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JUDO

VOL IX

AUGUST 1965

No. 11



Inside

All Japan Championships

2/6

Forthcoming Events

AUGUST

7th
11th—21st
20th
23rd—31st

NATIONAL TRIALS
SPORTS FESTIVAL & EXHIBITION
HOLLAND V. GREAT BRITAIN
MACCABIA GAMES

Crystal Palace
Crystal Palace
Crystal Palace
Israel

SEPTEMBER

12th
13th—17th
19th
20th—24th

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B.U.J.A. SUMMER COURSE (4TH KYU)
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OCTOBER

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9th
14th—17th
24th—26th

YOUNG MEN'S COURSE
INTER AREAS CHAMPIONSHIPS OF GT. BRITAIN
4TH WORLD JUDO CHAMPIONSHIPS
BRITISH UNIVERSITIES V CZECH UNIVERSITIES

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Crystal Palace
Rio de Janeiro
Prague

NOVEMBER

6th
27th—28th

48TH BUDOKWAI "BLACK BELT" SHOW
NATIONAL TECHNICAL CONFERENCE

London
London

DECEMBER

9th—14th
11th

VISIT OF NATIONAL COACH
DAN PROMOTION EXAMINATION

Southern
London

JANUARY 1966

20th

BRITISH UNIVERSITIES CHAMPIONSHIPS

FEBRUARY

25th—27th
25th—27th
26th

WOMEN'S ZADANKAI
PERSONAL PROFICIENCY COURSE
BRITISH COLLEGES CHAMPIONSHIPS

Bisham
Lilleshall Hall

MARCH

19th—20th
25th—27th

NATIONAL TRIALS
PERSONAL PROFICIENCY COURSE

Lilleshall Hall

APRIL

1st—3rd
29th—May 1st

PERSONAL PROFICIENCY COURSE, WOMEN
PERSONAL PROFICIENCY COURSE

Lilleshall Hall
Lilleshall Hall

THIS MONTH'S FRONT COVER

Senior Bailie Hugh MacPherson, F.S.A., Magistrate of the City of Edinburgh, examining some of the weight training equipment when he officially opened the Edinburgh Club.

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JUDO

AUGUST

1965

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Editors: G. A. EDWARDS, F.C.C.S., F.I.A.C.
A. R. MENZIES, 1st DAN.

1965

All Japan Championships

Malcolm Hopkinson, 2nd Dan

This year the All Japan Championships were held on May 1st/2nd at the Nippon Budokan, Tokyo, a truly magnificent building specially built for the Judo events of the Olympic Games. Thirty-two contestants were divided into 8 pools, 4 men in each pool, and the 8 winners competed on the second day for the finals.

Kaminaga, 5th Dan, Olympic Silver Medalist was not participating due to knee injuries. Inokuma, 5th Dan, also had similar knee injuries, and though he had entered, was not favoured too heavily. The favourites then, were Murai, Sakaguchi, Shigematsu, Koga and finally, Maeda, winner of the recent Tokyo Yosen. Many people expected much from Kato representing the Kinki area, who had been lucky to get waza-ari in a contest with Anton Geesink at a Post-Olympic judo match last year.

Three Strong Men in 1st Pool

The first pool contained three very strong men in Sakaguchi, Kato and Shigematsu, and Yamaji, the fourth man in this pool proved to be no match for them. He lost

three times to a decisive ippon. Kato drew with both Shigematsu and Sakaguchi. Shigematsu, however, was beaten by Sakaguchi with a countered ashiwaza which scored waza-ari. This was rather surprising as both Shigematsu and Sakaguchi are from Meiji University, Shigematsu being Sakaguchi's senior. Sakaguchi then emerged as winner of pool 1.

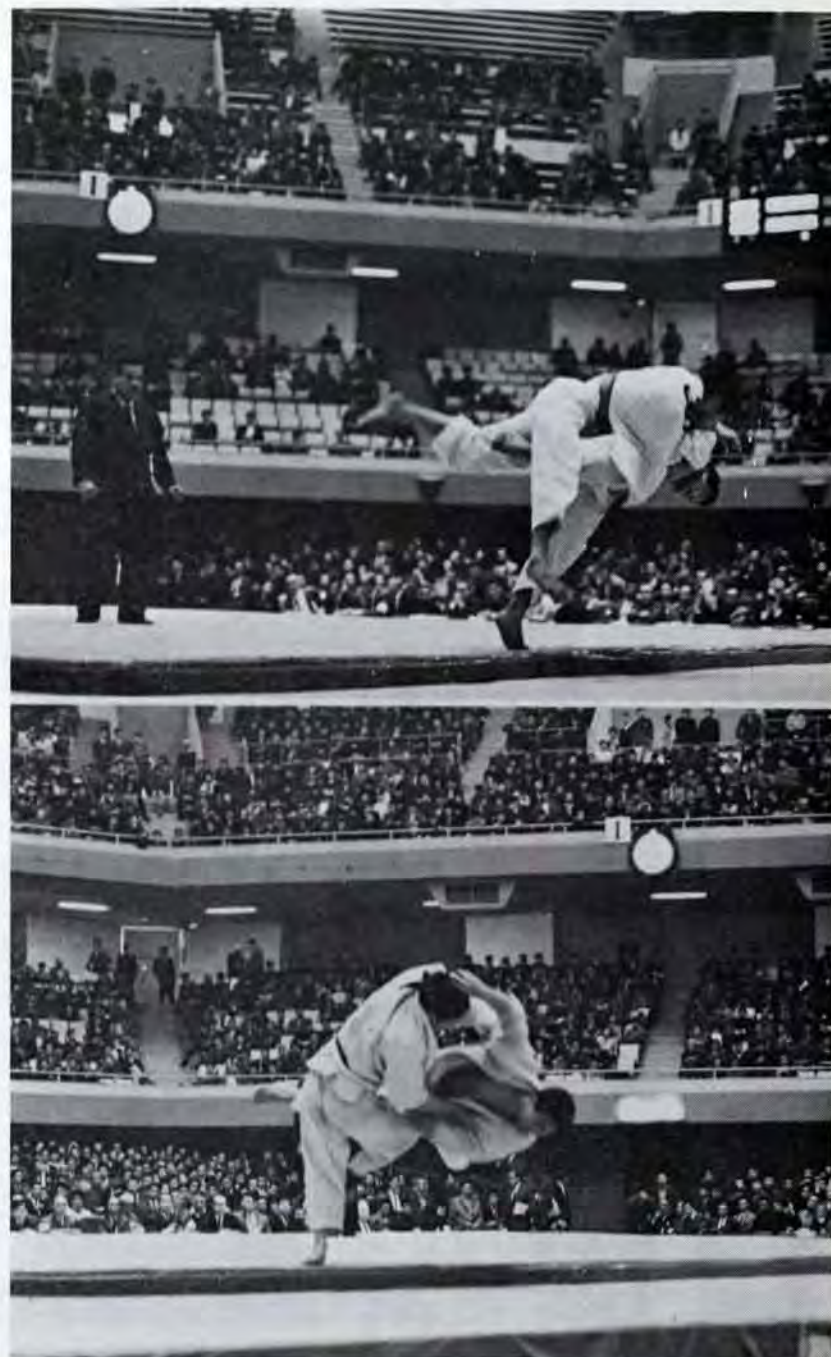
In the second pool, Shirazaki was rather disappointing as he drew in every contest. One time winner of the Tokyo Yosen, he graduated from Nichidai last year. Sato, of the Imperial Palace Guard has good ashiwaza and is strong in groundwork but Tsumita was the winner of this pool with a win by decision over Fujita.

In pool 3, 3rd Dan Yamanaka of Tenri University deserves mention. An active judoman who fought very well. Seki seemed to outbounce the others, however, and with two wins and a draw, came out the winner. Yoneda who

OPPOSITE:

Above: Uchimata in preliminary contests on first day.

Below: Ashiwaza by Sato in a contest with Yamanaka.





is 29 years old was outfoxed by Seki in a strangle-hold.

With the exception of Maeda, all the contestants in pool 4 had managed to only draw. Maeda was given the decision over Enshu, old boy of Tenri University, and he automatically became the winner.

Inokuma Retires

Pool 5 was interesting. Koga and Inokuma were to meet each other. As it happened, they fought to a hard draw. Ueno 4th Dan from Meiji has become very strong recently, but he had the misfortune to be thrown with a terrific Uchimata by Koga. A graduate of Nichidai, Koga was in excellent form, and to see him in action must have been one of the highlights of the contests for everybody. His throws were so beautifully clean and positive. Inokuma beat the other man in this pool. Kunishige, with Ippon-Seoi and then was compelled to retire due to injuries. Koga and Ueno had also beaten Kunishige; Koga used a very fast Haraigoshi to the left, and Ueno secured a hold-down to secure ippon. Deservingly, Koga came out the winner to fight in the finals.

In pool 6, Sato, ex-Meiji man appeared the strongest. He threw Ono with Tsurikomigoshi and was given Yuseigachi over ex-Meiji giant, Yamamoto. Looking very solid, Ishihara had a decision win over Ono, and Ono lost once again to Yamamoto's Tokuiwaza, Haraigoshi.

OPPOSITE:

Above:

Koga throws Sato (ex Meiji Univ.) with Uchimata.

Below:

Matsuzaka throwing Tanaka.

The Meiji men were out in force. In pool 7, Tanaka, also an old boy of Meiji University threw Nakamura with a one-handed Sutemi-waza, and this was the only point scored. Miura looked at one stage, superior to Tanaka. He threw Tanaka off the mat with Ouchigari, but after all this contest resulted in a draw. Tanaka's win over Nakamura got him through to the finals.

Matsuzaka puts Murai out

Murai was expected to win pool 8, and he started well by dumping Tamura with a big Uchimata. Matsuzaka of the Keishicho, had not been bargained for, however. He displayed very good judo throughout the contests. Small but powerful, Matsuzaka threw Aoi with a strong Taiotoshi. Other contests in this pool were draws, and this necessitated an extra contest between Murai and Matsuzaka, as each man had one win. In this contest, Murai tried Osotogari, but was countered by Matsuzaka to land flat on his back. Matsuzaka, therefore, was winner of pool 8.

