



**THE BRITISH JUDO ASSOCIATION**  
MIDLANDS AREA

**MENS AND BOYS**  
**TEAM CHAMPIONSHIPS**

AT THE UNIVERSITY OF KEELE  
SPORTS CENTRE

ON SATURDAY, 21st SEPTEMBER, 1974

PROGRAMME 10p.

# FOREWORD

by

JOHN M. THOMSON,

CHAMPIONSHIP ORGANISER

On behalf of the members of the Midland Area Committee, it is my pleasure to welcome all competitors, officials and spectators to the 1974 Men's and Boy's Team Championships.

The facilities which have been put at our disposal by the Physical Education Department of Keele University are undoubtedly first class and we are indebted to the staff of the university for their kind assistance in the running of these championships.

It is widely believed that team events produce greater excitement and are of greater entertainment value than individual events and it is hoped that these championships produce the kind of judo that is not only effective but is entertaining to spectators.

Since the introduction of new rules governing the scoring of points towards the dan degree earlier this year, it is now only possible to have one area event per year which is points scoring. The event which was nominated was the Senior Men's Individual Championships held in March, and therefore these Championships are not points scoring.

However, I am sure that they will be contested in a keen and sporting manner and that we can look forward to an exciting day of Judo.

You will really appreciate the trouble-free efficiency of Anti-Friction

## MAKOL CABLES

Designed for complete freedom of action **MAKOL CABLES** are Anti-Friction processed and need no lubricating whatsoever during their lifetime

Stock Makol—They Sell Themselves

## S. J. CLARK

(Cables) LIMITED

ST. CLEMENTS ROAD, NECHELLS

BIRMINGHAM 7

Telephone: 327 2167

Grams: Verigood, Birmingham

Telephone: 021-744-5974 021-458-1918



Directors: R.H. Bleakman, M.D. Bleakman

## KYU SHIN KAN SCHOOL OF JUDO LTD.

The Budo Centre  
2A & 4 Wharf Road, B'ham 30

Principal Instructor  
R. H. BLEAKMAN  
5th Dan Judo - 4th Dan Aikido

Judo - Aikido - Kendo - Karate  
Atemi-Jutsu (Self-Defence)

SUITS, BELTS & EQUIPMENT IN STOCK

with compliments of

## THE RAINBOW CLUB

PORTLAND ROAD,  
BIRMINGHAM 16

Telephone: 021-454 1033

# **BARTON**

CONDUITS LIMITED

MANUFACTURERS OF STEEL TUBE FOR ALL TRADES  
AND ELECTRICAL INSTALLATION EQUIPMENT

**OLD BIRCHILLS WALSALL WS2 8QE**

Tel: Walsall 26581

Telex: 338282

ESSO DEALER

## **LADYWOOD SERVICE STATION**

THE PARADE, BIRMINGHAM.

Stockists of:

EXHAUSTS,

TYRES,

& ESSO BATTERIES

TELEPHONE:  
WALSALL 35382

## *B.A. METAL MARKETING LTD*

BAYS 12/13 LORDS DRIVE  
off Littleton Street West,  
WALSALL.

NON-FERROUS METAL  
STOCKISTS

With the Compliments of

## **S. GRIFFITHS (Noose Lane) LTD.**

*Iron and Steel Scrap Merchants*

NOOSE LANE - WILLENHALL - STAFFS

Telephone: 66675

# **THE BRITISH JUDO ASSOCIATION MIDLANDS AREA**

## **COMMITTEE MEMBERS**

**CHAIRMAN**

**Mr. B. Regan**

**DEPUTY CHAIRMAN**

**Mr. J. M. Thompson**

**TREASURER**

**Mr. F. Webb**

**SECRETARY**

**Miss V. Macpherson**

## **OTHER OFFICIALS**

**W. Randle   W. Coffey   J. Dixey**

**B. Rowlands   L. Moore   J.W. Ekins**

Phone: 021 236 6136

**T.D.R.**  
**[Enterprises]**

*Jewellers*

60, REGENT PLACE,  
BIRMINGHAM, B1 15L.

————— :::::::::: —————  
TOP PRICES PAID  
FOR YOUR OLD "GOLD"  
JEWELLERY.

