

JUDO

JUNE 1982

Number 23

75p

& OLYMPIC SPORTS SCENE



IN THIS ISSUE... OLYMPIC DAY AT CRYSTAL PALACE WITH THE HOME INTERNATIONAL JUDO EVENT.

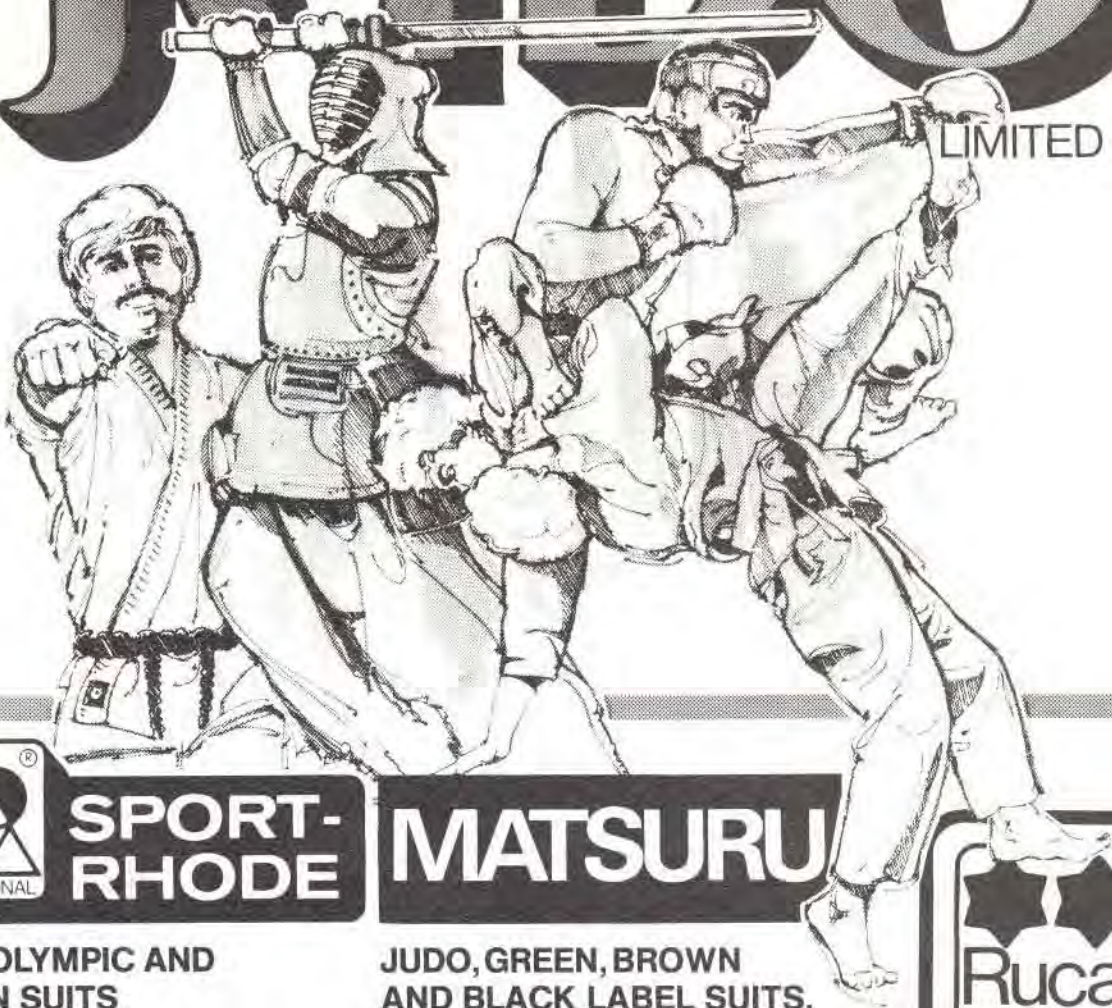
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GUEST WRITER... ANDY HOLDEN, ON THE 'MARATHON EXPLOSION.'



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In this the first edition of the new *JUDO & OLYMPIC SPORTS SCENE* format which will be available in the first week of each month we have a varied content which will guarantee a 'good read', for all our subscribers. Judo is, of course, our main interest and this is featured in splendid coverage of the 1982 British Open

for Men on pages 16 to 23 and the Home Internationals, pages 5 to 7 plus the All Japan Championships on page 11.

One of our team of writers, Sports researcher Tony Matthews presents his look at the newest Olympic Sport, Windsurfing, on pages 8 to 10 and guest writer ANDY HOLDEN looks at the Marathon explosion on pages 26 and 27.



COVER PICTURE...

The English (Womens) Team. Victors in the Home International Championships (Picture: Karl Bacon)

Windsurfing (Picture: Photodesk)

JUDO Contents

& OLYMPIC SPORTS SCENE

Olympic Day at Crystal Palace gets a mention (page 5) and Eric Woodward writes in his distinctive style about the 'little man' of the B.J.A., Tony Reay. British School's Liaison Officer, John Beard tells us about the progress of B.S.J.A. together with a short history lesson and there is a brilliantly photographed feature on the foremost 71 kilo prospect in British Judo, Martin McSorley of Scotland (pages 13 and 14). Add your letters and the popular Diary of Events page and you have it all in a nicely designed new package which everyone concerned hopes that you will



like. To let us know what you think, drop a line to the Editor at the address shown and if you have any 'pet' Olympic Sports which you would like us to feature, please let us know. In the months to come we shall be presenting, Weight Lifting, Gymnastics and Swimming etc. Don't miss JULY edition, place your order now.



JUDO & OLYMPIC SPORTS SCENE



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JUDO DIARY

NATIONAL AND INTERNATIONAL EVENTS

- Saturday 5th and Sunday 6th June 1982**
DUTCH INVITATION MULTI-NATION TOURNAMENT
- Sunday 13th June 1982**
NATIONAL TEAM CHAMPIONSHIPS FOR WOMEN
Crystal Palace National Sports Centre
- Saturday 19th June 1982**
BRITISH JUDO ASSOCIATION - ANNUAL GENERAL MEETING
Wembley Crest Hotel
- Sunday 20th June 1982**
NATIONAL TECHNICAL CONFERENCE - Wembley Crest Hotel
- Sunday 20th June 1982**
NATIONAL DAN GRADING - Crowtree Leisure Centre, Sunderland
- Saturday 10th July 1982**
BRITISH NATIONAL CHAMPIONSHIPS FOR WOMEN (CLOSED)
Worthing Sports Centre

MAJOR EVENTS

- Saturday 5th June 1982**
Midland Area Team Championships (Men) - Closed to Area
Haden Hill Leisure Centre
- Saturday 5th June 1982**
Midland Area Womens Open Individual Championships
Haden Hill Leisure Centre
- Saturday 12th June 1982**
Southern Area Open Kyu Grade Championships - Men and Women
Crystal Palace National Sports Centre
- Sunday 13th June 1982**
North-West Area Mens Closed Championships - Stretford
- Saturday 19th June 1982**
Chapelhouse Junior Lower Grades Event (Closed to Midland Area)
Haden Hill Leisure Centre
- Sunday 20th June 1982**
SKK Girls Open Championships - Newton-le-Willows

Saturday 26th June 1982

Midland Area Boys Team Championships - Haden Hill Leisure Centre

Sunday 27th June 1982

Dan and Kyu Grading - Haltemprice Sports Centre - 11-00am

Saturday 10th July 1982

Concern Judo Club - 6th Nationally Open Tournament for Boys and Girls

Saturday 17th July 1982

Jack Law Team Championships - Haden Hill Leisure Centre

MIDLAND AREA PROMOTION EXAMINATIONS - for Junior Teams

Saturday 24th July 1982

Midland Area Lower Grades Open Championships

DAN GRADINGS are held at Ryecroft Judo Club, Nottingham at 11-00am on the first Sunday in August, November, February and May. No prior registration required.

Sunday 6th June 1982

Boys all Grades - Chapelhouse - 9-30am

Sunday 13th June 1982

Mens Kyu Grades - Sankey - 9-30am

Sunday 13th June 1982

Boys All Grades - Samurai - 9-30am

Sunday 13th June 1982

Boys All Grades - Lincoln - 10-30am

Sunday 20th June 1982

Girls 10th Mon and above - Midland Arts Centre - 9-30am

Saturday 26th June 1982

Beginner to 6th Mon - Quorn - 9-30am

Saturday 26th June 1982

Boys 7th Mon and above - Quorn - 1-00pm

Sunday 27th June 1982

Boys All grades - Wellingborough - 9-30am

Sunday 27th June 1982

Mens Kyu Grades - Lincoln - 10-00am



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JUDO & OLYMPIC SPORTS SCENE

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In the July edition...

THE SENIOR EUROPEAN JUDO CHAMPIONSHIPS

Reporting -

Colin McIver and Peter Brown
Photography - David Finch

Tony Matthews researches
WEIGHT-LIFTING

Plus guest writer Eric Woodward
B.S.J.A. Team's trip to France
and much, much more

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BRITISH OLYMPIC DAY 1982



at CRYSTAL PALACE
3rd May 1982
including

THE HOME INTERNATIONAL JUDO CHAMPIONSHIPS



In the 'Festival of 21 Sports' staged by the British Olympic Association in conjunction with Crystal Palace National Sports Centre, the London Area of the British Judo Association presented the Home International Team Judo tournament. Here, Charles Palmer OBE, Vice-President of the BOA and Chairman of the BJA presents the trophy to the English team captain, Neil Adams.

On Bank Holiday Monday, 3rd May, the British Olympic Association with the help of the Crystal Palace National Sports Centre staged a festival of twenty-one sports which included archery, athletics, basketball, bobsleigh, boxing, canoeing, equestrian, football, gymnastics, handball, hockey, judo, modern pentathlon, shooting, skiing, swimming, diving, volleyball, weightlifting and wrestling.

Naturally, all the indoor and exterior facilities of the Centre were used in what was essentially a smashing day out for the family with participation encouraged in many of the events and the public response was excellent.

