

# MATSURU JUDO-GI

*champions choice*



THE ONLY JUDOGI APPROVED AND RECOMMENDED BY THE E.J.U.  
*Official outfitters of many National Teams!!*

Printed by Purbrook & Eyres Ltd., 20 St. James' Walk, London, EC1R 0AR

KARATE - AIKIDO - KENDO

# JUDO

INCORPORATING BRITISH JUDO ASSOCIATION NEWSLETTER

Price 20p

April/May 1974





### FINAL DATE FOR COPY

The Publishers ask contributors to kindly note that the copy for the JUDO Magazine must be received by them not later than the 10th of the month if intended for inclusion in the following month's issue.

### RECOMMENDED PUBLICATIONS — SEE ALSO PAGE 35

Title	Author	Price: Packing & Post Paid
THE DEMONSTRATION OF THROWS	T. P. Leggett	1.05
CHAMPIONSHIP JUDO	T. P. Leggett	1.05
JUDO	Edwards & Menzies	.85
JUDO—BASIC PRINCIPLES	E. Dominy	1.05
JUDO—BEGINNER TO BLACK BELT	E. Dominy	1.00
CONTEST JUDO	Matushita & Stepto	1.60
JUDO PRINCIPLES—NE WAZA	Geesink	1.70
MY CHAMPIONSHIP JUDO	Geesink	1.95
KEY TO JUDO	C. Nakanishi	.90
BASIS OF JUDO	F. W. Pearson	1.65
KNOW THE GAME—JUDO	B.J.A.	.30
SELF DEFENCE BY JUDO	M. G. Harvey, C.B.E., M.C.	1.65
THE JUDO INSTRUCTOR	M. G. Harvey, C.B.E., M.C.	1.65
FAMOUS JUDO THROWS—OSOTO GARI	Hoare & Goodger	.95
FAMOUS JUDO THROWS—SEOI NAGE	Sweeney & Goodger	.95
JUDO FOR BEGINNERS	E. J. Harrison	.45
MANUAL OF JUDO	E. J. Harrison	.80
KODOKAN JUDO	E. J. Harrison	1.20
TWO FACES OF JUDO	Goodger & Goodger	.95
JAPANESE JUDO CHAMPIONS	C. Thibault	1.60
AIKIDO—A DIALOGUE OF MOVEMENT	J. Wilkinson	1.85
AIKIDO—THE PRINCIPLE & PRACTICE	Yamada & Macintosh	1.90
MANUAL OF KARATE	E. J. Harrison	1.05
BASIC KARATE	I. Morris	.35
KARATE—BEGINNER TO BLACK BELT	Plee	2.60
TEACH YOURSELF JAPANESE	Dunn & Yanada	.75
TEACH YOURSELF JUDO	E. Dominy	.55

### ENCYCLOPAEDIA OF SPORT

Comprehensive record of practically all sports up to 1959, 327 pages.

Special price...60p.

**JUDO LTD.**, wish to apologise for the very extended delay in supplying various items, particularly certain publications, zori, and tee-shirts. This is due entirely to various troubles caused by the recent restricted working week and the production difficulties caused.

### ORDERS TO:

**JUDO**  
LIMITED

28, HIGH STREET, TOOTING, LONDON, S.W.17

Callers by appointment only — phone 01 - 672 6545

### THIS MONTHS FRONT COVER

Lorenz, World Bronze medallist, of East Germany, tips up current European Light Heavyweight Champion Rouge of France, during the Paris International held in February. Rouge won and went on to defeat Dave Starbrook and take the Gold Medal.

Photo by David Finch

# JUDO

## A FILM SERIES

Six 16mm films produced in collaboration with THE BRITISH JUDO ASSOCIATION as their official audio-visual aid for coaches

Script and Technical Direction by

G. R. GLEESON

(National Coach to The British Judo Association)

"The instruction is simple, clear and very easy to follow. The filmic perfection is matched by the soundness of the demonstrations and technical direction."

Judo February/March 1973

Each film is in 16mm Technicolor with optical soundtrack  
13 mins in duration \* delivered with teaching notes  
for sale or hire

For full details write or phone

**GERARD HOLDSWORTH PRODUCTIONS LIMITED**

31 Palace Street, London SW1E 5HW 01-828 1671



## Modern Japanese Swords

These extremely fine quality swords have polished metal blades, superbly lacquered scabbards, beautifully bound hilts with soft metal Fuchi/Kashira and Menuki, attractive Tsuba with high relief detail. Perfect for Iai, Kendo enthusiasts, sword collectors or home decoration.

**DAISHO (Pair)** from £60. **TACHI (Court Sword)** from £40. **KATANA (Long Sword)** from £30. **SWORD STANDS** from £15.

All prices include post/packing and VAT. (U.K. and Eire)

Cash with order. Money refunded within 7 days if not satisfied.

Send 10p P.O. and S.A.E. for colour catalogue.

## JAPANESE SWORD SUPPLIES

72 Barrington Road, Bexleyheath, Kent. DA7 4UW.

Tel: 01 - 303 0269





# 23rd EUROPEAN JUDO CHAMPIONSHIPS

CRYSTAL PALACE, LONDON

2nd, 3rd, AND 5th MAY 1974



# JUDO '74

TIMES OF SESSIONS :

MORNING — 12 noon EVENING — 7.00 p.m.

TICKETS :

MAIN SEATING : ALL DAY — £1.50 EVENING ONLY — 75p

NORTH BALCONY: ALL DAY — £1.20 EVENING ONLY — 50p

REDUCED RATES AVAILABLE FOR PARTY BOOKINGS

Tickets and details available from :

Bookings Manager, Crystal Palace National Sports Centre,  
Norwood, London S.E.19

The British Judo Association is supported by  
Joseph Sanders & Partners Limited, Investment Advisers

# JUDO

APRIL - MAY 1974  
VOL. XVII No. 7

Published by JUDO LIMITED, 28, HIGH STREET, TOOTING, LONDON, S.W.17

## CONTENTS

6th NATIONAL INDIVIDUAL CHAMPIONSHIPS FOR BOYS	2
BRITISH STUDENTS TRIALS	6
CORRESPONDENCE	7
BRITISH KARATE CONTROL COMMISSION	10
JOHN GOODBODY REPORTS FROM TOKYO	11
B.J.A. NEWSLETTER SUPPLEMENT	15
AREA NEWS	20
TWELVE NATIONS TOURNAMENT	24
CONTEST RULES — INDICATOR BOARDS	28
BRITISH KENDO ASSOCIATION	29
WOMEN'S NATIONAL TRIALS	30
JUDO JIM	31
DAVID WHITE LOOKS AT BRITISH KENDO	32
JUDO EQUIPMENT	36
BRITISH AIKIDO ASSOCIATION	38

## Editorial:

G. A. Edwards  
A.C.I.S., F.I.A.C.

Alan R. Menzies  
2nd DAN

John Goodbody  
2nd DAN

Richard Williams  
B.Sc

Offices/Circulation & Advertising: Telephone: 01-672 6545

Production: Roland Gross Telephone: 01-253 4565

Subscription Rates £2.40 per annum post free U.S.A. \$7.00 post free



# SIXTH NATIONAL INDIVIDUAL CHAMPIONSHIPS FOR BOYS

by Richard Williams

Photographs by David Finch

Once again the Crystal Palace National Sports Centre was the venue for the B.J.A. Boys' Individual Championships, and the Centre provided its usual excellent facilities. From the B.J.A. geographical Areas 378 boys were nominated for entry to the National event, and of this number 342 actually took part—a drop in entry of less than 10%.

The large entry for these Championships and for the Area eliminations clearly evidenced the tremendous support judo is receiving from

youngsters all over the country. This support has been confirmed by Tony Reay who has reported waiting lists in the junior sections of some clubs, and Bryan Perriman who has been inundated with applications for promotion registration in the Junior Award Scheme.

As usual the booking-in and weigh-in of competitors proceeded smoothly, with only a small number of competitors failing to complete the procedure. The 10 mat areas were in almost constant use throughout

Under 60 kilos category.

Gold: N. Adams (Midlands)

Silver: W. Shilds (Scotland)

Bronze: C. Brace (Northern Home Counties) Bronze: C. Morgan (South)



C. Yates scores a superb ippon in the under 35 kilos division.

the day and so few were the problems that the whole event was finished by 9 p.m.

The higher weight categories tend to attract fewer competitors than the other categories where there is usually an entry of 40 or so. Thus in the over and under 70 categories there were just over 20 competitors and in the under 65's just under 30.

Amongst the medal winners there are one or two who deserve particular mention. In the under 70 kilos category the 800 or so spectators enjoyed the judo of Shayne Jacks, younger brother of Olympic bronze medallist Brian Jacks. The younger Jacks showed some of his elder brother's ability by taking the gold medal. Shane is now 15 years old; in six or ten years time could he be an Olympic medallist?

The veteran of these Championships is Neil Adams from the Midland Area, who has previously taken four titles. Obviously he was hot



Under 55 kilos category final contest.

A. Franklyn Gold Medallist from the Midlands attacks B. Korrison from the Northern Home Counties in their exciting contest.





Shayne Jacks (left) Gold Medallist in the under 70 kilos division briefly comes to grips with S. Knight from the Northern Home Counties who took the silver medal. Jacks won in superb style with an ippon within 90 seconds.

favourite for the under 60's Championship. He swept through the first round pool and then the knockout winning all contests bar one by ippon. He won the final by ippon to take his fifth consecutive Championship gold medal.

The Marcroft family did not make the same mark on the Championships as they did last year, although Andrew did win a silver medal in the under 45 kilos. Martin, in the under 40's, came through the first round but lost his initial contest in the knockout to Patterson of the Northern Home Counties. Patterson lost his next contest to Jeapes (West) and so Martin was out of the running. In the under 35's, Jeremy once again took a silver medal, repeating

his performance of last year when he was in the under 30's. Less of an impact, but still a very creditable achievement.

In the under 35's, R. Bradley of the Midlands took a bronze medal—last year he took a bronze in the under 30's. Last year's under 30's silver medallist, R. Dixie, has also moved up a weight, but he lost to Bradley in the repechage to miss his chance of a medal.

A lot of boys from previous year's Championships appeared in this event in higher weight categories, but failed to come through against the superior opposition in these new weights. For example, L. Davies (London) who fought last year in the under 55's moved up to under 65 but was knocked out half way through the competition; Glendinning who moved up a category to under 60 was knocked out in the first round; and Kirk of the Midlands



Future Olympic Champions fight it out in the under 30 kilos category.



J. Marcroft from Tonbridge fights his way through to the silver medal position in the under 35 kilos division. His brother A. Marcroft also took the silver medal in the under 45 kilo category.

who moved up two weights. All of these boys had been medallists in the 1972 Championships.

Some previous Champions and medallists were no longer eligible for this event and many of these have already appeared in the Espoir trials. Their fortunes have already been reported. No doubt some of this year's winners will enter the Young Men's Championships later in the year. It will be interesting to see how many successfully make the transition.

Amongst the finals there were few contests which could be described as really gripping. Quite a number of the finals, particularly in the lighter weights, went to time and the judges' and referee's decisions were required to decide the contest. Jacks and Adams were exciting as were most of the contests decided by ippon. Overall, however, the standard of judo was as high as usual.

These Championships saw the introduction to B.J.A. competitions of the new method of deciding a winner where the knockout with repechage method of competition is used. For those who do not already know, this is one of the modifications introduced by the I.J.F. It is based on the principle that the winner of a competition should be the fighter who has not lost a single contest. So, the winners of the two halves of the eliminations table become the eventual finalists. The undefeated winner is the Champion, the loser the silver medallist. This system is certainly an improvement over the system previously used by the B.J.A. which did not guarantee identifying the true winner. The I.J.F. system is still not perfect, however, since one of the repechage winners (automatically bronze medallists) could be the true silver medallist. But no system—or rather no system that can be operated in a single day—is perfect; perhaps this is a reasonable compromise.

In previous years these Championships have been dominated by the Midland Area and Areas in the South of England. The results of this event confirm that these Areas continue to exert the strongest influence but this year the medals results are particularly interesting because there was a far more equitable distribution of medals, as the table below shows.