**Decorating Supplies**  
**Paints and Wallpapers**

—————  
TELEPHONE  
021-472 1710  
—————

**LEE BROS.**

53 Raddlebarn Road  
Selly Oak, Birmingham 29

**E. V. WOOD**

**ANODISING & COLOUR**  
**SPECIALISTS**

— Polishers —

VITTORIA WORKS, 21 GRAHAM ST.,  
BIRMINGHAM 1      Tel: 021-236 2915

**T. H.**  
**COCKRELL**  
**motor engineer**

Bodywork - Resprays

M.O.T. Preparation

Chassis Welding

Engine Overhauls

24 Hour Breakdown Service

DART STREET,  
BIRMINGHAM 9.

Telephone:-  
021 773 1474 (Day)  
021 424 2494 (Evening)

## EXPLANATION FOR THE BENEFIT OF SPECTATORS

In recent years Judo has undergone a substantial change in the rules which govern the sport. The innovations which have been introduced, undoubtedly improve judo from a spectator point of view and also gives each contestant a clear indication, at any stage of the contest, of his relative score

At each table you will see two sets of scoring devices, a red one and a white one. A contestant wears a red or white sash and his score is shown on the score board relative to the colour of his sash.

The way a contestant can score is as follows.

### 1). IPPON

This is a ten point score and is the maximum score which can be awarded. If at any stage of the contest, a contestant scores IPPON, then the contest finishes.

IPPON may be scored as follows.

- a). A throwing action which throws the opponent cleanly onto his back, with considerable force or impetus.
- b). A hold down lasting thirty seconds
- c). A submission from a strangle or armlock.
- d). By scoring two WAZARIS.

### 2). WAZARI

This is a seven point score and is awarded for the following actions.

- a). A throwing action where one of the three factors for scoring IPPON (largely on the back, with considerable force, or impetus) is missing.
- b). A hold down lasting between twenty five and thirty seconds.

### 3). YUKO

This is a five point score and is awarded for the following actions.

- a). A throwing action where two of the above factors are missing and it does not merit the score of WAZARI.
- b). A hold down lasting between twenty and twenty five seconds.

# MONKS

*DELICIOUS*

## SAUSAGES and PIES

**G. H. MONK & CO. (MEAT MANUFACTURERS) LTD.**  
**Birmingham 33** Telephone: **783 6071**

Telephone: 021 558 2357

## J. F. SPEARS & CO. LTD.

Directors:  
K. James, Managing, A. W. Eacock

**RABONE LANE, SMETHWICK,  
WARLEY, WORCESTERSHIRE.**

---

Polishing - Plating -

Anodising -

Specialists in

Stainless Steel and

Chromeiron

Telephone: 021 772 8855

## *Sparkbrook Metal & Machinery*

**COVENTRY ROAD,**

**SMALL HEATH,**

**BIRMINGHAM.**

---

ALL CLASSES OF

GENERAL DEALING

## STOURBRIDGE STOCKHOLDERS LIMITED

Steel Stockholders and Shearers : . Steel Strips sheared from Mild Steel : Sheet and  
Plates to your specification : Pickling and Oiling Specialists : Tank Capacity 16ft.  
by 6ft. for Sheet and Strips.

**High Street, Wollaston, Stourbridge**

**tel: 0384-3 74571**



SEMI - FINALS

JUNIOR BOYS ..... V .....

Lightweight ..... V .....

JUNIOR BOYS ..... V .....

Middleweight ..... V .....

JUNIOR BOYS ..... V .....

Heavyweight ..... V .....

SENIOR MEN ..... V .....

Up to 5th KYU ..... V .....

SENIOR MEN ..... V .....

Up to 1 KYU ..... V .....

SENIOR MEN ..... V .....

Any Grade ..... V .....

Telephone: 021-359 4841/5

# HEADINGS

(Auto parts) Limited



Manufacturers and Stockists of  
ROLLED THREAD SCREW  
PRODUCTS  
AND TURNED PARTS



206-212 WINDSOR STREET - BIRMINGHAM - B7 4NF

## LLOYDS BRITISH ENGINEERING SERVICES

A Member of  
The Lloyds British Group of Companies

Mechanical Engineers &  
Maintenance Contractors  
Machinery Dismantlers  
and Removers

Depot At:

VICTORIA ROAD,  
HALESOWEN, WORCS.  
Tel: 021-559 3917 & 2715

Telephone: 021 558 2260

## J. & P. LEWIS (Metals LTD)

Directors: P. E. Lewis, J. H. Lewis

---

16 BUTTRESS WAY,  
SMETHWICK, WARLEY,  
WEST MIDLANDS, B66 3DL

---

IRON, STEEL & METAL  
MERCHANTS

**FINALS**

**JUNIOR BOYS  
Lightweight**

..... V .....

