

JUDO

THE NEW MONTHLY
MAGAZINE

FOR JUDOKA

BY JUDOKA

JUDO

VOL. 1

JANUARY 1957

No. 4



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THIS MONTH'S COVER

An example of the demonstrations put on by experts at frequent intervals on actual Club premises to which the public are invited. The illustration shows Trevor Leggett, 6th Dan, in action at The Budokwai, London. Further pictures of this Club will be found on pages 24 and 25.

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JUDO

**JANUARY
1957**

VOL. 1

No. 4

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*Editors: G. A. EDWARDS, F.C.C.S., F.I.A.C.
A. R. MENZIES*

Technical Adviser: T. P. LEGGETT (6th DAN)

Advertising Manager: A. H. MATTHEWS—Telephone: ABBey 1049

EDITOR'S OFFICE

PHONE : CROYDON 0200

Now that we have issued four numbers of "JUDO" we begin to feel more ambitious, and consider that we are in a position to handle the distribution of the magazine ourselves. Will all readers therefore please note that in future this magazine can only be purchased direct from us (or your Club Secretary at no extra cost), and the B.J.A.; and this is the last number you will be able to buy from your newsagent. A subscription form will be found on page 45 if you wish to obtain direct.

This is an important decision on our part, involving a considerable amount of work; and is only made possible by the increasing popularity of the paper. We are prompted to adopt this procedure by the fact that we lose entirely that personal touch when selling to unknown people through newsagents—apart from the most important consideration that we never know just how many copies to print each month. Also, we still receive many requests for issues from readers who say that they have been unable to obtain locally, and every day many are sent off in this way. We might, therefore, just as well do the lot.

The one disadvantage is that we shall lose the casual sales from people who merely buy just because they see the magazine on sale somewhere, but we are of the opinion that this is not considerable. The general public are kept well informed of the progress of our art by frequent press reports, television shows, displays, etc., etc., and to-day there are some 400 clubs all over the country where "JUDO" can be bought. In this connection a letter was recently sent out to all Club Secretaries expressing our willingness to supply any required number of copies, thus enabling members (and others) to still purchase locally each month at 2/- if direct subscriptions to us are impracticable. Furthermore, you will be helping your club, and the Secretary can supply details.

It is sincerely hoped that no one will be unduly inconvenienced by our new method of distribution, as we cannot imagine any better way of making quite sure that Judoka automatically get their "JUDO."

* * * *

A far more important and disquietening matter has been brought to our notice by a reader, so much so that we feel compelled to print his statement in full elsewhere in this issue—although, of course, we cannot vouch for the facts. We have certainly heard of the existence of other bodies who, amongst other things, try to imitate the British Judo Association, but *none* have any authority (except their own) in this country; and the gradings they award are not recognised here except between themselves.

Should the state of affairs as outlined by our correspondent indeed be true, then these bodies can bring nothing but discredit and confusion to our sport—both to the public at large, and new members who are innocently led to believe that their gradings and status have the same

significance as those awarded by the accepted ruling authority, namely the B.J.A.

In common fairness we think it most desirable that a full investigation by a competent authority be made into the activities of these bodies, and the findings published.

* * * *

The many cards and letters received from clubs and individuals at Christmas were much appreciated.

JUDO FOR JUNIORS

Television gave us recently one of the finest instructive demonstrations of Judo seen for some time. What a pity it was confined to children's hour.

So successful were Mr. Leggett and Mr. Palmer that the British Judo Association received over 2,000 letters asking for further information. Today's youngsters are the Black Belts of tomorrow, and we strongly urge every Club to give full facilities to the teaching and training of juniors. We understand from the B.J.A. that a large number of Clubs are not able to cater for these youngsters; so we would ask that all Clubs who **do** undertake this work please advise us or the B.J.A. so that the necessary information can be passed on to enquirers. We would be pleased to publish such a list, as we consider this subject of extreme importance to the future of our movement.

The display was one of a series—watch out for the others!



Toss you for it?

Basic Principles in Judo (4)

T. P. Leggett (6th Dan)

Last time we studied how even an untrained man can easily twist a stick out of the grip of a strong man who is holding it with outstretched arm. This month we are taking another weak point of a straight arm.

Get a big friend to hold his fist out, like the man on the left in Fig. 1. Let him brace

himself. His aim is to keep the fist still; your aim is to move it. First try pushing it back at him. You won't make much impression, even with your whole weight. You will find you can do a little better by not pushing at all and suddenly giving a quick thrust. You don't get so much force into it, but as against that he cannot get fully set to meet it. This is really a side glimpse of another important Judo principle, that small-but-fast is often as good as big-but-slow.

But the proper use of the quick push is to make it *at right angles* to the arm you want to move. Rest your finger on the fist as in Fig 2. Abruptly push it down. You can easily move it several inches before he can resist. You don't have to use much force, but your moves must be unexpected and *sharp*. You can poke his fist freely up or down, from side to side, how you like, so long as you do it at right angles and not in the direction of his arm. Once that happens, he can get his body into it and resist with his weight. So the rule is: when you want to break the grip of a straight arm, attack it at right angles and not along its length.

As a practical example, take the direct attack on the throat (Fig. 3), first popu-



FIG. 1



FIG. 2



FIG. 3



FIG. 4

larised—if that is the word—by the thriller novel. Generally the victim here “clutched unavailingly at the relentless grip” before sinking limply into a pit of blackness. This means that he was simply trying to pull the hands off, and push them back in the direction they came from, i.e., along the line of the arms. This as we know is attacking them at their strongest, and instead we should attack their weakness, namely the direction at right angles. Even an untrained man can break the throat strangle of Fig. 3 by putting his hands under the wrists, stepping and leaning back abruptly and then pushing sharply *upwards*.

The Judo man would make a more scientific attack, on the elbows, holding the sleeves and bending the knees slightly. Then by the complicated turn called in Judo Tsuru-komi-goshi, or Lift-pull-Hip throw, he carries one of the elbows up and the other down, at the same time twisting his neck out of the grip (Fig. 4). Now by straightening his knees and a few other technical niceties he throws the opponent right over, perhaps—if the would-be strangler doesn't know the Judo break-fall—into a pit of blackness.



FIG. 5

THE BRITISH JUDO ASSOCIATION

George Blackmore, Hon. Sec. and Registrar



WELL, and what did you think of my photograph? One lad, when asked his opinion in the office, said "Yes, quite good, but it's too dazzling!" How right he was. I haven't seen the top of my head for some years!

By the time you read these notes a new year will have commenced; the year 1957. We hope that it will be another year which will give more time for Judo and its development and organization.

We begin this New Year, unfortunately, with "goodbyes" to some Judoka. Our fine friend and excellent Judoka "Pepper" Stepto (3rd Dan) leaves us for Japan. He actually sailed on 28th December. He is going under his own steam, and I learn

that he has saved enough cash to keep himself in Japan for two years. I prefer to know "Pepper" as the Judoka who never wears a soiled suit on the mat, and he should prove an excellent ambassador. We say "Bon voyage", and may you enjoy your journey to the land of Judo peoples. Don't forget us at home, we shall welcome a few lines to let us know how you are getting on.

Later in January our old friend Ian Morris and his wife leave for Nigeria. Quite a Judo team this, to hit the wilds of Africa; Ian is a 2nd Dan of long standing, and his wife, Kay, is a 1st Kyu. We wish them Godspeed on their journey. I learn that they have provision at the end of their trip to practise Judo.

Also leaving us is Mr. D. S. Blackman, late Hon. Sec. of the E.M.I. Judo Club, who is going to Australia. He is a 2nd Kyu, recently regraded. We wish this Judoka a happy journey, and hope that he finds himself able to continue his sport "down under". We would like to hear from you and to know that you have arrived safely.

At the first meeting of the new Executive Committee after the A.G.M., Mr. G. R. Gleeson (4th Dan) was invited to take over the post of National Coach, following the retirement of G. K. I am happy to say that Mr. Gleeson has accepted. Quite a job, this, and not one to be sought after, as it means journeying to all parts of Britain. Thanks, Geoff, for helping to promote Judo nationally. Incidentally, he is also a member of the National Grading Panel, and a member of the Executive Committee. Mr. Gleeson has spent three years in Japan, studying at the Kodokan in Tokyo, and is therefore conversant with the up-to-date

coaching techniques. He is also captain of the British team. I would like to mention that Mr. Gleeson is to be the Instructor on both Lilleshall Courses, details of which may be found on the inside front cover of this magazine. These courses, I believe, are good fun, as well as being instructive, and to get on them you have to apply early, and by that I mean now.

The Bisham Abbey Summer Course is to have Mr. C. S. W. Palmer (4th Dan) as Instructor. "Chas" (as we know him) has also spent three years in Japan at the Kodokan. He is also the Hon. Secretary to the National Grading Panel and chief delegate of the Association to the European Judo Union.

I would like to mention the Festival of Judo which is to be held at the Royal Albert Hall, on Saturday, 26th January. This display is organized by the London Judo Society, and we are all looking forward to a fine display of Judo.

May I, in my capacity as Hon. Registrar, thank all club secretaries for their great help and co-operation with regard to records during 1956. I hate plugging this, but please *do* send us the addresses of all new members. You appear, in many cases, to forget this detail which to us is very important. There are so many record cards now that the address is most helpful in identifying people. The best means of identification is, of course, for clubs to add numbers to the Club Index Letters given. Some clubs have already done this.

A few clubs are still not in favour of the new Block Fee as Annual Subscription. The trouble seems to be that they want to know what they are going to get back for the extra money they have been asked to pay. Unfortunately, we are not able to do much without money these days. The B.J.A. has undertaken to send two members of the National Grading Panel to all Areas a maximum of four times a year for instruction and the grading of Black Belts. This is going to cost an estimated £600 per annum, as it was agreed that B.J.A. should pay all travelling expenses and instructors' fees. This is only one item of expenditure, and an extra one at that. If all clubs pay the five guineas we can do this without sacrificing our other ambitions, which are to have bigger offices and paid help. These notes are being written on Christmas Day!!! Why? Because we feel that it is necessary that other work, YOUR work, comes first. The offices of B.J.A. are kept open now by people who give up all their spare time to you for your pleasure. If you don't believe me, come and see for yourself, as many people have already done.

I would also like to thank all those many Judoka who have so kindly sent us Christmas cards and cheery greetings.

In my capacity as Honorary General Secretary of the B.J.A., I send greetings to all Judoka wherever they may be.

ADVICE from SHAKESPEARE

A most important literary discovery has been made at Reading. It is nothing less than a previously unknown work of William Shakespeare on Judo! This of course disproves the popular conception that Judo arrived in this country only a few years ago. This priceless classic, which is published below, was discovered by Mr. K. Forman of the Reading Judo Club. He intends to offer it to the British Museum for the benefit of posterity.