	Gold	Silver	Bronze	Total
Midlands	3	1	2	6
West	2	1	1	4
North East	2	0	2	4
N.H.C.	1	3	3	7
South	1	2	3	6
London	1	2	2	5
Scotland	0	1	1	2
North West	0	0	3	3
East	0	0	1	1
North	0	0	1	1
Wales	0	0	1	1

As the table shows every Area which sent boys to the Championships spawned at least one medal winner. This naturally paints a very encouraging picture for the future of British judo.



# BRITISH STUDENT TRIALS

Report by A. J. Sweeney

The results of the British Student Trials held at Crystal Palace National Sports Centre on 16th and 17th February, 1974 were as follows:—

## Lightweight

1. G. Owens (Brunel U.)
2. R. Kenney (Jordanhill C.)
3. I. Parfitt (Avery Hill C.)
3. A. Hughes (Birmingham P.)

## Middleweight

1. B. Jacks (Avery Hill C.)
2. A. Vidler (S.W. London C.)
3. P. Callaghan (London U.)
3. D. Hand (Southampton U.)

## Light-Middleweight

1. T. Brett (Avery Hill C.)
2. S. O'Connor (London U.)
3. R. Clark (Ex Southampton U.)
3. N. Donachie (Borough Road C.)

## Light-Heavyweight

1. E. Civil (Ex London U.)
2. N. Gillespie (Portsmouth P.)
3. M. Robbins (Lancaster P.)
3. B. Dempsey (Jordanhill C.)

The results of the B.U.S.F. University Team Championships was a 3-2 win for London over Southampton in the final. Durham and Manchester shared 3rd place.

In the B.U.S.F. Group Tournament, Oxford/Cambridge won a very close final over Scottish Universities.

Portsmouth had a decisive win over Teesside Polytechnic in the final of the B.U.S.F. Team Championships.

Prior to the National Student Trials the B.U.S.F. Individual Championships were held and this was confined to university members. The results were as follows:—

## Lightweight

1. G. Owens (Brunel U.)
2. R. Lockyer (Edinburgh U.)
3. R. Barnes (Manchester U.)
3. S. Hunter (Manchester U.)

## Middleweight

1. D. Hand (Southampton U.)
2. P. Callaghan (London U.)
3. D. Fenwick (Loughborough)
3. G. Jones (Oxford)

## Light-Middleweight

1. S. O'Connor (London U.)
2. G. Joseph (Sheffield U.)
3. Y. Sakitani (London U.)
3. J. Layland (Manchester U.)

## Light-Heavyweight

1. R. Paine (Manchester U.)
2. D. Nurse (Oxford U.)
3. R. Cawley (Durham U.)
3. D. Jones (Sheffield U.)

An Individual Championship in Light-Middleweight was held for College of Education members and this was won by N. Donachie (Borough Road C.) who beat T. Brett (Avery Hill C.) in the final.



Brian Jacks scores ippon on P. Callaghan with his devastating uchimata.

Photograph by Bob Darby

## CORRESPONDENCE

The Editor invites letters on any topic whatsoever for publication. Anonymous communications cannot be printed but, if requested, names and addresses will not be disclosed.

Dear Sir,—A lot has been written in the past about ways and means of promoting judo as a spectator sport. A genuine criticism has always been that two evenly matched contestants of similar weight and experience have fought a boring contest which nobody but a practising judo man has been interested in.

What the sport needs to remove this image of lumbering heavyweights and boring finals is a return to the unlimited weight category that existed in the 1950s. This could be for only one event every one or two years. Now that the sport has reached a degree of acceptance and sophistication unparalleled in its history then it would not be a retrograde step for the British Judo Association to promote such a contest. It could be in the shape of an "All U.K. Championships" similar to those held in Japan.

The contest proper could be preceded by area eliminating contests with say four finalists from each area going forward to meet in a straight knockout system at a major venue.

Imagine the interest that would be generated in the mass media with somebody like Da Costa or Alexander throwing heavyweights in a similar fashion to that of some of Ted Mossom's wins of the early '50s. Wouldn't it be interesting to see Jacks battling with Parisi or Starbrook once again? These are the contests that the TV men would surely be interested in screening, especially now that football will be missing from television screens. Couple this Championships with the new I.J.F. visual means of scoring and even the most ardent football fanatic would understand what judo is all about and its means of scoring.

With one event of this nature every one or two years judo would soon regain some of its past Oriental Mystic which has been lost to karate and kung fu recently.

The logical progression of this contest if it were adopted in other European countries would be a "European Champion" event with the top four judo men in this event from each country meeting to decide the Champion of All Europe.

Many people will say that an event of this nature would be duplicating the "Open" category that already exists in the British Open Championships and the Europeans. But it would not. Judoka who would like to take part in the "Open" do not do so because they are committed to the event of their weight category which is probably on the same day. And fighters who had already won a medal in the weights would withdraw from the Open category as happened with Parisi in the '72 Europeans and Starbrook and Remfry in the '73 World Championships.

Ray Ross, the British team manager, has said that he would be worried about injuries to the British team. This is a strong argument against too many competitions, but now that the B.J.A. have rearranged their Competitions Calendar then I am sure that one more event that would really stimulate public interest in judo could be fitted in and fully justified.

DAVID FINCH,  
London, SE23 2NF.

Sir,—Judo Jim sure knows all the answers, but the one he gave to Mrs. M. Hipgrave in February/March issue (page 23) was not correct. Judo Jim claims there have only been three



10th Dans in the history of judo. He is quite wrong: there have been seven, all of them deceased now. The names are Hajime Isogai (1871-1947), Yoshiaki Yamashita (1865-1935), Hidekazu Nagaoka (1876-1952), Kyuzo Mifune (1884-1965), Kaichiro Samura (1880-1963), Kuni-saburo Iizuka (1875-1958) and Shotaro Tabata (1884-1950). Of course all these seven judo greats were graded by Kodokan, four of them by Jigoro Kano. There are some "10th Dans" around, graded by themselves. The most popular "self-made" 10th Dan is Mr. J. Robinson of South Africa.

Z. MODRIC,  
Zagreb, Yugoslavia.

*Editor's note: Many thanks to Mr. Modric and also to Mr. E. Singleton of Bolton, Lancashire, who virtually repeats this letter. As a result Judo Jim has been given his first "chui".*

Sir,—Concerning the Boys National Individual Championship held at Crystal Palace, 9th February, at which for once I was on the other side of the recorders desk as an official and not a contestant—anyhow, I am about 15-20 years too old for that particular event.

I would like to compliment the official organisers, also the youngsters, who did so magnificently. I am sure we senior fighters could learn from them by the spirit in which they entered the fight, also the variety of techniques used both throwing and wrestling. Everything went well, apart from the odd irate parent who was blind to everything save their own champion son; and those of us who are parents know what I mean, even though my young daughter Vicki was invited to assist Tony Reay to present the young champions with their medals.

I have only one criticism, that is in this day and age of instant judo, we are producing wonderful young

fighters if they manage to finish the contest in one piece. It seems to me that 50 per cent of the injuries incurred Saturday (30-40 minor, but 10 or so hospital cases) may well have been avoided if when teaching instant judo we not only teach how to throw and wrestle, but for the couple of hours it takes, teach these youngsters how to fall, thus cutting down on some of the injuries.

In closing may I add I hope our Senior Coaches and officials are men enough to amend the syllabus to include the art of break-falling. Then instead of boys being carried off, they would be able to walk off under their own steam to enjoy their next contest.

P. R. ASH, 2nd Dan,  
Coventry J.C.

Sir,—I have read with considerable sadness the letter from Mr. Kimura concerning the present problem in British kendo that the B.K.A. have chosen to make public. It is just this sort of politics that caused more than half of the clubs of the former Association to pack up and leave.

How can anyone "lose their dan?" This is quite ridiculous! A *dan* degree holder is as fully qualified after the *dan* is "taken away" as before! If I am not and never was qualified then perhaps every single one of the B.K.A. *yudansha* should take their examinations again; after all, I was the chief official examiner for the Association!

In any case my *dan* was never from Japan but was the concern of the European Kendo Renmei. In point of fact this whole problem is the concern of that body and not of the I.K.F.

The former members of the B.K.A. who now compose some of the *kendoka* of the new British Kendo Renmei withdrew because of the unhappy situation caused by a very few people in the years 1969 to 1973. The publishing of Mr. Kimura's strange letter in your journal in March

merely serves to strengthen our resolve to have nothing more to do with this sort of non-kendo gamesmanship. Both Mr. Kimura and the B.K.A. have placed yet another barrier in the way of reaching a satisfactory solution. This is a great pity.

ROALD M. KNUTSEN,  
Kendo Renshi,  
Chairman,  
The British Kendo Renmei.

Sir,—Over the years I have followed with some interest the developments of aikido, via the British Aikido Association articles and by a couple of other means. I once attended classes under Mr. Senta Yamada but an illness prevented me from continuing my practice so I now have an interest even though it may be a divorced one.

It has been of interest to see in those articles some names that I remember but they now seem to be fading away, and for the most part have already faded but from time to time there have been some inclusions that have made me annoyed. The articles by David White were an example; criticism from someone with experience one can accept but from Mr. White his opinions are most unfounded and based solely upon journalistic experience. One minute he is saying that the standards are poor, then he takes an about turn and says that one club has the best all-round ability. Perhaps Mr. White would care to give us some details not only of the clubs that he has visited but what actual experience of aikido he has had; "seeing" is one thing, but I assure him that "feeling" is a very different experience. Perhaps Mr. White would be advised to keep his unfounded opinions to himself until he has had a few years of practical experience.

The one thing that has really annoyed me over the years is the smug, self-praising comments offered by Mr. Jim Elkin. We are constantly

subjected to opinions about how good his association members are and how impressed some Japanese gentlemen are, and so on. These are rather inclined to be too much after a while but his latest comments have made my blood boil! He refers in the opening column of his latest Notes to grades awarded before the birth of the British Aikido Association. Had I continued practising I would probably have been graded in those very early years. Now Mr. Elkin suggests that grades awarded prior to the birth of his association are really not recognisable. Is Mr. Elkin telling us that the signature on certificates of Mr. Tomiki are null and void because they were appended before the B.A.A. came into being? A considerable number of people were graded in those years. Regardless of opinions about the standards those grades were, for the most part, earned honestly and sincerely. For a variety of reasons some of those graded people elected not to belong to the B.A.A. when it came along. Many were Dan grades before Mr. Elkin even knew what aikido was and many of his confederates were most probably taught by those "unrecognisable" grades, perhaps even Mr. Elkin himself. Now he has the audacity to imply that those grades are now not really grades at all. Whether Mr. Elkin likes it or not it was those grades that kept aikido going after Mr. Yamada's rather hasty and unannounced departure and Mr. Elkin has those people to thank for the present position of aikido. To imply that their grades are now not recognisable by the B.A.A. is most unfair and conceited.

Those grades have, over the years, attained a high standard of practice and a very high degree of knowledge. Having visited one or two of Mr. Elkin's clubs I can testify that some of that standard and knowledge could be put to good use as the standard of instruction in particular is very poor. I am sure that many of the "outlaws" would welcome the



opportunity to exchange opinion and co-operation providing their rights to remain "free" are respected but it does mean, from my divorced position, that people are not prepared to acknowledge anyone that does not belong to the British Aikido Association. Are we to believe that only association people have the right to practise and attain a degree of standard? Their grades were awarded by a 6th Dan, and that is a higher grade than any Japanese that have visited and graded on these shores since Mr. Yamada's departure!