**JUNIOR BOYS  
Middleweight**

..... V .....

**JUNIOR BOYS  
Heavyweight**

..... V .....

**SENIOR MEN  
Up to 5th KYU**

..... V .....

**SENIOR MEN  
Up to 1 KYU**

..... V .....

**SENIOR MEN  
Any Grade**

..... V .....

# **E. J. Parsons**

ACCIDENT - BODY REPAIRS  
WELDING and RESPRAYS  
INSURANCE WORK

---

*24-Hour Recovery Service*

---

**Athole Street Garage  
Moseley, Birmingham 12**

Telephone: 021-440 4113

Telephone: 021-236 6630

## **John B. Hay**

### **Men's Hair Stylist**

Hair Artist - Specialists in Hair Pieces  
Tinting and Razor Cutting



12 Colmore Circus  
(Queensway) B'ham B4 6AT

DROP FORGINGS IN  
CARBON, ALLOY AND  
STAINLESS STEEL

## **J. Stanley & Company Limited**

WEDNESFIELD ROAD,  
WILLENHALL,  
STAFFORDSHIRE,  
ENGLAND  
WV13 1AH.

Telephone:  
Willenhall 66172

## **Perfected (Waste Reclamation) Limited**

BUYERS OF  
Cloth Cuttings : Rags  
Woollens : Feather Beds

**LOUISA STREET  
BIRMINGHAM 1**

Telephones: 021-236 7195 and  
021-236 4731

## COARSE JUDO

by

JOHN THOMSON.

Judo is an international and Olympic sport. It's origins date back to the Japanese Samuri. Steeped in tradition with it's distinctive garb and etiquette, it is a worthwhile and rewarding pastime, which is enjoyed by men and women throughout the world.

Judo at national and international level is hard and aggressive, and is practised by players who are superbly fit. They think nothing of being thrown hard and used like a pile driver. If they receive an injury anywhere short of a stretcher case, they carry on after receiving completely inadequate treatment. They shake hands at the end of a contest and despite having perhaps had an extremely hard thrashing, accept it in good grace.

Beneath the veneer of top judo there lurks at club level, a very different kind of judo player. He is unfit, overweight, hates pain and is terrified of being thrown. He comes to the club with both ankles and both knees heavily strapped up, and perhaps a wrist support as well. His kit is fifteen years old, faded and patched in numerous places. Sometime in the distant past he reached brown belt standard. It was so long ago that no one in the club dare contradict him, when he tells of how he smashed everyone in the grading examination, to win his belt. The belt he wears is a very deep brown, which with constant wear is so faded it is mistaken for black.

He is a coarse judo player. His judo is far removed from that seen at national level. He knows all the set little judo cliches, such as "Bending like the willow", "To overcome by accentuating force rather than opposing it", "Judo is the gentle way", to name but a few. The only thing is that in practise he can't seem to get it to work that way.

He reminisces about training with Watanabe and Koizumi, whom he has never seen before, thinks that all these new rules spoil judo, when secretly he doesn't understand them and is too set in his ways to adopt knew methods.

He knows, or thinks he knows all there is to know about judo and if only he could devote more time to training hard, or was ten years younger, he would be a champion. He would have had his black belt long ago but the examiners kept putting him against twenty stone monsters, who eventually became Heavyweight British Champions. What chance did he have against these kind of players.

When he goes on the mat he always avoids practising with black belts. "Well you have to encourage beginners - don't you?" and feels a sense of achievement if he manages to throw an orange belt or a green belt. If he doesn't manage to throw anybody - well it's not so bad. "You can't keep your fighting standard when your teaching". (He helps out with a childrens class when the instructor is on holiday).

If asked to go on with a black belt, he usually declines with the excuse that his knee is playing up a bit. Very occasionally he agrees, but only with someone whom he has known for many years and knows how to defend against. Having been at the club so long he has worked out ways of defending against most of the black belts that he has known, by watching them for a long time. When practising with them he again finds a sense of achievement, this time not throwing but avoiding being thrown himself.

