

JUDO

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MAGAZINE

FOR JUDOKA

BY JUDOKA

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JUDO

VOL. I

NOVEMBER 1956

No 2



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JUDO

NOVEMBER
1956

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No. 2

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A. R. MENZIES

Technical Adviser: T. P. LEGGETT (6th DAN)

Advertising Manager: A. H. MATTHEWS—Telephone: ABBey 1049

EDITOR'S OFFICE

PHONE : CROYDON 0200

Well, our first issue has now been read (we hope!); and we most sincerely trust it comes up to expectations.

There have been criticisms of course—but we will endeavour to make each number better than its predecessor. As we can only do this by having your ideas, please do not hesitate to write. Once again we should like to exhort club secretaries to let us have their news, as we feel sure that there are far more interesting news items available than have so far been received. Get your activities known!

The appearance of a few misprints must be excused in the last-minute rush to get the magazine out on time. In particular we should like to express our regrets for the personal errors—Mr. Bloss for instance; and the irate post-card we received from Veritas asking (??) why his signature was omitted from "Whispers in the Wind".

Although letters of congratulation have been received by the dozen, our hats still fit! One club secretary even went so far as to advise his local newspaper of the new magazine, and it was duly reported. Many thanks. The extent of our foreign circulation is most encouraging for the first number—South Africa, U.S.A., Japan, British West Indies, Australia, Cyprus and the Continent. If any of you are thinking of going abroad, why not send in a yearly subscription so that you do not lose touch. For your benefit we should be only too pleased to print any news regarding clubs and proposed clubs abroad.

Adequate distribution has been difficult, and complaints have been received from judoka saying "no supplies at newsagents". Wholesalers have been contacted, but it is a big job to ensure that country-wide distribution has been achieved. Although we believe conditions will improve this month you can always obtain back numbers from us. See page 43.

The response to our insurance facilities confirms our opinion that such a scheme was badly wanted. Will all those who have so far received acknowledgements only of their premiums, please rest assured they are duly covered from the time they receive their receipt. We wish to confirm this as policies have not yet been sent out; and owing to the numbers involved it now seems expedient to have certificates printed instead of typing individual policies.

Finally, may we draw your special attention to a fine series of lectures being given by Mr. G. Koizumi (7th Dan), details of which will be found on page 5. We have attended similar lectures before, and can vouch that this is an opportunity not to be missed.

GNOTHI SEAUTON —

KNOW THYSELF (2)

James Fulton, M.S.F., M.S.S.CH.

MYOLOGY

MUSCLES are the structures which constitute the red flesh of man and, from birth to death, they play a critical role in everything we do. They propel us into the world, provide nearly all our internal heat, push food along the digestive tract, take air into the lungs, squeeze out the tears and write finis when the heart falters and stops. At times they are referred to as muscles of iron yet the working element in a muscle is a soft jelly and when contraction occurs, it is capable of lifting one thousand times its own weight which is truly a supreme miracle and proof that it is the most remarkable stuff in Nature's curiosity shop.

In addition to their contractibility, muscles clothe the bones, support and strengthen the joints and form a protective covering for the cavities of the trunk and are estimated to be about forty-five per cent of the body weight.

There are approximately five hundred and twenty-seven muscles in the body; two hundred and sixty-one as pairs and five single muscles. Their powers of contraction have indeed baffled the most gifted scientist. They are formed of contractile tissue; that means that the cells of which the muscles are composed have the power, when stimulated, of instantly changing their shape.

This miracle of muscle movement is brought about by the action of nerves and both the nerve and the muscle are best considered as parts of an original unit. The muscle retains the power of contractibility and of producing motion whilst the nerve retains the power of irritability and of conduction.

The components of combined muscular movements are muscles or groups of muscles in a state of either relaxation or elongation and contraction or shortening acting at different but specific centres of motion. They are always ready for action and can only be completely rested when irritability, tone or inherent power has gone.

When muscles are in perfect tone, they are opposed by others so that when one set contracts another set relaxes; thus they are evenly balanced but if, for example, the extensors of a part become paralysed then the unopposed flexors will cause a deformity. The flexors are those muscles which bend the joints and the extensors the muscles which straighten the joints.

When a muscle contracts it uses fuel which is in the form of glucose. This is combined with oxygen and the chemical action produces heat, energy and waste matter, chiefly carbon dioxide and sarcolactic acid. The glucose and oxygen are carried to the muscle by the red blood cells and the waste carried away by the blood. After a certain amount of work, the muscle produces sarcolactic acid faster than it can take it away with the result that the muscle becomes fatigued and stiff but this feeling will wear off if rested and the circulation catches up to clear the waste.

Although we know about the contraction of muscles when lifting anything, we can only, as yet, give a sketchy account of what happens when the muscle becomes shorter and broader. We know a great deal about the reflex action our movement illustrates—a nervous message to the spinal cord and back again at the rate of about four hundred feet per second; and we know that the message travels along a transparent thread of living matter; also that an electrical change occurs and a little heat is given off and a corresponding amount of carbon dioxide, but, as yet, we are not able to explain the nerve message in terms of anything else.

In order that a muscle may effectively exercise its power of contractibility, it must possess (1) a relatively fixed point termed the origin and (2) a movable point of attachment termed the insertion both of which are subjected to a wide range of variation.

There are three types of muscular tissue each with its own particular job.

(1) Those that come under the control of the will are termed voluntary or striated muscles and are used to clothe the bones.

(2) The involuntary muscles are those over which we have no control and are found in the walls of the stomach, respiration and circulation and are known as unstriated muscles.

(3) The cardiac muscle is also involuntary therefore not being under control of the will but is midway between that of the voluntary and involuntary and under the microscope will be found to be vaguely striped.

So it is that Nature is jealous of her secrets and it is only from time to time that she yields a little to the scientists who by constant striving may make some discovery and add it to the store of human knowledge.

Many books have been written on muscles but none has fully explained the process by which muscles contract, and once the mechanics of muscular action is thoroughly understood, we will be at the beginning of a new biology.

DO YOU KNOW

That the skin contains more than 2,500,000 pores with about 3,000 to the square inch?

That there are 200-250 taste buds on the tongue but that none are in the centre?

RELAXATION

Lie quietly in bed with the legs straight out and arms resting at sides. Contract one set of muscles at a time and then relax them, starting from the feet and working upwards. One can learn the art of relaxation this way and have a more restful sleep.

Six Lectures on the Fundamental Principles of Judo

By
G. KOIZUMI (7th Dan)
at

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Basic Principles in Judo (2)

T. P. Leggett

WHO hasn't pushed hard against a stuck door, and then had it suddenly fly open as he pushed, sending him head-long? In Judo, if you push

at an expert he will generally resist you, and then when you push harder he will abruptly swing away so that you are pushing at empty space. A slight action with his hands as you go plunging past will send you into a tremendous head-over-heels fall. There are a number of different throws in Judo depending on this principle, of which Fig. 1 is one.

FIG. 1



You are walking along the street. You had stepped on to your right foot, and were just going to bring up the left foot when a dog ran in front of you, pressing against your left knee so that you couldn't move a leg. You pitched forward, off balance, and the least little pull would have sent you over.

This situation is duplicated in Judo with the throw called Hiza-guruma (Knee Wheel). The man's left knee was blocked just as he was about to come forward; the thrower sends the man over with a wide pull on the sleeve. Fig. 2 shows Hiza-guruma at a fairly early stage.



FIG. 2

Suppose a rather fat man is walking very upright, as fat men generally do. Just as his left foot comes down on to the ground to take his weight, a small child cannons into his leg and shifts it. His weight is still coming forward, but the support is not where it is needed, and he falls over.



In the Judo throw called O-uchi-gari (Major Inner Reaping) we carry away the foot just as the weight is coming down on it, and by a push-pull action of the hands assist the opponent's collapse. This is a pretty throw but horribly hard to bring off in the stress of contest unless by some happy accident you get the timing exactly right.



THE BRITISH JUDO ASSOCIATION

George Blackmore, Hon. Sec. and Registrar

IN my article which appeared in the first issue of "JUDO" it seems that an error was made in that *affiliation* to B.J.A. was mentioned. I wish to correct this, as connection with B.J.A. is only by *membership*. Affiliation is a connection between clubs, as in the case of a number of small clubs being affiliated to a larger one.

It seems evident that the midnight oil which I used in writing my first article was not wasted! A number of secretaries of Judo clubs which are not yet members of B.J.A. have written in asking for details of membership. I hope that we at H.Q. have been able to help.

Perhaps in this article I ought to say something about the Special General Meeting held on 13th October, for the purpose of examining the draft of the new B.J.A. Constitution; also the Annual General Meeting of member-clubs held on 14th October. Firstly, I would like to say that the Executive Committee was very pleased to see so many member-clubs represented at the meetings. I don't feel that much can be written about the Constitution meeting. The solicitor who kindly came along to the meeting to advise, said that the Draft Constitution as it stands at present is too long and too complicated. It was therefore proposed by the meeting that the re-drafting of the Constitution be placed in the hands of the solicitor. The meeting did, however, go through the draft, page by page, and several amendments were suggested; these were noted by the solicitor. It is hoped that the re-drafted Constitution will be ready by Christmas, and that all member-clubs will be notified of a Special General Meeting to be called for mid-January to consider and discuss the new draft. I will agree that it is "dry stuff" this forming of a strong Constitution, but believe me it is most important that our Association should have a good Constitution around which to work.

Now let me say something about the Annual General Meeting. It turned out to be the meeting that I had never hoped to attend, either as Hon. Secretary or as a member of the Executive. How sad I felt when Mr. Koizumi asked to resign his position as National Coach and to leave his "grand-children" (as he said) to carry on. I knew that many people shared with me the feeling of regret that the time had come, all too soon, for G.K. to relinquish the important position which he has held since the founding of our Association eight years ago. Judo in Great Britain owes all its progress to the untiring efforts of Mr. Koizumi. Since the foundation, in 1918, of The Budokwai at Lower Grosvenor Place, Judo has slowly progressed until today, when it is making itself prominent as a national sport. Now, many thousands of judoka practise daily in all kinds of places and often under trying conditions. May I, on behalf of all the judoka in Great Britain, say many thanks, G.K., for giving us your many years and great spirit of Judo. May you be granted continued good health, and could we hope that whenever you are able,

you will favour us with advice from your vast store of unlimited experience?

