

JUDO

No. 13, AUGUST 1981

Price 75p

In this issue:

BRITISH NATIONAL (CLOSED) CHAMPIONSHIPS FOR WOMEN

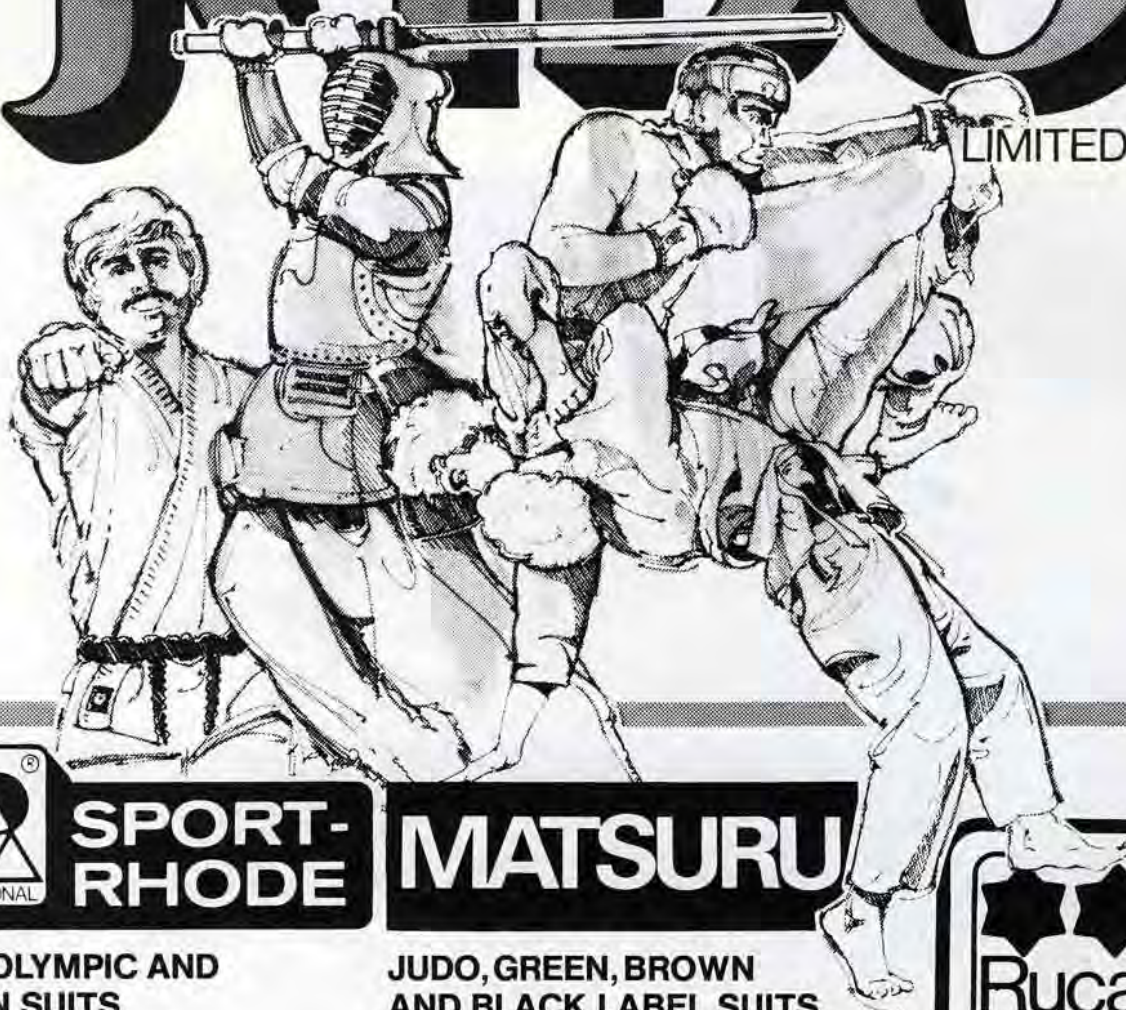
UNITED KINGDOM AREA TEAM CHAMPIONSHIPS FOR BOYS

WORLD CHAMPIONSHIPS PREVIEW

'HERE COME DE JUDGE'... Photograph focus on Referees



JUDO LIMITED



**SPORT-
RHODE**

JUDO, OLYMPIC AND
NIPPON SUITS
AS WORN BY THE
BRITISH WOMENS TEAM.
ALSO KARATE GI'S.

MATSURU

JUDO, GREEN, BROWN
AND BLACK LABEL SUITS.
AS WORN BY THE
BRITISH MENS TEAMS.
ALSO KARATE GI'S.



JOGGERS BAGS ETC.

CLUB SUITS

JUDO SUITS
STARTING AT £6.60
SPECIAL DISCOUNT
TO CLUBS,
ALSO KARATE SUITS

TRACK SUITS

RED, WHITE, BLUE
OR NAVY & WHITE
BY RUCANOR
ALSO CLUB SUITS
DETAILS ON REQUEST

MATS

JUDO LTD. CLUB AND
COMPETITION MATS
OLYMPIC S.R. MATS
BY SPORT RHODE.

CLUB MOTIFS

P.V.C. STICKERS
BADGES
SWEAT SHIRTS
T. SHIRTS
SKIEX JACKETS
DETAILS ON REQUEST



SEND NOW!

FOR
COMPLETE
CATALOGUE
AND
PRICE LIST
SEND 30p
TO:

JUDO



116 Stockport Road,
Marple, Stockport,
Cheshire
SK6 6AH.

Telephone:
061-427 5551

All material published in *JUDO* Magazine is copyright and reproduction in whole or in part is forbidden except by written consent of Judo Limited.

Contributions to *JUDO* should be addressed to the Editor and sent to: 51 Northfield Farm Road, Edinburgh EH8 7QS.

Contents

United Kingdom Area Team Championships for Boys..... Pages 5/6/7

B.S.J.A. Finland Trip and International..... Pages 8/9

Techniques for the Competitor..... Page 10

The British National Championships for Women
Pages 12/13/14

Judo Poster..... Pages 16/17

Top Technique..... Page 19

Star Profile—Michael Nowak..... Page 20

'Here Come De Judge'..... Pages 21/22

B.S.J.A. Nationals..... Page 23

World Championships Preview..... Pages 24/25

Round and About..... Pages 26/27

Frankly..... Page 28

Gleeson's Market Stall..... Page 30

JUDO

JUDO is published by Judo Limited, Publications Division, 28/7 Dumbryden Gardens, Wester Hailes, Edinburgh EH14 2NN, Scotland. Head Office: 116 Stockport Road, Marple, Stockport, Cheshire SK6 6AH.

Editor: Colin McIver.

Regular Correspondents: Peter Campbell, John Beard, Frank Smith, Anne McGowan.

JUDO Photographers: David Finch, Colin McIver, Karl Bacon, Frank Smith (FJR).

Compilation and Original Design: Frank Smith.

Distribution: FJR Publishing.

Designed and Printed: Peerless Press Limited, Spon Lane, West Bromwich.

Subscription Rates

Six Issues—£4.50 Twelve Issues—£9.00

Overseas

Six Issues—£6.20 Twelve Issues—£13.40

Airmail

Six Issues—£10.50 Twelve Issues—£21.00

★ COVER PICTURE ★

ANN HUGHES attacks JANE SKIVINGTON
in the National Championships for Women
1981.



It has been quite a month, with the main competition being the British 'Closed' Championships for Women staged by the Southern Area.

This is the first time that the National Championships have been staged outside the Midland Area (who originated the event) and they continued their record of innovation by putting on the first United Kingdom Area Team Championships for Boys, albeit on a 'shoestring' budget.

This event, will, I am sure, become one of the major competitions of the year. It has been spoken about for some time, a team event of this nature for juniors is not a new idea. However, as so often in the past, it was the Midland Area who got it together and organised the first event. A similar event for girls is planned later this year—on 19th December.

The Annual General Meeting of the British Judo Association was held at the Wembley Crest Hotel on 14th June and was well attended. As was the Coaches Conference, organised by the Training Sub-Committee, on the preceding day, where talks were given by Dr Ken Kingsbury on sports injuries, Ray Mitchell on refereeing, and several other speakers.

Judging by the response to this conference, I would say there is a need for more events of this nature. By all accounts the British Judo Association Council Meeting was a stormy affair and there was some heated discussion on the Management Committee structure.

A new Management Committee has been elected by the member clubs and some concern has been expressed that most of the new Committee come from the Midland and Southern Areas. No positive action was taken and we will just have to wait and see how the new Committee performs.

An assistant to the Team Manager is to be appointed shortly and we look forward to some renewed activity in that area.

In his closing speech at the Coaches Conference, Mick Leigh—Chairman of the Training Sub-Committee—outlined the Committee's plans for the on coming year. It seems that they intend to tackle many of the Association's problems.

Always an optimist, I look forward to a better year than last.

Colin McIver...Editor

Diary of Events

NATIONAL AND INTERNATIONAL EVENTS

Saturday 1st and Sunday 2nd August 1981

National Kata Course, Barrow Hills School, Guildford

Saturday 8th to Friday 14th August 1981

Gunners School/National Squad, Crystal Palace

Saturday 22nd August 1981

British National Championships for Men, Haden Hill Leisure Centre. Sponsored by the *Sandwell Evening Mail*. Entry form in this edition. Points scoring.

Friday 28th and Saturday 29th August 1981

National Police Judo Championships, Exeter

Thursday 3rd to Sunday 6th September 1981

World Championships, Maastricht. (See preview pages 24-25)

AREA EVENTS

Sunday 2nd August 1981

Dan Grading, Ryecroft J.C., Nottingham—11-00am

Saturday 8th August 1981

Chapelhouse Boys Low Grade Event. (Closed to Midland Area)

Sunday 30th August 1981

South Lancashire Girls Open Championships

Saturday 12th September 1981

Welsh Open Under 18's Championships

Saturday 19th September 1981

Midland Area Girls Championships. (Closed to Area)

MIDLAND AREA CENTRE OF EXCELLENCE SQUADS

Sunday 2nd August 1981

Women, Hardy Spicer J.C.—11-00am

Sunday 9th August 1981

Men, Haden Hill Leisure Centre—11-00am

Sunday 16th August 1981

Boys, Hardy Spicer J.C.—11-00am

Sunday 30th August 1981

Girls, Hardy Spicer J.C.—11-00am

MIDLAND AREA PROMOTION EXAMINATIONS

Sunday 2nd August 1981

Boys all Grades, Bicton—9-30am

Sunday 2nd August 1981

Girls all Grades, Bicton—12-00noon

Sunday 9th August 1981

Girls all Grades, Scunthorpe—10-30am

Sunday 9th August 1981

Women Kyu Grades, Scunthorpe—2-00pm

Sunday 23rd August 1981

Boys all Grades, Chapelhouse—10-00am

Sunday 23rd August 1981

Girls all Grades, Chapelhouse—1-00pm

Sunday 23rd August 1981

Boys all Grades, Scunthorpe—10-30am

Sunday 29th August 1981

Men Kyu Grades, Coventry—2-00pm

Sunday 29th August 1981

Boys all Grades, Northampton—10-00am

Sunday 29th August 1981

Girls all Grades, Northampton—12-00noon

Sunday 6th September 1981

Boys all Grades, Dudley—10-00am

Sunday 6th September 1981

Girls all Grades, Dudley—1-00pm

Sunday 6th September 1981

Women Kyu Grades, Derby—10-00am

Sunday 6th September 1981

Men Kyu Grades, Derby—12-00noon

Sunday 6th September 1981

Boys 10 Mon and above, K.K.K.—10-00am

Sunday 6th September 1981

Boys all Grades, Worcester St. Pauls—10-00am

Sunday 6th September 1981

Girls all Grades, Worcester St. Pauls—12-00noon

Sunday 6th September 1981

Boys all Grades, Kettering—10-00am

Sunday 13th September 1981

Men Kyu Grades, Worcester Judo Society—10-00am

Sunday 13th September 1981

Women Kyu Grades, Worcester Judo Society—1-00pm

Sunday 13th September 1981

Men Kyu Grades, Midlands Arts—10-00am



TATAMI

Judo Limited Club Mat... 14lb density high grade chip foam: green or red Tatami available. With or without anti-slip base.

Judo Limited Competition Mat... 17lb density high grade chip foam: green or red Tatami available. With or without anti-slip base.

Club Mat... 2m x 1m £35.50. **Competition Mat...** 2m x 1m £37.50.



