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The Royal Albert Hall Judo Invades



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JUDO

MAY 1958

VOL. II

No. 7

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New Trends in Throwing Technique (I)

T. P. Leggett (6th Dan)

In the present article, which is intended as an introduction, I shall look at two throws well-known to all Judo-men, and describe the attacking methods given in the new five-volume "Judo Koza," which is a text-book of advanced Judo published in Japan. It is officially recommended both by the Kodokan and by the all-Japan Judo Federation.

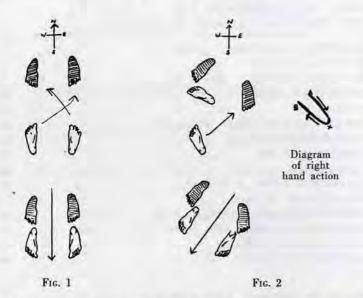


Fig. 1 shows Seoi-nage as it is taught to a beginner. You are facing north, and opponent facing south, feet squarely set. Feeling a loosening in his posture, you break his balance straight forward by tilting him with a lift-pull, step in with your right foot, then with your left, completing a turn of 180 degrees to bring your back against his chest. You have to hold him pinned on his toes while you execute this movement. As your grade approaches the Black, you find it almost impossible to hold your more and more experienced opponents on tip-toe for this length of time.

So when you have enough skill in the movement to be able to afford it, you gain a little time by first pushing opponent straight back as you move your right foot in. With luck, he will believe you intend a Kouchi-gari, and may push back against you. Now if you suddenly change your push into a pull, and have come in quick enough, he will more or less throw himself on to your back just in the position for the Seoi-nage. But it will mean that you have made the whole turn yourself, and you can't go on for ever tricking opponents to gain time for it. (You will do better, it is true, if you can work up a genuine Ko-uchi-gari to go with your Seoi-nage).

The advanced methods now being elaborated in detail in Japan (not that individual experts did not know them as applied to particular throws) try to solve such problems in another way. Look at Fig. 2. The opponent is pulled to his left front to make him step out with the left foot. He is now facing south-west instead of south, and you do not have to turn so much to apply your back to his lower chest. But note that you are now making the throw in a new direction, south-west instead of south.

You can make the preliminary pull while stepping in with your right foot, or else while stepping in with your *left* foot into position first. This last is much easier now that his left foot is forward, because you have not so far to step round to plant your own left foot beside it.

The feel is that you are swinging the other man round on to your back and shoulders. You increase the effectiveness of the movement if you can make it just as opponent voluntarily steps forward with his left foot; if you get the timing right your additional pull will make him plant his left foot rather firmly and stand braced equally on his two feet. As he is resisting against any further pull to his *left* front (southeast), he is generally easy game for a throw to his right front (south-west).



Fig. 3

One real difficulty is to keep your own balance and a continuous pull throughout—the right-hand action is of a very special nature in Seoinage, owing to the necessity of coming under the opponent's shoulder, but it is shown in the diagram on Fig. 2.

The main difficulty however is that nearly all Judoka, when they try this, forget that the more opponent's left foot is brought out, the more Continued on Page 11.

Whispers in the Wind

As usual I attended the show at the Royal Albert Hall on March 29th put on by the London Judo Society under the title of Festival of Judo, and these displays lose none of their attractions. The attedance was good, and Judo has received another boost. Yes, I have some criticisms—which seems to be expected of me these days! Firstly, what appeared to be hats and coats piled on the platform looked most unsightly from where I was sitting right opposite; and secondly, Charles Palmer refereeing in mufti looked more unsightly still. Thanks L.J.S. for a welcome reappearance of the ladies.

Croydon Club are very proud indeed of their Margot Sathaye—now a lady Black Belt at 16 years of age. She was introduced to the audience at the Royal Albert Hall; and I believe the Editor is shortly going to make a feature of her in a forthcoming issue of this magazine. I wonder if she is the only lady to obtain a Black Belt at 16 anywhere?

Referring to recent correspondence, supporters of the A.J.A. have been quick to point out that Pat Butler must be a qualified instructor and authority on Judo (he has now written a book on the subject), as otherwise he would not have been accepted as such by the Croydon Corporation, London County Council and the Surrey County Council. Now anyone can write a book by merely lifting material from other sources and lumping together after due manipulation as if it was original stuff straight from the writer's own brain. If the book really is good I shall be the first to admit it. I do like to be just, and it is about time this matter of Pat Butler's qualifications was cleared up once and for all-both in fairness to him and to Judoka at large. Can it therefore be ascertained exactly the full details of his examination which justified the award of his Black Belt, the names of the judges, and the name and grade of his opponents? If this should catch the eye of any official connected with the relevant departments of the authorities quoted above, please may full information be published as to the test and/or examination he had to pass in order to obtain his positions with them, and whether any enquiries were made as to his ability and qualifications-if so, from whom?

I must have had at least half-a-dozen letters during the last few months chiding me on my anonymity; but please let me state once and for all I wish to remain so. Experience has most definitely shown that I hear things because my identity is unknown, and conversely a lot of tit-bits of information would not be forthcoming if my informants knew to whom they were speaking! I like this freedom which enables me to write without any "come-backs." Curiosity always creates interest, and I like it that way. If the Editor should at any time try to bring pressure to bear for my unveiling, I would most definitely give up this column and say goodbye to

Veritas



Festival of Judo

Organised by the London Judo Society

J. Chapman, 2nd Dan, scoring during the Team contest.

The third Festival of Judo organised by the London Judo Society was held at the Royal Albert Hall on Saturday, March 29th, and was by far the most successful show so far organised by the club. The programme promised an attractive and interesting evening's entertainment to the large audience which packed the hall.

Mr. John Lowe, Chairman of the London Judo Society, opened the proceedings by introducing the guests of honour, Mr. Nakagawa, Minister Japanese Embassy, who was later to present the trophies; Admiral Sir John Eccles, K.C.B., C.B.E.; Assistant-Commissioner D. Webb, O.B.E., M.C.; Chief Superintendent G. Burgess; Superintendent G. Darking; John Disley, Olympic steeple-chase runner, and his wife Sylvia Cheeseman, also an Olympic representative; an imposing array of personalities.

The first demonstration was by the various section of the club; randori by men, ladies and juniors, and this included a special demonstration of randori by Miss Margot Sathaye, 16-year-old member of Croydon and District Judo Society, who was recently promoted to 1st Dan. Her partner was J. Gowland (1st Dan), who was later to win the Goldberg-Vass Memorial Trophy. The programme continued with the Junior Club demonstrating breakfalls which, as usual, was well received by the audience.

We were then introduced to two members of the visiting Dutch team who demonstrated Gonosen-no-kata and, as with the other kata which they demonstrated during the course of the evening, it was warmly received.

The semi-final of the Goldberg-Vass Trophy contest followed. From an original entry of eleven, J. Gowland (1st Dan), L.J.S.; J. Ryan (1st Dan), North London; M. Woodhead (1st Dan), Budokwai; and G. Webb (1st Dan), North London, were left.

The first contest was between M, Woodhead and G. Webb. Little occurred during the entire contest; Woodhead made one or two good attacks with Tai-otoshi, and Webb tried a few Ashi-waza. The referee (C. Palmer, 4th Dan) decided on a three-minute extension, and it was felt that should neither man score, Woodhead would gain the decision. However, with a tremendous attack, Webb caught his opponent with a De-ashi-harai to score a full point and thereby insure himself a place in the final.

J. Gowland and J. Ryan fought out the other semi-final, a much better contest than the preceding one, with honours being fairly even until Gowland slipped underneath his opponent for Tomoe-nage and scored a neat point.

One must mention the referee, Mr. C. Palmer, who throughout the evening took charge of all the contests, and his admirable handling of them did much to make the show a success.

The rest of the first half of the programme included blindfold randori; self-defence by members of the Junior Club, which was very well performed; and Miss Peggy Sullivan defending herself from various attacks by E. Dominy gave an amusing ending to the first half of the proceedings.

The first item after the interval was the final of the Kyu grade division of the National Judo Tournament. From an original entry of twenty-



Left: Winners and Runners-up in The National Judo Tournament, (L, to R.) G. Webb, S. Gowland, F. Pearson and P. Westripp.

Below Le/t: D. Barnard scoring in the Team contest,

Right: KIME-NO-KATA by two members of the Dutch Team.









Left: Demonstration of NAGE-NO-KATA by members of the Judo Club Holland.

Right: Miss P. Sullivan demonstrating how a lady can defend herself.

nine, F. Pearson (1st Kyu), Budokwai, and P. Westripp (1st Kyu), Defoe, took their places on the mat for the final match.

From the start it was obvious that Pearson was considerably better than his opponent and, after two very near misses, he scored with Haraimakikomi to carry off the trophy. A fast and exciting contest which brought much applause.

Apart from the two trophy contests, the highlight of the show was the match between Judo Club Holland and London Judo Society. Last year this was won by Judo Club Holland, which included A. Geesink, the famous Dutch international. This year, however, he was unable to attend, which was disappointing.

The teams were as follows:-

teams were as ronous.	
Judo Club, Holland	London Judo Society
D. Konings (3rd Dan)	J. Chaplin (2nd Dan)
Twice Champion of Holland, International	International
J. Korzelius (3rd Dan) Twice Area Champion of Holland	M. Leigh
T. Fischer (2nd Dan) International	C. Gilbert (1st Dan)
F. Worm (2nd Dan) Champion of Holland	D. Barnard (2nd Dan)
K. Zappey (1st Dan)	B. Abbott (1st Dan)

The first contest was between T. Fischer and C. Gilbert, which Fischer won with a very fine Kaeshi-waza. Following this K. Zappey defeated M. Leigh with another counter-technique, after a short but furious battle. It was now the turn of L.J.S., and J. Chaplin, after two or three near-



F. Peason gains a point in the finals of the Kyu grade Tournament.

misses, caught his opponent, F. Worm, with a beautiful Tomoe-nage. D. Barnard, in a very short space of time, crashed his apponent, J. Korzelius, flat on his back with O-soto-gari. This made the two teams level, and it rather depended on B. Abbott to hold off the attacks of D. Konings, a much superior opponent; and, although there were one of two dangerous moments, time was called with no point being scored, and the L.J.S. can feel justly proud of themselves for having drawn with such formidable adversaries.

The next item was Kime-no-kata, which recently has been seen more often in displays than in the past, and which this time was presented by two members of the Dutch team. From a spectator's point of view it is possibly more interesting than the other kata, dealing as it does with





Left: F. Pearson receives his Trophy, Right: G. Webb receiving his runners-up Medal from Mr. Nakagawa.

attacks and methods of defence, using various weapons; and the use of a dagger with a naked blade lends realism to the spectacle.

Another interesting demonstration by the Dutch club was self-defence, one movement being executed very slowly, and the next one extremely fast, which was both amusing and instructive from the point of view of the audience. It was obvious that much practice had been necessary to perfect this item.

The conclusion to the evening's entertainment was a one versus five contest, J. Chaplin being the lone warrior who quickly disposed of his five aggressors.

The most noticeable improvement over last year's show was the smooth continuity of the events, and the greater emphasis on Judo as a sport than as a means of self-defence. The organisers certainly deserve our thanks for a quick, lively show which, incidentally, ended at the reasonable hour of ten o'clock, allowing everybody plenty of time for their homeward journeys.

New Zealand Judo Federation News

Miss R. Johnson (Director)

At Easter we have our Annual Judo Convention, and I am in the middle of organising this event, with the help of my fellow club members. We are holding the first National Judo Championships, and expect to have teams competing from Dunedin (500 miles south) and Auckland (450 miles north), and of course all the little in-between places will be sending contestants. This is the Judo event of the year and we are looking forward to it quite a lot as we don't often get the chance of visiting other clubs, or of them visiting us.

One of our few outings occurred last weekend, when the Wellington Y.M.C.A. Judokwai, the New Plymouth Judo Club, the Western Suburbs J.C., Auckland, and some of the Wairakei J.C. members converged on to Taumarunui (scene of the recent floods) for a Judo weekend, and the hospitality received there was, I think, some of the best ever in the country.

