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# JUDO

## Editorial

Welcome to the new-look 'Judo' magazine. Judo Limited — the publishers of 'Judo' for over twenty-five years — has recently changed hands. The new company will, however, continue to trade under the name Judo Limited.

Starting with this issue 'Judo' will now be published bi-monthly and, as you will have noticed, the size and format has also been changed. Those of you who have bought your copy at your local newsagent will also have noticed the price increase. This increase we feel is essential if we are to produce the viable, quality magazine that we believe our sport so badly needs. Anyone who subscribed before the 18th February 1980 will have his subscription honoured at no extra cost.

There are other changes. We are firmly committed to the development and promotion of Judo as an Olympic Sport and in future issues we will not be featuring articles on the martial arts or other activities vaguely related to Judo. As far as possible 'Judo' will be a non-political publication. We will of course print items of special interest. Basically we will feature National and International Competition reports, technical and training articles, interviews with top players and coaches, reports from Japan and other leading Judo countries and hopefully a British Judo Association Newsletter.

In this issue we have interviews with Neil Adams, Senior European Champion. George Kerr, Austrian Team Trainer, reports on the National Men's Team Championships and the European Women's Championships, several technical articles including a new series for the junior player and lots more.

The situation in Afghanistan continues to throw a shadow over the Olympic Games. Many governments have chosen to use the Games as a political 'football', and the long term future of the Olympics is in jeopardy. The British Judo Association has made its position clear; it will obey the decision of the British Olympic Committee. In the next few issues we will be devoting a lot of space to the Moscow Olympics and the British Olympic Squad. Don't miss them — subscribe now!

As I said earlier 'Judo' has been published for over twenty-five years and I would like to take this opportunity to give our thanks to George Edwards, Roland Gross and Glynnis McHenry and all those who have helped make 'Judo' the judo players very special publication. Few people appreciate the work of George Edwards, the originator of 'Judo' and we hope to feature the history of the magazine in the near future.

If you have any criticism, comments or advice on this first, or any future issue, please write, we will be interested to hear from you. Letters of interest will be printed.

COLIN McIVER  
Editor.

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1980 NATIONAL TEAM CHAMPIONSHIPS



1980 EUROPEAN WOMEN'S CHAMPIONSHIPS



NEW JUNIOR SERIES

## Cover Photo

Yamashita (Japan) throws Nowakowski (Poland) in the 1979 Multination Tournament in Paris. Photo by David Finch

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# A RARE TALENT

## JUDO INTERVIEWS

### NEIL ADAMS

### SENIOR EUROPEAN CHAMPION



At twenty one Neil Adams is currently Britain's best prospect for a medal in the Olympic Games. He has won eleven British titles since first taking up the sport at eight years of age. He has been an Under 18 European Champion, an Under 21 European Champion and is currently Senior European Champion. When only sixteen he left home to live in London and train in the famous Budokwai Club.

Recently he won a Bronze medal in the World Championships and a Gold medal in the Hungary Cup where he defeated some of the World's toughest opposition. Combining superior technique and physical conditioning he is a fine example of the modern judo player.

Judo interviewed him during a break in the Olympic Squad Training at Crystal Palace National Sports Centre.

#### INTERVIEW

*Question. Congratulations on winning the gold medal in the Hungary Cup. This was the first time you have fought in the under 78 kilos class for a while — how did you feel?*

*Answer.* I felt physically stronger and my techniques seemed to be working better. Because I did not have to lose any weight I never felt drained or tired.

*What was the opposition like?*

All the Eastern Bloc countries and the Japanese were there. My toughest fight was Heinke of East Germany. (1979 Senior European Champion). It was a marvellous fight. He is very strong and it was the only fight which went the full duration.

*What are your immediate plans?*

I want to fight in the Dutch and British Opens and the Senior European before the Olympics.

*In which category?*

Under 78 kilos, because I may fight in this category in Moscow.

*How do you lose weight before a competition?*

I like to know in which category I will be fighting five or six weeks in advance. Then it's a combination of diet and training. By watching very carefully what I eat and by skipping and light circuit training. In the later stages I use a sweatsuit and I take vitamins to supplement the special diet.

*You are obviously looking forward to the Olympic Games.*

*Are you affected by the pressure to win the gold medal?*

Since the World Championships the pressure has not been so intense, not just in this country but also abroad. I am expected to do well but not win. Hopefully I will do better than in the World Championships.

*At 71 kilos who would be your main opposition?*

Kruger (East Germany) the Japanese and the Russian; and

of course Gamba (Italy) whom you can never discount (laughs). (Neil lost to Gamba in the World Championships — Editor)

*Suggest the gold medallists in the other categories?*

Under 60 kilos: I can't see Rey (France current World Champion) winning this category; I think the Japanese Moriwaki. Under 65 kilos: the Russian Soloduchine or the Japanese. Under 71 kilos: I have already mentioned. Under 78 kilos: Adams (beating Fujii (Japan) in the final.) Editor. Under 86 kilos: Ultsch (East Germany) or Yaskevitch (Soviet Union). Under 95 kilos: Khubulouri (Soviet Union) or Lorenz (East Germany). Over 95 kilos: I think Yamashita (Japan) will win both the over 95 kilos category and the Open.

*What about your performance in the World Championship in Paris?*

I'm not making excuses, but I was disappointed because I know I can perform better. I had a difficult draw and I had also been ill just before leaving for Paris.

People had built me up to win and I was very nervous; the worst I've ever been in fact.

*If I did not know better I would have said that you were not as fit as you could have been. What about your training before the event?*

On reflection I think I overtrained and I did not allow enough recovery time before the event. I felt physically, and because of the pressure to win, mentally drained.

Not a good event for me. I learned a lesson from it however — just because the event is bigger does not necessarily mean that you have to train harder and longer.

*In what way has your training programme been changed before the Olympics?*

Basically it will remain the same. Obviously I will take more rest before the event. I am doing a lot of running, a lot of skill training, some speed training and weight training every other day. I'm using heavy weights as I want to increase my weight. I am also getting in a lot of judo practice.

*How do you enjoy staying at the Crystal Palace Hostel?*

I like it. There is a good training atmosphere and the team get on well together.

*Were you disappointed at not being selected for the 1976 Olympics?*

Yes, although now I know that I was not quite ready.

*What do you think of the standard of our young British players?*

I think we have some marvellous young players and in four year's time Britain will be really strong. I must say that they will have to change their attitude to training. They will have to become more positive and believe more in themselves.





Neil attacks Kruger (E.G.) 1979 World Championships Paris

*Why do you keep a training diary?*

I write down the results of all my contests, how I felt and as much as I can about my opponent, his techniques, etc. I also keep an accurate note of my training which helps me assess my progress. I think it is essential that every serious competitor keep a diary.

*You moved to London when you were 16. How important was this in the development of your judo?*

I believed that all the judo was in London and, for me, I think that it was necessary. I am not saying that it is right for everyone but for me it was important, it helped me develop more as a person.

*How have the Team Managers helped you?*

I have developed a special relationship with Dave (Starbrook) and Tony (MacConnell). I get on with them both very well and I listen to what they have to say; they both have a lot to offer. Dave is a brilliant judo man, and Tony inspires me; between them I think they do a good job. Everyone wants to offer you advice. Is there anyone who you can rely on to give you sound advice?

I listen to Tony MacConnell a lot. I also listen to some of the things Cyril Carter has to say as far as physical training is concerned, although I know a lot of people knock him. *What was your impression of training in Japan when you went in 1978?*

I liked it but personally I can get as good a practice in London. I think it essential to go with a team otherwise it can be very hard. I probably wouldn't go back, even though I admire their judo.