Not only was the response from the public first class but also from the Olympic Stars themselves and scores of them turned out to mingle with the children and talk with them about their sport and so encourage donations to the British Olympic appeal.

Fred Pickering of the *B.B.C.* was a very able commentator who got all the children involved with the Olympic stars and swimmer Duncan Goodhew also got a great response from the audience.

The London Area of the British Judo Association took the opportunity to stage the Home International Championships as part of this festival and as such put judo on view to a much wider audience than it would normally have. In the circumstances it was very well received with explanatory commentary proving very useful.

The England-Scotland and Men's confrontation was the most popular and in retrospect this match should have been saved until last though I understand that the Welsh and Northern Ireland Team Managers wanted the fighting order to be subject to a draw for places.

MEN

- SCOTLAND v ENGLAND...England 4-0
- N. IRELAND v WALES...Wales 4-3
- ENGLAND v N. IRELAND...England 7-0
- SCOTLAND v WALES...Scotland 5-2
- ENGLAND v WALES...England 6-1
- SCOTLAND v N. IRELAND...Scotland 7-0

WOMEN

- N. IRELAND v WALES...N. Ireland 3-3
- SCOTLAND v ENGLAND...England 5-2
- SCOTLAND v WALES...Scotland 6-1
- ENGLAND v N. IRELAND...England 6-1
- SCOTLAND v N. IRELAND...N. Ireland 3-3
- ENGLAND v WALES...England 7-0



Photograph 1...Autograph signing session. Olympic Stars entertain the visiting children on Olympic Day—chatting and signing autographs. Photograph 2...Volleyball Coach takes time out in the International match. Photograph 3...B.B.C. Sports commentator Fred Pickering interviews Neil Adams and Sharron Davies. Photograph 4...Swimming Star—Duncan Goodhew.



There was never any serious doubt that the English teams would win and retain the Home International trophies though Scotland in particular had other opinions and in the Men's match made it rather difficult for the favourites right through to the lightweight bouts.

Sandy Brown drew with Marvin McLatchie as did Mick McLoughlin with Bill Ward and Martin McSorley in a marvellous tactical battle with Neil Adams. Only Nick Kokotaylo won to score for the English team when he armlocked John McAuley so when Kirk Isichei met Hugh Syme there was just the one Ippon separating the teams.



Top...Neil Adams (England) throws Eric Gwynne (Northern Ireland) in tremendous style. Above...Mick Kokotaylo (England) attacking

Isichei put the Home side further ahead with a Koka (three points) win and Steve Gawthorpe held Gavin Bell after three minutes of intense action to put the result beyond doubt.

Peter Middleton provided a respectable score (4-0) when edging Gordon Clifton out by a Koka though the match was obviously much closer than the score might suggest.

This was the decisive match for the men as England with 7-0 and 6-1 wins over Northern Ireland and Wales



coasted to victory only leaving the second place to be decided and this was taken by Scotland, 7-0 and 5-2.

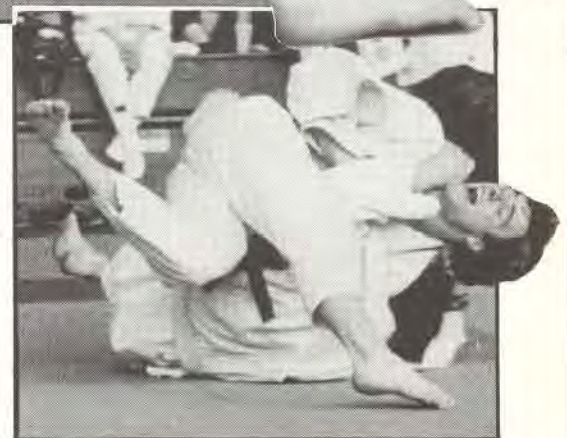
The Women's match followed a pretty similar pattern with the English team of Ford, Hayden, Netherwood, Bradley, Bell, Shaw and Briggs in dominant form beating Scotland five bouts to two, Northern Ireland 6-1 and Wales 7-0, though in this case the Irish girls beat Scotland into third place by drawing with them 3-3 on fight results by winning 30-23 on points scored.



Top...Scotland's Gavin Bell attempts to hold Duncan Kinnear (Northern Ireland).

In the Women's match, the Welsh team Manager obviously decided that the battle against England was already lost and fought with what seemed like four reserves in their first match and then changed them for four stronger players to fight Scotland and Ireland. It almost worked against Northern Ireland with whom they drew 3-3 on bouts but lost 30-16 on points in a low scoring contest. Unfortunately it had little effect against Scotland who won fairly easily 6-1.

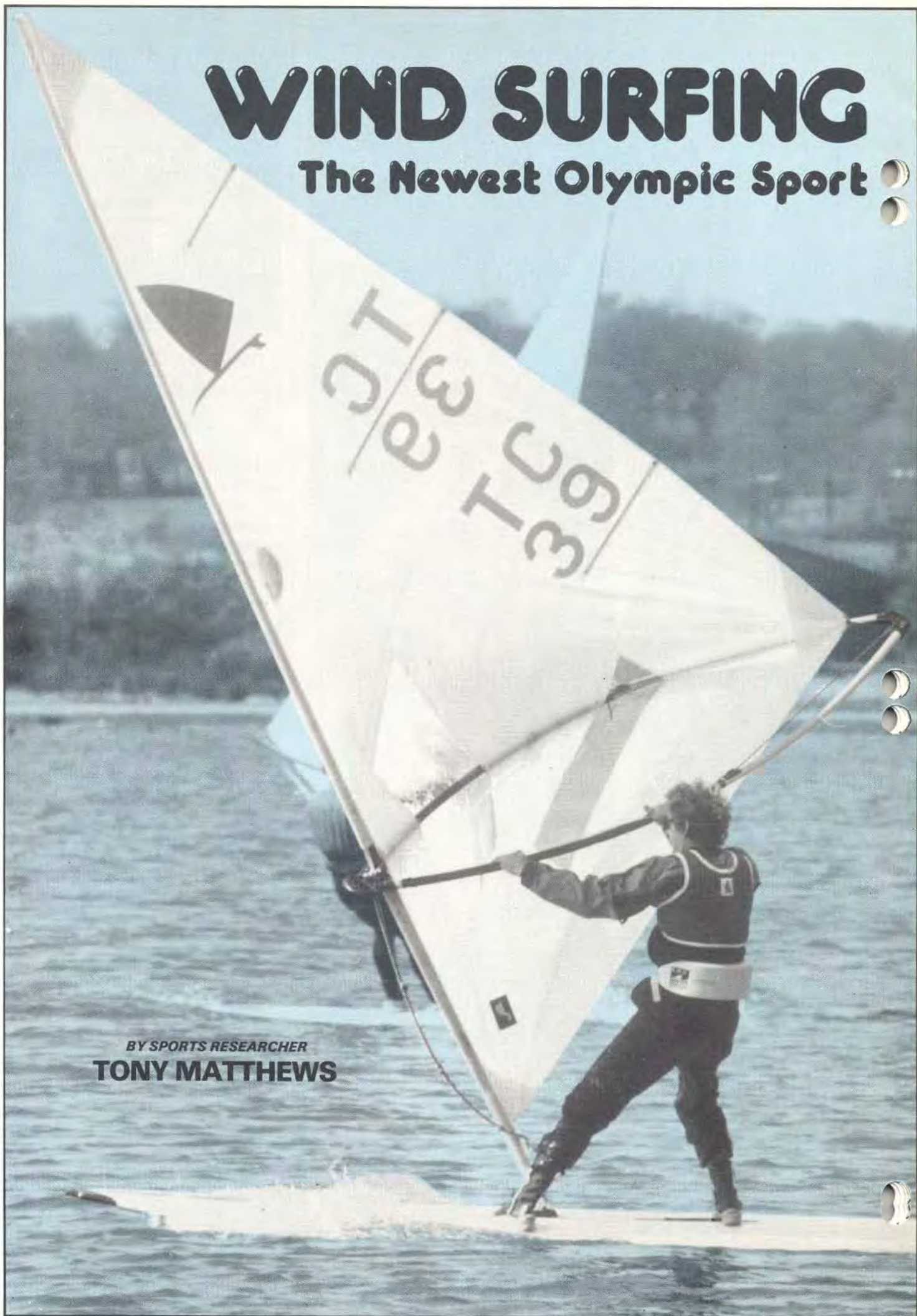
PICTURES: PHOTODESK PHOTOGRAPHY



WIND SURFING

The Newest Olympic Sport

BY SPORTS RESEARCHER
TONY MATTHEWS



Board Sailing or Windsurfing is the fastest growing water sport in the whole of Western Europe. The equipment required is relatively cheap; it's portable and it's exciting to sail. Today, throughout the United Kingdom alone there are some 2,000-plus members of the UK Board Sailing Association, and these members are connected to between 70 and 80 affiliated clubs.

If you take into account all the people, young and old, male and female, who love to go out on a board just for fun, at the weekend or at holiday time, then the actual number of enthusiasts in this super sporting pastime, is somewhere around the 5,000 mark—perhaps nearer 6,000—such is the vast growing rate of public interest and participation.

Lesley Openshaw, the former Womens number two in the National Windsurfing Championships and current Chairman of the UK Board Sailing Association (West Midlands Region), who is based at the Kings Norton Centre in Birmingham, told me recently, when I interrupted her in a training session at the Sandwell Valley Water Park near West Bromwich, that the sport is "really booming right now."

She said: "Men and women alike, of all ages, are beginning to take a tremendous personal interest in Board Sailing." And from the amount of requests which two main centres—Sandwell Valley and Kingsbury Water Park, near Coleshill in North Warwickshire—have received over the past few weeks, then there is no denying Lesley's

comments, for both sets of staff, have been swamped with telephone and personal calls from prospective windsurfers.

Sail Boarding has been featured a lot on television lately and consequently a few million viewers have seen the mishaps which can occur to the windsurfers, as they negotiate rough waters and obstacles, which arise when contestants compete in certain races.