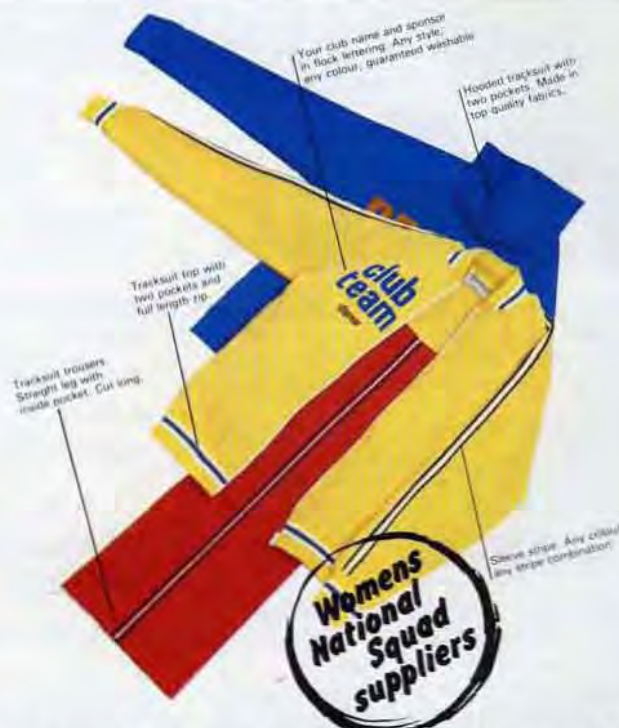
Prices **do not** include VAT. Delivery free, discounts available on application.

Also available: Sport-Rhode Olympic SR Tatami in green or red. Sizes: 1m x 1m or 2m x 1m. Prices and details on application.

JUDO LIMITED

116 Stockport Road, Marple, Stockport SK6 6AH

Telephone: 061-427 5551



name your tracksuit

been bag

Top Quality is Our Reputation

CROOKHILL TERRACE, CROOKHILL, RYTON,
TYNE AND WEAR, NE40 3ER
Telephone Ryton 3159 (STD Code 089 422)

U.K. AREA TEAM CHAMPIONSHIPS

BOYS—UNDER 18 YEARS.

Haden Hill Leisure Centre, Warley. 20th June 1981.

Well, if nothing else, this haphazard competition, run on a shoe string budget by the Midland Area, served to get the Boys Team Event on the programme and with some tidying up and a more professional approach will obviously produce a popular event.

Whilst the seeding of the eleven teams entered proved to be accurate, the unfortunate errors in the transfer to the second round compounded by the incorrect procedure in the Tournament Handbook had the N.H.C. 'B' Team meeting their 'A' Team and the Midlands 'B' meeting the Midlands 'A'.

It might also be better to have another look at the weight categories for next year as each match seemed a bit long winded though this would of course defeat the object of giving juniors a representative opportunity. Eight areas supported the Championships which can't be bad for a start though surely areas like the West, London, Yorkshire and Humberside and the East could have given their juniors a trip out and a representative honour at minimum expense.

Those areas which did participate generously helped in the spirit of the Event and each brought a referee at their own expense which also gave a nice mix of loyalties on the mat and produced excellent refereeing which was tempered with discretion in the awarding of penalties.

Congratulations also to the players and team managers for their discipline and co-operation in staging the championships. A similar contest will be run for Girls on 19th December at Haden Hill Leisure Centre which in conjunction with this one, should give us some basis for deciding on a format and method for staging future National Area Team Championships.

The seeding could obviously not be decided on past success so the National Under 18's Championships was used to calculate the relative strengths of each Area. By adding up the number of medallists in the Nationals, the Northern Home Counties appeared to have potentially the strongest team with the Midlands second and the South and North West in third places. The other teams were drawn by the Team managers to give the following four Pools:

| | | | |
|------------|------------|--------------|--------------|
| Pool 1— | Pool 2— | Pool 3— | Pool 4— |
| N.H.C. 'A' | South | Midlands 'A' | N.W. 'A' |
| Wales 'A' | N.H.C. 'B' | N.W. 'B' | North |
| — | Wales 'B' | Scotland | Midlands 'B' |

The team managers also decided on four minutes as the overall contest times though there were some opinions expressed as after-thoughts that this might be reduced to three minutes below 40 kilos. Armlocks and strangles were allowed over 55 kilos.

The Northern Home Counties Team, managed by Don Werner, had a fortunate draw with only the Welsh 'A' Team fight to decide the Pool order and they proved far too efficient for the Welsh boys winning 11 contests to one with only Davies winning for the Welsh lads when he beat Sinfield by a Yuko. Nearly all the N.H.C. wins were on the ground with Stevens, Samy and Smith winning with strangles and all except Rose and Welch holding to win by Ippon.

The Welsh naturally went into the quarter finals in second place to meet the Southern

Area who convincingly won their Pool with a 10-2 success over the Welsh 'B' side and a much closer 6-4 defeat of the N.H.C. 'B' Team. Greaves and Holgate of the N.H.C. 'B' side had got lost 'en-route' which meant that their Team fought with two men short which obviously helped the South into first position. Only four Ippons were scored in this bout, all of them on the ground with Varty (N.H.C.) strangling Fisher (S) only to see it pulled back in very efficient fashion by McNaughton (S) who strangled Pooley (N.H.C.) in just one minute. Kator (N.H.C.) held Ley and Goodridge (S) held Dickson with all the other bouts being lost on small scores in a very close contest.



Above...J. ROSE (N.H.C. Team)

The Welsh 'B' Team fought valiantly but were no match for the other two and lost their bouts 10-2 and 11-0.

The Midlands 'A' Team had a more difficult task in Pool 3 with Scotland and the North West 'B' managing an 8-3 win over Scotland and then a 9-1 success over the lads from the North West to be followed by a most exciting match between Scotland and the North West 'B' teams to decide the other quarter-final place with Scotland shaving it 6-5 and being well aided by two absent players in the North West side.

The Midlands side were certainly not as well prepared or rehearsed as Don Werner's efficient squad, but they do show individual originality which gave them more high scoring wins from throws than any other team. Having said that, McSorely of Scotland started the throwing by scoring the first Ippon of the day on Finlay (Midlands) but then Davis, Riley, Jones and Titley then threw for the Midlands to ensure their victory.

In their second match, the Southern Area won three contests by Ippon from throws which followed on the Midlands match and produced an entertaining period during the event which so far had been dominated by Newaza.

Tyldesley and Officer of the North West 'A' team also got amongst the throws scoring Ippon and Wazari in their 7-3 win over the Northern Area and Finney and Acton both threw their Midlands 'B' opponents for Ippon to ensure that they topped their Pool with the Midlands lads joining their 'A' Team in the quarter-final by taking second place by beating the North. Now came the fun...

The logical progression from four Pools into quarter-finals is that Pool 1 winner fights the Pool 4 second, in quarter-final A, Pool 2 winner fights Pool 3 second in quarter-final B, Pool 3 winner fights Pool 2 second in quarter-final C, and Pool 4 winner fights Pool 1 second in quarter-final D...as in individual knockout transfers. This would have given, N.H.C. 'A' v

Left...RUSSELL (Midlands) v BECK (N.W. 'B')



1

**M. TITLEY (M) throws
S. HASELDON (NW) for Yuko.**



UK Area Team Championships

- 1—M. TITLEY (Midlands).
- 2—S. HASELDON (North-West).
- 3—North-West Squad supporters.
- 4—D. BINNER against A. TRIGG.
- 5—North-West Area Team.



2



3



5



4



REPORT & PICTURES Frank Smith

- 1—S. Bryan attempts Tomoe-nage.
- 2—Don Werner N.H.C. Team Manager and supporters.
- 3—Midland Area 'A' Team.



Midlands 'B', South v Scotland, Midlands 'A' v N.H.C. 'B' and North West 'A' v Wales 'A', which would have been four excellent quarter-finals but unfortunately the Tournament Handbook gives the wrong arrangement of Pool 1 winners fights Pool 2 second, Pool 2 winner fights Pool 1 second, Pool 3 winner fights Pool 4 second and Pool 4 winner fights Pool 3 second.

This meant the N.H.C. 'A' Team met the N.H.C. 'B' Team and Midlands 'A' met Midlands 'B'. It also meant that if Wales beat the South they would meet the N.H.C. 'A' team again in the semi-final and if Scotland beat the North West 'A' Team they would again grapple

with the Midlands 'A' who had already beaten them in the Pool.

Obviously with some matches already on, nothing could be changed at this stage as some areas were quite happy with the arrangement though not unreasonably the Midlands and N.H.C. teams were not too pleased, and some unpopular fights had to take place where Club mates and even brothers were fighting each other for a semi-final place. However another lesson learnt, though my implicit faith in the Tournament Handbook has taken a severe knock, I suppose seeding in the first round of drawn teams could eliminate this problem, but this is now expressly forbidden by the BJA

and is sometimes not practical or particularly moral.

The N.H.C. 'A' and Midlands 'A' Teams naturally defeated their 'B' Teams leaving Scotland to be edged out by the North West 'A' Team in a reversal of their 'B' Team's score winning 6-5 with all except one win being on the ground. The South beat Wales 7-3 with another impressive performance by McNaughton in throwing Lewis for Ippon in just 50 seconds which was almost duplicated by Goodridge in his Wazari win over Jones. This gave absolute justification for the seeding with the semi-finals being N.H.C. 'A' versus south and Midlands 'A' versus North West 'A'.

In the first match the Pinewood and N.H.C. boys continued their well rehearsed Newaza moves into the semi-final with only the reliable McNaughton managing a win for the South and no fewer than seven Ippons being scored against them on the ground. O'Lowery and Goodridge fought a draw at 34 kilos which gave the N.H.C. a dominant 10-1 win and a final place against the Midlands.

Their progress into the final was nowhere near as clear cut, just managing a 5-2 scoreline with surprisingly neither side managing to score more than a Yuko and every contest going to time. The final score of 21 points to 8 shows how close it was and there could have been no complaints if it had gone to the North West who are now a very much improved squad.

The final was as the seeding had predicted and the 8-4 final scoreline was also about right. Once again the discipline and professional approach of Don Werner's coaching won seven Newaza battles on Ippon whilst Mick Russell of the Midlands rather carelessly earned a disqualification for striking with the knee (to break a sleeve grip) and then stepping out. All the Midlands scores were from throws with Riley scoring ten points with a nice Uchimata which after some thoughtful work has now been tidied up to avoid the 'head dive' penalties which he suffered last year.

What can one say about N.H.C. (Pinewood) squad that hasn't already been commented on? Their Newaza is superb, if limited, and their entries and turn-overs are well practised and rehearsed to perfection. Their response to Don's mat edge coaching is quick and they are constantly aware of his presence and alert to his advice. Some of the moves have been known as the 'Pinewood Turnovers' for a couple of years now, yet in this tournament, they were ridiculously effective and virtually won the title of Team Champions for them.

This has got to be an indictment of the other Area coaches who by now should have adopted the moves themselves or worked out defences or avoidances. It has to be said though, that none of the N.H.C. 'A' Team scored higher than a Yuko from throws throughout the day and of their 'B' Team only Dickson bettered this when he threw Allsopp of Wales for Ippon.

The Midlands Team on the other hand showed more originality and skill in Tachiwaza and scored more Ippons and Wazaris from throws than any other team yet they were not nearly as disciplined as the N.H.C. (in Newaza) and at times, especially on the ground, were quite careless.

Mick Russell was a good example of the vivacious yet careless style of some of the Midlands players and his disqualification was unnecessary and showed a lack of the 'on mat' Team discipline which the N.H.C. Team had in abundance. With care he would have won his contest and most certainly would have drawn it.

But, do we repress this originality so soon in a player's career to achieve wins or let them fight as 'free spirits' in the hope that team responsibility may be acquired later. Perhaps this event could be a good training ground for coaches.

Many thanks to everyone taking part in the event. I am sure that the origination of a Team Championships will ensure similar 'National' contests in the future.

B.S.J.A.

THREE-WAY INTERNATIONAL

In July 1979, a team of boys from Finland fought a British Schools Judo Association team at Haden Hill Leisure Centre, Warley, West Midlands. On that occasion the British Team marked up a very decisive victory. Then in October 1980 a BSJA team of boys and girls visited Malta and returned triumphant.

Consequently, it was with some confidence that seven girls and seven boys left Heathrow on 2nd July, Helsinki bound, to meet the Finns on their own ground. For this event, however, Sweden were invited to take part.

The party, managed by Malcolm Collins and Juliet Evans cleared customs and were greeted at 10-00pm, Finnish time, by Reino Fagerlund, who is now employed full time by the Finnish Judo Association, with special responsibilities for juniors.

A comfortable coach carried the party to the small town of Tikkurila where the first two nights were to be spent in a well equipped modern youth hotel.

In July 1979, a team of boys from Finland fought a British Schools Judo Association team at Haden Hill Leisure Centre, Warley, West Midlands. On that occasion the British Team marked up a very decisive victory.

In October 1980 a BSJA team of boys and girls visited Malta and returned triumphant.

Consequently, it was with some confidence that seven girls and seven boys left Heathrow on 2nd July, Helsinki bound, to meet the Finns on their own ground. For this event, however, Sweden were invited to take part.