*What is your opinion of the current rules?*

You can always pick faults with the rules. I think that they are the best rules we have ever had; certainly the fairest. The refereeing could be improved if the interpretation of the rules was uniform.

*How would you like to see the rules improved?*

I think the scores should be totalled. I think it's unfair that one yuko can beat six kokas.



Neil Adams during 1976 'All England Championships'

*How important is grip fighting in judo?*

I think at top level it is the single most important aspect and a lot of time has to be spent trying to secure the right grip. This is one of the reasons I lost to Gamba (Italy) in the World Championships. I was slow, he got his grip first and consequently scored first.

*What is your biggest ambition in judo?*

To be World Champion. Most people would prefer to be Olympic Champion but for me the World Championship title would mean more. Of course I would prefer to win both (laughs).

*How do you approach each contest? Do you have a plan worked out in advance or do you just take each contest as it comes?*

Each contest is different, I approach it only with the thought of winning. Before the contest I think of my opponent's techniques and what he will try.

*How nervous are you before a competition?*

I am nervous but I can control it pretty well. I always try to appear calm.

*What things annoy you most in judo?*

Mostly the politics, sometimes the refereeing — the referees interpretation of the rules.

*In a contest do you always try to score ippon?*

Always; anything less is second best although it is still a win.

*Who has been the best player you have fought?*

The Japanese Yoshimura in the Kano Cup mainly because of his gripping. It was a close matched bout and he was the first person to outgrip me.

*Have you ever had any serious injury?*

Touch wood, I am injury free at the moment. When I was a junior I had a bad back injury because I did Morote Seoi-nage all the time. I had intensive physiotherapy and I changed my technique.

Continued on page 22





SERIES 1 →

# TOP TECHNIQUE

By COLIN McIVER 5th DAN

In this series of articles, mainly aimed at the serious competitor, I want to take an analytical look at some of the players competing at the highest levels of International competition and at some of the techniques that they are using. Some of these techniques will be new to you, others will be familiar. In common they have only one thing; they are being used successfully in the European and World Championships.

Players from the Soviet Union, more than anywhere else, have been responsible for the innovation of many of the new techniques which have been added to the judo repertoire. Many of these new ideas have come from their own style of wrestling, Sambo; others, I believe have been devised especially for use in judo.

The Soviet style of judo is tough and aggressive and requires great courage and superb physical conditioning. Their under 78 kilo player Harbarelli, the subject of this first article, most certainly has these qualities and is a good example of the Soviet style. In the 1979 Dutch Open Championships I was impressed by his aggressive style and the variation of Uranage which he was using consistently; unfortunately, I could not work out exactly what he was doing. Later the same year I watched him again in the European and World Championships and photographed him in action.



SERIES 2 →







Now, bearing in mind that from start to finish each photo sequence lasts only between one and two seconds, let's take a look at the photographs.

#### SERIES 1.

Frame 1: Harbarelli, holding his opponent's belt with his right hand, attacks with Uchimata.

Frame 2: His opponent tries to counter and succeeds in lifting him clear of the mat.

Frame 3: Harbarelli avoids the counter by hooking his opponent's leg at the same time catching his opponent's trousers.

Frames 4-6: The instant his opponent lets him get his foot back on the mat Harbarelli executes the throw by driving his right leg high into the air between his opponent's legs.

#### SERIES 2

Frames 1-2: Harbarelli attacks, this time with Ouchigari, the right hand again holding the belt.

Frames 3-4: This time the opponent does not get a chance to attempt a counter. Immediately resistance to the Ouchigari attack is encountered Harbarelli executes the throw as described previously.

After landing he stabilises his position on the mat and only has to free his trapped leg to obtain an Osaekomi. The fall from this throw can be heavy and awkward; consider the use of a crash mat, especially during the early learning stages.

Since his first International competition where he was finally eliminated by Britain's Chris Bowles, Harbarelli has improved steadily. He won a bronze medal in the 1979 Senior Europeans in Brussels and gave a creditable performance in the 1979 World Championships in Paris. He will, without doubt, win a place in the Soviet Team for the 1980 Olympic Games. I think he will win a medal.





# The British Judo Association Newsletter



## AS I WAS SAYING... By Tony Reay

Judo continues to be a popular and growing sport in Britain, despite the fact that it is a tough activity and that there are so many easy options. The biggest test comes in the Winter months when, after a day's work or study at school, the temptation to settle for a comfortable seat by the fire and in front of the television pulls very strongly. I have visited quite a number of dojos these last few months and in every case the mat was packed. Judo certainly attracts, or develops, the hardy individual. Most impressive on this score are the junior sections. Nobody can tell me that the younger generation is soft. They have many problems to face up to these days and their young lives are crowded with long hours of study, a seemingly endless run of examinations, and increasingly complicated programmes. It is a wonder that our young members can find time to practise Judo, but strangely Judo — rather than hinder them in their studies — seems to help them overcome the difficulties. That is why such absorbing activities as Judo will always have a place in society. One day perhaps, the establishment — the politicians, the educationalists, the planners or whatever — will realise the true value of participation sports such as ours.

Whilst individual membership continues to increase it seems that a number of our Member Clubs have felt the economic pinch, with some struggling to survive. On moving to a new district a few years ago, I found that in my immediate district there was no Judo Club. Remembering the words of an old Sergeant Major from my Army days I resolved to do something about it. He was one of those cycling fanatics. On being posted to a unit where there was no cycling club, his reaction was immediate and to the point. "No cycling club — then I'll damned well form one." The Caterick Wheelers, as a result of this philosophy, became one of the most famous and successful cycling clubs in Britain.

Of course, forming a club is not as simple as all that. This I found almost to my cost. But it was a good exercise for me. I had been brought up in a large and well-established club. My new experience taught me to understand the difficulties when starting out from scratch and the lesson I learned was to help me in understanding the problems many of our club officials are faced with.

I very nearly gave up, but it was the old lesson learnt on the mat that made me persevere — never give up. Within months we had to impose waiting lists for both junior and senior sections. This meant more sessions, more booking of halls — more in-

volvement. I hadn't the time, but at the crucial moment a few very reliable people emerged. They took over the administrative responsibilities. Parents became concerned that the club might fold up; they pitched in. Now we are going along fine, but the secret is to involve just those reliable people who are willing to do a job. We did not want purely committee people. Parents need to be controlled just as much as the trainees. Understandably, they tend to think that their own children are all that matters. Also, Judo is such that a bit of involvement in a club can be very 'heady' and there are people who, after six lessons, begin to think they know it all. I like parents to be able to see that their children are getting the full treatment, but if they want to watch — they must behave just as I expect the children to do. The same rules apply in a dojo — whether trainee or spectator.

Perhaps you are thinking about opening a dojo. If you are, here are a few golden rules to follow:—

- A) Don't over-extend yourself, build up in easy stages.
- B) Gather around you willing and reliable workers to help you run the club.
- C) Establish a set of 'dojo' rules and see that they are enforced (if you impose these rules on the juniors in a very firm but fair manner, you will find that in time, they will make sure that the adults abide by the same rules)\*

To the instructor I would say, teach pure Judo and don't slip into 'games' periods. Also, don't be tempted to put youngsters into competitions too soon.

\*Here are some useful additions to your club or dojo rules:—

1. A high standard of personal cleanliness is expected.
2. Fingernails and toenails should be clean and cut short.
3. Judogi must be kept clean.
4. Long hair must be tied back securely.
5. Jewellery must be removed.
6. Shoes must be worn off the mat.
7. Shoes must not be worn on the mat.
8. Members may not leave the dojo without permission.
9. There will be no talking when an instructor is teaching.
10. Judo must not be used offensively other than in the dojo.
11. Dojo fees must be paid before practice begins.



