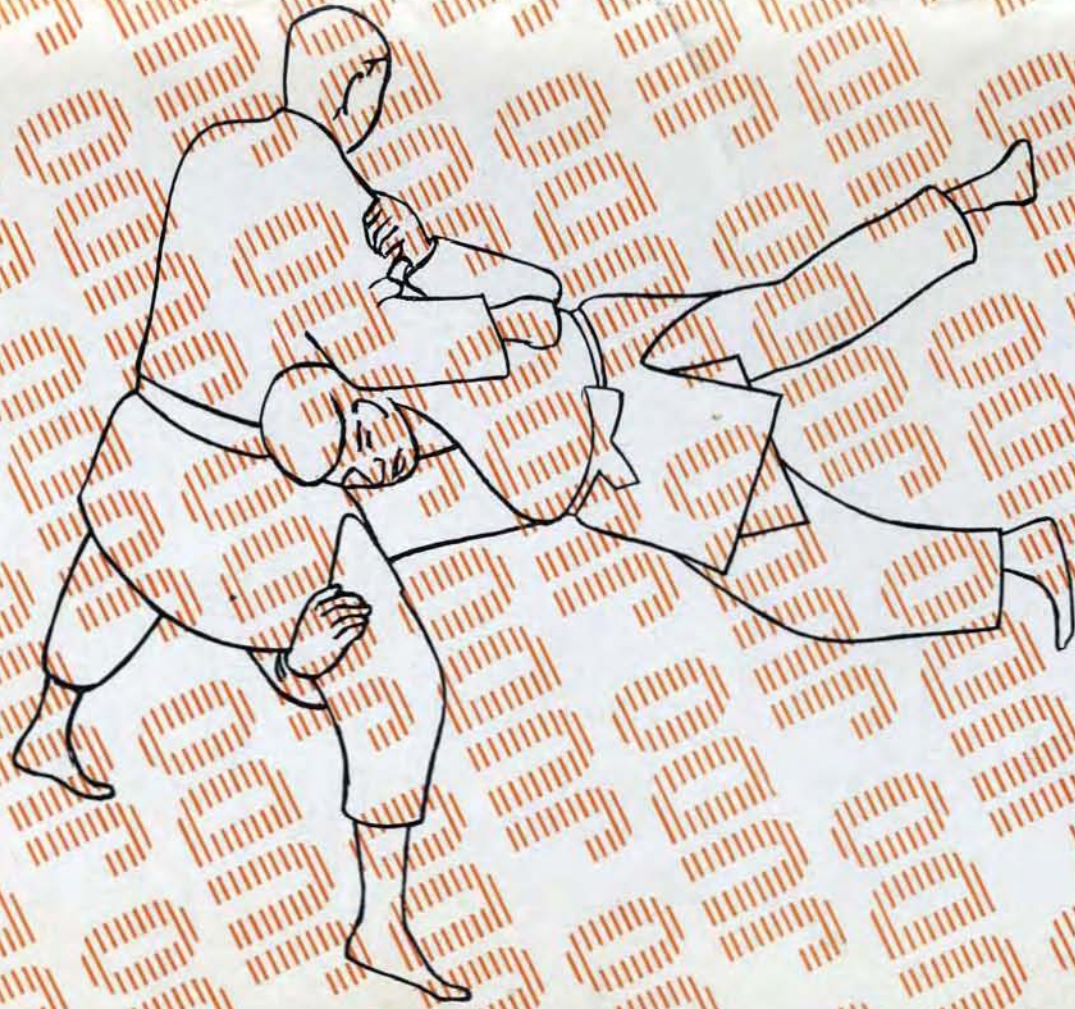


JUDO

VOL. 1

MAY 1957

No. 8



Printed in England by Pufbrook & Eyres Limited, 20 St. James' Walk, London, E.C.1

PRICE: TWO SHILLINGS and SIXPENCE

Forthcoming Events

B.J.A. JUDO COURSES

SCARBOROUGH COLLEGE

3rd August, 1957-10th August, 1957. 19 vacancies only.
(5th Kyu and under only)

10th August, 1957-17th August, 1957. 19 vacancies only.
(4th Kyu and over only)

Instructor—Mr. G. GLEESON (4th Dan).

Fee: £8 10s. 0d.

Full fee must accompany application form, obtainable from:—

D. G. BURR, *Courses Secretary*,
79 Tower Bridge Road, London, S.E.1.

Applications must be completed before the 28th of month preceding commencement of Course.

THIS MONTHS COVER

(*Photograph by courtesy of Colin Tait*)

A fine photograph of Bisham Abbey where the next B. J. A. Judo Course commences on the 8th June.

Purchase your requirements from us
—all fully recommended.

		£	s.	d.
Jackets.	Best quality obtainable. Sizes : Medium (for the average person), Small and Large	2	0	0
	Special child's (to fit 8-year old and up)	1	10	0
	<i>Postage 1s. 4d.</i>			
Trousers.	Large or Small (adults)	1	0	0
	Special child's	17	0	
	<i>Postage 10d.</i>			
Belts.	Any colour	3	6	
	Complete set (adults) £3 only.			
	" " (childs) £2 7s. 0d. only.			
	<i>Postage (adults) 2s. 0d. Postage (childs) 1s. 6d.</i>			
	<i>Carriage paid on three or more sets.</i>			
Slippers.	Genuine Japanese	17	6	
	(Please state foot length in inches.)			
	<i>Postage 11d.</i>			
Mats.	Straw : Size 6' x 3' x 2½" approx.	4	10	0
	Rubber : " 6' x 2' 6" x 1" ..	3	12	6
	<i>Carriage extra.</i>			
Canvas.	Best quality (heavy), eyeletted exactly as required.			
	per sq. yd. approx.	16	0	
	<i>(Lighter weights at cheaper prices). Carriage extra.</i>			

Publications.	<i>Title</i>	<i>Author</i>	<i>Price</i>	<i>Postage</i>
JUDO		M. Feldenkrais	7/6	5d.
JUDO ON THE GROUND		E. J. Harrison	15/-	8d.
HIGHER JUDO		M. Feldenkrais	12/6	9d.
JUDO		E. J. Harrison	3/-	3d.
SPORT OF JUDO		Kiyoshi Kobayashi	18/-	5d.
JUDO		H. Klinger-Klingerstorff	6/-	6d.
JUDO AND JUDO-DO		H. Klinger-Klingerstorff	7/6	5d.
JUDO FOR BEGINNERS		E. J. Harrison	3/6	3d.
THE MANUAL OF JUDO		E. J. Harrison	9/6	6d.
KODOKAN JUDO		Hikoichi Aida	18/-	10d.
	<i>(Edited and Translated by E. J. Harrison)</i>			
TWELVE JUDO THROWS		G. Koizumi	3/6	3d.
	<i>(including B.J.A. Grading Syllabus)</i>			
EIGHT EXERCISES		G. Koizumi	2/6	3d.
FIGHTING SPIRIT OF JAPAN		E. J. Harrison	25/-	10d.
MY METHOD OF JUDO		M. Kawaishi	18/-	11d.

(Edited and translated by E. J. Harrison).

Terms : Cash with Order. All Orders to :

JUDO LTD., 91 WELLESLEY ROAD, CROYDON.

BUY

your judo suits, books and all judo equipment from the B.J.A.

WHY?

Because the small profit made helps to provide you with more and better instruction. The judo suits now being supplied by the B.J.A. are made of a specially woven material and cut by experienced tailors to give maximum comfort and wear—the result of long experiment

SEND NOW

For price lists on all judo supplies, which includes details of special prices for registered members of B.J.A. member clubs and all large orders

OUR MOTTO—Top quality and service with a smile

All enquiries for judo supplies welcome

Send to:

THE BRITISH JUDO ASSOCIATION
32 North Street, London, S.W.4
TELEPHONE MACAULAY 1320

EGERTON MATS

Made of highly compressed rye straw in strong jute covers.

Size: 6ft. x 3ft. x 2½ins.
and 3ft. x 3ft. x 2½ins.

Supplied separately or with CANVAS and FRAME as complete, self-contained, easily assembled units.

For 1957 Price List and Specification

Apply direct to:

M. W. EGERTON
Straw Products

Queen Street, Gomshall, Surrey.
Phone: Shere 59.

SMALL ADVERTISEMENTS

Private advertisements, 9d. per word. Minimum 7/6. Commercial rates double. Add 1/- extra for box number. Address: JUDO, Ltd., 91 Wellesley Road, Croydon.

IF any young lady is thinking of moving to the South, a sea-side town club would welcome the services of a 4th Kyu or above to conduct their newly-formed ladies' section. Accommodation might be arranged. Box No. 11.

AMERICAN Judo, wrestling, athletic, sporting and all other books and magazines. Stamp for List (J), Herga Limited, Hastings.

ADVERTISE in the National Judo Championships Programme. Write, Box No. 10.

CROYDON DISTRICT JUDO SOCIETY

91 WELLESLEY ROAD,
CROYDON

Telephone: Croydon 9845

Open all day and evenings for general practice, beginners' classes and private lessons.

COMMON ROOM - SHOWERS
TWO DOJOS - CANTEEN

Boys and girls under 16 and ladies specially welcomed

Affiliated to The Budokwai
Member of The British Judo Association.

JUDO

MAY
1957

VOL. 1

No. 8

CONTENTS

	Page
SMALL ADVERTISEMENTS	ii
EDITORIAL	2
THE JUDO MACHINE No. 4. D. Mann, D.O., M.R.O.	3
CONTEST GLIMPSES No. 8. T. P. Leggett	5
AREA NEWS	6
JUDO IN THE U.S.A. P. S. Porter, Captain U.S.A.F.	11
CORRESPONDENCE	14
THE SPRING AND AUTUMN PRIZE	17
WHISPERS IN THE WIND. Veritas	18
JUDO MASTERS OF OLD. E. J. Harrison	19
JUDO PERSONALITY No. 8	22
THE BRITISH JUDO ASSOCIATION. G. Blackmore, Hon. Sec. and Registrar	24
UNIVERSITY NEWS. Colin Forrester	26
CLUB FORUM	28
THE BUDOKWAI 40TH ANNUAL DISPLAY	31
B.J.A. GRADING RESULTS	35
FIRST STEPS IN JUDO. T. P. Leggett	40
STADE COUBERTIN. D. Young	43
SUBSCRIPTION FORMS	46

Published by the Proprietors: JUDO LIMITED,
91, WELLESLEY ROAD, CROYDON, SURREY
Telephone: Croydon 0200

SUBSCRIPTION RATE £1 12s. 0d. per annum, post free.

Editors: G. A. EDWARDS, F.C.C.S., F.I.A.C.
A. R. MENZIES

Technical Adviser: T. P. LEGGETT (6th DAN)

Advertising Enquiries to: LONDON OFFICE,
1, WESTMINSTER PALACE GARDENS,
ARTILLERY ROW, VICTORIA STREET,
LONDON, S.W.1
Telephone: Abbey 2207

EDITOR'S OFFICE

PHONE : CROYDON 0200

Quite a number replied to our request last month asking for some indication as to whether they would be prepared to take diaries. This has helped a lot in placing our print order, and we hope we shall be able to meet the demand. Incidentally, in case we omit what may be to you vital information, has anyone any suggestions as to what we ought to include?

Such a number of ladies have written to us recently that we think it high time a special ladies' column should be a monthly feature. If this idea is welcomed we propose asking a high-ranking lady judoka to conduct the column—so what do you say, ladies?

A little while ago we asked Club Secretaries to let us have their correct names and addresses in order to keep our records up to date. The response was only what we consider to be about 50 per cent.; and as the question has arisen again in connection with holidays, may we please repeat the request? Now that the holiday season is upon us many judoka are enquiring if there is a club in the town they propose visiting, and we should like to give a correct reply.

Particular mention must be made regarding our much improved insurance scheme. The premiums are lower and the benefits higher, and it comes into operation immediately. This is made possible because of the large number of judoka who have joined, and we should like to thank them for the response. Any question whatsoever regarding individual insurance, or the insurance of clubs and their property, and third party risks, can be handled. We wish to cover all requirements, so please do not hesitate to write whatever the problem. In case of any misunderstanding regarding our note of last month, the first seven days is still included provided the disablement lasts longer than that period.

Another pleasing factor is the interest being created abroad in our magazine. One publishing house has had such favourable reports from their agents in South Africa that we have been asked for sole distribution rights for Rhodesia and Nyasaland (amounting to about 100 copies per month) with a possibility of a similar demand from the Union of South Africa. Readers in this continent should have entertaining stories to tell, and we would welcome anything of interest to publish.

THE JUDO MACHINE (4)

Fuel and Power, Part II

D. Mann, D.O., M.R.O.

AS previously stated, the body obtains its energy by burning blood sugar in oxygen. This burning or oxidising of the sugar is carried out in the cells of the body, and the sugar is most rapidly burnt in the muscle cells.

Muscles are of two kinds:—

(1) Non-striated, whose fibres are plain, form the walls of the stomach, intestines and other organs. As we have no direct control over these they are called involuntary muscles.

(2) Striated, whose fibres are striped, are the muscles attached to the skeleton, over which we do have conscious control. These are called voluntary or skeletal muscles.

These muscles are composed of thousands of fibres formed by cells joined end to end. The fibres are arranged parallel to each other and each is enclosed in a cellophane-like case and like a "sausage-skin" fuse at the end of the muscle to form its tendon.

Some muscles originate by direct attachment to the covering of the bones, but most originate from a short gristly tendon. The other end is always attached to a tendon, which is in turn attached to another bone.

The method of moving our bodies by muscle power is very simple. Imagine two sticks hinged together, with a strip of elastic, stretched and fastened to the free ends of the sticks. When an end is released the elastic will cause the hinge to fold.

This is the principle of muscle action. When the muscle fibres are stimulated by the motornerve, the fibres thicken and shorten, causing the whole muscle to thicken and shorten so moving the limb. The greater the required effort the more the fibres are contracted.

We mentioned previously that the muscle obtains its energy by oxidising blood-sugar. In actual fact this oxidation does not take place while the muscle is actually contracting. The muscle makes its contraction "on credit" and then oxidises to re-wind, like re-loading an air gun.

The fact that oxidation takes place this way has a very important practical significance, for it makes it easy for a poorly-trained athlete to so badly overdraw his oxygen credit by a sudden burst of energy (e.g. a hundred yards race) that his heart may be overstrained endeavouring to catch up. Therefore, it is important to remember that anyone taking up any form of athletics or vigorous occupation the heart and lungs should first be improved and strengthened by easy, prolonged exercise such as long slow running.

Although the principle of muscle pull is simple, there are a number of mechanical problems which the body has to solve in an ingenious manner. For instance, there is the problem of adverse leverage. It will be recalled that, in its simplest form, a lever is a bar across a solid rest (fulcrum) like a see-saw (lever of first degree). If the bar is placed on the fulcrum so that one arm is longer than the other then a small weight on the end of the long arm will balance a larger weight on the end of the short arm. On the other hand the lighter weight will pass through a greater arc than the heavier weight in the same time, so we may describe a lever as a device to enable us to exchange power for its equivalent of extra speed and distance, also vice-versa.