The Wellington Y.M. crowd, of course, took the "Maggie May" (the hearse) and although she was speeding along around the 70 miles per hour mark on the Friday night, on the Saturday morning, unfortunately, steam and smoke poured forth from her engine and exhaust pipe, which stopped her on the wayside, while would-be engineers and mechanics looked bewilderedly into her 8-cylinder Hudson 33 engine. Not being a great student of engines, the words "blown gasket head" and "loose fan belt and dry radiator" did not convey much meaning. After chugging and pushing her along to Waiouru, however, I came to the conclusion it must be something serious, especially when the mob got their gear out of her and transferred to the other two cars which were escorting her. Anyway it was quite a laugh.

A sizeable grading took place, conducted by Mr. L. R. Wood (1st Dan), Mr. B. Phillips (1st Dan) and the President of the N.Z.J.F., Mr. L. Hargrave (1st Dan, Kodokan). A red and white contest followed in which we all

joined. After this we were taken for a swim, and then to lunch; each member of the club sponsoring two of the visitors, which was a very nice gesture.

We gave the "Maggie May" the once over on the way back, but had to leave her to the kindly attention of the rather startled garage hand. She stretches the length of about four petrol pumps, and is about as high. A photograph will be included with later news.

Australian News

SYDNEY Y.M.C.A. JUDO CLUB

We are very pleased to be sending you this bulletin from "Down Under" with news of the Sydney Y.M.C.A. Judo Club and enclose a photograph of Club Instructors, left to right, P. Cousins, J. Tower, J. Gillingham, B. Knyvett, G. Diamond.



Judo was first introduced into the Sydney Y.M.C.A. by the Physical Director, Mr. John Gillingham, early in 1956, when, with the aid of Mr. Charles Roberts, he conducted the first beginners' course, consisting of 20 members, and covering a period of 12 weeks. From this, the nucleus of the present club was formed. This first course has been the basis for further beginners' courses, now held three times a year. The course has been improved and streamlined, mainly through trial and error and now consists of instruction in history, development and principles of Judo, Ukemi, Tsurikomiashi, Taiotashi, Ukigoshi, Harai-Goshi, followed by Kesagatame, Katagatame, Yokoshihogatame, and Kamishihogatame. At the end of each course, members are examined, and those successful and suitable are invited to enter the club for a probationary period, at the end of which they are considered by the club committee for entry into the club as full members. This method may sound pretty tough, but we find that by doing this, we can sort out those who are interested in Judo purely as an amateur sport, from those who are interested for other reasons.

The club meets every Tuesday and Thursday evenings, and also on Saturday afternoons during the winter months. The President, Mr. Brian Knyvett (1st Kyu), now supervises training, instruction, and club programming. Although over 200 have passed through the different beginners' courses over the past two years, the actual club membership consists of 45, most of whom attend at least one training period a week. Gradings are held approximately every three months, and are conducted by a panel of Black Belts from the N.S.W. Amateur Judo Association. Graded Judokas in the Club, at the moment, include one 1st Kyu, two 2nd Kyus, and five 3rd Kyus.

The club is a member body of the Judo Federation of Australia which is affiliated to the International Judo Federation. State and National titles are held each year and, as much as possible, are held in different capital cities of Australia. Also inter-club contests are held in each state.

The Y.M.C.A. has two practising dojos, each containing a tatami, 15 feet square, plus several smaller mats. Visitors are always welcome and any information about the club is always available from the Physical Director, Mr. John Gillingham.

We hope that this brief outline about the club will be of interest to overseas readers.

Many thanks to the editors of "Judo" for producing a fine magazine and best wishes to all Judokas.

BRIAN KNYVETT, President, JOHN GILLINGHAM, Physical Director.

NEW TRENDS IN THROWING TECHNIQUE continued from page 3.

the direction of the final throw is changed. If you still try to throw due south, you will always come too far through and he will be able to brace himself on the left leg. A clever small man, who gets the opponent really moving, often throws nearly due west with Seoi-nage in this form.

Fig. 3 shows Harai-goshi on the same principles. For special reasons, when you make the first pull to the south-east you make a big step back with your right foot. Just as opponent brings his left foot out, you carry your left foot across to meet it. Ideally they should come down on to the mats together. The rest of the throw is familiar to all Judo students; the right leg and hip are swung through, pivoting on left toes, and opponent is scooped up by a reaping action of the right thigh. Here too it is essential not to try to throw south. When you begin the second part of the pull (to the south-west), throw your left arm far away from your body, and bring in your right fist in a powerful drive more or less due west.

In this series it is intended to present other throws to exemplify the principles shown. So far as we have gone, it may be helpful to note that whereas beginners simply pull in the direction they intend to throw, and more advanced players first push in the *opposite* direction, now some experts are using a preliminary movement just at right angles to the ultimate throwing line. This is not the only way to describe the manoeuvre, but it may do as a hint for keen young Judoka to prosecute their own researches into their favourite throw.

AREA NEWS

SCOTTISH SECTION

R. E. Stanton

Scotland, at the moment, is in the throws of an administrative disturbance and in consequence clubs in the east of Scotland have been trying hard to set up a new area, in the hope of taking Scottish Judo to a standard as yet unknown in Scotland.

Mr. R. Stanton, who was regarded as the unofficial secretary of this new area of Scottish Judo has, I believe, decided not to carry on with this venture, as the support which was necessary to the setting up of it has now, I am afraid, become detrimental to its success.

I may add, of course, that Mr. Stanton being regarded as unofficial secretary was because the B.J.A. had not regarded the proposed Eastern Area as being officially recognised by them.

Confirmation of non-recognition became known through Mr. S. Woollam, B.J.A. Chairman, on his visit to a meeting held by the Scottish section in Glasgow on January 19th, 1958. So it appears as though this will remain a "Judoka's Dream."

Clubs who intended to give this Eastern Area their full support have now taken another look around and have decided to stay within the Scottish Section, mainly because of being unable to find sufficient and suitable candidates to fill the required positions in that area.

However, this is a subject which even the Scottish Section cannot overlook too easily, and it has in turn made them believe within themselves that something will have to be done about this enterprising Eastern Area. Maybe they will employ some of the willingness and knowledge that lies in the East of Scotland and incorporate it with their efforts—and in turn maybe we can have one "Judoka's Dream" come true.

We now turn away from "admin" troubles to news of the tatami, where we find at the Tora Scotia a Kankeiko in progress under the direction of R. McKinnon (2nd Dan). All the disciples under this training I am advised are volunteers—you, you and you! However, apart from this, attendances at the classes are of a reasonable standard and the conditions are excellent—the temperature is just maintained beyond the zero reading and no more—so there is no need to finish off the training session with a cold shower. R. McKinnon is confident of its success, and we hope that the trainee is of similar mind.

R. L. Smith (3rd Dan) of the Tora Scotia on his visit to London on March 1st and 2nd gave an excellent account of himself in contest Judo at the eliminations for the European Championships to be held in Barcelona on May 9th, 10th and 11th, by winning seven contests out of seven. However, this does not gain immediate entry into the team, and he has, I believe, still to make a further effort on Easter Saturday at the Budokwai, so we wish him every success.

George Kerr (2nd Dan) we understand is now settled in Japan and is under training at the Kodokan. Apparently he has had the honour of instruction under Osawa (6th Dan) and finds that this has given him all the confidence he needs as a new entrant to the Kodokan. Again we send wishes for success.

We have completed our Junior changeover to the new Mon grades and hope this is the final answer to it all—although I am sure somewhere there is room for criticism.

WESTERN SECTION

Peter J. Murphy

It is with great pleasure that I commence my notes with a Hearty Welcome to three brand-new Clubs, namely, Bristol Aircraft Company Judo Club, St. Austell Y.M.C.A. Judo Club, and St. Ives Judo Club, who have now become Members of the Western Judo Association. By the time you read this St. Austell Judo Club will have experienced their first Grading under the able guidance of GEORGE CHEW (3rd Dan). This is George's second visit to the West of England—last November he was one of the two Technical Board Members who officiated at the first Brown to Black Grading in the West. Good Luck to all three Clubs and may we see many coloured belts in the near future.

The next West of England Gradings will be held at Weston-super-Mare (Henlys), Bristol, St. Luke's College, Exeter, and Plymouth. The dates, May 31st to June 1st. All Secretaries will be notified of times, etc., but a timely word of advice is necessary here, to assist the administration please submit applications for Gradings at least TEN days beforehand.

On Saturday and Sunday, the 7/8th June, we hold our second Blues-Browns-Blacks Instruction Course, to be coupled with our second Brown to Black Grading.

In London a few months ago ALAN PETHERBRIDGE, Wales National Coach, drew my attention to the fact that his Committee were disappointed that Wales was not invited to participate in our W.J.A. Championships held in February last. May I point out that the original arrangements covered a Wales V.W.J.A. contest to be fought off annually in June, July or August of each year, and this we propose to do. I feel that I must explain to LESLIE COYDE that the February Championships were for the West of England only. I feel safe in stating that the proposed arrangements are well in hand and we are looking forward to the Welsh visit, and can only hope that our hospitality will compare favourably.

I note that in a recent issue of "JUDO" a small paragraph publicised a forthcoming Grading under KENSHIRO ABE at Taunton. This Grading was an A.J.A. Grading and we should be obliged if the Editor would clarify this issue in all future announcements. Although we have no objection to A.J.A. notes appearing in this magazine we feel that these two bodies must be segregated.

We recognise that Truth is unassailable, but the continued use of VERITAS as a nom-de-plume is becoming rather exasperating. Whilst not belittling his comments, we feel that forthright criticisms should be backed by the name of the critic.

NORTHERN SECTION

T. F. Pettman

Bankfoot Judo Club is the latest addition to the Area. It is only a small Club but has high hopes for the future.

Situated in Crook, Co. Durham, they have a membership of only twelve or so, who are very keen and anxious to progress. They lack high graded instruction, being instructed by George Preece (3rd Kyu), who is also a member of the Durham Police Judo Club. Now that we know that they are there however we may be able to rectify the lack of Dan grade instruction to a certain extent.

They practise twice a week with Friday as the main night. Any Club in the area that has a spare day will, I am sure, be made very welcome if they drop in on them.

Middlesbrough Judo Club have a new secretary who seems a very live wire. Other secretaries in the area could do well to copy his example. He actually answers his correspondence which is more than I can say for some of the other Club secretaries.

It is hoped, later on in the year, to hold a weekend course for Blues and Browns but, of course, we must have more support than the area give; us at present. It is to the area's advantage to have these courses as they offer a possibility of more Dan grades which the area is painfully short of at the moment. We have three so far, Tam McDermott (3rd Dan), Bill Peacock and Harry Marr, both 1st Dans. They do their best but we have a large area and some of the clubs are way out in the wilds and take some getting to.

By the next issue our constitution should have been approved by the Executive Committee and we can go ahead and call our inaugural meeting. I hope to see more members of the area at the meeting, or does everyone in the North just want to stay in their own little kingdoms and stagnate.

WELSH SECTION Leslie Coyde

Congratulations to those members who were successful at the recent collective grading. I am told that about 100 took part during the two days the grading was held at Cardiff. On Monday, March 31st, 1958, the Samurai Judo Club, Swansea, under the direction of Allan Petherbridge (2nd Dan), staged a Judo display in aid of the British Empire Games National Support Committee and needless to say it turned out to be a great success. Amongst the participants and guests were G.K., G. Gleeson (National Coach), R. Smith (Scottish Coach), J. Newman (European 1st Dan Champion), R. Lewis, T. Edmunds (British Police Champion), G. Craggs and, of course, the organiser, A. Petherbridge (Welsh Coach). The results of the inter-club matches were that Samurai J.C. beat Newport J.C. by three clear points. The highlight of the programme was the England versus Wales Match. England were represented by the National Coach, G. Gleeson (4th Dan). R. Smith (3rd Dan) and J. Newman (2nd Dan). Wales fielded the following :- A. Petherbridge (2nd Dan), R. Lewis (1st Dan) and G. Craggs (1st Dan).