The Question now is—are we fitted to carry on the great work?

Your new Executive Committee is:

Mr. E. G. Miller (Chairman).

Mr. A. Zipeure.

Mr. F. Pearson.

Mr. G. Gleeson.

Mr. G. W. Chew.

Mr. D. Burr.

Miss I. Edwards.

and undoubtedly has the spirit to try to maintain the high standard of British Judo at all costs. The problems confronting the Committee are many, but with the co-operation of all judoka we hope to progress.

Perhaps the other surprise of the meeting was the decision to alter the system of payment of annual subscriptions to B.J.A. As you all know, this subscription has always been paid on a per capita basis, the last three years at 2/-. The change to the block fee of £5 5s. 0d. per club is indeed drastic, I feel, and may cause hardship to the smaller clubs. I refer to those clubs with less than ten members. It means that a club of this size will have to find five guineas between them. This is 10/6d. per member per year. Is this too much to pay for B.J.A. membership? It sounds a lot, perhaps, but it actually only works out at less than 1/- per month per member. Let's not count the cost, but consider what we are trying to build, and that is a strong Judo body which will be able to look after the affairs and interests of all judoka. As you all know, we at H.Q. give many, many hours of our time for no payment. We are keen, very keen to help always and to give every minute of our spare time for you. You must remember, however, that we have our limitations. The work just piles in, and some things have to wait a long time before they can receive attention. We feel that these delays must be lessened, in other words, we must have full-time paid help. The B.J.A. office must always be open for you. So then, if we are to progress we must have more money. It is up to you to help us to help you, by providing some of the maintenance costs.

You will note that the Balance Sheet shows a profit of almost £300 on sales. This is indeed a great achievement, and we wish to thank all judoka who have purchased their equipment, books, badges, etc., from H.Q. We hope that they will continue to do so in the future.

A full report of both General Meetings will be sent to all clubs in due course.

I will leave the reporting of our Display at the Royal Albert Hall to the experts! I only wish to say thank you for helping to make the Display a success.

STOP PRESS

The honour of being the first club to forward the new block fee annual subscription goes to a newly-formed club at Bangor, County Down, in Northern Ireland. This club is THE NORTH DOWN JUDO CLUB and so far it has only *nine* members.

ROYAL ALBERT HALL

BRITISH JUDO ASSOCIATION SELECTION CONTESTS AND DISPLAY

13th October, 1956

ONCE again the Royal Albert Hall was the venue of a judo display; and the Chairman, Mr. John Barnes, gave a particularly warm welcome to all those who were seeing judo for the first time. He remarked that this was the first occasion that elimination contests had been held at the Royal Albert Hall for the selection of the team to represent Great Britain in the European Championships to be held in Vienna in November. He briefly commented on the tremendous strides British Judo has made since the B.J.A. was formed in 1948; and their representatives in the first World Championships held in Tokyo in May of this year gave an excellent account of themselves.

After Mr. Gunji Koizumi, 7th Dan, and Mr. Ichiro Abe, 6th Dan, had been introduced to the audience, the proceedings were compered by Mr. Marcus Kaye, O.B.E. (who is, incidentally, a 3rd Dan with international experience); and the eliminations were interspersed with a number of interesting items. The chief of these in the first half was Nage-No-Kata by D. Burr, 2nd Dan, and E. Miller, 1st Dan; and the rhythmic precision of the junior boys from the Croydon Club.



Bus Stop Comedy



Ichiro Abe, 6th Dan

The second half included an exhibition by Mr. Abe who has the style and grace of a ballet dancer—but there is an iron fist in the gloved hand! Mr. Leggett, 6th Dan, and Mr. Gleeson, 4th Dan, expertly showed that Go-No-Sen-No-Kata really has technique.

The contestants for the five places available in the British team which will represent Great Britain in the European Championships in Vienna on the 17th November, consisted of four seeded entrants who were in last year's team, and four entrants who had worked their way through the preliminary eliminations and were chosen for the final



T. McDermott and P. Lewis

selection matches after the national preliminaries held at Birmingham—as reported in our last issue.

The competitors who were due to meet each other in the contests were:

G. Gleeson,	4th Dan,	Budokwai.
C. Palmer,	4th Dan,	Budokwai.
D. Young,	3rd Dan,	Budokwai.
W. Stepto,	3rd Dan,	Budokwai.
J. Chaplin,	2nd Dan,	London Judo Society.
C. Lewis,	1st Dan,	Swansea Judo Club.
D. Petherbridge,	1st Dan,	Swansea Judo Club.
T. McDermott,	3rd Dan,	Koizumikwai.

The central arena was almost completely filled with the large mat; and two contests were carried on simultaneously under the control of Mr. Abe and Mr. Leggett.

From the twenty-eight contests due to take place it was nice to see C. Palmer and G. Gleeson matched against each other for the first time. Gleeson attempted O-uchi-gari and Tia-otoshi within a few seconds of starting, but Palmer was not unduly worried and avoided these attempts fairly easily. Gleeson in return was quite unperturbed when Palmer tried De-ashi-harai and Harai-goshi a minute or so later; and these tactics rather describe the entire contest which ended in Ichiro Abe



G. Gleeson and C. Palmer



D. Young throwing C. Palmer

raising his hand and indicating a draw. It was fairly obvious from the start that unless either of them made a bad mistake the chances of scoring by either were slim—disappointing possibly from the public point of view, but interesting from a judoka's.

The match between D. Young and C. Palmer ended somewhat dramatically. The contest opened rather slowly, and the attacks that had been made were perhaps weak with more attempts at feeling out than real contest Waza; but suddenly Palmer whipped



T. McDermott and W. Stepto



D. Young and W. Stepto

in for a left O-soto-gari. Young seemed to bend slightly backwards, then he turned sharply to his right and Palmer was swept into the air from a counter O-soto-gari that carried Young down on top of his opponent for a full point. It was as Palmer tried to get up that he was seen to be injured at the knee; but in obvious pain he completed the formality of bowing to Young before limping off. It was later announced that he had torn a ligament in his left knee and would be unable to continue—which was a great disappointment to the audience who had hoped to see a good deal of him during the contests.

Chaplin in his match with Stepto nearly brought off a



J. Chaplin and W. Stepto



Croydon Boy's in action

good Tomoe-nage—Stepito only just managing to avoid going over on to his back, and although completely suspended in mid-air on Chaplin's foot he managed to twist to the side and save himself. Chaplin again tried the same throw, but this time it was not nearly so successful and Stepito avoided trouble quite easily. Stepito attempted Uchi-mata which Chaplin dodged, then Harai-goshi which gave him a Waza-ari and later he managed to get another Waza-ari with O-uchi-gari which won him the contest. Chaplin was the only contestant to use Tomoe-nage during the evening, and although he did not score with it he certainly upset one or two of his opponents in the attempts.

McDermott (as usual in all his matches) attacked at every opportunity, giving his opponents very little time to move around and choose an opening. His best contest was with Lewis, who, although two grades below him, had done exceedingly well with the very strong opposition. McDermott tried one or two Tsurikomi-goshi without success, and the same applied to a good Tsurikomi-ashi. He then whipped into Lewis, his right arm went to the ground, and Lewis was flying through the air from a perfect Harai-makikomi to crash on to his back giving McDermott the best win of the evening.

The show seem to lack variety from a spectator's point of view; and this reporter in particular was exceedingly disappointed in not seeing any ladies in action. Oh yes, Iris Dehnel (one of the few lady black belts in this country) threw Ichiro Abe!

BRITISH TEAM ELIMINATIONS—FINAL SELECTION

ROYAL ALBERT HALL, SATURDAY, 13th OCTOBER, 1956

	GLEESON	PALMER	YOUNG	STEPITO	MCDERMOTT	LEWIS	PETHERBRIDGE	CHAPLIN
GLEESON		Hikiwake	Hikiwake	Uchi-mata	Yusei-gachi	Uchi-mata	O-uchi-gari O-guruma	O-uchi-gari Ta-otoshi
PALMER	Hikiwake			Hikiwake	No Contest	No Contest	No Contest	No Contest
YOUNG	Hikiwake	O-soto-gari (counter to O-soto-gari)		Harai-goshi	Ko-soto-gari De-ashi-harai	Uchi-mata	Harai-goshi	Te-waza (counter throw)
STEPITO		Hikiwake		Tsurikomi-ashi		Hiza-guruma	Tia-otoshi (counter to Uchi-mata)	Harai-goshi O-uchi-gari
MCDERMOTT						Harai- makikomi	Hikiwake	
LEWIS		No Contest					Hikiwake	Hikiwake
PETHERBRIDGE		No Contest			Hikiwake	Hikiwake		Scot-nage
CHAPLIN		No Contest			Sode- tsurikomi- goshi	Hikiwake		
Contests Won	5	Nil	6	3	2	Nil	1	1
Contests Drawn	2	2	1	1	1	2	2	1
Contests Lost	Nil	1	Nil	3	3	4	3	4

Asterisk indicates first technique scored Waza-ari or $\frac{1}{2}$ point, if only one technique shown only Waza-ari scored. Double asterisk indicates both techniques scored Waza-ari.



The moment of agony!

CONTEST GLIMPSES (2)

T. P. Leggett

A moment of agony for Hatori, one of Japan's leading contest men! In the picture above you see him desperately trying to salvage a throw that has almost failed. How did he get into this position? He undoubtedly began with his favourite Tai-otoshi (body drop), which in its classical form looks like Fig. 1 (notice the victim's toes caught behind the thrower's right knee). But the other man was quick enough to get his right foot out and hop over, and now Hatori is making a supreme effort **to change the whole direction of the throw**; instead of pushing, his right hand has begun pulling, and he is trying to swing the opponent over by taking his own head and shoulders far down to the left. There is no more body-wrenching movement in contest Judo than this sudden change of direction.

