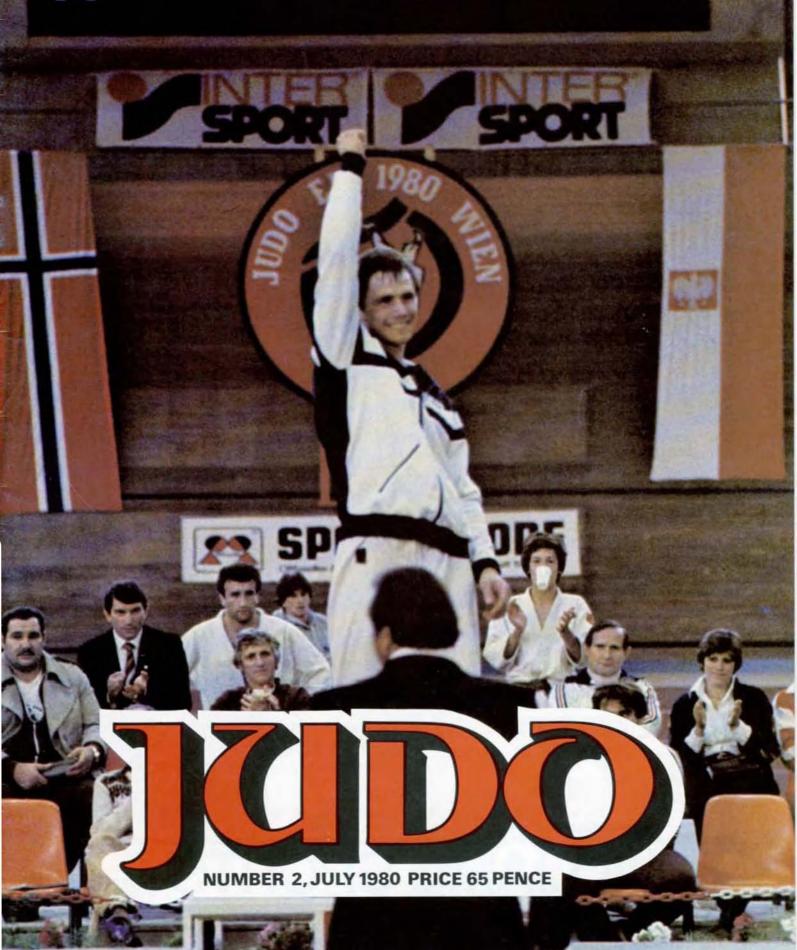
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1980 SENIOR EUROPEAN CHAMPIONSHIPS



1980 BRITISH MEN'S OPEN CHAMPIONSHIPS



1980 NATIONAL TEAM CHAMPIONSHIPS FOR WOMEN

#### **Cover Photo**

Neil Adams wins his second Senior European Championships. Photo: David Finch

# JUDO

JULY 1980 Number 2



#### **Editorial**

Well, it seems you liked the first issue of the new-format 'Judo' magazine. Judging by your response you seem to like the general design and content. There have been many requests for more articles on technique and we will try to oblige over the next few issues.

Our main features this issue are the Senior Men's Europeans and the British Men's Open. Both events were a major success with British players winning five of the seven available gold medals at the Open and three of the British Team winning medals in the European Championships. We also interviewed Tony Macconnell, Joint British Team Manager, at his Kendal home after the British Open.

Over the next few issues we will be running several competitions for both juniors and seniors, including a free trip for two to the 1980 Paris Multination Tournament. To enter you should collect all the competition certificates printed on page 28 and hold a current subscription. We also have a special subscription offer — the first 200 subscriptions received after 1 July 1980 will receive free copies of the book Olympic Judo.

COLIN McIVER Editor.

#### Contents

| 1980 SENIOR EUROPEAN CHAMPIONSHIPS                      | 2  |
|---|----|
| TOP TECHNIQUE   | 8  |
| TONY MACCONNELL - INTERVIEW                             | 10 |
| JUNIOR CORNER   | 12 |
| 1980 BRITISH NATIONAL TEAM CHAMPION—<br>SHIPS FOR WOMEN | 17 |
| 1980 BRITISH MEN'S OPEN                                 | 18 |
| 1980 DUTCH OPEN CHAMPIONSHIPS                           | 24 |
| IRISH NEWSLETTER  | 26 |

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# SENIOR EUROPEAN CHAMPIONSHIPS FOR MEN

15-18 MAY 1980 VIENNA
REPORT: COLIN McIVER 5th DAN

#### BRITAIN'S BEST



Neil Adams European Gold Medalist Under 78 kgs



Chris Bowles European Silver Medalist Under 71 kgs



Peter Donnolly European Bronze Medalist Under 86 kgs

#### **CHAMPIONS OF EUROPE 1980**



Super Lightweight Mariani (Italy)



Lightweight Reissman (East Germany)



Light Middleweight Vlad (Rumania)



Middleweight Adams (GB)



Light Heavyweight Yatskevitch (USSR)



Heavyweight Rouge (France)



Super Heavyweight Tourine (USSR)



Open Van de Walle (Belgium)

Twenty-eight nations met in Vienna during the period 15—18 May 1979 to compete in the Senior European Championships for men. The teams were accommodated in the very modern Tourotel on the outskirts of the city and the competition was held in the impressive Hallenstadium where the 1972 World Championships were staged. Not entirely suited for judo competition, the facilities at the stadium were however good, and the organisation was smooth and efficient without being over officious.

With the Olympic Games in Moscow only weeks away there was a special atmosphere surrounding this year's Championships. For most countries this would be their last major event and many would be selecting their Olympic Team based on the results. The organisers were in some doubt whether there would be a high percentage of the top players competing because the Olympics were so close. Fortunately only a few players were missing and the standard of the competition was extremely high.

The Japanese are obviously taking the European threat to their dominance of the sport seriously. Nobiyuko Sato, former World Champion and now Japanese Team Manager and Isao Inokuma, former Olympic Champion, were among the Japanese delegation who were keeping a close watch on the proceedings.

The British Team, accompanied by joint Team Managers, arrived feeling fit and confident. Only Paul Radburn, who was injured, was missing from the team which included two relative newcomers Mark Chittenden and Gwyn Davies. Most of the attention was naturally focused on Neil Adams last year's Champion in the Under 71 kgs division and there were quite a few surprised looks at the draw when it was realised he would be competing in the Under 78 kgs division.

The order in which the categories would be fought was favourable for the British Team. Our strongest players would fight during the first days and a couple of medals early in the competition would boost the confidence of the rest of the team.

Despite the seeding of last year's medalists, the draw is always a major influencing factor on the results. Luckily, as far as the British Team were concerned, the draw was favourable with the exception of John Holliday who drew Fagerlund (Finland), current British Open Champion, and Pogorelov (USSR) and Mark Chittenden who drew Kostenberger (Austria) and Kharchiladze (USSR). Neil Adams was drawn in the same pool as Heinke (East Germany) last year's winner, but was certain to qualify.

#### BRITISH JUDO ASSOCIATION TEAM



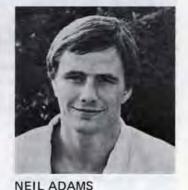
JOHN HOLLIDAY
Super-Lightweight
Under 60 kilos
Age: 20
Club: Harlow
Grade: 2nd Dan



RAY NEENAN Lightweight Under 65 kilos Age: 26 Club: Budokwai Grade: 4th Dan



CHRIS BOWLES Light-Middleweight Under 71 kilos Age: 22 Club: Budokwai Grade: 2nd Dan



Middleweight Under 78 kilos Age: 23 Club: Budokwai Grade: 3rd Dan



PETER DONNOLLY Light-Heavyweight Under 86 kilos Age: 28 Club: Swansea Grade: 3rd Dan



MARK CHITTENDEN Heavyweight Under 95 kilos Age: 23 Club: Olympic

Grade: 3rd Dan



GWYN DAVIES Super-Heavyweight Over 95 kilos Age: 24 Club: Swansea

Grade: 3rd Dan

Team Managers: Dave Starbrook MBE, Tony Macconnell Team Doctor: Dr Ken Kingsbury

Referees: Ray Mitchell, Peter Bent, Eddie Ainsworth.

#### DAY 1: SUPER HEAVYWEIGHTS/ Over 95 kilos

Parisi (France) and Touring (USSR) were favourites for this division with perhaps some opposition coming from the giant Dutchman, Adelaar. Parisi had no trouble winning his pool defeating Von der Groeben (West Germany) with a classical seoi-otoshi in 1 min 7 secs and Varga (Hungary) who was disqualified for passivity in only 4 mins of the contest. Tourine on the other hand could only finish second in his pool defeating Doblinger (Austria) but, rather surprisingly, losing to Kovacevic (Yugoslavia).

Britain's Gwyn Davies, fighting in his first European Championship, fought well to beat Beccacece (Italy) on a decision before losing to Pufahl (East Germany). Beccacece then defeated Pufahl which eliminated Davies on points. I thought this a bit unfortunate for Davies whose performance in the recent British Open was creditable.