The result was as follows :-

J. Newman beat G. Craggs; R. Smith drew with R. Lewis; G. Gleeson drew with A. Petherbridge.

Thus the handsome trophy went to England on the very narrowest of margins—one point.

When one stopped to realise the task each of our men took on, we felt very proud of them after the contest.

For the finale of the show G. Gleeson and J. Newman disposed of twenty of our best in double-quick time, providing a thrilling climax.

On Tuesday, April 1st, I arranged for His Worship the Mayor of Port Talbot, Alderman David Gale, J.P., to accord a civic welcome to G.K. at the Town Hall. Amongst others who welcomed him were the Town Clerk, Mr. King-Davies, Chief Clerk of the Borough; and the Deputy Town Clerk; R. Lewis (1st Dan); C. Wagstaff (1st Kyu), founder member and



His Worship the Mayor, Alderman David Gale, J.P., accords a civic welcome to Mr. Gunji Koizumi and other guests.

Honorary Secretary of the Port Talbot Judo Club; T. Reynolds, Treasurer of the Club; M. Richards (1st Kyu), Chief Instructor; and W. Edwards (1st Kyu), Honorary Secretary of the Bonymaen Judo Club.

After the address of welcome G.K. replied to the Mayor and several small speeches followed. We partook of some light refreshments offered by the Mayor, signed the visitors' book and after photographs had been taken we set off for my home and lunch. After lunch the same party journeyed to the nearby Steel Company of Wales works, the most modern, up-to-date and largest steel works in Europe—where I had arranged that G.K. be met by the Company's officials and taken on a conducted tour of the works. We were accompanied at this time by members of the Committee of the newly formed Steel Company of Wales Judo Club. The tour proved to be an outstanding success and it was with some little difficulty that we finally managed to drag G.K. and the rest of the party from the works into the Directors' lounge where tea had been kindly laid on for us.

On Wednesday, April 2nd, a show was organised at which his Worship the Mayor of the Borough, Alderman David Gale, J.P.; Town Clerk, Mr. King-Davies; Alderman Llewellyn Heycock, J.P.; President of the Port Talbot Judo Club, Mr. Clive Harvey; Mr. Campbell Hill; Mr. Richard Thomas, J.P., and several other well-known local business men and G.K. were guests. The Porthcawl Judo Club kindly sent along their Junior Section who were a great success. The inter-team contests for the Campbell Hill Trophy was won by the Bonymaen Judo Club by one point. The Clive Harvey Open Cup, open for all grades up to 1st Kyu, was won by M. Richards (1st Kyu), Port Talbot, after a fiery battle with W. Edwards (1st Kyu), Bonymaen Club Secretary. Thus the Club went away with one cup each and at least £20 better off after their first show. This apart from the fact that both clubs are now far more neighbourly than they were before the show.

MIDLAND SECTION E. Price

I have to start this month with an apology.

It goes to Northampton J.C. I stated in last month's notes that Northampton J.C. had never yet taken part in any Midland Area event, and a number of people have pointed out to me that this is completely untrue. A number of 1st Kyus have participated several times, the most notable being Messrs. Heffermann and Spicer.

These two were both in the Midland Area team which fought at Westonsuper-Mare in 1956, as I well remember for I travelled to Weston to watch them in action. Also, A. Spicer reached the semi-final of the Area 1st and 2nd Kyu Championship in 1957, so I was certainly not unaware of the existence of these two very competent Judoka.

No, the plain fact is that I confused Northampton with Nottingham. I would have been prepared to bet anyone that Heffermann and Spicer came from Nottingham, and that we had had no contact at all with Northampton.

My apologies to all concerned. I hope I shall not be required to commit hara-kiri for this error, because I can't stand the sight of blood, especially my own!

Now for the big news. On Friday, April 11th, a heifer escaped from an abattoir and went berserk in a crowded street in the centre of Wolverhampton. This was a very good curtain-raiser for the people of Wolverhampton, because on the very next day over 100 Judoka went berserk in the nearby Wulfrun Hall.

In other words, Saturday, April 12th, was the date of the third annual Midland Area Championships. The number of entries this year far exceeded either of the two previous years, and it became necessary in the afternoon to use two mats, so that two sets of contests could be fought simultaneously. Even so, the preliminaries lasted over four hours, and had scarcely finished when it was time to open the doors for the evening session.

Four throws stand out in my memory. There were two magnificent Utsuri-goshi, both brilliantly performed by Mr. Heffermann (1st Kyu), of Northampton J.C., each time on an opponent bigger than himself. The third one I specially remember was Harry Hobbs' tremendous Seoinage against Albert Wilde (1st Dan), of Derby J.C. The fourth one I remember is one that I didn't see, because I was on the receiving end of an Uchimata from Mike Bradley (1st Kyu), of the B.A.I. Judo Club. I went on to the mat with the thought in my mind: "Watch out for his Uchimata!" But I never saw it at all.

The best laugh of the afternoon was provided by Colin Oakley, of the Birmingham Koizumikwai. Competing against John Harris, of Shrewsbury, in the Junior Championship, Colin seemed to think he was competing in the 100 yards sprint. He raced across the mat to meet his opponent, made an abortive attempt at Harai-goshi, bounced off, and continued running clean off the mat. He then came hurtling back, and was thrown with Harai-goshi himself, the whole performance taking about five seconds.

In the evening, the semi-finals and finals brought some very closely fought contests, many of which were awarded on superiority decisions.

In the Team Championship, the B.A.I. Judo Club repeated last year's phenomenal achievement of getting two teams into the final. The B.A.I. "A" team, consisting of John Thatcher (1st Dan), Ken "Lofty" Nicholls (1st Kyu) and Geoff. Watts (1st Kyu), beat their own "B" team of Johnny

Holland, John "Sport" Cairns and Mike Bradley, all 1st Kyu, by only half a point.

Two very proud men today must be Jim Cooney and Ray Jago, the two instructors to whom the B.A.I. owes its pre-eminence.

However, though the B.A.I. second team was good enough to eliminate all other opposition, individual trophies have once again eluded the B.A.I.

Harry Hobbs (1st Dan), of Dudley J.C., looked well set to repeat his success of last year in the Open Championship, but was unlucky enough to sustain a shoulder injury near the end of the afternoon session, and had to withdraw. The Open Championship was won by Albert Wilde (1st Dan), of Derby, who was awarded a superiority decision over John Thatcher (1st Dan), of the B.A.I.

The 1st and 2nd Kyu Championship was also won on a superiority decision, this time by Stan Kendrick (1st Kyu), of Dudley J.C., who beat A. Spicer (1st Kyu), of Northampton, in the final.

All Stan's many friends will be glad to hear that he has won a trophy at last. He has three other 1st Kyus in his club, while one of his pupils, Harry Hobbs, has gone above him to reach 1st Dan. Any Judoka who has ever borne the burden of instruction in a club will know how difficult it is to maintain one's own standard while trying to improve everyone else's.

For the second year running the Junior Championship was won by Ron Hanson, of the Birmingham Koizumikwai, who defeated his old rival, John Harris, of Shrewsbury, in the final, with Harai-goshi.

The Junior Championship has gone every year so far to the Birmingham Koizumikwai. It seems quite right that we should continue to win it every year, at least until a few more clubs manage to start junior sections.

Display items in the evening included Ju-no-kata by Miss Iris Dehnel (2nd Dan), and a lady 2nd Kyu of the Budokwai; a hilarious "bus-stop" item by the B.A.I. Goons; Junior Judo by members of the Birmingham Koizumikwai junior section; and Introduction to Judo by Tom Davies and other members of the Rowley Budokan.

The trophies were presented by Professor Ito (4th Dan), who made a short speech afterwards in which he praised the high standard of sportsmanship in the contests. At the end of the Championships it was announced that the films which had been taken would be transmitted on the A.T.V. Midland News on the following Monday evening. Many people must have been disappointed when they were not shown. On the Tuesday afternoon, I rang up the A.T.V. studios, and I was told that they had had processing difficulties and the film was unusable.

Now that the Championships are over, we are looking forward to two events which will also be over by the time these words appear in print. On Saturday, April 19th, we have the next Area Grading, and the following Saturday, April 26th, is the date of the first session of the new course for Blue, Brown and Black Belts, under the direction of Dennis Bloss (4th Dan). I shall be able to give a report on these events in next month's issue.

I hear that the Wulfruna J.C. has recently moved to new premises at 8 Temple Street, Wolverhampton. They have a main mat, 21 ft. by 21 ft., and smaller subsidiary mats as well; they have showers, a canteen, and heated dressing rooms; they are open five nights a week plus Saturday afternoon and Sunday morning; they have three 1st Kyus and several 2nd

Kyus who are anxious to get in as much practice as possible; and they promise a warm welcome to any Judoka of any B.J.A. club who cares to pay them a visit. I hope to take them up on this myself as soon as I can manage it.

I also hear that the former Donnington J.C. has now transferred to the Y.M.C.A. at Wellington, Shropshire, practising on Wednesday and Thursday evenings on a 30 ft. by 15 ft. mat, and that some members of the Y.M.C.A. in Worcester are trying to start a club there. I understand that the Worcester people have no proper mats yet, nor any Judo instruction, and would welcome any graded Judoka who could help in any way to get them started.

NORTH WEST SECTION R. Gellatley

Will all clubs please note that in future Grading Procedure will be adhered to strictly. No more rolling up on the day expecting to be graded. Mr. D. Pastore, the area recorder, has been put to a tremendous amount of unnecessary work because clubs have not followed the correct procedure. In future, all applications for gradings MUST be in by a fortnight before the gradings. If you have no application forms you can get some from the Area Recorder, Mr. D. Pastore, 30 Rosina Street, Manchester, 11. No one will be accepted for grading unless they have been authorised.

The dates for the area gradings, to be held at the K.N.K., are June 6th and 7th, September 5th and 6th, and December 5th and 6th, 1958. Make a note of these dates, all clubs in the area can participate.

In past years our attempts to get a truly representative team from the North West for the Area Championships have met with extreme apathy. The attitude seems to be that it is no use putting in for it because we'll be beaten by the K.N.K. anyway. This attitude is all wrong. I would like to arrange for a series of contests for anyone who would like to be in the team for the area. No matter what your grade, get in touch with me at the K.N.K. If nothing else, it will give our final team plenty of very valuable contest experience. Come on, North West Area, let's be hearing from you.

We were fortunate in having Rab Smith (3rd Dan) of the Tora Scotia at the K.N.K. from March 23rd until March 28.h. He was at Manchester University Judo Club through the day and at the K.N.K. each evening. Unfortunately, I only had one day's notice that he was coming and as a result the attendance was nothing like what I would have wished. Amazingly enough I did write to tell a few clubs in the area, clubs that said that they were in dire need of tuition—but as far as I am aware none of their members attended. Rab is a very good instructor and we enjoyed his visit very much. Everywhere I look now I see people practising Tsuri-komi-goshi!

I believe that Wigan Police are trying to start a new Judo club. The best of luck to them. If there are any Judoka in the Wigan area I am sure that they will be made very welcome at the police dojo, which is to be in the Central Police Office. The secretary is Mr. H. Marerison.

How's this for progress? Rhyl Judo Club started a ladies' section only one month ago and already they have over 25 ladies in the club. Discipline is strict in Rhyl. The ladies have to pass a break-fall test before being allowed to advance to actual throws. Concurrently with learning break-falls attention is paid to posture and movement on the mat. If any Judoka are on holiday in North Wales this summer, Mr. Gunning, the Rhyl Judo Club secretary, tells me that you will be made very welcome. Club nights are

Monday and Thursday, 7.30 to 9.30 p.m., for men, and Wednesday for women. Their dojo is in Churton Road, off Russell Road, Rhyl.

We had our first Mon Grading for the area last week. It went down very well, most lads keeping their equivalent grade all right. My word, but these youngsters are keen! I can see potential 5th Dans amongst them already.

If you want news of YOUR club in this column, please drop me a line at the K.N.K., 2 Murray Street, Manchester, 4

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"Ridiculous! Having a Dojo on the fifth floor."

