# BRITISH JUDO COUNCIL

237 Horn Lane Acton London W3 Telephone: 01-992 9454

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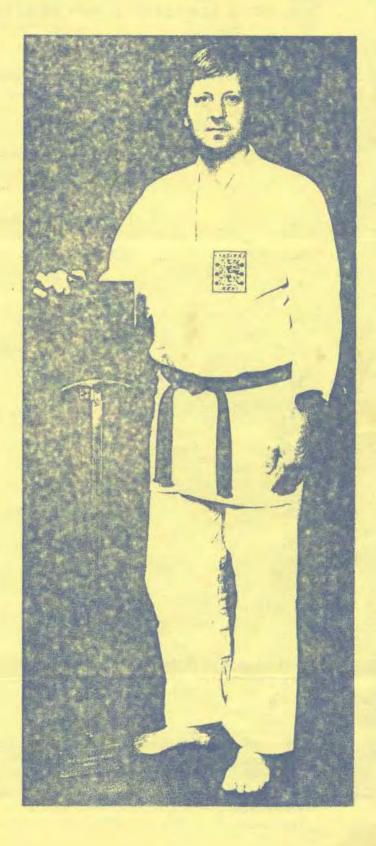
## NEWSLETTER



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AUGUST & SEPTEMBER 1979



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## FROM THE PRESIDENT

#### TIMES BETWEEN GRADINGS

During the past months I have been aware that the recent statement with regards to times between gradings has been received with consternation by many of our young judoka. The announcement was a personal ruling by myself and I intend this ruling to continue.

Traditionally in Martial Arts a grading was firstly an honour bestowed taking into consideration a person's spirit, integrity and character, and the last consideration was technical ability. Over recent years it seems to have become generally accepted that technical ability was sufficient for Eudoka to be graded.

We have an organisation that has taken many years to build, and together we have been proud to maintain traditional values. When my late father, or Abbe Sensei awarded grades they were in the position to know many members personally, and thus were able to take many things into consideration when awarding a grade to a member. It is not possible for me to have this great wealth of personal knowledge, and so I searched our past history for guidance. The time scale laid down was taken from Mr. Abbe's files from a period when he also did not have this personal knowledge of some of the people who were presented to him for gradings.

I am sure all are award that if we cannot have confidence that our grades are awarded in all good faith, then the foundation of the British Judo Council will be eroded, and that whilst the administration may be improving we could be building on shifting sands. It is with all this in mind that the time scale was introduced.

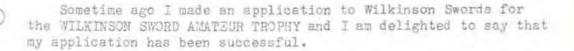
Having said that I would also like to say that firm rules may be tempered with moderation and good sense. I have been asked to say if the time scale is the same for members who come along to a dole to practise very irregularly as to a member who practises within his club, Area, on courses and so on. Well this is the sort of assessment I cannot make at a distance from a person who is recommended for a grade on ability alone.

I intend to continue with the traditional attitide, in that one full week's attendance at a National Summer School is worth three months of practise, and four days full attendance at St. Ives is worth two months practise. In addition to this I strongly recommend that irrespective of the time scale members still prepare and enter for gradings.

There will always be someone who is quite exceptional in both character and ability, to such an extent that rules will have to be broken to accommodate this exceptional person, and if those making recommendations for gradings can make a strong case to me, then I will give such recommendations serious thought.

In allowing a few members to make recommendations for gradings, it has never been my intention to merely 'rubber stamp' such grades. To do so would be to perform the greatest disservice to all our members. In order that this is not so, the time scale between gradings is very important to the future of the British Judo Council.

Robin O'Tani, President. WILKINSON SWORD AMATEUR TROPHY



The photograph opposite is of this magnificent Trophy - made by Wilkinson Sword's own craftsmen - has a 34" bi-convex blade in finest sword steel, etched with an intricate design and is engraved SWORD OF HONOUR IN MEMORY OF M. OTANI 8th DAN.

The hilt is modelled on a typical 14th Century weapon. It is gold plated with a rosewood grip. The sword, which is 42" in overall length, is mounted on a wall-plaque bearing a plate engraved with the words "The Wilkinson Sword Trophy".

You may be interested to know that 3,189 applications were made for one of these Trophies and that it has an insured value of at least £200.

I have decided that this Trophy should be donated to the British Judo Council to be awarded annually. The method by which members of the British Judo Council will be able to compete for this Trophy, I have yet to decide. But, you can be assured that it will be a system whereby <u>all</u> members will have the opportunity to gain this magnificent award.

It is hoped that once a system has been determined, that the presentation along with other awards; Club of the Year and Instructor of the Year may be made at a B.J.C. Dinner and Dance which could be held annually. The first one being at the end of 1979 - begining of 1980.

FRANK SKINGSLEY

## COMMITTEE REPORTS

## H.Q.C.

Report on the Headquarters Committee Meetings.

The HQC has met twice since the AGM. These meetings can take as long as eight hours, but a great deal of business is gone through, so perhaps you will agree that it was eight hours per meeting well spent, on your behalf.

Minutes of the meetings, after they have been agreed by the HQC, will be sent to Area Representatives, so if you want a detailed look at what goes on please ask at your Area Meetings.

The first meeting was taken up with implementing the instructions given by the AGM. Notable among this was that a sub committee has been set up to investigate the absence of certain financial records from 1976 & 7 from the office. As soon as this committee has a final report, it will be issued to the membership.

In accordance with the wishes of the AGM, the HQC has asked a solicitor to act on our behalf.

At the AGM it was put from the floor that there should be an intermediate level of competition, and the President has agreed with the HQC that there are no objections to intermediate events taking place with one of the stipulations of entry being age, in order that this intermediate level be accommodated.

A great deal of discussion revolved around the role of officers, their function, and also similar discussion with regards to the sub committees of the HQC. It is important for the future well being of the Council that people undertaking responsibilities should have a brief, and for the first time, perhaps, people are now working with a guide as to the authority they have.

Reports of sub committees are also contained in this issue of the newsletter, which will give the reader some idea as to the wide range of business that the HQC needs to discuss at its meetings. In addition to the policy making, more domestic matters need to be looked at; for example the HQC needed to authorise some urgent repair work to the fabric of the office at its first meeting; the Secretary reported that she was dissatisfied with the security in the office, and so authorisation was given to improve this.

