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JUDO

VOL VIII

JUNE 1964

No. 9



Inside

14th European Championships

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In the notice regarding the Ladies Course at Wrexham on August 22nd-23rd published in the May issue of the magazine, the fee was advertised as £1-10-0 this should have been £1-0-0. We apologise for any inconvenience caused.

THIS MONTH'S COVER

Bourreau on the left drags backwards as Lesturgeon his fellow countryman tries to secure a favourable hold in the final of the Lightweight competition, of the European Police Wrestling & Judo Championships

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JUDO

JUNE

1964

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No. 9

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A. R. MENZIES, 1st DAN.

14th EUROPEAN JUDO

CHAMPIONSHIPS

Berlin — April 24th - 26th 1964

At short notice the East German Judo Association offered to hold the European Championships in Berlin, capital of the German Democratic Republic, and Andre Ertel, President of the European Judo Union, was profuse in his thanks to them for their exceedingly quick response after the news that Yugoslavia, who were to be the hosts for 1964, were unable to accommodate the Championships due to the catastrophic earthquake at Skopje.

From all over Europe teams converged on the D.D.R. and the hotel Berolina, the finest hotel in the East and certainly the newest in Europe, since it only opened its doors five days before the first of the foreign visitors arrived.

The British contingent left London early on Thursday morning, 23rd April for Orly Airport on the outskirts of Paris in an Air France Caravelle, a change over to Le Bourget and the second leg of the journey to the other side of the Iron Curtain was made in a Russian Ilyushin 18. The East German airport with its lack of crowds and few officials contrasted greatly with the busy western airports visited earlier in the day.

A coach journey to the centre of Berlin, which included a drive down the newly built Karl-Marx-Allee, quickly saw the British party ensconced in extremely comfortable, very well equipped rooms, each provided with private bathrooms and toilets.

A fairly heavy schedule faced both the competitors and the officials, and Thursday evening was the only chance for a little relaxation. On Friday morning the European Judo Congress, which is the subject of a separate article, commenced at the 102 year old Red Town Hall, which miraculously survived the war, started promptly at 9 a.m. and lasted with a short break for lunch until five in the afternoon. This was followed by a press conference and then following an evening meal the delegates and team officials met in the Werner Seelenbinder Hall for the draw. This finished at 10 p.m. and concluded the first day's programme.

In the meantime the competitors were busy with the weigh-in and later a tour of the town which followed by a music hall type show, filled in the day for them.

*Photographed
and Reported by
Alan R. Menzies*

Saturday the first day of the Championships proper commenced with breakfast at 7 a.m. and finished at midnight.

The stadium where the Championships were being held was a largish place, which, like the Geneva stadium, is used as an ice-rink during the winter. Green boards covered the skating floor an area about 200 feet long by 100 feet wide, enclosed by a wooden

fence beyond which seats rose in tiers to the roof of the building.

Three large mat areas, with large safety surrounds had been laid down the centre of the hall with provision for the officials made on one side, trainers and managers on the other. No other people were to have been allowed in this centre arena except five photographers, all of whom were representing the East German news system. However, such stringent rules proved impractical and Dr. Lothar Skorning, the Press Officer for the Championships, relented when it was pointed out to him that practically every competing country had brought their own press officials with them and would require facilities for taking their own photographs.

The entire British Contingent gathered outside the Werner Seelenbinder Halle, where the Championships took place.





The press information bureau set up by the German Judo Association was easily the best ever seen at any European Championship. All told they issued twenty-seven bulletins covering every event that took place, a summary of each day's programme, a biography of the players from every country, a list of all the competitors and the event in which they were entered, and to cap it all they produced a handsome three coloured folder printed with the names of all the winners within one hour of the championships ending. Certainly no-one could have asked for a better information service than that provided by Dr. Skorning and his staff.

For the first time Britain had an entry in the Junior event. The Juniors have slightly lower weight categories than the Seniors so that Brian Jacks, our 17-year old Lightweight entered in the Middleweight division of the Junior Championship.

The eliminations for the Juniors were the first item on the day's programme. Each of the three mat areas were used, one for each weight category, Light, Middle and Heavy, there being no Open category in Junior events.

Gunter Dobrauz, a fairly stocky youngster from Austria was Jacks first opponent. Jacks was far

superior to the Austrian throughout the match; he did not manage to score but as this was his first European contest, a nerve-wracking business for anyone, he was probably just a little off form.

In the next round he met Phillippe Baudin of France, favourite for the title. He had decisively beaten Schaefer of Holland in the first round with a clean throw. The contest started with Jacks having to watch out for the rather fierce attacks of the Frenchman who was, no doubt, hoping to win in the same way as he had in his first contest. Jacks soon got used to Baudin's style and at the half-way stage they were both fairly even. Jacks, in attempting an attack went down to the mat and Baudin seeing here an opportunity eagerly followed him down for a holding. It certainly seemed the end for Jacks until suddenly Baudin tried to break away, the referee's hand went out and he cried "Ippon". It was not immediately apparent to the onlookers just who had won until they rolled an unconscious Frenchman off Jacks, who had neatly strangled him from underneath.

This win brought Jacks to the final where he was due to meet Vanatko of Czechoslovakia, who had also had a very good day, beating stiff opposition in Hilmar Wolf of Germany, to make the final.

The only other eliminations held during the day were for the teams. Twelve countries had entered this event and at the draw the previous night Britain had drawn a hard first match against Holland. It is only in the team draw that there is seeding of the leading teams. In this case the first four teams from last year's competition were seeded to the head of four pools, the remaining eight sides were then drawn at random and placed in

OPPOSITE:

Above: Brian Jacks trying Tomoe-nage on Phillippe Baudin of France in the second round of the Junior Middleweight Championship.

Centre: Oleg Stepanov of Russia, on one knee attacking Jean-Robert Dubey of Switzerland in the first of the Team Championship eliminations. Stepanov won with Osae-komi.

Below: Anatoli Bondarenko the first of the Russian Middleweights attacking Kohler of Switzerland who eventually succumbed to an arm-lock.



The British team lined up during the grand parade of contestants which always precedes the official public opening of the Championships.

each of the four pools. The four leading sides for 1963 were Russia, West Germany, France and Belgium. Since West Germany was not competing a draw was made for their seeded position and Hungary won this place.

Although the teams are drawn in pools each pool is run on a knockout basis. In this case with three teams in each group two of the teams fought each other, the third team then fighting the winner for a semi-final place.

In the first round Holland were the opponents of Great Britain, a tough fight so early on in the Championships, but one which in view of our recent meeting with them in Holland gave the British side some confidence.

Jenkins, our first Lightweight met Bonte to start the match off. It was a pretty even first minute or so until Bonte managed to knock

Jenkins down, it could be better described as a pull down when Jenkins attacked the Dutchman, Bonte got waza-ari. Jenkins still attacked with plenty of penetrating techniques, but Bonte was not prepared to let his lead to be taken away and he sensibly held out to the end for the decision.

Hayes bounded out to meet Kuypers in an attempt to even the score and he played very fast, excellent judo, harrying the Dutchman over most of the area, although it is true to say Kuypers gave Hayes one or two dangerous moments, but on the whole the British player looked as though he would get the decision if not a score, if he could only carry the attack to Kuypers for the rest of the contest. Kuypers, having difficulty in getting into Hayes, changed his tactics and waited for the Englishman to press his attack, relying on being able to resist him

while the opportunity might occur for him to score, and this is what happened. Hayes kept up a fairly heavy barrage of attacks and Kuypers caught him with Ko-soto-gari for ippon just within time.

Two contests down put the British side in an awkward position, if they won three of the four remaining contests each side would have the same score and the result would be a draw, which would mean one in each weight category to fight again with the Dutch having one certain winner.