# B.J.A. NATIONAL DAN GRADE REGISTER

Appendix 1/80 — Promotions confirmed 1/1/80 to 21/1/80

MEN TO 1st DAN	CLUB	AREA	DATE
Akers, S.	Royal Navy	RN	21/11/79
Clague, R.C.	Seishin	NW	4/12/79
Crowder, L.W.	Southampton Bushidokan	S	27/1/80
Cudjoe, R.R.	Highbury	L	27/1/80
Dacre, C.S.	—	NHC	27/1/80
Doyle, M.F.	K.N.K.	RN	21/11/79
Fisher, D.	Hayes Manor	NHC	18/11/79
Goldsworthy, A.N.	Abergavenny	WJA	26/1/80
Hart, P.T.	Harlow	NHC	9/12/79
Jordan, K.R.	Guernsey Judokwai	S	27/1/80
Jordan, P.J.	Ren-Bu-Kan	NIJF	19/1/80
Joy, M.	Rochdale	NW	26/1/80
King, T.N.	Tokei	S	27/1/80
Logsdail, R.P.W.	—	NW	27/1/80
Mackay, R.	Sittingbourne Budo	S	27/1/80
Meades, D.	Heatham House	NHC	18/11/79
Mitchell, S.M.	Crawley	S	27/1/80
Myers, N.J.	Romford	NHC	27/1/80
Neilson, J.	Budokwai	L	20/11/79
Pears, D.G.	Alton	S	27/1/80
Roser, P.P.	Eurokwai	NHC	27/1/80
Snape, Lionel	Saints	NW	27/1/80
Stewart, D.C.	K.K.K.	M	20/1/80
Sutton, J.C.	Newton Abbot	West	10/1/80
Thomas, K.	—	WJA	18/11/79
White, D.C.	Preston	NW	20/1/80
Whitelaw, A.	Ren-Bu-Kan	NIJF	19/1/80
Wood, D.C.	Camb. University	BUJA	27/1/80
<b>MEN TO 2nd DAN</b>			
Syme, H.	Hamilton	SJF	27/1/80
Watts, K.	YMCA Norwich	E	27/1/80
<b>WOMEN TO 1st DAN</b>			
Jones, M.	Tokei	NHC	27/1/80
Quinn, I.	Kanokwai	SJF	27/1/80
Rallis, S.	Havering	NHC	27/1/80

## Four Gold Medals for Great Britain

In a recent Multi-Nation Tournament held in West Germany Britain's Young Women's Team (14–18 years) won four Gold, two Silver and one Bronze medal.

According to Depute Team Manager, Win Bolton, all the girls performed well. Participating were teams from Great Britain, Holland, West Germany and Switzerland.

### British Team:

Under 44 kgs: Susan Goodwin (Gold); Under 48 kgs: Sandra Fry (Gold); Under 52 kgs: Debbie Harrington (Silver); Under 56 kgs: Diane Bell (Gold); Under 60 kgs: Lisa Jones (Gold); Under 65 kgs: Julie Dyke (Bronze); Over 65 kgs: Teresa Hazden (Silver).

Team Manager: Mrs Win Bolton.



# 1980 SENIOR EUROPEAN CHAMPIONSHIPS FOR WOMEN

ITALY MARCH 15/16 1980 REPORT AND PHOTOGRAPHS BY MARION WOODARD



Whoever coined the phrase 'welcome to sunny Italy' has never been to Venice in March. Grey mist and driving rain veiled the city from us as our Alitalia Boeing 727 settled neatly on to the runway at the end of the first leg of our journey.

Bad weather had already kept us grounded at Heathrow for 3 hours and our 11.50 flight had eventually taken off at 2.50. The girls were in good spirits despite the delay and their mood was one of relaxed confidence, a reflection of Team Manager Roy Inman's hard preparation training programme over the last year.

A strong team had been selected, with a couple of new faces included, all capable and experienced fighters:

Under 48 kgs — Jane Bridge; Under 52 kgs — Bridget McCarthy; Under 56 kgs — Loretta Doyle; Under 61 kgs — Dawn

Netherwood; Under 66 kgs — Sally Peake; Under 72 kgs — Avril Malley; Over 72 kgs — Heather Ford; Open weight — Avril Malley

Also accompanying the Team were Sheila Cozens as Team Physiotherapist; John O'Brien who would video the foreigners as well as our girls for later technical evaluation; and Christine Oram of the Sunday Times who was preparing an article on women's judo. The two referees representing Great Britain, Peter Bent and Eddie Ainsworth, flew out a day ahead of us. From the Aeroporto Marco Polo we had an hour and a half coach ride through the darkness and rain to our accommodation at the Motel Agip in Udine. Our arrival at the motel could not have been stage-managed better — ten more minutes and we would have been too late to book the team in for the event.

## DAY 1 SATURDAY MARCH 15 1980

Over 72 kilos: In the first round Britain's Heather Ford lost to Kieburg (West Germany) four times European Champion, but defeated Gonzales (Spain) and van Unen (Holland), both by ippon, to finish second in her pool and qualify for the semi-finals. De Cal (Italy) and Fouillet (France) placed first and second in pool 2.

In the semi-finals Kieburg (West Germany) injured her leg and had to withdraw and De Cal (Italy) defeated Ford (Great Britain) with munegatame.

In the final De Cal (Italy) was made to work, but finally pinned the French girls with munegatame to win her first European Title.

results;

1 — Margherita De Cal, Italy; 2 — Paulette Fouillet, France; 3 — Christine Kieburg, W Germany; 3 — Heather Ford — Gt Britain.

Under 72 kilos: British Open Champion Avril Malley (Great Britain) defeated Simon (Austria) with kesagatame but lost to Classen (West Germany), reigning European Open Champion, in her first round contests. In the knockout she lost to Berghmanns (Swiss.) but defeated Kaspers (Spain) to win the Bronze medal.

In the final Triadou (France) defeated Berghmanns (Swiss.) by a superiority decision.





1 — Loretta Doyle, France; 2 — Ingrid Berghmanns, Belgium; 3 — Paula Classen, W Germany; 3 — Avril Malley,

her European debut Sally Peake (Great Britain) won her first round contests with Pierre Parenti (Italy) and Marie-France Mil (Belgium). In the final Amerighi (Italy) and Pierre (France) were very evenly matched. The French girl eventually won on a decision. Kruger (West Germany) last year's Champion surprisingly failed to qualify losing both her first round contests.

#### RESULTS:

1 — Catherine Pierre, France; 2 — Nadia Amerighi, Italy; 3 — Marie-France Mil, Belgium; 3 — Paula Mallens, Holland.

Under 61 kilos: Dawn Netherwood (Great Britain) had little trouble qualifying for the knockout defeating Aramburu (Spain) and Engquist (Sweden) with comparative ease. In the knockout she was defeated by Peeters (Belgium) who was subsequently defeated by Di Toma (Italy). Di Toma (Italy) defeated Deydier (France) in the final.

#### RESULTS:

1 — Laura Di Toma, Italy; 2 — Brigitte Deydier, France; 3 — Marija Angelovic, Yugoslavia; 3 — Jeanine Peeters, Belgium.