If you have a careful look you will see that though the opponent is on tip-toe and going over, he has his right arm free and will be able to save the point by preventing himself being turned right over on to the back. He will probably land on his side just in front of Hatori, who will have to pursue his *a d v a n t a g e* into ground work.

Beginners often feel disappointed when they see this sort of thing in a top-grade contest; they think there must be something badly wrong with the technique when no clean throw is achieved. But to get to the position in Fig. 1, you have to bring the other man completely off balance, while at



FIG. 1

the same time going through the complicated turning and sinking movement which will bring your own body into position. Against a man of about your own skill, it is very difficult to do that. You have to manoeuvre a good deal before you get a chance. This manoeuvring looks dull if you don't know Judo, and only want to see throws and yet more throws, just as a close-fought football match looks dull to an outsider who only wants to see goal after goal. But just as in football the top teams have very close-fought matches, so to the connoisseur these Judo contests won only by a hair can be among the greatest thrills of the sport.

UNIVERSITY NEWS

Colin Forrester

And here we have the first reaction to the proposed British Universities' Judo Association.

Because of the time gap between publication and the publishers' deadline, there has been a chance for only Oxford to reply. The secretary of that club, P. Megann (2nd Kyu), Queen's College, bears out the point made last month about the lack of co-ordination between the universities: So loose indeed is the present system that notice to appear in the semi-finals of the 1956 Universities' Championships at the Albert Hall, arrived with only twenty-four hours' notice.

Besides these incidents, he feels a general isolation and lack of knowledge of other organisations except through casual meetings during varsity matches. In this matter, if in nothing else, a central organisation would help by providing a regular source of information. In that aim, at any rate, "JUDO" will do its best to help the clubs, not only do we intend to keep the British universities in close touch with each other, but contact is also being established with France, Spain and other continental countries. This will present an opportunity for comparison of both the conditions and the finished product.

The dangers of isolation in university clubs cannot be over emphasised. Frequent practise with the same people dulls the contest, and varsity matches are by their nature limited in number. I wonder how many university clubs share Glasgow's habit of occasionally matching themselves against non-university teams? A good practice, to be recommended thoroughly.

In the meantime we should like to hear more opinions on a central organisation. While the formation of a B.U.J.A. might prove to be too difficult, it will not be until we have heard the preliminary views that anything can be decided, letters on the subject are wanted. Forward the penmen. We also want to hear the family news from the clubs. Team matches, special courses and other items of interest are welcomed, and we should like to see some photographs forthcoming. Are none of the clubs proud of their teams?

Later we hope to circularise the clubs with gallup-polls and fill-up forms to extract the news as painlessly as possible, but at the moment we are relying on your letters.

Incidentally, here is a message of hope for lady judoka: The Oxford ladies who have been taught self defence so far, have shown such enthusiasm and desire to learn Judo as a sport, that there is a chance that they may get their wish. No promises yet.

British Register of Black Belts

Mr. A. A. Zipeure, secretary of the British Register of Black Belts, has asked us to publish the following message to all Yudansha throughout the British Isles, practising and otherwise.

Will all Yudansha please communicate with the secretary of the British Register of Black Belts, c/o British Judo Association, 32 North Street, London, S.W.4, for the purpose of compiling complete and authentic records of Dan grades in this country.

It is hoped that all the Dan grades will co-operate in this work as complete records are of great value to the Judo movement in this country. It is not necessary to be a member of the register to comply with the above request, and any other letters appertaining to the Dan grades of this country are also welcomed.

EUROPEAN CHAMPIONSHIPS

C. Palmer, who was injured in the eliminations held to decide the members of the British team, may be travelling to Vienna as a team member if he is considered fit. Should this be so the following team order will be changed and D. Petherbridge will become 1st reserve.

The team has been chosen as follows:

G. Gleeson (4th Dan), Captain.
D. Young (3rd Dan).
W. Stepto (3rd Dan).
T. McDermott (3rd Dan).
D. Petherbridge (1st Dan).
J. Chaplin (2nd Dan), First Reserve.

A. A. Zipeure is the business manager for the team and he has made all the arrangements for travelling and hotel accommodation. The team leave London on the 13th November and travel by train via Ostend, through Germany to Vienna arriving on Wednesday, 14th. This gives them plenty of time to acclimatise themselves and have a quick look round before the eliminations start on the afternoon of Thursday, 15th. The eliminations continue during Friday, 16th, and the finals are held on Saturday, 17th, at the Wiener Messehalle.

A full account of the championships will be published in our next issue and, if possible, a report of the European Judo Union's congress. Incidentally, the venue for the next year's championships is usually decided during the congress so we should be able to publish the name of the country chosen to be hosts for 1957's championships.

A small British contingent is travelling out to support our team: Tony Denton is travelling out by car and we hope he has a good trip.

Also travelling is E. Miller, chairman of the B.J.A., delegate to the European Judo Union Congress. This Congress is held each year during the week of the championships.



Name: DAME ENID RUSSELL-SMITH,
D.B.E., M.A.

Born: 1903.

Business or Profession: Deputy Secretary, Ministry of Health.

Age when started Judo: 34.

Dame Enid is a 3rd Dan of the B.J.A. and her grade is also registered at the Kodokan, Tokyo, the headquarters of Judo.

This is the highest grade achieved by any woman outside Japan, and even among Japanese women there are only a handful of higher grades.

Apart from her skill on the mat Dame Enid has given a tremendous amount of service to the cause of Judo—notably as Editor of the Budokwai quarterly “Judo”, the first Judo magazine in this country.

Hobbies: Mountaineering, Photography.

WHISPERS IN THE WIND

It would seem that the first issue of "JUDO" was a success. Several people wrote in seeking help with their problems, and it is hoped that I was able to accomplish what I set out to do in my first column. There is one thing you must do, and that is, when making enquiries about people's grades to send full names and, where possible, details of the clubs where they are known to practise.

Still we are not able to find out why so many people have taken up Judo in the past years. You all seem rather reluctant to say!

A number of people wrote in asking for details of local clubs, and how to join the B.J.A. Each letter was answered separately, but please remember that the headquarters of the B.J.A. are best able to put you in contact with your nearest club.

I noticed one very interesting point at the Annual General Meeting of the B.J.A. which I was privileged to attend; that Judoka generally have no time for those people who adopt grades which are not recognised by the B.J.A. It is this kind of attitude that is going to maintain the high standard of British grades. We are proud aren't we? There are far too many individuals floating around calling themselves all kinds of grades (and shades!).

What of the National Police Championships held on 27th September, at the Kursaal, Southend-on-Sea? Several people holding Black Belts of some other organisation were soundly beaten, and the all-grades Open Championship was won by a Blue Belt from a B.J.A. member club. Well done, P.C. Fred Purser! (He comes from Co. Durham Police).

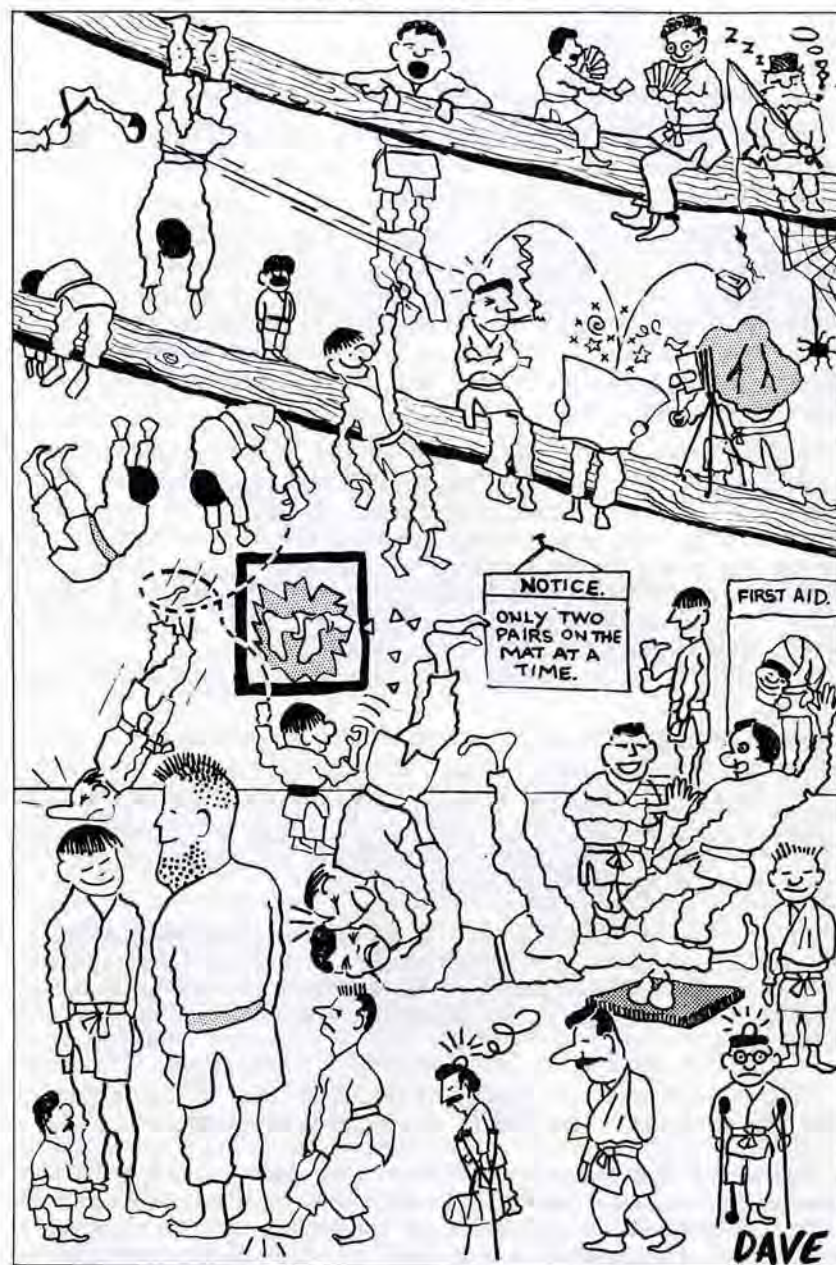
I hear that one of the larger clubs is hoping to bring over from Japan a high-grade instructor. Let's hope that this club introduces him to the public through the B.J.A. and does not consider him as ammunition against other clubs. British Judo needs all the high-grade instruction that it can get; let's use it for all, and generally improve our Judo.