Quarter Finals

Sakaguchi versus Tsumita.—Tsumita starts off with plenty of fire and tries Uchimata on his taller opponent. Sakaguchi replies with an unsuccessful Haraigoshi. Tsumita attacks with Osoto but Sakaguchi counters with Kosotogari for a near waza-ari. At the end of eight minutes, a five-minute extension is called for. This time, Sakaguchi throws Tsumita off the mat with a swift Tsurikomiashi, and makes another attempt at Haraigoshi. Tsumita attacks but cannot move his larger opponent. The decision goes to Sakaguchi.

Seki versus Maeda.—This contest is a hard fought affair which seems to appeal to the audience. Seki (75 kilos) is eager and full of



Mr. Matsumoto chats with Mr. Risei Kano (right), at the extreme right is Charles Mack 5th Dan.

fight, whereas Maeda (110 kilos) is slow and plodding. Both of these men attack to the left, Seki with Taiotoshi and Maeda with Osotogari and Haraigoshi. After several minutes, Seki manages to throw Maeda on to his knees with Taiotoshi, but unfortunately, this technique does not quite come off. Eight minutes are concluded and an extension is given. A heated battle ensues as Seki once again, bounces in for an attack on the powerful Maeda, but he is caught with an ashiwaza. Now behind, Seki attacks continuously, but is thrown off the mat with Osotogari. At time, the decision goes to Maeda.

Sato versus Koga.—Sato has previously beaten Koga on one occasion in the past, and I am anxious to see who is the better man here. Sato makes an attack

with Ouchigari but Koga is well prepared for it. Koga, now moving very rapidly, goes in for his famous Uchimata. Koga's Uchimata always looks dangerously effective, but in this instance, it fails, and both contestants finish up on the ground. Koga now uses a one-handed ashiwaza on Sato. Sato tries Tomoenage, all to no avail. However, Sato misses with an attempted ashiwaza, and, seeing the opportunity, Koga counters this for a near waza-ari. Sato now renews his attacks, Tsurikomigoshi

OPPOSITE:

Above:

Sakaguchi (underneath) attempts Uchimata on Maeda.

Below:

Sakaguchi throwing Matsuzaka off the mat.



and Ouchigari, but Koga defends well. After eight minutes, the decision goes to Koga for his ashiwaza counter.

Tanaka versus Matsuzaka.—Both of these judomen are experienced and fight in good judo fashion. Matsuzaka attacks mainly with Uchimata and Tanaka with Ashiwaza. After three minutes or so, Tanaka counters an ashiwaza from

Matsuzaka and throws him off the mat. Tanaka is troubled with Matsuzaka's jacket. Matsuzaka throws it high on his shoulders and Tanaka cannot take a proper grip. There is some dispute with the referee, but he doesn't take much notice of Tanaka's complaints. Close to the bell, Matsuzaka attacks with a beautiful Uchimata (see photo which speaks for itself!) but amazingly this does not score.

Sakaguchi being interviewed after his win.



In judogi left to right: Sakaguchi, Matsuzaka, Maeda, Koga.

Matsuzaka, however, his Uchimata attempts being so impressive, is awarded Yuseigachi. This match brings the Quarter Finals to a close.

Semi Finals

Sakaguchi versus Maeda.—This contest causes a great deal of cheering from the various supporters. Maeda had recently beaten Sakaguchi in the finals of the Tokyo Yosen, and Sakaguchi seemed anxious to get his own back. Sakaguchi opens with right Haraigoshi but Maeda is strong and holds off Sakaguchi. Maeda tries Taiotoshi. This contest continues with nothing really decisive from either contestant, although Sakaguchi appears to do most of the attacking. A further five minutes is called for, and this time, Sakaguchi knocks Maeda over with

ashiwaza and Uchimata, but to no score. Maeda makes an effort to throw Sakaguchi towards the end of this extension period, but Sakaguchi is granted the decision.

Koga versus Matsuzaka.—Two uchimata men here, Matsuzaka starts briskly by throwing Koga off the mat on to his face with Migi Uchimata. Koga fights back with the same technique to the left, but they go out of the contest area. Koga endeavours to score with a fresh attempt at Uchimata, but he misses and is turned completely over, landing on his side. A point in favour of Matsuzaka. Matsuzaka attempts Taiotoshi but Koga is firmly balanced. Koga now uses Ouchigari to put Matsuzaka down, however, no score is made. The judges raise their flags in favour of a Yuseigachi to Matsuzaka.

Final

Sakaguchi versus Matsuzaka.—An interval of ten minutes has given Matsuzaka a brief respite. Meiji University students cheer as Sakaguchi walks on to the mat. Matsuzaka lashes in for an Uchimata attack, but Sakaguchi is too tall, it would seem, and nothing comes of it. Matsuzaka attempts Taiotoshi and Uchimata whereas Sakaguchi prefers Haraigoshi. The eight-minute period ends without a score. In the following five minutes Matsuzaka does very well, throwing Sakaguchi off the mat with Ouchigari and proceeds to

knock Sakaguchi on to his knees with a low Taiotoshi. Sakaguchi, time and again attacks with his Harai, and Matsuzaka's defence becomes noticeably weaker. After 13 minutes the contest is still a draw, and yet another extension shows Sakaguchi clearly superior to Matsuzaka. He throws Matsuzaka off the mat more than once with Haraigoshi (see photo) and has the advantage over Matsuzaka with an ashiwaza which knocks him on to his side. Eventually, after a total time of 18 minutes in this final contest, 23-year-old Seiji Sakaguchi gets the decision to become the 1965 All Japan Champion.

ALL JAPAN CHAMPIONSHIPS — 1965

S. Sakaguchi	4th	Sakaguchi	Sakaguchi	Sakaguchi	Sakaguchi
T. Yamaji	4th				
M. Kato	4th				
M. Shigematsu	5th				
J. Shirazaki	4th	Tsumita	Sakaguchi	Sakaguchi	Sakaguchi
M. Tsumita	4th				
T. Sato	5th				
H. Fujita	5th				
K. Yoneda	5th	Seki	Maeda	Maeda	Maeda
K. Yamanaka	3rd				
N. Sato	4th				
K. Seki	4th				
M. Matsunaga	5th	Maeda	Maeda	Maeda	Maeda
Y. Maeda	4th				
S. Enshu	5th				
S. Yamamoto	4th				
T. Ueno	4th	Koga	Koga	Koga	Koga
T. Kunishige	4th				
T. Koga	5th				
I. Inokuma	5th				
O. Sato	5th	Sato	Sato	Sato	Sato
K. Ishihara	5th				
T. Yamamoto	4th				
A. Ono	4th				
R. Nakamura	4th	Tanaka	Tanaka	Tanaka	Tanaka
S. Miura	5th				
K. Kamiya	4th				
A. Tanaka	5th				
O. Tamura	4th	Matsuzaka	Matsuzaka	Matsuzaka	Matsuzaka
S. Aoi	4th				
T. Matsuzaka	5th				
M. Murai	4th				

CLUB

FORUM

CRAWLEY

CRAWLEY JUDO CLUB. D. Anderson writes:—During the past few months the club has been the centre for Pre Coach award courses, Judo players from all over the area have attended the club and have maintained a high attendance figure throughout.

John Pluckrose, the club secretary, replaced Ivan Silver, the Area Coach, who had originally been scheduled to take the courses.

The club is now the Sussex licencing centre. Licences can be renewed and purchased by contacting Len Paxton of 23 Deerswood Road, West Green, Crawley.

Some club members have attended various C.C.P.R. courses recently and I think it worth mentioning that the local education authority has willingly financed up to 50% of the course fees and travelling expenses. This service, in our case, is administered by the West Sussex County Council Youth Sub-Committee. There seems no reason why other authorities should not provide this unpublished service, and they probably do although only they know anything about it.

Application for finance should be made in advance of the Judo course which can be as short as a weekend or as long as a week. Finally on the matter of inter-club contests, we met the L.J.S. again and also entertained a junior team from Worthing. On September 4th Crawley will compete in the New Towns Sports Festival against other New Town Judo clubs.

NORTHERN IRELAND

YAMADAKWAI. From A. C. Smyth: The club members have had plenty of encouragement and instruction during the past month. The annual visit to Northern Ireland by the National Coach was received with great enthusiasm by everyone.

The group system of training is vigorously applied at the club by K. Hanna, 1st Dan, P. Agnew, 1st Dan, and M. Scott, 1st Kyu, who run beginners' courses twice a week.

Mr. Gleeson's visit coincided with the Belfast City Transport Challenge Cup held on the 19th June, which had considerable support from all over N. Ireland. The highlight of the day was the final match between Londonderry Club, the Kodaka and our own which ended in victory for the YamadaKwai.

Mr. Gleeson brought an enjoyable evening's events to a close with some encouraging comments on the standard of Judo in the Area.

NOTTINGHAM

WORKSOP JUDO CLUB. *T. Gilham writes:*—The club, which is now three years old, is progressing extremely well, already there is a strong nucleus of high Kyu grades which reflects the effort put in by the members.

At the moment several of our senior members are helping the local operatic society in their production of "Annie Get Your Gun," which is giving them a brief change of action.

All visitors are extremely welcome and anyone reading these notes who is visiting the district, please pay us a visit.

WINCHESTER

WINCHESTER JUDO CLUB. *From Alan Healy:*—The individual club award, the Moseley-Blackmore Trophy, was won on 27th April by Tony Webb, 4th Kyu, from Peter Childs, 4th Kyu. Seven members entered for the competition, which is restricted to 4th Kyu and below, and their standard of Judo was exceptionally high. Ivan Silver, the Southern Area Coach, was the referee, assisted by Mick Russell, 1st Dan, and Miss Elizabeth Viney, 1st Dan.



photo by kind permission of Ivan S. Silver

Back row left to right :

Peter Childs (runner-up); Iain Riley; Dennis Long and Les Graddon

Front row left to right :

Tony Webb (winner); Ian McGuire and Arthur Rackham.



THE BRITISH JUDO ASSOCIATION

OFFICIAL NOTES

Women's Syllabus

We are pleased to advise members that the Official Booklet No. 4 which deals with Promotion and Coach Award examinations for women is now available from B.J.A. Headquarters, price 5/5d. post paid. Supplies are limited, and those interested in obtaining their copy should lose no time in placing an order.

The booklet deals with all aspects of Promotion, Coach Award, Club Instructor Award and Referee's Certificate examinations, and as women members will know, the revised women's Promotion Examination Syllabus will take effect as from 1st September 1965.