The party, managed by Malcolm Collins and Juliet Evans cleared customs and were greeted at 10-00pm, Finnish time, by Reino Fagerlund, who is now employed full time by the Finnish

Judo Association, with special responsibilities for juniors.

A comfortable coach carried the party to the small town of Tikkurila where the first two nights were to be spent in a well equipped modern youth hotel.

After breakfast the following morning, a light training session conducted on a Dojo, beneath the hostel, preceded a train ride into Helsinki where the team were allowed free time to look around the pleasant Finnish capital.

At 6-00pm that evening the adults in the party reported to the British Embassy, by invitation of Mr Stuart, the British Ambassador, to join an informal reception held for the members of the British Europa Cup Athletics Team who were to compete in the Olympic Stadium that weekend.

On Saturday 4th July, the party travelled by train to the old city of Turku, arriving at 12-30pm. As the tournament was scheduled for a two o'clock start, it was necessary to go straight to the Kupitta Sports Centre, at which the first of two Finnish Judo weeks was being held.

Sadly, Finland were unable to turn out a full girls team and Sweden could bring only a boys team. Not surprisingly the British girls were disappointed that they were to be denied full participation.

The Vice-President of the Finnish Judo Association Kai Linberg, welcomed the visitors and introduced the teams. The British contingent's appearance caused much favourable comment from observers, as they lined up resplendent in superbly designed tracksuits, generously donated by Judo Limited.

Left: National Squad Member Antt Hyvarinen in a 'pirate' MAM T-Shirt.



B.S.J.A. GIRLS TEAM



B.S.J.A. BOYS TEAM

After the formalities the tournament commenced, watched by a disappointingly thin audience from which could be heard the screams of encouragement of just three British supporters who earned the gratitude of the party for going to the trouble—and considerable expense—to make their own way to Finland in order to cheer on our kids.

FINLAND v BSJA GIRLS

Both Helen Taylor and Stephanie Madge were deprived of a genuine team contest, however, both girls were given 'guest' spot during the individual tournament that followed.

Pebs Johns (Under 50 kilos) opened the proceedings by despatching Elina Saumio with



Marc Williamson attempting to counter with Uranage against Osotogake.

Haraigoshi in 45 seconds. Karen Simpson lost to Marja Söderlin by Ippon from Ogoshi. The same girl was called to fight Liz Jackson. The Finnish girl was superior in strength but succumbed to Liz's Hizagaruma—the only score of the fight.

Sharon Egan, despite a courageous effort against a very strong Hlie Lukkanen, lost by Yuko, whilst Jennifer Short held Susanna Kajander to a scoreless draw, giving the British girls an overall win.

FINLAND v BSJA BOYS

Andrew Luxton and Minkinen (Under 45 kilos) fought a fast moving contest, but the Finn was unable to better the Yuko awarded to Luxton in the first minute for a neat Deashi Harai.

Steven Coates fought the frustratingly strong Kuhlman, who will be remembered from the Finnish visit to England... he is a midget, and did extremely well to force a draw. In a contest which attracted some criticism of the referees, Marc Williamson lost to Sinisalmi by Waza Ari. There was no criticism, however, of the fine Ippon scored by Steven Steele from Osotogari, against Lipponen, after 70 seconds.

An interesting contest, with both players showing much skill, between Andrew McNaughton and Hirvonen, resulted in a Koka win for Finland after Mcnaughton narrowly failed to secure Yokoshiho Gatame as time was sounded. Howard Melville's contest with Javi produced no scores, and in another uninspired fight Sean Wiltshire conceded a Koka to Metsola, to give the Finns a team win.

SWEDEN v BSJA BOYS

Using a technique coached by Mick Leigh, who was Britain's EJU referee for the tournament, the previous day, Luxton gained a submission with Ashigatame from a very Surprised Thomas Edling, and Steven Coates also won by Ippon against Stefan Anderson with a strangle. (The organisers decreed that Shimewaza and Kansetsuwaza would be used in the team fights).

Steven Steele obliged by strangling Joakim Fleetwood. Peter Nyvall was seemingly beaten by Marc Williamson, yet after the administration of first aid, the Swede came back to score Ippon with Kouchigari.

Thomas Mansson fell foul of McNaughton's Haraigoshi after 35 seconds. With a Yuko on the board Andrew earned maximum points from a strong Kamishihogotame.

The experienced Melville attached Thomas Nyvall immediately with a Koka scoring Kouchigari which he followed into Kameshihogatame applied with enough power to gain a submission from the Swedish boy.

In a contest consisting mainly of groundwork Sean Wiltshire seized a rare opportunity to knock Markku Alajaski down and win by a Koka.

Sweden defeated Finland, therefore each team having lost once, the final result was computed on points with the BSJA emerging happy winners.

After the team events there followed an individual contest in which the Swedish and British boys were invited to take part.

In this competition Britain took four Gold medals, awarded to Andrew Luxton (Under 45 kilos), Steven Coates (Under 50 kilos), Steven Steel (Under 60 kilos) and Howard Melville (Under 65 kilos).

Andrew Mcnaughton took a Bronze (Under 65 kilos) as did Sean Wiltshire (Over 65 kilos) who was unfortunately injured during his Semi-Final.

During the tournament a message was received from the British Embassy stating that the Manager of the British Athletics Team had arranged for complimentary tickets for the party to attend the Europa Cup on Helsinki, the following day.

This was an unexpected bonus and some team members made a day trip to Helsinki, where they witnessed the marvellous victory of our track and field athletes. They were treated even further by a meeting with the great Seb Coe and Lyn Davies, who was an official with the team.

A good relationship developed with the visiting Swedes, who accompanied the British party on a visit into Turku. British born, Robert de Vere, who managed the Swedish Team, impressed by the standard of the BSJA, extended an invitation for the BSJA to visit Sweden in May 1982 subject to confirmation.

The hospitality of the Finnish hosts was delightful and the efforts made by Reino Fagerlund, who showed great care and paid attention to everyone's needs, even to the extent of arranging a visit to Turku University and a local school, for the educationalists in the party, did much to cement the friendship between the Finnish Judo Association and the BSJA/BJA.

Right...SEAN WILTSHIRE versus THOMAS NYVALL (Sweden) ▶



Above...R BATCHELOR versus S. COOK
Below...JANE JONES versus JOANE GROVES



B.S.J.A. NATIONAL CHAMPIONSHIPS

HADEN HILL LEISURE CENTRE, 11th JULY 1981

★ RESULTS ★

JUNIOR BOYS TEAM

- | | |
|-----------------|----------|
| 1—Wolverhampton | 3—London |
| 2—Avon | Surrey |

INTERMEDIATE BOYS TEAM

- | | |
|-----------------|----------|
| 1—London | 3—Bexley |
| 2—Wolverhampton | Devon |

SENIOR BOYS TEAM

- | | |
|-------------|----------|
| 1—Hampshire | 3—London |
| 2—Middlesex | Surrey |

BOYS INDIVIDUAL

- Under 71 kilos—1—Morris Silvera, London
2—Richard Todd, Kent
3—John Oliver, Devon
Neil Robinson, Dudley
- Over 71 kilos — 1—James Waithe, Avon
2—William Carden, Devon

SPIRIT OF JUDO TROPHY

Devon Junior Boys Team

B.U.D.A. TROPHY

Morris Silvera, London

JUNIOR GIRLS TEAM

- | | |
|-----------------|----------|
| 1—Wolverhampton | 3—Surrey |
| 2—London | Avon |

INTERMEDIATE GIRLS TEAM

- | | |
|-------------|------------|
| 1—London | 3—Havering |
| 2—Middlesex | Kent |

SENIOR GIRLS TEAM

- | | |
|-------------|----------|
| 1—Middlesex | 3—London |
| 2—London | Avon |

GIRLS INDIVIDUAL

- Under 56 kilos—1—Mandy Humphrey, Surrey
2—Tracey White, Dudley
3—Alison Watson, Devon
Karen Simons, Sandwell
- Over 56 kilos — 1—Rachel Evans, Dudley
2—Loane Daniel, Middlesex
3—Christine Double, Surrey
Christina Cook, Devon

TECHNIQUES FOR THE COMPETITOR

Without doubt one of the best players of the sixties was Isao Okano of Japan. He won the Middleweight categories of the 1964 Tokyo Olympics and the 1965 World Championships in Brazil. He was strongly favoured to win the 1967 World Championships in Salt Lake City but was prevented, by injury, from participating. What a pity there was no Judo in the 1968 Mexico Olympics, when he was at the summit of his competitive career. Since retiring he has opened his world famous Judo school (Seki Juku) in Japan and was Japanese team trainer for the 1976 Montreal Olympics. Each year he visits Holland where he conducts training sessions and courses for the Dutch Judo Association. It was during one of these visits that my good friend Frans Lempens—reporter/photographer for the Dutch Judo Magazine took the photographs for this article.

In the first sequence (A-F) the technique is used as a take-down from the standing position and illustrates well the positioning of the attacker's right hand (photo C). Note the attacker's left hand also takes hold of the defending right leg (C-E) to assist with the take-down movement. For this technique to be successful you will have to surprise your opponent and execute the complete attack in one speedy continuous movement.

Sequences 1-4 show the same basic skill being used in a Newaza situation. Here again surprise and speed of execution are vitally important. As always ask your coach to help you and use the ideas presented here, as a basis for experimentation and discussion.

Footnote: A couple of days after these photographs arrived from Holland, I was studying a video tape of the Tokyo Olympics lent to me by Roy Inman and I saw Okano score Ippon with the technique during his semi-final contest; proving to me that the technique could be a useful addition to the competitor's repertoire.



Back issues now available...

ISSUE

- 1 Neil Adam Interview, 1980 European Womens Championships
- 2 1980 Senior Europeans, 1980 Dutch Open
- 3 22nd Olympic Games, All-Japan Championships
- 4 Brian Jacks Interview, 1980 National Championships
- 5 1980 British Womens Open, European Team Championships
- 6 World Championships for Women, Junior Europeans—Lisbon
- 7 Angelo Parisi Interview, 1981 British Senior Trials
- 8 1981 Paris Tournament, British Women, Young Women and Young Mens Trials
- 9 British Students Championships, Scottish Open Championships
- 10 Womens European Championships, National Team Championships

To order: Send completed form with appropriate payment to:—

JUDO LIMITED, 51 NORTHFIELD FARM ROAD, EDINBURGH EH8 7QS

Name

Address

Please send me the following Back Issues of JUDO Magazine Nos.

I enclose £.....

Issues 1-3 65p including postage, Issues 4-on 75p including postage.
(Overseas each issue add 30p per copy—in Sterling please).



JUDO LIMITED
PUBLISHERS AND SUPPLIERS

SYLLABUS BOOKS

Senior and Junior Promotion Syllabus Books available.
Both books fully illustrated with technical direction by Roy Inman.

Single copies—95p + 14p postage
Twelve copies—get two free + £1.00 postage



JUDO LIMITED

116 Stockport Road, Marple, Stockport SK6 6AH



JUDO with Brian Jacks

The fourth International Winter Judo School is to be held at Crystal Palace National Recreation Centre from 13th to 18th December.

Four hours of Judo Training, plus the opportunity to have a go at any sport under the supervision of Brian Jacks and his team of Coaches.

Under 17, £70.00 (Full Board). Over 17, £75.00 (Full Board).

It's International, as 40% of the 130 who attend each year are from all over Europe.

Telephone or write to Brian at 96 Eldred Drive, Orpington, Kent.

0689 20723 (outside London)
66 20723 (inside London)

★ **BOOK NOW!**



MEADOWBANK OPEN JUNIOR JUDO CHAMPIONSHIPS

Sponsored by JUDO LIMITED...
Publishers of Britain's leading Judo magazine

| | |
|---|---|
| Date | Saturday 31st October 1981 |
| Venue | Meadowbank Sports Centre, London Road, Edinburgh, Scotland |
| Prizes | Trophy, Medals and Prize will be presented in each category. |
| Categories | —28kgs —31kgs —34kgs —37kgs —41kgs —45kgs —50kgs —55kgs —60kgs —65kgs —71kgs +71kgs |
| Age Qualification | Over 8 years and under 18 years on date of Event. |
| Weigh-in | Weighing-in will be held on both Friday evening and on the day of the Event. |
| Closing Date | All entries must be received no later than Friday 9th October 1981. Entries only accepted on official forms accompanied by correct fee. No telephone entries will be accepted. |
| Applications | All Competitors must hold a current SJF/BJA individual membership. |
| Rules... | 1... Due to the number of mat areas required, the rules governing location will be modified. 2... Armlocks and strangles will be permitted in the following categories... —60kgs, —65kgs, —71kgs and +71kgs. |
| Entry Fee | £2.00—Tournament Licence applied for. |
| Application Forms and Full Details | Meadowbank Sports Centre, London Road, Edinburgh, Scotland—Telephone: 031-661 5351 |

BRITISH NATIONAL CHAMPIONSHIPS

1981

WOMEN CRYSTAL PALACE, SATURDAY 4th JULY 1981

For the first time the British 'Closed' Championships moved out of Haden Hill Leisure Centre in the Midlands to be staged most efficiently by the Southern Area at Crystal Palace National Sports Centre. This did not seem to have affected the entry and as entries seemed to be up to normal at around 120, though once again Crystal Palace showed how lacking in atmosphere it is for a ladies event. Spectator attendance was minimal and there was so little involvement that at times you could hear the proverbial pin drop but this was in no way the fault of the organisation which was first-class.