Kerr met Jan Snidgers in the first of the Middleweight contests and he hounded the young Dutchman all over the mat. Snidgers is one of the best Middleweights Holland has ever produced but he was no match for the determined onslaught of Kerr who, although he could not score more than waza-ari, gave Britain their first win. Now everything rested on Bowen.

Bowen met Mackaay, a very experienced player who has been in the Dutch team for the past few years and who has met British players in several internationals. Frankly it was a disappointing performance by Bowen. During the last two years we have come to expect something extra from him, but his match with Mackaay was not up to his normal standard. Mackaay was his usual unbending self and the match struggled on with little to delight the spectators until the Dutchman got Bowen on to the mat, and there he secured a holding which won the contest for his side and of course the match for Holland.

The obvious result of the contest between Macconnell and Geesink was a win for Geesink. Macconnell attacked the Dutch giant with O-uchi and Ko-uchi as the only reasonable means by which to upset him, and went to his defeat fighting grimly against pretty hopeless odds.



Some of the European Judo Union referees, fourth from the left can be seen Charles Palmer, the only British member of the referees panel.

The last contest was also surprisingly disappointing for the British team. Sweeney met Ruska, a large blonde Dutchman, not making his debut but still wet behind the ears as it were. Although much larger than Sweeney, the onlookers, used to the Englishman's usual impeccable performance invariably against opponents heavier and bigger than himself, were dismayed to see Ruska grab the Englishman when he tried an attack, pull him backwards to the ground and promptly secure Juji-gatame for the point. The last time Sweeney lost a contest by an ippon is hidden in the mists of time, which makes his sudden and unexpected defeat all the more unfortunate.

For the second year running Great Britain were out of the Team Championship, which they used to dominate, in the opening rounds. A sad decline from our previous position of glory.

Russia was well on form and easily made the semi-finals with France, Holland and the East German side. The eliminating contests for the teams reached the semi-finals stage, for the Juniors the finals, before the morning and afternoon programme was completed. At 7 o'clock the Werner Seelenbinder Hall was filled with spectators for the finals of the first day's events of the fourteenth European Championships.

A mass of television and press cameras were focussed on the grand parade of competitors and officials as they marched into the hall to the music of an East German Police Band. A few speeches, the unfurling of the new European Judo Union Flag, and everything was ready for the real business of the evening.

The first match was the semi-final of the Team Championship, Russia versus France, which promised to be the hardest challenge



Anton Geesink throwing Tony Macconnell in the first of the Heavyweight contests in the match against Holland.

to the Russian machine so far. Stepanov, one of the most outstanding players in the entire Russian side, met Lesturgeon of France in the first contest. Charles Palmer of Great Britain was the referee.

Lesturgeon, a multiple medal winner, used all his craft and guile to defeat the Russian. With a back to the edge stance he fished for Stepanov's legs with his hands at every opportunity, trying to take the Russian down for a near waza-ari, then to win the match by the inevitable decision. Stepanov had some trouble in sorting out Lesturgeon's tactics and the fight

wavered near the edge of the contest area the whole time. Stepanov nearly caught Lesturgeon with Tomoe-nage but the Frenchman rapidly covered up as the Russian regained his feet. Lesturgeon then made his most determined attempt, a strong low Ippon-seoi right under Stepanov's guard and it looked like making some sort of a score, but Stepanov slid down into a Sutemi-waza and caught the Frenchman for waza-ari, too near the end for Lesturgeon to make up the deficiency, and Stepanov won the first contest.

Bourreau, another of the French champions with more medals than

George Kerr on the left with Jan Snijders of Holland in the Great Britain versus Holland, Team Championship, elimination.





John Bowen, on the left, versus Mackaay of Holland in the second of the two Middleweight contests in the Team elimination against Holland.

one likes to think of to his credit, had a tough fight with Bogolyubov, Individual Lightweight Gold Medal winner last year in Geneva. Bourreau also favoured being near the edge of the mat most of the time. Unlike Lesturgeon he attacked nearly all the time and one Tsurikomi-goshi had Bogolyubov right over but unfortunately off the area,

Every time they broke there was a fight for hand holds while they both gravitated to the side of the mat area, and when they at last managed to get hold the first real attack saw them outside with the referee calling for them to break once again. At the conclusion of this contest Bourreau got the decision which put both teams level.

Leberre of France had the edge on Bondarenko throughout his Middleweight match. The Frenchman went through one or two rough passages, particularly when he was nearly countered as he tried O-soto-gari and once when Bondarenko managed to fall on to his back and whip his legs round the Frenchman, bringing him down in an effort to get Juji-gatame, but fortunately the referee made the couple break. Leberre then had his best moment, he caught the Russian with a terrific Harai-goshi which threw Bondarenko so high that he turned right over and landed face down on the mat, no score for this, and a pretty disgruntled Frenchman. Certainly it was not due to any defensive action by the Russian, he was caught so much by surprise that

Leberre who expected more resistance by the Russian lost control of him, Leberre then tried Hiza-guruma, from which the Russian escaped, another O-soto-gari and Bondarenko went down for waza-ari. Some Ne-waza from Bondarenko, but while holding Leberre he nearly got strangled and had to break away. Time came to an end at this stage, and the French side were two to one up on the Russians.

The next Middleweight contest was really the decisive one for the French. Grossain met Karashchuk. Each player had some good attacks during the contest but neither managed to make a really decisive score. Grossain threw the Russian with a very fast Uchi-mata, but outside the area. Karashchuk on



The magnificent porcelain Team Championship Trophy, in the fore ground can be seen the individual medal cases.



the other hand had two chances to win, one with Juji-gatame at the beginning, and once with a Tomoe which he might have made something of. The result of this contest was a draw.

Allari of France met a new Russian face at these Championships, Chikviladze, a very broad Russian who proved too good for the Frenchman. After a rather mauling fight Chikviladze scored ippon with O-soto-gari and brought the score level.

Bourgoin of France had the dubious pleasure of meeting Russian powerhouse Kiknadze, the 1962 and 63 Amateur Heavyweight Champion. Kiknadze took the match to Bourgoin with a strong Harai-makikomi which Bourgoin avoided, but it looked dangerous. Nearly everything the Russian does is dangerous. Bourgoin had two good attempts at Hiza-guruma, but both of them spilled the Russian on to his knees outside the area, then an O-soto-gari by Bourgoin had Kiknadze going, but the Russian managed to avoid the threat just in time. Then Kiknadze made a big stride, getting his leg behind Bourgoin and taking him over for ippon with O-soto-gari. This clinched the match for the Russians, and they were through to the final for the second year running.

In the other semi-final Holland won with four wins to one loss and one match drawn, only Kuypers conceding any score when Wiesner managed waza-ari for the East German team.

OPPOSITE:

Above: Tony Sweeney avoiding a determined attack by Ruska in the last contest against Holland.

Below: Anzor Kiknadze of Russia fishing for the arm of Kadera of Czechoslovakia in the second round of the Team Championships.

The first of the Junior finals followed, Tanguy of France versus Hoogendijk of Holland in the Lightweight final. Although there was no score Tanguy was superior most of the time and it was not surprising that he was awarded the decision at the end, to take the first Gold Medal of the Championships for France.

The Middleweight finalists were Brain Jacks of Great Britain, certainly the favourite, against Vanatko of Czechoslovakia, who had won every one of his elimination contests on a decision.