In many cases the structure of the body necessitates muscles which are required to exert a greater amount of power to pull in such a way that the lever works the wrong way round, e.g. the Gastrocnemius muscle of the calf has its tendon inserted into the heel (tendon Achilles). This gives a far shorter lever arm than the part of the foot in front of the ankle joint. As this muscle, in combination with the Soleus, has to lift the whole weight of the body, it is required to exert a great deal of power. This difficulty is met by the muscle fibres running diagonally between several tendons. This gives the same effect as a very short, very powerful muscle, and so counteracts the disadvantage of the adverse leverage.

There are three ways in which muscles can work:

- (1) Shortening action, the most severe.
- (2) Holding action, less severe.
- (3) Lengthening action, least severe, e.g. when lowering a weight.

Normally muscles are never used singly. In the first place every muscle, or group of muscles, has its counterbalancing muscles, which have to relax their normal tone as their opponent muscles contract (lengthening action) whilst other muscles have to be employed in a holding action to give a solid base for the moving parts to work from.

Again any considerable movement of the body requires numerous muscle groups to function in all three ways. This, if the movement needs to be delicate or exact, needs very careful co-ordination between the various muscle groups. This co-ordination of the muscle groups is not always as one would expect, for some muscles well placed to join in a certain movement do not do so, contrariwise, some muscles join in for which they are badly placed to give really effective help. It seems as if certain patterns of muscle group movements were formed when our ancestors were living a very different kind of life, and these have persisted. It is this persistence of ready-made muscle co-ordination patterns, which makes it so difficult to master new patterns of movements and does in fact make certain Judo movements impossible for some people to master, at least without adopting some mental tricks to overcome the difficulty.

This brings us to the question of physical training and fatigue, which we will consider in the next article.



Fig. 1

CONTEST GLIMPSES (8)

T. P. Leggett

Fig. 1, a photo from a recent championship in Japan, shows the rare case in which one man has succeeded in completely breaking the opponent's balance by manoeuvring alone, without a direct attack. The man on the left has got his opponent running round him in a circle, and he has managed to keep his own balance at the same time (always the difficult part). He will now step back with his left foot, and opponent will not be able to make a sufficiently big step with the right foot to recover balance. He will be brought on to tip-toe, as in Fig. 2, and then it is quite easy for the thrower to whirl him over with a twist of the body and hands. This particular throw (which has recently been christened Furi-nage, or "whirling" throw) generally requires a hold on at least one sleeve, and you can see from Fig. 1 that the thrower's left hand is holding near the tip, and his right hand about the middle of the opponent's sleeve. Fig. 2



A good chance for this throw comes after opponent has been made to miss completely, especially with Uchi-mata (Inner thigh) or O-soto-gari (Major Outer Reaping).

AREA NEWS

WELSH SECTION

Leslie Coyde

The first quarterly meeting of the Welsh Area was held at the Y.M.C.A., Cardiff, on the 25th March, and was represented by a fairly large gathering of Welsh Clubs, when much was discussed.

I have received, on behalf of the Welsh Area, a very nice letter from Mr. S. Vaughan of the Cardiff A.J.A. Club. Readers may recall Mr. Vaughan's comments in last month's Correspondence Column. We are making arrangements to meet him personally and hope we shall become good friends and able to put right misunderstandings of the past.

We have, at long last, been able to book a hall for the June Judo show in Wales, after great efforts on the part of Bill Hewlett (Western Area Show Secretary) who had almost given up hope. This takes place on Saturday evening, 29th June next, at Cardiff.

Any Welsh Club Secretary reading this article is respectfully reminded that names and grades of all Judoka wishing to enter into the eliminations for the Welsh Team should send details of name, grade and Club to Alan Petherbridge (1st Dan) at 97 Mayals Avenue, Blackpill, Swansea, at once.

All Clubs wishing to enter for the Koizumi Challenge Cup Team Competition should send names, grade and Club direct to me at 48, Abbeyville Crescent, Sandfields, Aberavon, Port Talbot. Hurry, please, we have so much to do in so little time and eliminations will have to be held prior to the show, so do give consideration to this and help by sending off details either to Alan Petherbridge or myself, whichever competition you wish to enter.

Good news for all Welsh 1st Kyu's. At long last we are going to get the chance of running our own course in Wales, for 1st Kyu's only. It will be a short course (details later) and at the end of it there will be a grading for promotion to Dan Grade. Thanks to the help of Mr. George Blackmore two members of the National Grading Panel are coming to Wales for this purpose.

In the past there have been many difficulties for 1st Kyu's taking their Dan grade. Time and money for lengthy training periods in London has not been available, and many appeared to be disheartened by their future. Now we have managed to get this course, get cracking 1st Kyu's—we expect a good show from you.

Whilst on the subject, should other areas feel that things are not getting along as well as they might, we advise you to contact Mr. Blackmore who has worked wonders in the Welsh Area, and for which we wish to express our thanks.

We also extend our very grateful thanks to Mr. George Chew who, at his own expense, visited the Welsh Area and while here gave us much good advice and also offered a Japanese Judo Suit, which is to be raffled during the Cardiff Judo Show.

Mr. James Anderson, Secretary of the "Butoka" Judo Club, Paisley, has written us a very friendly letter telling us that several of his Club members are spending their holidays in Cardiff this year. We can promise him that the red carpet will be rolled out for any Judoka visiting the Clubs in this area.

Last year the Port Talbot Club had a few visits from a Bedford Club member, which were mutually enjoyed. I, myself, am visiting Brixham, South Devon, early in June and am looking forward to making the acquaintance of as many Clubs as possible during my short stay there.

Mr. Alan Petherbridge and Mr. D. Young (3rd Dan) are jointly running a one-week Course from the 22nd July at Swansea. The Course Fee is five guineas (non-resident) and accommodation can be arranged if desired. Many applications have been received and we all welcome this venture and wish it success.

PORT TALBOT JUDO CLUB. The Secretary, Clem Wagstaff (1st Kyu), founded the Club some three years ago. He started by travelling on a motor-cycle in all weathers to Swansea, some sixteen miles away, two or three evenings each week.

After obtaining his 5th Kyu he founded the Port Talbot Judo Club, starting in a small shed at the bottom of his garden. At first there were just three members, but after a Press Report in the local newspapers membership increased rapidly and the Club moved to a local Church Hall. The Dojo was located on the top floor and a rather amusing incident occurred shortly after practice commenced there.

It appeared that the Curate of the Church went into the lower room to collect his small motor-cycle, which he failed to find. Investigation, however, showed it to be completely buried by plaster from the ceiling above. Needless to say, that was the end of that Dojo.

Fortunately, they now have first-class quarters in a modern Gymnasium. Several of the members have reached 1st Kyu, and the Club is forging ahead. The efforts of Clem Wagstaff could well be copied by other aspiring Secretaries wishing to improve the standard of their Club.



WESTERN SECTION

Clive Tovey

The Western Judo Association's February tournament in Torquay did more than put some £ s. d. in the W.J.A.'s coffers.

It created such an interest in Judo in the Torquay area that the seaside town will soon be bidding for the title of "the West's leading Judo centre."

Mr. Redvers Dawe, Secretary of the Torquay Apollo Club and founder of the Torquay Red Dragon Judokwai and Torquay Police Judo Club, tells me there has been a big demand for a ladies' section, a junior section and many enquiries from businessmen who wanted the chance to learn in private.

The Apollo Club just could not cope with the demand, as they are extending their accommodation at the moment, so the Red Dragon Judokwai opened their doors.

"The ladies," says Mr. Dawe, "are most certainly keen to learn and are regular attenders."

And practically the same thing could be said about the businessmen. As Mr. Dawe jokes: "To see them limping away after the first session you would think that was their lot. But back they come for more."

But probably the most enthusiastic are the youngsters in the 6 to 12 age bracket. So Judo in Torquay should stay at a high level for years to come.

Torquay Apollo are sending a three-man team to **Exeter**, for the Festival of Sport Judo this month to compete against Exeter Judokwai, Taunton Judo Club and the Wessex Brigade Judo Club.

Other dates: June 1st and 2nd are the dates of the next W.J.A. grading and instruction course at **Dorchester**.

Geoff Gleeson (4th Dan) will be in charge. This is the second course on the W.J.A.'s "7s. 6d. for 4" scheme.

On June 15th the eliminators for the West team to meet Wales will be held at Exeter. The Wales v. West match will be at **Newport** on June 29th.

DOJO DIGEST . . . Dartmouth R.N.C. had their first grading, with Alan Downton (2nd Dan) taking charge. Then Alan went on for a grading at the Plymouth City Police Dojo.

Judo may take a small part in a big Exeter show in September or October. Likely opposition for Judo and boxing is a U.S.A.F. team.

Big gymnasium, showers and changing rooms for both sexes and a tea bar will be in the new Torquay Apollo premises.

Sideline on the front cover of Judo's April issue: Nice to see Prince Osmond, grandson of the Sultan of Johore, reach Judo's cover after his humble start in Judo at Exeter.



Mr. E. J. (Ted) Baker, 2nd Kyu of the B.A.I. Judo Club

The Midlands is soon to lose the services of two of its prominent members. Mr. E. J. Barker (2nd Kyu) is leaving Birmingham for Canada, while Mr. J. Johnston, of Coventry, is heading for the same destination.

Mr. Ted Barker has for a number of years held the chairmanship of the B.A.I. Judo Club and has also represented his club on the mat on a number of occasions, winning an enviable reputation with his favourite Seoi-nage. He will be greatly missed by the Rover Judo Club, the Queensbridge Road Schools, and the strong ladies' section of the B.A.I. Judo Club to whom he has been acting as instructor.

Mr. Joe Johnston (2nd Kyu) was one of the founders of the Taki Judokwai, **Coventry**, and has put much hard work into getting his club on a sound basis. He has already been making enquiries as to the Judo clubs in the area he is going to settle in.

Good luck to both of you!

SCOTTISH SECTION

R. E. Stanton

IT is gratifying to learn that the Tora Kita, DUNFERMLINE, have steered through their first grading without a hitch. Two of their members were graded by Mr. V. Taylor (1st Dan), Tora Scotia, to 4th Kyu and the rest to 5th and 6th Kyu. John Hodge, the Secretary and already an Orange Belt, was graded to Green. They are certainly a most keen and enthusiastic club and with constant practice under qualified supervision their Judo should become quite strong.

Since the return of Robert Smith (3rd Dan) from the Budokwai, several clubs have been requesting his services for tuition. It is his intention to get around as many Scottish clubs as possible this summer to get the general feel of Scottish Judo. Secretaries are, however, not debarred from writing in and all will receive consideration.

At the 40th Annual Display of the Budokwai the Tricker Cup, presented annually to "the best attacking Judoka", was collected by the above-mentioned Robert Smith. It will probably be remembered that George Kerr, also of the Tora Scotia, won it last year. This club wants to know if they win it three times do they keep it?

The Tora Scotia held an "at home" recently and simply could not keep the public away. Overflow of spectators finished up on the platform beside the chairman.

We hear that the introduction of a diary for Judoka is now a possibility. This would be an asset for busy secretaries and others and should include important dates and information particular to our sport. Black Belts who



MIDLAND SECTION

J. D. Lowe

The 1957 Midland Judo Championships were held at the Wulfrum Hall, **Wolverhampton**, and were a great success, giving satisfaction both to spectators and participants.

The results of the finals in each category are as follows:

Open Championship.—H. Hobbs (1st Kyu) of the Dudley J.C. beat J. Lowe (1st Kyu) of Coventry J.C.

Blue and Brown Belt Championship.—H. Hobbs (1st Kyu) of Dudley J.C. beat J. Lowe

(1st Kyu) of Coventry J.C.

Green and Below Championship.—J. Martin (3rd Kyu) of Derby J.C. beat A. Norton (4th Kyu) of Dudley J.C.

Junior Championship.—The winner was K. Moorman (5th Kyu) of the Koizumikwai J.C.

Team Championship.—The B.A.I. "A" team beat the B.A.I. "B" team. A full report of the Championship will appear in the next issue.

can write and afford to buy should avail themselves of this opportunity. I know of one who arranged to be in two different places at once on the same day and a multitude of leagues apart. He nearly made it, such confidence, by racing the train to the next station in a decrepit old taxi, but too late again he persuaded the old worthy to drive for the airport, but the plane had taxied off. Who was to pay for the plane fare we can but guess. Undiscouraged he cheerfully contrived to hitch-hike home.

I was asked by the press to review a book called "Modern Judo and Self-defence", author Harry Ewen chairman of the A.J.A. Being much too busy at this time of the year I had to decline. We have learned, however, from those who have borrowed it that this book appears to encourage a complacent attitude in the potential student. This, no doubt, is an admirable quality in the attraction of adherents to whom judo may appear the learning of a succession of mystic movements. Progress in Judo means hard work and many tears. The question is, should a book make Judo appear easy?

News has reached us from TOKYO that Graham Macdonald (Tora Scotia) has received promotion to 2nd Dan at the Kodokan.

Secretaries please note that the Summer School being held at the Tora Scotia, Market Street, **Leith**, this year will be from July 1st to 6th, a grading taking place at its conclusion. Instructor to be Robert L. Smith (3rd Dan) and all graded Judoka are welcome.

IRISH SECTION

W. H. Hislop

It was arranged through the courtesy of the Osaka Judo Club, Glasgow, that I travel to **Londonderry** at the Easter week-end to hold a grading at the Kosaka Judo Club.

At regular intervals the parent club in Glasgow send over instructors and it was a privilege for me, an outsider, to be asked to do this.

I was met at Belfast Airport by Gerry Nevin (1st Dan) and two of his colleagues, who very kindly showed me round the town, managing, of course, to include a little practice together in the afternoon.

I then proceeded to Derry, where Steve Kingalis (1st Kyu) and some of his pupils met me at the station. As I was the first Dan grade to visit this club the members were, naturally, very keen to see me, and after the grading, when tension was somewhat eased, we had a very energetic general practice.

Although at the present time they are a small club the members are most enthusiastic and are hoping to arrange visits to other clubs in the near future.

JUDOJI REPAIR SERVICE

We can undertake the repair of jackets and trousers expertly done at a reasonable price. Give your old outfit another lease of life thereby providing yourself with a spare.

Send your garments **LAUNDERED**, and we will quote a price by return of post.

JUDO IN THE U.S.A.

Philip S. Porter, Captain, U.S.A.F.



LAST month I covered the annual Strategic Air Command Tournament. Some photographs of the activities at the tournament are now available and are included with this issue of "JUDO."

Professor Sumiyuki Kotani, 8th Dan, chief of the Foreign Section of the Kodokan, was again present at the tournament and was assisted by Kusuo Hosokawa, 6th Dan (I believe), in the judging and training of the S.A.C. team. The best men picked from S.A.C. were sent to the National Tournament which was held in Hawaii this year, and which I hope to report on soon.