In the knockout Varga defeated Kocman (Czechoslovakia), Reszko (Poland) and Adlelaar (Holland) to reach the final. On the other side of the knockout Parisi, maintaining his early round form, defeated Saprianov (Bulgaria) and Jehle (Swiss) before losing to Tourine by osaekomi. The final was a dull affair with Varga being penalised several times for passivity before finally being knocked over and held for ippon. Tourine, who won the Open category last year, is, in my opinion, under-rated because of his enormous size which makes him look a little clumsy. Although not in the same class as either Geesink or Ruska he will be a force to be reckoned with for some years to come.

What a pity Paul Radburn could not attend this event; judging by his recent performances in the Dutch and British Open Championships, a medal here was well within his capability.

- 1 Tourine (USSR)
- 2 Varga (Hungary)
- 3 Parisi (France)
- 3 Adelaar (Holland)

#### HEAVYWEIGHTS/ Under 95 kilos

With Khoubulouri (USSR), twice European and current World Champion, not participating, Rouge (France) and Lorenz (East Germany) were perhaps most favoured to take the Heavyweight title. These two would be likely to face tough opposition from Van de Walle (Belgium), Kostenberger (Austria) and Kharchiladze (USSR), 1976 Olympic Silver Medalist, who was making his first competitive appearance since Montreal.

Rouge and Lorenz were drawn against each other in the first pool with Rouge stealing the victory by a narrow margin. Both players easily defeated Antonio (Spain) to qualify for the knockout. Van de Walle had no trouble quali-

fying despite being decisively thrown for ippon by Nikodym (Czechoslovakia) in 47 secs. Kharchiladze and Kostengerger had no trouble qualifying, both beating Britain's Mark Chittenden. Chittenden fought very hard despite his unfortunate draw. He looked very capable of beating Kostenberger starting off well in the contest and only losing towards the end when he started to fade.

In his side of the knockout Rouge, as expected, emerged the winner beating Van de Walle and Radu (Romania) comfortably. On the other side Lorenz made heavy work of his contests struggling to win against both Nicodym and Kharchiladze. Austria's medal hope, Kostenberger, lost to Radu which probably means he will not

qualify for the Olympics.

The final between Rouge and Lorenz was one of the high-lights of the event. Both players being very evenly matched meant there was no scoring. Only Lorenz had a real chance when he secured juji-gatame only to have it ruled outside by the Referee. Rouge, ever tactically aware, attacked constantly during the last minute and finished with an agressive flurry of attacks which was just enough to gain him the decision.

The heavyweight category, is one which I envisage will be causing the Japanese a lot of concern.

#### RESULTS:

- 1 Rouge (France)
- 2 Lorenz (East Germany)
- 3 Van de Walle (Belgium)
- 3 Kharchiladze (USSR)



Parisi (France) scores ippon with seoi-otoshi during the preliminary rounds of the Super-Heavyweight category. Photo: Colin McIver



Rouge (France) scores with Tomoe-nage on his way to winning the Heavyweight title. Photo: Colin McIver.



Lorenz (East Germany) throws Antonio (Spain) with Ura-nage. Photo: Colin Molver.





Peter Donnolly attacks Verhoeven (Holland)

World Champion Ultsch (East Germany) scores with a tremendous Waki-otoshi. Photos David Finch



Yatskevitch (USSR) throws Seisenbachar (Austria) in the Light Heavyweight final.



Neil Adams attacks Heinke (East Germany) in the Middleweight final with juji-gatame.

#### DAY 2:

#### LIGHT HEAVYWEIGHTS/ Under 86 kilos

Current World Champion, Ultsch (East Germany) and Yatskevitch (USSR) were favourites for the Under 86 kilo division. Britain's Peter Donnolly had a favourable draw and was also expected to do well, along with Sanchis (France), current World Silver Medalist. From the outset it was obvious that Yatskevitch was going to be the main contender. Scoring three ippons in his pool he went on to defeat Sikinic (Yugoslavia) and Ultsch for a place in the final. His only shaky moment was against Sikinic when, with only 1 min 6 secs left in the contest he was penalised for having an illegal shinguard. Not deterred, he fought on desperately giving a very impressive display of fitness and aggresive judo and finally, with only 1 sec left in the contest, secured kami-shiho-gatame for ippon.

Both Donnolly and Sanchis easily qualified for the knock-out. It was Donnolly who emerged the winner when they met in the quarterfinals. In 3 min 24 secs, after a neat move on the mat. Donnolly secured yokoshiho gatame which he maintained for the required 30 secs. British hopes of a place in the final were dashed when, against all expectations, Donnolly lost to Seisenbacher (Austria).

Predictably Yatskevitch defeated Seisenbacher with ease in under 3 mins of the final contest to win his second European Championships. In his fight for the Bronze Medal, Donnolly defeated Cechine (Spain) proving how consistent a player he really is. In his last five or six International events he has finished within the first five.

1 - Yatskevitch (USSR)

2 - Seisenbacher (Austria)

3 - Ultsch (East Germany)

3 - Donnolly (GB)

#### MIDDLEWEIGHTS/ Under 78 kilos

British hopes for a gold medal were centred on Neil Adams in the middleweight division. The strongest opposition was likely to come from Heinke (East Germany), Tchoullouyan (France) and Volossov (USSR).

In his first contests Adams got off to a slow start, only managing a very narrow decision on Brawata (Poland) and losing to Heinke by a koka. By his third contest against Erikanien (Finland) he seemed to get into the correct frame of mind scoring ippon with juji-gatame in the last few seconds.

Tchoullouyan and Volossov both emerged winners of their pools but neither showed the form which would take them to the final. In Group A of the knockout Tchoullouyan defeated Volossov on a narrow decision but subsequently lost to Heinke who had defeated Petrow (Bulgaria) and Barta (Czechoslovakia). In Group B Adams defeated Fratica (Romania) in 15 secs with a superb tai-otoshi, Nasti (Italy) and Missalla (West Germany) both on decisions.

In the final Adams fought a marvellous tactical battle against the much physically stronger Heinke, coming very close to a submission with juji-gatame which Heinke amazingly resisted. At the end there was no score but the winner was clearly Adams. A tremendous win for Adams against much stronger and heavier players.

1 - Adams (GB)

2 - Heinke (East Germany)

3 - Tchoullouyan (France)

3 - Fratica (Romania)

#### DAY 3:

#### LIGHT MIDDLEWEIGHTS/ Under 71 kilos

With both Adams and Gamba (Italy), current World Silver Medalist, missing from this category it was anyone's guess who would win. Molnar (Hungary) Tambour (Belgium), Babanov (USSR) and Talaj (Poland) were all in with a chance and with the exception of Talaj, who was defeated by the East German Lehman, they all survived the first round. Chris Bowles, Britain's competitor, finished second in his pool losing to Tambour (Belgium) and defeating Fetto (Italy) and Vujevic (Yugoslavia).

Vlad (Romania) proved to be a surprise in the knockout Group A defeating both Lehman (East Germany) and Molnar (Hungary) very convincingly to secure a place in the final. Chris Bowles proved another surprise in Group B. Defeating Lehman (Swiss) and, after a tremendously exciting contest, Babanov (USSR) for a place in the final.

Bowles was first to score in the final contest with yuko from left ouchigari and was well ahead until he was caught on the mat in a jujigatame. Despite gallant efforts to hold on he was eventually forced to submit and had to be satisfied with the Silver Medal. Well done Chris — a great effort.

#### RESULTS:

- 1 Vlad (Romania)
- 2 Bowles (GB)
- 3 Lehman (East Germany)
- 3 Babanov (USSR)

#### LIGHTWEIGHTS Under 65 kilos

Reissman (East Germany), although he does not seem to

be on form of late, was, in my opinion, favourite for this division. The Soviets had entered an unknown player Tarakanov in place of Soloduchin, current World Champion whom they are obviously 'resting' for the Olympic Games. Reismann's main threat was likely to come from Delvingt (France) current World Silver Medalist. Ray Neenan (GB) was drawn against Ocko (Yugoslavia) and Gelencser (Hungary) and although, losing both his fights, fought hard. Neenan's strength lies in his fitness and excellent newaza and both players were very wary of going into groundwork with him. Obviously a disappointing event for Neenan after his win in the recent British Open.

In Group A of the knockout Reissmann defeated Nicolae (Romania) and Pawlowski (Poland), the latter with a superb uchimata in 9 secs. Tarakanov (USSR) emerged the winner in Group B defeating Rohleder (West Germany), Gelencser (Hungary) and Delvingt (France). Whilst looking extremely fit he was lacking in technique, relying mainly on a very fast leg grab.

In the final Reissman proved himself a worthy champion of Europe by defeating Tarakanov decisively. If he can maintain this form until the Olympics he must be rated as one of the favourites for the Gold Medal.

#### RESULTS.

- 1 Reissman (East Germany
- 2 Tarakanov (USSR)
- 3 Nicolae (Romania)
- 3 Gelencser (Hungary)



Chris Bowles attacks with Ouchi-gari during the pre-lims.



Babanov (USSR) narrowly escapes an attack by Chris Bowles in their exciting contest.



Reissman (E Germany) displays his skills on Mahon (Ireland).



Reissman (E Germany) attacks Tavakanov (USSR) during the final of the Lightweight category.