On seeing those 'tip-ups' and 'fall-offs' people tend to pull out from having a go on a board. Yet Lesley is optimistic, and smiled when she said: "Don't let that deter you—it's part of the fun."

She added: "In fact, contrary to public belief, after one good day's training at a recognised international windsurfing club, you should have no trouble whatsoever in standing up on your sail board, even in the roughest of water." However, Lesley insisted that it is difficult to learn to Board without an instructor, but after a short course of perhaps no more than five or six hours, very rapid progress can be made.

The cost of one six-hour instruction course will cost you £25.00 + VAT—and you are kitted out fully with board, wet-suit and life jacket.

Once you have passed your instructional course, and have in your possession a certificate saying so, then you can spend all day on your board at a top Water Sport Centre for just £2.00 a time.

If you want to purchase your own Sail Board then you must expect to pay up to £250 for a second hand one and £400 for a brand new one. Then, of course, you will require a wet-suit, life jacket and all the other small but essential gadgets to go with it, and this could easily set you back a further £100/£150. So, for £500 you can get yourself fully equipped to go Board Sailing in the finest or worst possible weather conditions.

That sounds and seems an awful lot of money. But realistically it's not, especially if, before you became



Photodesk

a qualified 'boarder,' you continually hired out your equipment and paid a fee to use a certain stretch of water.

Board Sailing will be a major event in the 1984 Los Angeles Olympic Games—the first time it has figured in these Games—and once it has been written into the programme, many people all over the world will be seeking information on the sport. How do you win a race? How do you score points? And how many competitors will be representing each country?

Well, basically, Board Sailing or Windsurfing, whichever name you choose, is an event very similar to dinghy sailing, and you score points in precisely the same way as you do in the dinghy event—that is $\frac{3}{4}$ of a point for finishing in first position, two points for being runner-up, three points for coming in third and so on. Each event comprises of a minimum of four races, one of which can be discarded, meaning if you register 20 or so points and that is your worst race, then you can count that as your 'discarded race'. The winner of the competition will be the person scoring the *least* number of points, in his/her three races.

There are a number of different windsurfing events. Firstly, there is the standard triangular race,

when all 'boarders' start off together in a line and sail around the course. Secondly, we have a race over the slalom course (individual 'boarders' going against the clock). Thirdly, there is a marathon race, over a measured distance upon which competitors have to 'board' for long periods. Fourthly, you can get a race featuring two rows of seven buoys, lined out for the 'boarders' to manoeuvre in and out, with one competitor starting at one end and the other at the opposite end. And finally, there is a free-style event when windsurfers perform various tricks on their board, and judges award marks to each competitor depending on the degree of difficulty he/she has put into the trick performed.



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There are no penalty points awarded against competitors who fall off their boards in any event, but obviously you will lose ground on the leaders as you struggle to get back on 'board'.

Undoubtedly there will be a lot of competition for places in the Great Britain team for Los Angeles—only two places are permitted—and they can be filled by two men, two women or one man and one woman. Lesley Openshaw is now actively engaged in organising a series of races for qualification for the National Championships of 1982—and whoever gets the opportunity of windsurfing in the Nationals must surely stand a chance of being included in the Great Britain party for that super trip to Los Angeles in two years time, if he/she wins that UK title.

Marcus Pollitt is a qualified Royal Yachting Association instructor who organises weekend or weekday windsurfing courses for beginners either individually or in small groups at Broomey Croft Pool, Kingsbury Water Park, near Coleshill, North Warwickshire, and anyone seeking information on Board Sailing can contact Marcus, c/o Gainsborough House, 14 Burnett Road, Streetly, Sutton Coldfield—telephone: 021-352 0282.



Roy Inman travelled to Holland to assist Arthur Mapp with the British Judo Team entered into the Dutch Open Championships and saw them use the 'Adams Turn' to perfection in securing many terminal armlocks. "The trouble with the British boys, said an American Coach, is that all they know is Juji-gatame." "Yeah," responded Inman, "the trouble with the Americans is that they only know how to tap!" (Submit to the non-Judoka).

The *Runner* an American marathon magazine recently published a survey of 3,140 long distance runners asking the question, "What do you think of whilst running?" The majority (82.2%) thought about sex whilst running and in addition 18.9% admitted that they thought about running during sex! Of the committed, 26.5% said that they would rather give up sex than running. It seems to be one and the same thing from all accounts... I wondered why it was becoming so popular.

'Come-backs' are in the news this month with several Olympians thinking seriously about Los Angeles. World Judo Champion Neil Adams' fiancée, Sharron Davies, has asked the Amateur Swimming Association for reinstatement so that she can prepare for the Commonwealth Games but the Western District Honorary Secretary, Ed Dean, responded saying that there was no way as far as he could see, around the problem. Sharron turned professional last year but her earnings have been mainly from modelling, TV appearances and films.

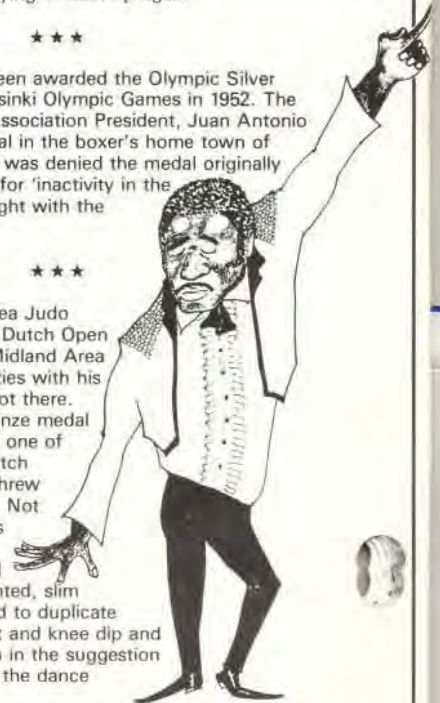


Olympic shot-putter, Geoff Capes, is also seeking reinstatement despite earning assorted fees from athletics and wrestling since retiring as a shot-putter. Mr Capes feels that as all fees have been paid into a limited company, then it does not disqualify him from amateur status.

From overseas, gymnast Nadia Comaneci (Romania) and distance runner Lasse Viren (Finland) are also trying to start up again.

Ingemar Johansson has just been awarded the Olympic Silver medal which he won at the Helsinki Olympic Games in 1952. The International Amateur Boxing Association President, Juan Antonio Samaranch, presented the medal in the boxer's home town of Gothenburg in May. Johansson was denied the medal originally when the judges penalized him for 'inactivity in the ring' during his Olympic Final fight with the American, Ed Saunders.

Elvis Gordon, the Midland Area Judo heavyweight hope, entered the Dutch Open Championships as part of the Midland Area Team and despite some difficulties with his Jamaican passport eventually got there. In the process of winning a Bronze medal he had several impressive wins, one of which was against the giant Dutch Champion, Adelaar, whom he threw for Wazari and then armlocked. Not content with his Championships win he also entered the local Disco Dancing Competition and even in contest with double-jointed, slim athletic young dancers managed to duplicate their every back flip, somersault and knee dip and won that also. There is no truth in the suggestion that following Elvis's gyrations, the dance floor had to be repaired.



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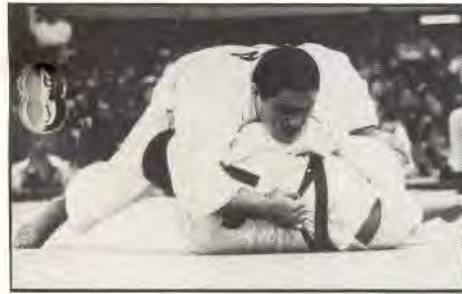
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ALL JAPAN 1982 CHAMPIONSHIPS

REPORT and PICTURES
FROM:—
ARTHUR TANSLEY
IN TOKYO



YAMASHITA KEEPS ALL-JAPAN CROWN FOR SIXTH YEAR.

Husky defending champion Yasuhiro Yamashita, 24, postgraduate student at Tokai University. He again won the 1982 All-Japan Judo championships for the sixth consecutive year by beating Isao Matsui in the final match of the national tournament at Tokyo's Budokan Hall.

More than 10,000 fans watched Yamashita, a fifth dan, beat Matsui by decision.

Yamashita swept the heavyweight and unlimited world judo titles in the 57-nation 1981 World Judo Championships in Maastricht, the Netherlands, on 3rd and 6th September.

Yamashita beat Nobutoshi Hikage, fourth dan, in the semi-finals of the one-day event that started with 36 competitors selected from across Japan. He won by Yoko-shihogotame in 56 seconds.

Matsui won his semi-finals match over collegiate champion third dan Hitoshi Saito of Kokushikan University by decision.

Yamashita said he was not in the best fighting mood nor in top physical condition.

He said: "Frankly speaking, I thought my chance of winning was about 50 per cent. But I was not as complacent as other people might have thought I was. Since I haven't been humiliated these days through losing a match, I think I'm not so earnest to win as I used to be. I think this is a factor for my not being in high fighting spirit."

The Results—

(1st Round): Shigehisa Komoda beat Kenzo Itamoto (Kuzure-kamishiho), Hiroshi Nakagawa beat Eiji Nagafuku (Yusei), Yoshihiro Nakamura beat Nabuaki Hayashi (Okuri-erijime), Fumiyuki Yosoya beat Hideyuki Urabe (Haraigoshi).