Other preparations for the Nationals included tournaments in all of the strongest yudanshakai areas. In the three major west coast areas, Seattle, Washington in the north; North California in the centre of the coast; and South California in the southern end of the coast; tournaments were held



LEFT—Professor Kusuo Hosokawa, standing, demonstrates one of the many throws permissible in Judo. Assisting the professor is T/Sgt. Richard J. Martens, assistant coach of the Second Air Force judo team.

RIGHT—Professor Sumiyuki Kotani, standing, with the assistance of A/2C Edmond Brady, Hq SAC, demonstrates one of the many falls permissible in judo. The professor flew from Japan to help officiate.

The above illustration and those following are from the 4th Annual Strategic Air Command Judo Tournament/Clinic held at PORTSMOUTH AIR FORCE BASE, N.H., March, 1957



LEFT—The right way to dispose of one's opponent in a judo match is demonstrated by Professor Sumiyuki Kotani, standing. Assisting Professor Kotani is Professor Kusuo Hosokawa. Both men flew from Japan to take part.

RIGHT—Staff Sergeant E. Maley, standing, representing the Eight Air Force, throws S/Sgt. K. K. Honda, Fifteenth Air Force, in the elimination matches for over-all champion. Maley was the winner of the 150 class and Honda was the winner in the 130 class. Maley also won the sportsmanship trophy.

either for the specific purpose of picking a team to go to the Nationals, or to pick area champions.

In Seattle, a team from Vancouver, British Columbia, invaded the States to take first place in four different team tournaments during December, January and February. Charlie Mack, formerly of the Budokwai, is apparently on the team from Vancouver, since his name appears as placing second in the



Brigadier General Walter E. Arnold, 817th Air Division commander, left, and Major General Walter C. Sweeney Jr., Eighth Air Force commander, right, congratulate the winners in the heavyweight and 150 pound classes. The judoists are, left to right, S/Sgt. G. L. Harris, Fifteenth Air Force, heavyweight champion, and, S/Sgt. E. Maley, Eighth Air Force, winner of the 150 pound trophy. Harris defeated Maley for the over-all championship.



individual Black Belt competition of one of the tournaments. The man who placed first was Shuzo Kato, 3rd Dan, who has been one of the best men in the Seattle area since 1954, when he placed third in the National Tournament in the heavyweight division.

In the North California Yudanshakai, Ben Campbell was the champion of the heavyweight division and also of the entire Pacific A.A.U. Senior Tournament. He is now a 2nd Dan and was also a member of the North California team which attended the Nationals in Hawaii. Other members of the North California team include Mel Augustine, 3rd Dan; Mickey Tsuchida, 2nd Dan; and Al Cadena, 2nd Dan.

The South California Yudanshakai held a tournament for the purpose of picking a team to go to the nationals. Many of last year's team members will compete again, including two national weight division champions, Nozaki (130 pounds) and Art Emi (150 pounds).

Next month I will report on the Nationals.

* * * *

BACK NUMBERS STILL AVAILABLE

October up to and including January, 2/- per copy. Price for single copies 2/4d. post free.

February onwards, 2/6d. per copy. Price for single copies 2/10d. post free.

For more than one magazine add 2d. extra postage only for each extra copy in addition to the magazine price.

MATS

Rubber mats are becoming increasingly popular, and these can now be supplied. Experience has shown their advantages are:—

1. Cheaper than straw.
2. Do not harbour dust.
3. Do not have to be carefully handled.
4. Easily portable, and may be rolled up.
5. Can be cut to size if odd shapes are required.
6. Present a perfectly smooth surface over the whole area.
7. Do not noticeably wear, and will not disintegrate after lengthy use.

* * * *

MY METHOD OF JUDO

Kawaishi (7th Dan)

Translated and Edited by E. J. Harrison

Written by Mikonosuke Kawaishi (7th Dan), technical director of the French Judo Federation, this book contains nearly 300 line drawings, covering in careful detail over 140 techniques. The first half of the book deals with Tachiwaza or standing techniques, and the second half with groundwork techniques. Kawaishi explains many methods of groundwork which are quite new to this country, and although many of these are not allowed under Kodokan rules, knowledge of them will prove useful to keen students of Judo.



CORRESPONDENCE

The Editor invites letters on any topic whatsoever for publication. Anonymous communications cannot be printed; but, if requested, names and addresses will not be disclosed.

Dear Veritas,

Mr. A. J. Morgan, at your service. Allow me to whisper to you in your own words, see "Judo" October, 1956, Page 27.

"It is a great pity that small minds with no sense of Judo ideals have nothing better to do than rush into print with any nonsense if they see half a chance of stirring up trouble on the basis of a mere rumour."

What a pity you do not follow your own advice. Before proceeding further, I am going to ask you to apologise to a great Judoka, Mr. M. Otani, 6th Dan, for stating that he is the leader of the A.J.J.A. Mr. Otani resigned some time ago, but we are still good friends. I have never claimed that I was graded at the Budokwai. I have, however, practised there and also wrestled for them at the Stadium Club, Holborn, in the early twenties.

As for the B.J.A. having no record of me, it only proves how modest and unassuming I am. 54 years a Judoka and not even a B.J.A., 6th Kyu, I must be the eighth wonder of the world. Some of your people shout about their abilities after 54 days' practice, not years.

You might also correct Mr. D.J.G. What the M.C. said was, Mr. Morgan is probably the *oldest active* British Black Belt not the longest holder of it. Another mere rumour.

I was born in 1877, started to learn Jujitsu in 1903 at Professor Uyenishi's School, 31 Golden Square, W.1. I have also had instruction and practised with Yukio Tani, Yamato Maida, Tano Matsuda, Ichiro Taneda, Hikiochi Aida, Mr. G. Koizumi, Mr. K. Abbe and others. I am also a Catch Can Wrestler and I've met Peter Gotz, World's Lightweight Champion and Lord Lonsdale Belt Holder, in Contest, also Billy Wood, Welterweight Champion of the World, 1913.

I have no axe to grind, I teach Judo for a hobby, free of charge.

I hope you will be as good as I am when you are 70.

Yours faithfully,

A. J. MORGAN,

Old Contemptibles.
Sayonara.

Dear Sir,

I cannot see how such an Association as the Amateur Judo Association could make any progress if grades were dished out ad lib.

Mistakes by them have been made—I know a 1st Dan, graded by G.K., and he has an A.J.A. card stating he is a 2nd Dan graded by G.K., but he freely admits it is a mistake.

The A.J.A. hold Displays and extend invitations to the audience to take on a Black Belt. I think that only a good 1st Dan is competent to do this.

Sgt. Berridge may have failed his 4th Kyu in 1953, but that is no reason to suppose that he is not now, three and a half years later, worth a 1st Dan! He may not have proof of his qualifications but this does not mean that he does not have the ability.

There is a solution—a friendly B.J.A. v. A.J.A. Contest.

M.H., Middlesex.

Dear Sir,

First let me offer you my sympathy at having to read the letter sent by F. W. Carolan (Self-defence Judoka), of St. Helen's, Lancashire.

Before Mr. Carolan can decry the B.J.A. (or any other body) he should be sure he knows what he is talking about. His entire letter shows a lack of logic. Personally, if I were to meet him in contest I should not bother to resort to any form of defence other than a "Tommy-gun".

H. J. SHIELDS (2nd Kyu).

B.J.A., Dublin.

Dear Sir,

Why is it that the Dan Grades at the Budokwai and other London Clubs keep so centralised and refuse to branch out on their own? It is a rare event for clubs in the provinces and further out to see these men, who could be of such great assistance without much effort.

Much has been said about the admitted detriment caused to Judo by the bunglings of the A.J.A., but it should be noticed that that organisation thrives best in places where the influence of the B.J.A. cannot be felt through their best men, who stay like shy ones in their snug clubs.

Why should the B.J.A. complain about this upstart if it does no more than mumble hostile comments. A little action is wanted, unless the fine work done by the B.J.A. is to be completely ruined.

If some of its cherished Dan Grades could be persuaded to tour around, and convince vascillating clubs of the real superiority they have over the Paper Gods of the rival organisation, there will be some hope.

I am, and have the intention of remaining, a loyal supporter of the B.J.A., but may not her sons complain if the father shows blindness and indolence? Others, who get tired of waiting for encouragement, and who lack the ability to distinguish the substance and the parade which may replace it, are going to move over, and live for a while in a fool's paradise, while all the time the circle of orthodox Judo will dwindle to a self-satisfied ring, happily ensconced in London.

I remain, yours faithfully,

D.F.

Dear Sir,

When I attended the Judo Show at the Albert Hall on Saturday I realised that women took no part, only men, and also in the Junior Section there were no girls.

At the club I belong to there are separate classes for women and girls, and the female sex are considered as able to do Judo as the men.

I am ten years of age and a 5th Kyu in the girls' class. I think women

should have a better chance in the art of Judo as it is such an exciting sport as well as a useful one.

JEAN MASTERS.

South Norwood.

Dear Sir,

At the recent Budokwai Annual Display at the Albert Hall it would appear that the Ladies were conspicuous by their absence.

I recall that, a few years ago, the Ladies were very prominently featured in one of the shows, when they gave a superb demonstration of Ju-no-kata. That this was fully appreciated was obvious from the long and continuous applause they received. Two years ago, during the Budokwai 38th Annual Display an entire item was devoted to Ladies' Randori. Last year this was reduced to the appearance of one Lady for a few moments.

In the Budokwai Bulletin of July, 1929, the Ladies had a complete page for the dissemination of their news and I quote from "The Wanderer" Column—"It is hoped that as many lady members as possible will put in frequent attendances, and moreover we expect them to try and induce their many friends to become members".

It seems that, whereas in most sports to-day the trend is for more women to take part, the Budokwai appear to be adopting a Victorian attitude.

I have no wish to see the Ladies taking part in contests, however, the Kodokan system of "Kata" training would be of great value to the many housewives and business girls to whom ordinary methods of physical exercise are somewhat boring and tedious.

In the future perhaps we shall see more Ladies taking part in National Displays.

I.D., Oxon.

Dear Sir,

Further to Mr. Deehan's letter in your last issue, may I make one point quite clear, this association does not award grades by correspondence.

PAT BUTLER,

Hon. General Secretary,
Amateur Judo Association.

Dear Sir,

It is common knowledge that the best Judo performed in England is centred in London.

There are many clubs in South Wales without a Dan grade. I refer to F. J. Deehan's letter in the April issue of "JUDO", where he says "In the provinces a Judoka reaches Blue or Brown Belt standard and with it a full stop", and suggests "Intensive courses for Blues and Browns to reach Dan grade". How true this is.

Easter, 1956, three Brown and two Blue Belts from this area, but not from the same club, took part in a grading at the Budokwai. All five failed. Now, a year later, the three Browns are still Brown, one Blue has been lost trace of, and myself the other, suffered a slipped disc during the grading, and I am still a Blue Belt. Even without this mishap would I have got my Brown by now?

My son is ten years old this month and is already a 5th Kyu. What is the future for him?

I suggest that all clubs in the same area should "get together" and hold Blue and Brown Belt courses under at least 2nd or 3rd Dans. In this way the cost would be spread amongst the clubs taking part.

Is it possible for a 2nd or 3rd Dan from the Budokwai to visit South Wales for a few weeks this summer to do this job? For instance, one who has made no plans for his summer holiday. My home is open to any individual Black Belt who would like to spend his holiday here, and he would be made most welcome. How about it Budokwai? How about it South Wales?

Let's get our own Black Belts, who will be able to teach our sons. After all, we cannot all live in London!

P. CASBURN,

Ringland Top, Newport, Mons.

Dear Sir,

You spend a lot of time in running down the A.J.A. and suchlike, but never mention the faults of the B.J.A.

Your latest victim is the T.A.J.J.A. because they mentioned judo in the street instead of the Dojo. Well, what

about the Budokwai T.V. show and their judo demonstration of how to get to the front of a queue?

In issue No. 5 you praised the demonstration of self-defence at the L.J.S. show.

Also, what is the position of the Dan grades at the L.J.S. who are not recognised by the B.J.A.? It would appear that there is one rule for friends and another for everyone else.

Isn't it about time that there was some **system** of grading?

Recently we took about 17 judoka to Nottingham for a grading and all I can say is, if that is how the B.J.A. gradings are conducted no wonder the A.J.A. is gaining members.

The first thing wrong was that club members had to fight each other instead of competing against other clubs.

The judge appeared to be too engrossed in sorting out grading lists to take any notice of contests, and the referee spent most of his time kicking contestants who were attempting groundwork.

Going back a short time to the Midland Area Championships, in which Leicester entered two teams. Our "B" team was disposed of on the mat, but our "A" team were kept waiting until after the team contests were finished before being told that they couldn't compete because of late registration, the fact that "A" and "B" team registered together made no difference.

It looks as though the fees that clubs pay in to the B.J.A. are to be used in obtaining new offices, and no doubt large quantities of red tape, but how, might I ask, is this going to improve the standard of our Judo?

ARTHUR A. TANSLEY (1st Kyu)

Sir,

Mr. Lowe is right (*see letter in April issue*) that our Judo men should have more contests. But an individual championship is not the best way; the luck of the draw can be overwhelming, and a good man eliminated by the champion in the first round, while much weaker men survive to the third or fourth round. Two team contests give a much better idea of relative ability.

I agree with Mr. Lowe that it is wrong to sacrifice effectiveness in Judo to aesthetic and other abstract con-

siderations. But Judo is not merely skill in beating an opponent. In Japan before Dr. Kano, it was not unknown for gangs of Ju-jutsu men to hire themselves out to politicians at election time to beat up other candidates and their supporters. These men were efficient in beating an opponent, but it was just this sort of thing that Dr. Kano wanted to stamp out from the Judo movement. The reason Mr. Lowe has not seen Judo misused in this country is because Dr. Kano's principle of "not boasting of or misusing skill" was carried on here by Mr. Koizumi.

Mr. Lowe wonders how Mr. Yoshi-

(The Editor does not accept responsibility for views expressed by correspondents, and does not necessarily agree with statements.)

* * * *

The Spring and Autumn Prize

Offered by the British Judo Association

What is it?

A prize offered by the B.J.A. to encourage the physical and mental development of Judoka.

What does one have to do?

The entrant must be of 1st Kyu or above. He must write an essay (of approximately 1,500 words) either on Judo or a relative subject. If there are any other qualifications (i.e., B.A., B.Sc., M.I.Mech.E., etc., etc.), he should enclose them, for they will be taken into consideration.

What is the prize?

It is to be a Japanese judogi, presented to the winner in the spring and autumn (possibly at a Royal Albert Hall show). Also the winner's photograph, personal qualifications and essay will be published in this magazine.

How does one enter?

Send the essay and the qualifications to:—

THE SPRING AND AUTUMN PRIZE,
c/o The Technical Board,
B.J.A. Headquarters,
North Street, London, S.W.4.

(The decision of the Technical Board will be final.)

Closing date for this Autumn Prize is the 31st August, 1957.

