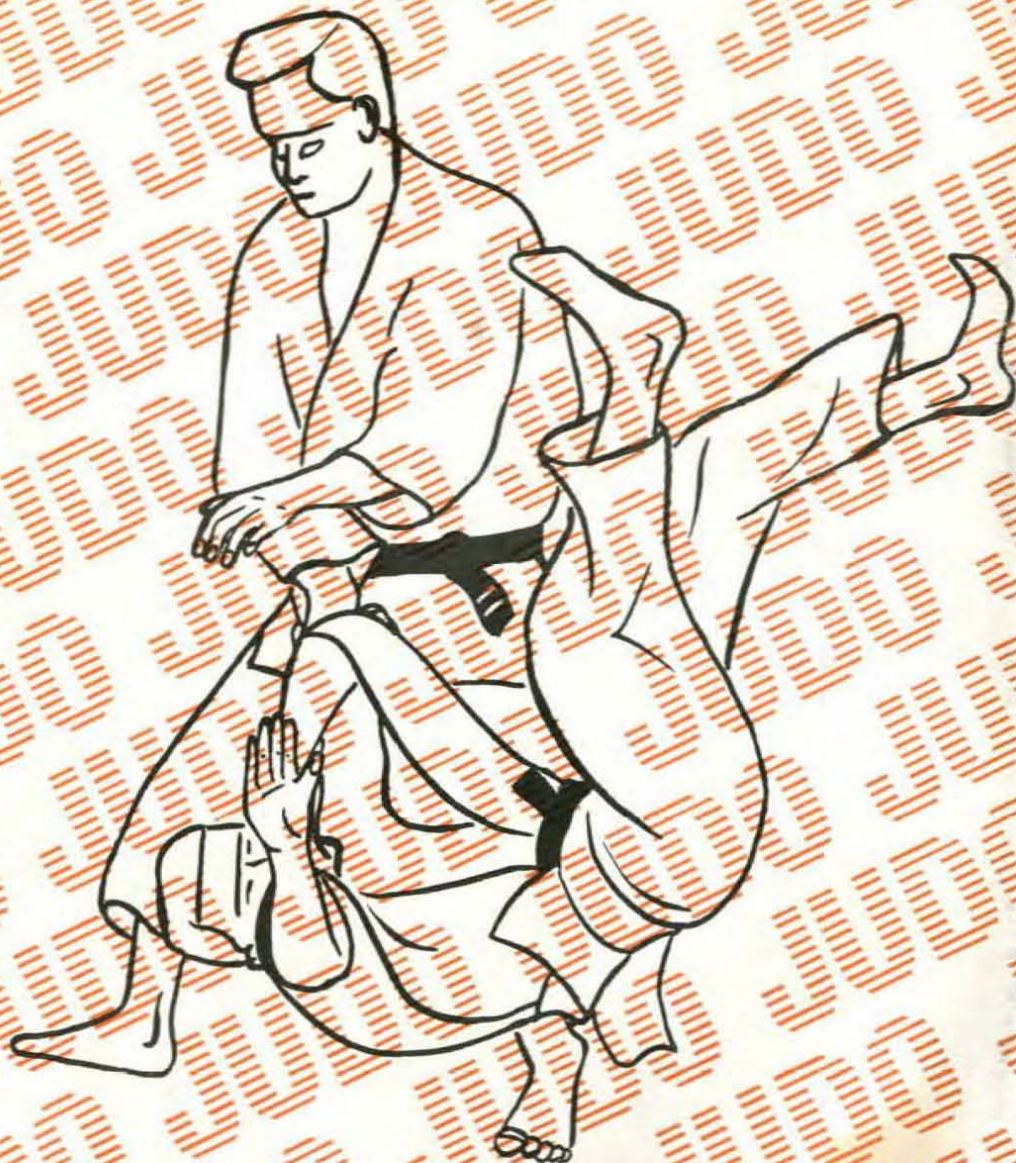


# JUDO

VOL. VII

MARCH 1963

No. 6



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*Inside*

**BRITAIN v FRANCE**

2/6



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Mr. H. Stephenson and Mr. Akinori Hosaka (5th dan) together with Mr. Kisaburo Watanabe (5th dan), photographed at London Airport after being informed of the cancellation of their flight to Paris.

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Editors: G. A. EDWARDS, F.C.C.S., F.I.A.C.,  
A. R. MENZIES



# Britain v France

PARIS, STADIUM COURBERTIN

February 11th 1963

Eyewitness account by George Kerr, 4th Dan

The members of the British team and the accompanying officials gathered at the West London Air Terminal on Friday night, the 10th February. The team consisted of three Lightweights: A. Orton, S. Mountford and N. Strang; three Middleweights: G. Kerr, M. Miller and H. Bernard; and three Heavyweights: A. Sweeney, J. Ryan and A. Petherbridge. Mr. Watanabe and Mr. Hosaka were also accompanying the team with Mr. Harold Stephenson, and well-known Welsh businessman Mr. Arthur Lott.

The Team Manager, Percy Sekine, was met with bad news as soon as he arrived at the Air Terminal. Fog was blacking out Paris and London, and the possibility of a flight that night was remote. While the team drank endless cups of coffee in the terminal lounge upstairs, Percy Sekine attacked the officials down below. Establishing that no flights would go out that night, he immediately tried to make other arrangements for his charges to get to France, but this was easier said than done.

At the Air France desk, through which the flight had been booked, one harassed young lady was dealing with nearly 70 passengers, and it was only after much hard work that the Team Manager was able to get her attention. After examining all the alternative possibilities, such as the "Golden

Arrow", the "Night Ferry", etc., he managed to transfer the flight to B.E.A., who had seats available the next day, Saturday, on a Comet flight at 5 p.m. in the afternoon. This meant that the team would arrive in Paris between eight and nine o'clock at night, and they would only just make the stadium in time. Mr. Sekine considered that this would be leaving things a little too fine, returned to the conflict and persuaded the B.E.A. officials to get them on an earlier flight. However, this meant splitting the group up into three parties, one due to leave at 11 a.m. in the morning, another due to go in the middle of the afternoon and the officials, apart from the Team Manager, were to leave late in the afternoon on the Comet flight.

On the Saturday morning the Team Manager arrived with his group, Petherbridge the team captain, Sweeney and Ryan, and left the terminal for the Airport. Just after lunch George Kerr, the head of the second party arrived with Miller, Bernard, Orton, Mountford and Strang. On reporting to the desk they were told that their flight was delayed for one hour, the fog was back and the last flight had been turned round. However, George and his party managed to get away at last and only the officials were now left to wait for their flight. In due course they boarded the bus to the Air-

port only to be told on arrival that all flights to Paris were cancelled. Since there was now no time to make other arrangements, they returned to the terminal, thinking that at least the team had got away. Later events proved this was not so. The first party, headed by Percy Sekine was, at this time, still at the Airport, having had their morning flight cancelled. George Kerr, however, had been lucky enough to make the only aircraft that had gone to Paris that day and was by this time in Paris. Mr. Sekine had missed the Kerr party at the Airport, due to their flight being delayed. The Team Manager, however, kept at the airline officials and with a little bit of cajoling managed to get transferred to a plane at 6 p.m., which it turned out was an unscheduled flight to Paris by Comet. In a few seconds tickets were transferred and, although there were literally hundreds of people waiting to go to the French capital, Sekine led his small band on to the aircraft, which took off and landed in Paris 30 minutes later with 66 empty seats. Mr. Sekine mentioned this fact to the hostess, but apparently it did not seem to matter that people had been sent to railway stations to take a long rail and boat trip while a large aircraft made a 30-minute flight to Paris three-quarters empty.