"Well of course he beat me on the ground, never was my good point, ground work. But then Judo isn't really ground work is it? I mean it's throwing someone that counts isn't it? Yes I realise that I didn't throw him, but then he didn't throw me either, besides I was at a disadvantage with my bad knee and I couldn't turn on my left ankle either, so I didn't really have much of a chance. What do you mean I should pack up. Kano was still practising when he was eighty years old and if he can keep going that long, I have plenty time left. It's people like me that keep this club together. Just think of all the experience you would lose if I packed up. Yes! well I know that I only come now and again and that I always seem to miss the warming up exercises, but I've got commitments you know and it is not so easy to get away sometimes. Besides with my knee, I couldn't do a lot of those exercises anyway".

Continued overleaf

## **MODERN SADDLERY** (WALSALL)

Manufacturers of all classes of Riding Saddles

Telephone : Bloxwich 76166

## **GABRIEL POWER & CO.**

Manufacturers of Saddlery Equipment

Telephone : Bloxwich 76330

**LEAMORE LANE INDUSTRIAL  
ESTATE  
BLOXWICH, WALSALL**

## **HUGHLEYS / BAINES**

**FOR QUALITY BREAD  
AND CONFECTIONERY**

Over 70 Branches in and  
around Birmingham.

---

**MILANDA'S  
RED SEAL BAKERY**

---

**GRANBY AVENUE,  
GARRETTS GREEN,  
BIRMINGHAM B33 0TL**

**GLAZING CONTRACTORS  
PATENT GLAZING  
DOUBLE GLAZING  
GLASS STOCKISTS  
LEADED LIGHT  
MANUFACTURERS**

## **Maybury Bros. Ltd.**

**ROEBUCK STREET,  
WEST BROMWICH,  
WEST MIDLANDS.**

Telephone:-

**021-553 1042 / 1043 / 1426**

## **The Established Sports House**

Stockists of Japanese and British Judo Suits  
Complete after sales service with sound advice  
from 25 years practical experience

We are privileged to supply many leading Clubs  
may we help you?

## **LAWRENCE & PLATER**

(Sports)

**57-59 BRIDGE STREET  
WALSALL**

**Telephone: 26575 and 31535**

Branch of Hawley Goodhall Sports Ltd also at:  
Leeds, Luton, Dunstable, Bedford, Burntwood,  
Solihull.

## COARSE JUDO Continued . . .

On the rare occasions that he goes on the mat with someone who is far superior in judo standard to him, it is generally a mistake. On one such occasion he went on with a visitor from another club who was wearing a white belt. Actually he was a black belt third dan, but had forgotten his belt and had borrowed the white belt to hold his kit together. Unsuspecting our coarse judo player moved in for a flamboyant and very obvious O-Soto-Gari and was countered with a devastating throw which smashed him to the canvas with enough force to shake the Dojo to its foundations.

When he regained consciousness he dragged himself to the edge of the mat muttering obscenities at the pain he is suffering and when told that his opponent was a third dan, harangued his other club members for not warning him in time to feign injury and decline the practise. He hobbles off to the showers, plotting his revenge and considering reporting the third dan to the British Judo Association for unethical conduct.

"Well how was I supposed to know he was a third dan and had told everyone at the start of the practise. I mean, I couldn't get here for the start of the session with one thing and another and besides those exercises are a bit much. It's not fair at all, there was I looking for a nice gentle practise to get warmed up and to throw me like that when I was cold, he might have killed me. Got no sense of decency these people. Yes I know my belt looks as if it is black, but that is no excuse, he could have pulled the throw a bit and let me down gently. Third dans have a responsibility to take it easy on lower grades"

He leaves the showers and goes back to the Dojo, limping and holding his back. He only begins to feel better when he sees the third dan attempt a big throw on the edge of the mat. It would have come off beautifully, had the third dan not caught his foot in a small tear in the canvas. Instead he stumbled off the mat, lost his balance and fell heavily against the wall, splitting his head wide open in the process.

The third dan is taken to hospital while our doubtful hero is gloating over a pint in the local pub. Suddenly he realises the danger he is in, as the Championship Organiser for the Area has just walked in and is always on the scrounge for people to help out with moving mats and other unenviable work. He leaves half his beer and excuses himself to go to the gents, then sneaks out of the back door, before being pressured into agreeing to help out with any of the work which has to be done. He considers it is worth leaving some of his beer to get away and apart from that he wants to get home and tell his wife how he managed to throw a third dan and put him in the hospital.

