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JUDO

VOL IX

JANUARY 1965

No. 4



Inside

British Army Championships

2/6

Forthcoming Events

JANUARY

3rd	EXECUTIVE COMMITTEE MEETING	London
3rd	NORTH EAST AREA CONTEST TRAINING	Leeds
9th	WOMENS KATA COURSE	Leeds
10th	MIDLAND AREA INTER-COUNTIES MATCH	Wellington
17th	MIDLAND AREA KATA COURSE	Derby
17th	N.H.C. COACH AWARD & INSTRUCTORS COURSE	Hoddesdon
17th	N.E. COACH AWARD COURSE	Bradford
20th	INTER-COLLEGE LEAGUE CONTESTS	London
22nd—24th	FITNESS FOR SPORT CONFERENCE	Bisham
23rd—24th	W. AREA TRAINING WEEKEND	Pinehurst
27th	INTER-COLLEGE LEAGUE CONTESTS	London
31st	YOUNG MENS CONTEST COURSE	Midlands
31st	MIDLAND AREA KATA COURSE	Derby
31st	L.J.S. DAN GRADE EXAMINATION	London
31st	N.H.C. COACH AWARD & INSTRUCTORS COURSE	Middlesex

FEBRUARY

3rd	INTER-COLLEGE LEAGUE CONTESTS	London
7th	N.E. CONTEST TRAINING COURSE	Bradford
7th	N.H.C. PROMOTION EXAMINATION	Middlesex
10th	INTER-COLLEGE LEAGUE CONTESTS	London
13th	ANNUAL GENERAL MEETING WESTERN AREA	Bristol
13th	MIDLAND AREA PROMOTION EXAMINATION	Midlands
14th	MIDLAND AREA KATA CLASS	Derby
20th	HOME INTERNATIONAL ENGLAND, WALES, SCOTLAND, IRELAND	Belfast
21st	N.E. COACH AWARD COURSE	Bradford
24th	COURSE UNDER NATIONAL COACH	Leicester
27th—28th	N.E. AREA COURSE	North East
27th	INTER-COLLEGE CHAMPIONSHIP	London
28th	N.H.C. COACH AWARD & INSTRUCTORS COURSE	Bedfordshire
28th	MIDLAND AREA COACHING MEETING	Lilleshall

Continued inside Back Cover

THIS MONTH'S COVER

Members of the Shinto Ryu Kendo Club being instructed by Koshikawa Hidenosuke 9th Dan, the first time a Kendo 'Hanshi' has visited this country.

RECOMMENDED Publications

Title	Author	Price.	Post Paid
AN INTRODUCTION TO KENDO ...	R. A. Lidstone	...	38/6d.
THE DEMONSTRATION OF THROWS ...	T. P. Leggett	...	19/0d.
THE DEMONSTRATION OF HOLDS ...	T. P. Leggett	...	19/0d.
THE DEMONSTRATION OF GENTLENESS ...	T. P. Leggett	...	19/0d.
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KNOW THE GAME—JUDO	2/11d.
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ANCIENT SECRETS OF AIKIDO ...	Senta Yamada	...	8/0d.
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JUDO—BEGINNER TO BLACK BELT	E. Dominy	...	14/5d.
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JUDO COMBINATION TECHNIQUES	T. Kawamura	...	15/11d.
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PHYSICAL TRAINING FOR WOMEN	4/11d.
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JUDO

JANUARY

1965

VOL. IX

No. 4

CONTENTS

	Page
BRITISH ARMY JUDO CHAMPIONSHIPS <i>A. R. Menzies</i>	2
MACCABIAH GAMES	7
CLUB FORUM	8
THE BRITISH JUDO ASSOCIATION	9
AREA NEWS	11
KENDO FORUM "Musashi"	14
PHOTOGRAPHS & TABLES FROM THE OLYMPICS	18
EIKOKU KARATE RENMEI	24
COACHING NOTES	25
AIKI TOKU HO	26
COACHING SERIES No. 4. <i>J. Hicks</i>	27
A GOODWILL TOUR <i>Raymond Ross</i>	28
KARATE EXPONENT IN LONDON	30
JAPAN IN THE AGE OF WAR <i>Roald Knutsen</i>	32
MEDITERRANEAN NEWS <i>S. Bonello</i>	35
JUDO EQUIPMENT	36

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Editors: G. A. EDWARDS, F.C.C.S., F.I.A.C.
A. R. MENZIES, 1st DAN.

British Army Judo Championships

Aldershot, 6th November 1964

The 1964 British Army Judo Championships included for the first time members of the other Services. An "Open invitation" series of contests was arranged and representatives from the Royal Air Force and the Royal Navy took part.

As usual there was an impressive array of high-ranking military personnel led by Major-General J. B. M. Sloane, C.B.E., Chairman of the British Army Judo Association. Personalities from the Judo world included John Capes, General Secretary, Geoff Gleeson, National Coach, George Kerr, Captain of the British Team, Alan Petherbridge, Captain of the British Olympic Team, and Olympic Team member Brian Jacks.

Major-General Sloane, C.B.E., had the pleasant duty of commencing the proceedings by awarding

Army colours to the members of the 1963-64 Army Judo Team. An excellent way of showing the Services appreciation to those who have given time and support to their sport,

Story & Photographs
ALAN R. MENZIES

Additional Photography by
MAURICE KILLEN

Almost the whole of the fairly long programme was given over to contests, team contests, individual contests, invitation contests, junior



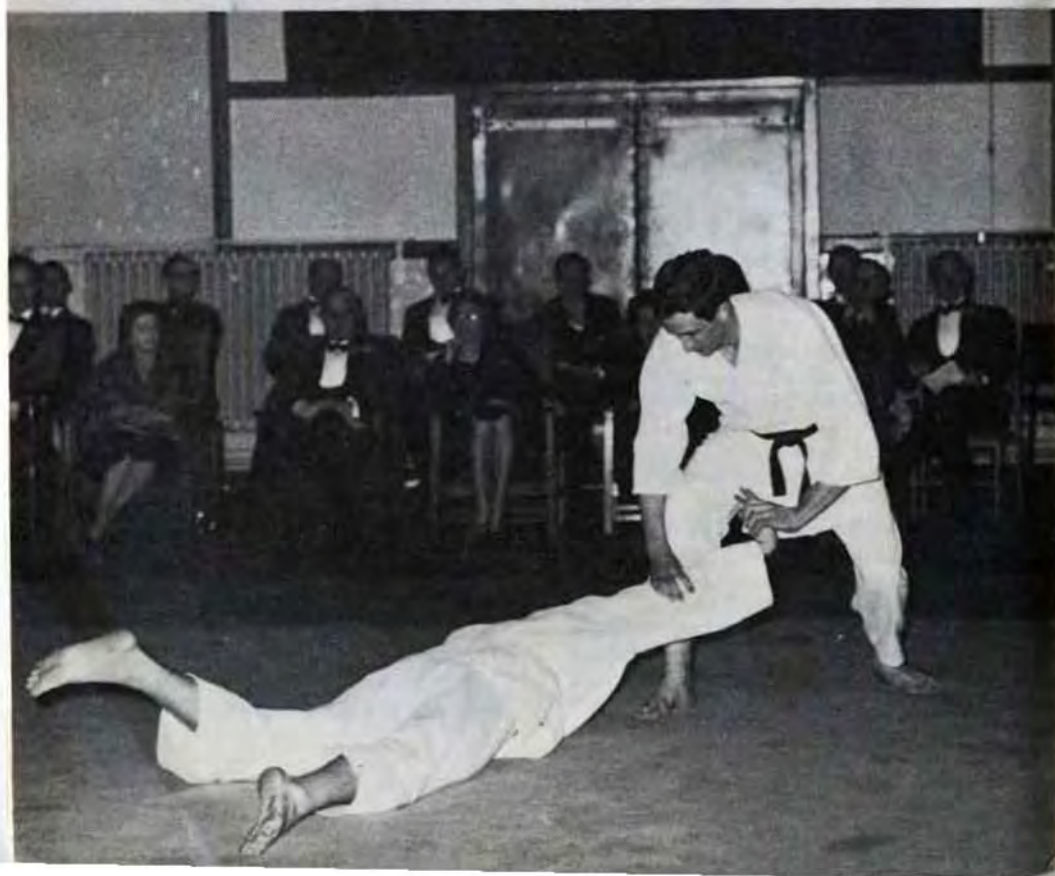
AAS Unit Team Chepstow, winners of the 'Soldier' trophy.

contests, special contests, a veritable plethora of contests of every type and description were presented and this, I feel, was a little too much, 13 out of 16 events rather strained the spectators enthusiasm, which is not surprising.