PRECEPTS TO JUDOKA

by William Shakespeare

From far Japan, from Isles of Nippon,
Where sun-rayed banners flout the sky,
Hath come this art, this craft of Judo.
To enrich our manhood, who now disport upon the greens,
Our Dojos multiply, and to them comes
The full tide of England,
Athirst for knowledge, the coveted belts which to attain,
Unfathomed hardships nobly bear,
And leeches run with unguents rare
For broken pate and battered toe
Of unarmoured Hector, who for laurels strive;
Uneasy lies the head that wears no crown.
My blessings on thee, and these few precepts for thy memory:
Beware of entrance to a combat, but being in,
Bear't, that the opposed may beware of thee.
Take each man's measure, but reserve thy judgement,
Full many a wolf as lamb is garbed.
Though sorely buffeted, give thy thoughts no tongue,
Nor any unproportioned thought his act.
Give each man thy hip and grapple him to thee with hoops of steel,
And bend thy knees that he may take
A fall from thy accomplished kake.
Attend thy breakfall, practise it with care;
Of those who practise not, I could a tale unfold,
Whose lightest word would harrow up thy soul,
And freeze the very marrow in thy bones.
And this above all, to Tsukuri and Kake be true,
And it follows as the night the day,
That he opposing will surely fall,
As Caesar fell in ancient Rome.
Dull not thy palm with entertainment
Of each unhatched, unbelted comrade,
Nor air thy wit, saying: "Dost thou fall upon thy face?
Thou wilt fall backwards when thou comest of age,
Wilt thou not?"
Nor laughter brush thy lips at his disaster,
He jests at scars who never felt a wound.
And lastly this—Be not faint of heart,
But diligently thy studies pursue,
Let not the native hue of resolution
Be sicklied o'er with the pale cast of caution,
Lest enterprises of great pith and moment
Their currents turn awry, and lose the name of action.

THE NOT SO GENTLE ART



WHISPERS IN THE WIND

WHAT a difference the letter "s" can make! Let me explain. In my column in the December issue the printer omitted this important letter from the end of a word which I used. My manuscript read "Eight ladies have attained Black Belt grade during the past years," not year. In actual fact these grades have been awarded over the past twenty-four years, which, as you will see, makes quite a different story!

A letter from J.S., of Croydon, asks for details of these ladies' awards, and I have answered this letter personally, giving the information required. I feel that perhaps the names of these ladies should not be published without their prior consent.

Another letter from J.B., of Huddersfield, gives us the interesting point of view of an older Judoka. He writes "I selected Judo to keep me fit, and I am nearly fifty, and I must say that it does the job really well. I have made a few enquiries of people I have come into contact with practising Judo, of both sexes, and they say that the increase in violent crimes, especially those of mentally unstable persons, has prompted them to seek a suitable and effective method of defence." He concludes by saying that "most people, having taken up Judo, find that it gives them more confidence to face the everyday trials of life."

I read with interest in the column of A.J.A. notes that a Mr. Dingwell, of New Zealand, is purported to have said in a letter to this body, that there are too many people in the Judo world who only seek the power and self-gratification and do not care about what might happen to the Judoka who keep the sport going throughout Britain. My comment is—how does he know what happens in this country until he finds out from the bodies concerned? The A.J.A. membership includes a number of people who have just been waiting for an Association that would give recognition to their egoism in preference to their skill in Judo. Several Judoka have tried to claim Dan grade and have been proved *on the mat* to be unworthy of the grade. The B.J.A. only recognises skill in practice, theory and fundamental principles of teaching, *not* people who try to build themselves up to be what they are not.

I read further in A.J.A. notes that tears of sorrow are falling on behalf of the poor people who are suffering because they are being decried in their efforts to practise Judo, the reason being Judo politics. Let me say quite definitely that there is no such thing as Judo politics. Judo in Britain has flourished since the war only because of organization and the maintaining of the set standard. There are, of course, some people who do not make the grade, and these are the folk that see reason to decry the efforts of the B.J.A. The A.J.A. was formed by a few people, not by a meeting of club representatives. They started off as an association of individuals, and then, without (apparently) an Annual General Meeting, they started to give affiliation to clubs. Speaking constitutionally, how can this be?

The B.J.A. does not bar anyone from practising Judo anywhere. They certainly do not interfere with clubs and neither do they have any desire to do so, although they are often asked to give advice in club matters. When people complain, if they do, about regulations regarding grading, then they should look to their Judo practice, not to the rules. If anyone can run an organization without rules and regulations, then he is a clever man. Just imagine the Cup Final being played without any effective rules!

Incidentally, members of B.J.A. clubs wish to know why certain Judoka, after having been graded by an A.J.A. Black Belt, were told that they must not enter into contest, or practice with B.J.A. graded Judoka.

Be wary of the man who tells you that there is such a thing as "red tape". He probably invented that phrase!

This column wishes you long hours of happy Judo for 1957.

Veritas

CORRESPONDENCE

The Editor invites letters on any topic whatsoever for publication. Anonymous communications cannot be printed; but, if requested, names and addresses will not be shown.

1st Dan in One Easy Lesson.

Sir,

I am a Black Belt. I have a card, officially signed, which says that I am a Black Belt, 1st Dan.

I am qualified to grade other judoka. Qualified to instruct. Qualified to charge for those instructions.

Yet only once have I stepped onto the tatami. And that was not to do judo.

I achieved my 1st Dan without sweating, struggling and straining on the mat. I achieved my 1st Dan simply by writing half-a-dozen words, signing my name and sending off a postal order for 5 shillings.

So obviously I can have no pride of achievement in my Black Belt. In fact no pride of any sort.

Merely a feeling of disgust—yes, I think disgust is the right word—that such a great sport as judo can be abused so freely and so easily.

Because it is a shocking indictment against this particular ruling body of the sport that anyone, absolutely anyone, can call himself any grade he likes. At a cost of five shillings.

I did not become a false Black Belt for personal gain or fame—which others might.

I did it merely in the hope of showing the ruling body that they must tighten up their organization.

And in the hope of showing rank and file judoka that, at least, until that organization is tightened up they should realise that the only grades worth anything—other than a postal order—are those awarded by the other body, the B.J.A.

Having said that, my career as a Black Belt is over. My badge I have handed to a responsible person for safe-keeping. My grading card I shall keep as a souvenir—not of my judo ability, but of this letter.

Yours, etc.

(The Editor does not accept responsibility for views expressed by correspondents, and does not necessarily agree with statements.)

What better New Year Present for a friend than one of these books?

We will send direct (if you give us names and addresses) with a Greetings Card.

FIGHTING SPIRIT OF JAPAN

E. J. Harrison

25/10 post free

Originally published in the early pre-war years this book has been reprinted and brought up-to-date by the author. Containing many illustrations of the old Judo masters and other famous exponents of the Japanese martial arts, this book covers, in E. J. Harrison's own inimitable style, such subjects as Karate and Aikido, Fencing, Wrestling and Japanese Sword Dancing, Bujutsu, Bushido, and many other ancient Japanese arts, besides dealing exhaustively with various aspects of Judo and Judo training. There are many stories about old Japan and the masters of various martial arts. No Judoka should be without this vastly interesting work.



JUDO

M. Feldenkrais

7/11 post free

Reprinted six times this text book is one of the most popular books ever written on the art of Judo. Mr. Feldenkrais a well known author and Judo exponent has divided his work into an introduction and nine lessons, each lesson (except the first one or two which deal with breakfalls), describes throwing and ground-work techniques illustrated with line drawings. Each lesson is complete in itself and makes reference to any of the techniques very easy. Primarily written for the beginner it is of great interest to the more advanced student as well.

THE MANUAL OF JUDO

E. J. Harrison

10/- post free

The author of this book obtained his first Dan at the Kodokan in 1904, and has since then been intimately connected with Judo here and abroad. In this work he has drawn upon his vast experience to explain and teach the fundamentals of the art. Copiously illustrated with line drawings and photographs this manual covers the history of Judo and continues with a concise and easy to read description of selected throws, groundwork techniques, attacking vital spots, etc. Several relatively unknown methods are explained which should prove useful to the keen student.



JUDO FOR BEGINNERS

E. J. Harrison

3/9 post free

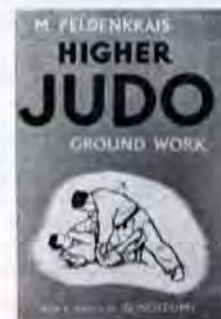
Especially written for the novice. All the basic throws and groundwork techniques are described, with comprehensive line drawings illustrating the finer points. Several chapters are devoted to grading procedure, exercises, breakfalls, hygiene, free practice, and contests, etc. This book gives a first class introduction to the uninitiated in the art of Judo.

HIGHER JUDO

M. Feldenkrais

13/3 post free

With a preface by Gunji Koizumi 7th Dan, this comprehensive work deals entirely with Katame-waza or ground work, containing several hundred line drawings taken from photographs of Mikonosuke Kawaishi 7th Dan and the author. Every possible aspect of groundwork is carefully considered and explained. Many of the techniques shown are relatively unknown in this country, and will prove useful additional material to the keen Judoka.



KODOKAN JUDO

Hikoichi Aida,

18/10 post free

Translated and Edited by E. J. Harrison

Mr. Aida Kodokan, 8th Dan, once taught Judo at the Budokwai, and in several other European centres, when he visited Europe with Dr. Kano the founder of Judo and the Kodokan. It is therefore most interesting to read this outstanding work so ably translated by E. J. Harrison. Dozens of techniques are described in minute detail and illustrated by over three hundred line drawings. There are sections on "Atemiwaza", "Kata" Training principles, contest practice, and many other branches of Judo essential to the beginner and the advanced Judoka alike.

THE SPORT OF JUDO

Kiyoshi Kobayashi & Harold E. Sharp 19/4 post free

Printed and published in Japan this profusely illustrated book includes some of the finest contest pictures ever seen in this country. Mr. Kobayashi Kodokan 6th Dan demonstrates over 45 Judo techniques including breakfalls, combination throws, correct throwing positions, etc. Contest rules of Kodokan Judo and a glossary of Japanese terms with a short history of Judo are also included. With nearly 400 photographs by Harold E. Sharp, 2nd Dan, one cannot fail to be impressed by the excellence of this book.





JUDO

E. J. Harrison

3/3 post free

A popular book written by E. J. Harrison the first Englishman to obtain a Dan grade at the Kodokan in Japan. It gives a close insight to Judo and its development through the eyes of a professional journalist who is an acknowledged authority on Japan and things Japanese. A complete description of many throws and groundwork techniques with line drawings and photographs make this an absorbing book.

TWELVE JUDO THROWS

G. Koizumi

3/9 post free

This extremely interesting little book is invaluable to the novice and more advanced student alike, complete with illustrations it covers twelve throws, all of them demonstrated by Mr. Koizumi himself, and includes several pages on "Tsukuri" breakfalls, and methods of training, etc. Also in this the 4th edition the complete British Judo Association grading syllabus is described.



EIGHT JUDO EXERCISES

G. Koizumi

2/9 post free

Another interesting book by Mr. Koizumi, containing fully illustrated description of eight exercises as applied to Judo techniques and throws. No Judoka should neglect to study this important aspect of Judo training.

IMPORTANT NOTICE

Please remember (see page 2) that you can only obtain future copies of "JUDO" direct from us or your Club Secretary.

A subscription form will be found on page 45.