Whispers in the Wind

ONCE again I am having my knuckles rapped in the correspondence columns. I have been guilty of making unfavourable comments about the T.A.J.J.A. and the A.J.A., but I would like to point out that all I did was quote one or two passages from a reader's letter and, rightly or wrongly, maintained that Judo should be kept in the Dojo, where I firmly believe that it should be.

The thistles in Scotland will grow at least another six inches higher this year and the bagpipes will be heard at Land's End to commemorate the second successive triumph for Scottish Judoka in taking the "Tricker Cup" over the border. The poor wee cup will never rest easy again on any other than a tartan cloth.

I hear that a certain gentleman well connected with Judo is possibly going to demonstrate his ability as a singer on the London stage, and that he is also very keen to see if he can push one of the little 500 c.c. motor cars round a racing track. I wish him luck, a singing motor ace is unusual, but a singing motor ace who is also a top-ranking Judoka is extremely rare.

After perusing some of the techniques and photographs shown in the new book by Harry Ewen called "Modern Judo and Self-Defence," recently issued by Messrs. Faber & Faber, left me in some wonderment as to how such material came to be published by a well-known house. However, the reason is not for me to seek, as it seems from the enquiries I made that none of the top-ranking Judo experts in this country who belong to The Budokwai or the British Judo Association were consulted, so perhaps there is some excuse—after all, this is still a free country! Let us hope that it does not fall into the hands of the inexperienced.

On page 16 there appears this statement:

"Since the Second World War Judo has become a popular sport in Britain and shows every sign of growing into a national pastime. Over 500 clubs are established, many with memberships of well over 100, some having even 400-500 keen devotees. Britain's judoka have their national association in the Amateur Judo Association, 21 Abbots Green, Addington, Croydon, whose Secretary will be happy to supply anyone interested with further information."

For what reason is it not stated that the great majority of these 500 clubs are members of the British Judo Association, which is the only organisation in this country recognised by Judo headquarters in Japan?

I am convinced that this book is merely propaganda for the A.J.A., with Judo, as I understand it, being merely a secondary consideration. If the A.J.A. have something good to offer the sporting or athletic world why in heaven's name cannot they stand on their own feet and call their activities by some other name instead of advertising their efforts as a very poor imitation of the British Judo Association. Although imitation is supposed to be the sincerest form of flattery, I hate to think of the shocks awaiting the innocents who know no better.

Veritas

Judo Masters of Old

"Cat" and "Demon"

E. J. Harrison

WE have it on the authority of none other than the "Smith of Smiths" that an infallible sign of old age is the habit of extolling the past at the expense of the present. If that is true and to avoid the "soft impeachment" I must watch my step and in these rambling reminiscences "do my spiriting gently". And so by way of exordium I will admit that giants are not a monopoly of the past and that there are giants today. Nevertheless, I think it will be agreed that youth is generally more susceptible to the impact of personality than is old age. Moreover, in retrospect, even in our contemporary estimation, the pioneer giants are apt to seem bigger than the giants of today.

"Through the battle, through defeat,
moving yet and never stopping,
Pioneers! O Pioneers!"

Thus the old-time Masters of jujutsu, judo and other Japanese martial arts are no exception to this rule and even if with the passage of the years certain legendary figures excite more awe than they were perhaps entitled to in the flesh, no great harm is done.

In my galaxy of judo Masters I shall include in approximately chronological order those both personally known and unknown to me, but only one member of the Kodokan who had passed away before my arrival in Japan and my own entry into that world headquarters of the art of judo. The Master in question was the renowned Shiro Saigo, perhaps in some ways the most unique and phenomenal judoka hitherto recorded in the annals of judo. And it is for that reason that I shall

make him the subject of the present article without fear of incurring the reproach of invidiousness for according him precedence over the illustrious founder of both the Kodokan and judo itself, the late Dr. Jigoro Kano. I can but regret that lacking the necessary data at the time I was not able to devote any space to some account of him in my book "THE FIGHTING SPIRIT OF JAPAN". Now I acknowledge my indebtedness to the well-known quarterly JUDO, the magazine of the Kodokan published in both French and English in Paris under the editorship of H. D. Plée, from the files of which I have collected most of my information about this remarkable man.

Saigo's title to fame as an exponent of the art rests largely on the fact that although one of the physically smallest judoka of his or any other day and generation, weighing little more than 130 lbs., yet as a yudansha he had never been defeated or even thrown on to his back in actual contest! Hence his nickname of "neko", meaning "cat" in Japanese because like a cat he always fell on hands and knees so that his opponent could never be awarded a point. This uncanny skill was attributed to his prolonged observation of that wonderful animal which almost invariably falls on the ground on all fours from whatever height it may be thrown. His numerous victories in both Japan and China greatly contributed to the popularity of judo. His exploits having become thus legendary the story of his life is supposed to be narrated in the Japanese novel entitled "SUGATA SANSHIRO", a French and English translation of which ran for several years in the above mentioned Anglo-French magazine. Incidentally, I myself, was responsible for the English version of several chapters of that long-winded romance. His life has also provided material for five Japanese films and in 1947 a statue to him was erected in his native village. Saigo was further noted for his invention of the well-known Ashiwaza or leg throw called the Yama-arashi or Mountain Gale with which he won most of his victories on the mat. Among his other Tokuiwaza or "pet" throws were the Seoinage or Shoulder Throw, the Ukigoshi or Floating Loin, the Haraigoshi or Sweeping Loin, and the Okuriashibarai or Sweeping Ankle Throw.

My direct interest in Saigo may also in part be traced to the fact that his name is linked with that of my one-time revered instructor and great friend, the late Sakujiro Yokoyama, of whom I shall write at greater length in a separate article. Thus, it was as the result of his defeat in contest by Saigo that Yokoyama, then a judansha of the Tenjin Shinyo School of Jujutsu, of which I myself was a montei or disciple before I later joined the Kodokan in Tokyo, was induced to transfer his allegiance to the latter. The tremendous physical contrast between the herculean Yokoyama and the short and light Saigo whose head hardly reached Yokoyama's atlantean shoulders surely tends to make Saigo's triumph all the more astounding. It was because the pupils of the Tenjin Shinyo School were jealous of the growing reputation of Kano Shihan's Kodokan that Yokoyama and a comrade named

Takisaburo Tobari challenged the Kodokan to a contest in which both men were pitted against Saigo. Yokoyama, though later to be nicknamed "demon" (oni in Japanese), proved helpless against Saigo. When standing he was attacked by Saigo with his Yama-arashi and even when he threw Saigo down he could not defeat the man who acted like a cat. The same fate befell Tobari and they lost the match.

Another of Saigo's sensational victories over an adversary of incomparably greater physique and physical strength took place in May, 1885, at the Tokyo Metropolitan Police Office. On this occasion his opponent was T. Terushima, the strongest representative of the Totsuka School, then in the prime of life. Ishiguro Keishichi, 8th Dan, thus describes what followed:

"Terushima thought, This conceited fellow! How could he ever challenge me when he's a mere stripling? He shall know my power!" Saigo waited, confronting his opponent diagonally. Terushima stepped forward to take hold of Saigo's right sleeve. At that instant Saigo firmly grasped Terushima's right sleeve with his left hand and then with his right hand the inner side of the other's right collar. He was now ready for the execution of his Yama-arashi. Terushima, finding his right sleeve thus controlled, got angry and tried to bring off the Uranage or Rear Throw by holding Saigo's small body in his powerful arms. But Saigo, quick as lightning, dodged this attack. Terushima then essayed one of the Koshiwaza or loin throws, which Saigo easily evaded. Saigo then pulled Terushima's right sleeve downwards and Terushima tried to regain his balance. The Kodokan judoka became excited and said to themselves, "Ah! Now for the Yama-arashi!" The next moment, just as they expected, Saigo jumped in and as if he were trying to uproot a deeply planted tree he powerfully swept his opponent's right leg with his right leg. "A wind rushing down from the top of the mountain" is the literal meaning of the word Yama-arashi and it well depicts how this technique is effected. With a piercing cry (in the nature of a Kiai) the Yama-arashi was consummated and Terushima's big body described a semi-circle starting from Saigo's head to end with a thud on the mat. "Ah!" cried the spectators in astonishment. And that was that.

At this distance I can recall that while I was still practising jujutsu at Hagiwara's Tenjin Shinyo School dojo in Yokohama, I was told by a fellow disciple about the wondrous prowess of Saigo and how on one memorable occasion it was practically demonstrated in a fracas forced upon him by a gang of coolies on the bank of one of the canals with which the outskirts of Yokohama are liberally intersected. If report does not lie, Saigo threw a score of his assailants into the canal in swift succession and was left in undisputed possession of the field of battle. However, when the facts came to the knowledge of the Kodokan administration it suspended him for a season on the ground that his conduct had been unduly violent!



Name: MARCUS MICHAEL KAYE, O.B.E.,
M.A. (Cantab.), A.M.I.Mech.E.

Born: 1898.

Business or Profession: Chartered Mechanical Engineer.

Age when started Judo: 25, at The Budokwai. Pupil of the late Yukio Tani and of G. Koizumi.
1st, 2nd and 3rd Dan at The Budokwai.
Member of Budokwai team in first International Matches, 1929 and 1930.
Captain of first England team, 1931.
Served on Budokwai Committee for several years up to outbreak of war, 1939.
Commentator at most of the Budokwai and B.J.A. Displays since about 1935.

Hobbies: Philosophy; art.

THE BRITISH JUDO ASSOCIATION



George Blackmore, Hon. Sec. and Registrar

JUST seven days ago, from the time of writing, it was Good Friday, and following this day were, of course, Easter Saturday, Sunday and Monday. We at H.Q. look forward to these days each year, as lots of Judo people come to visit us. We do like to see the people who write to us in their conduct of Judo affairs. Some of them must be surprised, some, perhaps, disappointed, and some pleased at the B.J.A. Offices. I gathered that more were surprised than anything else. Surprised at the small shop, the amount of mail waiting to be answered; surprised when shown their record card in the Registry. One lad said, "Is that really me? Am I in the records?" When told that his card was one of some 35,000, and just as important as the rest, he said, "Fantastic! I had no idea that B.J.A. was as **big** as this." Over fifty members from various Clubs visited us over Easter. One contingent, that came from Scotland, numbering seven or eight lads, had a good old time, so I'm told. Where was I? Oh, only on duty. I had to miss the Budokwai Display, too, duty again.

What did we at H.Q. think and feel after they had all gone home? For myself, I feel unhappy at not being able to provide better, and more adequate facilities for showing our members how B.J.A. works. I was asked by one Secretary, and not for the first time, "What are we going to get for the extra subs. that we have to pay?" Just let me say, here and now, that B.J.A. is no "Santa Claus." You cannot just hang up a stocking and expect it to be filled. It won't be. You will get as much as possible out of B.J.A. for the next year or so. When we have established a well-equipped office and staff to run it, then you will begin to feel the benefit of your investments. More and more of your money will be ploughed back into Judo, in the way of courses of instruction for Areas.

Some Clubs complain of the lack of new members. This should not be so at this time. We at H.Q. have given the names and addresses of Clubs to well over 2,000 enquirers during the last two months. These enquiries just flood into the office; one postal delivery alone immediately after the last television display brought in no less than 250 letters; all from prospective Judoka. Every letter is answered individually. Club Secretaries must act quickly when receiving a letter of enquiry about their Club, as most likely his address has been supplied by B.J.A. I cannot agree that Clubs are short of new members. If they are, they should make sure that someone is able to look after a prospective new member as soon as he enters the Club. Only a month ago, I walked into

a Judo Club, and was there for 30 minutes before anyone spoke to me. It's true I didn't go to join the Club, but whilst I was there other people came in and sat down beside me, and were obviously watching the practice with great interest. I know, all too well, that you all go to your Club for practice, and couldn't care less about anyone who just strolls in to watch, but surely you have ambitions for a better mat, better premises and, perhaps, that luxury shower? That prospective new member could help you. I suggest, now, that the Dojo Steward for the evening should make the interviewing of all visitors to the Club a part of his duties. He can still keep his eye on the mat. Judo is such a friendly pastime, your best friend is your toughest opponent. He helps you, you help him. True?

A Club Secretary said to me the other day, "I thought you were going to put on free courses, to be financed out of the profit you make on Judogi sales." I said, "May I ask **you** a question, before I answer?" He said, "All right." My next words were, "Do you order your Judogi from B.J.A.?" to which he replied, "No, we get it from another firm—cheaper." I therefore suggested that he ask his supplier to put on the free courses for him. That's the way it goes these days—"something for nothing." Well it just isn't possible. Do you realise that if all Member Clubs reserved just **one** order of Judogi for B.J.A. each month, we would send out at least 350 kits? I want to say quite definitely that we are going to put on free courses, lots of them, every weekend, somewhere. At the moment, money is being invested for you in a commodity that has been needed for a long time—see "JUDO" Magazine No. 9, due out on 15th June next.

In my notes last time, I promised that I would give a new address for this issue: sorry, no can do just yet. Why? Because there is a slight hitch. The landlord agrees, in fact, we all agree, all, that is, except the Town Planning people, and they have yet to say whether or not we may have the premises for offices. We are now awaiting a reply to our application.

Lastly, our Membership Plaque. The first lot of these have been sold; a new supply is awaited. Get your order in now. Remember—fully paid up Clubs qualify—those which have sent the block fee.

Just one last item. Two Clubs which have recently been formed have asked if I would mention in my notes that they welcome any new members, also any visitors who might be passing through their respective districts. They are (1) The Oxford City Police Judo Club; and (2) The North Belfast Y.M.C.A. Judo Club.

CANVAS

We can now offer heavy best quality 18-oz. canvases in any required size, with eyelets spaced in any desired position. Lighter weights at less cost can be obtained in 15-oz., 12-oz. and 10-oz. weights.



UNIVERSITY NEWS

Colin Forrester

THE UNIVERSITY CUP MATCHES

THIS is only the second time that I have seen these contests, so I am unable to draw from a store of comparative experience. But what I saw interested me greatly.

I wish to congratulate not only **Leeds**, who for the fourth time won the trophy, but the whole body of competitors. Perhaps I can best explain my pleasure in the matches by a resumé of the points that most deserve mention.

First, the vigour of the attacks may be praised. Except for short spells, we saw little of the "lean and heave, my lads"

which plays so large a part of kyu grade contests: each man left the matter of grim defence to the other, and so it was absent for once. But vigour alone is often seen, and is not enough. Here it was strengthened by streaks of real technique. I saw an attempt at Ushirogoshi which seemed to embody for once a little science for a strong man's throw, and I saw good Uchimata. If the Albert Hall saw little of this technique, these contestants did not ignore it; most of the matches ended this way. But most pleasing of all was the absence of the stalemate. No contest in the series went to full time, or even to a boring length, and what groundwork there was ended before it became wrestling.

It is invidious to select one man for comment, but there is one who must be mentioned. **Mr. Holdsworth**, of the Leeds team, produced two immaculate Uchimata, the second time getting a spontaneous round of applause from a crowd that had remained impassive through the Baron Matsui and Metropolitan eliminations. There was one surprise in the evening. It had been hinted that **Mr. Gleeson** might take his place on the London team. As it happened, he withdrew, much to the relief of all, but the London team still sported two Black Belts—surely the highest assembly of grades to grace any university team in Britain. The more credit goes to Leeds for their magnificent performance.