Jacks was a little more careful in the opening seconds of this contest than he had been in some of his previous matches. Both contestants fought for their favourite hold for a minute or two before Jacks opened up the contest with what looked like an O-uchi attack, but since both players went straight off the mat it did not materialise. From this point Jacks made most of the attacks, with Vanatko having to defend, although he was unable to knock the Czech down. A couple of short periods of groundwork had Jacks initially in trouble, but he soon got the upper hand and Vanatko broke off the engagement and stood up. Not a terribly exciting contest but the British contingent had their fingers crossed that it would continue on the same lines with Jacks well in the lead. As the bell sounded and the players returned to their starting places it seemed fairly certain that Britain must score her first win in the Junior categories, but it was a relief when the referee raised his hand in the direction of Brain Jacks, probably one of the youngest international competitors ever to represent Great Britain.

France took the Heavyweight class with Rychoff who beat Smolnikar of Yugoslavia on a decision.



The final item of the first day was the European Team Championship, considered by most of the countries to be the highest honour to be won. Clear favourites for the title were the Russians, who won this event for the first time at Geneva last year.

The first contest between Bonte of Holland and Stepanov of Russia ended in a very unlikely draw. The second went to Russia when Aaron Bogolyubov got the decision on Kuypers after a fairly rough and tumble match which put the Russians in the lead. Jan Snijders brought the score level when he scored waza-ari on Bondarenko and held the lead to the end. Mac-Kaay, however, was never really on terms with Karashchuk; although the Russian was unable to score he gave MacKaay a rough time. At this stage the Dutch were still in with a very good chance of stopping the Russians from making it two wins in a row. Geesink was certain to win and if Ruska could hold Kiknadze to a draw, if he could not beat him, the Dutch would have scored more points in their two wins than the Russians.

The first upset came when Geesink met Parnaoz Chikviladze. It took him six minutes, all but a few seconds, to score, one of the longest contests he has had for some time. Chikviladze had presumably

OPPOSITE:

Above: Brian Jacks attacking Vanatko of Czechoslovakia in the final of the Junior Middleweight Championship.

Below: Brian Jacks a very happy young man surrounded by members of the British side, after seeing the referee award him the decision in the final of the Junior Middleweight Championship.

made up his mind that he would have some difficulty in throwing the Dutchman so he decided to pick him up round the legs and then throw him sideways on to the



Brian Jacks, Junior Middleweight Champion of Europe walks away from the victory rostrum wearing his newly presented Gold Medal and carrying his trophy, medal case and inscribed book.



Left: Makaay of Holland avoiding an attack by Laszlo Szenasi of Hungary in the Dutch versus Hungary second round match.

Right: Another shot of Jacks and Vanatko, with Jacks warding off the Czech's arm as he tries to secure a hold.

ground, at least this seemed to be his tactic, and it gave Geesink some trouble, especially since he could not get a really good hold of his opponent. A sharpish foot sweep shot the Russian's legs into the air, but as Geesink was not holding on to the other end of him Chikviladze fell on to his face. Nevertheless, Geesink scored within the time and evened the score with the Dutch ahead on points. Kiknadze and Ruska had a very hard battle with Kiknadze scoring waza-ari with Hari-goshi halfway through, and Ruska not being able to make it up, so Kiknadze brought the Russian side to victory for their second successive Team Championships win. If they do it once more they will have equalled the

British record of three wins in a row which has stood since 1959.

Immediately following the Team Championships the first day's medals were presented to the winners. In each of the Junior classes the winner received a handsome Gold Medal, and a special prize from one of the state organisations, the runner-up got a Silver Medal, and both of the losing semi-finalists received Bronze Medals. All the Medallists received bound books with their names and awards inscribed in them. In the Team Event Russia took the Gold with Holland getting the Silver Medal and France and East Germany shared the third place.

The second day of the Championships will be fully reported in our July issue — together with photographic highlights.

CLUB

FORUM

SUNDERLAND

SUNDERLAND JUDO ACADEMY from Ron Canter:—In April the Academy put on a display in Sunderland's Civic Theatre for the local Theatre Society. The show was very well received particularly the item featuring the juniors, and there was an excellent write up in the local press.

There is a strong possibility that the Area Show will be held in Sunderland later this year. Always keen on displays the Academy would welcome the chance to produce the Area Show.

Harry and Alan Marr are very keen to extend the social side of the club and a committee has been formed for this purpose, as well as to delve into members complaints and suggestions. Once the canteen has been re-decorated we hope to have regular dances, film shows and other social activities there.

BIRMINGHAM

NECHELLS JUDOKWAI, Hazel Vaughan writes:—This month we are celebrating our first anniversary, and we are very proud to be the only club in Birmingham to have its own permanent dojo. At the moment our mat area is only eighteen feet square but we hope to increase this to fifteen hundred square feet within the next three months.

The membership of the club is about two hundred, half of them juniors who constitute the most enthusiastic and ambitious group in the club, so that a further session is being arranged for them.

We are open every day except Sunday. Ladies have classes on Monday, Men on Wednesdays and Fridays, while the Juniors occupy Tuesday, Thursday, and Saturday. Beginners are catered for on Wednesday evenings.

We would welcome visits from other clubs or individuals, preferably on Wednesday or Friday evenings. Our address is:—Nechells Community Centre, Corner, Melvina Road and Great Lister Street, Birmingham 7. If anyone wants to make special arrangements contact Miss Hazel Vaughan, 23, Aston Road, North, Aston, Birmingham. Our facilities include, showers and a large lounge with light refreshments.

Both Senior and Junior members are well in evidence at all the Midland Area events. The Juniors doing very well at the monthly Area Junior contests. Senior members attend the Midland Pre-Olympic training courses and the National Physical Recreation Centre, at Lilleshall Hall. Our premises are used for various Area events including the quarterly promotion examinations. In the future it is expected that Area instruction will be held here.

All of this shows quite remarkable progress for only one year of existence. It can all be attributed to the magnificent spirit of the members, officials, and instructors, who work very hard to make our club the successful place it is. We are also given every assistance by the Nechells Community Centre itself to who we owe a great debt of gratitude.

Far from just looking back on our first years work, we are all looking eagerly forward to achieving more in the year to come and the next time we appear in print we hope to be able to announce further improvements and advances in the Nechells Club.

LONDON

REGENCY JUDO AIKIDO KAI from *Don Burgess*:—One Sunday last month I received a call from a local paper who wanted to send someone along to make notes for an article they were doing on Senta Yamada.

We arranged a visit and the reporter who covered the event took copious notes. A week later we were pleased and surprised to read a first class report on Mr. Yamada and Judo without any of the usual silly mistakes or remarks.

During the past month we have had several visits from several clubs, one of them being the M. Otani club, this was a particularly enjoyable evening with a very friendly atmosphere and some nice Judo.

We are holding a promotion examination for all grades male and female up to 3rd Dan, on Sunday, 21st of June starting at 11 a.m. Further enquiries about the examination and for details about Judo and Aikido write to *D. F. Burgess, 1, Japan Crescent, Crouch Hill, London, N.4.*

LONDON JUDO SOCIETY. *Eric Dominy writes*:—As I write these notes we are in the midst of our preparations for the 1964 Festival of Judo. This year we meet fresh difficulties and worries. It was a great thrill to stage the first public display at the multi-million pound National Sports Centre at Crystal Palace, but against this were the special problems of being the first people to use the centre.

Problems like, would the mats arrive from Japan in time? Could we supply a frame? As we wanted an extra mat area for the preliminary rounds we had to supply two frames and extra mats.

This resulted in only two dojos being available at the L.J.S. but Croydon and District Judo Society came to the rescue and we were able to use their Dojo for the Peter Sellers Junior competition eliminations.

Item after item had to be delivered to the stadium between the commencement of our arrangements and the actual Festival. Scales for the weigh-in, cushions for seats, etc., etc. Even the pricing of the seats was based on theory after inspecting the uncompleted stadium.