Some of the work does not turn out to be quite as easy as originally envisaged. At the first meeting it was agreed that the office staff should have contracts of employment drawn up, and accordingly the Chairman, Secretary and Mr. Cheek met in the office for this purpose and a draft was sent to the Committee members. However, at the next meeting, the staff issued a statement to the effect that they found the contracts unacceptable, and had asked the advice of their Trades Union.

The next meeting will be held on 1st December 1979, any member, club or Area wishing to bring something to the attention of the HQC should write to the Committee at Head Office, before the next agenda is drawn up on 15th November 1979.

## FINANCE

The Finance Sub Committee of the Headquarters Committee met on 3rd September 1979. There were many items discussed and the following is a brief report.

Sufficient financial records have been returned to the office for an audit to take place, and an independent accountant has been appointed. When the audit is completed the accountant, Mr. Tejwani, will prepare enough copies to be circulated to all registered clubs.

There were fears expressed by members of the Committee that the income from membership had been affected by the concern shown at the AGM, and it is hoped that when members realise that our affairs are now in the hands of an accountant, and that an audit is currently taking place, these fears may be somewhat allayed. At the AGM it was put from the floor that there should be an intermediate level of competition, and the President has agreed with the HQC that there are no objections to intermediate events taking place with one of the stipulations of entry being age, in order that this intermediate level be accommodated.

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#### FINANCE cont...

As soon as the audit is completed it will be circulated throughout the BJC. Some discussion took place as to the fact that there was little administration during 1975-7, and the possible difficulties this could result in with regard to the legal obligations that the BJC faces, but the Committee felt that with the good offices of Mr. Tejwani these can all be dealt with during the coming year.

BJC Sales were discussed (a separate report is enclosed with the newsletter) and it was agreed to recommend to the HQC that now Sales has been re-established it would be possible to begin to extend the sales lines on offer.

Some consideration was given to promoting new sources of income, and one of the suggestions made was that in view of the fact that our badge has been marketed by other people, that a new insignia be designed, to be used as well as the badge. Suggestions from the membership as to new sources of income would be very welcome to the Committee.

One of the matters discussed was the value to the organisation of the National Squad, and it was agreed that ideally money should be available to the squad as a priority, but at present there are no funds that can be released for this purpose.

Report by Brian Caffary 3rd Dan, BJC Treasurer.

## EVENTS

Report of the Events Sub Committee of the HQC.

- National Senior Championships, 11th November 1979, at the Wirrina Stadium, Bishops Road, Peterborough, are being organised by the East Anglian Regional Committee, under the direction of Mr. A. Clark.
- The National Junior Championship, 30th March 1980, will be organised by the Peterborough Area Committee. The venue and details will be announced later.
- 3. Inter-County Championships, 21st October 1979, at the Northgate Arena, Chester. Fourteen Areas have entered for this event, they are: Newcastle; Cornwall; Oxfordshire & Berkshire; Cheshire; Lancashire; Leicester; Northampton; Hertfordshire; Buckinghamshire; North London; Kent; Yorkshire; Middlesex and Essex. So far not all of the competing Areas have informed the organisors H. Mundy and J. Mealing, as to the number of events they will be contesting. This causes problems as to accurate planning of the event.
- Yukio Tani Tournament, 11th May 1980. Venue, Northgate Arena, Chester. This is a grade for grade event with no weight categories.
- Inter-County Championships, 19th October 1980, provisionally booked for the Northgate Arena.
- 6. National Senior Championships November 1980. Actual date depends on availability of venue. The Newcastle Area has been approached with a view to staging this event.
- 7. OPEN INVITATION TO AREAS TO STAGE EVENTS FROM 1981 AND ONWARDS. Areas are cordially invited to apply for the management of National Events for 1981 and subsequent years. The closing date for application to stage any national event during 1981 is <u>31st DECEMBER 1979</u>. Areas should bear in mind that to mount a national event the following minimum requirements are a necessity:-
  - (a) Hall, 100 metres x 90 metres
  - (c) Refreshment facilities on site
- (b) Adequate seating for 500(d) Alternative recreation
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Areas should bear in mind that to mount a national event the following minimum requirements are a necessity:-

- (a) Hall, 100 metres x 90 metres
- (c) Refreshment facilities on site
- (b) Adequate seating for 500

(d) Alternative recreation facilities for junior are strongly advised.

Insurance for these events should be negotiated by HQ who should then invoice the organisors.

Report by G.R. Mealing 4th Dan, HQC Chairman, Chairman to the events SC.

## BJC SALES

Arrangements are being made for BJC Sales to extend its lines on offer to members. After a healthy year of trading we are now in the happy position to look at many new items which we hope will be of benefit to you and your members. A new catalogue will be sent to all clubs shortly showing the new items, but if there is anything you think we should stock please let us know about your ideas. So far we have been making arrangements for Judogis, metal badges, embroidered belts and an entirely new line in bags.

In the meantime I am sorry to say that it is proving almost impossible to obtain stocks of zorls at anything like a realistic price, and so this item is temporarily OUT OF STOCK. As soon as new stocks at the right price and quality have been obtained an annoucement will be made in the newsletter.

#### WEIGHING MACHINES

With 99% of competitions categorised by weight, the availability of a good weighing machine at a tournament is essential.

There are two basic types of machine, the cheap Bathroom Scale and the more expensive Sliding Weight Beam type.

The low price of the former allows little precision to be built into the scale, resulting in only an approximate reading to within 1kg or 21b at best. Indeed, when brand new, the manufacturers can only adjust the mechanism to the nearest 11b or 500 g. God help the scale after a few beefy Dan Grades have been weighed! Many an argument has been caused at a tournament by this imprecise instrument.

To be certain of an accurate reading, the Sliding Weight Machine must be used. This can record in Zoz or 50g increments, this being twenty times more precise than the Bathroom Scale. These machines are favoured by hospitals, but generally heavy and bulky, and are, therefore, inconvenient to transport to competitions.

H. Fereday & Sons Ltd., Weighing Machine Specialists of London, have developed a lightweight version which is sturdily made from aluminium castings and is easily transportable without damage. The scales are being offered at discounted rates to BJC Clubs. The enclosed leaflet gives details, and your enquiries may be directed to BJC Head Office where the staff will be pleased to answer any queries.

The genuine retail price of this machine is £150,00 plus VAT, but we are pleased to offer a special discount for our members and their associates of only £135,00 plus VAT.