The coarse judo players long suffering wife, knows him only to well and takes his stories about his judo exploits with a pinch of salt, while mentally saying to herself "Jackanory, Jackanory, Jackanory . . . ." She knows that really he would like to give up judo but refuses to admit that he is past it or will never be a Starbrook or a Parisi. Instead he believes that he could be exceptional, if it wasn't for "this blasted knee". Apart from that he revels in the advantages of being a judo player. He has a British Judo Association sticker on his car and always leaves his judo suit wrapped in his nearly black belt, on the front seat, where it can be easily seen by everyone who passes by. Locally he has a reputation for being a tough customer, purely and simply because he goes to judo, and since very few people in the area know anything about judo he is considered to be someone not to be taken lightly.

He has a job at the local town hall, every time they have a dance. He gets paid rather a nice little fee for being a bouncer, when he in fact does nothing except stand at the door all night. So far he has been lucky as no one has challenged him, as they are afraid of his reputation. Secretly he is worried that one day he may have to throw someone out who resists and not only smashes him but also the myth that surrounds his physical capabilities.

The National Squad members refer to this kind of judo player as a "Doughboy", meaning that they are as much use on a Judo mat as the Pillsbury Doughboy seen on the television adverts. I feel that this is rather unkind, but I don't let it worry me. I mean, they couldn't be referring to me? Could They?

# **GREGORY BROTHERS**

**Scrap Metal Merchants  
Highest Prices Paid**

Ladders of all types, wood and  
alloy. Large stocks.  
Immediate Delivery

**Darby End Saw Mills, Netherton  
Dudley, Worcs.**

**Tel: Cradley 66519**

# **Heating Refrigeration Air-conditioning Services**

**97, ASTON ROAD NORTH,  
BIRMINGHAM, B6 4DA.**

Telephone:  
**021 373 2457 &  
021 748 2231**

**24 Hour Service**

**SALES - MAINTENANCE  
SERVICE - INSTALLATION  
SUB-CONTRACT WORK  
UNDERTAKEN**

Telephone: 021 359 0064

# **HOLLYOAK & CO. LIMITED**

Directors:  
C.F. Hollyoak, S. Ekers, E. Hollyoak,  
K. Hollyoak, F. Hollyoak,

**COACH BEADING  
MANUFACTURERS TO THE  
MOTOR TRADES  
MOULDINGS, ANGLES,  
CHANNELS & STEP PLATE**

— :: —

**CASTLE WORKS,  
HENEGAGE STREET,  
BIRMINGHAM, B7 4LY.**

Telephone: 021-772 1100 & 0674

# **Cottrill Gears Ltd.**

☆☆☆

**GEAR SPECIALISTS**

☆☆☆

**Jenkins Street, Small Heath  
Birmingham 10**



**JASON PLATING  
CO.**

---

**ANODISERS**

---

**113 Northwood Street  
Birmingham 3**

Telephone: 021-236 0281

Telephones:

**021 777 1977 & 2019**

**MIDLAND WELDING  
SUPPLY and CO LTD**

Suppliers of all  
WELDING EQUIPMENT  
& MATERIALS

— :: —

**105, LAKEY LANE,  
HALL GREEN,  
BIRMINGHAM 28.**

Telephone: 558 0087

**J. Ashmore & Sons Ltd**  
HIGHLANDER COACHES

Coach Proprietors  
&  
Haulage Contractors

**RABONE LANE GARAGE  
SMETHWICK,  
WARLEY, WORCS.**

**Motor Engineers**  
Repairs & Overhauls, etc.

**Works Outings,  
Parties, Seaside Runs**

Special Terms for mid-week  
bookings

Tel: Cradley Heath 69495

**TROMANS BROS.**

(F. E. Tromans, R. F. Tromans)

(Metal Finishers)

**BISHTONS BRIDGE,  
204 HALESOWEN ROAD,  
NETHERTON,  
DUDLEY,  
Worcs.**

**METAL POLISHERS  
(ALL METALS)**

**Hand Polishing  
Machine Polishing**

## AREA PROMOTION EXAMINATIONS SEP/OCT/NOV/DEC, 1974

### SEPTEMBER

#### Sunday September 29th

JUNIOR BOYS	Beginners & 1st Mon	Ryecroft	10 a.m.
SENIOR MEN	Kyu Grades	Nottingham	10 a.m.