We take up the story with George Kerr himself, who had arrived in Paris at 7.30 p.m. with the other five team members who made up his party.

Upon arrival at the hotel I was met, much to my surprise, by Mike Langley of the "Daily Express". I know Mike quite well, and we discussed the situation, then left for the stadium, where we eventually arrived at about 8.30. We were quite an exhausted team by this time, and I feel we

could have done better in the first match had the team had more rest. I spoke to the Secretary of the French Federation, and he advised me that we should have a six-man team event, comprising the Middleweight and Lightweight categories only. This I agreed with and it was announced.

The first contest was between Strang and Lesturgeon. Strang attacked spasmodically, but it was obvious that he was tired and he could not seem to get going at all. The Frenchman on the other hand attacked continuously, a very small and skilful man, and he knocked Strang down once or twice. He eventually knocked Strang down with a good O-kuri-ashi-barai and was awarded a waza-ari. Strang was unable to pull this up, and the contest ended with the Frenchman winning by the waza-ari.

One down and five to go. The next contest was between Mountford and Forrestier. This was rather a short match, Mountford attacked continuously for about a minute, and then Forrestier countered and they both fell to the ground. Just as Mountford was rising Forrestier managed to get an armlock, Mountford got to his feet, and at this point the referee should have intervened and told them to break; unfortunately he did not and Forrestier got the point. Later it was learned that Mountford had pulled some tendons in his arm and could not compete in the second match.

The next contest was Orton versus Borreau, the Lightweight Champion of Europe. Orton did not do much attacking and, like Strang, he never seemed to really get going. Borreau, on the other hand, a very small defensive lightweight, took chances and attacked very well. He got a waza-ari with a Kaeshi-waza from an attack of O-uchi-gari by Orton. This was



the only score and, of course, gave the Frenchman the contest. Again, Orton, like Strang, seemed to get very tired after the first three minutes or so.

Miller versus Grossain, the first of the Middleweights. Miller met Grossain at Lyon, on the occasion of the last Britain versus France International, and lost in the first six seconds. This time Miller lasted for a minute and a half, then Grossain scored with a beautiful Uchi-mata, the throw of the evening. Now a 4th Dan, Champion of France, and Olympic Middleweight Champion of Europe, Grossain is one of the best judomen in France, and Miller had that consolation in being defeated.

The next man for Britain was Bernard in his first International, against Leberre, a very seasoned judoka. Bernard did not seem to get going against this Frenchman—he made one or two good attempts but they did not make much impression on Leberre at all. On the other hand, Leberre did not do very well with the attempts he made on Bernard until he scored a waza-ari with an Ashi-waza, to put him in front. Then Bernard attacked and Leberre countered with O-uchi-gari, to score Awasete-ippon, and made Britain five down and one man to go.

I was the last man on and went on determined to win. Chavallier, the remaining Frenchman was just as determined to make it six for his side and he practically crawled round the area on his hands and knees in an effort to stop me. His delaying tactics and defensive position were so bad that I damaged my hand in trying to make some impression on him. I eventually got a waza-ari on him to make me the winner of the contest.

I had just finished bowing, when the crowd burst into applause and

cheers. I thought they were cheering our win, but not altogether, for, as I looked round running across the stadium were Charles Palmer, Percy Sekine and the three Heavyweights.

This was a great surprise for us and fairly cheered the team up. It looked as though now we were going to do something worthwhile. The three Heavyweights immediately changed and rushed back to the mat area where their French opponents were waiting for them.

Petherbridge, in his last International, captained the team, and he went on first to meet Bourgoin. A very touch and go fight with Petherbridge knocking the Frenchman down several times. Once he managed to knock the Frenchman down with O-soto-gari not with enough impetus for waza-ari but good enough if there were no other score to get him Yusei-gachi, which is what happened, Petherbridge getting the decision at the end of the contest.

Next Sweeney met Gress. Incidentally Gress won the Junior Heavyweight Championship of France the next day. This is for players under 21, and Gress is only 19. Sweeney attacked throughout the contest but could not quite manage to get Gress over. Gress on the other hand was very defensive and did not attack very much at all. At time Sweeney got Yusei-gachi. Britain now stood at 5—3 with Ryan, the last of the British side to go on, against Desailly, a formidable opponent. Ryan attacked extremely well with Harai-goshi, O-soto-gari, and O-uchi-gari. Desailly also attacked fairly well, and he managed to knock Ryan down on to his knee once. It was this which earned him the decision at the end of the match, and France had won by 6 contests to 3. I think we would

have done better if the Heavyweights had turned up in the first place; their moral support would have made all the difference.

In between the matches we saw a very good demonstration of judo by the same juniors who were at the World Championships, and they again gave a very good performance.

We also had a chance to speak to Pariset and Courtine, who intimated that they might be taking part in the European Judo Championships in Geneva this May.

So on to the next match. Mountford, who had as I have already said, damaged his arm, was unable to compete, therefore, the second match was eight a side.

The match started with Orton and Lesturgeon. Orton attacked well and managed to knock the Frenchman down on to his side, and as Orton continued to attack more and more the Frenchman retreated into a defensive position. At time Orton got the decision.

Strang met Forrestier, the opponent who had damaged Mountford's arm in the first match. Forrestier adopted a very defensive posture, waiting it seemed for Strang to attack with Uchi-mata, so that he could pick up the Britisher's leg and counter him. Strang made the better of the contest and near the end knocked the Frenchman down with O-soto-gari which, although it did not score, was enough to give him Yusei-gachi at the end of the contest.

Chavallier against Miller started the Middleweight contests. Miller spent most of the time on the attack, but could not quite get through Chavallier's defence. Chavallier on the other hand was getting through to Miller and knocked him down several times with Sode tsurikomi-goshi and

Seoi-nage. Miller never seemed to find the answer to these attacks and at time Chavallier got the decision.

In the next contest I met Leberre. I had already fought Leberre before in Lyon, and this made it a very interesting contest indeed. I was full of confidence and felt that the Frenchman was a little disconcerted with the attacks I was making. I threw him off the mat several times and scored waza-ari with Tsurikomi-goshi, but although I tried very hard he seemed to have the luck of the devil and I could not nail him again. At time I got Yusei-gachi.

