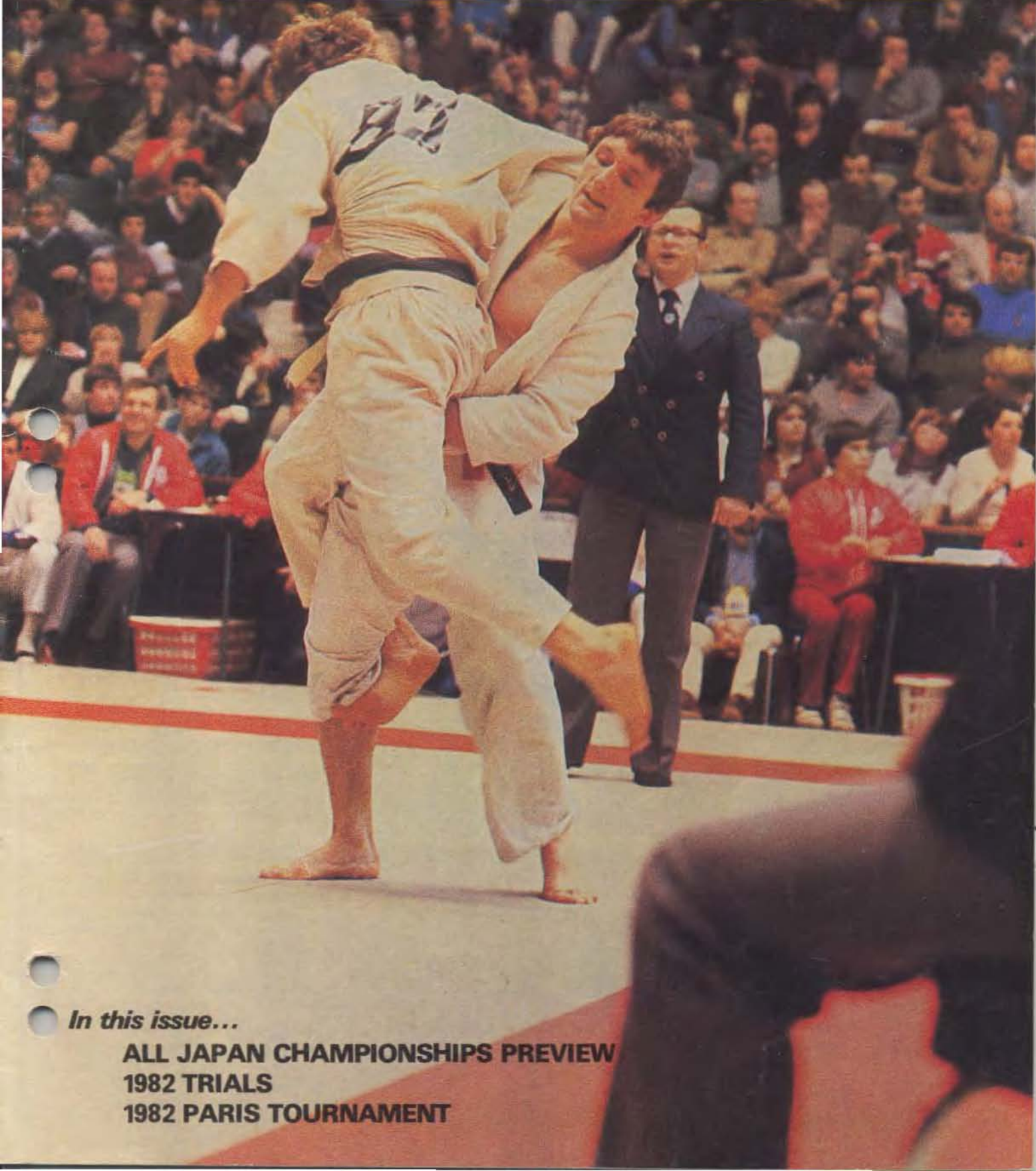


# JUDO

No. 20

March 1982

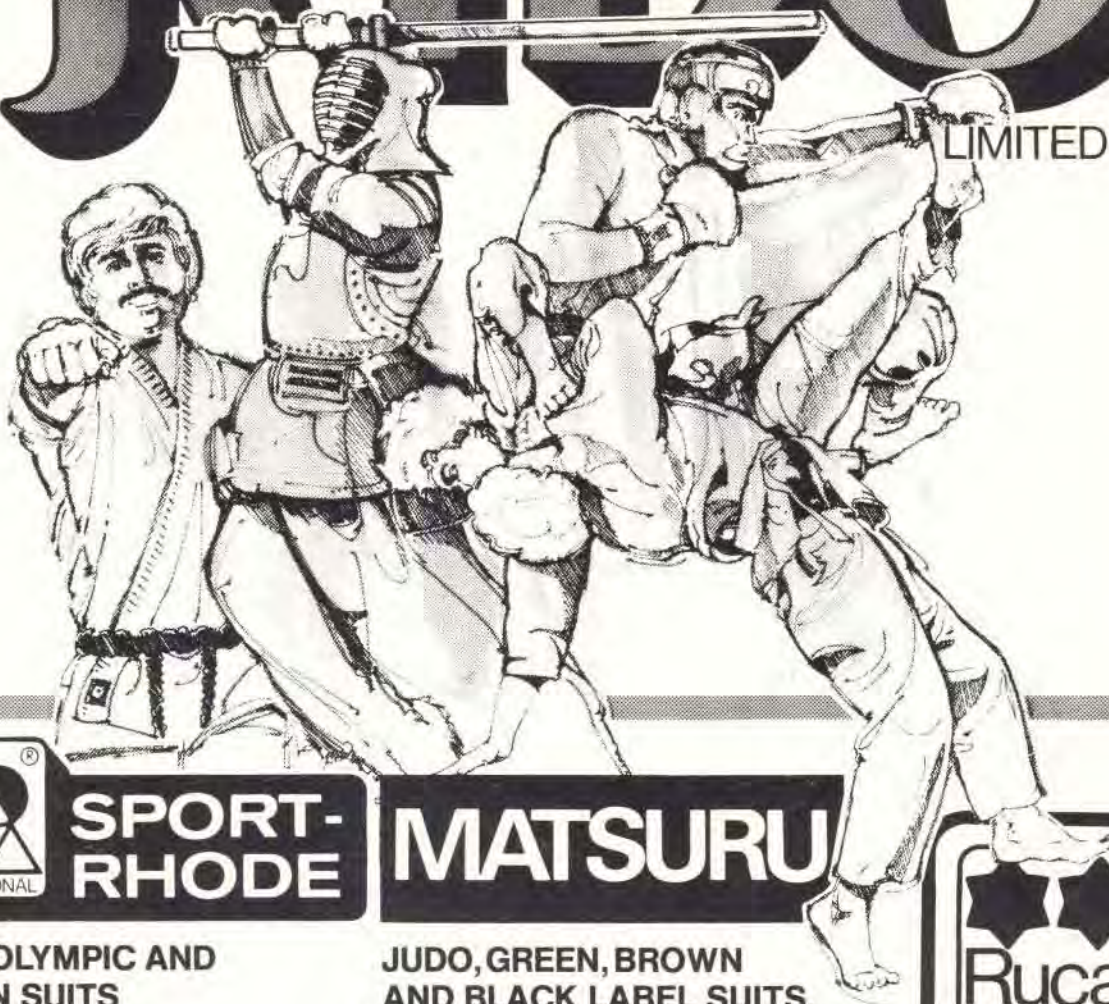
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# JUDO

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### • COVER PICTURE •

MICHEL NOWAK (France) attempts a pick-up technique on GILBERT (France).

Photograph: Frank Smith.

# JUDO

## Editorial



### BRITISH TRIALS

Recently the Trials to select the British National Squads were held at Crystal Palace—and what a gruelling event it was for the participants, officials and spectators alike. I would now question the value of these trials as a fair means of selecting players for the National Squads. I have already suggested that the British National Championships may be a better guide to selection. This would raise the standard of this event by ensuring that all the top players participated and it would truly become a National Championships.

Certainly the time has come to rethink the method of selecting the National Squads for the present method is blatantly unfair. In some categories, for example, the players may have as many as fifteen or more contests, win most of them and still not win a Squad place, in others they may have as few as three, lose them all, and win a Squad place. Is it fair that anyone should be on the National Squads and not have won a contest in the Trials? There must be better and fairer ways and I am glad to hear some talk of a 'points system' being introduced.

Maybe it is time that the whole system of National Squads be re-examined—at the very least let's have the Trials for Senior players and young players on separate days.

### PARIS MULTI-NATION TOURNAMENT

This month we feature a large report on the Paris Multi-Nation Tournament. The British team were not invited to participate because, I believe, that the British Judo Association have failed to reciprocate, by not inviting France to participate in a similar competition.

The good news is that the British Judo Association Management Committee have taken steps to correct this and July 1983 is the projected date for the first of which I hope will become an annual event to which the top judo nations in the World will be invited. I am already excited by the prospect of seeing teams like Japan, France and the Soviet Union coming to Great Britain. Tickets I expect will be on sale later this year and if I were you I would purchase them as soon as they are available as the event can only be a great success and a total sell out.

### ARMLOCKS AND STRANGLES FOR JUNIORS

The biggest disappointment about the whole question of whether or not junior players should be allowed to use armlocks and strangles in competition is that so few have made their opinion known. The Management Committee have received very few letters, certainly not enough to make them reverse their earlier decision to introduce this rule after the six month period has elapsed. Please write to them now, whether you are for or against, it's up to you.

My final words on the subject. I have recently had it confirmed that in Japan, the birth place of Judo, they do not allow juniors to use armlocks and strangles below the age of fourteen.

Colin McIver... Editor

# Diary of Events

## Area Events

- Friday 19th March 1982**  
Annual General Meeting and National Conference BSJA—Kent
- Sunday 21st March 1982**  
North West Centre of Excellence Training—Stretford Sports Centre
- Sunday 21st March 1982**  
North-West Annual General Meeting
- Saturday 27th March 1982**  
Southern Area Open for Boys\*
- Sunday 28th March 1982**  
Southern Area Open for Girls

\*Details from: Ellen Cobb, Flat 3, 21a Southampton Street, Farnborough.

## National and International Events

- Saturday 20th March 1982**  
BSJA Boys and Girls Individual Championships—Alton
- Saturday 27th March 1982**  
National Team Championships for Men 1982  
Sponsored by Judo Limited—Haden Hill Leisure Centre  
Details from: Roland Lee, 7 Ash Grove, Wem, Shropshire.

## Others

- Sunday 28th March 1982**  
Mon Grade Promotion Examination—Kirby S.C., Liverpool
- Advance Dates:**  
**Saturday-Sunday 3-4th April 1982**  
Dutch Open Championships for Men
- Saturday 17th April 1982**  
First Meadowbank Open for Girls
- Saturday 24th April 1982**  
British Open Championships for Men—Crystal Palace

## Midland Promotion Examinations

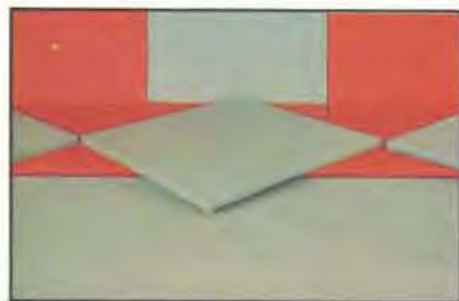
- Sunday 21st March 1982**  
Boys all Grades—Wellingborough—9-30 am
- Sunday 21st March 1982**  
Girls Beginner to 9th Mon—Ivanhoe—9-30 am
- Sunday 21st March 1982**  
Boys all Grades—Perdiswell J.C.—9-30 am
- Sunday 28th March 1982**  
Boys Beginner to 1st Mon—Derby J.C.—9-30 am
- Sunday 28th March 1982**  
Boys 2nd and 3rd Mon—Derby J.C.—12-30 pm
- Sunday 28th March 1982**  
Boys all Grades—Sankey J.C.—9-30 am
- Sunday 4th April 1982**  
Boys 4th to 6th Mon—Derby—9-30 am
- Sunday 4th April 1982**  
Boys 7th Mon and above—Derby—12-30 pm
- Sunday 4th April 1982**  
Boys All Grades—Bicton—9-30 am
- Sunday 11th April 1982**  
Boys All Grades—Bingham—9-30 am
- Sunday 11th April 1982**  
Mens Kyu Grades—Leicester—9-30 am
- Sunday 11th April 1982**  
Boys All Grades—Pershore—9-30 am
- Sunday 2nd May 1982**  
Mens Kyu Grades—Grimby—1-00 pm
- Saturday 8th May 1982**  
Boys All Grades—Long Eaton—9-30 am
- Sunday 9th May 1982**  
Mens Kyu Grades—Derby—9-30 am
- Sunday 9th May 1982**  
Girls Beginner to 9th Mon—Pershore—9-30 am
- Sunday 9th May 1982**  
Women Kyu Grades—Derby—12-00 noon



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1982  
Preview

# ALL-JAPAN Championships



Saito throwing Verichev to win the Gold medal in the Open category at the 1981 Japan Open Championships.

Judging both from the nation-wide TV and Press coverage that this annual tournament receives, The All Japan Judo Championship is undoubtedly Japan's premier Judo event. This competition arouses such universal interest because of the many exciting action-packed contests, and because Japanese Judo fans naturally hope to see one of their local representatives win this famous Championship.