While on the subject of instruction, I have met someone who asks: "Why no follow-on courses after beginners' courses?" He said that he didn't wish to become a "chopping-block" for higher graded people! Large clubs should pay greater attention to beginners and the people who have just completed their initial course in Judo. Remember—every beginner is a potential Black Belt; he needs your help and guidance—not your "thumping" ability!

Finally, here's wishing "good luck" to the British team in the European Championships in Vienna. Watch out for full report and pictures in the next issue of "JUDO".

Veritas

CLUB NIGHT



The British Judo Association

32, NORTH STREET, CLAPHAM,
LONDON, S.W.4.

ANNUAL GENERAL MEETING, 14th October, 1956.

Little did the many people know who were present on this fine Sunday morning that they were about to hear of the relinquishing of office of the two biggest pillars of the Association.

In making his farewell speech as Chairman, Mr. John Barnes presented the Association with a poster advertising the recent World Championships held at Tokyo autographed with the names of all the prominent people gathered together there. These championships are now a thing of the past, and what better way of acknowledging the finale than by showing a picture of the cluster of flags of the competing nations on the front cover of this magazine.

The hall listened in silence and sadness as Mr. Gunji Koizumi announced his retirement from the British Judo Association, the European Judo Union, and the National Coach. Expressions of regrets came from all sides; and it was with some relief that he was persuaded to accept the newly-created position of President of the B.J.A. Mr. Koizumi commented on his being known as "the father of British Judo", and sincerely hoped that his "children" and "grand-children" would carry on the great traditions in the same spirit.

Herewith the various Reports, which have been somewhat abbreviated:

Chairman's Report.

The past year has been noteworthy for the spread of activities throughout the Association, and for the organisational achievement which made these activities possible. I am referring, of course, to the work of the previously formed areas, and to the creation of new ones which are now functioning and becoming well established.

Judo at last is operating on a more uniform basis geographically, which has been the aim of succeeding B.J.A. Committees for many years. It is to these Committees that some recognition is due, and to those that gave such valuable help in the pioneering stages of the Area idea and organisation.

Today, there are seven Area Sections of B.J.A., the North-Eastern and Southern Areas being formed during the past twelve months.

Two Area Representative Meetings were held in London which resulted in decisions to hold a National Inter-Area Championships each year, each Area being responsible for the arrangements in rotation; a scale of fees and expenses for instructors, coaches and examiners visiting the Area; a revised constitution for the B.J.A.; and perhaps the most

important of all, one place for each Area on the Executive Committee. This move is long overdue, and I believe with the signs of excellent leadership and organising ability in the Provinces, Judo will expand and progress as never before. I would like to take this opportunity to thank the Committee Liaison Officer, Mr. Zipeure, Mr. Blackmore on the recording side and all those who have contributed so excellently in work and time throughout the country in the successful development of the Area organisations.

Other outstanding events in our year include the occasion of the first World Championships, held in Tokyo in which our representative Dickie Bowen did very commendably. Messrs Danny Bloss, Alf Grabher and George Whyman, already studying Judo there, have also done well. It is hoped that their experience will be of value and help to British Judo on their return.

The British team put up a very good show at the European Championships in Paris last December, and there is every reason to believe that the team emerging from the finals of the elimination contests at the Royal Albert Hall on October 13th will give a very good account of itself at the forthcoming European Championships in Vienna on November 16th and 17th.

The award by Mr. Kano of the grade of 6th Dan to Mr. T. P. Leggett, which was approved by the B.J.A. Grading Panel, marks the first occasion on which a non-Japanese has been awarded this grade. Mr. E. J. Harrison and Mr. Percy Sekine were similarly awarded 4th Dans and Dame Enid Russell-Smith a 3rd Dan.

I have spoken so far on the credit side, of the things we like to hear. There have been problems, familiar to other committees, but these must be solved in future if our Committee is to function with full efficiency. Too much work has been shouldered by too few. It is also always difficult to bring together a large full Committee for regular meetings owing to the different time schedules of the members concerned, but if a Committee is to function as it should, it is essential that only those are elected who are willing and able to carry out the duties of the office they are to hold. The amount of work and the responsibility of the Committee today is tremendous. The time has come when some paid help is necessary to maintain a prompt and efficient carrying out of the work, particularly on the secretarial and administrative side. I hope these matters will receive the attention they merit at the A.G.M.

In March of this year, I intimated to our National Coach, Mr. Koizumi, my intention to retire from the Chairmanship of the B.J.A. which I have been honoured to serve in that capacity since its foundation in 1948. This decision is the result of the increasing responsibility in my company in London, and also to the increasing amount of work entailed with the foreign side of Judo. This branch of Judo activity I am willing to continue, if required, as Judo International affairs demand some

experience in these matters gained in my connection with the European Judo Union since its foundation in 1948.

In standing down as Chairman of the B.J.A., I welcome this opportunity and the opportunity at the A.G.M. of repeating my very sincere thanks to all those who have worked so splendidly with me, in past, as well as present Committees. To Mr. Koizumi I owe, as indeed we all owe, the greatest respect and appreciation for his imagination and foresight which was responsible for the foundation of the British Judo Association and of the European Judo Union. The B.J.A. will prosper and thrive ONLY if it maintains the spirit of Judo as shown and exemplified by G.K. With this good spirit and the co-operation of all working in the interests of Judo, Judo in Britain and throughout the world will grow from strength to strength.

J. G. BARNES.

Secretary's Report.

We have just concluded our eighth year of Judo organization, and there is no doubt that it has been the best year so far in our short life. Many things have happened during the year 1955-56, the greatest event without question being the establishing of our Headquarters at North Street, London, S.W.4. On 1st October next we celebrate our first year of tenancy. Our office holds many records of people and of clubs. It is a mine of information to all judoka.

Perhaps this is a suitable point for your Hon. Secretary to say a few words in his other capacity—that of Registrar to the Association, as for the past year these two offices have been combined. We feel that a great deal of the strength of B.J.A. lies in our comprehensive system of records—of clubs, individual judoka, correspondence and (most important) grades. The efficient and up-to-date maintaining of these records depends upon your co-operation—whoever you are. If you change your address, let us know. If you move to another town and join another club, take your grading card with you so that the Secretary of your new club can give us correct details when registering you as a new member. Find out from your Secretary the index letters for your club and quote them in all correspondence—it all makes for speedier service. Most important factor is, of course, co-operation from Club Secretaries, as nearly all club correspondence is carried on through them. **PLEASE** send addresses of new members when registering them for the first time. I know that every report I make seems to contain this plea, but it does make such a difference to have this co-operation, as anyone who has seen us at work will agree, I'm sure.

Many people have visited our office, and we hope that many more people will come to see us. You can always be sure of a welcome and also a cup of tea from our Official Caterer—no joke—it's true!

A word now about Area organization. We can say generally that it has been successful. Decentralisation does, however, create problems, but these have now been brought to light and steps are being taken to improve Area work. New Areas this year are (1) North-Eastern Area, split into two groups—Northern group centred on South Shields, and Southern group centred on York; and (2) Southern Area, centred on Brighton. Perhaps the success of Area organization can be attributed to the "getting together" of people in Judo which it has made possible. The first Inter-Area Contests held at Weston-Super-Mare on 15th September last were most successful. Everybody in Judo was there with the exception of your writer, who had to go to work! The National Elimination Contests for the British Team held in Birmingham on 22nd September drew crowds of judoka from the Areas (again, alas, your writer was at work!). Our thanks are due to the Committees of the Western and Midland Areas respectively, who worked so hard to organise both of these events.

Many new clubs have been granted provisional acceptance as members during the year and several more applications have been received during this September. The names and total of new member-clubs will be given at the Annual General Meeting.

Summing up on the year's work, we can say that much has been accomplished, yes, a really successful year. Help your Committee and our Association to give you what you need—good, strong and sporting Judo.

Lastly, the European Judo Championships in Vienna, which I have already mentioned. To the Team who will represent us we say "Good Luck", and here's hoping for a win, but most of all, display good Judo.

A. G. BLACKMORE,

Hon. Secretary/Registrar.

Financial Report.

The committee has pleasure in reporting that the income and expenditure account discloses a surplus for the year ended 31st August, 1956, of £185.

REVIEW OF THE PAST YEAR.

INCOME:

The Association's growth can be measured by comparing this year's income from annual subscriptions and recording fees with last year's. During the year the additional service of supplying books, Judo kits and accessories was undertaken, and is reflected by the increased profit on sales.

Three courses were run without incurring a loss this year.

EXPENDITURE—EXPENSES OF PREMISES:

This is the first year the Association has had an office in which to store the grading records and stocks. It is gratifying to see the income has increased sufficiently to absorb these very necessary expenses.

ADMINISTRATIVE EXPENSES:

A hard blow came when the postal rates altered, for our postage charges on badges, ties—and the new items—books and kits increased considerably. Another expense which will increase next year is secretarial assistance. There is an urgent need for an assistant to be employed to handle the ever increasing secretarial work.

AREA LIAISON EXPENSES:

Nearly the whole of Great Britain is now divided into areas. Two meetings have been held in London when representatives from each area have had the opportunity of interchanging their views.

The first of these meetings disclosed the difficulty and expense of coming to London, in order to be examined for promotion from Brown Belt to Black Belts. Consequently, the cost of sending two members of the National Grading Panel to those areas where a number of Brown Belts seek promotion, is now to be borne by the Association.

TRAINING IN JAPAN:

The response to the appeal for funds to enable Mr. R. Bowen to remain in Tokyo after the World Judo Championships was most disappointing and a substantial sum had to be found out of income.

Mr. Bowen wishes to thank those who did subscribe.