Ray Neenan defends against a strangle in his contest with
Ocko (Yugoslavia) Photos: David Finch

#### DAY 4: SUPER LIGHTWEIGHTS Under 60 kilos

Rey (France) current World Champion and Mariani (Italy) last year's Champion, were expected to dominate the super lightweight category with the Soviet Pogorelov 1977 Super Lightweight Champion, All three won their preliminary pools, Pogorelov the only one having any difficulty, struggling to defeat Fagerlund (Finland), current British Open Champion and John Holliday (GB). Holliday, although losing to the Soviet player, fought extremely hard and was slightly ahead until he was knocked down for koka in the dving seconds of the contest. In his fight against Fagerlund, both players were evenly matched and here again Holliday was ahead before being knocked down for koka. Although those were disappointing results, Holliday gave a very creditable performance.

Mariani defeated Jupka (West Germany), Arnt (East Germany) and Szabo (Romania) all on decisions to win Group A of the knockout. World Champion Rey lost surprisingly to Reiter (Austria) in the semi-finals of Group B after defeating De la Torre (Spain). In the final, although Reiter tried hard to penetrate the defence of the Italian, it was Mariani who was awarded the decision adding another European Championship to an already impressive series of wins.

Reiter, who won a Bronze Medal last year, is one of the Austrian Team who has improved tremendously under the guidance of George Kerr, now Austrian Team Trainer. This performance gave Austria their second Silver Medal of the Championships — their best overall performance to date.

Mariani has been tipped by many for the Olympic Gold Medal and his performance can only support this.

#### RESULTS:

- 1 Mariani (Italy)
- 2 Reiter (Austria)
- 3 Arnt (East Germany)
- 3 Rey (France)



John Holliday attacks Pogorelov (USSR) in the Super Lightweight Division.



Van de Walle (Belgium) scores on Parisi (France) during the Open Final.



Reiter (Austria) in action in his contest against Rey (France).



Angelo Parisi (France) attacks Novikov (USSR)

Photos: David Finch.

#### **OPEN CATEGORY**

Novikov (USSR) (1976 OIympic Heavyweight Champion) was a surprise entry for this category and, along with Parisi (France), was obvious favourite. Britain's Mark Chittenden was unfortunate to draw Novikov in his pool and it was only a matter of time before he was caught in an osaekomi and forced to submit. Mark seems too small for this category and he had little chance against the other fighters in his pool Jehle (Swiss) and Beccecece (Italy).

Novikov easily won his pool scoring maximum points. Pufahl (East Germany) had a good win against Parisi to the surprise of everyone. Parisi had however no trouble in beating the others in the pool to qualify.

In the first fight in Group A of the knockout the favourites Parisi and Novikov met. This was the contest everyone had

been waiting for and they were not to be disappointed. Parisi dominated the contest from the start attacking strongly with seoi-otoshi and osotogari. Just when everyone expected the contest to go to time Parisi crashed Novikov to the mat with seoi-otoshi for ippon. Parisi then defeated Ozsvar (Hungary) for a place in the final. Van de Walle (Belgium) emerged the winner of Group B defeating Kocman (Czechoslovakia) and Jehle (Swiss).

#### FINAL

Throughout the seven minute final Parisi was unable to attack the lighter Van de Walle who kept up a continuous barrage of attacks.

Van de Walle fought the contest tactically perfect and well deservedly was awarded the decision at the end. I thought this a little unfortunate for Parisi who fought so well during the preliminary rounds. His technical ability is without doubt of the highest standard what a pity the rules do not let him play his style of judo. It was however a very good win for Van de Walle who had been runner up on so many occasions.

#### RESULTS:

- 1 Van de Walle (Belgium)
- 2 Parisi (France)
- 3 Novikov (USSR)
- 3 Kocman (Czech.)

Congratulations to the British Team and Team Managers. Three medals from this level of competition is an excellent result. The preparation training seems to be paying off and the prospects look bright indeed for Moscow!

# **TOP TECHNIQUE**

TEXT AND PHOTOS: COLIN McIVER 5th DAN

Alexander Yatskevitch (USSR), twice European Champion, is the subject of my article this issue. The technique I will be discussing is the armlock juji-gatame at which Yatskevitch is without doubt the leading exponent. No matter what the situation he seems to be able to apply it with 'machine-like' certainty.

At every major competition more and more contests are being won with this very powerful armlock and the serious competitor must make a complete study of the techniques involved in applying it. Although it can be applied from many positions, perhaps the most common opportunity is when your opponent is in a defensive position, lying prone or on his hands and knees.

At the European Championships in Vienna, where the photographic sequence was taken, Yatskevitch won four contests, with this armlock. The photographs were taken in his contest against Vuissa of Switzerland.

Frame 1: A situation arises on the mat — Yatskevitch on top. Frames 2–3: Yatskevitch tucks his left leg inside Vuissa's and attacks his left arm.

Frame 4: Having secured the arm, Yatskevitch brings his right leg under Vuissa's head.

Frames 5-8: Yatskevitch tries unsuccessfully to apply the armlock in this 'face down' position.

Frames 9-13: Changing his approach Yatskevitch catches Vuissa's left leg with his left hand and pulls him over his body.

Frame 14: Yatskevitch applies the armlock again, this time 'face up' and Vuissa submits.





























# Judo Interviews TONY MacCONNELL



Recently promoted to 6th Dan, Tony Macconnell has been a leading member of the British Judo Association for over 20 years. He has competed at the highest levels and was captain of the British team for many matches. He has travelled extensively and has lived abroad for several years, all as a result of his love of judo.

Shortly after the 1972 Olympics he accepted a coaching job in Sweden where he soon made his mark and was appointed Swedish Team Manager. His work with the Swedish team brought them from the bottom of the World ratings to a stage where they have players placing in European Championships.

In 1976 he was appointed Joint British Team Manager along with Dave Starbrook MBE. He is well known for his ability to motivate players and his sense of humour. Recently, the National level players have been training on a full-time basis for several months thanks to the efforts of Tony and Dave.

"Judo" interviewed Tony at his Kendal home immediately after the British Open Championships in April.

Question. Who do you think will be the gold medalists in the Moscow Olympics?

Answer. Under 60 kilos: The Japanese or Mariani Italy. I don't think Rey (France) (current World Champion) can win it as I think he was a bit lucky in Paris with the 'home' crowd behind him.

Under 65 kilos. Again the Japanese or Soluduchin (Soviet Union) (current World Champion).

Under 71 kilos: Anyone's guess. Adams (GB), if he fights in this category, Gamba (Italy), or maybe the Japanese. A couple of years ago I would have said Kruger (East Germany) but I think he is now past his best.

Under 78 kilos: Fujii (Japan) if he is in but he didn't look so sharp in the World Championships. I think he is beatable by someone like Adams. On his day Heinke (East Germany) is also capable of winning.

Under 86 kilos: Yastkevitch (Soviet Union). I don't think I have seen anyone capable of beating him, only Ultsch (East Germany).

Under 95 kilos: Rouge (France), Lorenz (East Germany) Khoubulouri (Soviet Union). I think it will be between those three

Over 95 kilos. Yamashita (Japan). The only European with a chance against him is Parisi (France) who is capable of throwing him.

OPEN: Endo (Japan). I think the light heavyweight players like Rouge (France), Radburn (GB), Lorenz (East Germany) are the greatest threat to the Japanese in this category. On his day Lorenz is easily capable of beating the best Japanese as he proved in the Kano Cup.

We have just returned from the British Open. How do you think the British players performed?

Very well, although they seemed a little bit jaded to start off. We had the Dutch Open a couple of weeks before and they need a rest at the moment but we have to put our best players in the British Open — I think they have done well

with five gold medals. The opposition was quite strong and it was unfortunate that some of the stronger Europeans were eliminated on what I thought were dubious decisions by the referee. I don't think Rothlisberger (Swiss) should have been disqualified in his contest and Bill Ward was lucky to beat Gibert (France) — he should have been penalised for passivity.

What did you think of the general standard of the competitors?

It varies, in some categories they are stronger than others. Several players who usually attend were missing — Van de Walle (Belgium), Nulman (Holland) and of course the whole West German team who won't come because we don't let them bring a referee.

Do you think we will ever be able to attract the East Germans and the Russians to compete in the British Open?

There is a problem with their currency, which is not valid here and we would have to pay their accommodation and give their team some spending money.

Surely with the type of sponsorship that we had from Alka-Seltzer this would be possible?

I think the Association feels that if they did this for some countries then they would have to do it for all.

Do you think that the entry to the Open will have to be limited?

No. It just has to be held over two days. I'm not in favour of restricting the entry as it is the only chance that the average BJA member gets to fight foreign competitors.

Now that the Olympic Squad are training at Crystal Palace on a full time basis, have you seen any substantial improvement?

Most definitely the heavyweights; Bowles and Neenan have also become more confident. It does not suit all the players however — I don't think it suits the under 60 kilo players. What is the problem with the under 60 kilo players?

I think that they are too young — they are still boys but they have to compete against men. The best lightweights are players like George Glass and Danny Da Costa who have been able to keep their weight well into their late twenties when they are much stronger. Unfortunately we have very talented youngsters but no men.

How will you select the under 60 kilos player for Moscow? We have five or six players of the same calibre — it may be necessary to have trials. It depends on the Senior Europeans which is our last competition.

What's the relationship with Brian Jacks and the Olympic Squad? There are rumours that he may fight in the Olympic Games.

He won't. On two separate occasions he has informed us that he was finishing and we are no longer considering him.

What is the outline of the Training Programme the Olympic Squad is using at Crystal Palace?