In order that members may have some advance information on the content of this syllabus, a brief outline is given below, the full and complete details will, of course, be found in the booklet.

Senior Syllabus

Beginner: Tai-otoshi
Tsurikomi-goshi
Kami-shiho-gatame
Kuzure-yoko-shiho-gatame

6th Kyu: Ippon-seoi-nage
O-soto-gari
O-uchi-gari
Kuzure-kami-shiho-gatame
Ushiro-kesa-gatame
Yoko-shiho-gatame

5th Kyu: Morote-seoi-nage
Ko-uchi-gari
Ko-soto-gari
Harai-goshi
Tate-shiho-gatame
Ude-gatame
Ude-garami

4th Kyu: Hane-goshi
Uchi-mata
Ashi-guruma
O-guruma
Nami-ju-ji-jime
Okuri-eri-jime

3rd Kyu: Uki-goshi
O-goshi
1st set Nage-no-kata
1st set Ju-no-kata
1st set Katame-no-kata

2nd Kyu: Sasai-tsurikomi-ashi
Harai-tsurikomi-ashi
Hiza-guruma
2nd set Nage-no-kata
2nd set Ju-no-kata
2nd set Katame-no-kata

1st Kyu: De-ashi-harai
Okuri-ashi-harai
3rd set Nage-no-kata
3rd set Ju-no-kata
3rd set Katame-no-kata

1st Dan: 4th set Nage-no-kata
5th set Nage-no-kata

Junior Syllabus

Beginner: Tai-otoshi
Ippon-seoi-nage
Kesa-gatame
Kuzure-kesa-gatame

1st Mon: O-soto-gari
O-uchi-gari
Kata-gatame

2nd Mon: Ko-uchi-gari
Ko-soto-gari
Kami-shiho-gatame
Kuzure-kami-shiho-gatame

3rd Mon: Tsurikomi-goshi
Yoko-shiho-gatame
Ushiro-kesa-gatame

4th Mon: Uchi-mata
Tate-shiho-gatame
Kuzure-yoko-shiho-gatame

KENDO forum

by Musashi of the
Shinto Ryu

Summer training in Sweden

Mr. Roald Knutsen, 3rd *dan*, travelled to Stockholm to take part in the 10-day summer training of the Swedish Kendoka this June. As the guest of Mr. Robert von Sandor, the leading Kendoka, who is also well-known in European Judo as the General Secretary of the Swedish Judo Association, Mr. Knutsen had many opportunities of seeing Stockholm and some of the beautiful surrounding lakes.

Most of the Kendo training was conducted in the new Sports Hall in Southern Stockholm, where there are ideal facilities for Judo, Aikido, Karate and many other sports besides Kendo. The Kendoka met every evening except over the Midsummer Holiday weekend. This break gave Mr. Sandor a chance to make a film record of *Iai* technique in the open air in the grounds of his home on the island of Lidingö, a few kilometers east of the city. The *Iai* was filmed on a large flat granite rock with the sea and a beautiful pine tree as a background. Mr. Knutsen reports that a hard wooden dojo floor is to be preferred to granite, which acts rather like sandpaper on the feet!

Final agreement was reached on the founding of the European Kendo Renmei and an announcement on this will be made shortly.

Shinto Ryu Dojo

After many difficulties resulting from the sudden loss of our Kennington dojo last December, we have at last secured permanent

accommodation at the Henry Fawcett School, Bowling Green Street, London, S.E.11, within a stone's throw of the Oval Station and very near our original headquarters. The practice evenings are changed to Tuesday and Thursday from 6 p.m. and new members will be most welcome—any age. Please write to Mr. K. G. Feltham, 116 Salcott Road, London, S.W.11, the club secretary, for details.

Warming up with archery prior to the *taikai*. Kyoto.



Sponge Shinai Experiments

An item of interest to British Kendoka who experience difficulty in obtaining *shinai* is the invention by Mr. Ozawa Isamu of a soft *shinai* made mainly from sponge, which he calls a *Nanshiki shinai*. This new-look practice sword is mainly intended for Primary and Middle School Kendo training and may well revolutionise basic Kendo practice.

The chief advantages of the *nanshiki-shinai* are:

1. A blow from this does not hurt.
2. Any basic Kendo movement can be made quite safely.
3. All training can be made without armour.
4. If necessary only a simple plastic *men* is required.
5. *Kirikaeshi*, *uchikomi*, *keiko*, etc., can all be made with sponge *shinai*.

Mr. Ozawa reasons that as in baseball they use a hard ball, in school teaching they use a soft ball,





The Iai-jutsu grading examinations in the Butokuden dojo.
May 4th, 1965.

so in Kendo the same principle could apply in teaching children. The soft *shinai* is still in the experimental stage and is now employed in more than ten schools for study purposes, but its use is going very well. Mr. Ozawa offers this invention as his contribution to Kendo.

Japanese Team Kendo Championships—May, 1965

The results of the team matches which were held in Osaka were:

- First — Aichi-ken.
- Second — Saga-ken.
- Third — Fukuoka-ken.

Two photographs of the great Kendo *taikai* held at the Butokuden dojo in Kyoto over the period of the Boys' Festival in early May are illustrating this month's column. These were taken by Mr. Jock Hopson, who attended part of the meeting with Mr. Oura. Mr. Hopson was only able to stay in Kyoto a couple of days, but did go to the early morning practice where there is a great gathering of all the leading Kendo masters in Japan because this is the most important event in the Budo year.

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GREAT BRITAIN versus BELGIUM

Tony Macconnell (*Captain of the British Team*)

The International match between Belgium and Britain was held at Ostend on Sunday, 13th June, as part of the town's anniversary celebrations. The team arrived late on Saturday night to find that excellent accommodation had been arranged. The following morning a reception was held at the Town Hall by the Mayor of Ostend in our honour. After these formalities we returned to the hotel for lunch and rested there until it was time for the match at 3.30 p.m. in the afternoon.

The details of each contest follow in the order in which they were fought.

LIGHTWEIGHT. Woodward v. Lauwereins. The contests were of five minutes duration. Woodward opened the attacks and had Lauwereins defending strongly for the first minute. The situation changed when Lauwereins replied with very hard techniques and knocked Woodward down on to his knees two or three times. Woodward struggled hard to regain the advantage, but was unable to do so and at the end of the contest the Belgian gained the decision. I would like to mention that there was no weigh-in and Lauwereins looked much heavier than any Lightweight I have seen.

Davies v. Moerman. Acting on instructions to gain a rapid win if possible, Davies threw his man with a beautiful *Tsurikomi-goshi* in 10 seconds. A great performance from a relatively inexperienced international player.

WELTERWEIGHT. Cassidy v. Durieux. Durieux is the most consistent of the Belgian Judo men. He has been in the Belgium side for many years, nevertheless Cassidy made all the attacks in the opening minute. Durieux replied with some good attempts of his own, but did not look as good as the superbly fit young Scotsman. At the end of the contest a draw was announced. Had the contest been of 10 minutes duration I am sure that Cassidy would have won. Nevertheless, a draw was in our favour at this stage.

Strang v. De Meersman. From the commencement Strang was in command of the contest. He threw his opponent straight away with a beautiful *Uchi-mata*, which scored a *waza-ari*. He continued to attack with these techniques throwing De Meersman three of four times, although without scoring. De Meersman was then lucky enough to score a good *waza-ari* with a

counter and this evened the contest up a little, but Strang, keeping up the pressure, nearly scored again just inside the time, and this with his strong attacks throughout gave him the decision at the end.

MIDDLEWEIGHT. Kelly v. Feyten. Feyten is a very strong player, and although this was Kelly's first international he was not overawed by the Belgian in the least. He attacked whenever possible and never looked like being beaten. Again had the contest been of 10 minutes duration I am sure that Kelly would have worn the Belgian down. Feyten got the decision by a narrow margin.

Barracough v. Seghers. At this stage we were leading on points, but not knowing the Belgian's strength Barracough was told to be careful and not to make any mistakes. He fought a great contest, knocking the Belgian over several times. At time the result was announced as a draw.

LIGHT HEAVYWEIGHT. Hoare v. Steegmans. Steegmans is probably the strongest of all the Belgian players, nevertheless, Hoare made most of the attacks, with Steegmans making frantic efforts to counter. Hoare threw Steegmans cleanly with O-soto-gari, but unfortunately outside the area. Again the five-minute contest did not suit the British player, who was exceptionally fit, but who does not get really started until after the five-minute mark. This contest resulted in a draw.

Macconnell v. Huybrechts. A win at this stage was necessary

with two contests left to go and with one of the remaining Belgian players a very strong player and the other a newcomer whom we did not know. So I took the first opportunity I could and scored with O-soto-gari after 20 seconds.

HEAVYWEIGHT. Young v. Vleugels. Young took things carefully in the opening seconds, but it was very clear who the eventual winner was going to be. Vleugels was no match for the Scotsman and when Young knocked him down and secured a holding the Belgian had no chance to get out. A good win for the British side.

Peake v. Demandeeler. With the match won Peake was able to play how he liked, but unfortunately he threw caution to the wind and attacked without a second thought for any defence and the Belgian, who is a very experienced international player, countered him with an Ashi-waza for ippon. Not Peake's usual style, but the first time he has been in a position where the eventual result has not relied on him.

In concluding I would like to make a few personal observations. I think team matches like these are a wonderful opportunity to try out those players who are unable to get into the premier British side. The morale of the players, many of whom had never been in an international team before, was extremely high, and they were all very appreciative of the opportunity of being selected to represent their country.

British Schoolboys Championship

COTHAM GRAMMAR SCHOOL 22nd MAY, 1965

The first British Schoolboys' Championship was an unqualified success. The London Schoolboys' Association took both of the more senior events, the Open and Under 15, team trophies, the Under 13, team prize went to Somerset, who fielded a brilliant side all under the age of 12.

An inter-association event, the trophies were presented by representatives of each of the three main

Judo bodies in the country. The G.K. Shield donated by the British Judo Association was presented by National Coach Geoff Gleeson. The Kenshiro Abbe Kyu Shin Shield was presented by Robin O'Tani and Secretary of the British Schoolboys' Association, Brian Saunders presented his own trophy.