#### DAY 2 SUNDAY MARCH 16 1980

Under 56 kilos: Britain's entry Loretta Doyle defeated Nguyen (Swiss) Fontana (Italy) and Meulemans (Belgium) to convincingly win her pool. In the knockout she defeated Vasic (Yugoslavia) before losing to Beeks (Holland) on a very close decision. Winkelbauer (Austria) won the under 56 kilos title for the third successive year when she defeated Beeks (Holland) with hadaka-jime.

#### RESULTS:

1 — Gerda Winkelbauer, Austria; 2 — Elisabeth Beeks, Holland; 3 — Therese Nguyen, Switzerland; 3 — Loretta Doyle, Gt Britain.

Under 52 kilos: Bridget McCarthy (Great Britain) got off to a good start beating Rintams (Finland) and Smilianic (Yugoslavia) to win her pool. After a bye in the knockout she defeated Hrovat (Austria) for a place in the final.

In the final against Montaguti (Italy) she was somewhat restricted by an injury to her elbow sustained in her semi-final contest and lost to an armlock. Nevertheless an admirable performance and a Silver medal, her second European Championship medal.

#### RESULTS:

1 — Patrizia Montaguti, Italy; 2 — Bridget McCarthy, Gt Britain; 3 — Edith Hrovat, Austria; 3 — Mileva Smilianic, Yugoslavia.

Under 48 kilos: Jane Bridge (Great Britain), twice European Champion at this weight won her pool defeating Ingessias (Spain) and Napolitano (Italy). In the knockout she had a bye and then beat Bechepay (France) with seoi-nage for waza-ari for a place in the final.

Napolitano (Italy) won group B of the knockout for the other final place. In just under a minute of the first contest Bridge (Great Britain) secured Kuzure Kesagatame to secure her third European Championship.

#### RESULTS:

1 — Jane Bridge, Gt Britain; 2 — Paola Napolitano, Italy; 3 — Annie Bechepay, France; 3 — Eva Hillesheim, West Germany.

OPEN: In the Open category Britain's Avril Malley succeeded in winning her second Bronze medal in these Championships. Winning her pool in convincing style she went on to defeat Parenti (Italy) before being beaten by Classen (West Germany). In the final Classen (West Germany) beat Berghmanns (Belgium) to retain her 1979 crown. A good performance by Avril Malley — her 10th medal from eight international appearances.

Continued on page 21







# TAKE IT FROM THE TOP ~ Uchimata

PRESENTING THIS ISSUE:  
GEORGE KERR 6th DAN

I first developed this technique in 1962 after I was armlocked in the Europeans by a Russian. This injury prevented me from using Tsurikomi goshi, which was my main technique at the time. Another reason was that it is a very spectacular throw in contest, and it was well suited to the European style of judo — at that time more crouched than the Japanese style.

I never teach uchimata to beginners or low grades, because it is a throw that needs a lot of commitment — in fact it needs 100% effort, and so it is dangerous and difficult for beginners to learn.

The way I do the throw is left-handed and it is important that my opponent is right-handed. That means that his left foot is back, and my left foot is back, giving a wide space on my right. You can see this in the photograph. I think this position is the ideal chance for the throw.

The grips are also very important. My left hand

grips right behind the neck with the thumb inside. My right grips the sleeve, at the bottom as you can see. It is really only the bottom three fingers that count — the thumb just holds the seam of the jacket. I pull down hard with my left hand and my opponent usually tries to keep his head up and push strongly with his right arm. This is just what I want. I suddenly relax my pull, his head pops up, and his body seems to float upwards. I use this movement to make my attack. It is in two parts really, but they have got to be done so fast that they become one movement.

I put in an ouchigari attack that is really just a kick, which causes him to freeze and also makes sure I don't miss with the sweeping leg. This leads straight into uchimata.

Remember though, the whole thing has got to be done as fast as you can once you get the reaction, and the technique's got to be really explosive.





# 1980 MEN'S NATIONAL TEAM CHAMPIONSHIPS

REPORT BY PETER CAMPBELL BIRMINGHAM MARCH 22nd, 1980



This year's National Team Championships were held on Saturday March 22 at Haden Hill Leisure Centre in Birmingham. The event was well organised and ran according to schedule throughout the day; however it was slightly disappointing from the spectator's point of view, as very few top players entered. Perhaps this event is beginning to lose the enthusiasm of the top Olympic Squad members; although in Olympic Year that is not altogether surprising, as the Squad is currently training full-time at Crystal Palace. Wales and Scotland were both prevented by injuries from entering teams, and the result of this overall situation was that at the start of the day there was no clear favourite for the gold, although there were several strong and closely-matched teams. The Judo during the early rounds was consistent, but rarely exciting, though one exception was when D Rance fighting for the BUJA team in the preliminary pool threw Eddie Mullen of the Combined Services for ippon with a perfect seoinage.

The quarter-finals saw the North-West Area defeat the West to meet the Combined Services who defeated York and Humberside. The other semi-final was to be between the Midlands who defeated the BUJA, and the Northern Home Counties who defeated London. The Combined Services versus the North-West Area semi-final resulted in a clear win for the Combined Services. With a convincing 4-2 lead, their U60kg player A Franklyn, conceded his contest to Andy Hough by stepping out of the area twice and being disqualified.

The other semi-final between the Northern Home Counties and the Midlands, was a much closer affair. Alex Ives beat Brian Drew, and Glen Waters beat Dennis Stewart by five points and three points respectively; but this run of success for the Northern Home Counties ended in the next contest when Roy Inman had to withdraw due to an injured shoulder, conceding ten points to Ron Knight. Densign White brought the Midlands even on wins with a yuko victory over Kirk Isichei in a display of powerful and exciting judo, from both players.

Continued overleaf.

Densign White (Midlands) in action during the preliminary rounds.





1



2



3



4

1-3 Stuart Travis (Combined Services) attacks Ron Knight (Midlands). Photos David Finch.

4 & 7 Densign White (Midlands) attacks Neilson (Combined Services)

5 Arthur Mapp (Combined Services) holds Brian Drew (Midlands)

6 Dennis Stuart (Midlands) throws Drissol (Combined Services)

8 The winning Midland Area Team.



5



6

The scores remained even in the next contest — a draw between Peter Blewett and Bruce Newcombe; but Kenneth Brown, having fought consistently all day, produced his most convincing win of the championship by throwing M Mercia of the Northern Home Counties for ippon with a spectacular seio-toshi. I Sutton brought the contest scores even again in the U60kg category by defeating Swatman of the Midlands, but the overall points-score put the Midlands into the final with a 25-15 points win.

The final between the Midlands and the Combined Services was certainly the most exciting match of

the day. Mapp of the Army defeated Drew by ippon from osaekomi, then Stewart beat Drissol of the Combined Services by ippon from jugi-gatame. The scores remained even with a draw in the U86kg category between Travis and Knight. In the U78kg category Densign White got plenty of support from his home crowd when, despite a thigh injury during the match, he convincingly defeated J Neilson. Richard Armstrong, recent European Junior medalist narrowly defeated Bruce Newcombe by koka after Newcombe, to the great delight of the crowd, succeeded in escaping from a very dangerous sankaku-jine — a technique which has become very





popular recently in top competitions. By this time excitement was running high, and in the U65kg category contest between Eddie Mullen of the Combined Services and Kerrith Brown of the Midlands, tempers flared both on and off the mat. Mullen scored first, a very unpopular koka with teguruma; but then kept up his well-known 'dancing' trick for just too long, and was penalised by shido. Shortly afterwards he was given chui when the referees decided that he had left the area while making an attack, and Brown clinched this very aggressive match by scoring koka from kosotogari. Finally, John Swatman rounded off this Midlands

victory by a clear win in the U60kg category, defeating A Franklyn by several yukos, one of them from a very fast tomoenage which he had been using to great effect during the day.