The best of the team matches was the three-cornered Army, Metropolitan Police, Wales meeting. Wales were the eventual winners, but it was a pretty close fight on every occasion. Alan Petherbridge, captain of the Welsh side, was the

only person with complete and utter confidence in the eventual outcome. Most of the contests were quite exciting, there being little to choose between the players from any of the three teams. An Unfortunate accident reduced the Welsh team to four members for their last contest, but this disadvantage did not stop them from winning the tie.

The Wakely Trophy for Unit teams was won by the 2nd Battalion Black Watch of Canada, stationed in Germany, a real tough



George Kerr throwing Ray Mitchell in the 1 v 10 contest.

bunch of lads, who won the trophy in fighting style against the 17th Regiment Royal Artillery.

In the individual championships who should the Territorial Army Champion turn out to be, none other than Eddie Cassidy from Ayr, the British International. He

also took the Lightweight trophy in the Open Invitation contests, easily defeating Marine Rhode from Plymouth.

T. C. West, of the Royal Hussars, who has been promoted both in the Services and in Judo, he's Corporal West, 1st Dan, now, had an excellent win over Lt. P. W. Snell, of the R.A.S.C., with Utsurigoshi after a fairly rugged contest, with possibly the odds in favour of Snell until West managed to catch him as he attacked with Harai-goshi.

OPPOSITE :

Above. Eddie Cassidy holding Marine Rhodes in the Lightweight final.

Below. John Wilkinson demonstrating Aikido.



Presentation of Army colours being made to Ray Mitchell the Army Judo Coach.

The Service and non-Service people present were sorry to see Staff Sergeant Instructor Harry Welsh, of the A.P.T.C., lose after time to Pte. Cousins, of the R.A.M.C., in the Senior Soldiers Open Championship. Harry, a popular figure, put up a good show,

but Cousins managed to bring just that little bit extra out to take the title.

Cousins also took part in another final, the Senior Soldiers Heavyweight Championship, here he fought Lt. Wellings-Thomas, of

the R.E.M.E., and this time he took second place to a strong and aggressive opponent.

As a slight change from contests there were three diversions, the first was a demonstration of Aikido by the members of the Croydon Aiki Club, under John Wilkinson, 1st Dan Judo, 2nd Dan Aiki, most of their demonstration was interesting enough to those familiar with Aiki, but a little more exhibitionism by the performers would have made it more exciting.

The demonstration of Military close combat was pretty far-fetched, after some of the injuries supposed to have been inflicted it is doubtful if the participants could have continued, but they did, nevertheless, in the right sort of tradition, delivering death-dealing blows ad lib and receiving same from their opponents, but it did have the spectators really excited, wishing for more of the same stuff when it ended, although I should think that the combatants were pretty well exhausted.

The real highlight was a repeat of last year's climax, George Kerr, 4th Dan, of Scotland, annihilating 10 of the leading exponents taking part in the evening's show with such speed and apparent ease that one felt they were but the merest novices, instead of experienced players, who only minutes before had been engaged in championship competition. Over they all went, either to lose to the throw or to be finished off on the ground, most of them succumbed to Uchi-mata, although one went down to O-soto-gari and another rose in the air from Tsurikomi-goshi. Seven minutes twenty-eight seconds including the Ne-waza and all 10 had really bitten the dust. It certainly jolted the slightly dulled audience out of their rather lethargic state.

All in all a rather good show of the Army's Judo strength and the increasing number of contestants testifies to the work being done to recruit new members to our sport among the Armed Services personnel.

MACCABIAH GAMES

As reported in earlier editions of this magazine, the Maccabiah Games, an international event for Jewish sportsmen, will be held in Tel Aviv, Israel, in August, 1965, and Judo will be included for the first time.

Preliminary trials for British Jewish players in four weight categories will be held in London during February. All Jewish Judoka can apply, and in order that Great Britain can be properly represented, applications should be made immediately to any one of the following persons or bodies. The British Judo Association, 26-29 Park Crescent, London, W.1. The Maccabiah Organising Committee, 7 Fitzroy Square, London, W.1, or Martin Lewis, 9 Weymouth Avenue, Mill Hill, London, N.W.7.

Most European and Oriental countries are expected to send fairly strong contingents, as well as the Americas who have done particularly well in other sports in previous Games. As in the Olympics, Judo will be making its debut, and it literally stands or falls by the support it receives from the participating nations. This is a golden opportunity for our Jewish players to put Britain on the map next year in Tel Aviv.

CLUB FORUM

LONDON

LONDON JUDO SOCIETY. *Eric Dominy writes:*—Now we have welcomed Bob Boulton back to the club, we are adding Karate to the club facilities. Bob will be taking the first beginners classes as follows: Class "A", Monday and Wednesday, 6.30 to 7.30 p.m. and Class "B" Tuesday and Friday at the same times. The fee for the classes is £4 and of course Judo kit is required. The course will last six weeks, and by the time they are finished some arrangements will have been made for a more advanced course.

A rather belated Christmas party is being held on Saturday, 20th February, details are to be found on the notice board. We are limiting the numbers so early application for tickets is advised.

The Civil Service Championships will be held at the club on Saturday, 6th March, please note that there will be no practice on that afternoon, accommodation for spectators will also be strictly limited.

The Spring promotion examinations will be held as follows, Sunday, 24th January, 10.30 a.m., 4th Kyu and below; 2 p.m., 3rd and 2nd Kyu; Monday, 25th January, 6.30 p.m., L.J.S. members up to 3rd Kyu inclusive; Sunday, 31st January, 1st Kyu and 1st Dan.

Please note that there will be no practice or Junior Class on Sunday, 24th January.

Several of our members have attended recent Coaching Award Courses, and have returned telling of the enthusiasm and ability of Ivan Silver the Southern Area Coach, and his deputy John Wilkinson.

It is a long time since we had a Coaching Course at the L.J.S. so if anyone is interested in attending one, please let me know.

A long time ago I suggested holding quarterly open tournaments at the club. For various reasons they have been put off, but at last I can announce the first date. Sunday, 28th March, at the L.J.S. there will be two categories, "A" Dan grades, "B" 1st and 2nd Kyu. As the first entries are expected to be small only two categories have been arranged, later it is proposed to adopt the official weight categories.

The tournament will commence at 2.30 p.m. but anyone wishing to take part must report to the recorder in the dojo at 2.00 p.m. at the latest. Medals will be presented to the winners. Tea and biscuits will be available.

Although I am late as usual, I would like to wish all our friends and readers of these notes our best wishes for the New Year.

SUNDERLAND

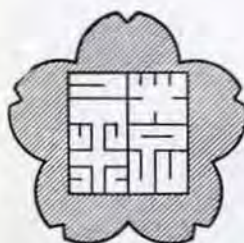
SUNDERLAND JUDO ACADEMY. *From Alan Marr:*—The Academy's new Karate Dojo is now open and will also serve the Kendo section which will commence early next year under the instruction of Mr. Jack Douglas, 1st Dan Judo.

Sunday, 22nd November, George Kerr and Tony Macconnell conducted a promotion examination and course. The course was restricted to 4th Kyu and above, and proved to be most successful although future courses will be open to all grades, in order that all our members have the same chance to receive this sort of top class instruction.