(Reproduced from the Bulletin by kind permission of The Budokwai)

'BUDOKWAI'

I WONDER if you ever have given a thought to the psychological side of so-called tradition, prejudice or white and black magic, and what part they have played in human history.

Consciously or unconsciously human conduct is influenced by these mental factors to an immeasurable extent.

By nature we are interested in matters which stimulate our imagination and afford it a chance to run wild. Traditions stimulate our imagination and cultivate the mentality that is ready to face even mortal sacrifice. The warmth of our hearts rises at the sight of symbols or signs, the national colours, old school tie, religious emblems especially when we are away from home. Politics and religions find common ground in this field of the imagination. Whispered scandals or rumours stain our minds and set up prejudice.

The name "BUDOKWAI" may mean little or nothing to most of you, but to a Japanese it produces at once a mental picture of those noble characters, the SAMURAI or knights of the old feudal days, in their shining armour with honour-treasured swords, who lived and died for their principles—courage, honour and chivalry. And it brings to him vividly the colourful stories of his boyhood heroes, of which he never used to be tired. Their disciplined power and privileged and stoical training in Kendo (fencing) and Judo are the height of inspiration for all Japanese boys.

BU-DO-KWAI is a compound of three Chinese characters. BU means martial or military, DO—way or road, KWAI—society or meeting. Analysing further, it is found that BU is composed of two characters, one meaning spear or fighting; the other, stop. This fact gives an insight into the mind of the inventor of the character who lived many centuries before the era of Christ—the property of what is martial or military is to stop fighting, not to promote fighting, as shown in the proverb that the best way of using a sword is to sheathe it. (Five thousand years seems long to us, but perhaps not long enough for man to learn!) DO is also composed of two characters, one meaning head or neck; the other, sleigh. A sleigh with a traveller (whose head alone is showing) is on the way or road. This DO, however, has been used by teachers and philosophers to denote an ethical or moral code, termed "Heaven's Way," so it carries with it an added meaning. Thus BUDO means a military code or martial ethics, the way of the Samurai.

DO in Chinese is pronounced TAO. The philosopher and teacher Laotse used it to denote "reality", superhuman power, law of nature

Continued on page 24



Letter to all in the British Judo Association

from

ERIC MILLER, *Chairman*

The efforts of the many people who have worked for the B.J.A. in the past years are now rewarded by an ever-increasing interest in Judo. In the last two years about 100 new clubs have joined the Association. The established clubs together with these new ones have formed Area Committees to administrate the Judo activities in the several counties and shires which make up each Area. In this, as in all other ways the British Judo Movement is now rapidly developing throughout Great Britain.

The first main point of this letter is that improvement must keep pace with development.

During the past year, acting upon instructions of the 1955 A.G.M. and with the guidance of the Executive and in consultations with representatives of the Area Committees of Great Britain, Mr. Gleeson and I prepared the draft instructions for a new and more adequate constitution for the B.J.A., and the Executive has secured the services of Messrs. William Charles Crocker, solicitors, who will, we are confident, on the basis of the old constitution and the instructions accepted at the special General Meetings, provide the B.J.A. with the best form of legal foundation.

The second main point is that these changes and this striving growth require the very best provisions we can make.

Here it is well to remind ourselves that the B.J.A. exists to serve in the best interests of Judo, the Judoka and Judo clubs of Great Britain, and I ask you to bear this point in mind when reading the later paragraphs of this letter.

The third main point is that if we are to design these best provisions we must all be clearly aware of what is fundamental to the B.J.A.

The following paragraphs are my attempt to put this clearly, particularly to those of you who are new to the association and those who wish to guide, help and instruct the Executive in their task.

The foundations of our British Judo are its spiritual and technical aims and its "cornerstones".

Behind the statement of the B.J.A.'s aims as found in the constitution lies a reality of tradition and established growth, and this reality is made up from two elements—the technique and the spirit of Judo.

Firstly, *the spirit of British Judo*:

The spirit of our Judo has its roots in the strength of purpose of two people. Chronologically—Dr. Kano, founder of the Kodokan, whose wisdom and spirit is distilled into the maxim of Judo "Sei ryoku zen yo—Jita kyo ei". (Best use of energy—mutual welfare and benefit) was the first of these. The study of this maxim is, in fact, one requiring serious meditative reflection and hard physical exercise to realize its fullest depth and meaning. At home in Britain the spirit engendered by Gunji Koizumi has proven itself over and again and his principles of life and learning are followed consciously or unconsciously in all the clubs of Great Britain and in many in Europe. To the more reflective Judoka who have not had, and perhaps will not have the chance to meet and talk with him, I recommend to you the study of his articles in "JUDO" monthly and in the Budokwai's Quarterly Bulletin. We must endeavour to be worthy of these two great teachers.

Secondly, *the technique*:

We have already mentioned how much the B.J.A. owes to Mr. Koizumi. In the early years the technical teaching of the B.J.A. rested largely on Mr. Koizumi's shoulders and he was aided in this task by Mr. Ian Morris. But since their retirement from this active work the time has come for the B.J.A. to look directly to the source of modern Judo.

The technical teaching of the B.J.A. now derives mainly from the Tokyo Kodokan and it is to the Kodokan that we must look for the raising of our technical standards. Since 1882 the Kodokan has functioned as the fountainhead of the Judo of the world and is today about to move into its new £250,000 home.

At the moment its nearest and most effective link in Europe is the London Budokwai which now has several Kodokan trained members, three of whom are now in the service of the B.J.A. and eight of whom are at present studying in Japan. Of these eight, three are due to return and are expected to be at the service of the B.J.A. during the middle part of the year. One of these, Dickie Bowen, who was the B.J.A. delegate at the first world meeting in Tokyo last May, is the first to go out and return under the B.J.A. aegis.

We must consider our technical development carefully, for the development and improvement of technique and of the places and facilities for practice is essentially a building process.

The cornerstones of the B.J.A. are four in number. They are:

1. The Instructors and Technical Board.
2. The National Registry.
3. The Constitution.
4. The Executive and Administrative Committees.



A. G. BLACKMORE
Hon. Secretary & Registrar



F. M. HUDSON
Treasurer



D. BURR, 2nd Dan
Courses Secretary



A. A. ZIPEURE, 2nd Dan
Area Liaison Officer



G. GLEESON, 4th Dan
National Coach



F. PEARSON, 1st Kyu
Committee Member

We must see that every cornerstone is of the best material, and I ask you to consider carefully the three points I make about each.

INSTRUCTORS

The Instructors are the means whereby we may achieve our technical aims, and in my considered opinion, should have these things :

1. Best possible training and high Dan degree.
2. Character of suitable calibre.
3. A secure and adequate paid position.

Given these three things it will be our hard work on and off the tatami which will raise British Judo to its greatest technical heights.

TECHNICAL BOARD

Here we must be aware that the technical lead of the country is placed in the hands of a compact elected technical board and that the three qualifications apply to these persons but in slightly different form :

1. The criterion of character remains the same and is most important.
2. The stress must be on the high Dan degree and I would say a very good knowledge of Kodokan teaching principles is essential. Though not necessarily a degree obtained there.

3. The members of the Technical Board are honorary appointees. But it is most necessary that people secure in their every-day life should be chosen for these responsible positions.

THE NATIONAL REGISTRY

The Registry, under the Registrar, has during the last seven years given stalwart service to the movement. The upkeep of the standards of British Judo and the stability of the movement will rest largely on its records and archives. My three points for this cornerstone are :

1. The records must be NATION-WIDE.
2. The office of the Association must be adequate for its present function and to allow for its future growth.
3. The office staff should be under the immediate supervision of the Registrar and he should be directly responsible to the B.J.A. members at a General Meeting for the safe keeping of the B.J.A.'s documents. Further, I suggest that not even the Executive should have the power to remove or alter documents deposited in the Registry and that all who require access should be furnished with copies or granted facilities for the inspection of papers, etc.

CONSTITUTION

In order that the Association may grow and function truly, the Constitution must be designed as an instrument of national unity to provide :

1. A sound legal and financial foundation.
2. For the maximum growth and the natural changes which come with the passage of time.
3. The power to maintain the purity of the aims of the Association in respect of amateur status and the strictest technical standards.

EXECUTIVE AND ADMINISTRATIVE COMMITTEES

The last cornerstone is the Committees of the B.J.A., and here the members of the Association can make their soundest annual contribution to the National Movement. It is my firm opinion that Committees elected at Annual General Meetings should be made up of those who :

1. Know well the spirit and practice of British Judo (as earlier described).
2. Will work for the Association while serving in office.
3. Will maintain and endeavour to spread the amateur status of Judo and will hold the grades and degrees of the Association in serious regard.

In considering how to achieve these aims and to build these cornerstones, one must face the fact that they cannot be accomplished by goodwill and hard work alone. The Association must have the mortar of money to bind the bricks of individual technique, spirit, goodwill and voluntary work. Whatever may be recommended and resolved in the way of fees and charges in the future, we must consider the amounts against the backgrounds of the needs of the B.J.A.

The fourth main point of this letter is that consolidation and development also need careful financial planning.

To help with this planning, we should consider the nature of the main headings under which B.J.A. money is spent and see what each provides: for the individual Judoka, for the club and for British Judo as a whole. The Association has perhaps four main activities which require the expenditure of B.J.A. money. They are: 1. Administration. 2. Instruction. 3. International Relations. 4. Developmental Activities.

Before considering each of these, please note that all items which should pay for themselves such as displays and courses, etc., have not been included. Only those items which require expenditure of B.J.A.'s collected income with no immediate financial return are discussed.

Firstly, Administration.

Administrative expenditure means payment for all the things connected with the office and registry staffs, correspondence, documentation, banking and records, etc. To the individuals and clubs the offices are there to serve as a centre for contact and information and to the Committees as a memory and clearing house. To the Association the contents of the B.J.A. office is its picture drawn in documents and is there to co-ordinate the activities, large and small, within the Association. Enough has been said previously about the Registry and it only remains to emphasise that without these offices there would be no effective B.J.A. Only with adequate provision can there be a B.J.A. fully commensurate with its standing as the national body of our Judo. Administrative expenditure is therefore a prime charge against the B.J.A.'s income, and only when this has been allowed for, can other budgeting be considered.

Secondly, Instruction.

The Instructors are required to spread and develop the teaching of Judo throughout the country and if one agrees that, (a) they must be reasonably secure in their position, and (b) that the Association should take, perhaps not all the responsibility, but some, for these high graded key Judoka, then some plan for their livelihood must be agreed. They are in my view, at the present the next charge to be considered, and to me the main question requiring answer here is (a) What should a man who has spent upwards of six years' intensive hard study receive as an annual income? and (b) How much of this should the Association provide in order to retain the Judoka's services as a teacher and how much should the man get by his own initiative or by coaching a club or clubs in which he is the chief instructor?

The service of the instructors to the Association has been stated earlier and to Judoka and clubs is too obvious to require setting down.

Thirdly, International Relations.

There are four main expenses under this heading: 1. Teams to represent B.J.A.; 2. European Judo Union and International Judo Federation Fees; 3. Expenses of delegates at conferences; 4. Office work connected with these three items.