Leeds University being congratulated on winning the "University Cup".



SEMI-FINALS

(London—a bye)

Glasgow:

(1) Lister	Ashiharai	$\frac{1}{2}$
(2) McClean	—	0
(3) Kirk	—	0

Leeds:

Mcgreary	—	0
Mckenna	Ashiharai	$\frac{1}{2}$
	Uchimata	1
Holdsworth	Uchimata	1

FINALS

Leeds:

(1) Mcgreary	—	0
(2) Mckenna	Uchimata	1
(3) Holdsworth	Uchimata	1

London:

Barrett	Uchimata	1
Reid	—	0
Reilley	—	0

Referee: A. Grabher (4th Dan).

INCIDENTAL NEWS:

... We omitted to print the results of the match mentioned in the last issue between **Glasgow** and **Edinburgh**. This took place on the 9th February and Glasgow won 5-1. As mentioned in the last issue, the matches were closely fought, despite the results, and Glasgow would like to thank Edinburgh for replacing Aberdeen in this important match before the University authorities.

... After the matches the secretaries of Leeds, Glasgow and Southampton discussed with me the relative merits of a B.U.J.A.; details of this meeting will be given in next month's column.

* * * *

A PARTICULAR PLEA!

These remarks are addressed not mainly to the universities, but rather to those who seek for added strength among the younger judoka.

Japanese Judo is university Judo, with the Police offering a weaker support. For this reason it is strong Judo, the Judo of the world, and removed from competition. And it will continue to remain isolated in its perfection until the western judoka train their men young, and in the right place.

How often has **Mr. Koizumi** emphasised the importance of a start in youth, before set habits of movement and reaction are present? And yet so little notice has been taken of his advice that there are few boys' clubs, less schools which teach Judo, and the universities are ignored and isolated.

We have much to offer in return for attention. The universities have produced men of ability. And if sufficiently interested, the graduate is often in a position where he may do something about his pastime. At present we have in the secretary of Glasgow, and the captains of Leeds, London, and Oxford a group of chemists who might be expected to help the cause in industrial firms. Then we have a legal captain of Aberdeen, a medical captain of King's College, and an architect as secretary of London—these will surely spread and be able to exert influence if they are aroused to do so.

Most of the difficulties confronting university judoka could be overcome with a little patience. We are trying to remove the present isolation, or tight grouping among the clubs, and unite them in some hope for the future. If Judo were further taught in schools and boys' clubs we might have some material to start with, and not have to hammer reluctant debutantes into grace in a few months. And the difficulties of instruction would not be an altogether impossible challenge to the B.J.A., with suitable co-operation and organisation on our side. We don't ask much—merely a chance to show that we deserve attention, that we might turn our trouble to our own advantage, and then to the benefit of Judo as a whole.

The universities are in revolt against indifference! To those who are willing to aid them in this revolt we offer our services in future years. We are firm behind the B.J.A., and would like to believe that they have not deserted us but return our support.

Club Forum



G. Thomas throwing G. Gygell

WATTSTOWN

Y.M.C.A. BUDOKAN. In the small mining village of Wattstown, situated in the Rhondda Valley about a dozen young men were interested in Judo, and not being deterred by lack of premises and equipment, decided to form a Judo Club.

They asked Mr. G. Thomas, then a novice studying at the Judokwai Cardiff, to be their instructor. Mr. Thomas accepted this onerous position and the Club was duly formed in June, 1954.

Premises were first obtained at the Workman's Institute, and then later at a local Boys' Club, possessing only two 6 ft. x 3 ft. gym mats and having no canvas. Instruction was difficult

and progress slow, but it must be explained that although Mr. Thomas was still a novice, he had been practising Judo for about two years at Cardiff and his studies preventing him taking part in a grading.

Through constant effort and some local help the Dojo was increased to 8 mats 12 ft. x 12 ft. with a canvas cover. Then, however, accommodation became a problem—the Boys' Club closing down and a move to the Y.M.C.A. at Porth was undertaken. This was not very satisfactory as the mats had to be taken up after each session.

A permanent Dojo was a necessity, and a cellar, 20 ft. x 14 ft., was taken over as the new H.Q. Unfortunately, the floor had to be lowered 3 ft. and

this caused some considerable difficulty, as it mainly consisted of hard clay and rocks, and the rubble had to be manhandled to ground level for disposal. Eventually the new Dojo was completed, and an official opening was arranged, many prominent citizens being invited to watch the displays and afterwards to partake of light refreshment provided in the Y.M.C.A.

Special thanks are due to the Y.M.C.A. for making this marked improvement possible, through their generous financial help. The "BUDOKAN" was the first Judo Club in the Rhondda Valley, and in the space of two years has obtained two 2nd Kyu's, three 3rd Kyu's, one 4th Kyu and numerous other grades.

Mr. Thomas, who has studied under G. Gleeson, 4th Dan, G. Chew, 3rd Dan, and A. Petherbridge, 1st Dan, still does the instructing, and it is to him that the Club owes its successes in the gradings. At the present time the training programme, as set out by G. Gleeson, is in full swing, and good results are expected in the near future. Mr. Thomas also hopes to visit the Budokwai for further training and to bring the latest methods of instruction back to the Club.

The Y.M.C.A. Budokan hope that they will be able to make a real contribution to the Welsh area of the B.J.A., and express their thanks to the editors of "Judo" for bringing news and topics to the Judoka of Britain.

CARLISLE

CARLISLE JUDOKWAI. Mr. Thompson, the Secretary, writes that it is intended to hold another course of instruction at the Furness Judo Club, Barrow, some time this month. He believes that there is a club in Penrith, about 18 miles from Carlisle, and invites any members of that club to get into touch with Mr. W. Kew of 54, Borland Avenue, Carlisle, the new Secretary. Perhaps a few contests could be arranged?

CROYDON

CROYDON & DISTRICT JUDO SOCIETY. This club is well-nigh full up with engagements for displays throughout the neighbourhood during the coming summer. It will soon be necessary to have a full-time show organiser! The junior section once again took part in the Budokwai's annual display at the Royal Albert Hall.

So great has been the progress of Judo in Croydon that in under two years the accommodation is incapable of meeting requirements. A nightly attendance of 30 plus is common, whilst there is a waiting list for some courses. There are never less than 120 at gradings—which now have to be carried out piecemeal; and if a fond parent wishes to see how the young hopeful is getting on he has to peer in through a window! Permission is therefore being sought to erect a pavilion type dojo of size 40 ft. by 30 ft. in the club grounds, which would then give the club three dojos.

The Secretary would like to remind visitors that the club is open all day and evenings for five nights a week and Saturday afternoons; and now that the holiday period is upon us visitors would be welcome at any time.

BARNSELY

BARNSELY JUDO CLUB ANNUAL DISPLAY. T. Downs, North Eastern Area Representative, writes—

Judo in Barnsley is definitely a great attraction. A large audience packed the Race Street Baths to see the Barnsley Judo Club Annual Display.

The show was opened by the President thanking the audience for their support and welcoming Mr. Gunji Koizumi (7th Dan), their honoured guest for the evening.

Following an exhibition item of Randori, Mr. Koizumi, assisted by D. Logan (1st Dan) of Doncaster Judo Club, displayed his superb skill by demonstrating several throwing and groundwork techniques.

Dennis Logan and G. Dyke (1st Kyu) demonstrated Nage-no-kata, which was ably commentated on by Geoff Yule. Long applause followed this popular item.

A ladies' item followed, which was generally appreciated and this Randori aptly demonstrated the beneficial exercise which ladies can derive from practising Judo.

The self-defence item provided plenty of action and clearly showed how an apparently weak and defenceless person is able to turn the tables with disastrous results for his assailant.

The current comedy of Judo shows, the "Bus Stop" item, was enjoyed by all.

Following this G.K. demonstrated Judo Theory, with the help of G. Dyke. During all of Mr. Koizumi's demonstrations the audience were completely quiet, even the children present were fascinated by the master touch.

One of the high-lights of the evening was the competition for the "Joe Edwards" Trophy between Doncaster and Barnsley Judo Clubs, who were the finalists. The first two contests in this three-man team event both ended in draws. This made the last contest a most exciting match. Both contestants several times ended up outside the mat area during this decisive struggle. The trophy itself was endangered and only G.K.'s prompt action in having it removed saved it being damaged when the contestants crashed into the table on which it was standing. After numerous attempts on the part of both contestants to obtain the vital point, Harold Hill of the Barnsley Judo Club succeeded in beating his opponent with a well-applied strangle.

The captain of the Barnsley team gave Harold Hill the honour of being presented with the trophy by Joe Edwards himself.

The organisers of this show can congratulate themselves on presenting such an entertaining and successful display.



BRIGHTON

HOVE JUDOKWAI. Junior Judo at the Brighton School of Judo is being handled by John Capes, who gives instruction on Tuesdays and Fridays from 6 to 7 p.m. Girl members are welcome. The Secretary states that these juniors will eventually graduate to the Hove Judokwai.

John Capes (who is here seen throwing John Hills in a self-defence routine) is now Southern Area Secretary of the B.J.A.; and John Hills is now in the R.A.F.

The Budokwai 40th Annual Display

A LARGE and enthusiastic audience packed the Royal Albert Hall on Saturday, 20th April, on the occasion of the 40th Annual Display given by Britain's premier Judo Club. The advance publicity of this show intimated that it would be as entertaining and interesting to non-Judoka as to the adherents of this sport, and it certainly proved to be so.



G. K. on the mat during the show

The proceedings were opened by Mr. John Barnes, Chairman of the Budokwai, who welcomed new and old friends to the display and paid tribute to Mr. Koizumi, Founder of the Budokwai in 1918.

E. G. Miller (1st Dan), one of the commentators for the evening, introduced the first item, which was Randori by the members of the Budokwai and affiliated

Clubs. The arena had been entirely cleared of seats and the large mat area provided an excellent stage for this and subsequent events.

A useful item, from the audience's point of view, was ably demonstrated by D. Young (3rd Dan) and H. Charnley (1st Kyu) on how points are scored.



D. Young 3rd Dan demonstrating his "UCHI-MATA"



Ichiro Abe 6th Dan and S. Hoare 1st Dan

The first major contest of the evening was the final of the Metropolitan Association Shield. Hobbs, of the Dudley Judo Club, and Miles, of the Kita-nishi-kwan, both 1st Kyu's, being the contestants.

It was to prove an exciting match. Both men were quite evenly matched, and attacks were continuous and aggressive throughout. Miles attempted several strong O-soto-garis and Hobbs attacked with a near-successful Seoi-nage on every possible occasion. Miles gained the first victory with Ushiro-goshi, obtaining Waza-ari from the referee, G. Gleeson (4th Dan). Hobbs, however, was undaunted and shortly afterwards scored a full point with a superbly executed Koshi-waza.



N. Hobbs with the Metropolitan Shield

The fourth item on the programme introduced most of Britain's high-grade Judoka, and a well-known personality at many Budokwai Shows, Mr. Ichiro Abe (6th Dan) from Belgium. The accent was on Tokui-waza, favourite and specialised techniques, and the audience were treated to a superb exhibition of Renraku-waza by these adept Judoka.

The three-man team event for the final of the Baron Matsui Challenge Cup resulted in a win for North London Judo Club by two points to one against the Budokwai. The three contests were held simultaneously on the large mat area, a departure from previous custom, which was certainly an improvement.

The results were as follows:—

BUDOKWAI

J. Newman (1st Dan) Hiza-guruma
F. Pearson (1st Kyu)
D. Saunders (1st Kyu)

NORTH LONDON J.C.

— Ryan (1st Kyu)
R. Raine (1st Dan) O-soto-gari
P. Bailey (1st Kyu) Kaeshi-waza

It is interesting to note that none of these contests went to time, and that a decisive point was scored in each case following spirited and forceful attacks.

A novel and unusual item was introduced by T. P. Leggett (6th Dan), which demonstrated how throwing techniques and groundwork incorporate in an interesting manner all the rather tedious exercises ordinarily used in physical training.

Then out spake brave Horatius,
"Now who will stand on either hand
And keep the bridge with me?"
Then out spake Spurius Lartius
"Lo, I will stand at thy right hand;"
And out spake strong Herminius,
"I will abide on thy left side
And keep the bridge with thee!"
And straight against that great array
Forth went the dauntless three.

These stirring words introduced Horatius (G. Gleeson), Lartius (A. Grabher) and Herminius (D. Young). From the darkened edges of the arena a milling horde of Judoka advanced upon Horatius and his loyal companions, who against all opposition held the bridge.

It is a pity that the commentator dropped his classical role while describing the battle for the bridge. Apart from this, the audience were enthralled with this novel offering.

One of the most popular events of recent years has been Junior Judo. The Budokwai Juniors demonstrated their aptitude and skill, and the "Grandfather" of British Judo, Gunji Koizumi (7th Dan), provided an amusing moment when he practised with one of them. The Juniors of Croydon and District Judo Society entertained the audience for the second year running with a lively and spirited Randori.

Towards the end of the evening an exhibition contest between high-grade Black Belts produced the rather unexpected result of Captain P. Porter (2nd Dan) beating George Kerr (2nd Dan) with an Osaekomi-waza, and then, although apparently exhausted, he continued and held R. Smith (3rd Dan) to a draw.



A moment during the display by the juniors



R. Raine 1st Dan receiving the "Matsui Cup" from G. K. on behalf of the North London Judo Club Teams.



R. Smith 3rd Dan being presented with the "Tricker Cup." This is the second year running this trophy has gone to Scotland.



A. Grabher 4th Dan scoring with Tai - OTOSHI

In the same contest A. Grabher (4th Dan) certainly demonstrated his ability by beating D. Young with a magnificent Tai-otoshi, this being one of the very rare occasions when D. Young has been defeated in a contest, friendly or otherwise.

Go-no-sen-no-kata, an old favourite at displays in this country, was impeccably performed by T. P. Leggett and G. Gleeson.

The Finale of this varied and interesting Show gave G. Gleeson the opportunity of disposing of five assailants in under five seconds. The polish and precision of this item gave the final touch to a slick and fast-moving programme.



Not quite the time for handstands



G. Gleeson 4th Dan disposing of the last of his five attackers

THE BRITISH JUDO ASSOCIATION NATIONAL GRADING REGISTRY AND RECORDS

32 NORTH STREET, LONDON, S.W.4

GRADING LIST No. 19

Copies of Lists No's. 1-11 may be obtained from the Registry. Send stamped addressed envelope.

Lists No. 12 onwards will be published as part of Judo Magazine.

PROMOTIONS TO AND WITHIN DAN GRADES

TORA SCOTIA JUDO CLUB, EDINBURGH

Kodokan Certificate No. 6183
Approved by the N.G.P.

20th Mar. 1957.

MacDonald, G. 2nd Dan

HERTFORD JUDO CLUB 4th Mar. 1957. By N.G.P.