The 1st Kyu's fared rather badly in the examination, with the exception of Keith Pratt of Newcastle, the main trouble was that the examinees were not fit enough and were well under trained.

A Kata class will shortly be run by Harry Marr on Friday nights, all the clubs in the area will be notified, and we look forward to having a large number of people taking advantage of this series.

Now is a good time to publicly thank many of the club members who have helped so much, and particularly to thank Eric, Bill and Joe for their assistance in preparing the Karate and Kendo dojo.



THE BRITISH JUDO ASSOCIATION

OFFICIAL NOTES

Booklet No. 3. "Examinations"

Members may not be aware that properly printed amendments to this booklet are now available. The amendments, dated May, 1964, deal with Part I of the Coach Award Syllabus, and also give full details of the requirements for the Club Instructor Award.

These amendments are available free of charge, by post from Headquarters, but applicants who wish to be sure of securing their copy must enclose a self-stamped addressed envelope at the time of application.

Continued Overleaf

Home International

It is hoped that provided certain difficulties can be overcome regarding dates and venues, the Northern Ireland Area will act as host country for the first of these Home International matches.

It is hoped to make this an annual event between teams representing England, Ireland, Scotland and Wales, and that each country in turn will act as host.

Further details of the competition requirements will be issued in the very near future, we would say however at this stage that the teams will comprise five members, one in each of the new European weight categories, details of which were published in the December issue of the Official Notes, and that provisionally the competition will be held in the New Year.

Promotion Examinations

Examiners are again reminded of their responsibility in ensuring that all candidates for promotion examinations fulfil the requirements laid down on the examination form under the heading "Instructions to Examiner", and that everyone, including the officials, is in possession of a current individual licence.

The Executive Committee are becoming increasingly concerned about what appears to be a disregard by certain persons of the rules surrounding promotion examinations and intend to take a very strong line with future offenders.

Club Membership

The following details of Club Membership by Areas is given for information, and at the time of writing these notes the total of clubs in membership of the Association amounts to 380, an increase of 55 on last month's figures.

London	29	Midland	63
Southern	62	North West	38
Western	24	Northern	11
Northern Home Counties ..	61	Scotland	27
Wales	7	Northern Ireland	9
Eastern	10	Overseas, etc.	5
North East	34		

International Events 1965

It is hoped that the Association will be represented at the following International events during this coming year :

March, 1965, European Junior Championships, Holland.

April, 1965, European Championships, Madrid.

June, 1965, G.B. v. Belgium, Ostend.

August, 1965, G.B. v. Holland, at home.

October, 1965, World Championships, Brazil.

Area || News

MIDLAND AREA *Keith Brewster*

It would be appreciated if everyone will note that Mr. A. E. Onions, 62 Oakwood Road, Boldmere, Sutton Coldfield, Warwicks., is only responsible for the organisation of Area Promotion Examinations. The person responsible for individual licence applications and club membership is the Area Treasurer/Recorder, Mr. G. B. Taylor, 52 Byng House, New Park Road, Brixton, London, S.W.2. The next area examinations are on Saturday, 16th January. Seniors at Derby Olympus J.C., Premier J.C., Kettering, Shin Wa Kwai, Grimsby, Boldmere J.C., Sutton Coldfield, and Belmont Youth Centre, Shrewsbury. The Junior examination will be at the Judokwai-Leicester and the Ladies at the Great Barr J.C., Birmingham. On Sunday, 17th January, there will be an examination for Seniors Great Barr J.C. There will be a Dan Grading at Boldmere J.C., St. Michaels Road, Boldmere, Sutton Coldfield, on March 7th. Continuing the policy of planning as far ahead as possible Promotion examinations have now been fixed at monthly intervals during the whole of 1965. Dates and venues will be sent, in fact by now may have been received by all Club Secretaries and P.R.O.'s throughout the Area.

Further dates of particular interest are the meeting of Coach Award Holders on Friday, February 19th, in the evening and the Coach Award Examinations on Saturday and Sunday, 20th and 21st February, both at the Great Barr J.C. under the National Coach. The Eliminations for the Midland Area team for the Inter-Area Championships will take place at the Judokwai-Leicester on June 13th. There will be an Area Kata Course at the Derby Olympus J.C. in three sessions on January 17th, January 31st and February 14th.

The Young Men's Contest Courses (Senior grades 14—18 years) and the Junior Team Contests have already proved their worth and are continuing with ever increasing vigour. Dates and venues have been set for both for the following twelve months. If the Juniors and Young men in your clubs are not taking part, WHY NOT? Your Secretary and P.R.O. will have all of the dates and venues so it will merely be a case of further inefficiency or worse, lack of interest, neither of which will say much for your club and its future.

The social side obviously occupies a great deal of time in November and December. Off the mat one could be beguiled into thinking that Judo players are positively human, well almost. Not only are dances and social events enjoyable, but they do lead to more inter-club contact which is essential. A prime example is the now notorious Annual Tramps Dance. This year three clubs, Handsworth, Kidderminster and Dudley got together to organise it, although I think that individual credit must go particularly to Bill Coffey for his efforts. The first incident of the evening was the

Chairman of Dudley J.C. looking thoroughly disreputable in a battered top hat and moth-eaten jacket and as always complete with magnificent hirsute growth wandering round New Street Railway Station, Birmingham, waiting for my train to come in (at the last moment I had been offered a lift and went by car). Fortunately he managed to get back to the dance and my apologies without being arrested, but I imagine only just. During the evening we were entertained by that hilarious double act "Hatton and Dodds" ably supported by Mr. Coffey. It is a known fact that between them they keep one brewery fully employed all the year round (with overtime at Christmas and Bank Holidays).

The Halesowen Dinner-Dance which is now a regular feature of the Judo Calendar was as well attended as ever and for the third year I would like to thank them for their invitation plus the pleasure of mixing with people who really seem to work and play together for mutual benefit, which makes such a pleasant change from the usual what's in it for me attitude. Mr. Harry Hobbs, 2nd Dan, and his wife who were also once again guests, enjoyed themselves very much and would like to thank the club. The President's Cup which is presented at the Dinner went this year to Miss Munslow their P.R.O. for her efforts during the past year. Stan Turbin, the club instructor, was presented with a beautiful cut glass bowl in appreciation of his continued work. For those interested speeches this year were not quite so controversial.

The Midland Area Dinner-Dance organised on our behalf by the Birfield J.C. for the second year was even more successful than the first and will now obviously become a regular event. People from a large number of clubs in the Area were present, particularly from the Birmingham region but also as far away as the Ollerton J.C., Nottinghamshire (a small club at the moment but having organisers with the necessary spirit to succeed). Most of the thanks for the organisation of this Dinner must go to Mr. Vic Perrins.

The Dudley Club Championships attracted entries from a large number of clubs. Mr. Kisaburo Watanabe who has very close connections with this club again provided several demonstration items. Also present was Brian Jacks, Olympic lightweight representative, although unfortunately due to illness at home both he and his father were forced to leave before the evening show. However, we hope to see more of them in the Midlands in the future. This year Dudley won back the Nakanishi Team Trophy by beating the Judokwai-Leicester, last year's winners, in the finals. Leicester will now have to win something else to fill up that empty space on their trophy shelf. Winners of the Junior competition were Nechells Judokwai "A" Team. The winner of the 3rd Kyu and under was Mr. D. Southall, a 19-year-old from the Birmingham Koizumikwai who beat Mr. B. Dodds of Handworth J.C. in the finals. Mr. K. Weston of Halesowen Judokwai was the winner of the 1st Kyu event. Prizes were presented by Mrs. Sylvia Jackson (nee Park), 1st Dan, who also did the Ladies item on the programme with Elaine Birch, Brenda Duffey and Carol Handley of the Dudley J.C. This will be the last time Sylvia takes part in any Championships in this country as she leaves for Australia in the new year. I take this opportunity on behalf of her club, the Judokwai-Leicester and indeed, the Midlands and the British Judo Association to wish her the best of luck in the future.