The value of this part of the B.J.A.'s activities can perhaps be illustrated by these three points. Isolation of a club or group of clubs from the fountainhead and main-stream of Judo brings stagnation and limitation.

Judoka meeting foreign Judoka in contest provides a reality test for the Judo that each nation has been working at and leaves the participants richer in technical experience. These participants together with the audience of their countrymen and those who follow and study the accounts of such meetings disseminate some of the richness of the experience gained by a filtering process, stimulating the whole Judo movement, outwards to the individual Judoka. Thus it may be clear that this part of the B.J.A. activities cannot be neglected without penalty to British Judo.

Fourthly, Development Expenses.

Under this heading come such items as public relations, grants for scholarships, guarantees and grants to assist the Areas and perhaps some clubs in their development and consolidation, acquisition of assets belonging to the B.J.A. The effect of expenditure under this heading is, except by a few individuals, not immediately appreciable. Nevertheless this kind of expenditure wisely made brings benefit to all.

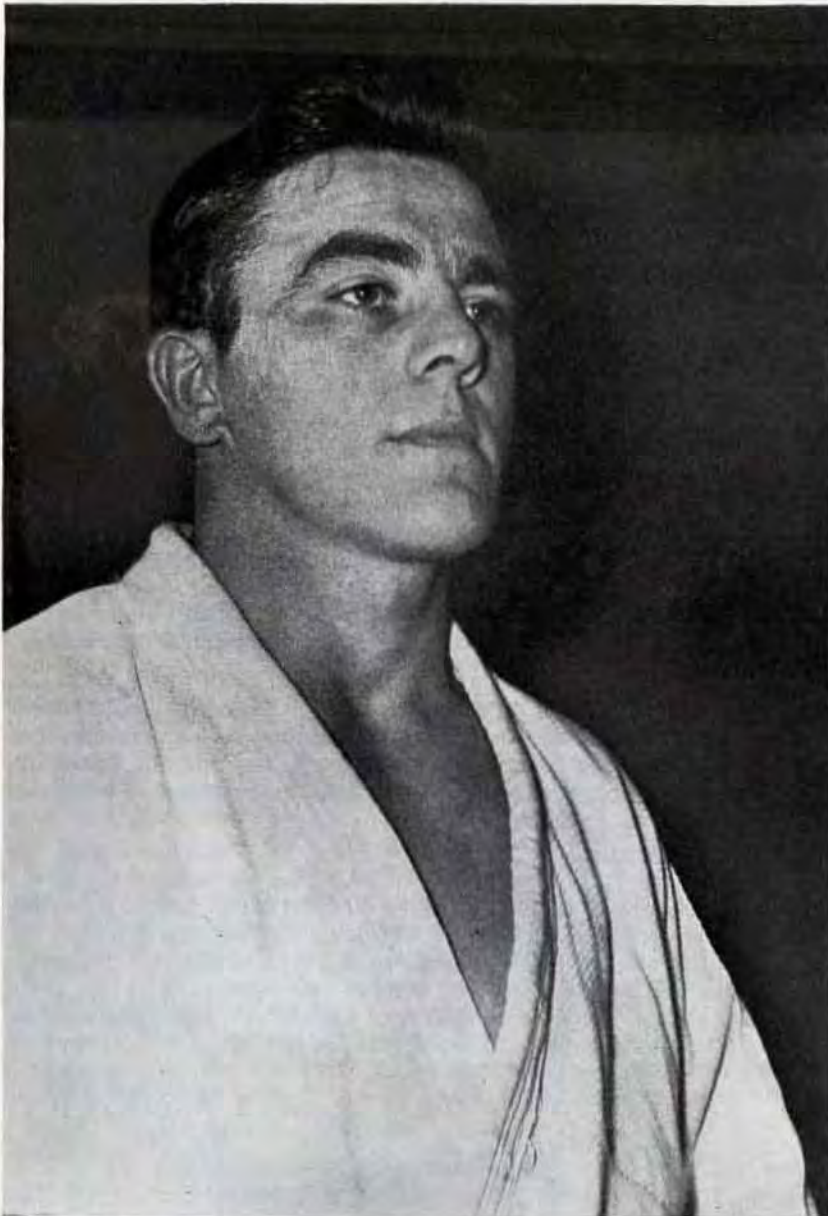
In discussing the finance of the Association, it is to be remembered that both the national work and the area work has to be provided for. In so far as each area has its own special needs and some areas are in a different state of development from others a strong case would seem to exist for each area setting and collecting its own fees so that each may decide how much and what kind of service it will provide for the Judo within its boundaries.

The fifth and last main point of this letter is to ask you all to think over these matters so that you may, by meeting and discussion, and through your club and area, guide your committees and the Executive, into those earlier-mentioned best provisions for the common benefit of the individual Judoka of the B.J.A.

Lastly, a personal view: My own belief is that Judo has a real and constructive contribution to make in the lives of many people, for besides being a sport, evolved from the weapon of ju-jutsu, it is, rightly taught and studied, a disciplined art which strengthens and enhances the character of its students. To summarise this text, I refer you to the five main points and say of them: the present development of British Judo requires that each of us be conscious of the B.J.A.'s fundamentals and make efforts, small or great, to build well for now and for the future.

Sir Eric Miller

London.
Christmas, 1956.



Name : WARWICK STEPTO.

Born : 1930.

Business or Profession : Sales Representative.

Age when started Judo : 20; at the Borough Polytechnic.

1st Dan at 23.

2nd Dan at 25.

3rd Dan at 26.

Represented England in the 1955 European Championships. "Pepper," as he is affectionately called, has decided to go to Japan for further training, and sailed on the "Chusan" at the end of December.

Hobbies : Tennis, ski-ing, swimming and poetry.

Continued from page 15

or God, and he founded Taoism. He says TAO which can be described is not true TAO. TAO is neither good nor bad. Men should be in unity with TAO and rise above duality and contrast. The best way to cure evil is to abolish goodness.



G. K. House

KWAI is constructed of three characters, roof, rain and day, graphically, a rainy day under a roof, suggesting congregation, meeting, society.

"JUDO" and "JU JUTSU". JU-DO, two Chinese characters: JU meaning gentleness, soft weak; DO, as already described. PUTSU means technique, or art. Thus JUDO implies the way, or doctrine of gentleness; JU JUTSU, gentle art.

JUDO is in a way a study of a negative principle and how to apply it to life to produce a positive result. The working principle of it is based on the laws of balance, and cause and effect. Fundamentally it is on the same lines as the teaching of Taoism.

In order to be gentle you have to acquire power, to overcome force you have to yield, to live and let live you have to learn how to kill, to keep the peace you have to learn how to fight. Through physical

training you derive mental and spiritual training. Automatic unconscious action (skill) is attained by conscious practice. No strength without resistance, no offence without defence, etc.

In the practice of Judo you learn how the laws of balance and cause and effect work, first physically, then mentally. The knowledge of a circular existence of duality or opposites will lead you to the way to the higher plane where unity or oneness is found. Understanding or realisation will give you better light to see life and the world more clearly, even the reality of yourself, which is the foundation of all wisdom.

"DOJO". The hall used for practice of JUDO is called the DOJO. Literally, DO, as described above; JO, place. The term was originally applied to the hall for meditation and Buddhistic training, where very strict discipline is observed. You enter it as you enter a place of worship or sacred chamber. Cleanliness is a very important item in the rule. You are expected to clean your body and mind before you enter it. For clear thinking or the cleansing of the mind from prejudice or the effect of regimented education is the first step in mental training. The practice of JUDO, even the contest, is for self-training, in the sense of meditation. No thought is given to the audience. Contest in Japanese is called SHIAI, meaning trial match. It is to try out the result of training, not solely aimed at defeating the opponent as in competitive sports. Therefore, loud comments or applause are out of order in the DOJO. Only privileged persons are invited into the DOJO, even for contests. These distinctions should be observed for the sake of the underlying principle.

G.K.



One of the Dojos



UNIVERSITY NEWS

Colin Forrester

MANCHESTER

THIS is a well balanced member of the strong Midland group formed of Leeds, Liverpool, Sheffield and itself, and among this group it can hold its head high.

Founded in 1944, and blessed by Koizumi's presidency, it has never failed to increase its membership yearly. The roll now stands at 48, with a central core of 25 major enthusiasts, captained by A. Lishburn (3rd Kyu).

To train these men a well balanced programme is employed. Three instructors, Mr. Jones and Mr. Lever (1st Dan both) and Mr. Miles (1st Kyu) form the basis of their coaching. But they do not stop here. Each Easter they try to arrange a coaching week, which has been controlled during the last three years by such men as I. Morris, T. Leggett and G. Gleeson.

The Club is affiliated to the B.J.A. and they have an unusual interest in the association. Tradition has it that the body was first thought of in the Men's Union Reading Room after a coaching scheme and display in the University Dojo. Since memories are strained to go back to 1948, no confirmation of this has been obtained, but it is quite possible. Have any readers got direct proof in the matter?

The Club has a strong external programme as well. Matches home and away are arranged with Leeds, Liverpool and Sheffield Universities as well as local Clubs, and the men give demonstrations in combination with the Ladies' club.

They have their difficulties as have other clubs. The strain on a limited supply of equipment at the beginning of sessions is severe, and discourages many potential judoka. However those that remain can be depended upon for enthusiasm after they pass the initial hurdle. The Club is controlled by the Athletic Union and dependent upon its grant for their finance. Because of this control they are not allowed external members, but on occasion visitors are permitted. Those who would like to see the Club should contact the Hon. Sec. Mr. J. Mather (4th Kyu) via the Athletic Union. I believe Wednesday afternoon or Monday evening invariably find them at work in the Dojo.

Yes, we did mention a Ladies' Club. They are a keen group of 26 with a President and Coach (1st Dan) of their own. Though they have their own club night, they "invade the Men's Club twice a week for practice with them." And very nice too!

Unlike some Ladies' Clubs, they learn judo as a sport as well as for pure self defence. The latter they demonstrate with the men in displays. However, it would appear that there is no university club nearby which can compete with them, for they have been unable to find a ladies' team to pit themselves against, though visiting non-university teams occasionally bring their girls along for a practice. This is the fate of too many of the woman judoka at university who are isolated in their attempts at the sport.

Here you have a double club well balanced in their internal structure. We wish them the best of luck in their affairs.

MATCH REPORTS

Leeds v. Manchester	7 pts. to 4½
Liverpool v. Leeds	3 „ to 6
Manchester v. Leeds	Win for Manchester (figures not given)

I have just received a letter from the Imperial College Judo Club stating that they are a college of London University with their own judo club separate from the University group. Membership is about 30—one brown, one green, six oranges, and the remainder 5th and 6th kyus. They have had two matches so far this session, Cambridge University and a depleted team from R.M.A. Sandhurst—both of which they won.

They would like more matches, and are willing to meet *any* Club anywhere within £1 return fare from London. For visiting teams they can offer matches in a new gymnasium with good shower and changing facilities, and a new mat 24' x 18'. Their term dates are from 15th January to 29th March.