Grossain of France met Bernard in the next contest. Bernard seemed too relaxed for this very tough Frenchman. Grossain tried his Uchi-mata once or twice but he achieved little with it. Grossain then changed his tactics and tried a Tomoe-nage which knocked Bernard down and the Frenchman secured Kesa-gatame for the point.

Now Sweeney met Desailly in the first of the Heavyweight group. Sweeney really got going in this contest and although he did not manage to score a full point he certainly attacked very well. Desailly, who is the 4th Dan Champion of Europe, was in poor shape compared to Sweeney, who eventually knocked him down for waza-ari with De-ashi-barai, which gave the British side the win.

Bourgoin and Ryan was a short contest. The Frenchman beat Ryan with Tai-otoshi in about one minute to give the French side another victory.

The last contest was the decider, Petherbridge against Gress. It looked as though we now had this in the bag, all Petherbridge had to do was go out and beat this youngster, and we thought he could do it. He threw Gress off the mat in the first few seconds



with O-soto-gari and was awarded a waza-ari. Gress picked himself up and walked back into the area, took hold of the Welshman and there was just a big flash, up went Petherbridge and down for a good point to Harai-goshi. Gress won with this most spectacular Harai-goshi, and so the match ended with a draw.

I think if we had not been so delayed and rushed we would have put up a better show. A little

more experience in our Light- and Middleweight categories, and we shall have some very good men here.

The French laid on a reception for us which meant that we did not get back to our hotel until three in the morning. We arrived back in London on the Sunday night at 11 o'clock, a rather tired and depressed team, and we were lucky this time as the following flights landed at Manchester.

## THE TECHNICAL BOARD OF THE BRITISH JUDO ASSOCIATION

*G. Kerr 4th Dan.*

The Technical Board as its name implies is a body which deals with technical matters. The Board does not have its own constitution, it is governed by the constitution of the British Judo Association, which also lays down the function of the Board.

The members are not elected they are appointed by the Executive Committee of the Association. The qualifications for being a member are that they must be of at least 3rd Dan degree, they must be a resident in the United Kingdom and be a member of a member club for at least six months, and be a current licence holder of the Association. Upon being appointed they remain in office until they resign or are relieved of their appointment by the Executive Committee.

The Board is responsible for all promotions made, however only promotions to and in the Dan degree are deliberated on at a board meeting. In the case of all other promotions only if there be any doubt regarding the promotion this is referred to the Technical Board for their approval.

It is the Technical Board which is responsible for appointing and maintaining a register of Senior Examiners, who must be of 3rd Dan degree or above, and appointing and maintaining a register of referees, members of both these bodies must of course be current licence holders.

The Technical Board is solely responsible for the selection of all teams and individuals who represent Great Britain in international matches. They also appoint the team manager.

Research and the interpretation of technical matters are also one of the Board's jobs, and they advise the Association on all technical problems and matters pertaining to them.

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# KATAME WAZA

## JUJI - GATAME

(R Bowen 3rd Dan)

Most people with some experience of being trapped in juji-gatame soon discover a method of stopping the lock. This method is to link the arms together in the way shown in Fig. 1. If the opponent is quick enough to succeed in clasping his hands together in this fashion it can be very difficult to separate them if the attacker lacks the knowledge of what to do next, even with knowledge it can be difficult at times to continue into the full juji-gatame. Because of the tremendous variation from person to person in strength, suppleness and rotation of the arms it is necessary to have a number of methods of breaking up this linked-arm defence. In this and the next article I shall discuss several of these methods.

Fig. 1. This shows the link clearly. What Tori must do first is to make certain of his control of the opponent. He does this by tightening up the position as a whole and by threading his own arm or arms through the circle formed by the arms of the opponent. Tori would normally grip his







own collar with one or both hands to strengthen the position further. Once the position feels secure Tori starts to lean backwards so that the whole weight of his body is pulling on the opponent's arm in a steady, strong pull. The closer Tori can get his upper body to the opponent's wrist the more effective the pull will be. This is not shown in the illustrations, there Tori has a rather low pull on the defender's arm somewhere near the elbow.

The pull continues until the opponent is forced to unclasp his hands, or, if the opponent is too strong in the arms, until Tori decides to use another method. Note in Fig. 2 how Tori has tucked his head to one side, this is necessary because so much power can build up on the opponent's arms that they are likely to come apart suddenly, and if this happens the opponent's fist may smack into Tori's face and ruin the whole affair, face, lock and everything else, etc. Once the oppo-

nent's clasp is broken it is simple to continue into the usual lock.

Fig. 3 shows another method. Tori has brought one leg up and placed his foot in the crook of the defender's arm. By pushing with his leg much greater force can be added to the strain on the opponent's clasped hands. Though the foot can be placed as it is in the illustration, the action would be stronger if the foot was the other way round, that is with the heel in the crook of the opponent's elbow. This method is not recommended if Tori has long legs and the defender short arms.

The final photograph, Fig. 4, shows an extension of the leg method. This time both feet have been placed against the opponent's arm, heels in. The danger to Tori here is that he has considerably weakened his control of the opponent. Thus it will be a risky method if Tori lacks a fair edge in skill over his opponent.

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## REPORT FROM AUSTRALIA

By DENIS HOLLAND

It is a little more than two years ago when Matsushita tore my judogi neatly in half in the Budokwai lower dojo.

It was quite accidental, of course, and I didn't really mind the damaged judogi. It was one that old Bill, Emperor of the Budokwai counter, had loaned me anyway. My own rather soiled judogi I had left at home. I deemed it safer there than lying around the changing rooms where Charles Palmer, on one of his nocturnal sallies, could swoop on it and have it laundered at my expense.

The point of this preamble is that I learnt a great deal during my randori with Matsushita; and I was recently all set to repeat my lessons here in Australia with another high-ranking judoka. I refer to Takeuchi, whom you will remember I mentioned some weeks ago as possibly present in Australia.

Well, he was here all right; and so was Matsumoto. They taught and played in Melbourne and Tasmania, but so close did former President of the J.F.A., Zavetchanos, stick to them, they might

just as well have remained in Japan as far as judoka here in Sydney were concerned.

I really don't know the rights and wrongs of the Zavetchanos case. But all the evidence appears to indicate that this gentleman had a great deal to do with the two Japanese not including Sydney on their tour.

Certainly the two visitors were carefully screened from making contact with those who would have told them in no uncertain terms that their host was no longer the official representative of the Judo Federation of Australia.

And I have been assured by those who follow the trade of calumnious gossip that poor Takeuchi was even escorted to you-know-where.

There is possibly a funny side to all this. But I will chiefly remember the episode as unsavoury indeed.

The Judo Federation here is seeking to make arrangements to import a high-ranking Korean judoka for a lengthy stay. I hope they succeed because the recent world championships revealed a

talent in Korea which, I believe, had been largely unsuspected previously.

