardens, Weston-super-Mare, on the 15th September, 1956, for the first area championships organised by the Western area of the British Judo Association.

His Worship the Mayor of the Borough of Weston-super-Mare (Councillor H. J. Holcombe, J.P.) headed a list of notabilities present,



KERSA-GHTAMI by a member of the Welsh area team

which included Mr. G. Koizumi, Mr. T. P. Leggett, Mr. G. Gleeson and Mr. C. Palmer. Officials of the Western Judo Association Committee, with their chairman, Mr. P. J. Murphy, were in force—a truly representative gathering.

Members of the Bristol and Bridgwater Clubs opened the proceedings with randori; whilst the Kime-no-Kata by Brian Lane and Dennis Patch of the Exeter Judokwai, excellently carried out, provided the lighter side of the entertainment. Junior randori by I. Pratt and B. Swift of the Locking (R.A.F.) Judo Club, and ladies' randori by Mrs. J. Ballerini of Croydon Club and Miss S. Carter of the Houndstone Club were very well received. C. Palmer seemed to make rather heavy going of the one-against-ten; and D. G. Burr would have come to a sticky end at the hands of G. Gleeson in Kendo (Japanese sword fighting) had he not been suitably protected.

Special mention must be made of Katame-no-Kata, demonstrated by G. Gleeson and C. Palmer, as it is the first time this interesting Kata has been performed publicly by these two since their return from Japan.



T. P. Leggett and G. Gleeson demonstrating GO-NOSSEN-NO-KATA

T. P. Leggett, as usual, was a mine of information, and one never gets weary of just merely listening. The main themes this time were the special approaches and throws best suited to contestants of different statures, and throws with their counters.

Mr. G. Koizumi received a warm ovation when introduced to the audience during the interval, and we should like to see more of him.



R. Bullock scoring with HANE-GOSHI



Attempted UCHI-MATA at Weston

The high-light of the evening was of course the area championships; and the eliminations took place earlier in the afternoon. The areas and teams comprised:

<i>Areas entered</i>	<i>Team Members</i>	<i>Grade</i>	<i>Clubs</i>
North Eastern	B. Logan	1st Kyu	Doncaster Judo Club.
	D. Logan	1st Kyu	Doncaster Judo Club.
	F. Lane	1st Kyu	Kodokwai Judo Club.
Southern	R. Bullock	1st Kyu	Croydon & Dist. Judo Soc.
	M. Hill	1st Kyu	Portsmouth Judo Club.
	W. Sadler	1st Kyu	Hove Judo Club.
	D. Moor*	1st Kyu	Bournemouth Judo Club.
* Substituted for R. Bullock (injured) in Semi-finals and Final.			
Western	P. Codd	1st Kyu	Bristol Judo Club.
	F. Pearson	1st Kyu	Henlys Judo Club.
	F. Spry	2nd Kyu	Plymouth Judo Club.
Welsh	G. Richards	1st Kyu	Bridgend Judo Club.
	A. Thatcher	1st Kyu	Bridgend Judo Club.
	M. Richards	1st Kyu	Port Talbot Judo Club.
North Western	W. Miles	1st Kyu	K.N.K. Judo Club.
	D. Murdy	1st Kyu	K.N.K. Judo Club.
	J. Walker	1st Kyu	K.N.K. Judo Club.
Midland	M. Hefferman	1st Kyu	Northampton Judo Club.
	A. Spicer	1st Kyu	Northampton Judo Club.
	W. Horne	1st Kyu	Derby Judo Club.
	J. Burdette*	1st Kyu	

*Substituted for W. Horne (injured) in Round 7.



Who's who ?



Another UCHI-MATA at Weston

After fifteen rounds Midland and Western were eliminated, and the semi-finalists were announced as North Eastern, Welsh, Southern and North Western, who were drawn against each other as follows:

North Eastern	v.	Welsh
Southern	v.	North Western

The first pair on were North Eastern and Welsh, and as the following results show this ended in a draw and the two captains met for a deciding contest. G. Richards succeeded with a fine Ushiro-goshi.



L. to R. D. Moor, W. Sadler, M. Hill — Southern team
G. Richards, A. Thatcher, M. Richards — Welsh team

North Eastern

D. Logan	Hikiwake
B. Logan	Hikiwake
F. Lane	Hikiwake

Welsh

G. Richards	Hikiwake
M. Richards	Hikiwake
A. Thatcher	Hikiwake

The second pair had an easier passage with a win for Southern from:

Southern

D. Moor	Waza-ari
W. Sadler	
M. Hill	Waza-ari

North Western

J. Walker	
D. Murdy	Kesa-gatame
W. Miles	

The finals between Welsh and Southern went like this:

Welsh

G. Richards	Harai-goshi
A. Thatcher	Kesa-gatame
M. Richards	

Southern

D. Moor	
W. Sadler	
M. Hill	Hane-goshi

and was ding-dong all the way.



His Worship The Mayor makes the presentation to G. Richards

Well done the Welsh—and thanks to G. Gleeson who refereed the contests throughout. The time-keeper was Mr. P. J. Murphy.

A point worthy of note is the fact that R. Bullock (Croydon) won all his contests; and G. Richards (Bridgend) had one draw, and the rest winners.

Presentations to the two teams were made by the Mayor, who in his speech thanked the contestants for a most interesting display. He

commented on the usefulness of Judo, and how it brought back memories of the first world war when he came into contact with what was known as ju-jitsu.

One could not help leaving the building without a few outstanding impressions and questions:

Little things showing well thought-out organisation; such as the A.A. sign on the promenade indicating "Judo car park."

The trophies were really worth fighting for, i.e., a fine cup and mounted swords to the winners, and handsome miniature plaques to the runners-up.

The mat was not all it could have been.

Why were there not more junior and ladies' items?

And the biggest mystery of all—why no London Clubs?



Scoring with O-goshi at Weston



An artist's sketch of the new International Judo Hall mentioned in R. Bowen's article. This will cost 270 million yen, and is scheduled for completion by the end of 1957. It is a seven-storey, ferro-concrete building, and will have twice as much floor space as the present hall. Some 1,000 persons, including 100 women and 100 foreigners practice daily at the Hall.

(Photograph by kind permission of Kyodo News Service)

BRITISH TEAM ELIMINATIONS—NATIONAL PRELIMINARIES

BIRMINGHAM, SATURDAY, 22nd SEPTEMBER, 1956

	MCDERMOTT	CHAPLIN	HARNISH	LEWIS	BARNARD	PETHERBRIDGE
MCDERMOTT			Soto-makikomi Kuzure-Kami- shiho-gatame *	Tsurikomi- goshi	Sukui-nage	Tsurikomi-goshi
CHAPLIN	Shime-Waza		Sode-Tsuri- komi-goshi	Kansetsu Waza	Sode-Tsuri- komi-goshi	Sode-Tsurikomi goshi
HARNISH						
LEWIS			Seoi-nage		Uki-goshi	Hikiwake
BARNARD			Soto-makikomi O-goshi **			Ko-uchi-makikomi Hikiwake *
PETHERBRIDGE			Yusei-gachi	Hikiwake	Tai-otoshi Hikiwake *	
Contests Won	4	5	Nil	2	1	1
Contests Drawn	Nil	Nil	Nil	1	1	2
Contests Lost	1	Nil	5	2	3	2

Asterisk indicates first technique scored Waza-ari or $\frac{1}{2}$ point, if only one technique shown only Waza-ari scored. Double asterisk indicates both techniques scored Waza-ari.