In order to bring our Club records up to date would ALL Secretaries please be good enough to send correct name and address—a postcard will do. Many thanks.

AREA NEWS

SCOTTISH SECTION

R. E. Stanton

On the retirement from office of Miss Jean Houston, Steve Kingalis with the help of Bill Robertson will take over the **WEST OF SCOTLAND** grading records. Secretaries requiring grading should contact Steve at 175 Hospital Street, Glasgow. Bill Hislop at 38 Bank Street, Galashiels, will continue to look after the East in this respect.

GLASGOW'S next mass grading will be held at the Koizumikwai, French Street, on Sunday, 27th January, 1957, at 2 p.m., and arrangements will be made for Dan grades from the East to grade. The Osaka Judo Club will be making separate arrangements.

The Scottish areas are now to go ahead with preparations for the eliminations of the Kawamura Trophy the finals which are to conclude in a display of Judo, either in Glasgow's St. Mungoe's Hall or at the N.B. Locomotive Club Hall, dependant upon dates available. Dates suggested are Wednesdays, 20th or 27th March, 1957. Western eliminations are to be run through at the Koizumikwai on Sunday, 24th February, and Bill Hislop is now to consider preparations for the East. Bill has promised to have some discussion with the Yudanshakwai on the points system to be used for these contests and to make some provision for items to be included in the general programme.

Although not represented, the Scottish committee have agreed to pay the sum of £5 (or is it guineas?) to the organizers of the Area Championships held at Weston-super-Mare last year. The money goes towards the purchase of trophies, etc. With financial resources at present so strained and activities limited as a natural result of this, Scotland would, in my opinion, be hard put to meet the cost, without considering the heavy fares and overnight commitments necessary in organizing an area championship.

It has been suggested at the Scottish A.G.M. that the Samaurai Judo Club (established about 10 months) should seek a more suitable title. Before a Scottish committee, two of their representatives subsequently agreed to an alternative name if it were suggested by Mr. Koizumi to whom Mr. Blackmore agreed to convey the problem. The new title (now to hand) is the Butoku Judo Club. Bu interpreted as martial and Toku as ethic. I am sure the club will be delighted at receiving their title from Mr. Koizumi himself.

At the December Scottish meeting it was decided that in future new clubs should submit their proposed title to the Scottish Committee for examination and approval. With so many new clubs springing up now duplication is not impossible.

So sorry the news must be brief this time but copy had to be in a week early due to the English holidays.



WESTERN SECTION

Clive Toye

Plans have been completed for the Western Judo Association's 1957 Championships at the **Torquay Town Hall** on February 9th.

Entries from each of the Association's 32 member clubs are expected for most of the five trophies up for competition.

And with the attendance of three Dan grades—and the probability of three more—there seems every chance that this tournament will be every bit as interesting and entertaining as the previous W.J.A. shows.

The Dan grades certain to be there are the West's first Dan grade Gerry Hicks of Bristol, Don Burr, 2nd Dan, and Tony Crowle, 1st Dan of the Budokwai, who is now stationed at R.A.F., Locking, Weston-super-Mare. Tony is now a member of Henly's J.C. and will probably be in their Bob Taylor Memorial Trophy team.

It is also hoped that "G.K.", T. P. Leggett, and the West country's technical adviser Geoff Gleeson will be able to come down.

The eliminating rounds will be held at Bristol and Exeter on January 26th and 27th.

Any West country exiles requiring further details can contact contest secretary Bill Hewlett, 19, Grasmare Drive, Weston-super-Mare.

And that brings me to another point—West judoka in exile abroad. We would be pleased to hear from anyone overseas about judo progress and their own personal news.

Lucky that the championships are not till next month, for I hear that so many W.J.A. members are still recovering from their annual dinner at **Taunton** on December 15th.

I had to miss the dinner through another sporting engagement but chairman, Peter Murphy, tells me that Taunton chairman, Charles Chipchase—who is also W.J.A. vice-chairman—and his band of willing workers organized an excellent evening.

Guests of honour were Mr. and Mrs. Gerry Hicks. Gerry, surprised by a request for a speech, said he hoped the W.J.A. would go forward in harmony as it had in the past and he looked forward to the day when there would be many more Dan grades in the West.

He was presented with a Japanese judo suit with his name embroidered in Japanese, and Mrs. Hicks was given a book.

Members—to a total of nearly 100—came from all over the area. And some, like Frank Pearson, ex-Henlys now Budokwai, travelled from further afield.

Don Burr was the guest of Exeter Judokwai and Tony Crowle guest of Henlys.

MIDLAND SECTION

J. D. Lowe

In company with Les Gardiner (1st Dan) I visited the Taki Judokwai, **COVENTRY**. Situated in the Bell Green Community Centre the facilities are not too good, but, despite the lack of showers, adequate dressing rooms, and large fast mats, the enthusiasm was high. The attendance was good and I noted not a few promising Judoka. Some of their higher graded members intend visiting the Coventry Judo Club where randori and instruction with that club's yudansha should increase their skill.

On Sunday, 9th December, the first of the Blue, Brown and Black Belt courses was held at the premises of the Coventry Judo Club. This writer was unfortunately in London at the time and was thus unable to be present. However, from all accounts, the course was a great success with Geoff. Gleeson as instructor. About twenty Judoka attended from all over the Midlands, and one of the Dan grades present described it as the best instructional course he had been on. Having been under Gleeson on a course before, I can quite believe it, even if the realization of his practical, as opposed to theoretical, ability was acquired in a rather undignified manner. The aesthetic pleasures of being pounded into the tatami have, as yet, escaped me, despite the numerous opportunities I have had to acquire a taste in this direction. It is intended to hold the remaining courses at the B.A.I. Judo Club, Birmingham, as, besides having excellent facilities, it is also more convenient as regards travelling for the majority of Judoka on the course.

The Wulfrun Hall, **Wolverhampton**, has now been booked for the 1957 Midland Championships on the 6th April, 1957.

In the town of **STOKE-ON-TRENT**, Ken Knott (1st Kyu), of the Dudley Judo Club, has been doing great work in getting Judo on a permanent basis, with a series of classes. Apparently there has been a certain amount of difficulty there with another organization which awards its own grades.

The Area held its usual quarterly gradings on Saturday, 17th November. These were held simultaneously at Birmingham University Judo Club, Loughborough College Judo Club, Northampton Judo Club and Rowley Budokwan Judo Club in Oldbury. About 30 Judoka attended each venue and the examiners were R. Clough, L. Gardiner, R. Jago and J. Cooney.

DOJO DIGEST

Two new clubs have been formed at **Torquay**. No. 1 is the Torquay Red Dragons, formed from the judo section of the Apollo Boxing and Athletic Club. The Red Dragons, run on strictly traditional lines, is open to graded members only. The present 12 members have comedian Charlie Chester as one of their vice-presidents.

No. 2, is the Torquay Police Judo Club, whose membership—both men and women—is growing steadily.

A third new club in Devon has been started at the Royal Naval College, **Dartmouth**.

Seen at St. James' Park, Exeter—Alan Downton, 2nd Dan, with a brown trilby pulled well down over his face. Reason? As Royal Marine Corps sports officer he was watching the Marine soccer team being trounced by Exeter City!

Exeter's big Festival of Sport next May will include a judo contest. Clubs likely to take part are Exeter, Taunton and Plymouth.

Irish Judo Association

JUDO IN DUBLIN

Roy Manuel

AFTER the success of our public debut on the 27th October, 1956, we consented to put on a short 15 minute item of Judo a week later in a "Mixed Grill" show of amateur sports, the funds raised to be donated to the Irish Olympic Council to help pay the expenses of the Irish athletes in travelling to Melbourne. This show, strangely enough, although it catered for everybody's tastes in amateur sports, was not supported by the public anywhere near as well as our own display.

Since these shows, however, our Club has been inundated with enquiries regarding Beginners' Courses. Over 80 Dubliners embarked on their new association—Judo—and not all of them are obviously going to "see it through to the bitter end." A representative cross section of the public seems to have decided that there is something in it. Included in our "new-blood" are four members of Dublin's "Garda Siochawa" (Police force).

We are hoping that the increased size of our membership will remain so, as this will enable us to move into new and bigger premises. More news of this in a later issue.

Meantime Judo is spreading its wings in the Emerald Isle. The Curragh (Co. Kildare) Army Training Camp has intimated that they are anxious to start up a Judo Section. Although the Curragh is approximately 30 miles from Dublin, we are hoping to assist by arranging for our instructors to travel to the camp.

Rumour has it, by the way, that there is a Judo Club in Limerick run by a Belgian Black Belt. This is a pleasant surprise to us (if it is true), and we intend making further inquiries. (Limerick is 135 miles from Dublin).

In closing this month's article we would like to extend an invitation to all Irish Judoka who have left Ireland and are now practising in a foreign land. Will you please drop us a line and let us know how you are getting on?



FIG. 1

CONTEST GLIMPSES (4)

T. P. Leggett

Figs. 1 and 2 show the completion of throws in important contests in Japan (Fig. 1 is a throw by a champion). It looks a little as if the thrower in each case has lost his balance and staggered forward on to the other man. We feel it is a defect, and would rather have the thrower upright, as in Fig. 3, which is the same throw as in Fig. 1, but from the other side. (In this throw, called *Ko-soto-gari* or Minor Outer Reaping, the thrower tilts the victim on to one heel and then swiftly sweeps the support away.)

Well, in fact, it is not like that at all. Fig. 3 is all right for exhibition, where we simply demonstrate the throw. The opponent here has given us the opportunity on purpose, and so we



FIG. 2

can establish a complete superiority and control over his body and movement. We can do that in any case, of course, against a markedly inferior opponent. But in a contest against someone about our own skill, it is very rare that we can outmanoeuvre him so completely. And because we cannot establish complete control, there is always a danger that the opponent will manage to frustrate the throw by a sudden unexpected twist of his body, even while he is in the air.

In the two contest pictures the thrower has come forward in order to pin the opponent's shoulders firmly to the ground. If he remains upright and the throw is not quite perfect, the other man may be able to sit up abruptly just as he reaches the ground, and by holding on to the thrower's body, as in Fig. 4, he can avoid the throw altogether. Beginners sometimes do this instinctively, to try to save themselves a fall, but it is not recommended because it depends entirely on the other man's kindness in staying upright. To do it habitually means that the thrower will begin to come forward and this makes the throw a very heavy one.

The fall in Fig. 2, for instance, would knock out an inexperienced Judo man; on a hard pavement it might kill him. No higher grade would ever throw a beginner this way; rather he remains upright and supports him. But those who enter high-grade contests are men of vast experience, and against them it is sometimes necessary to execute the throw



FIG. 3



FIG. 4

very powerfully and decisively in order to make quite sure of the point. In this country it is permissible in Black Belt contests to try this kind of thing against a tricky opponent who habitually twists to avoid a throw; against an opponent below Black Belt it is undesirable, and it would then be up to the referee to bar a contestant deliberately using such drastic methods, under the rule which prohibits actions likely to damage the opponent.