Talking of Korean judo reminds me that Eric Steele of the International Club has been awarded his 4th Dan by the Korean Judo Association. Secretary, Bob Evans, tells me that Eric was formally called to the Korean Consulate to receive his grade. The International has a fair sprinkling of English members and I wish the club success.

I remind Steele, however, that his treatment of visitors is not such as will enhance the club's reputation. The International must live up to the implications of its name and welcome all and sundry in the true spirit of judo.

The club does not constitute an Island; and if it seeks to conduct its affairs like one, it will bring down almost inevitable harm on its future.

Rab Smith tells me from Melbourne that the course he recently held attracted around 35 judoka. I am sure that all concerned learnt a great deal under Rab's tuition and I wish this dour Scotsman every success because I know how hard he has worked to put Victorian judo on the map.

Ron Burrell, late Budokwai, has also opened a club in Melbourne and I shall look in on him when I visit the city in the near future.

Now a word about the Australian Dan College. I have been a member of this club since I first arrived in Sydney. Run by Ferdi Moers, Nidan, the A.D.C. has a spirit which many judo clubs would do well to emulate. We have a small mat area but anyone and everyone is welcome. Most of our evenings follow a routine—90 minutes or so of hard judo on our mats; cold beers at a pub conveniently situated opposite, followed by a big steak at a Kings Cross restaurant which throws in a grandstand view of the varied populace passing by. And believe me, there are few places in the world where you will see a populace as varied and bizarre as the one which regularly haunts Kings Cross.

Couple all this with good conversation, and you have an evening which would be hard to better in this tired old world of ours.

I am writing this at a window overlooking beautiful Sydney Harbour. It is 90 degrees outside and time I said goodbye for the present.

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# CLUB

# FORUM

## LONDON

LONDON JUDO SOCIETY. *E. Dominy writes:*—I was hoping to be able to tell you the venue of the 1963 Festival of Judo. We have as you all know lost our usual venue at the Granada Theatre at Kennington, and although we have been offered other theatres belonging to the same circuit none are satisfactory in respect of both stage area and locality. Obviously the National Tournament side of the Festival must take place soon, and for this year at least it may well be necessary to hold these matches privately at the L.J.S. However I will circulate clubs as soon as possible.

Apologies are due to the members of the L.J.S. team who travelled long distances for the match at Malet Street with London University. The University only notified the club that they could not raise a team at four o'clock on the day of the match. As a result we were unable to contact our team members at such short notice.

The next promotion examinations will take place at the L.J.S. on the following dates.

**Up to 5th Kyu:** Sunday, 21st April at 10.30 p.m. **4th to 2nd Kyu:** Sunday, 21st April at 2.30 p.m. **1st Kyu and 1st Dan:** Sunday, 28th April at 2.30 p.m. I was surprised at the number of hardy judomen who braved the sub-zero weather for the last examination. They certainly deserved promotion.

My trip to Grimsby was postponed as a result of the very cold weather. The club and I were in full agreement about this, I think to run a course in bitterly cold weather is largely a waste of time. The host club are put to great expense and their members who turn up are more concerned with keeping warm than learning.

Our Olympia shows were a great success. The "Daily Mail" who organise the Exhibition were delighted and every day saw more spectators at the judo stand than any other. Hundreds of enquiries were received and the enquirers recommended to their local club. Sincere thanks to Joe Rowe and all the boys who took part, too numerous to mention by name.

## ESSEX

ROMFORD & HORNCURCH JUDO CLUB from *B. Kendrick*:—Any reader who happens to be in the vicinity of the club, which is situated at Cottons Recreation Ground, London Road, Romford, on a Sunday morning, can be sure of a good practice. There are always four or five dan grades in attendance, including the Northern Home counties champion H. Hughes. Visitors will be made particularly welcome, so come along, and enjoy a change of scenery.

## KENT

MEDKWAI JUDO CLUB. *F. W. Cook writes:*—Started last year, the Kent Junior League has been very successful, with four clubs sending regular teams to the matches, both home and away.

The final match to decide the 1962 League winners was between the Medkwai and Hobourn, which Medkwai won by two contests to one with two drawn.



D. French, Captain of the Medkwai team receiving the trophy from R. Whiteford.

The handsome trophy donated by Mr. F. W. Cook and helped by the proceeds of a special fund set up by the Medkwai juniors, was presented to the winning team by Mr. R. Whiteford, the British Police Judo Champion.

This year it is hoped to extend the league so that a greater number of clubs can take part.

## NORTHAMPTON

PREMIER JUDO CLUB. *J. Brackwell writes:*—First registered in 1948, the club has had a long history of difficulties and it is only the work put in by a few stalwarts that has kept the club going. Since 1948 we have occupied 16 different premises, but at last we seem to have settled down and we hope that our present location will be a permanent one.

As a start we are arranging for a 12-month course of training sessions under Albert Wilde, 2nd Dan, the Midland Area Coach, which we hope will be a good foundation on which to build up the club to being in fact the Premier Judo Club instead of just in name.



# The story of

## THE KODOKAN BADGE

### Senta Yamada 6th Dan

The shape of the Kodokan badge is called YATA-NO-KAGAMI, which is the name of a type of Japanese mirror. It is not as commonly thought a cherry blossom.

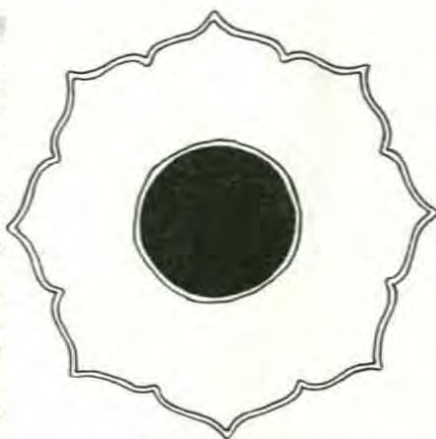
Dr. Jigoro Kano designed this as the badge of the Kodokan and placed in the middle a red spot which represented the sun.

YATA has two meanings: (1) Eight sided, (2) Immeasurable, being of great height, depth, width, etc.

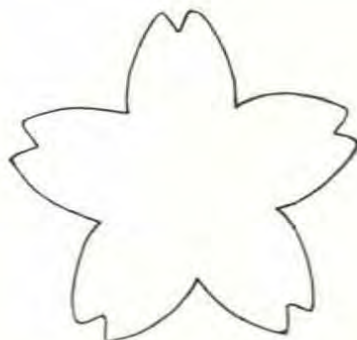
The colour of YATA-NO-KAGAMI is white to represent purity, and the centre is red to represent the sun, which is the centre of our solar system, round which we revolve and on which we depend for our life. In Japan many years ago the sun was thought to be the face of God and thus the truth.

The history of the YATA-NO-KAGAMI is as old as Japan herself, and has been the symbol of the Emperors majesty.