The Conference on Judo for Women held at the Spondon Park Grammar School, Derbyshire, on November 24th, will be reported in full in a later issue of the Magazine. For now suffice it to say that it was without doubt one of the most important meetings ever to take place from the point of

view of potential benefit to the Judo movement. Credit for this conference goes to Margaret Johnson, Midland Area Women's Coach and Barbara Tyas of the C.C.P.R.

The next courses at Lilleshall Hall are January 22nd-24th, "Contest" course under the Area Coach. January 29th-31st, special course under Mr. Gunji Koizumi, 8th Dan, Mr. Koizumi has said that this will be the last course he will take. February 26th-28th, a course for Coaches and Instructors under the National Coach. This will be in the nature of a refresher course and priority will be given to those already qualified. The course is naturally open to the rest of the country. Finally on March 26th-28th there will be a course for women under Mrs. M. Johnson, Area Women's Coach. This course will cover kata, coaching and personal proficiency. All applications to Keith Brewster, 38 East Bond Street, Leicester. As well as a further course at the end of 1965, eight courses have been arranged for Lilleshall Hall from January to December, 1966.

I hope that you have all enjoyed Christmas and would like to wish you a happy and somewhat more efficient New Year!

NORTHERN HOME COUNTIES AREA V. H. Maynard

A women's team match between the London Judo Society and the Northern Home Counties Area took place at the *Kennington* dojo on Sunday, 28th November, and resulted in a win for the Northern Home Counties team by 10 wins to two. The N.H.C. team were: Misses M. Jennings and C. Child (1st Dans), Mrs. S. Butler and Miss B. Watson (1st Kyus), Miss M. Symons (2nd Kyu), Misses J. Dyke, R. Roberts, M. Rickwood, M. Bensley and Mrs. E. O'Rourke (3rd Kyus), and Mrs. P. Mellowship (4th Kyu). I think everyone in the Area can congratulate these girls on their splendid result. A return match is to be arranged for late January, 1965.

A competition for a silver cup presented by John Butler for the best performance of either Nage-No-Kata, Katame-No-Kata or Ju-No-Kata is being arranged by the Area Committee. Here at last is a chance for the women to compete with the men on equal terms.

Interest in the comprehensive pre-coach Award and Club Instructor's Award planned for the first five months of this year is considerable and those who would like to take part in the 12 sessions are advised to apply immediately. Application forms and details from Deputy Area Coach *Jerry Griffin* at 19 Clement Street, WARE, Herts. The Area Committee wish all judoka progress and success in the new year.

Judo Pocket Diary 1965

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Mr. Koshikawa Hidenosuke, 9th dan, *Kendo Hanshi*, and Mr. Roald Knutsen, 3rd dan, *Kendo Renshi*, November 1964.

KENDO forum

by Musashi of the
Shinto Ryu

Development of International Kendo

Since the visit in September, 1963, to the U.S.A., Hawaii and Brazil of a fact-finding commission of leading Kendo masters, there has been considerable activity in the various Kendo Renmei throughout the world to establish Kendo on a firm and proper footing.

At the present time we have just received news that the various active Kendo groups in Eastern Canada are negotiating the formation of a *Canadian Kendo Renmei* in conjunction with the strong Community in Vancouver on the West Coast. The strength of this group was born out by two recent visitors to the Shinto-Ryu Kendo Okawara Dojo, Mr. Noguchi, 2nd dan, and Mr. Okawara, 1st dan, of the N.Y.K. ship "*Yamashiro-Maru*." These two gentlemen had both fenced in Vancouver dojo.

The whole question of European Kendo development and the several problems concerning this, was fully discussed with Mr. Narita Sankichiro, 7th dan, Kendo Kyoshi, in September and at the highest level with Mr. Koshikawa Hidenosuke, 9th dan, Kendo Hanshi, during his visit to this country in November. So far the four countries chiefly concerned with Kendo promotion are Sweden, Yugoslavia, West Germany and

Great Britain. Mr. Koshikawa described Kendo in the world as having only one head, that is the *Zen Nippon Kendo Renmei*; and that any conflicting politics had no place in Kendo. The strength of Kendo lies in its unity. He pledged the full support of the Japanese *Kendo Renmei* to the growth of the *European Kendo Renmei* about to be formed by the interested countries.

In the first place the duty of the *European Kendo Renmei* will be to make known to all its members that only the dan degrees approved by the *Zen Nippon Kendo Renmei* are *bona fide*. This control right at the beginning is necessary to prevent the exploitation of Kendo by irresponsible persons. There should be little difficulty since there is only one *Zen Nippon Kendo Renmei* and this is the successor to the old *Butokukai* dissolved after World War II. However, it can definitely be said here that all the national *Kendo Renmei* and the new *European Kendo Renmei* will have the fullest backing of Japan in the event of any unsatisfactory problems arising.

As soon as possible an official announcement concerning the new *European Kendo Renmei* will be made in this publication.

Visitor to London

Mr. Sakuyama Ryuji, who has been staying some weeks this



Koshikawa Hanshi instructing some of the juniors of the British Kendo Association in the technique of *nanami-menuchi*.

autumn with Mr. Roald Knutsen, has now returned to Japan, with messages for Mr. Takami Taizo, 4th *dan*, in Morioka. Mr. Sakuyama, a former Kendoka, is one of the leading modern metal sculptors in Japan and a close friend and colleague of Takami-san. An explosives accident some years ago prevented Mr. Sakuyama from continuing his Kendo career. His son, aged 12, is a keen Karate enthusiast.

Kendo in California

On Sunday, October 25th, last, the San Jose Kendo Dojo was formerly opened and a tournament held. This was attended by all the leading Kendoka in Northern California and by Shimoda Kyoshi, who travelled up from Santa Barbara! Mori Terao Sensei, 8th *dan*, was unfortunately in Japan for the Olympics and was thus prevented from attending.

The dojo members had, in the main, only been practising since May and so the 5th and 6th *dan* visitors did not compete in the tournament. Two of their members had received their training before the war and demonstrated the importance of a sound foundation in their early youth by taking high places in the divisions including one win.

Mr. Hazard, 4th *dan*, makes a comment of considerable significance to Kendoka. Generally speaking, youngsters show a lack of drive. It is necessary in Kendo to develop an aggressive spirit wherein they will abandon the defensive and attack fearless of the consequences. Very few American of non-Japanese ancestry have acquired the necessary sustained aggressive spirit. This is shown when the fencer demonstrates his ability to shift instantaneously from attack to defense and then counter-attacking again from a retreat without permitting his opponent to recover. At the present time the majority of British Kendoka have not developed this fearless approach to their Kendo and more

attention should be given in training to the problems of alternating from attack to defence and back to the attack again.

British Kendo Activity

November and December have seen great activity with inter-dojo visits all over the country. Messrs. Fred Kidd and Walter Seaton travelled down to London in November and Mr. Michael Finan, from the Lancaster Dojo, did the same in December. Mr. Dennis Preston, 1st *kyu*, from Norwich Dojo, put in a brief appearance at the Shinto-Ryu, and Mr. Knutsen trained at Portsmouth at the end of November.

All Kendoka should make every effort to attend the 1965 *Hatsugeiko* at the Shinto-Ryu Kendo Dojo on January 17th to start promptly at 2.30 p.m. The *yudansha* of the Shinto-Ryu welcome all the friends and relatives who would like to come along with the kendoka. Winter training (*Kangeiko*) will take place in the two weeks preceding the *Hatsugeiko*.