Owing to the shortage of space we are only able to show the results of the last five groups; the previous four groups being eliminations for the final group shown above.

The following contestants Chaplin, McDermott, Lewis, and Petherbridge will join the four seeded entrants Gleeson, Palmer, Young, and Stepto at the Albert Hall on Saturday, 13th October, in the final eliminations for the Team places to represent Great Britain in the European championships to be held in Vienna in November.

THE BRITISH JUDO ASSOCIATION NATIONAL GRADING REGISTRY AND RECORDS

32 NORTH STREET, LONDON, S.W.4

GRADING LIST No. 12

Copies of this List and previous Lists may be obtained from the Registry.
Send stamped addressed envelope.

LADIES ABERDEEN JUDO CLUB 9th August, 1956

Davidson, Miss M. 2nd Kyu

ARNOT STREET JUDO CLUB

30th June, 1956

Jones, A. H. 5th Kyu
Jones, H. 5th "
Hughes, J. D. 5th "
Hughes, T. G. 5th "
Whitelaw, W. 5th "
O'Mahoney, R. 5th "
Norman, L. 5th "
Corfield, E. S. 5th "
Balmer, W. R. 5th "
Page, B. 5th "
Price, F. 5th "

LADIES ARNOT STREET JUDO CLUB

30th June, 1956

McKnight, Miss J. A. 5th Kyu
Litherland, Miss K. 5th "

ASEA JUDOKAN 16th August, 1956

Comerford, R. 3rd Kyu

LADIES ASKERN JUDO CLUB

15th July, 1956

Shuker, Miss M. 6th Kyu

A.T.M. JUDO CLUB 30th June, 1956

Carus, R. 1st Kyu
Roberts, Ray 4th "
Byrne, H. 5th "
Elston, R. 5th "
Hilton, T. 6th "
Martin, D. 6th "
Richards, F. 6th "
Stanton, J. 6th "
Collins, W. 6th "
Eustace, E. 6th "
Youlton, W. 6th "
Powell, R. 6th "
Brooks, D. 6th "

LADIES A.T.M. JUDO CLUB

30th June, 1956

Edmondson, Miss J. 3rd Kyu
Davis, Miss E. 5th "

B.A.I. JUDO CLUB 21st June, 1956

Caffery, M. 4th Kyu

LADIES B.A.I. JUDO CLUB

26th June, 1956

Cunningham, Miss J. 4th Kyu
Hartwright, Miss K. 5th "

BARNESLEY JUDO CLUB 24th June, 1956

Galloway, N. 5th Kyu

BARNESLEY JUDO CLUB 24th August, 1956

Turner, G. 5th Kyu
Gill, H. 5th "

BATH Y.M.C.A. JUDO CLUB 10th August, 1956

Toone, P. A. 5th Kyu

BETHNAL GREEN JUDO CLUB 2nd July, 1956

Romagnoli, P. 5th Kyu
Moseley, J. 6th "
Gladstone, E. 6th "
Parker, J. 6th "

BIGGLESWADE JUDO CLUB 28th July, 1956

Dodd, K. 6th Kyu

BIRCHGROVE JUDO CLUB 28th July, 1956

Edmonds, V. 2nd Kyu
Young, L. 4th "
Dunne, P. 5th "
Hughes, D. 5th "
Rees, G. 5th "
Davies, S. 6th "

BIRKENHEAD & DISTRICT JUDO CLUB 30th June, 1956

McNally, F. J. 4th Kyu
McNally, E. H. 4th "
Morgan, L. 5th "
Neil, H. 5th "
Westmorland, G. 5th "
Westmorland, R. 5th "

Davies, G. 5th "
McGuinness, A. 5th "
Bowyer, D. 5th "
Laverty, J. 5th "
Stott, W. 5th "
Jones, J. H. 5th "
Clare, G. 5th "
Farrer, G. 5th "
Beecham, R. 5th "
Henderson, N. 5th "
Jones, K. 5th "
McNally, E. 6th "
McCullough, W. 6th "

BIRMINGHAM UNIVERSITY JUDO CLUB 30th June, 1956

Witherow, P. 4th Kyu
Spelman, M. 4th "

BISHOP AUCKLAND JUDO CLUB 15th August, 1956

Robson, R. 2nd Kyu

BLANTYRE JUDO CLUB 13th May, 1956

McGavin, A. 1st Kyu
Holmes, J. 1st "
Reddiex, J. 1st "
Donnan, H. 3rd "
Downie, G. 3rd "
Mitchell, W. 4th "
Callaghan, P. 5th "
Shields, S. 5th "
Russell, D. 6th "
McKenzie, G. 6th "
Hawthorne, J. 6th "
King, A. 6th "

BRADFORD Y.M.C.A. JUDO CLUB 15th July, 1956

Smith, L. 4th Kyu
Scurr, E. 6th "
Saunders, T. 6th "
Coverdale, D. 6th "
Ross, S. 6th "

BRIDGEND JUDO CLUB 2nd September, 1956

Richards, G. 1st Kyu
Kendall, M. 5th "
Wallens, H. 5th "

BROMBOROUGH JUDO CLUB 13th June, 1956

Cain, J. 2nd Kyu
Cain, M. 5th "
Mowll, B. 5th "
Brown, T. 5th "
Mealor, D. 5th "
Williams, J. 5th "
Jones, A. 6th "

BROMBOROUGH JUDO CLUB 30th June, 1956

McPheat, W. 5th Kyu
Godfrey, P. 5th "
Gee, D. 5th "

BUJUTSU JUDO SOCIETY 29th April, 1956

Gibson, H. 4th Kyu

CAMBORNE "TANI" JUDO CLUB 1st July, 1956

Keenleyside, S. 5th Kyu
Chinn, D. 6th "
Williams, L. 6th "
Birch, L. 6th "
Duffin, R. 6th "
Key, W. 6th "
Summers, A. 6th "

LADIES CAMBORNE "TANI" JUDO CLUB 1st July, 1956

Godenzie, Mrs. M. 5th Kyu
Chinn, Mrs. D. 5th "
Keenleyside, Mrs. P. 6th "

CHELTENHAM JUDO CLUB 15th July, 1956

Heard, R. 4th Kyu
Naish, B. 5th "
Gifford, B. 6th "
Peterfield, C. 6th "
Taylor, R. 6th "
Freeland, E. 6th "

CHELTENHAM Y.W.C.A. JUDO CLUB 2nd June, 1956

Davis, A. 4th Kyu
Lewis, B. 4th "
Wilding, D. 6th "
Bird, S. 6th "
Nicol, C. 6th "
Wixler, P. 6th "

LADIES CHELTENHAM Y.M.C.A. JUDO CLUB 2nd June, 1956

Scarrott, Miss S. 5th Kyu

CHICHESTER JUDO CLUB 26th July, 1956

Porter, L. 5th Kyu
Peters, G. 5th "
Croucher, D. 6th "
Harwood, R. 6th "