(2nd Round): Minoru Yamamoto beat Hideaki Momota (Yusei), Masahiko Kimura beat Takehisa Maruya (Yusei), Isao Matsui beat Yoshimasa Motomatsu (Kamishiho), Kiyooki Shibata beat Shigehisa Komoda (Kosotogari), Masato Mihara beat Masahiro Chiba (Ushimata), Hitoshi Saito beat Masao Takahashi (Kuzure-kamishiho), Hideharu Shirase beat Seigo Ueno (Yusei), Tsuguyasu Nakamura beat Hiroshi Nakagawa (Yusei), Yoshiaki Kondo beat Yoshiharu Enoki (Yusei), Seigo Nose beat Hisao Ito (Yusei), Yasunori Yamashita beat Ryoichi Kawabata (Awasewaza), Yoshihiro Nakamura beat Shinji Takamura (Udegarami), Norio Fujiwara beat Yoshimi Masaki (Yusei), Nobutoshi Hikage beat Tsuyoshi Yoshioka (Yusei), Hidetoshi Nakanishi beat Kazunori Shiraishi (Yusei), Kinjiro Motoya beat Fumiyuki Hosoya (Kuzure-kamishiho).

(3rd Round): Yamamoto beat Kimura (Sukuinage), Matsui beat Shibata (Tate-shiho), Saito beat Mihara (Yusei), Shirase beat Nakamura (Yusei), Nose beat Kondo (Udegarami), Yamashita beat Nakamura (Osotogari), Higake beat Fujiwara (Yusei), Motoya beat Nakanishi (Kuzure-kamishiho).

(Quarter-finals): Matsui beat Yamamoto (Osotogaeshi), Saito beat Shirase (Yusei), Yamashita beat Nose (Okuri-erijime), Hikage beat Motoya (Haraikomimaki).

(Semi-finals): Matsui beat Saito (Yusei), Yamashita beat Hikage (Yokoshiho).

(Finals): Yamashita beat Matsui (Yusei).



★1—Hosoya throws Urabe with Haraigoshi (Rd. 1). ★2—Nakamura applies Okurierijime on Hayashi (Rd. 1). ★3—Shibata drops Komoda with Kosotogari (Rd. 2). ★4—Matsui pins Motomatsu with Kamishihogotame (Rd. 2). ★5—Saito holds Takahashi with Kuzurekamishihogotame (Rd. 2). Ref: Sato. ★6a—Nose clamps Udegarami on Kondo (3rd round). ★6b—Nose applies pressure on Kondo's arm and scores Ippon. ★7a-b—Yamashita smashes Nakamura with Osotogari (Rd. 3). ★8a-b-c—Yamashita pins Hikage with Yokoshihogotame (Semi-final). Ref: Daigo. ★9—Yamashita blocks Matsui's attack in the final. ★10a-b—Yamashita throws Matsui with Uchi-mata but no score as they are off the mat (Jogai). ★11—First: Yamashita, Second: Matsui. Third: Hikage and Saito.

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- 11 British Open and Dutch Open Championships
- 12 All Japan Championships, Senior European Championships, Home Internationals
- 13 World Championships Preview, British Schools Championships
- 14 European Championships Photo Feature Star Profile — Shozo Fujii
- 15 World Championships
- 16 British Open for Women
- 17 National Under 18's Championships
- 18 All England—Report, Japan Invitation Tournament, French Invitation Event
- 19 UK Area Team Championships for Girls, Watanabe: Master Technician, Uchikomi — Tony Macconnell
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FOCUS ON

MARTIN McSORLEY

1st Dan
Great Britain

In 1980, fifteen-year-old Martin McSorley made his debut in the British National Championships at Haden Hill Leisure Centre and was labelled by Colin McIver as a 'frightening prospect.'

In truth the only thing that was special about him at that time was his age which completely belied the maturity of his judo style. Whilst impressively secure in his play, he lacked flair and style and was just regarded as one of the good young lightweights Scotland was producing at that time. Just recently, his performances in the British Open and the Home Internationals confirmed McIver's original suspicions that here is a talented young man who could be 'frighteningly' good in the years to come.

Now just seventeen, Martin practises at the Hamilton Judo Club under the eye of Coach Eric Kane where he normally trains five nights each week. Despite studying for his 'O' levels which restrict his training to two nights, Martin is still able to make up some of the deficiency by doing some regular circuit training at school under the direction of the P.E. Instructor whom he finds most encouraging.

A natural athlete who plays football regularly and has an astonishing golf handicap of 8, Martin is interested in all sports and would like to teach physical education as a career and consequently aims on getting to college after finishing his last term at school.

Now a 1st Dan, Martin was introduced to the sport by a group of friends at Cambuslang Judo Club at about 8 years of age and when eleven attended his first course at Largs where he met Neil Adams who was one of the instructors. Neil helped him with his Tai-otoshi practice and trained with him often in Randori sessions which must have been a bit like learning to drive with Stirling Moss as instructor.

Since then Martin has become British Schoolboys Champion, took a first place in the British Youth trials, was Scottish Junior, Espoir and Youth Champion and took a second place in both the Scottish senior trials and the British 'Closed' Championships, and is now a regular member of the Scottish squad and Senior Team.

Preferring to fight at 78 kilos, Martin McSorley went into the Home Internationals at 78 kilos purposely to fight his one time idol, Neil Adams and in doing so earned a creditable draw with the World Champion.

His performance in the British Open was skilful and stylish and there was a notable win against Chris Bowles to his credit. He eventually lost to the West German Fuchtmeyer, who became the Champion, though with some experience he should not be caught in this situation again.

His favourite technique is Seoi-otoshi though he uses Uchimata and Tai-otoshi to great effect and is making good progress in Newaza, where not unexpectedly he favours moves similar to those of Adams.

McIver was right, his talent is prodigious and with care, concentration and good preparation in the 1985 or 1987 World Championships could become another British World Champion and perhaps Scotland's first!





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28/6th Lakeland '82 (Scouts) Lakeland Forum

SEPTEMBER

11th Mon P.E. Maysfield
 18th Kyu/Dan P.E. Maysfield
 25th Womens and Juniors Squads Maysfield

OCTOBER

9th Under-18 Boys and Girls Maysfield
 16th Q.U.B. Open Queens University
 23rd Squads Maysfield

NOVEMBER

6th N.I. Weights and Grades Maysfield
 13th N.I. Referees Course Valley Leisure Centre
 20th Kyu/Dan P.E. Maysfield
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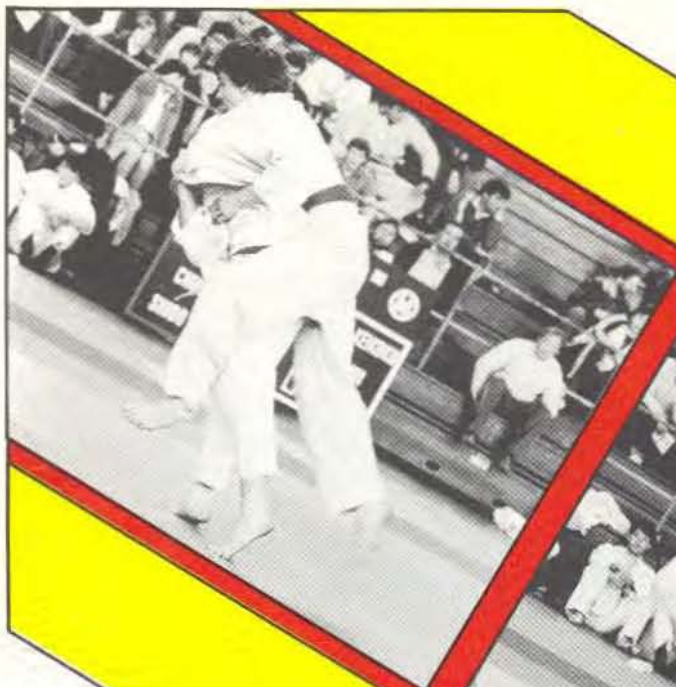
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Top right...
Martin McSorely
Great Britain.
Below... Gunther
Neureuther (West Germany).
Below right... Neil Adams scores
with Tomoenage.

BRITISH OPEN FOR MEN

If there is a 'Blue Ribband' of domestic Judo competitions, then the British Open Championships for Men is it. This year there were three hundred competitors, 110 of whom were foreign entrants and fourteen countries were represented which although a little down on 1981 did not produce any reduction in quality. With the Israeli team came the inevitable security problems which had the Crystal Palace National Sports Centre bristling with policemen. Probably their hardest job was finding the very people whom they were supposed to be guarding as recognising who was who when everyone was wearing judogi must have been near impossible. Fortunately there was no need of them and everything went very smoothly despite the inadequacies of the National Sports Centre.

There were some notable successes in the 1982 'Open'. First of all the seeding arrangements were restored to allow for geographical separation of the British players as well as the foreign entrants and appeared to have been done impeccably and the timing of



COMPETITION DETAILS...
British Judo Association
REPORT...
Frank Smith



contest administration problems and the Competitions Sub-Committee are looking at establishing a Press Office for both the Men's and Women's events plus some sort of player identification for each mat such as overhead projectors. All of these would be welcome.

From a judo point of view, the successes were nearly all British. Neil Adams was supreme and 'king' of the 78 kilo category and no position of comparable skill presented itself and Junior European Champion, Kerrith Brown has matured beyond belief in the last year and is now worth a medal in almost any event he cares to enter provided he tries all his considerable range of techniques at every opportunity.

With Adams, it is now obvious that foreign players have worked on just containing his extra-ordinary skills in order to play for a decision as they are not capable of matching him in an attacking role. Neil might have to watch for contests being 'stolen' from him in the Europeans because of this.

Martin McSorely began to justify Colin McIver's confidence in him when as a young lad of barely fifteen Colin earmarked him for future success. He is now surely the best 71 kilo prospect in the country and is a natural athlete who seems only to lack experience and concentration.

Unfortunately he is bound to get heavier which will give us McSorely, Adams and White all in the middleweight range.

Middleton and Swatman look to be the main contenders for the 60 kilo spot and Bill Ward has made great progress at 86 kilos and looks a more confident player against foreign opposition than he did last year.

Paul Radburn brought some improvement at heavyweight though our super-heavyweights are just not competitive enough and seem to be making no progress at all.

For the details, read on, on pages 19 to 23.



FINCH CHAMPIONSHIPS

Picture sequence...