Although I personally managed to confuse the original date, we straightened out that important matter with the help of the C.C.P.R., and John Capes the General Secretary of the B.J.A.

Examination for Ladies will take place at the L.J.S. on Sunday, 12th July, it is open to all grades and will include promotion to 1st Dan. The time will probably be in the afternoon.

A weekend course for Ladies took place at Whitsun, extending over three days it was a most ambitious project by our Ladies.

Congratulations to Spaul, Byron, Harrington and Selbourne on their promotion to 1st Dan and to George Chew on his promotion to 4th Dan.



SANDRA CHEW

Following in her fathers footsteps is Miss Sandra Chew 2nd Kyu, who is now a member of the Metropolitan Police Force. George Chew 4th Dan Sandra's father is now retired from the Metropolitan Police but his daughter will no doubt keep him in touch with the force.

Japan's Olympic Middleweight Hope

OKANO ISAO 3rd Dan

By **RAYMOND ROSS**

Exactly a year ago, five foreign students of Tenri University travelled down to Kyushu, the southernmost island of Japan, to Kumamoto City, where the Olympic Judo training was taking place.

This jovial group included delegates from West Germany, France, Switzerland, United States and Great Britain.

The Gashiku consisted of 40 players roughly divided into three weight sections. Plus four coaches headed by Matsumoto Yasuichi, 8th Dan.

After 10 days of working out with most of the players, one who impressed us, or rather flattened us, was Okano. A Chuo University student (the same University as Mr. Watanabe, who is at present in England), he has a fantastically fast Hidari Ippon Seoinage.



Okano sitting astride Raymond Ross the author of the article during a training session.

Upon returning to Tenri, the melancholy group were unanimous that one to watch was young Mr. Okano. In the past year he has won the Pre-Olympic Middleweight Gold Medal at the International Tournament held in Moscow last February, he won the Middleweight division very impressively. A few weeks ago he also won the Tokyo Area Championship.

Besides his Seoi he makes Osoto gari on the right and a very tricky Ko-uchi-gari against anybody defending from his Seoi.

This 20-year-old Law student is almost sure of his place in the Olympic's team. Okano, who is well inside the weight limit, bench presses 100 kg 10 times, no need to say his ne-waza is strong.

The current Olympic training is in Tenri University's Dojo, the gradual elimination for the four positions has been narrowed down to 12 competitors.

The Olympic training consists of 10 days in every month. The schedule is: Morning, Judo tachi-waza, randori for one-and-a-half hours, Ne-waza one hour, and theory for half-an-hour. In the Afternoon: Running, Games, Basketball, Soccer, Weight-training about one-and-a-half hours.

The All-Japan Championships are only a few weeks away. I remember on the Gashiku a month prior to last year's All-Japan, Inokuma did not use his Seoi once. In winning the Championship he threw four men with it!

JUDO IN YUGOSLAVIA

by **Zarko Modric**

The 9th Championships of Yugoslavia were held in Ljubljana in the spring. In the Lightweight category young Tone Znidarsic of Ljubljana took the decision from the defending Champion, Zdravko Barsnik of Zagreb, at the end of a gruelling ten minute final. Barsnik did most of the attacking with Znidarsic biding his time, until in a lull, he scored a near waza-ari with Uchi-mata and later countered Barsnik when he tried O-guruma.

Veteran, Aljaz Macarol, who many times has been the runner-up in these Championships at last succeeded in getting the Middleweight crown. He scored a beautiful Uchi-mata on Konstantinidis in the final. The Heavyweight Championship went to Bora Cveic of Belgrade, also by an Uchi-mata, when he achieved a waza-ari on Radovan Krajnovic of Zagreb in their final contest.

There was some consolation for Krajnovic in the Open Championship when he defeated Pucarevic of Belgrade on a decision, to become the 1964 Champion.

Krajnovic is the most promising young Judoka in the country, he is only eighteen, weighs 193 lbs. and apart from his loss in the final of the Heavyweight class did not drop even an advantage during the whole of the tournament although he competed in two categories.

The big International event sponsored by Russia in Moscow, was dominated by the Japanese with the Soviet Union trailing in second place. Yugoslavia came joint fifth with Italy in the overall placings. The most exciting moment in the entire meeting was Inokuma versus Kiknadze, the Russian 'Geesink'. In their first meeting Inokuma scored quickly with Seoi-nage. In the Final Inokuma was thrown badly with a counter to Seoi-nage, but as soon as the contest was resumed, the Japanese Champion scored two terrific waza-ari with Ippon seoi-nage and then Tai-otoshi. Inokuma weighed only 189 lbs. to Kiknadze's 242 lbs.

On April the 12th Yugoslavia met Italy in a return match at Velenje. Last year in San Marino Italy won the match by 15 points to 7 and the Yugoslavian members were looking forward to trying to even the score.

The Italian team consisted of Luigi Fiocchi (2nd Dan), and Stefano Gamba (1st Dan) in the Lightweight class, Franco Giraldi (2nd Dan) and Antonio De Luca (2nd Dan), Middleweights, Fulvio Arragozzini (2nd Dan) and Gianpaolo Agnetti (1st Dan) as the Heavyweights.

The Yugoslav line up was Zvonko Znidarsic (1st Kyu) and Zdravko Barsnik (2nd Dan) in the Lightweight position, Bora Cveic (2nd Dan) and Aljaz Macarol (2nd Dan), Middleweights, Radovan Krajnovic (1st Dan) and Milutin Pucarevic (1st Dan).

In the first match Znidarsic scored after three minutes against Fiocchi with Harai-goshi. Barsnik was unable to score on Gamba but showed the better style. Macarol and De Luca went to a draw. Giraldi scored waza-ari with O-uchi-gari and then went over to Sode Tsuru-komi-goshi from Cveic which put the Yugoslavian side in the lead by 20 points to nil. Both of the Heavyweights matches went to draws.

In the second round Barsnik tried really hard to score on Fiocchi but without success, employing a wide variety of sutemi-waza in an effort to win. However he got the decision. Znidarsic threw Gamba with a quick Uchi-mata in the first minute he did not score but it gave him the chance to get the Italian in an Osae-komi which he held for the point. Giraldi and Macarol went to a draw. Cveic won decisively over De Luca scoring first waza-ari and then ippon with Uchi-mata. In this round the only score for the Italian side was Arragozzini against Pucarevic when he scored waza-ari with De-ashi-barai. In the last contest Krajnovic won on a decision, although he threw Agnetti five times with Seoi and twice with O-soto, but each time the Italian either managed to fall on to his side or went outside the area.

A resounding victory for the Yugoslavia team of 50 points to 7 over the two matches.

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KENDO forum

by Musashi of the
Shinto Ryu

Kendo and Karate Demonstration.

28th April 1964. The British Kendo Association held a demonstration of Kendo-no-kata and Karate for an invited audience at the Shinto-Ryu Kendo Dojo and London Judo Society. Karate was lethally demonstrated by three leading members of the All Japan Karate Federation (*Zen Nippon Karate Renmei*). They were Mr. Suzuki Tatsuo, 5th dan, the President; Mr. Arakawa Tooru, 5th dan, Secretary-General; and Mr. Takashima Hajimu, 4th dan. These three distinguished visitors specially included this break in their two month European and American tour at the invitation of Mr. Takizawa Kozo, the Hon-President of the British Kendo Association.

Despite the shortness of their visit—only 18 hours—firm contacts were made which we hope will develop along sound lines in the future.

The dignity of the occasion set off by the magnificent new wooden floor of the Shinto-Ryu dojo, made a deep impression on all our guests—Kendoka, Judoka, and Karateka alike.

Kendo in California. Mr. Benjamin H. Hazard, 4th dan, writes that the several Californian Kendo Renmei are looking forward to the first postwar visit of Hawaiian Kendoka early in the summer. Ironically,





Mr. Hazard is required to spend the last two weeks of June in Hawaii and so may miss the visitors.