Maynard, V. 1st Dan

KITA-NISHIKWAN, MANCHESTER

2nd Feb. 1957. By N.G.P.

Rhoden, F. 2nd Dan
Murphy, D. 1st "

TORA SCOTIA JUDO CLUB, EDINBURGH

6th Mar. 1957. By N.G.P.

Smith, R. 3rd Dan

ABERCARN JUDO CLUB 23rd Feb. 1957

By D. A. Petherbridge

McCormack, J. 1st Kyu
Webb, B. 2nd "
Butts, J. 2nd "
Weston, K. 4th "
Richards, D. 4th "
Silk, R. 6th "
Smith, K. 6th "

APOLLO JUDO CLUB, TORQUAY

13th Jan. 1957. By G. A. Hicks

Boston, T. 3rd Kyu
Dodimead, D. 3rd "
Tonkiss, S. 3rd "
Dawe, R. 4th "
White, G. 4th "
Robins, B. 5th "
Hardwell, T. 5th "
Hill, B. 5th "
Nickholls, R. 6th "
Waring, A. 6th "

BECKENHAM JUDO CLUB 28th Feb. 1957

By G. R. Gleeson

Pierce, M. 3rd Kyu
Copson, A. 3rd "
Southby, J. 4th "
Gould, H. 5th "
Howe, D. 5th "
Bettison, D. 5th "
Allen, R. 6th "
Hadfield, P. 6th "
Foot, A. 6th "
Hitchcock, D. 6th "
Arnold, G. 6th "
Hayward, K. 6th "

BETHNAL GREEN JUDO CLUB

5th Mar. 1957. By D. J. Oliver

Homes, R. 4th Kyu
Pound, W. 4th "
Kinkhead, R. 5th "
Stubbs, S. 5th "
Hepper, G. 5th "
Kelly, W. 5th "
Willis, J. 6th "
Brooks, F. 6th "

BIRMINGHAM UNIVERSITY JUDO CLUB

26th Jan. 1957. By L. Gardiner

Ward, B. 3rd Kyu
Witherow, P. 3rd "
Heywood, R. 5th "
Gowers, P. 5th "
Renton, J. 5th "
Billings, B. 6th "
Carrington, D. 6th "
Walters, P. 6th "
Llewellyn, P. 6th "

LADIES BIRMINGHAM UNIVERSITY JUDO CLUB

26th Jan. 1957. By L. Gardiner

Callaghan, Miss E. 5th Kyu
Hudson, Miss C. 5th "

BOWATERS LLOYD JUDO CLUB

16th Mar. 1957

By D. G. S. Burr

Elliot, T. 3rd Kyu
Johnson, G. 4th "
Westcott, R. 5th "
Webster, P. 5th "
Phipps, P. 5th "

BRIDGEND JUDO CLUB 23rd Feb. 1957

By D. A. Petherbridge

Morgan, G. 3rd Kyu
Grabham, G. 4th "
Wallens, H. 4th "
Howell, P. 5th "
Thatcher, M. 6th "
James, H. 6th "
Ryan, C. 6th "

BRIDGWATER JUDOKWAI

16th Mar. 1957. By D. Young

Ball, V. 5th Kyu
Lang, J. 5th "
Lott, D. 5th "
Sherring, J. 5th "
Brown, J. 6th "
Davies, B. 6th "
Dennison, M. 6th "

BRISTOL JUDOKWAI

16th Mar. 1957. By D. Young

Brooks, R. 1st Kyu
Chicken, A. 2nd "
Powell, J. 2nd "
Hibbs, M. 5th "
Nikouskis, A. 5th "
Charles, B. 6th "
Gough, D. 6th "
Wride, A. 6th "
Thomas, R. J. 6th "

BRISTOL UNIVERSITY JUDO CLUB

16th Mar. 1957. By D. Young

Sweeney, A. 5th Kyu
Millbank, L. 6th "
Cooper, B. 6th "
Devenish, P. 6th "

LADIES BRISTOL UNIVERSITY JUDO CLUB

16th Mar. 1957. By D. Young
Mucklow, Miss P. 5th Kyu
Hay, Miss T. 5th "

BROWNING JUDO CLUB, MANOR PARK

12th Mar. 1957. By D. Young
Baker, E. C. 3rd Kyu
Hall, F. 3rd "
Patrick, S. 3rd "
McCarthy, T. 4th "
Thorpe, J. 5th "
Venton, J. 5th "
Tully, R. 5th "
Ford, T. 6th "
Mewett, J. 6th "

BURTON JUDO CLUB

26th Jan. 1957. By B. Cousins
Skinner, R. 4th Kyu

CARDIFF UNIVERSITY COLLEGE JUDO CLUB

23rd Feb. 1957
By D. A. Petherbridge

Morris, I. G. 4th Kyu
Jenkins, A. G. 4th "
Bennet, L. 6th "
Watkins, F. 6th "
Owen, E. 6th "
Jones, J. B. 6th "

CHELTENHAM JUDO CLUB

20th Jan. 1957
By H. M. Hodgkinson

Smith, J. D. 2nd Kyu
Heard, R. 3rd "
Naish, B. 4th "
Ayliffe, W. 4th "
Lewin, D. 5th "
Ryan, T. 5th "
Wells, D. 5th "
Doughy, A. 6th "
Hockaday, O. 6th "

CHELTENHAM Y.M.C.A. JUDO CLUB

23rd Mar. 1957
By C. S. W. Palmer

De Vito, M. 3rd Kyu

DARLINGTON JUDO CLUB

16th Mar. 1957. By J. Pigott

Fontana, A. 4th Kyu
Marshall, D. 4th "
Bell, S. 4th "
House, F. 6th "
Stubbs, B. 6th "

LADIES DARLINGTON JUDO CLUB

16th Mar. 1957. By J. Pigott

Morgan, Miss I. 6th Kyu
Shaw, Miss I. 6th "

DE HAVILLAND (BOLTON) JUDO CLUB

9th Mar. 1957. By S. E. Moran

Cope, W. 5th Kyu
Duxbury, D. 5th "
Flanigan, L. 5th "

Walker, T. 5th "
Pye, D. 5th "
Cooper, G. 5th "
Leach, T. 5th "
Carney, M. 5th "
Smith, R. 5th "
Stanley, C. 5th "

DERBY JUDO CLUB

26th Jan. 1957. By B. Cousins
Evans, B. 4th Kyu
Williamson, D. 5th "
Swain, T. 5th "
Ratcliffe, M. E. 5th "
Connelly, B. 5th "
Gates, D. 5th "
Morley, M. 5th "
Hennessey, P. 6th "
Betteridge, D. 6th "

DONCASTER JUDO CLUB

24th Mar. 1957. By J. Pigott

Hall, D. 2nd Kyu
Noden, P. 3rd "
Choppin, B. 4th "
Thorpe, B. 5th "
Potter, D. 6th "
Lancashire, K. 6th "

DORCHESTER JUDO CLUB

16th Mar. 1957. By D. Young

Diment 6th Kyu
Spillor, A. S. 6th "

EAST LONDON JUDO CLUB

23rd Mar. 1957
By C. S. W. Palmer

O'Farrell, J. 2nd Kyu

ELECTRA JUDO CLUB, LONDON

1st Apr. 1957. By Y. P. Sekine

Terrel, S. 5th Kyu
Hyde, K. 6th "
Haines, P. 6th "
Hounsoms, R. 6th "
Spencer, D. 6th "
Harper, R. 6th "
Bates, J. 6th "
Murdoch, I. 6th "
Hankin, D. 6th "
Rose, A. F. 6th "
Hardie, M. 6th "
Chapman, A. J. 6th "
Coombs, R. C. 6th "
Eayres, D. O. A. 6th "
Greer, L. M. 6th "
Newell, R. 6th "
Reynolds, M. 6th "

EXETER JUDOKWAI

13th Jan. 1957. By G. A. Hicks

Birkett, J. 2nd Kyu
Bricknell, R. G. 2nd "
Lane, B. 2nd "
Lewis, C. 3rd "
Blenkinsop, T. 5th "
Gooding, T. 6th "
Nethercott, J. 6th "
Browse, K. 6th "

EXETER JUDOKWAI

27th Jan. 1957. By D. G. Burr

Dennett, L. 2nd Kyu

EXETER JUDOKWAI

16th Mar. 1957. By D. Young

Hobson, K. 5th Kyu
Spearey, R. 6th "

FELTHAM JUDOKWAI

6th Mar. 1957. By A. Moore

Hunt, T. H. 5th Kyu
Docherty, T. M. 5th "
Boddy, D. G. 6th "
Taylor, A. 6th "
Sherridan, J. D. 6th "

LADIES FELTHAM JUDOKWAI

6th Mar. 1957. By A. Moore

Reid, Miss D. R. 6th Kyu

FIFTY-FIVE JUDO CLUB

4th Mar. 1957. By E. Mossom

Crease, L. 1st Kyu
O'Hagan, J. 1st "
Fox, W. 4th "
Clark, L. 4th "
Krykant, T. 4th "
Stephenson, R. 6th "
Bird, J. L. 6th "
Hogg, R. W. 6th "
Cook, R. 6th "
Smith, R. 6th "

FISONS JUDO CLUB, IPSWICH

17th Feb. 1957
By A. P. Downton

Allum, R. 4th Kyu
Smith, D. 4th "

G.K. KWAI, DERBY

26th Jan. 1957. By B. Cousins

Smith, D. 3rd Kyu
Swain, B. 3rd "
Nicol, M. J. 3rd "
Walmsley, H. 4th "
Jeffery, L. 5th "
Parker, D. 5th "
Parry, B. J. 6th "
Green, L. 6th "
Streatham, C. 6th "
Newbold, G. 6th "

JUNIORS G.K. KWAI, DERBY

26th Jan. 1957. By B. Cousins

Fell, G. 5th Kyu
Fell, T. 5th "
Fletcher, R. 5th "
Sharpe, G. 5th "
Sudbury, D. 5th "
Morris, D. 6th "

LADIES G.K. KWAI, DERBY

26th Jan. 1957. By B. Cousins

Fletcher, Miss K. 5th Kyu
Holmes, Miss C. 6th "
GOLBORNE JUDO CLUB

9th Mar. 1957. By S. E. Moran

Yates, A. 2nd Kyu

LADIES GOLBORNE JUDO CLUB

9th Mar. 1957. By S. E. Moran

Glover, Miss N. 4th Kyu
Wilson, Miss S. 5th "

HAMSEY GREEN JUDO CLUB

5th Mar. 1957. By D. J. Oliver

Brown, R. 3rd Kyu
Simson, L. 5th "
Lympny, P. 5th "
Bloomfield, T. 6th "

LADIES HAMSEY GREEN JUDO CLUB

5th Mar. 1957. By D. J. Oliver

Winter, Miss P. 6th Kyu

HARROGATE AND KNARESBORO' JUDOKWAI

22nd Mar. 1957. By J. Pigott

Cooper, G. 4th Kyu
Metcalfe, F. 5th "
Peniket, M. 5th "
Exley, T. 5th "
Soulsby, E. 5th "
Rowley, P. S. 5th "
Banner, R. 6th "
Sawyer, J. 6th "
Stephenson, F. 6th "
Gilbert, G. J. 6th "
Hargreaves, M. 6th "
Bingham, P. 6th "

HENLYS SPORTS JUDO CLUB

16th Mar. 1957. By D. Young

Andrew, G. 3rd Kyu
Baird, R. 4th "
Nicholls, R. 5th "
Kerr, W. 5th "
Baird, D. 6th "
Regan, J. 6th "

IRISH JUDO ASSOCIATION, DUBLIN

5th Mar. 1957. By A. Dolan

Girvan, A. 3rd Kyu
Kavanagh, J. 4th "
McDowell, G. 5th "
McGurk, J. 5th "
O'Donoghue, P. 5th "
Skehan, M. 5th "
Moloney, A. 6th "
Dolan, C. 6th "
Mooney, D. 6th "
Stokes, W. 6th "
Flood, T. 6th "
Venables, M. 6th "
Smith, G. 6th "
Smith, J. 6th "
O'Keefe, J. 6th "
Dolan, J. 6th "

LADIES IRISH JUDO ASSOCIATION, DUBLIN

5th Mar. 1957. By A. Dolan

O'Donoghue, Miss K. 6th Kyu
O'Mahony, Miss A. 6th "
Robinson, Miss C. 6th "

JUDOKWAI, CARDIFF

23rd Feb. 1957
By D. A. Petherbridge

Carter, R. 1st Kyu
Buckley, L. 2nd "
Rees, J. 2nd "
Goss, K. 4th "

Harvey, N. 4th "
Emmett, W. J. 4th "
Chetcuti, P. 4th "
Patton, N. 5th "
Sinclair, J. 5th "
Powell, A. 5th "
Higgins, J. 5th "
Baker, C. H. 5th "
Ashley, F. 5th "
Ashley, K. 5th "
Simmonds, A. 6th "
Salter, R. 6th "
Smith, E. B. 6th "
Wood, T. 6th "
Steadham, L. 6th "

KANO JUDOKWAI, COVENTRY

26th Jan. 1957. By C. Cassidy

Stead, E. 5th Kyu
Gavin, J. 5th "
Stauvers, F. 5th "
Sargent, M. 6th "
Mewes, M. 6th "
Goodwin, D. 6th "
Evans, R. 6th "
Buckley, M. 6th "

LADIES KANO JUDOKWAI, COVENTRY

26th Jan. 1957. By C. Cassidy

Phillips, Miss C. 5th Kyu
Rooney, Miss E. 5th "

K and M JUDO CLUB, LIVERPOOL

9th Mar. 1957. By S. E. Moran

O'Mahoney, R. 4th Kyu
Whitelaw, W. 4th "
Hughes, J. D. 4th "
Jones, A. 4th "
Leach, T. 5th "
Lawton, R. 5th "
Millar, J. H. 5th "
Taylor, L. 5th "
Shaw, W. F. 5th "
Benson, T. 5th "
Benson, D. 5th "

LADIES KEIDOKWAI, BLACKPOOL

31st Mar. 1957. By J. Pigott

McHale, Miss D. 5th Kyu

KYUKWAI JUDO CLUB, LOWESTOFT

31st Mar. 1957. By C. Palmer

Marshaw, L. 4th Kyu
Cook, B. 5th "
Cuttis, B. 6th "
Woolger, M. 6th "
Bowman, E. 6th "
Chapman, R. 6th "

L.E.S.S.A. JUDO CLUB

13th Mar. 1957
By E. A. Mossom

Champion, C. 3rd Kyu
Denwood, J. P. 3rd "
Haberman, E. 3rd "
Wray, E. 3rd "
Carroll, J. 4th "
O'Connell, J. 4th "
Flitton, G. 4th "
Fuller, P. 4th "
Hopkins, F. 4th "

Holloway, W. 4th "
Ambrose, J. 5th "
Brandon, J. 5th "
Brandon, N. 5th "
Brandon, P. 5th "
Cordier, R. 5th "
Flitton, D. 5th "
Martin, F. E. 6th "

LIVERPOOL UNIVERSITY JUDO CLUB

13th Mar. 1957 By J. Kearsley

Cook, M. 3rd Kyu
Paxton, W. G. 3rd "
Hill, M. 4th "
Haisley, J. R. 4th "
Sutton, P. C. 4th "
Thurnham, D. 5th "
Talbot, D. 5th "
Dyson, B. 5th "
Hulmes, K. 5th "
Jones, A. W. 5th "
Ansdell, J. 5th "
Roberts, J. I. 5th "

LONDON UNIVERSITY JUDO CLUB

14th Dec. 1956
By G. R. Gleeson

Olbrich, F. 6th Kyu
Coates 6th "
Wood 6th "
Wright 6th "
Lewis 6th "
Morris 6th "
Calsy 6th "
Medwell 6th "
Taherna 6th "
Toye 6th "

LADIES LONDON UNIVERSITY JUDO CLUB

14th Dec. 1956
By G. R. Gleeson

Howorth, Miss H. 6th Kyu
Pardy, Miss 6th "

MACEFIELD JUDO CLUB

17th Nov. 1956. By R. Jago

Beard, J. 5th Kyu
Thompson, R. 5th "
Beard, R. 6th "
Greaves, J. 6th "

MERTHYR JUDO CLUB

23rd Feb. 1957
By D. A. Petherbridge

Hunt, D. 4th Kyu
Pearce, K. 4th "
Jones, P. 5th "
Phillips, P. 5th "
Scriven, G. 5th "
Lewis, M. 6th "
Jarman, C. 6th "

MORI-JUDOKWAN, LOWER INCE, LANCs.