A. Hubbard (West Germany) throws K. Kinney (Great Britain) for Ippon to top his pool at 71 kilos.

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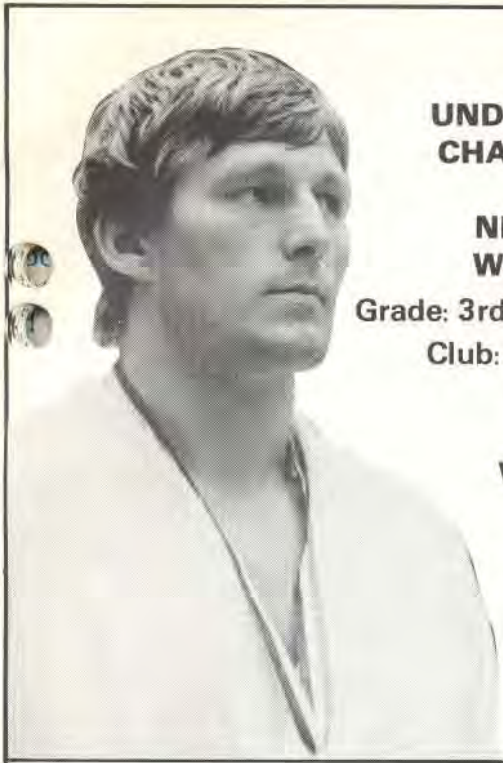
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**UNDER-95 KILOS
CHAMPION 1982
GUNTHER
NEUREUTHER
West Germany**

Grade: 3rd Dan Age: 26
Club: TSV Munich
Occupation:
Policeman
West German
Champion:
1981, 1982
Silver medal
at Montreal
Olympics

FIRST ROUND POOL

3D E. Ferris (GB)	H10	L	L
1D R. Harries (GB)	L	L	L
3D G. Neureuther (WG)	S1 C10		H10
1D M. Bauwens (Bel)	L	S5	T10

Paul Radburn, back after injury, was the firm British hope in this event with strong opposition from Numan (Hol), Kraehenbuel (Swit), Nilseen (Nor) and, of course, the Olympic Silver medallist in Montreal and German Champion, Gunther Neureuther.

Gunther has a clamping variation of Hada-ka-Jime which he applies normally from his opponents back and most of the West German squad seem to be adapting it for their own use and it seems even when technically not 'on', the crushing effect is still sufficient to earn a submission. Neureuther managed three of these throughout the day including his final defeat of Radburn.

Paul had a good day, beating Bob Debelius and Henke Numan in the knockout round and in getting to the final showed that he has made a good recovery from the injuries which have dogged him for the last year. He is without doubt the best British heavyweight.



**OVER-95 KILOS
CHAMPION 1982
ALEXANDER VAN DER
GROEBEN
West Germany**

Grade: 1st Dan
Age: 26
Club: VFL
Wolfsburg
Occupation:
Student
National
Champion:
1981, 1982



FIRST ROUND POOL

1D A. Groeben (WG)	1S	L10	T10	1st
1D C. Jehle (Switz)	L	3S	3S	2nd
3D P. Daly (GB)		L L		L
3D G. Davies (GB)		S3	L L	

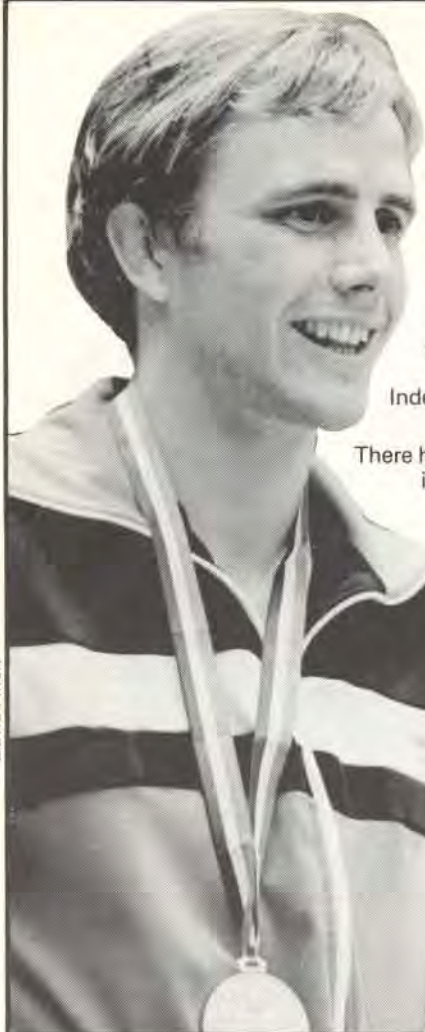
Unfortunately the British super-heavyweight challenge did not materialize and only Carnegie and Gordon looked to be fighting with sufficient spirit to be worthy of medals though he was strangled by World Bronze medallist, Salomen (Fin), and Errol lost to Schnabel (WG) when disqualified.

Van Der Groeben, as a 1st Dan, beat some formidable opposition such as Salomen, Elbert, Jehle and Schnabel in achieving the title, all of whom are very capable fighters.

His title fight with Schnabel was also to decide who would fight at 95 kilos in the European Championships with the loser getting the 'Open' category and consequently it was a dour, defensive match with the younger man winning on the solitary Yuko.

Marvin McLatchie and Gwyn Davies, whilst leading the heavyweight challenge in Britain are particularly unsuccessful against foreign opposition and do not look nearly as well trained as some of their Continental counterparts. If the very fit French, Russians or Japanese entered the event it would really be evident how much hard work our big men have to do to be competitive.





David Finch

**UNDER-78 KILOS
Great Britain**

**Age: 23 Grade: 4th Dan
Club: Budokwai
1981 World Champion
Olympic Silver medallist**

1982 CHAMPION NEIL ADAMS

FIRST ROUND POOL

3D W. Schofield (GB)	L	L	L
2D P. Prentice (GB)	H7	L	L
2D G. Leopold (Israel)	L	C10	H10 2nd
4D N. Adams (GB)	T10	T10	C10 1st

There is a certain 'nobility' about Neil Adams' presence on the mat these days and his calm, ordered approach to each contest is an important psychological factor in his contests. It is not as if he needs any help. His destruction of Eckharo Fegert (WG) was economical and clinical in the application of his tremendous skills and speed to score from a couple of throws and then strangle with Sangaku-jime. Indeed only Spykes (Hol) looked anywhere near coping and was the only one not to lose by Ippon though his Koka defeat was a four-minute exercise in tactical defence.

There have been suggestions that Neil's range of techniques in Tachiwaza were now predictable and someone said to me that he *should* be easy to handle as he is limited to Uchimata, Taitoshi, Ko-ouchi-gari and Seoi-nage! Needless to say he had never fought Neil, and, limited or not, no one else looked in the same class.

Many years ago, in Junior Judo, Neil's most frequently used high-scoring technique was Seoinage which he reintroduced with effect at this event (scoring two Ippons from the throw) and there are also signs that the side-Tomoe-nage he is developing is beginning to score.

Undisputedly Adams remains 'king' and only Design White and possibly Martin McSorley look like ever reaching the same plain as the World Champion.



Karl Bacon

Amazingly enough the 1982 'Open' Champion spent just three minutes, nine seconds, on the mat during his three first round fights and in one them he lasted just thirty-three seconds before being 'buried' by Forster (GB) for a magnificent Ippon. His other two opponents were strangled very effectively with a variation of the Neureuther Hadaka-jime to enable Jurgen to go through to the knockout in first place, whilst Forster was eliminated!

In the second round Fuchtmeyer really changed up a gear with wins over fellow countryman Vulperhorst (penalty) and then Walker and British trials winner Kirk Isichei with Ippons from Uchimata and finally eliminated the dour Finn, Hyuarinen for the final place.

Martin McSorley showed great skill in using his Seoi-toshi and Uchimata to great

FIRST ROUND POOL

1D M. Forster (GB)	L	T10	L
1D N. Taylor (GB)	H10	L	L
1D P. Goulding (GB)	L	HM10	L10
3D J. Fuchtmeyer (WG)	C10	L	C10

effect and even got a decision win over Chris Bowles with a spirited display but then seemed to lose concentration and was armlocked by the eventual finalist Massimo Sulli (Italy). Sulli had lost to Isichei in his pool fight and McSorley could have done with noting his performance in Newaza in his earlier fights which may have reversed their result.

The final had little excitement and was mainly a tactical battle with Fuchtmeyer scoring a Koka to take the title and it must be said that the British challenge at Under-71 kilos was not all it should have been.



**UNDER-71 KILOS
CHAMPION
JURGEN FUCHTMEYER
West Germany**

**Age: 24 Grade: 3rd Dan
Club: Braunschury
West German International**



UNDER 86 KILOS CHAMPION 1982

WILLIAM WARD—Great Britain—4th Dan

Age: 25. Club: Romford and Hornchurch

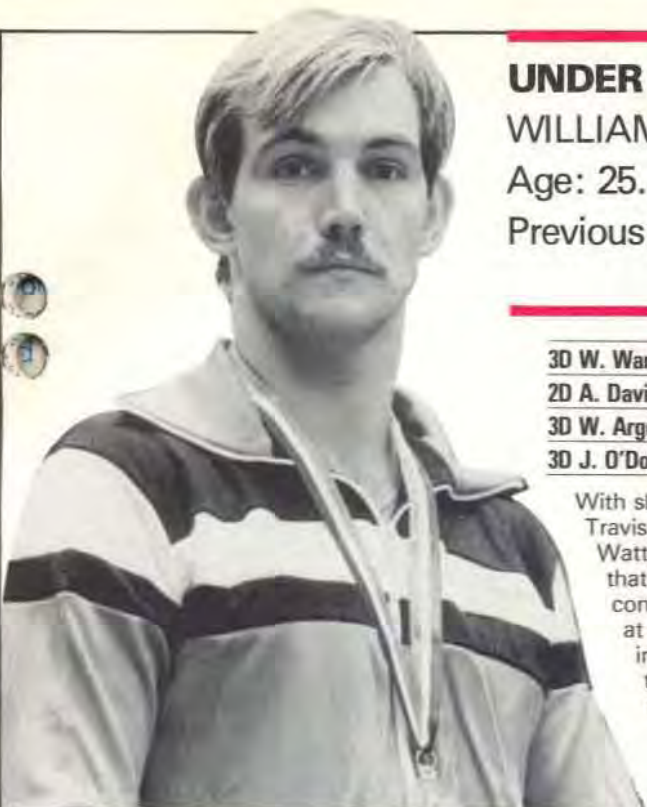
Previous: British National Champion
British Open Silver Medallist

3D W. Ward (GB)	T10	T10	L	2nd
2D A. Davis (GB)	L	L	T10	
3D W. Argentin (Italy)	T10	T10	T10	1st
3D J. O'Donnell (GB)	L	L	L	

With skilful players like Argentin, Brunner, Travis, Missalla and the evergreen Terry Watts in the 86 kilo category I did not think that Bill Ward would make the final and consequently was pleasantly surprised at his opening Ippons from throws in the first round. Despite being thrown by Argentin (who threw everyone) Ward went through to the knockout in second place looking much more sharp and committed to attack

than in past years and how well it worked. Despite being slowed down a bit in the second round and two of his contests going to decision, Bill kept going to meet Urs Brunner in the final battle which he won with a Yuko from a hand assisted Ko-ouchi.