CHINGFORD JUDO CLUB 17th May, 1956

Burke, P. 2nd Kyu
Charnley, H. 2nd "
Brewer, C. 3rd "
Ivey, V. 3rd "
Rainer, D. 3rd "
Scott, P. 3rd "
Sinnott, R. 3rd "
Hendon, C. 4th "
Gosling, R. 4th "
Hales, G. 4th "
Lawless, J. L. 5th "
Oliver, A. 5th "
Dobinson, J. 5th "
Purton, T. 5th "
Surry, I. T. 5th "
Weddell, J. 5th "
Peirce, E. 5th "
Davies, S. W. 6th "
Hollington, G. 6th "
Moyes, D. 6th "
Thurston, T. 6th "
Foster, J. 6th "

LADIES CHINGFORD JUDO CLUB 17th May, 1956

Stone, Miss M. 5th Kyu

COVENTRY JUDO CLUB 24th August, 1956

Lowe, J. D. 1st Kyu

DAIGAKUIN JUDO CLUB, GLASGOW 13th May, 1956

Adams, J. 5th Kyu
Malcolm, A. 5th "
Smyth, J. 5th "
Johnston, A. 6th "
McColgan, W. 6th "
Mullen, B. 6th "

DERBY JUDO CLUB 30th June, 1956

Moore, J. 2nd Kyu
Tocknell, A. 2nd "
Edwards, R. 3rd "
Martin, J. 4th "
Stringfellow, D. 6th "

DERBY JUDO CLUB 30th June, 1956

Wilde, A. 1st Dan

DERBY JUDO CLUB 22nd July, 1956

Ryde, D. 3rd Kyu
Morley, R. 6th "
Disney, J. 6th "
Baggett, D. 6th "
Foster, B. J. 6th "
Reid, F. 6th "
Cowan, J. P. 6th "

DONNINGTON JUDO CLUB 24th August, 1956

Evanson, B. J. 3rd Kyu

DUDLEY JUDO CLUB 24th March, 1956

Vaughan, G. 3rd Kyu
Ashmore, T. 4th "
Richards, D. 5th "
Hamblett, R. 5th "
Norton, A. 5th "

DUDLEY JUDO CLUB 30th June, 1956

Hobbs, H. 1st Kyu

DUDLEY JUDO CLUB 30th June, 1956

Vaughan, G. 2nd Kyu
Willets, G. 3rd "
Richards, D. 4th "
Hamblett, R. 4th "
Knowles, J. 5th "

EASTBOURNE Y.M.C.A. JUDO CLUB 21st July, 1956

Laurent, A. 5th Kyu
Holmes, P. 5th "
Rodemark, D. 5th "
Parker, D. 5th "
Burchett, M. 5th "
Payne, F. 5th "
Lee, R. 5th "
Simmonds, K. 6th "
Lakin, A. 6th "
Cope, J. 6th "
Cook, D. 6th "
Clark, J. 6th "
Hunnissett, D. 6th "
Erridge, P. 6th "

EAST ESSEX JUDO SOCIETY 17th May, 1956

Leach, G. 4th Kyu
Lierens, L. 5th "

EAST LONDON JUDO SOCIETY 4th June, 1956

Carpenter, D. 1st Dan
Flight, J. 1st "

EBOR JUDO CLUB 4th July, 1956

Stone, J. 3rd Kyu
Potts, R. 3rd "
Ruddock, H. 5th "

EDMONTON JUDO CLUB 16th August, 1956

Carter, R. 4th Kyu
Stewart, A. 5th "

EDMONTON JUDO CLUB 27th August, 1956

Lowe, J. 4th Kyu

ENGLISH ELECTRIC JUDO CLUB 24th March, 1956

Morrisson, E. 5th Kyu
Timmins, W. 5th "
Jackson, B. 5th "
Fowler, T. 6th "

ENGLISH ELECTRIC JUDO CLUB

29th April, 1956

Duggan, P. A. 3rd Kyu

ENGLISH ELECTRIC JUDO CLUB

30th June, 1956

Morrison, E. 4th Kyu
Jackson, B. 4th ..
Taylor, J. 6th ..

LADIES ENGLISH ELECTRIC JUDO CLUB

30th June, 1956

Lloyd, Miss G. M. 5th Kyu
Watson, Miss Y. 6th ..
Brookes, Miss G. 6th ..

FELTHAM JUDOKWAI

4th April, 1956

Harris, S. 3rd Kyu
George, C. A. 4th ..
Hall, J. 4th ..
Harris, T. 4th ..
Putt, G. 5th ..

FIFTY-FIVE JUDO CLUB

29th June, 1956

Rowe, J. A. 4th Kyu
Woodford, M. 4th ..
Prosser, L. 4th ..
Clark, L. E. 5th ..
Warwick, J. 5th ..
Meddeman, H. 5th ..
Krykant, T. 5th ..
Fox, W. 5th ..
Humphreys, P. 5th ..
Burridge, P. 5th ..

FURNESS JUDO CLUB

31st August, 1956

Pilkington, J. 2nd Kyu
Kirby, G. 2nd ..
Moore, I. 3rd ..
Rigg, L. 4th ..
Ward, R. 4th ..
Flemming, D. 5th ..
Biggar, H. 5th ..
Mort, C. 5th ..
Gaitskill, W. 5th ..
Ackred, J. 5th ..
English, N. 5th ..
Wells, P. 6th ..
Cummings, J. 6th ..
Round, W. 6th ..

G. K. KWAI JUDO CLUB

30th June, 1956

Campion, A. 2nd Kyu

GLASGOW POLICE JUDO CLUB

13th May, 1956

Hosie, A. 2nd Kyu

LADIES GLASGOW POLICE JUDO CLUB

13th May, 1956

Calderwood, Miss A. 3rd Kyu

GLASGOW UNIVERSITY JUDO CLUB

13th May, 1956

Kirk, N. 2nd Kyu
Brown, R. 4th ..
McColgan, B. 4th ..
Haddad, R. 5th ..
Duthie, J. 6th ..
McKenzie, R. 6th ..

GLASGOW UNIVERSITY JUDO CLUB

11th July, 1956

McLean, N. 3rd Kyu

GREENFORD JUDO CLUB

5th July, 1956

Astley, B. 2nd Kyu
Mead, D. 3rd ..
Pile, J. 3rd ..
Reynolds, M. 3rd ..
Wakeling, D. 4th ..
Prentice, B. 4th ..
Hilburn, W. 4th ..
Cave, R. 4th ..
Jones, A. 4th ..
Higgins, J. 4th ..
Kraycirik, B. 4th ..
Williams, K. 4th ..
Beard, E. 6th ..
O'Neill, R. 6th ..

LADIES GREENFORD JUDO CLUB

5th July, 1956

Gibbons, Miss M. 4th Kyu
Brock, Miss K. 4th ..

GREENOCK JUDO CLUB

13th May, 1956

Skinner, R. 2nd Kyu
Gilmour, A. 3rd ..
Boyle, J. 3rd ..
Brownlee, J. 4th ..
Webster, E. 4th ..
Brown, A. 4th ..
McGhee, T. 5th ..
Campbell, J. 5th ..
Davies, S. 5th ..
McLees, S. 6th ..
Jarvie, J. 6th ..
Quigley, W. 6th ..