My brief experience of aikido was a good one. I found it an enjoyable pastime and I enjoyed the company of many people whom the B.A.A. now regard as untouchable, and many who are acceptable now. I am tired of this continual public sniping in a sport that I think should be above such things. Where the blame lies is a matter of opinion but the only self-praise and niggling remarks that I hear come, I regret to say, from the national organisation. Such organisation I would have thought

should be bent upon unity, not alienation. It would be nice to read the Notes and find that some attempt had been made to unite the various clubs instead of remarks that can only have the opposite effect. So, how about it Mr. Elkin. As representative of aikido why not make some positive attempt to get together with some others and take advantage, mutual advantage, of opinion, standard and methods. Let us see an end to the all too frequent attitude of, we are the national organisation so we are the best; or are you perhaps frightened that you might find the zori on the other foot, but if the best interests of aikido are concerned would that really matter? Whatever grade a person has if they have experience something can always be learned. Can we see an end to prejudice and a beginning of something resembling unity? As the voice of aikido I would say that the first move should be yours. You would find that many people would respect and back you if you made that move.

F. GIBBS.

## BRITISH KARATE CONTROL COMMISSION

### Official Notes

The England Training Squad has been selected as:

S. Cattle, 3rd Dan, Liverpool  
K. Commons, 1st Dan, Leeds  
W. P. Higgins, 2nd Dan, Wigan  
T. Irving, 1st Dan, Basildon  
J. O'Grady, 1st Dan, Huyton  
T. O'Neill, 3rd Dan, Gt. Crosby  
R. Poynton, 3rd Dan, Liverpool  
S. Rabone, 1st Dan, Leicester  
R. Rhodes, 2nd Dan, Leeds  
D. R. Cooper, 1st Dan, Camborne  
P. Dennis, 1st Dan, Basildon  
T. Donovan, 3rd Dan, London  
K. Finn, 1st Dan, London  
G. Mitchell, 2nd Dan, London

P. Consterdine, 3rd Dan, Oldham  
B. Helsby, 2nd Dan, Warrington  
K. Hunter, 1st Dan, Keighley  
A. Morrell, 2nd Dan, Bingley  
D. Moss, 2nd Dan, Jersey C.I.  
S. Rickson, 1st Dan, Huddersfield  
H. Collins, 3rd Dan, Cardiff  
L. Costa, 1st Kyu, Cardiff  
B. Fitkin, 3rd Dan, New Malden  
S. L. Jones, 1st Kyu, Crawley  
T. Owen, 1st Kyu, Chatham  
W. Vincent, 2nd Dan, London

Training has commenced and the European Championships at Crystal Palace on 25th and 26th May will be much in mind.

## JOHN GOODBODY (LONDON EVENING NEWS)

### Reports from Tokyo

One has been nowhere and seen nothing in judo until one has been to the Kodokan when the Japanese National team are training.

One can hear about it. One can read about it. But until one has experienced it one cannot really understand why Japan have always dominated the sport, why at last year's World Championships they won all six titles and why despite the eager efforts of the rest of the world their supremacy will take a lot of shifting.

I have been lucky enough to see some of the great moments in sport over the last 10 years. And the interesting thing is that they can often come when one least expects it.

My favourite memory of David Hemery is not the cliché of him winning the Olympic 400 metres hurdles title in Mexico but when he was preparing to retain his title in Munich.

I went to see him at Crystal Palace just before the Games and as I looked down on the empty stadium Hemery had interrupted his training and was coaching a couple of small boys painstakingly and keenly in how to hurdle. That I have always considered was Hemery's greatness as an athlete—and a person. Not many people would have done the same thing just before a Games.

Then there was weight-lifter Louis Martin's most courageous of failures in the 1968 Olympics when he three times narrowly missed a clean jerk of 424½ lbs. in his attempt to win his third Olympic medal; he was then greater in defeat than he had ever been in victory.

Or there was the quiet modesty of the peerless Pelé, thanking me for interviewing him when he came to Fulham last year. I was so taken aback that it stopped me asking him for his autograph.

One cherishes these touchstones of sport. They make everything else seem so ordinary in comparison.

And now I can add another memory to my collection—the sight of 160 black belts on the Kodokan mat literally fighting each other for the honour of practising with the Japanese team.

The sheer physical effort stuns one as wave after wave of university students or kidotai (riot police) tug-ged and tripped each other so that he could enjoy—enjoy?—a session with Shozo Fujii and Nobuyuki Sato.

Wherever one looked in the Kodokan there seemed to be famous faces: Inokuma, Okano, Seki, Kudo, Osawa, Ninomiya, Nomura, Kawaguchi, Daigo, Shinomaki; names tumble over each other.

The session began at 4 o'clock with 10 minutes exercises and then 20 minutes groundwork. When one sees vast groups of people training one can see trends far more easily in individual contests.

I had expected to see the Japanese use their legs in groundwork. But what particularly interested me was the way in which they concentrated almost entirely in hold-downs on a variation of yoko-shiho-gatame. Other hold-downs like kesa-gatame which is employed extensively in Britain is very rarely used. The reason is simple. Yoko-shiho-gatame

Continued on page 13



enables a fighter to shift his balance easily to counter his opponent's moves.

At 4.30 p.m. the Japanese National squad were put out the front and at a bang of the gong the rest of the black belts charged across the mat to select their opponents.

Fujii seldom used his shoulder throw with which he destroyed the opposition on his way to the world titles in 1971 and 1973. He has developed a neat *ko-uchi-gari* as a valuable combination with his *seio-nage* and is extremely adept at other ankle sweeps. On the few occasions he did use his shoulder throw he drove his left leg (he usually throws right handed) right between his opponents' legs and so got right underneath him. Even the most stable 18-stone fighters were being tumbled to the ground. He also has a neat *tomoe-nage*.

Ninomiya, the world open champion who is a protégé of Okano at the renowned *Seiki-juku* (true meaning) training camp has got even faster than when I saw him at last year's World Championships in Lausanne. He is very sharp at counters and has a devastating *o-soto-gari*.

Nobuyuki Sato has been training very hard in his bid to win the All-Japan Championships — about the only honour that he can capture before his expected retirement. The twice world champion takes an under-armpit grip for his left *harai-goshi* but he was principally working on counters—presumably for the All-Japans when he was likely to meet very heavy opponents.

When Sato practised with Fujii the light-heavyweight used his *harai-goshi* as a threat, turned into an ankle sweep and then moved astonishingly quickly into groundwork to clasp on a *kesa-gatame*.

Shinomaki seemed to have lost weight. He will not be competing this year after suffering a serious Achilles

tendon injury. He ambled about the mat, occasionally hurling some pretentious opponent to the mat with swift *tai-otoshi*s. Kisaburo Watanabe, who is now an administrative officer at the Budokan, told me that Shinomaki is still hoping to get to next year's World Championships.

The outstanding heavyweight apart from Ninomiya is unquestionably Endo, who seems desperately attempting to become wider than he is tall. Although only 5 ft. 7 ins. high he weighs about 16 stone and is very sharp. He is expert at gripping despite his lack of reach. He grabs his opponent's right lapel with his own right hand, feeds the jacket into his left hand, moves his grip under the armpit and then crashes in with a right *harai-goshi* which bowled over Sato with a huge thump.

One particularly noticeable facet of the practice was the speed in which the fighters went straight into groundwork as soon as they threw an opponent. They often had hold-downs on their opponents as they landed. The transition from standing work into groundwork was immensely impressive.

The actual practice went on without a break for two hours—they had already practised during the morning at the Police Dojo. And it ended with *uchikomi* and then some full throws done in groups.

As well as the length of the practice what was outstanding was the spirit with which it was conducted. There is no doubt that Okano has worked wonders with the team since the 1972 Olympics when the Japanese only won half the gold medals.

Tony Orton, one of Britain's leading welterweights of the 1960s, who lives in Tokyo, told me: "Before Munich the team were being slapped round and told how useless they were. And they believed it."

"Now since Okano took over they have been told how brilliant they are."

And they believe that. They honestly think that if a foreigner wins it's a complete fluke.

"Okano also has instructed them individually far more than was the practice. Opponents are studied. Their weaknesses are analysed and then they set out to destroy them."

"Modern training methods like weight-training are used by many members of the team which is basically a young one and will improve".

The basic difference between British and Japanese judo is simply numbers. When I saw the monthly contests at the Kodokan I decided to watch just one area. A middleweight brought off one immaculate throw which only two Britons in this category could have achieved with the same facility and force. In the next contest he varied his attack from *tai-otoshi* to *uchi-mate* and brought off another superbly timed and precise move.

But in his next contest he drew and then went off the mat. And the man who drew with him was beaten in his turn.

That in one glimpse is what Japanese judo is all about. Where we have two people of this calibre they have 22. This means that the retirement of Shinobu Sekine, the Olympic middleweight champion who is now

teaching at the Police Dojo, and Fumio Sasahara, the 1969 and 1971 world light-heavyweight champion can be shrugged off. There are a number of fighters who are all battling to take their places.

The university set-up is such that it is very difficult to get into a college but once one is there one automatically receives a degree. So this enables anyone who is reasonably talented at judo to practise four hours a day without the worry of not getting a degree.

I was exhilarated rather than depressed by watching the Japanese in training. They have numerous advantages. But if we can copy their good points—their tremendous spirit, their superb skill — by spreading judo everywhere in Britain then I am by no means pessimistic about the future. What above all needed is the organisation and inspiration to get large numbers of fighters training seriously together all over the country. There must be massive squad sessions at all levels. For it is essential that individuals have as wide a variety of practise as possible because that is the only way that competitors can have the range of physical knowledge for top-class contests. They can't do this in individual clubs. If we add Britain's natural advantages to this then the gap between the two countries may continue to narrow.

---

#### BRITISH KARATE CONTROL COMMISSION — Continued from page 10

Thanks are due to Ticky Donovan, Jimmy Francis and two excellent 12-year-old lads Leonard Johnson and Martin King for a first class display on Thames T.V. show *Magpie* in mid-March. It was a successful programme receiving much praise and showed kata at its best from the talented boys.

Alex Woodhouse, Andy Sherry, Brian Hammond, Danny Connor and Roy Stanhope will spend Easter studying hard at the European Referees Course in Granada, Spain. We wish them well in their efforts to get an international referees certificate. Alex Woodhouse will in fact be on the European adjudicating panel.

---

#### ADVERTISE IN JUDO — Moderate Rates

Telephone: 01-672 6545

---



## JUDO IDENTIKIT by Tony Reay No 4

THIS THROW I WOULD CLASSIFY AS A 'LIGHT' THROW. IT IS NOT LIKE THE BIG POWERFUL GUNS SUCH AS HARAI-GOSHI, TAI-OTOSHI OR SEOI-NAGE. IT DOES DEPEND ON SPEED AND MOVEMENT AND COVERS A LOT OF GROUND IN THE EXECUTION OF THE THROW. IT IS KNOWN AS O-UCHI-GARI. COMPARED TO OTHER THROWS IT IS EASY TO DO, BUT IT ALSO IS EASY TO COUNTER. THAT IS WHY THE ATTACKER SHOULD COME IN LOW. LIKE IN FIGURE 1.



IF YOU DRIVE OR PUSH WITH STRAIGHT ARMS, YOU ARE HELPING YOUR OPPONENT TO DEFEND, BY SO DOING YOU ARE KEEPING HIM AWAY FROM YOUR HOOKING LEG WHICH WILL COMPLETE THE THROW.

IT IS SO EASY FOR THE OPPONENT TO USE YOUR DRIVE AND SO BE ABLE TO LIFT YOUR WEIGHT AND STUMBLE YOU INTO A KNOCK-DOWN.



DRIVE WITH YOUR RIGHT ARM BENT AND AVOID LETTING THE RIGHT HANDSLIP OVER YOUR OPPONENTS LEFT SHOULDER, IF YOU DO YOU LOSE ALL POWER OF THE DRIVE. LAUNCH OFF THE BACK FOOT AND THROW YOUR BODY-WEIGHT INTO THE THROW.

FOR THIS TYPE OF O-UCHI-GARI THINK OF RUNNING YOUR OPPONENT OFF HIS FEET. IT IS NOT THE SWEEPING STYLE OF O-UCHI-GARI BUT MORE THE HOOKING TYPE. REMEMBER HE CAN HOP FORWARDS ON ONE FOOT EASIER THAN BACKWARDS ON ONE FOOT.

HOOK YOUR 'WORKING' LEG THROUGH AND BETWEEN HIS LEGS BY GETTING YOUR KNEE ROUND BEHIND HIS KNEE.