Moreover, as it is an Open-weight Tournament, it is one of the few Judo competitions in which the full spectrum of Judo contest techniques is seen, from the speedy, rapier-sharp skills of the smaller exponents, to the powerful, if somewhat ponderous, throws and ground-work expertise of the heavyweights. And, to add sparkle to the event, lighter-weight Judoka occasionally defeat elephantine opponents who sometimes weigh more than 150 kilogrammes.

Furthermore, the pre-tournament favourites, such as reigning World and Olympic Champions, who, despite the fact that they regularly enter this most famous of Judo events throughout their contest careers, sometimes fail to win this tough competition. For instance among the famous competitors of recent years whose names spring readily to mind are Fumio Sasahara, who was Under-93 kilo World Champion in 1971; Isamu Sonoda, World Middleweight Champion in 1969 and Olympic Middleweight Gold Medallist in 1976; Kazuhiro Ninomiya, World Open Champion in 1973 and Olympic Under-93 kilo Gold Medallist in 1976; Chonesuke Takagi, World Heavyweight Champion and Russian Heavyweight Champion in 1973; plus several other prominent Judoka were all unsuccessful after their repeated attempts to win this most celebrated of Judo championships.

How did it come about that all of these exponents won global titles at their first attempts, yet after as many as ten successive tries they could not succeed in winning this annual tournament even once?

I think that there are two main reasons for this. First, there seems to be fiercer competition, for in the Olympic Games or World Championships there are perhaps only thirty to forty competitors in any one category, but in the All Japan Judo Championship there are well over 1,000 entrants. Secondly, as it is an Open-weight competition, a contestant has to be

capable of both defending against and defeating opponents who possess a much wider range of techniques than one would normally encounter in a global Open category tournament which ordinarily comprises only heavyweights, and so offers only a fairly narrow technique range. These two factors give, I think, some indication of the stiff competition and hence great difficulty of capturing this coveted title. Even Sumio Endo, 1975 World Heavyweight Champion and 1979 World Open Champion, who entered the All Japan Championship every year from 1971 until 1981 won this tournament only once in 1976.

Accordingly, it would seem that in order to achieve a global Open-weight title one must be a good contest man, but in order to win the All Japan Judo Championship one must be even better.

The final six rounds of this renowned Judo event are held annually at the Budokan, Tokyo, on the Japanese Emperor's birthday, 29th April, which is designated a national holiday. This day in particular is deemed the most appropriate one on which to hold the Finals, for the victor's trophy which is presented to the Champion by the head of the Kodokan, Mr Yukimitsu Kano, is the prestigious Emperor's Cup.

However, before finals' day, all contestants who wish to enter this tournament must first fight in their local area elimination contests, except that is, for the defending Champion, who is given a bye.

For the purpose of this Championship, Japan is divided into ten areas. Annual elimination contests are held in each of these areas in either February or March; both the champion and runner-up from each area go forward to the Budokan on 29th April as their area's representatives. However, as all areas have proportional representation, a few areas are represented by their top four or five contestants; in addition, the Greater Tokyo area, which is Japan's most populous one, is allowed to be represented by its nine leading competitors. As a result, Japan's thirty-six leading contestants, who usually range in weight from about 60 kilos to about 160 kilos, and in grade from 2nd Dan to 6th Dan, meet in a straight knock-out competition to decide who shall become Japan's undisputed Champion.

29th April The big day has arrived. Silence at the Budokan is broken shortly after 9-00am, as the first of the 13,000 or so Judo fans file into this immense building. Until the start of the bouts at 10-00am, the cherry-tree-lined roads leading from nearby stations to the Budokan are thronged with Judo enthusiasts as they trudge up the knoll on which the structure majestically stands. Mingling with the great number of Japanese on this usually warm spring day are scores of westerners, some of whom regularly attend this major Judo event.

Once inside this huge octagonal building, which was especially designed and constructed for the 1964 Tokyo Olympic Games' Judo events, one suddenly perceives both the faint moist tang of crowded humanity, and the incessant hum of voices. This murmuring is continually interspersed with bursts of cheering as the Judoka enter, fight and then leave both the solitary raised contest-mat and the spacious main arena. Above this contest-mat, suspended from the high ceiling, hangs a giant Japanese national flag. Below this large banner, the immaculately clean contest area is brilliantly illuminated by high-powered electric lamps which are embedded in the lofty ceiling. These lamps tend to highlight the pale-yellow of the tatami and give the mats their somewhat bleached, sterile appearance.

As one surveys the surrounding crowd of mostly lounge-suited, student-uniformed spectators, most of whom gaze intently at the proceedings, many former Judo stars, coaches and administrators can be seen in the more expensive elevated mat-side seats, in the tiered seats, sit Judo fans who rise above the guests in degrees proportioned to their influence or poverty.

As the contestants fight their way through the few remaining rounds of the Championship, the yells and cheering become progressively more vociferous, especially from the younger fans who usually watch from the highest tiers of seats which are close to the roof. Even from there the referee's calls and decisions are clearly heard by means of the miniature microphones which they customarily attach to their clothing while officiating.

BY BRIAN N. WATSON, 4th DAN  
PHOTOGRAPHS FROM BUDO MAGAZINE

Throughout the proceedings there is a continual but rarely obtrusive movement around the mat-side, as hundreds of movie cameras whirl into action at each flurry of contest activity.

Before the mid-afternoon Semi-Finals and Final contests are staged; there are two ten-minute intervals which allow the finalists some time in which to recover a little from their earlier exertions. During these two intermissions, the children's section and the women's section of the Kodokan each give displays of their respective skills.

At about 4-30pm the Final contest is announced, whereupon hundreds of spectators hurry back to their seats from the refreshment-area anterooms in an effort to be in time for the most important Japanese Judo contest of the year. The subsequent cheering and shouting now reaches a rapid crescendo as the two finalists stride onto the mat in order to decide who shall become the overall Champion of Japanese Judo. Every attacking motion from the finalists evokes rapid bursts of clicking as thousands of camera shutter-buttons are depressed by the surrounding host of amateur and professional cameramen.

After the winner has been declared, cheers of acclamation reverberate throughout the Budokan as the fans hail Japan's latest Judo star. In the midst of this general uproar, a TV interviewer steps onto the edge of the contest-mat in order to congratulate and interview the new Champion, who, on account of his very recent exertions often has to gasp his way through the interview.

Eventually the cheering subsides, and the new Champion is soon escorted away by his well-wishers for a night-long carousal. Simultaneously, the tide of Judo devotees swirls out of the exits, then gradually ebbs away, and so ends a typical All Japan Judo Championship.

However, there have been eight untypical individuals who have, since the end of World War Two, managed to win this Championship on more than one occasion; namely, Takahiko Ishikawa, 1949, 1950; Toshiro Daigo, 1951, 1954; Yoshihiko Yoshimatsu, 1952, 1953, 1955; Isamu Inokuma, 1959, 1963; Akio Kaminaga, 1960, 1961, 1964; Isamu Okano, 1967, 1969; Haruki Uemura, 1973, 1975; and Yasuhiro Yamashita, 1977, 1978, 1979, 1980 and 1981.

All of these great Champions were super heavyweights when they won their titles, except for one remarkable exponent—Isamu Okano (ex-Chuo University). Okano's performances deserved special praise, and I would go so far as to rate his two victories and one runner-up prize as equalling Yamashita's meritorious championship wins, simply because of the fact that despite being a mere 77 kilos in weight, Okano convincingly defeated most of his super heavyweight opponents with splendid throws. Furthermore, he won the 1964 Olympic Middleweight Gold Medal, and the 1965 World Middleweight Crown.

However, even when taking his Olympic and World Championship successes into consideration, perhaps his greatest moment came in the final contest of the 1967 All Japan Championships when he met the 1967 World Light-Heavyweight Champion, Nobuyuki Sato (93 kilos).

It was indeed a momentous occasion for the Chuo University Judo Club, for until that year the club had never had a member reach the Final.

The finalists of previous years had all been super heavyweights from those rival clubs noted for their hefty Judoka, such as Meiji, Nichidai and the Police dojos. On the other hand, Chuo University has always been known for the excellence of its middleweight Judoka men such as Kisaburo Watanabe, ex-Asian Games Champion, Hisashi Tsuzawa, 1971 Under-70 kilos World Champion, and Shinobu Sekine, 1972 Olympic Middleweight Champion and 1972 All Japan Champion.

I well remember the occasion of this particular 1967 All Japan Judo Championship Final. I happened to be standing near to the entrance of the contestants' room as Okano

was waiting for his name to be announced for the start of the Final fifteen-minute contest. A number of Chuo University Judoka were congregating around Okano to wish him luck when suddenly the Chuo Judo Club's instructor Mr Yamabe, broke through the cluster of students and said to Okano rather excitedly, "You are capable of throwing him! Good Luck!" Mr Yamabe was no doubt trying to encourage Okano, but Okano seemed to be the essence of self-confidence because he breezily replied:

*Saito displayed his awesome power when he threw Del Colombo (France) in their Semi-Final bout in the Open category at the 1981 Japan Open Championships.*



*Yamashita, the one incomparable Judo fighter of our time throwing Olympic Champion, Parisi, twice within two minutes with left Osotogari while on his way to yet another Gold medal in the Super Heavyweight category at the 1981 Japan Open Championships.*



"Thank you. I will throw him within ten minutes."

Thereupon, Okano hastily left for the main arena. Wild cheering greeted him as he jauntily stepped onto the mat. The excitement had now reached fever pitch as he approached the favourite, Nobuyuki Sato, who was in great form and had a distinct advantage over Okano in weight, height and physical strength.

Could Okano upset all the predictions? Could the smallest man ever to reach the Final, defeat the world's leading light-heavyweight contestant? These were the questions people were

asking each other as the referee yelled: "Hajime."

Sato attacked hard with Osotogari and Taiotoshi; he also tried on several occasions to grapple Okano to the mat where Sato, who was reputedly the world's number one ground-work man thought no doubt that he would have an advantage over his smaller rival. But Okano seemed reluctant to go into ground-work and was quite content to bide his time.

At length, Okano's sixth sense suddenly told him that here was his chance. He instantly seized it, sprang in and smashed Sato to the mat with a tremendous right-sided Ippon Seoinage. "Ippon," yelled the referee. What else could he yell? A perfect technique. The crowd went wild. Poor Sato appeared slightly stunned as he lay momentarily gazing up at the dazzling ceiling.

During the general uproar which followed, I glanced at the clock...seven minutes had elapsed. Okano had kept his word.

A dispirited Sato left the mat on one side. On the opposite side stood a jubilant Okano, who was now just a beaming smile between two cauliflower ears while the ecstatic whirlpool of Chuo students eddied around him. At last Chuo had a David who could defeat the Goliaths as Okano had proved, and subsequently proved on other occasions in both the 1968 and the 1969 All Japan Judo Championships.

There have been several excellent middleweight Judoka who have given creditable performances in this Championship in recent years, men such as Shozo Fujii, Isamu Sonoda and Shinobu Sekine, however, none were as impressive or as successful as Isamu Okano when fighting the super heavyweights.

Naturally, every Judoman has his own criteria for assessing a contestant's abilities, mine is this: if he can throw only those opponents lighter than himself, he is mediocre; if he can defeat opponents who are as heavy as he, he is good; but, if he can throw men heavier than himself, he is a great contestant. In consequence of this, it was Okano's extraordinary ability of being able to throw decisively super heavyweights that made him such an outstanding contestant.

The main reason for his remarkable ability was the fact that Okano's meagre stock of throws, right-sided Ippon Seoinage and Kouchigari were honed on a most valuable asset—his intrepid fighting spirit, which elevated him from mediocrity to greatness. Okano's two victories were hailed with universal delight and it is indeed a great pity that there has been no middleweight since who has been anything like as outstanding as Okano once was.

Finally, let us turn from one of the super-stars of yester-year to the world's greatest contest man of today, Yasuhiro Yamashita, 5th Dan (126 kilos), who is, naturally enough, the favourite to win this year's All Japan Judo Championship for the sixth successive time. Twenty-four-year-old Yamashita has given some brilliant performances over the past year, particularly when he succeeded in becoming the first man in history to win two World titles on the same occasion when competing in the 1981 World Championships, a distinction for which he was duly elected Japan's 1981 'Sportsman of the Year'.

His greatest rival and the only competitor in the world at present who has any chance of beating Yamashita is Hitoshi Saito, 3rd Dan (140 kilos). Twenty-one-year-old Saito has made considerable progress over the past year and has now perfected two powerful left-sided throws; namely, Taiotoshi and Ippon Seoinage, which he used most effectively to throw the 1981 World Championship Silver Medalist, Verichev (U.S.S.R.), when winning the Open-weight category at the Japan International Open Championships in November 1981.

It seems most probable, therefore, that these two six-foot tall super-stars will clash in the forthcoming All Japan Judo Championship, and if so, the ensuing battle promises to be the most exciting highlight of this year's Championship.

# BRITISH TRIALS

## 1982

Report: Colin McIver

Photographs: David Finch

The National Sports Centre at Crystal Palace, London, was again the venue for the British National Squad Trials. The week-end of 30th/31st January, 1982, was the one chosen for this marathon event from which the British National Squads were to be selected. For the first time Senior Mens and Young Mens Trials were combined and this event was held on the first day. There was a good entry for all of the events, although some of the heavier categories had few entries. As usual however, there were few spectators to cheer them on.