HARLOW JUDO CLUB

16th August, 1956

Tilley, J. 4th Kyu
Hardisty, E. 4th ..
Burl, S. 6th ..
Mott, J. 6th ..
Eyre, A. 6th ..
Alexander, A. 6th ..

LADIES HARLOW JUDO CLUB

16th August, 1956

Brett, Miss V. 5th Kyu
Taylor, Miss D. 5th ..
Webb, Miss R. 6th ..

HARROGATE JUDOKWAI

15th June, 1956

Anderson, A. 2nd Kyu
Padgett, M. 2nd ..

HARROGATE JUDOKWAI

11th July, 1956

Spellman, A. 4th Kyu
Thackwray, H. 4th ..
Gee, B. 5th ..
Coulson, T. 5th ..
Fahy, A. 5th ..
Cooper, G. 6th ..
Cunningham, J. 6th ..
Slinger, P. 6th ..
Holmes, J. 6th ..
Cockerill 6th ..
Lofthouse, A. 6th ..

LADIES HARROGATE JUDOKWAI

11th July, 1956

Magson, Miss P. 3rd Kyu

HARROGATE JUDOKWAI

19th July, 1956

Utley, B. 5th Kyu

H.M.S. CERES JUDO CLUB

19th July, 1956

Dolan, N. 5th Kyu
Potter, G. 5th ..
Brindle, B. 5th ..
Jeffery, S. 6th ..
Towersley M. 6th ..
Maxwell, P. 6th ..
Farthing, A. 6th ..
Ducker, N. 6th ..
Raynor, P. 6th ..
Chambers, E. 6th ..

HOVE JUDOKWAI

15th June, 1956

Jackson, H. 1st Kyu

HUDDERSFIELD JUDO CLUB

15th July, 1956

Winters, A. 6th Kyu
Haig, B. 6th ..
Armitage, A. 6th ..

HYSON GREEN JUDO CLUB

23rd March, 1956

Hevness, D. 4th Kyu
Sweetmore, R. 4th ..

HYSON GREEN JUDO CLUB

23rd June, 1956

Herrick, K. 3rd Kyu
Bruce, M. 4th ..

JERSEY SCHOOL OF PHYSICAL CULTURE JUDO CLUB

27th July, 1956

Le-Huquet, J. 3rd Kyu
Thomson, A. 3rd ..
Bartram, G. 5th ..
Samson, E. 5th ..
Pigeon, W. H. 6th ..
Higgins, J. 6th ..
Burch, C. 6th ..
Picot, R. D. 6th ..
Rondel, B. 6th ..

JERSEY SCHOOL OF PHYSICAL CULTURE JUDO CLUB

15th August, 1956

Hull, R. 2nd Kyu

JUDOKWAI CARDIFF

2nd September, 1956

Wallis, L. 1st Kyu

KATHO-RYU JUDO CLUB

1st July, 1956

Rolley, R. 2nd Kyu
Rimes, F. 2nd ..
Dyas, W. 3rd ..
Dales, N. 3rd ..
Sams, P. 3rd ..

KITA-NISHI-KWAN

3rd June, 1956

Lever, J. 1st Dan
Connor, P. 1st ..

KITSUNE RYUGI

19th April, 1956

Emond, R. 3rd Kyu
McGinlay, W. 4th ..
Currie, K. 4th ..
Bell, A. 5th ..
Sutherland, G. 5th ..
Hislop, I. I. 6th ..

LADIES KITSUNE RYUGI

19th April, 1956

Hoggan, Miss A. 2nd Kyu

KODOKWAI JUDO SOCIETY

28th July, 1956

Briezkalns, J. 3rd Kyu
Bradbury, A. 4th ..
Clark, T. 4th ..
Webster, F. 4th ..
Agar, L. 4th ..
Robertson, T. 4th ..
Warren, G. 5th ..
Clark, R. B. 5th ..
Turner, C. 5th ..
Stephenson, W. 5th ..
Parker, W. 5th ..
Robson, R. 5th ..
Maxwell, S. 6th ..
Leask, K. 6th ..
Bell, G. 6th ..

KOIZUMIKWAI JUDO CLUB

13th May, 1956

Welsh, J. 5th Kyu
Tennent, R. 5th ..
McLean, A. 6th ..
Quinn, J. 6th ..

KOIZUMIKWAI GLASGOW

6th June, 1956

McDermott, T. 3rd Dan

KYUKWAI JUDO CLUB

6th May, 1956

Huggins, W. 2nd Kyu
Barbour, G. 3rd ..
Moore, J. 3rd ..
Ellis, K. 3rd ..
Pavett, B. 5th ..

LYDNEY JUDO CLUB

LYDNEY JUDO CLUB

15th July, 1956

Hartop, B. 5th ..
Marsham, L. 5th ..

KYUSHOKAN JUDO CLUB

13th May, 1956

Gray, J. 4th Kyu

LEEDS JUDO CLUB

11th July, 1956

Cumming, G. W. 4th Kyu

LEICESTER JUDOKWAI

23rd June, 1956

Rock, D. 3rd Kyu
Bostock, G. 4th ..
Hold, J. 4th ..
Hancocks, L. 4th ..
Bannan, J. 5th ..
Warner, D. A. 5th ..
Hollinsworth, B. 5th ..
Preston, W. R. 5th ..
Beasley, W. 5th ..
Rowbottom, A. 6th ..
Hemmesly, L. P. 6th ..
Dickinson, J. 6th ..
Kelsey, T. L. 6th ..
Dreward, A. 6th ..
Crompton, J. 6th ..
Church, I. J. 6th ..
Hurst, G. A. 6th ..
Woods, P. 6th ..
Cole, C. E. 6th ..

LOTHIAN JUDO CLUB

7th April, 1956

McConnel, E. 2nd Kyu
Harvey, D. 2nd ..
Tweedie, T. 2nd ..
Banks, D. 2nd ..
Lindner, G. 4th ..
Woods, T. 4th ..
Paterson, J. 5th ..
Rankin, W. 5th ..
Smiley, J. 5th ..
Smiley, G. 5th ..

LOTHIAN JUDO CLUB

21st July, 1956

Tweedie, T. 1st Kyu

LOUGHBOROUGH ACADEMY OF JUDO

23rd June, 1956

Needham, A. 2nd Kyu
Caldicott, H. 4th ..
Butcher, J. R. 5th ..
Booles, F. W. 6th ..
Morley, L. 6th ..
Kendall, A. 6th ..

LOUGHBOROUGH COLLEGE JUDO CLUB

23rd March, 1956

Eagle, G. R. 4th Kyu
Chapple, J. N. 4th ..
Davies, B. 5th ..
Khalilhe, M. 5th ..
Robinson, L. 6th ..
Hornsby, P. 6th ..
Iglinski, W. 6th ..

LOUGHBOROUGH COLLEGE JUDO CLUB

30th June, 1956

Kayzakian, A. 4th Kyu
Holmes, B. H. 5th ..

MACEFIELD JUDO CLUB

14th April, 1956

Walters, J. 5th Kyu
Nock, B. 6th ..
Walters, F. 6th ..
Beard, J. 6th ..
Beard, R. 6th ..