9 - 10am Weight Training or Running

10 – 10.30am Uchi-komi 10.30 – 11.00am Newaza

11.00 - 12 noon Circuit Training

8.00 - 9.30pm Judo

The first hour is free, the boys work on their own weight or running programmes. The uchi-komi is a controlled session as is the newaza session. We finish with a very simple, easy circuit just to build up the team spirit by doing something together.

I am very pleased with the results of the newaza session, many of the boys are scoring well in competition on the mat. Afternoons are free, to rest or do whatever they wish. In the evenings the sessions are given over to randori.

You have been responsible for the introduction of skipping routines and uchikomi with rubber strands. Having watched the boys using the rubber strands I can't see the relation to the throwing situation. What is your thinking behind the skipping routines and the uchikomi?

Firstly the skipping. I think it makes the players lighter on their feet and faster as well as being a good physical exercise. It has also helped the players who have difficulty controlling their weight. The uchi-komi with rubbers is to develop a full turn of the body, a fast entry and to develop a good pulling action. It also helps players start throwing on the other side (as they do the uchi-komi left and right). Adams, especially, has developed throws to the left because of this type of uchikomi.

I can't say that I have noticed any of the others developing techniques on their weaker side.

I think that is because they don't work hard enough. Adams really works hard on this aspect of his judo. The others like to do it but don't apply it in training on the mat; they use the same techniques all the time.

What are your plans after Moscow?

Obviously Dave and I have thoughts on this and we have been discussing many differing ideas. Personally I would like to change the Squad system. I have a few ideas but I have still to think a lot more about them before making up my mind. Several of the boys will be retiring the rest will be going on - I think we have a strong future. Maybe the Centre of Excellence idea could be improved upon and we could utilise this.

You don't think the Centre of Excellence idea is working at the moment?

I believe that Roy Inman's Centre of Excellence is quite successful. This idea is not new of course, clubs like the Renshuden, the Budokwai and more recently the Tokai are, in my opinion, Centres of Excellence. These are successful mainly because they have the right coaches — coaches who have the respect of the players. In the North West where they have opened a Centre of Excellence where there were no strong clubs existing and they have not employed a coach who has the respect of the top players; this Centre can never be successful. There is a need to co-ordinate the thinking and approach to these Centres of Excellence which should all be under the control of the British Judo Association. If we are talking about the production of International players then I believe this to be the best approach.

You have been highly critical of some of the practices that are currently happening in the junior ranks; you claim there are too many competitions and that Juniors compete too often — can you explain your views on this?

There are far too many competitions for players under fifteen years of age. In countries like France for example juniors rarely compete before the age of fifteen — even the grading scheme does not include competition in the early stages. If we want to have the world's best schoolboys (which we probably already have) then we can leave things as they are. If, however, we want success at the top International level then things will have to be changed. Some of the youngsters have injuries (at fifteen) which I have at forty — after twenty years in judo!

Don't you think that judo is just becoming more the young

person's sport, developing along similar lines as gymnastics and swimming?

Yes I agree but I don't think it should be encouraged to develop in this way. I am convinced that there is a danger of long-term injuries caused by placing too much stress on youngsters as they are growing. There is also a problem with facilities. Most mat areas are too hard for juniors to practise on, especially in Sports Centres where the floors are used for all sports and are rock-hard. This is not a problem in Japan where all the mats are laid on sprung floors. It is becoming a young person's sport because it is being forced that way; all the competitions are organised for young people. I think this should be discouraged and during a player's years in the juniors the highest percentage of time should be spent learning techniques and preparing their bodies — building strength and suppleness — in readiness for competition in their teens and adulthood.

What are your views on training in Japan?

I have deliberately been critical of the Japanese because of the 'inbuilt' respect that most of the British players have for them. As long as we have this attitude towards the Japanese we will never be able to beat them. Usually the hardest fighter in top class competition is the Japanese, and because of the attitude that some of our players now have and, most of the other European players are developing, we are capable of beating them. We have to take away the 'built-in' respect if we are to have a chance of beating them consistently. The attitudes of the Japanese are so different, their style of coaching demands rigid discipline, which is not acceptable here, so it can be hard for the British player who goes to train in Japan. If you have plenty of money and only go for a short period (a month) then the training can be very beneficial. I would like to take the youth team there next year for a month as I feel that they could benefit a lot technically.

The sessions in Japan are too long; even our best players have a hard time after the first hour. They get worn down by fresh players and this places them under stress which is not necessary.

If you go into most of the clubs in Britain you will find an average of 8–10 senior players on the mat. What do you think can be done to improve this situation?

The main problem with senior judo is junior judo and judo in schools. Judo in the school situation is tragic. The situation in Schools is not generally conducive to the correct introduction to judo, the standard of instruction is low and the facilities are generally well below average. In my opinion, young people who sample judo in school never take up the sport again later in life.

Most of the juniors who continue in the senior ranks are those who have been successful in their last year in the juniors. Even for these few it is very difficult to make the transition from the juniors to seniors, mainly because they can no longer be successful in competition.

Coaching of the juniors in most clubs is also very poor mainly because they have no system. Coaching is erratic and un-systematic, most often the coaching of the juniors is left to the most inexperienced coach.

Surely the Coach Award Scheme provides coaches with a system?

Club Instructors can't understand it. It is too academic and very often obscure and for most 'would-be' coaches it means entirely changing their approach and this makes them feel inadequate. It is not that the instructors are not capable, it is just that they have no guideline along which to work. At the other end of the scale Arthur Mapp is training the juniors at the Tokai like they were the Olympic Squad, and that's no good either.

# **Junior Corner**

# A SERIES OF ARTICLES FOR THE JUNIOR PLAYER By RICHARD KENNEY D.P.E. and COLIN McIVER

In our article this issue we will be taking a look at three armlocks and how they can be applied in various situations. Yoko-shihogatame was discussed in the last issue and we will use a simple variation of the hold as a starting point for the first armlock.

#### Ude-garami

Ude-garami can sometimes be a difficult armlock to score with unless it is applied correctly. In photo 1 the player is holding his opponent in Kuzure-Yoko-shihogatame. As your opponent struggles to free himself it is sometimes possible to catch him with Udegarami by gripping his wrist with your left hand, passing your right hand under your opponent's arm and gripping your own wrist (photo 2). It is very important to keep your opponent's hand firmly on the mat and away from his shoulder to make the lock effective (photo 3).







Ude-garami can also be applied with your opponent's hand in the opposite direction (photo 4). Notice how his wrist is pushed away from his shoulder to obtain a submission.

Photographs 5–6 show how Udegarami can be applied using the legs from Kesa-gatame, a favourite hold of many players. Your opponent's wrist is tucked under your knee, and to make the lock effective you must pull your leg back towards you.







#### Ude-gatame

Photographs 7 and 8 show a player being again held in Yoko-shiho-gatame scoring with Udegatame as a counter. By pushing your opponent's head away with your left leg, you extend him so that you can apply the lock to his left arm. Note how your

hands grasp the opponent's arm just slightly above his elbow and by keeping your head close to your shoulder you can help prevent your opponent's wrist from slipping off. (photo 9).







Ude-gatame can also be done from a standing position as an attack against 'stiff arms' (photos 10–13) Remember to control this technique and not fall to the mat whilst performing the lock.









Waki-gatame

This is a good technique to use when you are in the newaza situation shown in photo 14. Take hold of your opponent's left arm with your right hand and sit through to your right. By continuing to sit through your opponent is forced onto his front with you in a very strong position to score with Waki-



gatame (photos 15-16).

Remember when practicing these armlocks to take your time until you are familiar with them. Always control the armlock in order that your opponent has time to submit.

In the next issue we will look at three throwing techniques — Uchimata, Kouchi-gari and Tai-otoshi.















## The David Find European Championship Portfolio

- 1. Novikov (USSR) attacks Ozvar (Hungary) gari.
- 2. Rey (France) scores with an excellent uchim 3. Holliday (GB) attacks Pogorelov (USSR)
- 4. Reissman (East Germany) scores ippon wit
- 5. Bowles (GB) attacks Babanov (USSR) with
- 6. Tchoulouyan (France) attacks with ippon see
- 7. Donnolly (GB) holds Sanchis (France).
- 8. Bowles (GB) tries to free his leg during situation.
- 9-11. Parisi (France) performs the throw of ionship against Novikov (USSR).