The event was efficiently run and considering the number of competitors, finished at a reasonable time. With five mats in operation and something like 14 categories, all running at different times, it is impossible to keep track of what is going on. The results service is poor and it is beyond me how the Team Manager can hope to watch five mats at one time. It is not important perhaps, as there is no real selection any way; only the top four players make up the Squad.

By the time the Final Pools are reached, the spectators and players alike have lost interest, and as there are no medals presented to the winners, the event just slowly peters out. Most people leave and do not ever know who has won the various categories. It is most definitely time to rethink this event.

### SENIOR MENS TRIALS

Always the Under-60 kilos category was one of the toughest. Many of the players in this category are very skilful and so evenly matched that it is the player who strikes form on the day, and perhaps has a little more luck than the others, who eventually ends up in the winner's position. This year out of the many notable entries it was **Peter Middleton** (Y.&H.) who came out on top, proving once again what an exceptional player he is. Over the past few years he has won almost every major British event and I believe that with some International experience behind him, he could become a World class player.

I expected **Gavin Bell** (Scotland) to finish in the top position but he was rather surprisingly eliminated in the early pools. Bell just does not seem to be able to maintain consistent form, certainly this performance was well below his best and nowhere near that which he showed himself capable of at the 1981 World Championships. **John Swatman** (Midlands) on the other hand, proved again by his performance that he is one of the most consistent players. His consistently good results have, I feel, been largely ignored by the selectors and he has not had the International selections that he has deserved.

**Kerrith Brown** (Midlands) and **Steve Gawthorpe** (Y.&H.) in the Under-65 kilos category, retained their Squad positions by repeating last year's performance. Brown, who had his best results last year when he won the Junior European Gold Medal in San Marino, edged Gawthorpe into second place, winning the category quite comfortably. **Hugh McAree** (Ireland) sneaked into third position. Veteran McAree gave a few of the younger players, who did not know him, a surprise; proving that experience is difficult to defeat. I half expected **George Glass** to be competing in this category after his recent success in the All England Championships.

**Chris Bowles** (N.H.C.) the favourite for the Under-71 kilos category had to be content with second place after losing to **Kirk Isichei** (N.H.C.). Isichei, who has been around for some considerable time, must be pleased with this win, in what was one of the most gruelling categories, with 36 competitors. Bowles seems to be injury prone these days and he is capable of a better performance than he gave here. For me he is still Britain's best Under-71 kilos player and I hope he can regain his form, which helped him win the European Silver Medal in Vienna in 1980.

Predictably **Neil Adams** (London) won the Under-78 kilos category. None of his opponents offered any real challenge and Neil went through the formality of winning with the casual attitude which comes with supreme self-confidence. **Stewart Williams** (S) finished in second place and **Richard Armstrong** in third; both gave performances worthy of mention.

Adam's clear superiority in this category makes the others seem just that little bit inadequate and I can only see **Densign White** (Midlands) challenging him in the future. White wisely had decided to compete in the Under-86 kilos division as it is obvious that Adams will be selected for all important International events, at least until the Olympics in Los Angeles.

Next to Neil Adams, White was the best player in the event. The fact that he can win the Under-86 kilos category whilst still only an Under-78 kilos player is a measure of his prowess. **Bill Ward** (N.H.C.) and **Stewart Travis** (M) provided White with his toughest matches but White was just that bit superior with both of these two fading towards the end. With some added bulk to his lean frame White could become a superb Under-86 kilos player. It is a move that he will have to accept and once he can reconcile himself to this, he can be just as successful in this category. Bill Ward was worthy of his second place and does deserve recognition for his efforts.

Of all the categories, I thought the least inspiring was the Under-95 kilos division. **Nick Kokotaylo** (N.W.) was the eventual winner but of the 16 entrants he had no real opposition. Kokotaylo has been chasing the number one position for some time, and now he will be given his chance to prove himself Internationally. At European and World level this category is fiercely contested by many excellent players and Kokotaylo will have to improve considerably if he wishes to make an impression.

\* The sequence right, show Neil Adams scoring with his famous Tai-Toshi variation.





The over 95 kilos category only attracted seven competitors. **Gwynne Davies** (Wales) and **Marvin McLatchie** (S) won first and second places respectively, reversing last year's result when McLatchie won, after defeating Davies rather surprisingly with an Osaekomi. Davies and McLatchie are probably Britain's best-ever 95 kilos players but they are still far behind their European counterparts.

I thought perhaps, **Elvis Gordon** (Midlands) might have won a Squad place this year as he has recently had some quite good results, but the other places were won by **Earl Carnegie** (London) and **Peter Daly** (South).

#### YOUNG MENS TRIALS

There was a great deal of talent in the Young Mens event, most notably in the Under-60 kilos and Under-65 kilos categories which had the largest entries. There are many skilful young players throughout the country and I believe the future of British Judo to be healthy.

This age group does have to be encouraged however, and much has to be done to ensure that these youngsters are adequately catered for. It is around this age, I believe, that players can really develop skill, a view that Tony Macconnell also shares. Macconnell has been working with the young players in the North-West Area and I know he is already pleased with the results of his work so far.

It is a great pity that this event was staged on the same day as the Senior Mens Trials. Not only did these youngsters have to choose which event to enter, for they could not enter both, but because the Seniors attracted all the attention the youngsters were overshadowed and not given the recognition they merited.

Of the players who were most successful, I was particularly impressed by **Paul Sheals** (N.W.) and **Martin McSorley** (Scotland). Both players seem to me to be particularly skilful.

**Neil Eckersley** (N.W.) did well to win the Under-60 kilos category defeating some very good players including last year's winner **William Bell** (Scotland). **T. Prescott** (S) did well, edging Sheals into second place in the Under-65 kilos category **Ray Stevens** (N.H.C.) won the Under-78 kilos category and there were only two entries in the Under-86 kilos category and three in the Under-95 kilos category.

#### SENIOR WOMENS TRIALS

After watching the Mens Trials, any observer could be excused for expecting a quieter, less exciting Womens event. Thankfully, this was not to be the case, as this year's Womens Trials gave the spectator an opportunity to see the very best of Womens Judo.

May I also point out that I thought the combination of the Womens and Young Womens Trials came off well, unlike the previous day's Mens and Young Mens Trials.

Over the past year the British Women have consistently performed well, both individually and as a team. Most memorable of their recent achievements is their three Gold and three Silver medals won at the Paris Tournament and the team topping the 15-nation medal table at the British Open Championships. The women also have their World Champion in **Jane Bridge** and are probably, at present, the strongest team in the World.

Any observer taking the above facts into consideration would certainly expect a competitive event; there was also the added inducement of any competitor placed first or second being considered for the forthcoming German Open, with the possibility of competing in the European Championships in Oslo and the World Championships in Paris.

Onto the Judo itself. The Under-48 kilos category, although having a disappointingly low entry, promised to be one of the most inducible, due to the presence of **Karen Briggs** who, after a period of rest, was back to form and has recently competed in three International tournaments, and, of course, **Jane Bridge**, the current World Champion.



★ **Top left...** Paul Ajala (Lon) resists an attack by Andy Morton (Sth) in the Under-71 kilos category.

★ **Centre...** Chris Bowles (Sth) attacks Kik Ischei (N.H.C.) in the Under-71 kilos category. Bowles lost.

★ **Below right...** Kerrith Brown (Mid) attacks Duncan Kinnear (Wales).

As it turned out, the Trials this year were won by Karen, closely followed by Jane with **L. Woods** (S) and **K. Jackson** (N.H.C.) taking third and fourth places respectively.

The Under-52 kilos category had a more respectable entry of 14 competitors. After the second round pools, **Loretta Doyle**, **S. Shaw**, **S. Fry** and **G. Hughes**, went forward to the final pool. Unfortunately Loretta, who was regarded as favourite for this category, had to withdraw on doctor's advice due to a back injury.

The category was finally won by S. Shaw (N.W.) with G. Hughes (N.I.J.F.) second and S. Fry (S) third. Hopefully Loretta's injury will clear in time for the selections for the European and World Championships.

**Dianne Bell** (N), after winning Gold medals at the Paris Tournament and the Canadian Cup was the obvious favourite for the Under-56 kilos category. Dianne finished as expected with **Karen Gray** (N.I.J.F.) second, **C. Brennan**

(Y.&H.) third and **G. Entwistle** (W.J.F.) fourth.

Perhaps the biggest surprise of the day, however, was in the Under-61 kilos category. The opening stages appeared to conform to expectations, as did the second round, with **Anne Hughes** (N.W.), **Kay Greenhalgh** (N.W.), **L. Bradley** (N.H.C.) and **T. Griffin** (W) all making the final stage. This is where the upset occurred as Anne Hughes the current Euro Champion, was toppled from her number one spot.

Congratulations go therefore to L. Bradley the new number one and to K. Greenhalgh and T. Griffin who were third and fourth respectively.

It is my experience that European Champions do not take defeat easily and I am confident that we will see more of Anne throughout the coming year.

On paper, the Under-66 kilos category appeared to be the most open, with three strong contenders making the final pool of four. Perhaps the favourites for this event were **Dawn Netherwood** (L), followed by **A. Taylor**. The final outcome was first place to Dawn Netherwood (L), second place A. Taylor (E), third to **M. Bennett** (Y.&H.) and fourth to **S. Selling** (S).

As expected the Under-72 kilos category turned out to be a family affair with the Malleys being placed first and second. In this small category there never seemed to be any real doubt as to who would win, as **Avril Malley** was the highest graded player, as well as the current Bronze medallist in the World Championships.

Her younger sister, **Joyce**, established her place as number two, which is quite an achievement considering she has recently left the Young Womens Squad. I am sure Roy Inman must be excited by Joyce's future prospects. Third place was taken by **L. G. (Scotland)** and **J. Hargreaves** (Y.&H.).

Finally, the Over-72 kilos category, which appeared to have the same problems as the Mens, that is, a lack of competitors. As expected the category was won by **Heather Ford**, Bronze medallist in the Canadian Cup. The remaining places were occupied by **S. Bradshaw** (L), **A. Newton** (S) and **M. Dew** (Y.&H.).

Of particular notice was the second placing of S. Bradshaw as she was the only non-Dan grade in this weight category.

#### YOUNG WOMENS TRIALS

Like the Young Men, the Young Women have their share of talent. Many of the players who won Senior Squad places have previously been winners in the Young Womens Trials.







★ Above... Marvin McLatchie Over 95 kilos.

★ Below right... Stephen Gawthorpe (Y.H.) armlocks Hugh McAree (Scot) for Ippon in the Under-65 kilos category.

Anne-Marie Brody (Scotland) won the Under-44 kilos category with Helen Taylor (N) and Debbie Snowden (N) in second and third places. These three have all been successful in the Junior ranks and I am sure that we will be hearing more of them in the future.

Jackson (N.H.C.), Eileen Boyle (Scotland) and T. Haydon (London) all winners in last year's event were successful again this year, winning the Under-52 kilos, Under-61 kilos and Over-65 kilos categories.

I think it is obvious that these girls have benefited quite considerably from being members of the National Young Womens Squad for the previous year.

On reflection, this year's Trials must be an encouragement to Roy Inman the Womens Team Manager who has achieved much from the Squad in past years. He has not only current European and World Championship players in his Squad, but also a depth to his Squad that does not, at present, exist with the Men.

May I conclude by wishing the British Women continued success for the coming year.

Colin McIver/ Graham Campbell

## RESULTS TABLE

### SENIOR MENS TRIALS

#### Category Under-60 Kilos

- 1—P. MIDDLETON, 1st Dan, Y. & H.
- 2—J. SWATMAN, 1st Dan, M.
- 3—J. HOLIDAY, 2nd Dan, N.H.C.
- 4—D. HESLOP, 1st Dan, Y. & H.

#### Category Under-65 kilos

- 1—K. BROWN, 2nd Dan, M.
- 2—S. GAWTHORPE, 2nd Dan, Y. & H.
- 3—H. McAREE, 3rd Dan, S.J.F.
- 4—R. REED, 2nd Dan, Y. & H.

#### Category Under-71 kilos

- 1—K. ISICHEI, 3rd Dan, N.H.C.
- 2—C. BOWLES, 3rd N.H.C.
- 3—N. BARBER, 1st Dan, N.W.
- 4—W. BUCHANAN, 2nd Dan, S.J.F.

### Category Under-75 kilos

- 1—N. ADAMS, 4th Dan, L.
- 2—W. WILLIAMS, 2nd Dan, S.
- 3—R. ARMSTRONG, 2nd Dan, N.H.C.
- 4—L. ALEXANDER, 1st Dan, L.

### Category Under-86 kilos

- 1—D. WHITE, 2nd Dan, M.
- 2—W. WARD, 3rd Dan, N.H.C.
- 3—P. TILEY, 2nd Dan, W.
- 4—S. TRAVIS, 3rd Dan, M.

### Category Under-95 kilos

- 1—N. KOKATAYLO, 3rd Dan, N.W.
- 2—G. DAVIS, 1st Dan, N.W.
- 3—D. STEWART, 1st Dan, M.
- 4—G. WALTERS, 4th Dan, N.H.C.

### Category Over-95 kilos

- 1—G. DAVIES, 3rd Dan, W.J.A.
- 2—M. McLATCHIE, 3rd Dan, S.
- 3—E. CARNEGIE, 2nd Dan, L.
- 4—P. DALY, 3rd Dan, S.