All in all, although the early rounds showed little exciting Judo, the tension of the final along with the enthusiastic support of the crowd, and the good organisation of the event made this a very satisfactory Team Championships. Perhaps next year we will see a return to this event of really world-class Judo from the current Olympic Squad members.



# Junior Corner

A SERIES OF ARTICLES FOR THE JUNIOR PLAYER

By RICHARD KENNEDY D.P.E. and COLIN McIVER

In this series of articles we will discuss the techniques included in the Junior Promotion Syllabus of the British Judo Association. We hope we can encourage you to think of the Syllabus as something more than a chore to be learned and then quickly forgotten. The Syllabus has been very carefully

thought out and all the techniques have been used successfully in world class competition by the top international players. It is there to help you improve and increase your range of judo skills. In this first article the techniques to be discussed are Yoko-shiho-gatame, Harai-goshi and Teguruma.

We will discuss each technique individually and then we will show you how they can be linked together in one continuous movement. The sequences of photographs will, we hope be largely self-explanatory and we will only cover the important points in the text.



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## Yoko-Shiho-gatame

To the inexperienced player, yoko-shiho-gatame seems to be a very weak hold. Yet, to the experienced player it is one of the strongest and most difficult to escape from. Why is this? Let us take a look at the hold in some detail. First, study the action photographs of Shozo Fujii, four times World Champion to see how the expert applies a simple variation of this hold. Note how he keeps his hips low and his legs wide: these points are very important. Now look at the photographs 1-2.

One of the most important aspects of the hold is control of your opponent's head and shoulders. Study photographs 1-2 to see how this is achieved. Your chest should drive into the side of your opponent's chest and your right arm is used to control his head. Your left hand is used to control

the lower half of your opponent's body by gripping his belt, bottom of his jacket or his trousers. It is important that you do not stretch to obtain this grip or you will find that you will lose control of the head and shoulders.

There are various leg positions that can be adopted. All of them can be used although a wide base is better for more stability. Keep your hips low — this is very important — or you will find that your opponent can escape by getting his legs in or by rolling you over him.

When securing the hold always try to control your opponent's head and shoulders first. This will give you more time to stabilise your position as you are more able to restrict his movement once you have control of his head and shoulder region.







A good example of Harai goshi Photo David Finch.

### Harai-goshi

Harai-goshi is a very powerful throw and is favourite with many top players. If you wish to perform it well you will have to commit yourself to the attack. Take a look at the photograph sequence. See how the attacker has totally committed himself in the direction of the throw.

Photographs 1-3 illustrate the entry. Pull hard with your left hand to ensure that your opponent is pulled forward as you place your left leg in position between

your opponent's.

In photograph 4 see how close the attacker is to his opponent. We refer to this as body contact. It is the lack of this body contact that often causes Harai-goshi attacks to fail or only be partly successful.

Note again the total commitment of the attacker in photographs 5-6. We cannot stress how important this total commitment is. It is one of the best ways of ensuring that you are not counted.





## Teguruma

Teguruma can be used either as a direct attack or as a counter to such throws as Uchimata, Harai-goshi, Hane-goshi etc. It is shown here as a counter to the throw we have just been talking about — Harai-goshi. Basically, the throw is very simple, although it may seem quite complex at first. All that you have to do, is lift your opponent as he attacks and turn him over on to his back. The most important point is that you are



ready for the attack, you must anticipate your opponent's movement and be ready to drop your hips in preparation to lift him. Now study the sequence of photographs.

In photographs 1–2 drop your hips as your opponent starts to attack you with Harai-goshi. Keeping your back straight and your head up, lift your opponent by powerfully straightening your legs and thrusting your hips forward as shown in photographs 3–4. Remember to use your back and leg muscles to lift not just your arms. To complete the throws simply bring your right arm down and turn your opponent over onto his back.

If possible all your throws should be followed through into ground-work as smoothly and efficiently as possible. Try to get into the habit of following through with

all your throws and take advantage of every opportunity. Many players these days are very agile and are skilled at avoiding landing on their back and reducing the score awarded against them.

One example of a follow through is shown 9–11. Keep your left hand close to your opponent's hips as you follow through with Teguruma. Your right hand is already in position and only has to be slid around your opponent's collar. Remember it is better to control his head and shoulders first.

Good luck with these techniques. If you have problems or any questions about the Junior Syllabus write to us c/o 'Judo' Magazine. We will try to help. In the next issue we will be discussing the armlocks, Ude-garami, Ude-gatame and Waki-gatame.

○







Stuart Travis of the Combined Services throws his opponent with Teguruma in the 1980 National Team Championships  
Photographs: David Finch





# WHATEVER HAPPENED TO GEORGE KERR?

JUDO INTERVIEWS GEORGE KERR 6th DAN  
AUSTRIAN TEAM TRAINER



George in action during a European Championships



Refereeing the final of Heavyweight category of the 1972 Munich Olympics.

George with Okano, Japanese Team Coach, during a course in West Germany.



George Kerr is little known to the British judo public but is very active abroad. Judo magazine interviewed him at his sports club in Edinburgh.

George Kerr started judo in 1950 at the Tora Scotia Judo Club, Edinburgh. In 1955 he was graded to 1st Dan to become the youngest black belt in Britain at that time. In 1955 he also represented Scotland for the first time at the Festival of Judo in London where he was noticed by Trevor Leggett 8th Dan and was invited to the Budokwai for special instruction. He won the 'Tricker Trophy' for the most 'outstanding player of the year' in 1956 and was graded to 2nd Dan. He also represented Great Britain for the first time in December 1957. Leggett encouraged him to go to Japan and in 1958 he became a special student at the Kodokan Judo Institute in Tokyo and also at Nihon University. He was graded to 3rd Dan in 1959 and 4th in 1960.

Studied Japanese reading and writing at the University and graduated from the Koku sai-Gaku-ukai language school for Japanese, he returned to Great Britain in 1961 to take part in the World Championships in Paris where he defeated the European Champion in the first round but broke two ribs forcing him to retire from the tournament.

George was a British team member from 1956 to 1968, representing his country more than 130 times, and captained the British team from 1961 to 1968.

He captained the Scottish team from 1962 to 1969 and was Scottish Champion in 1964, 1965, 1966 and 1967 and British Champion in 1966 and 1968 and runner-up in 1967. He competed in the World Championships of 1958, 1961, 1965 and 1967, was three times European Silver medallist, twice Bronze medallist and captained the winning Scottish team in the Home International in Wales 1966.

George was also British champion for wrestling in 1965 and was the first judo player to represent Britain at both wrestling and judo. He was graded to 5th Dan in 1968 and to 6th Dan in 1974.

As International Referee he refereed finals at the Olympic Games in 1972 at Munich and 1976 in Montreal. After Montreal George decided to give up refereeing and accept the position of Austrian Team Manager until the 1980 Olympics.

Among his other judo achievements he was the youngest caucasian to be graded to 4th Dan by the Kodokan, he has a diploma for Kata, demonstrated Nage no Kata at the All Japan Championships and assisted with the British Olympic Team for the 1972 and 1976 Games. He has been Scottish National Coach and Instructor to the European Judo Union on Refereeing and is a Black Belt in Aikido, Bojitsu and Karate.