THE GAMES THE THING

C. Chipchase

I wish to make quite clear at the outset that both myself and my club, the Taunton Judokwai, are affiliated to the B.J.A. and do not, at any time, contemplate changing our horses in mid-stream.

However, I do consider it is time that these two Associations, B.J.A. and A.J.A., should forget petty rivalries, and endeavour to work out a system of peaceful, co-operative co-existence. Although I consider myself a loyal member of the B.J.A., I am forced to admit that there is a good deal to be learnt from the other.

I have tried to form an unbiased opinion, the result of personal experience and question and answer. The following facts, to my mind, cannot be ignored:—

- (1) The gradual increase of new clubs joining the A.J.A.
- (2) The formation of A.J.A. clubs into a close-knit association, particularly in the Western Area.
- (3) That Dan Instructors from both Associations (A.J.A. and B.J.A.) teach the same brand of Judo.
- (4) That both Associations have equally as good Instructors; by this I do not mean contest men.
- (5) That clubs once belonging to B.J.A. are now affiliated to A.J.A. Let me take these facts singly, and try to give some idea why I think it is so.
- No. 1. In my conversations with A.J.A. members and club secretaries many have stated that their choice was dependent upon simple economics. Small clubs starting up cannot afford the B.J.A. block fees. Others remark upon the detached and impersonal attitude of the B.J.A. and the long delay before rejecting or accepting affiliation applications.
- No. 2. This is my own area and I can vouch for its authenticity. With the increase of new A.J.A. clubs in the area, it is only logical that they should form themselves into an Area Association. We must accept the fact that they mean business.
- Nos. 3 and 4. I have been present, but not taken part in, A.J.A. instruction and gradings, solely because I wished to find out for myself the opinions and views of the other side. I can confirm that the same Judo techniques were taught and the instruction was of a high standard.
- No. 5. No names, no pack drill, but it is true.

Suggestions

- (1) That the B.J.A. and A.J.A. co-operate to settle their differences by mutual accord.
- (2) That the grading standards of both Associations be uniform. My opinion is that, at present, the A.J.A. examinations and gradings are somewhat easier than the B.J.A. In particular, the line-ups for the higher Kyu grades of the B.J.A. are more difficult.

- (3) That the gradings of each Association to be mutually recognised.
- (4) That fees should be standardised, so that there is no question of undercutting.
- (5) That members being graded should know the results on the spot, unless of course it be Dan grading. If a member fails his attempt at grading, he should be told why and where his mistakes are made, so that he may try and correct these faults.
- (6) That the presiding Dan grade should occupy the mat as referee during grading contests. An impersonal, detached and often obviously bored judge, sitting at a remote table, is not much of a compliment to the contestants. I am certain that less hacking and better Judo would result.
- (7) If suggestion (6) is not acceptable, then the acting referee should stand or fall by his own decisions, and not look to the presiding Dan grade for confirmation or rejection of points awarded. If in the opinion of the examiner, a point is wrongfully awarded, he can surely allow for this in his final assessment. In matters of the finer points of Judo being in doubt, then the referee must seek the guidance of the examiner.
- (8) That opportunities be accorded to the higher grade Kyus to progress and to develop their own techniques. All too often, outside of the London area, clubs are being coached by 3rd, 2nd and 1st Kyus who do not have the time nor opportunity to improve themselves. This is, of course, due to insufficient Dan grades outside the Home Counties. Many a Blue or Brown Belt feels that he has come to the end of the road as far as his own performance is concerned. Their enthusiasm begins to wane, and many a good Judoka lost.

To Sum Up

Judo is a sport and a "way of life" that should be enjoyed and shared by all who seek. "The way" in my opinion has become encumbered by too many conflicting signposts.

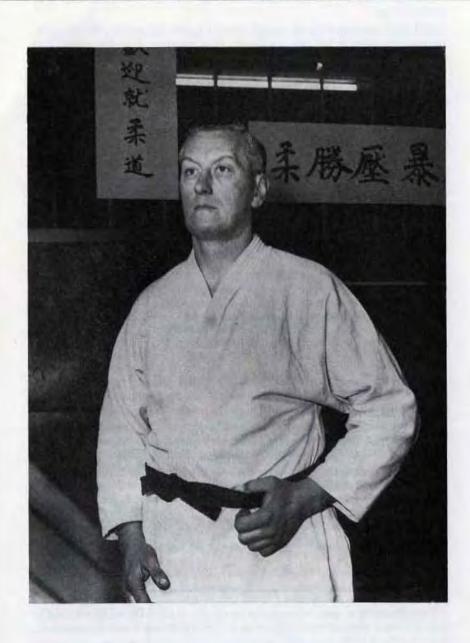
There is ample evidence of other sports declining through being "held down" in the bog of prejudice, and strangled by its own hide-bound conventions. Let this not happen to Judo. End the colour-bar now.

I am well aware that this letter may well earn me the wrath of many. Let me not be accused of being "pro this, or anti that," but rather as a sincere wish to find the means to better our sport.

Judo politics and personalities should be secondary. After all the game is the thing that counts.

It is the season of spring cleaning; let us all begin to put our "house" in order.

THE BUDOKWAI now have supplies of the ILLUSTRATED KODO-KAN. Please apply direct to them at 4, Gilston Road, South Kensington, S.W.10. (Ken. 1540.)



Name:

FREDERICK PETER KAUERT.

Born:

1915.

Occupation:

Radio and T.V. Dealer.

Age when started Judo:

22; 1st Dan, 1942; 2nd Dan, 1946; 3rd Dan,

1948.

Served on Budokwai Committee for several years. Served on B.J.A. Grading Panel. Co-founder with G. Chew (3rd Dan) of R.A.F. Kubukwai Judo Club. Member 1st R.A.F. Judo team. Member Budokwai demonstration team which toured Holland for three weeks in April, 1947,

giving 13 demonstrations.

Member of British team, 1947 and 1950. Captain of British team, 1951.

Present assistant instructor London (Regent

Street) Polytechnic.

Hobbies:

Electronics, dogs, scientology, amateur radio.

CORRESPONDENCE

The Editor invites letters on any topic whatsoever for publication. Anonymous communications cannot be printed; but, if requested, names and addresses will not be disclosed.

Sir,

On reading the letter in correspondence regarding emphasis on mental and spiritual Judo in clubs, I should like to assure the writer that at least one club practices spiritual as well as physical Judo.

Having, right from the outset, studied the spiritual and mental as well as the physical aspects of Judo, I try to pass on to my pupils my feelings and ponderings on the subject. On being asked by members experiencing difficulties in executing waza in randori "Why is it that in Uchikomi and Tachiwaza I am perfect in my technique, and yet in randori I am hopeless? My timing is right and I don't 'telegraph,' yet I still don't get it."

To these I say, "perhaps your spirit is not tuned correctly," and after the puzzled looks, I deliver this lecture which I call "Near Zen." Perhaps it will interest the more enquiring Judoka.

Your waza may be likened to an apple, dependent on the tree for its growth and development; it will not fall from the tree until ripe. When it is ripe it detaches itself by falling, to become "The Apple." Thus without any attachments it becomes "It."

So the waza must fall from you, not be plucked before ripe, but fall ripe and perfect. Thus only by becoming "The Waza" without any bodily attachments or mental distraction, and being inwardly pure and settled, can you hope to reach the "Goal" set by "The Way."

What part then does the body play in our execution of technique? For the answer we must refer back to our Uchikomi-Tachiwaza, when repetition is the order of the day. Having, through this training, attuned our bodies to becoming responsive to automatic movement, using our bodies only as a "carrier" for our "becoming the waza." Then the technique when ripe "falls" from us, and is so executed with smoothness of mind, spirit, and physical carrier of these.

On acquiring this state, the technique must be irresistible as no longer will the Judoka be striving with mind and body in separate planes to accomplish his goal, but he is oblivious of all surroundings and distractions, he himself "being the chosen technique."

This way perhaps we may achieve the aesthetic value that the Japanese Master of any of the arts of Bushido obtains and, who knows, better and more skilful techniques, together with a fuller understanding of Judo.

E. J. SHAW.

Sir.

In your April issue Mr. Alan Menzies made statements regarding the entitlement of Mr. Pat Butler and Sgt. C. R. Berridge to describe themselves as being of Dan grade in the art of Judo. He went so far as to cite them as mere children in the said art. It is interesting to note that Pat Butler is an official instructor to the L.C.C., the S.C.C. and the Croydon Education Committee, and it is prudent to assume that the said panels' officials investigated his qualifications with their usual thoroughness, prior to his appointment,

With regard to Sgt. Berridge of the R.A.F. St. Athan, I know him to be a sincere and capable instructor, devoted to the principles of Judo, and I understand that his qualifications as a 1st Dan have been efficiently investigated by the Air Ministry, to their complete satisfaction.

Mr. Menzies would do well to reflect on the events which caused these gentlemen to break away from the B.J.A. and found the A.J.A., which is not a mutual admiration society.

As the B.J.A. have no exclusive and/ or statutory authority pertaining to the award of Judo grades, I respectfully suggest that Mr. Menzies consult page 791 of "Stone's Justices' Manual," wherein he will find the definition of LIBEL.

CLIFFORD G. ALLEN.

Sir,

Your correspondent has rather taken exception to my article on First Aid. It appears that his objections are:

(1) That I have not fully explained all the possible complications of minor injuries. It is impossible to deal fully with technical matters in a popular article.

(2) He seems to imply by the sentence "the article will do more harm than good" that Judoka will be misled in undertaking treatment of injuries which require expert attention. As long as first-aiders will remember that a little knowledge of first aid makes them neither members of the Royal College of Surgeons nor members of the Register of Osteopaths, and limit their help to what is strictly first aid, without attempting manipulations or minor surgery, they will do no harm but afford real help.

Those who treat themselves for minor injuries would do well to remember that, if the injury does not clear up in a few days or worsens, they should seek professional advice.

Finally, he implies that I have underestimated the injuries received in Judo. I based my estimate on the number I saw during the years when I frequently practised at the Budokwai. It may be different in other clubs. Injuries are chiefly due to three causes:

- 1. Too many on the mat.
- 2. Carelessness.
- 3. Bad technique.

Bad technique is not only due to ignorance, but also the desire to win at all costs.

Judo should be practised as a fine art, not simply as a method of flooring an opponent. Contests or randori should be looked upon chiefly as a means of testing one's own skill and improvement.

If misguided efforts to lower National Grading Standards result in making gradings more or less meaningless, grades will be replaced by a system of championships. If this happens the contest spirit will, no doubt, be increased, and so will the number and severity of injuries.

D. MANN. W

Sir.

In your last issue Alan Menzies felt disposed to make one or two uncharitable remarks regarding the A.J.A, and myself.

Regarding myself, my grade was indeed 4th Kyu B.J.A.—but this was many years ago and I presume at one stage of his life even Kano must have been 6th Kyu. Since that time I have done a little Judo and am an accredited instructor on the following official panels:—

London County Council, Croydon Education Committee, Surrey County Council.

These public authorities are not fools and do not make a habit of enlisting the services of inexperienced children. I started Judo at the age of 15 in 1944 and was an associate member of the Budokwai, was co-founder of the Shirley (Y.M.C.A.) Judo Club and afterwards co-founder and first hon, secretary of the Croydon and District Judo Society, I served on the B.J.A. Committee, 1950-53, being business and publicity manager, 1950-51, and courses secretary, 1951-53 (all of which tends to help the inexperienced). In 14 years of Judo a little knowledge has managed to be collected as have gradings. although not by any means B.J.A. registered.

"Judo" claims to be an independent magazine. Yet Alan Menzies, who wrote the letter, is a director, shareholder and editor of "Judo." Why he did not use his "Whispers in the Wind" column I do not know, but he is as impartial on Judo as Mr. Dulles is on the benefits of Communism or Mr. Khrushchev on the great advantages of the democratic system.