A list of contributors will be published next month.

Those clubs who can afford to contribute are earnestly requested to do so in order that Mr. Bowen need not curtail his training.

EUROPEAN JUDO CHAMPIONSHIPS:

Considerable saving on the previous year was made due to the efforts of Mr. Dominy, and the committee wish to thank him for acting as business manager.

In conclusion, the past year has been a financial success in that a satisfactory surplus was obtained necessary to finance our programme of development.

It is not my intention to seek re-election for the forthcoming year, so may I take this opportunity of expressing my thanks and appreciation to the committee, and in particular to Mr. Blackmore, for the co-operation and assistance given to me during the past two years.

BRIAN D. WEBB,

Hon. Treasurer.

A MESSAGE FROM A LADY JUDOKA

At the Annual General Meeting of the British Judo Association held in London on 14th October, 1956, I was accorded the honour of being elected to the Executive Committee of the B.J.A. I should like to make it known that I have the particular interests of lady judoka at heart and shall be pleased to help them in any way I can.

IRENE E. EDWARDS.

AREA NEWS

SCOTTISH SECTION

R. E. Stanton

In London, a few weeks ago, I was pleased to renew old acquaintances and meet many new faces in and out of the Budokwai.

The meetings I attended, while not exciting, were to say the least interesting. Mr. Barnes, B.J.A. Chairman for eight years, retired from office, Mr. Eric Miller succeeding him. "G.K." resigned from the post of National Coach, an enthusiastic meeting voting him Life President of the B.J.A. We in Scotland are extremely sorry he considers it necessary to take such a step. At the meeting it was agreed that the minimum qualification for his successor would be 4th Dan.

Small clubs in Scotland, of which there are many, are sharpening their claymores over the annual £5 5s. payment per club to the B.J.A. It would appear that the small clubs just can't make it, and there is not a philanthropist amongst them. However, we are assured that the Association will certainly not retard the growth of Judo for the sake of a few pounds.

The proposed constitution has to be rehashed before being presented once more for approval in January.

Scots in London should visit Mr. Blackmore's "fingerprint" section—it is a revelation in records. Secretaries can learn a lesson in docket and file. Look him up at 32 North Street, London, S.W.4.

Although not packed to capacity at the Albert Hall the organisers certainly did justice to the occasion. To enable them to run to time four contestants took part simultaneously. On this instance there was no "ring", the mat being laid on the deck allowing a much larger contest area. T. P. Leggett and Ishiro Abe, both 6th Dans, were the umpires. Let us not be confused, this Mr. Abe is technical director of the Belgian Federation of Judo. By now you all know the results but we in Scotland are thrilled to know that Tam McDermott has made the British team. Those who have not met this 3rd Dan have probably heard of him. Mothers in remonstrating with unruly children threaten them with "the Black McDermott will get you".

The Annual General Meeting of the Scottish Section was held at the TORA SCOTIA, EDINBURGH, on Sunday, 21st October. Representation could have been better. Clubs should at least try to send along one member to air their views and grievances, if any. Practically the same office bearers and committee as last year were elected with these few exceptions: Steve Kingalis (Osaka) and Bill Hislop (Tora Scotia) returned to the committee. Allison Hogan (Galashiels) is a newcomer. Miss Hogan was graded 1st Kyu at the Tora Scotia in September and is the first lady in Scotland of that grade.

For the purposes of easier administration, Scotland is now set up in three areas, viz: North, East and West. Scottish Secretary, Mr. J. Brooks, will also act in a secretarial capacity for the West. Mr. W. Hislop (1st Dan) is the Area Secretary for the East. I believe it is the intention of the North to elect their own Area Secretary when their representative, Mr. E. Grant, returns to that area.

Miss Jean Houston, who has been the Scottish Grading Secretary for the past three years, has resigned from that post and from the committee, if not from Judo altogether. All business in respect of gradings now become the responsibility of the Area Secretaries. In passing I think that one cannot but fail to mention the amount of time and care Miss Houston has given to the Scottish Section in the performance of her duties as Grading Secretary. Many a club secretary, confused by the hazards of grading arrangements has had these difficulties smoothed out by Jean. Wherever she is, we shall always remember her as a most patient and efficient recorder, nor do I think her efforts should go unrewarded.

The Judo club at **GRANGEMOUTH** have now been accepted by the "Section" and soon hope to hold their first grading. Enquiries in the area should be addressed to Mr. A. Gibson, 27 Stevenson Street, Grangemouth.

A much older established club, the Sakai, **BERWICK**, are to hold the first grading in their own premises in November. Black Belts, Dave Milne, G. Kerr and Bill Hislop, from the Tora Scotia, are to preside over the grading.

The Lothian Judo Club at **ARMADALE**, are building premises of their own and when completed, Colin Baxter tells me, will house a mat with a sawdust foundation measuring 40 x 20 feet.

Jack Muircroft, of the **BLANTYRE** Judo Club, tells me that they also have acquired a new dojo in Bothwell which they have bought. He did not say whether they were going to alter the name of the club or not.

The Yoshin Judokwai at **GOREBRIDGE**, Midlothian, led by Robert Purves (1st Dan), are now teaching the police at Dalkeith where later there is the possibility of them opening a new club.

In the town of **DUNFERMLINE**, across the Forth Bridge, there has been difficulty in sustaining sufficient interest in Judo and a succession of clubs hastily got together have fallen by the wayside. Now two keen judoka from over there are taking regular tuition at the Tora Scotia, Edinburgh, whose intention it is to assist them establish one strong club on a firm footing.

Suggestion from Johnny Fraser of the Koizumikwai, **GLASGOW**, is for all Scottish Brown and Black Belts to get together periodically for the purpose of hard practice. Well, Johnny, it's been tried before, but you go ahead and organise it—I wish you the best of luck.

WESTERN SECTION *Clive Toye*

Maybe we haven't the high grades in the West Country, but I don't think many judoka who attended the first-ever National Inter-Area Championships of the B.J.A. at **WESTON-SUPER-MARE** in September will disagree with the statement that we can give a lead to the rest of the country in organisation.

And right after that possibly controversial opening paragraph, I'd like to say this: If any judoka in Great Britain disagrees, or thinks it's a little big-headed, please do not issue a challenge. I may wear a Western Judo Association tie—but, believe me, I'm purely an "honorary wearer".

But seriously, the W.J.A. do feel fairly pleased with their organising ability—not only of the national affair, but of February's W.J.A. championships at Exeter.

Though they want to express their thanks to all visiting judoka for their help in making the Weston show a "super" success.

In each case there were no more than a few minor faults, which will be ironed out with experience, and chairman Peter Murphy and his henchmen are not sitting back on their haunches.

They are getting busy now with several other efforts, including the 1957 W.J.A. championships, the fourth annual event, probably at **PLYMOUTH** in February.

Events nearer than that are the W.J.A.'s annual dinner and dance at **TAUNTON** on 15th December—and the missionary trip of the Exeter



Full Group of Judoka taking part in the Taunton show
Centre: Don Burr (2nd Dan), Chas. Chipchase, Tauntons Chairman,
Jerry Hicks (1st Dan)



Presentation of the President's Shield at Taunton, Saturday, October 20th 1956
Left to right. Peter Reading, The Mayor, The Mayoress

Judokwai and Plymouth Judo Club over the Tamar to Cornwall on 7th December (providing, of course, that the Devonians' passports are in order!).

This will be the first time any sort of Judo show has been put on in Cornwall, and it will consist mostly of demonstration of katas. If enough people seem impressed then **TRURO** Judo Club secretary, Charlie Pellow, is hoping to get the club moving from its present stagnant position.

Seven hundred people, a capacity crowd, saw the first big show put on by the Taunton Judokwai, at the Territorial Drill Hall on 20th October.

The event—the Taunton Judokwai Championships for the President's Shield, presented by Mr. T. R. N. (Pat) Whyte.

Winner was P. Reading (3rd Kyu) who beat E. Symonds (6th Kyu) in the final. To add to the programme were demonstrations of Nage-no-kata by **BRIDGWATER** Judo Club and Ren-raku-waza by **BRISTOL** Judokwai. Referees were Don Burr (2nd Dan) and Jerry Hicks (1st Dan).

The Mayor and Mayoress of Taunton, Mr. and Mrs. R. F. Winckworth, presented the prizes.

DOJO DIGEST . . . Alan Downton (2nd Dan) came back to the West again for a brief spell last month. Two years ago he was stationed

at **LYMPSTONE**, near Exeter, and instructed the local judoka. Now he is sports officer for the whole R.M. Corps and popped in to see his Exeter friends when down for a big rugby match.

PLYMOUTH are sorry to lose Russ Lewis (1st Dan) who, unfortunately for Plymouth, has been demobbed from the Army. He has now gone back to his native Wales.

Weston expects a visit from Don Burr this month. Don, once an evacuee at Exeter, is a regular visitor to the West these days. And, let it be whispered, there is a move afoot to get him to settle this way.

At **TOPSHAM** Barracks, Depot of the Devon Regiment and Wessex Brigade, a new Judo club has been started.

Starting, also at Taunton, is a ladies' section, with Charlie Chipchase (2nd Kyu) in charge.

Taunton Club Championships for The Presidents Shield

W. Symons (6th Kyu)	}	W. Symonds	}	W. Symons	}	P. Reading
(bye)						
T. Hopper (6th Kyu)	}	J. Davies	}			
J. Davies (6th Kyu)						
J. Broom (6th Kyu)	}	J. Broom	}			
V. Cooney (6th Kyu)						
P. Ayres (5th Kyu)	}	B. Coombes	}			
B. Coombes (5th Kyu)						
G. Musgrave (5th Kyu)	}	R. Pike	}			
R. Pike (5th Kyu)						
D. Carpenter (4th Kyu)	}	D. Carpenter	}			
D. Alderton (4th Kyu)						
E. Edwards (4th Kyu)	}	P. Reading	}			
P. Reading (3rd Kyu)						
A. Adams (2nd Kyu)	}	P. Reading	}			
C. Chipchase (2nd Kyu)						
		C. Chipchase				

THE BRITISH JUDO ASSOCIATION NATIONAL GRADING REGISTRY AND RECORDS

32 NORTH STREET, LONDON, S.W.4

GRADING LIST No. 13

Copies of this List and previous Lists may be obtained from the Registry.
Send stamped addressed envelope.