Few clubs are able to make an immediate expenditure of this size without giving the matter serious thought, and with this in mind H. Fereday & Sons Ltd., are kindly giving the BJC the loan of three weighing machines for use at the SENIOR NATIONAL CHAMPIONSHIP, November 11th 1979. If you are interested please come along and see them at Peterborough.

#### TATAMI

AGILITY SPORTS LIMITED are again donating the tatami for the Senior National Championship, on November 11th 1979, at Wirrina Stadium, Bishops Road, Peterborough. Information will be available, as usual, about these latami at the event.

The British Judo Council would like to thank both the above companies for the support for our National Senior Championship 1979.

## Dress & Hygiene

Judo is a sport in which there is very close body contact; so dress and hygiene apart from showing your respect and attitude towards the sport, demands, as a matter of common courtesy, consideration for the people with whom you will be working.

Let us talk first about dress: your judo gi is made from 100% cotton and is thereby completely washable; so please make certain your gi is clean and pressed. Can you imagine anything worse than a dirty, greasy gi being held against your face, or any other part of your anatomy - come to that!! Ladies, if you wear a tee-shirt beneath your gi, please keep to a white one, no matter how clean, a coloured tee-shirt, once crumpled a little, always, somehow looks grubby.

Moving onto hygiene, and a few relevant do's and don'ts. It goes without saying that your body and hair should be clean; as should your teeth. Do keep your toe and finger nails short and clean, and ladies please remember to remove any clips, slides or pins which may be securing your hair in position. If your hair is long, tie it back. No jewellery of any kind is permitted on the tatami, so remember also to remove any rings, watches and earrings. As you well know they are very dangerous, not only to your partner, but also to you.

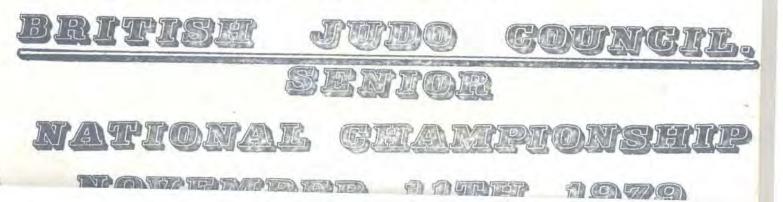
Staying with the ladies for a while - girls please, please do not wear make-up on the tatami. It is sheer murder to get out of a jacket! Also for goodness sake do not wear nail varnish either, be it on your feet or your fingers. A flash of red, or bright pink, can be most disconcerting as you move, and when it chips (as it will) the flakes look rather like blood spots on the mat. Also please, NO FALSE EYELASHES - you may alugh, but I have actually seen them worn on the mat. And when they come off, nothing, but nothing clears the mat quicker! They look like some 'orrible creepy crawly thing, so please leave them at home. Perfume can be a problem too at times. If you do choose to wear a perfume, keep it light and regular and remember - a little goes a long way! Do use a deodorant too, also it is preferable if this is unperfumed. Aftershaves and perfumes simply do not mix well with perspiration; I am sure that all of you, men and women will agree with this.

Gentlemen, a word in your ear also if I may make so bold: if you do wear an aftershave for judo practice, please use it sparingly and choose a light not a heavily scented one. There is nothing effiminate about a deodorant either, look at Henry Cooper, but don't take his advice and splash it all over!!!

Having pushed my luck thus far I might as well make another suggestion, a plea (I was going to say from the heart, but in view of the plea, that phrase may well be ill-chosen!) Gentlemen, please, Oh please do shave before judo. You can have no idea just how sore a bristly chin can make a lady's skin. Just as the perfume on your neck can take some explaining to the uninititates - so too can a reddened face!! Believe me - I know.

I do appreciate that I am probably preaching to the converted - so we ask you to set the example and pass it on to others. The BJC is known for it's courtesy and cleanliness, as well as the fine judo it promotes - so let us keep it this way.

Carol. M. Clark (W. Suffolk & Cambridgeshire)



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Carol. M. Clark (W. Suffolk & Cambridgeshire)

## NATIONAL YOUTH SQUAD

The British Judo Council is extending the National Squad with the formation of a National Youth Squad.

The National Youth Squad will provide a pool for the National Squad at first, but it is intended to make every effort to provide the Youth Squad with tournaments in Europe as soon as possible.

After a great deal of discussion by the managers of the National Squad, it has been decided that rather than initiate a Youth Squad by a selection procedure, there is much to be gained by beginning with the most interested people, therefore applications are invited from anybody, aged 16 to 21 years inclusive, holding a grade of 3rd Kyu (green belt) and above.

If your club has any students who are interested in becoming a member of the National Youth Squad, please get the student to send the following details:-

Name, Address, Age, Grade, Club (& Instructor)

to:

Mr. F. Skingsley, 51 Salisbury Road, Manor Park, London E12 6AA. (telephone 01 553 5232).

All applications should be received by Mr. Skingsley by 30th October 1979, enclosing a stamped and addressed envelope please.

Members will be notified of the first training session by post, and future newsletters will contain news of the National Youth Squad. If your club has any students who are interested in becoming a member of the National Youth Squad, please get the student to send the following details:-

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#### newsletter subscription form

The Newsletter is available on an annual subscription to members. Please complete the form below, and return with £3.00 (postal orders or cheques only please) to BJC, 237 Horn Lane, Acton, London W3 9ED. Please make your cheques payable to the British Judo Council.

Name	Name
Address	Address
	************
**********************	
18 00 minimum Inneral order emity	£3.00 cheque/postal order encl:

### Directory

During the past couple of weeks you should have received a Directory of the British Judo Council through the post. As yet the Directory is only provisional, but when all corrections and amendments have been made the Directory will be issued annually.

If there are any corrections to be made to the Directory please notify Head Office, but AFTER you have taken the following into consideration:-

- The list of Dan Grade members comprises only those Dan Grades who have renewed their membership since 1978, any who were lapsed before then and have not since renewed are not entered into the Directory.
- 2. The Dan Grade register is complied annually, from the applications for renewal which are received in the office. The office staff often recognise that an application has been received from a Dan Grade but who have not stated this on the renewal form, but the saley can be made in the
  - register, however the office staff do not accept responsibility for the non-inclusion of any Dan Grade who did not give his/her grade on a renewal form.
    - In order that all Dan Grades who are paid-up members are included in the Directory please ensure that renewal forms are correctly completed.