### YOUNG MENS TRIALS

#### Category Under-60 kilos

- 1—N. ECKERSLEY, 1st Kyu, N.W.
- 2—M. BOWATER, 1st Dan, Y. & H.
- 3—O. PINNOCK, 1st Kyu, M.
- 4—P. BLOOD, 1st Kyu, N.W.

#### Category Under-65 kilos

- 1—T. PRESCOTT, 1st Dan, S.
- 2—P. SHEALS, 1st Dan, N.W.
- 3—H. MELVILLE, 1st Dan, L.
- 4—G. UDEN, 1st Dan, S.

#### Category Under-71 kilos

- 1—M. McSORLEY, 1st Dan, S.J.F.
- 2—J. BLANCO, 1st Dan, L.
- 3—G. LAMBERT, 1st Dan, Y. & H.
- 4—M. REYNOLDS, 1st Dan, W.J.F.

#### Category Under-78 kilos

- 1—R. STEVENS, 2nd Dan, N.H.C.
- 2—R. DUFFICY, 1st Dan, M.
- 3—C. DAVIES, 1st Kyu, W.J.F.
- 4—H. BRADLEY, 1st Dan, Y. & H.

#### Category Under-86 kilos

- 1—R. WILLIAMS, 1st Dan, S.
- 2—R. SMITH, 1st Kyu, N.U.F.

#### Category Under-95 kilos

- 1—L. HIBBERT, 1st Kyu, L.
- 2—D. KRIVOSIC, 1st Kyu, L.
- 3—P. NEATIS, 1st Dan, N.W.

### SENIOR WOMENS TRIALS

#### Category Under-48 kilos

- 1—K. BRIGGS, 1st Dan, Y. & H.
- 2—J. BRIDGE, 3rd Dan, N.W.
- 3—L. WOOD, 1st Dan, S.
- 4—K. JACKSON, 1st Kyu, N.H.C.

#### Category Under-52 kilos

- 1—S. SHAW, 1st Kyu, N.W.
- 2—G. HUGHES, 1st Dan, N.I.J.F.
- 3—S. FRY, 1st Dan, Y. & H.
- 4—L. DOYLE, 2nd Dan, S.

### Category Under-56 kilos

- 1—D. BELL, 1st Dan, N.
- 2—K. GRAY, 1st Dan, N.W.F.
- 3—C. BRENNAN, 2nd Dan, Y. & H.
- 4—G. ENTWHISTLE, 1st Dan, W.J.F.

### Category Under-61 kilos

- 1—L. BRADLEY, 2nd Dan, N.H.C.
- 2—A. HUGHES, 3rd Dan, N.W.
- 3—K. GREENHALGH, 1st Dan, N.W.
- 4—T. GRIFFIN, 1st Dan, W.

### Category Under-66 kilos

- 1—D. NETHERWOOD, 2nd Dan, L.
- 2—A. TAYLOR, 1st Dan, E.
- 3—M. BENNETT, 3rd Dan, Y. & H.
- 4—S. SELLING, 1st Dan, S.

### Category Under-72 kilos

- 1—A. MALLEY, 3rd Dan, N.I.J.F.
- 2—J. MALLEY, 1st Dan, N.I.J.F.
- 3—L. GUNN, 1st Dan, S.J.F.
- 4—J. HARGREAVES, 1st Kyu, Y. & H.

### Category Over-72 kilos

- 1—H. FORD, 3rd Dan, S.
- 2—S. BRADSHAW, 1st Kyu, L.
- 3—A. NEWTON, 1st Dan, S.
- 4—M. DEW, 1st Dan, Y. & H.

### YOUNG WOMENS TRIALS

#### Category Under-44 kilos

- 1—A. BRIODY, 1st Kyu, S.J.F.
- 2—H. TAYLOR, 15th Mon, N.
- 3—D. SNOWDEN, 13th Mon, N.
- 4—T. MUSSETT, 13th Mon, S.

#### Category Under-48 kilos

- 1—J. MURPHY, 1st Kyu, N.H.C.
- 2—A. BLANCHETTE, 14th Mon, L.
- 3—S. RENDLE, 13th Mon, Y. & H.
- 4—S. MADGE, 2nd Kyu, S.

#### Category Under-52 kilos

- 1—D. JACKSON, 1st Dan, N.H.C.
- 2—E. JACKSON, 1st Kyu, N.H.C.
- 3—L. PESKETT, 3rd KYU; N.H.C.
- 4—B. WARD, 1st Dan, N.I.J.F.

#### Category Under-56 kilos

- 1—L. NOBLE, 2nd Kyu, S.
- 2—J. TURNER, 16th Mon, S.
- 3—S. MERECIECA, 5th KYU, N.H.C.
- 4—D. SHELDON, 16th Mon, M.

#### Category Under-61 kilos

- 1—E. BOYLE, 1st Kyu, S.J.F.
- 2—J. WITTY, 1st Kyu, Y. & H.
- 3—C. COSSAR, 1st Dan, S.
- 4—T. CURRY, 1st Dan, L.

#### Category Under-65 kilos

- 1—J. MATHER, 1st Dan, N.W.
- 2—C. ALFORD, 17th Mon, South
- 3—K. MACKAY, 18th Mon, N.
- 4—A. SKILBECK, 2nd Kyu, S.

#### Category Over-65 kilos

- 1—T. HAYDEN, 1st Dan, L.
- 2—C. GREENAWAY, 17th Mon, N.H.C.
- 3—R. CURRIER, 16th Mon, S.
- 4—R. SCALES, 1st Dan, S.



# ROUND & ABOUT

Competition reports, News, views and opinions

## Junior Judo in Germany

W.O. II (AQMS) Watson writes from BFPO 36 about his sons Michael and Bobby Watson, previously members of Devizes Club, who belong to the Osnabruck Garrison Judo Club and have won certificates in the Osnabruck Area Championships. Bobby has also represented the German club, Eversburg, in the team event and helped his team to take third place. Over the past years he has won five Gold medals in German competitions. Michael has won third place in the schoolboy class Over-45 kilos Open event.

Mr Watson tells us that children's judo in Germany is split into age groups: up to 12 years old—who cannot use either armlocks or strangles, 12-14 years old—who are allowed to use armlocks, but only on the ground, and over 14 years who may use armlocks and strangles. Each child is allowed to fight in the next age group upwards, if they are in the upper age limit; this allows a child to choose if they like to start using these techniques or not.

He feels that the only drawback to this system is that juniors have to be taught armlocks and strangles fairly early in their career and this tends to make their coaches forget basic moves on the ground such as turnovers, armrolls and escapes etc.

German coaches seem to be impressed by some of Bobby's moves on the ground, though when he was a member of Devizes club he was only an average player with no special ability on the ground.

Mr Watson feels that although the German system seems fair to him, he would like to see the age limits raised by one year.



Michael (11 years) on the left, Bobby (12 years) on the right.

## Norwegian News

Tony Macconnell will soon have completed his first year's work in Norway; so far everyone agrees that he's done a great job.

His main work this year has been in visiting all the different areas in Norway, which means a lot of travelling because of the size of the country. Tony himself told me: "I sat on a train for five hours, just to get to the next club."

One of our main problems is getting all the best players together, the expense is enormous, for example from Oslo to Tromsø, which is about two-thirds the way to the north it costs more than twice the air fair from Oslo to London. So you can get some idea of the cost of trying to get Norwegian judo going.

Tony's main job, which he has done really well, has been in the education of coaches; he has introduced a

system similar to the British structure with Regional coaches and Area coaches taking more responsibility for coaching area squads and educating new coaches.

We are hoping that when this system gets working properly, Tony will have more time to work with our National players. Already he has motivated the boys into full-time training. We have some really talented young players who are training hard, the leader of course being Otto Nilssen, who won a Bronze medal in the Junior Europeans in 1981 and has quite a lot of scalps in his belt already.

This year we are hosting the European Championships for Women. Our team of girls, headed by German Open winner Inger-Lise Solheim, have been training hard at sessions held by Tony Macconnell so we are hoping for a good performance.

Tony and Loretta Doyle held a joint training session in January which was very successful. Loretta stayed in Nancy for two weeks training with the girls. However it wasn't only judo which brought Loretta to Norway as the pictures will show. Tony said the British were the greatest skiers in the World, well I'm not so sure.

FRANK BUSCH

## News from Austria

ASKO—Niederösterreich intend to hold an international judo summer school, with coaching in German, English and French, from 2nd to 15th August in Brunn/Geb, near Vienna.

This will be open to all Judoka twelve years old and upwards, who are members of the national unions of the IJF.

The technical director of the Judo summer school will be Dr Ewaryst Jaskolski, 5 Dan of Poland; Trainers: Roman Kalina, 3 Dan of Poland; Leszek Andryszczy 4 Dan, Wain; Manfred Zeller, 4 Dan, Johann Balas, 3 Dan, and Peter Chudik, 2 Dan, all from Austria.

A full social programme is planned at the centre which lies by a lake and has an indoor swimming pool. There will also be a sightseeing programme in Vienna.

Cost is OS 3.850.00 (up to 14 years) and OS 4.150.00 from 14 years upwards. Further details from ASKO Landesverband Neiderösterreich, 1040 Wien, Paulanergasse 16, Austria.

## International Challenge for Cadets

The organisers of an International Challenge for Cadets (those who were born 1966-1967) in Avignon, on 1st and 2nd May 1982, invite teams to participate. Organisers will pay accommodation.

For further information write to: Mr DURAND YVES, Les Hauts Vels, 84800 Saumane de Vaucluse, France.

## Scandinavian Open Championships Results—Men

**Under 80 kilos**—Gold Rennella Italy, Silver K. P. Stollberg G.D.R., Bronze H. Strumberger G.F.R., Bronze R. Hoegendijk Holland.

**Under 85 kilos**—Gold T. Reissmann G.D.R., Silver S. Gawthorpe G.B., Bronze A. Haugen Norway, Bronze Caldarelli Italy.

**Under 71 kilos**—Gold B. Hottel G.D.R., Silver W. Biedron Sweden, Bronze R. van de Walle Holland.

**Under 78 kilos**—Gold A. Gregorzek Poland, Silver P. Kjellib Sweden, Bronze V. Feggert G.F.R., Bronze J. Brawata Poland.

**Under 88 kilos**—Gold J. Sosnowski Poland, Silver R. van de Geest Holland, Bronze Barghini Italy, Bronze F. Willem Belgium.

**Under 95 kilos**—Gold B. Kasten G.D.R., Silver P. Kopsiola Finland, Bronze E. Gerber G.F.R., Bronze J. Rapmund Holland.

**Over 95 kilos**—Gold D. Pufahl G.D.R., Silver H. Ahdesmaki Finland, Bronze J. S. L. Petersen Norway, Bronze R. Ruiken G.F.R.

## Results—Women

**Under 48 kilos**—Gold E. Helenius Finland, Silver L. Bergquist Sweden, Bronze S. Sonesson Sweden, Bronze S. Olsson Sweden.

**Under 52 kilos**—Gold A. Lof Sweden, Silver C. Strand Sweden, Bronze A. Rasmussen Denmark, Bronze K. Weislander Sweden.

**Under 56 kilos**—Gold R. Limerick Sweden, Silver S. Hjortsberg Sweden, Bronze R. Kassinen Finland, Bronze M. Manninen.

**Under 61 kilos**—Gold I. L. Solheim Norway, Silver H. Andersen Norway, Bronze A. Asikainen Finland, Bronze A. Bilby Sweden.

**Under 66 kilos**—Gold A. Bamberg Sweden, Silver B. Petersen Denmark, Bronze A. Axen Sweden.

**Over 72 kilos**—Gold A. Christensen Denmark, Silver K. Kutz G.F.R., Bronze M. Grey Denmark.

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## THE NORTHER IRELAND JUDO FEDERATION

PROGRAMME OF EVENTS UP UNTIL DECEMBER 1982

MARCH	
6	Womens and Junior Squads..... Maysfield
13	Mon P.E. .... Maysfield
20	N.I. Teams..... Valley L.C.
21	Senior Squads..... Antrim Forum
28	N.I.J.F. Annual General Meeting..... House of Sport
APRIL	
3	Kyu/Dan P.E..... Maysfield
10	Squads..... Maysfield
16-18	Advanced Coaching Course 'Old Bushmills' School of Sport..... New University of Ulster
MAY	
1	*Multi-National Tournament..... Venue to be confirmed
JUNE	
5	Kyu/Dan P.E..... Maysfield
12	Mon P.E..... Maysfield
JULY	
28-6 Aug	Lakeland '82 (Scouts)..... Lakeland Forum
SEPTEMBER	
11	Mon P.E..... Maysfield
18	Kyu/Dan P.E..... Maysfield
25	Womens and Junior Squads..... Maysfield
OCTOBER	
9	Under-18 Boys and Girls..... Maysfield
16	C.U.B. Open..... Queens University
23	Squads..... Maysfield
NOVEMBER	
6	N.I. Weights and Grades..... Maysfield
13	N.I. Referees Course..... Valley L.C.
20	Kyu/Dan P.E..... Maysfield
27-28	Club Coach Course..... Maysfield
DECEMBER	
4	North West Championships..... Lakeland Forum
11	Mon P.E..... Maysfield

Details from: Northern Ireland Judo Federation, House of Sport  
2a Upper Malone Road, Belfast BT9 5LA - Tel: 0232-661222 and 216

## EDINBURGH OPEN YOUTH TOURNAMENT

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**Categories... Women** OVER 14—UNDER 21 YEARS  
Under 48kgs, Under 52kgs, Under 56kgs,  
Under 61kgs, Under 66kgs, Under 72kgs,  
Over 72kgs.