The Kojiki, the most ancient chronicle of Japan says this about the YATA-NO-KAGAMI. In the beginning there was God, called Ameno-minaka Nushino-mikoto, after the beginning there were two more Gods, these were called the three



THE KODOKAN BADGE



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creators of the great universe. Subsequently there came Seven Gods after which the world was perfected including men, animals, plants, everything.

Amaterasu-omikami, who is to Japanese mythology, what Zeus is to the Greek mythology, came to earth to supervise that which had been created, and gave the earth to the son of God, Ninigi-nomikoto, he also gave him his YATA-NO-KAGAMI. At the time of giving him these things he instructed him, that he and his children should watch over the earth so that all would be well with it. That the YATA-NO-KAGAMI was to be passed to his children as a symbol of their divinity.

This is believed to have been done until the present day when the YATA-NO-KAGAMI is supposed to be enshrined in the Temple at Eise.

The YATA-NO-KAGAMI is represented in Shinto temples by an eight-sided mirror which is prayed to as a symbol of God. Shindoka believe that a mirror reflects our outwards selves and that another mirror is needed to reflect our inner minds. The YATA-NO-KAGAMI does this.

Dr. Kano founded the judo system by studying the old Jujitsu arts and by expounding the tenet that we might improve our minds and bodies by physical effort. Judo, he said, is the most efficient way to use the body and mind to perfect ourselves so that we may become more useful beings of this world. From this it can be seen that he meant that judo should be used for self-improvement and not just as a method of achieving physical superiority.

He gave us contest and examinations so that we might be encouraged to greater effort and not that they might become an end in themselves. Nowadays, contests and examinations are given more and more importance, but we should not make these our sole objective. If as the Shintoist looks to the YATA-NO-KAGAMI the judoka looked to Dr. Kano's teachings, his judo and daily life would draw nearer to perfection. In Japan a sho-dan is considered a mere tyro, and he knows that he is just beginning. Sometimes in this country even Kyu grades are considered teachers, and although they are good teachers, we should remember that they and we, are not past learning.

## European Judo Championships

**Special Notice.** Readers who are contemplating going to Geneva for the European Judo Championships in May of this year, are advised to contact Cooks, the official travel agents for the B.J.A. as soon as possible as accommodation in Geneva is very difficult to find at this time of the year.





# AIKIDO

## No. 13

### REGULAR ATTACK

*by Senta Yamada,  
6th dan Judo,  
6th dan Aikido*

The Regular Attack is the 3rd of the 15 basic techniques and is an attack technique which can be used at any time the opponents are facing each other, both in the right or left posture.

When first practising this technique, Kata style is used, although Kata is practised on both sides, the following description relates to the right side only.

Face each other in the right regular posture, Fig. 1. Check your opponent's advancing right arm from the outside with your right hand blade and push his right elbow forward with your left hand, so that his posture is broken to his front, Fig. 2. The moment he tries to straighten himself, attack







his face with your right hand blade, at the same time maintain the pressure on his right elbow with your left hand so that his posture is broken to his rear, step in with your right foot to your opponent's rear bringing him down to the ground, Fig. 3.

Having practised this Kata style, we can study several variations. Should you both be standing in the same regular posture, as already described, and your opponent grasps your right arm, your hand has the palm facing downwards, with one or both of his hands. Fig. 4, break his balance to the front using an outside turn, and push against his right elbow with your left hand, as already described in Fig. 2 as he tries to straighten up, attack his face and stepping in with your right foot bring him down to the ground. Fig. 3.

The next example is also from the same regular position, but this time when he grasps your arm with one or both of his hands, Fig. 5, your palm is facing upwards. Once again you must break his balance to the front, only this time you use an inside sweep to do it Fig. 6, again as he straightens up step in with your right foot, and apply pressure with your right hand towards his left shoulder, since this is the direction in which his balance is weakest, and throw him, Fig. 7.

The next variation can be done when an opponent attacks you with a blow to your face with his right fist. Check his attacking arm from the outside with your right hand blade, breaking his balance to his front, at the same time pass your other hand behind his neck and pull him towards his front. Fig. 8, once again as your opponent straightens up, step in and attack him as previously described and throw him to the ground.



## G.K. House Fund Appeal

This appeal fund is for the purchase of the Freehold of G.K. House, the home of the Budokwai the Premier Judo Club of Europe, founded by Mr. Gunji Koizumi in 1918 as the fountain head of Judo outside Japan.

You can materially assist this appeal and at the same time acknowledge the debt owed to Mr. Koizumi for his fostering of our sport in its early days.

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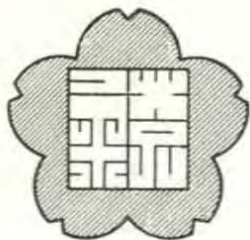
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# THE BRITISH JUDO ASSOCIATION

## OFFICIAL NOTES

**Olympic Training Plan.** We would remind members of the arrangements for Olympic Training, details of which were published in the February issue of this magazine under the heading "Official Notes."

To date the response has been small, and we are rather surprised at this in view of the great number of comments received from members pointing out that such a plan was imperative, and should be instituted immediately.

Would all those interested, please apply direct to the following as soon as possible: *Mr. J. Newman, The Renshuden, St. Bedes Hall, William Road, Albany Street, London, N.W.1.*

**Contest Records.** In order that selection committees have before them the fullest possible information about those wishing to be considered for national and international competition, the Technical Board have asked Mr. Chew to compile the complete records, as far as is possible, of all contest men within the Association who hold the grade of 1st Kyu and above.

Those members who come within the category mentioned above are therefore invited to write to Mr. G. Chew at the following address, and a questionnaire will be sent to them for completion.

*Mr. G. Chew, 23 Windsor Close, Windsor Grove, London, S.E.27.*

**British Team Trainer.** We are pleased to announce that Mr. K. Watanabe, 5th Dan, has accepted the position of British Team Trainer. Mr. Watanabe will be responsible for coaching selected teams, and wherever possible, will accompany them to the venue.

Mr. Watanabe, of course, will also play a large part in the Olympic Training Plan mentioned above.

**The Judo Association of Ireland.** At a meeting of the Executive Committee held on 3rd February, 1963, representatives from the above were present to discuss the formation of this body under the Chairmanship of Mr. S. Kavanagh, 1st Dan.

Their Constitution was submitted to the Executive for their comments and observations as it was the intention of the Judo Association of Ireland to apply for membership of E.J.U., and if possible to enter the Olympic Games as a separate entity.

The B.J.A. confirmed its wholehearted support of the formation of this Association, which will be modelled on B.J.A. standards, and by and large, will cater for the needs of Judo clubs in Eire. However, in other sports and in certain national and international competition, both Eire and Northern Ireland amalgamate, but at the same time do not jeopardise their independence.

**Promotions.** It gives us great pleasure to record in these notes, the promotion to 8th Dan of our President, Mr. G. Koizumi.

This promotion, made by the Kodokan, is befitting of his position in

world Judo, and of the loyalty and devotion he has shown to the movement since its inception in Europe, and the Executive Committee and Technical Board join together in offering Mr. Koizumi their heartfelt and sincere congratulations on this promotion.