3,

The club list contains only registered clubs. The classes that are run in schools, both in the public and private sector are not listed.

#### OBITUARY

## MR. BERT SHILLINGWORTH

It is with great regret and a very deep personal sadness that I have to report the death of Mr. 'Bert' Shillingworth, 2nd Dan.

Bert was the Instructor at the Willows (formerly the Wyvern) Judo Club in south west London. He also was the Judo Examiner for the London Borough of Merton in the Duke of Edingburgh Award Scheme.

Bert Shillingford was deeply respected and really loved by everyone who had the privilege to train under him. I came into Bert's (or Pop, as I always called him) care as a white belt: I was trained by our late Master and Bert throughout my judo, and I was still learning from him.

Bert leaves behind him a host of happy memories and many fine dan and kyu grades to carry on his teachings, which continually brought him favour from our late Master.

Mr. Shillingford was a quiet, thoughful and considerate human being, and with a wonderful ability to make you continue to believe in yourself, when it seemed that everything that could go wrong was going wrong. The loss of such an instructor and member to the BJC is very great indeed; but the loss to his pupils, among whom I am proud to be numbered, is incalculable.

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Bert leaves behind a wife and son, Michael. To them we all extend our deepest sympathy.

Carol M. Clarke 2nd Dan



Reprinted from 'The Observer', (Bognor Regis) Friday August 10, 1979

# Judoka bow into battle

With a quick movement of an arm and a deft shuffle of the feet, a fully grown man flew through the air and landed that on his back looking ap at his assailant . a girl in her early 'teens.

A wry grin crossed the girl's face as the pair straightened themselves up and bowed politely to each other. The action had taken place within the batting of an cyclid and in complete silence.

This impressive display of strength and mental and physical discipline was only part of a strenuous week-long national judo course being held at the Aron Leisure Centre in Bognor. More then 100 juniors — the youngest combatant being only seven years old — and seniors from beginners to black belts, are in town for their annual summer school.

The organizers, the British Judo Council, follow the Japanese method for their art and oriental master Takara (bluek belt cighth dan) has been putting the students through their paces this week

#### GROWING POPULARITY

As more bodies thadded to the floer an organizer confirmed that judo is growing in popularity with youngsters. "Most children take it up as an active sport, but it is highly disciplined and requires great mental stability," he said. This is the first time the summer course has been held in

This is the first time the summer course has been held in Bognor, but a spokesman for the group said they hopsel to make it a regular event in the town. Enthusiasts have come from as far as Lancashire and Wales for the course, but youngsters from Bognor's Judo Club are also taking full advantage of this additional training.

They are among the hopefulls who are keen to go up a tage in the complicated world of belts and dans when grading takes place on Saturday morning.

# THANK YOU

The British Judo Council would like to thank our sponsors for the forthcoming NATIONAL TEAM CHAMPIONSHIPS to be held in North Shields on 29, 9, 79

they are :-

T. YOUNG, SAILMAKERS of N. Shields

and

P. &. T. SPORTS, WALLSEND, N. Shields

## Refereeing:

Having suffered for many years at the hands of referees doing a good job in the wrong way, I have committed myself to raising certain points and, if necessary, answering questions whether they are B.J.C. or otherwise.

First of all, very little stands still. I have no faith in outmoded concepts; referees have a duty to the contestant and that duty must be foremost in his mind.

Firstly let us examine the role of the judge. He/she (hereafter referred to as he) is there to ensure that the contest runs according to the rules. He will make it known to the referee if he disagrees with a decision but after the referee makes his. He does not signal at the same time as the referee. If both judges disagree with the decision one judge then approaches the referee and makes their decision known to him. (Majority of three rule.)

A judge makes all the line signals. The referee who will not be situated on a line i.e. the outside area of the one metre red mat, (if such a mat exists) depends on the judge for this signal. Let us look at the qualification for throws in and off the mat area. Assuming of course that a safety area also exists.

Contrary to the beliefs of many people a throw off the mat area does not refer to where Uke is thrown. It means (and I apologise to those who already know, but there are obviously many who don't), that a part (any part) of the throwers body has touched the safety area before Uke has landed. Exceptions are:-

- (a) when O-Uchi or Kouchi Gari is being performed and the attacking foot lightly brushes over the safety area;
- (b) when part of a foot is on the safety area but remains in contact with the contest area.

When one or both of the contestants leaves the contest area the referee should decide whether or not:-

- (a) it was intentional (to avoid an approach);
- (b) accidental (moved out because of his opponent's attack;
- (c) deliberate (pushed out by opponent and moved out with the attacker.

Only (b) and (c) may be penalised.

During a throw when one or both contestants leaves the area the line judge must signal whether or not the throw was in or out. Remember this means 'Did Tori throw from the contest area?' If so, the judge should raise his arm in the 'karate breaking a brick style'. If not, a waving signal similar to wazari should be made. The referee on confirmation of the signal makes his decision accordingly. If he is in disput with the linesman he should consult the linesman concerned. Don't bring the other linesman into it . how could he know the position? SITUATED ON a line is the output of on on ----

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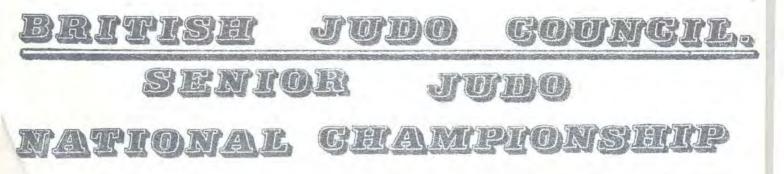
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#### Are You a Bat Banger ??

Many times have I seen judges who, in order to attract the referee's attention clap together their bats. Now it is quite obvious why this is incorrect, and that is one good clap usually brings about a swivelling head from the referee. Ippon has been known to have occurred during this ludicrous situation. I have actually heard a referee apologise because he had not seen the throw. Please, if it is necessary, and referees need all the ehlp they can get, get up and walk to the referee. He can then make up his mind if he wishes to temporarily stop the contest.

#### A few points on scores

Please note that all throws in order to score must be done with some considerable force. Therefore: Koka, when Uke lands on his girdle area i.e. stomach, backside or thigh.