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# B.J.A. NATIONAL DAN GRADE REGISTER

| Appendix 3/80 — Promotions 1/3/8 | U to 31/3/80 |
|----------------------------------|--------------|
|----------------------------------|--------------|

| MEN TO 1st DAN                     | CLUB              | AREA  | DATE    |
|------------------------------------|-------------------|-------|---------|
| Butler, D.                         | Bracknell         | NHC   | 15/1/80 |
| Davies, E.J.                       | UKLF School of PT | Army  | 30/1/80 |
| Dillingham, T.C.                   | Vauxhall          | NHC   | 5/3/80  |
| Edwards, R.J.                      | Henley's          | West  | 23/3/80 |
| Gorton D.R.                        | Hohne Garrison    | Army  | 30/1/80 |
| Irvine, D.                         | Fintry            | SJF   | 28/2/80 |
| Jepson, G.                         | Bletchley         | NHC   | 1/3/78  |
| Jones, T.B.M.                      | Coleford          | West  | 23/2/80 |
| Maynard, R.                        | Camden            | L     | 12/3/80 |
| Murphy, R.G.                       | Plymouth          | West  | 1/3/80  |
| Pang, D.C.W.                       | Henley's          | West  | 25/3/80 |
| Peachey, J.                        | Crittall          | NHC   | 24/1/80 |
| Pszonka, J.J.                      | Kettering Premier | M     | 30/3/80 |
| Rea, G.                            | Kingston          | Y & H | 9/3/80  |
| Roberts, B.D.                      | Karu Kyoshi Kan   | M     | 21/5/79 |
| Rogers, M.P.                       | Wells             | West  | 23/3/80 |
| Rosen, A.T.                        | Cwmbran           | WJA   | 2/3/80  |
| Stubbs, F.A.J.                     | E.H. Sports       | Y & H | 19/3/80 |
| Wallis, S.R.                       | Bath              | West  | 23/3/80 |
| Wrate, R.C.                        | Fulham            | S     | 27/1/80 |
| Wray, P.W.                         | Darlington        | N     | 2/3/80  |
| MEN TO 2nd DAN                     |                   |       |         |
| Edwards, R.D.                      | Ushiro Judokwai   | WJA   | 30/3/80 |
| Hough, A.W.                        | Bolton            | NW    | 29/3/80 |
| Jackson, L.R.                      | Matsumachi        | S     | 27/1/79 |
| Thomson, W.                        | Peterhead         | SJF   | 28/2/80 |
| Tilston, L.                        | Kano              | West  | 23/3/80 |
| MEN TO 3rd DAN                     |                   |       |         |
| Pont, J.F.R.                       | Camberley JS      | S     | 1/3/80  |
| MEN TO 4th DAN                     |                   | 5000  | 50.000  |
| Wrightwebb, D.                     | Furness           | NW    | 29/3/80 |
| MEN TO 6th DAN<br>Macconnell, J.A. |                   |       | 5/1/80  |
| WOMEN TO 1st DAN                   | l                 |       |         |
| Finegan, L.A.                      | Haslingden        | NW    | 9/3/80  |
| Trigg, A.K                         | Ryecroft          | M     | 9/3/80  |

#### Appendix 4/80 - Promotions 1/4/80 to 30/4/80

| MEN TO 1st DAN | CLUB                | AREA | DATE    |
|----------------|---------------------|------|---------|
| Ablard, J.     | Boston              | M    | 14/4/80 |
| Barnett, G.T.  | Cotton's Park       | NHC  | 30/3/80 |
| Berry, R.      | Walkden             | NW   | 13/4/80 |
| Bradshaw, M.   | Dunston             | N    | 2/4/79  |
| Capstick, D.   | Seishin             | NW   | 13/4/80 |
| Charles, G.M.  | Temple Bar          | S    | 30/3/80 |
| Dale, G.       | -                   | NHC  | 30/3/80 |
| Forbes, C.     | Meadowbank          | SJF  | 5/10/79 |
| Harris, B.D.   | Culdaff             | NIJF | 29/3/80 |
| Holt, K.       | +                   | RN   | 10/4/80 |
| Hughes, E.F.   | Hugh-Francis School | S    | 30/4/80 |
| Jones, A.E.    | Winchester          | S    | 30/3/80 |
| McDonald, F.   | Edinburgh           | SJF  | 5/10/79 |
| Marland, P.    | Kita-nishi-Kwan     | NW   | 7/4/80  |
| Michael, D.    | Highbury Grove      | L    | 19/3/80 |
| Newman, D.G.   | L.J.S.              | L    | 30/3/80 |
| Pearson, M.A.  | Huddersfield        | Y& H | 28/4/80 |
| Reynolds, I.S. | Pretoria            | L    | 30/3/80 |
| Sullivan, J.   | -0.00               | L    | 30/3/80 |
| Sutcliffe, T.  | Rochdale            | NW   | 13/4/80 |
| Tilley, C.     | Keidokwai           | NW   | 13/4/80 |
| MEN TO 2nd DAN |                     |      |         |
| Clarke, O.J.   | North Berwick       | SJF  | 21/4/80 |
| Dauncey, A.    | GKN Sankey          | M    | 16/4/80 |
| Howland, R.S.  | Samurai             | NW   | 2/4/80  |
|                |                     |      |         |

| Etassa Kwai   | SJF   | 19/4/80  |
|---------------|---|--|
| Glen          | NIJF  | 29/3/80  |
| Aberaman YMCA | WJA   | 12/2/80  |
| Renshuden     | s   | 20/4/80  |
| Olympic       | s   | 9/4/80   |
| Kin Ryu       | s   | 14/4/80  |
| Georgian      | Y&H   | 13/4/80  |
| Croydon       | S   | 30/3/80  |
| Leeds A.I.    | Y&H   | 6/4/80   |
|               | Glen  Aberaman YMCA  Renshuden  Olympic  Kin Ryu  Georgian  Croydon | Glen NIJF  Aberaman YMCA WJA  Renshuden S  Olympic S Kin Ryu S  Georgian Y & H Croydon S |

#### Appendix 5/80 - Promotions 1/5/80 to 31/5/80

| MEN TO 1st DAN                               | CLUB   | AREA | DATE         |
|--|--|------|--------------|
| Boni, R.                                     | Edinburgh  | SJF  | 24/4/80      |
| Bradley, R.G.                                | Ryecroft   | M    | 25/5/80      |
| Egan, R.C.                                   | Fairholme  | S    | 30/3/80      |
| Falconer, K.                                 | Aberdeen   | SJF  | 4/5/80       |
| Findlay, D.J.                                | Glasgow Univ.  | BUJA | 4/5/80       |
| Galluzzo, F.                                 | Citagoti Cint.   | L    | 7/5/80       |
| Hanson, G.                                   | Crowtree   | N    | 20/5/80      |
| Hay, H.                                      | Peterhead (Yukan)  | SJF  | 4/5/80       |
| Henderson, T.                                | Bellahouston   | SJF  | 1/5/80       |
| Howells, J.                                  | Demandoston  | WJA  | 24/5/80      |
| Huxley, W.                                   | Chorleywood  | NHC  | 27/4/80      |
| Inglis, R.                                   | Edinburgh  | SJF  | 24/4/80      |
| McCann, K.                                   | Brooke Park  | NIJF | 24/5/80      |
| MacGregor, G.                                | Glasgow Univ.  | BUJA | 4/5/80       |
| McMillan, S.                                 | Tora Scotia  | SJF  | 5/5/80       |
| D209/03/03/03/03/03/03/03/03/03/03/03/03/03/ |  |      | 11/5/80      |
| Pickering, K.                                | Bishop Auckland YMCA   | L    | UCHOOK 10000 |
| Pike, R.D.                                   | Tokei  | NIJE | 2/5/80       |
| Savage, C.W.                                 | Belfast YMCA   |      | 24/5/80      |
| Selvey, M.G.J.                               | A Production of the Control of the C | S    | 18/5/80      |
| Sinfield, R.                                 | Harlow   | NHC  | 6/5/80       |
| Tackie, A.                                   | Highbury   | L    | 27/4/80      |
| Tait, W.                                     | Blackburn  | SJF  | 24/4/80      |
| Thomas, E.                                   | L.J.S.   | L    | 27/4/80      |
| Tyson, B.R.                                  | Workington   | N    | 11/5/80      |
| Watt, A.M.                                   | James Watt   | SJF  | 1/5/80       |
| Webb, B.D.                                   | Harlow/LJS   | NHC  | 18/5/80      |
| Webb, J.                                     | L.J.S.   | L    | 18/5/80      |
| MEN TO 2nd DAN                               |  |      |              |
| Gouge, D.G.A.                                | Ealing Youth   | NHC  | 29/4/80      |
| Jones, W.J.                                  | New Tredegar   | WJA  | 27/4/80      |
| MacKenzie, R.L.                              | Havering Schools   | NHC  | 27/4/80      |
| McQuade, G.                                  | Hastings   | E    | 27/4/80      |
| Reeves, W.L.                                 | Ruislip  | NHC  | 27/4/80      |
| Reynolds, M.J.                               | Guildford  | S    | 5/5/80       |
| Webb, C.A.                                   | Bexley Judokwai  | L    | 27/4/80      |
| Williams, W.S.                               | Bexley Judokwai  | S    | 4/5/80       |
| Wright, J.                                   | Fairholme  | NHC  | 27/4/80      |
|  |  |      |              |
| MEN TO 3rd DAN                               | *********  | 212  |              |
| Kenney, R.                                   | Meadowbank   | SJF  | 5/5/80       |
| MEN TO 6th DAN                               |  |      |              |
| Barnes, J.G.                                 | Budokwai   | BUJA | 1/4/80       |
| WOMEN TO 1st DAN                             |  |      |              |
| Heaven, E.                                   | Underwood  | WJA  | 24/5/80      |
|  |  |      |              |

Guildford

Etassa Kwai

Sanshirokwai

London Oratory

Seymour, J. Smail, S.

Wright, J.A.

Titheridge, J.A.