TRY TO GRIP HIS LEG WITH YOUR RIGHT LEG FOR A FEW SECONDS INHILST YOU ARE HOPPING FORWARD. REMEMBER: A GOOD OPPONENT-AT THE LAST RESORT-TO SPOIL YOUR IPPON-WILL SIT DOWN ON THE THROW. SO PIN HIM.



FOLLOW THROUGH INTO A HOLD-DOWN, ALWAYS

© 1974 Tony Reay



## THE BRITISH JUDO ASSOCIATION

### Newsletter Supplement

## AS I WAS SAYING . . . . .

By TONY REAY, General Secretary

Though beyond our control, I think an explanation should be given for the late distribution of some issues of this magazine in recent months and the reason for merging two months into one. The three-day working week and reduction of power started it all and now I understand there is a dispute in a section of the printing trade which at present rules out any overtime working. At the time of writing there is a possibility of another issue being merged, the April/May issue. After that let's hope that we can get down to a regular monthly issue and on time. One thing I would assure private subscribers, they will get the 12 issues they originally booked for.

### 1974 EUROPEAN SENIOR CHAMPIONSHIPS

When we do read the next issue, the big event will be all over. Bar the shouting that is. No doubt by then we will have learned a number of things and be much the wiser. Not that I have much choice but I am sure my two colleagues on the organising committee will not volunteer

for anything immediately afterwards. One thing I do know, they will be due for a well-earned rest. I myself found that the same situation was experienced during the organising of the famous Budokwai Black-Belt shows which were held annually at the Royal Albert Hall—that there is a tremendous amount of effort and hard work over the months—all for one event. There are times when one who is involved in the organising asks himself, "Is it all worth it?" I'm sure it is and I am sure that these championships will be great publicity for British judo. The tickets are selling well and though one does not wish to see anybody being turned away, we are all hoping for capacity audiences over the three days of competition.

We have had so many requests for souvenirs of the 1974 European Championships that we have decided to make available immediately at least two such souvenirs. They are both available from Head Office, the silk-screened in black and red on to white satin bannerette, complete with fringe, support bar and tasselled cord



are offered at 75p each which includes V.A.T. and self-adhesive stickers 5in. x 4in. printed in black and red on to self adhesive white plastic at 10p each which also includes V.A.T. Souvenir programmes will be available at the championships.

## BRITISH TEAM IN JAPAN

The team of nine competitors and the team manager, Ray Ross, have returned safely from a thoroughly exhausting training tour of 30 days in Japan. The biggest single training trip ever held in the history of British judo. Such a gruelling training programme obviously had a high-risk but fortunately, apart from the odd bruises, cuts, grazes and torn-off finger-nails, they are all in good health and very fit. Food was a big problem, that a steak costs as much as a transistor radio is no exaggeration. Those who had been to Japan before were quick to adapt and augment their daily diet with a certain amount of Japanese food. Those who had not, found it more difficult and were faced with the high cost of dairy products.

The team had not fully recovered from the journey out via Moscow for their first match which was with the Japanese National team, no less. They had arrived in Tokyo too late for training at the Kodokan on Saturday, 9th March. There is no judo training on the Sunday and this match took place after their first training session with the Tokyo police on the Monday. Ray Ross, the team manager, emphasises the tremendous value of a group of this size training in Japan. We all know of the fantastic patriotic spirit of the Japanese and because of this it so happens that when a reasonably good foreigner is on his own training in Japan, he is a "target". There are so many good judomen in Japan and they all want to have a go at him. The result is that he is overwhelmed; even the great Anton Geesink trained

only for short spells in Japan and only in one dojo, rarely did he train in Tokyo. In countering this tendency, the British team was powerfully effective as a group and further, team spirit was improved to a greater unity. If any one of their number, and this happened a lot with the lighter weights, was seen to be having a rough time or was being "got at", the others were ready in the wings to take over.

Something which surprised all of them was the lack of enforcement of the up-to-date I.J.F. Rules. Ray is quick to point out, "The referees were not biased, but when competitors of both sides were seen to go out of the contest area time and time again, a chui was never awarded. All drawn contests, and there were lots of them, favoured our team, you had to score a chikai-waza (five points) because they were conducting the contests under the old rules. The Japanese seem to favour the "ippon or nothing" attitude. Had decisions been given, we would have had many more wins".

The most enjoyable part of the tour was the trip to Kyoto on the Shinkansen (bullet train) which covers 400 miles in three hours. There they turned up at the main dojo for a training session to find that arrangements had been made for a contest. This resulted in a 3-3 draw and the star of the day was Vacinuff Morrison who scored ippon with a classic wake-otoshi. The other two British winners were Dave Starbrook and Keith Remfry. In all the tour Dave never lost a contest and was the highest scorer for Britain. The showing against Tenri University was perhaps the most impressive for Britain. It should be remembered that Tenri are the current All-Japan team champions. This resulted in three wins for Britain and three for Tenri with the rest draws and to indicate the respect that the Japanese seemed to have for the British team, on the day they left Tenri the entire university population

formed an avenue of two lines outside the dojo in their honour.

On their return to Tokyo they were scheduled to fight Chuo University which Britain lost 3-1. At this stage the strain of the tour was beginning to tell and it did not help with Roy Inman and Ray Neenan down with food-poisoning. On the days that matches were held the British team still carried on training, if the match was in the afternoon they trained in the morning and vice-versa. Though gruelling, the matches were of great benefit to the younger and newer members of the British team and in the third week they were seen to be standing up to the onslaught much better, their stamina being much improved. Injuries were few and the only member who had to lay off training for a few days was the British lightweight champion, C. (Alex) Alexander; he suffered a torn ligament.

On the journey out to Japan, the team was accompanied by Janet Street-Porter a Fleet Street journalist and her husband, newspaper photographer, Timothy Street-Porter. For 10 days they covered the team's progress and training, some good articles in the National Press have resulted and Tim has produced a crop of very good photographs.

Of tremendous help and assistance in Japan was Tony Orton who now resides there. Kisaburo Watanabe who was chief instructor at the Renshuden and then the Budokwai in the early sixties, could not help enough and made sure that the boys got a few decent meals.

There were many compliments paid to the team by the Japanese fighters and young trainers such as J. Okano, the Japanese National team manager. However, the older teachers (the Kodokan sensais) were a little critical of the European style of judo which they say has too much tactics and not enough technique and one of them passed the comment that the bowing was not classical enough!

Of one thing, everybody who was involved is certain, short—three or four week—training sessions in Japan on a group basis, is the style of the seventies. The old method, individuals spending three or four years and very much a "loner", is out of fashion. The French have been doing this for a few years now and it is interesting to note that, whilst at Tenri, the British boys could not believe the well prepared food they were getting there, until it became known that the French National team trains there for two months every year and in the course of the years had imparted their excellent knowledge of cuisine to the local chefs.

The results of all the contests were:

Japan 6 —  
Great Britain 0 (3 draws)  
Kyoto Prefecture 3 —  
Great Britain 3 (3 draws)  
Tenri University 3 —  
Great Britain 3 (3 draws)  
Chuo University 3 —  
Great Britain 1 (5 draws)

The team members and team manager wish to thank the sponsor, Joseph Sanders and Partners for making this training trip possible. The official team was published in the last issue of the magazine. Other members of the National squad were invited if they could obtain the financial support necessary and two were able to do so. Ray Neenan received help from his local borough, the London Borough of Sutton, the Southern Area of the B.J.A., his club, The Budokwai and his employers, *Times News*, plus a number of friends. Vacinuff Morrison received help from a sports fund of the South Central Telephone Area of the G.P.O. and his local branch colleagues had a collection, his club, The Budokwai also gave a donation. Both of them are very grateful for this help and on their behalf, I wish to thank all concerned—I am sure we shall all see the benefits pretty soon.



## COMPETITION SCORING DEVICES

The new electronic scoreboards will be seen at Crystal Palace during the European Championships for the first time in Britain. These will then serve as standard devices for all National events held at that venue in future. Many people have commented on the simple but very effective devices which were used at the Boys Individual Championships in February this year. They were designed and constructed by Bryan Perriman of the Competition Sub-Committee and were very descriptive. To help Member Clubs and B.J.A. Areas to construct their own, we have had photographs taken and Ray Mitchell, Chairman of the Referees Sub-Committee has added a few comments to go with the set of photographs which follow the pattern of an imaginary contest. The explanation can be found elsewhere in this magazine.

## AN OLD CLUB—LIVES ON

Judo enthusiasts visiting London in the old days always included in their list of clubs to visit, Croydon Judo Club. Many have found recently when looking for the old premises that a proposed motorway will run through the old site. The new address of Croydon Judo Club is: Purley Way Swimming Pool, Waddon Way, Croydon, Surrey.

## CLUB INSURANCE

Quite a number of new clubs have been formed in the last year and many of them write in for advice and help in order to get themselves established. I have had so many asking for guidance in forming a Constitution that I have drawn up a specimen Constitution taken from a number of existing ones which would help anyone about to start a club. The other regular question is that of insurance. Many years ago, the B.J.A. introduced insurance with its then Licence scheme and within six months the Association nearly went broke. Need-

less to say, the Association does not now have insurance cover contained within the Individual Membership. Club committees are often worried about insurance and as conditions vary from club to club, depending on the local situation, it is advisable that local legal advice be sought. Just recently the Nechells Judokwai was extremely damaged by fire and because of an insurance mix-up, they were without cover. It would be a good idea to check up on your club's insurance and ensure that you are adequately covered. The chief instructor of Nechells Judokwai, Tony Oliver, is appealing for help on behalf of his club and any donations would be appreciated in order that they can continue as a club. The address to write to is: T. Oliver, 8 Norton Road, Coleshill, Warwicks. I hear that Midland Area is helping out but further aid would be most welcome.

## PROMOTIONS INTO AND WITHIN THE DAN GRADE SECTION

There is **no** truth in the surprisingly prevalent rumour that those who gain promotion "on the day" by completing a line-up are exempt from section B of the syllabus—Time Requirements. All candidates, regardless of whether they complete a line-up, or whether they amass 100 points, must satisfy the minimum time requirements before they can be promoted to the next grade (these time requirements are specified on the last page of the senior syllabus) and before they can begin to collect points towards their next grade.

## MISSING PERSONS BUREAU

If you know of any of the following, please ask them to contact the Dan Grade Registrar, Dr. P. Elliott, 35 Fountside, Oakdale Road, Sheffield, S7 1SN:

Askew, E., Kings Lynn  
Beames, M., Manchester University  
Rodie, I., Heriot-Watt University

Killin, W., Edinburgh University  
Wilson, H., Manchester University

OVERHEARD IN RESTAURANT AT CRYSTAL PALACE ON DAY OF JUNIOR BOYS' NATIONAL CHAMPIONSHIPS:  
*"Cor! Chips! I'd love some chips. I've had nothing but steak, steak, steak for weeks!"*

## DEVELOPMENT OFFICER

The British Judo Association wishes to appoint a Development Officer. The appointing committee is seeking either a man or a woman, over 21 years of age, for this important new post.

The major responsibility will be to provide assistance to Member Clubs and Areas to further the development of judo in Great Britain. A certain amount of travel is involved and so a driving licence and own transport is desirable. Some work at B.J.A. Head Office will be required, so the successful candidate should ideally be based within easy reach of London.

Knowledge of judo and sport is not essential but is highly desirable.

The officer will be in frequent contact with other members of the judo movement and with officials of local education authorities. A person with an agreeable, likeable personality and with the ability to get on with people would be ideally suited to the post.

The officer will be under the day-to-day control of the General Secretary but will be ultimately responsible to the Executive Committee.

The salary will be related to the Pelham lecturer scale.

Application forms are obtainable from the General Secretary and should be returned by the 6th May, 1974. A short list of candidates will be drawn up for interview on Sunday, 12th May, 1974.

## SALES

The following items are now in stock and can be obtained direct

from the following address: *Membership (Sales) Secretary, 76 Tankerville Road, London, S.W.16.*

**New B.J.A./I.J.F. Contest Rules**—30p per copy. Offered to Club/Area Secretaries at 25p in multiples of 10; 20p in multiples of 100; 15p in multiples of 1,000.