Both Argentin and Missalla lost to the talented Brunner who



1st Round Pool

threw the experienced West German for Ippon with a fine Uchimata who recovered to return the compliment by executing a similar technique on the Italian in the repechage.

A notable win for Ward to add to his trials success and a seemingly refreshing more confident approach in his style which was much more pleasing to watch.

Steve really has realised some of his earlier promise and is now creating attacking opportunities in Tachiwaza though his main weapon is still his formidable Juji-gatame which Kerrith took great care to avoid though almost getting pinned in the process.

A Yuko from Tanio-toshi gave the European title holder another title in his most successful year.

Age: 19

Grade: 2nd Dan

Club: Wolverhampton

Occupation: Electrician

1982 Junior European Champion.
British 'Closed' Gold

UNDER 65 KILOGRAMS CATEGORY



1982 CHAMPION

KERRITH BROWN—Great Britain

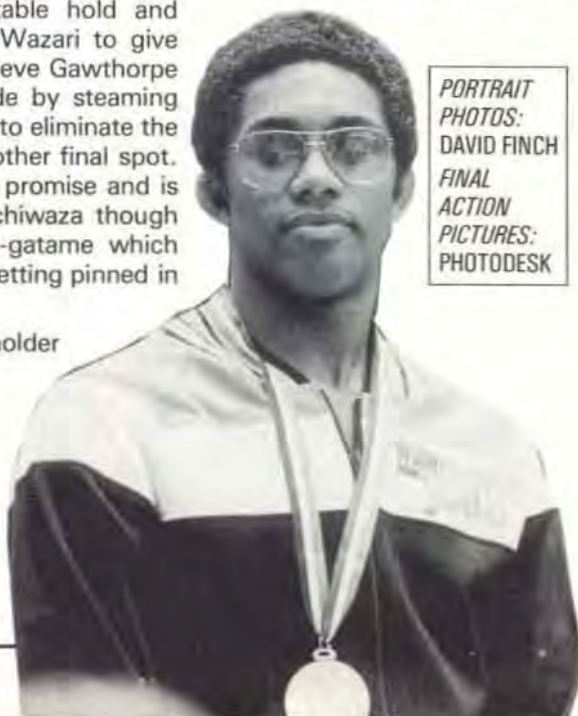
2D K. Brown (GB)	S5	S1	H10	1st
1D G. Uden (GB)	L	L	L	
1K J. Moseley (GB)	L	S3	L	
3D R. Caldarelli (Italy)	T7	L	S5	2nd

1st Round Pool

If Neil Adams is the 'King' of British Judo, then Kerrith Brown, without doubt, is the Crown Prince. Since his European Championships win he has grown in stature and confidence to the stage where he now has that calm confident approach to each fight that is worth a Koka start.

He really had no problems in his pool and his knockout round presented a quick win over Adams (Great Britain) with his particular version of Sangaku-gatame for Ippon and then a more difficult knock against the experienced Armstutz (Switzerland) gave him a Koka win. Gadsby (Great

Britain) then fell to the inevitable hold and Minimo (Italy) was thrown for a Wazari to give Kerrith his anticipated final place. Steve Gawthorpe highlighted the progress he has made by steaming through the other side of the knockout to eliminate the North West's Paul Sheals to secure the other final spot.



PORTRAIT
PHOTOS:
DAVID FINCH
FINAL
ACTION
PICTURES:
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Championships Statistics

Number of Entrants 300, British 190, Foreign 110

Number of countries represented—14

Number of contests—446

Number of contests won by Ippon—238

Number of contests won by Wazari—53

Number of contests won by Ippon throws—68

Number of contests won by Ippon holds—79

Number of contests awarded by decision—74

Number of submissions from armlocks—49

Number of submissions from strangles—32

Most popular contest throw—Uchimata
Others scoring Ippon—Seoinage, Seotoshi,
Tai-toshi

Most popular armlock—Juji-gatame
Others scoring Ippon—Ude-gatame

Most popular strangle (choke)—Hodaka-jime
Others scoring Ippon—Sangaku-jime

CHAMPIONSHIP RESULTS

Category Under-60 Kilos—Total entry: 45

- 1—P. MIDDLETON (Great Britain)
- 2—J. SWATMAN (Great Britain)
- 3—M. JONES (Great Britain)/V. FONTANA (Italy)

Category Under-65 Kilos—Total entry: 57

- 1—K. BROWN (Great Britain)
- 2—S. GAWTHORPE (Great Britain)
- 3—P. AMSTUTZ (Switzerland)/R. CARDERELL (Italy)

Category Under-71 Kilos—Total entry: 64

- 1—J. FUCHTMEYER (West Germany)
- 2—M. SULLI (Italy)
- 3—R. HENNEVELO (Holland)/W. VULPERHORST (West Germany)

Category Under-78 Kilos—Total entry: 51

- 1—N. ADAMS (Great Britain)
- 2—E. FEGERT (West Germany)
- 3—B. SPYKES (Holland)/J. SAPIN (Switzerland)

Category Under-86 Kilos—Total entry: 37

- 1—W. WARD (Great Britain)
- 2—U. BRUNNER (Switzerland)
- 3—M. GRANT (Sweden)/P. MISALLA (West Germany)

Category Under-95 Kilos—Total entry: 26

- 1—G. NEUREUTHER (West Germany)
- 2—P. RADBURN (Great Britain)
- 3—C. JENSEN (Denmark)/H. NUMAN (Holland)

Category Over-95 Kilos—Total entry: 20

- 1—A. VAN DER GROEBEN (West Germany)
- 2—A. SCHNABEL (West Germany)
- 3—H. ELBERT (West Germany)/M. BECCACECE (Italy)



**UNDER-60 KILOS
CHAMPION
PETER MIDDLETON**

Great Britain

Age: 21 years

Clubs: Yorkshire
Railway Institute
and Hull J.C.

Grade: 1st Dan

Occupation:
Process Worker

FIRST ROUND POOL

1D P. Middleton (GB)	S5	T7	1st
1D O. Pinnock (GB)	withdrawn		
1K A. Officer (GB)	S1	L	2nd
2D P. Leats (Bel)	L	L	

Peter Middleton's first round pool gave him somewhat of an easy start, especially when Owen Pinnock (Wolverhampton) withdrew, and with a good Seoinage Wazari against Officer and a Yuko scored against the Belgian 2nd Dan, Leats, he coasted into the knockout round which was a much harder proposition.

John Holliday, Mark Jones, Fred Bradley and Gavin Bell, were all Peter's half of the draw with foreign opposition from Eliazer (Holland), Belmans (Bel), Rennela (Italy) and Jaune (Swe). Young Jones (Pine wood) had a super day in his first serious Open attempt comfortably topping his pool and then eliminating Eliazer (2nd Dan) and Bradley by superiority decisions to earn a telling contest against Holliday (2nd Dan). Again Jones battled through with a five-point win which put him in the semi-final against Middleton.

Peter's progress had been quite convincing with his personal *Waterloo* being his fight against Bell which went to a decision with Peter getting the nod. His final place was then confirmed with an experienced tactical win over Jones, staying a Yuko ahead for most of the contest.

John Swatman was steaming through the other half of the draw along with Koaz (Israel) who showed tremendous promise and had a marvellous battle with Swatman before losing to the inevitable Tomoenage for Wazari. Willie Bell surprisingly went out to Chanson (Swit) who then lost to Fontana (Italy) who then lost to John by a Yuko to provide the expected Middleton/Swatman final.

Inevitably, this went the full six minutes with some blistering ground-work exchanges with Peter scoring a Koka from Ko-ouchi-gari to capture the title. In a large entry of overall excellent quality the seeding in this category was superb and provided some very good matches and spaced out the British and foreign entries very well.



BRITISH OPEN CHAMPIONSHIPS PHOTO-SPOT



1—Coach Den Werner advises Under-60 kilos prospect Mark Jones.

2 & 3—Paul Radburn throws for Wazari in the Under-95 kilos event.

4, 5 & 6—Van der Groeben (West Germany) throws fellow countryman Arthur Schnabel in the final of the Over-95 kilos.

7, 8 & 9—Neil Adams throws Fegert (West Germany) in the Under-78 kilos final.



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ERIC WOODWARD

ON

REAY



The port of Grytviken in South Georgia played a prominent part in the publicity which flooded from the Falklands when the hostilities started—and, at the mention of that name, no one winced more than a prominent executive of the British Judo Association.

It has become very clear to all of us that, even with the outstanding individual qualities of the Falklanders, the land they call home—and the area where it lies—is one of the least hospitable places on earth. A good place 'to come from'—in the real sense of the phrase.

But for Tony Reay, the mention of Grytviken brings echoes from not-so-distant days past; days when his life was devoted—there's no other word—to the pursuit of excellence at the great love of his life. Judo.