CLUB FORUM

BERWICK-ON-TWEED

SAKAI JUDOKWAI. Mr. G. Blythe writes that the first grading examination to be held in Berwick since the local club was formed nearly three years ago has just taken place. Also, it was the first grading of the junior section. Everyone had been looking forward to seeing George Kerr (2nd Dan) in action. He has been visiting London regularly for special coaching at the Budokwai, and demonstrated new throwing techniques and ground-work. At 20 years of age, George (who hopes to visit the Kodokan for special coaching early in 1957) is one of the youngest 2nd Dans in Europe. The club was also visited by the first and only lady Brown Belt in Scottish Judo—Miss Alison Hoggan, of the Kitsune Ryugi, Galashiels.



Front row, sitting, left to right, is George Kerr, 2nd Dan; Bill Hislop, 1st Dan; Dave Milne, 1st Dan. Behind George Kerr is Miss A. Hoggan, only brown belt in Scotland.

In the summer of 1955 Monsieur Georges I. Rychter of Paris (who is 2nd Dan in Judo and 1st Dan in Aikido) visited the club and coached the members after a sight-seeing tour around London conducted by Mr. G. Blackmore of the B.J.A. One of the most prized souvenirs of his visit to Berwick is a photograph of himself in full highland dress (complete with bagpipes) of a piper of the band of the 2nd Battalion Kings Own Scottish Borderers (Royal Stuart tartan). Now, when he writes, he signs himself "Georges MacRychter"! He was married in Paris on October 25th after completing his reservist period of service with the French Air Force, during which time he served in the meteorological department and also instructed pilots and parachutists in Judo and Aikido.

The club would like to mention that the Japanese name "Sakai" in English means "border" (they are on the border of England and Scotland), and should not be confused with "Saki" or "Saké," meaning Japanese rice wine-liquor, an intoxicant.

CARDIFF

CARDIFF JUDOKWAI. A Judo demonstration was given by members of the club at Cardiff City Hall when a cavalcade of Wale's famous sportsmen was held recently in aid of the 1958 Empire Games Fund.



Ralph Davies, of Ely, Cardiff, sends his opponent, John Rees, crashing to the floor during a demonstration.

CROYDON

CROYDON DISTRICT JUDO SOCIETY. Margot Sathaye wastes no time—see the October issue of "JUDO." At the last grading she faced a line-up of eight coloured belts, *all adults*, and disposed of them. At 15 years of age we believe she is now the youngest Brown Belt in Europe.

READING

READING JUDO CLUB. Every year a shield is presented to the club's most outstanding member for general progress and Judo spirit. It is named after a former club member, John Vaux, killed whilst serving with the army in Egypt. Incidentally, Mr. Webber has given a challenge cup—the Wilfred Webber Cup—to be competed for annually by clubs from neighbouring towns, and is at present held by Reading.



The Mayoress of Reading presenting the John Vaux Shield to John Perrott, this years winner. Standing behind the shield is the Mayor of Reading, Mr. A. E. Smith, and behind Mr. Webb, Reading's deputy chief constable.

H.M.S. "EAGLE"

Our note regarding Judo on the high seas in the November issue has prompted Mr. K. Moseley to describe his experiences during the latter half of 1955. The only spaces available were the flight and hangar decks, and the "dojo" consisted of four coconut jumping mats, each 6 ft. by 6 ft., covered by a piece of felt and then a canvas; whilst rain and wind became extra opponents when at sea. Practice, when in harbour, usually lasted from 2 till 9. In the Middle East, practice was impossible from 4 to 6 as the canvas was so hot, and any attempt at movement only resulted in burnt feet.

CARLISLE

CARLISLE JUDOKWAI. The Secretary, Mr. T. W. Thompson, would like to see a few more members, as they have now got to the stage where they know exactly what each is going to do in randori!! Two members hope to go to Lilleshall in August. Would-be members please write to Mr. Thompson at 47, Charles Street, Carlisle.

THE BRITISH JUDO ASSOCIATION NATIONAL GRADING REGISTRY AND RECORDS

32 NORTH STREET, LONDON, S.W.4

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Lists No. 12 onwards will be published as part of Judo Magazine.

PROMOTIONS TO AND WITHIN DAN GRADES

THE BUDOKWAI	CROYDON DISTRICT JUDO SOCIETY	DONCASTER JUDO CLUB
14th August, 1956	14th October, 1956	14th October, 1956
Mack, C. J. 3rd Dan	Bullock, R. 1st Dan	Logan, D. 1st Dan

ABERDEEN JUDO CLUB

25th August, 1956

Bennett, H.	2nd Kyu
Harrison, C.	3rd ..
Scott, E.	4th ..
Craig, G.	4th ..
Stewart, F.	5th ..
Hay, J.	5th ..
Ross, H.	6th ..

LADIES

ABERDEEN JUDO CLUB

25th August, 1956

Duncan, Miss S.	4th Kyu
Robertson, Miss M.	4th ..
Pirie, Miss A.	4th ..
Thom, Miss S.	5th ..

BARNESLEY JUDO CLUB

25th November, 1956

Millwood, J.	2nd Kyu
Gill, H.	4th ..
Kaye, C.	4th ..
Lindley, J.	5th ..
Richardson, W.	5th ..
Briggs, G.	5th ..
Bailey, G.	6th ..
Caine, W.	6th ..
Campbell, C.	6th ..
Dewsnap, W.	6th ..
Hirst, W.	6th ..
Klimek, E.	6th ..

BLANTYRE JUDO CLUB

26th August, 1956

Donnan, H.	2nd Kyu
Hawthorne, J.	5th ..
McKenzie, G.	5th ..

BRADFORD Y.M.C.A. JUDO CLUB

25th November, 1956

Emerson, G.	5th Kyu
Wise, T.	5th ..
Horwell, G.	6th ..

BRIDGNORTH JUDO CLUB

2nd November, 1956

Gibson, H.	3rd Kyu
Lewis, F. G.	4th ..
Foxall, G.	4th ..
Morris, R.	5th ..
Smith, A.	5th ..
Ridley, P.	6th ..
Pettener, G.	6th ..
Yates, P.	6th ..
Holyoak, N.	6th ..
Sherry, M.	6th ..
Hall, D.	6th ..
Jones, G.	6th ..
Cooper, B.	6th ..
Flower, D.	6th ..

BUDOKAN JUDO CLUB

24th June, 1956

Campbell, H.	1st Kyu
Watson, D.	2nd ..
McLean, D.	3rd ..
Coutts, P.	4th ..
Ferguson, T.	4th ..
Cochrane, J.	5th ..
Maple, K.	5th ..
Nelson, D.	5th ..
Myerthall, M.	5th ..
Myer Thall, M.	5th ..
Wall, R.	5th ..
McIvor, J.	5th ..
Brown, G.	6th ..
Brown, J.	6th ..
Lean, D.	6th ..
Smith, T.	6th ..

LADIES

BUDOKAN JUDO CLUB

24th June, 1956

Hope, Miss K.	3rd Kyu
McKinnon, Miss Mary	4th ..
McKinnon, Miss Marg	4th ..

CASTLEFORD JUDO CLUB

25th November, 1956

Strangward, L.	4th Kyu
Coomer, A.	5th ..
Cranswick, B.	5th ..
Kaye, O.	6th ..

CHARD JUDOKWAI

6th October, 1956

Moore, P. A.	4th Kyu
Collier, C.	5th ..

CHELMSFORD JUDO CLUB

8th November, 1956

Edwards, J.	3rd Kyu
Millen, A. G.	3rd ..
Jones T. M.	4th ..
Sadler, L. J.	4th ..
Fewell, P.	5th ..
Goldman, M.	5th ..

LADIES

CHELMSFORD JUDO CLUB

8th November, 1956

Jones, Mrs. B.	5th Kyu
May, Mrs. D.	5th ..
Cast, Miss J.	5th ..
Harper, Miss W.	5th ..
Golding, Miss M.	5th ..
Squirrel, Miss M.	5th ..

CLUARANKWAI JUDO CLUB

26th August, 1956

Findlay, N.	1st Kyu
Doyle, J.	5th ..
Morrison, A.	5th ..
McCreath, M.	5th ..
Brown, I.	6th ..
Ferguson, J.	6th ..
Stewart, G.	6th ..
Robertson, A.	6th ..
Cowan, R.	6th ..

DARLINGTON JUDO CLUB

25th November, 1956

Shaw, S.	5th Kyu
Coates, T.	6th ..

DE HAVILLAND (BOLTON) JUDO CLUB

1st December, 1956

Crank, N.	4th Kyu
Cope, W.	6th ..
Haslam, K.	6th ..
Flanagan, L.	6th ..
Duxbury, D.	6th ..

DERBY JUDO CLUB
27th October, 1956

Payne, J.	2nd Kyu
Martin, J.	3rd "
Whitehurst, R.	5th "
Stringfellow, G.	5th "
Evans, B.	6th "
Gates, D.	6th "
Wayne, B.	6th "

LADIES
DERBY JUDO CLUB
17th November, 1956

Siddals, Miss J.	3rd Kyu
Horne, Mrs. D.	3rd "

DONCASTER JUDO CLUB
25th November, 1956

Bruce, W.	2nd Kyu
Culton, R.	5th "
Glidden, B.	6th "
Cawood, C.	6th "
Hall, D.	6th "
Cooper, J.	6th "
Bostock, B.	6th "
Errington, R.	6th "
Choppin, B.	6th "
Rotinson, E.	6th "
Wall, A.	6th "
Fowles, J.	6th "
Thorpe, T.	6th "
Swales, T.	6th "

DORCHESTER JUDO CLUB
6th October, 1956

Walker, J.	6th Kyu
Boon, E. G.	6th "
O'Donnell, J.	6th "
Tipping, K.	6th "

DUNJUKWAI JUDO CLUB
28th June, 1956

Kelly, A.	3rd Kyu
Rooney, C.	3rd "
Jack, A.	4th "
Cruikshanks, G.	4th "
Duncan, N.	4th "
Watt, G.	4th "
Flegan, W.	5th "
Sutherland, S.	5th "
Wilkie, J.	5th "
Gourlay, A.	6th "

LADIES
DUNJUKWAI JUDO CLUB
28th June, 1956

Morrison, Miss A.	6th "
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DURHAM COUNTY POLICE JUDO CLUB
27th September, 1956

Purser, W. F.	1st Kyu
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GENKIRYUGI JUDO CLUB
20th May, 1956

Clark, P.	1st Kyu
Hannigan, J.	1st "
Richards, J.	2nd "
Leslie, J.	3rd "
Prentice, A.	6th "

G. K. KWAL, DERBY
27th October, 1956

Nicol, N. J.	4th Kyu
Eley, J.	4th "
Swain, P. B.	4th "
Dakin, M.	4th "
Burley, G.	5th "
Smedley, M.	5th "
Fell, G.	6th "
Fell, T.	6th "
Fletcher, M. K.	6th "
Fletcher, R.	6th "
Jeffrey, L.	6th "
Lucas, V.	6th "
Parker, D.	6th "
Redfern, D.	6th "
Sharpe, G. E.	6th "