I am proud to be the Hon, General Secretary of an Association that has over 4,000 members and 190 affiliated clubs—many ex-B.J.A. Judo is a sport that aims at mental calm—a pity Mr. Menzies has not yet found tranquility and wishes to stir up unrest and animosity at a time when relations between individual members of the A.J.A. and B.J.A. have never been better.

PAT BUTLER, Hon, General Secretary, Amateur Judo Association. Reading through the correspondence ("Judo," April) I was interested to see another letter from J.M., Sussex, I think that progressive criticism is always very welcome, but judging by his letter I fail to see how J.M. can categorise Mr. D. Mann's ideas as ridiculous. Neither do I think that his ideas are progressive. To me his letter sounded like a child complaining over something he couldn't have!

I would also like to add to Mr. Menzies' letter if I may. It would appear that Sgt. Berridge's Dan grade was self-appointed. In 1954 I was a regular member at the Station Judo Club, R.A.F. St. Athan. I think I am correct in saying that the A.J.A. was not formed then, but Sgt. Berridge was wearing a Black Belt. Who would award a Black Belt to a judoka who was promoted to 5th Kyu by B.J.A. examiners?

The various A.J.A. members complain that our grades are too hard to get. Could it in fact be that A.J.A. grades are rather too easy to get?

> C. PARKER. Southampton.

Sir,

Mr. R. Hamilton clearly has a grievance, and seems convinced that his case is urgent.

I believe that, were he to prove his contentions of anonymous hearsay, and reinforce them with verifiable facts, a resolution of his difficulties might then be pursued more profitably than seems likely at present,

There is about his letter—particularly its third paragraph—an unfortunate hint of glib, soap-box dialectic. This is a great pity, for observation, disinterest and undoubted sincerity are there also. Unhappily, one has to patiently probe much allusive scurrility and puerile acrimony to find them.

I do not approve of Mr. Hamilton's style of self-expression at all. Whether or not the A.J.A. does, is a subject which I recommend its more mature and courteous members to discuss with their seemingly self-appointed spokesman.

D. M. HUNT, London, S.W.15. Sir

I would like to air my views on the Kawamura Trophy eliminations. I think it is ridiculous to ask small clubs to partake, as only the two largest clubs in Scotland stand a chance, i.e., the Tora Scotia and the Osaka, as these clubs have more 1st Dans than most clubs have 1st and 2nd Kyu grades.

To my mind it is a fallacy to ask a 2nd Kyu to compete with a 1st Dan. Originally, I believe, this trophy was for Kyu grades, but in the past few years more and more 1st Dans seem to be competing.

W. CLEPHANE.

Sir,

Your correspondence columns, not unexpectedly, have at times provided a wordy battlefield for members of the B.J.A. and A.J.A. Many of us are becoming tired of this constant bickering between the members of these two associations, which does much harm to the Judo movement.

May I, through this column, appeal to your readers to show more tolerance in this matter.

The A.J.A. is an established fact and we should try to live peaceably with them, to the benefit of Judo. Space should be made available in your feature columns for the A.J.A. if they wish to contribute. With regard to the Dan grades of the A.J.A. members, it would be possible, where necessary, to qualify mention of their grades by the suffix (A.J.A.).

Lastly, concerning the much-debated point on whether the A.J.A. members are generally worth their grades, let those in the B.J.A. who shout so loudly about this, arrange some friendly contests with the A.J.A. to settle the matter.

A. CARLTON-SMITH (Member of B.J.A.).

Sir,

I have recently sustained a slight injury whilst practising Judo, which worries me and seems to puzzle my doctor.

It occurred while carrying out a Tsuri-komi-goshi: as my head and shoulders went over in the attack there was a blaze of "Stars" across my vision; when this cleared I found the vision of my left eye affected. I had received no blow of any sort. A medi-

cal examination revealed the cause to be a haemorrhage of the retina.

My doctor says he has never seen this type of injury in a person of my age before (I am 32) although he admits he has no experience of Judo or any injuries which may be peculiar to it. Could you put me in touch with any medical authority who could explain the cause of this occurrence?

The clot of blood inside my eye is dissolving rapidly, and my vision is now almost normal again.

P.J.H

(Editor's Note. If any reader can throw any light on P.J.H.'s problem please drop us a line.)

Sir.

I am new to Judo, and would like to use the columns of your magazine to pose the following question:—

"Is the possession of a Black Belt incompatible with the practice of common courtesy?"

As the Secretary of a new Judo Club I have tried during the past two months to get a Black Belt along for grading; I have failed. Whilst I appreciate that the growing interest in Judo is making great demands upon the Judo hierarchy, I cannot understand their attitude. To date none of those to whom my Club has written has had the decency to reply; stamped addressed envelopes and carefully worded pleas are to no avail.

Already there are signs of waning interest among the lads—and can you blame them?

INDIGNANT.

Sir,

I would like to reply to three criticisms in J.M.'s letter in April issue of "IUDO."

 Strength plays a big part in winning promotion and championships.

It is bad logic to assume that because the British team are big and strong, strength is used. A contest is very misleading to the general public because what appears to be brute strength is actually a skilful movement to unbalance the opponent. If this is successful, the final attack throws the man. If the unbalancing action is unsuccessful, the attacked meets a resistance, and the throw fails. Now, if the attacker con-

tinues to try and throw his opponent against this resistance, he uses his strength and the throw still fails. The higher grade Judoka changes the direction of the throw to the direction of resistance, thus making a different throw. Therefore, it follows that strength will not throw an opponent.

Kyu grades often use too much of this strength as, after all, they are still pupils aspiring to fulfil one of the ultimate purposes of Judo—"Maximum efficiency, minimum effort".

2. Comparing Judo instructors' knowledge with that of University-trained men.

Every man to his own trade. Learn the classics at a University. Learn Judo and philosophy from a high-grade Judo instructor.

3. What a Judo student can learn besides throws, locks and hold-downs.

(a) He joins a club, realising Judo is good for self-protection, as he is afraid of being attacked in some dark entry. He satisfies himself that he can defeat any ordinary member of the public.

(b) Realises he has never felt so fit in his life, so continues practising. His immediate aim is to acquire different coloured belts and win cups (not by strength).

(c) He has won enough belts and cups and is still not satisfied.

(d) He realises that other Judoka exist besides himself, and realises he can teach them the way.

(e) Commences teaching and fumes because his pupils are so interested in gradings and winning medals.

By the time he is a Dan grade he has a more balanced view of life.

Judo also relieves repressed combative instinct which is based on fear.

The animal instinct of combat is directed towards destruction of the enemy. Wars satisfy this instinct in man. Judo helps to sublimate this instinct, and helps a person to control it and hence direct the energy released to a more useful purpose.

As this is approaching the limit of my knowledge, maybe some higher grade can enlighten me on how Judo affects the other instincts.

R. T. FINCH (1st Kyu).

(The Editor does not accept responsibility for views expressed by correspondents, and does not necessarily agree with statements.)

Club Forum

LONDON

LONDON JUDO SOCIETY. From "Kyu": - A full report of the Festival of Judo appears elsewhere in this issue of "Judo" but I think readers may be interested in a few short scenes selected from happenings behind the facade of purpose and efficiency at the Royal Albert Hall itself. Personally, I was rather surprised to find that the entire organisation was handled by Messrs. Dominy and Chew, who had the routine so well managed that there did not appear to be any work at all. On making enquiries I was told that although there was very considerable work involved it was not too bad as long as it was kept under control. Once the date is fixed a diary is prepared and all the items such as advertising, addressing envelopes, notifying clubs, programme, etc., are carried out as required well in advance. Actually, work on the 1959 Festival, which takes place on February 14th, commenced before the 1958 show took place. Worked properly, organising a Royal Albert Hall show is only a little more complicated than a small town hall display, except for the mental strain caused by the possibility of heavy financial loss. Certainly working parties and sub-committees are not only unnecessary but actually complicate matters.

Naturally things do not always run smoothly but fast thinking and improvisation cover errors and emergencies from the spectator. Did anything go wrong this year? It certainly did! First a simple mistake with Continental time which differs from our time by an hour resulted in the L.J.S. reception committee arriving at London Airport whilst the visiting Dutch team were on the way by bus to the London Air Terminal. The way the situation was retrieved was a very good example of the fast thinking I mentioned. The police were called in to help, the Air Terminal being telephoned and the visitors put in taxis en route for Scotland Yard. There, met by a police officer, also notified by phone, they were escorted to the canteen where a meal was well under way by the time the L.J.S. party arrived. All was well, no great delay had ensued and everyone was happy.

All went well until 7.20 on the evening of the Festival. Where was the Chairman? A few notes were scribbled out and handed to an unsuspecting guest who was told he would have to make the opening speech five minutes later, but all was well. John Lowe arrived, he had had trouble parking his car.

It is now 7.40 p.m. and Koning and Korzelius are due to perform kata, but has anyone seen the Dutchmen? How is the programme to be rearranged? But as always the Netherlands Judoka do not let us down—Koning and his team are there on time. But why the delayed arrival? They had lost their return air tickets and had been making a frantic but vain search for them. Early next morning the search for the missing tickets was taken over by Eric Dominy. After a solid hour on the phone they were traced and he arranged for them to be taken to the West London Air Terminal from where they were collected. All was well again.

One final note. No marks to the L.J.S. selection committee who, set a problem by two last-minute injuries, borrowed Dave Barnard of the Budo-kwai (Dave is an ex-L.J.S. member trained by John Chaplin) to fill the gap and did not consider John Gowland who later won the National Judo Tournament, the first L.J.S. man to win for five years.

For several years London Judo Society has been without a president, but at last that gap has been filled with the acceptance of that office by Admiral Sir John Eccles, K.C.V.O., R.N. (2nd Dan of the Kodokan). I have since heard that Sir John has been promoted to 3rd Dan. Sir John has been interested in L.J.S. for some time but only with his recent retirement has he found time to participate in the Society's activities.

I have reached the end of my allotted space but would like to mention that in the last few weeks Brian Abbott visited R.M.A., Sandhurst, Joe Vipond spent a weekend at Sheffield and Eric Dominy taught and graded at Leeds University, Bedfordshire College of Physical Education and St. Albans. He visits Boston and Huddersfield next month. Instructors of L.J.S. gave a demonstration at the L.C.C. Centenary celebrations before the Queen Mother.

THE DEFOE JUDO CLUB. G. M. Woodard, Hon. Secretary, writes:—We are sorry to announce the departure of our Instructor, Mr. A. W. (Bill) Webb, who is moving this month to another part of the country.

He has taught Judo at this club since 1950, and has seen his efforts bear fruit inasmuch as five of his pupils have attained 1st Kyu standard, and in the National Tournament on March 29th he had the satisfaction of seeing three of them reach the semi-finals.

Bill hopes to start a club in his new district, and I join with all the members of Defoe, both past and present, in wishing him the very best for the future.

GLASGOW

KOIZUMIKWAI SCHOOL OF JUDO. From P. Reid, Hon. Secretary:—We held our largest grading ever on March 8th, 1958; 52 Judoka entered, and the examiner was Mr. T. McDermott (3rd Dan). We are certainly in a strong position for members, and it is quite satisfying to view so many grades on the mat on practice nights. Our Ladies' Section is progressing favourably and should soon be passing over their first grading along with our many Juniors.

The Junior members are not taking too kindly to giving up their belts. This is, of course, very understandable; however, we shall soon see them sporting their newly won honours under the Mons system. The Club Technical Board state it is a good thing to have the Juniors in their own division, nevertheless they are pleased to note that the National Grading Panel had the good sense to include the clause whereby due to skill or build a Junior may keep his Kyu grade, since we have some very clever youngsters as special pupils who value their grade and can uphold it against any Kyu opponent of equal grade.

Mr. T. McDermott has taken up residence in Rutherglen, and is back with us for good. This is exceedingly good news for us and indeed for all of the West of Scotland; we have all missed Tam, and can now avail ourselves of his wonderful technique and unsurpassed method of instruction. As a passing thought, I wish Bill Watson of the "Kawamurakwai," Gateshead, all the very best, and trust that the club may continue to enjoy full attendances and success. No doubt Tam will be missed in that area, but the strong bonds between our two clubs will ensure frequent visits to each other across the border. From Scotland—"All the very best, Geordies."