**Embroidered Blazer Badge** (New B.J.A. badge design) — £1 each. Offered to Club/Area Secretaries at 75p in multiples of 10.

**Woven Tracksuit/Judogi Badge** (New B.J.A. badge design)—40p each. Offered to Club/Area Secretaries at 30p in multiples of 10.

**Record-Book Holder/Wallet** — 10p each. Offered to Club/Area Secretaries at 7p in multiples of 25.

**Tee-Shirts** — £1 to £1.50 each. Discount available to Club/Area Secretaries by arrangement with National Treasurer. (Same address.)

**Biro Pens** (Marked British Judo Association) — 7p each.

**Felt-Tipped Pens** (Marked British Judo Association) — 8p each.

**Windcheaters** (various sizes) — £3.50 each.

**Coaching Scheme Booklet** — 44p each copy.

*All prices of items shown are inclusive of V.A.T. and postage.*

## ABOUT THOSE FILMS

The judo film series referred to in the February/March issue of this magazine on page 18 will be televised on Thames Television at 10.40 a.m. on the following dates in an educational programme: 29th April — 20th May — 6th May — 3rd June 13th May — 10th June.

Unfortunately, this just covers one region and it is up to us to press local regions to screen the series or at least one of the six.



# AREA NEWS

## NORTH WEST AREA

Peter Holmes, P.R.O.

Who said judo is losing its popularity? On February 3rd just short of 700 male judoka took part at gradings held in three centres in the North West. Over 200 seniors took up most of the day at two centres and a staggering 450 mon grades, which must be some sort of record, with accompanying parents, uncles, aunts, etc., invaded the Stretford Sports Centre for a marathon grading session which, starting at 10 a.m., went well on into the evening. Many, many thanks must go to the examiners, referees and all those others, some who originally just came to watch, who helped ensure that everybody was given a fair grading. Not undaunted we've booked Stretford again for the next Junior Grading on the first Sunday in May, but have any other Areas ideas or schemes to overcome the litter problem?

The Area Men's Training Sessions held at Leyland on the second Sunday of every month are also gaining in popularity. Nearly 50 turned up the last time for what was a totally exhausting two and a half hour session, and I was just watching. At the end of the session Dennis Wrightwebb, the Area Team Manager, named the squad from whom the Area Team will be chosen. Dennis emphasised that those people named cannot now rest on their laurels with the thought that they stand a better than good chance of being picked. In fact becoming a squad member means that they have to work twice as hard to keep their place secure, and anyone falling by

the wayside can and will be replaced. So keep coming even if you aren't on the list you will still be helping the team win that elusive gold medal at Meadowbank in June.

One of the squad, Alan Campbell, from Kendal J.C. and his wife Hilary celebrated the birth of a son on January 29th. The seven pound bouncing baby boy and mother are doing fine, father is as well as can be expected. Having turned down the suggestion to call him Daniel, even though it is their first child, 'Cam' and Hilary have decided to name their son Andrew.

Still one or two places on the trip to the European Championships but you'll have to hurry. Write to me, Peter Holme, 19 Sparrowmire Lane, Kendal, LAP 5PX, but BE QUICK.

It is with sorrow that I have to report the death of Mrs. June Hartly of the Ko-Montei Judokwai, Irlam. June was secretary of the club for many, many years and was particularly proud of the club's juniors. She showed a genuine interest in junior activities and was one of the stalwart workers who could be relied on at Area Gradings. Indeed it was typical of her that when in hospital for a heart operation she made arrangements with another club member to stand in for her at the last junior grading at Liverpool.

I understand that following the operation June suffered a relapse and died from the resultant complications leaving a husband, two sons and a daughter to whom the North West Area extends its deepest sympathy.

### Date for your diary:

Sunday, April 28th: R.A.F. Sealand. A Dan Grading for men and women. Booking in 10 a.m., first contest 11 a.m. Although popular with the men, well over 50 turned up last time, including 11 2nd Dans, the ladies seem shy. This is a shame especially when, as one girl did at the January Grading, someone

travels from as far away as Huddersfield only to find no one there to fight. So come on girls show your determination and make this a definite date in your diary.

## SCOTTISH JUDO FEDERATION

W. Littlejohn (Western Area)

Second stage organisation moved forward a big step with the formation of the Western Area Committee at a meeting at Bishopbriggs sports centre on January 30th.

The new committee comprises: Chairman, P. McNulty (St. Aidan's); Secretary, Mrs. A. Marrs (Sen-i); Treasurer, J. McKenzie (Weir's); Vice-Chairmen, E. Ainsworth, C. Lafferty (Auchenharvie and Bellshill respectively).

The new committee were able to see some of the talent available in our Area, when a West team beat an Army select earlier in the evening. The team included such notables as Mick McLaughlin, who learned during the proceedings, that he had been picked for Great Britain in the Multi-nations tournament in Paris in February.

Also the young tyro T. Limerick who is making a name for himself in the senior heavies division, and still only 16 years of age. This match was photo-covered by *Bishopbriggs News*, of West Princess Street, Glasgow.

The three regions within the Area, Glasgow, Lanarkshire, Ayrshire (roughly), have all now organised their calendar of events including Championships for men, women, boys and girls, as well as gradings, etc.

Lanarkshire and Ayrshire have been doing this successfully for years, but Glasgow only really got going last year, due to various factors, notably lack of financial support of the clubs.

Even now only six clubs (predictably the most helpful ones) in the region answered the secretary's

appeal for a £2 donation to get things going. If your club hasn't yet contributed, please do so now, and make sure your club is pulling its weight in your region. Send the donations to J. McKenzie (Region 6 Treasurer), 85 Farne Drive, Simshill, Glasgow.

Area Championships for men, women, boys and girls, will now be arranged for early summer, before the holidays start, details will go to all Western Area clubs—make sure yours is properly affiliated.

I know a lady who does judogi repairs, for a reasonable charge. Write to me for details.

I have a limited number of hotel reservations near Crystal Palace for the period 2nd-5th May (Senior European Championships) at a very reasonable cost, anyone interested in them, and in party travel arrangements, etc., get in touch as soon as possible. Basis, first come (with cash) first served.

## SCOTTISH JUDO FEDERATION

O. J. Clarke

The Area Championships are beginning to loom large on the Scottish judo calendar. The date is Saturday, 8th June, the venue Meadowbank Stadium, Edinburgh. 14 area teams are expected and a great day's judo is guaranteed. Go on, be a devil, bring your wife and kids—only two hours from Newcastle, four hours from Manchester.

Meanwhile the Scottish action continues. We picked up two medals at the British Boys Championships: William Shiels of Edinburgh club took a silver and Neil Beaton of Meadowbank a bronze.

Mike McLaughlin made a creditable debut in the British team in the multi-nations event in Paris, losing to the current European champion.

A Scottish squad ventured down to Wales for their Senior Open Championships and came away with four gold, three silver and two bronze



medals. T. Limerick of Hamilton took the gold in the light-heavyweight division while clubmate Sandy Brown took the bronze. Andy McKenna, Spartan, took the welterweight silver. The ladies were not to be outdone and Kathy Nicol of Glasgow brought back two golds, heavy and open, while Margaret Devine of Spartan was runner-up to Kathy in both of these categories. Eleanor Swales completed the tally by taking the heavy-weight bronze.

Kathy Nicol, Margaret Devine and Caroline Balderstone are currently in the British team squad.

## MIDLAND AREA

R. Williams

By the time you read this report two of the most important events in the Midland Area calendar for 1974 will have been held. On Saturday, 30th March the Area held its Championships for men at Birmingham University. On the Sunday, the Area A.G.M. was held. Full reports of these two events will appear in a later issue.

Some future dates for you to note are the Dan grading at Ryecroft Judokwai, Robinet Road, Beeston, Nottingham on Sunday, 12th May, and the following mon and kyu grade promotion examinations to be held in April.

- 7th Senior Men, Kyu Grades, Well-  
ingborough, 10 a.m.
- 7th Senior Men, Kyu Grades, Stoke  
Judo Club, 10 a.m.
- 7th Junior Boys, All Grades, Metal  
Box, 10 a.m.
- 20th Junior Boys, 2nd Mon and  
above, Jukuren, 10 a.m.
- 28th Junior Boys, Beginners and 1st  
Mon, Birmingham Police J.C.,  
10 a.m.
- 28th Junior Girls, All Grades, Birm-  
ingham Police J.C., 2 p.m.
- 28th Senior Women, Kyu Grades,  
Hyson Green, 10 a.m.

Any individual, whether within the Midland Area or not, can receive details of Midland Area events by subscribing to the Area Newsletter. Send your name and address together with a postal order for 75p to *Brian Regan, 87 Ansley Road, Stock-  
ingford, Nuneaton, Warks.*

## NORTH EASTERN

Phyllis Elliott

**Coaching.** The County/Senior Coaching Course is now in full swing at Leeds Athletic Institute. Meanwhile, congratulations to the following successful candidates in November/December exams last year: Leader's Award and Club Coach Award: Janet Fox (L.A.I.), Anne Reed (L.A.I.), Derek Wilds (Hull), Michael Joyce (Hull), Jeffrey Brady (Hull), Peter Dickens (Kiora J.C., Stockton), Francis Lanaghan (Stainforth), Antony Feeney (L.A.I.).

Leader's Award: Lesley Todd (L.A.I.), Susan Barland (L.A.I.), Maureen Bennett (Prince Philip Sports Centre), Keith Tatterton (Wetherby), John Watson (Rowntrees), Joseph Glynn (Stockton Y.M.C.A.).

**Doncaster Judo Club.** The official opening will be sometime in May, with men's team contests, and judo and karate displays. Before then, Doncaster Judo Club will be holding the Reed Trophy Championships—a team event for junior boys in B.J.A. weight categories. The entry fee will be £1.25 per team; for further information, please contact Mrs. H. M. Clarke, 51 Broomhill Drive, Cantley, Doncaster, DN4 6RD.

**N.E. Area Successes at National Events.** Congratulations to the four medallists at the National Junior Boys Championships in February—C. Chadwick (York R.I.), who came first out of the 27 entries in the under 65 kg., J. Stockton (Spen Valley) who came first out of the 42 entries in the under 45 kg., A. Worth (Leeds Athletic Institute), who came joint third in the same category, and R.

Reed (York R.I.), who came joint third out of the 39 entries in the under 55 kg.

Congratulations also to Janet Fox from near Leeds, who gained a place in the National Women's Squad on the following day.

## NORTHERN AREA

G. F. Kearsley

**Individual Boys' Championships—Crystal Palace.** A party of 43, comprising club coaches and junior competitors from the Area made the journey to London by coach, leaving Friday morning for overnight stay in London. 34 competitors had been selected from the Area Junior Boys Squad to compete in top class competition which the Individual Championships always provide. Lack of experience at such a high level did not deter the boys, who, without exception, performed with credit.

Our congratulations to Paul Middleton (aged 15 years) of Stockton Y.M.C.A. our only under 70 kg. representative, who won a bronze medal, in his weight category.

Sympathy to K. Hall of Middlesbrough Budokan who sustained a broken wrist after making good progress in the under 65 kg. and to his club colleague, I. Roberts, who received a neck injury when in the later stages of the under 50 kg. category. Both lads rejoined the party after hospital treatment to give vocal support to colleagues still competing.

An enthusiastic, happy, but tired party arrived back home early on Sunday morning, all, I'm sure, intent on making the journey next year more profitable!

**National Coach Visit to Teesside.** Dates (still awaiting confirmation) are 14th-19th May. Coaching course will be arranged to be possibly centred in Stockton. Details to be circulated immediately dates are confirmed.

**Youth Squad.** Recommendations from club coaches would be appre-

ciated. Forms are already circulated. First session under area coach Ray Jones will be held at the Bishop Auckland Y.M.C.A., Sunday, 24th March, at 11 a.m.

**Senior National Trials (Women).** Congratulations to Margaret Burgess, 3rd Dan, who took No. 1 ranking in the light-heavyweight category at Crystal Palace.