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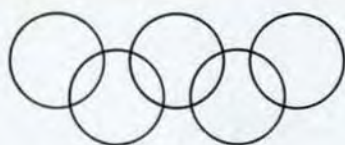


Further Photographs from the 1964 Olympics

AND COMPETITION TABLES

-
- A* Geesink seeking to hold Kaminaga in their first meeting in the primary pool of the Open Category, Kaminaga managed to escape from this Ne-waza
- B* A fantastic counter by Chikviladze of Russia on Harris of the U.S.A. scoring waza-ari.
- C* Klaus Glahn of Germany sitting it out while officials crowd round Ben Campbell of the U.S.A. who injured his knee.
- D* Parnoz Chikviladze of Russia and George Harris of U.S.A. in the primary pool of the Heavyweight category.





Legend

GER—Germany; AUT—Austria; THA—Thailand; KOR—Korea; AUS—Australia;
URS—Russia; TWN—Taiwan; ITA—Italy; FRN—France; PHI—Philippines;
ARG—Argentina; SWI—Switzerland; PAN—Panama; VET—Viet-Nam; MAL—
Malaysia; COS—Costa-Rica; NRD—Holland; BRA—Brazil; POR—Portugal;
CAN—Canada; TUN—Tunisia; IRL—Ireland.

Lightweight

Schiessleder	GER	Maruyama	Nakatani	
Reisinger	AUT			
Maruyama	USA			
Rasmelungon	THA	Nakatani		
Nakatani	JPN			
Jacks	GB			
Suh	KOR	Stepanov	Stepanov	Nakatani
Dalton	AUS			
Stepanov	URS			
Chang	TWN	Chang		
Carmeni	ITA			
Lesturgeon	FRN			
Uematsu	PHI	Zotter	Haenni	
Zotter	AUT			
Arredondo	MEX			
Karpencopf	ARG	Haenni	Haenni	
Haenni	SWI			
Chu Yi	PAN			
Gamba	ITA	Park	Bogolubov	Haenni
Bourreau	FRN			
Park	KOR			
Ford	AUS	Bogolubov		
Harssarungsri	THA			
Nguyen-van	VET			
Bogolubov	URS			



E Isao Inokuma scoring on T. Ang of Malaysia in the preliminary pool contests.
F Akio Kaminaga of Japan and Anton Geesink of Holland taking hold at the start of their final contest in the Open Category.

Middleweight

Perez	ARG	Perez	}	Bregman	}	Hofmann	}	Okano
Moorthy	MAL							
Repuyan	PHI							
Goldschmied	MEX	Bregman	}	Hofmann	}	Okano	}	Okano
Bregman	USA							
Paige	AUS							
Madrigal	COS	Hofmann	}	Hofmann	}	Okano	}	Okano
LeBerre	FRN							
Hofmann	GER							
Snijders, P	NRD	Snijders	}	Hofmann	}	Okano	}	Okano
Sinhasema	THA							
Thai Thuc	VET							
Redl	AUT	Shiozawa	}	Kim	}	Okano	}	Okano
Garcia	PHI							
Shiozawa	BRA							
Barquero	COS							
Le-Va	VET	Kim	}	Kim	}	Okano	}	Okano
Huang	TWN							
Kim	KOR							
Grossain	FRN	Grossain	}	Okano	}	Okano	}	Okano
Hoare	GB							
Snijders, J.	NRD							
Lugo	VEN	Okano	}	Okano	}	Okano	}	Okano
Matos	POR							
Okano	JPN							



Heavyweight

Rogers	CAN	Rogers	}	Rogers	}	Inokuma
Chang	TWN					
Goldschmied	MEX					
Sweeney	GB	Chikviladze	}	Chikviladze	}	Inokuma
Harris	USA					
Chikviladze	URS					
Kiknadze	URS	Kiknadze	}	Kiknadze	}	Inokuma
Niemann	GER					
Gouweleeuw	NRD					
		Bye				
Ang	MAL	Inokuma	}	Inokuma	}	Inokuma
Casella	ARG					
Inokuma	JPN					
Huang	TWN	Kim	}	Kim	}	Inokuma
Kim	KOR					
Tempesta	ITA					

Open Category

Petherbridge	GB	Geesink	}	Geesink	}	Geesink
Geesink	NRD					
Kaminaga	JPN					
Ryan	GB	Boronovskis	}	Boronovskis	}	Geesink
Boronovskis	AUS					
Hachicha	TUN					
Campbell	USA	Glahn	}	Glahn	}	Kaminaga
Ong	PHI					
Glahn	GER					
Kaminaga		Kaminaga	}	Kaminaga	}	Kaminaga
Ryan						
Ong						

OPPOSITE :

G Isao Inokuma throwing A. Rogers off the mat with Tai-otoshi in the final contests of the Heavyweight Championship.

H Charles Palmer, referee in the Heavyweight final, bringing Inokuma and Rogers back to the centre of the mat.

EIKOKU KARATE RENMEI

Formation of the British Karate Association



J. W. A. SELF, Hon. Secretary.

The Zen Nihon Karate-do Renmei of Japan having given its full support, the formation of the British Karate Association took place on 12th October, 1964, when Mr. Jeffrey I. Somers was elected Chairman. Mr. James Self was elected Secretary and Mr. Derek Coleman was elected Treasurer. The Association held its second meeting on Sunday, 22nd November, 1964, and the articles of association were approved, the articles being very similar to those of the British Judo Association and the British Kendo Association. At that meeting Mr. Graham Rael-Brook accepted to be Vice-President, but there has not been, as yet, any nomination for the Presidency. It is hoped that this important post will be filled by some

leading British citizen, who by virtue of his position, will impart to the Association the appropriate kind of prestige. Representatives from Karate clubs in different parts of England attended the second meeting and the following were elected as Committee members:

Mr. R. Wignall,

Mr. S. Seaton (Middlesbrough).

Mr. J. Clarke (Bristol).

In order that the Association can offer Karate of the highest standard a Japanese Master, Mr. Tatsuo Suzuki, 6th dan, of the Zen Nihon Karate-do Renmei, is coming to England in order to give instructions to clubs affiliated to the Eikoku Karate Renmei. It is hoped he will be with us by the New Year.

Foremost amongst the aims of the Eikoku Karate Renmei is the unification of Karate clubs already existing in Great Britain, and the promotion of further clubs. The Association wishes to give anyone able to appreciate its mental, physical and spiritual qualities the opportunity of learning Karate.

Any club wishing to become a member of the British Karate Association should please apply to: *The Secretary, Mr. James Self, "Green Boughs," St. Bartholomews Lane, Sudbury, Suffolk.*

COACHING NOTES

Coach Award Holders:—T. Hudson, P. O'Flaherty.

Women's Coach Award Holders:—Miss J. Greep, Miss A. Atkinson.

Coaching News

The Northern Ireland Area has had some changes in its organisation. We have heard Mr. R. Brady has been proposed as an Area Coach. We would, of course, like to hear officially, but if it is true, and the proposal is accepted by the Executive Committee and the National Coach, we would like to congratulate Mr. Brady on his appointment. An Area Coaches job is quite something these days, not only does he have to run all the courses for Coach, Club Instructor, and Referee Awards, but also keep up to date with the latest developments. From what I hear, this in itself, can be quite a job. While on the subject of up to the minute developments, I wonder how many of the older, "time-served", that is, coaches have kept up to date? Things are quite different now compared with two years ago, coaches who thought that once having passed examination they could then sit back and be acclaimed as men who are "with it", are in for a sad disillusionment. There is much that is new in the teaching line, and certainly the teaching of Kata has undergone some changes. I feel sure many of the earlier coaches would find it enormously beneficial to attend coaching courses. Why not ask your Area to run a refresher course?

I hear the Western Area have organised an Area Technical Conference, somewhat similar to the National Conference but of course laid on specifically for the people in the Area. Guest speakers have been invited, authoritative men in other sports, to lecture on how they tackle the job of coaching in their particular way. This is the kind of interchange of ideas that will help to push our sport forward.

The North-West Area, under Harry Welch is going to have monthly courses to cover to various coach awards. Ken Maynard, Area Coach of the Northern Home Counties, is also pushing the coaching courses very hard. In this same vein of enthusiasm, Ivan Silver, Southern Area Coach, is included, for he has held some very successful coaching courses for the Southern Area. An average of 50 attended the sessions. This could be fairly new stuff for the South, so we are delighted to hear of Ivan's success.