**Selection Contests, 1963.** Contests for the purpose of selecting the British Team for the E.J.U. Championships, and possibly other events, will be held at the Budokwai on March 30th, 1963.

For the first time, these contests will be held under weight categories, and full details of the arrangements will be made available to the Areas in good time so that the names of those wishing to take part can be submitted to the selection committee.

Hitherto, selections of this nature have been reserved for members of 1st Dan and above, but on this occasion, entries will be invited from all current licence holders of 1st Kyu and above.

## COACHING NOTES

**Zadankwai, 1963.** The annual get-together of the Area Coaches with the National Coach and other representatives at Lilleshall Hall National Recreation Centre is now being arranged for Whitsuntide weekend, 1st to 3rd June, 1963. This Zadankwai is heavily subsidised by the Association, the only charge being £2 10s. to cover not only the accommodation but also travelling expenses. By this method it ensures that distance does not detract from attendance since the cost is the same irrespective of Area—Scotland, Western, Eastern, etc.

Terms of reference have been drawn up by the Coaching Committee for this meeting of our top coaches to ensure that their recommendations are not simply debating points but lines of development for the teaching of our sport in this country.

**Women's Coach Award.** The Coaching Committee has now drawn up the syllabus and regulations for the Women's Coach Award. We are greatly indebted to the Ladies Committee representative, Miss L. McCutcheon, for her assistance and to the ladies who attended the Women's Course at Lilleshall in January.

The final draft has been submitted to the Executive Committee for approval and full details will be given in the next issue of this magazine.

**Grading Examiners.** All Black Belts are reminded that, from 1st January, 1964, only Dan Grades holding a Coaching Award of this Association will be permitted to adjudicate at grading examinations.

It has always been accepted that a Black Belt has a responsibility to judomen of lower grade to assist them in all ways including offering one's services as a grading examiner. For those without a Coaching Award there are but nine months remaining to obtain such an award if they wish to continue as examiners. Courses have been arranged in most Areas leading to an award examination but all are reminded that application to take an Award should be addressed to the Coaching Awards Officer, *Mr. P. O'Flaherty, 29a Collier Row Road, Collier Road, Romford, Essex.*

Official Booklet No. 3 (Coaching Examination) gives all details of the awards and is obtainable from B.J.A. Headquarters at 5s. plus 4d. postage.

**Coaching Committee.** Mr. George Kerr has been appointed as a Technical Board's representative to the Coaching Committee. George, as a 4th Dan,



after three years in Japan and two years as Instructor at the Renshuden Judo Club, is more than qualified to join our working group and we welcome him most sincerely. The teaching of judo has already improved tremendously as a result of Geoff Gleeson's ideas and tours. With the collective experience of the other members of the Coaching Committee it is hoped that here long all instructors will be so conversant with basic teaching principles that 90% of beginners will be only too keen to stay in our sport.

## The British Judo Association

### P.R.O's OFFICE

The British Judo Association Executive Committee have appointed a Sub-Committee consisting of three—B. Perriman, P. Murphy and H. Stephenson—who will examine, for eligibility, applications by possible Olympic contestants.

Area Secretaries and Area Coaches are advised that all persons whose applications are submitted must be current B.J.A. Licence Holders. The fullest possible information should be sent stating name, address, age, grade, Area, club, and any other information that may be of assistance to the panel.

A form will be sent to all Area Secretaries, and in turn to all Club Secretaries, which must be completed and returned to the address stated on the form, applications must not be sent to Chandos House, the General Secretary has enough work to do without having to pass on wrongly addressed applications.

During the course of 1963 and 1964, pre-Olympic Training also pre-Olympic tryout matches will be taking place. Area Coaches will be kept informed of the correct procedure and the venues.

The Technical Board, under the Chairmanship of Alan Petherbridge (4th Dan), are formulating a training plan, which, in addition to being published, will be circulated to all Areas, presumably through the National Coach, and in conjunction with Area Secretaries.

On the question of publicity, I am informed that National newspapers would be prepared to help with additional publicity, if requests are made by postcard to the Sports Editor of the newspapers within your district, asking for more mentions and more judo information.

Please remember, whenever you are fortunate enough to have an article included in any Press publication, do mention the British Judo Association.

## AREA NEWS

### NORTH EASTERN AREA O. R. West

Bradford Y.M.C.A. Judo Club held their first show of 1963 recently. Unfortunately only three teams and three dan grades entered for the competitions, although details were sent to all the Area clubs. The arrangements included 100 free meal tickets for the people taking part, and a new platform was constructed for the event. A pity more people did not take part in this show.

Barnsley are holding their first club show this year, and if this is a success it is probable that the Area Championships will be held at **Barnsley**.

Leeds University ran a Kangeiko this year from January to February, and they hope to run another in June. The training started with road work at 7.30 a.m. and continued with indoor football, Uchi-komi, etc. George Kerr, 4th Dan, who was in charge made everyone work very hard, but they all enjoyed it.

International Harvesters have at last enlarged their mat, anyone passing drop in and sample the new area. Grimsby J.C. complained about lack of publicity in this column and I hope to rectify this in the next issue. Miss June Outhouse of the **Grimsby** club has been appointed the first Lady Coach in the Area, anyone wishing to contact her write to:- 27 Escart Avenue, Grimsby.

I hope all the prospective coaches in the area read the announcement in the January issue of this magazine, from 1964 only those holding a coach award will be allowed to officiate at a promotion examination.

Leeds City Police have just completed their first course and the Police clubs in the West Riding are amalgamating at **Wakefield**. It is hoped to hold the first N.E. Area Police Championships at **Leeds Town Hall** this year. The organising officer will be Superintendent Ferguson, of the Police Athletic Association.

Remember that if you would like an item to be published in this column I must have details before the 25th of the month.

### WELSH AREA G. Thomas

The previously postponed A.G.M. of the Area was held at the Y.M.C.A. **Cardiff**, on Friday, 1st February, at 7.30 p.m. Only five clubs were represented which only just gave us a quorum, a poor turn out, even though the weather was bad. Mr. Harold Oakes, the Welsh C.C.P.R. Secretary, attended. He is trying to organise a special training session with the Physical Education teachers in the Area, for the National Coach's next visit, from the 20th to the 25th of March. Full details will be circulated.

Two members of the Area travelled to London in December for a promotion examination, both of them were successful. Terry Edmunds, Area Coach, was promoted to 3rd Dan, and Clive Smith was promoted to 2nd Dan. I am sure that all the members of the Area will join with me in wishing them our very heartiest congratulations. A little more enthusiasm by other members of the Area would not go amiss.

Alan Petherbridge (4th Dan) and Kisaburo Watanabe (5th Dan), jointly held a weekend course at the new Samurai Judo Club on January 26th-27th. At the promotion examination two members were promoted to 2nd Dan.