M.E.R.L. JUDO CLUB

13th May, 1956

Roberts, D. 4th Kyu
Sweetin, J. 4th ..
Kane, J. 5th ..
Cullivan, J. 6th ..

MERSEY JUDO CLUB

30th June, 1956

Wharton, J. 4th Kyu
Feeney, D. 5th ..
Lee, W. 5th ..
Burrows, K. 5th ..
Doran, M. 6th ..
Hughes, J. W. 6th ..

MIDDLESBROUGH JUDO CLUB

20th May, 1956

Harris, R. 4th Kyu
Crossley, B. 4th ..
Farrell, M. 5th ..
Howard, D. 5th ..
Taylor, T. 6th ..
Denwood, D. 6th ..
Hill, J. 6th ..
Williams, N. 6th ..
Hall, K. 6th ..
Probert, G. 6th ..
Kelley, C. 6th ..

MIDDLESBROUGH JUDO CLUB

30th August, 1956

Swales, E. 5th Kyu

MIDDLETON GRAMMAR SCHOOL JUDO CLUB

31st August, 1956

Wright, W. 6th Kyu
Buckley, M. 6th ..
Seddon, P. 6th ..
Wilde, P. 6th ..
Jones, K. 6th ..
Turner, R. 6th ..
Eastwood, E. 6th ..
Cheatham, R. 6th ..
Thompson, A. 6th ..
Baguley, A. 6th ..

MOUNTAIN JUDO CLUB

15th July, 1956

Stopford, C. 5th Kyu
Pickles, J. 6th ..

MUDANSKAWAI

JUDO CLUB

Cook, R.	1st Kyu
Casey, J.	2nd Kyu
Kutler, R.	3rd Kyu
Quinton, H.	4th Kyu
Denney, T.	5th Kyu
Richards, D.	6th Kyu
Barker, J.	1st Kyu
Williams, D.	2nd Kyu
Lord, K.	3rd Kyu
Dalton, J.	4th Kyu
Salween, W.	5th Kyu
Ramsay, L. W.	6th Kyu
Tatum, G. C.	1st Kyu
Yeager, W.	2nd Kyu
Johnson, A.	3rd Kyu

NEWCASTLE (STAFES)

POLICE JUDO CLASS

Kelsall, D.	6th Kyu
Jones, R.	1st Kyu

N.O.R. JUDO CLUB

Price, M. J.	3rd Kyu
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NORTH LONDON JUDO CLUB

Raine, R.	1st Dan
Webb, G.	1st Kyu

OSAKA JUDO CLUB

Rooney, V.	1st Kyu
Martin, J.	2nd Kyu
Richie, A.	3rd Kyu
Goughan, G.	4th Kyu
Richardson, P.	5th Kyu
Cordon, W.	6th Kyu
Clarkson, G.	1st Kyu
Campbell, A.	2nd Kyu
Doeherty, P.	3rd Kyu
Kelly, J.	4th Kyu
McComick, D.	5th Kyu
Guthrie, D.	6th Kyu
Sharp, G.	1st Kyu
Boyle, J.	2nd Kyu
Murray, R.	3rd Kyu
Lang, W.	4th Kyu
Steele, John	5th Kyu
Tannahill, D.	6th Kyu
Hamilton, D.	1st Kyu
Kirk, T.	2nd Kyu
Steele, Jas.	3rd Kyu
Nellis, J.	4th Kyu

OXFORD CITY JUDO CLUB

Belcher, E.	4th Kyu
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PERTH JUDO CLUB

M'Naughton, N.	1st Kyu
Smith, G.	2nd Kyu

PINHEURST JUDO CLUB

Gowland, E.	4th Kyu
Gowland, M.	5th Kyu
Patterson, R.	6th Kyu
Twitchell, J.	1st Kyu
Sharples, A.	2nd Kyu
Denett, H.	3rd Kyu
Tarrant, C.	4th Kyu

RESEARCH G.E.C. JUDO CLUB

Ashby, D.	1st Kyu
Lee, D.	2nd Kyu
Entwistle, G.	3rd Kyu
Colson, I.	4th Kyu
Hartnell, D.	5th Kyu
Jones, A.	6th Kyu
Henry, C.	1st Kyu
Barber, C.	2nd Kyu
Gurney, E.	3rd Kyu
Self, T. A.	4th Kyu
Cumling, M.	5th Kyu
Slater, J.	6th Kyu
Newman, A.	1st Kyu
Whiteley, D.	2nd Kyu
Watson, G.	3rd Kyu
Gibson, H.	4th Kyu
Gibson, W.	5th Kyu
Clement, P.	6th Kyu
Wallace, R.	1st Kyu
Stimpson, J.	2nd Kyu

PONTPOOL JUDO CLUB

Pugh, J.	6th Kyu
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PORTHCAWL JUDO CLUB

Churchill, V.	4th Kyu
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PORT TALBOT JUDO CLUB

Richards, M.	1st Kyu
Richards, B.	2nd Kyu
Richards, V.	3rd Kyu
Daniel, B.	4th Kyu
Stewart, A.	5th Kyu

PRESSED STEEL JUDO CLUB

Hamilton, W.	3rd Kyu
Masteron, T.	4th Kyu

R.A.F. COSFORD JUDO CLUB

Solomon, R.	5th Kyu
Ball, G. A.	6th Kyu
Schofield	1st Kyu

R.M.A. SANDHURST JUDO CLUB

Eloer, D.	2nd Kyu
Worce, R.	3rd Kyu
Murphy, A. B.	4th Kyu
Gill, R.	5th Kyu
Thwaites, R.	6th Kyu
Hodgson, W.	1st Kyu
Corkhill, A.	2nd Kyu
Wilson, T.	3rd Kyu
Abraham, D.	4th Kyu
Reilly, M.	5th Kyu
Spall, McCanless	6th Kyu
Spence	1st Kyu
Sparks	2nd Kyu
Lord	3rd Kyu
Ratanavadi, T.	4th Kyu
Webb, J.	5th Kyu

ROCHDALE JUDO CLUB

Clarke, M.	2nd Kyu
Beardmore, R.	3rd Kyu
Lord, K.	4th Kyu
Pilling, R.	5th Kyu
Myrnat, L.	6th Kyu
Beardmore, C.	1st Kyu
Sankey, T.	2nd Kyu

ROCHESTER JUDO CLUB

Almond, Miss E.	4th Kyu
Hirst, Miss P.	5th Kyu

ROLLS-ROYCE JUDO CLUB

Johnson, M.	4th Kyu
Lennon, G.	5th Kyu
Bryan, A.	6th Kyu
Floyd, S.	1st Kyu
Hawkins, G.	2nd Kyu
Watson, A. H.	3rd Kyu
Sandell, A.	4th Kyu
Murray, M. A.	5th Kyu
Warrington, J.	6th Kyu
Mellors, J. H.	1st Kyu

ROWLEY BUDOKAN

Poulson, A.	4th Kyu
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ROWLEY BUDOKAN

Wilkinson, J.	3rd Kyu
Barker, J.	4th Kyu
Roberts, J.	5th Kyu
Inceker, A.	6th Kyu
Poole, A. J.	1st Kyu
Lawler, J.	2nd Kyu