In the February issue the account of the New Year celebrations in Japan by Mr. Bowen was very much enjoyed by all here in Scotland, especially

to learn of Mr. Kawamura's promotion to 9th Dan. We also trust that George Kerr is now becoming adjusted to his new surroundings, and assure him that he has the best wishes of all of us.

HARROGATE

HARROGATE & KNARESBOROUGH JUDOKWAI. B. Herrington writes:—The accompanying photograph is of the team entered by this club in the competition for the Lions Firework Trophy. This competition is to be held annually in the North Eastern Area, and our team successfully competed at the Bradford Y.M.C.A. dojo on February 22nd, at the first of these events.

I may say that it is a very fine trophy and is proudly exhibited in the club premises.



The members of the team, reading from left to right, are A. Fahy (4th Kyu) (reserve), E. Waitman (2nd Kyu), M. Padgett (2nd Kyu) and A. Bull (1st Kyu) (captain).

CHANNEL ISLES

JERSEY SCHOOL OF PHYSICAL CULTURE (JUDO SECTION). From M. Richardson:—On Saturday, March 22nd, 1958, the members of the Judo Section of the Jersey School of Physical Culture were graded by Mr. Hill (1st Dan), of the Portsmouth Judokwai.

On previous occasions, grading in Jersey had occurred by chance and the kindness of holiday-making Dan grades who dropped in at the South Hill gymnasium and held impromptu gradings. Judoka in Jersey remember Messrs. Appleby, Cornish and Burns with gratitude for their assistance on three previous occasions.

Mr. Hill's services were obtained officially by the Education Committee of the States of Jersey who organise Judo locally. He arrived by air on Saturday afternoon, March 22nd, and was met by Mr. E. R. Holmes, the organiser of Physical Education in Jersey, and Mr. J. Le Huquet (2nd Kyu), our instructor.

Promptly at 8 p.m. Mr. Hill began examining 13 members consisting of 6 beginners, 3 White Belts, 2 Yellow, 1 Green and 1 Blue, and he rapidly sorted them out. Afterwards, Mr. Hill practised with most of the members and gave valuable advice which was much appreciated. His demonstration made a particularly deep impression on those members who had never previously received instruction by a Black Belt.

Mr. Hill was due to leave again at 1 p.m. on Sunday, so there was little time to entertain him socially, but Mr. Le Huquet and two other members took him on a lightning tour of the island en route to the airport where more members turned up to bid him farewell. His unassuming manner and great desire to help this outpost of Judo won him the respect and liking of all the members and they all hope to see him again in the not-too-distant future.

A cordial invitation is also extended to any Judoka visiting Jersey, to call at the Gymnasium, South Hill, on Monday, Wednesday or Friday evenings. Like all small clubs, we need new faces and styles from time to time if we are to avoid stagnation and subsequent loss of members.

SOUTH SHIELDS

KODOKWAI JUDO SOCIETY.. T. F. Pettman writes: The Kodokwai have been out visiting again. This time to Middlesbrough Judo Club. We got a grand reception and all had a good practice and will certainly return. Middlesbrough are having trouble finding more suitable premises. Their present Dojo is rather decrepit although not through any fault of theirs. They have at least got a shower, a thing that some larger clubs than themselves are lacking.

We hope to have another open night for the public very shortly, as we think they stimulate interest in Judo and are much better than some of these unarmed combat-cum-self-defence-cum-judo things that we read about in some of the national newspapers. Of course, we show only Judo, as we have nobody who will volunteer to take on a fencing master. Back to Club visits again. We enjoy going on trips to other clubs but how about someone coming to see us for a change? We can open any time so don't make time or date an excuse.

BERWICK-ON-TWEED

SAKAI JUDDKWAI. G. F. Blythe. May I, through the medium of your valuable magazine, thank the secretaries, members and friends of the many Judo clubs in Scotland for their generous support in our recent Prize Draw (registered under the Small Lotteries and Gaming Act 1956).

I am pleased to say that the result of the Prize Draw is a considerable financial gain to our Club funds and has given us a much-needed financial uplift.

Prizes went to Mr. McAskill, Mr. Anderson, Mr. G. Patterson, Mr. Mitchell, of Tweedmouth, Berwick-on-Tweed; Mr. R. Rutter, Seahouses, Northumberland; Mr. R. Laidlaw, Berwick; Mr. H. Martin, Burnmouth, Berwickshire; Mrs. J. Mather, Galashiels; Mr. D. M. Manson, Aberdeen; and Mr. J. Campbell, Wishaw.

B.J.A. Official Notes will be included as usual in our next issue.

UNIVERSITY NEWS

British Universities Judo Association

A. Sweeney

INTER-UNIVERSITY CHAMPIONSHIPS,

The unfortunate cancellation of the Birmingham University Easter Vacation Course led to the postponement of the Inter-university Championship Semi-finals and Finals. But consolation may be found for the organisers in that the obstacles that arose are not likely to occur again. They will almost certainly be successful in future efforts.

Although postponement till the long vacation would provide a suitable period of notice for these contests; because of the obvious disadvantages with such a late date, it is hoped that either Saturday, 26th April or Saturday, 3rd May, at 2.30 p.m. in the Birmingham University Dojo will be convenient to the teams concerned.

MANCHESTER EASTER VACATION COURSE.

Many thanks are owed to David Barnett, Hon. Sec. Manchester U.J.C., and his friends who organised this course by the fortunate outsiders who attended. Under the excellent instruction of Rab Smith (3rd Dan) the course began at 10.0 a.m. on Monday, 24th March, and ended on the following Saturday with a grading.

Sixteen students (four women included) attended the course and members of the Bristol, Leeds and Sheffield Clubs, as well as Manchester, were present. Judoka from the local K.N.K., including a 1st Dan and 1st Kyu, came to the Dojo on the Wednesday and Thursday; not to mention Mr. S. Ito (4th Dan)' from Osaka in Japan, who remembered a lot of his Judo of 10 years back. A visit to Mr. J. Milom's Judogi factory, on the Friday, proved to be both instructive and interesting. And comparatively speaking, for future reference, it must be said that the food in the Manchester refectory is extremely good.

LONG VACATION COURSE.

Arrangements are now being made for this year's long vacation course, proposed to be held towards the end of September at the Budokwai, London. Instructor, G. Gleeson, 4th Dan (assisted by a Japanese 5th Dan).

Dependent upon the response received it is hoped that two courses may be held; the first course for 4th Kyu and below and the second course for 3rd Kyu and above, this arrangement being of greater benefit to both groups. The organisers hope that you will support this "annual get-together."

Among the instructive films shown it is hoped that some of the films of the recent European Championships will be available.

The details of this course will be given shortly and any further information required will be available from the following address:

A. Sweeney, Wills Hall, Stoke Bishop, Bristol, 9.

EUROPEAN UNIVERSITY JUDO CHAMPIONSHIPS.

Despite the short notice it is hoped that the B.U.J.A. will have been able to confirm its representation in the above by the 15th April.

The next requirement will then be to submit the names of 10 possible contestants and the Captain of the team to the French Organisers by the 15th June. Whether our participation in the above does or does not succeed this year it is worth mentioning that the championships are open to national teams of 5 members and one reserve entering into any of the following events:—

- (a) Contest by weight (I) Below 10 stone 6 lbs.
 - (II) 10 stone 6 lbs, to 12 stone 5 lbs.
 - (III) Above 12 stone 5 lbs.
- (b) An individual open tournament.

This year the championships are being held in the village of "Golfe Bleu," in Beauvallon (Var, Cote d'Azur), from the 6th until Monday, 15th September. Expenses in travel are to be met by the participating teams whilst accommodation is provided by the French hosts.

If our participation in the above materialises selection of the ten possible Judoka, including the five team members, will probably take place at the inter-university championships, under the supervision of a representative of the Technical Board (B.J.A.).

OXFORD v CAMBRIDGE

Town Hall, Oxford, March 12th, 1958

After holding the Baron Matsudiara Cup for three years, Oxford were beaten by a powerful and spirited Cambridge team in a match refereed by Mr. D. Young (3rd Dan).

Cambridge opened strongly, T. Shillinglaw (5th Kyu, Cambridge) won with a scarf-hold on R. Eades (5th Kyu, Oxford) when the contest went to ground.

In the next contest the smaller man, J. M. Catherall (4th Kyu, Cambridge) moving quickly, avoided all attacks and drew with R. L. Skinner (5th Kyu, Oxford).

- J. R. Yarnell (5th Kyu, Cambridge) scored a point with a well-executed Harai-goshi on A. O. Rutland (6th Kyu, Oxford), who retired after three minutes with a bleeding nose.
- Q. T. G. Chambers (3rd Kyu, Cambridge) manoeuvring very fast, soon had his heavier opponent, G. Meadows (5th Kyu, Oxford), off balance, and won straight points with Harai-goshi and a Tai-o-toshi, from a very low level.

The next match between D. J. Mason (4th Kyu, Cambridge) and V. R. Larson (5th Kyu, Oxford) was perhaps the most eventful, and produced an audible excitement in the spectators, which continued for the rest of the evening. Mason conceded a half-point from Tomoe-nage in the first few seconds, and another shortly from Osoto-gari, just managing to avoid an attempted strangle. The balance was kept for some time till Mason, countering with O-soto-gari, won a point, and then promptly repeated the performance.

G. M. K. Taylor (5th Kyu, Cambridge) now beat P. R. Burgess (6th Kyu, Oxford) with O-soto-gari.

The Cambridge captain, R. Lock (3rd Kyu), attempting what would have been spectacular major throws on A. Cowling (3rd Kyu, Oxford), fell more

than once, escaping the threatened holds which followed. The result was a draw, with no point scored.

The Oxford captain, R. Laming (3rd Kyu), quickly scored a half-point with Harai-goshi on H. G. Usher (5th Kyu, Cambridge). The latter now attacked, facing the Oxford captain to win the hard way with a series of half-points from O-Uchi-gari, Tomoe-nage, and a counter to a Harai-goshi,

JAPAN DIARY

R. Bowen

DURING the first half of March the Hina Matsuri, or Dolls' Festival, is celebrated throughout the country. This custom has a long history, going back to Japan's early days when it had, though in a somewhat superstitious manner, a connection with the primitive religion of that time. The dolls, then being made of straw or paper, were worn by young children as a protection against evil spirits, people thinking that the bad spirits would choose to enter the highly decorated dolls rather than the children's bodies—the doll acting as a sort of scapegoat. No doubt, if you are interested in this superstition, you will find in Fraser's "Golden Bough" parallel instances among most races of this type of personation.

In the Heian period, about a thousand years ago, this custom, having previously lost most of its superstitious character, was formed into a regular festival for children, and has since then been celebrated yearly with one or two exceptions. The last of these exceptions was during the early Meiji period (about 1870) when Japan was opened to the Western World, and the Hina Festival, along with other customs, being considered old-fashioned, was swept away amid a mass of innovations—however, the almost innate impulse in the Japanese people for tradition proved too strong to withstand and soon the festival was once more being celebrated.

Nowadays all of the superstitious and quasi-religious meanings have completely disappeared and the festival is a children's day, particularly for the little girls, who dress in their best kimonos to play games and entertain their friends—though this still takes place in front of a special set of Hina dolls.

In most homes on this day a kind of tiered stand is erected on which to stand the dolls; on the uppermost tier sit the Emperor and Empress, the next tier has several court ladies, lower some musicians, lower still two ministers, and finally some servants. I believe the basic set of Hina dolls number fifteen, but there is great variation, both in this and in the dress of the dolls—often on the lowest teir stands a line of Samurai guarding the Royal Court. I do not know when the dolls took on the appearance of the Royal Court; it probably came about hundreds of years before the Heian period as an expression of Emperor worship.