ABERCARN JUDO CLUB

23rd September, 1956	
Craggs, G.	1st Kyu
Garland, T.	2nd "
McCormack, J.	2nd "
Jenkins, L.	2nd "
Butts, J.	3rd "
Bushell, D.	4th "
Murray, D.	5th "
Richards, D.	5th "
Weston, K.	5th "
Caple, M.	5th "
Etchell, M.	5th "
Edmunds, Trevor	6th "
Beecham, J.	6th "
Webster, G.	6th "

BELFAST JUDO CLUB

21st July, 1956	
Nevin, G.	1st Dan

BETHNAL GREEN JUDO CLUB

3rd September, 1956	
Hill, J. A.	2nd Kyu
Mallett, L.	3rd "
Goona, P.	3rd "
Pound, W.	5th "
Healey, M.	5th "

BLANTYRE JUDO CLUB

21st July, 1956	
Muircroft, J.	1st Dan

B.P. REFINERY JUDO CLUB

11th September, 1956	
Simms, J.	4th Kyu
Thomas, T.	4th "
Chappell, D.	4th "
Jones, D. B.	5th "
Axtell, D.	5th "
Robertson, A.	5th "

BROWNING JUDO CLUB

5th September, 1956	
Hale, P.	2nd Kyu
Wood, L.	2nd "
Reeve, H. E.	3rd "
Hurley, G.	3rd "
Tofts, G.	3rd "
Turner, R.	3rd "
Baker, E.	4th "
Patrick, S.	4th "
Carey, W.	4th "
McCarthy, T.	5th "
Quye, J.	5th "
Ainsworth, G.	5th "

Ladies

Ager, Mrs. B.	3rd Kyu
King, Miss J.	6th "

B.T.C. POLICE JUDO CLUB

17th September, 1956	
Trice, K.	3rd Kyu
Pooley, B.	3rd "
Cook, F.	4th "
Baker, E.	4th "

Ladies

Hattersley, Miss J.	4th Kyu
Hawke, Miss C.	5th "
Timpson, Miss D.	5th "
Osborne, Miss J.	6th "
Clarke, Miss H.	6th "

Juniors

Winchester, K.	5th "
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BUDOKAN EDINBURGH

7th September, 1956	
Pennycook, J.	2nd Kyu

CARLISLE JUDO CLUB

7th September, 1956	
Kew, W.	2nd Kyu

CENT. Y.M.C.A. JUDO CLUB

5th September, 1956	
Williams, D.	3rd Kyu
Larkin, K.	5th "

7th September, 1956

Newman, J.	1st Dan
Clark, S. T.	4th Kyu

CHINGFORD JUDO CLUB

6th September, 1956	
Burke, P.	1st Kyu
Charnley, H.	1st "
Scott, P.	2nd "
Cullen, W.	2nd "
Thorpe, C.	2nd "
Sinnott, R.	2nd "
Brewer, C.	2nd "
Hales, G.	3rd "
Peirce, E.	4th "
Lawless, J.	4th "
Toms, S.	5th "
Redman, G.	5th "
Redman, K.	5th "
Kay, A. F.	5th "
Burrows, M.	5th "
Porter, R.	5th "
Shaw, E.	5th "
Bristow, B.	6th "
Stent, W.	6th "

CROYDON & DISTRICT JUDO SOCIETY

4th September, 1956

Ladies

Ballerini, Miss J.	2nd Kyu
Perkins, Miss J.	2nd "
Meek, Miss B.	6th "

CROYDON & DISTRICT JUDO SOCIETY

29th September, 1956

Ladies

Baldock, Miss D.	3rd Kyu
Sandford, Miss B.	3rd "
Frith, Miss B.	3rd "
Knight, Miss J.	5th "
Heaver, Miss M.	6th "
Saunders, Miss M.	6th "
Law, Miss D.	6th "
Birch, Miss D.	6th "
Williams, Miss S.	6th "
Simmonds, Miss J.	6th "

Junior Girls

Sathaye, Miss M.	2nd Kyu
Wilkinson, Miss L.	3rd "
Silver, Miss P.	4th "
Grant, Miss L.	4th "
Baldock, Miss H.	4th "
Fuller, Miss M.	4th "
Masters, Miss J.	5th "
Lawrence, Miss H.	6th "
Barfield, Miss C.	6th "
Worthington, Miss Y.	6th "

CROYDON & DISTRICT JUDO SOCIETY

29th September, 1956

Stracey, J.	2nd Kyu
Palmer, C.	2nd "
Squires, B.	2nd "
Mole, W.	2nd "
Vickers, A.	3rd "
Ballerina, V.	3rd "
Colville, W.	4th "
Turner, A.	4th "
Simmonds, G.	5th "
Hatswell, W.	5th "
Van Den Brink, T.	5th "
Smith, S.	5th "
Bromley, D.	5th "
Lovell, K.	5th "
Tweddle, S.	5th "
Pope, B.	5th "
Cockerton, D.	5th "
Enshaw, D.	5th "
Townsend, D.	5th "
Hayward, C.	6th "
Donovan, J.	6th "

Gaunt, D.	6th "
Maynes, E.	6th "
Hoiland, T.	6th "
Gray, S.	6th "
Stewart, B.	6th "
Pickett, L.	6th "
Cobley, M.	6th "
Moore, K.	6th "
Curtis, A.	6th "
Hartfield, M.	6th "
Cooper, D.	6th "
Laker, A.	6th "
Norman, J.	6th "
Costello, W.	6th "
O'Donnell, B.	6th "
Isaac, C.	6th "
Labrooy, M.	6th "
Whitham, R.	6th "
Dench, E.	6th "
Middleton, D.	6th "

CROYDON & DISTRICT JUDO SOCIETY

29th September, 1956

Junior Boys

Baker, B.	5th Kyu
Piggott, J.	5th "
Hatswell, A.	6th "
Costello, S.	6th "
Wilcox, D.	6th "
Brady, M.	6th "
Cummings, R.	6th "
Cattaneo, J.	6th "
Slarke, D.	6th "

Special

Wilkinson, B.	4th Kyu
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DE HAVILLAND (BOLTON) JUDO CLUB

26th August, 1956

Crank, A.	5th Kyu
Crank, N.	5th "
Waith, S.	5th "
Cheffins, A.	5th "
Tobin, J.	5th "
Corless, J.	5th "
Blacow, H.	5th "
Williamson, E.	5th "

DE HAVILLAND (HATFIELD) JUDO CLUB

3rd September, 1956

Cross, L. R.	6th Kyu
Sibley, G. B.	6th "
Porter, L. R.	6th "

DUNLOP JUDO CLUB

30th June, 1956

Griffiths, K.	4th Kyu
Morris, T. M.	5th "
Lawson, J.	6th "
Corbett, E.	6th "
Liggins, W.	6th "
Cook, E. A.	6th "

EAST ESSEX JUDO SOCIETY

6th September, 1956

Henry, R. W.	5th Kyu
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EAST LONDON JUDO SOCIETY

3rd September, 1956

Young, R. C.	1st Kyu
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EAST LONDON JUDO SOCIETY

4th September, 1956

Ladies

Edgley, Miss G. M.	6th Kyu
Hodson, Miss P.	6th "

EAST LONDON JUDO SOCIETY

21st September, 1956

Partis, W.	3rd Kyu
Brown, B.	3rd "
Bradley, L.	3rd "
Brett, D.	4th "
Whitmore, A.	4th "
Benson, J.	5th "
Cull, K.	5th "
Vaughan, J.	5th "
Barrett, S.	5th "
Eggers, A.	5th "
Green, S.	6th "
Bolger, W.	6th "
Danes, B.	6th "
McDonnell, D.	6th "
James, A. C.	6th "
Donovan, B.	6th "
Southgate, W.	6th "
Freeman, B.	6th "
Phillimore, W.	6th "
Miles, W.	6th "

GLAZIER JUDO CLUB

5th September, 1956

Russell, R. R.	2nd Kyu
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GOLBORNE JUDO CLUB

6th October, 1956

Manship, R.	3rd Kyu
Yates, A.	3rd "
Connell, O.	5th "
Hoey, P.	5th "
Owen, H.	5th "
Price, R.	5th "
Egan, J. T.	6th "
Grundy, R.	6th "

Ladies

Glover, Miss N.	5th Kyu
Logan, Miss C.	5th "

Juniors

Paddock, G.	5th Kyu
Winstanley, J.	5th "
Boardman, P.	6th "
James, N.	6th "

G.R.B. JUDO CLUB

11th September, 1956

Silver, I.	6th Kyu
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GREENOCK JUDO CLUB

21st July, 1956

Dunn, G.	1st Dan
Goodlet, E.	1st Dan

HERTFORD JUDO CLUB

3rd September, 1956

Griffin, J.	2nd Kyu
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HOVE JUDOKWAI

5th September, 1956

Sadler, P.	1st Kyu
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HUDDERSFIELD JUDO CLUB

16th September, 1956

Hinchliff, P.	2nd Kyu
Spencer, G.	2nd "
Blackmoor, G.	5th "
Moorhouse, P.	5th "
Sykes, J.	5th "
Saxton, C.	6th "
Aston, D.	6th "
Wareham, T.	6th "

ISLINGTON JUDO CLUB

3rd September, 1956

Hannam, M.	3rd Kyu
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JERSEY SCHOOL OF PHYSICAL CULTURE JUDO CLUB

26th September, 1956

Thelwell, E.	5th Kyu
Drew, G.	6th "

KATHO-RYU JUDO CLUB GRIMSBY

7th October, 1956

Rimes, F.	1st Kyu
Turner, G.	1st "
Dales, N.	2nd "
Sams, P.	2nd "
Brown, A.	5th "
Smith, W.	5th "