The Open Team event won by the L.S.J.A. was a crushing victory for the Londoners, their four



The two winning London teams, at the rear the 'Open championship' side and in front the 'Under 15' team.

Continued on page 33

LADIES BELTS FOR JUDO

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CORRESPONDENCE

The Editor invites letters on any topic whatsoever for publication. Anonymous communications cannot be printed but, if requested, names and addresses will not be disclosed.

Sir,

I have read the articles of my fellow "pommie" Dennis Holland, and thought there might be English Judoka interested in my impressions of Queensland Judo.

On arrival in Brisbane in February, 1964, I sought the local dojo, and eventually found the University of Queensland Club, probably the strongest in the State. The greeting was most gratifying, though rather overwhelming, the coach, Greg O'Brien (Nidan), lined everyone up one side of the mat, myself the other, and said, "Get on with it!" Though very much out of practise my completely different technique enabled me to hold my own. I even managed to bring off a few throws, which surprised me as much as them.

Afterwards we adjourned to the local, to sample the brew, the attitude being that if they couldn't flatten me Judo-wise, they most certainly would in swallow-no-kata.

The Queensland Championships being due at Easter I was invited to enter, and as a result was chosen as one of the heavyweight representatives at the National Titles in Sydney in May. As we couldn't afford the 'plane fare, we drove the 600-odd miles overnight. (Thing of that, you fellows, who complain that 50 or 100 miles is too far!) and after finding I was just inside the heavy limit by half a pound, I was drawn against Ted Boronovski, who after opening me up, threw me, dislocating my shoulder and held me down so I was out. However, the news of his Bronze Medal at Tokyo consoled me somewhat while cheering the Australians tremendously. He certainly is a powerful Judoka, and will be a formidable opponent in the future.

After the titles we all went to a party, where I was floored for the second time by entering a drinking race with Gary Grennon, the Sydney U. Coach, and two ex-Pommies, Ron Burgon and Jack Chapman — both

from the North. I couldn't understand why I lost every drinking race until I realised I was using a pint mug while the others drank from seven-ounce glasses!

Last September we took part in a two-week course under Y. Takeuchi (5th Dan), the '62 All-Japan Champ. It was exhausting (four hours per day, six days a week), but illuminating, and at the end of the course eight shodans, including Ron Burgon and a Nidan, myself, were awarded.

We are now training hard for the Australian Universities Championships in May, for which I am the Queensland coach, and in addition I have been honoured with the captaincy of the Queensland team to fight the combined Universities.

In comparing standards, I would say Australian Tachi-waza is not quite as strong as in England, but their Ne-waza undoubtedly is superior. I never realised there were so many ways of being strangled!

We pommies all arrive here, win a few fights then go to the ground and get tied in knots.

To any prospective emigrant, bring your kit, and if you are prepared to practise you will be made very welcome. Australians, and Queenslanders in particular, are the kindest and most hospitable people it has been our good fortune to meet. The climate is perfect, and especially if you have a trade you can enjoy an extremely high living standard.

The only criticism is that the beer glasses are too small, but I am doing all I can to rectify this. However, I can use all the British assistance I can get to keep the natives in their place.

If I can be of any assistance to prospective emigrants, I will be most glad to do so.

Colin Matthews.

(Ex Oxford City J.C.)

6-22 Bott Street, Ashgrove, Brisbane.

Sir,

The team which represented England in the first Home International held in Belfast on May 15th would like to take this opportunity to thank the organisers, the officials and members of the Northern Ireland Area for making their visit so memorable and enjoyable by their exceptional courtesy and helpfulness throughout the weekend.

The reputation of the Ulster people for friendliness and hospitality was not only maintained but enhanced.

Roy Woodward David Peake
Brian Jacks Ivan Silver,
Ray Ross Team Manager.
Tony Macconnell

Sir,

Mr. Mike Dixon's comments in your June issue (North-West Area notes) on bad club administration were both timely and relevant. He referred to the state of some clubs in which letters remain unanswered and where facilities are taken for granted, and went on to say that our idleness might prevent the sport from growing as it should.

These remarks could be endorsed by most Judomen who take sufficient

interest in the sport to help its administration. Is it, however, a situation peculiar to Judo clubs? (If it is not, I am in no way suggesting that we should be complacent). All organisations, sporting or otherwise, are kept together only by the willingness of the members to abide by the rules and by accepted standards of conduct; without this there is no organisation by the very definition of the word. One could add a third factor: the need to maintain a corporate identity. Without this the organisation disappears and becomes something less than a collection of individual members. Hence the importance of the secretary, who is at the very centre of the organisation.

A key factor to the situation which Mr. Dixon described is the great lack of older Judomen who are no longer active on the mat, but who are still sufficiently keen and dedicated to the sport to take responsibility for administrative work. No doubt the situation will eventually improve; in the meantime clubs will continue to be divided into those where the same secretary has been obliged to carry the job unaided year after year, and those in which letters continue to remain unanswered and where facilities are taken for granted.

David Roberts.

EDITORS NOTE

We regret that due to lack of space in our last two issues we were unable to publish the many letters received criticising the remarks made by Eric Dominy in his L.J.S. notes in respect of the Ladies. Since then Mr. Dominy has apologised for any misunderstanding he may have caused, although maintaining his point of view.

Correspondence on any topic affecting the Judo world is very welcome, and we are very sorry that on this occasion we were unable to publish the letters sent in by our readers.

FINAL DATE FOR COPY

The Publishers ask contributors to kindly note that copy for the JUDO Magazine must be received by them not later than the 6th of the month if intended for inclusion in the following month's issue.

The Edinburgh Club

SCOTTISH CORRESPONDENT

Rising four floors from the pavement of Hanover Street, The Edinburgh Club presents its Regency exterior to a vast number of Caledonians who traverse the street as they go about their daily business. Favoured by being situated in the centre of the Scottish capital, its novel signs and unusual facade attract many visitors intrigued by the Japanese arts advertised. Imprisoned in the basement is a Chinese restaurant which although its calligraphy lends a harmonious touch, seems a little out of place.

The Edinburgh Club does not only cater for those dedicated to the violent and sometimes dangerous oriental martial arts, it also has space and time for the gentler aspects of getting and keeping fit. A special appeal to the ladies is the very large series of classes aimed at keeping their avoirdupois from reaching its natural bounds. The men also are catered for in the purely physical sense, they can lift iron bars, chromium plated, pull steel springs, or if they like to do their exercises sitting down, cycle furiously

George Kerr 4th Dan the principal of the Edinburgh Club with Senior Bailie Hugh MacPherson on their tour of the building.



The Finnish Sauna bath one of the attractions at the club,

against any resistance they like on Italian gymnasium bicycles built for static "Tour de France". Massive pieces of welded iron work tower up in corners designed to allow the puny human to match his strength against the steel bars.

Not all the space in this building has been allocated to making the customer perspire, although a small section does specially cater for that need. On the ground floor, where the prospective client is received on arrival, a Scandinavian coffee bar graces one side of the building, complete with low bamboo tables and chairs. Here the enquirer pays his fees and collects the clothing required for the particular form of hard labour he has chosen, he can also get the best cup of coffee in Edinburgh, browse among the remarkable collection of certificates, diplomas, medals and insignia decorating the walls, or slip a sixpence into the "one armed bandit" with a chance to recoup the money spent in exploring the

diverse activities of this house.

George and Geraldine Kerr, the proprietors, personally meet everyone who visits the club and make them welcome, having discussed their requirements and decided on a course, the customer comes under the special care of one or the other. George looks after the Judo, Karate, and Aikido with weight training and circuit training as extra pursuits, he also coaches the Wrestling and Trampolining, but employs experts for the more serious study of these activities. Geraldine coaxes the Ladies through general Keep Fit classes, Ante and Post Natal exercises, slimming programmes, and supervises the Finnish Sauna bath installed on the first floor, as well as this she is in charge of the massage and physiotherapy department.

Each department has its own staff as well as being under the direct care of one of the owners. From early morning until late at night clients are being exhorted,



Senior Bailie Hugh MacPherson performing the opening ceremony by cutting through a Black Belt with a Japanese sword.

coaxed, driven or guided through the complexities of the schedules arranged for their benefit.

Previously the building was a warehouse for wallpaper, now lavishly equipped it is one of the most sought after clubs in the North. Health clubs have been receiving some pretty bad publicity recently, but this establishment is an example of how one should be run, and its success is a source of pride amongst business and professional men of the city from which it took its name.

Although established since the beginning of this year, the official opening has only recently been celebrated, when Senior Bailie Hugh MacPherson, F.S.A., Magistrate of the City of Edinburgh, cut his way through a Black Belt stretched across the entrance, with a razor sharp four foot long Katana. To record this unique

event, practically every newspaper in the North sent a photographer. When the kilt clad Bailie wielded the ancient Japanese sword, claymore wise after the fashion of his ancestors, this was news and made the front page on nearly everybody's breakfast table paper the next day.

Senior Bailie MacPherson, is not the sort of person to declare a place open, then partake of a wee dram' and go home, oh no! he went over the building from top to bottom, tried out everything, well very nearly, and gave the photographers another startling picture when he had a go on the Trampoline.

The retinue of guests followed his footsteps examining the equipment installed on each of the four floors. The Sauna, of Finnish pine, probably extracted the most exclamation remarks, and it is

hoped that many of the guests were sufficiently impressed to take a course. Some of the guests preferred to stay downstairs, where they enjoyed typical Scottish hospitality in the bar, while they chewed the rag over the merits and demerits of their particular sports.

Not only have the people of Edinburgh first class health club facilities, they also have the first Japanese shop opened in the North. Geraldine Kerr has fitted out a most beautiful Japanese Boutique on the ground floor of the club.

facing the street behind an immense plate glass window which is filled with the exquisite produce of the orient. Everything from books to colourful kimono's are on sale, making an unusual contrast to the majority of retail establishments with their permanent tartan decorations.

Any reader travelling over the border make sure that you do not miss a visit to the Edinburgh Club right in the heart of the city and a rival attraction to the Forth Bridge.

1965 Torquay Women's

Judo Course

BARTON HALL 8th to 15th May, 1965

Report from: ELIZABETH VINEY

The much looked-forward-to week's Judo course for women dawned once again with many happy reunions and new faces.