18/5/80

24/4/80

3/5/80

12/12/79

S

SJF

**WJA** 

S

## **1980 NATIONAL TEAM** CHAMPIONSHIPS FOR WOMEN

HORWICH - 7 JUNE 1980

REPORT: COLIN McIVER PHOTOS: COURTESY KAY METZLER

This year's National Team Championships, hosted by the North West, attracted a record number of participating teams, including, for the first time, a team from the Army. The competition was fought in the Horwich Leisure Centre and the teams were adequately accommodated in the Bolton Crest Motel.

Last year's winners, Yorkshire and Humberside, were again expected to do well as were the South, Midlands and the North West. Further opposition was likely to come from London, Scotland and the Northern Home Counties.

There were several very closely fought matches during the preliminary pools but all the favoured teams managed to qualify. Northern Ireland, always the underdog, gave a particularly good show of their ability, beating Scotland, Wales and Midlands B to win pool 2.

In group A of the Knockout the South defeated London and, after a very exciting match, Northern Ireland, to reach the final. In group B the North West defeated Scotland, in a closely fought match, and Yorkshire and Humberside.

#### FINAL

Pressure was on the North West to do well in front of the home crowd. They started very slowly however losing two of the first three matches. Ford (South) had no trouble defeated Wantling scoring a waza-ari with ippon seoi-nage and ippon from a shime-waza. The contest between Tantrum



The medalists pictured with the winners trophy.



Smail (Scotland) attacks Hughes (North West). Bridge (North West) attacks Gordon (Scotland).

(South) and Oxford (North West) was a closely fought affair which ended in a no-score draw. Cohen (South) outclassed Mather (North West) scoring ippon with kami-shiho-gatame in under two minutes.

Finegan (North West) started her contest against Coghill (South) with some very exciting matwork. It was not until well into the contest that she managed to score with ko-uchigari. Coghill retaliated with several strong uchi-mata attacks but could not gain a score.

It was Hughes who brought the North West back into contention scoring twice within the first seconds of her contest with Cossar. Cossar had no answer to the more skilful Hughes and was eventually forced to submit to a neatly executed juji-gatame. Fowley put the North West ahead by defeating Chamberlain (South) after a very hectic contest.

Wood (South) was no match for Bridge (North West) current European Champion who had no trouble winning the contest and clinching the match for the North West.

#### RESULTS:

1 - North West; 2 - South; 3 - Northern Ireland; 3 — Yorkshire and Humberside.



# **1980 BRITISH OPEN MEN'S CHAMPIONSHIPS**

25 APRIL - CRYSTAL PALACE REPORT: COLIN McIVER AND PETER CAMPBELL

For the third successive year the British Open Championships for men has been a major attraction for the judo spectator. Long before the doors of the Crystal Palace Sports Centre were opened a long queue of anxious spectators had formed outside the main entrance - despite notice that tickets were likely to be sold out in advance. After a long wait many managed to get in - many others left disappointed! Players from thirteen countries participated and the general standard of the competitors was high. Many countries now use the British Open Championships as a qualifying event for the Olympic Games and World Championships and for many players this event would be their last opportunity to qualify for the Moscow Olympics. It was also an interesting event as far as the British players were concerned. Although there are no qualifying standards required by the British Olympic Association, it was obvious that the British Olympic Team Managers, Dave Starbrook MBE and Tony Macconnell, would be looking carefully at the results and performances of several players to finalise their thoughts on selection of the Olympic Team.

The organisation of the event was quietly efficient - well up to the standard we have come to expect from Competitions Sub-Committee. There seems to be a good case to change the competition into a two-day event; either that or to reduce the number of competitors. No one wants to watch judo for twelve hours regardless of the quality or the standard of organisation. The time has now come when more thought has to be given to the spectator and presentation of the event. Reduce the number of mats to three and make sure that all contests in a particular category are all fought on the same mat would be a good start. Now that we have the audience let's try to keep it!

#### SUPER LIGHTWEIGHTS Under 60 kilos Prelims.

It was anyone's guess who would win this category. Olympic Squad members Gavin Bell and John Holliday faced strong opposition from Stephen Chadwick, Jeremy Marcroft, John Swatman and (a rather surprising entrant) Danny Da Costa - along with Fagerlund (Finland), Mendola (Belgium) and Burkhard (Swiss). Competition was fierce with both Bell and Holliday being eliminated early in the knockout. In the semi-finals Fagerlund defeated Burkhard and Swatman defeated Da Costa by a waza-ari.

#### Final

Seconds from the start of the contest Fagerlund attacked with tomoe-nage which scored a koka. Unfortunately Swatman landed heavily on his shoulder and required medical attention. Immediately the contest re-started Swatman scored yuko with Uchi-mata. The shoulder injury, however, then proved to be so severe that Swatman had to withdraw. One can only speculate on what the result would have been - it certainly would have been an exciting contest. It was unfortunate indeed for Swatman who had been fighting so well this year with good performances in the Young Men's Trials and the National Team Championships.

- 1 R Fagerlund (Fin)
- 2 J Swatman (GB)
- 3 M Burkhard (Swiss)
- 3 J Mendonca (Port)

#### LIGHTWEIGHTS Under 65 kilos **Prelims**

Three times British Open Champion Ray Neenan was the obvious favourite to win this category. His main opposition was likely to come from Kerrith Brown (Midlands), Van De Brand

(Holland) and last year's winner Wolfgang Biedron (Sweden). In the preliminary pools Eddie Mullen (Army) scored a rather dubious victory over Neenan who was penalised twice for leaving the contest area. This was perhaps the 'shot in the arm' Neenan needed; after this he seemed to settle down and fought his way to the final beating both Brown and Biedron, On the other side of the pool Laisson (Sweden) reached the final defeating Paoline (Belgium) and R Mercia (GB).

Immediately after the start of the contest both players moved into a corner of the mat where Larsson attacked with Uchimata scoring yuko (I personally thought it was at least a waza-ari). Again this seemed to settle Neenan who gradually took control of the contest scoring koka with kosotogari and at 2 mins 55 secs secured yoko-shikogatame for ippon. Despite a couple of shaky moments this was a convincing win for Neenan proving that he is a very consistent fighter and I would imagine this performance would guarantee him an Olympic place.

#### Results:

- 1 R Neenan (GB)
- 2 C Larsson (Sweden)
- 3 K Brown (GB)
- 3 R Mercia (GB)

#### LIGHT MIDDLEWEIGHT Under 71 kilos

#### **Prelims**

With Neil Adams fighting in the Middleweights, British interest in this category was mainly focussed on Chris Bowles, who had only just returned to fighting at this weight after a spell in the Middleweights. Tambour (Belgium), Melnic (Israel) and Landart (France) were among a few of the foreign competitors who were favoured to do well.



Fagerlund (Finland) scores koka on John Swatman in the opening seconds of the Under 60 kg final



Ray Neenan displays his newaza skills during the pre-lims. of the Under 60 kgs category.



John Swatman scores yuko on Fagulund (Finland) shortly before being forced to retire with an injured shoulder.



Ray Neenan four times British Open Champion.

(Photos: David Finch)

Nearer home Alonzo Henderson (Ireland) and Bruce Newcombe (GB) were likely to be strong opposition.

It was quite a surprise in fact to see Ron Angus (GB) emerge from his side of pool to reach the final. I have watched Angus on a couple of occasions in the recent past and was not overly impressed. On his way to the final however, he defeated both Melnic and Garnazion (Belgium) displaying some nice judo. On his way to the final Bowles defeated some strong opposition including Kirk Isichei (GB), Danieli (France) and Tambour (Belgium).

#### Final

Angus started the contest well putting in a series of very strong attacks which had Bowles in some difficulty. It was not until after the half way mark that Bowles came into the contest scoring koka with tai-otoshi and a minute later yuko with the same technique. It was Bowles' contest from then on, almost scoring with san-kaku-jime and with just a few seconds left another koka

with tai-otoshi.

An excellent final with both players playing excellent judo. If Bowles can retain this form over the next few events he has a good chance of selection for the Olympic Games. If Ron Angus continues to improve he will be a force to be reckoned with in the very near future.

#### Results:

1 - C Bowles (GB)

2 - R Angus (GB)

3 - B Tambour (Belgium)

3 - Y Melnic (Israel)

#### MIDDLEWEIGHTS Under 78 kilos

#### Prelims

There was no doubt that Neil Adams was favourite for the middleweight title. There were, however, some very strong fighters in this category including Gibert (France), Draghi (France), Bill Ward (GB) and Densign Whyte (GB). Adams had the easier draw and had no trouble reaching the final with good wins against McManus (Ireland) and



Chris Bowles in action during the early rounds of the Under 71 kgs category.

Draghi (France). I thought he was not as sharp as he could be and certainly looked a little light for this category.

The other side of the pool was much tougher and it was Bill Ward who emerged the eventual winner defeating both Gibert (France) and Whyte (GB) on what, I thought, were doubtful decisions. In his fight against Gibert he should have been penalised for passivity without question and the keikoku awarded to Whyte did not seem justified.

#### Final

It was Adams all the way, attacking well throughout the contest and scoring koka with kouchigari in the first minute. Ward was given a shido and a chui for passivity and it was obvious that he was not trying to win. In the finals the passivity rule does not seem to be enforced as severely as in the prelims. Ward should have been disqualified without doubt for this display of defensive judo.

It would have been more interesting if Gibert had reached the final especially as he has beaten Adams twice before — in the British and Dutch Opens. Despite his lack of 'sharpness' during the day, this was a good win for Adams giving him another British Open Title.