A free promotion was held at the Judokwai **Cardiff** on Saturday, 2nd February, under the supervision of Mr. Edmunds (3rd Dan). About 18 ladies and 35 men entered.

Mr. A. Don ex-coach to the Usk Borstal Officers J.C. and past member of the Area committee, has left the Area to take up a judo appointment for the Prison Commission.

#### MIDLAND AREA *K. Brewster*

Area contest classes are being held on the following dates. **Saturday, March 9th**, Wulfruna J.C., 2.30 p.m. **Sunday, March 31st**, Derby Olympus J.C., 11 a.m. **Sunday, April 14th**, Wulfruna J.C., 11 a.m. **Sunday, April 28th**, Derby Olympus J.C., 11 a.m.

Seven members of the 1962 contest classes have since been promoted to 1st Dan, a compliment to their own industry, and the instruction of the Area Coach Albert Wilde.

On the 10th March there is to be a three-cornered match organised by the Kita Nishi Kwan, Manchester, between the North West, Midlands, and London Areas. The Midland team will be chosen from the Area contest classes. It is also hoped that the Judokwai Leicester, who won the Peter Sellers Junior Team Trophy at the Festival of Judo, will be able to send a Junior team to compete against a team from the Kita Nishi Kwan.



Members of the International Harvesters Judo Club at a recent display

The Area had an extremely good start to the New Year when Mr. Wilde, Mr. Orr and members of the Wulfruna and Derby Olympus Judo Clubs, appeared on television. The programme "Your Kind of Sport" presented judo with a factual commonsense approach, that will do much to enlighten the general public.

The Junior course held at the Judokwai-**Leicester** under the Area Coach, was a forerunner, we hope, of a regular Area programme for Juniors. Selected members from five clubs in the Area plus their instructors attended. This meant that not only did the Juniors benefit but their instructors as well. The course finished with a film show. If you would like your club included in future Junior events please write to Mr. P. Barnett, 52 The Headlands, Coventry.

It was with great pleasure that I attended the first meeting of the Area Public Relations Officers, although nothing earthshaking was mentioned. general policy, duties, etc., were thoroughly discussed.



Members attending the Lilleshall Hall course held during January

The weekend course at Lilleshall Hall under Mr. C. Nakanishi was, as is now expected, an enormous success. Members attended from all parts of the Midlands and also from the North Western Area as well. A farewell party was held for Mr. Nakanishi, and we would like to thank him for his efforts on our behalf and to wish him Bon Voyage on his journey back to Japan.

The March course at Lilleshall Hall is now full, but bookings may now be made for the weekend of October 18th-20th. Dudley J.C. are now running a club course under Mr. K. Watanabe (5th Dan), on the first weekend in every month. They will also be running a course every third Sunday in the month to which all are invited.

Do you find that your club is never mentioned in this column? If you don't write neither can I.

#### NORTH WEST AREA *Miss E. Davis*

Mr. Norman Berry, Secretary of the La Scala J.C. has recently received news of a former pupil, Miss G. Henderson, who emigrated to Australia. Miss Henderson entered a local Junior Judo Contest and emerged the winner.



Five members of the Denton J.C. took part in the recent Midland Area Championships. T. McConnell won the Open Championship, with P. Kinsella as a semi-finalist. P. Ward won the 2nd-3rd Kyu class, with S. Cullen and B. Morrison also taking part. T. McConnell also deserves special mention for winning the Northern Area Championships, the North West Cup, and being promoted to 3rd Dan, the first member of the Area to reach this grade.

Promoted recently to Dan grade, Messrs. Kinsella, Norman and Bacup.

Recent events of interest in the Area included a Technical Conference by P. Connot the Area Coach. Well-known Northern sportsman Mr. M. Shacklady spoke on the Olympics. A demonstration of Amateur Wrestling was given by Mr. Aspen and Mr. Williams. Mr. Hosaka (5th Dan) gave instruction of refereeing technique and interpretation of the rules, and the conference ended with a demonstration by Mr. Albert Wilde of the Group Teaching Method.

The National Coach will visit the Area from the 2nd to 10th March, all clubs will receive details of this visit, which will probably include a Referees' examination as well as a Coach Award examination.

The Area Promotion Examinations will take place on the last two weekends in March. I am pleased to report that the Area now has an Area Recorder, Mr. S. Horton, 2 Lancashire Street, Newton Heath, Manchester 16. Will all club secretaries see that Mr. Horton receives the examination applications completed correctly and in good time.

I attended the Area P.R.O. meeting in London, and the information received should assist us in increasing our publicity campaign nationally and locally. While on the subject of publicity please keep me informed of all items of interest.

As a result of an examination in December we now have two new Lady Dan grades in the Area. Mrs. Maureen Atherton of the K. & M. J.C. and Miss G. Davis. Miss G. McCutcheon (1st Kyu) who is the Area representative on the Ladies Committee has been elected to the Coaching Committee. As we are now required to have a Ladies Area Coach I have been appointed to this position.

## SOUTHERN AREA

The newly-built Greyhound Hotel in Croydon was the scene of a pleasant ceremony and dinner on Saturday, 19th January, when the winners of the area contests held at the Croydon Judo Club on the 12th August, 1962, were presented by Mrs. Edwards, wife of the Area Chairman, with plaques to commemorate the occasion.

It was rather ironical that after such a long delay, when the function did finally come off it was in such appalling weather. The snow-storms were particularly bad that day; but, nevertheless, thirteen people sat down to a warming meal and a bottle of cheer. Congratulations to those who had to travel long distances; but it is doubtful whether Mrs. P. Webber, the Area Secretary, will try it again in a hurry, as although she left Croydon at just after 9 p.m. she did not arrive home at Bournemouth until 3 a.m. next morning!



Mrs. Edwards presenting a plaque to A. Newman.

The miniature plaques were rather attractive, and a most welcome change from the usual run of cups. The recipients were:—

A. Newman (Rafakwai)	.. .. .	UP TO 3RD KYU
G. Bonet (London Judo Society)	.. .. .	2ND AND 1ST KYU
C. Baker-Brown (London Judo Society)	.. .. .	DAN GRADES

and in his speech Mr. Edwards thanked the contest judge, John Newman, 3rd Dan, for attending the gathering; and hoped that similar social events could be held more frequently.

## LAST FEW

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# KENDO forum

by Musashi of the  
Shinto Ryu

The sport of Kendo has long been established in the United States of America, there being groups in New York, Denver, Hawaii, the Mid-West and California. Of these, the strongest are in California and Hawaii where there have settled large numbers of Japanese ancestry.

The Shinto Ryu Kendo Club has close links with the Sowan Kendo Remmei (San Francisco Bay Kendo Association), the Ofu Kendo Association and with the Nanka Kendo Remmei (Southern California Kendo Association) and I am sure that my readers will be interested in the following notes.