Our instructor this year was Ray Ross, 4th Dan, who had recently returned from Japan, and who coped remarkably well with the ordeal of having so many womenfolk on his hands! Our stay, as always, proved to be a most successful and enjoyable week, both Judo and holidaywise, with 16 students on the course from 6th Kyu to 1st Dan. This number included five women coaches, of whom three were Area Coaches of Dan degree.

Those who have attended this course in the past will be pleased to hear that the flag was kept flying, for once again we won the Barton Hall Fancy-dress competition (for the fourth year running now). Theme this year, "Stranger in Paradise." Our instructor, Ray Ross, having been persuaded to dress up as the "devil," surrounded by all the girls as a group of "angels"! In traditional style the "devil" was thrown into the swimming pool afterwards. Not alone, however, for a couple of angels went with him. As one who helped to push hard from the rear I chose to retreat hastily to the dizzy heights of a nearby yew tree whilst the devil and two saturated and deflated angels sought revenge, only to emerge later covered in leaves and undergrowth looking like something camouflaged in preparation for a battle!

Our thanks are due to Peter Murphy (Western Area Coach) and members of the Exeter Judokwai Women's Section for making so many of us welcome on our annual trip and practice at Exeter on their ladies' night during the week of our course.

Also, the Apollo Sports Club, Torquay, deserve our very grateful thanks, too, for allowing us to use their premises for the course.

Our afternoon sessions took place at Barton Hall on the lawns, so we were able to take full advantage of the fabulous weather and at the same time give our Ju-no-kata a glorious airing and catch a gorgeous sun-tan, too.

The week's course finished with a promotion examination resulting in two new 1st Kyus, two 2nd Kyus, two 3rd Kyus and a 5th Kyu. As a result of this examination special congratulations should go to Miss Barbara Tyas (C.C.P.R. Representative, Midland Region). Miss Tyas was our instructor in movement training last year on the same course. It should not go without mention that on the same course last year she was promoted to 5th Kyu from Beginner. Now after a year's determined effort and lots of hard work she has achieved her 2nd Kyu. Congratulations from us all, Barbara.

The end of our week's course came all too soon, with a mass farewell to Ray Ross at Torquay Station well after midnight on Friday. For Ray was away to Belfast on the following day for the Home International match, and our good wishes for a very successful match went with him.

Finally, our warm and appreciative thanks to Miss D. H. Dickens, the C.C.P.R. Resident Courses Manager at Barton Hall, for all her help and for making us all so welcome. And last word from all the girls, "Roll-on next year's course . . ."

Staffordshire ousted by Leicestershire

Staffordshire had the humiliating experience of being beaten in the final of the County Cup by a team they had defeated in the first round. This unusual result came about by the organisers indulging in the same experimenting that produced such disastrous results in the last European Championships. No doubt they have now discovered the error of their ways.

Apart from this unfortunate mistake, the matches were exciting examples of top-class Judo contests. Great Barr Comprehensive School provided an excellent venue for the two hundred and fifty-odd spectators as well as providing first-class facilities for the players.

The original four counties in the league, Warwickshire, Staffordshire, Shropshire and Leicestershire, were joined by Derbyshire and Lincolnshire for the County Cup championship. Each county is allowed a team of nine players of any grade, which makes a very even battle of it these days.

Many internationals took part, including such well-known players as Gerry White, Mike Jackson and Ken Woodward, and these, with other local players, provided fierce competition and a high standard of play throughout the day.

Worcestershire is expected to join the county league shortly, and any other county not yet taking part in the Midland Area who would like more details should write to J. Law, 3 Kennedy Crescent, Darlaston, Wednesbury, Staffordshire.

Israeli Judo Federation

AMOS GILAD

The final details of the programme to establish an Israeli Judo Federation were completed recently. The first Chairman is Mr. S. Schumacher, who is also the Sports Director of the Maccabiah Games. General Secretary is Mr. J. Schems, Technical Director Mr. R. Metoudi, and Mr. D. Waxman, the highest graded Judo player in the country, is head of the Promotion and Examination Committee.

Two main tasks face the I.J.F. at the present moment. One is the preparations for the Maccabiah Games, and the other is the fusion into one body the various traditions and methods of the many opposing Judo players teaching Judo in the country at the moment, consistent with the ideals and rules of the International Judo Federation.

Our National Trials to choose our players for the Maccabiah Games are to be held shortly, but the actual selection of players will be made at the end of July. Top contenders for places are D. Waxman, Heavyweight, G. Skurnik and D. Hanover will probably be the Middleweight possibilities, in the Lightweight class it is anybody's guess who will eventually make the final place. The top 12 surviving the National Trials will be specially coached by R. Metoudi before the final choice is made.

Mr. Metoudi and myself have worked out a syllabus, which has been tentatively accepted by the Executive Committee, the Promotion and Examination Committee is busily engaged in vetting the various claims to Dan grade. The use of Japanese terminology has been decided on, and all teachers used to the Kawaishi system have been supplied with conversion tables.

There is still a lot to do, but we feel we have made a good start.

Warwickshire Judo League

Peter Hemming

An inter-club league has been established in Warwickshire to start at the end of September. Each club can enter two teams an "A" team consisting of five players limited to two Dan grades and three other members up to 1st Kyu, and a "B" team of five players made up of two 3rd Kyu and three other members up to 4th Kyu.

The matches will be played on a home and away basis, and at the moment 10 clubs have officially joined the league with a further 10 expected to take part by the kick-off time.

Any club belonging to any association is invited to join, the fee is £1 per club, whether they enter one or two teams per season.

All enquiries should be sent to Ron Devine, 6 Railway Lane, Chase Terrace, Nr. Walsall.

Area News

LONDON AREA *Don Burgess*

Don Burr, 3rd Dan, has been appointed London Area Coach, one of his first engagements will be to take a week-end course at the Crystal Palace, National Recreation Centre, with National Coach, Geoff Gleeson. The course is for all B.J.A. licence holders of 3rd Kyu and above, and is primarily a pre-examination course for Club instructor and Coach Award students. Fee 10/-. Date 11th-12th September. Time 2.30-5 p.m. Saturday, 10-12 a.m. and 2-4 p.m. Sunday. Further information write: P. A. Taylor, 22 Stamford Brook Road, London, W.6.

Area training sessions are continuing at the Budokwai on the last Sunday in each month from 11 a.m.-1 p.m. under the Area Coach, training includes Kata, Coach Award syllabus, as well as general work.

MIDLAND AREA NEWS *Keith Brewster*

Congratulations of the Area go to the following on obtaining their Dan degree, Joe Foster of Stafford, Jock Orr of the Kodokai, Graham Pembrey of Handsworth, D. Lovelace of Boston and G. Ashton of Shrewsbury.

Continuing its policy of progressive planning the Area Committee has now set the dates for the entire year for Junior Team contest, Young Mens' Contest courses, Prep Courses and examinations for Instructors and Coaches as well as for Referees. Dates and venues for promotion examinations will shortly follow. It is unfortunate that the majority of clubs cannot follow this example by planning their own events well in advance.

Starting with Sunday, October 17th at 2.00 p.m. at the Boldmere J.C., Sutton Coldfield, there will be quarterly Dan promotion examinations for 1st Kyu and 1st Dan. There will be no charge for Midland Area applicants. Applications to A. E. Onions, 62 Oakwood Road, Boldmere, Sutton Coldfield, giving at least 14 days notice.

The 10th Midland Area Championships were a definite improvement on previous ones, and I speak from seven years previous experience. The sub-committee who organised them certainly deserve a vote of thanks for the effort and time they put in. For the first time people actually wrote and congratulated or complained, which indicates that at least some interest is being taken in the Area events.

Winner of the Beginner to 3rd Kyu Championship, Mr. Southall of Birmingham, Open Championship winner, Mr. Ransom of Leicester, the Junior Team Champions Dudley Judo Club, Team Champions Leicester.

As reported elsewhere in this issue the Inter Counties match was won by Leicestershire in the final match from Staffordshire, although Staffordshire had beaten Leicestershire in the preliminary rounds. There were some complaints but as the system was carefully explained before hand there should be no back biting afterwards.

WESTERN AREA *Dave Roberts*

The main event in the West has been the Area Championships which were held in Swindon on 19th June. A full account of the show appears elsewhere, but it is worth recording here that the general impression was one of a successful evening, particularly bearing in mind that the eliminations had been held three weeks previously, leaving only the finals to be played off. It was gratifying to see that the Plymouth team did so well in view of the long travelling distance involved and the fact that the club does not get as many visiting teams as it would like.

On Sunday, 20th June, a meeting of Public Relations Officers was held at Pinehurst under the chairmanship of Keith Brewster, National P.R.O. The meeting was poorly attended, mainly because most clubs have not yet appointed P.R.Os. All B.J.A. Clubs in the Western Area are asked to ensure that they give this matter their urgent attention and that appointments are made at Annual General Meetings as they occur. A Public Relations Officer can do a great deal to improve the "image" of your club by keeping in close touch with myself as Area P.R.O. and by giving publicity of the right sort to club activities. One hears frequent reports that the press is "not interested in Judo." I strongly suspect that it seldom gets details of the right sort to print in the first place. Points for guidance will shortly be issued to all B.J.A. clubs in the Area on matters affecting Public Relations.

John Goulding, Secretary of Blandford Garrison J.C., writes to say that the club is still functioning with a healthy section of juniors and several adults. They have suffered in as much that their instructor, Bill Stewart (1st Dan), has been posted to Winchester, but in spite of this the club remains active, and Mr. Goulding intends to qualify as a club instructor.

The Area Licensing Officer, Fred Leeworthy, reports that the sale of licences for the first five months of the year has shown an increase of 62 over the comparable months for 1964—337 compared with 275. He asks club secretaries to encourage members to take out licences or renew existing licences on time. It is pointed out that in January, 1966, all clubs will be able to claim a rebate of 2/6d. for every senior licence held by them.

NORTHERN HOME COUNTIES AREA *V. H. Maynard*

Preparations are going ahead for the increase in judo activity that comes with the end of September. A number of conferences, courses and other events have been arranged with something of interest to every sphere of judo activity in the Area.

The monthly Area publication "Newsletter", now in its fourth year, has become a regular and dependable source of information for an estimated readership of over 3,000 judoka in the Area. If you do not see a copy every month have a word with your club secretary or write to John Butler, "Newsletter" Dept. J., 179 Lancaster Drive, Elm Park, Hornchurch, Essex.