Womens Judo has made extraordinary progress since the inception of the British 'Closed' Championships, with a considerable improvement in skill levels and female contest players are now much more tactically aware. There is however, a distinct gulf between the National Squad players and the average competitive women which is more evident now than ever before and in this tournament, the difference was glaringly obvious.

I would like to think that this is because of improved emphasis on skill which Roy Inman has brought to the National Squad sessions and it is true that over the last two or three years some rather staid players have become exciting prospects. It is also example enough for club and area coaches to realise that girls must also receive the best coaching possible and their aims

must be equal to that required of boys and men. Too often in the past girls and womens squads have been the poor relations of the sport and their training has been inferior to that of their male counterparts.

It must also be said that there were some girls at the Championships who were completely out of their depth and showed an astonishing lack of knowledge for such an event but then, that is the attraction of Judo. The club player can meet the stars.

At 48 kilos I was particularly looking forward to seeing Karen Briggs fight as she is one player whom I think has benefited enormously from squad training and her improvement is obvious. A couple of years ago she would have been ranked third or fourth at this level but now she is hot on the heels of Jane Bridge and looks really sharp and fast.

She topped her pool with ease beating Michelle Kinsey (Mid) and H. Evans (Wales) with Michelle coming second to go on to a more difficult match with J. Murphy (NHC) who she beat with a Yuko from Ouchi-gari. Next came the able Lesley Wood (S) who had strangled Linda Stuart (Mid) and Karen disposed of her convincingly with a couple of Yukos and a Koka on the board.

Sandy Fry had also topped her pool and then armlocked Kinsey to have a Semi-final match against old adversary Denise Jackson whom she edged out with a one point superiority win to get the other Final place. In the 'Closed' last year Sandy had eliminated Jane Bridge and was probably ranked number

two at that stage but she could not cope with Karen who took the Gold with a Yuko. Denise Jackson and J. Murphy fought through the repechage for the Bronze medals.

Sandy Fry, Michelle Kinsey, Linda Stuart and Denise Jackson were the 1980 Midland Area Squad members at this weight and all four progressed to the last eight of this event with Denise and Sandy having moved to other Areas.

At 52 kilos I expected the Final to be between Loretta Doyle and Bernie Alltoft, though Kim Duston (Wales) is showing great promise and could easily cause a few upsets, as could recent Midland Area 'Open' Champion Diane White.

Unfortunately Kim was drawn in the same pool as Loretta and came second



KAREN BRIGGS



ANN HUGHES



NATIONAL WOMENS CHAMPIONSHIPS MEDALLISTS

to the British number one and then had to meet Bernie in her first knock-out fight. Bernie is too experienced in Newaza for Kim at the moment and controlled the fight to her pace to earn the decision and then held Worrall (Y&H) for one Final place. White got into the knock-out only to meet and lose to Doyle on a Koka and Loretta then went on to beat Hughes and Chamberlain to take the other Final place. Hughes and Duston came through the repechage for the Bronze medals, whilst Doyle and Alltoft had a ding-dong battle, with Loretta coming out on top with a Yuko from Seo-toshi.

The **56 kilos** event was not nearly as

clear cut though I expected Bridget McCarthy and Diane Bell to make the Final, though there was ample competition from Ripsher and Hicks. All of these progressed into the knock-out with Margaret Hicks (West) getting the best of the split and then earning a win against Gail Entwistle who had to retire with an injury giving Margaret the Final place.

Bridget was steaming through her side of the table until slowed a little by Ripsher who she only managed to beat with a Koka to get into the Final match against Hicks. Ripsher and Bentley fought through the repechage for the

and Jane Skivington. All these players made the knock-out round with Ann fighting with a painful elbow strain sustained in her pool fight with Jane Skivington and looking as if she might have to retire. Kay Greenhalgh was looking good and disposed of Theresa Griffin with an efficient Juj-gatame before losing to the awkward Jane Skivington by a Koka. Jane then met Rogers (NW) whom she was fortunate to beat on Yuseigachi for one point just as Rogers secured an armlock as the bell sounded.

Ann Hughes was performing marvelously, throwing Della Tysall with a one



**MARGARET HICKS versus
BRIDGET MCCARTHY**



**Heather Ford escapes from
Juji-gatame disappointing
Helen Wantling**

Bronze medals, and in the Final Bridget overwhelmed Margaret with a throw and hold for Ippon in fairly quick time. Bridget looked streets ahead of her opposition and appeared much fitter and sharper than anyone in her pool and only in her last two fights did she look at all troubled.

European Champion Ann Hughes was obviously favourite at **61 kilos** though she had plenty of opposition from Chrissie Brennan, Kay Greenhalgh, Jane Seymour, Theresa Griffin, Della Tysall

handed Harai-goshi for Wazari and then continuing it into Newaza for the Ippon, only to meet the formidable Chrissie Brennan who had already disposed of the number one trialist Jane Seymour by a Koka, but sustaining a shoulder injury in the process. This injury limited her somewhat in her fight against Hughes and after one attack was forced to retire leaving Ann to meet Jane Skivington again in the Final. This was quite an achievement for the Midlands girl who achieved her highest placing in

a National Championship but unfortunately she was no match for the European Champion who scored four Yukos and two Kokas in a continuous barrage of strong attacks and so took her second British 'Closed' title.

World Silver medallist Dawn Netherwood fairly coasted to the **60 kilos** title winning every fight on Ippon, mainly from armlocks and holds, except her Final against the strong Janet Thorpe in which she secured the decision. Liza Jones and Abigale Taylor (East) won the Bronze medals in skilful manner confirming the superiority of the National Squad members.

There were only two pools at **72 kilos** and predictably Avril Malley, Sally Cohen, Maureen Bennett and Theresa Hayden moved into the Semi-finals with Avril strangling Sally and Maureen scoring a Yuko from Ouchi-gari on Theresa to get the Final places

Maureen started well and showed greater speed and throwing skills than Avril in gaining a couple of Yukos and a Koka but then got caught on the ground and held in Makur-kesa-gatame for Ippon to the stronger Avril. This was a good return to National level contest for Maureen and her Silver medal on top of the Midland Area 'Open' Gold medal puts her back in the National rankings and should merit her co-option to the National Squad.

Avril is powerful in Newaza but alone amongst the World Championships Team has not improved her standing technique which is now looking more and more limited as other players learn how to handle her. She is such a good and cheerful competitor that it would do her no harm at all to do some serious throwing practise.

There was a similar situation at over **72 kilos** where Heather Ford and Sandra Bradshaw were favourites to make the Final but Helen Wantling (NW) beat Sandra into second place in the pool and then Heather edged her out by one point in the Semi-final. Helen beat Ward (Army) also on a decision and almost quickly beat Heather in the Final when she secured a Juji-gatame which Ford resisted for almost a minute before escaping to carry on and score a Koka to take the title.

The **Open** had 24 entrants but once again the National Squad players dominated the event with Heather Ford taking the title holding Avril Malley for Ippon, whilst Theresa Hayden and Abigale Taylor shared the Bronze.

So all the Gold medals to the World Championships Team (with the exception of Jane Bridge) and the 48 kilos title going to Karen Briggs which clearly demonstrated that the consistency and continued success of this group really confirms their status.



UNDER 66 KILOS MEDALLIST



UNDER 52 KILOS MEDALLISTS



UNDER 56 KILOS MEDALLISTS

6 gold medal winners in Sporte-Rhode judo suits at the 1980 European Championships in Vienna



Six gold medal winners at the European Championships in Vienna wore Sport-Rhode *Nippon* judo suits.

The success speaks for itself. In Helsinki, in 1978, five gold medal winners were in Rhode suits and in Brussels, in 1979, four gold medal winners wore Rhode suits.



The most successful Judo suit today!



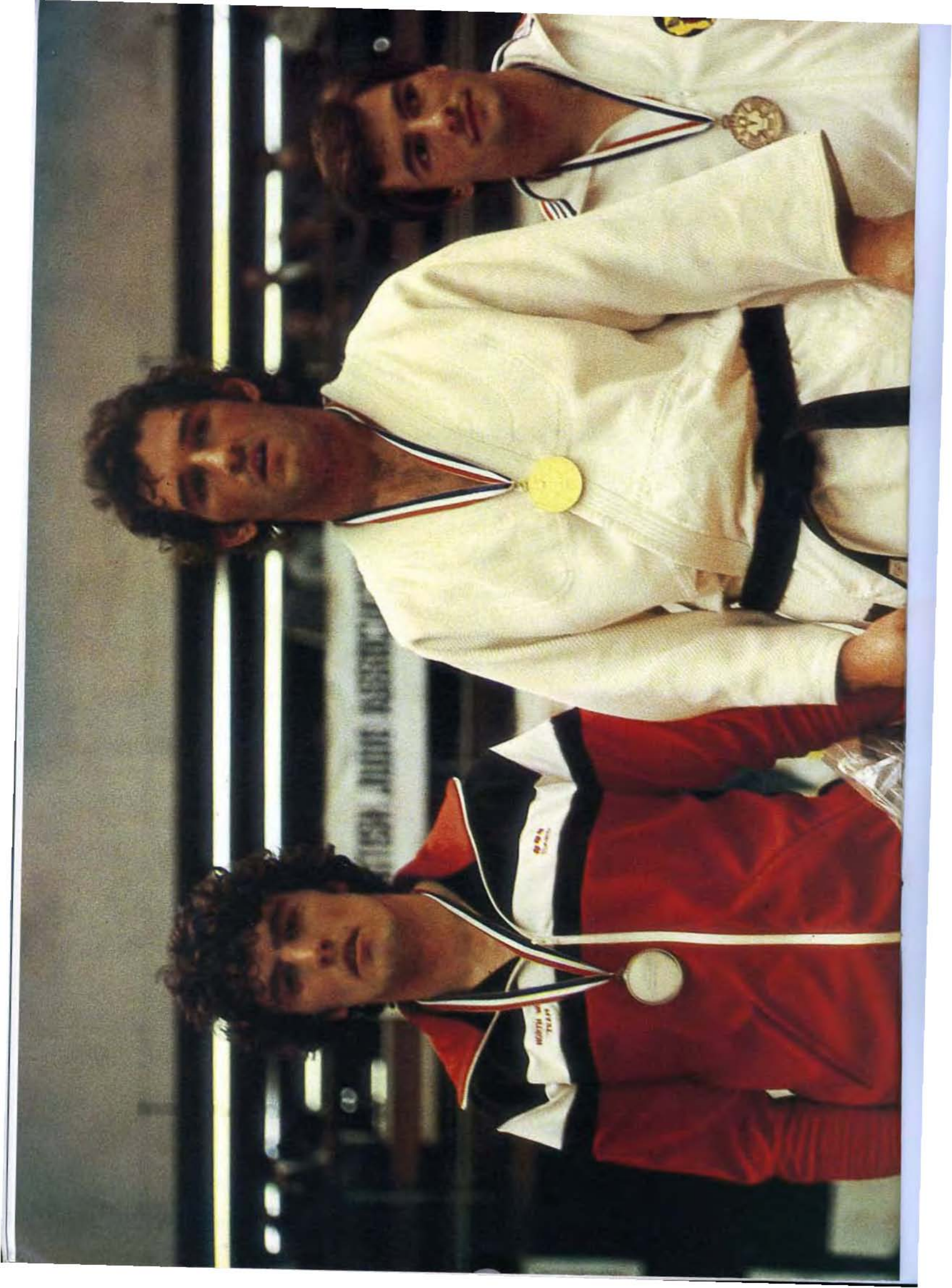
**SPORT-
RHODE**

Sole United Kingdom Agents:

JUDO Ltd

116 STOCKPORT ROAD, MARPLE,
STOCKPORT SK6 6AH

Telephone: 061-427 5551





Juice

POSTER

MARK CHITTENDEN AND NICK KOKOTAYLO
British Open Gold and Silver Medallists 1981

KAY-METZELER SPORTS SAFETY PRODUCTS

THE NEW
KAY-METZELER MAT RANGE

'MULTI-PURPOSE'

12lb/cu ft density

'CLUB MAT'*

14lb/cu ft density

'CONTEST MAT'*

17lb/cu ft density

*Green/Red Tatami pattern covers and
honeycomb rubber bases.

Write/Telephone for details NOW.