9th Mar. 1957. By S. E. Moran

Manship, R. 2nd Kyu

MOUNTAIN ASH JUDOKWAI 23rd Feb. 1957

By D. A. Petherbridge

Williams, V.	1st Kyu
Thomas, R.	4th "
Leach, O.	5th "
Edwards, C.	6th "
James, G.	6th "
Breacher, B.	6th "
Bynon, J.	6th "

MUDANSHAKWAI JUDO CLUB, IPSWICH

17th Feb. 1957

By A. P. Downton

Denney, T.	2nd Kyu
Salvesen, W.	2nd "
Barker, F.	3rd "
Barker, J.	3rd "
Yeager, W.	3rd "
Hallam, G.	4th "
Dunnett, I.	6th "
Tibble, J.	6th "
Bestwick, K.	6th "

MUREX JUDO CLUB

12th Mar. 1957. By D. Young

Succamore, S.	2nd Kyu
Fitzmaurice, G.	5th "
Bryer, D.	5th "
Branch, E.	5th "
Carter, J.	5th "
Coward, J.	5th "
Fitzmaurice, R.	5th "
Simons, J.	5th "
Whitbread, F.	5th "
Giberry, J.	6th "
Mansfield, B.	6th "
Turvey, G.	6th "

NEWBRIDGE JUDO CLUB

23rd Feb. 1957

By D. A. Petherbridge

Miles, M.	4th Kyu
Harries, L.	5th "
Bevan, K.	5th "
Sleeman, M.	6th "
Attwood, J.	6th "
Mackey, W.	6th "
Padfield, C.	6th "
Bickers, A.	6th "

LADIES

NEWBRIDGE JUDO CLUB

23rd Feb. 1957

By D. A. Petherbridge

Bevan, Miss D.	5th Kyu
Evans, Miss P.	5th "

JUNIORS

NEWPORT JUDO CLUB

23rd Feb. 1957

By D. A. Petherbridge

Tomlin, G. E.	4th Kyu
Dyer, M.	4th "
Lewis, G.	6th "
Harber, M.	6th "

SENIORS

NEWPORT JUDO CLUB

23rd Feb. 1957

By D. A. Petherbridge

Rooks, J.	6th Kyu
Cooper, J.	6th "

NORTH LONDON JUDO

6th Mar. 1957. By R. Raine

Biddlecombe, F.	2nd Kyu
Raines, S.	4th "
Marino, R.	4th "
Clifford, D.	5th "
Karavias, S.	5th "
Baxter, D.	5th "
Pettitt, J.	5th "

NORWICH JUDO CLUB

31st Mar. 1957.

By C. S. W. Palmer

Brumbley, W.	2nd Kyu
Thompson, R.	3rd "
O'Brien, T.	4th "
Coffin, P.	5th "
Chapman, D.	5th "
Pleasant, E.	5th "
Norville	5th "
Wigg	5th "
Staff, W. S.	6th "
Wegg, G.	6th "
Freston, D.	6th "
Hayward, H.	6th "
Newstead, R.	6th "
Bagshaw, M.	6th "
Groom, P.	6th "
Roper	6th "

PENGE JUDO CLUB

1st Apr. 1957. By R. J. Bullock

Knott, J.	5th Kyu
Thomas, H.	5th "
Hellicar, D.	5th "

LADIES

PENGE JUDO CLUB

1st Apr. 1957. By R. J. Bullock

Parry, Miss A.	5th Kyu
Jeffries, Miss G.	6th "

PERKINS SPORTS JUDO CLUB. PETERBOROUGH

9th Mar. 1957. By D. G. Burr

Staton, J. F.	3rd Kyu
Jennings, T.	5th "
Giddings, A.	6th "
Duller, R.	6th "
Clare, G. R.	6th "
Cherry, J.	6th "
Bedford, G.	6th "
Bloodworth, E.	6th "

PINEHURST JUDO CLUB, SWINDON

2nd Feb. 1957. By J. Gowland

Bateman, R.	4th Kyu
Howard, J.	5th "
Willis, C.	5th "
Walker, A.	5th "
Hancock, P.	5th "
Tull, G.	5th "
Wirdname, P.	6th "
Baldwin, E.	6th "
Wilson, C.	6th "

PLYMOUTH CITY POLICE JUDO CLUB

16th Mar. 1957. By D. Young

Bryant, G.	3rd Kyu
------------	---------

R.A.F. HENLOW JUDO CLUB

1st Mar. 1957. By D. Young

Lewis, A.	4th Kyu
Smith, P.	4th "

Skillin, L.	5th "
Ryan, R.	5th "
Hunter, J. A.	5th "
Cairns, R. S.	5th "
Thomas, G. J.	5th "
Arthur, P. J.	5th "
Bays, R.	5th "

RESEARCH G.E.C. JUDO CLUB

18th Mar. 1957. By E. Mossom

Smoothey, P.	3rd Kyu
Bacon, C.	6th "
French, P.	6th "
Castell, R.	6th "

RICHMOND (YORKS.) Y.M.C.A. JUDO CLUB

16th Mar. 1957. By J. Pigott

Harvey, W. J.	6th Kyu
---------------	---------

ROWLEY BUDOKAN

26th Jan. 1957. By L. Gardiner

Hall, L.	1st Kyu
Colledge, D.	4th "
Holwell, A. P.	5th "
Lawler, J.	5th "
Woodcock, J. A.	5th "
Salter, B.	5th "
Jackson, D.	6th "

ROLLS ROYCE JUDO CLUB

26th Jan. 1957

By B. R. Cousins

Lemon, G.	3rd Kyu
Dicken, L.	4th "
Knight, B.	6th "

SAMURAI JUDO CLUB, SWANSEA

5th Feb. 1957

By D. A. Petherbridge

Thomas, J.	1st Kyu
Lindenburg, R.	3rd "
Osmundsen, T.	3rd "
Brown, N.	3rd "
Howells, G.	3rd "
Dezulian, E.	4th "
Edwards, C.	5th "
West, C. E.	5th "
Howells, K.	5th "
Brown, C.	5th "
Finch, R.	5th "
Boswell, J.	5th "
Boswell, E.	5th "
Morris, A.	5th "
Smith, K.	5th "
Maxwell, C.	5th "
Smith, T. J.	6th "
Williams, T.	6th "
Dawkins, G.	6th "

SEKIRYUKWAI, CARDIFF

23rd Feb. 1957

By D. A. Petherbridge

Blannin, J. R.	2nd Kyu
Blake, A.	2nd "
Bartlett, G.	3rd "
Gauchi, D.	4th "
Bailey, C.	5th "
Coles, R.	5th "
Baird, D.	5th "
Rouch, C.	5th "
Westcott, W.	5th "
Mallet, K.	6th "
Hodgetts, D.	6th "
Robbins, M.	6th "
Bell, E.	6th "

SOUTHAMPTON JUDOKAS

16th Mar. 1957

By C. S. W. Palmer

Thompson, F.	2nd Kyu
Atkins, D. A.	5th "
Farmer, J. J.	5th "

THE BUDOKWAI, EXETER

13th Jan. 1957. By G. A. Hicks

MacGillivray, W. D.	5th Kyu
---------------------	---------

THE BUDOKWAI, DERBY

26th Jan. 1957. By B. Cousins

Engledow, K.	2nd Kyu
--------------	---------

THE JUDOKAN, LONDON

1st Apr. 1957. By Y. P. Sekine

Fodder, W. G.	4th Kyu
Bowen, J.	4th "
Chamberlain, G.	4th "
Davies, G.	5th "
Seddon, R.	5th "
Porter, R.	5th "
Newman, J.	6th "
Hopkins, D.	6th "
Katin, B.	5th "
Neighbour, T.	5th "
Jones, K.	6th "
Hall, J.	6th "
Coker, R. W.	6th "

THE LONDON JUDO SOCIETY

24th Feb. 1957

By G. W. Chew & E. Dominy

Miller, T.	2nd Kyu
Goodier, G.	3rd "
Bennett, R.	3rd "
Trott, F.	3rd "
Winter, W.	3rd "
Spall, R.	3rd "
Weston, R.	3rd "
Keith, G.	3rd "
Thomas, K.	4th "
Gadd, T.	4th "
Kranat, L.	4th "
Tanner, J.	4th "
Hyland, J.	4th "
Monus, W.	4th "
Kill, P.	4th "
Read, E. R.	4th "
Worrall, L.	4th "
Peters, G.	4th "
Butler, M.	4th "
Soberg, E.	4th "
Himbury, G.	4th "
Parish, A.	4th "
Warren, F.	4th "
Yardley, S.	5th "
Johnston, D.	5th "
St. John, D.	5th "
Attwood, J.	5th "
Springall, A.	5th "
Wheeler, I.	5th "
Attree, R.	5th "
Cooper, G.	5th "

THE MALAYAN COLLEGE, LIVERPOOL, JUDO CLUB

24th Mar. 1957. By D. Young

Woolley, E. K.	2nd Kyu
Lam, K. T.	4th "
Jalli, R.	5th "
Soo, F. H.	5th "
Marmuji, K.	5th "
Tarmiz, R.	5th "

Ramalingam	5th "
Yusoff, T.	5th "
Suni, M.	5th "
Zulkarnaim, I.	5th "
Wafa, S. H.	5th "
Jaafar, S.	6th "
Hashim, M.	6th "
Lim, K. C.	6th "
Chun, W. K.	6th "

TAKI JUDOKWAI, COVENTRY

26th Jan. 1957. By C. Cassidy

Arins, G.	2nd Kyu
Jones, E.	3rd "
Perriman, B.	3rd "
Round, D.	3rd "
Skinner, F.	3rd "
Gregory, A. E.	4th "
Flynn, M.	4th "
White, G.	5th "
Smith, D.	5th "
Porter, S. R.	5th "
Stratford, P.	6th "
Seddon, R.	6th "
Porter, R.	6th "
Newman, J.	6th "
Hopkins, D.	6th "

TAUNTON JUDOKWAI

16th Mar. 1957. By D. Young

Reading, P.	2nd Kyu
Broom, T.	5th "
Chaplin, G.	5th "
Symons, D.	5th "
Tarr, G.	5th "
Williams, G.	5th "
Yerbury, F.	6th "
North, E.	6th "
Martin, P.	6th "

JUNIORS ULSTER JUDO CLUB

28th Mar. 1957

By G. K. Nevin

Fee, J.	5th Kyu
Law, R.	5th "
Edgar, J.	5th "
Fee, D.	5th "
Megaw, S.	6th "
Robb, V.	6th "
McCartney, W.	6th "
McCartney, H.	6th "
Bishop, R.	6th "
O'Hara, R.	6th "
O'Hara, R.	6th "
Carroll, B.	6th "
McKay, W.	6th "
Douglas, P.	6th "
Anderson, B.	6th "
Anderson, G.	6th "
Jones, E.	6th "
Dines, V.	6th "
Dooley, J.	6th "
McClements, T.	6th "

VAUXHALL MOTORS JUDO CLUB

7th Mar. 1957

By G. R. Gleeson

Partridge, W.	3rd Kyu
Duggan, D.	5th "
McGuire, G.	5th "
Cousins, R.	5th "
Blyth, G.	6th "
Blyth, R.	6th "
Abrahams, M.	6th "
Dore, R.	6th "

WADOKWAI, CAERPHILLY 23rd Feb. 1957

By D. A. Petherbridge

Bennetta, E.	4th "
Bird, T.	5th "
Brown, T.	6th "
Griffiths, B.	6th "

WAKEFIELD JUDO CLUB

31st Mar. 1957. By J. Pigott

Ross, E.	5th Kyu
Hodgson, W.	5th "

LADIES

31st Mar. 1957. By J. Pigott

Ross, Mrs. I.	5th Kyu
Hampshire, Mrs. M.	5th "

WALKDEN & DISTRICT JUDO CLUB

9th Mar. 1957. By S. Moran

Hyndman, A.	3rd Kyu
Bennetta, A.	4th "
Hindle, J.	5th "
Kelly, B.	5th "
Holer, B.	5th "

WELLS Y.M.C.A. JUDO CLUB

16th Mar. 1957. By D. Young

Portlock, D.	6th Kyu
Andrew, N.	6th "
Chalker, C.	6th "

WESTON-SUPER-MARE Y.M.C.A. JUDO CLUB

16th Mar. 1957. By D. Young

Cooksley, G.	4th Kyu
--------------	---------

WULFRUNA JUDO SOCIETY, WOLVERHAMPTON

5th Feb. 1957. By J. Dallaway

Berger, L.	3rd Kyu
Cox, A.	4th "
Holland, N.	4th "
Varker, J.	4th "
Stringer, A.	4th "
Jarvis, B.	5th "
Birch, R.	5th "
Brian, V. E.	5th "
Pratt, W.	5th "
Rucker, A.	6th "
Richmond, A.	6th "
Hurd, R.	6th "
Hammonds, A.	6th "
Halldron, C.	6th "
Bryan, W.	6th "
Blewitt, J.	6th "
Addison, B.	6th "

JUNI

FIRST STEPS IN JUDO

A Lesson in O-soto-gari

T. P. Leggett (6th Dan)

YOU, a beginner, were practising with X, an expert. You pushed X (see figs. a—g) and stepped forward. He seemed to give way and stepped back with his left foot (b). This encouraged you to put your full weight on to your right foot and to lift your left foot for another step. But X had not really taken his weight on to his left foot at all—it was not planted on the ground and he now brought it smoothly forward to the side of your right foot (c). With his hands he tilted you over your right heel, and brought his right leg through. With this leg he swept away your right leg, which was supporting your whole weight, and threw you heavily on your back. At the moment of sweeping, X threw his head forward to give the throw additional power (e).