# INTERVIEW

*Question. Last year you took two Austrian players to Japan for six weeks. Did you find any difference in the attitudes and training methods of the Japanese?*

*Answer.* Yes. I got the impression that the training was not as severe and there was not the same discipline. At Tokai University, where we were training, the training seemed to have a more scientific basis. The training sessions lasted three hours: the first hour uchikomi and exercises, the next two hours randori. I felt that these were too long and the same work could have been condensed into a 1½–2 hour session. They could have trained harder but it is important to remember that they are training every day.

*What about the technical side of things — is their approach still the same?*

With a few exceptions there are no real technicians. The Japanese in recent years have been exposed to a lot of stiff opposition, mainly from the Europeans, and as a result they have had to improve their strength and fitness. I think that they have spent less time developing technique and have moved more towards an East European wrestling style.

*What in your opinion are the benefits of taking a team to train in Japan?*

It is simply a matter of getting enough training partners. In Japan you are guaranteed 100 on the mat every day. It is impossible in Austria, as it is here, to get enough judo practice. Even in Japan Kostenburger, the Austrian under 95 kilo player, found it difficult towards the end of our stay as he was too strong and aggressive for most of the Japanese.

*What about the disadvantages?*

There are several. The high cost of living makes food and accommodation difficult. There are also social problems. Despite what they say, the Japanese are not really interested in mixing with foreigners.

*How long have you been Austria's Team Trainer?*

Four years — since the 1976 Olympics.

*How are the Austrian team finalising their preparation for Moscow?*

The final build up begins in late March with a three week training camp in Vienna during which time the boys will train twice per day. Three weeks later, just prior to the European Championships there will be a week of training at high altitude. Immediately after the Europeans we leave for Japan. The judo team will not participate in the Opening Ceremony at Moscow but will arrive only three days before the judo events commence as there will be no problems with acclimatisation and there are too many distractions in the Olympic village.

*Were you disappointed with the Austrian team performance in the recent World Championships?*

Yes, I think the team could have performed much better. I was pleased however that another one of the boys finished in the last eight. Unlike the situation in Britain the Austrians have qualifying standards before they can be selected for the Olympic Games.

*What are these standards?*

To qualify the players must finish in the last four in the European Championships, or in the last eight in the World Championships.

*What was your opinion of the British Team's performance?*

Fantastic — Adams, Donnolly and Radburn were outstanding and all must have a chance of a medal in Moscow. I don't think the rest of the team can improve enough before Moscow to feature in the medal positions.

*What type of weekly programme would you suggest for the serious young competitor?*

It is impossible to answer, as everyone is different, and I

like to know what commitments the player has with employment etc. Certainly to reach the top you are talking about training 3–4 hours 5 or 6 days per week. Today all the top players, despite what they say, are professional, and most of them no longer have to work full time. The three main ingredients of any training programme for me are — judo, interval running and power training with weights. Judo being the most important, the other two being supplementary.

*Uchimata and Tsuru-komi gosh were your main throwing techniques — what techniques would you recommend for the player of today?*

If I was to start again with the experience I have now I would concentrate on uchigari and tai-otoshi. I think these are the throws of the future. Also, because of the way rules are interpreted at the moment, it is difficult to apply the groundwork techniques so the player who favours groundwork is at a disadvantage. There is no time to settle down and apply moves on the ground so therefore more time should be spent on the throwing techniques.

*You have refereed for many years at the highest International levels. Why did you stop and what do you think about the present rules?*

There are two questions there and only one answer — I stopped refereeing because I no longer agreed with the rules. I don't like the passivity ruling; I think that this rule is particularly badly interpreted. It is essential that referees have judo experience at the appropriate level, ie, if they are refereeing at a World Championship they should have competed in at least one. This is the big problem; the referees have no feeling for the players and no feeling for the rules. I do not think that the referees for World Championships are selected on ability. Some of the South American referees do not match up to the standard of some of our British Referees but they are refereeing at World level.

*Given a full turn-out in Moscow — who do you tip for the gold medals?*

Under 60 kilos: This is a very open category, but I think I would go for Mariani Italy. Under 65 kilos: Again a very open category. I'm sure the Japanese will win this one. Under 71 kilos: Without doubt Neil Adams Great Britain. Under 78 kilos: Fujii Japan or Tchoullouyan France. Under 80 kilos: Yaskivitch Soviet Union but again a very open category. Under 95 kilos: Khoublouri Soviet Union, Van de Walle Belgium, Radburn Great Britain, Kostenberger Austria all have a good chance. Over 95 kilos: Yamashita Japan. Open: Endo Japan.

I don't think the Japanese will rule the competition.

*What's your opinion of Women's judo.*

I'm not against women's judo but I do not like to watch women competing against each other. For me judo is a man's sport. I will probably be criticised for that answer, but that's the way I feel.

*What do you think of the current situation in World judo?*

I'm not sure whether the results of the recent elections within the IJF are good or bad for judo. Charles Palmer has done a tremendous amount for judo but I think that he sometimes does too much. Maybe it's time for a change, but whether the Japanese Matsumai is the right man for the job — only time will tell.

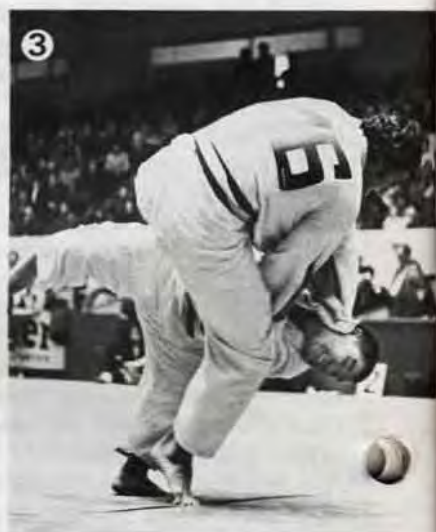
*You have competed at the highest levels, refereed at the highest levels, coached at the highest levels and also run a very successful sports club. Have you any further ambitions in the judo field?*

I have always been second best as a fighter, I have more silver medals than anyone else, and I think I would like to help in the production of an Olympic Gold medallist. Other than that I would like to win the European Championships but I've left it a bit late!



# THE DAVID FINCH PORTFOLIO

**A collection of photos by  
Judo's leading photographer**



1. Neil Adams scores against Chris Bowles. 1976 National Trials.
2. Nomura (Japan) wins the 1973 light middleweight Gold Medal with this splendid ippon — Lausanne.
3. Sumio Endo (Japan) scoring during the 1974 Paris Multi-nations.
4. Katsuki (Japan) scores ippon at the 1978 Paris Multi-nations.
5. Guy Auffray (France) scoring on Hansen of Denmark at the 1975 World Championships — Vienna.
6. David Starbrook — 1975 B.J.A. v USSA tournament.
7. Vas Morrison attacks Dave Lawrence during 1976 British Open.
8. Ippon — Paul Radburn scores during the 1977 European Team Championships — Ludwigshafen.





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## 1980 SENIOR EUROPEAN CHAMPIONSHIPS FOR WOMEN

Continued from page 9

### RESULTS:

1 — Barbara Classen, W Germany; 2 — Ingrid Berghmanns, Belgium; 3 — Avril Malley, Gt Britain; 3 — Paulette Fouillet, France.

### MEDAL TABLE

	Gold	Silver	Bronze
Italy	3	2	0
France	2	2	2
Great Britain	1	1	4
West Germany	1	0	3
Austria	1	0	1
Belgium	0	2	2
Holland	0	1	1
Yugoslavia	0	0	2
Switzerland	0	0	2

Every British player at the European Championships gave one hundred per cent effort. The National Squad has trained very hard under the direction of Roy Inman, and their progress is not only illustrated by the number of medals they bring back from internationals (55 medals in two years — including 14 golds) but in their developing ability to throw opponents — a skill sadly lacking in the majority of the Squad until now.