GLASGOW POLICE JUDO CLUB
26th August, 1956

McKechnie, H.	2nd Kyu
McGough, A.	4th "
Campbell, J.	5th "
Chapman, N.	6th "
Irvine, Wm.	6th "
Kerr, Thos.	6th "

GLASGOW UNIVERSITY JUDO CLUB
26th August, 1956

Davidson, F.	3rd Kyu
Haddad, R.	4th "

GLASGOW UNIVERSITY JUDO CLUB
23rd September, 1956

McLean, N.	2nd Kyu
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GREENOCK JUDO CLUB
26th August, 1956

Burns, F.	2nd Kyu
Reid, J.	2nd "
Phelan, W.	3rd "
Davies, S.	4th "
McGhee, T.	4th "
Graham, G.	5th "

HASTINGS JUDO CLUB
11th November, 1956

Tutt, G.	3rd Kyu
Waters, G.	3rd "
White, A. H.	3rd "
Hayler, M.	4th "
Evans, R.	5th "
Beney, B.	6th "
Mallett, R.	6th "

HENLYS JUDO CLUB
11th November, 1956

Martin, R. V.	2nd Kyu
Shorelson, E.	3rd "
Andrews, G.	4th "
Amesbury, J.	4th "
Ham, H.	5th "
Nott, T.	5th "
Baird, R.	6th "
Smith, R.	6th "

HOVE JUDOKWAI CLUB
4th October, 1956

Ingle, N.	2nd Kyu
Orton, M.	3rd "
Kelley, F.	3rd "
Pollard, R.	3rd "
Robinson, M.	4th "
Bishop, R.	4th "
Yates, T.	5th "
Tubb, I.	5th "
Morrill, D.	5th "
Edwards, M.	6th "
Catherall, E.	6th "
Hall, A.	6th "
Henley, R.	6th "
Field, N.	4th "

LADIES
HOVE JUDOKWAI CLUB
4th October, 1956

Bourgeois, Miss P.	6th Kyu
Bugg, Miss S.	6th "

HUDDERSFIELD JUDO CLUB
25th November, 1956

Feeney, A.	2nd Kyu
Smith, C. H.	6th "

HYSON GREEN JUDO CLUB, NOTTINGHAM
7th October, 1956

Towle, A.	1st Kyu
Lawton, G.	3rd "
Kelly, D. W.	3rd "
Gill, R.	5th "
Hillery, F.	5th "
Schofield	5th "
Hind, D.	5th "
Kelley, P. J.	5th "
Poyser, A. R.	6th "

DUNJUKWAI JUDO CLUB
23rd September, 1956

Smith, G.	4th Kyu
Findlay, A.	5th "

JUGAKUKWAI JUDO CLUB
24th June, 1956

Purves, W.	1st Kyu
Spence, D.	2nd "

JUSHINKWAI JUDO CLUB
26th August, 1956

Borton, R.	1st Kyu
McKenzie, G.	3rd "
Davis, J.	4th "

KITSUNE RYUGI JUDO CLUB
29th September, 1956

McLeod, D.	6th Kyu
------------	---------

KODOKWAI JUDO SOCIETY
4th November, 1956

Laws, A.	1st Kyu
----------	---------

KOIZUMIKWAI GLASGOW
26th August, 1956

McNeill, N.	3rd Kyu
Christie, R.	4th "
Tennent, R.	4th "
McCulloch, D.	4th "
McCulloch, J.	6th "
McCluskey, J.	6th "
McCluskey, E.	6th "
Reid, P.	6th "

KIMOTA-YA JUDO CLUB
26th October, 1956

Kane, J.	4th Kyu
Kane, Jack	6th "

KITSUNE RYUGI JUDO CLUB JUNIORS
4th November, 1956

Hislop, I.	5th Kyu
Fisher, W.	5th "
Mackay, R.	6th "

KITSUNE RYUGI JUDO CLUB
29th September, 1956

Grainger, W.	5th Kyu
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LADIES
KITSUNE RYUGI JUDO CLUB
29th September, 1956

Hogan, Miss A. M.	1st Kyu
-------------------	---------

KODOYOSHIN JUDO CLUB
26th October, 1956

Porter, W.	1st Kyu
Richardson, S.	1st "
Gray, R.	2nd "
Blair, J.	4th "

LIVERPOOL UNIVERSITY JUDO CLUB
1st December, 1956

Cook, M.	4th Kyu
Haisley, J. R.	5th "
Sutton, P. C.	5th "
Collins, A. C.	5th "

Hulmes, H.	6th "
Dyson, B.	6th "
Larkman, J.	6th "
Whittle, E.	6th "
Hadley, J. W.	6th "
Pollard, D.	6th "
Talbot, D.	6th "
Thurham, D.	6th "
Mather, F. H.	6th "
McMahon, F. T.	6th "

LADIES
LIVERPOOL UNIVERSITY JUDO CLUB
1st December, 1956

Gorton, Miss A.	6th Kyu
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LOUGHBOROUGH COLLEGE JUDO CLUB
17th November, 1956

Khalifeh, M. E.	4th Kyu
Khalifeh, A. F.	4th "
Page, B.	5th "
Lee, R.	5th "
Habib, H. S.	5th "
Minas, E. V.	5th "
Robinson, G.	6th "
Haboo, J. Y.	6th "
Haboo, S. Y.	6th "

MATSUMACHI JUDO CLUB, BOURNEMOUTH
13th November, 1956

Miller, G.	5th Kyu
Tomlin, J.	5th "
Williams, S.	5th "
Burdell, D.	6th "
Wilson, P.	6th "
Burdell, A.	6th "
Mainstone, A.	6th "
Mainstone, J.	6th "
Marples, K.	6th "
Wentworth, P.	6th "
Cleal, J.	6th "
Ferrie, A.	6th "

M.E.R.L. JUDO CLUB
26th August, 1956

Tudor, D.	2nd Kyu
Kane, Jas.	4th "

LADIES
M.E.R.L. JUDO CLUB
26th August, 1956

McCreadie, Miss M.	4th Kyu
Rae, Miss S.	4th "

NOTTINGHAM JUDO CLUB
6th October, 1956

Wells, J.	3rd Kyu
Cassidy, M.	4th "
Stafford, L.	4th "
Mason, C.	4th "
Woodhouse, J.	5th "

OSAKA JUDO CLUB
26th August, 1956

McWade, J.	1st Kyu
Ritchie, A.	1st "
Skinner, W.	2nd "
Gaughan, G.	2nd "
Clarkston, G.	3rd "
Donaldson, D.	3rd "
Campbell, A.	3rd "
McCormack, D.	3rd "
Kelly, J.	3rd "
Hutton, I.	3rd "
Sharp, G.	4th "
Low, G.	4th "
Tweedle, W.	4th "
Miller, J.	4th "
Steele, Job.	4th "
Tantrahill, D.	4th "
Bryce, J.	4th "
Willison, G.	4th "
Hamilton, D.	4th "

OSAKA JUDO CLUB
26th August, 1956

Steele, J.	5th Kyu
Mathie, J.	5th "
McAdam, J.	5th "
Thomson, W.	5th "
McFadries, J.	5th "
Barnes, R.	5th "
McGarry, H.	5th "
Cree, G. J.	6th "
Gibson, G.	6th "
McDonald, M.	6th "
Caulfield, J.	6th "
Henderson, R.	6th "
Donnelly, T.	6th "

OXFORD CITY JUDO CLUB
12th June, 1956

Grain, J.	5th Kyu
Meadows, M.	5th "
Hathaway, J.	5th "
Sayce, A.	5th "
Bevington, J.	5th "
Richards, A.	5th "
Dancer, B.	5th "
Jones, T.	5th "
Dobbins, J.	5th "
Buckingham, A.	5th "
Dancer, A.	5th "
Good, R.	5th "

OSAKA JUDO CLUB
26th August, 1956

Steele, J.	5th Kyu
Mathie, J.	5th "
McAdam, J.	5th "
Thomson, W.	5th "
McFadries, J.	5th "
Barnes, R.	5th "
McGarry, H.	5th "
Cree, G. J.	6th "
Gibson, G.	6th "
McDonald, M.	6th "
Caulfield, J.	6th "
Henderson, R.	6th "
Donnelly, T.	6th "

OXFORD UNIVERSITY JUDO CLUB
14th June, 1956

Taylor, C.	5th Kyu
Bowles, G.	5th "
Clark, M.	5th "
Wilson, P.	5th "
Greenfield, H.	5th "
Gosden, C.	5th "
Eades, R.	5th "
Cowling, A.	5th "
Slater, M.	5th "
Hunt, R.	5th "
Tenant, M.	5th "

PENGE JUDO CLUB
27th November, 1956

Palmer, K.	5th Kyu
Jones, D.	6th "
Hellicar, D.	6th "
Knott, J.	6th "
Thomas, H.	6th "
Seats, R.	6th "

LADIES
PENGE JUDO CLUB
27th November, 1956

Black, Miss M.	6th Kyu
Rae, Miss V.	6th "

JUNIORS
PENGE JUDO CLUB
27th November, 1956

Dudney, Miss J.	6th Kyu
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PERTH JUDO CLUB
23rd September, 1956

Watson, J.	1st Kyu
Lackie, R.	3rd "
Clephane, W.	4th "
Lumsden, J.	4th "
Lumsden, W.	4th "
Low, F.	4th "
Cathro, G.	4th "
Bowden, I.	5th "
Simpson, D.	5th "
Wallace, R.	5th "
Martin, A.	5th "
Coutts, W.	5th "
Smith, R.	5th "
Duncan, T.	5th "
Lackie, A.	6th "

LADIES
PERTH JUDO CLUB
23rd September, 1956

Dewar, Miss J.	6th Kyu
McArthur, Miss D.	6th "

PRESSED STEEL JUDO CLUB
26th August, 1956

Smith, J.	6th Kyu
Bruce, D.	6th "

R.M.A. SANDHURST JUDO CLUB
11th December, 1956

Hodgson, W.	3rd Kyu
Gill, R.	3rd "
Spall, K.	4th "
Wills, J.	5th "
Penley, R.	5th "
Norris, T.	6th "
Judge, A.	6th "

ROLLS ROYCE JUDO CLUB
17th November, 1956

Johnson, R.	5th Kyu
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ROWLEY BUDOKWAN
17th November, 1956

Roberts, R.	2nd Kyu
Cclledge, D.	5th "
Horne, E.	6th "
Holliswell, A.	6th "
Parsons, A.	6th "

RUGBY OAKFIELD JUDO CLUB
17th November, 1956

McCreath, C. D.	3rd Kyu
McCreath, C. T.	4th "
Reesby, W.	4th "
Adams, C.	5th "
Frost, D.	5th "

SAKAI JUDOKWAI
4th November, 1956

Pagan, G.	1st Kyu
Johnston, W.	3rd "
Blythe, G.	3rd "
Sutherland, G.	5th "
Bain, P.	5th "
Bruce, R.	5th "
Dixon, R.	6th "
Hobbsburgh, J.	6th "
Thompson, L.	6th "
Evans, A.	6th "

LADIES
SAKAI JUDOKWAI
4th November, 1956

Bulloch, Miss J.	6th Kyu
Steele, Miss A.	6th "