Kay-Metzeler Ltd, Wellington Road, Bollington,
Macclesfield, Cheshire. TEL: 0625 73366



COMING TO MANCHESTER?

Give us a ring. We will arrange a practice for you at the
K.N.K. Judo Centres where all the best Judo players train.
Instruction by **RICHARD BARRACLOUGH**, 5th Dan.

For details contact:
Resident Coach John Drogan.
061-643 7247

or
061-427 5551

K
N
K

K
N
K

JUDO SUMMER SCHOOL 1981

COACH: DAVE STARBROOK, M.B.E., 6th DAN
Double Olympic Medallist

**SUNDAY 23rd AUGUST
TO SATURDAY 29th AUGUST**

**Venue: Royal Marines Training Centre,
Lymston, Exmouth, Devon**

Residential, Male only from 14 years, Any Grade,
Coaching, Accommodation, Full Board ... Total Cost £45

Non-Residential, Any Grade, Male or Female over 16
years, Per week ... Cost £15

Any Grade, Boy or Girl from 11 years to 16th birthday,
Per week ... Cost £11

**For full details send S.A.E. to:
SUMMER SCHOOL 1981**

North Lodge, New Farm Drive, Abridge, Essex
Telephone: Theydon Bois 3088

SUMMER JUDO COURSE

Non-Residential

MONDAY 17th AUGUST TO FRIDAY 21st AUGUST 1981

COACH: DAVE STARBROOK, M.B.E., 6th DAN
Double Olympic Medallist

Venue: Epping Sports Centre, Hemnal Street, Epping, Essex

Epping Underground Station (Central Line) three minutes walk

Boys and Girls, any grade, from 10 years to 16th birthday — £12.00
Seniors, Male and Female, any grade — £16.00

*Friday will be a promotion examination for all those eligible, the fee is included
in the Course Fee*

**For full details, send a stamped, self-addressed envelope to:
NORTH LODGE, NEW FARM DRIVE, ARBRIDGE, ROMFORD, ESSEX**
Telephone 037 881 3088

EUROKWAI JUDO CLUB

SPORTS CENTRE, VICARAGE ROAD,
EGHAM, SURREY.

MEETINGS:

Wednesday 6-00pm
Friday 7-30pm
Saturday 4-00pm
Sunday 4-00pm

INSTRUCTIONS FOR ALL GRADES
Telephone: Wentworth 2162



JUDO LIMITED
PUBLISHERS AND SUPPLIERS

LET'S DO JUDO

Limited number of the book *Wir Machen Judo* is available from
Judo Limited Publications Division. The book is fully illustrated and
is supplied with a full English translation.

Price ... £3.75 plus 50p postage

FROM: JUDO LIMITED, PUBLICATIONS DIVISION
28/7 DUMBRYDEN GARDENS, WESTER HAILES
EDINBURGH EH14 2NN

OLYMPIC SQUAD FUND APPEAL

At the last three Olympic Games, British Judo fighters had
remarkable success. With a new squad we hope not only to
maintain that success—but improve on it at the 1984 Olympic
Games in Los Angeles.

Our competitors will need every assistance and here is a chance
for you to help them. Please send your donation to ...

THE OLYMPIC SQUAD FUND
BRITISH JUDO ASSOCIATION
70 BROMPTON ROAD, LONDON SW3 1DR

Postal Orders or Cheques should be made payable to: *BJA
Olympic Squad Fund*. Donations will be acknowledged and
recorded in the Association's Annual Statement of Accounts.

TOP TECHNIQUE

IPPON SEOI-NAGE

Bernard Tchoullouyan (France) provides us with a good example of Ippon Seoi-nage, this month's Top Technique. The photo sequence was taken at this year's Senior European Championships, where Tchoullouyan won the Silver Medal.

Ippon Seoi-nage was probably one of the first throws you were taught as a novice and it is one of the most popular with competitors. It is a very powerful attacking movement which can be done in many different ways. Tchoullouyan is recognised as one of the best exponents of this throw and he will vary his attacking movement depending on the situation and his opponent's ability. For example in the photo sequence 1-7 he remains in the standing position throughout because of the poor defence of his opponent. Had he met more resistance to his attack he would have continued to commit his bodyweight instead of 'putting on the brakes' by bringing his left foot forward (Photo 3). Normally he would have continued to drive his left hip forward towards the mat, which would have resulted in a more powerful throwing action.

The throw is illustrated to the left, which is Tchoullouyan's preference; although he usually has a standard right side sleeve and lapel grip, which he will use for his Harai-goshi and Osotogari attacks to that side. Most of the top exponents of this throw now seem to prefer throwing with a lapel grip. Experiment with various grips and you will see why.

Report and Photos by: COLIN McIVER





MICHEL NOWAK

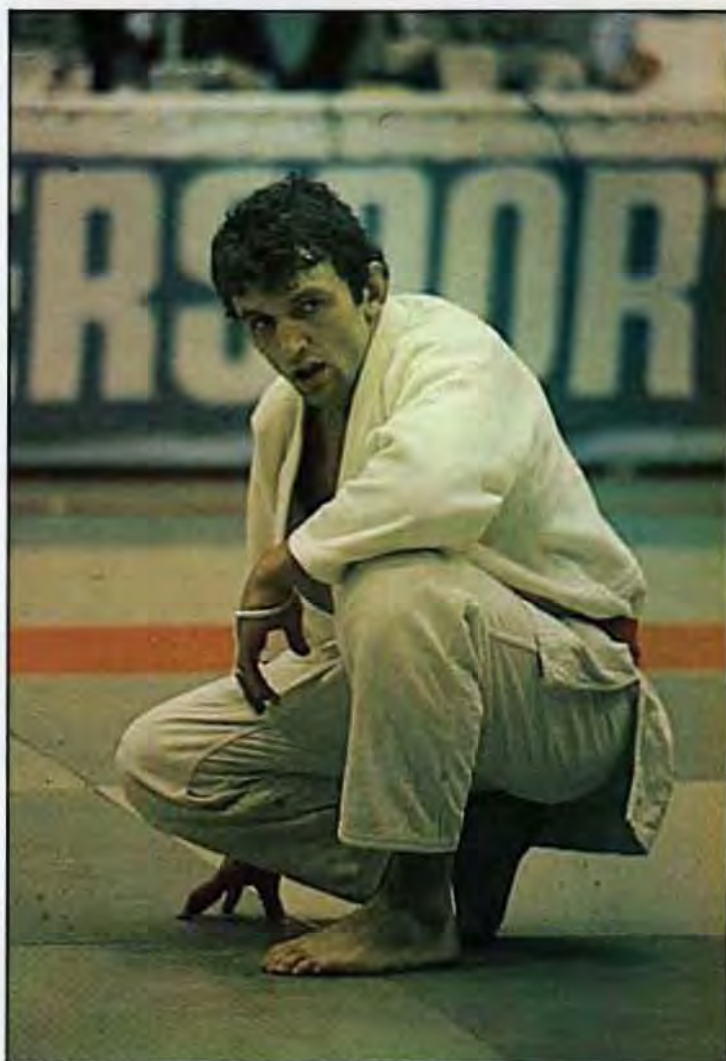
France

One of the most promising talents on the world scene is the young Frenchman Michel Nowak. While still only in his early twenties, he is now an established member of the French team and has a couple of major International wins behind him.

He first came to my notice in Edinburgh during the 1979 Junior European Championships, where he won a Bronze medal. I was impressed, not so much by his technique, but by his positive attitude, aggression and obvious will to win. In 1980 he won the Junior European Championships in Lisbon and although I did not attend that event, he seemingly outclassed all his opponents, both physically and technically. I did however see him again in action, when he won the 1981 Paris Multi-Nation Tournament, beating the Japanese Kobayashi and his fellow team mate Gibert in splendid fashion. He did not win a medal at this year's European Championships although he did perform well. I expect he will be among the favourites at this year's World Championships being held in September.

His judo seems to be built around a very strong right side grip, which he uses to great effect whether attacking or defending. His main techniques are Osotogari and Uchigari and he will often grab his opponent's leg and do several variations of Te-guruma. All those who see him in action are impressed by his physical ability and often it is physical superiority which gives him victory.

He seems to avoid Newaza but rarely gets caught on the mat. Like most of the French players he seems to be tactically very aware.



Below... The picture sequence shows Nowak's normal opening—ducking under his opponent's arm for a variety of strong attacks.



SUMMER CAMP

TURKU, FINLAND

Report and Photographs: JOHN BEARD



PETER SNIJDERS teaching Harai goshi.

The quaint old port of Turku, formerly Finland's capital city is situated 2½ hours by train to the West of Helsinki.

It is there that the Suomen Judoliitto (Finnish Judo Association) holds one of its two annual summer camps in the magnificent Kupitta Sports Centre, organised by the Budokwai of Turku, the same venue at which the 1975 European Championships were staged.

It is interesting to compare the facilities of this small city, population 140,000, with those to be found in British cities.

The Kupitta Centre is situated in expansive, pleasant parkland on the North East side of the city. The modern, typically Scandinavian styled stadium houses an indoor athletics track, in the centre of which was laid three full sized competition areas with 5 metre safety areas leaving ample room for a secondary area, used for Kata instruction, and a full range of gymnastic apparatus.

In addition the Centre had facilities for every conceivable indoor sporting activity including a shooting range.

The camp was held from 4th to 11th July, with eight sessions each day, commencing with jogging at 7-30am and finishing with Kata instruction for women at 8-30pm.

The principle instructor for the week was Peter Snijders, 5th Dan, the Dutch National Team Manager and ex-Olympic Champion who held three sessions each day from Sunday to Friday involving all grades junior and senior.

K. Korpiola, 4th Dan and Jorma Kivinen, 4th Dan (Finnish National Team Manager) also held Randori sessions each day, whilst Asko Virala, 2nd Dan and Mrs Lunio instructed in Kata each day. Other instructors were Timo Korpiola, 4th Dan, R. Ojala, 3rd Dan, and T. Sato, 2nd Dan.

England's Mick Leigh, assisted by Juliet Evans, conducted a well attended Kata class at the request of the organisers.

Presumably, as part of their preparation training for the World Championships in September, most of the Finnish National Squad were present including frequent visitors to the British Open in the person of Reino Fagerland, 1980 Gold medalist, Jukka Kajander 1981 Silver medalist and Seppo Mullylä, 1981 Bronze medalist. Monday saw the arrival of the Swedish National Team, and the highly respected Kai Lindberg, Vice President of the Suomen Judoliitto, joined the class on Sunday also.

Whilst Peter Snijders, who incidentally was recovering from a dislocated elbow, did not pressurise his pupils, each session was willingly attended by an enthusiastic mixed group all of whom were eager to learn from the charismatic, powerful personality, who instructed in English which was translated into Finnish simultaneously by an assistant.

A very happy, relaxed atmosphere prevailed and many participants were looking forward to a second Summer Camp, to be held in the Eastern town of Imatra during the first week in August.

Anyone interested in visiting either of these camps in 1982, should contact Suomen Judoliitto, Topeliuksenkatu 41A, SF 00250, Helsinki 25, Finland.



GRAHAM
TURNER

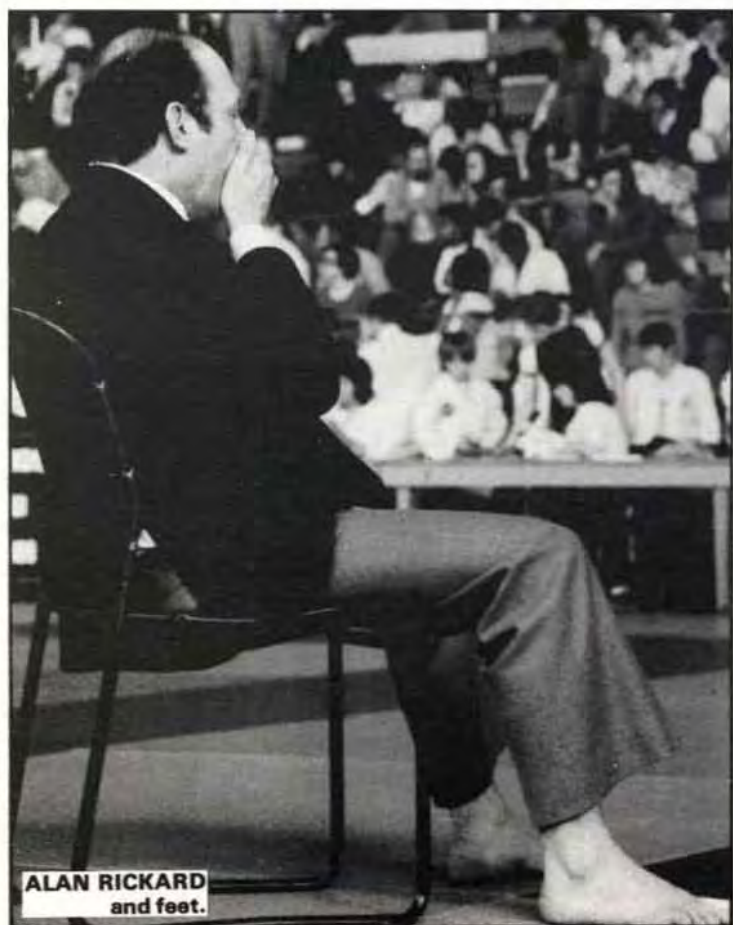
CLIFF
BAKER-BROWN



JOHN
BEARD

● Photo feature

'Here come



ALAN RICKARD
and feet.