The next major event is the 1st World Championships, scheduled for November this year. If the level of training can be at least maintained, and the opportunities for foreign competition taken advantage of, we can expect to come back from that event with a fair medal haul.

Finally, a very special mention must go to Sheila Cozens who cared for the girls with skill and understanding — without her we would have been lost. It proved to us all that proper medical personnel must travel with the team, especially abroad. •



# IRISH NEWSLETTER

## Terry Watt writes from Ireland



At the Annual General Meeting of the Northern Ireland Federation held at the Headquarters of the Sports Council for Northern Ireland on Sunday March 16 1980, it was decided to continue with the recently introduced system of Regional Administration.

Twenty-seven of the forty-four registered clubs were represented at the meeting. The following members were elected to serve for the forthcoming term.

Chairman	Richard Briggs (Re-elected)
Vice Chairman	Derek Harper
President	Gerry Nevin
Vice President	Peter McKie
Rep. to BJA	Marietta McGrellis
Western Region	Marietta McGrellis
North East Region	Herrian Harper
Belfast Region	Jimmy Ward
Southern Region	Avril Malley
South East Region	Kevin Farry

The 1980 Northern Ireland Team Championships held at the Maysfield Leisure Centre in Belfast attracted a large entry, especially in the junior events. This is a very good sign which may indicate a revival of judo in Northern Ireland.

RESULTS:	WINNERS	RUNNERS-UP
Senior Men's Open	Belfast YMCA	Glen Judo Club
Intermediate Men	Brooke Park	Belfast YMCA
Junior Men	Ren-Bu-Kan	Bangor Technical College
Senior Women's Open	Belfast YMCA	Ren-Bu-Kan
Junior Women	Queens University	Bangor Technical College

The next event of the Northern Ireland Competition Calendar will be the Senior Weight Categories Championships. This event will be held on Saturday May 10 1980 at the Maysfield Leisure Centre, Belfast. Details will be sent to all member clubs.



The Gothenburg Judo Club, which is one of Sweden's most successful, with, among others, 9 victories in Swedish team championships and several Swedish and Scandinavian masters is looking for a

### club trainer (full-time)

Duties to include provision of regular club training, taking competitors to competitions, accompanying them as a coach, as well as the performance of other duties commensurate with the position of trainer.

Applications with curriculum vitae, information on earliest possible date of commencement and salary requirements together with any other material applicants may wish to refer to should reach the Gothenburg Judo Club at the latest by 29th MAY, 1980 and should be addressed to: Dick Johansson, Skånegatan 89, 432 00 Varberg, Sweden.

## A Rare Talent

CONTINUED FROM PAGE 3

*Lately you have been scoring more with newaza; when and what made you start to concentrate more on matwork?*

After I became Junior European Champion in 1977. I started working more on newaza. Mainly because Tony (MacConnell) tied me up so easily on the ground. I know he is much stronger but his moves were so superior and I wanted to become a better all round player. Now I enjoy newaza because I can do it much better.

*What is your opinion of weight training?*

I am all for it. However, it has to be done right as each individual is different, and it depends what you want to achieve.

*How many medals will the team win in Moscow?*

If all goes well, I think we have a chance of four medals. A lot will depend on the draw.

*When you were a junior who influenced you most?*

My father. He was responsible for guiding my career as a junior. Very wisely, he only let me enter four competitions each year. I think that this was one of the reasons I am still doing judo. The reason that not a lot of juniors come through into the senior ranks is that they have too many competitions. Many of them have injuries which could well be permanent. I know of cases where juniors have fought in a competition on a Saturday, slept overnight in a minibus and fought in a competition on the Sunday. This situation is ridiculous. Juniors should concentrate more on technique and on playing judo and I really believe that they should only have two contests per year (apart from gradings), one area and one national.

*What are your plans for after the Olympics?*

A lot depends on what happens. I intend to continue competing however until 1984 at least.



Hundreds of judo exponents from all over the North West travelled to Broomfields Recreation Centre, Warrington, at the weekend to take part in a pre-Moscow training session for the British Olympic judo squad.

The event, sponsored by Warrington Development Corporation and Warrington Borough Council, also featured coaching sessions run by Olympic team members, including Dave Starbrook, pictured here giving hints to the juniors.



# 6th Scottish Open Championships

FEBRUARY 22nd 1980 REPORT COLIN McIVER

Like the Welsh Open Championships, the Scottish Open is well established on the annual competition calendar. It is always well attended by players from throughout the British Isles and Ireland. This year there was a maximum entry and the standard was, as usual, high.

What a pity more of the Olympic Squad players did not enter! The appearance of the top British players at events like these would go a long way to help promote and encourage judo in the Areas. Only when the organisers can guarantee that the top players are competing will they be able to attract foreign competitors.

**Under 56 kilos:** Although not an official weight category, this category is always included in the Scottish Open to encourage the lighter youngsters make the difficult transition from junior to senior ranks. Gordon Cameron (Cambuslang) was this year's winner, defeating the favourite, Stuart McMillan (Edinburgh). McMillan, the physically stronger player, should now be competing in the under 60 kilo class if he wishes to fulfil his potential.

#### RESULTS:

- 1 - Gordon Cameron - Cambuslang
- 2 - Stuart McMillan - Tora Scotia
- 3 - Owen Pinnoch - Wolverhampton
- 3 - James McCormick - Irvine

**Under 60 kilos:** Peter Gardiner (Edinburgh), Peter Ferguson (Glasgow) and John Swatman (Wolverhampton) were obvious favourites for this category.

Gardiner emerged the clear winner defeating Ferguson in the final.

Ferguson had previously defeated Swatman who seemed to have lost his recent form. A very convincing win for Gardiner who has been unable to compete in the last few major competitions due to a neck injury.

#### RESULTS:

- 1 - Peter Gardiner - Edinburgh
- 2 - Peter Ferguson - Centar
- 3 - John Swatman - Wolverhampton
- 3 - Francis Jones - Spartan

**Under 65 kilos:** Without doubt the toughest category! In a repeat of the recent Welsh Open final, young Kerrith Brown (Wolverhampton) defeated Eddie Mullen (Army) to secure the gold medal. On this occasion, however, Brown only managed a decision on a very wary Mullen who had no intention of being caught in newaza. Surprisingly William Buchanan (Glasgow) - possibly the favourite to win this category - was beaten by both Brown and Brindle (Wolverhampton).

#### RESULTS:

- 1 - Kerrith Brown - Wolverhampton
- 2 - Eddie Mullen - Army
- 3 - Pat Mahon - Ireland
- 3 - Thomas Brindle - Wolverhampton

**Under 71 kilos:** Hugh Syme (Hamilton) won the under 71 kilo title in spectacular form. Within ten seconds of the start of the final, Syme threw Ireland's Alonzo Henderson with tai-otoshi, to the delight of the home crowd. This was a surprise defeat for Henderson

after his remarkable performance in the World Championships in Paris recently where he finished fifth.. Douglas McGregor (Edinburgh) one of the favourites, lost on a narrow decision to Henderson in the semi-finals.

#### RESULTS:

- 1 - Hugh Syme - Hamilton
- 2 - Alonzo Henderson - Ireland
- 3 - Douglas McGregor - Edinburgh
- 3 - A Thomas - Army

**Under 78 kilos:** Densign White (Wolverhampton) had little trouble in securing the under 78 kilo title. In the final he defeated fellow Midlander Dave Walker (Solihull) by yuko from tai-otoshi. White, who had six convincing wins during the day, seemed determined to make up for losing in the Welsh Open Championships the previous week. Mike McLaughlan (Baillieston), always a favourite with the Scottish crowd, did not turn in the performance of which he is capable. After losing to Walker he recovered to win the bronze medal.