#### Results:

- 1 N Adams (GB)
- 2 B Ward (GB)
- 3 L Draghi (France)
- 3 D Whyte (GB)

#### LIGHT HEAVYWEIGHTS Under 86 kilos

#### Prelims

1979 Senior European Champion Rothlisberger (Swiss) was the favourite for this category, especially as Peter Donnolly had decided to compete in the Heavyweights. In his second fight in the knockout against Joe Donald (GB) Rothlisberger was disqualified for an illegal uchimata attack. Donald subsequently lost to Jarno (France) who then lost to Stuart Travis (GB).

Bertil Strom (Sweden) won a well deserved place in the final winning the other side of the knockout beating Korpiola (Finland) and Pany (Belgium).

#### Final

Travis is a very static player who does not commit himself to attack and he was no match here for Strom. Strom attacked throughout the contest scoring koka with Ippon seoinage. I thought Travis was not as fit as he could have been and he did not start to attack until the last twenty seconds of the contest.

This well deserved win for Strom, who has been training very hard over the preceding months, will qualify him for the Olympic Games.

#### Results:

- 1 B Strom (Sweden)
- 2 S Travis (GB)
- 3 P Jarno (France)
- 3 F Pany (Belgium)

#### HEAVYWEIGHTS Under 95 kilos Prelims

Last year's finalists Paul Radburn (who was fighting in the Super Heavyweights) and Robert Van de Walle (Belgium) were both missing from this category leaving Peter Donnolly (GB), moved up from the Light Heavyweight class, as favourite along with Mark Chittenden (GB) and Bob Debelius (GB). Chittenden started well, beating, among others, Frederikson (Iceland) and McCall (GB). In the semi-final he met Krahenbul (Swiss) and was thrown for ippon. Krahenbul was



Neil Adams attacks Draghi (France) with juji-gatame.





Neil Adams throws Dave McManus (Ireland) with Uchimata.

quite a surprisingly strong player who had won all of his previous fights with ippon and I think Chittenden underestimated him.

After beating Bob Debelius in the first round of the knockout Donnolly easily succeeded in reaching the final.

#### Final

The Swiss player was in first with a couple of careless Uchimata attacks. Donnolly immediately responded with two strong ogoshi attacks, scoring yuko and koka respectively. Following up the second attack with some newaza he secured kesagatame for ippon. After the performance of Krahenbul during the day Donnolly dealt with him very easily, which was a little surprising.

#### Results:

- 1 P Donnolly (GB)
- 2 G Krahenbul (Swiss)
- 3 R Debelious (GB)
- 3 M Chittenden (GB)

#### SUPER HEAVYWEIGHTS Over 95 kilos Prelims

Looking confident, after his recent win in the Dutch Open, and extremely fit after two months training in Japan, Paul Radburn had little trouble in reaching the final of this category defeating, among others, Tonkin (GB) and Ekberg (Sweden) with ippon. On the other side of the knockout Martin



Neil Adams attempts Uchimata against Bill Ward in the Under 71 kgs Final.

Clarke (GB), Errol Carnegie (GB) and Gwyn Davies (GB) fought it out, with Davies emerging the clear winner. Davies has improved considerably over the past few months since he has been training with the Olympic Squad.

#### Final

Both players started strong. Radburn scored yuko with ipposeoi-nage before scoring waza-ari with a double leg grab. Towards the end of the contest Davies started to come back with some very aggressive attacks but was unable to score. In the dying seconds Radburn started to fade against the much heavier opposition but still managed to score another yuko with ippon seoi-nage.

This was a very exciting and entertaining final with both fighters trying very hard. I believe that Davies could develop into a very good heavyweight once he gains more confidence in himself. Radburn, whether fighting under or over 95 kilos, is a world class player. He will have to decide which event he is going to compete in because he could certainly do with being a lot heavier if he is going to continue in this division.

#### Results:

- 1 P Radburn (GB)
- 2 G Davies (GB)
- 3 M Clarke (GB)
- 3 U Ekberg (Sweden)

.

Pages 21-24 are missing.

#### COMPETITION RESULTS

- GOLD; 2 - SILVER; 3 -BRONZE

#### THE NORTHERN AREA OPEN JUDO CHAMPIONSHIPS, April 1980

WOMEN (Under 14 years) -UNDER 48 KILOS

Karen Briggs (Kingston), 1 - Karen Briggs (Kingston) 2 - Claire Sheach (Sen-i), 3 Sandy Fry (Grimsby); 3 - Janice Tully

UNDER 52 KILOS;

1 - Bernadette Alltoft (Grimsby); 2 - Susan King (KNK/JC); 3 -Andrea Trigg (Ryecroft); 3 - Debra Worrall (Leeds). UNDER 56 KILOS

- Chrissie Brennan (Grimsby); 2 — Dianne Belle (Crawcrook); 3 — Diane Young (Crawcrook); 3 — Ruth Cowell (Preston JC). UNDER 61 KILOS

- Janet Thorpe (Seishin); 2 -Julie Cross (Burton JC); 3 -Kay Greenhaugh (KNK); 3 -Karen Inwood (Tubes JC). WOMENS OPEN

- Janet Thorpe (Seishin); 2 -Dianne Belle (Crawcrook); 3 -Christine Brennan (Grimsby); 3 -Beverley Gayton (York).

SENIOR MEN (Over 16 years) 1st KYU & ABOVE UNDER 60 KILOS

- Dermot Heslop (York); 2 -Peter Middleton (Rydale); 3 -Stuart McMillan (Tora Scotia): 3-Darrell Young (Tora Scotia). UNDER 65 KILOS

-Steve Sawthorpe; 2 - Richard Whitely (Kendal); 3 - Richard Kenney (Meadowbank); 3 - Furio de Denario (Budokwai).

UNDER 71 KILOS

- Paul Ajala (Kodokwai); 2 -Tom Cullen (Hamilton); 3 -Russell Bradley; 3 Anthony Thomas (Medal Away). UNDER 78 KILOS

- E Walker (Solihull); 2 - John Kane (Hamilton); 3 — Terry Alltoft (Grimsby); 3 — Don Capstick (Seishin). UNDER 86 KILOS

1 - Douglas Borthwick (Meadowbank); 2 - Stuart Travis (Army); 3 - Ron Knight (Solihull); 3 -Paul Owen (Stockton). OVER 86 KILOS

lan Robinson (Stockton); Nick Kokataylo (KNK); 3 Edward Ferrie (Kodokwai); 3 -Roy Harris (Shrewsbury).

SENIOR MEN (Over 16 Years) UP TO AND INCLUDING 2 KYU UNDER 60 KILOS

Fred Bradley (Grimsby); 2 - Dave Andrews (Kingston); 3-David Lamb (Waterloo JC); 3 -Lian Brady (KNK) UNDER 65 KILOS

Mick Sheeky (Consett); 2 -William Stanners (Hexham); 3 -Brian Poucher (Doncaster), 3 -Tim Mattison (Ryedale). UNDER 71 KILOS

- Tony McKean (Waterloo JC); - Stephen Murray (Crawcrook); 3 - Robert Glyn (Stockton); 3 -Peter Telford (Crawcrook).

UNDER 78 KILOS Eric Joyce (Army); 2 Malcolm Watson (Kodokwai); 3 -Brendan Abbott (Waterloo JC); Anthony Pessario (Craw-

OVER 78 KILOS

Gary Palmer (Shrewsbury); Joseph Brayson (Lightfoot); John Powder (Seishin)

#### NORTHERN IRELAND WEIGHT CATEGORY CHAMPIONSHIPS Mayfield Belfast

FEMALE Under 48 kilos 1 - S. Finnegan, Budokan 2 - B. Ward, Yamakwai **FEMALE Under 56 kilos** - G. Hughes, YMCA - C. Fox, Yamakwai. FEMALE Open 1 – A. Malley, Renbukan 2 – K. Gray, YMCA MALE Under 55 kilos 1 - C. Bond, Kanokwai - K. Ferris, Yamakwai. MALE Under 60 kilos

1 - W. Lyons, C.H.J.C. Yamakwai. Jim Higgins, MALE Under 71 kilos

1 - A. Thomas 2 - G. Mark

G. McMahon, University MALE Under 65 kilos

1 - C. Savage, YMCA 2 - B. Kubath MALE Under 78 kilos

M. Cooper, Brooke Park E. Gwynme, Kirkliston MALE Under 86 kilos

1 - T. Watt, Brooke Park - C. Hamilton, YMCA OPEN

1 - A. Thomas 2 - C. Hamilton, YMCA

#### BELLSHILL **UNDER 21 OPEN CHAMPIONSHIPS 1980**

Under 60 kilos

1 - P. Ferguson, Centar; 2 Adams, Centar; 3 - S. Mc-Millan, Tora-Scotia; 3 -D. Young, Tora-Scotia. Under 65 kilos

 C. Forbes, Meadowbank;
 R. Inglis, Edinburgh; 3 -Armstrong, Bellahouston; 3 -J. Burns, Kanokwai. Under 71 kilos

1 — M. McSorley, Hamilton; 2 — P. Tracey, Bellshill; 3 — J. McNeil, Shotts; 3 J. Tweedle, Bellshill. Under 78 kilos

- S. Laird, East Kilbride; 2 -T. Henderson, Bellahouston; 3 -Boni. Edinburgh: 3 - B. Walker, Meadowbank.