Yuko, quite definately when Uke lands on his side or when Tori has executed a good throw and Uke has rolled, e.g. Tomoenage, Wazari, this is always a near Ippon.

Ippon is quite definately when Uke lands flat on his back. Height has nothing whatsoever to so with the clarification of the score. It usually, of course, has a bearing on the result.

Anomolies. When Ouchi-gari and similar techniques are performed Uke occasionally lands first on his backside and then perhaps on his back. If this happens very quickly then wazari should be the correct score to award. Likewise, a score of Yuko for a continuation of the throw onto Uke's side.

#### Pickups, grabs etc.

Over the years clarification has given us better definitions of what is or is not a recognisable throwing technique. However, the rule that to enter groundwork a recognisable technique must be performed has never changed. What has happened is that clever Judoka have thwarted the observations of referees and judges. So therefore:- a pickup should only score if (a) Uke lands in a scoring position and (b) the throw was fast and continuous.

Grabs: here again, the rule has never changed. Holding below the belt is not allowed. Only if Tori makes an attack which <u>immediately</u> has success will a throw count.

The referee should, of course, call matte if a contestant is only holding the trouser leg. A successful grab is when a throwing action is being performed. Holding the trouser leg would then be allowed.

#### Grabbing a leg from the ground is not allowed

Again, an old rule clarified. To enter into groundwork a recognisable technique must be performed.

Well, I think this is enough to go on with. From time to time and if asked, I will endevour to straighten out the finer points of refereeing and contesting. Remember it is your duty to know the rules before contesting. If however, during a contest, you realise you know more about refereeing than the referee, start whistling 'Dixie' and tell him you are a Fourth Dan, it'll work miracles. nothing whatsoever to so with the clarification of the score. It usually, of course, has a bearing on the result.

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The Incredible Sulk.

PETERBOR



venue;



AREA NEWS

## STAFFORDSHIRE

#### North Staffordshire Area BJC Open Senior Tournament 1979

10.00 am, Sunday 4th November at Northwood Sports Stadium, Cromer Road, Northwood, Hanley, Stoke on Trent, Staffordshire.

Please send entry forms to Mr. R. Knapper, 40 Westland Street, Penkhull, Stoke on Trent ST4 7AD. Make all cheques/postal orders payable to Mr. Knapper.

Closing date for entries is 22nd October 1979. Club members should apply together to help prevent being drawn together in the early rounds. Please appoint a Team Manager.

#### Conditions of Entry to Contest.

BJC Contest Rules... within limits of mat areas, Ippon or Waza-ari to score. Yusei gachi to rule of three with extra time if necessary. Where 'pooling' takes place, should competitors score a similar number of wins, then the following points will decide:- 10 Ippon, Sogo-gachi; 7 Waza-ari; 1 usei-gachi. Competition is otherwise on a knock-out basis with contests

of 3 minutes duration, (four minute finals) except categories C, F and I which will be of four minutes duration (five minute finals).

Competitors must wear clean judogi, correctly adjusted with the highest grade belt awarded them.

Competitors are advised that a donation of £1.00 PER PERSON towards the cost of trophies should be included with the entry form, and that they may enter only one category plus the optional 'Open' event.

The organisors reserve the right to cancel, amalgamate or pool categories if such action is deemed necessary.

No responsibility for injury, loss or damage to person or article of property can be accepted by the organisors.

#### Categories

Men	Under 70 kilos	6,5,4 Kyu 3,2 Kyu 1st Kyu 1st Dan	A B C D
	70 - under 85 kilos	6, 5, 4, Kyu 3, 2 Kyu	DE
		lst Kyu 1st Dan	EFG
	85 kilos and over	6, 5, 4 Kyu	G
		3,2 Kyu 1st Kyu, 1st Dan	H I
	Open	Open	J
Women	Under 60 kilos	6, 5, 4, 3 Kyu	K
		2nd Kyu and over	K L
	60 kilos and over	6, 5, 4, 3 Kyu	M
		2nd Kyu and over	N
	Open	Open	0

When sending in entries please PRINT your name, and state the category you wish to enter and indicate YES/NO whether you wish to be included in the 'Open'. Do not forget to include the cheque, and the name of the person to whom the receipt should be sent on behalf of your club.

## NEWCASTLE

#### NORTHERN AREA BRITISH JUDO COUNCIL

#### NATIONAL TEAM CHAMPIONSHIP

at Ralph Gardner School, North Shields, on Saturday 29 September at 6, 30pm

Tickets are available from:

Mrs. E. Kenny, 17 Whittingham Road, Broadway Estate, Tynemouth, Tyne & Wear.

#### COME ALONG AND SEE THE NATIONAL SQUAD FIGHTING

The Newcastle & Northumberland Area are really looking forward to entertaining the members of the National Squad who have been chosen to fight in the forthcoming Northern Area National Team Championship. The North Shields East End Boys Club feels very honoured to be able to have the 'stars' of the BJC along for meals and accommodation during this weekend.

On 14th and 15th July, Harry Mundy 4th Dan, came to the North East for an Area course and grading which attraced 140 Judoka. Even the sun came out to welcome Harry, and as this was his first visit in the summer we were able to show him our beautiful coast line. After two days of a super and enjoyable course everyone went away to start or get ready for their summer holidays. THANKS A MILLION HARRY.

Report by E. Kenny 3rd Dan, Area Representative.

## HERTS.

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ST. ALBANS JUDO CLUB INVITES BJC MEMBERS TO A COURSE The St. Albans Judo Club has organised a course and grading with

#### MICK PLAYER 4th Dan.

Mr. Player is the National Squad Manager, a Registered Course & Grading Officer of the British Judo Council, Area Representative for Hertfordshire, and also a member of the Headquarters Committee.

The course begins on Saturday, after lunch, and continues all day on Sunday. The grading will be open to all grades from beginners to 3rd Dan.

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The course begins on Saturday, after lunch, and continues all day on Sunday. The grading will be open to all grades from beginners to 3rd Dan.

Any profits from this course will be used for the St. Albans Judo Club Building Fund.

Full details are available from Mr. P. Hummarton, 27 Chiscos's

## NORTH LONDON

North London BJC is holding its 5TH ANNUAL JUDO TOURNAMENT on Sunday 28th October 1979, At Brooke House School, Upper Clapton, London E5.

This event is for Junior and Senior competitors.