This is the classical form of the throw, which is called O-soto-gari, or major outer reaping. It is not easy for a beginner to make the change of direction from going back (b) to coming forward (c) without losing balance, so X shows you a simpler form. First of all he gets you to secure the *critical position*, which is called in Judo "kuzushi." He stands still with his right foot forward to make it easy for you, and you try

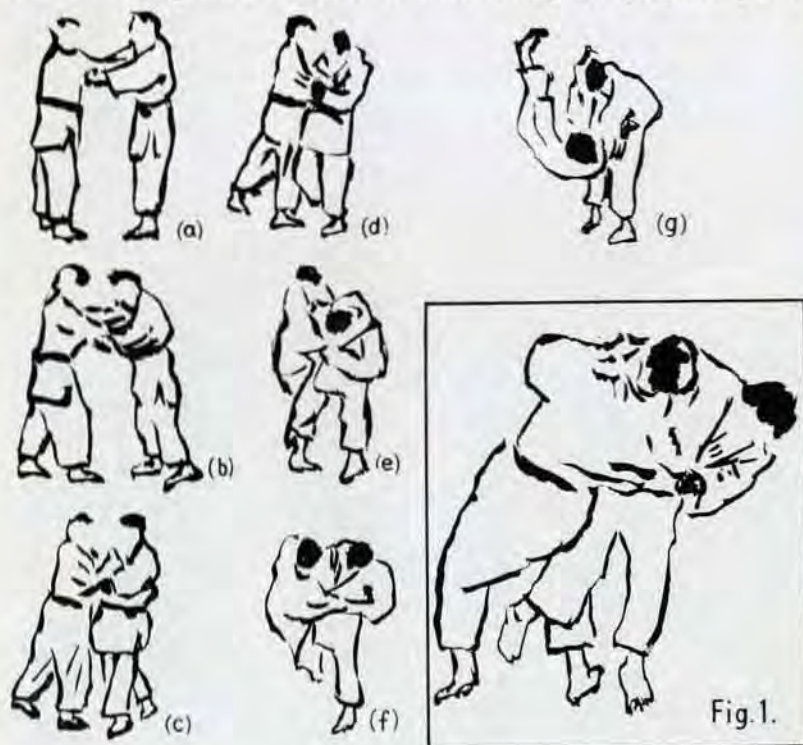


Fig. 2



Fig. 3



Fig. 4

to come into position for the throw (Fig. 1). You step alongside him with your left foot and bring the right leg through, but still X is quite upright and you cannot get him over. You have to learn to *tilt* him up first, before you try the throw. If you can get his weight on the edge of his right heel you will have him *off balance* and can throw him easily, but if you fail to do it he will still be *on balance* and can easily resist your attempts. So X makes you practise the set of movements many times: tilt the man on to his heel, then step in with the left foot, then bring the right leg through. When you have got a little facility with this movement, X shows you O-soto-gari when the other man is moving away. This is much easier to do because the attacker does not have to change direction.

You were walking backwards with X following (fig. 2 : X facing the camera). You took your right foot back in an ordinary step, but X made a very big step with his left foot which brought his foot up to your side. At the same time you felt him pull your right arm tightly against his chest, and push with his right forearm against your chest (fig. 3). You were carried with him in his long step, and your weight got pinned on to your right heel and you were tilted back, off balance. He brought his right leg through and swept away your right leg to make the throw (fig. 4).



Fig. 5

X makes you go over these movements thirty times before he will let you attempt them in free practice. Alas! As soon as you thought you saw a chance you were so eager to get your right leg through that you forgot everything else. You failed to tilt X up, and he remained perfectly on balance while



Fig. 6



Fig. 7



Fig. 8

you nearly fell over yourself. Afterwards X showed you how you had looked (fig. 5), and made you try over the basic movements again. He told you to feel almost that you were running at the man and carrying him in front of you, pinned against you and moving together. Again and again X tells you: "You must get the other man moving with you."

You try the O-soto-gari for a few weeks with varying success. With a freely moving opponent you can sometimes bring it off, but when a man stands still, with his knees a bit bent and arms stiff, you find it very difficult to get him moving. One day you see X handling such an opponent. With his left hand he pushes the right elbow in towards the belt-knot, while his right hand pushes the neck and head over to the man's right side (fig. 6). Holding him pinned in this twisted position, X steps in with the left foot (fig. 7). Still keeping the opponent's right elbow pressed against his body, X brings the right foot through, pushes with the right hand still more, and makes the throw (fig. 8). Afterwards

X explains to you that the main thing is to make the twist and bring the man's head over his right foot; if this is done properly, he cannot move as the thrower comes in. X also tells you that this kind



Fig. 9



Fig. 10

of trick will only work against a man who has sacrificed his mobility by bending the knees and sinking the hips.

Some time later X shows you a trappy variation of O-soto-gari for use in contest. He suddenly releases his hold on your collar and shifts his right hand to the bottom end of the lapel, giving you a tug forward (fig. 9). You feel bewildered and instinctively react backward. Now X carries his right fist, still holding the end of the lapel, up towards your jaw (fig. 10), at the same time pulling you to your right back corner with his left hand. You are thrown right back on to the edge of your right heel, and X, getting a strong hoisting action with his right arm, almost lifts you off the ground with his hands alone as he steps in with the left foot for the ordinary O-soto-gari.

The first few times you try this you bring it off beautifully, and you begin to have visions of a long line of successes, but you find that when you have caught a man once or twice, he can easily stop you. X explains to you that an experienced man would foresee the whole thing as soon as the grip was shifted to the end of the lapel. He tells you, however, that the "hoisting" action of the right arm in this variation will give you a good idea of how to use the arm in the ordinary throw.

STADE COUBERTIN

Championships of France

D. Young, 3rd Dan

I AM writing direct from the "Stade Coubertin" in Paris where the 2nd stage of the 1957 Championships are about to commence. The hall is packed with some four thousand spectators who have come here to watch sixteen Judoka "Do Battle" for the honour of holding the title "Champion of France". This morning the competitors were split into two groups with Courtine, last year's champion in one group, and Pariset, the European Champion, in the other, both being 4th Dans. The contests this morning have resulted in sixteen Judoka for the final contests this afternoon. As it is impossible to follow and report every contest I have selected four Judoka and we will follow their progress. They are Courtine and Pariset, 4th Dans, and Dazzi and Colonges, 3rd Dans. The first contest is:—

Pariset versus Relot

Within a few seconds Pariset attacked with Ippon Seoinage and sent Relot crashing down on his side, immediately jumping in and securing Katagatame thirty seconds later Ippon.

Colonges versus Menessier

This, I thought, will not last long. How right I was, but how surprised. Colonges extended his right arm to take hold and in a flash Menessier

whipped on Ude-Hishigi. Colonges tried desperately to wriggle out but there was no escape from the steady pressure applied and Colonges was out of the Championship. The whole Coubertin echoed with the surprise of this shock result. The next contest was:—

Dazzi versus Philipowsky

Dazzi taking his time finished off his opponent in about three minutes with Hidari Uchimata.

Courtine versus Burger

I had never heard of Burger before and my faith in Courtine's attack combined in my expectation of a very fast win for last year's Champion and this year's favourite. I waited confidently for the end. Burger attacked with Harai Goshi, Courtine remained firm but delayed in attacking. A minute passed without much excitement then suddenly Courtine attacked with Harai Uchimata which Burger stopped and he in turn replied with Tsurikomi Goshi which Courtine evaded. The next few seconds were a general mix-up with each man attacking and suddenly Burger came in very low and fast with Taiotoshi allowing no chance for a mistake. Awazu awarded Ippon and I now had only two Judoka to follow.

Pariset versus Legay

This contest was rather one-sided and seemed only a question of how long Legay could stay on his feet. Pariset secured Kamishihogatame but after a hard struggle Legay regained standing position only to go down a few seconds later; this time there was no escape.

Dazzi versus Menessier

A fast Hidari Uchimata in fifteen seconds and it was all over.

On to the semi-finals with Pariset versus that veteran Judoka De Herdt, 5th Dan, who, incidentally, had won all his contests on Yusei-Gachi.

Pariset versus De Herdt

Pariset, attacking with his usual Ippon Seoinage followed by Newaza, failed to nail De Herdt who seemed content to hold off. Not a very interesting contest with De Herdt doing practically nothing and finishing with Yusei-Gachi for Pariset.

Dazzi versus Burger

This was a much livelier contest, both men attacking freely; Dazzi mainly with Hidari Uchimata and occasionally Hiza Guruma, Burger with Koshiwaza both Migi and Hidari. Their tactics continued for about four minutes when suddenly Burger came in for Migi Tsurikomi Goshi staggering Dazzi for a second, then with terrific speed changed his attack to Hidari Sode-Tsurikomi Goshi and lifted Dazzi about three feet off the ground; everyone expected Ippon but Dazzi with a desperate effort placed his left hand on the ground and twisted out of the throw. Both men continued to attack until time. A very closely fought contest with probably only experience to give Dazzi the Yusei-Gachi.

So for the final contest; it was:—

Pariset versus Dazzi

This contest was extended from five to ten minutes duration with a possible ten minutes' extension. Awazu 6th Dan referee: "Hajime" and the contest was under way. Pariset went in for Ko-Uchigari and followed with Newaza but Dazzi evaded. Again Pariset went in—Ippon Seoinage and Dazzi was over. Pariset immediately moved in for the kill secured Katagatame, but it is not easy to hold Dazzi and after a short struggle both regained their feet. Dazzi tried Uchimata which had little effect and Pariset replied with Ippon Seoinage which Dazzi stopped fairly easily. It seemed quite clear Pariset was pinning his hopes on Newaza and every opportunity that presented itself was taken. Dazzi attacked with Uchimata which seemed rather slow but very powerful and had Pariset in trouble once. This contest progressed in slow fashion until time was called. Awazu called for decision and I think nearly all in the Coubertin expected an extension of time, but no, Pariset was given Yusei-Gachi and declared Champion of all France.

JUDOGI

We are pleased to announce that special arrangements have been made for the supply of jackets and trousers of a quality hitherto unobtainable in this country. The material has been improved upon, and reinforcing carried out at all vulnerable points. Prices will not be increased (although they cost more), as we are confident that increased sales of this first-class outfit will compensate. Prices will therefore still be the same as shown on page i.

In response to many requests we have had made to our order very small size jackets and trousers to fit lads of eight years. These are made of the same strong material as the standard outfits. An important point for the youngsters is that we can show a saving of 13s. on the price; and a special discount for quantities will be given to Club Secretaries.

B.J.A GRADING RESULTS *Continued from page 39*

NEW ZEALAND CLUB GRADINGS FURNISHED AT REQUEST OF MEMBERS LISTED HEREUNDER

AUCKLAND JUDOKWAI		GISBORNE JUDO CLUB		KENNEDY, I.	
Feb. 1956. By G. Grundy		Feb. 1956. By G. Grundy		Hunwick, G.	
Smith, R.	1st Kyu	Lee, R.	5th Kyu	Cooper, L.	5th ..
Bell, J.	3rd ..	McIntosh, A.	6th ..	Rolls, P.	5th ..
Loneragan, E.	3rd ..	WAIROA JUDO CLUB		Lawless, M.	5th ..
Butler, J.	4th ..	Feb. 1956. By G. Grundy		McCready, J.	5th ..
Loneragan, R.	5th ..	Wilcox, C.	5th Kyu	Oatham, D.	5th ..
McNicholl, T.	5th ..	Maloney, P.	5th ..	Kelly, B.	5th ..
Vandyk, S.	5th ..	Coyle, J.	6th ..	Hunter, P.	5th ..
Morgan, W.	6th ..	Riddell, J.	6th ..	McKissock, D.	5th ..
Challinor, M.	6th ..	WELLINGTON KOIZUMIKWAI		Oakley, P.	5th ..
AUCKLAND Y.M.C.A. JUDO CLUB		Feb. 1956. By G. Grundy		Bradley, B.	5th ..
Feb. 1956. By G. Grundy		WELLINGTON Y.M.C.A. JUDO CLUB		Feb. 1956. By G. Grundy	
Hargrave, L.	2nd Kyu	Tarring, D.	1st Kyu	McPherson, R.	6th Kyu
DUNEDIN JUDO CLUB		Taylor, B.	4th ..	Zawada	6th ..
Feb. 1956. By G. Grundy		Smith, I.	4th ..		
McIntyre, L. O.	3rd Kyu	Mawson, V.	4th ..		
Richardson, A.	4th ..				

To JUDO LTD., 91 Wellesley Road, CROYDON

Please send me JUDO every month, for which I enclose remittance for £1 12s. 0d. for twelve issues, post paid.

.. 17s. 0d. .. six
.. 8s. 6d. .. three

Commence with issue.

Name

Address

To JUDO LTD., 91 Wellesley Road, CROYDON

Name.....(Mr., Mrs. or Miss)

Age..... Occupation.....

Address

Name and Address of Club.....

I wish to insure against the risk of injury whilst practising Judo. I am in good health and free from physical defects or infections and I agree that this declaration shall be the basis of the contract and I will accept the policy subject to its normal conditions.

Date..... Signature.....

I enclose remittance value being the premium for

..... units for the ensuing twelve months.

(In the case of scheme (b) only the club name and address need be filled up provided *all* members are participating, and only the Secretary need sign. State number of members.)

INSURANCE

We are pleased to announce that our insurance arrangements have been so successful that we have been able to re-organise the whole scheme with, we hope, considerable advantages.

Not only are the rates cheaper, but cover is extended to those in this country practising Judo anywhere in the world, but please note it does not include the travelling to and fro. In addition, proposals will be considered from anyone abroad who wishes to participate in this scheme, but special application must be made.

The new arrangements can be operated in two ways :—

- (a) **Personal Accident.** An individual policy made out in the name of the insured.
- (b) **Group Accident.** One policy in the name of the Club; and to qualify at least four members per club are required. Should all members wish to enter it is not necessary to specify names—just the number and amount of premiums. If only a proportion of the members are interested just state names and addresses.

Please indicate whether you require (a) or (b).

The new benefits briefly are :—

- | | |
|--|--------------------|
| 1. Death by accident | £1,000 |
| 2. Loss of two limbs or the sight of two eyes or of one limb and the sight of one eye by accident | £1,000 |
| 3. Loss of one limb or the sight of one eye by accident | £500 |
| 4. Weekly compensation following disablement by accident (excluding a franchise on the first seven days) for 100 consecutive weeks for any single disablement | £5 per week |

(Disablement means inability to follow normal occupation)

PREMIUM 15s. PER ANNUM PER MEMBER

These benefits may be halved or doubled at a pro rata rate of premium. Fill up the form on opposite page and post to us together with the amount of calculated premiums. You are covered immediately you receive back the receipt for the premiums.

In addition to the above we are now able to undertake the insurance of club property and third party risks. In fact any problem in connection with yourself or your club can be considered, so let us have your queries.