Readers may like to know that there are some 1,300 Kendoka in the United States, mainly centred on California. There are nearly 3,000 practising Kendoka in Brazil. These are the figures taken from the official report of Mr. Watanabe Toshio, 8th dan, following the visit of leading masters of the Zen Nippon Kendo Renmei to Hawaii, U.S.A., and Brazil last September.

Correct Form in Kendo. The two illustrations that I have selected show the same basic *kamae* (postures) as used by leading Japanese Kendo masters both in *kata* and

shiai. They clearly exemplify the close relationship between these two aspects of Kendo where continual practise of good *kamae* brings the Kendoka nearer and nearer to *kata* forms. Bad posture and movement is nearly always bad Kendo.

The leading photograph is of the first form of the Nihon Kendo-nokata. *Uchidachi* (right) is Mr. Sato Chuzo Hanshi, 9th dan, and *Shidachi* is Mr. Ozawa Takashi Hanshi, 9th dan. This shows both *hidari* and *migi-morote-jodan*.

The second photograph shows the Final of the All Japan Championships (1st Dec. 1963). On the right is Mr. Toda, 5th dan, and his opponent is Mr. Yano Taro, 7th dan, the ultimate victor.



The Photographs opposite:

Above: Left to right, Mr. Takashima, 4th Dan; Mr. Suzuki, 5th Dan; Mr. Knutsen, 3rd Dan; Mr. Capes, General Secretary of the B.J.A.; and Mr. Arakawa, 5th Dan. *Below:* Mr. Suzuki, 5th Dan demonstrating a technique by punching his fist through two 1" boards held by Mr. Arakawa and Mr. Takashima.

Area News

MIDLAND AREA *Keith Brewster*

The ninth Midland Area Championships will be held at the Wulfrun Hall, **Wolverhampton**, at 7.30 p.m. on the 20th June. Tickets 5/-, 7/6, and 10/6 will be available in advance from the Civic Hall box Office, or *Mr. C. Beck*, 43 Woodgate Drive, Birstall, Leics. The eliminations will be in the afternoon, spectators 2/- or 1/6 if obtained from Mr. Beck in advance. The Championships will include, Up to 3rd Kyu Individual Championship, Open Individual 2nd Kyu to 2nd Dan, Senior Club Team, and Junior Club Team. The Junior team contests will be for Mon grades only and consist of four players in the following weight categories under 6 stone, under 7 stone, under 8 stone and under 9 stone.

M. A. E. Onions, Contest Organiser 62 Oakwood Road, Boldmere, Sutton Coldfield will by now have sent our applications. Please try to help him by making sure that you have read the applications forms and understood them.

Mr. Koizumi, the most popular visitor to the Midlands will be the guest of honour.

The Area Junior team contests held at Solihull on April 19th were very successful for Dudley, who won all three events. The Best Stylist award in "A" section went to Melvyn Freer of Judokwai-Leicester, and in the "B" section to Peter Hughes of Dudley.

Future dates for the Junior contests this year are, May 31st Nechells, July 5th **Leicester**, September 6th, Solihull. Further information can be obtained from *Mr. P. Barnett*, 52 The Headlands, Coventry.

The next quarterly promotion examination will be on the 18th and 19th of July. Venues will be published later.

The E.G.M. of the Midland Area to elect their representative to the Executive will have been held on May 31st at Nechells Community Centre. The A.G.M. of the Midland Area will be held this year in **Derby** on September 27th.

Promotion examinations held by Derby Olympus, which anyone may attend who is 4th Kyu and below are as follows, June 6th, July 4th, September 5th, October 3rd, November 7th. Any other clubs who would like to arrange their own examinations, contact *Mr. G. Taylor* 88 Chellaston Road, Derby, it might take the strain off the Area examinations, which at the moment are inundated with beginners and 6th Kyu to the detriment of the higher grades who sometimes have to wait several hours.

The next course at Dudley under Mr. Watanabe will be on June 6th-7th. Members of other clubs can attend.

The next pre-Olympic training session will be at Derby on June 21st. This will be followed by a meeting for Dan grades in the afternoon.

The course at the B.A.I. under Mrs. Margaret Johnson, Womens' Area Coach, scheduled for May 16th-17th will now take place on June 27th-28th. Applications to *Miss L. Rone-Clarke*, 3 All Saints Road, Bromsgrove, Worcs.

After the dissolution of the Wulfruna J.C. due to the loss of their premises, it was felt that their absence would be very noticeable, but due to the assistance of the Wolverhampton Council they have been able to reform as the Kodokai, and their new presence is already being felt. Mr. John Wellings their P.R.O. is making sure that everyone is being kept well informed of their progress. A little more of this enthusiasm could be copied by a good many other clubs.

Frankie Vaughan recently performed the Official Opening of the Beeston Youth Centre, Nottingham. Following the official speeches he watched a demonstration of Judo with keen interest, and the photograph shows him with some of the participants, left to right, Pamela Fletcher, Christine Wildman, Glynis Wilkinson and Colin Taylor, with Keith Brewster in the centre.



LONDON AREA *Don Burgess*

Congratulations to London Area Members, George Kerr, Tony Sweeney, and Gold Medalist Brian Jacks on their performance in the European Judo Championships in Berlin recently.

The first training session under Area Coach Dennis Bloss, has now been held at the Budokwai. About thirty people attended, Ladies being well represented. Interest seemed to be fairly evenly divided between Kata and general instruction and practice. Therefore these two items formed the basis for the session.

Mr. Bloss will probably run the sessions along the lines of Kata instruction for those who are interested, and a chosen Tachi-waza or Ne-waza technique for the rest of the class. One word from Mr. Bloss, Kata finds out just how good your breakfalls are and some of the people were far from good.

A firm date for the Area training classes has now been fixed. They will be held on the last Sunday in the month from 10.30 a.m. to 12.30 a.m., at the Budokwai.

After the last Area Committee meeting I looked on G.K.'s Study Group at work. G.K. was moving gently round the mat with a powerful looking Dan grade, gradually G.K.'s partner started to lose his balance until he finally went right over. They moved round again with Uke straining to maintain his balance, but over he went again. No throw this, merely loss of balance. A very impressive demonstration. When asked about his study groups, G.K. gave the following short description of their purpose. "The theory of Judo is the study of mechanical principals in relation to the human body, co-ordinated action of the whole body and how to use it most effectively".

The Area Training Sessions and G.K.'s weekly Study Groups, are two marvellous opportunities to get some very high grade instruction. Especially for people from small clubs, and what's more its **Free**.

NORTH WESTERN AREA *Bill Treadwell*

This month's notes start with a sad announcement. I would like to offer on behalf of the Area our deepest sympathy to the relatives and friends of Bernard Morrison who passed away recently. Mr. Morrison was a member of the Denton Judo Club.

At the Ladies Technical Conference at Swansea, Miss G. McCutcheon was elected Chairman of the National Womens Council, and Miss J. Davis was elected to the committee.

There is a Ladies course on the 22nd to 23rd of August at **Wrexham**, applications to *Mrs. A. Coy, 6, Abbotts Drive, Liverpool Road, Chester.* The fee is £1.

At the March promotion examination there were 520 attendances, 310 of them at Manchester, including 72 juniors. The Area coach, H. Welsh has recently visited, **Llandudno, Arrowsbrook, Warrington, and Bangor.** He has also had many requests from youth organisations for coaching.

At the recent Coach Award examinations 12 people entered and all of them passed, they have our heartiest congratulations on their first class results.