Entry Fee:- 75p for Junior and £1.25 for Senior competitors respectively. (To be enclosed with the entry form)

> 25p entrance fee for all spectators and competitors. (To be paid on the day)

Closing date for entries :- 7th October 1979. Cheques and postal orders payable to North London BJC.

Judoka, either with lapsed membership, or wishing to enrol with BJC may do so on the day.

BJC membership fee: £1.50 for Juniors & £2.50 for Seniors, renewal fees are £1.00 for Juniors and £2.00 for Seniors, per annum.

Refreshments will be obtainable, and changing room and showers will be available for competitors.

The Finals will commence at 4.30pm.Weighing In begins at:-JuniorsSeniors10.00 am.10.00 - 10.30 am.

People willing to act as Referees, % Timekeepers or Recorders, please enter particulars in the relevant space on the entry form.

A meeting of all Officials will commence on the day at 9am, sharp.

Each club participating should ensure that, as far as possible, a Referee or helper (or both) from the club, are in attendance.

All forms to be returned to Mr. F. McKersie, 21 Inglesham Walk, Trowbridge Estate, Hackney, London E.9. Entry forms are available from either Mr. McKersie, or the BJC Head Office, 237 Horn Lane, Acton, London W3 9ED.

Important :

BJC Membership Books are to be shown. NO coaching from the sides. NO noise will be permitted during the contests. Total number of entries shall be limited. The Organisors reserve the right to amend the rules.

The categories are as follows :-

Juniors (Boys & Girls have separate categories). Under 30kilos, under 37 kilos, under 42 kilos, under 49 kilos, under 56 kilos, under 63 kilos and over 63 kilos.

Seniors: The weight categories are Light (under 67 kilos), Middle (under 73 kilos) and Heavy (over 73 kilos). These weights are further divided into: 6, 5, 4, & 3rd Kyu; 2 & 1Kyu; Dan Grade, Open Kyu Grade and Open Dan Grade.

## SUSSEX

The very first Sussex AREA Championships was held on the 8th July at Shoreham Grammar School by courtesy of Mr. W.H. Gervais, Headmaster.

The venue was well attended by Junior members and enthusiasm ran high, which was reflected in some excellent Judo techniques from both junior and senior contestants.

Many thanks to those officials who gave freely of their Sunday: Tony Moore, Yo Dan (Area Representative); John Hill, San Dan; Frank Wilkes, Ni Dan; Jock MacCormack, Sho Dan; Ian Whitehurst, Ik Kyu; and many others without whose help the day would not have been such a success.

#### SUSSEX

Medal Winners

Under 30 kilos: Gold, N. Eardley, Bushidokwai; Silver, A. Mulrooney, Ki-No-Nagare-Aiki; Bronze, S. Pettit, Ashington, and D. Pettit, TMG. Under 35 kilos: Gold, Q. Haines, Ki-No-Nagare-Aiki; Silver, J. Bant, Ki-No-Nagare-Aiki; Bronze, A. Hall, Arun and C. Staples, Ashington. Under 40 kilos: Gold, K. Platt, Ki-NO-Nagare-Aiki; Silver, C. Sargent, TMG; Bronze, G. Ford, Kyu-Do-Kwai and M. Iremonger, Kyu-Do-Kwai. Under 45 kilos: Gold, C. Lelliott, Ki-No-Nagare-Aiki; Silver, A. Raynor, Arun; Bronze, C. Wright, Kyu-Do-Kwai, and M. Furze, Kyu-Do-Kwai. 55 kilos and over: Gold, J. Baker, Ki-No-Nagare-Aiki; Silver, T. Moore, Kyu-Do-Kwai; Bronze, M. Reed, Arun, and P. Humphries, Arun. Young Men's 16-18years, up to 4th Kyu: Gold, Nasserford, Kyu-Do-Kwai; Silver, M. Sweetman, Kyu-Do-Kwai; Bronze, N. Penniston-Bird, TMG, and A. Bloom, Kyu-Do-Kwai.

Young Men's 16-18 years, up to 1st Kyu: Gold, D. Davies, Kyu-Do-Kwai, Silver, F. Oguntikan, Kyu-Do-Kwai; Bronze, S. Onabanjo, Kyu-Do-Kwai and J. Duggan, Kyu-DO-Kwai.

Men's Open: C. Goy, Bushidokwai; Silver, J. Duggan, Kyu-DO-Kwai; Bronze, J. Bartlett, Arun, and F. Oguntokan, Kyu-Do-Kwai. Young Women's 55 killos: Gold, D. Burton, Steyning; Silver, N. Oliver, TMG.

The Arun Club and the Bushidokwai between them have contributed to a Challenge Cup, The O'Tani Trophy. The first competition was won by Arun, 107 points to 98. The second by the Bushidokwai, 113 points to 99.

The next SUSSEX AREA COMMITTEE meeting will be held on the first Sunday in September at 81 Arundel Road, Worthing, Sussex.

## SOUTH WALES

The structure of the South Wales Area Committee is as follows:-

Technical Advisor:	Mr. John Heppenstall 4th Dan, 10 Slade Road, Barry, Glam.
Administrative Representive:	Mr. R. Baldwin, 100 Ashcroft Crescent, Pentrebane, Cardiff.
Yudanshakai Secretary:	Mr. P. Daniels, East View, St. Brides Road, Wick, Cowbridge CF7 70B
Treasurer:	Ms. P. Tipping, 29 Park Street, Bridgend, Glamorgan.

All BJC information should go to Mr. Baldwin, Mr. Heppenstall is Chairman of the Yudanshakai and also the technical advisor. All events are organised by the Yudanshakai, and Mr. Baldwin is answerable to the Yudanshakai, thus making the Area Representative, as in the old way, redundant.

Information required by Judoka visiting the Area is available from Head Office records, that is clubs in the BIC in Wales, nights of practise etc.

Mr. Heppenstall is available for coaching, if required, and any applications for his help should be made directly to him, but all future administrative activities in future should be directed to the democratically elected TMG.

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Report on Mr. 1. Wannamst, H.

## HANTS and DISTRICT

**RESULTS** of the British Judo Council's Hampshire and Isle of Wight junior area championships at Redbridge Sports Centre. Southampton.