#### RESULTS:

- 1 - Densign White - Wolverhampton
- 2 - Dave Walker - Solihull
- 3 - Mike McLaughlan - Baillieston
- 3 - Dave McManus - Ireland

**Under 86 kilos:** It was anyone's guess which one of four favourites would win this category. Tommy Limerick (Hamilton), Stuart Travis (Army), Terry Watt (Ireland) and Douglas Borthwick (Edinburgh) - all succeeded in reaching the semi-finals (thanks to the good seeding essential at these competitions). Travis defeated Borthwick on a narrow decision and Watt defeated Limerick with a tremendous U chimata after only one minute of their contest. The final between Travis and Watt was a dull affair, both players being evenly matched. At the end Travis was the winner having scored several kokas.

#### RESULTS:

- 1 - Stuart Travis - Army
- 2 - Terry Watt - Ireland
- 3 - Douglas Borthwick - Meadowbank
- 3 - Tommy Limerick - Hamilton

**Under 95 kilos:** Hugh McGuinness (Hamilton) defeated Graham Campbell (Glasgow) with ease to win the under 95 kilo title. McGuinness, one of Scotland's most successful players, won every contest during the day by maximum points. Campbell has been plagued by a knee injury and this was a creditable performance in his first major event since the European Junior Championships in Edinburgh.

#### RESULTS:

- 1 - Hugh McGuinness - Burnhill
- 2 - Graham Campbell - Glasgow
- 3 - David Kelly - Ireland
- 3 - David Mannering - Stratford

**Over 95 kilos:** Due to insufficient entries this category was cancelled.

## Letters

Dear Sir,

I was interested to read Tony Reay's criticism of the refereeing at the recent European Junior Championships at Meadowbank. Referees do an unenviable job, but now it seems that the refereeing standard has fallen so far that a major overhaul of the system is overdue. Continual minor changes in the rules, particularly on penalties, do not help and have led to tremendous inconsistency and misunderstanding.

I wonder whether Tony Reay was also at Crystal Palace for the National Schoolboys' Championships, and if so whether he saw the final between

Hughes and McLatchie. This was a prime example of the problem over penalties as Hughes lost by a keikoku, to the uproar of the crowd (not just supporters of Hughes I must add) who all thought it was incorrectly awarded. I was hoping that there might have been some sort of comment on this in 'Judo', but it seems that the judo side of the championships did not even get a decent report, which I think is bad for an event of this importance.

Yours faithfully,

C W R READ

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# CLUB FORUM

## PINEWOOD JUDO CLUB

With the total commitment of the Club's Sensei and children's parents to the completion of our new premises during 1979, many competitions normally attended were deleted from our calendar, although in excess of 400 trophies were won at top competitions.

However, the completion of our new premises enabled us to hold our annual awards dinner in more spacious surroundings than normal and for many more members to attend. This annual event at which Sensei Don Werner presents trophies bearing the names of past holders such as Lynn Tilley, Alex Ives, Mark Fricker, Richard Armstrong etc., to individual club members in recognition of their contribution to the various aspects of Judo, also marked the end of a year which had seen the club move from Bracknell to Wokingham after 30 years, the attainment of our own Dojo and the re-naming of the club - momentous actions taken with some trepidation but proving to be a spur to our ambitions and resulting in an increased membership.

As our application for £11,000 grant and loan aid has been successful, it is back to 'wellies and warm beer' during the summer months when we will be constructing a fully equipped weight training and exercise annexe to provide a total floor area for the club of 8,500 sq ft.

With Richard Armstrong winning a bronze medal at the European Junior Championships during November and first place in the U71kg senior trials, it was tremendous to

learn that he has been selected for the Olympic Squad.

Having recovered from Christmas excesses, the first competition of the New Year saw five teams travelling to Hayden Hill Sports Centre on Saturday January 19 to compete for the first time against more than a hundred teams for the Jack Law Memorial Trophy.

The organisation and facilities provided by our hosts and the sports centre were superb and matched only by the outstanding judo produced by the competing teams.

Having read Tony Reay's article concerning the lack of judo skills exhibited by junior contestants at the Debenhams National Championships (January issue Judo Magazine) we believe he would have been heartened by the incredible number of near full point and full point throws produced by many of the competitors at Birmingham against experienced opponents.

It was good to see so many parents and defeated teams remaining to watch the finals, having been encouraged to do so by the outstanding judo and refereeing that made this such an outstanding event.

With our two heavier teams failing to get amongst the medals, it fell upon our single lightweight girls' team and two lightweight boys' teams to fight for the trophy.

The four girls from Pinewood included two national medal winners who continuously produced devastating Ne-Waza in every contest to provide an almost insurmountable obstacle of two wins and 20 points for their opponents to overcome. By beating Wolver-

hampton in the final by three contests to one, the girls contributed greatly to our success.

With Pinewood Boys 'A' team beating Kettering and Pinewood Boys 'B' team beating Veraloy in their respective semi-finals, the two Pinewood teams met in the final where, with one win each and two draws, the 'A' team won by 7 points.

Having practiced with and competed against each other both at the club and at individual championships, the boys produced their best in contests fought at tremendous speed and with skills one would expect from eight boys that included no less than six previous national medal winners.

So a great month for Pinewood with many more club and individualists to our junior and senior mass Randori (held on the first Sunday each month).

Although all clubs have been circulated with our new address and telephone number, it would appear that many visitors are still unaware of our move from Bracknell to Wokingham.

Visitors are always welcome at our mass Randoris and any information can be obtained from Don Werner on Crowthorne 5019.

## LONDON JUDO SOCIETY

After more than three and a half years at Lansdown Way we have finally put the top coat of paint on our Canteen - the source of much ribaldry in the past. This was achieved by Dave Stanley who has also installed a good public address system for us. This will, no doubt, be welcomed by those who attend our busy Promotion Exams. As the result of many requests from 2nd and 3rd Dans we are planning an Examination for 2nd to 3rd Dan and 3rd to 4th Dan. This will be carried out on Sunday, May 18 at 2.00pm. We have always had the facilities for such high Promotions, i.e. a 6th, a 5th and a 3rd Dan Senior Examiner. Hopefully we may see some Lady 1st Dans at this Examination too?

The first Course held at L.J.S. on February 17 proved to be a fantastic success. A total of 136 boys and girls attended - more than double the number expected - but we managed to run the Course and Exam in under four hours. It is proposed to run more of these Courses and the next one is scheduled for Sunday, June 1 at 2.00pm. The fee is 50p.

The Squad is down here on Wednesday evenings and as a result we can assure you of a good, well attended, practice. Visitors, as always, are welcomed.

For many years we have accepted Applications for new licences and renewals from players taking part in Examinations. This was done to assist players and not replace the existing channels. We say this because some people are just not bothering to apply to Head Office but are turning up at L.J.S. Exams knowing that we will accept their renewals. May we remind everyone that the onus is on YOU to ensure that your Licence is up to date and that your Application should go to Head Office at least a month before the expiry date. In future we may, in exceptional circumstances, accept renewals but if this is abused then we shall be forced to stop the practice. Head Office have assured us that Bristol are now on top of the situation but if any one has any problems with their Licence Application then Graham Perkins should be told.

Finally, we would like to take this opportunity to wish our Friends at Tokei Judo Kwai good luck and success in their new premises at London Bridge.

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