GORDON
MORTIMER

GRAHAM
TURNER



PETER BENT



PETER HOLMES



BELINDA PETTY



MARION WOODARD

Recently we have been using photographs of referees in our humorous *Judo Caption* competition and the June entry was quite encouraging and they are still rolling in. Having sorted out the printable ones, the adjudicators decided the best was from Derek Skivington of Burton Judokwai who submitted...

"Shouldn't one of us be in the other corner?"

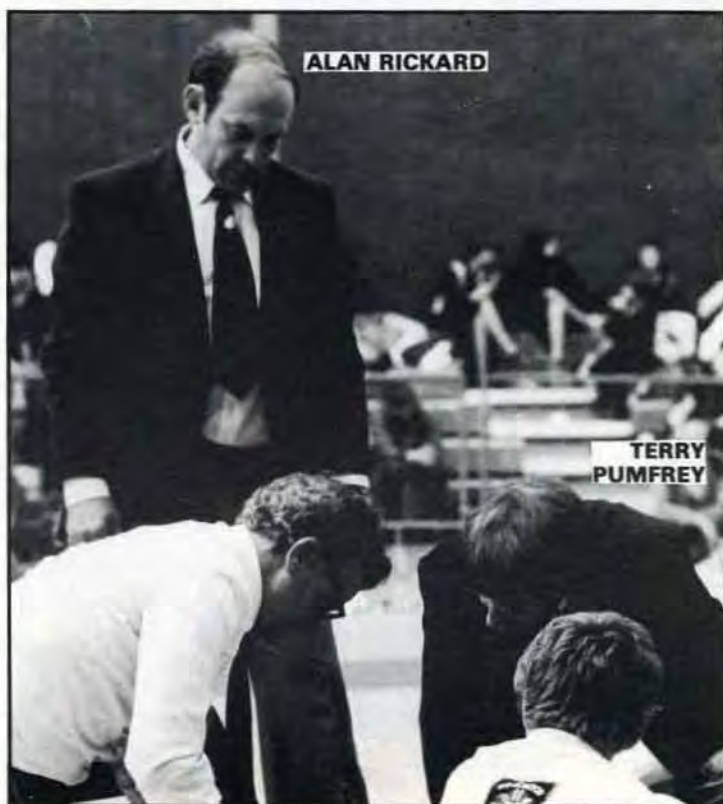
...and earns a year's free subscription.

Best of the others...

"Psst. - Wouldn't you think they would give us two chairs?"

"Psst. - Who's Geoff Gleeson?"

Just to show that we really appreciate the referee's co-operation, here's a few of them hard at work. No prizes for captions to Alan Rickard's barefoot pose, though they could be interesting.



ALAN RICKARD

TERRY PUMFREY

Photographs: Frank Smith (FJR).

1981

WORLD



CHAMPIONSHIPS PREVIEW

It looks as though this year's World Championships will be a very exciting event from the spectator point of view. Recent results of the European Championships tend to indicate that the Judo situation is in a state of change. Several of the better players have changed categories and many reigning champions have been defeated. It is therefore hard to predict who will be the eventual winner. We do not know much about the Japanese scene, or even who will be in their team, with the exception of Yamashita—five times All Japan Champion and current World Champion—who will, I believe, fight in the Over 95 kilos division and the Open division.

I don't see anyone who will challenge him in these weights, although I think the Soviet player Ventshev will be in the medals. I think it wise of the Japanese to enter Yamashita in both weights; Yamashita is the only player who can be guaranteed to win both these divisions for the Japanese. Angelo Parisi, France's current Olympic Champion, must also be considered, if he has regained his fitness after the injury to his thumb which kept him out of the European Championships.

In the Under 95 kilos division, I favour the Japanese Kondo, if he is selected; with main opposition likely to come from Van de Walle (Belgium), Khubulouri (USSR) and Neuerether (West Germany).

Tchoullouyan (France) and Bodaveli (USSR) will be the main European contenders at 86 kilos. I personally fancy Britain's Neil Adams and the Soviet player Khabareli for the 78 kilos title. The Cubans and Mongolians, if they enter—they usually don't—have also to be considered at these weights, with the Japanese.

The Under 71 kilos, I think, will be between Gamba—Italy's Olympic Champion, and the Japanese. As for the other categories, Under 65 kilos and Under 60 kilos, I would hesitate to guess, but the Japanese would have to be favourites.

Not knowing who will win the titles, or even who will be participating is what makes Judo so exciting. No matter what happens however, *JUDO* magazine will be there in force to bring you the best photographs and a full report for our Special Colour Supplement. Don't miss the October issue.

**SEPTEMBER 3rd, 4th, 5th and 6th
MAASTRICHT — HOLLAND**



mmm...maastricht
a city of delights...



JUDO

Special Offer

WORLD



CHAMPIONSHIPS SOUVENIR COLOUR SUPPLEMENT

On 1st October *JUDO* will be publishing a superb colour supplement entirely devoted to the **1981 World Judo Championships** to be held in Maastricht, Holland, on 3rd, 4th, 5th and 6th September. The best Judo journalists, statisticians and photographers have been retained to provide a complete written and photographic record of the four days and our designers and printers are all set to bring you the best and most comprehensive feature ever devoted to one Judo event.

The centre pages of this supplement will have a colour poster—hopefully of Britain's second World Champion—and there will be interviews, personality profiles and technical articles, plus scores of photographs—many in colour. The cost of this superb production will be just 50p but to subscribers to *JUDO* magazine it will be entirely free and included with your October edition.

Subscribe now for your bonus free **World Championship Souvenir** or order your copy of this special limited edition direct using the order slip below. Discounts available for quantities of both *JUDO* and the supplement.

TO SUBSCRIBE TO JUDO MAGAZINE

Please send me *JUDO* Magazine every month for 12 months. I enclosed cheque/Postal Order for £9.00 made payable to Judo Limited.

Name

Address

Send to:

JUDO, 28/7 Dumbryden Gardens
Wester Hailes, Edinburgh EH14 2NN

TO ORDER WORLD CHAMPIONSHIPS SOUVENIR COLOUR SUPPLEMENT

Please send me copies of the World Championships Souvenir at 50p each, plus postage at 15p per copy. (Ten or more copies less 20% and post free).

Name

Address

Send to:

JUDO, 28/7 Dumbryden Gardens
Wester Hailes, Edinburgh EH14 2NN

1981
Maastricht



WORLD



JUDO



CHAMPIONSHIPS



ROUND & ABOUT

Competition reports, News, views and opinions

NORTH WEST AREA CLOSED CHAMPIONSHIPS FOR MEN

Reputations have never counted for much at North West Area Mens Championships and this year's event, held at Stretford Sports Centre on Sunday 21st June, was no exception. Two of the Area's international Nick Kokotaylo and Steve Chadwick, were toppled from their top spot on the rostrum at an event which was held during the longest, and hottest, day of the year.

Nick Kokotaylo (Denton J.C.) for a long time has dominated the high weights in the North West but he rather underestimated the ability of his rival in the final. Mathew Clempner has been concentrating his efforts in the Amateur Wrestling world recently and this, his come-back to Judo competition, ended, successfully, with quite a bang when he threw Nick Kokotaylo for Yuko with Harai Maki Komi halfway through the final and managed to hang on for the rest of the final.

Steve Chadwick (Liverpool YMCA), at the other end of the weight scale, was the second international denied a Gold medal. Fighting against doctor's advice with a back injury, he nevertheless managed to get to the semi-final with reasonable ease where he met Mike Liptrot (Kendal J.C.). Their's must have been the closest contest of the whole day with both scoring a Koka and were absolutely level on attacks. With less than five seconds left, an O Uchi Gari attack by Liptrot had Chadwick desperately, and unsuccessfully, twisting to avoid a score. The Koka awarded was enough to put Mike into the final, against long time rival Mark Adshead, which he won two Kokas to nil.

Although the entries were well up on last year there were two notable absentees... John Lee, on duty at the Police College and unlucky Paul Sheals who missed these Championships with Scarlet Fever.

The medals were fairly evenly distributed round the Area with Liverpool YMCA showing the depth of talent currently in the club with Gold medals in the 6th and 2nd Kyu category, Under 78 kilo Dan Grade category and the 'old man' of the club Les Williams showing a remarkable turn of speed when he strangled Brian Moore (Bacup) in the first minute of the 'Phoenix Trophy' (for over 30 year olds) final.

Other notable finals were those of John Boyle (Liverpool YMCA) versus Mike Powell of Stretford, Mike was ahead all the way using his long legs to good advantage and scoring twice with Uchi Mata. With a Koka from a hold the result seemed a foregone conclusion for the Manchester player until John Boyle slapped on Eri Jime for a submission just four seconds from time.

Kevin Lynch gained his revenge on John Armer (Kendal J.C.) in the finals of the Under 78 kilo Dan Grade category. John had earlier beaten the Liverpool YMCA player in the first round pools. Yet another Shima Waza, this time Okuri Eri Jime, just before the bell, gave the contest to Kevin when it seemed that all the Kendal player had to do was keep going.

If there could be a complaint about the day's sport it would probably be that there was a noticeable absence of big throws. Nevertheless the Newaza was imaginative and inventive and the whole event a good and happy day's Judo. The medals were donated by Judo Limited and presented by John Drogan, General Manager.

RESULTS

Beginners to 7th Kyu—Dennis Murday Trophy

- Gold** P. Nelson, Blackpool
- Silver** D. Willis, Morecambe
- Bronze** M. Anderson, Furness
- Bronze** G. Willis, Morecambe

6th to 2nd Kyu—Kendal Judo Club Trophy

- Gold** J. Boyle, Liverpool YMCA
- Silver** M. Powell, Stretford JC
- Bronze** T. Despard, Preston J.C.
- Bronze** S. King, A. J. Leigh

1st Kyu—Layland Judo Club Trophy

- Gold** S. Ravenscroft, K.N.K.
- Silver** J. J. Green, K.N.K.
- Bronze** K. Scanlon, Denton
- Bronze** L. Wrightwebb, Furness

Dan Grades Under 65 kilos

- Gold** M. Liptrot, Kendal
- Silver** M. Adshead, Warrington Samurai
- Bronze** T. Goggins, Seishin
- Bronze** S. Chadwick, Liverpool YMCA

Dan Grades Under 71 kilos

- Gold** F. Walker, Stretford
- Silver** N. Barber, Warrington Samurai
- Bronze** A. Fazackerly, Liverpool YMCA
- Bronze** J. Humphrey, Blackpool Keidokwai

Dan Grades Under 78 kilos

- Gold** K. Lynch, Liverpool YMCA
- Silver** J. Armer, Kendal J.C.
- Bronze** S. Sharples, Stretford
- Bronze** G. Smith, Bacup J.C.

Dan Grades Under 86 kilos

- Gold** C. Neild, Warrington Samurai
- Silver** P. Mason, Blackpool Keidokwai
- Bronze** S. Faulkner, Kendal J.C.
- Bronze** R. Howland, Warrington Samurai

Dan Grades Over 86 kilos

- Gold** M. Clempner, K.N.K.
- Silver** N. Kokotaylo, Denton J.C.
- Bronze** G. Davies, Kendal J.C.
- Bronze** P. Marland, K.N.K.

Over 30's Open Grade Open Weight—Phoenix Trophy

- Gold** L. Williams, Liverpool YMCA
- Silver** B. Moore, Bacup J.C.
- Bronze** D. Priestly, Kendal J.C.
- Bronze** F. Pilgrim, Liverpool YMCA

LINCOLNSHIRE AND SOUTH HUMBERSIDE JUDO COMMITTEE

1981 MENS INDIVIDUAL CHAMPIONSHIP

held at The Boston Judo Club

on Sunday 10th May 1981

RESULTS

Under 60 kgs

- Gold** F. Bradley, Grimsby

Under 65 kgs

- Gold** N. Fletcher, Scunthorpe
- Silver** A. Brown, Grimsby
- Bronze** A. Mathewman, Boston

Under 71 kgs

- Gold** Harrison, S.W.K.
- Silver** M. Cook, Scunthorpe
- Bronze** H. Slater, Scunthorpe
- Bronze** L. Larsen, Boston

Under 78 kgs

- Gold** T. Alltoft, Grimsby
- Silver** D. Commerford, Scunthorpe
- Bronze** D. Jones, Boston

Under 86 kgs

- Gold** P. Linford, Grimsby
- Silver** Tuplin, Scunthorpe
- Bronze** D. Lovelace, Boston

Under 95 kgs

- Gold** K. Goodwin, S.W.K.
- Silver** B. Waterfall, Boston

OPEN CHAMPIONSHIP

Gold and Edwards

- Trophy** T. Alltoft, Grimsby
- Silver** P. Linford, Grimsby
- Bronze** D. Commerford, Scunthorpe
- Bronze** K. Goodwin, S.W.K.