In wealthy families the dolls, which are often very old, are objects to be treasured, and are handed down from mother to daughter. I have no idea of the value of these heirlooms but looking round the doll section in one of the large department stores I have seen modern dolls with the prices ranging from a few shillings for simple wooden creations to £60 or £70 for the exquisite kimono-clad, carved and painted works of art. These, of course, are the painstaking work of craftsmen—a race almost extinct in our European world but still abounding in the Far East, where objects of beauty are generally much more appreciated.

Dolls were so popular that, at one time, many years ago, rich families vied with each other in purchasing more and more expensive, and bigger and bigger dolls, this habit increasing to the extent that one Shogun (Military Dictator) issued a decree limiting the height of the dolls to about seven or eight inches.

Having meandered long enough through the world of dolls and their history, I feel I had better mention a few words on Judo.

Towards the end of March the Kodokan moved for the seventh time in its history. The massive, six-stories high, glass and concrete new building is situated five minutes walk from the old building which is near Suidobashi Station. In contrast to the old building, with its one large and two small dojos, the new Kodokan contains seven dojos; one main five-hundred mat dojo for general training, five smaller dojos each of one hundred mats, which will be used for the various sections and for special courses, and a fifty-mat dojo for the use of the Kenshusei. By mat I mean the standard tatami mat measuring three feet by six feet. For comparison the Budokwai main dojo contains, as far as I can remember, about eighty-five mats.

The new Kodokan is, apart from the dojos, centrally heated and has hot showers for all grades—an unusual feature for Japan, where the lower grades, that is under 4th Dan, have to be content with cold showers or buckets of cold water.

Other facilities include a large cafeteria with low-priced meals; a combined reading room and sports library; two common rooms for recreation (possibly for Shogii—Japanese Chess) and, of course, the usual offices, committee rooms and dressing rooms. Another excellent feature is the accommodation for foreign students—nearly forty single rooms and a few double rooms, all at reasonable rates (£6 to £10 per month). The official opening was held on March 25th.

At present all the champions and potential champions in the Tokyo area are training for the Tokyo Championships on April 6th. Contestants reaching the quarter finals in this contest qualify for entrance into the All-Japan Championship on May 1st. The four hot favourites for the All-Japan are Daigo (7th Dan), Natsui (6th Dan), Oda (6th Dan), and Matsushita (5th Dan).

George Kerr (2nd Dan), the latest "Exile" and the first Scot, has been made a special student of the Kodokan. I will not forget, and I doubt if George will either, the day he dressed up in his kilt and gayly set off for the Kodokan. Naturally everyone in the streets and on the train turned round for a second look. George's nerves were definitely somewhat ragged by the time he reached the Kodokan. However, the climax came when he entered the Kenshusei dressing room; the Kenshusei, agog with curiosity, crowded round him. I will never forget the sight of one, very irate and red, Scottish face looking about for some way in which to escape from the mob of students.

I was very pleasantly surprised to meet an old member of the Budokwai at Mr. Nakanishi's home a few weeks ago. It was Dr. Harris, who is at present taking a vacation, or should I say a busman's holiday, as a ship's doctor. He was intrigued with Japan but, unfortunately, was only able to stay for a couple of days in Tokyo and a day at Kobe.

A few evenings ago I met some keen Judo students on their daily training run. There were about twenty of them, all dressed in judogi, running along one of the main roads in the centre of Tokyo; however, you might ponder on this, they were running barefoot.









Top Left: A scramble on the mat during the eliminations, Top Right: Maynard scoring with Haral-Goshi, Bottom Left: Last years victorious team with Team Manager P. Sekine, Bottom Right: D. Young making a strong attack,

BRITISH TEAM

FINAL SELECTION CONTEST

R. Smith and J. Appleby did not contest in the final selection contests, due to injuries. D. Bloss was also absent, due to teaching commitments: he was, however, seeded directly into the team.

From the results the Technical Board decided on the following order:-

Palmer	(Capta	ain)	4th	Dan		Newman	111	2nd Dan
Bioss	414		4th	Dan		Petherbri	dge	2nd Dan
Young	111	***	3rd	Dan	Reserve:	Smith	***	3rd Dan

In case of injury to one of the team members, or the reserve, the following possibles are given in order of precedence:—

Maynard		***	1st	Dan	Logan			444	1st	Dan
Ryan	500	112	1st	Dan	Webb	117	***	in	1st	Dan

Seeded Players,	PALMER † Tsuri-komi-a: (M) * O-soto-gake ((M)	NEWMAN * Kesa-gatame	Young
Possibles.	WEBB O	RYAN O	Logan O	MAYNARD O
	LOGAN	WEBB	RYAN	MAYNARD
LOGAN.	-	Y	0	0
WEBB	0	-	0	1 Ko-soto-gari
RYAN	* Kami-shiho gatame	+ Hiza-guruma (H)	-	(M) O
MAYNARD	* Harai-goshi (M)	0	↓ Tsuri-komi- ashi (M)	-

Legend: * Point.

Wazi-ari. Y Win by decision. O Lost contest. H Left.

M Right.

For first table read down, for second table read across. (Second table of results were to discover order of precedence for possibles.)

Recorders: M. Lister; H. M. Hodkinson.

EUROPEAN CHAMPIONSHIPS — BARCELONA

This magazine is sending a representative to cover the European Championships being held at Barcelona on May 10th and 11th. A full report will appear in our next issue.

PRINCIPLES OF FIRST AID

MORE SERIOUS ACCIDENTS

D. Mann, D.O., M.R.O.

N any accident, especially the more severe ones, treat for shock. Shock, apart from surgical shock, is a condition of temporary nervous exhaustion, especially of the sympathetic nervous system. It is increased by voluntary muscular effort, by rough handling of the patient, by chilling, and by anxiety. Its mildest form is a feeling of tiredness and flatness, progressively severe; weakness, faintness, unconsciousness.

TREATMENT. First preventive. Always sit the patient down, or in worse conditions lay them flat with the feet slightly higher than the head. Loosen tight clothing. If conscious give hot strong tea or coffee, with plenty of sugar, NOT alcohol. Apply cold water to the temples and back of the neck. Keep the patient warm as chilling will not only increase the shock, but may cause pneumonia. In severe cases, Black Belts may, with discretion, use Katsu.

It should be remembered that shock consists of nervous exhaustion, so unless it is urgent do not stimulate the nervous system in order to bring a patient out of a faint. It is better to treat quietly, as first given, and allow time for the accumulators to become re-charged.

JOINTS. Most Joints are movable, some, however, like the bones of the skull, are not intended to move but to provide a solid structure or casing. It is the movable ones with which we are concerned.

MOVABLE JOINTS. These vary in pattern, some, e.g., shoulder and hips, are of the ball-and-socket variety. This allows a very wide range of movement. Others, e.g., knees and elbows, are of the hinge variety, which allow movements in only one plane. Some, e.g., wrist bones, glide on each other, others, e.g., acromio-clavicular and sacroiliac, are placed against each other and strapped into position by ligaments. The radius (forearm) and fibula (in leg) have their heads in semi-circular bone grooves, the circle being completed by a ligament. This enables them to rotate.

The bones in these movable joints do not rub against each other, "bearings" being provided by cartilage. Some joints, e.g., knees and spinal vertebrae, have thick cushions of cartilage inserted between them. The joints are held together by ligaments—strong non-elastic substances like thick tape or sheets of linen. The lining of the joints is a special type of skin (synovial membranes) which secrete a lubricating fluid from the blood.

DISLOCATIONS. When a bone is completely displaced it is dislocated or luxated. If it has moved out of its normal position but not completely displaced it is said to be semi-dislocated or sub-luxated. When this happens the muscles spasm, so not only the patient cannot move it, but it cannot be passively moved by anyone else except by considerable force, or unless the muscle spasm is got rid of by a general anaesthetic. SYMPTOMS. Loss of power and loss of movement, i.e., cannot be passively moved. Change of shape (compare with corresponding joint on the other side). Pain. Swelling. Discoloration.

TREATMENT. First treat for complete or partial shock. Do not attempt to reduce the discoloration, for unskilled efforts will increase both the ligamentous damage and the shock. The attempts, successful or otherwise, to reduce any joint larger than that of fingers and toes without a general anaesthetic may well bring on surgical shock.

Splint joint, without attempting to move it. Wrap joint in cold water bandages to ease pain and keep down swelling, and have the patient conveyed to the emergency department of the nearest hospital.

With wrists and ankles which have been badly sprained it is sometimes difficult to tell if they have been partially dislocated or not. If there is any doubt at all treat as a dislocation. No harm will ever come from treating an injury as if it is a more serious one, but damage may well arise from treating it as if it were less serious.

NOTES ON SPLINTING. As splints are applied according to the exact part which is injured it is not possible to give the details here. The reader should consult the Red Cross or the St. John's handbook, where he will find each part dealt with, plus illustrations. The general principles are:—

The splints should be long enough to reach well above and below the injured part and bound with sufficient bandages to completely immobilise the joint. No tight bandages should be applied to the site of injury, which should be protected by pads from pressure of the splints. Pads should also be placed against prominent bones to protect them from splint pressure. Use wide bandages to minimise pressure on veins or nerves.

SURGICAL SHOCK. This condition arises from a chemical derived from injured muscles, which paralyses the nerves which control the circulation, so that the small blood vessels open up so much that they drain off so much blood that there is not enough left to keep the vital organs working, and it may be necessary to resort to blood transfusions, or saline injections, to keep the patient alive. This substance breaks up after a few hours, hence the necessity of disturbing an injury as little as possible so as not to increase the formation of the substance, and to keep the patient as still as possible so that as little as possible gets into the general circulation.

KENSHIRO ABBE RESIGNS

The following communication has been received from W. Reeve, Secretary of the Abbe Judo School:—"Kenshiro Abbe (Kodokan 7th Dan) has voluntarily withdrawn his services as A.J.A. National Coach and is no longer associated with the A.J.A. in any capacity whatsoever. Individual A.J.A. and B.J.A. members will continue to be welcome at Mr. Abbe's dojo for practise and instruction."

NATIONAL GRADING REGISTRY AND RECORDS THE BRITISH JUDO ASSOCIATION

32 NORTH STREET, LONDON, S.W.4

GRADING LIST No. 27

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DUDLEY JUD	O CLUB
11th Jan. 1958. B	y H. Hobbs
Allen R	3rd Kyu
Blakeman, 1.	200 11
Bryan, E.	5th
Bryan, E. Dillard, J. Barden, R.	5th
Hadley, G. Ashcroft, R. Davies, O.	6th
Hadley, G. Ashcroft, R.	6th .,
Davies, O.	oth
Payne, N.	6th
DUNLOP SPEK	
6th Oct, 1957. By	A. Grabher
6th Oct, 1957. By Walker, F. J. Forrester, K. F.	1st Kyu 6th
EAST ESSEX JUD	
3rd March	1958
By The Technic	cal Roard
Cabuche, R. F.	4th Kyu
EAST LONDO SOCIET	N JUDO
3rd March	1958
By The Technic	al Danud
Palmer, W.	3rd Kyu DO CLUB By J. Burns 2nd Kyu 2nd ,, 3rd ,,
EDMONTON JU	DO CLUB
11th Nov. 1957.	By J. Burns
Carter, R	2nd Kyu
Evans, J	2nd ,,
Carey, F.	3rd ,,
	no crain
ERDINGTON JU	
23rd Jan. 1958, B	
Pritchard, H.	5th Kyu
Bell, D.	5th 5th
Howe K	
Bell, D. Taylor, J. Howe, K. Harrod, D.	6th
	6th
Turner, J.	6th ,,
Rooker, K.	6th
Turner, J. Rooker, K. Price, D. Stockley, C.	6th
THE GEORGIA	N JUDO
Ist Feb. 1958, E	by D. Logan
Codmon D	
Cadman, D. White, D.	4th Kyu 4th ,,
Jackson, M.	4th ,,
Jackson, M. Ledger, F. Mathews, D.	4th .,
Mathews, D.	4th ,,
Heritage, S. Lucas, J. Turner, D. Ashton, R. Foster, G.	Cal.
Turner, D.	2th
Ashton, R.	5th
Foster, G.	5th
Foster, G. Wood, R. Day, M. Bilby, A. Kershaw, A.	510 0
Bilby A	5th 5th ,,
Kershaw, A.	6th
Kershaw, A. Heritage, T.	6th
	6th ,
Barber, F.	6th
Atkin I	Col.
Wood, W	6th
Butcher, G Atkin, J. Wood, W. Blaker, B. W.	6th ,,
THE GEORGIA CLUB	N JUDO
THE GEORGE	
CLUB	D Longs
1st Feb. 1958, B	ly D. Logan
Ist Feb. 1958, Bramhall, M.	2nd Mon
1st Feb. 1958, B	ly D. Logan