Margaret has been helping out with the Junior Girls Squad, giving them the benefit of her knowledge and experience as an international player.

**Dates for the Diary.** Sunday, 28th April: Teesside Open Boys Individual Championships, Y.M.C.A. Stockton. Sunday, 9th June: Teesside Open Boys Team Championships; Teesside Open Girls Team Championships, Y.M.C.A., Stockton. Sunday, 7th July: Teesside Open Girls Individual Championships and Young Men's Event, Y.M.C.A., Stockton.

**VISIT FROM BERGEN J.C.—SUNDAY, 3RD MARCH, 1974.** Selected junior boys and girls from the area squads joined senior members in welcoming a party of 43 youthful judo players from the Norwegian club. The event was staged at the Ashington Miners Welfare Hall, Northumberland. A programme of team competitions at junior, youth and senior level had been arranged and proved highly competitive—the junior and youth teams were successful in competition—the senior team marginally losing the decision. Team events were then followed by general instruction with the Area Chairman, Mr. J. Hawksby, Margaret Burgess and Ray Jones giving the large group of youthful players a fine opportunity for learning. The social event that followed, namely tea, and participation in the old time dance festivities during the evening at the Welfare Hall brought to an end a most successful and enjoyable event. There are already plans to accept the invitation extended by our friends from Norway for a return visit probably towards the end of the year.



# TWELVE NATIONS TOURNAMENT

by Martin Lewis, B.J.A. Business Manager

Photographs by David Finch

Once again Great Britain were invited to participate in a multi-nation tournament in Paris, to meet teams from 11 other nations including Japan.

I think the most outstanding feature of the event apart from the scintillating judo of Endo, the Japanese heavyweight, was the fact that the French organisers managed to allow so many departures from the I.J.F. rules. The first sight of the four



Dave Lawrence resists an attack by Furukawa of Japan, the eventual Gold Medallist.

mats in the Pierre de Coubertin stadium reminded one of a multi-coloured marzipan cake. Alternate blue and green mat areas with no safety areas between them and no red lines to separate one fighting area from another! Constant interchange of fighters between the mats was a regular feature of the day, and in fact very early on in the contests four fighters became entangled with a judge and his chair and all five crashed to the ground in a horrible heap. It is amazing that there were no serious accidents as a result of this effort on the part of the French Federation to shorten the fighting programme by adding one mat to their normal three-mat layout.

The exclusion of the latest additions to the I.J.F. Rules regarding the announcing and signalling of all scores, a generally low standard of refereeing, and almost complete inattention to the non-combativity rule by most of the referees took the edge off some of the judo, as obviously the players who thought they were ahead began to take it easy when they knew they were not going to get penalised for lack of action.

The British team consisted of Angelo Parisi, at heavyweight, and David Starbrook as light-heavyweight, with a new addition to the International team, Mike McLaughlin from Scotland at middleweight, standing in for an injured Bob Diebelius. David Lawrence returned to the team at light-middleweight, with Ray Neenan filling the light-weight position. The team was managed by Ray Ross, as usual, and



Dave Starbrook disposes of his opponent with his favourite Tai otoshi technique.

Peter Bent accompanied the team to join the official party of referees. Charles Palmer also travelled out with the team as did your humble scribe.

We flew to Paris uneventfully, and separated at the airport, the team going straight to the very luxurious Ambassador Hotel, whilst Ray Ross and I went straight to the headquarters of the French Federation to register our players and witness the draw for the fighting order. We found that there were teams from the following countries:—

Japan	Belgium
Austria	Spain
Holland	Italy
Russia	France
E. Germany	W. Germany
Poland	Great Britain

There were 18 lightweights, 21 light-middleweights and 21 middleweights, 18 light-heavyweights, and 16 heavyweights, so this was quite a

formidable programme to get through in one day. There were many old familiar faces particularly amongst the French team including the formidable Coche as one of their middleweights, and Rouge in the light-heavyweight category. Surprisingly, Mounier the famous French lightweight did not get through to the final rounds.

The results achieved by the British team were a little disappointing. Angelo Parisi got a third place vase, but Dave Starbrook was eliminated in the quarter-finals. Our remaining three fighters tried hard, and Mike McLaughlin was forced to retire after his second contest with rib injury.

Ray Neenan won two and lost two in the opening pools, and Dave Lawrence lost all four of his contests, one by ippon, two by five-point decisions, and lost to Furukawa of Japan by two waza-aris. Mike McLaughlin lost his first fight to the very experienced



Fred Marhenke of West Germany, but took him to time losing by a five-point decision which was a very creditable effort against a much more experienced opponent, and in fact the winner of our own multi-nations tournament last summer.

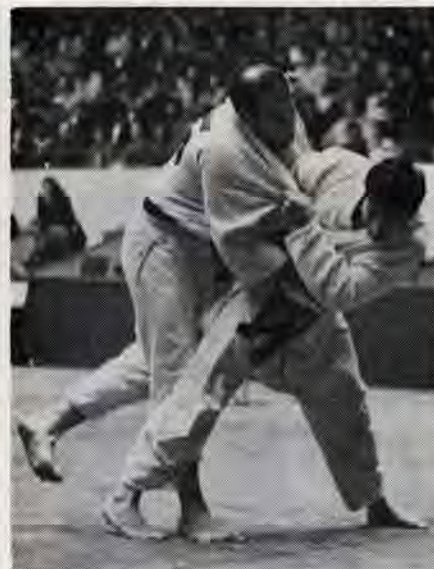
Dave Starbrook was very convincing in the early rounds and was finally eliminated by Rouge by a decision after a very exciting quarter-final. Angelo Parisi took a long time to warm up and appeared to be taking his fighting far too casually. This, however, is Angelo's style, and he maintained it throughout the day until he met his Japanese master. His first contest was against Richkoff of France who threw Angelo for wazari in the opening seconds of the contest. It took Angelo another four minutes, much of it in ground work to regain his supremacy which he did with kami-shiho-gatame against a now powerless opponent. However, Angelo's next contest redeemed him in full for his lazy start because he threw Marquez of France in just three seconds of fighting. To secure his third place Angelo's last fight was against Declève also of France whom he battled with for two and a half minutes before throwing him with a magnificent left side tai-otoshi that brought a tremendous cheer from the crowd for its sheer technical perfection.

Unfortunately, I was not able to watch the Dave Starbrook fight against Rouge in detail, but from what I saw of it, it was a classic battle. Dave gave nothing away and had the Frenchman running for much of the time, but could not quite gain that little edge that makes the difference between a win and a lose when contests are decided by decisions only. Dave is one of the most respected fighters in Europe, both for his skill and his sportsmanship, and is the sort of player that we can look forward to being of great assistance to continuing the growth of judo in Great Britain in the coming years.

The finals of the lightweight competition were won by the Russian Pitchelauri with a shime-waza, and the light-middleweight contest was won by Furukawa of Japan who beat Vial of France on a decision. The middleweight final was probably the most exciting of the evening with Coche of France fighting Marhenke of Germany. It was exciting in that it lasted only nine seconds with Coche bringing off the most tremendous kosoto-guruma that had the popular Fred Marhenke horizontal some two feet off the ground before he crashed on to his back.

Rouge of France beat Lorenz of Germany after a long and interesting 10-minute battle, and the heavyweight final again demonstrated the tremendous skill of the Japanese heavyweight Endo, who had thrown Parisi and Besson of France for ippon in his earlier fights. In the semi-finals Angelo had taken him to

Rougier, heavyweight Gold Medallist tips up Dietmar Lorenze of East Germany.



Angelo Parisi disposes of the Spanish heavyweight.

within 21 seconds of time before he brought off his tremendous right harai-goshi, and it was the same technique that gave him his winner's vase when he took only 43 seconds to demolish Zochschwerdt of D.D.R.

My earlier comments about the lack of enforcement of the non-combativity rule resulted in some very boring finals and semi-finals notably amongst the light and light-middleweight categories where there is usually so much action. Once again it is very obvious to note how much higher is the standard of enforcement of this particular rule in competitions in England, and I think that the judo we have seen at the Crystal Palace has been very much enlivened by this factor.

Reviewing the performance of our three lighter weight men, obviously it would not be fair to comment about McLaughlin who retired with an injury. Dave Lawrence tries hard, but seems to lack the ability to turn when he is pulling down, which gives his

opponents the opportunity to resist the attack.

This article is not intended to be a technical review of the performance of any particular player, but even a relatively ill-informed person would have noticed this particular facet of Dave's fighting style. He does not lack courage or aggression, but just needs that further moulding that no doubt Ray Ross will be able to undertake successfully.

Ray Neenan has bags of go, and again I think with the proper training could become a lightweight force to be reckoned with. Of course, it is very easy to sit at the edge of the mat and put these wise thoughts on to a tape recorder whilst watching the fighters sweat in performance. It is very difficult to assess what effect nerve and general temperament have on the successful home fighter who finds himself on the mat with fighters from 11 other nations.

As is usual with the French when they play host the buffet following the competitions was a great success both socially and gastronomically. Mountains of food and barrels of wine soon got everyone relaxed, and one must congratulate the French Federation for a truly great sporting occasion.

#### SMALL ADVERTISEMENTS

Private advertisements, 4p. per word, Minimum 50p. Commercial rates double. Add 5p. extra for box number. Address: JUDO Ltd., 28 High Street, Tooting, London, SW17.

S A L E — Judo, Karate Books and Films, Etc. J. A. Doe, 21 Cavan Rd., Ipswich, Suffolk.

W A N T E D — The following judo books. Complete 7 Katas of judo. M. Kawaishi. My study of Judo. G. Koizumi and others now out of print, also pre 1971 Judo magazines. W. Learoyd, 53. Shaw Rd., Newbury, Berks.



## CONTEST RULES — INDICATOR BOARDS

By Captain R. T. Mitchell

Chairman Refereeing Sub Committee

You will all now be aware of the drastic changes to the contest rules that have recently been introduced. The reasons for them and detailed content have been widely circulated throughout the Association. Several competitions have been conducted under these rules and most people have agreed that the long term effect will be beneficial to our sport.

To complement the rules, a new scoreboard — see attached pictures, has been introduced. This now serves a much wanted need and has been readily acclaimed by all sections of the Association as a great asset in following the progress of a contest. As long as there is a tangible score, or penalty, shown on the scoreboard, then **anyone** at **anytime** will be able to see who is winning. The exception to this would be if the fighters had exact scores/penalties shown. In this case the mental scoring of attacks, etc., by the officials would break the tie, on hantei as at present.

The photos are depicting an imaginary contest; one scoreboard is coloured red (left) with white lettering, and the other scoreboard is coloured white (right) with red lettering.

Photo No. 1 — All set for 'hajime'.

Photo No. 2 — White is winning as Red has been awarded a **shido**.

Photo No. 3 — White is winning as in addition to Red's **shido**, White has scored 2 x **kokas**.

Photo No. 4 — White is winning by **waza-ari**.

Photo No. 5 — Final score — White wins by **waza-ari**.

Please remember that the criterion for awarding the decision is the



nearest score to **ippon** and **no** number of lower scores can equal a higher one except in the case of **waza-ari**,

which are the exception. If White had **not** scored **waza-ari**, then Red would win by **yuko**. If White had **not** scored **waza-ari**, nor Red any **yukos** (picture 5) then Red would win be-

cause of White having received a **chui**.

I hope that this very short article has helped to clarify the new scoring system a little more.

## BRITISH KENDO ASSOCIATION

### OFFICAL NOTES

On February 23rd at Coalville, Leicester, our A.G.M. was held. This was a very successful meeting with 85 people present. The main function of this meeting was the ratification of the proposed Constitution, which was accepted with five abstentions, none against, the balance in favour. At this meeting the new committee was elected as follows:

#### CHAIRMAN:

Mr. W. Prytherch (Coalville)

#### VICE-CHAIRMAN:

Mr. J. Clarke (Bristol)

#### HON. SEC.:

Mr. V. Harris (Nenriki)

#### TREASURER:

Mr. R. Metcalfe (Leeds)

#### MEMBERSHIP SEC.:

Mr. J. Howell (Nenriki)

#### MINUTES SEC.:

Mr. E. Schofield (Miken)

#### P.R.O.:

Mr. T. Holt (Mumeshi)

#### COMMITTEE MEMBER:

Mr. L. Bean (Hagakule)

#### TECH. ADVISOR:

Mr. O. Fujii

Also held on this weekend was a Shodan Grading. The following people were on the examining body.