TEAM CHAMPIONSHIP

- Gold** GRIMSBY
- Silver** BOSTON

SOUTH LANCASHIRE GIRLS OPEN CHAMPIONSHIPS

*** THREE STAR COMPETITION ***

Date: Sunday 30th August 1981. **Entry closing date:** Friday 21st August 1981. **Venue:** Stretford Sports Centre, Great Stone Road, Stretford. **Entry fee:** Competitors £1.75 (Not returnable in case of failure to make weight). **Spectators:** Adults 50p, Children 25p. **Entries to:** Mr J. Somerville, 82 Whittle Street, Walkden, M28 5NX—Telephone: 061-799 9646 or Mrs J. Sheals, 9 Dudley Road, Pendlebury, Manchester—Telephone: 061-794 0826. **Cheques/Postal Orders payable to J. Somerville.**



JUNIOR STARS



Photograph: Ray Bradbury, courtesy 'Sun'

Darren Flowers (9) gets the 'better' of Brian Jacks at Droylsden.

As can be seen from the photograph, a great time was had by all participants at the first ever Junior Stars event at Medlock Leisure Centre, Droylsden on Sunday 17th May.

Junior Stars was hosted by Seishin Judo Club. Our thanks to them and all who came along.

HIGH GRADE JUNIOR GRADINGS

In response to a request made at the A.G.M. the Midland Area have agreed to stage four special promotion examinations for 'high grade' juniors to give boys the opportunity of up-grading.

Any repeat of those special arrangements will depend upon the support given at these events.

Sunday 6th September

Boys 10th Mon and above K.K.K., Warley 10-00am

Sunday 4th October

Boys 10th Mon and above Rycroft, Nottingham 2-00pm

Sunday 8th November

Boys 10th Mon and above Northampton 10-00am

Sunday 13th December

Boys 10th Mon and above Worcester Judo Society 10-00am

BJA REFEREE'S AWARD—COURSE AND EXAMINATIONS

There will be a course and Theory examination for the BJA Referees award at Rycroft Judo Club, Beeston, Nottingham on Sunday 20th September at 10-30am.

The instructor will be EJU Referee Ray Topple and the theory examination will follow the course on the same day. For the examination there is a minimum grade requirement of 3rd Kyu

Fees £5.00 course and examination, £3.00 course only, yet is free to Referees already qualified who just wish to update. The practical examination which is included in the fee will be at the Midland Area Mens Open Championships at Haden Hill Leisure Centre on Saturday 21st November.

More details can be obtained from Harry Percival. Telephone: Dudley 56415

REPORT ON THE 10th TROFEO GHIRLANDINA CHAMPIONSHIPS

Following last year's success, the R.S.C. Judo Club from Essex were recently invited back to partake in the 'Trofeo Ghirlandina Championships' in Nodena, Italy.

Last year was the first time a British club had been invited.

Altogether 30 teams took part including squads from Switzerland, Yugoslavia, Germany (including Bavarian National Junior Mens Team), France and the Algerian National Squad.

After a 25 hour journey by coach we arrived in Nodena early Friday afternoon. The booking and weigh-in was at 5-00pm in the Palazzo Dello Sport where the championships were being held over the weekend.

The eliminations of the Pools started prompt at 8-30am Saturday.

Seeding was non-existent and we realised later that it didn't matter whether you were first or second in the pool because those who succeeded in reaching the K.O. were put in a draw. In a couple of cases players found they had the same opponent in the first round of the K.O. that they'd met in the pool. In a couple of weights there were pool winners fighting each other with runners-up getting byes straight into the Bronze medal position, as there was no Repechage. (And we complain at home!)

By the end of the day, we had 14 through to the Knock-out.

On Sunday, the Knock-out started dead on time. By mid-afternoon we were assured of eight trophies, one of which was the Bronze won by Kevin Clements in the Young Mens Under-55 kgs.

Before the finals in the evening, some of our players were televised partaking in Randori on the regional television network.

Our first finalist was Jan Sutton (in the Under-60 kgs) who after beating a German opponent in the semi-finals met an Italian from the local Geesink club. After two minutes Sutton was well in the lead when

the Italian suddenly had his arm in a Juji-ghatame position. We thought this was the end but Ian somehow managed to throw his legs over his opponent, getting to his knees and lifting a very surprised Italian off the mat to the ovation of the crowd. For the rest of the contest Sutton had trouble with his shoulder but was awarded the contest after going to a split decision.

In the Under-71 kgs, the two finalists were Alan Sutton (last year's Champion) and Tommy Winter (last year's Silver medalist in the Under-65 kgs). Unsurprisingly this went to Hantei with Winter getting the nod.

Trevor King secured a Silver in the Young Mens Under-71 kgs category, after a very fast and exciting contest.

Next was the Young Mens Under-55 kgs Silver won by Daniel Russell who was beaten by last year's champion. Daniel has recently returned to Judo after studying for a place in University where he starts in September.

Raymond Sinfield from Harlow who attained his Dan Grade at the ripe old age of 16 took the Silver in the Young Mens Open weight.

The final trophy came from Bill Ward (Under-86 kgs) whose previous form in the Championships deserted him and he had to be content with the Silver.

The winning team was G. S. Fiamme Gialle from Roma. Although we had more trophies and tied on points with them they had one more Gold. We were awarded the runner-up trophy.

One of the unluckiest players was Pat Bryan, who was fighting for a place in the finals or Bronze medal in the 86 kgs category. His opponent, a Yugoslav pushed him out of the area and Pat was awarded a Keikaku. Later in the fight Pat scored a Wazari from an Utsuri-gashi. His opponent later stepped out and was only awarded a Chui. With only seconds to go Pat again attacked with a marvellous Utsuri-gashi which we were all certain would be an Ippon, but as he turned to throw his opponent he stepped out of the area. There was great confusion—people were

applauding what they thought an Ippon, but the corner judge pointed to the edge and he lost by Hansoku-make.

Things learnt...

- 1—The Refereeing on the whole wasn't bad. Leg grabbing from the floor was allowed. Crawling or rolling out of the area to avoid Newaze—unpenalised. Keikoku awarded most times whether you were pushed or making an attack. But these applied to everyone so you knew where you stood.
- 2—If our seeding system isn't sorted it could possibly get as bad as this Championship?
- 3—All our players were accommodated in a motel and fed by the Italian organisation—Some thought? (This backs up the comments made in last month's magazine).

Report MAUREEN SUTTON

Midland Arts Centre—Promotion Examinations Additions to List

Sun 9th Aug—Boys all Grades, 10-00am. Sun 23rd Aug—Girls all Grades, 10-00am. Sun 13th Sept—Senior Men Kyu Grades, 10-00am.

LETTERS

Dear Editor,

Dear me. Mr Gleeson does get upset when criticised doesn't he. It's a good job that the people he has been less than polite to over the years are not as easily inflamed. It is true that I am no shakes at Judo, coaching or writing but at least I am fully employed and successful in my career.

I also find it astonishing that a discarded, unemployed Judo coach should refer to Frank Smith as inept. He is far from that, but then I don't suppose Mr Gleeson has ever met him for he frequently writes about things he knows nothing about.

ROBERT JONES, Nottingham

Dear Editor,

So, Frank Smith and Robert Jones have annoyed Mr Gleeson.

Let me tell you that's nothing compared with the people who are annoyed by Mr Gleeson.

My Nigel has told me, and he's not usually wrong, many of his friends in Judo—about 98% or so—are just about fed up with his ramblings. Nigel is a tolerant fair minded lad, and he has considered Mr Gleeson's critical sagas, only to become amused to see that Mr Gleeson cannot accept criticism of himself and resorts to nasty remarks about Messrs Smith and Jones, who are quite up-to-date in the Judo world.

He claims never to have held office in any other organisation than the BJA. Well, Mr Gleeson, some one is taking your name in vain. Look at the enclosed letter heading and, if it is a falsehood why don't you do something about it?

If it is not a falsehood perhaps you will let us know how you have 'developed' that association.

Why should Mr Jones and his friends nominate Mr Gleeson for the BJA Management Committee? Why did one of his own friends not nominate him? Anyway he'll have to wait another two years before someone doesn't nominate him again.

ALBERT NURDLE

Amateur Judo Association of Great Britain

Registered Office: 10, Queen's Road, London W1 4BU. Tel: 01-235 1234. Fax: 01-235 1235. E-mail: ajagb@btinternet.com. Website: www.ajagb.co.uk. President: JAMES W. SMITH. Vice President: J. GLEESON. Treasurer: J. GLEESON. Secretary: J. GLEESON. Publicity Officer: J. GLEESON. Training Officer: J. GLEESON. Medical Officer: J. GLEESON. Discipline Officer: J. GLEESON. Technical Officer: J. GLEESON. Referee Officer: J. GLEESON. Arbitration Officer: J. GLEESON. Appeals Officer: J. GLEESON. Disciplinary Officer: J. GLEESON. Grievance Officer: J. GLEESON. Complaints Officer: J. GLEESON. Investigations Officer: J. GLEESON. Appeals Officer: J. GLEESON. Disciplinary Officer: J. GLEESON. Grievance Officer: J. GLEESON. Complaints Officer: J. GLEESON. Investigations Officer: J. GLEESON.

CLUB VISIT

THE SENNELAGER JUDO CLUB

The photograph shows the majority of the club members of both age groups, 5-9 and 10-15 years, with their instructor Sergeant Jeff Archer, A.P.T.C.; himself a member of the British Army Judo Team.

The club started with ten members in December 1979 and has grown rapidly to its present membership. It meets weekly and is open to all service children in the very large British garrison towns of Paderborn/Sennelager, West Germany.

This summer it is sponsoring a visit from GKN Hardy Spicer Judo Kwai.





Frankly

OBSERVATIONS, NEWS AND VIEWS... by FRANK SMITH

So... Colin McIver said, "I'm going on holiday to America for three weeks just at the time we should be getting the August issue together. So look after it will you?"

Having said that, he changed his three Scottish £5 notes, (painstakingly saved from his SJF luncheon vouchers) into dollars and jetted off to the West Coast vowing not even to dream about judo for three weeks.

Admittedly he did write the Editorial before he went, (though he got that wrong), and he did leave a post-dated cheque in Doreen Tether's (Chubb designed) purse to pay for the printing but, the rest is purely accidental.

As a consequence I've been running around like a **** ***** fly doing his work and mine which means that this column is being written in the compositor's office about half an hour before going to print, so if it isn't up to its usual sparkling standard... you know why. I've got my revenge though. I've used all the material available this month which means that the horrible tanned Scotsman won't have anything left for September.

I recently worked as the official photographer for the Sandwell Marathon which, if you didn't know, is a trial of endurance in running 26 miles 385 yards against the clock and your own inclination to pack it up and go and have a pint.

It was a marvellous event with around 1,300 runners, many of them veterans and first time 'triers,' of all colours and creeds, yet each of them helping and encouraging their colleagues around the route. The audience was also fantastic. They came out of their homes to line the route in their thousands to cheer up and revive the flagging spirits of the competitors and the gathering at the finishing straight in Sandwell Park was a sight for sore eyes (and legs).

An acquaintance of mine, of similar advancing years with more courage than sense and even less training entered the event and finished in a creditable 3 hours 45 minutes to his elation and my astonishment. His legs were sore and swollen in the joints and he had been sick a couple of times on the way and admitted that only the crowd and his own determination had got him over the last few miles.

I saw him again the next day, expecting him to be effervescent about his success yet he was somewhat less than euphoric about it. "Hell, you must be really proud, it was a tremendous run" says I. "What did your missus say?" "Nothing," says he. "Nothing," I exclaimed, "She must have said something."

"Well yes she did. She gave me a row for being late for dinner!"

Surprisingly enough... he's still married.

John Beard travelled to Finland last month with the BSJA Boys and Girls Teams for their return International match with the Finnish squads.

He was somewhat surprised to see everyone wearing our successful "I LIKE JUDO" T-shirts as he is well aware that as yet M.A.M. have no Finnish branch. It wasn't until he saw one in colour that he realised that our copyright had been 'nicked' and some evil foreigner was producing them by the thousand. Beware you dastardly design thieves, the English branch of the Pinkerton Detective Agency has just got its first customer.

I had hoped for this month's column to give you some information from the new Management Committee meeting but as our first meeting had to be adjourned because of lack of time, no formal proposals have yet been laid down.