BOYS Under-25 kilos 1, Darren War-ton: 2, Timothy Complex 3, Peter Bogers and James Scurr. Under-32 kilos 1, Richard Gay; 2, Andrew Wilson; 3, Peter Cole and Mark Parrett

Cole and Mark Parvett Under-38 kilos; I. Authouy Rose; 2. Karl Magee, 3. David Chinn and Michael Doldurg, Uoder-44 kilos; I. Stephen Williams; 2. Kevin Penny 3. Trevor Glussponi and Richard Clufford Clifford

Under-30 kilov: 3, Peter Cal-loway: 2, Michael Cradduck, 3 Edmand Walters and Gerald Maher

Under Si kilos 1 Brian McKec, 2 Rubert Dodds, 5, Graham Willis and Courge

Over 57 kills and Cearge Benderson. Over 57 kills: 1, Linders Stratton; 2, Shash Coltell: 3, Mare Boberts and Andrew Stickland

Stickland. Open championships 1. Lindsry Stratton 2. Steven Williams: 3. Edmund McKee. GIRLS Under-29 kilos. 1. Metamia Shaw: 2. Karen Crawfurd, 2. Emma Datie and Tina Vita-merald gerald

Under-40 kilos: 1, Susan Dolding, 2, Paula Spears, 3 Knoberley MacAdam and Tura

Kinoberley MacAdam and Tina Murrin. Over 40 kilos: I., Karen Har-ket, Z. Marie Taylor: 3. Connie McGinley and Julie Adcock. Open: I. Sulie Adcock: 7. Marie Taylor 3. Surah Barthett and Catherine Lawrence.

The first Annual Regional Junior Championships were held at the Gressett, Southampton on Sunday 10th June 1979. About one hundred junio rs came together to compete for a very nice display of awards. The first category started on time at 10am and within a short time all the mats were in use.

Thanks to the hardworking referees, timekeepers and officials the whole day went smoothly, ending promptly at 4. 30pm.

I would like to congratulate all the competitors for both the good judo and etiquette that the spectators enjoyed; and hope they will all return next year.

Our Senior Championships are set for 14th October 1979, and full details are available from Mrs. S. Hobbs (Area Secretary), 51 Methuen Street, Inner Avenue, Southampton.

Club Results	Gold	Silver	Bronze
Salisbury	4	2	2
BJC(Southampton)	3	3	12
Southern Oriental	2	3	4
Southampton Samurai	2	3	4
Hythe	1	-	1
Norwood	-	L	1

Report by Manuel Ceballos. \$79012

#### CORNWALL

CORNWALL AREA INVITES BJC MEMBERS TO THE PRESIDENT'S COURSE & GRADING OCTOBER 13th and 14th 1979

There will be a President' Course on October 13th & 14th at Carn Brea Leisure Centre, Redruth, Cornwall for both Seniors and Juniors, and incorporating a Senior Grading.

The course fees, which are the same for the Cornwall Area members and visitors from outside the Area, and for either one day or two, are as follows:-

Seniors	-	£2,50 plus grading £1,00 extra
Juniors	-	£1,50

Both Juniors and Seniors amy train from 10am to 5pm each day.

If you require further information, please contact Mrs. Pat Charlwood, 21 Clinton Road, Redruth, Cornwall. Telephone Redruth (0209)218297.

We shall be very pleased to welcome as many visitors as possible.

Although the Senior members in Cornwall seem to remain rather static, the amount of activity amongst them certainly has increased over the past couple of years. Participation in events throughout the country being usual now and with a good number of medals coming back to Cornwall, proving that we are as good here as anywhere else. A full report on the recent AJA Championships at Ivybridge was given in the Area Newsletter recently, and an excellent result for Cornish Judo.

# BRITISH JUDO COUNCIL

237 Horn Lane Acton London W3 Telephone: 01-992 9454

#### NATIONAL DIARY issued September 1979

	ibbuca population 1777
OCTOBER	
8th	PETERBOROUGH TEAM CHAMPIONSHIPS ARE POSTPONED
	until early 1980. Would all holding trophies please return them
	as previously arranged to Mr. A. Clark, as below.
13/14th	
15/1410	CORNWALL - PRESIDENT'S COURSE & GRADING
	Full details in September Newsletter 1979.
13th	SHIEL PARK SENIOR CHAMPIONSHIPS. Details from Mr. L.
	Drilsma, 67 Sutcliffe St., Kensington, Liverpool L6 6AS.
l4th	ESSEX AREA SENIOR CHAMPIONSHIPS. Details from Mr. J.
	Strode, 1 Raphaels, Basildon, Essex.
14th	MIDDLESEX AREA SENIOR GRADING. Details from Mr. A.
	Carter, 16 Osborne Road, North Watford, Hertfordshire.
21st	NATIONAL INTER COUNTIES CHAMPIONSHIPS. Details from
-101	
27/2011	Mr. G.R. Mealing, 31 Church Street, Southport, Lancashire.
27/28th	HERTFORDSHIRE COURSE & GRADING under the direction of
	MICHAEL PLAYER 4TH DAN (NATIONAL SQUAD MANAGER)
2.2.2	Full details in September 1979 Newsletter.
28th	SUFFOLK JUNIOR CHAMPIONSHIPS, the Denes Holiday Village,
	Kessingland, near Lowestoft, Suffolk, at 10.00am.
28th	NORTH LONDON ANNUAL JUDO TOURNAMENT. Full
	details in the September 1979 Newsletter.
28-3rd Nov:	SUFFOLK ARE RESIDENTIAL (JUNIOR) SCHOOL OF JUDO
00-01d 100V.	
	Details from Miss S. Abbott, 21 Leona Crescent, Carlton
	Colville, near Lowestoft, Suffolk. The school is held in the
	Denes Holiday Village, Kessingland, near Lowestoft, Suffolk.
NOVEMBER	
Ist	ESCEV SENIOD CDADING Rom at Van Chin Van Dataile from
100	ESSEX SENIOR GRADING 8pm at Kyu Shin Kan. Details from
442	Mr. J. Strode, as above.
4th	CORNWALL AREA ANNUAL GENERAL MEETING for all
	Judoka in the Area, at Carn Brea, 10am. Will all intructors
	please ensure that their members know of their democratic
	entitlement within the administration of the Area.
4th	NORTH STAFFORDSHIRE AREA OPEN SENIOR CHAMPIONSHIP
	Full details in September 1979 Newsletter.
llth	NATIONAL SENIOR CHAMPIONSHIPS, Details and entry forms
	have been circulated to all BJC clubs; more entry forms are
	available from either HQ or Mr. A. Clark, 45 Pioneer Caravan
	Park, Eye, Peterborough. Closing date for entries 22, 10, 79.
24/25th	
ar/ com	YORKSHIRE AREA COURSE & GRADING under the direction of
	MR. PETER GARSIDE 4TH DAN. Details from Mr. C. Kendall.
	Grafton Grange, Grafton, Boroughbridge, Yorkshire.
24/25th	INTERNATIONAL TOURNAMENT IN PARIS The National Squad
	will be sending a team of men and for the first time a team of
	ladies, to Paris to fight. The date has yet to be confirmed, and
	it could be put back to 1/2nd December. Mr. Player will be
	notifying the squad as soon as possible for all details.
	A CONTRACT OF A CONTRACT OF A CONTRACT OF A CONTRACT
DECEMBER	the second s
9th	MIDDLESEX AREA SENIOR GRADING. Details from Mr. A.
	Carter, as above.
8/9th	PRESIDENT'S NATIONAL COURSE & GRADING PETERBOROUGH
199.99	Details from Mr. A. Clark, as above. This course is always
	heavily booked, so please apply early to save disappointment.
16th	MIDDLESEX AREA JUNIOR GRADING details from A. Carter.
	THE REAL PROPERTY OF THE PARTY