The National Coach attended a conference on the "Modern Approach to Judo", this time in Liverpool. Fifty teachers and physical education organisers attended, the National Coach told me these conferences do a great deal of good for judo, since they inform the teaching profession what judo really is, or should I say, what "is" could be! More and more of the Central Council of Physical Recreation regions are organising similar conferences with the help of the National Coach and Area Coaches. Perhaps when every region has held at least one, judo will have registered with part, at least of the education world.

Continued Overleaf

Congratulations to the ladies. I hear they organised the first of their very own "Demonstration" conferences in November. The object of which was to show how women's judo is progressing. I understand, again from the National Coach, that it was a very successful "do". It looks as if the men will have to keep their wits about them or the women will be overtaking them, in the field of organisation anyway!

Instructor Award

Over 60 holders to date, with many more expected during the coming year. If you are 3rd Kyu or above, over 18 years, you are eligible for this examination. If your club has not got a qualified Coach or Club Instructor, ask why not, can your Club Instructor use the "Whole-Part-Whole" method of teaching? Does he know what the "Group Method" is? Or what a linked sequence is. All these questions will be answered on the various courses organised at Area level.

National Coaches Itinerary:—LONDON AREA: 13th—18th January, 1965; EASTERN AREA: 4th—9th February, 1965; MIDLAND AREA: 17th—28th February, 1965.

MIDLAND AREA EXAMINATION: 20th February, 1965.

AIKI TOKU HO

During the last few months several demonstrations in Aikido have been given. All of these have been warmly received. It is hoped that all requests for displays will be fulfilled.

Mr. John Kane, M.Ed., who is reading a paper at this year's B.J.A. National Technical Conference, has just returned from Japan. Whilst there he took advantage of Mr. Yamada's introduction and met Prof. Tomiki, who was kind enough to lay on a display of Aikido. It is hoped that Mr. Kane will give his impression of this demonstration in a later article.

Mr. Nishimura, 7th Dan Judo, also a practising Aiki member, has now returned to Japan. I know that all members of the Aikidokai will wish him all success.

Congratulations to Tony Sweeney, 4th Dan, on his great effort in the Heavyweight pool at the Olympic Games. Tony, who is a member of the Aikidokai, practises whenever possible. We would like to think that his Aiki knowledge helped with his effort.

Congratulations to John Wilkinson, John Waite, Mike Clapton, George Fisher, Terry Moulton and Miss Ah Loi Lee on their promotion to 2nd Dan Aikido.



COACHING SERIES

No. 4

J. HICKS

When I started Judo in 1947, games would generally have been thought out of place in the serious atmosphere of the Dojo. I can even remember a slight feeling of shock when Mr. Leggett talked about "playing Judo" and A. Grabher's high-pitched shriek of laughter that echoed in the Dojo like fireworks in St. Pauls. Times have changed since.

Most Dojo's in Great Britain now cater for a wide variety of players, from Olympic hopefuls at one end of the scale to schoolboys and once a week casuals at the other. The diverse requirements of these players, together with Judo's increasing involvement with education, in exercising the need for proper training to be really technical should include as much enjoyable activity as possible. The fact that Judo is a great game in itself must not be forgotten, and this can often be underlined by placing it under the context of lively physical education. The playing of actual Judo is the first lesson and the inclusion of games as the natural part of club sessions is due almost entirely to the revolutionary teaching of the National Coach, Geoff Gleeson, and a lot of my ideas have been pinched from him. In order to enlarge his range, a coach should teach ideas, but he must do so critically and not fail to use his own imagination. The following thoughts in games I offer as a basis for invention. Games can be thought of on two levels:

- (a) A complete change of activity which refreshes the class whilst still keeping them alert and vigorous. The principal is that there is no

Continued On Page 38

A GOODWILL TOUR

RAYMOND ROSS

Directly after the Olympics five goodwill matches were arranged in various parts of Japan. All the Olympic competitors were invited, but unfortunately only a few were able to make the tour.

However, this was anticipated by the officials, flight schedules being so tight. In addition to the Dutch, Korean, German and Philippine teams, a number of foreigners training at the Kodokan were invited to take part. Two individual Olympic players did make the trip: Ford (Australia), who is going to stay one year in Tokyo before returning home, and Huang of Taiwan, a student at Osaka University.

The first match was in Amagasaki, one hour from Osaka, well-known for its Takarazuka "Girls Revue." All the players travelled by plane except the Dutch, who preferred to go by the "Hikari" express. 500 miles in four hours! This was a two-day event: the first day being a tournament with gold medals, etc., the second day a team match of foreigners v. Japan.

The only excitement on the first day was Geesink refusing to continue into the next round after beating Kato, a 4th Dan, by Osakomi in 4 m. 30 s. The reason apparently being that he was not interested in fighting three or four contests each day. He reminded them that it was a "goodwill contest," and that he had stopped training now the Olympics were over.

Ford (Australia), although a lightweight in the Olympics, sportingly went heavyweight to make the number even. He lasted 4 m. 30 s. before succumbing to Kesa Gatame.

From the British camp, Woodhead had a win, yusei gachi, over Von Kuilenburg, 2nd Dan (New Zealand). Ross the same over Ruskar, 2nd Dan (Holland).

The team contest consisted of 20 men on each side. The winners for the "World" side were Fisher (Germany), Romanath (Germany), Glahn (Germany), Woodhead (G.B.), Ross (G.B.), Geesink (Holland). Geesink duly captained the team and won a decision over Nakano, 4th Dan. Geesink met an imported judoman on each occasion.

Following Amagasaki was Tenri, a university town where Hoffman (Germany), Sudre (France) and Ross train. It was noticeable that these three each received a high school boy as opposition!

A team event again, winners besides the foreign "locals" were Rebuyan (Philippines), Kim (Korea), Glahn (Germany), and Geesink (Holland). This time Geesink beat Hasagawa, 5th Dan, one of Japan's leading judomen, quite easily with yokoshio-gatame after about three minutes.

After Tenri, a day was spent appreciating the beauty of Nara Park and Kyoto. Then another J.A.L. flight to Fukuoka City in Kyushu. Here there was more

"feeling" in the air probably because Sakaguchi, the 6 ft. 5 in. giant, was to meet Geesink. Many Japanese believed Sakaguchi, 4th Dan, should have been in the Olympics instead of Kaminaga.

Once again a team contest, our winners being Geddes (Canada), Hoffman (Germany), Glahn (Germany), Ruska (Holland), Gouwelleeuw (Holland). Geesink took hold of Sakaguchi and immediately threw him with Okuri-ashi-barai. Although he landed off the mat, it must have been a long time since Sakaguchi has been thrown so high. He was unable to continue for a minute or two. Half-way through the contest, Geesink timed a Sasaetsurikomi-ashi beautifully to score waza-ari. The contest finished with Geesink looking more likely to score again than his Japanese opponent.

Nagoya brought about our heaviest defeat. Twenty contests and only one win for us, no need to say it was Olympic champion Geesink who saved us from being completely disgraced. He scored ippon once again in newaza, this time against Majijima, 4th Dan Mitsubishi Steel. More embarrassing was that the hosts had half-a-dozen statuettes to present to the winning foreign players. They managed to dispose of them by awarding them to the foreigners who had drawn their matches: Matos (Portugal), Gouwelleeuw (Holland), Ruskar (Holland), Ross (G.B.). Each received his magnificent prize with blushing cheeks.

Nagoya was the only city which fielded a team of locals—although this didn't help us very much.

The last meeting, which was a tournament, took place in Sendai, a city in the Northern part of Honshu. The foreign team had now covered nearly 3,000 miles.