Arthur Gomm, instructor and secretary of the Waltham Abbey Judo Club writes: "Our judo club represented the 120 youth centres at the Essex County Show on June 9th and 10th at Chelmsford. Demonstrations of randori, newaza and Ju-No-Kata were given by Edward McEvoy, Kim Masters, Lynda Beechener and Glyn Thomas on each day of the show to an estimated 2,500 audience." Banbury Judo Club, currently using a newly-purchased £150 mat, offers a welcome and a practice to any visiting judoka says Mick Kelleher, 1st Kyu, instructor at the club. A six-week

instructional course for men under Paul Ransom, 1st Dan, recently successfully completed has been encouragement enough to plan a similar course for women. The club are now in the process of raising £200 for further mats.

Selection contests for a team to represent the Area in the Inter-Area Championships at Crystal Palace on the 9th October will be held at the RENSHUDEN Judo Club, St. Bede's Hall, off Albany Street, London, N.W.1, on Sunday, 29th August at 10.30 a.m. Entrants must have with them a current B.J.A. Licence. No previous notification of names is necessary.

A contest training course similar to the Olympic Training courses is being held at the RENRUKAN, Villiers Hall, Villiers Street, Uxbridge, under the Area Coach, V. H. Maynard, 3rd Dan, on eight consecutive Sundays from 3.00 p.m. to 5.00 p.m. starting on September 12th. On Sunday, September 5th, at the new Green Park Recreation Centre at Aston Clinton, Nr. Aylesbury, will be held the first N.H.C. Area Annual Coaches and Club Managers Conference. A full day will be spent on exchange of ideas on coaching, advertising, club management, public relations, judo equipment, etc. All club administrators and coaches please note this date in your diary.

A Coach Award and Club Instructor's Award Examination will be held in the Area at the beginning of December and a pre-exam course in preparation for this will commence on September 12th and continue through to the date of the examinations. Full details will be notified to all clubs in due course.

The Area Brochure, designed for use by clubs in the Area, is now available. Sample copies are available from V. H. Maynard, 16 Onslow Gardens, London, S.W.7.

NORTH EASTERN AREA *W. Taylor*

Neil Holdsworth has returned to the Area from Australia, Mick Miller has also returned home from Japan where he has spent the last few years, and has already run a training session for the Area. Bob West was recently honoured by being chosen to be part of the Bodyguard for the visit of the Prime Minister to Bradford recently.

The eliminations for the Area Championships will be held on the following dates. Teams of five up to 1st Kyu, October 3rd, the venue has not yet been decided. Individuals, Beginner to 4th Kyu, 3rd Kyu to 1st Kyu, and Dan grades, September 5th, venue to be announced. The Area show and championships will take place on the 23rd October at St. George's Hall, Bradford.

The Jack Pearson Trophy competition will be held at the Huddersfield Drill Hall on September 18th. On the 12th September the eliminations for the team to represent the Area at the Inter-Area Championships will be held at a venue to be announced later. Any player of 3rd Kyu grade up to and including 2nd Dan can enter.

The Area examination for 5th and 4th Kyu will be held at Leeds Judo Club on August 8th.

COACHING NOTES

The communal training session on August 30th at the National Recreation Centre, Crystal Palace, is the first event of this kind to take place in the history of the B.J.A.

Although only in its infancy it is quite exciting to visualise how this sort of scheme could develop. The National Coach has arranged for members of the Amateur Wrestling Association to be present on the first day of the Bank Holiday weekend, in this way there can be an exchange of ideas and skills.

The Western Area is holding its own Technical conference again in October this year. It is more ambitious than last year's and is to be at St. Luke's College, Exeter. Three lectures will cover Test and Measure, with particular reference to mobility and agility. Movement Analysis, and the last talk will cover the application of the previous two subjects to Judo training.

It is encouraging to see Area organisations working in this way to get a new outlook toward the sport.

Harry Welsh, the N.W. Area Coach, is running a Judo clinic. The object is to widen the horizons of the local Judo instructors, trying to make them think outside the normal confines of club practice.

The N.H.C. tried out an interesting experiment during the last visit of the National Coach. They asked Mr. Gleeson if he would give a lecture in two parts, to be held in three centres in the Area, one dealing with the origins and reasons for the group method, and the second dealing with ideas on training. Time alone will tell if the venture was worthwhile.

The various audiences appeared to listen with intent and some of the lecture context will probably stimulate more thought on the topics covered by the National Coach.

One of the points which came under discussion was the value of practising with higher skilled players for improvement. Normally it is said that to improve skill an ambitious player should practice with a higher skilled one. The National Coach, Geoff Gleeson, questions this. If a skill is to be improved it must be repeated. If a 1st Dan is on with a 5th Dan how often does the 1st Dan throw the 5th Dan? Therefore, suggested Mr. Gleeson, the practice is a waste of time as an improvement of skill. A practice of this nature may improve other aspects, falling ability, stamina, or it may stimulate other aspects of skill, but as a method of improving a man's actual throwing ability it has no value.

Coach Award Holders: S. Kelly, A. C. Smith.

Personal Fitness

Index Testing

ZADANKAI 1965

At the 1965 Zadankai the Area Coaches broke new ground with experiments in P.F.I. Tests. The responsibility of the programme and selection of the tests were left to H. Welsh and R. Mitchell, North West Area and Army Coaches respectively, who have worked in close liaison on numerous occasions on this type of project.

In general the programme took the following form. A tryout of various coaches was made at the earliest opportunity on a Level-Divide-Incline acceleration test devised by the organisers. Of the tryouts I. Silver Southern Area Coach, apart from being a strong contest man, proved to be an apt subject, and was selected to be the main active participant by a majority vote.

A sample application of the W.M. Test was carried out in the evening by the subject before an extremely perceptive audience consisting of members and coaches from other courses in residence at Lilleshall.

The W.M. Test is briefly an extension and variable application of the Harvard Test, which entails the subject to be tested, to work within the confines of a 20 feet square area, bounded by four chairs (substantial material). An instant directional change of six diagonal and straight patterns was

required, at the completion of each, ten step-ups were performed.

This six pattern movement was repeated twice, with pulse rate compared with resting pulse recorded at commencement.

The coaches in charge of other sports represented at Lilleshall, and their students, were very taken with the programme, and the many



queries and searching questions directed at the members of the Zadankai were handled extremely well.

Representatives from other courses besieged the organisers with requests for participation, after consultation the organisers and Area Coaches were unanimous in the decision that only mutual benefit could be gained, but to only accept one representative from each course, plus one woman athlete, to view the female angle.

All tested were placed in the category F.I., with the exception of I. Silver who by now was aware of the implication, thus being able to perform with greater control.

The female subject provided interesting data for future reference, though it is pointed out the test is essentially male. However the organisers were better placed to assess this.

All Area Coaches expressed the view that valuable material was accumulated, and much can be learned from this type of programme, and from the ability of Welsh and Mitchell to work as a team. It is hoped that their efforts will continue at the next Zadankai.

BRITISH SCHOOLBOYS CHAMPIONSHIP *Continued from page 19*

opponents only managed to avoid a complete whitewash by 10 points to 170. The team members were: M. Olizar, 1st Kyu (Salesian College), R. Wildman, 2nd Kyu (Spencer Park), H. Eastwick-Feld, 2nd Kyu (Westminster), P. Gullan, 3rd Kyu (Merchant Taylors), L. Herod, 3rd Kyu (Hillcroft). The Under 15 side, although not having the same success as their companions, had no difficulty in winning by a good margin in each of

their four contests. This team consisted of J. Plunkett, 3rd Kyu (North Romford Comprehensive), B. Trickey, 4th Kyu (Harverstock), R. Hawkes, 4th Kyu (Harverstock), T. Norton, 3rd Kyu (Northbrook) and A. House, 5th Kyu (Eltham Green).

The names of the winning Somerset team are not known, but they deserve our congratulations for an excellent standard of Judo and first-class sportsmanship.

3rd EAST ANGLIAN OPEN JUDO TOURNAMENT

K. Chambers

The Third East Anglian Open Judo Tournament proved beyond all reasonable doubt that as far as the majority of Judo players are concerned competition on the mat is preferred to competition in associations.

The Tournament attracted the greatest number of competitors ever to take part in an event in this country. Three hundred players battled away for 12 hours before the final results were reached.

The staff of the North East Essex Technical College, the venue for the Tournament, did everything

possible to see that everyone was well catered for. This included the use of the gymnasium, the main hall, six changing rooms, staff room for officials, canteen facilities, as well as many other privileges. Dr. G. O. Stephens, the principal, must be sincerely thanked for his generosity.

Distinguished visitor during the afternoon was Mr. Anthony Buck, M.P. for Colchester, who after watching many of the eliminating bouts stayed to enjoy an exhibition of Karate, especially staged by Mr. Tatsuo Suzuki, 5th Dan, and mem-

bers of the British Karate Association for Anglian Television.



Andy Hart, 1st Dan, refereeing an elimination bout of the Eastern Counties Judo League.

bers of the British Karate Association for Anglian Television.

The principal guests at the evening show were His Worship the Mayor and Mayoress of Colchester, Dr. and Mrs. Stephens, Principal of the College, and Senior representatives of many of the Martial Arts. The occasion was also graced by the charming presence of Miss Gilly Williams, the Colchester Carnival Queen.

Throughout the day the standard of sportsmanship was exemplary, not one contest lacked in spirit and determination, and every competitor must be congratulated on a fine performance. The team events caused the most excitement, especially when any local players were involved.

The evening show was so arranged that all the final matches were concluded before the interval, the second part of the display being taken up with the special exhi-

bitions of Martial arts. Apart from Judo, there was Karate by Tatsuo Suzuki, Kendo by T. O'Tani, Aikido by K. Williams, and many other events.

Every person taking part in the show was presented with a specially struck gilt medallion bearing the coat of arms of the college.

The results of the various classes were as follows: Juniors, Under 13: S. Chapman. Juniors, Over 13: R. Hardie. Ladies, Beginner to 4th Kyu: G. Wright. Ladies, 3rd Kyu to 1st Dan: M. Jennings. Gentlemen, Beginner to 4th Kyu: J. Hafer. Gentlemen, 3rd Kyu to 1st Kyu: J. Serkett. Gentlemen, Dan grade: P. Spaul. Eastern Counties Judo League, Individual: M. Dinsdale. Eastern Counties Judo League, Team: Cranes. Gentlemen's Team: London Judo Society. Ladies' Team: Romford Judo Club. Special Award for the most stylish Lady player: Miss L. Daynes.