NORTH EASTERN AREA *Bob West*

The picture shows Mr. J. Kirkby, Director of Baird Television, presenting Mr. O. R. West and Mr. A. Sefton with the West-Sefton trophy, presented to them by the company, for their assistance in forming and running their new Judo Club. The trophy will be put up for competition at the Bradford Police Boys Club Annual Championships.

The Bradford Y.M.C.A. Championships were once again very successful. The Dan grade trophy was won by Len Booth of Huddersfield, whose Juniors also won the Junior title. Bradford won the Team competition. The officials included Ex Area Coach Ray Wood and Geoffrey Dyke who now holds this position. Most welcome were the members from the newest club in the Area, Bramley.

Dennis Watson 2nd Dan visited **Sheffield** recently and thanked the members for their support in setting up a fund for him to train in Japan. Sheffield recently held a social evening at which the F. Latham Trophy was presented.

At the Area A.G.M. the following officials were elected, Area Chairman, Geoffrey Dyke, Area Coaches, Geoffrey Dyke and Keith Ellingham, Area Secretary, Mr. Johnson, Recorder F. Latham, Area Licence Issuing Officer, Dr. P. Elliott.

NORTHERN HOME COUNTIES AREA Vivien C. Fryer

In response to requests a Nage-No-Kata course will be held at Wadham Lodge Judo Club, **Walthamstow**, on Sunday, 7th June at 2.00 p.m. If there is a sufficient demand, further Kata courses will be held in other parts of the Area, including Ju-No-Kata and Katame-No-Kata.

Olympic Training sessions are starting in Essex under the Area Coach, V. H. Maynard, 3rd Dan, at South East Technical College at **Colchester**, and **Romford**. The First meeting at Colchester was a great success, and many judoka from the Eastern Area took advantage of it. Future dates are as follows: Colchester, 21st June. Romford and Hornchurch Club, 28th June. 26th July, 30th August. Olympic Training at Beaconsfield will continue as before.

There will be a General Coaching session at Bedford on 18th June at 8.00 p.m. The National Coach will visit the Area between 2nd and 7th July, his tour will be as follows: 2nd—Reading; 3rd Stevenage; 4th and 5th—Pre-Coach Award Course at Reading; 6th, Veraley; 7th, Slough.

There is a Club Instructor's Award; will all Club Instructors interested please contact J. Griffin, 19, Clement Street, Ware, Herts.

Please note that my address from now on is 54, Warwick Road, Earl's Court, London, S.W.5., Telephone FREmantle 2609, and it is no longer possible to contact me by telephone at the Tate Gallery number you may have. May I also remind you that the telephone number of the Area Coach is now KNightsbridge 3530.

My thanks to those of you who send in information regularly, keep it up, please; will all 1st kyu and 1st dan holders send their names and addresses to the Area Secretary, and will lady judoka send their views on the present state of women's Judo to me.

THE JUDOKAN, LATYMER COURT, W.6 Riverside 6787, 1282

An instructional session, Randori and Grading Examination for any Male B.J.A. Grade will be held at the Judokan on every First Sunday in the month, 3 p.m. — 6 p.m. Dojo Fee 10s.

1st Kyu's must give two weeks notice. No application is necessary from other Kyu grades or Novices, but all must produce their Licence. Grading will commence at 3.30 p.m. N.B. — The full fee is payable whether you enter for grading or not.

The Judokan with Two Big Dojo's, Hot Showers, Central Heating and Members Bar is ideal for Beginners and Advanced Judoka. Membership is £6 6s. 0d. per annum. The cost of a beginners course, including use of outfit, is £4 4s. 0d. Private tuition can be arranged to suit the pupil at £12 12s. 0d. for 12 lessons. Visiting Judoka are welcomed on Saturday afternoons — 3 to 6, Dojo fees 5s. The Boys section — 9 to 16 years meets on Wednesdays 5.30 to 6.30 p.m., and Saturdays 11 a.m. to 12 noon, fee 2 gns. per quarter:

Instructors: P. SEKINE 5th Dan, D. BLOSS 5th Dan, R. BOWEN 4th Dan.

The Judokan is situated between and within 2 minutes walk of either the Hammersmith Underground or Olympia. The porters office in Latymer Court will direct you. Personal Enquiries Welcomed between 6.30 p.m. and 8.30 p.m.

FINAL DATE FOR COPY

The Publishers ask contributors to kindly note that copy for the JUDO Magazine must be received by them **not later than the 6th of the month if intended for inclusion in the following month's issue.**

DIARY OF EVENTS

JUNE

6th	SOUTHERN AREA QUARTERLY EXAMINATIONS	Winchester
6th	WOMENS COURSE,	
	KESTEVEN TRAINING COLLEGE	Lincolnshire
13th	HAMPSHIRE COUNTY TRAINING COURSE	Winchester
13th—20th	C.C.P.R. COURSE	Bisham Abbey
14th	ELIMINATIONS FOR AREA TEAM	Midlands
20th	MIDLAND AREA CHAMPIONSHIPS	Wolverhampton
21st	MIDLAND PRE-OLYMPIC TRAINING	Derby
27th	WOMEN & JUNIOR	
	AREA PROMOTION EXAMINATION	Winchester
27th—28th	LADIES COURSE	Birmingham

JULY

5th	MIDLAND JUNIOR CONTEST	Leicester
11th—18th	SUMMER COURSE, INVERCLYDE	Largs
17th—24th	C.C.P.R. COURSE	Lilleshall
18th—19th	QUARTERLY GRADING EXAMINATION	Midlands
18th—25th	SUMMER COURSE, INVERCLYDE	Largs
25th	OLYMPIC SELECTION CONTESTS	Crystal Palace

AUGUST

1st—7th	SUMMER COURSE BUDOKWAI	London
22nd—23rd	LADIES COURSE	Wrexham
29th	INTER AREA CHAMPIONSHIPS	Crystal Palace

SEPTEMBER

6th	MIDLAND JUNIOR CONTEST	Birmingham
6th	NORTH EAST AREA TEAM ELIMINATIONS	Leeds
13th	NORTH EAST AREA	
	INDIVIDUAL CHAMPIONSHIPS	Leeds
19th	NORTH EAST AREA SHOW	Leeds
20th	NORTH EAST AREA COURSE	Leeds
27th	MIDLAND AREA A.G.M.	Derby

OCTOBER

16th—18th	LILLESHELL HALL COURSE	Shropshire
24th—25th	QUARTERLY GRADING EXAMINATION	Midlands

NOVEMBER

21st	MIDLAND JUNIOR CONTEST	Derby
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DECEMBER

4th	DINNER & DANCE	Halesowen
12th	MIDLAND AREA DINNER & DANCE	Birmingham



THE BRITISH JUDO ASSOCIATION

OFFICIAL NOTES

E.J.U. Championships 1964.—Although a full and complete report on the contests will appear in this, and the July issue, the Association would like to take this opportunity to congratulate the team members on their successes in the various individual categories, and to thank them for having represented Great Britain so ably.

The Championships will be held in Madrid in 1965 and this occasion will mark the introduction of additional weight categories, making 5 in all, and in consequence of this teams will be made up of five members, one in each weight, as against the existing arrangement of six, i.e. 2 lights, 2 middles and 2 heavies.

Full details of the new weight categories will be published in the magazine as soon as the minutes of the E.J.U. Congress have been received.

Promotions—The following recommendations for promotion to and within the Dan degree were confirmed by the Technical Board.