**Men** OVER 14—UNDER 21 YEARS  
Under 56kgs, Under 60kgs, Under 65kgs,  
Under 71kgs, Under 78kgs, Under 86kgs,  
Over 86kgs.

**Weigh-in...** Competitors may weigh-in either Saturday  
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(Current BJA/SJF/WJA/IJF Licence and proof of  
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**CLOSING DATE... MONDAY 22nd MARCH 1982**

Enquiries and Entry Form from...  
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EDINBURGH EH8 7QS

**NO TELEPHONED ENTRIES WILL BE ACCEPTED**

# TOURNAMENT DE PARIS DE JUDO 82



REPORTER: Colin McIver. PHOTOGRAPHERS: David Finch—Frank Smith.

As always this year's Paris Multi-Nation Tournament was almost a complete sell out. There were few empty seats in the superb Pierre de Coubertine Stadium on both days of the competition. As usual the organisation and presentation of the event was of the highest standard. An excellent addition this year was the visual electronic display boards at each mat, which kept the spectators informed of who was fighting and the contest results.

Japan and France were the two dominating countries, although medals were quite widely spread between the participating countries. The standard of the competition was not, in my opinion, as high as in previous years and in particular I thought the Soviet team to be very poor. Great Britain did not receive an invitation to participate which was of course disappointing for the few British spectators.

Overall the Japanese were the most skilful team, both in Tachiwaza and in Newaza. Haraguchi in the Super Lightweights was particularly impressive and was for me, the best player in the competition. France has of course many more players in each division and this accounts for some of their success. They do however have a great depth of players who are capable of competing at this level. Of the French team only Dyot in the Light Middleweight was outstanding. Parisi, who was in better shape than I have seen him for some time, also performed well but had little opposition. Neither Tchoullouyan, current World Champion, nor Vachon, current European Champion took part. Of the other countries none were outstanding although I thought Austria did remarkably well to win a Gold and a Bronze medal.

Technically Tomoe-nage and Sode-Tsuri-Komi-Goshi seemed the most successful moves and there seems to be an increasing number of players who, whether naturally or by design, prefer a left-sided stance and grip. In Newaza Juji-gatame still seems the most popular attack. The Japanese were particularly good in Newaza, working very often with their backs on the mat and using their legs to great effect. The Japanese style appears to be so much 'looser' than the European style which makes greater physical demands on the player. I noticed both at this

event and at the 1981 World Championships that the Japanese look more relaxed and appear to use less energy with better results. This is something I feel worthy of further investigation, as I often think we have in this country gone a bit too far on the physical training side and have forgotten some of the underlying principles of judo skills.

### Super Lightweights...

Haraguchi (Japan) seemed the most likely winner of the Under 60 kilo Super Lightweight division. His recent victory in the Japan Invitation Tournament was an indication of his ability and although he was likely to face some strong opposition from Takahashi (Canada), Rodrigues (Cuba), Le Baupin (France) and the two Soviet players Garifulin and Tlezeri, he was clearly favourite.

There was little excitement in the preliminary pools although there were some tough contests and some very disappointing results. Takahashi, who fought so well in the World Championships to win a Bronze medal, was drawn in the same pool as the strong Cuban, Rodriguez and did not seem to be on his best form. Their contest, one of the most interesting in the first round, was won by Takahashi by a narrow margin. As it turned out however neither player managed to qualify, the French player Rambier and the



**Above: Senkevitch (USSR) attacks Tamura (Japan) in their Under-86 Kilo opening contest.**

**Below left: Medallists Serge Dyot (France) Silver and Nakanishi (Japan) Gold.**

Italian player Rennala taking the first two positions. Takahashi finished in third place, and to be fair, I thought he should have been awarded the decision in his contest with Rambier.

Haraguchi won his pool with comparative ease, looking very confident in both Tachi-waza and in Newaza. I was especially impressed by his 'non-stop' attacking style and his ability to move so smoothly from Tachi-waza to Newaza. From the start of his first contest, which he won with Tomoe-nage immediately followed by Juji-gatame, he looked very much the winner and was an immediate favourite with the spectators. Le Baupin (France) and Tlezeri (USSR) won the other pools with Garifulin (USSR) and Nolin (France) also qualifying.

The quarter finals unfortunately brought the four French players together on the same side of the elimination pool leaving the two Soviet, the Japanese and the Italian players on the other. Again Haraguchi was the most impressive, defeating the Italian with a lightning fast Tomoe-nage for Waza-ari. Tlezeri defeated his fellow countryman Garifulin by a decision, after a very hard match. I thought it a pity that they had to meet so early in the competition. Roux (France) and Rambier (France) won the other quarter final contests.

The first semi-final between the two Frenchmen turned out to be a pretty dull affair. Both had similar styles and obviously knew each other well. Roux was the eventual winner scoring Yuko with Uchimata. There was a distinct contrast in the other semi-final which started at a hectic pace. Haraguchi was first to attack and for the first two minutes Tlezeri managed to hold his own. A Yuko from Kouchi-gari gave Haraguchi the lead and the decision at the end of the contest.

In the final Haraguchi was superb. He displayed a wide range of skills, scoring with Uchimata, Tomoe-nage and Okuri-ashi-harai.





Roux did well to go the distance but he was in no way a match for the brilliant Haraguchi.

### Lightweights...

The lightweight category promised much excitement with French hopes pinned on Olympic and former World Champion Rey and the very experienced Delvingt to defeat the Japanese Saito who like his team mate Haraguchi also took first place in the recent Japan Invitation Tournament. As it turned out however Saito neither had the skill or spirit of Haraguchi and losing all but one of his preliminary pool contests was eliminated leaving the two Frenchmen to dominate the category.

Olympic Champion Rey was on superb form in his early contests, topping his pool maximum points. Rey has a distinct and unusual style which is copied by many of the French Light and Super Lightweight players. His extreme right sided stance makes him an awkward opponent and although I personally do not like this style his attacks are often devastating. French players won all four pools with Delvingt, last year's winner, giving a notable performance. There were no Soviet players in this category and the main opposition came from Ueda and Reiter of Austria, Roudreult of Canada and Tuera of Cuba.

In the quarter finals the French players were completely dominant, winning every fight. Ueda of Austria gave Rey a tough fight and only lost by a Koka. By the semi-finals it was obvious that it was going to be Rey and Delvingt in the final. Rey defeated Hansen by a Yuko from Uchimata but there was little in his performance to capture the crowd's imagination. Delvingt played his usual steady game to defeat Alexandre by a Koka.

The final was an aggressive, physical match with a lot of fighting for grips. It was apparent that both fighters knew each other well. There was little to choose between them for the first few minutes until Delvingt countered Rey's Uchimata for a Waza-ari. Rey realising that the contest was lost threw caution to the wind and attacked furiously to be countered again for a Koka. Delvingt was subsequently penalised for passivity but had

no trouble maintaining his advantage to take the title.

### Light Middleweights...

Nakanishi of Japan was the obvious favourite for the Light Middleweight title. Nakanishi won the Japan Invitation Tournament apparently with considerable ease. The main French challenge was likely to come from brothers Serge and Christian Dyot. Serge (the younger brother) recently came to prominence, winning a Silver medal in the 1981 World Championships. I thought it likely that the finalists would come from those three although there were some other strong European competitors.

Nakanishi and Dyot (Serge) were drawn in the same pool and the French hopes were quickly dashed when the Japanese strangled the young Frenchman within seconds of the start of their contest. The Japanese looked



Top left: Angelo Parisi (France).  
Centre: Besse (France) attacks Olhorn (East Germany).  
Bottom right: Ito (Japan) Over-95 kilo Bronze medallist.

very impressive and went on to win the pool with ease. Dyot recovered quickly from his first defeat and won the remaining contests to qualify in second place. Christian Dyot could only manage to qualify in second place, losing to the Romanian Toplician. Other pools winners were Parchiev of the Soviet Union and Danielli of France.

Nakanishi and Serge Dyot were the best players in the quarter finals, both won their contests by Ippon and by this stage it was apparent that they would meet in the final. The Soviet Parchiev and Danielli were the other quarter final winners, Parchiev defeating Christian Dyot by a superiority decision.

Neither of the semi-final contests were very exciting, Nakanishi defeated Dannielli, who gave a good account of himself against the superior Japanese, by a Yuko, and Dyot defeated Parchiev by a Koka.

The final was one of the best contests I have watched for some time. Dyot determined to make up for his early defeat by the Japanese approached the contest with a very positive attitude. Nakanishi scored a Yuka and a Waza-ari with Sode-Tsuri-Komi-Goshi to win the match and was undoubtedly a very worthy winner. Dyot fought magnificently however, and the Newaza exchange between the two were amazing; with both players escaping from the most precarious positions. In the last minute Dyot almost kept the technique within the contest area. Both players received tumultuous applause from the appreciative spectators.

In Dyot the French have another exciting young talent. With his positive attitude and fighting spirit coupled with his fair technical ability he is indeed a good future prospect. Nakanishi, like Haraguchi in the Super Lightweights, was outstanding. His ability to move from Taciwaza to Newaza so easily reminds me of Kashiwazaki and Moriwaki—Japan's Lightweight World Champions.

### Middleweights...

The Middleweight category was a most interesting division, it certainly was the toughest. The impressive line-up of players included last year's finalists Nowak and Gilbert of France, winner of the Japan Invitation Tournament Hikage of Japan, World Silver Medallist Doherty of Canada, and two current Senior European Champions Petrov of Bulgaria and Lehmann of the German Democratic Republic, who had moved up from the Light Middleweight category. Added to these were the two Soviet entries and Damaschke also of German Democratic Republic and Laher of Cuba.

Nowak, Hikage and Lehmann were drawn in the same pool, the Japanese, who was perhaps the favourite for the title, emerging the winner. Nowak finished in second place, losing only to Hikage by a Yuko, and edging Lehmann into third place defeating him by a decision scoring with Ouchigari. The contest between Nowak and Hikage, although decided by a Yuko, was very close, both players were evenly matched and Hikage only had a very slight superiority.



Continued on Page 19

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<b>Weigh-in</b>	Weighing-in will be held on both Friday evening and on the day of the Event.
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DAVID FINCH

- 1—Toth (Hungary) v Boudraault (Canada).
- 2—Hikape (Japan) v Kostadinov (Bulgaria).
- 3—Lehmann (East Germany) defends against Michel Nawak (France).
- 4—Haraguchi (Japan) v Tizeer (USSR) in their quarter-final.
- 5—Dyot (France) v Nakanishi (Japan) 71k Final.
- 6—Ito, Japanese representative heavyweight.
- 7—Tremendous abandon in an Uchinata attempt.
- 8—Carl Heinz Lehmann (East Germany).

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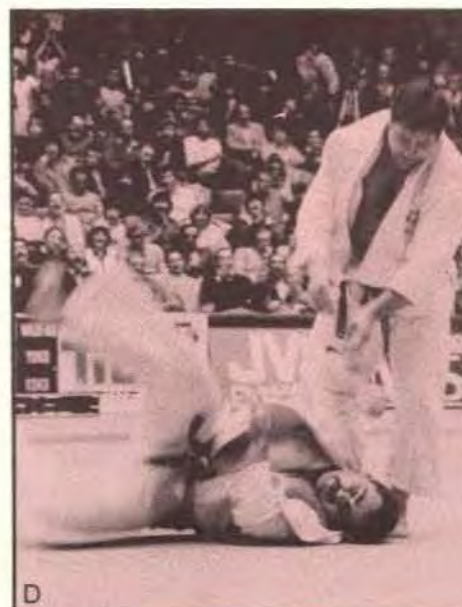




# TOURNAMENT Page

9—*Michel Nowak (France)*  
 10—*Stoht (East Germany)*  
 11—*Amable (Cuba) attempts to counter Naka-*  
*nishi (Japan) 71 kg.*  
 12—*Tamura (Japan) v Vecchi (Italy) 86 kg.*  
 Sequence A to E—*Angelo Parisi (France)*  
*throws Eisschiel (Austria) for Ippon with Seoi-*  
*toshi.*

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Doherty and Gilbert both won their pools by a narrow margin. Gilbert had a tough draw which included one of the Soviet players and Petrov who could only finish in third place. Doherty similarly had a tough struggle to win his pool, only managing to score five points from three contests. Lahera also qualified but appeared to be suffering from a knee injury and did not seem on his best form.

The quarter final draw kept Hikage, Doherty, Gilbert and Nowak apart and they progressed to the next round. By this stage they looked to be the best players and well deserved their places in the semi-finals.

Hikage defeated Doherty in the first semi-final. Doherty was penalised for passivity and deserved to lose although I thought he could have beaten the Japanese had his attitude been more positive. Gilbert faced Nowak in the other semi-final and although there was no positive score, was awarded the decision. It was a very physical contest with both players fighting hard for grips and it was obvious that they knew each other well. Neither could breach the other's defence and both were penalised for passivity. In Newaza Gilbert had the edge and being just that bit more positive deserved the decision.