Under 86 kilos - D. Paterson, Bellahouston; - A. Brown, Kilmarnock; 3 Grant, Hamilton; 3 - F Morrison, East Kilbride.

#### **EDINBURGH OPEN YOUTH** TOURNAMENT

WOMEN Under 56 kilos 1 - Diane Bell Crawcrook; 2 -Susan King, KNK; 3 - Heather Siddle, Leeds; 3 Foster, Yoshin WOMEN Under 61 kilos

1 - Kay Greenhalgh, KNK; 2 -L.A. Finnegan, Bacup; 3 Susan Herbert, Sanshirokwai; 3 -Sharon Egan, Leeds.

WOMEN Open - Kay Greenhalgh, KNK, 2 -Suzanne Holmes, Bolton le Sands; 3 - Diane Young, Crawcrook; 3 - Susan King, KNK. ESPOIR Under 54 kilos

- Jim McCormick, Irvine; 2 -Colin Jeffers, Irvine; 3 - David Lamb Waterloo; 3 - Gavin Murison, Powis. ESPOIR Under 65 kilos

Kerrith Brown, Wolverhampton, 2 -Michael Liptrot Kendal; 3 - Jas Sim, Powis; 3 R Longmuir, Paisley Samurai.

ESPOIR Under 75 kilos 1 — Michael Reynolds, Swansea; Martin McSorley, Hamilton;
 Wm McCann, E Kilbride; 3 - Robin Findlay, Kilmarnock,

YOUTH Under 65 kilos

Kerrith Brown, Wolver-- Peter Ferguson, hampton; 2 Centar; 3 — Darrel Young, Tora Scotia; 3 — Robert Kubath, Robert Kubath, Army

YOUTH Under 78 kilos Ricardo Boni, Edinburgh;

Douglas McGregor, Edin-

burgh; 3 - Geo Woods, Ballyfermot Ireland; 3 Whyte, Wolverhampton.

OPEN

1 — Densign Whyte, Wolver-hampton; 2 — Douglas McGregor Edinburgh; 3 — Robert Kubath; 3 - Anthony Reed, Killingworth

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#### INTERNATIONAL YOUNG WOMEN'S TOURNAMENT

#### FROM TEAM REPORT by MARION WOODARD

These Championships were held in Saarlouis, West Germany with over two hundred competitors from Sweden, Switzerland, Holland, France, Austria, Great Britain and Germany. The British Team, consisting of two players per category, was accompanied by Christine Gallie as Team Manager.

Under 44 Kilos Category:

Sandy Fry of Great Britain defeated Enrich of West Germany in the final. The other British entry, Rebecca Mellars, took a bronze after losing to Enrich and Fry in the earlier rounds.

#### Under 48 Kilos Category:

Kim Elliott lost to Friedrich of West Germany in the final, and Sarah Ripsher, after losing to the eventual bronze medalist, was unable to secure a place in the medals.

#### Under 52 Kilos Category:

Both of the British entries, Debbie Harrington and Joyce Gordon, fought well in this category. They were drawn together in the early rounds, with Harrington going on to defeat Kantojarvi (Sweden) in the final, and Gordon taking the bronze.

#### Under 56 Kilos Category:

The two British players in this weight were Liza Forbes and Theresa Griffin, however, only Forbes was able to secure a medal, losing in the final to Schreiber of Germany.

#### Under 60 Kilos Category:

Neither Margaret Jones or Moira Hawkins were able to get into the medals position.

#### Under 65 Kilos Category:

Joyce Malley was defeated in the knock-out however, teammate Ann Weston went on to take a bronze medal after losing to Simon of Austria, the eventual Gold Medalist.

#### Over 65 Kilos Category:

Once again the two British girls, Joanne Kennedy and Mary Hanvey, although, fighting well, were unable to take any medals.

# **IRISH NEWSLETTER**

## Terry Watt writes from Ireland



#### BUSHMILLS SCHOOL OF SPORT

The Bushmills School of Sport held at New Ulster University near Coleraine Co. Antrim included a referees Course on behalf of the Northern Ireland Judo Federation. This was a three day residential course. There were 15 candidates and the course tutor was Mick Leigh, European Judo Union Referee from the Southern area. This was a most enjoyable and successful course.

The practical examination had to be held in Maysfield Centre in Belfast.

The results auger well for Northern Ireland Judo with seven new British Judo Association Referees and one Northern Ireland Referee. Three Referees were there to revalidate, with four candidates doing the theory only. Results are as follows:

British Judo Association Award Theory Only Miss J. Malley M. Kearney J. Bell Miss J. Kells B. Hampton Miss M. Egan H. Quinn H. McGuigan T. Monaghan Re-Validation M. Savage P. McCambridge E. Berry K. Farry E. Small

In conclusion we would like to thank Mick for coming to Northern Ireland and indeed look forward to his return. (Report based on information supplied by Jack Carabine Development Officer Northern Ireland Judo Federation.





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#### **OLYMPIC HOPE**

It now seems likely that Alonzo Henderson from the Dublin Judo Club will now be the only Irish player to qualify for the Moscow Olympics. Alonzo, who is twenty-four, finished in fifth place in the 1979 World Championship held in Paris. Having fought for Ireland twenty-nine times he is a very experienced competitor. His favourite techniques are uchimata and tai-otoshi.

Alonzo now lives and trains in London and says that his ambition is to 'improve his contest judo'. He remembers no special contest that he has fought 'I enjoy winning — the better the opponent the more I enjoy it'.

Henderson throws Babanov (USSR) with seoi-otoshi in the 1980 European Championships in Vienna.

(Photo: Colin McIver)

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#### **Book Review**

by PETER CAMPBELL

#### 'TEACH YOURSELF JUDO' By SYD HOARE PRICE £1.25



Given that most of us would agree on the impossibility of 'teaching yourself' judo, this book is a useful introduction for the beginner to the sport, and will probably be of use to everyone in the grades up to about 3rd Kyu. The first point which the author makes is, of course, that it is necessary to join a club to learn judo, but this book is valuable in that it contains not only basic techniques, but also tips for dealing with recurrent situations (especially in newaza) which may not be the subject of explicit instruction in clubs. In that sense, the idea of using the book to 'teach yourself' is very useful.

Mr Hoare covers all the most popular basic techniques, and the line drawings which illustrate his concise analyses are very good. For the theoretically minded, he includes a section on the modern methods of analysing technique, as opposed to that upon which the Gokyo was based; though he

sums all this up with the refreshing bluntness of an experienced and successful contest player: "In judo there is really only one sort of throw, and that is where the man lands on his back".

The book is (as he points out) an investigation of several of the methods of getting him there. It will make useful reading for anyone in the low - to - middle Kyu grades, since the techniques are explained simply and with freedom from confusing detail. The book contains something for all tastes: for traditionalists there is a section on kata, while for the contest-oriented player, there are chapters containing a useful introduction to training methods, both on and off the mat, suppling, and contest tactics.

Everywhere the author's own experience gives a refreshing realism to his approach, and there is much to be learned, both in attitude and technique from this book.

# **CLUB FORUM**

#### TOKEI JUDO KWAI

The opening of the new Tokei has seen not only the realisation of a long cherished dream, but the success of an important human experiment.

People whom only a few months ago were just nodding acquaintances are now firm friends with not only a common goal but an outstanding joint achievement behind them.

The gigantic task of ripping out the innards of an old Victorian school and turning it into the country's most modern and luxurious judo club has thrown up many problems all of which have had to be faced and overcome.

In confronting the problems and working collectively towards the same end a great spirit of comradeship and belonging has developed, those who have been involved see each other in a different light with a better understanding and appreciation of each others qualities.

For one person in particular the creation of the new Tokei has been more than the usual blood sweat and tears more than the odd sleepless night, it's been something of an obsession.

No sports-person ever suffered so much for his chosen sport as John Prescott the Secretary of the Tokei. John has been the motivator, the pace-setter, the driving force and an inspiration to us all.

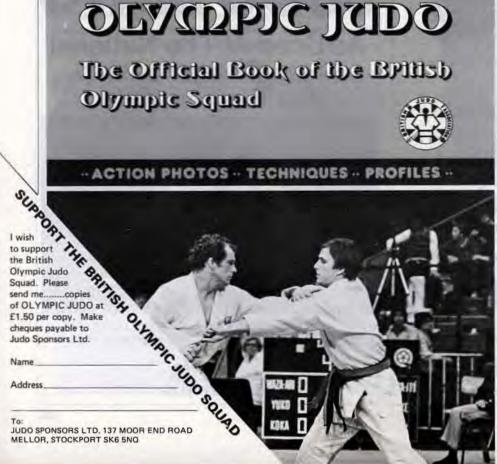
With the country facing its severest financial cuts for over 20 years; who else could scrounge £100,000 from the Government and local authority and successfully negotiate a grant on the clubs behalf? Who showed leadership by putting in more time and effort than anyone else, and doing the dirtiest jobs? Yes that's right 'Big John'.

It may be many years before the importance of the new club is fully understood not only to its members, but from the contribution it will make to the future of British Judo. When that time comes John Prescott's contribution will also be recognised.

Thanks John, its a privilege to work with you. I'm sure you will be the first person to join me in thanking everyone who has contributed so much to our club.

GORDON MORTIMER Chairman







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