To 1st Dan

J. Nolan	(B.A.I.)	J. Roe	(Derby Olympus)
J. T. Knight (Leicester Judokwai)		C. Downs	(Meynell Road)
J. L. Fountain		J. B. Herbert	(Canterbury)
(Birmingham Koizumikwai)		B. Chawner	(Henly's)
P. F. Ferris	(Budokwai)	F. Askew	(Goole)
I. Bishop	(Budokwai)	G. Humphreys	(Samurai)
E. Wright	(Budokwai)	W. E. Harvey	(Samurai)
R. Bancroft	(Budokwai)	P. M. Humphrey	(Samurai)
A. Croombes	(Bethnal Green)	R. Tilley	(Samurai)
C. Reynolds	(Budokwai)	T. Bennett	(Samurai)
B. Thompson	(Leeds)	T. J. Tennant	(Samurai)
F. Ketteridge	(East Essex)	B. George	(Samurai)
J. Dixon	(Norwich)	L. Wall	(Judokwai-Wales)

To 2nd Dan

B. Winn	(Budokwai)	A. Bergwerf	(Samurai)
C. Nash	(Budokwai)		

WOMEN

To 1st Dan

M. Jones	(Cymrokai)	B. Berigan	(Dublin)
S. Shead	(Newport)	J. Ellis	(Exeter)
M. Johnson	(Grimsby)	J. Dunn	(Middlesbrough)
J. Outhouse	(Grimsby)	C. Mortimer	(L.J.S.)
M. Wright	(Rolls-Royce)	C. Maycock	(Portsmouth)

COACHING NOTES

Coach Award Holders:

T. Edmunds	R. Brooks	A. Chicken
R. Lomax	D. Gough	A. Derham
A. Don	G. Thomas	R. Harrison
A. Gallagher	G. Forbes	A. Bull
G. Wright	R. Coverwell	J. Griffin
L. Riddell	B. Ferrant	T. Buckingham
A. Garner	J. Casey	

Coach Award Examinations: Have you read B.J.A. Booklet No. 3? If you intend to take the award it is essential you get one now. It contains information on how to apply and what you are required to know.

Coaching Question: Does the Whole-Part-Whole method of teaching apply to Kata?

National Coach's Itinerary: The National Coach will be in the following Areas during June and July.

9th to 14th June—Northern Ireland; 23rd to 28th June—North East; 2nd to 7th July—Northern Home Counties.

The above dates are not the only ones claiming the National Coach's time. Should any additional be required please contact your Local Area Secretary or C.C.P.R. Office.

The fee for this service is £2 0s. 0d. for member and £4 0s. 0d. for non-member clubs.

Instructor Awards: Ask your Club Secretary about this examination.

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ALL JAPAN CHAMPIONSHIPS

Kaminaga won the All Japan Championships defeating Sakeguchi with Tai-otoshi in the final. Previously Sakeguchi had taken the decision from Inokuma in the Semi-finals.

Union Sportive des Polices d'Europe

Wrestling and Judo Championships

The Royal Albert Hall, London, was the venue for the first European Police Wrestling and Judo Championships to take place in this country, and for the first combined Wrestling and Judo event.

Twelve European countries took part in a programme which was spread over three days, culminating in a Dinner at the Mansion House, London, for the officials and competitors as guests of the Lord Mayor and City Corporation.

The organisers in this country were the Police Athletic Association, and they invited the Amateur Wrestling Association and the British Judo Association to provide the necessary officials and organisers to manage their respective sports.

The preliminary eliminations were held at the Hendon Police College during the late morning and afternoon of Tuesday, 7th April, the day before the public final contests at the Royal Albert Hall. In charge of the Judo contests were Alan Petherbridge, Chairman of the B.J.A. Technical Board; John Capes, General Secretary of the B.J.A.; George Kerr, Captain of the British Team; George Chew, Principal of the L.J.S., and his colleague, Eric Dominy; and John Newman, Manager of the British International teams.

It is sad to relate that none of the British Police competitors managed to survive the preliminary rounds, but some consolation to know that the French Police seem to be fortunate in having as mem-

bers the entire French national side, which included most of the recent French Individual Champions, two European Gold Medalists and probably their main hope in two categories at least for the Olympic Games in Tokyo later this year.

The eliminations were not run on a strictly modern basis, reverting to straight eliminations instead of the popular pool system because Germany would not agree to the latter method, and straight knock-out contests were held. The British Police had no contestants in the Lightweight Category, which was dominated by Lesturgeon and Bourreau of France, the leading European players in this category.

In the Middleweight Class, J. Goulding, of Great Britain, lost to Kallinbach, of Holland, on a decision in the first round. R. Tulloch, of Great Britain, had a bye in the first round and then met Saker, of Holland, who won on a decision.

In the Heavyweight Class, John Harker, the British Police Champion, defeated Barthes, of France, with a good throw in the first round, and then lost to Herrman, of Germany, on a decision. Reg Whiteford, many times British Police Champion, beat Moorthaemer, of Holland, with Harai-goshi, only to lose the decision to

OPPOSITE:

Above: Pfaff of Germany attacking Nottola of France in the final of the Middleweight category.

Below: A photograph of Bourreau and Lesturgeon in their exciting final battle for the Lightweight Gold Medal.



Lenorman, of France, in the next round. None of the British competitors was thrown, but all were eliminated early in the programme, a disappointing result since they belonged to the host country.

The most outstanding win against current form was Pfaff, of Germany, defeating Grossain, of France, on a decision in the second round. The eliminations continued until they reached the semi-finals stage, which were fought off at the R.A.H. on the following day.

Sharp at 6.30 p.m., an unusually early hour, the doors of the building opened and the Metropolitan Police Band struck up with some resounding music to herald the start of the first European Police Wrestling and Judo Championships to be held in London. Although the doors were opened on the stroke of 6.30 hardly anyone was waiting to enter the huge building, and 20 minutes later there were still vast areas of seating with solitary occupants. The last 10 minutes saw a greater influx of customers, but when the loud-speakers announced the opening of the show there were still a great many empty places, indeed for some 30 minutes after the show started people were still hurrying to their seats.

Two large mat areas had been laid in the centre of the arena, one covered in a grey canvas and the other in a startling white sheet. After the introductions, the commentator explained the programme of events. First the Greco-Roman style Wrestling bouts would take over the wrestling mat until 8 p.m. when, following a short interval, the Judo Championships would be decided. The Free-Style Wrestling finals would then complete the show.

In the first of the Lightweight semi-finals, Borreau, of France, had an easy win over Spuy, of Holland,

scoring an excellent ippon. Lesturgeon, of France, won the other semi-final, throwing Meurs, of Holland. The third place for the Bronze Medal went to Spuy, of Holland, when Meurs dislocated his elbow and was unable to continue.

The final between Lesturgeon and Borreau was an exciting match from start to finish. An all-French final made the usually careful Lesturgeon open up with some terrific attacks, one of which caught Borreau, Gold Medallist at the last European Championships, for waza-ari. Borreau tried his best to catch the wily Lesturgeon, but without success, although Lesturgeon had to make one or two quick escapes when Borreau tried Tomoe-nage; spinning round on his opponent's foot he neatly averted some dangerous moments. Lesturgeon did not rest on his advantage and kept up a series of attacks in an endeavour to make certain of the title, but after his first success he could not penetrate his fellow countryman's defence sufficiently to upset him again. Mr. Watanabe indicated Lesturgeon as the winner at the end of the match amid loud applause from the crowd, one of the best contests seen this year and the promise of some really good results at the European Championships in Berlin later this month.

In the Middleweight Class, Nottola, veteran of many European Championships, met Kallenbach, of Holland, and scored ippon with a throw fairly soon in the contest. The other semi-final saw the German Pfaff and Sasker, of Holland.

OPPOSITE:

Above. Nottola receiving his Gold Medal as winner of the Middleweight championship.

Below. Left to right George Kerr 4th Dan, Kisaburo Watanabe 5th Dan and John Newman 4th Dan the officials for the Judo Championships.