Hikage took just thirty seconds to end the final, throwing Gilbert with Harai-goshi. The referee gave Ippon, and although I thought a Yuko a fairer score, it was all over before it really began. It was a disappointing end to such a fiercely fought category and there is no doubt that this was the toughest category of the event. Any of the semi-finalists would have been worthy winners as would many who had been eliminated earlier. It will be interesting to see if Lehmann will remain in this category or return to the Light Middleweights. Nowak remains a great favourite with the French crowd but I honestly don't see any improvement since last year. His range of skills remains narrow and he continues to depend on his enormous gripping strength and physical ability. Hikage was good but not outstanding, he had good technique and an unusual takedown. I would

have liked to have seen Neil Adams at this event, especially against Nowak and Hikage.

### Light Heavyweights...

The Light Heavyweight category for me, was a little disappointing. There were a few strong players but none who were outstanding and it was anyone's guess who would be the eventual winner, although Tamura of Japan seemed to have a good chance, along with Senkevitch of the Soviet Union.

Tamura and Senkevitch were drawn in the same pool and it was disappointing to see Senkevitch finish in third place and be eliminated. Tamura was the pool winner but did not look all that impressive. Other early round winners were Canu and Fournier of France and Jani of Canada.

There were no notable contests in the quarter finals, the only surprise was the defeat of Fournier by the Austrian Lieb. In the first semi-final Tamura defeated Vecchi of Italy by Ippon. The Japanese seemed to favour Ouchigari, Kouchigari and Tai-otoshi attacks to the left-side and it was from Ouchigari that he scored on the Italian. Vecchi I thought, merited a Koka when he countered one of the Japanese attacks but it was of little consequence, for Tamura finally secured Kuzure Kami-Shihogotame which he held for the required time.

The second semi-final was between Leib and Jani and it was a very uninteresting contest. Both players were fairly evenly matched and there was nothing to choose between them until the last seconds when Leib in a final effort scored Ippon with a Shime-waza.

Tamura dominated the final contest from the start and put Leib under pressure by scoring a Yuko with Ocuchi-gari which he immediately followed by Juji-gatame from which the Austrian did well to escape. The Japanese seemed the certain winner but just could not make any further score on the Austrian, who seemed to gain confidence as the contest went on. In the final moments Leib scored a Koka and then with only 35

**Top:** Demelas (France) avoids an attack by Nakanishi (Japan) in their opening 70 kilo contest.

**Bottom left:** Neureuther (West Germany).  
**Bottom right:** Hikage (Japan), eventual Under-78 kilo champion struggles against Lehmann (East Germany).



seconds to go he scored a Yuko to go into the lead. Tamura retaliated desperately and almost scored as the time signal sounded, but had left it too late; the Austrian had snatched the Light Heavyweight title.

### Heavyweights...

Even with Europe's top three competitors, Khuboulouri of the Soviet Union, Van de Walle of Belgium and Vachon of France, not participating, the Heavyweight category was one of the toughest. Recent results have shown that the Japanese do not fair well in this category and I thought the favourites to be Shurov of the Soviet Union and Azcuay of Cuba, Olympic Silver Medallist. Shurov replaced Khuboulouri at the recent Japan Invitation Tournament and rather surprisingly was the only non-Japanese to win a Gold medal. Other strong players were Kostenberger of Austria and Neureuther of the German Federal Republic. The Japanese entry Miyazaki was placed third in the Japan Invitation Tournament but apart from that I knew nothing of him.

Shurov and Neureuther were the first of the favourites to meet. Neureuther always a strong competitor scored two Kokas and was the clear winner. Both players qualified.



Azcuy had an easier draw and also won his pool scoring Ippon in all his contests. At this stage there appeared be no-one who would challenge the strong Cuban and it seemed certain that he would be the eventual winner. Kostenberger won his pool, also with maximum points and was looking in good form. The biggest surprise of the preliminary pools was the defeat of the Japanese by the unknown French player Jaques, who went on to win the pool. Jaques was quite impressive showing a high level of skill in all of his early contests and was certainly not to be underestimated.

In the quarter finals Jaques continued to impress the audience with a good win over Kovacs of Hungary. Kostenberger similarly did well taking a decision off the Japanese Miyazaki. Azcuy had a gruelling match with Shurov and only won by the narrowest of margins; whilst Neureuther was defeated, to everyone's surprise, by Rousseau of France, who scored a Waza-ari.

Jaques met Kostenberger in the first semi-final and won by a Waza-ari. The Frenchman showed he had very quick reactions and a good sense of tactical play, outmanoeuvring the much physically stronger Austrian. Azcuy won the second semi-final against Rousseau scoring well with his version of Morote-dori. Rousseau was really no match for Azcuy, who looks remarkably strong and moves with amazing speed.

After his early round performance, Jaques was disappointing in the final. He let Azcuy dominate him completely and was easily defeated. Azcuy scored two Kokas with his well known Tsuru-Komi-Goshi, before clinching the contest with a superb Ippon from Morote-dori. From the start Azcuy looked very much the winner and on this form he is a match for any of the top Heavy weights. He is extremely skilful and physically very strong and his only weakness is that he avoids Newaza, very often missing easy opportunities to score.

## Super Heavyweights...

Although there were some strong challengers for the Super Heavyweight title there was no really outstanding competitor and it would have been difficult to predict the winner. Parisi of France, Olympic Gold and Silver medallist was an obvious favourite with the home crowd but judging by his recent performances he could not really be considered favourite. I could only see Oszvar of Hungary challenging the young Japanese Ito. France also had Del Colombo but he too does not seem to have been on his best form of late.

There were few surprises in the preliminary pools, Parisi, who had a fairly easy draw, looked quite sharp in his pool and had no trouble qualifying. Ito, on the other hand, did not look in any way impressive although after a tough match he did manage a decision over the experienced Oszvar. Daminelli of Italy, who is familiar to British spectators, after his performance in the 1981 British Open and Van der Groeben of the German Federal Republic also won their pools. Daminelli's performance is worthy of mention. He is quite small for a Super Heavyweight but

always gives a good account of himself. His early round performance was steady and included a win over Olhorn of the German Democratic Republic. Del Colombo qualified in second place.



Rousseau (France) attacks Neureuther (West Germany) and scores Wazari.

In the quarter finals Van der Groeben beat Oszvar by a decision and Stohr of the German Democratic Republic rather surprisingly defeated Daminelli by Ippon. By the third quarter final contest there was a great deal of excitement in the crowd and they were not to be disappointed. Ito soon disposed of Olhorn throwing him for Ippon and Parisi easily held Del Colombo with Kuzure Kami-Shiho-Gatame.

The last of the semi-finals lasted only seventeen seconds. As the players got to grips for the first time Stohr snatched the back of Van der Groeben's belt and promptly threw him with a superb Harai-Goshi. Parisi and Ito met in the second semi-final and what a pity it was not the final for it turned out to be an exciting contest. By now Parisi was in top gear and he attacked the Japanese aggressively throughout the contest with strong right and left attacks. On several occasions he almost had the Japanese but just never managed to finish the attack. Ito too had his moments, almost countering two of Parisi's Osotogari attacks. At time Parisi was the winner by a Koka but was by far the dominant player, the score not really giving a true indication of how the contest went.

Parisi went on to win the final against Stohr who was just no match for Parisi on this form. Scoring with Uranage just over half way through the contest Parisi coasted to an easy victory.

On this from Parisi looked unbeatable and I was pleased to see him looking a little slimmer and in better condition than he has been for some time. I hope he can retain this present form until the Senior European Championships to be held in the German Democratic Republic in May.

## 1982 Paris Multi-Nation Tournament

### RESULTS

#### Super Lightweights (Under 60 kilos)

GOLD	HARAGUCHI	JAPAN
SILVER	ROUX	FRANCE
BRONZE	TLEZERI	U.S.S.R.
BRONZE	RAMBIER	FRANCE

#### Lightweights (Under 65 kilos)

GOLD	DELVINGT	FRANCE
SILVER	REY	FRANCE
BRONZE	ALEXANDRE	FRANCE
BRONZE	HANSEN	FRANCE

#### Light Middleweights (Under 71 kilos)

GOLD	NAKANISHI	JAPAN
SILVER	S. DYOT	FRANCE
BRONZE	DANIELLI	FRANCE
BRONZE	PARCHIEV	U.S.S.R.

#### Middleweights (Under 78 kilos)

GOLD	HIKAGE	JAPAN
SILVER	GIBERT	FRANCE
BRONZE	DOHERTY	CANADA
BRONZE	NOWAK	FRANCE

#### Light Heavyweights (Under 86 kilos)

GOLD	LIEB	AUSTRIA
SILVER	TAMURA	JAPAN
BRONZE	JANI	CANADA
BRONZE	VECCHI	ITALY

#### Heavyweights (Under 95 kilos)

GOLD	AZCUY	CUBA
SILVER	JACQUES	FRANCE
BRONZE	ROUSSEAU	FRANCE
BRONZE	KOSTENBERGER	AUSTRIA

#### Super Heavyweights (Over 95 kilos)

GOLD	PARISI	FRANCE
SILVER	STOHR	G.D.R.
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# PARIS 1981

In the 1981 Paris Multi-Nation Tournament, HITOSHI SAITO (Japan) astounded the French by the ease with which he knocked down ANGELO PARISI (France) the current Olympic Champion, turned him over and held him for Ippon in their Pool fight.

When they met again in the knockout round, no one really believed it could happen again, and indeed Parisi made every effort to stay off the ground. Saito was not to be denied however, and in an explosive burst of action, he drove his left leg across Angelo for Osoto-gake against which Parisi defended. Spinning round to his right Saito then threw Parisi for a glorious Ippon which most observers and reporters thought was Harai-goshi. Here is the throw, photographed by Frank Smith, which just shows that speed of foot also defeats the eye.



# 1982 CALENDAR

## SCOTTISH JUDO FEDERATION - EVENTS FOR 1982

Saturday 20th February\* . . . . . Scottish Open Championships for Men  
 Sunday 14th March . . . . . Kawamura and Colquhoun Trophies  
 Saturday 27th/Sunday 28th March . . . Bellshill Open Boys Championships  
 Sunday 4th April\* . . . . . Edinburgh Open Championships for Men and Women  
 Under-21 Years

Saturday 17th April\* . . . . . First Meadowbank Open Championships for Girls  
 Saturday 8th/Sunday 9th May \* . . . Bellshill Open Championships for Girls  
 Sunday 23rd May . . . . . S.J.F. Annual General Meeting  
 Sunday 19th September . . . . . Scottish Girls Championships  
 Saturday 16th/Sunday 17th October . . . . . Scottish Boys Championships  
 Sunday 7th November . . . . . Scottish Senior Womens Championships  
 Sunday 21st November . . . . . Scottish Under-18 and Under-21 Championships  
 Sunday 5th December . . . . . Scottish Senior Mens Championships

\* These events are open to non-S.J.F. members

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Saturday 27th March . . . . . National Team Championships for Men  
 Saturday 8th May . . . North Shropshire Championships for Junior Boys  
 and Girls (Open to all Areas). Venue: Whitchurch, Shropshire  
 Saturday 22nd May . . . . . Midland Area Team Championships for Boys  
 (Closed to Midland Area)  
 Saturday 5th June . . . . . Midland Area Mens Team Championships  
 (Closed to Midland Area). Combined with Midland Area Womens  
 Individual Championships (Open to all Areas).  
 To be followed by a DISCO in the evening  
 Date to be arranged . . . . . Inter-County Team Championships  
 (Closed to Midland Area)  
 Saturday 10th July. Jack Law Team Championships (Open to all Areas)  
 Saturday 18th September . . . . . Midland Area Girls (Elimination)  
 Championships (Closed to Midland Area)  
 Saturday 23rd October . . . . . Midland Area Boys (Elimination)  
 Championships (Closed to Midland Area)  
 Saturday 20th November . . . . . Midland Area Mens Championships  
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# Frankly

OBSERVATIONS, NEWS AND VIEWS... by FRANK SMITH

You will have read in the Editorial, Colin McIver's thoughts on how the trials should be reorganised including his suggestion that the British National Championships (Closed) should be the qualifying event for National Squad places.

Well, for information, the Competitions Sub-Committees and Bryan Perriman are already working on this problem along with other Members of the Management Committee and seem to be set on an accumulative points system. This would be based on Competitions taking place throughout the year with points being scored by entry into these events and by winning places in them. These would include, The British Closed, The British Open, The Scottish Open, The Welsh Open, The All-England and a nominated Area Open Championships which might be changed each year.

Even the top players would have to enter at least four events to be sure of a place and it would mean that Areas staging these events would be assured of a good entry and members will be able to see the British stars fight much more often.

It would also eliminate the situation where a good player cannot compete in the Trials and so does not qualify and the unpopular option procedures would not be necessary. At the moment, there is still some discussion taking place on the final points. We know if you have any ideas.

**For the second time the Birmingham Sports Council award for the Sports Personality of the Year has gone to a Judo player.**

This time, the recipient is Junior European Champion, Kerrith Brown who was presented with the silver platter and a cheque (for the benefit of the sport) for £250 at a reception at the Town Hall on Wednesday 24th February.

The other Judo player to win the award was Peter Donnelly in 1980.

The Birmingham Sports Council also make an award for the leading Sport's Administrator and like Frank Webb in 1980, John Beard was runner-up in the voting for this honour.



**It seems that the Dutch Open for Men, on the 3rd and 4th of April may be almost a wholly British affair.**

Apart from the National Team, Area Squads from the North West, Scotland and the Midlands are also entered and it seems likely that there will be over 100 British Competitors.

Almost home from home. Let's hope we capture most of the medals.