### OCTOBER

#### Sunday October 6th

SENIOR MEN	Kyu Grades	Stoke-on-Trent	10 a.m.
SENIOR WOMEN	Kyu Grades	Midland Arts Centre	2 p.m.
JUNIOR GIRLS	All Grades	Midland Arts Centre	10 a.m.

#### Sunday October 13th

SENIOR MEN	Kyu Grades	Leicester	10 a.m.
JUNIOR BOYS	Beginners & 1st Mon	Worcester	10 a.m.
JUNIOR BOYS	2nd Mon and above	Worcester	2 p.m.

#### Sunday October 27th

JUNIOR BOYS	Beginners & 1st Mon	Stafford	10 a.m.
JUNIOR BOYS	2nd Mon and above	Stafford	2 p.m.
SENIOR MEN	Kyu Grades	Fisher & Ludlow	10 a.m.

### NOVEMBER

#### Sunday November 10th

JUNIOR BOYS	Beginners & 1st Mon	Burton	10 a.m.
-------------	---------------------	--------	---------

#### Sunday November 17th

JUNIOR BOYS	2nd Mon and above	Burton	10 a.m.
JUNIOR GIRLS	All Grades	Burton	2 p.m.
SENIOR MEN	Kyu Grades	Coventry	2 p.m.
SENIOR MEN	Kyu Grades	Worcester	10 a.m.

#### Sunday November 24th

JUNIOR BOYS	Beginners & 1st Mon	Northampton	10 a.m.
JUNIOR BOYS	2nd Mon and above	Northampton	2 p.m.
SENIOR WOMEN	Kyu Grades	Worcester	10 a.m.
JUNIOR GIRLS	All Grades	Leicester	10 a.m.

### DECEMBER

#### Sunday December 8th

SENIOR MEN	Kyu Grades	Nottingham Judo Club	10 a.m.
JUNIOR BOYS	Beginners & 1st Mon	Metal Box	10 a.m.
JUNIOR BOYS	2nd Mon and above	Metal Box	2 p.m.

#### Monday December 9th

SENIOR WOMEN	Kyu Grades	Olympus	7 p.m.
--------------	------------	---------	--------

#### Sunday December 15th

SENIOR MEN	Kyu Grades	Stafford	10 a.m.
SENIOR MEN	Kyu Grades	Wellingborough	10 a.m.
JUNIOR BOYS	Beginners & 1st Mon	Leicester	10 a.m.
JUNIOR BOYS	2nd Mon and above	Leicester	2 p.m.
JUNIOR GIRLS	All Grades	Worcester	10 a.m.

WE WISH TO THANK ALL OUR  
ADVERTISERS FOR THEIR  
GENEROSITY IN ADVERTISING  
IN THIS PROGRAMME & TO ALL  
THOSE CONCERNED IN MAKING  
THIS EVENT POSSIBLE.

Telephones:

Dudley 54833 & Dudley 53323

## **P. & D. PATTERN**

---

WOOD METAL AND  
PLASTIC SPINNERS

---

NORTHFIELD ROAD,  
NETHERTON,  
DUDLEY.

Telephone: 021 236 0271

## ***R. & K. LAND & CO***

HAULAGE CONTRACTORS  
SCRAP METAL MERCHANTS

20 EDWARD STREET,  
LADYWOOD,  
BIRMINGHAM, B1 2RS.

OBSOLETE MACHINERY AND  
ALL KINDS OF SCRAP METAL  
BOUGHT.

Skip Containers  
for Scrap and Rubbish  
FACTORIES A SPECIALITY

Telephone:  
021 772 2667 & 4841

## **DAVID C. NASH LTD.**

PRECISION ENGINEERS  
Press Tools - Jigs - Fixtures  
Machining  
Machine Tools and Spares

Manufacturers of  
THE HERONFEED  
COIL CARRIER  
AUCKLAND ROAD,  
SPARKBROOK,  
BIRMINGHAM, B11 1RH.

Details of all future Midland Area events are published in the Midlands Area News Letter. Each club secretary is supplied with a copy but if the news isn't filtering through then each individual members of the area may receive a copy of the News Letter, if that person sends £1.00 to B. Regan, 87 Ansley Road, Stockingford, Nuneaton.

For any information as to your nearest Judo Club or about Judo activities in the Midlands Area please write to the British Judo Association, Midlands Area Office, Kenpass Hall, Kenpass Highway, Coventry.