COACHING SERIES

No. 9

R. T. MITCHELL
Army Judo Coach

Judo Training

At present competitions at all levels are arranged indiscriminately throughout the year. This means that the player of say 1 Kyu and above has to be "keyed up" to take part in competition, be it, Area Eliminations or Championships, or competitions at National level, etc., at very short notice at times, during the whole year. This is not fair on the participant and also increases the administrative problems many times.

Before going into suggested programmes, etc., I think the whole training cycle of the sport in the country needs reviewing. Herewith a few points which I hope will act as "food for thought" in future planning.

SEASONS.—We have no seasons as in other sports. I think that it is of paramount importance that we should have. In this modern high powered era of International competition the past methods of just practising until ones body ached, should be replaced by more scientific methods, which have been well tried and proved successful in other sports. These ideas could easily be incorporated into a "seasonal" cycle and offer many advantages, e.g.

A player has a definite object to aim at for any period during the year.

The strong psychological factor that one can relax from competition after the "season". Remember that the mental as well as the physical condition of the player must be considered.

Weights are more easily controlled for a short duration. Remember it can be injurious to ones health, particularly juniors to continually have to shed weight for substantial periods. These players must be encouraged

to fight at their natural body weight. Generally one should not try to lose more than 2—3 lbs. for a contest and this over a gradual period of time under the supervision of an experienced coach.

Knowledge that the whole calendar is geared to bring one to his peak, in a logical and systematic method, for a required period only.

It would prove invaluable to the Organisers and Administrators of events and enable them to plan well in advance. In turn of course the players affected by any particular event would know in good time and be able to train accordingly. In short I think that everyone connected with the sport would benefit from the system.

N.B.—It is not suggested that Clubs should literally "close down" out of season, but that other forms of training could be incorporated during these periods, knowing that one will not be caught "on the hop" and out of "contest condition". The "seasons" need not apply to the lower Kyu grade as they can continue learning the basic fundamentals of the sport.

RECOMMENDED.—That the year be divided into three seasons as follows:

June to September (*Closed season*); **October to January** (*Pre-season*); **February to May** (*Contest season*).

Closed Season (*June to September*)

The Summer period would be an ideal time for a break from the strenuous competition of the season proper and prove opportune for a mental and physical change. Club attendance usually falls off in the Summer months anyway; it also takes in the holiday period. Training during this time to aim at developing: Power, Body Strength and General Endurance.

Weight Training—the aim is to Increase power, Explosive strength and Muscular Endurance.

Application—Heavyweights—few repetitions. Exercise, e.g. Half Squat, System, Pyramid, which is to gradually increase the poundage and decrease the repetitions.

Circuit Training—Aim is to increase Respiratory Endurance and Circulatory System. Application—approximately 6 to 8 exercises which could include—Step Ups, Jump Squats, etc., maximum repetitions in given time e.g. 30 seconds. The aim at successive sessions is to increase number of repetitions over the same period or maintain the numbers of repetitions in less time.

Fartlek Running—Aim to increase general endurance. Application—by a time or distance run approximately 30—40 minutes or 3—6 miles. Cover all types of countryside, include woodlands, fields, roads, etc., vary pace—walking, jogging, wind sprints, including mobilizing and strengthening exercises.

Games—To increase speed and quick reaction, they would be a good psychological change and bring into use different muscle groups. Application—volley ball, basket ball, etc.

Judo—Aim to increase the knowledge of Renrakuwaza, Renzokuwaza, plenty of Randori, learn new skills.

N.B.—It would be ideal if training in the different subjects could be carried out at intervals during the day, e.g. Judo, running and games—early part of the day and Weight and Circuit Training, the latter part of the day.

Typical Weekly Programme (closed season)—**Monday**, Judo and Weight Training. **Tuesday**, Fartlek running—circuit training. **Wednesday**, Rest day or games. **Thursday**, Judo—Weight Training. **Friday**, Fartlek running—circuit training. **Saturday**, good Judo session. **Sunday**, rest day or games.

Pre-season (October to January)—This is the preparation and sharpening stage for the season proper to follow.

Aim—to increase the intensity of training and to ensure that the player is mentally sharp and Judo fit.

Weight Training—as in the "closed season". (Intensity of training to taper off towards the end of this period.)

Circuit Training—NOT to be included in this period as the player would become too tired and prone to staleness with frequent hard sessions of Judo, weight and circuit training.

Fartlek Training—as in the closed season. Intensity: increased (more work included during same time or distance run).

Games—as in the closed season, but not so often.

Judo—much more emphasis placed on—pressure training, conditioned contests, etc. **This phase of training to take top priority!** Pressure training increased even more towards the end of this period as less emphasis is placed on weight training.

Practices and Conditioned Contests. Teams line up and all contest simultaneously—At the end of each practice everyone move one place to the left. Both attacking constantly for given length of time, e.g. 15—20 seconds (to improve immediate attack). One attack—one defend (practice breaking opponent's defence). Both attack with named techniques only (conditioned practice). On given signal both players attack as hard as possible for limited time (speed up reactions). Players try to vary the cadence of the contest (to gain dominance of the contest and break up opponent's movement).

Pressure Training Practices—Pressurising selected players under various conditions. Their opponents to keep changing on given signal. Opponents briefed to adopt varied styles and tactics. Contest—higher grades leave jacket on, lower grade—jacket off. Contest lasts exactly 3, 5 minutes, etc. (Players pace themselves to appreciate length of contest, etc.). A few ideas—there are many more and any situation can be catered for or created in the Conditioned Contests.

Typical Weekly Programme—**Monday**, Judo. **Tuesday**, run—weight training. **Wednesday**, Judo—games. **Thursday**,* run—weight training. **Friday**,* Judo. **Saturday**, Judo (club matches, etc), run. **Sunday**, rest day.

* Can be inter-changeable, depending on individual requirements.

Contest Season (February to May)—Ease right down on weight training. Maintain Fartlek running, but ease down on intensity, make enjoyable and relaxing. Ease down on intensity of Judo training, more emphasis placed on finer points of techniques, tactics, etc. Take part in contests as regularly as possible.

Recommended—that the season commences with contests at District, Area level, building up to National Competitions, Eliminations and the European Championship.

Typical Weekly Programme—**Monday**, Judo (contests). **Tuesday**, rest. **Wednesday**, Inter-Club match. **Thursday**, Judo (contests?) depending on the individual or the importance of the competition. **Friday**, rest. **Saturday**, competition. **Sunday**, rest or walk.

N.B.—I have not attempted to give a lot of detailed reference weight and circuit training programmes, but just to give the main essentials. The finer points can be covered in a further article. Training should be looked at in proper perspective and we must keep the object of our ideas in mind; the main one being that the result of all this training should crystalize in a **well balanced all round player who is fit to take part in contest as and when required!** The priority must be the Judo training and the other sessions (weight, circuit, etc.) are all allied to this end. With an intensive training programme as advocated, coaches must ensure that there is a balance in the transference of skill. It would be futile, indeed fatal, if a player whilst increasing his poundages at weight training or breaking his target times during circuit training could not transfer this increase in power and fitness into his Judo skills, and his subsequent efforts could amount to nothing. It is highly recommended to practice ones particular skill whilst ones body is comparatively fresh and energetic (early part of the day). The allied subjects are of secondary consideration and can therefore be practiced when one is feeling less energetic (latter part of the day).

I realise that it is all well and good for me to suggest these projects. It is easier said than done and of course these programmes need careful supervision, especially weight training, where a competent coach is required to supervise. This is another of the many problems that we are aware of and that the National Coach is going in to. The thing is that we know there are many subsidiary subjects that are conducive to Judo training. These same principles are being observed and exploited by other sports such as Swimming and Athletics, who had our problems to overcome many years ago and now have very high powered programmes and standards. We can benefit from their vast experience and adapt these methods to suit our own sport. . . .

To be continued

BUDOKWAI COURSES

Summer

Saturday, August 28th 2.0—4.0 p.m. Sunday, August 29th 10.0—12.0 a.m. and 2.0—4.0 p.m.

Monday, Tuesday, Wednesday, Thursday same time as Sunday. Friday, September 3rd 10.0—12.0 a.m.

Fee for Weekend, Saturday to Monday 3 Guineas.

Fee for full course 5 Guineas.

Instructors

Kisaburo WATANABE 5th dan and Sid HOARE 4th dan

The Manager,

The Budokwai, 4, Gilston Road, London, S.W.10.

Japan in the Age of War

continued from April issue

by Roald Knutsen



Ten years have passed since the fighting at Akayama Castle. The year is now 1573 and Masayemon and his friends are now ronin, that masterless men. In the western districts of Japan, Lord Mori Terumoto is rapidly swallowing up province after province, while to the east, Lord Oda is locked in deadly struggles to secure the central region and control Kyoto. Due to recent differences with this cruel lord, our swordsmen-ronin must keep well clear of his territories and to this end they are slowly making their way along the coast of the Inland Sea to the west.

In the spring they moved on down the coast into Bizen and the influence of Ukida Naoiye. This Naoiye was under considerable pressure from Terumoto. A week after their arrival this pressure took on a more serious aspect as Terumoto invaded the frontiers of Mimasaka and Bizen where they met and marched with Bitchu. Okayama, the capital of the province, was full to overflowing with the baron's soldiers, but there was no reliable news from the fighting area, only alarmist rumours. Yukihiro, who was acquainted with this area from the past, thought that the Bitchu forces may have crossed the border between Takahashi and Katsuyama.

Lord Ukida sent his troops to the troubled spot in May (1573) only to have them suffer a severe mauling at the hands of the Mori. Fighting became more widespread until Ukida was obliged to call on the ronin in the field to aid him. Most of these men were wild and undisciplined, but for regular meals they would all risk fighting a battle or two. Hundreds joined the Ukida flag. As had happened in Himeji, Masayemon and his followers declined to take an active part, but agreed to help defend the town if the need arose. However, after three weeks filled with constant ill-

luck, Ukida Naoiye sent a message to Mori Terumoto allowing him to keep the lands he had seized. Terumoto replied by demanding in addition to these lands the towns of Kurashiki a few miles west of Okayama; Naoiye was stung into anger and he refused point blank. Once more the warriors were gathered and peasant levées formed and rushed down to Kurashiki. This time Masayemon and his companions did go with the ronin, simply to observe the progress of the fighting.