SAMURAI JUDO CLUB
26th August, 1956

Nixon, J.	4th Kyu
Duncan, A.	4th "
O'Donnell, E.	4th "
Sellar, W.	5th "
McDowall, W.	5th "
Anderson, J.	5th "
Napier, H.	6th "

SHARDEND JUDOKWAI
17th November, 1956

Pugh, J.	5th Kyu
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SHEFFIELD JUDO CLUB
20th October, 1956

Lucas, D.	5th Kyu
Elliott, J.	5th "
Moore, J.	5th "
Tottle, R.	6th "
Gibson, J.	6th "
Allan, R. H.	6th "
Harris, H.	6th "
Rawson, J.	6th "
Rooker, B.	6th "
Millward, D.	6th "
Brough, G.	6th "

SIR PHILIP GAME JUDO CLUB

27th November, 1956
Harding, H. T. 1st Kyu

SIR PHILIP GAME JUDO CLUB

28th November, 1956
Champion, D. 1st Kyu
Ives, P. 1st
Thoroughgood, R. 2nd
Prime, J. 3rd
Atkins, T. 3rd
Attewell, T. 3rd
Feilding, P. 3rd
Daniels, A. 4th
Feakins, H. 4th
Paine, M. 4th
Law, L. 5th
Haley, M. 5th
Samson, R. 5th
Wocgate, R. 5th
Arnold, P. 6th
Cady, D. 6th
Dolan, J. 6th
Ambrose, S. 6th
Burgess, J. 6th

SMITHS JUDO CLUB

26th November, 1956
Allan, K. 3rd
Curtis, V. 2nd Kyu
Isherwood, P. 3rd
Jones, M. 4th
Childs, J. 4th
Blue, A. 4th
Davis, J. C. 4th
Brazier, A. 5th
Paton, D. 5th
Almond, G. 5th

S.O.K. JUDO CLUB

14th October, 1956
Taylor, D. 2nd Kyu
Keillor, G. 5th
Mew, L. 5th
McPhee, I. 5th

LADIES

S.O.K. JUDO CLUB

14th October, 1956
McDowell, Miss F. 5th Kyu
Flynn, Miss P. 5th
Duncan, Miss E. 5th
Flynn, Miss M. 6th

SFEN VALLEY JUDO CLUB

25th November, 1956
Wood, R. 3rd Kyu
Brooke, D. 5th
Carlton, C. 6th
Holmes, J. L. 6th

ST. ALBANS JUDO CLUB

20th October, 1956
Leslie, D. 2nd Kyu
Baker, M. 2nd
Collinge, T. 3rd
Stevenson, J. 4th
Hawes, E. J. 4th
Gibson, D. L. 4th
Inch, (Mrs.) P. 4th
Elliott, N. 4th
Willcox, V. 4th
Moffatt, N. 5th

Marshall, S. 5th
Hoskins, P. 5th
Winters, D. 5th
Patten, A. 5th
Pattison, M. 5th
Tadgell, J. 6th
Orr, D. 6th
Gleeson, P. 6th
Whiting, J. 6th
Delmar, J. 6th
Moore, B. 6th
Turner, A. 6th
Fitzsimmons, R. 6th
Bailey, R. 6th
Smith, H. 6th
Mustoe, N. 6th

SYNTHONIA JUDO CLUB

23rd February, 1956
Gears, S. 5th Kyu
Flumner, M. 5th
Broadbent, S. 5th
Platts, D. 5th
Trayer, D. 5th
Sutton, L. 5th
Bennett, A. 5th
Bennett, E. 5th
Kirkham, K. 6th
Adams, F. 6th
Geddes, A. 6th

TAUNTON JUDOKWAI

13th November, 1956
Lightfoot, R. 4th Kyu

THE BUDOKAI

27th October, 1956
Preall, J. 5th Kyu

THE BUDOKWAI

6th October, 1956
Adam, P. 4th Kyu

THE JUDOKAN, LONDON

7th November, 1956
Rossi, M. 1st Kyu
Huxley, E. 1st
Hunnissett, D. 1st
Betts, A. 1st
Lovstrom, J. 2nd
Ahmad, T. A. R. 3rd
Ahmad, T. O. 3rd
Munro, T. 3rd
Webster, A. 4th
Ydrogo, D. 5th
Lederer, W. 5th
Platt, P. 5th
Sutherland, K. 5th
Loke, E. 6th
Lim, J. 6th
Humphreys, G. 6th
Tan, S. K. 6th
Lewis, N. 6th
Wahl, G. 6th

TORA SCOTIA JUDO CLUB

26th August, 1956
Coyle, G. 1st Kyu

TORA SCOTIA JUDO CLUB

29th September, 1956
Davidson, R. 2nd Kyu
McIntyre, A. 2nd
Legget, D. 3rd
Herkus, W. 3rd
Sweeney, J. 4th
Steedman, J. 5th
Ramage, T. 6th
Nunn, C. 6th

TRURO JUDO CLUB

2nd August, 1956
Dow, J. 4th Kyu
Smitheram, W. 5th

LADIES

WAKEFIELD JUDO CLUB

25th November, 1956
Hampshire, Miss M. 6th Kyu
Ross, Mrs. I. 6th

WELLS Y.M.C.A. JUDO CLUB

6th October, 1956
Fossey, J. 5th Kyu

WELLS Y.M.C.A. JUDO CLUB

11th November, 1956
Cox, T. W. 4th Kyu
Blackmore, R. J. 5th
Curtis, D. 5th
Gifford, D. 5th
Hill, L. J. 5th
Hutchings, E. 5th

WESSEX GROUP JUDOKWAI

14th November, 1956
Neaves, D. H. 4th Kyu
Addy, F. 5th
Proctor, F. J. 5th
Turney, P. E. 5th
Priddle, P. 5th
Searle, R. C. 6th

WESSEX GROUP (SERVICES) JUDOKWAI EXETER

6th October, 1956
Becker, R. 6th Kyu
Stevens, F. 6th

WISHAW JUDO CLUB

26th August, 1956
Cook, T. 4th Kyu
Steen, D. 4th
Chalmers, H. 5th
Duffy, J. 5th
Anderson, R. 5th
Brown, H. 5th
Jardine, D. 5th
Malcolm, W. 5th
Swan, G. 6th
Tweedlie, E. 6th
McQuade, P. 6th
Stevenson, P. 6th
McAlevy, J. 6th

YORK RAILWAY INST. JUDO CLUB

7th November, 1956
Thompson, G. 2nd Kyu
Turner, N. 4th
Murgatroyd, J. 4th
Ruddock, H. 4th
Thornton, D. 4th
Brooks, P. 5th
Taylor, J. 5th
Mellor, T. 5th
Maw, M. 5th
Woods, M. 6th
Sanderson, D. 6th
Seeley, K. 6th

LADIES

YORK RAILWAY INST. JUDO CLUB

7th November, 1956
Cawkwell, Miss E. 6th

JUDO IN THE U.S.A.

Philip S. Porter, Captain, U.S.A.F.



THE Third National Amateur Athletic Union Judo Championships were held in the Olympic Auditorium on 28th and 29th May, 1955. Since I came to England in 1954, I did not see these contests, but heard of them through my friends who competed in and watched the matches. From what I could gather, the contests revealed no outstanding new Judo talent since two of the four 1954 weight division champions successfully defended their titles, and Gene LeBell again won the grand championship during the eliminations between the champions of the four weight brackets. John Osako of Chicago won the 180-pound championship, but was

again defeated by LeBell during the contesting for the grand championship. Kenji Yamada again won the 150-pound division, and Vince Tamura of Chicago, the 1954 180-pound champion, placed second to Osako. (This same Vince Tamura was also among the eight quarter finalists in the World Championships last May). As a background to this tournament, I'd like to recall some Judo experiences in the Los Angeles' area of Southern California.

Each year the two yudanshakwais of California pick a team composed of between 15 and 30 men, of all Judo grades available, to contest against a similar team from the other yudanshakwai. At the end of May, 1954, we, of Northern California, went to Los Angeles for this tournament. There were about thirty of us from Northern California, the highest being 3rd or 4th Dan and the lowest 2nd Kyu, as I remember. We contested in the gymnasium of a school building on a mat space about 18 to 22 feet square. Both teams were lined up around the mat and the gym. was so crowded with spectators that we seemed to be sitting on their feet. The school was in the Japanese-American community, and spectators were hanging in the windows and packed all around behind us. I can remember sitting there between two of my friends, all of us shodans, with the sunlight streaming in the windows on that warm May day, trying to size up the opposition and making comments on the contests. We contested twice, first through the teams man for man to pick the team champion, and then again in the "winner stays out" style, each man contesting against as many of the opposite team as he could best, and then retiring when he drew or was beaten.

My friend, Ben Campbell, was on my right, the last one before me to compete, and he was able to throw his opponent showing very good style. I remember Suzuki, of the San Francisco Dojo, next higher on my left, leaning over and inquiring "Who is that hakojin?" (caucasian) and then saying something like, "Not bad at all." His remark illustrates a tendency in American Judo which you don't have here in England. Since there is such a large percentage of judoka of Japanese descent in the centres of Judo in Los Angeles and San Francisco, sometimes there is a benign, surprised look on the part of the Japanese when some caucasian makes a good showing, especially in style rather than strength. It is a sort of friendly joking that goes on between Judo men, as if to say, "Look! 200 pounds and he knows a trick too."

After the first run-through, each man meeting his opposite number of the other team, the North had won with the greatest number of victories. Then we started at the bottom again and let each man stay out as long as he could win in the red and white type of contest. During these matches Gene LeBell met several second and third dans of the North California team and was quite successful. As I remember he took three men and drew with the fourth, and I particularly remember one of his contests against a nidan. He began by attacking strongly against the left side with osotogari and seoiotoshi and then just scooped his opponent's feet out on the right side with ashi harai. His opponent was frantically trying to defend on the left, and was overbalanced completely toward the right. At the end of the contests, LeBell was awarded third dan as a result of winning the Nationals a few weeks earlier and also for his showing that day in the North-South Tournament.

The Hollywood Dojo in Hollywood, California, is the club at which Gene LeBell did much of his practicing at that time, although he did do a lot of work, I remember his saying, at the Seinan and Sawtelle Dojos as well. The instructor at Hollywood Dojo at that time was Mr. Kikuchi, who is now a fifth dan. Their method of practice is of interest because it differs slightly from the usual custom in England. At the beginning of the class everyone lines up across the mat from the instructor and there is a kneeling bow for opening. Then usually, after some stretching exercises, the instructor has all of the students, especially the young ones, form a long line and circle the mat making rolling falls, winding up with rolling falls after having jumped head-first over the back of another student. This extended warm-up is followed by randori for an hour or so until the end of the class. During the two times I practiced there no formal instruction was given to all students, just pointers passed out in the course of randori or on the side-lines. I would say that the manner of randori was more like that in the provincial dojos of England than in the Budokwai. I have found the practice in the Budokwai more severe than anywhere else I've been, including America, Germany and France. Of course individuals in every club work and practise hard, but in the Budokwai it seems that almost everyone does.

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