GOLBORNE JUD	O CLUE
9th Nov. 1957. By	P. Conne
Middlehurst, W.	4th Ky
GOLDSMITHS' C	OLLEGE
9th Dec. 1957. B	y D. Bu
Roper, W.	5th Ky
Marenghi, A.	6th ,
Foreman, K.	6th
Sheldon D.	6th
Barker, B. G. Sheldon, D. Edwards, R.	6th .
GOLDSMITHS' C JUDO CLU	OLLEGE
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Webster, Miss S. Turner, Miss B. West Miss I	6th Ky
Webster, Miss S. Turner, Miss B. West, Miss J.	6th
HARLOW JUDO	CLUB
24th Feb. 1958. By J	
	3rd Ky
Gomm, A. Mott, R.	4th .
Pascovietch, B.	5th .
Payling	5th
Ellson, J. Broughton, L.	
Miller, A.	5th 6th 6th
Miller, A. Wray, M.	6th ,
Cornish, B.	om .
Cornish, B. McMann, J. Gibbon, P	6th
HARLOW JUDO	CLID
24th Feb. 1958. By J	, Gowlar
Wilson, Miss L.	4th Ky 5th 5th
Tinsley Miss M.	5th
Gibbs, Miss P.	6th
Cook, Miss J.	6th .
Townsend, Miss R.	6th
Green, Miss I.	6th
Wilson, Miss L. Lloyd, Miss L. Tinsley, Miss M. Gibbs, Miss P. Cook, Miss J. Townsend, Miss R. Armour, Miss A. Green, Miss I. Legon, Miss A.	6th
HASTINGS JUDG	
8th March 1	
By The Technica	
Gorringe, W. Fisher, B.	6th Ky
HATFIELD TECH	HNICAL
8th March 1	958
By The Technica	1 Board
Smith, A. C.	2nd Ky
HERTFORD JUD	O CLUB
3rd March 1	958
By The Technica	
Wilkinson, M.	5th Ky
H.M.S. CERES JU	
16th Feb. 1958. By	D L
	D. Logi
Goddard, B. McCarroll, J.	3rd Ky 5th
Dudley, V.	5th
Houghton, C.	6th
Neill, I. I	6th 6th
Goddard, B. McCarroll, J. Dudley, V. Houghton, C. Jewell, W. Neill, J. L.	out

GOLBORNE JUDO CLUB

Howard, B. Babos, I. Aspinall, R. Moss, B.

LADIES H.M.S. CERES JUDO CLUB 16th Feb. 1958. By D. Logan Hunt, Miss N. A. M. 6th Kyu

HORNCHURCH JUDO

3rd March 1958

By The Technical Board

Tann, F. Munson, K. Bull, B. 2nd Kyn 4th ,, 6th ... Cooper, A. L.

HORNCHURCH JUDO CLUB

5th March 1958

By The Technical Board Hughes, H. 2nd Kyu

JERSEY SCHOOL OF PHYSICAL CULTURE JUDO CLUB

22nd March 1958 By M. A. Hill

1st Kyu Lehuquet, J. Thomson, A. Rondel, B. Drew, G. Richardson, M. 2nd ... 4th ., 5th ,, 5th Bowden, L. Barratt, D. Leseur, K. 6th 6th .. Leseelleur, C. Norman, R. Taylor, R. 6th ,, 6th ...

THE JUDOKAN, LONDON 3rd Feb. 1958. By P. Sekine Shuttleworth, D. 4th Kyu Arnold, D. Hurst, P. Woods, R. Wilkinson, D. 4th ... 4th 5th Pacey, P. Carrington, M. Woodsiey, A. R. Wood, F. 5th 5th 5th 41 6th " Greengo, A. Jeffrey, J. 6th ...

KANO JUDO CLUB, COVENTRY

11th Jan, 1958, By J. Thatcher Stead, E.

KEIDOKWAI JUDO CLUB 14th Sept. 1957. By G. Koizumi 3rd Kyu 5th ...

6th ..

KITA-NISHI-KWAN, MANCHESTER

9th Nov. 1957. By P. Connor Smith, P. Lindley, K. Kershner, N. Simon, H 1st Kyu 2nd ... 3rd ... 4th .. Lawler, G. 4th ... Lewtas, M. Watling, P. Kiernan, D. Lancaster, G. A. 4th 4th ...

Rowland, J. Stewart, C. Fleet, N. E.	5th .,	Bainbridge, T.	2nd ,,	L.E.S.S.A. JUD	O CLUB
Stewart, C.	5th	Wallace, A.	2nd 2nd	22nd Jan, 1958. By	E. Mossom
Lancashire, J.	6th	Clasper, J. Nye, S.	Ist	Holloway, W. Flitton, G.	3rd Kyu
Miles, N	6th	Champion, D.	lst	Flitton, G.	3rd
Pedder, A.	6th	Robbie, K.	lst	Hopkins, F.	3rd
Barnes, E.	6th	Edwards, S. E.	lst ,	Brandon, N. Brandon, P.	4th
Bamford, L.	6th	Whitfield, R.	lst ,.	Brandon, J.	4th
Casserley, T. Feehan, F.	6th	Hall, D. Bainbridge, S.	1st	Ambrose I	4th
Feehan, F. Court, K.	C+l-	Gofton, L.	ist	Cordier, R. Martin, F. E. Hardy, J. Foster, W.	4th
Freedman, N.	6th	Conton, L.	345	Martin, F. E.	5th
Walker, C. W. Gwilliam, R.	6th .,	KYUDAN JUL	OKWAI	Hardy, J.	oth
Gwilliam, R.	6th	1st March 1958, B		Poster, W.	5th
Coker, K. Walters, P.	6th	The state of the s	100000000000000000000000000000000000000	LIVERPOOL UN	IVERSITY
Brown S	Cal	Butt, A.	6th Kyu	JUDO CL	
Brown, S. Fisher, M. Toon, D. A. J.	6th	Dunbar, B. Earwaker, B.	6th	23rd Nov. 1957, By	F. Rhoden
Toon, D. A. J.	6th	Knight, B.	6th	Thurnham, D	4th Kyu
Yadoo, P.	6th ,,	Knight, B. Souter, R. Stone, J.	6th	Thurnham, D. Hadley, J. W.	5th
Smith, S.	6th	Stone, J.	6th	Pollard, D.	5th
Warmbold, W.	6th	Sydennam, K.	6th	Egan, J. T.	5th
Park, L.	6th .,	Witts, P. A.	6th	Mann, P.	5th
LADIES	and the same of	I PPING TUDO	CLUB	Collinso I S	5th 6th
KITA-NISHI-K	WAN,	LEEDS JUDG		Colligan, J. S. McEvoy, N. Bennet J. D.	6th
MANCHEST	ER	9th March, 1958.	By J. Pigott		6th
9th Nov. 1957. By	P. Convor	Dodson, T. B.	5th Kyu	Hill, D. Price, D. J. M. Giam, C.	6th ,,
MacClafferty, Miss	6th Kyu	Lang, B.	5th	Price, D. J. M.	6th
Gayton, Miss M.	6th ,,	Richmond, J.	5th	Giam, C.	6th
Chapman, Miss F.	6th	Brooke, R. J.	6th "	LADIE	c
Nevell, Miss B. J.	6th	Harrison, D. W. Whitfield, W.	6th	LIVERPOOL UN	IVERSITY
Doherty, Miss D. Yates, Miss J.	6th	Phillips D	6th	LIVERPOOL UN JUDO CI	UB
1 1103, 11103 51	ou "	Phillips, D, Gray, J.	6th ,,	23rd Nov. 1957, By	
KODOKWAI	JUDO	Senior, D.	6th		
SOCIETY		Rowley	6th	Cutler, Miss P. R	6th
SOUTH SHII		Yorke, J. G. Kayanagh, T.	6th	Houlton, Miss J. Cutler, Miss P. R Davies, Miss P.	6th ,,
7th March, 1958. I		Glendinning, G.	6th		
Briezkalns, J.	1st Kyu	Grenanning, S.		LLANELLY Y	.M.C.A.
Gowland, D.	lst ,.	LADIE	S	JUDO CI	
Marr, A. Hughes, J.	3rd	LEEDS JUDG	CLUB	1st Jan, 1958. By	The state of Parett State and
Douglas J.	4th .,	9th March, 1958,	By J. Pigott	Davies, D. G.	6th Kyu
Douglas, J. Mowatt, E.	4th	Douglas, Miss F.	4th Kyu	LONDON JUDO	SOCIETY
Thompson, N.	5th	Douglas, Miss I.	Till Ryu	14 January 1980 St. 10 July 2 19 July 2 19	
Thompson, N. Wilkinson, N.	5th	JUNIOI	RS	10th Feb. 1958. By	
Hailstones, A. Catchpole, F.	5th	LEEDS JUDG	CLUB	Henderson, W. A	5th Kyu
Robson, F.	5th	9th March, 1958,	By J. Pigott	LONDON JUDO	SOCIETY
Robson, F. Winn, E. Fittis, F.	5th 5th	Fish, D.	4th Mon	17th Nov. 1958.	
Fittis, F.	5th	Richmond, P.	4th ,		
Derby, J.	6th ,,			Waite, J. Charles, E. A.	1st Kyu 2nd
Burdon, D. Bullough, L.	6th	LEEDS UNIV		Burns	2nd
Grieves, J.	Cat.	JUDO CI	UB		Contract of
Main, C.	6th ,,	1st Dec. 1957.	By J. Pigott	LONDON UNI	VERSITY
		Cannon, R.	5th Kyu	JUDO CI	
KODOKWAI	IIIDO	Armstrong, P.	5th	3rd March	1958
SOCIETY	JUDU	Clayton, N. S.	6th ,,	By The Techni	cal Board
SOUTH SHI	ELDS	Fisher, B. Potter, R.	6th .,	Read, G. A.	5th Kyu
7th March, 1958. I		Cunningham M	6th	Hatherly, D. G. Ellis, D. J.	6th ,.
		Cunningham, M. Evans, D. L.		Ellis, D. J.	6th
Bennington, Miss P King, Miss E	3rd	Bradfield, D. W.	6th	Kenshole, G. E.	6th
King, Miss E. Garr, Miss A.	4th			LONDON UNI	VERSITY
Currie, Miss C.	5th	LADII	S	JUDO CI	
JUNIOR	9	LEEDS UNIV	ERSITY	7th March	
KODOKWAI	JUDO	JUDO CI		By The Techni	
SOCIETY	04 39 600	1st Dec. 1957.	By J. Pigott	THE PROPERTY OF THE PARTY OF TH	
SOUTH SHI	ELDS	Jonathan, Miss J.	6th Kyu	Gauna, S. M.	4th Kyu
8th March,	1958			MACEFIELD JU	DO CLUB
By W. G. Pe	acock	LEIGH JUDG		11th Jan. 1958, B	
Slater, R.	4th Mon	9th Nov. 1957. B	y P. Connor		
Nye, G.	4th	Serventi, F.	3rd Kyu	Judson, G. Beard, R.	3rd
Slater, R. Nye, G. Padeles, G.	2nd 2nd	Fitzmartin, D F.	6th	Johnson, B.	5th
Redhead, S.	2nd .,	Alker, G. Riley, K.	6th	Davies, E.	oth ii
Allen, G. Male, D	2nd	Riley, K.	6th	Hancox, M.	6th
		Spoorman, B.	6th "	Massey, A.	6th
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