The Oakland dojo, one of the most active in the Northern California area, has a number of high grade *yudansha* amongst its members: Mr. Shokichi Fujii, 5th *Dan* (Chief Instructor), four 4th *Dans*, two 3rd *Dans*, one 2nd *Dan*, and two 1st *Dans*. One of the 4th *Dan* members is Mr. Benjamin H. Hazard, who received his training in Tokyo under *Hanshi* Jusei Ono, *Hanshi* Mansuku Shibata, *Hanshi* Kiyoshi Horiguchi, and particularly under Masami Tanaya *Sensei* (8th *Dan* Kendo, 8th *Dan* Iai). Most of the other Japanese trained *yudansha* come from the Kansai area or Kyushu. The chief instructor of the San Francisco Kendo Association is Mr. Kenneth Takao, 5th *Dan*.

Southern California has a very active membership with eight dojo in the Greater Los Angeles area. Mr. Torao Mori, 8th *Dan* Kendo, is the senior instructor in Southern

California and towers above all other *Kendoka* in the United States. He personally certifies promotions above the first *Dan* degree for the Beikoku Kendo Remmei (American Kendo Association). All certificates are issued by this Association over Mr. Mori's signature.

Leading *Kendoka* in Southern California include Mr. Yutaka Kubota, 7th *Dan*; Dr. Gordon Warner, 6th *Dan*; and Mr. Shimoda, 6th *Dan*, and Individual Champion of California three times in succession. At last year's North v. South California Kendo Tournament, Mr. Shimoda was singled out for special praise by Mr. Mori since he had to travel more than 200 miles round trip in order to practice.

More about Californian Kendo in my next article.

## The British Kendo Association

At the recent General Meeting of the Association held in London on 21st January, 1963, the following officers were elected:

- PRESIDENT: Mr. K. Takizawa, 7th *Dan*.  
CHAIRMAN: S/Ldr. R. A. Lidstone, 2nd *Dan*.  
SECRETARY: Mr. R. M. Knutsen, 3rd *Dan*.  
TREASURER: Mr. P. B. Denham.  
EXECUTIVE COMMITTEE: Mr. D. G. Gash; Mr. J. A. Self; Mr. J. I. Somers; Dr. P. Parsons; Mr. J. Harding.

It is pointed out that now is a very favourable time for intending *Kendoka* and Judo Clubs who may wish to start Kendo groups to write to the Secretary of the Association for advice. The British Kendo Association is strongly backed by the All Japan Kendo Federation;

a fact that has material bearing on the future development of the sport both in this country and in the International field. An invitation is extended to all Kendo groups in this country to ally themselves with the Association either as single or multiple units.



*Bushi* in the 14th century were fond of carrying swords of great length, blades of more than four feet were not uncommon. From contemporary drawings come these sketches showing a warrior on the left with a *O-katana* about six feet long, and on the right a *sohei*, or priest-soldier, with a very long sword. How these enormous weapons were wielded it is hard to say. They certainly went out of fashion in the large-scale wars of the later 15th century when hand-to-hand combat replaced the horse-engagements of previous centuries.

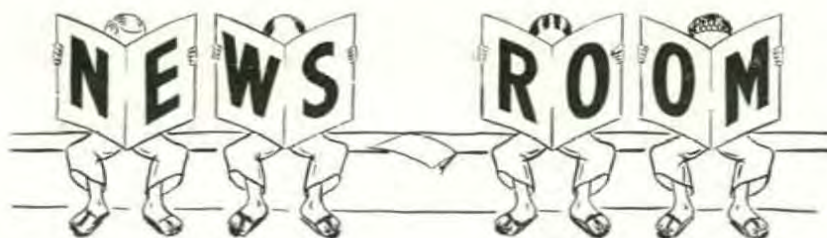


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CONGRATULATIONS to Gunji Koizumi, the well-known 'father' of Judo in this country, who has just been promoted to 8th Dan by the Kodokan. How many more of us can hope to achieve this distinction, especially at the age of 78!

★ ★ ★

TOKYO trippers please note. Travelwise (the agency who are organising the flight, etc., for the Olympic Games) state that they are arranging Japanese accommodation as distinct from Western accommodation. This should certainly add a spot of colour to what is sure to be a memorable occasion.

★ ★ ★

YET another name can be added to the fast-growing list of educational authorities who are sponsoring judo. Ewell Technical College, Surrey, recently started up a judo section with about 70 students; and it would be interesting to hear if any more can match this for size.

★ ★ ★

MAY the writer of this column add his small voice to matters mentioned in the correspondence section of last month's magazine? Firstly, he can vouch from experience that Darlington was not the best place in the country to hold a national event—with no offence of course to Mr. Burdon and his organisation; and secondly, Misses Greep and Fryatt are indirectly expressing the dismay felt by many ladies who cannot travel to big clubs, i.e., where, oh where, are they going to learn Ju-no-Kata as now required by the womens syllabus?

★ ★ ★

ANOTHER criticism gaining momentum is the procedure adopted by the B.J.A. whereby Coaching Instructors are appointed by the National Coach only, surely such important posts should be determined by a panel; but perhaps there is a reason.

★ ★ ★

ASPIRANTS for national honours please note, BRITISH TEAM SELECTIONS will be made at the Budokwai on 30th March.

★ ★ ★

KARATE instruction. Does anyone know of an experienced Karate instructor in the London Area. If so, please send details to "News Room," c/o this magazine.

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# British Police Judo Association

By O. R. West

Alan Young and Carl Boughen of the Leicester Police and the Metropolitan Police respectively, have both been promoted to 1st Dan, an extremely well deserved award for all the hard work these two members have put in.

Arrangements are being made for a British Police side to visit France for a match with a representative French Police side. A return match is planned at the British Police Judo Championships to be held this year. While on the subject of the British Police Championships, I would like to take this opportunity to thank Mr. Palmer, Chairman of the B.J.A., Mr. Dominy and Mr. Waite of the L.J.S. for their help in making the last Police show so successful.

Detective Inspector D. Fieldhouse of the Leeds City Police has kindly agreed to become the first Police Public Relations Officer, and I hope that all the Police judo players keep him busy with news for this and other means of publicising the Police Judo Association.

## Ladies Judo

Miss Val Keeling

Pathetic is the only word which can be used to describe the female attitude to judo. A Ladies Committee is working very hard to put Ladies' judo on the map, but very little support is forthcoming from the rank and file.

The courses provided for the female section of British judo could be supported much better than they are at the moment. The National courses fare a little better than the Area ones, but there must be more enthusiasm all round, when there is a course in your Area, take part, see what it is all about, and if you have any complaints let the Ladies Committee have them, but do not stay at home and criticise something you are not supporting.

In another sphere, try to practice judo as we are meant to, do not try to emulate the egotistical male's judo. We can still practice and remain feminine, regardless of what our dear counterparts say. Try to be as enthusiastic as you can, train hard, and support the local Ladies' representative, there are a good many male judo players on our side, but we can do with all the support we can get, so a little all-round co-operation would help a lot.

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