SAKAI JUDOKWAI

Steele, W.	3rd Kyu
Bullock, J. R.	4th Kyu
Johnston, W.	5th Kyu

SAMTRAI JUDO CLUB

Duncan, A.	5th Kyu
O'Donnell, E.	6th Kyu
Nixon, J.	1st Kyu
McDevott, E.	2nd Kyu

TAKI JUDOKWAI

McDonnell, R.	6th Kyu
McDonnell, J.	7th Kyu
Sellar, W.	8th Kyu
Murray, J.	9th Kyu
Cunningham, D.	10th Kyu
Sibbald, T.	11th Kyu
McGeoch, C.	12th Kyu

S.E.T. FEELWORKS JUDO CLUB

Burke, M.	4th Kyu
Derbyshire, L.	5th Kyu
Barrie, A.	6th Kyu

SEXIRYUKWAI JUDO CLUB

O'Dwyer, T.	2nd Kyu
Blake, A.	3rd Kyu
Bartlett, G.	4th Kyu
Armstrong, B.	5th Kyu
Trenchard, R.	6th Kyu
Flynn, J. T.	7th Kyu
Gauchi, D.	8th Kyu
Bailey, C.	9th Kyu
Murray, G.	10th Kyu
Bellmonier, G.	11th Kyu
O'Dwyer, S.	12th Kyu

SHEFFIELD JUDO CLUB

Louie, P.	5th Kyu
Lucas, D.	6th Kyu

SHREWSBURY JUDO SOCIETY

Wright, G. G.	4th Kyu
Froder, W. G.	5th Kyu

SOUTHAMPTON & DIST. JUDO SOCIETY

Brook, P. W.	5th Kyu
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SOUTHAMPTON JUDOKAS

Dillon, J. L.	5th Kyu
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SOUTH-WEST ESSEX JUDO CLUB

Ripp, A.	2nd Kyu
Saunty, E.	3rd Kyu
Strohmer, H.	4th Kyu
Allen, J.	5th Kyu
Hever, A.	6th Kyu
Bishop, F. R.	7th Kyu
Bradley, H.	8th Kyu
Parsons, J.	9th Kyu
Parsons, D. T.	10th Kyu
Matthews, D.	11th Kyu
Lewis, A. J.	12th Kyu
Twizell, A. F.	13th Kyu
Jackson, I.	14th Kyu

SOUTH-WEST ESSEX JUDO CLUB

Hart, Miss S.	5th Kyu
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TAKI JUDO CLUB

Johnston, J.	2nd Kyu
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THE IRISH JUDO ASSOCIATION

Shields, H. J.	2nd Kyu
Collinge, F.	3rd Kyu

THE JUDOKAN, LONDON

Betts, A. R.	2nd Kyu
Quek, M. H.	3rd Kyu
Quek, T. H.	4th Kyu
Clark, E.	5th Kyu
Worley, A.	6th Kyu

THE JUDOKAN, LONDON

Lovstrom, M.	3rd Kyu
Adams, K. V.	4th Kyu
Hart, R.	5th Kyu
Morrison, D.	6th Kyu
Almad, T. O.	7th Kyu
Almad, T. A. R.	8th Kyu
Kidd, G.	9th Kyu
Ledger, W.	10th Kyu
Platt, P.	11th Kyu
Becker, D.	12th Kyu
Addiman, D.	13th Kyu

THE JUDOKAN, LONDON

Hartley, J.	5th Kyu
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THE JUDOKAN, LONDON

Finch, H. C.	2nd Kyu
Ahmad, T. B.	3rd Kyu
David, S.	4th Kyu
Vickery, G.	5th Kyu

THE IRISH JUDO ASSOCIATION

Mosley, K. H.	5th Kyu
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THE RUDOKWAI

Schar, E.	4th Kyu
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THE RUDOKWAI

Appley, J.	2nd Dan
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THE RUDOKWAI

Appley, J.	2nd Dan
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THE RUDOKWAI

Appley, J.	2nd Dan
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THE RUDOKWAI

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THE RUDOKWAI

Appley, J.	2nd Dan
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THE RUDOKWAI

Appley, J.	2nd Dan
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TORA SCOTIA JUDO CLUB

Stewart, A.	2nd Kyu
Mathie, A.	3rd Kyu
McIntyre, A.	4th Kyu
Middlemiss, E.	5th Kyu
Davidson, R.	6th Kyu
Fraser, A.	7th Kyu
Bell, A.	8th Kyu
Levie, R.	9th Kyu
Ness, J.	10th Kyu
Leggett, D. J.	11th Kyu
McAlonan, J.	12th Kyu
Sweeney, J.	13th Kyu
Coleman, J.	14th Kyu
Cooper, T.	15th Kyu
Henderson, I.	16th Kyu
Bone, R.	17th Kyu

TORA SCOTIA JUDO CLUB

Stewart, A.	2nd Kyu
Mathie, A.	3rd Kyu
McIntyre, A.	4th Kyu
Middlemiss, E.	5th Kyu
Davidson, R.	6th Kyu
Fraser, A.	7th Kyu
Bell, A.	8th Kyu
Levie, R.	9th Kyu
Ness, J.	10th Kyu
Leggett, D. J.	11th Kyu
McAlonan, J.	12th Kyu
Sweeney, J.	13th Kyu
Coleman, J.	14th Kyu
Cooper, T.	15th Kyu
Henderson, I.	16th Kyu
Bone, R.	17th Kyu

TORA SCOTIA JUDO CLUB

Stewart, A.	2nd Kyu
Mathie, A.	3rd Kyu
McIntyre, A.	4th Kyu
Middlemiss, E.	5th Kyu
Davidson, R.	6th Kyu
Fraser, A.	7th Kyu
Bell, A.	8th Kyu
Levie, R.	9th Kyu
Ness, J.	10th Kyu
Leggett, D. J.	11th Kyu
McAlonan, J.	12th Kyu
Sweeney, J.	13th Kyu
Coleman, J.	14th Kyu
Cooper, T.	15th Kyu
Henderson, I.	16th Kyu
Bone, R.	17th Kyu

TORA SCOTIA JUDO CLUB

Stewart, A.	2nd Kyu
Mathie, A.	3rd Kyu
McIntyre, A.	4th Kyu
Middlemiss, E.	5th Kyu
Davidson, R.	6th Kyu
Fraser, A.	7th Kyu
Bell, A.	8th Kyu
Levie, R.	9th Kyu
Ness, J.	10th Kyu
Leggett, D. J.	11th Kyu
McAlonan, J.	12th Kyu
Sweeney, J.	13th Kyu
Coleman, J.	14th Kyu
Cooper, T.	15th Kyu
Henderson, I.	16th Kyu
Bone, R.	17th Kyu

TORA SCOTIA JUDO CLUB

EDINBURGH
6th June 1956

CONTEST GLIMPSES (1) by T. P. Leggett

TRANSJUKWAI JUDO CLUB

24th July, 1956		
Moulton, J.	3rd Kyu	
Hallworth, L.	5th "	
Ball, E.	5th "	
Gaunt, V. S.	5th "	
Chamberlain, P.	6th "	
Salad, K.	6th "	
Kelshaw, M.	6th "	
Lea, P.	6th "	