Glahn of Germany and Ruskar of Holland, not seeming to be suffering from travel fatigue, won gold medals in the open and heavy classes. Glahn scored a wonderful point Ura-nage on Yamamoto, 4th Dan Meiji University, in the final of the open. Ruskar then did exactly the same thing on Kim of Korea in the open final. The open final and presentation was held prior to the heavy because Glahn and the rest of the German Judo team had to catch a plane for Haneda Airport, where the rest of the German Olympic Team were waiting to leave for home.

Geesink did not participate but gave a display of nage waza and also refereed some contests.

The foreigners did quite well in Sendai. Hoffman (Germany) and Woodhead (G.B.) won bronze medals in the middleweight category; Park (Korea) won a silver, and Romanath (Germany) a bronze in the lightweight division.

Woodhead had hard luck in the middleweight semi-final against the eventual winner, Tomita. One judge gave "red" and the other "white." Unfortunately, the referee's hand pointed in the direction of the Japanese player.

One thing that stood out during the tour was how fast (excluding Geesink) the foreign heavyweights are catching up to the Japanese. The power of Ruskar and Glahn being more than a match for the waza of their lighter opponents.

The Snijder brothers (Holland), although not winning their contests, looked very stylish. They intend to spend three months' training at Tenri University. This should really put the edge on their Judo.

Altogether, this proved to be a profitable tour in regards to both experience gained and presents received.

Authentic Karate Exponent

Arrives in London

LONDON CORRESPONDENT

Recently, Robert William Boulton, returned to this country after spending three and a half years in Japan studying Judo and Karate.

Bobby Boulton, as he prefers to be called, was a leading member of the L.J.S. Junior department,

before at the age of seventeen years, he embarked on his long journey to the other side of the world.

He certainly did not waste his time in Japan, when he left this country he was a 1st Kyu, he now returns with his 2nd Dan at Judo



and 1st Dan at Karate. His Judo training was mostly confined to the Kodokan and Nichidai University. Karate was learnt under Masutatsu Oyama at his Kyokushinkai dojo. Bobby proved to be an apt pupil at both Judo and Karate and he is the only person in this country at the moment skilled in both arts to such a high degree.

His present plans are to continue his Judo training at the L.J.S. and he is looking forward to entering the British Team selection contests in the New Year in the Light-

weight category but the most important part of his future programme is the establishment of a Karate department at the L.J.S. Mr. George Chew and Mr. Eric Dominy are both enthusiastic over the new project and a series of beginners classes are being arranged immediately.

The accompanying photographs show Mr. Boulton demonstrating some of the hand and foot movements used in Karate, and the splitting of an inch thick piece of wood held by Mr. Chew, a sure sign of his ability.

Japan in the Age of War

PART TWELVE

by Roald Knutsen

Readers will recall that in the September issue of this magazine we left the samurai Torii Masayemon about to stand a siege in his mountain fortress high on the flanks of Mount Aka in Shinano province. We continue where we left off.

With the sunset on the third day came the van of the main Kiso force, by midnight their watchfires covered the lower slopes with a myriad red eyes, all balefully looking up at the Aka-jo above.

More samurai in armour trudged up the vile paths to observe the fort. A group reached the eastern ravine but soon descended out of shot range. They even tried to

climb the west cliff but found it impossible. So they sat down and waited and did nothing. Inside the walls the garrison carried out their customary duties, or practised arms exercises all day. In this manner the days passed with comfort within and hardship without. July came without any move on the part of the enemy but he was becoming restive. The communications were so bad and the terrain so difficult that in the end the Kiso commander was obliged either to attack or to raise the siege. There was no alternative. Furthermore Oda Nobunaga had resumed his offensive in Mino and the Kiso required their men in that quarter to deter further attacks. So a general assault was ordered on the

morning of the seventeenth of the month.

For two hours troops of bowmen and infantry toiled up the narrow tracks by the swift stream, up past the waterfall, to draw up in a solid mass on the barren slope facing the ravine. The crows from all the countryside seemed to sense a battle and were gathering in flocks overhead filling the air with their harsh croaking.

Gengoyemon brought up many sheaths of arrows and gave each Bowman two quivers full beside his loophole. Every samurai within the walls had waited for this hour, each knew his task. Every jar and bucket was filled with water and brushwood brooms were placed in case of an incendiary attack. The reserves were ready on the quiet plateau, resting in the shade of the beautiful trees. Masayemon sat with Heihachiro on the platform of the inner gate from which he could see the ravine and the action below. He was wearing his best armour, a fine *do-maru* laced with dark green silk, and *eboshi*. At his side was his own katana. Heihachiro wore a fine *yoroi* trimmed with bear fur; a sombre black armour. He, too, wore *eboshi*, but carried a great warbow fully seven shaku in length and a full quiver of twenty-four eagle-feathered arrows. Miki in a full black armour and *kabuto* with *o-sode* stood a little apart with his officers of the upper fort.

The enemy could not see the castle clearly because of the foliage, all they could see was the grim heights to scale before they could assault the walls. The exposed track was very stark. The more men came up the path from the encampments, the tighter packed they grew. Sweating samurai went hoarse marshalling their divisions into some kind of order.

Masayemon turned to his friend. "I think it's time that we began this, Sir Heihachiro. Kindly put a signal arrow into the crowd."

Although the range was great, the height of this tower increased the distance an arrow would carry, even though the enemy stood no chance of replying. With the formality of the archery field Heihachiro took out a fine horn whistling arrow and fitted it to the bow. He lifted the red lacquered weapon above his head and calmly drew. The moment his left arm was level with his shoulder he loosed, and above the twanging bowstring came the shrill wine of the long arrow as it sped far out over the ravine curving down towards the thickly spread Kiso. There was silence while it was in flight; the troops, ever superstitious, gazed at its flight. It struck a samurai full in the mouth. A great shout went up from the fort answered by a groan from the enemy as the man tottered and fell back into the arms of his companions.

"Good. That should set things moving," said Masayemon.

"A fair shot," was all Heihachiro had to say. He looked down. "They are coming, sir."

Shimizu Okodate and Gengoyemon walked calmly up and down the wooden platform behind the waiting bowmen. Every man understood that they were not to shoot until the order was given. No man would have dared with the enormous bearded samurai to reckon with afterwards. He was a veritable god of war as he towered over the wiry Okodate, fully one and a half shaku the taller.

"Sir, the ashigaru and the bowmen are advancing," a look-out called out. Gengoyemon moved to an embrasure. About a thousand men were leaving the Kiso and climbing fast towards the fort up



the small valley. The bowmen came along the path beneath the cliffs, while the assault divisions clambered up the stream among the boulders and rocks. They dragged masses of rope and grapnels with them to hook to the walls and climb in.

Gengoyemon waited patiently for the leading bowmen to reach the gate. He bellowed the order to shoot and two hundred arrows sped down at the exposed men. A second flight followed, and a third. The stricken enemy quailed before this deadly hail, it was impossible to miss. With hardly a shot in return the archers leapt down into the ravine to find shelter below the defenders angle of vision. They left many a feathered corpse on the track or among the rocks. Meanwhile the infantry column had clambered well up the gully, the leaders cursing the bowmen for cowards.

Okodate had posted all the matchlocks he could in the left tower at the gate. These men could see down the length of the gully. Twenty men took aim at selected targets; carefully they fired in a volley. Before the smoke had cleared the second group of twenty took their places at the embrasures and fired. Twenty bowmen at the loopholes, finely grouped arrows placed into the packed enemy. The first matchlocks were ready again; time after time the process was repeated for ten long minutes, the sweating, powder-blackened Okodate shouting his orders. He called a pause. The execution was tremendous. Fifteen volleys had left heaps of bodies which damned the small brook. The arrows, aimed a little higher had taken the Kiso at the rear. Numbers of the bodies were wounded about the face and neck. The survivors fled as fast as they could in a cloud of whirling shafts. They left behind three hundred dead and wounded. But the slaughter did not end there

for Gengoyemon's archers wreaked more destruction as the retreating warriors came scrambling down the ravine in that precipitate flight.