Left. Pfaff of Germany and Saker of Holland photographed during their semi-final contest in the Middleweight category.



Right. Herrman of Germany and Gallenberger of Germany in the final of the Heavyweight category.

Pfaff scored as decisively as Nottola, and these two were to meet in the final. The third place was fought for by Saker, of Holland, and his fellow countryman Kallenbach, and Saker won with a decision, so getting the second Bronze Medal for Holland. Holland, incidentally, provided two semi-finalists in each of these two categories.

The Middleweight final was a poor display of Judo after the exciting Lightweight event. Nottola spoilt the match by consistently wasting time and holding his opponent off while he walked crabwise round the edge of the mat. In the first minute of the contest Nottola was lucky enough to suddenly get past his opponent, Pfaff, of Germany, with *Ko-soto-gari* and

score a *waza-ari*. From this point on his only interest in the match was to keep as far away from Pfaff as he could and to waste as much time as he could.

His delaying tactics infuriated the crowd, and a certain amount of barracking could be heard throughout the contest. Nottola managed to get his trouser cord undone at least twice, and every time he went off the mat and referee Watanabe indicated that they should return to the centre, Nottola would stroll right round the outside of the area as slowly as possible until, after three successive dilatory ambulations the referee roughly pushed him into the centre of the mat, and made it quite clear that if he persisted in this sort of delaying tactic he would

disqualify him. Nottola, however, still hugged the edge and, although Pfaff tried his utmost to make a fight of it, the Frenchman managed to hold him off until the end of the contest and win with his *waza-ari*. As Nottola was presented with his medal there was little applause, this was saved for Pfaff, who received a tremendous ovation.

Herrman, of Germany, met Koningshoven, of Holland, in the first of the Heavyweight semi-finals. Herrman was favourite for this title and he soon had the Dutchman in trouble, finally defeating him with a holding.

Germany had another contender in the Heavyweight semi-finals, Gallenberger, who met Lenormand,

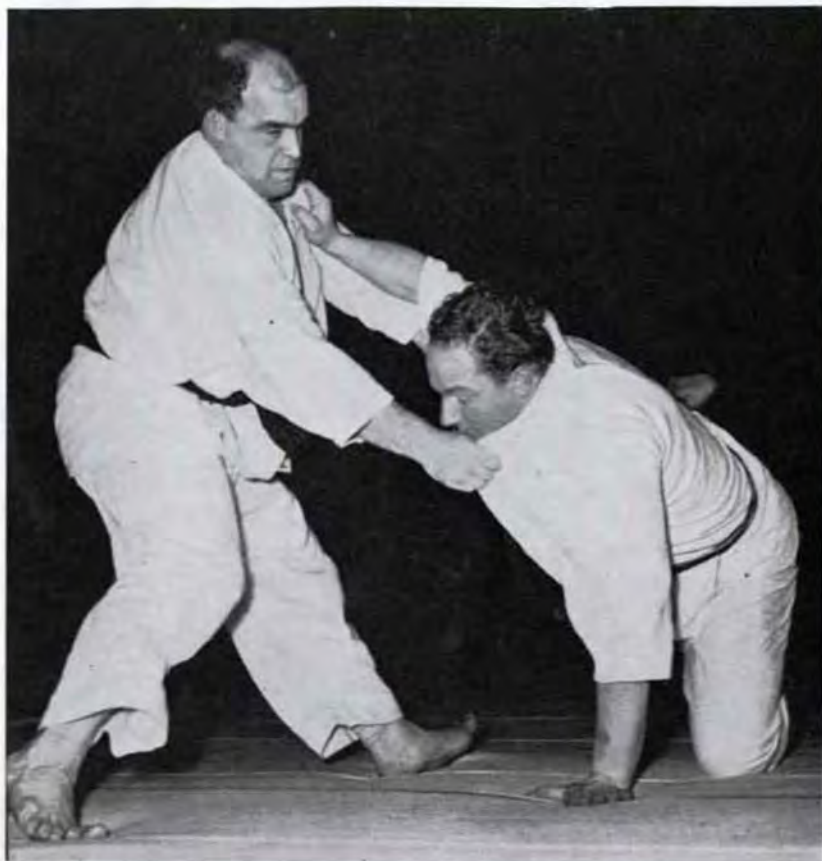
of France, in a fairly hectic match. Lenormand was rather expected to win, but Gallenberger made a little more of the contest than the Frenchman and got the decision, to put two Germans in the final.

The Bronze Medal went to France, however, when Lenormand took the decision from Koningshoven in the fight-off for third place.

As expected of Heavyweights both finalists were big men. However, they packed a lot of action in their match, with Herrman having the better end of the fight. He managed to put Gallenberger over and start some fairly effective *ne-waza* until Gallenberger succumbed from a *shime-waza*.

Pfaff of Germany scoring on Saker of Holland in their semi-final contest.





Lenormand of France on the left with Koningshoven of Holland in the contest for the Bronze Medal of the Heavyweight category.

The French Police, not surprisingly, ended up by collecting most of the medals in the Judo Championships. One gold and one silver in the Lightweights; one gold in the Middleweights; and the bronze in the Heavyweight division. Germany took a gold and two silver medals, while Holland ended up with two bronze.

Britain was more fortunate in the Wrestling, winning one gold and one silver medal, Ickringill being the first British competitor to win a gold medal in these Cham-

pionships, with McNamara taking the silver in the Heavyweight class of the Free-Style Wrestling. Britain came fourth overall in the team placings, an excellent result.

OPPOSITE:

Above. Skogum of Sweden and Ketola of Finland in the final round of the Lightweight Free Style wrestling competition.

Below. Persson of Sweden and Oredalen of Norway in the final round of the Greco-Roman Middleweight competition.





AIKIDO

No. 24

*by Senta Yamada,
6th dan Judo
6th dan Aikido*



VARIATION No. 1

Stage by stage in earlier articles I have explained the principles and application of the fifteen basic Aikido techniques.

You will remember that they can be split into four sections. Three apply to attacks, four use elbow techniques, four are concerned with wrist twists, and four with wrist turns. These form the framework for the system and should be considered as the first essential to progress. Time should be allowed, periodically, for the practice of these kata moves, because they serve to remind you to keep posture and movement fresh and sound. The importance of this cannot be stressed too strongly.

Now it is possible to continue and consider the variations and combinations we can expect to build from these basic forms.

Let us assume that your partner grasps your arms from the front as illustrated in Figure 1. From this position it is possible to apply either a wrist or elbow technique, but for the purpose of this particular study I will explain a variation based on one of the three attacks. Note from the photograph that your partner is leading with his right foot.

First, break his balance forward by effecting an outside sweep with your left arm. As you do this, turn



your body in the direction of the sweep and at the same time bring your right arm over your head as in Figure 2.

You will find at this stage that as well as his balance being weak in the direction of the break, it is also weak in the reverse direction, or to his rear. This will allow you to step behind him with your left foot, Figure 3, and push with your left arm until he falls backward to the mat Figure 4. The important point to bear in mind when effecting this move is to avoid pushing his arms towards his shoulders.

Exactly the same movement can be used effectively for the Judo techniques Waki-otoshi and Sukui-nage, when your opponent grasps



your judogi and at the same time keeps his arms rigid, Figure 5.

It is not so easy in this situation to step in and force your opponents arms to his shoulders Figure 5, so another answer must be found to the problem.

Start then by slightly bending the body forward, turning in exactly the same manner as in the Aikido technique with the right arm over the head, Figure 6. Step in with your left foot Figure 7, and throw your opponent to the rear, effecting Waki-otoshi or Sukui-nage.

These techniques are variations to the number two Aikido attacks, and are always performed from a reverse position as shown in Figure 3 and Figure 7.

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