LADIES

TRANSJUKWAI JUDO CLUB

24th July, 1956		
Sidebotham, Miss J.	2nd Kyu	
Ducee, Miss H.	4th "	

TRURO JUDO CLUB

1st July, 1956		
Ward, W. H.	4th "	
Scott, A. R.	6th "	
Bunting, V.	6th "	
Knowles, G.	6th "	
Leonards, A.	6th "	
Hatton, B.	6th "	
Bullock, L.	6th "	
Bunt, A. R.	6th "	
Carter, A.	6th "	
Jose, J. H.	6th "	
Parsons, J.	6th "	
Robins, R.	6th "	

LADIES

TRURO JUDO CLUB

1st July, 1956		
Henderson, Miss P.	5th "	
Hall, Miss A.	6th "	
McLay, Mrs. V.	6th "	

USK BORSTAL OFFICERS JUDO CLUB

8th July, 1956		
Dan, A. E.	4th Kyu	
Russ, M.	5th "	
Richards, K.	5th "	
Simpson, C.	5th "	
Hard, C. J. J.	5th "	
Hamden, K. B.	5th "	
Miller-Reid, J.	6th "	
Breach, K.	6th "	

VAUXHALL MOTORS JUDO CLUB

30th August, 1956		
Gowans, G.	2nd Kyu	
Stevenson, E.	3rd "	
Bradley, A.	5th "	
McLaughlin, R.	5th "	
Dimmock, E.	6th "	
McDonald, F.	6th "	
Kitchener, C.	6th "	

WADOKWAI (CAERPHILLY) JUDO CLUB

8th July, 1956		
Woods, G.	4th Kyu	
Jones, R.	5th "	
Owen, J.	5th "	
Hancock, R.	5th "	
Bird, T.	6th "	

WALKDEN & DISTRICT JUDO CLUB

1st June, 1956		
Hindman, A.	5th Kyu	
Baker, J.	6th "	
Bennetta, E.	6th "	

Cowley, G.	6th "	
Gregory, F.	6th "	
Plant, T.	6th "	
Wolstenholme, J.	6th "	

WALKDEN & DISTRICT JUDO CLUB

25th August, 1956		
Daly, G.	3rd Kyu	
Hyndman, A.	4th "	
Bennetta, E.	5th "	
Baker, J.	5th "	
Campbell, R.	5th "	
Swinbourne, M.	5th "	

WARRINGTON JUDO CLUB

27th June, 1956		
Hill, J. B.	1st Dan	

WARRINGTON JUDO SOCIETY

30th June, 1956		
Evans, S.	1st Kyu	
Knight, A.	3rd "	
Bradbury, W.	3rd "	
Wright, G.	6th "	

WATTS CLOSE JUDO CLUB

29th April, 1956		
Parkes, K. A.	5th Kyu	
Parkes, M. P.	5th "	

WEIR'S JUDO CLUB

13th May, 1956		
Aikman, J.	3rd Kyu	
Sewell, W.	4th "	
Cameron, W.	6th "	
Howie, G.	6th "	

WELLS Y.M.C.A. JUDO CLUB

10th August, 1956		
Phelan, J. B.	5th Kyu	

WINNINGTON PARK JUDO CLUB

29th August, 1956		
Miskell, M.	4th Kyu	
Neile, S.	5th "	
Woods, A. C.	5th "	
Southern, G.	5th "	
Welch, D. A.	5th "	
Winstanley, E.	5th "	
Toker, J. J.	5th "	
Sheppard, E.	5th "	
Griffiths, E.	5th "	
Lewis, R.	5th "	
Malam, J.	5th "	
Battison, E.	5th "	
Taylor, R.	5th "	
Gunning, P.	6th "	
Stackhouse, D.	6th "	

LADIES WINNINGTON PARK JUDO CLUB

29th August, 1956		
Fitzgerald, Mrs. R.	6th Kyu	
Lewis, Mrs. D.	6th "	
Malam, Mrs. N.	6th "	
Sprace, Miss D.	6th "	

WULFRUNA JUDO SOCIETY

12th June, 1956		
Finch, R.	3rd Kyu	
Knowles, B.	4th "	
Oakley, R.	5th "	

Law, J.	5th "	
Goode, P.	5th "	
Clifford, P.	5th "	
Poole, J.	5th "	
Birch, R.	6th "	
Caddy, J.	6th "	
Woolley, J.	6th "	
Cox, A.	6th "	
Stringer, A.	6th "	

LADIES WULFRUNA JUDO SOCIETY

12th June, 1956		
Harrison, Miss E.	5th Kyu	
Morris, Miss M.	6th "	

WULFRUNA JUDO SOCIETY

10th August, 1956		
Mitchell, R. T.	1st Kyu	

YONEN-KUBUKYAI JUDO CLUB

3rd May, 1956		
Harvey, D.	4th Kyu	
Collings, L.	6th "	
Ford, D. F.	6th "	
Dabinett, R.	6th "	
Frazer, P.	6th "	

YORK RAILWAY INSTITUTE

4th July, 1956		
Wallace, D.	3rd Kyu	
Thompson, G.	3rd "	
Turner, N.	5th "	
Murgatroyd, J.	5th "	
Geeland, J.	5th "	
Wilson, C.	5th "	
Brooks, P.	6th "	
Harrison, G.	6th "	
Lambert, L.	6th "	
Sanderson, J.	6th "	
Stone, C.	6th "	

YOSHIN JUDOKWAI

15th April, 1956		
Brown, J.	2nd Kyu	
Fox, E.	2nd "	
Dodds, J.	4th "	
Graham, B.	4th "	
Caulfield, J.	5th "	
Russell, T.	5th "	
Halliday, T.	5th "	
Anderson, A.	5th "	
Neilson, W.	5th "	
Drummond, W.	5th "	

LADIES YOSHIN JUDOKWAI

15th April, 1956		
Purves, M.	4th Kyu	
Robertson, I.	5th "	
McConnell, A.	5th "	
Walls, G. A.	5th "	
Mitchell, U.	5th "	

YOSHIN JUDOKWAI

17th March, 1956		
Purves, J. P.	2nd Kyu	
Cornwall, W.	2nd "	
Purves, W.	4th "	
Ireland, T.	4th "	
Walkinshaw, W.	4th "	
McLaren, J.	4th "	
McLaren, D.	4th "	
Gibson, W.	4th "	
McQue, T.	5th "	

Beginners sometimes comment that the throw which actually wins a big contest is disappointingly untidy. To bring off a technique neatly there has to be a great superiority in position; it is seen in the One Against Ten matches, where there is a big difference in grade. But where opponents are evenly matched, the throw is often a near thing.

Take this throw by an all-Japan champion, Mr. Matsumoto. Obviously he is too far away, and he looks clumsily hunched—one feels that the throw will fail. But now look at the good points; the left hand pull, pinning opponent's right foot to the ground and preventing it going back to take the weight; the powerful thrust with the right hand driving opponent's weight back and using the slack of the collar (an advanced trick for getting one's right elbow straight in the push); the head well forward and hips turned to the left, to aid in the right arm's push; the right foot low down on the opponent's left leg. The throw was clearly a scramble; probably it came at the end of a short rally when neither contestant had perfect balance. Matsumoto could not get well in, but he has exceptionally long legs, and perhaps could afford to attempt the throw from farther away provided the other essentials were right.