Which partly explains why an apprenticed compositor from a prestigious print shop in Fleet Street spent four months, which seemed like four years, sailing with a whaling ship in the horrors of the South Atlantic—just to get sufficient money together to help subsidise his determination to get a judo education in Japan.

I should explain that my conversation with Tony, on this particular subject, started in an Italian restaurant a short stroll away from BJA headquarters at Euston. In talking with him, and other judo officials, I became acutely aware that they carried with them stories of their own involvement in the sport which should act as a yardstick to others when talk of determination, and service to judo is in our thoughts.

It is my belief that these stories should be told to a wider audience—not as an ego trip (which seems to be a characteristic which is markedly absent from most) but an underlining emphasis of basic beliefs which acted as the bedrock for the sport's growth in this country.

Tony Reay is 5ft 4ins, 10st 3lb, and has spent much of his life in service to the sport with his now-smooth ear lobes, gained in trying to prove the original Japanese logic of judo that if you are good enough, you are big enough. Which is fine if you are Japanese and your opponents come handily packaged in standard sizes.

But it can be a distinct handicap when you are British and 5ft 4ins.

"I seem to have spent much of my life battling with the other economy sizes to cream the giants in the dojo" he said. "The fact is that I always had more trouble fighting men of my own size. Don't know why, except that as the greater portion of my career as a fighter was spent in the days when there were no weight categories, I developed specific techniques to make an unequal struggle more equal, which were quite useless with matching strengths."

The affable Mr Reay, you may have already discerned, is refreshingly free from any hang-ups about the 'good old days.' Days when the sport was riddled by what he now calls 'stupid, old fashioned notions' that have not stood the test of time.

He insists, for instance, that judo's popularity and rise in membership, is directly related to success and publicity. The good times the British Olympic team has had, and the achievements of various individuals, have all been followed by a significant rise in membership.

And, as a total devotee of the principle that Judo really is a Sport for All, and not a secret society for a devoted few, he believes that individual success far, far outweighs any criticisms of a so-called star system. And Tony speaks as one who had far more of the rough than the smooth from judo—yet still had an unquenchable belief in its merits over all other sports.

Originally he was a boxer. He won the Southern Counties Bantamweight championship, and was also the Army's Northern Command title-holder at the same weight. He also played football with some success as a pint-sized right-half, and played for the England amateur youth team in his days among the unpaid ranks of Charlton Athletic.

"But it was not enough" he recalls. "I wanted something else. I did not know what—the only thing I did know was that boxing and football did not provide it." So he enrolled for a series of lessons at evening classes. "Within six weeks I knew judo was what I had been looking for. And everything began to fit into place."

Tony Reay demonstrates one of his favourite attacks against the bigger man in a recent coaching sequence.



In those days, everyone strictly interpreted the Japanese credo that judo was not a means to pander to an individual ego. Which is why virtually all competitions were on a team basis, and the only individual battles were fought in team trials. "But this principle was carried to absurd lengths" Tony recalls. I remember an Executive Committee member insisting that no more than 10 shillings and sixpence (52½p to the uninitiated) be spent on the National Team Championships trophy because, as he put it "We don't want pot-hunters in this sport."

Everything Japanese had to be right. Or so it was felt in those days. Dan was the Mecca of Judo. And the phrase 'Japanese-trained' on a coach's visitor's card was always an ace to play. Which is why Mr Reay became determined to follow the path of other pioneers and head towards Tokyo.

"It was everybody's dream" he says. "Get a student's visa—which was not easy—and learn from the masters. I saved up as much as I could afford for a two-year stay, found it was not enough, so went up to Hull and signed on as a labourer on a whaling ship for four months.

"It was well-paid murder. The work was hard, which was no problem, but it was bitterly cold in the South Atlantic and very dangerous. In this one trip, three members of our crew were killed, and mentally I joined the 'Save the Whales Society' the moment I saw the first one killed, and then had to help chop it up."

Reality is usually pretty painful. And more pain was to come. Tony found Tokyo 'very grim' so soon after the war. "I paced myself with money to eke out the two years I had scheduled, even to the point of taking a tatami (room) in a village way outside the city where the rent was considerably cheaper.

"It was the worst thing I ever did. I was cut off from my own roots. Because Westerners were still very much a novelty I was treated like a Martian—and living in a space of little more than 6ft by 9ft (kitchen included)—does nothing for creature comforts."

Yet there was a bonus in this rustic lifestyle—once, that is, his system had become reasonably accustomed to the Japanese diet. He learned the language by listening to the village children being taught nursery rhymes. And from that basic beginning, being forced, through circumstances, to learn the language like a child, he became so proficient that his professed two-year stay became three and a half, with the latter part one of some style thanks to the substantial earnings which came from teaching conversational English to Japanese businessmen and students, and acting as an interpreter at shows.

And behind all of this was the driving force to become one of the Greats for Great Britain. He had trained and fought with the greats like Shigeoka and Olympic champion Nakanushi. And he was ready. The call came to come home and take part in the '64 trials. He packed his bags and (gratefully) flew home.

Within three days of arriving back in England, Tony was busy working out in the dojo, and a bad fall on his outstretched arm by his opponent wrought havoc to his shoulder—and ended his competitive career.

There is no sense of bitterness, or of wasted time. Only talk of opportunity. He, too, was able to put 'Japanese-trained' on his business cards—and with a great deal more confidence than most, one feels. He became much in demand as a coach, as a teacher, as a dispenser of judo wisdom.

A highly successful spell as coach at his old base, The Budokwai in South Kensington, led to his appointment as manager there, and eventually he became general secretary of the BJA for a five-year term.

Two years in the building industry with his father-in-law followed, and in 1978 he was asked to return to the judo fold to edit the Association's new baby—the *Newsletter*. Two years later and he was given the added responsibility of Development Officer—a key post in such a developing sport.

I sense no envy in Tony Reay. He relishes the national fame and recognition of Neil Adams, and others who followed him. He believes there is a bigger expansion in the near future for judo.

I also sense that this is because he fought and won his own battles a long time ago. Coaching trips to Japan are now commonplace and, perhaps because of it, not so rewarding as the way he and others had to work their passage to success. He thinks that is their loss—not his. He may well be right.

What is certainly true is that Tony Reay, 5th Dan—all 5ft 4ins of him—has seen it all, and enjoyed most of it.

But not Japanese food. And certainly not the South Atlantic.

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MARATHON EXPLOSION

guest writer

**ANDY
HOLDEN**

On a recent Sunday evening my telephone rang. I lifted the receiver, but before I had chance to say anything an excited voice shouted...“I did it! Three-twenty-one! I did it!”

The voice belonged to Gerry, an Australian friend of mine from our local cricket club. Back home he was a Rugby League and ‘Aussie’ Rules Footballer—and was appropriately built like the proverbial brick outhouse.

Here in England he had settled for summers of gentle cricketing and winter evenings of bridge. When a group of friends decided a year ago to start training with the ultimate view of travelling to Boston or New York for the Marathon, Gerry volunteered his services as team manager.

There was no way he was going to pack up his ‘ciggies’ and take to the streets of Bournville, let alone contemplate tackling twenty-six miles. On the cricket field he refused to take more than a five-yard run-up—unusual for a fast bowler!

Yet here he was a year later, jubilantly enthusing over the successful completion of his first marathon. He had become another victim of that disease which is fast reaching epidemic proportions in this country—Marathon Fever. I have lost count of the number of friends, colleagues and acquaintances—many previously completely disinterested in any but the mildest physical activity—who have taken to running and now have the common objective of running marathons and improving their times.

They are contributing to a sporting explosion of unprecedented proportions. Two or three years ago there were only about a dozen marathon races held annually in this country. These were supported by a nucleus of hardened distance runners with rarely more than a hundred competitors lining

up for any given race.

This year there are well over a hundred marathons on the British Road Racing Calendar. Many of these will attract fields of thousands. The bulk of the entrants will be either complete novices or relative newcomers to distance running.

ANDY HOLDEN is a British International Steeplechase runner who is now specialising in Marathon running, at which he is amongst this country’s leading exponents.

Married, with no children, Andy is a member of the famous Tipton Harriers Club and works as a Dentist, at the moment in a Health Centre but with aspirations to own his own practise for which he is saving up.

In 1979, 1980 and 1981 he won the Bermuda Marathon, and the Sandwell Marathon in 1981, and then the Hong Kong run in 1982, and at an optimum level runs three marathons a year.

In 1981 he ran five and is one of the few regular runners regularly beating two hours, twenty minutes.

What has produced such a dramatic upsurge in interest in such an event? The initial factor is undoubtedly the increased public awareness of the value of exercise. Health Education drives on the *Fit For Life* theme, have had people flocking to sports centres to take up a vast array of sports. However, the simplest way to achieve a reasonable level of general fitness, is to go out and run. No special facilities are needed...No expensive equipment is essential...All that is necessary is a stretch of tarmac and a pair of pumps.

Having started to get fitter the next step is to test out this level of improvement. But why choose the marathon? I know of many experienced distance runners who have trained for dozens of years and have never until recently dreamed of running a marathon. Yet now there are hordes of people plodding round the pavements with the prime intention of doing a marathon...barely weeks after forsaking the armchair and slippers.

Obviously the distance alone presents a challenge. The combination of mythical, historical and plain accident factors by which the marathon discipline came to be standardised have added to the mystique. The average runner whilst never aspiring to reach the top level, can nevertheless identify with the Olympian effort of completing a marathon. The stories of great mara-

thon races down the ages sharpen the interest. The vivid memories of the likes of Dorando, Peters, Abebe Bikila and others further stimulate the appetite.

The step from running for fitness to actually competing in an event, is a large one. One of my former tutors at Daniel School, John Davenport, illustrated this point. He had started to train a couple of years ago and wanted to attempt a marathon but told me he felt the existing events "were too 'professional' in scope."