KODOKWAI JUDO SOCIETY SOUTH SHIELDS

7th September, 1956

Marr, H.	1st Dan
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KOIZUMIKWAI GLASGOW JUDO CLUB

21st July, 1956

Fraser, J.	1st Dan
McEnroe, G.	1st "

LOUGHBOROUGH ACADEMY OF JUDO

5th September, 1956

Denley, J.	2nd Kyu
Hancock, J.	2nd "

MANCHESTER Y.M.C.A. JUDO CLUB

7th September, 1956

Stewart, B.	2nd Kyu
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MOUNTOKWAI JUDO CLUB

17th September, 1956

Laing, D.	4th Kyu
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NEWPORT JUDO CLUB

22nd September, 1956

Bellamore, N.	1st Kyu
Lucas, A.	1st "
Turner, G.	2nd "
Stafford, A.	2nd "
Clarke, L. J.	3rd "
Anstice, K.	3rd "
Dyer, L.	3rd "
Baxter, P.	3rd "
Reese, C.	3rd "

Higgs, H.	4th	Stubbington, R.	6th
Bond, J. H.	5th	Chappell, R.	6th
Fivelsdal, E.	5th	Mellor, I.	6th
Monkley, K.	5th		
Channing, A.	5th		
Everett, D.	6th		
Kelly, H.	6th		
Nash, K.	6th		

NEWPORT JUDO CLUB

22nd September, 1956

Juniors

Fitzgerald, J.	3rd Kyu
Tomlin, G.	5th
Dyer, M.	5th
Fitzgerald, B.	5th
Mathews, F.	5th
Baxter, D.	5th
Casburn, J.	5th

NORTH LONDON JUDO CLUB

1st August, 1956

Honour, J.	3rd Kyu
Riley, P.	3rd
Wade, G.	4th
Myhan, S.	6th
Cornell, D.	6th

NOTTINGHAM JUDO CLUB

5th September, 1956

Cousins, B.	1st Dan
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ODORYU JUDO CLUB

3rd September, 1956

Manning, A.	2nd Kyu
Manning, E.	2nd
Robinson, P. D.	4th

4th September, 1956

Ladies

Butler, Miss H.	4th Kyu
Browne, Miss P.	6th
Hutchings, J.	3rd Kyu
Grassi, J.	5th
Ling, J.	6th
Lloyd, M. J.	6th

OLDHAM JUDO CLUB

15th September, 1956

Parker, H.	4th Kyu
Fitzpatrick, T.	5th
Nyland, W.	5th
Schofield, F.	5th
Daubney, C.	5th
Howard, R.	5th
Shepherd, C.	5th
Bottomley, A.	6th
Smith, C.	6th
McDonald, H.	6th
Martin, J.	6th
Williamson, H.	6th
Smith, A.	6th

OSAKA JUDO CLUB

21st July, 1956

Purdie, D.	1st Dan
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PORTSMOUTH JUDOKWAI

5th September, 1956

Harding, E. A.	3rd Kyu
Cullen, J.	5th
Stubbington, P.	6th

Stubbington, R.	6th
Chappell, R.	6th
Mellor, I.	6th

R.A.F. VENTNOR JUDO CLUB

3rd September, 1956

Jervis, W. L.	2nd Kyu
Oakley, W. F.	3rd

READING JUDO CLUB

5th September, 1956

Morris, B.	1st Kyu
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11th September, 1956

Osborne, H.	1st Kyu
Perrott, J.	3rd
Langford, P.	4th
Choales, G.	5th
Tritton, E.	6th
Brinsden, T.	6th
Lees, W.	6th
King, L.	6th
Osborne, R.	6th
Vietz, H.	6th
Redhead, R.	6th
Fear, N.	6th

Ladies

Pickering, Miss J.	4th Kyu
Rolfe, Miss M.	6th

ROCHDALE JUDO CLUB

7th October, 1956

Beaumont, R.	3rd Kyu
Lord, K.	3rd
Beardmore, C.	5th
Coles, R.	5th
Batley, R.	5th
Kilduff, J.	5th
Carier, R.	6th
Taylor, L.	6th
Otero, R.	6th

Ladies

Almonal, Miss E.	3rd Kyu
Hirst, Miss P.	3rd

ROMFORD BRITISH LEGION JUDO CLUB

4th September, 1956

Ladies

Stephenson, Miss J.	5th Kyu
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5th September, 1956

Kendrick, B.	2nd Kyu
Dekey, D.	3rd
Burke, J.	4th
Julier, W.	4th
Gilbey, F.	5th
Finlay, G.	5th

SHEFFIELD JUDO CLUB

22nd September, 1956

Lawrence, H.	5th Kyu
Stevens, G.	6th
Coggan, H.	6th
Low, B.	6th
McNally, J.	6th
Stewart, R.	6th
Jenkinson, M.	6th

Viney, Miss E.	6th
Hancock, Mrs. O.	6th

ST. MARY'S HOSPITAL JUDO CLUB

3rd September, 1956

Lewin, P.	4th Kyu
Davies, M. H.	4th
Waldman, B.	5th
Treissman, D.	6th
Smith, G.	6th

SWANSEA JUDO SOCIETY

1st/2nd September, 1956

Dawson, D.	1st Kyu
Leamon, H.	1st
Trick, E. J.	1st
Davies, G.	2nd
Lloyd, P.	2nd
Harding, A. L.	2nd
Harvey, B.	4th
Brown, N.	4th
Howells, G.	4th
Moller, G.	4th
Osmondsen, T.	4th
Harding, D.	4th
Dalling, B.	4th
Lindenburn, R.	4th
Lewis, B.	4th
Williams, C.	4th
Bellamy, J.	4th
Clist, D.	4th
Burrows, J.	4th

SMITH JUDO CLUB

5th September, 1956

Curtis, K.	3rd Kyu
Allan, K.	3rd
Adams, J.	3rd

SOUTHAMPTON JUDOKAS

8th September, 1956

Thompson, F.	3rd Kyu
White, H. R.	3rd
Simpson, B.	4th
Bovell, J.	5th
Reith, W. R.	5th
Westcott, R.	5th
Tuersly, J.	5th
Smith, E.	5th
Larter, J.	5th
Webb, P.	5th
Webb, D.	5th
Smith, I. G.	5th
Whitlock, W.	6th
White, A.	6th
Smetham, J.	6th
Reynolds, H.	6th
Graham, R.	6th
Emmens, R.	6th
Collins, J.	6th
Rose, K.	6th

Ladies

Mead, Miss M.	5th Kyu
Coffin, Miss M.	6th
Elcock, Miss A.	6th
Ransley, Mrs. D.	6th

Dezulian, E.	5th
Edwards, K.	5th
Wignall, D.	5th
Wignall, T.	5th
Allen, B.	6th
Allen, D.	6th
Buller, J.	6th
Edwards, C. G.	6th
Kelly, C.	6th
Sullivan, B.	6th

THE BUDOKWAI

3rd September, 1956

Hawtin, T.	2nd Kyu
Coughlan, K.	2nd
Scannell, T.	2nd
Pausch, D. H.	4th
Hartley, G. S.	5th
Hilop, J. D.	5th
Pyke, L. A.	5th
Jennett, T. W.	6th
Lehmann, D.	6th
Philpot, R. B.	6th
Dalgano, W. G.	6th
Davis, R.	6th
Ohashi, W. K.	6th
Purton, A. J.	6th
Maurer, A.	6th
O'Connell, M.	6th
Brooks, J. W.	6th

4th September, 1956

Ladies

Guthrie, Miss F.	5th Kyu
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THE BUDOKWAI

5th September, 1956

Collin, V. W.	2nd Kyu
Holland, J. A.	2nd
Johnstone, G. C.	3rd
Gillespie, Dr. A.	5th

Harrison, V.	5th
Chamberlin, D.	5th
Wardle, L. H.	5th
White, M. C.	5th
Wedlock, T. E.	5th
Cooper, D. A.	5th
Doyle, A.	6th
Radley, L. R.	6th
Raymonde, R.	6th
Cook, R. G.	6th
Ward, F. L.	6th
Simmons, R. D.	6th

THE BUDOKWAI

7th September, 1956

Stepto, W. P.	3rd Dan
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THE BUDOKWAI

7th September, 1956

Cottis, B. P.	2nd Kyu
Turner, C. C.	3rd
Black, T. W.	3rd
Parker, K. V.	5th
Humphreys, G.	5th
Blackman, G.	6th
Roger, A. D.	6th
Brass, D. D.	6th
Seales, R.	6th
Hilland, B.	6th

THE JUDOKAN, LONDON

1st October, 1956

Clark, J. H.	2nd Kyu
Quek, M. H.	2nd
Bailey, G.	3rd

Clark, E.	5th
Worley, A.	5th
Dickens, R.	6th
Bowen, J.	6th
Shade, H.	6th

TORA SCOTIA JUDO CLUB

21st July, 1956

Fraser, A.	1st Dan
Taylor, V.	1st

TOTTENHAM JUDOKAN

5th September, 1956

Steggles, A.	3rd Kyu
Corrington, D.	3rd
Hannerford, N.	3rd

WAKEFIELD JUDO CLUB

28th September, 1956

Lawrence, H.	6th Kyu
Webber, D.	6th
Hall, R.	6th
Hodgson, W.	6th

WATFORD JUDO CLUB

5th September, 1956

Cordery, J.	5th Kyu
Prince, W. G.	5th
Cunningham, T.	5th
Smith, A. G.	5th
Tagg, W.	6th

YOSHIN JUDOKWAI

21st July, 1956

Purves, R.	1st Dan
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JUDO IN THE U.S.A.

Philip S. Porter, Captain, U.S.A.F.



kai (Hokka Judo Yudanshakai) so I am familiar with the tournament programme there and, to a lesser degree, with the Southern California

tournament schedule. I have also had experience in the A.A.U. (Amateur Athletic Union) tournaments, since I competed in the first two National A.A.U. Tournaments in 1953 and 1954, and several other A.A.U. sponsored area championships.