#### CHIEF EXAMINERS:

Mr. K. Kikuchi, 7th Dan

Mr. O. Fujii, 5th Dan

#### PANEL:

Mr. J. Clarke, 3rd Dan

Mr. V. Harris, 3rd Dan

Mr. J. Howell, 3rd Dan

Mr. E. Schofield, 3rd Dan

Mr. T. Holt, 3rd Dan

Mr. L. Bean, 3rd Dan

A very large entry was accepted for this grading and the following people were promoted to 1st Dan.

Mr. T. Wheeler (Nanbankai)

Mr. P. Cronin (Mumeshi)

Mr. G. Dockwray (Bujusukai)

Mr. P. Gledhill (Miken)

Mr. S. Divers (Miken)

Mr. S. Murcoka (Miken)

Mrs. C. Angel (Mumeshi)

Mrs. H. Clarke (Mumeshi)

Mr. G. Ingham (Leeds)

Mr. G. Smith (Leeds)

Mr. R. Turner (Nenriki)

Mr. M. Mulrooney (Hagakule)

Mr. E. Hall (Hagakule)

Mr. J. Webb (Mumeshi)

Mr. J. Wood (Hagakule)

Mr. W. McGoven (Mumeshi)

Mr. D. Daines (Mumeshi)

Mr. B. McArdley (Mumeshi)

Mr. E. Moore (Hinkley)

The standard of kendo was very good and a much improved kata was shown by all. Dan grade certificates were presented at the end of the grading and our congratulations to the above on obtaining their 1st Dan.

If any information on kendo or the British Kendo Association is required would you please write or telephone the Hon. Secretary:

Mr. V. Harris, 709 Howard House, Dolphin Square, London, S.W.1. Tel.: 01-834 1393.



# WOMEN'S NATIONAL TRIALS

by Richard Williams

An entry of 84 for a National competition, may seem small but for a women's event the number is quite considerable. The lowering of the grade requirement to 2nd Kyu admittedly helped the entry, but even without these there would have been over 70 competitors from all over Great Britain. A new set of weight categories was in operation for the Trials; these were the weights recommended by the E.J.U. meeting in Vienna last year when representatives of women's judo met to discuss the development of women's judo in Europe.

There were a few familiar faces amongst the under 48 kilos competitors, in particular C. Balderstone from Scotland and J. Burgess from London. Gillian Kenneally, one of Britain's International medallists had entered but at the time of the event was unable to compete because of injury. Out of the six fighters taking part, Balderstone came through to head the pool with second place going to Burgess. C. Presswell took third place in the squad and J. Hawkins the fourth place.

There were a few more competitors in the under 52 kilos category—seven to be precise—and they fought out the first round in two pools. D. Tysall and J. Fox, from pool 1, joined J. Carroll and G. Entwistle, from pool 2, in the final round. Here, Tysall defeated all her opponents with ippon to take the lead. Carroll took second place, Entwistle third, and Fox fourth.

The under 56 kilos category saw a much larger entry of 22 fighters. Amongst these there were some 2nd Dans—Ena Anderson, Sue Evans,

Sonia Maxwell, and Pam Scullard. Maxwell withdrew in the first round but the other three fought their way through to the final pool of six. They were joined by J. Fyles, C. Entwistle, and K. Coward. First kyu Entwistle defeated all of her opposition to win the pool. The 2nd dans Scullard, Evans, and Anderson took 2nd, 3rd and 4th places respectively.

Amongst the under 61 kilos competitors there were a number of previous squad members—P. Cottis, P. Foster, and M. Fourt—and they all managed to get into the final pool. Cottis and Tilley ended up with four contest wins and 35 points each: the decision of the fight-off went to Cottis to give her the first place and Tilley the second. M. Fourt took third place while the fourth place went to Nicol.

The next category was the under 66 kilos and here again there was quite a large entry. Fighting now at this weight is British Champion and International medallist, Christine Wildman. Naturally she was expected to take the number one place in the squad, and this she did, losing not a single contest. In the final pool, C. Bogie came second, Kathy Ling third, and E. Brown was fourth.

As is usually the case in all kinds of judo competitions where there are weight categories, the higher weights tend to attract fewer entries. In the under 72 kilos there was a single pool of six, and in the over 72's a single pool of four. All of the over 72's were therefore assured of a squad place but the very important matter of positions had to be settled. With Ellen Cobb fighting at under 72, the way was clear for Chris Child to

lead in the over 72's. This she did, defeating H. Ford, C. Murphy, and M. Devine, each by ippon. Murphy lost to all her opponents to occupy fourth place, Ford lost to Devine and so took third place, while Devine came second.

In the under 72's it was E. Cobb and M. Burgess who vied for the number one squad place. Cobb lost to Burgess early on in the pool, and Burgess went on to win all of her remaining contests to score a total of five wins and 40 points. Ellen Cobb won her remaining contests to score four wins and also 40 points, but the greater number of wins put Burgess in the lead and Cobb into second place. Jane Wildman secured third place and the fourth place was taken by G. Cobelli.

These 28 players comprise the women's squad whose training sessions under Liz Viney have already started. The most recent session was conducted by Scottish National Coach, Colin McIver, just outside Blackpool. Future sessions in the programme will be conducted by Colin and also Roy Inman and B.J.A. National Coach, Geoff Gleeson. The training sessions have been arranged to take place all over the country, with the whole programme leading up to the first E.J.U. Tournament for women which is to be held in Genoa, Italy during October. Hopefully our women will be as successful at this tournament as they have been in previous International competitions.

## JUDO JIM

*The man who knows all the answers*



*Can you tell me the weight categories for each weight, men and women? J. Bank, Doncaster, Yorks.*

Yes! Here they are, for juniors as well.

### WEIGHT CATEGORIES

#### Women

Up to and including 48 kgs.  
Over 48 kgs. and up to and inc. 52 kgs.  
Over 52 kgs. and up to and inc. 56 kgs.  
Over 56 kgs. and up to and inc. 61 kgs.  
Over 61 kgs. and up to and inc. 66 kgs.  
Over 66 kgs. and up to and inc. 72 kgs.  
Over 72 kgs.

#### Boys

Up to and including 30 kgs.  
Over 30 kgs. and up to and inc. 35 kgs.  
Over 35 kgs. and up to and inc. 40 kgs.  
Over 40 kgs. and up to and inc. 45 kgs.  
Over 45 kgs. and up to and inc. 50 kgs.  
Over 50 kgs. and up to and inc. 55 kgs.  
Over 55 kgs. and up to and inc. 60 kgs.  
Over 60 kgs. and up to and inc. 65 kgs.  
Over 65 kgs. and up to and inc. 70 kgs.  
Over 70 kgs.

#### Men

Up to and including 63 kgs.  
Over 63 kgs. and up to and inc. 70 kgs.  
Over 70 kgs. and up to and inc. 80 kgs.  
Over 80 kgs. and up to and inc. 93 kgs.  
Over 93 kgs.





## DAVID WHITE LOOKS AT BRITISH KENDO

All has not been well the last few months with kendo, the sport the *Sunday Times* once described as Britain's most exclusive. And when there is a split within a sport that probably numbers fewer than 300 regular practising adherents it's an unpromising lookout for the rest of the martial arts.

However, according to our top kendo exponent, 5th Dan Roald Knutsen, things are not as dark as they may appear, and I'm inclined to believe him.

Briefly, since September the British Kendo Association has spawned a rival, the British Kendo Renmei (which roughly translates as Federation) now headed by the formidable Mr. Knutsen.

As 40-year-old Mr. Knutsen puts it: "There has been a deep-rooted problem in kendo over the last few years. It is an ethical problem. I feel that kendo is much more than just a sport although sport is certainly the lower level of kendo. There are mental and spiritual—although I prefer the word intellectual—levels, and the sport aspect must be kept in its right perspective.

"I will not allow budo (martial arts) politics to be talked in my dojo, and if possible not outside either. I was Secretary of the British Kendo Association for 10 years and have seen some people become over-ranked. I think this has contributed to the fact that we reached a state last year where half of the B.K.A. seemed to want to get on with the kendo and the other half seemed to

be involved in kendo as a social grace with political bickerings spoiling the practice.

"Eventually we decided to form our own federation and seven of the 22 B.K.A. dojos joined the Renmei. Already, with the formation of new groups we have 20 working dojos and quite frankly we fully realised we would no longer be members of the International Kendo Federation (a completely Japanese dominated body) and the European Kendo Federation. As for forfeiting our official dan grades that can only be described as a laughable threat".

Mr. Knutsen took a little pressing before I elicited from him the information that the Renmei's refusal to accept any part or full time professional kendo teaching in the U.K. had been one of the major factors that produced the eventual split.

"We have to develop kendo in the U.K. against its background of 1,200 years of tradition and discipline.

"Senior Dan ranks teach because it is their duty to teach and we believe it better that they should not be paid. We had the fear that professional kendo would be introduced into Britain and we do believe in strict amateur kendo in the old fashioned sense of the word amateur.

"In old Japan the kendo master was not paid by his pupil, he in fact had to pay out to help keep the pupil. The master took on a great responsibility for the pupil and this philosophy is still true in Kendo which is not a 1974 art but an ancient one.

"A lot of kendoka will only ever be interested in kendo as a sport, we accept this and understand that only a few will want to go into the deep philosophical aspects of kendo. However, the responsibility of our Renmei must be to maintain the tradition of the discipline of kendo.

"I do not particularly like the Japanese — Mr. Knutsen has from time to time been accused of being a fanatical Japanophile — I am an Englishman but I can see certain intellectual and spiritual values in kendo that can be applied to our own natural tradition. I am not trying to create in my students a sort of reproduction of Japan, but the values of budo are, I believe, common to all countries".

Mr. Knutsen is nothing if not frank and he worried me a little by his insistence that kendo must be run on a feudal system, with someone at the top strong enough to dictate the running of a dojo. I had—with slight reluctance—to agree that kendo is a military art and that this implies that a student (or private?) must accept the discipline of the dojo.

However, Mr. Knutsen—who has an interesting habit of qualifying things that I can see could upset some of those he deals with—made me feel a good deal happier when he explained: "I went through the British Army and did not like the discipline one little bit. But if I volunteer to get up at 5 a.m. to do kendo practice that is surely an entirely different matter to being forced to do it. If my students don't like my methods there's nothing stopping them going elsewhere".

There seems to be a good chance that in the fullness of time the B.K.A. and the B.K.R. will get back together again, particularly if as they threaten, the B.K.R. apply for "dual" recognition to the International and European Federations. It's worth mentioning that Roald Knutsen was co-founder of the E.K.F.

It is a great pity that the first official European Kendo Championships, which were due to be held at Bletchley in Bucks in April could not see a united British side who might have given the French and Swedes a run for their money.

Roald Knutsen himself had a Norwegian father and became interested in kendo while on a judo beginners course at the L.J.S. back in 1958. He did judo and kendo in parallel for about six years.

"Kendo was very mysterious at that time. We didn't have much information and I used the former chairman of the Association, Mr. Lidstone's manuscript which started the few of us on basic theory.

"We made a lot of errors but we were flexible in our mental approach and were able to correct our faults. Nowadays, with formal teaching it is much more difficult to correct entrenched errors.

"The Japanese like youngsters to start kendo at 11 or 12 but here I think the best age is probably 16 or 17 bearing in mind our social conditions. After the age of about 22 posture becomes more difficult and older people have to think much more about all important posture instead of it coming completely naturally".

Roald Knutsen's introduction to kendo in Japan was at the Imperial Palace Dojo in Tokyo where he saw the highest grade kendo. He felt a great sense of camaraderie wherever he practised in Japan and pays tribute to his mentor, Ben Hazard the California based 6th Dan, who always stressed the importance of training in Japan if only to polish techniques.