**I wrote last month that John Goodbody was to become the Chief Sports writer on the Mail on Sunday to be launched early in the summer though at the time it was not known who the photographers would be.**

For that matter it still isn't but it could be a remarkable coincidence that Don Morley has just left leading photo agency 'Allsport' which he helped establish along with Tony Duffy. Two other photographers have also left 'Allsport' around the same time which according to my calculations gives John Gigichi every chance of taking over the business. Go to it John!

**I have an associate...who shall be nameless, called Bill, who is not really accident prone...rather more like a disaster area. As an example I will relate to you the story of the seagull.**

Recently, Bill gave me a picture of a seagull for our photo-library. This is slightly odd as there is not much call for seagull pictures in a sport photo-library but Bill insisted it be included as it was a very special seagull. "Did it head the winning goal in the Scottish Cup-Final?" I asked, (Well, they do score some funny goals up there.) "No...be serious," said Bill, "This is the seagull that stole my sock!"

"Indeed," said I, "what did it do with your foot?"

"No!" exclaimed Bill, "I was going for a paddle (adventurous sort is Bill) and I rolled up my trousers and took off my shoes and pushed my socks inside them and set off down the beach. When I turned round to walk back to my place, there was this seagull



with its head in my shoe pulling out my sock like a long worm." "It must have smelt like a kipper," I offered by way of explanation from my position rolling around the floor in hysteria.

"It's true," protested Bill, "I walked back up to my shoes and got hold of the other end of the sock and had a tug of war with the daft bird..." Unfortunately it seems that the seagull won and flew off up the coast worrying the said sock like a young puppy.

So, if anyone sees a seagull wearing just one sock...look out! It might be trying to make up a matching pair.

## THANK YOU

The Midland Area wish to thank Hardy Spicer Judo Club for their kind donation to the Area Judo Funds.

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# JUDO

## ACTION SPOT

Photos: DAVID FINCH





# WORLD CHAMPIONSHIPS VIENNA 1975



B1



B2



B3

B1-B4—Shota Tchochosvilli of the USSR attacks Haruki Uemura of Japan with Hizaguruma. Bodily both players are lifted from the mat, but Uemura has the forethought to gather the left leg of Tchochosvilli's trousers in his left hand. In doing so Tchochosvilli is crashed to the ground on his back, Uemura scores Wazari and from this position turns to hold Tchochosvilli. The Russian had been stunned by the throw and was powerless to escape from the hold. Uemura continued through the Open class to win the World Championship. Tchochosvilli won the Bronze.

COLIN McIVER



B4

# WINNING ELEMENTS

with Peter Brown M.B.E.,  
3rd Dan  
B.J.A. Honorary National Coach



During the 1982 National Trials I met a real bonny lass who, despite the train strike, had made it from Preston to Crystal Palace. Anyone who knows the difficulties of even finding Crystal Palace, let alone getting there, will readily applaud this fine young Judo player who had entered the womens selections. Filled with potential as she was, there was a note of sadness and disappointment in her voice when she explained that she had not been allowed to compete because she had misunderstood the weighing-in time, as it was different from the time she had entered previously. This young competitor had probably set her heart on getting into the British Squad and had presumably denied herself the pleasures of normal mortals to train in a dedicated manner towards this aim. If a statistician had calculated the number of training hours or amount of physical and mental effort involved in that year of preparation he would probably be amazed that this young hopeful had done so much work only to be denied her chance at the crucial moment. She had neglected to consider my final ELEMENT OR SUCCESS PRE-COMPETITION ORGANISATION. This article is dedicated to her, so as to help her through her next year's training because she did say, wistfully—"There's always next year." If you follow the advice in this article it may save you an extra year of training too!

It doesn't matter how much hard training you have put yourself through, it doesn't matter about your wonderful skill level and your plan of attack—if you don't get to the starting line ready for action! This area is one at which most British Judo fighters could do much better. The eastern bloc countries (or any professionals) leave nothing to chance, and if anything, perhaps get over-organised. Needless to say you should arrive at your competition free of unnecessary stress and anxiety—but how many competitors do? Even the best laid plans can go wildly awry through the slightest planning error, so at the outset plan on 'Murphys Law'—if anything is going to go wrong, it will. So plan with all eventualities in mind.

There are six main areas to prepare for in advance:

- 1—PRE-EVENT ORGANISATION.
- 2—ANALYSING THE EVENT.
- 3—FINAL WEEK PREPARATION.
- 4—THE COMPETITION.
- 5—THE OPPONENT(S).
- 6—THE DRAWING BOARD.

## 1—PRE-EVENT ORGANISATION

The first point to check is the application form, carefully ensuring that you note all details, especially the booking-in time and location. Some entry forms are designed so that the match details go back with the application—so keep the details separately.

The booking-in time can be very important. Consider how much time it will take for you to get from your home, or hotel, to the event and allow plenty of time for late trains or peak traffic. Nothing is more anxiety producing and energy sapping than to be fast approaching the closing time for booking-in, with five to ten miles of traffic congestion to go. (I once threw my wife out of the car four miles from Crystal Palace with ten minutes left to weigh-in, because of her poor map reading).

Add to that extra stress if you're actually driving as well. If you're also unsure of your weight and it's borderline, the stress on this point alone will treble, and will not allow you adequate time for relaxing prior to the event or to get yourself organised in the competition arena. I would not recommend the well known practice of losing 2-3lbs on the morning of the event in order to 'make the weight.' For one, you will probably be extremely weak afterwards. Secondly, it will probably have prevented you from taking a good breakfast early enough for the food to breakdown into glucose. Third, it is a very risky business that can badly go wrong and throw you completely if you don't make the weight. It is always better to allow yourself enough time to get through the booking-in routine with time to spare. This allows you to get a locker for your kit and to get the feel of the situation and hear last bits of vital intelligence about other contestants before the contest. You will also be able to observe those who have had to work out until the last possible moment and in this factor at least you will have the advantage.

Prior to leaving, of course, you will have packed your bag at a leisurely pace so as to have everything you need, including your in-date Judo licence! You will need your warm-up track suit, training shoes, a flask,

plasters, a towel and of course a nice clean Judo suit. You can also add a pad and pencil for jotting down essential information, e.g. the draw and other points which will be discussed later. When you are a seasoned competitor your bag will become a compendium of personal treasures—all 'essentials' that will PREVENT STRESS.

## 2—ANALYSING THE EVENT

The first thing to try to estimate beforehand is the level of competition you are going to meet and the likely number of contests that you will have to fight. This should have a large effect on your training plan. You will have to train for the level of physical and mental stress that you are likely to meet, so that there is absolutely no doubt that you will be able to cope when the comes.

Another point to consider is the time of day that you are going to fight. If you have only been used to practising in the evenings it may be hard for you to adjust to fighting in the morning. You should certainly practice fighting at a similar time, so that your wonderful computer (Your body) can adjust its systems accordingly. You will need to know exactly the location of the competition and the mat area and to have visited both if possible beforehand. Always have a practice on the mat area to get used to it prior to the contest. Get familiar with the area and feel part of it, so that it's no stranger when you fight for real.

In most locations it's the early bird that gets the most convenient changing facilities, if you arrive late you probably won't get any at all, and the facilities will be teeming with bodies. It always seems simplest to me to arrive in a tracksuit and my basic judo essentials for the minimum of changes. Check to see if there will be refreshments. If you've had an early start with little breakfast then after the prelims it can be (physiologically) a long time to the finals. Your body doesn't know why it's being treated like this and your energy will become depleted. Ensure that easily digestible food is available mid-day. If long queues are likely, and a poor selection of foodstuff then take your own—it'll save you money as well as hassle—and also plenty of liquid.

Prepare to take your warm-up kit in your bag so that you don't have to return to the changing rooms. Keep everything simple, to

avoid stress. Keep all your essentials in a large (lockable) bag, and make sure a friend keeps his/her eye on it when you go for your warm-up.

### 3—FINAL WEEK PREPARATION

The week prior to the competition is crucial. You must plan to arrive at the best possible mental and physical condition and your training should be designed to bring you to that peak.

Used to think of competitions as merely another training session and work straight through with no special preparation. Now I realise that, for many reasons, this is not the best approach. For a start the body should ease down in the final week. So far as skill learning is concerned, it is too late to have any effect. In fitness terms you will not give the body a chance to recover from the stresses of training and the glycogen (energy) replenishment that is necessary at maximum training workouts. One very hard workout can diminish your energy stores to almost zero, and it takes in general two to three days to recover. In the three days prior to competition you should do the minimum required to maintain a reasonable rate of activity, e.g., light runs, stretching exercises etc. So as to allow your mind and body to rest and recuperate ready for the 'big one'.

Your diet can also play a big part. Whilst you are not entering a marathon event, if you are anticipating a full day of contests you will do well to prepare by having plenty of energy available. You can best do this by taking in plenty of energy producing carbohydrates in those three days prior to contest. This can be found in potatoes, bread, cereals, spaghetti, pasta, etc. It could also be prudent to ensure that you have included foods especially with the essential of vitamins and C.

The significance of diet in power events such as Judo is still subject to conjecture and further studies are needed. Certainly you should ensure that the food available prior and during your competition period is similar to what your digestion is used to. Fat and other indigestible foods should be avoided and so should alcohol, within 12 hours of the event, if for no other reason than that it inhibits oxygen utilisation.

Your final week of preparation should include a fair amount of mental rehearsal. You must mentally visualise every aspect of the competition so that when you get there you have mentally practised in advance and the uncertainties are reduced to an absolute minimum. This will prevent unnecessary stress and anxiety. The location must become completely familiar, the route you will take, the way you will feel, prepared and composed and the people you will meet and how you will respond. You must be aware of the various forms of 'sports psyching' that other competitors will use so as to try to throw you out of your well planned stride. You must know how to react and stay calm. Some players become overly in their manner and try to draw attention, possibly as a cover for their lack of confidence. The danger of this is that it is attracting everyone's attention, so long as you are winning. It works in reverse when you start to lose. Try to develop the inner calm and confidence and stay out of the limelight and unnecessary pressure, until the competition is over.

During your preparation for the event you must mentally rehearse every aspect possible, so that when you arrive to fight you are thoroughly familiar with all aspects. The more information you can gather, the better. Nothing that you can mentally rehearse is insignificant. The aim is to prevent yourself from being subjected to unnecessary stress outside of the actual contest. You must also learn to relax in between contests so that you are mentally prepared for your next match. You need to find out exactly when your next contest will be so that you can allow your mental self to relax, allowing you enough time to warm up prior to the next burst of activity.

### 4—THE OPPONENT(S)

You (or your coach) must learn how to gather intelligence reports about the opposition. The secret of a champion is that he/she is always one step ahead of the opposition. To do this you must do your homework. Some basic factors that you need to know about your opponent will include...

- (a) KNOWLEDGE OF HIS/HER SKILL PATTERN  
Is the opponent a slow starter, or does he attack from the word go? Is he a defensive fighter who relies upon counter-attacks or does he set up the rhythm required? What is his normal pattern of fighting?
- (b) GROUNDWORK  
Is he a ground fighter or does he prefer standing work? If on the ground how clever is he? If he is weak on the ground how can you best get him down there? What are his favourite moves?
- (c) GRIPS  
What grip is absolutely necessary for your opponent to have before he can throw? How can you best prevent him getting this grip whilst you get yours?
- (d) FITNESS  
How fit is your opponent, at what level of heart rate does his skill level deteriorate? What is his strength level?
- (e) DEFENSIVE/OFFENSIVE  
How does your opponent plan his attacks, does he wait to counter, or does he lead the attacks? Are they strong attacks or does he use subtle combination attacks that are preceded by soft moves. How does your skill level best react to whatever pattern your opponent will use?
- (f) FIRST THROW  
What is the opponent's main throw and how will you best prevent it?
- (g) SECOND THROW  
What is the opponent's second throw and how best can you react to prevent this?
- (h) TEMPO  
At what tempo or speed does your opponent like to move in order to use his throwing skills? How best can you prevent him maintaining this tempo?
- (i) TACTICS  
Are your opponent's tactics planned or not? Is he an opportunist or is there a definite plan of attack? What is your

plan of attack and how will your opponent restrict this?

- (j) EDGE FIGHTING  
Does your opponent fight on the contest edge and are you clever enough to play his game and come out on top (without being penalised)? Chances are that you're not. So how best can you keep the action in the middle?

There are bound to be many other factors but these points represent a starting point. You must know all there is to know about the opponent(s) if you are going to stand a chance of beating them. Time taken in preparation is never wasted. You may like to use a basic ANALYSIS SHEET that I designed some years ago or you can of course design your own but you must remember that you will only have three to four minutes to complete it.

*Editor's note... Unfortunately we do not have space to print the Analysis Sheet but will send a photocopy to anyone, provided they send us a stamped-addressed envelope.*

Do remember that all pre-match conditions and situations can be simulated and practised, whatever the level, and the less experienced you are the more this pre-match preparation can help you to win.

### 5—AFTER THE COMPETITION

First, allow yourself to relax for two to three days after your intense mental and physical effort. Do what you like and enjoy it. After this period of elation you must then get back to the drawing board and put right the weaknesses that you found. You must scrutinise the weak areas and select the particular areas of need. Write these down on your preparation and planning chart (last article) and re-establish your aims for the future. Select your next competition and then—guess what—train EFFECTIVELY.

PRE-COMPETITION ORGANISATION is absolutely essential to get the top results. If you have followed these articles you should now be much more aware of the importance of the various ELEMENTS OF SUCCESS which, to remind you, are as follows...