Then along came John Walker and his *Peoples Marathon*, aimed specifically at the slower runners. Here was a chance for the novice to have a go without seeming out of place. John Davenport did so and two years later has advanced to being one of the best veteran performers in the area.

Peoples marathons have subsequently blossomed throughout the country. Whole communities have become involved with their local events. Armies of new followers have been recruited. In the Health Centre where I work, two of the Health Visitors decided to enter last years *Sandwell Marathon*, and this engendered great interest from the rest of the staff.

Returning to work after the race, all three of us were presented with special medals in commemoration of finishing. They were lovingly constructed by our colleagues from liquorice whirles and sweets! The two girls had finished well ahead of me in the field, but really they deserved their 'medals' much more than I did, as their personal *Everest* had been much harder to climb. I proudly hung my award in my locker, where it remained in splendour, until I ran to work one morning and arrived feeling unusually hungry!

On a National level, last years London race added increased impetus to the marathon snowball. The unique, electric, atmosphere associated with the major North American marathons was transported by Chris Brasher back to Britain.

The Press, Radio and Television, played their part, and the event was projected into the sitting rooms of the nation. Most importantly it was shown that the heroes were not just those at the head of the field. After watching the event Madge Sharples, my mother who has never run a step in her life, decided that she could do a marathon. She has subsequently postponed the attempt until she is sixty-five!

The groundswell of general interest in marathon running having been established, it is interesting to speculate how marathoning at the top level will be affected. The widening of the base of the pyramid must mean



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★ Above... Some of the 1,800 competitors at the start of the 1981 Sandwell Marathon.

★ Below... Andy Holden and Alan Rushmer (0005) lead the 1981 Sandwell Marathon at the Oldbury Food Station.



that more potential champions are entering the sport. In *Tipton Harriers* we have seen several novices, who had come to the club with no great aspirations, rapidly improve to become leading members of the long distance hierarchy.

Birmingham University Athletic Club, the English University Champions, have recently returned from a tour of the United States of America. Team manager, Mike Hayes, told me that one of the most significant changes from previous encounters with American Colleges was that the British teams could once rely on dominating the middle and long distance events. On this occasion the opposition had remarkable depth in these events. Their coaches attributed this to the upswing in marathon-type training, percolating back down to the track events.

Another important change is that many more younger athletes are turning to the marathon. Black Country legend, Jack Holden, won the European and Commonwealth Games titles in 1950, but did not take up marathon running until after he was forty years old! However, he told me recently that he felt that marathon running was a young man's game and that the most important factor was speed. The exploits of Alberto Salazar seem to bear this out.

Until recently the marathon was often seen by runners as being a dead-end with few opportunities. Now with the increased focus on the event and many extra outlets, more and more of the faster track athletes are prepared to have a go at the marathon. Not all of them will succeed as there is still a mysterious X factor which is essential for good marathon runners. The road is littered with fast runners who can reach twenty miles, but are unable to carry their speed through those extra six miles, three-hundred and eighty-five yards. However, there will be those who do succeed, and the competitiveness at the highest level of the event will intensify.

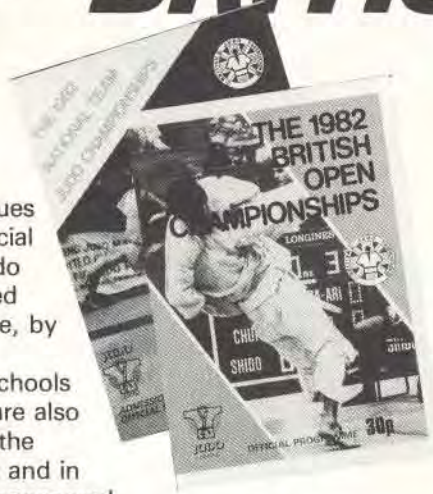
Thus the circle is completed. The Olympian efforts have inspired masses of people to take up marathon running. This in turn, has led to an increased depth and improvement in performance at all levels, producing even higher levels of attainment at the top—the very pinnacle, of course, being the Olympic Games themselves.

More important though, is that thousands of people in this country, millions throughout the world, are coming to appreciate Baron de Coubertin's Olympic Ideal... "It is not the winning which is important, but the taking part!"

ANDY HOLDEN



SUPPORT FOR BRITISH JUDO



JUDO LIMITED continues in its extra-ordinary financial support of the British Judo Association, as announced elsewhere in the magazine, by purchasing the trading franchise of the British Schools Judo Association. They are also the franchise holders for the Scottish Judo Federation and in the last few weeks have sponsored the National Team Championships and the British Open Championships for which they also produced colour programmes. Directors Arnold Humphrey and John Drogan are seen, right, presenting prizes in the heavyweight category of the British Open.

JUDO LIMITED also sponsored the English Teams in the Home International Championships staged on Olympic Day at Crystal Palace (See colour picture on cover).



Karl Bacon



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THE B.S.J.A. FINDS ITS FEET



Nineteen years ago, Brian Saunders, founded the BSJA, with the intention of encouraging judo for school children in schools.

Despite the fact that no finances were available, Brian was able to establish the Association, which grew at a slow rate relative to the limited income that could be generated and the efforts that a few volunteers were prepared to make.

Unfortunately for the BSJA, since its establishment Judo had grown far more rapidly than the BSJA until about four years ago. Because it was an independent association its links with the British Judo Association were somewhat fragile, and it is no secret that relationships between the two bodies were poor.

Happily, that no longer applies. In the last four years, although it is maybe not realised by everyone, many important developments have taken place in the BSJA, and every development has been beneficial to both associations, to schools, school children and Judo as a whole.

There is still a great deal of work to be done, which I am confident will be achieved in the not too distant future. Those people critical of the BSJA, and often justifiably so, can take some comfort in the developments, and I would ask them to be patient for some time longer, as the energies of the few volunteers working for the BSJA are being usefully and devotedly channelled with a sense of purpose which will serve all school children in our sport very well in the future.

The first important development was the cementing of good relationships with the BJA. This has been accomplished gradually and firmly so that the fusion of the two associations has provided a very sound base from which to progress.

The administration, still handled by volunteers, has been streamlined, and is headed by a very energetic, sincere General Secretary, Geoff Edmondson, who is responsible for the major part of the BSJA's heavy ever-increasing administrative burden, with which he copes, in addition to his busy professional responsibilities.

The finances have strengthened due to more efficiency, help from the BJA, grants from the Sports Council, and its own efforts, turning a deficit of nearly £900, three years ago into a healthy surplus at the end of 1981.

The establishment of the Star Award Scheme has been very well received and fills a gap which has been neglected for many years.

International relationships for school children are gradually being formed, which will undoubtedly benefit the sport in the future.

From time to time the sponsors have aided the BSJA, however, it was not until Geemat agreed to sponsor the Star Award Scheme that any long-term arrangement had been made.

In April of this year, yet another long-term arrangement has been made. JUDO LIMITED has entered into an agreement which is invaluable in its contribution to the fervent efforts of the BSJA to modernise itself, increase its activity and continue with its new policy, which is to care for all school children involved in judo.

Judo Limited has agreed to buy the franchise of the newly designed BSJA insignia and will be producing badges, ties, pennants, 'T' shirts, track suits and other accoutrements for the BSJA. Arnold Humphrey and John Drogan, Directors of Judo Limited, attended the recent AGM of the BSJA, and were surprised and impressed by the new thinking of the BSJA. They have pledged their support to help build this very important section of the British judo scene.

It is most encouraging to receive such support. It has enthused those people who are working so hard to put the BSJA in a position where it will be able to help our youngsters nationally and internationally.

No one in the BSJA administration is complacent. Everyone is cognisant of the tremendous responsibility they have taken on, but each individual is determined to convert the BSJA's critics into supporters.

It will not be done quickly, but it will be done. The BJA is often criticised for doing too little for children, but in supporting the BSJA whose interest is solely in children and their judo future the BJA is doing a great deal for children.

Most are afoot to silence the critics. Their criticism does not go unheeded, but as always, the answer to most of the BSJA's problems is money.

The days are not very far away when funds will be available to satisfy more of our children's needs. The support of Judo Limited is gratefully acknowledged.

Your support will also be welcomed.

JOHN BEARD
BJA/BSJA Liaison Officer



Managing Director of Judo Limited, Arnold Humphrey presents the franchise cheque to John Beard (BSJA) representative.

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Name.....	Grade.....	Name.....	Grade.....	Name.....	Grade.....
Name.....	Grade.....	Name.....	Grade.....	Name.....	Grade.....
Name.....	Grade.....	Name.....	Grade.....	Name.....	Grade.....

CLUB.....

RULES AND INFORMATION . . . The Event is a Three-Star BJA Tournament. The Event is a Promotional Points Scoring Competition. Entry Fee: £12.00 per team, which carries entry ticket to the Disco in the evening at Haden Hill. No entry fees are returnable. Booking-in/Weighing-in from 9-00am to 9-30am. BJA Membership Certificates must be produced or a £2.00 fine will be imposed. No excuse for out of date licences will qualify for the return of the fine imposed. Entries will not be acknowledged. Cheques/Postal Orders should be made payable to MAM. Closed to Midland Area Clubs.

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Name.....	Grade.....	Name.....	Grade.....	Name.....	Grade.....
Name.....	Grade.....	Name.....	Grade.....	Name.....	Grade.....
Name.....	Grade.....	Name.....	Grade.....	Name.....	Grade.....

Event 4— Over 56 kilos but Under 61 kilos

Event 5— Over 61 kilos but Under 66 kilos

Event 6— Over 66 kilos but Under 72 kilos

Name.....	Grade.....	Name.....	Grade.....	Name.....	Grade.....
Name.....	Grade.....	Name.....	Grade.....	Name.....	Grade.....
Name.....	Grade.....	Name.....	Grade.....	Name.....	Grade.....

Event 7— Over 72 kilos

Event 8— Open Category

CLUB

Name.....	Grade.....	Name.....	Grade.....	
Name.....	Grade.....	Name.....	Grade.....	AREA
Name.....	Grade.....	Name.....	Grade.....	

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