The second Kiso attack was launched almost immediately to draw off the concentration of fire on the first wave. A horde of samurai stormed up the rocky bluff above the waterfall in an attempt to force the ramparts at that point. A steady covering barrage of arrows came from bowmen at the end of the approach track aimed at the loopholes to prevent the defenders answering. Okodate's musketeers came running to this place where two small outjutting walls had been constructed especially against this form of attack.

As the first of the enemy reached the walls they were shot at by sharp shooters well inside the embrasures who fired from small slots. Arrows zipped through the slits without doing any harm. The slope below was very steep and a difficult climb for men in full armour especially under fire. Gengoyemon waited for most of the enemy to shoot a volley then yelled at his men to loose. The bowmen at the corner were decimated, so close was the range and so little shelter. Now it was the defender's turn to control the shooting. Every enemy archer who dared to raise his head was shot down. The musketeers halted the attacking samurai, the bowmen drove them back over the cliff edge. Many legs were smashed in that retreat made in full view of the angry Kiso General and his officers.

There was no more action that day. The Kiso sat in the hot sun, their leaders holding council. Every man who came up the waterfall path risked a deadly arrow as the growing heap of bodies in the ravine below the fall testified.

The moment that dusk fell and

black shadows filled the approach gully, Masayemon sent a party of skirmishers out to recover all the arrows they could, both enemy and their own. The haul was several hundred. Some of the attackers had precious matchlocks. Twenty of these were captured. The dead

were dragged down the gully from beneath the walls to minimise the risk of disease in the fort. A strong Kiso patrol tried to interfere but were driven off. The skirmishers withdrew leaving the enemy camp a turmoil of shouting officers and men.

MEDITERRANEAN NEWS

S. A. BONELLO

Malta. In Malta, Judo clubs as such do not exist, but Maltese heavy athletics clubs which are organized on the same lines as those of nearby Italy, incorporate Judo together with other sports such as Bodybuilding, Wrestling and Weightlifting.

Recently I took the opportunity to visit the Hamrun Physical Culture Centre, where Judo is very popular and is taken very seriously. Instruction in our sport is given by the Club Secretary, Mr. Emm Grech Muscat, who is also a member of the British Judo Association. He is ably aided by Mr. Peter Gorman, an Irishman, who happens to be stationed in Malta. Judo training is done three times a week, on Mondays, Wednesdays and Fridays.

The Hamrun P.C.C. was founded five years ago, to be exact, in November 1959, by Mr. John Grech Muscat and his son Emmanuel. Mr. Grech Muscat senior has been the club's President since its foundation. The club premises are housed in the spacious basement of a local band club, but the Hamrun P.C.C. and the band club function separately. A very large room serves as a gymnasium, while other smaller rooms are used as a store, office and dressing room.

Recently four club members gave a demonstration of Judo and self-defence as part of a sports programme held at a leading stadium.

Italy. A Judo group has recently been formed in the Italian Customs and Excise Force for the purpose of taking part in all competitions organized by the F.I.A.P. Young Italian customs personnel are also taught self-defence which they later on find very useful when encountering smugglers on the many Italian borders with adjoining countries.

Sgt. V. Porceddu has been appointed to instruct the new group. The sergeant is a very experienced man, he received his first judo lessons from his father, himself an instructor for over forty years, later he was instructed by Maestro Betti Berruti, a noted Italian judoka, and lastly by Dr. Noritomo Otani, 6th Dan, of Tokyo's noted Kodokan.

No less than 48 judokas have been selected for Italy's national team during 1964. N. Tempesta, one of Italy's two Olympic representatives, topped the list with 15 caps. Second and third respectively in the list were R. Polverari (8) and D. Baccianini (7).

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COACHING SERIES No. 4. Continued from Page 27

better rest than a change of work. Under this heading the coach can make use of any local conveniences. Well! you know what I mean.

1. Grass may invite barefoot running games and the introduction of a ball can add unlimited possibilities (foot baths before starting Judo should be completed as quickly as possible).
 2. Water can provide a dip before practice, also relay races, diving, tumbling and ball games.
 3. If a club meets in a Gym, basket-ball and volley-ball facilities can easily be exploited and the added space can improve dojo games like tag relay, relays and horse and rider. The main point is to devise simple games with few rules, invariably explanations waste time and can extend into an end in themselves, and this is not the idea. This type of activity should only be a small part of a class or course, but can be a useful addition to the coaches "bag of tricks" used to keep the players happy, active and surprised. A good teacher should be a little unpredictable.
- (b) Games which can be used much more often are those which can be closely linked with lessons, and can merge into special sorts of training. They can provide a psychological break whilst still contributing directly to the acquisition of Judo skill under this heading:
1. Fighting games—other wrestling styles such as Sumo, Cumberland and Westmorland often encourage players to invent better Judo techniques when playing Judo, perhaps because they are still unprejudiced.
 2. Hand boxing games with limited targets sharpens the action and creates new patterns of movement.
 3. Pushing and pulling can promote right use of the power curves and develop evasive body movements.
 4. Relays based on unusual progression action on the mat can utilize somersault and cartwheel escapes from techi-waza and ne-waza.
 5. Judo played with handicap not only helps the lower grade, but taxes the ingenuity of the higher one. Left-hand side only is the more obvious source of handicap, but you can contrive effective ways of taking away the use of one or more limb, if this does not produce some fiendish laugh try two or three versus one at the same time.

I have deliberately avoided going into great details so as to leave something to the reader's imagination. If you let a dog dig up his own bone he not only enjoys himself, but he sometimes unearths treasures of whose existence you were unaware.

MARCH

6th	N.H.C. AREA PROMOTION EXAMINATION	Bedford
6th	CIVIL SERVICE CHAMPIONSHIP	London
6th—7th	JOINT MEETING TECHNICAL BOARD & COACHES	London
7th	N.E. AREA CONTEST TRAINING	Hull
7th	MIDLAND AREA JUNIOR TEAM CONTEST	Birmingham
7th	N.H.C. COACH AWARD & INSTRUCTORS COURSE	Reading
7th	MIDLAND AREA DAN EXAMINATION	Midlands
9th—14th	NATIONAL COACHES VISIT	Scotland
13th	MIDLAND AREA PROMOTION EXAMINATIONS	Midlands
14th	MIDLAND AREA YOUNG MENS CONTEST	
	COURSE	Smethwick
14th	N.E. AREA PROMOTION EXAMINATION	Leeds
14th	N.H.C. COACH AWARD & INSTRUCTORS COURSE	Dagenham
16th—21st	NATIONAL COACHES VISIT	Northern
21st	N.E. AREA COACH AWARD COURSE	Bradford
21st	N.H.C. COACH AWARD & INSTRUCTORS COURSE	Bedford
26th—28th	PERSONAL PROFICIENCY, COACHING & KATA	
	COURSE FOR WOMEN	Lilleshall
27th	LEICESTER-JUDOKWAI SPRING DANCE	Leicester
28th	N.H.C. COACH AWARD & INSTRUCTORS COURSE	Oxford

APRIL

4th	ANNUAL GENERAL MEETING BRITISH JUDO	
	ASSOCIATION	London
6th—11th	NATIONAL COACHES VISIT	N. East
11th	N.E. AREA PROMOTION EXAMINATION	N. East
24th	N.E. AREA ANNUAL GENERAL MEETING	Bradford
25th	JUNIOR TEAM CONTESTS	Leicester
27th—2nd May	NATIONAL COACHES VISIT	West

MAY

12th—17th	NATIONAL COACHES VISIT	N.H.C.
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JUNE

4th—7th	ZADANKAI	Lilleshall
15th—20th	NATIONAL COACHES VISIT	N. Ireland

JULY

6th—11th	NATIONAL COACHES VISIT	South
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OCTOBER

2nd	4TH WORLD CHAMPIONSHIPS	Rio de Janeiro
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NOVEMBER

5th—7th	PERSONAL PROFICIENCY COURSE	Lilleshall
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