Most of the time was spent in formulating a future policy of management and administration which would make the Association more professional and more accountable to the Membership than at present and obviously this led to a great deal of heated discussion. The next instalment is on Saturday 18th July when we hope to conclude the general business and make some formal resolutions.

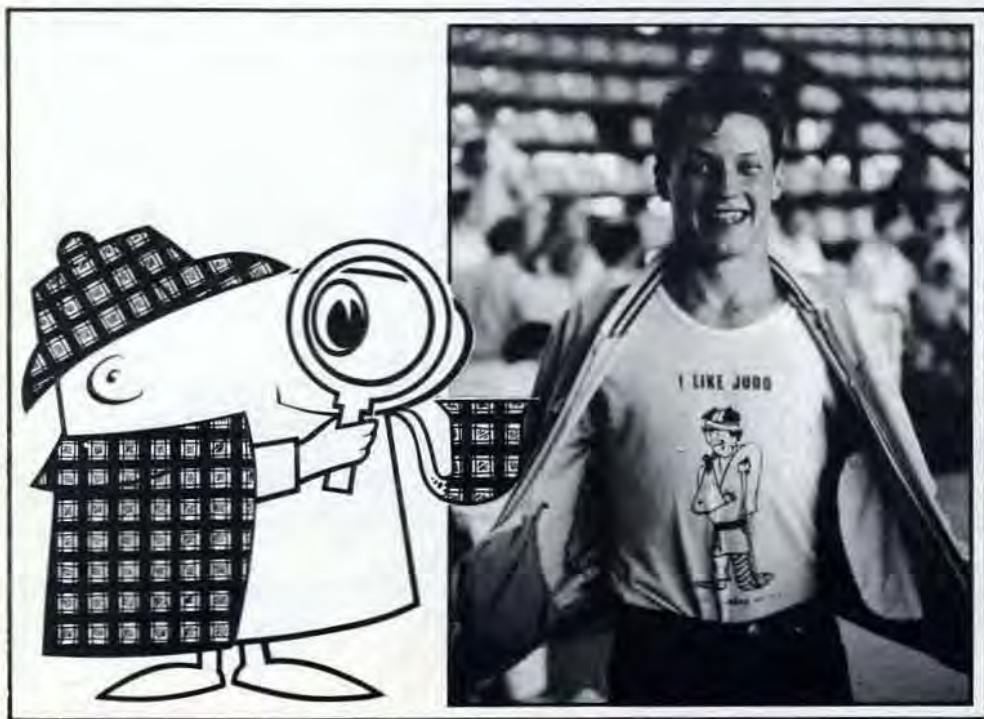
Now, I have a confession.

I have actually read, understood and even agreed with most of what Geoff Gleeson has written in this month's Market Stall (philosophy apart). You never know Geoff, if you write about judo a bit more, you might even get me as a convert. Now that WOULD be successful coaching? By the way which club does this guy Plato come from?

... and... Finally, the Midland Area Committee recently agreed, in principle, that the four Centre of Excellence Area squads should go to the USA in 1982 for a ten-day tour of Clubs and perhaps some representative matches. No doubt most of the officials will be going on the charter and we will have a situation where just about all the Midland Area and half the Management Committee of the BJA will be on one Jumbo flitting across the Atlantic.

There is however no truth in the rumour that Charles Palmer is trying to arrange a slight diversion... through the Bermuda Triangle!

In May I wrote about a Sport Governing body who had run into some difficulties with their Team Managers. I wrote of an ex-International looking after the team as a temporary measure even though he did not know their names. I was of course criticising the system for allowing such a situation to occur and would never dream of suggesting it was in anyway the fault of this international or anyone else for that matter. So if anyone was coming to 'knuckle' me—honest lads I didn't mean you!



MATSUDO SPORTS



MEDALS FOR ALL SPORTS

Available in Gold, Silver, and Bronze finish in sizes 70mm, 40mm and 28mm, boxed or with rings.

Write or telephone for details to:

Matsudo Sports Trophies, 1/11 High Street, Motherwell. Phone: 0698 61518.

GLEESON'S MARKET STALL

DID PLATO DO KATA?

If Judo is a form of physical education, what is Kata a form of? When is Uchikomi not a Kata, or when is Kata not a Uchikomi? If Kata were to simply mean (as it is frequently said to mean by the ignorant), a pre-arranged sequence of movements, does that not embrace Uchikomi? Or does the fact it is the same movement being repeated, disqualify it from being Kata? Or is it that the completion of movement in Kata prevents it being Uchikomi? Does not completion make it more beneficial than non-completion? In which case why don't competitors do it? Is it because no-one has told them what Kata is all about? Is it because there is no-one who knows anything about Kata; no-one that could tell them how to use Kata for competitive training. Is there no-one who can tell the competitor that if he does not do Kata he will not improve his skills quickly enough to beat those people he has to beat—before he is an old man?

I am a great believer in knowing the philosophy behind concepts, particularly when those concepts refer to physical skills. Not always of course. There are occasions when like all good 'doers' I want to 'do' without knowing why, but I like to think that sometime, somewhere, someone will get down and sort the whole thing out—philosophise their way right through from concept to practical training methods. Only in this way will training time be utilised for its maximum benefit.

Did Plato do Kata? Probably not (but I am not sure). He certainly knew a lot about it! In the *Phaedo*, through the voice of Socrates, he discusses form (Kata) and content (Jitsu). Several centuries later, in China Shao began to write about using (Kata in Japanese) and Chi (Ki in Japanese). Both men saw form as constant while content or matter as being variable. Their rationale for this conclusion is too long to be included here (but it is well worth following sometime, it has great pleasure in it), but it is noteworthy that Judo coaches—or at least those leaders of the establishment who are responsible for such things, all contradict or ignore the conclusions of those great thinkers and insist that both form and content is fixed. In practice that means they insist that details such as limb positions are as rigid as the form, i.e. the concept of throwing. Every good competitor knows (instinctively) that Plato and Shao were right and the establishment is wrong. They know that although the form of skill is constant (i.e. tactics are for winning matches, not for not-losing them) the factors within those skills are infinitely variable. That's what the fighter feels he should get from Kata (and rightly so) but never does. Certainly Kano appreciated this obvious truth, he discusses it in very simple terms in his book *'Judo Kyohan'* (in Japanese). His explanation is quite explicit; the 'content', i.e. the positioning of the limbs etc., can vary within the fixed form of—say—throwing. Kano was of course influenced by Shao and it was from him that the concepts of Ju (utilisation) and Go (domination) and their relation to force were received. Similarly Kano adopted the inductive approach to investigation from John Stuart Mill (a curious coach could do no better than read Mill's *'A System of Logic'*). The joining together of those two traditional systems of thought can be found permeating all the Kata devised by Kano.

So to adopt the rigid attitude that the 'contents' of Kata i.e. the placing of the limbs etc., is fixed and unable to be changed is truly absurd. It has no justification in theory or practice. To talk such nonsense does a great deal of harm, not just to the sport of Judo, but to the intelligence of the person who is mouthing it.

Of course the damage was done in 1962 when the Kodokan tried—and with some success—to ossify the Kata. Appreciate by the way, it was a faceless bureaucracy that did it, not any named individual. The poor Judo sheep followed along echoing the nonsense, ready as always to allow themselves to be trampled underfoot by some inglorious bureaucrat. When I trained in Japan, no two Judo teachers taught—for example—Nage-no-kata the same way. And that's how it should be! A great chance to revive Kata, came in the Judo Renaissance of the 1960's. Very brave,



laudable efforts were made by some coaches to rationalise existing performances and devise new Kata. Progress was being made and it was a very exciting time. Then the Establishment realised what was going on and in its blind ignorance stamped the growing flower into the mud. When will the British Judo Association get around to starting up a new Judo coaching Renaissance? The United Kingdom Judo scene wants one badly. Surely the British Judo Association realise there is more in Kata than 'one-two-three-hop'? Why do they not encourage the devising of new Kata and let all the Judo organisations use it? It may help to bring about harmony and communication between them all.

Mind you, there is one new Kata and it gets right up my nose. I could really get exasperated with it and if I could pitch it out with the rest of the Judo rubbish, I would. It's a Kata full of pretension and hypocrisy and wastes more Judo time than a flush of Butsukuri. It's called the Warm-up-no-kata. In an hour's Judo session it has been known to take up a full 20 minutes. Mind you, it's a great screen to hide the coach's ignorance behind, for while he's doing that Kata he does not have to think about a skill-training programme. Twenty minutes warm-up, twenty minutes Randori, a few games and the hour's session is over. The good thing is of course the coach has not had to coach anything. No wonder there are so many children in the Judo movement. They are the only ones who can stand such an infantile schedule of time-wasting exercise.

Every and any sport does Kata, for it is the form that contains the skill-training methods. Of course the movements (not all of them) are pre-arranged, to bring about an improvement in (winning) skills. They can be a simple sequence of movements (like Uchikomi) or a very complicated sequence, involving combination attacks of various kinds. What Kata certainly is NOT is an exhibition of posturing that would make a marionette look like John Curry! So how about it, why not start a campaign for the emancipation of Kata?

Another definition; Kata is a pattern of movement designed to bring about a scoring attack, which in order to be effective must be practised regularly.

Support our Wonderful Girls

With Jane Bridge (Gold), Dawn Natherwood (Silver) and Avril Malley, Loretta Doyle and Bridget McCarthy (Bronze each) giving Britain a great boost at the Womens World Championships last year and Anne Hughes (Gold), Loretta Doyle (Silver) and Karen Briggs (Bronze) doing so well this year at the European Championships—we can certainly feel proud of our wonderful girls, but they will need all our help and support towards their training expenses for the next World and European Championships. Please give them your help by organising fund-raising schemes in your club.

Send donations to: Womens Squad Fund, British Judo Association, 70 Brompton Road, London SW3 1DR.

All Postal Orders and Cheques towards this fund should be made payable to 'British Judo Association Womens Squad Fund'.

All donations will be acknowledged and will be recorded in the Association Statement of Accounts.

**MAM****British Judo Association... Midland Area**

present

The Fourth British National Championships for Men**HADEN HILL LEISURE CENTRE, BARRS ROAD, CRADLEY HEATH, WARLEY, WEST MIDLANDS
SATURDAY 22nd AUGUST 1981—9-00 am**Sponsored by the *Sandwell Evening Mail*

Once again the British 'Closed' Championships with Medals by *Sandwell Evening Mail* will be held at Haden Hill in the normal weight categories. Accommodation has been reserved at the Europa Lodge Hotel at advantageous rates but must be booked by Saturday 8th August. Pre-paid booking cards are available from MAM (address below.). Entry is restricted to BJA Members, minimum Senior Grades of 2nd Kyu. Entry fee is £3 per Event and fines for non-production of licence will be imposed at the equivalent of the entry fee. *Late entries or telephone entries will not be accepted.* Closing Date... Friday 14th August 1981. Method of competition:— Knockout and Repechage only. Other details as per 4 Star Tournament Handbook. Weigh-in, Friday 8-00pm to 9-30pm Europa Lodge. 9-00am to 9-30am Saturday 22nd August Haden Hill. Entry Forms with the correct entry fee and a stamped addressed envelope should be sent to The Manager—Peter Gollidge at the address below by the closing date shown. Please fill in the following if accommodation booking forms are required.

Please send Europa Lodge booking form for.....persons. CLUB..... AREA.....

Event 1—Under 60k

..... Grade.....
 Grade.....
 Grade.....
 Grade.....

Event 2—Over 60k Under 65k

..... Grade.....
 Grade.....
 Grade.....
 Grade.....

Event 3—Over 65k Under 71k

..... Grade.....
 Grade.....
 Grade.....
 Grade.....

Event 4—Over 71k Under 78k

..... Grade.....
 Grade.....
 Grade.....

Event 5—Over 78k Under 86k

..... Grade.....
 Grade.....
 Grade.....

Event 6—Over 86k Under 95k

..... Grade.....
 Grade.....

Event 7—Over 95k

..... Grade.....
 Grade.....

Event 8—Open Category

..... Grade.....
 Grade.....

**A BJA LICENCED 4 STAR EVENT
 THIS EVENT IS PROMOTIONAL
 POINTS SCORING**

THE MANAGER, MAM, 16 WHITEWOOD WAY, WORCESTER WR5 2LN—When writing enclose a stamped addressed envelope.

MAM

YOUR OWN SHOP

VIDEO LIBRARY

MAM now have a selection of video tapes (colour and sound) available to BJA Members either on a hire basis or for sale at competitive prices. Films include, Womens World Championships 1980—New York, 1981 Paris Multi-Nationals, National Team Championships 1981, British Open Championships 1981 and others. Write for details to:

*Please note our new address...***THE MANAGER, MAM****16 WHITEWOOD WAY, WORCESTER WR5 2LN***Write for full details, please enclose a stamped self-addressed envelope*

MATSURU®



The official suppliers to the British Judo
Association Olympic and National Squads

 **judo**