Compare now with a posed O-uchi-gari. In the classical form the thrower has far more control because he is closer in. But the other main points are the same.

Now have another look at the contest picture. In fact the opponent is going over, and the throw came off. But do not think that this is a pet variation. The champions practise their throws on proper lines; then in the stress of contest, even if one or two points are imperfect, there is a good chance that the correctness of the others will still bring off the throw.



CLUB FORUM

OLDHAM

CHERRY LEAF JUDO CLUB. So popular has Judo become in Oldham that Mr. F. Glennon, the Secretary, has now opened his second club at Coldhurst Street—the original now being in operation below Billington's Dancing Academy in Ashcroft Street. A demonstration has recently been given in the St. John's Ambulance Brigade Carnival. Mr. Glennon writes to say that there is still room for more members, so contact him at 60, Hollinghall Street, Oldham.

SOLIHULL

ROVER (SOLIHULL) SOCIAL AND ATHLETIC CLUB. Although this Club has only been in existence about twelve months, membership is rapidly growing, and a 2nd Kyu has already been awarded. One of their two mats is claimed to be the finest in the Midlands. An exhibition was recently given in aid of funds for the Infantile Paralysis Fellowship. The Secretary's address is Meteor Works, Lode Lane, Solihull.

USK

USK BORSTAL OFFICERS JUDO CLUB. The Secretary, Mr. A. E. Don, No. 6, Bungalow, Maryport Street, Usk, Mon., writes: "Any Club wishing to pay us a visit is always welcome. If there is a judoka in the area without a dojo he may apply for membership".

CROYDON

CROYDON AND DISTRICT JUDO SOCIETY. The Secretary informs us that 400 names have now passed through the books since the new premises were opened just over a year ago; and although there are two dojos in operation every evening the "regulars" are still demanding more room. Members include whole families; and a lady black belt getting more experience in Japan. Junior boys and girls are a speciality—the boys display being one of the high-lights in the show at the Royal Albert Hall last Easter organised by the Budokwai.

SCOTTISH SECTION

by R. E. Stanton

Along with George Kerr (2nd Dan) of the Tora Scotia I was pleased to accept an invitation to the newly-formed club in **BO'NESS** to visit their dojo. The club is situated in an old school about a mile this side of the town. Mr. Millar is President of the Carriden Community Centre of which, in part, has been given over to the new club members who are lodged in the school gymnasium.

Mattresses were laid on the floor of the gym and only one half covered with canvas. However, nothing loth, Kerr piled in with instruction and demonstration of throws which were followed by questions, all which lasted a full two hours. Even then I had great difficulty in tearing him away in time to accept the refreshment our kind hosts offered us.

Secretary Peter Sutcliffe tells me they hope to be in a position soon to lay a larger and more suitable canvas. Meanwhile, until another visit is paid them by a Dan grade, Alec Beck and Peter Cassetari will endeavour to keep them on the right track.

GRANGEMOUTH, the oil boom town lying well up the Firth of Forth, have had a club going for several months, receiving instruction from Mr. McMillne (1st Dan) on a few occasions. Mr. Gibson, Hon. Secretary, informs me that they have now applied for affiliation to the Scottish Section of the B.J.A. and here I was pleased to assist him in drawing up a draft constitution for their adoption.

Following the last Scottish Section meeting in **GLASGOW**, Bill Robertson, one of the leading lights there, invited me along to his club, the Osaka. This club is located right in the centre of Glasgow, which fact, no doubt, contributes to their considerable membership. The dojo is fair sized even if irregularly shaped, the dressing room more than ample and they can boast showers and a sun lamp.

The Osaka, recently had one of their members recommended for promotion to 1st Dan (Donald Purdie) at the Tora Scotia Summer School held in **EDINBURGH** this July.

Nine Scottish and one Irish (Northern) student at the Tora Scotia Course in Judo were recommended for upgrading to 1st Dan at the grading held on the Saturday following the course. It was a lengthy examination, or so it appeared, lasting from 10 in the morning until 4.30 in the afternoon but no one can deny he didn't have sufficient opportunity to display his skill. Mr. Geoff. Gleeson (4th Dan) was the teacher for the week and Mr. Trevor Leggett (6th Dan), who was for part of the week on holiday, also taught and had several bouts with the many who lined up for the honour. Scottish hospitality is such that we were rather nervous about laying on a viciously planned "holiday camp" entertainment, nor do we wish to encourage a round of successive museums, but I had planned, if I may use the word, a visit over the famous Forth Bridge with all its magnificent attendant scenery, but to no avail. However, a guest's enjoyment and pleasure is my pleasure. I do hope that the many books they packed into their grips did not blister their hands or give ache to their shoulders in the carrying. I even bought one—a book I mean, myself. Next time—the Forth Bridge.

Kerr, perhaps more diplomatic than I, managed to persuade Mr. Leggett to the summit of the Scott Monument. For a small man it is rather trying to negotiate the never-ending narrow spiral staircase, each

step no more than eighteen inches wide, lying at an angle of 45 degrees to its fellow. Mr. Leggett is a large man and the inevitable happened—he stuck at the top. Now a free man once more, I wonder if he will consider that trip over the “mighty bridge”?

From the northmost club in Scotland, **INVERNESS**, comes the news that Stuart Chisholm intends to assist in the formation of a club in Nairn. This is where infiltration is a splendid ambition. Let's hear how you get on, Stuart.

The Scottish Section are to hold their A.G.M. at the Tora Scotia, Edinburgh, this year on Sunday, October 21st. It is hoped that every Scottish club will be represented at this important meeting.

The S.C.P.R. report that work is now progressing on their Hill Hotel, Largs. When completed in July, 1957, facilities would be available for running courses accommodating 60-70 persons. Associations are requested to submit how often the premises would be required, at what times of the year and what facilities would be required by each Association.

RECORD?

At a B.J.A. official grading held at the Croydon Club on 29th September, 15-year-old Margot Sathaye, 3rd kyu member of the ladies' junior section, quickly disposed of her colleagues. She was then matched against an adult 2nd kyu lady, and put up an admirable performance—which earned her a 2nd kyu award. We believe Margot is the youngest lady blue belt in Europe.

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Contrary to popular belief, injuries sustained whilst practising Judo are no greater than when participating in other sporting activities.

Nevertheless, difficulty has been experienced in effecting suitable insurance cover; and because of this "JUDO" has been making extensive enquiries as to the possibility of securing a satisfactory policy—modest as regards premium and free from restrictions. It must be admitted that even a temporary disablement might result in financial embarrassment.

We are, therefore, pleased to announce that we have now been successful in obtaining Personal Accident Insurance facilities of a worthwhile nature for all whilst practising Judo in the British Isles, Eire and the rest of Europe; and as the insurance is on a Lloyds policy, Judoka may rest assured that the scheme is first-class in every way. The premium is exceptionally low, and the formalities very simple. Just fill up the form on opposite page and post to us together with the requisite amount of money.

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Age..... Occupation.....

Address

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Date.....

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Canvas. Ditto.

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Judo and Judo-Do	H. Klinger-Klingerstorff	7/6	5d.
Judo for Beginners	E. J. Harrison	3/6	3d.
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