The town lay on some rising ground east of two smallish rivers coming down from Bitchu and Mimasaka; it was some miles inland from the sea. Ukida had thrown up some strong defences along the eastern bank of the nearest river at the ferry-head. Above, in the town, more barricades and palisaded earthworks protected the approaches.

Mori Terumoto's troops lay encamped across the first river three miles from the town, but as soon as his general saw the preparations in progress, he advanced to nearer positions on the far bank of the stream, just out of range of a long ball-shot.

The battle opened with Mori's samurai storming across the shallow ford in great numbers and completely overwhelming the left flank of the first defences. Ukida and his ronin were unprepared for so sudden an attack, and were up in the town. The remainder of the defenders withdrew up the hill to gain the main barricades before being cut to pieces. At this point the Mori checked and there was a lull in the fighting. Masayemon, together with his friends, sat on horseback on some open space to the north of the fighting area. He could clearly see that the Mori were gathering themselves for an assault on the town in the traditional manner using seven succes-

sive lines, and he rather doubted whether Naoiye had power enough to stop them.

"There will be a massacre if Terumoto gets through," muttered Gengoyemon.

"I think you are right. These ronin will fight like rats to save their skins if the battle looks like going badly. The townsfolk will suffer the worst," Yukihiro said.

"See—fire in those houses already." Masayemon turned round. "You are wearing armour beneath your haori? Good! I think we may have to fight our way out. Let's collect our belongings, gentlemen." He wheeled his mount and quickly they rode back to the inn.

By the time they had gathered together their simple equipment and packed it on to a spare horse, Mori had stormed the outer defences and already some of their troops were in the town. The ronin were breaking off the fight in order to escape death. As Masayemon came out of the inn compound a body of men came dashing past in disorder closely pursued by some samurai wearing the enemy mon. The four men sat quietly on their mounts and the warriors took no notice of them.

"I reckon we shall have some fun before long," Yukihiro remarked.

There was a sudden roar of fighting in the next street, the wall of a house burst open and a gang of ashigaru tumbled out into the road. More warriors, spearmen, clambered over the debris and finished off the fallen, the rest scrambled off as best they could. Seeing the four horsemen and their laden pack animal, the spearmen ran down the road towards them.

"Hey . . . You . . . Let go that animal and we'll let you through," bawled their leader.

Yukihiro and Gengoyemon trotted forward, their pari held across their laps.

"Lay so much as one finger on that beast and I'll split you in two," growled the bearded samurai. "Now get out of our way . . ."

The enemy numbered about 20 men. They felt they would soon best these samurai, but they had reckoned without Yukihiro. He saw their thoughts of attacking so he made up their minds for them. Giving a great shout he raised his yari above his right shoulder and swept up the road at the surprised men.

Gengoyemon and Yoshida fanned out to prevent outflanking and the battle was joined. But the spearmen opposed to Yukihiro knew they had met a formidable opponent. His long blade whirled in great arcs cutting and chopping on either side of his horse's head as he stood leaning forward in the stirrups. He charged straight through, wheeled, and came back driving the remainder before him on to the ready spears of his allies. Too late they saw their danger. Instead of robbery these ashigaru had to fight for their miserable lives knowing that they had no chance whatsoever.

Slowly the ring tightened. They rushed back and forth in a group. At least five or six made a break for freedom past the quiet figure of Masayemon, who sat upright in his saddle, his katana slung over his left shoulder. No danger here—two heads rolled in the dust! The quiet samurai had exploded into violent action, drawn and cut down the two leaders. He swung out of the saddle and prevented the other three passing his blood-streaked blade. Yoshida came up fast and thrust one and butted the second with his yari.

"Enough," called Masayemon. "The rest of these scum can live

to tell the tale of their meeting with men, not peasants."

Contemptuous of their late adversaries the other three wheeled their horses and walked up the street; Masayemon remounted and joined them with the packhorse. Behind them they left nine dead men and not a few severely wounded scattered over the dusty road.

A few stray shots hummed down the streets where they intersected with roads where fighting was in progress. It seemed as if Ukida Naoiye was at last holding the barricades against Mori Terumoto's assaults. The men they had encountered were probably skirmishers sent round the country to the rear. Leaving the town they rode slowly up a by-road north through the Bizen countryside. The battle had opened at dawn, and now it was still only mid-morning with the sun fast sending up the

temperature. It promised fair to be the hottest day of the year. The still fields and woods shimmered in the lazy heat, even the birds were silent.

Only occasional sounds of conflict came to the samurai as they filed along the narrow track on an embankment between two dry paddy fields. The report of the matchlocks echoed from the woods but faintly; at length not at all. They came to a village but it appeared deserted so they rode on without pausing. Just after noon they were six miles from Kurashiki and beginning to climb into the hills. Masayemon led them round to the left into some woods.

"I wish to cross the Bitchu border tonight," he told the others. "If we strike across these woodlands we should reach the Mimasaka River sometime this afternoon. When we do, then we can consider the future."

The Cumberland, Westmorland and North Lancashire Open Championships

JIM PENDLETON

The Mackwai Judo Club of Millom, Cumberland, after consultation with neighbouring clubs, decided to arrange some contests for the clubs in the extreme North West who are miles away from practically all other Judo activity.

The date fixed for the great event was June 19th. Eight competitions were arranged for individuals, both Junior and Senior, and Senior team matches. Eight trophies were donated, two came from Tony Macconnell, 3rd Dan, the British International, one from our school tutor, Mr. Robin Gray, the President of the Ladies' Section, the Reverend Norman Darral donated another, Inspector Darly, our local Chief of Police, also supplied one, and each of the Dan grades in our part of the country generously gave a prize, Henry Woodward, Dennis Wrightwebb and Jim Pendleton.

Twelve clubs sent 70 competitors to the venue, and the eliminations started early in the morning with the Junior events and carried on until the evening when the final places were decided.

The results of the competitions were as follows: Junior Team event, Mackwai J.C. of Millom; Individual Junior Title, Mike O'Keefe, this was

in the 8 st. 7 lb. and under category. The over 8 st. 7 lb. class was won by Mackwai J.C. of Millom team, and the individual prize went to Mike Watson. The 4th Kyu team trophy was won by Whyndam J.C. of Egremont, the individual title at this grade went to I. Wood, 3rd to 1st Kyu team event was won by Y.M.C.A. Kendal, and the individual title went to H. Fell.

SOUTH EAST ENGLAND

JUDO LEAGUE

Patricia Wyatt

On Sunday, 20th June, the South East England Judo League officially came into being. The aim of the league is to improve the standard of Judo throughout the South East and to promote competitive Judo among the clubs in the area.

The groundwork for the scheme was laid by Mr. F. Milbourn, of the Bowaters (Gillingham) Club, who managed to arrange a meeting of interested parties in April this year. This resulted in a trial competition being arranged on the 31st of May and the support this had was sufficient to give the "green light" to the forming of the league proper.

One of the unexpected results of the experimental match was the number of ladies who took part on a competitive basis, so much so that a Ladies' Individual Tournament has been arranged run on the same lines as the team matches.

In order to overcome the difficulties of travelling, matches will be held every two months at any dojo sufficiently large enough to accommodate them. Every team in the league will meet every other team at least once. The teams are restricted to five players and one reserve, only one first Kyu and one second Kyu are allowed and the reserve must not be higher than third Kyu.

It has been agreed to charge a fee of two guineas per annum to each club taking part, although a club can enter as many teams as it likes, remembering that the committee would take a dim view of it if the club could not maintain the teams entered throughout the whole of the competition season.

A large trophy is being provided for permanent presentation with replicas for the members of the winning side.

For all further information contact the Secretary, Miss Patricia A. Wyatt, "Sunnydene", 115 Twydall Lane, Gillingham, Kent.

JAPANESE JUDO OUTFITS

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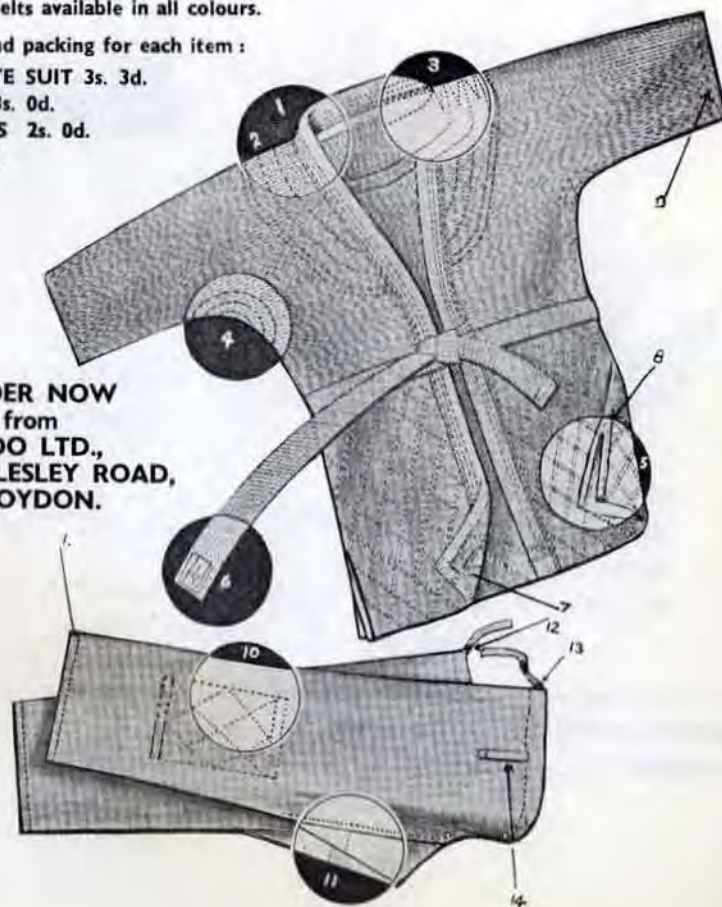
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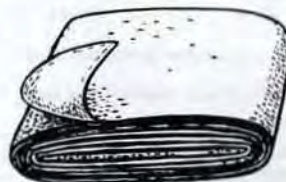
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