"We still have so few people able to teach in the U.K., with one of the main limitations on the growth of kendo being the initial expense for armour and equipment which totals about £80.



"This, in fact, produces a natural brake on kendo and development will continue at a slow pace. This does give time for the few teachers in the U.K. to cope with the situation but it means we are never likely to get Sports Council financial help.

"Perhaps because of the expense about 50 per cent of kendo students come to it through aikido or judo, and the rest through an interest in swords or books.

"I feel that the best advantage is for a young man or woman to study one martial arts discipline for a number of years until they are reasonably proficient—say 3rd Dan—and then branch out into the other arts if they want to.

"The basic theory is common to all the martial arts and this is particularly true with aikido and kendo theory. Mr. Yamada said that aikido theory is probably 80 per cent kendo theory without the sword, therefore these two arts particularly complement each other.

"The point about studying for a number of years is not to get Dan grades but to have reasonable control and to be able to express this under controlled conditions".

This applies particularly to the use of the naked sword which—despite the romance of wielding a katana—should Mr. Knutsen believes be very closely controlled and probably restricted under 4th Dan.



The British Judo team on an early morning work-out during their thirty day training tour of Japan. From left to right: Angelo Parisi, David Lawrence, Constantine (Alex) Alexander, Brian Jacks, Ray Ross, (in pedal-rickshaw) Team Manager, Roy Inman, Keith Remfry, Vacinuff Morrison and Raymond Neenan.

Photograph by Timothy Street-Porter.

## JAPANESE PUBLICATIONS

Title	Author	Price: Packing & Post Paid
ADVANCED KARATE	Oyama	7.70
AIKIDO	Uyeshiba	5.15
AIKIDO AND THE DYNAMIC SPHERE	Westbrook/Rath	5.90
AIKIDO IN DAILY LIFE	Tohei	2.80
BASIC KARATE KATAS	Kanazawa/Rogers	3.40
BASIC KARATE KATAS VOL. 2	Smith	2.40
BOYS KARATE	Oyama	1.35
COMPETITION KARATE	Valera	1.10
DYNAMIC JUDO: GRAPPLING TECHNIQUES	Kudo	5.90
DYNAMIC JUDO: THROWING TECHNIQUES	Kudo	5.90
HAND IS MY SWORD		5.15
ILLUSTRATED KODOKAN JUDO	Kodansha	11.80
JUDO AND AIKIDO	Tomiki	3.15
JUDO AND SELF-DEFENCE FOR THE YOUNG ADULT		1.35
JUDO FOR THE GENTLE WOMEN	Gardner	1.75
JUDO IN ACTION, THROWING TECHNIQUES	Kudo	1.60
JUDO IN ACTION, GRAPPLING TECHNIQUES	Kudo	1.60
KANKUDAI KATA	Kanazawa	.90
KARATE: ART OF EMPTY HAND FIGHTING	Nishiyama	5.90
KARATE DEFENCE & ATTACK	Enoeda/Chisholm	1.55
KARATE DOJO	Urban	2.65
KARATE: HISTORY AND TRADITIONS	Haines	2.65
KOREAN KARATE	Cho	6.95
KUNG FU	Jakabs	0.55
PRACTICAL KARATE 1. FUNDAMENTALS	Nakayama & Draeger	2.40
PRACTICAL KARATE 2. UNARMED ASSAILANT	Nakayama & Draeger	2.40
PRACTICAL KARATE 3. MULTIPLE ASSAILANTS	Nakayama & Draeger	2.40
PRACTICAL KARATE 4. ARMED ASSAILANTS	Nakayama & Draeger	2.40
PRACTICAL KARATE 5. FOR WOMEN	Nakayama & Draeger	2.40
PRACTICAL KARATE 6. SPECIAL SITUATIONS	Nakayama & Draeger	2.40
SECRET FIGHTING ARTS OF THE WORLD	Gilbey	3.05
SECRETS OF JUDO	Watanabe	2.15
SECRETS OF SHAOLIN TEMPLE BOXING	Smith	3.15
SELF DEFENCE SIMPLIFIED IN PICTURES	Hepler	1.10
SHORINJI KEMPO	So	8.20
SHOTO-KAN KARATE	Ventresca	4.55
SPORT OF JUDO	Kobayashi	3.10
SUMO: SPORT AND TRADITIONS	Sargeant	1.35
T'AI CHI		5.05
TECHNIQUES OF JUDO	Takagaki/Sharp	2.50
THIS IS AIKIDO	Takei	5.65
THIS IS KENDO	Sasamori	4.90
VITAL KARATE	Oyama	1.50
VITAL JUDO		6.20
WAY OF KARATE	Mattson	5.20
WEAPONS AND FIGHTING ARTS OF THE INDONESIAN ARCHIPELAGO	Draeger	6.45
WHAT IS AIKIDO	Tohei	1.70
WHAT IS SHORINJI KEMPO	So	1.70
WING CHUN KUNG FU	Wong/Clausnitzer	2.50
WHAT IS KARATE		5.90

### Forthcoming Titles :

BLACK BELT KARATE	Roth	8.95
FUNDAMENTAL KENDO	Japan Kendo Federation	6.40



## VAT EXTRA AT 10%

### Mats

Japanese Tatami 6' x 3' x 2½". Vinyl Surface	each approx.	£23.00
Carriage extra		
Recticel Rubber sheets 6' x 4' x ½". Vinyl Surface	per sheet	£13.00

### Judo Outfits

**STANDARD CLUB OUTFIT**—Jacket, Trousers & White Belt.

Above pattern withdrawn;

New type available early in May.

**SPECIAL CHILDS OUTFIT** To fit approx. 8 years of age, in special light-weight material. (Tax free). £5.20

Carriage .20

**JAPANESE OUTFITS**—Jacket, Trousers & Belt

Sizes	Complete Outfits
130 4' 3"	£6.51
140 4' 7"	£6.97
150 4' 11"	£7.59
160 5' 3"	£8.21
170 5' 7"	£8.99
180 5' 11"	£9.76
190 6' 3"	£10.38
200 6' 7"	£11.16

Belts — all colours £1.16

Carriage complete outfit .30; belt .05

### Scarves

**CLUB TYPE**—Black with Red & White Stripes 5'6" Long x 10" wide. £1.75

Special offer price

each

Carriage free

### Fundoshi

White superior quality cotton Fundoshi 36" x 12" .75

3 for

2.10

6 for

4.00

carriage .05

### Slippers

Japanese Straw Zori 10½" & 11" only Price on application.

Carriage .20

### Tee Shirts

White cotton 'Judo' shirts. Medium/ Large 36-38; 39-41, .85

Small 26, 28, 30 & 32.

.70

Carriage .05

### Karate Outfits

**STANDARD OUTFITS**—Jacket, Trousers & White Belt, Small—Medium—Large £6.00

As above but special heavy quality

£9.00

Coloured Belts

.80

Carriage .25

## VAT EXTRA AT 10%

### Ties

Navy Blue, Dark Red, Green or Black, with Judo characters £1.40

Silk Screened in Gold

Postage 5p.

### Holdall

Judo Holdall with waterproof compartment, double handles, zip top, in Black only £3.75

As above, but for Karate, in white.

£4.25

Carriage .20

### Blazer Badges

Embroidered New B.J.A. design, washable. .90

Post free

### Trophies

Victory Trophy, Silver plated, Marble base £8.00

Sportrophy 2" medallion

£1.20

### Clocks & Watches

Gold Plated Wrist Watch — Automatic — Water Resistant — Calendar £15.70

Stainless Steel Back

Carriage .05

Wall Clock, 8 Day spring movement. Brass with twelve judo figures surrounding dial in black £15.70

Carriage .30

### Ladies Wrist Watches

7½" Ladies wrist watch. 17 jewels Incabloc, sunrise dial 4 raised figures 8 strikes, black leather strap. £12.00

7½" as above, but Automatic. 21 jewels Incabloc, sunrise dial, 4 + 8 raised strikes (yellow with black) black strap. £15.50

Carriage free

### Jewellery

Brooch, Cherry-leaf design, Gilt with stones £1.50

Cuff Links with judo motifs

£1.65

Carriage free

### Bound Volumes & Binders

Bound Volumes Nos. 5 to 13 £2.60

Carriage .25

each

Binders—Leathercloth for holding twelve issues of Judo £1.20

Carriage .15

**JUDO**  
LIMITED

ORDERS TO:

28, HIGH STREET, TOOTING, LONDON, S.W.17

Telephone: 01-672 6545





## OFFICIAL NOTES

Jim Elkin

### OFFICIAL NEWS

Our A.G.M. took place on Sunday, 31st March, and for a meeting of this kind it was quite well attended. I will be giving a fuller report in the next issue. However Mr. L. Mockford was re-elected as Chairman of the British Aikido Association. You will have to put up with the same General Secretary for another two years as he was also re-elected. Your Executive committee consists of Brian Eustace, Mick Tracy and Ray Taylor representing the North and Midland Region. Bob Strauss representing the Western Region. Bill Lawrence and Trevor Jefferies representing the Southern Region. All reports were approved and adopted.

After the meeting the newly elected E.C. got together and elected Brian Eustace as Vice-Chairman of the British Aikido Association.

**1974 Summer School.** This has been arranged to take place at the Leeds

Athletic Institute from 3rd to 10th August. The Coaches for the Course will be Mick Tracy, 2nd Dan, and Henry Harris, 2nd Dan both County Coaches. The course will cover Personal Performance and Coaching. All grades are welcome. The fee for the course only is £5.00 including lunch time snack. Accommodation fee £10.00 (including shared accommodation, bed and breakfast, evening meal and light supper). Deposit course only £2.50. Deposit course and accommodation £7.50.

Deposit payable on application and balance payable by 1st June to:— V. Vigrass, 9, East Parade, Harrogate Yorkshire HG1 5LS.

Cheque or postal order payable to B. Vigrass and crossed Summer School 1974.

**Midland Region Championships.** These will take place at Stratford-upon-Avon on 8th June 1974. Full details may be obtained from Brian Eustace, 368 Birmingham Road, Bishopton, Stratford-upon-Avon. All B.A.A. members may enter remember this is another opportunity to obtain promotion points, so no matter what your preference is Kata, Ninin-dori, Tanto Randori or Randori Kyoghi, get your names to Brian as soon as possible.

**National Championships.** Stratford-upon-Avon are the hosts this year and these championships will take place on 20th October. There will of course be further details.

**To JUDO LTD., 28 High Street, Tooting, London, S.W.17**

Please send me JUDO every month, for which I enclose remittance for £2.40 for twelve/£1.20 for six issues post paid.

Commence with ..... issue.

Name .....

Address .....

RENEWAL/NEW SUBSCRIPTION (Delete which not applicable).

## Learn from the Olympic medallists !

## Train with the champions !

## THE BUDOKWAI

**Advanced sessions :** Mondays, Wednesdays 8 - 9.30, Saturdays 3 - 5pm.

**Intermediate sessions :** Mondays, Tuesday, Thursdays Fridays 7 - 9.

**Beginners classes :** Tuesdays & Fridays 6 - 7.

**Womens classes :** Tuesdays 7.30 - 9.30 & Thursdays 7.30 - 9.30.

**Junior classes :** Thursdays 6.30 - 7.30 & Saturdays 10.30 - 12.30.

**KARATE CLASSES :** Tuesday & Fridays 8 - 10.00.

**AIKIDO CLASSES :** Saturday 4.00 - 6.30 & Mondays 8 - 9.30.

● **Instructors :-** C. Palmer, B. Jacks, S. Hoare, A. Reay, M. Hopkinson, K. Crickmar, J. Hindley, C. Child.

● **Champions :-** B. Jacks, A. Parisi, K. Remfrey, R. Inman, V. Morrison, J. Hindley, etc. etc.

**Visitors fees :-** 55p (dan grades & 15 - 17 yr olds 30p)

**Next gradings :-**

(start 2.30) May 5th — Men up to and inc. blue belts

June 2nd — Men 1st kyu and above

● All visitors and new members welcome. Fees on application to Manager.

**4, Gilston Road, London S.W.10.**

**Tel :- 370 - 1000/2088**