- 1—PHYSICAL FITNESS
- 2—EFFECTIVE SKILL.
- 3—PREPARATION AND PLANNING.
- 4—MENTAL STRENGTH.
- 5—PRE-COMPETITION ORGANISATION.

As already stated these factors are all inter-related and you must be effective in all elements to be successful.

The power is within you to become the champion that you want to be, there are just two small words left to complete the series—**DO IT!**

PETER BROWN

### PRE-COMPETITION CHECK LIST

#### 1—PRE-EVENT ORGANISATION

- a APPLICATION FORM.
- b COMPETITION DETAILS.
- c BOOKING AND WEIGH-IN TIME.
- d TRAVEL CONSIDERATIONS.
- e ACCOMMODATION.
- f WEIGHT.
- g LICENCE.
- h BAG PACKED WITH ESSENTIALS.

*Continued overleaf...*

## WINNING ELEMENTS

—Continued

### 2—ANALYSING THE EVENT

- LEVEL OF COMPETITION.
- NUMBER OF CONTESTS.
- PHYSICAL AND MENTAL STRESS.
- TRAINING PLAN.
- TIME OF DAY.
- LOCATION.
- CHANGING FACILITIES.
- REFRESHMENTS AVAILABLE.

### 3—FINAL WEEK PREPARATION

- RECOVERY FROM STRESS.
- LIGHT ACTIVITY.
- DIET.
- MENTAL REHEARSAL.
- INNER CALM.
- RELAXATION.

### 4—THE OPPONENT(S)

- INTELLIGENCE REPORTS.
- KNOWLEDGE OF OPPOSITION SKILL PATTERN.
- GROUNDWORK.
- GRIPS.

- FITNESS.
- DEFENSIVE/OFFENSIVE.
- FIRST THROW.
- SECOND THROW.
- TEMPO.
- TACTICS.
- EDGE FIGHTING.

### 5—AFTER THE COMPETITION

- RELAXATION AND REFLECTION.
- WEAKNESSES.
- AREAS OF NEED.
- RE-ESTABLISH AIMS.
- TRAIN EFFECTIVELY.

# Letters TO THE EDITOR

**OPEN LETTER TO THE MANAGEMENT IN PARTICULAR**, but also to anyone else involved in the suggested extension of armlocks and strangles to lower (and even to all) age groups.

Although there are many urgent matters (e.g. Minutes, confirmation of promotions, etc.) keeping me fully occupied, I feel that I must take some time off to make my views known regarding the suggestion to decrease the age at which junior contestants are allowed to use armlocks and strangles in competition.

I have discussed this with Ken Kingsbury, and we are both quite perturbed to hear of such a suggestion. The problem really concerns the strangles. After all, arms are expendable inasmuch as we have two arms each, and Nature is pretty good at restoring a broken or dislocated arm to a reasonably efficient working model again. The brain however is another matter. When a child is born, he or she has the total number of brain cells for that individual, and any which get damaged sufficiently will die and simply will not be replaced. The easiest way to damage brain cells is to deprive them of their blood supply, which is of course what we do every time we strangle somebody. However, for the adult, a strangle applied to submission, or even a strangle that produces MOMENTARY unconsciousness if the subject does not submit soon enough is unlikely to produce sufficient damage to cause actual death of brain cells. As anyone who has practised with me will know, I am a 'confirmed strangler,' and obviously could not reconcile it with my conscience to keep strangling all my friends if I did not believe this to be so.

The situation in the child is very different, as cells which have not achieved full maturity are much more susceptible to damage. Although as stated above, the newborn infant has his total complement of brain cells, these are far from fully developed. Development of the nervous system takes place throughout childhood and adolescence, and to quote David Sinclair in his book on *Human Growth after Birth*, "So little is as yet known about the mental processes that it is very difficult to say when mental development reaches maturity, but this event is thought to occur somewhere between 15 and 25 years of age."

The other major point that I would like to make on this issue concerns the fact that we learn by our mistakes. We are constantly modifying, and we hope, improving such things as the types of competition available, the age ranges and weight categories, methods of training and of coaching, etc., and then making modifications in the light of experience gained—i.e., the effects of those changes. This is particularly the case with respect to any technique or training method noted to be associated with a high incidence of injuries. So in the case of armlocks for the younger competitor,

it would fairly quickly become obvious if this was dangerous by the number of arm injuries produced. This is therefore another reason why Ken and I are less concerned regarding the extension of the range of categories that may use armlocks. Strangles however are a very different kettle of fish, because the effects of brain damage are insidious, difficult to detect and difficult to attribute to any particular cause. The problem I am talking of is not one of a child going into a coma and convulsions, and perhaps failing to regain consciousness; it is of a much more subtle nature, with the loss of neurones here and there throughout the brain. It is quite possible of course that even with the age range that are allowed to use strangles in competition at present, some children may have become brain-damaged, and therefore enter their adult life with a lower IQ than they would otherwise have done. This is something that it is not possible to prove, as there are so many other factors that can affect the developing brain and therefore the final IQ. All that one can do is to harbour suspicion, and the younger the age group that is being allowed to use strangles in a competitive situation (as opposed to being taught them in a controlled situation), the closer that suspicion becomes a certainty. If the categories were based on ages, Ken and I would be far less concerned. As it is, the actual age, and therefore the state of maturity of the nervous system is quite unrelated to the body weight (which is of course the criterion on which categories are based).

On looking at the age ranges for each category in the recent National Under-18 Championships, I consider that it would be very unwise to extend the range below the present one of the four heaviest categories in both boys and girls; even these categories include some fourteen-year-olds.

PHYLLIS ELLIOTT, M.B., Ch.B.  
2 Burton Lane, Oughtibridge  
Sheffield S30 3FT

#### REFERENCES:

*Growth of the Nervous System*

—Ciba Symposium 1968

*Human Growth after Birth*

—David Sinclair 1978

*Development, Growth and Ageing*

—Nicholas Carter 1980

*Physical Activity, Human Growth and Development*

—G. Lawrence Rarick 1973

*We would like to apologies to Dr. Elliott since part of her letter was not printed last month, due to shortage of space. However, we make amends by printing her letter, in full, this month.*

Open letter to the management committee and to all concerned with keeping judo alive in Britain.

Regarding the suggestion to change the rules to allow juniors to use Kansetsu and Shime Wazas in the lower (AND POSSIBLY), all age/grade groups.

When I first read the article in the newsletter my initial reaction was one of 'TEPID' approval, as I have for many years considered that as a result of the inexperience of our young players in the using of these techniques upon entering senior judo, the sport suffers a large drop-out rate due to the 'mental block' which the current rules have built in to the players both from using and defending against the techniques.

However the more that I have thought about the suggestion the more I have turned from 'tepid' approval to 'HOT' disapproval of the total idea.

In the past 25 years that I have been associated with the sport, and this association of ours; I have seen many changes; some for the better, and some for somewhat less than better. (In my humble opinion).

However I don't think that before this I have heard of a proposal that could cause so much damage as this one could, if it is allowed to take place. I have over the last few weeks listened to and read of the many FORS AND AGAINSTS regarding this proposal and would like to answer one or two with my own ideas and suggestions if I may.

1—That the inclusion of these Wazas would cause less passive and defensive time wasting in Ne Waza.

Surely, this could be more SAFELY be accomplished by extending the existing rule applied in Tachi Waza or by shortening the time that referees allow inactivity to take place. Better still introduce the old technique of USHIRO TATE SHIHO GATAME, back into the sport. (See G. KOIZUMI'S 'MY STUDY OF JUDO' page 107, fig. 87).

The use of this technique serves two purposes in that it renders the face down starfish type of defence useless, and upon moving into senior judo Waki Gatame is the logical move from this Osae Waza.

2—That the inclusion of these Wazas lessen the drop-out during the transition from junior to senior play. (One of my own former opinions).

However whilst I still think that we need to instruct and ALLOW the use of these techniques before the 16 years limit I think that this is far safer around the age of 14 years, say with the reintroduction of the ESPOIRS competitions, NOT only at national level but at AREA/COUNTY level as well.

3—That the use of these techniques over the last few months in the competitions in which they have been allowed has not shown any increase in injuries.

I feel that this opinion must have been made in a state of misguided mushin, we really must not take the results of what must be considered the better quality players at national level to be indicative of the outcome of a decision that would cover THOUSANDS of junior players from the 8 years old NOVICE upwards.

Whatever else we may think we must remember that we are talking about CHILDREN, and although within our clubs and competition venues they are supervised and generally disciplined they are still children being taught potentially dangerous techniques, if used in the wrong way, and until old enough to appreciate that these particular ones are the most liable to damage, they should not be armed with them.

WHAT WOULD MY LEGAL POSITION BE FOR INSTANCE IF: I teach FRED Tomoe Jime on Monday night and on Tuesday at school, round the back of the loo's out of sight, he gets into a fight with TOM, TOM, gets strangled out, FRED panics, runs home. TOM not found quick enough, suffers permanent damage or death: Extreme case yes, "WHAT IS MY LEGAL POSITION?" Quite apart from how I would FEEL!!!

Strangle seniors yes, (I DO), but no sports future, a few injuries like those that occurred in boxing a few years ago could do that! Let's LOCK this idea away or STRANGLE it before it's born.

K. L. WIDDEN  
5 Yew Tree Close,  
New Barn, Kent

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# GLEESON'S MARKET STALL

## DO WE WANT THE NATIONAL SQUADS?

Back in the 1960's when I initiated and organised the national squad system, it was like climbing Mount Everest—"It seemed a good idea at the time." The main objective of the scheme was threefold then...

- 1—To develop a camaraderie among the country's top competitors,
- 2—To improve performance and coaching skills,
- 3—To make the selection of national teams fairer.

Perhaps now, nearly twenty years later, none of these objectives are any longer valid and so the whole squad system could be abandoned and something more effective, more appropriate to the present time, put in its place?

Such a radical development would no doubt raise the hoary old debate of centralisation v decentralisation (succinctly discussed in Schon's book 'Beyond the Stable State'). Both approaches to organisation have their merits and demerits, summed up they could look like this...

**Merits:** Centralisation; imposition of central authority, standardisation of procedure, easy monitoring of efficiency.

Decentralisation: development of different solutions to a single problem, freedom of choice, greater utilisation of facilities.

**Demerits:** Centralisation: bureaucratic dogmatism, suppression of pluralism (either as groups or individuals), loss of purpose (systems for systems' sake).

Decentralisation: proliferation of authority to the point of anarchy, confusion of goals, lack of leadership.

In my days as national coach, Mr Palmer tended to be in favour of centralisation (and seems to be so still), while I tended to prefer decentralisation (which I still do). Both trends need to be carefully watched in case they slide imperceptibly into their extreme states. For example, has the British Judo Association become inhumanly bureaucratic? That's why I was always in favour—in principle—of having more than one national governing body in any sport, so that an alternative service could be offered to the public. A principle that is fundamental in any democratic society.

By now coaching standards should have improved throughout the whole of the British Isles. After all the B.J.A. has had state money for more than twenty years to do just that specifically, but whether it has done so—significantly—is really up to the membership to decide. In my recent limited experience of the Areas, coaching standards have not significantly improved, but perhaps that has been the result of definite policy. It would appear that the policy over the last six or seven years has been to go for managers rather than coaches. If so, no doubt there were reasons, but the decision did not do much for coaching (Let's hope it has done something for management). But be that as it may it will have



produced a uniform level of coaching ability across the country that could facilitate the establishment of localised training schemes, centrally financed. A development of this kind would avoid the invidious task of finding one man who is saddled with the awesome job of developing judo talent across the whole of the country. What would be needed instead would be some form of coaching director who would be responsible for co-ordinating and monitoring the local schemes, rather than training all the best people under one squad roof. Such a task would be within the capabilities of one man—if he were the right man.

Approaching the business of development coaching in this way would be well within the policy determinants of the Sports Council. That state agency has always been in favour of coaching even before its actual existence, when it was blemish in the eye of the C.C.P.R. Such an enthusiasm for coaching is further shown by how, recently, it has thrown all of its weight behind the British Association of National Coaches in its endeavours to improve top coaching. Sport as a form of social control is growing stronger by the month, whether that control will be for the benefit of the participants and the community or those who are in it for greedy gain, will depend largely on one man—the coach. B.A.N.C. is trying in every way to ensure that the training of top coaches will be commensurate with their future role in society—I have personal knowledge of this: for I have been given the task of producing a pilot-training scheme. However, as essential as B.A.N.C.'s contribution is to this training development, it must be supplemented by every governing body trying to improve their own coaches' training schemes.

Is the British Judo Association doing that? Is it training its best coaches to analyse skills more effectively, to produce more structured training (Kata), to motivate youngsters with the intellectual challenge of judo? It is all very well for people like Peter Brown to tell judo competitors how to get fitter, but it must be remembered, if two fighters are equally fit then it is the most skilful who will win. Organisations like the British Association of Sports Coaches and the Sports Council, can produce training schemes that incorporate those subjects not directly related to specific skills, i.e. psychology, physiology, but the sports themselves must produce the specialist training for their own specialist coaches. Perhaps if the present national squad training scheme was replaced with several local regional training schemes, the number of coaches necessary to produce such a proliferation of schemes would sooner or later—hopefully sooner—produce pressure sufficient to make the British Judo Association produce a national scheme for the training of coaches? That, I feel, would be a real contribution to the future of judo!

**British Judo Association—Midland Area**



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