To begin with, each Yudanshakai sponsors two types of tournament. The first, which we call promotional tournaments, are similar to what are called gradings in England. The second type includes tournaments such as invitational team tournaments, A.A.U. sponsored novice, kyu and dan grade tournaments, and competition between area groups such as the annual north-south California tournament between the two Yudanshakais in California. We had promotional tournaments twice a year, usually in November and March, somewhere near the beginning and middle tournament season. These gradings, as I will call them for your understanding, are run much the same as the grading in the Budokwai. Of course, there are only three kyu grades held in America—third, second and first—so there were three rounds of competition within the students trying for those gradings. Then there was competition among the first kyus for promotion to first dan and the competition among first and second dan, for promotion to second and third dan. In most cases contestants in any given grade were paired and the losers eliminated; then the winners were paired against each other and losers again eliminated. In most cases the people who had thus won two consecutive



S/Sgt. Walter F. Leeming, 2nd Kyu, completing full-point throw in 1st National AAU Tournament at San Jose, California, May 1953

contests were promoted, roughly a quarter of the number seeking promotion. The Northern California Yudanshakai was authorised by the Kodokan to promote up to third dan, and therefore contests among the third dans or higher for promotion did not occur.

The other tournaments which I mentioned are all held during the winter months. Some of these contests include the Stockton and San Jose invitational team tournaments which are run off between five-man teams. These teams are the best that each club in the area can offer regardless of Judo rank. When I was there the three strongest clubs were Mr. Mitsuo Kimura's dojo in San Francisco, California, Mr. Duke Yoshimura's club at Stockton, California, and the San Jose State College team, coached by Mr. Yosh Uchida. The best men of these clubs are first and second dan grade, since the average judoka is beyond tournament age by the time he achieves third dan, much the same as here in England up until the last few years.

Another series of tournaments are held each winter by the various associations of the Amateur Athletic Union (A.A.U.). Northern California is part of the Pacific Association A.A.U., and each year it sponsors a novice tournament for all ungraded judoka, that is, those below third kyu; another tournament for first, second and third kyus; and finally, a senior tournament which is open to all. These tournaments are not connected in any way with the National A.A.U. Tournament, which is held every year, except that the so-called "Black Point System" is used for scoring. Under this system a competitor receives varying amounts of black points depending upon the results of his contests. For instance, if he wins a contest outright he receives no black points; if he wins by decision (a winner must be chosen) he receives one black point; if he loses by decision, he receives two; and if he loses outright, he receives three. A total of five black points is allowed before a contestant is eliminated. Therefore, each contestant has the opportunity to compete at least twice before being eliminated, which helps to eliminate the inequities of the straight elimination tournament.

The First National A.A.U. Judo Tournament was held in 1953 at San Jose State College, California. In the five areas I mentioned above there are Yudanshakais, but only two participated fully in the first national tournament. These were the Hawaiian and North California groups. The big guns from Chicago, Los Angeles, and Seattle, Washington, did not attend.

The contestants were broken down into four weight classes: under 130 pounds (9 stone 4 pounds); 130-150 pounds (9 stone 4 pounds-10 stone 10 pounds); 150-180 pounds (10 stone 10 pounds-12 stone 12 pounds), and (heavyweight) over 180 pounds (12 stone 12 pounds). The competition took place under the black point system on two days, approximately 75 contestants taking part. The winning team was from Hawaii, placing a champion in the 130 and 150 pounds divisions. When the first, second and third place winners had been picked in each weight division, the four champions were placed in a bracket to pick a grand champion. Lyle Hunt (2nd Dan), of San Jose State College, California,

was the champion, having first eliminated 180-pound champion Moon Kekuchi, and the 150-pound champion, Charles Nakashima. Nakashima had already eliminated the 130-pound champion, George Hatae. Hunt had a total of nine contests in the whole tournament, winning most of them with either left Uchi-mata or Jujigatame. Most of the men he beat were first and second dan, and one third dan, the 180-pound champion.

CLUB FORUM

MALTA

A flourishing Judo club was started in Malta early this year by Sheppard (5th Kyu), believed to be an old Budokwai member. The club is held on Navy premises, and is open for practice the first four nights in the week. In addition to doing Judo, a group of six Malta police, all English, are taught self-defence, in a six-week course, which needless to say is very popular with them. Any judoka in the Navy stopping at the island, don't forget to go along and have practice! Like all clubs, fresh faces are made most welcome.

JUDO ON THE HIGH SEAS

News that a club has been started on H.M.S. "Eagle", which is now cruising in the Mediterranean, has just reached us. If any member of the club would like to send us a report on how Judo is practised on board we should be most pleased to print it.

CROYDON

CROYDON DISTRICT JUDO SOCIETY. An innovation was tried out a few weeks ago, which will most certainly have to be repeated. The usual excuses for non-attendance such as evening classes, other club activities, etc., having become somewhat monotonous, Mr. Menzies, the chief instructor, said "Right, we'll open all night, and let 'em explain that away". So the doors were opened one evening at 10 p.m., and it was 3 o'clock in the morning before the last judoka could be persuaded to go home. They queued up for the mat; whilst the canteen did a roaring trade.

USK

USK BORSTAL OFFICERS' JUDO CLUB. Mr. D. A. Petherbridge (1st Dan) visited this club for their grading held on the 28th October. Afterwards the grading members obtained from him some first-class instruction and sound advice.

Mr. A. E. Don, the Secretary, writes to say how pleased they were to hear that Mr. Petherbridge will be travelling with the team to represent Great Britain in the European Championships in Vienna; and takes this opportunity of once again wishing him and the team the very best of luck.

JUDOJI REPAIR SERVICE

We can undertake the repair of jackets and trousers expertly done at a reasonable price. Give your old outfit another lease of life thereby providing yourself with a spare.

Send your garments LAUNDERED, and we will quote a price by return of post.

SPECIAL OFFER

Our special offer of last month still holds good, and details have again been printed on page 45. This was the offer for those who might have missed it:

As no doubt most judoka will consider insurance a necessity, we are prepared to make some concession to all those who complete both forms on page 45 NOW, i.e., subscription plus insurance. If this is done, 4/- may be deducted from the amount of money due. To those readers who have already sent a subscription deduct 4/- from the calculated insurance premium.

PHOTOGRAPHIC SERVICE

We can supply prints of any photographs appearing in our magazines.

Size	Price
Postcard	2/-
6 x 4	3/3
8 x 6	4/6
10 x 8	5/9
Less 10% for 3 of any one size.	

Postage extra.

BACK NUMBERS

Copies of the first issue (October) are still available. Price 2/4d. post free. Add 2d. extra postage for each additional copy in addition to the 2/0d.

INSURANCE

Contrary to popular belief, injuries sustained whilst practising Judo are no greater than when participating in other sporting activities.

Nevertheless, difficulty has been experienced in effecting suitable insurance cover; and because of this "JUDO" has been making extensive enquiries as to the possibility of securing a satisfactory policy—modest as regards premium and free from restrictions. It must be admitted that even a temporary disablement might result in financial embarrassment.

We are, therefore, pleased to announce that we have now been successful in obtaining Personal Accident Insurance facilities of a worthwhile nature for all whilst practising Judo in the British Isles, Eire and the rest of Europe; and as the insurance is on a Lloyds policy, Judoka may rest assured that the scheme is first-class in every way. The premium is exceptionally low, and the formalities very simple. Just fill up the form on opposite page and post to us together with the requisite amount of money.

The benefits briefly are:

- | | |
|--|--------------|
| 1. Permanent total loss of sight of one or both eyes | £500 |
| 2. Loss of one or two limbs | £500 |
| 3. Permanent total loss of sight of one eye and loss of one limb | £500 |
| 4. Total temporary disablement for as long as disablement continues, but not exceeding altogether 100 consecutive weeks for any single disablement | £5 per week. |
| 5. Permanent total disablement lasting 12 calendar months or more | £500 |

(Death is NOT included.)

Premium £1 per annum.

These benefits may be halved or doubled, etc., at a pro rata rate of premium.

Do not be wise after the event!

**Fill up this whole page,
tear out and return to us to-day**

To JUDO LTD., 91 Wellesley Road, CROYDON

Please send me JUDO every month, for which I enclose remittance for £1 8s. 0d. for the first twelve issues, post paid.

Name

Address

To JUDO LTD., 91 Wellesley Road, CROYDON

I wish to insure against the risk of injury whilst practising judo, for which I enclose remittance value being the premium for the ensuing twelve months. I am physically fit.

Name.....(Mr., Mrs. or Miss)

Age..... Occupation.....

Address

Date.....

SEE SPECIAL OFFER ON PAGE 43 BEFORE FILLING IN THESE FORMS.



Have you filled up the
forms overleaf?



Don't forget

BACK NUMBERS OF JUDO

ARE STILL AVAILABLE

You can purchase your requirements from us with confidence, as we will not recommend anything unless it has our approval.

		£	s.	d.
Jackets.	Best quality material guaranteed not to rip at first use. Sizes: Medium (for the average person), Small and Large	2	0	0
Trousers.	Large or Small	1	0	0
Belts.	Any colour Complete set, £3 only. Postage 2/- extra. Carriage paid on three or more sets.	3	6	
Slippers.	Genuine Japanese ladies' and small and medium men's, others later	16	0	
Mats.	Arrangements now being made. Details in a future issue.			
Canvas.	Ditto.			

Publications.

<i>Title</i>	<i>Author</i>	<i>Price</i>	<i>Postage</i>
Judo	M. Feldenkrais	7/6	5d.
Judo on the Ground	E. J. Harrison	15/-	8d.
Higher Judo	M. Feldenkrais	12/6	9d.
Judo	E. J. Harrison	3/-	3d.
Sport of Judo	Kiyoshi Kobayashi	18/-	9d.
Judo	H. Klinger-Klingerstorff	3/6	3d.
Judo and Judo-Do	H. Klinger-Klingerstorff	7/6	5d.
Judo for Beginners	E. J. Harrison	3/6	3d.
The Manual of Judo	E. J. Harrison	9/6	6d.
Kodokan Judo	Hikoichi Aida	18/-	10d.
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Eight Exercises	G. Koizumi	2/6	3d.

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