	IVAA VAAA LAANAA A MARAA
	Full details in September 1979 Newsletter.
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NOVEMBER	
Ist	ESSEV SENIOR CRADING from at Von Shire Von Dataila from
190	ESSEX SENIOR GRADING 8pm at Kyu Shin Kan. Details from Mr. J. Strode, as above.
4th	CORNWALL AREA ANNUAL GENERAL MEETING for all
TUI	Judoka in the Area, at Carn Brea, 10am. Will all intructors
	please ensure that their members know of their democratic
	entitlement within the administration of the Area.
4th	NORTH STAFFORDSHIRE AREA OPEN SENIOR CHAMPIONSHIP
TOT	Full details in September 1979 Newsletter.
llth	NATIONAL SENIOR CHAMPIONSHIPS. Details and entry forms
1 1 545	have been circulated to all BJC clubs; more entry forms are
	available from either HQ or Mr. A. Clark, 45 Pioneer Caravan
	Park, Eye, Peterborough. Closing date for entries 22. 10.79.
24/25th	YORKSHIRE AREA COURSE & GRADING under the direction of
	MR. PETER GARSIDE 4TH DAN. Details from Mr. C. Kendall.
	Grafton Grange, Grafton, Boroughbridge, Yorkshire.
24/25th	INTERNATIONAL TOURNAMENT IN PARIS The National Squad
	will be sending a team of men and for the first time a team of
	ladies, to Paris to fight. The date has yet to be confirmed, and
	it could be put back to 1/2nd December. Mr. Player will be
	notifying the squad as soon as possible for all details.
DECEMBER	
9th	MIDDLESEX AREA SENIOR GRADING. Details from Mr. A.
7 WAA	Carter, as above.
8/9th	PRESIDENT'S NATIONAL COURSE & GRADING PETERBOROUGH
	Details from Mr. A. Clark, as above. This course is always
	heavily booked, so please apply early to save disappointment.
lóth	MIDDLESEX AREA JUNIOR GRADING details from A. Carter.
	CHARLES WIT FROM TO COMPANY SALES AND ADDRESS AND THE CHARLES A

The events arranged for 1980 are overleaf.

If your Area or Club wishes to advertise in the Diary, please send details to Head Office.

237 Horn Lane Telephone: 01-99	Acton London W3 92 9454 NATIONAL DIARY 1980 issued September 1979
JANUARY	ISLE OF MAN - PRESIDENT'S COURSE & GRADING Details from Mr. W. Birtles, 25 Fairfield Avenue, Banachurry, Isle of Man.
FEBRUARY	16/17th. NORTH WALES - PRESIDENT'S COURSE & GRADING Details from Mr. J. Williams, 'Kyu Shin Do', 32 Ty-Croes, Llanfair P.G., Anglesey, North Wales.
MARCH	8/9th. BEDFORDSHIRE - PRESIDENT'S COURSE & GRADING Details from Mr. D. Tibbett, .29 Appleby Gardens, Dunstable, Bedfordshire.
, 30th	NATIONAL JUNIOR CHAMPIONSHIPS 1980 - PETERBOROUGH Full details will be announced in early 1980
APRIL	4th - 7th. THE ST. IVES ANNUAL EASTER COURSE 1980 Full details will be announced in early 1980
	NORTH EASTERN REGIONAL PRESIDENT'S COURSE & GRADING Full details will be announced in early 1980
MAY	11th YUKIO TANI TOURNAMENT, NORTHGATE ARENA, Chester. Full details will be announced later.
	ESSEX - PRESIDENT'S COURSE & GRADING To be confirmed.
JUNE	8th THE BRITISH JUDO COUNCIL ANNUAL GENERAL MEETING AND ELECTION OF HEADQUARTERS COMMITTEE. This meeting and voting is open to every full member of the British Judo Council.
AUGUST	NATIONAL SUMMER SCHOOLS Full details will be announced in early 1980
SEPTEMBER	WILTSHIRE - PRESIDENT'S COURSE & GRADING Full details will be announced in 1980
OCTOBER	19th.NATIONAL INTER COUNTIES CHAMPIONSHIPS Provisionally booked for Northgate Arena, Chester. Full details will be announced in 1980
NOVEMBER	NATIONAL SENIOR CHAMPIONSHIPS The date will be announced as soon as possible.
DECEMBER	PETERBOROUGH - PRESIDENT'S COURSE & GRADING Full details will be announced in 1980.
1981	ALL AREAS ARE INVITED TO APPLY TO MOUNT A NATIONAL EVENT IN THEIR AREA, APPLICATIONS TO BE SENT TO HEAD OFFICE, TO BE RECEIVED BY 31ST DECEMBER 1979.
	BOOKINGS WILL NOW BE TAKEN FOR THE PRESIDENT'S COURSES IN 1981. NO COURSES ARE AVAILABLE FOR 1980. DUE TO INCREASED TRAVEL COSTS, THE BOOKING FEE HAS BEEN INCREASED, PLEASE APPLY TO THE OFFICE FOR DETAILS.